

## SAC Masters 47th Annual Sprint Pentathlon - 10/6/2019

## Results - Session 1 - Pentathlon

**Women 18-24 50 SC Meter Freestyle**

Pacific: 26.33 P 12/31/2009 Meg Gill

NATL: 25.58 N 11/20/2010 J BECKBERGER

1	Dickman, Madison C	24	ARM-38	29.40	20
2	Treff, Paige	23	CHIC-38	31.54	17

**Women 18-24 50 SC Meter Backstroke**

Pacific: 30.99 P 9/24/2017 Kali L Conlon

NATL: 29.69 N 12/10/2000 PAIGE FRANCIS

1	Dickman, Madison C	24	ARM-38	33.58	20
2	Treff, Paige	23	CHIC-38	35.21	17

**Women 18-24 50 SC Meter Breaststroke**

Pacific: 33.66 P 9/22/2013 Penelope R Yamauc

NATL: 32.09 N 12/10/1995 BEATA KASZUBA

1	Dickman, Madison C	24	ARM-38	39.85	20
2	Treff, Paige	23	CHIC-38	44.62	17

**Women 18-24 50 SC Meter Butterfly**

Pacific: 28.23 P 10/4/2014 Caitlin DeNise

NATL: 28.37 N 12/5/2009 MEG GILL

1	Treff, Paige	23	CHIC-38	32.24	20
2	Dickman, Madison C	24	ARM-38	32.43	17

**Women 18-24 100 SC Meter IM**

Pacific: 1:05.34 P 9/22/2013 Penelope R Yamauc

NATL: 1:01.74 N 12/6/2009 KARA DENBY

1	Dickman, Madison C	24	ARM-38	1:15.43	20
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**Women 25-29 50 SC Meter Freestyle**

Pacific: 26.81 P 12/31/2012 Erin Reilly

NATL: 25.52 N 12/2/2017 L IBANEZ LOPEZ

1	Macabales, Dana	28	CGM-38	31.54	20
2	Edgar, Alana M	26	PAC1-38	39.84	17

**Women 25-29 50 SC Meter Backstroke**

Pacific: 31.48 P 10/14/2018 Anna K Senko

NATL: 28.40 N 11/18/2018 MARINA SPADONI

1	Macabales, Dana	28	CGM-38	35.99	20
2	Edgar, Alana M	26	PAC1-38	46.06	17

**Women 25-29 50 SC Meter Breaststroke**

Pacific: 34.58 P 12/31/2012 Katy Houston

NATL: 31.87 N 11/21/2010 MEGAN JENDRICK

1	Macabales, Dana	28	CGM-38	41.11	20
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**Women 25-29 50 SC Meter Butterfly**

Pacific: 28.71 P 12/31/2010 Erin Reilly

NATL: 26.31 N 10/11/2015 CLAIRE DONAHUE

1	Macabales, Dana	28	CGM-38	34.02	20
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**Women 25-29 100 SC Meter IM**

Pacific: 1:06.99 P 12/31/2004 Allison Wagner

NATL: 1:03.41 N 1/23/2011 MEGAN JENDRICK

1	Macabales, Dana	28	CGM-38	1:18.00	20
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**Women 30-34 50 SC Meter Freestyle**

Pacific: 25.98 P 12/31/2004 Katrina Radke

NATL: 25.69 N 11/10/2012 ERIKA ERNDL

1	Ballenger, Marie A	33	CGM-38	28.41	20
2	Stokes, Claire	30	USF-38	31.72	17
3	Weltzin, Brooke	32	CGM-38	33.82	16

**Women 30-34 50 SC Meter Backstroke**

Pacific: 30.58 P 10/14/2018 Sarah M Hernandez

NATL: 27.61 N 11/21/2009 NORIKO INADA

1	Ballenger, Marie A	33	CGM-38	33.53	20
2	Stokes, Claire	30	USF-38	38.43	17
3	Weltzin, Brooke	32	CGM-38	40.30	16

**Women 30-34 50 SC Meter Breaststroke**

Pacific: 34.57 P 9/27/2015 Carly Geehr

NATL: 32.17 N 12/4/2011 HANNAH CALDAS

1	Ballenger, Marie A	33	CGM-38	35.77	20
2	Stokes, Claire	30	USF-38	41.81	17
3	Weltzin, Brooke	32	CGM-38	44.49	16

**Women 30-34 50 SC Meter Butterfly**

Pacific: 28.05 P 12/31/2004 Katrina Radke

NATL: 27.89 N 12/10/2011 NORIKO INADA

1	Ballenger, Marie A	33	CGM-38	30.13	20
2	Stokes, Claire	30	USF-38	35.66	17
3	Weltzin, Brooke	32	CGM-38	35.82	16

**Women 30-34 100 SC Meter IM**

Pacific: 1:06.85 P 10/14/2018 Sarah M Hernandez

NATL: 1:02.52 N 10/13/2012 ERIKA ERNDL

1	Ballenger, Marie A	33	CGM-38	1:12.11	20
2	Stokes, Claire	30	USF-38	1:22.76	17
3	Weltzin, Brooke	32	CGM-38	1:24.30	16

**Women 35-39 50 SC Meter Freestyle**

Pacific: 26.49 P 12/7/2014 Ericka L Richards

NATL: 25.10 N 12/3/2006 DARA TORRES

1	Nehrebecki, Helene	38	DAM-38	32.01	20
2	Batzer, Tunisia	36	VACA-38	32.45	17
3	Curtis, Stephanie S	37	UC38-38	33.61	16

**Women 35-39 50 SC Meter Backstroke**

Pacific: 32.02 P 10/12/2014 Ericka L Richards

NATL: 27.63 N 11/13/2016 NORIKO INADA

1	Nehrebecki, Helene	38	DAM-38	39.18	20
2	Ross, Naome E	35	SAC-38	40.28	17
3	Curtis, Stephanie S	37	UC38-38	40.69	16

**Women 35-39 50 SC Meter Breaststroke**

Pacific: 32.48 P 10/10/2015 Katie Glenn

NATL: 32.48 N 10/10/2015 KATIE GLENN

1	Nehrebecki, Helene	38	DAM-38	40.82	20
2	Batzer, Tunisia	36	VACA-38	42.70	17
3	Curtis, Stephanie S	37	UC38-38	44.01	16

**Women 35-39 50 SC Meter Butterfly**

Pacific: 29.77 P 12/7/2014 Ericka L Richards

NATL: 27.45 N 11/1/2015 NORIKO INADA

1	Nehrebecki, Helene	38	DAM-38	34.69	20
2	Curtis, Stephanie S	37	UC38-38	35.70	17
3	Ross, Naome E	35	SAC-38	36.44	16

**Women 35-39 100 SC Meter IM**

Pacific: 1:06.34 P 10/10/2015 Katie Glenn

NATL: 1:04.61 N 11/22/2009 SHERI HART

1	Batzer, Tunisia	36	VACA-38	1:21.28	20
2	Nehrebecki, Helene	38	DAM-38	1:21.58	17

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**(Women 35-39 100 SC Meter IM)**

3	Curtis, Stephanie S	37	UC38-38	1:23.24	16
4	Ross, Naome E	35	SAC-38	1:26.31	15

**Women 40-44 50 SC Meter Freestyle**

**Pacific:** 27.54 P 12/31/2000 Jill S Hernandez

**NATL:** 26.02 N 12/14/2014 ERIKA BRAUN

1	Salas, Lisa	44	UC38-38	30.48	20
2	Simpson, Adrienne	44	SCSC-PC	30.56	17
3	Romero, Mary	43	SMST-38	32.52	16
4	Belluomini, Melanie	42	DAM-38	33.38	15
5	Flynn, Elizabeth	40	MEMO-38	34.44	14
6	Hladik, Michelle	42	ARM-38	34.73	13

