

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022

Results

Women 18-24 50 Yard Freestyle

NATL: 22.21 ! 1/31/2015 VANDERPOOL-WALLAC

PAC: 23.44 # 12/31/2010 Fiona O'Donnell-M

Name	Age	Team	Seed Time	Finals Time	Points
1 Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	26.00	25.94	21

Women 18-24 100 Yard Freestyle

NATL: 48.18 ! 12/6/2014 KATIE MEILI

PAC: 48.29 # 12/31/2010 Dana Vollmer

1 Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	56.51	55.67	21
	26.79	55.67 (28.88)			

Women 18-24 100 Yard Freestyle

NATL: 48.18 ! 12/6/2014 KATIE MEILI

PAC: 48.29 # 12/31/2010 Dana Vollmer

1 Crow, Vivian	24	Davis Aquatic Masters-38	NT	1:00.60	
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Women 18-24 500 Yard Freestyle

NATL: 4:49.97 ! 10/25/2003 JESSICA FOSCHI

PAC: 4:52.59 # 5/3/2014 Katie C Kastes

1 Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	5:30.31	5:24.22	21
	28.03	59.00 (30.97)	1:30.94 (31.94)	2:03.77 (32.83)	
	2:36.71 (32.94)	3:10.07 (33.36)	3:43.58 (33.51)	4:17.48 (33.90)	
	4:51.55 (34.07)	5:24.22 (32.67)			
2 Larsen, Amy	22	Walnut Creek Masters-38	5:50.99	5:58.51	19
	32.59	1:07.83 (35.24)	1:43.89 (36.06)	2:20.07 (36.18)	
	2:56.61 (36.54)	3:33.34 (36.73)	4:10.32 (36.98)	4:47.38 (37.06)	
	5:23.64 (36.26)	5:58.51 (34.87)			

Women 18-24 1000 Yard Freestyle

NATL: 10:12.42 ! 3/31/2012 LUANE ROWE

PAC: 10:12.42 # 4/1/2012 Luane Rowe

1 Crow, Vivian	24	Davis Aquatic Masters-38	13:30.77	11:59.82	21
	31.99	1:07.22 (35.23)	1:43.06 (35.84)	2:19.39 (36.33)	
	2:56.02 (36.63)	3:32.52 (36.50)	4:08.95 (36.43)	4:45.51 (36.56)	
	5:21.94 (36.43)	5:58.44 (36.50)	6:35.05 (36.61)	7:11.66 (36.61)	
	7:48.02 (36.36)	8:24.35 (36.33)	9:00.96 (36.61)	9:37.34 (36.38)	
	10:13.25 (35.91)	10:49.78 (36.53)	11:25.76 (35.98)	11:59.82 (34.06)	

Women 18-24 50 Yard Backstroke

NATL: 25.47 ! 3/23/2019 C BARTHOLOMEW

PAC: 25.95 # 3/31/2019 Lindsey E Engel

1 Crow, Vivian	24	Davis Aquatic Masters-38	NT	31.08	
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Women 18-24 50 Yard Backstroke

NATL: 25.47 ! 3/23/2019 C BARTHOLOMEW

PAC: 25.95 # 3/31/2019 Lindsey E Engel

1 Crow, Vivian	24	Davis Aquatic Masters-38	32.14	31.01	21
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Women 18-24 100 Yard Backstroke

NATL: 53.83 ! 3/24/2019 C BARTHOLOMEW

PAC: 55.98 # 12/31/2000 Sarabeth Schweitz

1 Crow, Vivian	24	Davis Aquatic Masters-38	1:13.37	1:06.11	21
	32.05	1:06.11 (34.06)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 18-24 200 Yard Backstroke**

NATL: 1:59.22 ! 4/30/2000 SARA SCHWEITZER

PAC: 1:59.22 # 12/31/2000 Sarabeth Schweitz

1	Crow, Vivian	24	Davis Aquatic Masters-38	2:40.75	2:20.14	21
	33.57	1:08.60 (35.03)	1:44.92 (36.32)	2:20.14 (35.22)		

Women 18-24 50 Yard Butterfly

NATL: 24.54 ! 11/8/2009 DANA VOLLMER

PAC: 24.54 # 12/31/2010 Dana Vollmer

1	Loya, Antoinette	23	Club Hot Tub-38	30.00	27.33	21
2	Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	28.99	27.96	19

