

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

Sanction #: 380-S006

## Results

## Women 18-24 50 Yard Freestyle

PAC: 23.44 P 12/31/2010 FIONA O'DONNELL-M  
 NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC

1	Chung, Eva	22	Davis Aquatic Ma-38	25.74
2	Ladd, Catherine	23	The Olympic Club-38	25.98
3	Martin, Julia	18	CoastSide Tiger-38	27.59
4	Ferguson, Emily	24	California Gold-38	32.34
5	Oberholzer, Veronica	24	Temescal Aquatic-38	33.44

## Women 18-24 50 Yard Backstroke

PAC: 25.95 P 3/31/2019 LINDSEY E ENGEL  
 NATL: 25.47 N 3/23/2019 C BARTHOLOMEW

1	Chung, Eva	22	Davis Aquatic Ma-38	28.65
2	Martin, Julia	18	CoastSide Tiger-38	34.78

## Women 18-24 50 Yard Breaststroke

PAC: 29.52 P 2/12/2011 LAUREN A BEAUDREA  
 NATL: 27.76 N 12/5/2014 KATIE MEILI

1	Chung, Eva	22	Davis Aquatic Ma-38	32.68
2	Ladd, Catherine	23	The Olympic Club-38	35.07
3	Martin, Julia	18	CoastSide Tiger-38	38.49
4	Ferguson, Emily	24	California Gold-38	40.91
5	Oberholzer, Veronica	24	Temescal Aquatic-38	41.60

## Women 18-24 50 Yard Butterfly

PAC: 24.54 P 12/31/2010 DANA VOLLMER  
 NATL: 24.54 N 11/8/2009 DANA VOLLMER

1	Ladd, Catherine	23	The Olympic Club-38	27.76
2	Chung, Eva	22	Davis Aquatic Ma-38	27.84
3	Martin, Julia	18	CoastSide Tiger-38	31.44
4	Ferguson, Emily	24	California Gold-38	36.80

## Women 18-24 100 Yard IM

PAC: 57.04 P 5/3/2014 PENELOPE R YAMAUC  
 NATL: 53.02 N 12/21/2014 KATIE MEILI

1	Chung, Eva	22	Davis Aquatic Ma-38	1:01.89
2	Ladd, Catherine	23	The Olympic Club-38	1:07.19
3	Martin, Julia	18	CoastSide Tiger-38	1:13.84
4	Ferguson, Emily	24	California Gold-38	1:22.13
5	Oberholzer, Veronica	24	Temescal Aquatic-38	1:25.43

## Women 25-29 50 Yard Freestyle

PAC: 23.20 P 12/31/1992 ANNA PETTIS-SCOTT  
 NATL: 22.00 N 4/27/2019 KATARZYNA WILK

1	Wilde, Courtney	27	The Olympic Club-38	25.50
2	Sudarma, Tiffany	25	The Olympic Club-38	25.88
3	Visser, Avery	27	The Olympic Club-38	26.82
4	Innes, Emily	27	San Ramon Valley-38	28.51
5	Johnson, Angela	25	Alameda Aquatic-38	29.11
6	Greer, Fiona	26	East Bay Bat Ray-38	29.65
7	McMullen, Taylor R	25	Rocklin Aquatics-38	30.55
---	Pedote, Elyssa	27	The Olympic Club-38	DQ

## Women 25-29 50 Yard Backstroke

PAC: 25.32 P 5/13/2018 FELICIA LEE  
 NATL: 25.26 N 5/22/2010 TANICA JAMISON

1	Sudarma, Tiffany	25	The Olympic Club-38	28.01
2	Pedote, Elyssa	27	The Olympic Club-38	30.21
3	Wilde, Courtney	27	The Olympic Club-38	30.43

4	McMullen, Taylor R	25	Rocklin Aquatics-38	33.80
5	Innes, Emily	27	San Ramon Valley-38	33.96
6	Greer, Fiona	26	East Bay Bat Ray-38	34.04
7	Johnson, Angela	25	Alameda Aquatic-38	36.11

## Women 25-29 50 Yard Breaststroke

PAC: 27.12 P 4/30/2017 DANIELLE M HERRMA  
 NATL: 27.10 N 4/30/2016 KATIE MEILI

1	Sudarma, Tiffany	25	The Olympic Club-38	33.17
2	Pedote, Elyssa	27	The Olympic Club-38	36.05
3	Innes, Emily	27	San Ramon Valley-38	36.78
4	Visser, Avery	27	The Olympic Club-38	36.89
5	Wilde, Courtney	27	The Olympic Club-38	37.44
6	Greer, Fiona	26	East Bay Bat Ray-38	39.88
7	Johnson, Angela	25	Alameda Aquatic-38	39.99

## Women 25-29 50 Yard Butterfly

PAC: 24.19 P 4/28/2017 DANIELLE M HERRMA  
 NATL: 24.19 N 4/28/2017 DANIELLE HERRMANN

1	Sudarma, Tiffany	25	The Olympic Club-38	26.64
2	Wilde, Courtney	27	The Olympic Club-38	27.63
3	Pedote, Elyssa	27	The Olympic Club-38	28.22
4	Visser, Avery	27	The Olympic Club-38	29.09
5	Innes, Emily	27	San Ramon Valley-38	29.33
6	Johnson, Angela	25	Alameda Aquatic-38	31.81
7	Greer, Fiona	26	East Bay Bat Ray-38	31.90
8	McMullen, Taylor R	25	Rocklin Aquatics-38	32.93

## Women 25-29 100 Yard IM

PAC: 54.40 P 4/29/2017 DANIELLE M HERRMA  
 NATL: 54.40 N 4/29/2017 DANIELLE HERRMANN

1	Innes, Emily	27	San Ramon Valley-38	1:10.39
2	Greer, Fiona	26	East Bay Bat Ray-38	1:13.55
3	Johnson, Angela	25	Alameda Aquatic-38	1:14.93
4	McMullen, Taylor R	25	Rocklin Aquatics-38	1:17.02

## Women 30-34 50 Yard Freestyle

PAC: 23.24 P 12/31/2009 KEIKO PRICE  
 NATL: 22.37 N 4/7/2019 MADISON KENNEDY

1	Monsees, Courtney	31	The Olympic Club-38	24.97
2	Greer, Margaret	31	East Bay Bat Ray-38	27.21
3	Lo, Jennifer	32	Albany Armada Aq-38	27.57
4	Weltzin, Brooke	32	California Gold-38	29.53
5	Mah, Kimberly	30	Richmond Plunge-38	33.76
6	Hannon, Kate	31	CoastSide Tiger-38	34.26
7	Fogelson, Julia	30	Albany Armada Aq-38	35.38

## Women 30-34 50 Yard Backstroke

PAC: 26.49 P 4/26/2015 SARAH M HERNANDEZ  
 NATL: 24.96 N 5/1/2011 NORIKO INADA

1	Monsees, Courtney	31	The Olympic Club-38	29.33
2	Greer, Margaret	31	East Bay Bat Ray-38	32.05
3	Lo, Jennifer	32	Albany Armada Aq-38	34.09
4	Weltzin, Brooke	32	California Gold-38	36.33
5	Mah, Kimberly	30	Richmond Plunge-38	37.27
6	Hannon, Kate	31	CoastSide Tiger-38	40.22
7	Fogelson, Julia	30	Albany Armada Aq-38	48.31

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

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## Women 30-34 50 Yard Breaststroke

PAC: 30.29 P 4/28/2017 MARIE A BALLENGER  
NATL: 28.48 N 5/4/2008 KATIE MCCLELLAND

1	Lo, Jennifer	32	Albany Armada Aq-38	33.55
2	Monsees, Courtney	31	The Olympic Club-38	33.86
3	Greer, Margaret	31	East Bay Bat Ray-38	36.41
4	Weltzin, Brooke	32	California Gold-38	39.32
5	Hannon, Kate	31	CoastSide Tiger-38	44.35
6	Mah, Kimberly	30	Richmond Plunge-38	49.98
7	Fogelson, Julia	30	Albany Armada Aq-38	51.29
8	Sudame, Meeti	32	Temescal Aquatic-38	51.68

## Women 30-34 50 Yard Butterfly

PAC: 25.29 P 4/28/2019 KATHERINE RAATZ  
NATL: 24.18 N 4/15/2000 ANGEL MARTINO

1	Monsees, Courtney	31	The Olympic Club-38	27.34
2	Lo, Jennifer	32	Albany Armada Aq-38	29.34
3	Greer, Margaret	31	East Bay Bat Ray-38	29.64
4	Weltzin, Brooke	32	California Gold-38	31.84
5	Hannon, Kate	31	CoastSide Tiger-38	37.66
6	Mah, Kimberly	30	Richmond Plunge-38	40.27

## Women 30-34 100 Yard IM

PAC: 58.07 P 12/31/2009 SARABETH METZGER  
NATL: 57.01 N 4/15/2000 ANGEL MARTINO

1	Monsees, Courtney	31	The Olympic Club-38	1:01.58
2	Lo, Jennifer	32	Albany Armada Aq-38	1:08.35
3	Greer, Margaret	31	East Bay Bat Ray-38	1:10.55
4	Weltzin, Brooke	32	California Gold-38	1:13.82
5	Hannon, Kate	31	CoastSide Tiger-38	1:25.65
6	Mah, Kimberly	30	Richmond Plunge-38	1:27.85
7	Fogelson, Julia	30	Albany Armada Aq-38	1:36.50

## Women 35-39 50 Yard Freestyle

PAC: 24.04 P 4/25/2015 ERICKA L RICHARDS  
NATL: 22.34 N 2/25/2007 DARA TORRES

1	Ward, Molly M	37	The Olympic Club-38	26.72
2	Reilly, Marley	38	Marcia's Entusi-38	29.32
3	Groskopf, Sarah	39	Tri Valley Maste-38	31.74
4	Flecker, Donita L	37	Sebastopol Maste-38	33.79

## Women 35-39 50 Yard Backstroke

PAC: 27.16 P 5/13/2018 NWATANABE&NWATANA  
NATL: 24.71 N 4/29/2017 NORIKO INADA

1	Ward, Molly M	37	The Olympic Club-38	31.25
2	Groskopf, Sarah	39	Tri Valley Maste-38	35.79
3	Reilly, Marley	38	Marcia's Entusi-38	37.91
4	Flecker, Donita L	37	Sebastopol Maste-38	38.49