**Women 40-44 50 SC Meter Backstroke**

**Pacific:** 30.72 P 12/31/2009 Jody Smith

**NATL:** 30.02 N 10/14/2012 SHERI HART

1	Salas, Lisa	44	UC38-38	35.93	20
2	Romero, Mary	43	SMST-38	37.59	17
3	Simpson, Adrienne	44	SCSC-PC	37.60	16
4	Hladik, Michelle	42	ARM-38	38.31	15
5	Flynn, Elizabeth	40	MEMO-38	39.70	14
6	Belluomini, Melanie	42	DAM-38	45.09	13

**Women 40-44 50 SC Meter Breaststroke**

**Pacific:** 34.79 P 9/25/2017 Katie Glenn

**NATL:** 32.16 N 12/2/2018 KATIE GLENN

1	Flynn, Elizabeth	40	MEMO-38	41.17	20
2	Romero, Mary	43	SMST-38	41.19	17
3	Simpson, Adrienne	44	SCSC-PC	45.18	16
4	Belluomini, Melanie	42	DAM-38	48.74	15
5	Hladik, Michelle	42	ARM-38	49.63	14

**Women 40-44 50 SC Meter Butterfly**

**Pacific:** 29.86 P 12/31/2009 Jody Smith

**NATL:** 28.19 N 3/16/2013 ERIKA BRAUN

1	Salas, Lisa	44	UC38-38	33.81	20
2	Belluomini, Melanie	42	DAM-38	34.74	17
3	Simpson, Adrienne	44	SCSC-PC	35.69	16
4	Romero, Mary	43	SMST-38	35.95	15
5	Hladik, Michelle	42	ARM-38	39.41	14
6	Flynn, Elizabeth	40	MEMO-38	40.29	13

**Women 40-44 100 SC Meter IM**

**Pacific:** 1:08.91 P 12/31/2004 Jill S Hernandez

**NATL:** 1:04.19 N 10/10/2015 LISA BLACKBURN

1	Romero, Mary	43	SMST-38	1:17.57	20
2	Salas, Lisa	44	UC38-38	1:19.05	17
3	Simpson, Adrienne	44	SCSC-PC	1:21.62	16
4	Flynn, Elizabeth	40	MEMO-38	1:25.37	15
5	Belluomini, Melanie	42	DAM-38	1:26.90	14
6	Hladik, Michelle	42	ARM-38	1:29.95	13

**Women 45-49 50 SC Meter Freestyle**

**Pacific:** 28.58 P 12/31/2000 Laura B Val

**NATL:** 26.29 N 10/13/2018 ERIKA BRAUN

1	Hazard, Kirsten	48	UC38-38	31.73	20
2	Westcott-Chavez, Amity	45	CCA-38	34.05	17
3	Denison, Stephanie	49	DAM-38	34.85	16
4	Lo, Yvonne F	48	SAC-38	36.28	15

5	Bea, Kandra	49	ARM-38	38.36	14
6	Doyle, Jennifer	49	RPM-38	41.23	13

**Women 45-49 50 SC Meter Backstroke**

**Pacific:** 32.67 P 12/31/1999 Laura B Val

**NATL:** 30.58 N 12/2/2007 K PIPES-NEILSEN

1	Hazard, Kirsten	48	UC38-38	35.80	20
2	Denison, Stephanie	49	DAM-38	38.38	17
3	Westcott-Chavez, Amity	45	CCA-38	42.63	16
4	Lo, Yvonne F	48	SAC-38	45.15	15
5	Bea, Kandra	49	ARM-38	47.07	14
6	Doyle, Jennifer	49	RPM-38	53.67	13

**Women 45-49 50 SC Meter Breaststroke**

**Pacific:** 37.32 P 12/31/2004 Leianne S Critten

**NATL:** 33.82 N 10/10/2010 S VON DER LIPPE

1	Hazard, Kirsten	48	UC38-38	42.19	20
2	Lo, Yvonne F	48	SAC-38	43.73	17
3	Westcott-Chavez, Amity	45	CCA-38	46.82	16
4	Denison, Stephanie	49	DAM-38	47.75	15
5	Bea, Kandra	49	ARM-38	49.89	14
6	Doyle, Jennifer	49	RPM-38	50.03	13

**Women 45-49 50 SC Meter Butterfly**

**Pacific:** 30.78 P 12/31/2010 Laureen K Welting

**NATL:** 28.60 N 4/2/2017 ERIKA BRAUN

1	Hazard, Kirsten	48	UC38-38	35.56	20
2	Denison, Stephanie	49	DAM-38	38.89	17
3	Westcott-Chavez, Amity	45	CCA-38	41.82	16
4	Lo, Yvonne F	48	SAC-38	42.04	15
5	Doyle, Jennifer	49	RPM-38	44.12	14

**Women 45-49 100 SC Meter IM**

**Pacific:** 1:10.77 P 10/18/2009 Lisa A Ward

**NATL:** 1:05.75 N 12/12/2009 K PIPES-NEILSEN

1	Hazard, Kirsten	48	UC38-38	1:22.31	20
2	Denison, Stephanie	49	DAM-38	1:25.83	17
3	Westcott-Chavez, Amity	45	CCA-38	1:30.33	16
4	Lo, Yvonne F	48	SAC-38	1:31.21	15
5	Doyle, Jennifer	49	RPM-38	1:44.28	13
---	Bea, Kandra	49	ARM-38	DQ	14

**Women 50-54 50 SC Meter Freestyle**

**Pacific:** 28.11 P 12/31/2009 Suzanne M Heim-Bo

**NATL:** 27.67 N 3/15/2014 SUE WALSH

1	Shu, Vicki	51	MEMO-38	33.61	20
2	Donaldson, Deborah L	53	CHIC-38	33.63	17
3	Cannon, Lindsey	53	WCM-38	35.04	16
4	Harris, Karen	53	RPM-38	36.56	15
5	Barrett, Sue	50	SMST-38	36.72	14
6	Crow, Joan A	54	DAM-38	37.87	13
7	Goodbrake, Carol	54	PAC1-38	42.34	12

**Women 50-54 50 SC Meter Backstroke**

**Pacific:** 32.72 P 12/31/2005 Laura B Val

**NATL:** 30.27 N 12/13/2015 LESLIE LIVINGSTON

1	Donaldson, Deborah L	53	CHIC-38	40.98	20
2	Shu, Vicki	51	MEMO-38	41.20	17
3	Cannon, Lindsey	53	WCM-38	44.25	16
4	Barrett, Sue	50	SMST-38	44.46	15
5	Harris, Karen	53	RPM-38	48.59	14

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**(Women 50-54 50 SC Meter Backstroke)**

6	Crow, Joan A	54	DAM-38	50.61	13
7	Goodbrake, Carol	54	PAC1-38	59.04	12

**Women 50-54 50 SC Meter Breaststroke**

**Pacific:** 35.61 P 10/21/2007 **Patty L Harris**

**NATL:** 36.31 N 11/22/2015 **CAROLINE KRATTLI**

1	Donaldson, Deborah L	53	CHIC-38	42.74	20
2	Shu, Vicki	51	MEMO-38	47.36	17
3	Cannon, Lindsey	53	WCM-38	47.40	16
4	Crow, Joan A	54	DAM-38	48.33	15
5	Harris, Karen	53	RPM-38	54.95	14
6	Goodbrake, Carol	54	PAC1-38	56.90	13

**Women 50-54 50 SC Meter Butterfly**

**Pacific:** 31.16 P 12/31/2001 **Laura B Val**

**NATL:** 29.25 N 3/16/2013 **LESLIE LIVINGSTON**

1	Shu, Vicki	51	MEMO-38	35.73	20
2	Donaldson, Deborah L	53	CHIC-38	37.23	17
3	Cannon, Lindsey	53	WCM-38	39.02	16
4	Harris, Karen	53	RPM-38	42.05	15
5	Barrett, Sue	50	SMST-38	43.10	14
6	Goodbrake, Carol	54	PAC1-38	47.50	13