Women 18-24 100 Yard Butterfly

NATL: 52.30 ! 11/8/2009 DANA VOLLMER

PAC: 52.30 # 12/31/2010 Dana Vollmer

1	Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	1:00.50	1:03.31	21
	28.29	1:03.31 (35.02)				

Women 18-24 100 Yard IM

NATL: 53.02 ! 12/21/2014 KATIE MEILI

PAC: 57.04 # 5/3/2014 Penelope R Yamauc

1	Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	1:04.99	1:05.16	21
	29.53	1:05.16 (35.63)				
2	Larsen, Amy	22	Walnut Creek Masters-38	1:10.99	1:07.45	19
	31.52	1:07.45 (35.93)				
3	Crow, Vivian	24	Davis Aquatic Masters-38	1:09.36	1:07.96	18
	31.48	1:07.96 (36.48)				

Women 18-24 200 Yard IM

NATL: 1:54.20 ! 12/4/2014 KATIE MEILI

PAC: 2:02.48 # 12/31/2010 Dana Vollmer

1	Gocke, Alayna C	23	Jellies Aquatic Masters of Mon-38	2:22.77	2:20.27	21
	29.01	1:04.99 (35.98)	1:48.74 (43.75)	2:20.27 (31.53)		
2	Crow, Vivian	24	Davis Aquatic Masters-38	2:27.68	2:23.55	19
	30.71	1:07.90 (37.19)	1:49.64 (41.74)	2:23.55 (33.91)		

Women 25-29 50 Yard Freestyle

NATL: 22.00 ! 4/27/2019 KATARZYNA WILK

PAC: 23.20 # 12/31/1992 Anna Pettis-Scott

1	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	25.99	25.06	21
2	Sturzenegger, Selby	25	The Olympic Club-38	28.50	25.11	19
3	Schuler, Mackenzie	25	Walnut Creek Masters-38	27.84	26.56	18
4	Brownlie, Kerianne	28	Walnut Creek Masters-38	30.00	26.92	17
5	Zoromski, Rachel	27	Menlo Masters-38	28.00	27.38	16
6	Chukhlebov, Jessica	26	Almaden Masters-38	33.74	35.31	15
7	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	40.00	36.93	14

Women 25-29 100 Yard Freestyle

NATL: 48.58 ! 5/12/2018 KATARZYNA WILK

PAC: 50.70 # 5/12/2018 Felicia Lee

1	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	55.23	54.45	21
	26.33	54.45 (28.12)				
2	Sturzenegger, Selby	25	The Olympic Club-38	58.50	55.23	19
	26.84	55.23 (28.39)				
3	Schuler, Mackenzie	25	Walnut Creek Masters-38	1:02.39	59.27	18
	27.54	59.27 (31.73)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 25-29 100 Yard Freestyle)**

4	Brownlie, Kerianne	28	Walnut Creek Masters-38	1:07.00	1:01.17	17
	28.90				1:01.17 (32.27)	
5	Zoromski, Rachel	27	Menlo Masters-38	1:05.00	1:03.01	16
	29.86				1:03.01 (33.15)	
6	Sborov, Alex	27	Club Hot Tub-38	1:07.00	1:04.61	15
	31.09				1:04.61 (33.52)	
7	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	1:05.78	1:05.15	14
	30.66				1:05.15 (34.49)	
8	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	1:35.00	1:22.85	13
	41.44				1:22.85 (41.41)	

Women 25-29 200 Yard FreestyleNATL: **1:48.80** ! 5/20/2001 **LIMIN LIU**PAC: **1:48.80** # 12/31/2001 **Limin Liu**

1	Brownlie, Kerianne	28	Walnut Creek Masters-38	2:30.00	2:16.77	21
	31.00				1:05.12 (34.12)	
					1:40.92 (35.80)	
					2:16.77 (35.85)	
2	Bergman, Abigail	25	Menlo Masters-38	2:21.27	2:23.64	19
	31.72				1:08.22 (36.50)	
					1:46.65 (38.43)	
					2:23.64 (36.99)	
3	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	3:20.00	3:02.86	18
	44.14				1:30.63 (46.49)	
					2:18.78 (48.15)	
					3:02.86 (44.08)	

Women 25-29 500 Yard FreestyleNATL: **4:49.88** ! 1/3/1996 **SHEILA TAORMINA**PAC: **4:54.67** # 4/7/2018 **Catherine Breed**