## Women 35-39 50 Yard Breaststroke

PAC: 28.55 P 5/4/2014 KATIE GLENN  
NATL: 28.51 N 5/2/2014 KATIE GLENN

1	Reilly, Marley	38	Marcia's Entusi-38	39.59
2	Groskopf, Sarah	39	Tri Valley Maste-38	42.89
3	Flecker, Donita L	37	Sebastopol Maste-38	45.59

## Women 35-39 50 Yard Butterfly

PAC: 26.07 P 4/13/2015 ERICKA L RICHARDS  
NATL: 25.04 N 4/28/2017 NORIKO INADA

1	Groskopf, Sarah	39	Tri Valley Maste-38	34.28
2	Flecker, Donita L	37	Sebastopol Maste-38	42.49

## Women 35-39 100 Yard IM

PAC: 59.62 P 4/26/2019 NAOKO WATANABE  
NATL: 57.25 N 4/29/2017 GABRIELLE CHANG

1	Groskopf, Sarah	39	Tri Valley Maste-38	1:17.12
2	Reilly, Marley	38	Marcia's Entusi-38	1:20.71
3	Flecker, Donita L	37	Sebastopol Maste-38	1:28.86

## Women 40-44 50 Yard Freestyle

PAC: 24.68 P 12/31/1994 LAURA B VAL  
NATL: 21.91 N 4/15/2007 DARA TORRES

1	Woodard, Niki	43	Park Terrace Mas-38	28.15
2	Kroger, Suzanne	43	Orinda Country C-38	28.43
3	Crooks, Marni	40	Walnut Creek Mas-38	30.13
4	Chow, Jackie	41	Davis Aquatic Ma-38	30.20
5	Botts, Felice	44	YMCA Aquatic Mas-38	30.69
6	Hibler, Hailey	41	Albany Armada Aq-38	31.06
7	Flynn, Elizabeth	40	Marcia's Entusi-38	31.49
8	Woolway, Anne	40	Orinda Country C-38	31.90
9	Parkinson, Susan	42	El Cerrito Aquat-38	32.62
10	Lindahl, Sarah	43	Marcia's Entusi-38	32.81

## Women 40-44 50 Yard Backstroke

PAC: 27.83 P 12/31/2009 JODY SMITH  
NATL: 26.12 N 5/1/2011 SHERI HART

1	Crooks, Marni	40	Walnut Creek Mas-38	35.30
2	Chow, Jackie	41	Davis Aquatic Ma-38	35.33
3	Kroger, Suzanne	43	Orinda Country C-38	35.56
4	Woodard, Niki	43	Park Terrace Mas-38	35.95
5	Parkinson, Susan	42	El Cerrito Aquat-38	36.53
6	Flynn, Elizabeth	40	Marcia's Entusi-38	36.71
7	Hibler, Hailey	41	Albany Armada Aq-38	37.55
8	Botts, Felice	44	YMCA Aquatic Mas-38	38.45
9	Woolway, Anne	40	Orinda Country C-38	38.59

## Women 40-44 50 Yard Breaststroke

PAC: 29.51 P 4/30/2017 KATIE GLENN  
NATL: 28.71 N 5/11/2018 KATIE GLENN

1	Crooks, Marni	40	Walnut Creek Mas-38	38.36
2	Woodard, Niki	43	Park Terrace Mas-38	38.66
3	Flynn, Elizabeth	40	Marcia's Entusi-38	38.77
4	Parkinson, Susan	42	El Cerrito Aquat-38	39.27
5	Kroger, Suzanne	43	Orinda Country C-38	39.72
6	Woolway, Anne	40	Orinda Country C-38	41.29
7	Botts, Felice	44	YMCA Aquatic Mas-38	41.48
8	Hibler, Hailey	41	Albany Armada Aq-38	44.34

## Women 40-44 50 Yard Butterfly

PAC: 26.46 P 12/31/1994 LAURA B VAL  
NATL: 25.14 N 5/10/2009 S VON DER LIPPE

1	Kroger, Suzanne	43	Orinda Country C-38	32.13
2	Crooks, Marni	40	Walnut Creek Mas-38	32.44
3	Woodard, Niki	43	Park Terrace Mas-38	32.45
4	Chow, Jackie	41	Davis Aquatic Ma-38	32.59

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## Results

**(Women 40-44 50 Yard Butterfly)**

5	Botts, Felice	44	YMCA Aquatic Mas-38	33.39
6	Woolway, Anne	40	Orinda Country C-38	33.64
7	Parkinson, Susan	42	El Cerrito Aquat-38	35.61
8	Flynn, Elizabeth	40	Marcia's Enthusi-38	37.71
9	Hibler, Hailey	41	Albany Armada Aq-38	39.76
10	Lindah, Sarah	43	Marcia's Enthusi-38	42.63

**Women 40-44 100 Yard IM**

PAC: 1:00.89 P 4/29/2017 KATIE GLENN

NATL: 57.95 N 4/28/2012 ERIKA BRAUN

1	Woodard, Niki	43	Park Terrace Mas-38	1:13.59
2	Kroger, Suzanne	43	Orinda Country C-38	1:14.28
3	Crooks, Marni	40	Walnut Creek Mas-38	1:15.38
4	Parkinson, Susan	42	El Cerrito Aquat-38	1:16.35
5	Botts, Felice	44	YMCA Aquatic Mas-38	1:17.79
6	Woolway, Anne	40	Orinda Country C-38	1:18.79
7	Flynn, Elizabeth	40	Marcia's Enthusi-38	1:21.23
8	Hibler, Hailey	41	Albany Armada Aq-38	1:22.77

**Women 45-49 50 Yard Freestyle**

PAC: 25.10 P 12/31/1999 LAURA B VAL

NATL: 23.80 N 4/8/2017 ERIKA BRAUN

1	Dussliere, Julie	47	JD Aquatic Maste-32	28.09
2	Rogers, Lori	49	Walnut Creek Mas-38	28.60
3	Thompson, Amy	49	The Olympic Club-38	29.61
4	Doyle, Jennifer	49	Richmond Plunge-38	37.70
5	Long, Rebecca	47	Albany Armada Aq-38	42.85
6	Ward, Meghan	49	Albany Armada Aq-38	43.69

**Women 45-49 50 Yard Backstroke**

PAC: 28.26 P 12/31/1997 LAURA B VAL

NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN

1	Dussliere, Julie	47	JD Aquatic Maste-32	31.94
2	Thompson, Amy	49	The Olympic Club-38	34.53
3	Rogers, Lori	49	Walnut Creek Mas-38	35.70
4	Long, Rebecca	47	Albany Armada Aq-38	45.45
5	Doyle, Jennifer	49	Richmond Plunge-38	46.99
6	Ward, Meghan	49	Albany Armada Aq-38	50.11

**Women 45-49 50 Yard Breaststroke**

PAC: 32.82 P 12/31/1994 SUSAN ROY

NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI

1	Dussliere, Julie	47	JD Aquatic Maste-32	37.35
2	Rogers, Lori	49	Walnut Creek Mas-38	38.24
3	Thompson, Amy	49	The Olympic Club-38	38.37
4	Doyle, Jennifer	49	Richmond Plunge-38	44.99
5	Ward, Meghan	49	Albany Armada Aq-38	53.68
6	Long, Rebecca	47	Albany Armada Aq-38	55.51

**Women 45-49 50 Yard Butterfly**

PAC: 27.02 P 12/31/1998 LAURA B VAL

NATL: 25.64 N 4/9/2017 ERIKA BRAUN

1	Thompson, Amy	49	The Olympic Club-38	31.70
2	Dussliere, Julie	47	JD Aquatic Maste-32	31.81
3	Rogers, Lori	49	Walnut Creek Mas-38	33.84
4	Doyle, Jennifer	49	Richmond Plunge-38	40.06
5	Miller, Pamela	47	CoastSide Tiger-38	48.75

6	Long, Rebecca	47	Albany Armada Aq-38	50.45
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**Women 45-49 100 Yard IM**

PAC: 1:02.13 P 12/31/2009 LISA A WARD

NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE

1	Dussliere, Julie	47	JD Aquatic Maste-32	1:10.98
2	Rogers, Lori	49	Walnut Creek Mas-38	1:14.46
3	Thompson, Amy	49	The Olympic Club-38	1:15.10
4	Doyle, Jennifer	49	Richmond Plunge-38	1:33.67
5	Long, Rebecca	47	Albany Armada Aq-38	1:44.23

**Women 50-54 50 Yard Freestyle**

PAC: 25.30 P 12/31/2002 LAURA B VAL

NATL: 24.53 N 3/18/2016 FALL WILLEBOORDSE

1	Welting, Lauren	54	The Olympic Club-38	27.88
2	Jones, Tracey	51	Santa Rosa Maste-38	29.41
3	Coomber, Molly D	54	North Bay Aquati-38	29.69
4	Nelson, Sheila	51	Santa Rosa Maste-38	29.84
5	Shu, Vicki	51	Marcia's Enthusi-38	31.14
6	Cannon, Lindsey	54	Walnut Creek Mas-38	32.24
7	Ruegg, Amy	51	Orinda Country C-38	33.39
8	Harris, Karen	53	Richmond Plunge-38	34.03
9	Dowd, Kellian	52	Orinda Country C-38	34.34
10	Goodbrake, Carol	54	Elk Grove Piranh-38	38.19
11	Amundsen, Natalie	54	CoastSide Tiger-38	39.91
12	Morita, Yoko	52	YMCA Aquatic Mas-38	40.82
13	Chachkin, Myra	51	Manatee Aquatic-38	41.08

**Women 50-54 50 Yard Backstroke**

PAC: 29.35 P 12/31/2005 LAURA B VAL

NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON

1	Welting, Lauren	54	The Olympic Club-38	31.75
2	Coomber, Molly D	54	North Bay Aquati-38	34.57
*3	Ruegg, Amy	51	Orinda Country C-38	37.82
*3	Shu, Vicki	51	Marcia's Enthusi-38	37.82
5	Nelson, Sheila	51	Santa Rosa Maste-38	38.27
6	Cannon, Lindsey	54	Walnut Creek Mas-38	41.05
7	Harris, Karen	53	Richmond Plunge-38	41.60
8	Jones, Tracey	51	Santa Rosa Maste-38	42.87
9	Goodbrake, Carol	54	Elk Grove Piranh-38	50.86
10	Morita, Yoko	52	YMCA Aquatic Mas-38	52.02
11	Chachkin, Myra	51	Manatee Aquatic-38	54.53