**Women 50-54 100 SC Meter IM**

**Pacific:** 1:13.92 P 12/31/2002 **Laura B Val**

**NATL:** 1:08.79 N 11/18/2018 **ELLEN REYNOLDS**

1	Shu, Vicki	51	MEMO-38	1:24.36	20
2	Donaldson, Deborah L	53	CHIC-38	1:25.15	17
3	Cannon, Lindsey	53	WCM-38	1:31.48	16
4	Barrett, Sue	50	SMST-38	1:33.90	15
5	Harris, Karen	53	RPM-38	1:38.21	14
6	Goodbrake, Carol	54	PAC1-38	1:56.77	13

**Women 55-59 50 SC Meter Freestyle**

**Pacific:** 28.49 P 12/31/2009 **Laura B Val**

**NATL:** 27.81 N 3/5/2016 **LESLIE LIVINGSTON**

1	Dodd, Dina	56	RAMS-38	33.17	20
2	Keighley, Carole L	56	QSSSJ-38	33.32	17
3	Sepulvado, Patricia	55	RAMS-38	33.97	16
4	Russell, Jane E	56	DAM-38	34.15	15
5	Pogue, Michelle	56	SACMA-38	39.62	14

**Women 55-59 50 SC Meter Backstroke**

**Pacific:** 32.62 P 12/31/2009 **Laura B Val**

**NATL:** 30.12 N 3/5/2016 **LESLIE LIVINGSTON**

1	Russell, Jane E	56	DAM-38	38.50	20
2	Sepulvado, Patricia	55	RAMS-38	39.10	17
3	Keighley, Carole L	56	QSSSJ-38	42.64	16
4	Pogue, Michelle	56	SACMA-38	46.75	15

**Women 55-59 50 SC Meter Breaststroke**

**Pacific:** 40.27 P 12/31/2001 **Carolyn Boak**

**NATL:** 36.47 N 11/5/2017 **CAROLINE KRATTLI**

1	Dodd, Dina	56	RAMS-38	44.86	20
2	Russell, Jane E	56	DAM-38	45.85	17
3	Sepulvado, Patricia	55	RAMS-38	46.89	16
4	Keighley, Carole L	56	QSSSJ-38	47.08	15
5	Taga, Kathi	57	CGM-38	49.49	14
6	Pogue, Michelle	56	SACMA-38	54.96	13

**Women 55-59 50 SC Meter Butterfly**

**Pacific:** 31.13 P 10/18/2009 **Laura B Val**

**NATL:** 29.39 N 3/5/2016 **LESLIE LIVINGSTON**

1	Russell, Jane E	56	DAM-38	35.83	20
2	Sepulvado, Patricia	55	RAMS-38	36.36	17
3	Pogue, Michelle	56	SACMA-38	50.75	16

**Women 55-59 100 SC Meter IM**

**Pacific:** 1:12.90 P 12/31/2009 **Laura B Val**

**NATL:** 1:09.08 N 1/21/2017 **KARLYN PIPES**

1	Sepulvado, Patricia	55	RAMS-38	1:23.82	20
2	Russell, Jane E	56	DAM-38	1:24.25	17
3	Dodd, Dina	56	RAMS-38	1:31.10	16
4	Keighley, Carole L	56	QSSSJ-38	1:31.16	15
5	Taga, Kathi	57	CGM-38	1:43.77	14
6	Pogue, Michelle	56	SACMA-38	1:49.49	13

**Women 60-64 50 SC Meter Freestyle**

**Pacific:** 29.23 P 12/6/2013 **Laura B Val**

**NATL:** 29.23 N 12/7/2013 **LAURA VAL**

1	Rafkin, Louise	61	MEMO-38	34.66	20
2	Nip, Carol	62	ALB-38	42.66	17

**Women 60-64 50 SC Meter Backstroke**

**Pacific:** 33.01 P 12/6/2013 **Laura B Val**

**NATL:** 33.01 N 12/8/2013 **LAURA VAL**

1	Rafkin, Louise	61	MEMO-38	44.30	20
2	Nip, Carol	62	ALB-38	50.35	17

**Women 60-64 50 SC Meter Breaststroke**

**Pacific:** 42.29 P 10/11/2013 **Laura B Val**

**NATL:** 38.87 N 12/4/2016 **COLETTE CRABBE**

1	Rafkin, Louise	61	MEMO-38	47.19	20
2	Nip, Carol	62	ALB-38	50.52	17

**Women 60-64 50 SC Meter Butterfly**

**Pacific:** 32.42 P 10/6/2013 **Laura B Val**

**NATL:** 32.42 N 10/6/2013 **LAURA VAL**

1	Rafkin, Louise	61	MEMO-38	39.13	20
2	Nip, Carol	62	ALB-38	54.49	17

**Women 60-64 100 SC Meter IM**

**Pacific:** 1:15.07 P 10/6/2013 **Laura B Val**

**NATL:** 1:15.07 N 10/6/2013 **LAURA VAL**

1	Rafkin, Louise	61	MEMO-38	1:29.70	20
2	Nip, Carol	62	ALB-38	1:48.74	17

**Women 65-69 50 SC Meter Freestyle**

**Pacific:** 29.30 P 11/19/2016 **Laura B Val**

**NATL:** 29.30 N 11/19/2016 **LAURA VAL**

1	Val, Laura B	68	TAM-38	30.14	20
2	Guthrie, Sally	69	DAM-38	36.33	17

**Women 65-69 50 SC Meter Backstroke**

**Pacific:** 33.41 P 9/22/2019 **Laura B Val**

**NATL:** 33.71 N 12/2/2018 **LAURA VAL**

1	Val, Laura B	68	TAM-38	33.98	20
2	Guthrie, Sally	69	DAM-38	44.68	17

## SAC Masters 47th Annual Sprint Pentathlon - 10/6/2019

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**Women 65-69 50 SC Meter Breaststroke**

**Pacific:** 42.13 P 11/20/2016 Laura B Val  
**NATL:** 41.55 N 4/13/2019 LO KNAPP

1	Val, Laura B	68 TAM-38	43.61	20
2	Guthrie, Sally	69 DAM-38	51.81	17

**Women 65-69 50 SC Meter Butterfly**

**Pacific:** 33.06 P 11/19/2017 Laura B Val  
**NATL:** 33.06 N 11/19/2017 LAURA VAL

1	Val, Laura B	68 TAM-38	33.14	20
2	Guthrie, Sally	69 DAM-38	42.94	17

**Women 65-69 100 SC Meter IM**

**Pacific:** 1:16.67 P 11/19/2016 Laura B Val  
**NATL:** 1:16.67 N 11/19/2016 LAURA VAL

1	Val, Laura B	68 TAM-38	1:16.98	20
2	Guthrie, Sally	69 DAM-38	1:37.22	17

**Women 80-84 50 SC Meter Freestyle**

**Pacific:** 41.34 P 12/31/2002 Margery Meyer  
**NATL:** 38.03 N 1/25/2009 GAIL ROPER

1	Haworth, Joyce	82 ARM-38	1:03.79	20
2	Cocke, Alice	80 RAMS-38	1:05.78	17

**Women 80-84 50 SC Meter Backstroke**

**Pacific:** 50.03 P 12/31/2002 Margery Meyer  
**NATL:** 50.03 N 10/13/2002 MARGERY MEYER

1	Haworth, Joyce	82 ARM-38	1:11.02	20
2	Cocke, Alice	80 RAMS-38	1:33.59	17

**Women 80-84 50 SC Meter Breaststroke**

**Pacific:** 53.62 P 10/16/2011 Ann M Hirsch  
**NATL:** 51.83 N 10/7/2018 ANNE WILLIAMS

1	Haworth, Joyce	82 ARM-38	1:08.90	20
2	Cocke, Alice	80 RAMS-38	1:26.65	17

**Women 80-84 50 SC Meter Butterfly**

**Pacific:** 58.34 P 8/20/2011 Ann M Hirsch  
**NATL:** 48.85 N 5/16/2009 GAIL ROPER

1	Cocke, Alice	80 RAMS-38	1:42.44	20
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**Women 80-84 100 SC Meter IM**