1	Breed, Catherine	29	The Olympic Club-38	4:55.00	5:05.04	21
	26.73				56.58 (29.85)	
					1:27.00 (30.42)	
					1:57.95 (30.95)	
					2:29.39 (31.44)	
					3:00.31 (30.92)	
					3:31.34 (31.03)	
					4:02.75 (31.41)	
					4:34.93 (32.18)	
					5:05.04 (30.11)	
2	Rogers, Cheyenne C	28	San Mateo Masters-38	7:26.00	6:50.25	19
	36.44				1:15.86 (39.42)	
					1:57.68 (41.82)	
					2:39.92 (42.24)	
					3:22.45 (42.53)	
					4:04.68 (42.23)	
					4:47.54 (42.86)	
					5:29.77 (42.23)	
					6:11.15 (41.38)	
					6:50.25 (39.10)	
3	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	10:00.00	8:05.68	18
	45.25				1:34.09 (48.84)	
					2:25.03 (50.94)	
					3:15.11 (50.08)	
					4:05.10 (49.99)	
					4:54.18 (49.08)	
					5:42.69 (48.51)	
					6:31.30 (48.61)	
					7:19.64 (48.34)	
					8:05.68 (46.04)	

Women 25-29 1000 Yard FreestyleNATL: **10:10.67** ! 2/3/2017 **HANNAH SAIZ**PAC: **10:12.34** # 12/31/1994 **Lisa A Hazen**

1	Brownlie, Kerianne	28	Walnut Creek Masters-38	14:00.00	13:06.32	21
	34.57				1:12.94 (38.37)	
					1:52.29 (39.35)	
					2:31.69 (39.40)	
					3:11.55 (39.86)	
					3:51.02 (39.47)	
					4:30.11 (39.09)	
					5:09.60 (39.49)	
					5:49.10 (39.50)	
					6:28.76 (39.66)	
					7:08.76 (40.00)	
					7:48.24 (39.48)	
					8:28.40 (40.16)	
					9:08.16 (39.76)	
					9:48.92 (40.76)	
					10:29.49 (40.57)	
					11:09.59 (40.10)	
					11:49.39 (39.80)	
					12:28.63 (39.24)	
					13:06.32 (37.69)	
2	Rogers, Cheyenne C	28	San Mateo Masters-38	15:00.00	13:44.74	19
	34.38				1:12.85 (38.47)	
					1:52.90 (40.05)	
					2:33.61 (40.71)	
					3:14.76 (41.15)	
					3:56.20 (41.44)	
					4:38.26 (42.06)	
					5:20.47 (42.21)	
					6:03.19 (42.72)	
					6:45.71 (42.52)	
					7:28.29 (42.58)	
					8:10.86 (42.57)	
					8:53.47 (42.61)	
					9:35.88 (42.41)	
					10:18.30 (42.42)	
					11:00.44 (42.14)	
					11:42.70 (42.26)	
					12:25.16 (42.46)	
					13:06.89 (41.73)	
					13:44.74 (37.85)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 25-29 1650 Yard Freestyle**