**Women 50-54 50 Yard Breaststroke**

PAC: 33.12 P 4/30/2017 KATHRYN E GELMAN

NATL: 31.61 N 4/14/2018 S VON DER LIPPE

1	Welting, Lauren	54	The Olympic Club-38	36.25
2	Jones, Tracey	51	Santa Rosa Maste-38	38.26
3	Coomber, Molly D	54	North Bay Aquati-38	39.28
4	Nelson, Sheila	51	Santa Rosa Maste-38	39.58
5	Ruegg, Amy	51	Orinda Country C-38	40.64
6	Cannon, Lindsey	54	Walnut Creek Mas-38	43.66
7	Dowd, Kellian	52	Orinda Country C-38	44.29
8	Shu, Vicki	51	Marcia's Enthusi-38	44.54
9	Amundsen, Natalie	54	CoastSide Tiger-38	45.17
10	Harris, Karen	53	Richmond Plunge-38	48.41
11	Goodbrake, Carol	54	Elk Grove Piranh-38	51.61
12	Chachkin, Myra	51	Manatee Aquatic-38	57.46
13	Morita, Yoko	52	YMCA Aquatic Mas-38	1:00.55

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## Women 50-54 50 Yard Butterfly

PAC: 27.81 P 12/31/2002 LAURA B VAL  
 NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON

1	Welting, Laureen	54	The Olympic Club-38	29.21
2	Coomber, Molly D	54	North Bay Aquati-38	32.34
3	Nelson, Sheila	51	Santa Rosa Maste-38	32.96
4	Shu, Vicki	51	Marcia's Enthusi-38	33.17
5	Jones, Tracey	51	Santa Rosa Maste-38	33.48
6	Cannon, Lindsey	54	Walnut Creek Mas-38	35.19
7	Ruegg, Amy	51	Orinda Country C-38	39.78
8	Dowd, Kellian	52	Orinda Country C-38	39.95
9	Morita, Yoko	52	YMCA Aquatic Mas-38	41.26
10	Goodbrake, Carol	54	Elk Grove Piranh-38	42.39
11	Amundsen, Natalie	54	CoastSide Tiger-38	42.44
---	Chachkin, Myra	51	Manatee Aquatic-38	DQ

## Women 50-54 100 Yard IM

PAC: 1:05.48 P 12/31/2005 LAURA B VAL  
 NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE

1	Welting, Laureen	54	The Olympic Club-38	1:08.63
2	Coomber, Molly D	54	North Bay Aquati-38	1:13.13
3	Jones, Tracey	51	Santa Rosa Maste-38	1:17.05
4	Nelson, Sheila	51	Santa Rosa Maste-38	1:18.05
5	Shu, Vicki	51	Marcia's Enthusi-38	1:19.47
6	Cannon, Lindsey	54	Walnut Creek Mas-38	1:22.89
7	Dowd, Kellian	52	Orinda Country C-38	1:26.61
8	Amundsen, Natalie	54	CoastSide Tiger-38	1:36.63
9	Goodbrake, Carol	54	Elk Grove Piranh-38	1:42.51
10	Morita, Yoko	52	YMCA Aquatic Mas-38	1:42.65
11	Chachkin, Myra	51	Manatee Aquatic-38	1:48.95
---	Ruegg, Amy	51	Orinda Country C-38	DQ

## Women 55-59 50 Yard Freestyle

PAC: 25.29 P 12/31/2009 LAURA B VAL  
 NATL: 25.16 N 4/8/2017 SUE WALSH

1	Zuppan-Hood, Patricia	55	Walnut Creek Mas-38	28.59
2	Russell, Jane	56	Davis Aquatic Ma-38	29.90
3	Taylor, Catherine	57	Walnut Creek Mas-38	31.66
4	Phalen, Jennifer	55	Davis Aquatic Ma-38	34.41
5	Wachtler, Catherine	55	CoastSide Tiger-38	35.02
6	Williams, Cynthia	57	Richmond Plunge-38	45.85
7	Fink, Margaret	55	Rolling Hills Mu-38	51.27

## Women 55-59 50 Yard Backstroke

PAC: 28.88 P 3/28/2010 LAURA B VAL  
 NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON

1	Russell, Jane	56	Davis Aquatic Ma-38	34.14
2	Zuppan-Hood, Patricia	55	Walnut Creek Mas-38	38.29
3	Taylor, Catherine	57	Walnut Creek Mas-38	39.49
4	Phalen, Jennifer	55	Davis Aquatic Ma-38	43.49
5	Wachtler, Catherine	55	CoastSide Tiger-38	43.58
6	Williams, Cynthia	57	Richmond Plunge-38	57.09
7	Fink, Margaret	55	Rolling Hills Mu-38	1:11.35

## Women 55-59 50 Yard Breaststroke

PAC: 35.60 P 12/31/2001 CAROLYN BOAK  
 NATL: 32.13 N 4/30/2017 CAROLINE KRATTLI

1	Taylor, Catherine	57	Walnut Creek Mas-38	40.38
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2	Russell, Jane	56	Davis Aquatic Ma-38	40.53
3	Phalen, Jennifer	55	Davis Aquatic Ma-38	41.29
4	Keighley, Carole	56	Quicksilver-38	41.72
5	Wachtler, Catherine	55	CoastSide Tiger-38	46.38
6	Williams, Cynthia	57	Richmond Plunge-38	57.93
7	Fink, Margaret	55	Rolling Hills Mu-38	1:09.57

## Women 55-59 50 Yard Butterfly

PAC: 28.20 P 4/10/2010 LAURA B VAL  
 NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON

1	Russell, Jane	56	Davis Aquatic Ma-38	31.98
2	Zuppan-Hood, Patricia	55	Walnut Creek Mas-38	33.57
3	Keighley, Carole	56	Quicksilver-38	37.50
4	Taylor, Catherine	57	Walnut Creek Mas-38	38.39
5	Phalen, Jennifer	55	Davis Aquatic Ma-38	40.44
6	Wachtler, Catherine	55	CoastSide Tiger-38	41.61
---	Fink, Margaret	55	Rolling Hills Mu-38	DQ
---	Williams, Cynthia	57	Richmond Plunge-38	DQ

## Women 55-59 100 Yard IM

PAC: 1:05.21 P 12/31/2007 LAURA B VAL  
 NATL: 1:02.34 N 4/29/2017 KARLYN PIPES

1	Russell, Jane	56	Davis Aquatic Ma-38	1:13.87
2	Zuppan-Hood, Patricia	55	Walnut Creek Mas-38	1:19.23
3	Keighley, Carole	56	Quicksilver-38	1:20.95
4	Taylor, Catherine	57	Walnut Creek Mas-38	1:24.56
5	Phalen, Jennifer	55	Davis Aquatic Ma-38	1:26.81
6	Wachtler, Catherine	55	CoastSide Tiger-38	1:53.66
7	Williams, Cynthia	57	Richmond Plunge-38	1:56.93
8	Fink, Margaret	55	Rolling Hills Mu-38	2:22.05

## Women 60-64 50 Yard Freestyle

PAC: 26.48 P 3/9/2014 LAURA B VAL  
 NATL: 26.20 N 5/11/2018 PENNY NOYES

1	Joyce, Martha	60	Tamalpais Aquati-38	28.25
2	Sommers, Lorraine	63	El Cerrito Aquat-38	32.91
3	Sprouse, Cecily	63	Davis Aquatic Ma-38	34.22
4	Hickel, Jessie	61	East Bay Bat Ray-38	35.10
5	Quinn, Phyllis	64	The Olympic Club-38	35.25
6	Chang, Pamela	64	Albany Armada Aq-38	44.18

## Women 60-64 50 Yard Backstroke

PAC: 29.58 P 4/26/2015 LAURA B VAL  
 NATL: 29.58 N 4/26/2015 LAURA VAL

1	Joyce, Martha	60	Tamalpais Aquati-38	36.47
2	Sommers, Lorraine	63	El Cerrito Aquat-38	41.12
3	Quinn, Phyllis	64	The Olympic Club-38	42.88
4	Hickel, Jessie	61	East Bay Bat Ray-38	43.01
5	Sprouse, Cecily	63	Davis Aquatic Ma-38	46.09

## Women 60-64 50 Yard Breaststroke

PAC: 36.28 P 4/27/2019 DEA A JOSLIN  
 NATL: 33.79 N 5/7/2017 MELINDA MANN

1	Joyce, Martha	60	Tamalpais Aquati-38	40.39
2	Sprouse, Cecily	63	Davis Aquatic Ma-38	43.43
3	Hickel, Jessie	61	East Bay Bat Ray-38	47.15
4	Quinn, Phyllis	64	The Olympic Club-38	48.17
5	Sommers, Lorraine	63	El Cerrito Aquat-38	52.61

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

Sanction #: 380-S006

## Results

**Women 60-64 50 Yard Butterfly**

PAC: 29.28 P 2/9/2014 LAURA B VAL  
 NATL: 27.93 N 5/13/2018 TRACI GRANGER

1	Joyce, Martha	60	Tamalpais Aquati-38	32.33
2	Sommers, Lorraine	63	El Cerrito Aquat-38	35.95
3	Sprouse, Cecily	63	Davis Aquatic Ma-38	40.07
4	Quinn, Phyllis	64	The Olympic Club-38	41.67
5	Hickel, Jessie	61	East Bay Bat Ray-38	44.39

**Women 60-64 100 Yard IM**

PAC: 1:07.08 P 5/17/2015 LAURA B VAL  
 NATL: 1:06.74 N 9/15/2018 PENNY NOYES

1	Joyce, Martha	60	Tamalpais Aquati-38	1:14.47
2	Sommers, Lorraine	63	El Cerrito Aquat-38	1:26.44
3	Sprouse, Cecily	63	Davis Aquatic Ma-38	1:29.04
4	Hickel, Jessie	61	East Bay Bat Ray-38	1:32.81
5	Quinn, Phyllis	64	The Olympic Club-38	1:33.25
6	Chang, Pamela	64	Albany Armada Aq-38	1:56.94

**Women 65-69 50 Yard Freestyle**

PAC: 26.55 P 5/13/2018 LAURA B VAL  
 NATL: 26.34 N 2/1/2020 PENNY NOYES

1	Val, Laura	68	Tamalpais Aquati-38	27.11
2	Singer, Molly	66	Marcia's Enthusi-38	38.15
3	Holland, Jenny	69	Albany Armada Aq-38	45.96