**Pacific:** 1:57.48 P 8/20/2011 Ann M Hirsch  
**NATL:** 1:44.95 N 5/16/2009 GAIL ROPER

---	Cocke, Alice	80 RAMS-38	DQ	20
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**Men 18-24 50 SC Meter Freestyle**

**Pacific:** 23.00 P 10/12/2014 Kevin Ferguson  
**NATL:** 21.38 N 12/11/2005 NICK BRUNELLI

1	Keane, Ian	24 UC38-38	24.51	20
2	Pluemer, Aaron	22 STAN-38	26.20	17
3	Freiwald, Owen	20 NRC-PC	28.62	16

**Men 18-24 50 SC Meter Backstroke**

**Pacific:** 25.71 P 9/18/2016 Chuck Katis  
**NATL:** 25.38 N 3/17/2012 JOSH HAFKIN

1	Keane, Ian	24 UC38-38	28.95	20
2	Pluemer, Aaron	22 STAN-38	31.70	17
3	Freiwald, Owen	20 NRC-PC	36.51	16

**Men 18-24 50 SC Meter Breaststroke**

**Pacific:** 28.79 P 11/23/2013 Robert Lovelace  
**NATL:** 27.83 N 11/21/2009 GREGOR PLEVELJ

1	Keane, Ian	24 UC38-38	33.06	20
2	Pluemer, Aaron	22 STAN-38	36.84	17
3	Freiwald, Owen	20 NRC-PC	43.01	16

**Men 18-24 50 SC Meter Butterfly**

**Pacific:** 22.57 P 12/7/2004 Thomas A Shields  
**NATL:** 23.96 N 11/6/2016 RUNAR BORGEN

1	Keane, Ian	24 UC38-38	26.87	20
2	Pluemer, Aaron	22 STAN-38	28.90	17
3	Freiwald, Owen	20 NRC-PC	31.57	16

**Men 18-24 100 SC Meter IM**

**Pacific:** 56.82 P 11/24/2013 Robert Lovelace  
**NATL:** 55.71 N 10/29/2011 EUGENE GODSOE

1	Keane, Ian	24 UC38-38	1:04.12	20
2	Pluemer, Aaron	22 STAN-38	1:06.99	17

**Men 25-29 50 SC Meter Freestyle**

**Pacific:** 22.81 P 12/31/2002 Scott C Greenwood  
**NATL:** 21.37 N 11/15/2014 CESAR CIELO

1	Roszbach, Alexander	29 ALB-38	28.26	20
2	Fieiwald, Andrew	27 NRC-PC	28.62	17
3	Bautista, Jair	27 SACMA-38	33.33	16

**Men 25-29 50 SC Meter Backstroke**

**Pacific:** 25.67 P 9/22/2013 Tim R Watts  
**NATL:** 24.55 N 11/3/2013 DARIAN TOWNSEND

1	Roszbach, Alexander	29 ALB-38	34.61	20
2	Fieiwald, Andrew	27 NRC-PC	35.82	17
3	Bautista, Jair	27 SACMA-38	47.81	16

**Men 25-29 50 SC Meter Breaststroke**

**Pacific:** 28.69 P 12/31/2012 John Dorr  
**NATL:** 27.31 N 11/23/2013 EETU KARVONEN

1	Roszbach, Alexander	29 ALB-38	40.56	20
2	Fieiwald, Andrew	27 NRC-PC	42.16	17
3	Bautista, Jair	27 SACMA-38	54.06	16

**Men 25-29 50 SC Meter Butterfly**

**Pacific:** 25.06 P 12/31/2007 Adam M Conway  
**NATL:** 23.53 N 10/14/2018 TOWNSEND\BORGEN

1	Roszbach, Alexander	29 ALB-38	29.85	20
2	Fieiwald, Andrew	27 NRC-PC	33.85	17
3	Bautista, Jair	27 SACMA-38	39.68	16

**Men 25-29 100 SC Meter IM**

**Pacific:** 56.39 P 9/25/2011 FRANK ZIO  
**NATL:** 53.47 N 11/3/2013 DARIAN TOWNSEND

1	Roszbach, Alexander	29 ALB-38	1:13.55	20
2	Fieiwald, Andrew	27 NRC-PC	1:16.36	17
3	Bautista, Jair	27 SACMA-38	1:35.83	16

**Men 30-34 50 SC Meter Freestyle**

**Pacific:** 22.39 P 10/16/2011 Anthony L Ervin  
**NATL:** 21.91 N 11/13/2016 DARIAN TOWNSEND

1	Frink, Stephen	34 RPM-38	26.35	20
2	Revelli, Reid	34 UC38-38	27.46	17
3	Pluemer, Adam	31 UC38-38	30.66	16

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**(Men 30-34 50 SC Meter Freestyle)**

4	Fadloun, Taher	34	NUTS-PC	34.86	15
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**Men 30-34 50 SC Meter Backstroke**

<b>Pacific:</b>	<b>26.78</b>	<b>P 9/22/2019</b>	<b>Tim R Watts</b>
<b>NATL:</b>	<b>24.75</b>	<b>N 11/12/2016</b>	<b>DARIAN TOWNSEND</b>

1	Frink, Stephen	34	RPM-38	33.48	20
2	Pluemer, Adam	31	UC38-38	33.78	17
3	Revelli, Reid	34	UC38-38	34.56	16

**Men 30-34 50 SC Meter Breaststroke**

<b>Pacific:</b>	<b>28.81</b>	<b>P 12/31/2007</b>	<b>Jeff Commings</b>
<b>NATL:</b>	<b>28.01</b>	<b>N 12/7/2008</b>	<b>JEFF COMMINGS</b>

1	Frink, Stephen	34	RPM-38	38.88	20
2	Pluemer, Adam	31	UC38-38	39.49	17
3	Revelli, Reid	34	UC38-38	41.54	16

**Men 30-34 50 SC Meter Butterfly**

<b>Pacific:</b>	<b>25.06</b>	<b>P 12/31/1989</b>	<b>Mike Bottom</b>
<b>NATL:</b>	<b>24.37</b>	<b>N 12/5/2015</b>	<b>MILORAD CAVIC</b>

1	Frink, Stephen	34	RPM-38	30.48	20
2	Revelli, Reid	34	UC38-38	32.15	17
3	Pluemer, Adam	31	UC38-38	33.80	16

**Men 30-34 100 SC Meter IM**

<b>Pacific:</b>	<b>57.28</b>	<b>P 9/25/2011</b>	<b>Anthony L Ervin</b>
<b>NATL:</b>	<b>53.28</b>	<b>N 11/13/2016</b>	<b>DARIAN TOWNSEND</b>

1	Frink, Stephen	34	RPM-38	1:11.15	20
2	Revelli, Reid	34	UC38-38	1:18.36	17
3	Pluemer, Adam	31	UC38-38	1:20.44	16

**Men 35-39 50 SC Meter Freestyle**

<b>Pacific:</b>	<b>23.54</b>	<b>P 12/2/2012</b>	<b>Scott C Greenwood</b>
<b>NATL:</b>	<b>21.81</b>	<b>N 9/22/2018</b>	<b>ROLAND SCHOEMAN</b>