NATL: 16:50.17 ! 5/19/1991 KAREN BURTON

PAC: 16:56.13 # 4/6/2018 Catherine Breed

1	Bergman, Abigail	25	Menlo Masters-38	20:30.00	20:38.94	21
	33.99	1:11.22 (37.23)	1:49.20 (37.98)	2:27.19 (37.99)		
	3:05.29 (38.10)	3:43.05 (37.76)	4:20.85 (37.80)	4:58.62 (37.77)		
	5:36.63 (38.01)	6:14.04 (37.41)	6:51.55 (37.51)	7:28.88 (37.33)		
	8:06.65 (37.77)	8:44.23 (37.58)	9:21.90 (37.67)	9:59.27 (37.37)		
	10:36.95 (37.68)	11:14.50 (37.55)	11:52.36 (37.86)	12:30.19 (37.83)		
	13:07.85 (37.66)	13:45.25 (37.40)	14:23.24 (37.99)	15:01.13 (37.89)		
	15:39.01 (37.88)	16:17.07 (38.06)	16:55.21 (38.14)	17:32.83 (37.62)		
	18:10.43 (37.60)	18:48.17 (37.74)	19:25.31 (37.14)	20:02.79 (37.48)	20:38.94 (36.15)	
2	Brownlie, Kerianne	28	Walnut Creek Masters-38	23:00.00	22:13.74	19
	35.93	1:15.05 (39.12)	1:55.73 (40.68)	2:36.54 (40.81)		
	3:17.44 (40.90)	3:58.23 (40.79)	4:38.97 (40.74)	5:19.14 (40.17)		
	5:59.27 (40.13)	6:39.25 (39.98)	7:19.26 (40.01)	7:59.39 (40.13)		
	8:39.78 (40.39)	9:19.92 (40.14)	10:00.30 (40.38)	10:40.91 (40.61)		
	11:21.59 (40.68)	12:02.32 (40.73)	12:43.82 (41.50)	13:24.55 (40.73)		
	14:05.38 (40.83)	14:46.54 (41.16)	15:27.25 (40.71)	16:07.94 (40.69)		
	16:48.94 (41.00)	17:29.96 (41.02)	18:10.95 (40.99)	18:51.66 (40.71)		
	19:33.13 (41.47)	20:14.14 (41.01)	20:54.70 (40.56)	21:35.18 (40.48)	22:13.74 (38.56)	
3	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	29:00.00	28:51.67	18
	52.30	1:46.59 (54.29)	2:41.17 (54.58)	3:35.34 (54.17)		
	4:29.79 (54.45)	4:53.94 (24.15)				
			9:53.99 ()	10:40.16 (46.17)		
	11:32.28 (52.12)	12:23.14 (50.86)	13:15.05 (51.91)	14:07.15 (52.10)		
	14:59.49 (52.34)	15:51.50 (52.01)	16:44.29 (52.79)	17:37.54 (53.25)		
	18:29.86 (52.32)	19:21.79 (51.93)	20:13.98 (52.19)	21:05.87 (51.89)		
	21:58.12 (52.25)	22:51.04 (52.92)	23:43.22 (52.18)	24:34.53 (51.31)		
	25:26.76 (52.23)	26:19.07 (52.31)	27:11.03 (51.96)	28:03.03 (52.00)	28:51.67 (48.64)	

Women 25-29 50 Yard Backstroke

NATL: 25.26 ! 5/22/2010 TANICA JAMISON

PAC: 25.32 # 5/13/2018 Felicia Lee

1	Sturzenegger, Selby	25	The Olympic Club-38	29.90	27.38	21
2	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	28.01	27.65	19
3	Pedote, Elyssa	29	The Olympic Club-38	28.75	29.90	18
4	Heah, Rachel	25	University of San Francisco Ma-38	30.43	31.44	17
5	Greer, Fiona	29	East Bay Bat Rays Masters-38	35.10	33.48	16
6	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	36.12	35.63	15
7	Kolesar, Allisyn	27	Quicksilver Masters-38	45.00	35.97	14
8	Lutsky, Abby	29	University of San Francisco Ma-38	45.00	38.72	13
9	Chukhlebov, Jessica	26	Almaden Masters-38	39.71	40.94	12

Women 25-29 100 Yard Backstroke

NATL: 54.06 ! 5/23/2010 TANICA JAMISON

PAC: 55.68 # 5/11/2018 Felicia Lee

1	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	59.17	58.64	21
	28.48	58.64 (30.16)				
2	Sturzenegger, Selby	25	The Olympic Club-38	59.99	1:00.51	19
	28.67	1:00.51 (31.84)				
3	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	1:17.79	1:15.01	18
	36.27	1:15.01 (38.74)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 25-29 200 Yard Backstroke**

NATL: 1:56.87 ! 2/28/2015 F PELEGRINI

PAC: 2:04.52 # 4/25/2015 Fiona O'Donnell-M

1	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	2:14.03	2:07.63	21
	29.56	1:01.45 (31.89)	1:34.19 (32.74)	2:07.63 (33.44)		
2	Breed, Catherine	29	The Olympic Club-38	2:08.00	2:12.38	19
	31.13	1:04.09 (32.96)	1:38.28 (34.19)	2:12.38 (34.10)		
3	Pedote, Elyssa	29	The Olympic Club-38	2:11.60	2:19.74	18
	32.38	1:07.39 (35.01)	1:43.30 (35.91)	2:19.74 (36.44)		
4	Heah, Rachel	25	University of San Francisco Ma-38	2:25.00	2:25.17	17
	33.69	1:10.78 (37.09)	1:48.20 (37.42)	2:25.17 (36.97)		
5	Greer, Fiona	29	East Bay Bat Rays Masters-38	2:50.00	2:34.13	16
	36.46	1:16.20 (39.74)	1:55.68 (39.48)	2:34.13 (38.45)		