**Women 65-69 50 Yard Backstroke**

PAC: 29.65 P 5/12/2018 LAURA B VAL  
 NATL: 29.65 N 5/12/2018 LAURA VAL

1	Val, Laura	68	Tamalpais Aquati-38	30.75
2	Singer, Molly	66	Marcia's Enthusi-38	52.04
3	Holland, Jenny	69	Albany Armada Aq-38	52.56

**Women 65-69 50 Yard Breaststroke**

PAC: 38.56 P 3/19/2017 LAURA B VAL  
 NATL: 36.58 N 5/11/2018 MELINDA WOLFF

1	Val, Laura	68	Tamalpais Aquati-38	39.10
2	Holland, Jenny	69	Albany Armada Aq-38	55.63
3	Singer, Molly	66	Marcia's Enthusi-38	56.16

**Women 65-69 50 Yard Butterfly**

PAC: 29.58 P 3/19/2017 LAURA B VAL  
 NATL: 28.94 N 9/14/2019 PENNY NOYES

1	Val, Laura	68	Tamalpais Aquati-38	30.18
2	Holland, Jenny	69	Albany Armada Aq-38	48.50
3	Dalton, Dolores	65	North Bay Aquati-38	1:06.25

**Women 65-69 100 Yard IM**

PAC: 1:09.39 P 2/11/2017 LAURA B VAL  
 NATL: 1:07.03 N 2/1/2020 PENNY NOYES

1	Val, Laura	68	Tamalpais Aquati-38	1:10.31
2	Holland, Jenny	69	Albany Armada Aq-38	1:31.32
3	Singer, Molly	66	Marcia's Enthusi-38	1:50.02

**Women 70-74 50 Yard Freestyle**

PAC: 30.23 P 4/27/2019 RUTH Y SHAPS  
 NATL: 28.72 N 5/11/2018 MARGARET TOPPEL

1	Ewing, Nancy	73	Albany Armada Aq-38	47.23
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**Women 70-74 50 Yard Backstroke**

PAC: 38.49 P 4/13/2019 RUTH Y SHAPS  
 NATL: 32.57 N 2/8/2020 CECILIA MCCLOSKEY

1	Ewing, Nancy	73	Albany Armada Aq-38	52.68
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**Women 70-74 50 Yard Breaststroke**

PAC: 40.45 P 4/24/2015 DANIELA BARNEA  
 NATL: 39.44 N 9/16/2017 DALE BARNHARD

1	Ewing, Nancy	73	Albany Armada Aq-38	53.75
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**Women 70-74 100 Yard IM**

PAC: 1:21.97 P 12/31/2000 GAIL ROPER  
 NATL: 1:13.33 N 2/8/2020 CECILIA MCCLOSKEY

1	Ewing, Nancy	73	Albany Armada Aq-38	2:02.50
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**Women 75-79 50 Yard Freestyle**

PAC: 34.68 P 4/30/2017 NANCY J RIDOUT  
 NATL: 33.87 N 4/3/2005 GAIL ROPER

1	Barnea, Daniela	75	Stanford Masters-38	39.00
2	Westergaard, Leslie M	77	Davis Aquatic Ma-38	46.69
3	Chaitkin, Lauren	75	University of Sa-38	50.85

**Women 75-79 50 Yard Backstroke**

PAC: 41.40 P 12/31/2009 ANN KAY  
 NATL: 40.25 N 4/30/2000 DORIS STEADMAN

1	Barnea, Daniela	75	Stanford Masters-38	46.41
2	Westergaard, Leslie M	77	Davis Aquatic Ma-38	49.81
3	Chaitkin, Lauren	75	University of Sa-38	58.34

**Women 75-79 50 Yard Breaststroke**

PAC: 41.76 P 4/27/2019 DANIELA BARNEA  
 NATL: 41.53 N 4/13/2014 JOANN LEILICH

1	Barnea, Daniela	75	Stanford Masters-38	43.60
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**Women 75-79 50 Yard Butterfly**

PAC: 40.95 P 4/28/2019 DIANA F TODD  
 NATL: 38.05 N 4/26/2015 MARY ANN CASE

1	Barnea, Daniela	75	Stanford Masters-38	41.46
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**Women 75-79 100 Yard IM**

PAC: 1:35.11 P 12/31/2009 ANN KAY  
 NATL: 1:27.31 N 4/24/2005 GAIL ROPER

1	Barnea, Daniela	75	Stanford Masters-38	1:30.62P
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**Women 80-84 50 Yard Freestyle**

PAC: 37.11 P 12/31/2003 MARGERY MEYER  
 NATL: 34.20 N 12/13/2015 JOHNNIE DETRICK

1	Stretch, Nancy	80	The Olympic Club-38	49.01
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**Women 80-84 50 Yard Backstroke**

PAC: 45.16 P 12/31/2003 MARGERY MEYER  
 NATL: 43.57 N 4/19/2009 BETTY LORENZI

1	Stretch, Nancy	80	The Olympic Club-38	58.27
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**Women 80-84 50 Yard Breaststroke**

PAC: 48.29 P 2/12/2011 ANN M HIRSCH  
 NATL: 45.10 N 3/31/2019 JOANN LEILICH

1	Stretch, Nancy	80	The Olympic Club-38	58.69
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## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

Sanction #: 380-S006

## Results

## Women 80-84 50 Yard Butterfly

PAC: 52.26 P 4/3/2011 ANN M HIRSCH  
 NATL: 50.10 N 4/15/2007 LOIS KIVI NOCHMAN

1 Stretch, Nancy 80 The Olympic Club-38 58.06

## Women 80-84 100 Yard IM

PAC: 1:46.52 P 3/27/2011 ANN M HIRSCH  
 NATL: 1:42.51 N 4/29/2016 JOHNNIE DETRICK

1 Stretch, Nancy 80 The Olympic Club-38 2:03.00

## Men 18-24 50 Yard Freestyle

PAC: 19.97 P 5/2/2014 CHRISTOPHER PETER  
 NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER

1 Whittle, Matthew 24 The Olympic Club-38 22.65  
 2 DeVito, Nick 23 The Olympic Club-38 23.97  
 3 Amundsen, Alexander 18 CoastSide Tiger-38 27.35  
 4 Bizarro, Adrian M 19 Richmond Plunge-38 30.01

## Men 18-24 50 Yard Backstroke

PAC: 22.85 P 4/26/2015 ANDREW SAETA  
 NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

1 Whittle, Matthew 24 The Olympic Club-38 25.35  
 2 DeVito, Nick 23 The Olympic Club-38 26.63  
 3 Amundsen, Alexander 18 CoastSide Tiger-38 32.42

## Men 18-24 50 Yard Breaststroke

PAC: 24.98 P 12/31/2009 RICK EDDY  
 NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

1 Whittle, Matthew 24 The Olympic Club-38 27.17  
 2 DeVito, Nick 23 The Olympic Club-38 30.84  
 3 Amundsen, Alexander 18 CoastSide Tiger-38 31.36

## Men 18-24 50 Yard Butterfly

PAC: 22.50 P 5/4/2014 NOLAN KOON  
 NATL: 21.13 N 4/26/2015 HENRIK LINDAU

1 Whittle, Matthew 24 The Olympic Club-38 23.19  
 2 DeVito, Nick 23 The Olympic Club-38 25.40  
 3 Amundsen, Alexander 18 CoastSide Tiger-38 29.46

## Men 18-24 100 Yard IM

PAC: 49.52 P 4/25/2015 COLIN B BABCOCK  
 NATL: 48.96 N 4/26/2019 ANDREW APPLEBY

1 Whittle, Matthew 24 The Olympic Club-38 55.04  
 2 DeVito, Nick 23 The Olympic Club-38 59.46  
 3 Amundsen, Alexander 18 CoastSide Tiger-38 1:04.66  
 4 Bizarro, Adrian M 19 Richmond Plunge-38 1:20.71

## Men 25-29 50 Yard Freestyle

PAC: 18.67 P 12/20/2014 NATHAN ADRIAN  
 NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN

1 Saeta, Andrew 29 The Olympic Club-38 21.14  
 2 Davis, Cole 27 The Olympic Club-38 21.83  
 3 Greer, George 29 East Bay Bat Ray-38 22.47  
 4 Murray, Matthew 28 The Olympic Club-38 22.75  
 5 Cobleigh, Hunter 26 Albany Armada Aq-38 22.95  
 6 Korman, Matt 27 The Olympic Club-38 22.98  
 7 Beseris, Ethan 25 UC38-38 24.78  
 8 Rossbach, Alexander 29 Albany Armada Aq-38 25.54  
 9 Thomas, Michael 27 Mountain View Ma-38 25.71  
 10 Barta, Paul J 27 Y-Swim, Oakland-38 25.77

11 Large, Robbie 26 Albany Armada Aq-38 35.10

## Men 25-29 50 Yard Backstroke

PAC: 21.98 P 5/1/2016 ANDREW SAETA  
 NATL: 21.46 N 4/16/2010 ADAM MANIA

1 Saeta, Andrew 29 The Olympic Club-38 23.48  
 2 Murray, Matthew 28 The Olympic Club-38 25.22  
 3 Hinshaw, Benjamin 28 The Olympic Club-38 26.36  
 4 Davis, Cole 27 The Olympic Club-38 27.39  
 5 Korman, Matt 27 The Olympic Club-38 27.72  
 6 Cobleigh, Hunter 26 Albany Armada Aq-38 27.88  
 7 Beseris, Ethan 25 UC38-38 30.00  
 8 Rossbach, Alexander 29 Albany Armada Aq-38 31.40  
 9 Barta, Paul J 27 Y-Swim, Oakland-38 32.01  
 10 Thomas, Michael 27 Mountain View Ma-38 32.11  
 11 Large, Robbie 26 Albany Armada Aq-38 43.04

## Men 25-29 50 Yard Breaststroke

PAC: 24.86 P 4/30/2016 CHRISTOPHER BURCK  
 NATL: 23.87 N 5/21/2010 MARK GANGLOFF

1 Cobleigh, Hunter 26 Albany Armada Aq-38 26.05  
 2 Saeta, Andrew 29 The Olympic Club-38 27.06  
 3 Korman, Matt 27 The Olympic Club-38 28.31  
 4 Hinshaw, Benjamin 28 The Olympic Club-38 28.36  
 5 Greer, George 29 East Bay Bat Ray-38 30.97  
 6 Murray, Matthew 28 The Olympic Club-38 31.97  
 7 Barta, Paul J 27 Y-Swim, Oakland-38 33.69  
 8 Beseris, Ethan 25 UC38-38 34.23  
 9 Thomas, Michael 27 Mountain View Ma-38 34.77  
 10 Rossbach, Alexander 29 Albany Armada Aq-38 36.09  
 --- Large, Robbie 26 Albany Armada Aq-38 DQ