1	Elcock, Nicholas R	38	UC38-38	25.80	20
2	Warda, Hussein	36	ARM-38	26.20	17
3	Wasiewski, Timothy	38	UC38-38	26.26	16
4	Ignatov, Alex	38	TEME-38	27.32	15
5	De Voss, Christopher	38	CGM-38	27.71	14
6	Roper, Matt	37	DAM-38	27.81	13
7	Song, Jimmy	36	MEMO-38	31.44	12

**Men 35-39 50 SC Meter Backstroke**

<b>Pacific:</b>	<b>27.92</b>	<b>P 12/31/2003</b>	<b>John Keppeler</b>
<b>NATL:</b>	<b>25.72</b>	<b>N 10/18/2009</b>	<b>EDILSON SILVA</b>

1	Wasiewski, Timothy	38	UC38-38	31.44	20
2	Ignatov, Alex	38	TEME-38	31.63	17
3	Roper, Matt	37	DAM-38	32.09	16
4	Elcock, Nicholas R	38	UC38-38	34.65	15
5	De Voss, Christopher	38	CGM-38	37.38	14
6	Song, Jimmy	36	MEMO-38	42.23	13

**Men 35-39 50 SC Meter Breaststroke**

<b>Pacific:</b>	<b>30.70</b>	<b>P 12/31/2008</b>	<b>Jonathan T Manson</b>
<b>NATL:</b>	<b>26.66</b>	<b>N 11/17/2018</b>	<b>ROLAND SCHOEMAN</b>

1	Wasiewski, Timothy	38	UC38-38	32.79	20
2	De Voss, Christopher	38	CGM-38	33.16	17
3	Ignatov, Alex	38	TEME-38	33.40	16
4	Elcock, Nicholas R	38	UC38-38	34.94	15
5	Roper, Matt	37	DAM-38	36.29	14

6	Song, Jimmy	36	MEMO-38	37.09	13
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**Men 35-39 50 SC Meter Butterfly**

<b>Pacific:</b>	<b>25.82</b>	<b>P 12/31/2009</b>	<b>Lee G Wanie</b>
<b>NATL:</b>	<b>23.12</b>	<b>N 11/18/2018</b>	<b>ROLAND SCHOEMAN</b>

1	Valdivieso, Juan P	38	TOC-38	26.65	20
2	Elcock, Nicholas R	38	UC38-38	29.18	17
3	Ignatov, Alex	38	TEME-38	29.21	16
4	Wasiewski, Timothy	38	UC38-38	29.29	15
5	Warda, Hussein	36	ARM-38	29.50	14
6	Roper, Matt	37	DAM-38	29.79	13
7	De Voss, Christopher	38	CGM-38	31.53	12
8	Song, Jimmy	36	MEMO-38	35.76	11

**Men 35-39 100 SC Meter IM**

<b>Pacific:</b>	<b>1:01.59</b>	<b>P 10/21/2007</b>	<b>Roque J Santos</b>
<b>NATL:</b>	<b>56.36</b>	<b>N 12/2/2012</b>	<b>GLENN COUNTS</b>

1	Ignatov, Alex	38	TEME-38	1:06.27	20
2	Roper, Matt	37	DAM-38	1:08.52	17
3	Wasiewski, Timothy	38	UC38-38	1:09.16	16
4	Elcock, Nicholas R	38	UC38-38	1:09.24	15
5	De Voss, Christopher	38	CGM-38	1:15.72	14
6	Song, Jimmy	36	MEMO-38	1:19.41	13

**Men 40-44 50 SC Meter Freestyle**

<b>Pacific:</b>	<b>24.58</b>	<b>P 12/31/2003</b>	<b>David E Boatwright</b>
<b>NATL:</b>	<b>23.13</b>	<b>N 8/15/2013</b>	<b>BRIAN JACOBSON</b>

1	Macdonald, Jeremy	40	ARM-38	25.75	20
2	Hennessy, Bryant	43	CCA-38	27.81	17
3	Hanley, Nicholas	40	VACA-38	27.94	16
4	Barrett, Jeffrey	42	WCM-38	28.87	15

**Men 40-44 50 SC Meter Backstroke**

<b>Pacific:</b>	<b>28.50</b>	<b>P 10/11/2008</b>	<b>Rick Gould</b>
<b>NATL:</b>	<b>25.53</b>	<b>N 12/12/2009</b>	<b>MICHAEL ROSS</b>

1	Macdonald, Jeremy	40	ARM-38	29.80	20
2	Hanley, Nicholas	40	VACA-38	32.98	17
3	Hennessy, Bryant	43	CCA-38	33.84	16
4	Barrett, Jeffrey	42	WCM-38	37.76	15

**Men 40-44 50 SC Meter Breaststroke**

<b>Pacific:</b>	<b>29.22</b>	<b>P 12/31/2009</b>	<b>Roque J Santos</b>
<b>NATL:</b>	<b>28.21</b>	<b>N 11/17/2018</b>	<b>JEFF COMMINGS</b>

1	Macdonald, Jeremy	40	ARM-38	33.60	20
2	Menna, Greg	42	DAM-38	33.69	17
3	Hanley, Nicholas	40	VACA-38	35.92	16
4	Barrett, Jeffrey	42	WCM-38	38.95	15
5	Hennessy, Bryant	43	CCA-38	41.16	14

**Men 40-44 50 SC Meter Butterfly**

<b>Pacific:</b>	<b>27.06</b>	<b>P 10/11/2005</b>	<b>Roger Brisbane</b>
<b>NATL:</b>	<b>24.91</b>	<b>N 12/6/2008</b>	<b>MICHAEL ROSS</b>

1	Menna, Greg	42	DAM-38	28.13	20
2	Macdonald, Jeremy	40	ARM-38	29.16	17
3	Hennessy, Bryant	43	CCA-38	29.74	16
4	Hanley, Nicholas	40	VACA-38	31.45	15
5	Barrett, Jeffrey	42	WCM-38	32.93	14

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## Men 40-44 100 SC Meter IM

Pacific: 58.94 P 11/16/2008 Roque J Santos

NATL: 57.19 N 11/16/2014 JEFF COMMINGS

1	Macdonald, Jeremy	40	ARM-38	1:05.56	20
2	Menna, Greg	42	DAM-38	1:06.27	17
3	Hanley, Nicholas	40	VACA-38	1:12.30	16
4	Hennessy, Bryant	43	CCA-38	1:13.72	15
5	Barrett, Jeffrey	42	WCM-38	1:20.14	14

## Men 45-49 50 SC Meter Freestyle

Pacific: 24.67 P 12/31/2008 David E Boatwrigth

NATL: 23.58 N 11/13/2016 SIPHIWE BALEKA

1	Jorgensen, Erik	45	SACMA-38	26.39	20
2	Moll, Eric	47	UC38-38	27.79	17
3	Jones, Keith	49	PCCM-38	28.13	16
4	Fahlen, Mark	48	MAAC-38	28.51	15
5	Collins, Thomas D	47	ARM-38	29.96	14
6	Wright, Eric	46	CGM-38	30.35	13
7	Dowd, Joe	48	SMST-38	33.12	12

## Men 45-49 50 SC Meter Backstroke

Pacific: 29.16 P 10/14/2018 Peter S Moore

NATL: 27.02 N 12/12/2009 CHRIS STEVENSON

1	Jorgensen, Erik	45	SACMA-38	33.55	20
2	Fahlen, Mark	48	MAAC-38	36.17	17
3	Moll, Eric	47	UC38-38	36.40	16
4	Jones, Keith	49	PCCM-38	37.63	15
5	Wright, Eric	46	CGM-38	37.99	14
6	Collins, Thomas D	47	ARM-38	39.93	13
7	Dowd, Joe	48	SMST-38	44.03	12