Women 25-29 50 Yard Breaststroke

NATL: 27.10 ! 4/30/2016 KATIE MEILI

PAC: 27.12 # 4/30/2017 Danielle M Herrma

1	Schuler, Mackenzie	25	Walnut Creek Masters-38	36.36	35.40	21
2	Roriz, Julia	28	Marcia's Enthusiastic Masters-38	39.24	37.10	19
3	Chukhlebov, Jessica	26	Almaden Masters-38	49.00	48.16	18

Women 25-29 100 Yard Breaststroke

NATL: 59.58 ! 2/6/2010 MEGAN JENDRICK

PAC: 59.80 # 4/28/2017 Danielle M Herrma

1	Schuler, Mackenzie	25	Walnut Creek Masters-38	1:19.60	1:16.71	21
	35.65	1:16.71 (41.06)				
2	Roriz, Julia	28	Marcia's Enthusiastic Masters-38	1:23.96	1:21.67	19
	39.24	1:21.67 (42.43)				
3	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	1:27.23	1:30.27	18
	42.04	1:30.27 (48.23)				

Women 25-29 200 Yard Breaststroke

NATL: 2:09.05 ! 2/6/2010 MEGAN JENDRICK

PAC: 2:19.51 # 4/26/2015 Katy Houston

1	Heah, Rachel	25	University of San Francisco Ma-38	2:55.00	2:53.64	21
	38.27	1:21.85 (43.58)	2:07.43 (45.58)	2:53.64 (46.21)		

Women 25-29 50 Yard Butterfly

NATL: 24.19 ! 4/28/2017 DANIELLE HERRMANN

PAC: 24.19 # 4/28/2017 Danielle M Herrma

1	Sturzenegger, Selby	25	The Olympic Club-38	29.50	27.06	21
2	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	29.19	27.99	19
3	Pedote, Elyssa	29	The Olympic Club-38	27.90	28.81	18
4	Greer, Fiona	29	East Bay Bat Rays Masters-38	32.90	30.60	17
5	Sborov, Alex	27	Club Hot Tub-38	32.50	31.08	16
6	Roriz, Julia	28	Marcia's Enthusiastic Masters-38	35.78	33.19	15
7	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	33.88	34.46	14
8	Kolesar, Allisyn	27	Quicksilver Masters-38	47.00	35.94	13
9	Polanco-Jimenez, Karina	27	Marcia's Enthusiastic Masters-38	2:05.00	46.81	12

Women 25-29 100 Yard Butterfly

NATL: 53.20 ! 4/24/2015 AMANDA SIMS

PAC: 53.20 # 4/24/2015 Amanda M Sims

1	Breed, Catherine	29	The Olympic Club-38	58.00	57.02	21
	26.79	57.02 (30.23)				

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2	Sturzenegger, Selby	25	The Olympic Club-38	59.99	1:00.12	19
	28.00				1:00.12 (32.12)	
3	Pedote, Elyssa	29	The Olympic Club-38	59.87	1:01.31	18
	28.71				1:01.31 (32.60)	
4	Breuer, Lauren	29	Jellies Aquatic Masters of Mon-38	1:03.77	1:02.84	17
	28.61				1:02.84 (34.23)	

Women 25-29 100 Yard IM

NATL: 54.40 ! 4/29/2017 **DANIELLE HERRMANN**

PAC: 54.40 # 4/29/2017 **Danielle M Herrma**

1	Sturzenegger, Selby	25	The Olympic Club-38	59.99	1:01.57	21
	27.81				1:01.57 (33.76)	
2	Greer, Fiona	29	East Bay Bat Rays Masters-38	1:17.50	1:10.31	19
	31.75				1:10.31 (38.56)	
3	Sborov, Alex	27	Club Hot Tub-38	1:18.00	1:12.22	18
	33.57				1:12.22 (38.65)	
4	Roriz, Julia	28	Marcia's Enthusiastic Masters-38	1:21.65	1:16.56	17
	36.33				1:16.56 (40.23)	
5	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	1:16.71	1:17.25	16
	34.62				1:17.25 (42.63)	
6	Lutsky, Abby	29	University of San Francisco Ma-38	1:25.00	1:20.72	15
	37.85				1:20.72 (42.87)	
7	Rogers, Cheyenne C	28	San Mateo Masters-38	1:30.00	1:20.91	14
	36.49				1:20.91 (44.42)	
8	Kolesar, Allisyn	27	Quicksilver Masters-38	1:45.00	1:21.86	13
	37.00				1:21.86 (44.86)	