## Men 25-29 50 Yard Butterfly

PAC: 21.73 P 5/4/2014 WILLIAM COPELAND  
 NATL: 20.99 N 4/28/2019 MARCIN CIESLAK

1 Saeta, Andrew 29 The Olympic Club-38 23.31  
 2 Davis, Cole 27 The Olympic Club-38 23.70  
 3 Murray, Matthew 28 The Olympic Club-38 24.17  
 4 Hinshaw, Benjamin 28 The Olympic Club-38 24.39  
 5 Cobleigh, Hunter 26 Albany Armada Aq-38 24.42  
 6 Greer, George 29 East Bay Bat Ray-38 24.63  
 7 Korman, Matt 27 The Olympic Club-38 25.10  
 8 Beseris, Ethan 25 UC38-38 26.66  
 9 Rossbach, Alexander 29 Albany Armada Aq-38 27.28  
 10 Thomas, Michael 27 Mountain View Ma-38 27.34  
 11 Barta, Paul J 27 Y-Swim, Oakland-38 28.47  
 12 Large, Robbie 26 Albany Armada Aq-38 38.60

## Men 25-29 100 Yard IM

PAC: 48.99 P 4/29/2017 NATHAN ADRIAN  
 NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND

1 Saeta, Andrew 29 The Olympic Club-38 53.40  
 2 Cobleigh, Hunter 26 Albany Armada Aq-38 56.38  
 3 Beseris, Ethan 25 UC38-38 1:02.74  
 4 Rossbach, Alexander 29 Albany Armada Aq-38 1:03.53  
 5 Thomas, Michael 27 Mountain View Ma-38 1:05.69  
 6 Barta, Paul J 27 Y-Swim, Oakland-38 1:05.76  
 7 Large, Robbie 26 Albany Armada Aq-38 1:26.87

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

Sanction #: 380-S006

## Results

## Men 30-34 50 Yard Freestyle

PAC: 19.33 P 5/4/2014 ANTHONY L ERVIN

NATL: 19.33 N 5/3/2014 ERVIN\ERVIN

1	Neuwirth, Jamie	32	The Olympic Club-38	22.39
2	Perlaky, Laszlo	30	Bay Club-38	22.99
3	Frink, Stephen	34	Richmond Plunge-38	23.37
4	Talmadge, Matthew	30	The Olympic Club-38	24.60
5	Witt, Tucker	30	CoastSide Tiger-38	25.11
6	Law, David	34	Manatee Aquatic-38	25.21
7	Edgerton-Benitez, Teo	34	The Olympic Club-38	25.36
8	Green, Zachary Y	30	Mountain View Ma-38	26.88
9	Duncan, Jacob	30	Marcia's Enthusi-38	26.98
10	Mandrioli, Luca	33	San Francisco Ts-38	28.12

## Men 30-34 50 Yard Backstroke

PAC: 23.10 P 4/30/2017 MATTHEW T MARSHAL

NATL: 21.37 N 4/26/2019 MATT GREVERS

*1	Frink, Stephen	34	Richmond Plunge-38	29.03
*1	Talmadge, Matthew	30	The Olympic Club-38	29.03
3	Witt, Tucker	30	CoastSide Tiger-38	29.70
4	Perlaky, Laszlo	30	Bay Club-38	30.43
5	Green, Zachary Y	30	Mountain View Ma-38	31.13
6	Law, David	34	Manatee Aquatic-38	33.59
7	Duncan, Jacob	30	Marcia's Enthusi-38	34.32
8	Mandrioli, Luca	33	San Francisco Ts-38	40.31

## Men 30-34 50 Yard Breaststroke

PAC: 24.52 P 12/16/2019 BRANDON J FISCHER

NATL: 24.35 N 4/24/2015 MATT GREVERS

1	Talmadge, Matthew	30	The Olympic Club-38	29.45
2	Perlaky, Laszlo	30	Bay Club-38	30.61
3	Edgerton-Benitez, Teo	34	The Olympic Club-38	31.01
4	Law, David	34	Manatee Aquatic-38	32.74
5	Green, Zachary Y	30	Mountain View Ma-38	32.77
6	Witt, Tucker	30	CoastSide Tiger-38	33.26
7	Frink, Stephen	34	Richmond Plunge-38	34.04
8	Mandrioli, Luca	33	San Francisco Ts-38	35.59
9	Duncan, Jacob	30	Marcia's Enthusi-38	38.39

## Men 30-34 50 Yard Butterfly

PAC: 21.90 P 4/28/2017 MATTHEW T MARSHAL

NATL: 21.11 N 4/26/2015 MATT GREVERS

1	Perlaky, Laszlo	30	Bay Club-38	25.34
2	Talmadge, Matthew	30	The Olympic Club-38	26.05
3	Edgerton-Benitez, Teo	34	The Olympic Club-38	26.41
4	Frink, Stephen	34	Richmond Plunge-38	26.67
5	Law, David	34	Manatee Aquatic-38	28.29
6	Witt, Tucker	30	CoastSide Tiger-38	28.39
7	Duncan, Jacob	30	Marcia's Enthusi-38	29.73
8	Green, Zachary Y	30	Mountain View Ma-38	30.95
9	Mandrioli, Luca	33	San Francisco Ts-38	31.92

## Men 30-34 100 Yard IM

PAC: 49.23 P 4/25/2015 ANTHONY L ERVIN

NATL: 47.71 N 4/29/2017 RYAN LOCHTE

1	Perlaky, Laszlo	30	Bay Club-38	59.71
2	Frink, Stephen	34	Richmond Plunge-38	1:01.57
3	Edgerton-Benitez, Teo	34	The Olympic Club-38	1:02.60

4	Witt, Tucker	30	CoastSide Tiger-38	1:03.54
5	Law, David	34	Manatee Aquatic-38	1:04.94
6	Green, Zachary Y	30	Mountain View Ma-38	1:06.90
7	Duncan, Jacob	30	Marcia's Enthusi-38	1:13.58
8	Mandrioli, Luca	33	San Francisco Ts-38	1:15.79

## Men 35-39 50 Yard Freestyle

PAC: 20.69 P 5/13/2018 MATTHEW T MARSHAL

NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN

1	Valdivieso, Juan	38	The Olympic Club-38	23.02
2	Salcedo, Jonathan	37	University of Sa-38	23.13
3	De Voss, Christopher	38	California Gold-38	24.95
4	Kennedy, Matthew	37	California Capit-38	26.67
5	Wans, David	39	Santa Clara Swim-38	26.97
6	Guan, Frank	37	Davis Aquatic Ma-38	27.00
7	Song, Jimmy	36	Marcia's Enthusi-38	27.84
8	Kolb, Vladyslav	38	Albany Armada Aq-38	29.71
9	Nourbakhsh, Mehdi	36	Richmond Plunge-38	33.30

## Men 35-39 50 Yard Backstroke

PAC: 22.97 P 5/12/2018 MATTHEW T MARSHAL

NATL: 22.62 N 4/29/2017 JEFF NATALIZIO

1	Valdivieso, Juan	38	The Olympic Club-38	26.99
2	Wans, David	39	Santa Clara Swim-38	32.84
3	Kennedy, Matthew	37	California Capit-38	34.35
4	Guan, Frank	37	Davis Aquatic Ma-38	34.65
5	Song, Jimmy	36	Marcia's Enthusi-38	36.83
6	Kolb, Vladyslav	38	Albany Armada Aq-38	42.55
7	Nourbakhsh, Mehdi	36	Richmond Plunge-38	47.47

## Men 35-39 50 Yard Breaststroke

PAC: 26.99 P 12/31/2000 BRIAN P SCOTTOLIN

NATL: 25.35 N 5/21/2010 STEVE WEST

1	De Voss, Christopher	38	California Gold-38	30.36
2	Valdivieso, Juan	38	The Olympic Club-38	30.48
3	Guan, Frank	37	Davis Aquatic Ma-38	32.05
4	Song, Jimmy	36	Marcia's Enthusi-38	33.22
5	Kennedy, Matthew	37	California Capit-38	35.73
6	Wans, David	39	Santa Clara Swim-38	39.58
7	Kolb, Vladyslav	38	Albany Armada Aq-38	41.24
8	Nourbakhsh, Mehdi	36	Richmond Plunge-38	47.08

## Men 35-39 50 Yard Butterfly

PAC: 21.66 P 5/13/2018 MATTHEW T MARSHAL

NATL: 21.24 N 3/25/2018 ROLAND SCHOEMAN

1	Valdivieso, Juan	38	The Olympic Club-38	24.31
2	De Voss, Christopher	38	California Gold-38	28.86
3	Kennedy, Matthew	37	California Capit-38	29.02
4	Wans, David	39	Santa Clara Swim-38	30.44
5	Kolb, Vladyslav	38	Albany Armada Aq-38	31.19
6	Guan, Frank	37	Davis Aquatic Ma-38	31.35
7	Metzger, Louis	37	Albany Armada Aq-38	32.37
8	Song, Jimmy	36	Marcia's Enthusi-38	32.65
9	Nourbakhsh, Mehdi	36	Richmond Plunge-38	38.09
---	Salcedo, Jonathan	37	University of Sa-38	DQ

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

Sanction #: 380-S006

## Results

## Men 35-39 100 Yard IM

PAC: 51.78 P 12/31/2009 LEE G WANIE  
 NATL: 49.01 N 4/29/2017 JEFF NATALIZIO

1	Valdivieso, Juan	38	The Olympic Club-38	56.72
2	Guan, Frank	37	Davis Aquatic Ma-38	1:08.91
3	Song, Jimmy	36	Marcia's Enthusi-38	1:11.56
4	Kennedy, Matthew	37	California Capit-38	1:12.15
5	Wans, David	39	Santa Clara Swim-38	1:12.85
6	Metzger, Louis	37	Albany Armada Aq-38	1:20.81
7	Kolb, Vladyslav	38	Albany Armada Aq-38	1:21.73
8	Nourbaksh, Mehdi	36	Richmond Plunge-38	1:28.43