## Men 45-49 50 SC Meter Breaststroke

Pacific: 31.24 P 12/31/2001 Lee A Rider

NATL: 28.88 N 10/12/2013 TODD TORRES

1	Moll, Eric	47	UC38-38	34.37	20
2	Jorgensen, Erik	45	SACMA-38	34.94	17
3	Jones, Keith	49	PCCM-38	36.97	16
4	Wright, Eric	46	CGM-38	38.13	15
5	Fahlen, Mark	48	MAAC-38	38.40	14
6	Collins, Thomas D	47	ARM-38	38.73	13
7	Dowd, Joe	48	SMST-38	40.16	12

## Men 45-49 50 SC Meter Butterfly

Pacific: 26.65 P 10/2/2011 Matt Jones

NATL: 25.74 N 12/13/2009 FRITZ BEDFORD

1	Jorgensen, Erik	45	SACMA-38	29.83	20
2	Moll, Eric	47	UC38-38	30.37	17
3	Jones, Keith	49	PCCM-38	31.16	16
4	Fahlen, Mark	48	MAAC-38	32.47	15
5	Collins, Thomas D	47	ARM-38	33.01	14
6	Dowd, Joe	48	SMST-38	36.76	13

## Men 45-49 100 SC Meter IM

Pacific: 1:03.29 P 10/10/2015 Roque J Santos

NATL: 1:00.09 N 11/13/2016 SIPHIWE BALEKA

1	Jorgensen, Erik	45	SACMA-38	1:12.42	20
2	Moll, Eric	47	UC38-38	1:13.07	17
3	Fahlen, Mark	48	MAAC-38	1:13.44	16
4	Jones, Keith	49	PCCM-38	1:15.59	15
5	Wright, Eric	46	CGM-38	1:17.54	14

6	Collins, Thomas D	47	ARM-38	1:18.10	13
7	Dowd, Joe	48	SMST-38	1:23.60	12

## Men 50-54 50 SC Meter Freestyle

Pacific: 25.53 P 12/31/2003 Thomas W Whatley

NATL: 23.38 N 10/18/2009 ROWDY GAINES

1	Badding, Gerald	53	SDM-PC	26.18	20
2	Jones, Brian A	54	SMST-38	26.72	17
3	Hamilton, Rick	52	MAM-38	26.86	16
4	Vollstedt, Mark	51	ARM-38	27.53	15
5	Smith, Stephen M	53	SACMA-38	28.75	14
6	Rombold, Joseph	54	ARM-38	30.12	13
7	Mullany, Courtney P	50	LTPC-38	31.19	12

## Men 50-54 50 SC Meter Backstroke

Pacific: 29.64 P 12/3/2017 Rick M Hamilton

NATL: 26.69 N 10/24/2015 FRITZ BEDFORD

1	Hamilton, Rick	52	MAM-38	30.29	20
2	Jones, Brian A	54	SMST-38	30.89	17
3	Badding, Gerald	53	SDM-PC	32.52	16
4	Smith, Stephen M	53	SACMA-38	34.78	15
5	Vollstedt, Mark	51	ARM-38	35.60	14
6	Mullany, Courtney P	50	LTPC-38	39.77	13
7	Rombold, Joseph	54	ARM-38	41.05	12
8	Leveroni, Kevin E	52	PAC1-38	45.41	11

## Men 50-54 50 SC Meter Breaststroke

Pacific: 31.10 P 10/18/2009 Gary L Patterson

NATL: 29.84 N 12/8/2013 DAVID GUTHRIE

1	Badding, Gerald	53	SDM-PC	33.38	20
2	Hamilton, Rick	52	MAM-38	35.93	17
3	Jones, Brian A	54	SMST-38	36.70	16
*4	Smith, Stephen M	53	SACMA-38	38.24	14.5
*4	Mullany, Courtney P	50	LTPC-38	38.24	14.5
6	Leveroni, Kevin E	52	PAC1-38	39.10	13
7	Rombold, Joseph	54	ARM-38	39.13	12

## Men 50-54 50 SC Meter Butterfly

Pacific: 26.12 P 12/31/2007 Paul V Carter

NATL: 25.74 N 12/8/2018 STEVE HILTABBIDLE

1	Badding, Gerald	53	SDM-PC	28.67	20
2	Hamilton, Rick	52	MAM-38	28.72	17
3	Jones, Brian A	54	SMST-38	28.87	16
4	Smith, Stephen M	53	SACMA-38	30.01	15
5	Roepke, Frank	54	ARM-38	30.41	14
6	Vollstedt, Mark	51	ARM-38	30.44	13
7	Mullany, Courtney P	50	LTPC-38	33.79	12
8	Leveroni, Kevin E	52	PAC1-38	34.74	11

## Men 50-54 100 SC Meter IM

Pacific: 1:02.51 P 12/31/2008 Ken Shilling

NATL: 1:00.57 N 12/10/2016 SCOTT HEBER

1	Hamilton, Rick	52	MAM-38	1:06.53	20
2	Badding, Gerald	53	SDM-PC	1:07.03	17
3	Jones, Brian A	54	SMST-38	1:08.99	16
4	Smith, Stephen M	53	SACMA-38	1:10.03	15
5	Vollstedt, Mark	51	ARM-38	1:13.30	14
6	Mullany, Courtney P	50	LTPC-38	1:18.45	13
7	Rombold, Joseph	54	ARM-38	1:22.30	12

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## Men 55-59 50 SC Meter Freestyle

Pacific: 26.15 P 12/31/2009 Eric D van Boer

NATL: 24.66 N 10/10/2015 STEVE WOOD

1	Harvill, Tom	58	WAMS-38	26.39	20
2	Keating, Kevin	55	SMAC-38	28.43	17
3	Ehrenberger, Dennis	55	CCA-38	28.61	16
4	Keighley, Tim D	58	QSSSJ-38	28.78	15
5	Taylor, Ron	59	RPM-38	30.02	14
6	Maryatt, Andrew	58	RAMS-38	30.41	13
7	Spangler, Brian	57	WAMS-38	32.50	12
8	Boedtke, Markus	55	SACMA-38	32.57	11
9	Campbell, Chris	57	MVM-38	34.16	9
10	Curran, Barry I	58	SMST-38	34.29	7
11	Davis, Joe	55	ARM-38	35.01	6
12	Stein, Todd	59	UC38-38	35.56	5

## Men 55-59 50 SC Meter Backstroke

Pacific: 30.40 P 12/31/2000 Tim A Birnie

NATL: 27.62 N 10/10/2015 STEVE WOOD

1	Harvill, Tom	58	WAMS-38	33.34	20
2	Taylor, Ron	59	RPM-38	33.92	17
3	Keighley, Tim D	58	QSSSJ-38	34.23	16
4	Keating, Kevin	55	SMAC-38	36.02	15
5	Maryatt, Andrew	58	RAMS-38	37.25	14
6	Ehrenberger, Dennis	55	CCA-38	38.46	13
7	Boedtke, Markus	55	SACMA-38	39.48	12
8	Davis, Joe	55	ARM-38	41.13	11
9	Curran, Barry I	58	SMST-38	42.13	9
10	Spangler, Brian	57	WAMS-38	42.59	7
11	Stein, Todd	59	UC38-38	44.01	6
12	Campbell, Chris	57	MVM-38	44.41	5

## Men 55-59 50 SC Meter Breaststroke

Pacific: 32.18 P 12/31/2001 Robert Strand

NATL: 30.37 N 12/17/2016 DAVID GUTHRIE

1	Ehrenberger, Dennis	55	CCA-38	36.91	20
2	Harvill, Tom	58	WAMS-38	37.11	17
3	Keighley, Tim D	58	QSSSJ-38	37.80	16
4	Maryatt, Andrew	58	RAMS-38	38.57	15
5	Boedtke, Markus	55	SACMA-38	39.46	14
6	Taylor, Ron	59	RPM-38	39.72	13
7	Curran, Barry I	58	SMST-38	41.19	12
8	Keating, Kevin	55	SMAC-38	41.33	11
9	Spangler, Brian	57	WAMS-38	41.38	9
10	Stein, Todd	59	UC38-38	47.92	7
11	Campbell, Chris	57	MVM-38	49.71	6