Women 25-29 200 Yard IM

NATL: 1:57.56 ! 12/5/2013 **JUSTINE MUELLER**

PAC: 2:00.62 # 4/28/2017 **Danielle M Herrma**

1	Heah, Rachel	25	University of San Francisco Ma-38	2:30.00	2:29.97	21
	31.39			1:53.89 (45.51)	2:29.97 (36.08)	
2	Sborov, Alex	27	Club Hot Tub-38	2:50.00	2:41.97	19
	33.43			2:05.08 (48.82)	2:41.97 (36.89)	
3	Heffley, Caitlin	29	Albany Armada Aquatics Masters-38	2:51.81	2:50.55	18
	39.25			2:10.56 (50.57)	2:50.55 (39.99)	

Women 25-29 400 Yard IM

NATL: 4:19.02 ! 2/22/2013 **JUSTINE MUELLER**

PAC: 4:21.52 # 12/31/2005 **Kasey Harris**

1	Bergman, Abigail	25	Menlo Masters-38	5:05.59	5:05.89	21
	31.83			1:48.82 (40.90)	2:28.37 (39.55)	
	3:11.89 (43.52)			3:55.54 (43.65)	4:31.92 (36.38)	
					5:05.89 (33.97)	

Women 30-34 50 Yard Freestyle

NATL: 22.37 ! 4/7/2019 **MADISON KENNEDY**

PAC: 23.24 # 12/31/2009 **Keiko Price**

1	Sun, Tiffany	33	Club Hot Tub-38	27.20	26.45	21
2	Graeven, Rainey	32	Santa Cruz Masters Aquatics-38	26.21	26.59	19
3	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	25.44	26.66	18
4	Hwang, Jenn	30	Walnut Creek Masters-38	26.62	26.97	17
5	Fischer, Tessa	31	Jellies Aquatic Masters of Mon-38	34.00	29.64	16
6	Versfeld, Rizmari	33	University of San Francisco Ma-38	32.00	30.14	15
7	Segal, Chelsea L	31	Marcia's Enthusiastic Masters-38	39.00	34.94	14

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 30-34 50 Yard Freestyle)**

8	Danna, Nicole	34	Marcia's Enthusiastic Masters-38	34.75	35.22	13
9	Gracey, Jordyn	31	University of San Francisco Ma-38	44.00	35.74	12
10	Raviv, Rotem	31	Club Hot Tub-38	55.00	38.97	11

Women 30-34 100 Yard Freestyle

NATL: 48.03 ! 2/23/2013 **ERIKA ERNDL**

PAC: 50.92 # 12/31/2004 **Katrina Radke**

1	Li, Jing	33	San Mateo Masters-38	NT	57.70	
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Women 30-34 100 Yard Freestyle