## Men 40-44 50 Yard Freestyle

PAC: 21.30 P 5/13/2018 SCOTT C GREENWOOD  
 NATL: 20.67 N 12/20/2014 JOSH DAVIS

1	Holbrook, Chad	40	Walnut Creek Mas-38	24.75
2	Pipkin, Richard A	42	Berkeley (Ca) Aq-38	27.13
3	Salcefo, Jesus	40	Albany Armada Aq-38	28.20
4	Dimitrov, Lazar	44	Albany Armada Aq-38	36.94
5	Castillo-McIntyre, Nery	42	Albany Armada Aq-38	39.14

## Men 40-44 50 Yard Backstroke

PAC: 23.93 P 12/31/2009 RICK GOULD  
 NATL: 22.77 N 4/26/2009 MICHAEL ROSS

1	Holbrook, Chad	40	Walnut Creek Mas-38	30.92
2	Pipkin, Richard A	42	Berkeley (Ca) Aq-38	37.12
3	Dimitrov, Lazar	44	Albany Armada Aq-38	49.96
4	Castillo-McIntyre, Nery	42	Albany Armada Aq-38	51.62

## Men 40-44 50 Yard Breaststroke

PAC: 26.67 P 12/31/2010 ROQUE J SANTOS  
 NATL: 25.02 N 3/12/2016 JARROD MARRS

1	Menna, Greg	42	Davis Aquatic Ma-38	29.85
2	Holbrook, Chad	40	Walnut Creek Mas-38	32.93
3	Pipkin, Richard A	42	Berkeley (Ca) Aq-38	34.56
4	Salcefo, Jesus	40	Albany Armada Aq-38	37.63
5	Castillo-McIntyre, Nery	42	Albany Armada Aq-38	43.25
6	Dimitrov, Lazar	44	Albany Armada Aq-38	43.46

## Men 40-44 50 Yard Butterfly

PAC: 23.69 P 12/31/2010 MATT JONES  
 NATL: 22.60 N 4/14/2018 JAMES ZENYUH

1	Menna, Greg	42	Davis Aquatic Ma-38	24.49
2	Holbrook, Chad	40	Walnut Creek Mas-38	28.91

## Men 40-44 100 Yard IM

PAC: 52.58 P 12/31/2010 ROQUE J SANTOS  
 NATL: 51.07 N 4/25/2015 JEFF COMMINGS

1	Menna, Greg	42	Davis Aquatic Ma-38	58.52
2	Holbrook, Chad	40	Walnut Creek Mas-38	1:04.08
3	Pipkin, Richard A	42	Berkeley (Ca) Aq-38	1:11.09
4	Dimitrov, Lazar	44	Albany Armada Aq-38	1:37.28
5	Castillo-McIntyre, Nery	42	Albany Armada Aq-38	1:37.53

## Men 45-49 50 Yard Freestyle

PAC: 21.87 P 12/31/2009 DAVID E BOATWRIGHT  
 NATL: 21.06 N 5/21/2010 RICHARD HUGHEY

1	Hilton, Phil	48	El Cerrito Aquat-38	26.43
2	Wright, Eric	46	California Gold-38	27.06

3	Crowley, Terry	48	Wine Country Mas-38	27.44
4	Kneubuhler, Yann	47	Richmond Plunge-38	27.48
5	Lehnert, Ahren	46	Marcia's Enthusi-38	28.87

## Men 45-49 50 Yard Backstroke

PAC: 24.34 P 5/4/2014 RICK GOULD  
 NATL: 23.58 N 4/26/2015 MICHAEL ROSS

1	Hilton, Phil	48	El Cerrito Aquat-38	31.24
2	Kneubuhler, Yann	47	Richmond Plunge-38	34.05
3	Wright, Eric	46	California Gold-38	34.22
4	Crowley, Terry	48	Wine Country Mas-38	38.31
5	Lehnert, Ahren	46	Marcia's Enthusi-38	42.23

## Men 45-49 50 Yard Breaststroke

PAC: 27.65 P 12/31/2002 LEE A RIDER  
 NATL: 25.66 N 4/27/2019 JEFF COMMINGS

1	Crowley, Terry	48	Wine Country Mas-38	33.17
2	Wright, Eric	46	California Gold-38	33.34
3	Hilton, Phil	48	El Cerrito Aquat-38	33.98
4	Kneubuhler, Yann	47	Richmond Plunge-38	34.34
5	Lehnert, Ahren	46	Marcia's Enthusi-38	36.79

## Men 45-49 50 Yard Butterfly

PAC: 24.00 P 12/31/2012 MATT JONES  
 NATL: 22.67 N 5/4/2008 PAUL SMITH

1	Hilton, Phil	48	El Cerrito Aquat-38	29.15
2	Crowley, Terry	48	Wine Country Mas-38	30.35
3	Wright, Eric	46	California Gold-38	30.53
4	Kneubuhler, Yann	47	Richmond Plunge-38	32.57
5	Lehnert, Ahren	46	Marcia's Enthusi-38	34.55

## Men 45-49 100 Yard IM

PAC: 55.47 P 5/3/2014 MICHAEL W DE BOIS  
 NATL: 52.14 N 5/23/2010 RICHARD HUGHEY

1	Wright, Eric	46	California Gold-38	1:08.11
2	Hilton, Phil	48	El Cerrito Aquat-38	1:08.54
3	Kneubuhler, Yann	47	Richmond Plunge-38	1:09.15
4	Crowley, Terry	48	Wine Country Mas-38	1:11.79
5	Lehnert, Ahren	46	Marcia's Enthusi-38	1:20.78

## Men 50-54 50 Yard Freestyle

PAC: 22.45 P 12/31/2009 JOHN OBERTO  
 NATL: 21.36 N 4/29/2011 ROWDY GAINES

1	Wood, Brent	50	Synergy Health C-38	25.07
2	Tierney, DJ	54	Orinda Country C-38	25.70
3	Dunn, Robert	52	El Cerrito Aquat-38	26.02
4	Langner, Mikael	51	Cal Aquatic Mast-38	26.58
5	Beale, James	54	Park Terrace Mas-38	29.36
6	Reed, Doug	51	CoastSide Tiger-38	31.15
7	Trutane, Steve	54	YMCA Aquatic Mas-38	32.31
8	Turman, Benjamin J	50	Albany Armada Aq-38	34.58

## Men 50-54 50 Yard Backstroke

PAC: 24.75 P 4/13/2019 RICK GOULD  
 NATL: 24.57 N 5/4/2014 FRITZ BEDFORD

1	Dunn, Robert	52	El Cerrito Aquat-38	30.25
2	Wood, Brent	50	Synergy Health C-38	31.16
3	Langner, Mikael	51	Cal Aquatic Mast-38	35.08
4	Trutane, Steve	54	YMCA Aquatic Mas-38	43.04
5	Reed, Doug	51	CoastSide Tiger-38	43.49



## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

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## Results

**(Men 50-54 50 Yard Backstroke)**

6	Turman, Benjamin J	50	Albany Armada Aq-38	45.02
---	Tierney, DJ	54	Orinda Country C-38	DQ

**Men 50-54 50 Yard Breaststroke**

PAC: 27.82 P 12/31/2010 GARY L PATTERSON

NATL: 26.45 N 3/30/2014 DAVID GUTHRIE

1	Wood, Brent	50	Synergy Health C-38	30.95
2	Tierney, DJ	54	Orinda Country C-38	33.69
3	Dunn, Robert	52	El Cerrito Aquat-38	34.43
4	Langner, Mikael	51	Cal Aquatic Mast-38	37.68
5	Reed, Doug	51	CoastSide Tiger-38	44.05
6	Turman, Benjamin J	50	Albany Armada Aq-38	45.39
7	Trutane, Steve	54	YMCA Aquatic Mas-38	46.49

**Men 50-54 50 Yard Butterfly**

PAC: 23.52 P 12/31/2009 JOHN OBERTO

NATL: 23.19 N 4/25/2004 TRIP HEDRICK

1	Wood, Brent	50	Synergy Health C-38	27.75
2	Tierney, DJ	54	Orinda Country C-38	28.39
3	Dunn, Robert	52	El Cerrito Aquat-38	28.70
4	Langner, Mikael	51	Cal Aquatic Mast-38	30.81
5	Beale, James	54	Park Terrace Mas-38	32.58
6	Reed, Doug	51	CoastSide Tiger-38	37.11
7	Trutane, Steve	54	YMCA Aquatic Mas-38	39.64
8	Turman, Benjamin J	50	Albany Armada Aq-38	41.97

**Men 50-54 100 Yard IM**

PAC: 55.82 P 12/31/2009 JOHN OBERTO

NATL: 53.60 N 4/29/2017 MIKE IRVIN

1	Wood, Brent	50	Synergy Health C-38	1:04.35
2	Dunn, Robert	52	El Cerrito Aquat-38	1:04.89
3	Tierney, DJ	54	Orinda Country C-38	1:05.49
4	Beale, James	54	Park Terrace Mas-38	1:17.22
5	Reed, Doug	51	CoastSide Tiger-38	1:27.92
6	Trutane, Steve	54	YMCA Aquatic Mas-38	1:30.32
7	Turman, Benjamin J	50	Albany Armada Aq-38	1:33.29
---	Langner, Mikael	51	Cal Aquatic Mast-38	DQ

**Men 55-59 50 Yard Freestyle**

PAC: 22.79 P 5/4/2008 JIM GRIFFITH

NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS

1	Harvill, Tom	58	Wildcat Alumni M-38	23.88
2	Riblet, Jean-Philippe	56	Santa Rosa Maste-38	24.52
3	Keighley, Tim	58	Quicksilver-38	24.90
4	Nootbaar, Tom	56	Walnut Creek Mas-38	25.12
5	Keating, Kevin	56	Sebastopol Maste-38	25.95
6	Taylor, Ron	59	Richmond Plunge-38	26.51
7	Laudenslager, Greg	58	Rolling Hills Mu-38	27.67
8	Campbell, Chris	58	Mountain View Ma-38	30.17
9	Curran, Barry	58	Sierra Marlins M-38	30.53
10	Irie, Donald	55	YMCA Aquatic Mas-38	30.94
11	Rogers, Robert C	57	Santa Rosa Maste-38	34.44