## Men 55-59 50 SC Meter Butterfly

Pacific: 27.16 P 10/4/2014 Paul V Carter

NATL: 26.55 N 10/20/2018 FRITZ BEDFORD

1	Harvill, Tom	58	WAMS-38	28.80	20
2	Keating, Kevin	55	SMAC-38	30.01	17
3	Keighley, Tim D	58	QSSSJ-38	30.70	16
4	Taylor, Ron	59	RPM-38	30.79	15
5	Maryatt, Andrew	58	RAMS-38	33.44	14
6	Ehrenberger, Dennis	55	CCA-38	33.72	13
7	Spangler, Brian	57	WAMS-38	33.78	12
8	Boedtke, Markus	55	SACMA-38	33.87	11
9	Campbell, Chris	57	MVM-38	38.82	9

10	Curran, Barry I	58	SMST-38	38.83	7
11	Stein, Todd	59	UC38-38	40.03	6

## Men 55-59 100 SC Meter IM

Pacific: 1:05.29 P 10/4/2014 Paul V Carter

NATL: 1:01.76 N 10/10/2015 STEVE WOOD

1	Harvill, Tom	58	WAMS-38	1:09.13	20
2	Keighley, Tim D	58	QSSSJ-38	1:11.93	17
3	Ehrenberger, Dennis	55	CCA-38	1:16.17	16
4	Keating, Kevin	55	SMAC-38	1:16.95	15
5	Boedtke, Markus	55	SACMA-38	1:18.82	14
6	Spangler, Brian	57	WAMS-38	1:24.82	13
7	Curran, Barry I	58	SMST-38	1:25.63	12
8	Campbell, Chris	57	MVM-38	1:34.60	11
---	Stein, Todd	59	UC38-38		DQ

## Men 60-64 50 SC Meter Freestyle

Pacific: 26.56 P 10/9/2016 Loren Druz

NATL: 24.90 N 12/3/2006 RICHARD ABRAHAMS

1	Cutting, Steve	62	MAM-38	28.62	20
2	Hagen, Richard	60	SMST-38	29.89	17
3	Cottingham, John	60	LGSR-38	30.00	16
4	Davis, Richard	64	SMST-38	32.44	15
5	Nisson, Robert	61	SMST-38	34.23	14
6	Pinto, Harlan	62	MELO-38	35.99	13
7	Pluemer, Andreas	61	STAN-38	41.99	12

## Men 60-64 50 SC Meter Backstroke

Pacific: 31.59 P 12/31/2010 Hugh Wilder

NATL: 29.64 N 3/29/2014 PHILIPP DJANG

1	Cutting, Steve	62	MAM-38	33.48	20
2	Nisson, Robert	61	SMST-38	39.35	17
3	Cottingham, John	60	LGSR-38	40.27	16
4	Davis, Richard	64	SMST-38	42.57	15
5	Pinto, Harlan	62	MELO-38	46.08	14
6	Byler, James	64	PAC1-38	48.11	13
7	Pluemer, Andreas	61	STAN-38	51.33	12

## Men 60-64 50 SC Meter Breaststroke

Pacific: 32.31 P 12/31/2009 Robert Strand

NATL: 31.51 N 11/21/2015 RICK COLELLA

1	Cutting, Steve	62	MAM-38	39.24	20
2	Pinto, Harlan	62	MELO-38	40.49	17
3	Cottingham, John	60	LGSR-38	42.11	16
4	Nisson, Robert	61	SMST-38	42.18	15
5	Byler, James	64	PAC1-38	46.02	14
6	Davis, Richard	64	SMST-38	49.49	13
7	Pluemer, Andreas	61	STAN-38	50.82	12

## Men 60-64 50 SC Meter Butterfly

Pacific: 30.08 P 10/10/2009 Thomas H Knopf

NATL: 27.40 N 5/25/2019 BRUCE KONE

1	Cutting, Steve	62	MAM-38	31.82	20
2	Cottingham, John	60	LGSR-38	34.10	17
3	Hagen, Richard	60	SMST-38	34.44	16
4	Nisson, Robert	61	SMST-38	37.22	15
5	Pinto, Harlan	62	MELO-38	39.83	14
6	Davis, Richard	64	SMST-38	43.13	13
7	Pluemer, Andreas	61	STAN-38	52.32	12

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## Men 60-64 100 SC Meter IM

Pacific: 1:07.98 P 12/31/2009 Robert Strand

NATL: 1:04.23 N 3/21/2015 RICK COLELLA

1	Cutting, Steve	62	MAM-38	1:12.93	20
2	Hagen, Richard	60	SMST-38	1:18.64	17
3	Cottingham, John	60	LGSR-38	1:21.87	16
4	Nisson, Robert	61	SMST-38	1:27.96	15
5	Pinto, Harlan	62	MELO-38	1:31.70	14
6	Davis, Richard	64	SMST-38	1:32.73	13
7	Pluemer, Andreas	61	STAN-38	1:52.42	12

## Men 65-69 50 SC Meter Freestyle

Pacific: 26.85 P 9/18/2016 Tate Holt

NATL: 25.42 N 3/3/2018 DOUG MARTIN

1	Ottersen, Craig	67	SACMA-38	29.66	20
2	McCullough, John R	65	UC38-38	32.06	17
3	Shevlin, Jeffrey L	65	SACMA-38	34.56	16
4	Johanson, Jeff	65	TCAM-38	37.76	15
5	Kaiser, Steven	67	SAC-38	46.94	14

## Men 65-69 50 SC Meter Backstroke

Pacific: 30.34 P 12/31/2012 Hugh Wilder

NATL: 30.34 N 12/2/2012 HUGH WILDER

1	Ottersen, Craig	67	SACMA-38	38.64	20
2	Johanson, Jeff	65	TCAM-38	41.11	17
3	McCullough, John R	65	UC38-38	41.68	16
4	Shevlin, Jeffrey L	65	SACMA-38	44.66	15
5	Kaiser, Steven	67	SAC-38	52.37	14

## Men 65-69 50 SC Meter Breaststroke

Pacific: 34.92 P 10/18/2009 David R Gildea

NATL: 32.50 N 11/20/2016 RICK COLELLA

1	Ottersen, Craig	67	SACMA-38	37.21	20
2	Johanson, Jeff	65	TCAM-38	42.51	17
3	Shevlin, Jeffrey L	65	SACMA-38	43.64	16
4	McCullough, John R	65	UC38-38	52.15	15
5	Kaiser, Steven	67	SAC-38	57.87	14

## Men 65-69 50 SC Meter Butterfly

Pacific: 30.66 P 12/31/2012 Hugh Wilder

NATL: 28.65 N 3/3/2018 DOUG MARTIN

1	Ottersen, Craig	67	SACMA-38	32.94	20
2	McCullough, John R	65	UC38-38	37.45	17
3	Johanson, Jeff	65	TCAM-38	39.30	16
4	Shevlin, Jeffrey L	65	SACMA-38	39.41	15
5	Kaiser, Steven	67	SAC-38	55.44	14

## Men 65-69 100 SC Meter IM

Pacific: 1:10.67 P 12/31/2008 Richard Burns

NATL: 1:05.43 N 11/19/2016 RICK COLELLA

1	Ottersen, Craig	67	SACMA-38	1:17.10	20
2	Johanson, Jeff	65	TCAM-38	1:28.60	17
3	Shevlin, Jeffrey L	65	SACMA-38	1:30.47	16
4	McCullough, John R	65	UC38-38	1:36.61	15
5	Kaiser, Steven	67	SAC-38	1:58.67	14