NATL: 48.03 ! 2/23/2013 **ERIKA ERNDL**

PAC: 50.92 # 12/31/2004 **Katrina Radke**

1	Skodova, Anette	30	Fina	58.20	57.79	21
	27.26		57.79 (30.53)			
2	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	55.01	57.83	19
	27.74		57.83 (30.09)			
3	Alexander, Margaret	31	University of San Francisco Ma-38	58.00	58.15	18
	28.24		58.15 (29.91)			
4	Sun, Tiffany	33	Club Hot Tub-38	59.00	58.17	17
	27.29		58.17 (30.88)			
5	Graeven, Rainey	32	Santa Cruz Masters Aquatics-38	59.97	58.21	16
	27.92		58.21 (30.29)			
6	Thorp, Valerie	30	Santa Cruz Masters Aquatics-38	59.00	58.47	15
	28.34		58.47 (30.13)			
7	Hwang, Jenn	30	Walnut Creek Masters-38	58.74	1:01.24	14
	28.69		1:01.24 (32.55)			
8	Fischer, Tessa	31	Jellies Aquatic Masters of Mon-38	1:18.00	1:05.69	13
	31.27		1:05.69 (34.42)			
9	McBride, Elizabeth	32	Marcia's Enthusiastic Masters-38	1:13.00	1:06.23	12
	32.24		1:06.23 (33.99)			
10	Versfeld, Rizmari	33	University of San Francisco Ma-38	1:15.00	1:08.62	11
	31.92		1:08.62 (36.70)			
11	Danna, Nicole	34	Marcia's Enthusiastic Masters-38	1:18.97	1:18.56	10
	36.75		1:18.56 (41.81)			
12	Gracey, Jordyn	31	University of San Francisco Ma-38	1:35.00	1:19.72	9
	37.33		1:19.72 (42.39)			
13	Jablonski, Natalie	33	Marcia's Enthusiastic Masters-38	1:30.00	1:23.40	8
	40.52		1:23.40 (42.88)			
14	Raviv, Rotem	31	Club Hot Tub-38	1:50.00	1:25.02	7
	41.68		1:25.02 (43.34)			

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 ! 11/30/2012 **ERIKA ERNDL**

PAC: 1:51.40 # 12/31/2003 **Katrina Radke**

1	Lu, Jenny	30	Marcia's Enthusiastic Masters-38	3:40.00	2:55.52	21
	41.34		1:25.09 (43.75) 2:10.88 (45.79) 2:55.52 (44.64)			

Women 30-34 200 Yard Freestyle

NATL: 1:43.46 ! 11/30/2012 **ERIKA ERNDL**

PAC: 1:51.40 # 12/31/2003 **Katrina Radke**

1	Li, Jing	33	San Mateo Masters-38	NT	2:00.87	
2	Hwang, Jenn	30	Walnut Creek Masters-38	NT	2:18.48	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 30-34 500 Yard Freestyle**

NATL: 4:46.92 ! 4/14/2012 DAWN HECKMAN

PAC: 5:03.04 # 12/31/1996 Lisa A Hazen

1 Li, Jing 33 San Mateo Masters-38 NT 5:26.26

Women 30-34 500 Yard Freestyle

NATL: 4:46.92 ! 4/14/2012 DAWN HECKMAN

PAC: 5:03.04 # 12/31/1996 Lisa A Hazen

1	Li, Jing	33	San Mateo Masters-38	5:17.28	5:16.68	21
	27.69	57.70 (30.01)	1:28.71 (31.01)	2:00.87 (32.16)		
	2:33.24 (32.37)	3:05.65 (32.41)	3:38.51 (32.86)	4:11.64 (33.13)		
	4:44.46 (32.82)	5:16.68 (32.22)				
2	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	5:24.15	5:31.51	19
	30.35	1:02.60 (32.25)	1:35.84 (33.24)	2:09.23 (33.39)		
	2:42.65 (33.42)	3:16.25 (33.60)	3:49.98 (33.73)	4:24.11 (34.13)		
	4:57.95 (33.84)	5:31.51 (33.56)				
3	Alexander, Margaret	31	University of San Francisco Ma-38	5:30.00	5:38.77	18
	30.94	1:03.72 (32.78)	1:36.61 (32.89)	2:10.60 (33.99)		
	2:44.88 (34.28)	3:19.14 (34.26)	3:53.88 (34.74)	4:29.03 (35.15)		
	5:04.25 (35.22)	5:38.77 (34.52)				
4	Hwang, Jenn	30	Walnut Creek Masters-38	6:22.82	6:23.42	17
	29.88	1:04.33 (34.45)	1:41.20 (36.87)	2:18.48 (37.28)		
	3:00.03 (41.55)	3:41.74 (41.71)	4:21.75 (40.01)	5:03.35 (41.60)		
	5:44.74 (41.39)	6:23.42 (38.68)				
5	Stoykovych, Lydia	32	San Ramon Valley Aquatics Mast-38	8:20.00	6:25.29	16
	32.77	1:10.13 (37.36)	1:49.00 (38.87)	2:28.65 (39.65)		
	3:08.41 (39.76)	3:48.32 (39.91)	4:28.03 (39.71)	5:07.35 (39.32)		
	5:46.99 (39.64)	6:25.29 (38.30)				
6	Lu, Jenny	30	Marcia's Enthusiastic Masters-38	9:15.00	7:45.36	15
	44.68	1:28.32 (43.64)	2:17.06 (48.74)	3:04.83 (47.77)		
	3:52.37 (47.54)	4:39.66 (47.29)	5:27.11 (47.45)	6:14.92 (47.81)		
	7:01.66 (46.74)	7:45.36 (43.70)				
7	Danna, Nicole	34	Marcia's Enthusiastic Masters-38	8:20.00	7:49.64	14
	39.65	1:25.40 (45.75)	2:13.93 (48.53)	3:01.76 (47.83)		
	3:50.55 (48.79)	4:40.18 (49.63)	5:28.00 (47.82)	6:16.71 (48.71)		
	7:03.54 (46.83)	7:49.64 (46.10)				