**Men 55-59 50 Yard Backstroke**

PAC: 26.62 P 6/30/2011 PHILIPP DJANG

NATL: 25.30 N 3/23/2019 FRITZ BEDFORD

1	Riblet, Jean-Philippe	56	Santa Rosa Maste-38	28.65
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2	Harvill, Tom	58	Wildcat Alumni M-38	29.14
3	Keighley, Tim	58	Quicksilver-38	29.73
4	Taylor, Ron	59	Richmond Plunge-38	30.25
5	Nootbaar, Tom	56	Walnut Creek Mas-38	31.90
6	Keating, Kevin	56	Sebastopol Maste-38	32.47
7	Laudenslager, Greg	58	Rolling Hills Mu-38	33.49
8	Campbell, Chris	58	Mountain View Ma-38	38.03
9	Curran, Barry	58	Sierra Marlins M-38	38.31
---	Irie, Donald	55	YMCA Aquatic Mas-38	DQ

**Men 55-59 50 Yard Breaststroke**

PAC: 28.71 P 12/31/2003 DON MC KENZIE

NATL: 26.32 N 4/27/2019 CARLO TRAVAINI

1	Harvill, Tom	58	Wildcat Alumni M-38	31.65
2	Keighley, Tim	58	Quicksilver-38	32.31
3	Laudenslager, Greg	58	Rolling Hills Mu-38	33.01
4	Riblet, Jean-Philippe	56	Santa Rosa Maste-38	33.03
5	Nootbaar, Tom	56	Walnut Creek Mas-38	34.58
6	Taylor, Ron	59	Richmond Plunge-38	35.93
7	Keating, Kevin	56	Sebastopol Maste-38	37.25
8	Campbell, Chris	58	Mountain View Ma-38	42.94
---	Irie, Donald	55	YMCA Aquatic Mas-38	DQ
---	Curran, Barry	58	Sierra Marlins M-38	DQ

**Men 55-59 50 Yard Butterfly**

PAC: 24.39 P 5/1/2016 PAUL V CARTER

NATL: 24.00 N 5/1/2016 BRUCE KONE

1	Harvill, Tom	58	Wildcat Alumni M-38	25.44
*2	Keighley, Tim	58	Quicksilver-38	27.10
*2	Keating, Kevin	56	Sebastopol Maste-38	27.10
4	Riblet, Jean-Philippe	56	Santa Rosa Maste-38	27.14
5	Nootbaar, Tom	56	Walnut Creek Mas-38	27.35
6	Taylor, Ron	59	Richmond Plunge-38	27.86
7	Laudenslager, Greg	58	Rolling Hills Mu-38	30.92
8	Campbell, Chris	58	Mountain View Ma-38	34.58
9	Curran, Barry	58	Sierra Marlins M-38	34.93
10	Irie, Donald	55	YMCA Aquatic Mas-38	37.04
11	Rogers, Robert C	57	Santa Rosa Maste-38	48.93

**Men 55-59 100 Yard IM**

PAC: 58.23 P 4/29/2017 PAUL V CARTER

NATL: 55.09 N 4/26/2019 CARLO TRAVAINI

1	Harvill, Tom	58	Wildcat Alumni M-38	1:00.54
2	Keighley, Tim	58	Quicksilver-38	1:02.15
3	Riblet, Jean-Philippe	56	Santa Rosa Maste-38	1:02.30
4	Nootbaar, Tom	56	Walnut Creek Mas-38	1:04.65
5	Keating, Kevin	56	Sebastopol Maste-38	1:06.04
6	Taylor, Ron	59	Richmond Plunge-38	1:06.41
7	Laudenslager, Greg	58	Rolling Hills Mu-38	1:08.98
8	Campbell, Chris	58	Mountain View Ma-38	1:12.02
9	Curran, Barry	58	Sierra Marlins M-38	1:16.36
10	Rogers, Robert C	57	Santa Rosa Maste-38	1:46.60
---	Irie, Donald	55	YMCA Aquatic Mas-38	DQ

**Men 60-64 50 Yard Freestyle**

PAC: 23.66 P 4/27/2019 PAUL V CARTER

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

1	Cutting, Steve	62	Manatee Aquatic-38	26.05
2	Spellberg, Geoff	64	North Bay Aquati-38	26.47

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2020

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## Results

**(Men 60-64 50 Yard Freestyle)**

3	Cottingham, John C	60	Los Gatos Swim A-38	27.47
4	Horton, Tom	61	Temescal Aquatic-38	29.64
5	Citron, Jeffrey	64	Marcia's Enthusi-38	29.84
6	Silk, James	60	Tri Valley Maste-38	30.13
7	Chew, Thomas	62	Marcia's Enthusi-38	30.36
8	Anderson, Bob	64	Peninsula Commun-38	32.16
9	St Marseille, Marc	60	Walnut Creek Mas-38	32.32
*10	Pinto, Harlan	62	Menlo Masters-38	32.71
*10	Tsugawa, Peter	62	Marcia's Enthusi-38	32.71

**Men 60-64 50 Yard Backstroke**

**PAC:** 27.64 P 5/1/2011 **HUGH WILDER**  
**NATL:** 26.60 N 4/7/2018 **BRUCE KONE**

1	Cutting, Steve	62	Manatee Aquatic-38	30.99
2	Cottingham, John C	60	Los Gatos Swim A-38	34.95
3	Spellberg, Geoff	64	North Bay Aquati-38	35.02
4	Citron, Jeffrey	64	Marcia's Enthusi-38	37.76
5	Silk, James	60	Tri Valley Maste-38	37.95
6	Chew, Thomas	62	Marcia's Enthusi-38	40.21
7	St Marseille, Marc	60	Walnut Creek Mas-38	41.51
8	Anderson, Bob	64	Peninsula Commun-38	42.29
9	Tsugawa, Peter	62	Marcia's Enthusi-38	42.74
10	Pinto, Harlan	62	Menlo Masters-38	42.76

**Men 60-64 50 Yard Breaststroke**

**PAC:** 29.32 P 12/31/2006 **ROBERT STRAND**  
**NATL:** 28.30 N 2/11/2018 **BRUCE KONE**

1	Cutting, Steve	62	Manatee Aquatic-38	35.74
2	Spellberg, Geoff	64	North Bay Aquati-38	36.24
3	Pinto, Harlan	62	Menlo Masters-38	36.68
4	Cottingham, John C	60	Los Gatos Swim A-38	39.05
5	Anderson, Bob	64	Peninsula Commun-38	39.38
6	Citron, Jeffrey	64	Marcia's Enthusi-38	40.27
7	St Marseille, Marc	60	Walnut Creek Mas-38	40.97
8	Silk, James	60	Tri Valley Maste-38	41.55
9	Tsugawa, Peter	62	Marcia's Enthusi-38	41.84
10	Chew, Thomas	62	Marcia's Enthusi-38	42.92

**Men 60-64 50 Yard Butterfly**

**PAC:** 24.39 P 5/13/2018 **PAUL V CARTER**  
**NATL:** 24.36 N 2/10/2018 **BRUCE KONE**

1	Cutting, Steve	62	Manatee Aquatic-38	28.76
2	Spellberg, Geoff	64	North Bay Aquati-38	29.05
3	Cottingham, John C	60	Los Gatos Swim A-38	30.75
4	Silk, James	60	Tri Valley Maste-38	34.27
5	Tsugawa, Peter	62	Marcia's Enthusi-38	35.20
6	Pinto, Harlan	62	Menlo Masters-38	35.29
7	Citron, Jeffrey	64	Marcia's Enthusi-38	35.56
8	St Marseille, Marc	60	Walnut Creek Mas-38	35.83
9	Anderson, Bob	64	Peninsula Commun-38	37.50
10	Chew, Thomas	62	Marcia's Enthusi-38	45.20
---	Horton, Tom	61	Temescal Aquatic-38	DQ

**Men 60-64 100 Yard IM**

**PAC:** 58.73 P 5/12/2018 **PAUL V CARTER**  
**NATL:** 57.23 N 5/11/2013 **RICK COLELLA**

1	Cutting, Steve	62	Manatee Aquatic-38	1:06.22
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2	Spellberg, Geoff	64	North Bay Aquati-38	1:10.23
3	Cottingham, John C	60	Los Gatos Swim A-38	1:13.40
4	Silk, James	60	Tri Valley Maste-38	1:17.64
5	Citron, Jeffrey	64	Marcia's Enthusi-38	1:19.95
6	Pinto, Harlan	62	Menlo Masters-38	1:21.79
7	Anderson, Bob	64	Peninsula Commun-38	1:24.91
8	Tsugawa, Peter	62	Marcia's Enthusi-38	1:25.03
9	St Marseille, Marc	60	Walnut Creek Mas-38	1:25.60
10	Chew, Thomas	62	Marcia's Enthusi-38	1:29.57

**Men 65-69 50 Yard Freestyle**

**PAC:** 24.01 P 12/31/2009 **JAMES E ELDER**  
**NATL:** 22.10 N 5/23/2010 **RICHARD ABRAHAMS**

1	Ottersen, Craig	67	Park Terrace Mas-38	26.88
2	Haufler, Steven	67	Orinda Country C-38	26.91
3	Foote, John	69	Tamalpais Aquati-38	27.20
4	Pence, Brad	68	CoastSide Tiger-38	29.16
5	Sutter, Steve	68	UC38-38	31.11
6	Small, Stephen	67	Marcia's Enthusi-38	31.57
7	Dalton, Michael	65	Temescal Aquatic-38	31.60
8	Hoag, Scott	65	CoastSide Tiger-38	31.81

**Men 65-69 50 Yard Backstroke**

**PAC:** 27.84 P 12/31/2009 **RICHARD BURNS**  
**NATL:** 27.74 N 5/23/2010 **RICHARD ABRAHAMS**

1	Haufler, Steven	67	Orinda Country C-38	33.06
2	Foote, John	69	Tamalpais Aquati-38	34.59
3	Pence, Brad	68	CoastSide Tiger-38	37.82
4	Small, Stephen	67	Marcia's Enthusi-38	38.04
5	Sutter, Steve	68	UC38-38	39.11
6	Dalton, Michael	65	Temescal Aquatic-38	39.54

**Men 65-69 50 Yard Breaststroke**

**PAC:** 31.32 P 12/31/2009 **DAVID R GILDEA**  
**NATL:** 28.88 N 5/11/2018 **RICK COLELLA**

1	Ottersen, Craig	67	Park Terrace Mas-38	32.71
2	Haufler, Steven	67	Orinda Country C-38	33.25
3	Foote, John	69	Tamalpais Aquati-38	38.10
4	Small, Stephen	67	Marcia's Enthusi-38	39.96
5	Dalton, Michael	65	Temescal Aquatic-38	41.66
6	Sutter, Steve	68	UC38-38	43.85
7	Pence, Brad	68	CoastSide Tiger-38	43.88