## Men 70-74 50 SC Meter Freestyle

Pacific: 28.54 P 12/2/2017 Andrew M McPherso

NATL: 26.88 N 10/10/2015 RICHARD ABRAHAMS

1	Bernard, Alan	70	TAM-38	30.40	20
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2	Garibaldi, Michael	73	DC-38	36.28	17
3	Rust, David	73	SRM-38	43.81	16

## Men 70-74 50 SC Meter Backstroke

Pacific: 33.51 P 12/6/2013 Richard Burns

NATL: 33.09 N 12/3/2017 HUGH WILDER

1	Bernard, Alan	70	TAM-38	37.74	20
2	Garibaldi, Michael	73	DC-38	44.74	17
3	Powers, Robert	74	UC38-38	51.96	16
4	Rust, David	73	SRM-38	55.74	15

## Men 70-74 50 SC Meter Breaststroke

Pacific: 36.16 P 8/24/2013 David R Gildea

NATL: 35.97 N 3/6/2016 ROBERT STRAND

1	Bernard, Alan	70	TAM-38	41.64	20
2	Rust, David	73	SRM-38	55.13	17
3	Garibaldi, Michael	73	DC-38	1:00.38	16

## Men 70-74 50 SC Meter Butterfly

Pacific: 31.13 P 12/2/2017 Andrew M McPherso

NATL: 29.52 N 10/11/2015 RICHARD ABRAHAMS

1	Bernard, Alan	70	TAM-38	33.68	20
2	Garibaldi, Michael	73	DC-38	43.76	17
3	Rust, David	73	SRM-38	56.14	16

## Men 70-74 100 SC Meter IM

Pacific: 1:14.40 P 10/6/2013 Richard Burns

NATL: 1:12.74 N 5/25/2019 STEVEN HECK

1	Bernard, Alan	70	TAM-38	1:20.46	20
2	Garibaldi, Michael	73	DC-38	1:45.93	17
3	Rust, David	73	SRM-38	1:54.34	16

## Men 75-79 50 SC Meter Freestyle

Pacific: 30.53 P 10/14/2018 Richard Burns

NATL: 29.90 N 12/3/2016 MIKE FRESHLEY

1	Burns, Richard	76	TAM-38	30.99	20
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## Men 75-79 50 SC Meter Backstroke

Pacific: 33.87 P 12/2/2018 Richard Burns

NATL: 33.87 N 12/2/2018 RICHARD BURNS

1	Burns, Richard	76	TAM-38	36.24	20
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## Men 75-79 50 SC Meter Breaststroke

Pacific: 40.65 P 10/13/2018 David R Gildea

NATL: 38.35 N 7/24/2016 MIKE FRESHLEY

1	Burns, Richard	76	TAM-38	43.77	20
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## Men 75-79 50 SC Meter Butterfly

Pacific: 32.41 P 12/1/2018 Richard Burns

NATL: 32.41 N 12/1/2018 RICHARD BURNS

1	Burns, Richard	76	TAM-38	33.74	20
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## Men 75-79 100 SC Meter IM

Pacific: 1:17.89 P 12/2/2018 Richard Burns

NATL: 1:17.58 N 7/23/2016 MIKE FRESHLEY

1	Burns, Richard	76	TAM-38	1:19.66	20
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**SAC Masters 47th Annual Sprint Pentathlon - 10/6/2019****Results - Session 1 - Pentathlon****Women 120-159 200 SC Meter Medley Relay**

Pacific: 2:03.95 P 12/31/2009 TOC

S Guzman, K Lyons, M Gill, L Welting

NATL: 2:04.31 N 12/13/2009 RED TIDE OF NYC

K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

1	CGM-38	A	2:32.19	40
	1) Weltzin, Brooke W32		2) Taga, Kathi W57	
	3) Macabales, Dana W28		4) Ballenger, Marie A W33	

**Women 160-199 200 SC Meter Medley Relay**

Pacific: 2:04.87 P 10/2/2011 MPM

C P Pinkston, J Mothersill, K Thorp, E Sutherland

NATL: 2:06.09 N 10/5/2003 SAN DIEGO SWIM MASTERS

K PIPES-NEILSEN, C KRATTLI, J COOVER, V DAVIDSON

1	SACMA-38	A	2:38.80	40
	1) Ross, Naome E W35		2) Lo, Yvonne F W48	
	3) Curtis, Stephanie S W37		4) Pogue, Michelle W56	

**Men 120-159 200 SC Meter Medley Relay**

Pacific: 1:45.06 P 12/31/2009 TOC

L Wanie, G Marshall, T Holsman, S Greenwood

NATL: 1:45.01 N 4/16/1994 BAYLOR / LONE STAR

J YARID, G RHODENBAUGH, B PATTEN, M RHODENBAUGH

1	SACMA-38	A	2:17.92	40
	1) Fieiwald, Andrew M27		2) Boedtker, Markus M55	
	3) Fieiwald, Owen M20		4) Bautista, Jair M27	

**Men 160-199 200 SC Meter Medley Relay**

Pacific: 1:56.44 P 10/16/2011 WCM

H Chao, R J Santos, K Tittle, S A Stahl

NATL: 1:45.13 N 11/16/2008 LONGHORN AQUATICS

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

1	SACMA-38	A	2:29.15	40
	1) Jorgensen, Erik M45		2) Ottersen, Craig M67	
	3) Smith, Stephen M M53		4) Kaiser, Steven M67	

**Men 200-239 200 SC Meter Medley Relay**

Pacific: 1:58.75 P 12/7/2013 WAMS

S Trimble, A Jaegers, T Harvill, M Volzing

NATL: 1:49.42 N 12/1/2012 LONGHORN AQUATICS

A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1	ARM-38	A	2:17.65	40
	1) Davis, Joe M55		2) Vollstedt, Mark M51	
	3) Roepke, Frank M54		4) Rombold, Joseph M54	
2	SMST-38	A	2:18.60	34
	1) Jones, Brian A M54		2) Curran, Barry I M58	
	3) Hagen, Richard M60		4) Davis, Richard M64	

**Mixed 100-119 200 SC Meter Medley Relay**

Pacific: 1:51.60 P 10/10/2010 TOC

F O'Donnell-McCar, G N Marshall, E P Reilly,

NATL: 1:48.37 N 12/2/2017 GOLDEN ROAD AQUATICS

M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ

1	ARM-38	A	2:05.54	40
	1) Dickman, Madison C W24		2) Keane, Ian M24	
	3) Treff, Paige W23		4) Warda, Hussein M36	

**Mixed 120-159 200 SC Meter Medley Relay**

Pacific: 1:42.97 P 10/2/2011 VACA

N Lillard, D M Stewart, J A Rondoni, K Jensen

NATL: 1:47.51 N 11/23/2013 PHOENIX SWIM CLUB

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

1	CGM-38	A	2:18.57	40
	1) Weltzin, Brooke W32		2) De Voss, Christopher M38	
	3) Macabales, Dana W28		4) Wright, Eric M46	

**Mixed 160-199 200 SC Meter Medley Relay**

Pacific: 2:04.64 P 10/9/2016 WCM

H Chao, A Nonaka, A Zamanian, E Richards

NATL: 1:53.38 N 11/21/2009 COLORADO MASTERS SWIMMI

S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMS

1	ARM-38	A	2:24.03	40
	1) Hladik, Michelle W42		2) Macdonald, Jeremy M40	
	3) Collins, Thomas D M47		4) Bea, Kandra W49	
2	SMST-38	A	2:25.47	34
	1) Jones, Brian A M54		4) Barrett, Sue W50	
	3) Dowd, Joe M48			
3	RPM-38	A	2:31.15	32
	1) Taylor, Ron M59		2) Doyle, Jennifer W49	
	3) Frink, Stephen M34		4) Harris, Karen W53	