**Men 65-69 50 Yard Butterfly**

**PAC:** 26.65 P 12/31/2009 **JAMES E ELDER**  
**NATL:** 24.94 N 5/22/2010 **RICHARD ABRAHAMS**

1	Haufler, Steven	67	Orinda Country C-38	28.90
2	Foote, John	69	Tamalpais Aquati-38	30.03
3	Pence, Brad	68	CoastSide Tiger-38	30.28
4	Small, Stephen	67	Marcia's Enthusi-38	34.43
5	Sutter, Steve	68	UC38-38	39.98
6	Dalton, Michael	65	Temescal Aquatic-38	40.77
7	Hoag, Scott	65	CoastSide Tiger-38	44.18

**Men 65-69 100 Yard IM**

**PAC:** 1:02.26 P 12/31/2009 **RICHARD BURNS**  
**NATL:** 57.37 N 4/26/2019 **RICK COLELLA**

1	Haufler, Steven	67	Orinda Country C-38	1:07.20
2	Ottersen, Craig	67	Park Terrace Mas-38	1:09.12

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**(Men 65-69 100 Yard IM)**

3	Foote, John	69	Tamalpais Aquati-38	1:11.68
4	Small, Stephen	67	Marcia's Enthusi-38	1:19.51
5	Pence, Brad	68	CoastSide Tiger-38	1:20.68
6	Dalton, Michael	65	Temescal Aquatic-38	1:22.34
7	Sutter, Steve	68	UC38-38	1:27.06
8	Hoag, Scott	65	CoastSide Tiger-38	1:32.78

**Men 70-74 50 Yard Freestyle**

PAC: 24.81 P 5/2/2014 JAMES E ELDER

NATL: 24.13 N 5/4/2008 JEFF FARRELL

1	Bernard, Alan D	70	Tamalpais Aquati-38	27.73
2	Dennis, D Craig	73	Walnut Creek Mas-38	28.72
3	Buda, Ronald	70	Rocklin Aquatics-38	29.70
4	Wingerath, Michael	74	Cal Maritime Aca-38	51.00

**Men 70-74 50 Yard Backstroke**

PAC: 29.72 P 4/26/2015 RICHARD BURNS

NATL: 29.72 N 4/26/2015 RICHARD BURNS

1	Bernard, Alan D	70	Tamalpais Aquati-38	33.34
2	Dennis, D Craig	73	Walnut Creek Mas-38	34.73
3	Buda, Ronald	70	Rocklin Aquatics-38	39.41
4	Wingerath, Michael	74	Cal Maritime Aca-38	1:10.34

**Men 70-74 50 Yard Breaststroke**

PAC: 32.86 P 9/29/2013 DAVID R GILDEA

NATL: 31.70 N 4/30/2016 ROBERT STRAND

1	Bernard, Alan D	70	Tamalpais Aquati-38	37.93
2	Buda, Ronald	70	Rocklin Aquatics-38	39.86
3	Dennis, D Craig	73	Walnut Creek Mas-38	39.98
4	Wingerath, Michael	74	Cal Maritime Aca-38	1:04.16

**Men 70-74 50 Yard Butterfly**

PAC: 27.69 P 5/13/2018 ANDREW M MCPHERSO

NATL: 26.92 N 4/26/2015 RICHARD ABRAHAMAS

1	Bernard, Alan D	70	Tamalpais Aquati-38	31.26
2	Buda, Ronald	70	Rocklin Aquatics-38	35.46
3	Dennis, D Craig	73	Walnut Creek Mas-38	36.54
---	Wingerath, Michael	74	Cal Maritime Aca-38	DQ

**Men 70-74 100 Yard IM**

PAC: 1:04.77 P 4/30/2017 ANDREW M MCPHERSON

NATL: 1:04.77 N 4/29/2017 ANDREW MCPHERSON

1	Bernard, Alan D	70	Tamalpais Aquati-38	1:12.41
2	Dennis, D Craig	73	Walnut Creek Mas-38	1:17.00
3	Buda, Ronald	70	Rocklin Aquatics-38	1:21.43
4	Wingerath, Michael	74	Cal Maritime Aca-38	2:20.69

**Men 75-79 50 Yard Freestyle**

PAC: 26.36 P 5/13/2018 JAMES E ELDER

NATL: 25.58 N 3/4/2012 JEFF FARRELL

1	Burns, Riachard	76	Tamalpais Aquati-38	27.77
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**Men 75-79 50 Yard Backstroke**

PAC: 30.90 P 4/26/2019 RICHARD BURNS

NATL: 30.90 N 4/26/2019 RICHARD BURNS

1	Burns, Riachard	76	Tamalpais Aquati-38	32.38
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**Men 75-79 50 Yard Breaststroke**

PAC: 35.93 P 3/24/2019 DAVID R GILDEA

NATL: 34.58 N 3/5/2017 MIKE FRESHLEY

1	Burns, Riachard	76	Tamalpais Aquati-38	39.42
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**Men 75-79 50 Yard Butterfly**

PAC: 28.95 P 4/28/2019 RICHARD BURNS

NATL: 28.95 N 4/28/2019 RICHARD BURNS

1	Burns, Riachard	76	Tamalpais Aquati-38	30.57
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**Men 75-79 100 Yard IM**

PAC: 1:10.17 P 4/14/2019 RICHARD BURNS

NATL: 1:08.68 N 9/18/2016 MIKE FRESHLEY

1	Burns, Riachard	76	Tamalpais Aquati-38	1:11.39
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**Men 80-84 50 Yard Freestyle**

PAC: 31.28 P 2/17/2019 WILLIAM G VAN HOR

NATL: 28.68 N 4/30/2017 FARRELL\FARRELL

1	Young, Ronald P	82	Tamalpais Aquati-38	46.80
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**Mixed 18+ 200 Yard Freestyle Relay**

PAC: 1:24.76 P 5/3/2014 TOC

**N Adrian, K Raatz, K Kastes, A Ervin**

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

**N ADRIAN, K RAATZ, K KASTES, A ERVIN**

1	California Gold-38	A	1:53.23
	1) Weltzin, Brooke W32	2) Wright, Eric M46	
	3) De Voss, Christopher M38	4) Ferguson, Emily W24	
2	CoastSide Tiger-38	A	1:57.37
	1) Hoag, Scott M65	2) Wachtler, Catherine W55	
	3) Martin, Julia W18	4) Witt, Tucker M30	
3	Sebastopol Maste-38	A	2:01.87
	1) Keating, Kevin M56	2) Langner, Mikael M51	
	3) Goodbrake, Carol W54	4) Johnson, Angela W25	
4	Richmond Plunge-38	A	2:04.49
	1) Kossa, Christina W53	2) Mah, Kimberly W30	
	3) Bizarro, Adrian M M19	4) Frink, Stephen M34	
5	CoastSide Tiger-38	B	2:13.49
	1) Hannon, Kate W31	2) Amundsen, Natalie W54	
	3) Reed, Doug M51	4) Amundsen, Alexander M18	

**Mixed 25+ 200 Yard Freestyle Relay**

PAC: 1:27.70 P 4/27/2017 TOC

**M Ballenger, K Raatz, M Marshall, S Greenwood**

NATL: 1:27.70 N 4/28/2017 THE OLYMPIC CLU

**M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD**

1	Albany Armada Aq-38	C	2:02.57
	1) Cobleigh, Hunter M26	2) Holland, Jenny W69	
	3) Lo, Jennifer W32	4) Rossbach, Alexander M29	
2	Albany Armada Aq-38	B	2:08.38
	1) Nonaka, Sara W34	2) Nelson, Drew C M33	
	3) Kolb, Vladyslav M38	4) Hibler, Hailey W41	
3	Albany Armada Aq-38	A	2:21.36
	1) Salcefo, Jesus M40	2) Long, Rebecca W47	
	3) Metzger, Louis M37	4) Fogelson, Julia W30	
---	Manatee Aquatic-38	A	DQ
	1) Finney, Peter M53	2) Chachkin, Myra W51	
	3) Cutting, Steve M62	4) Law, David M34	

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2020**

Sanction #: 380-S006

**Results****Mixed 25+ 200 Yard Medley Relay**

PAC: 1:35.76 P 4/30/2016 TOC

O'Donnell-McCarthy, C Burckle, J Dunford, M B

NATL: 1:35.20 N 4/26/2015 ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

1	Albany Armada Aq-38	A	2:14.72
	1) Cobleigh, Hunter M26	2) Holland, Jenny W69	
	3) Lo, Jennifer W32	4) Rossbach, Alexander M29	
2	Albany Armada Aq-38	C	2:30.91
	1) Nonaka, Sara W34	2) Nelson, Drew C M33	
	3) Kolb, Vladyslav M38	4) Hibler, Hailey W41	
3	Albany Armada Aq-38	B	2:38.56
	1) Salcefo, Jesus M40	2) Long, Rebecca W47	
	3) Metzger, Louis M37	4) Fogelson, Julia W30	
---	Manatee Aquatic-38	A	DQ
	1) Cutting, Steve M62	2) Law, David M34	
	3) Finney, Peter M53	4) Chachkin, Myra W51	

**Mixed 35+ 200 Yard Freestyle Relay**

PAC: 1:32.51 P 5/11/2018 TOC

M T Marshall, N Watanabe, R V Shipp, S C Greenwood

NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

1	YMCA Aquatic Mas-38	A	2:14.93
	1) Trutane, Steve M54	2) Morita, Yoko W52	
	3) Botts, Felice W44	4) Irie, Donald M55	

**Mixed 45+ 200 Yard Medley Relay**

PAC: 1:50.35 P 12/31/2009 WCM

H Chao, L Ward, T Nootbaar, P Roemer

NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS

J SMITH, G MILLS, S ROLLINS, M BAILEY

1	Richmond Plunge-38	A	2:34.32
	1) Taylor, Ron M59	2) Williams, Cynthia W57	
	3) Doyle, Jennifer W49	4) Kneubuhler, Yann M47	
2	CoastSide Tiger-38	A	2:46.12
	1) Hoag, Scott M65	2) Amundsen, Natalie W54	
	3) Pence, Brad M68	4) Miller, Pamela W47	