Women 30-34 1000 Yard Freestyle

NATL: 9:51.93 ! 4/15/2012 DAWN HECKMAN

PAC: 10:16.36 # 12/31/1999 Lisa A Hazen

1	Li, Jing	33	San Mateo Masters-38	NT	11:03.27
2	Bollella, Alexandra	31	Marcia's Enthusiastic Masters-38	NT	12:16.99

Women 30-34 1000 Yard Freestyle

NATL: 9:51.93 ! 4/15/2012 DAWN HECKMAN

PAC: 10:16.36 # 12/31/1999 Lisa A Hazen

1	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	11:08.14	11:16.65	21
	30.66	1:04.15 (33.49)	1:38.19 (34.04)	2:12.03 (33.84)		
	2:46.61 (34.58)	3:20.92 (34.31)	3:55.25 (34.33)	4:29.19 (33.94)		
	5:03.47 (34.28)	5:37.70 (34.23)	6:11.87 (34.17)	6:46.00 (34.13)		
	7:20.15 (34.15)	7:54.06 (33.91)	8:28.19 (34.13)	9:02.33 (34.14)		
	9:36.31 (33.98)	10:10.02 (33.71)	10:43.88 (33.86)	11:16.65 (32.77)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 30-34 1000 Yard Freestyle)**

2	Crosby, Priya	30	Santa Cruz Masters Aquatics-38	12:45.00	11:48.62	19
	32.48	1:07.65 (35.17)	1:43.16 (35.51)	2:18.84 (35.68)		
	2:54.70 (35.86)	3:30.76 (36.06)	4:07.00 (36.24)	4:43.00 (36.00)		
	5:19.26 (36.26)	5:55.41 (36.15)	6:30.96 (35.55)	7:06.78 (35.82)		
	7:42.65 (35.87)	8:18.30 (35.65)	8:53.80 (35.50)	9:30.03 (36.23)		
	10:05.38 (35.35)	10:41.04 (35.66)	11:15.70 (34.66)	11:48.62 (32.92)		
3	Danna, Nicole	34	Marcia's Enthusiastic Masters-38	16:07.19	15:49.04	18
	40.75	1:26.98 (46.23)	2:14.55 (47.57)	3:01.81 (47.26)		
	3:50.43 (48.62)	4:38.51 (48.08)	5:25.98 (47.47)	6:14.76 (48.78)		
	7:04.19 (49.43)	7:53.46 (49.27)	8:42.90 (49.44)	9:30.41 (47.51)		
	10:19.26 (48.85)	11:06.90 (47.64)	11:55.53 (48.63)	12:41.86 (46.33)		
	13:29.85 (47.99)	14:17.96 (48.11)	15:05.55 (47.59)	15:49.04 (43.49)		
4	Segal, Chelsea L	31	Marcia's Enthusiastic Masters-38	18:00.00	16:31.87	17
	42.97	1:29.37 (46.40)	2:18.47 (49.10)	3:08.94 (50.47)		
	3:59.25 (50.31)	4:49.91 (50.66)	5:41.33 (51.42)	6:33.07 (51.74)		
	7:24.77 (51.70)	8:15.14 (50.37)	9:06.03 (50.89)	9:56.69 (50.66)		
	10:47.36 (50.67)	11:37.51 (50.15)	12:27.30 (49.79)	13:16.57 (49.27)		
	14:05.71 (49.14)	14:56.30 (50.59)	15:45.97 (49.67)	16:31.87 (45.90)		
5	Jablonski, Natalie	33	Marcia's Enthusiastic Masters-38	20:00.00	17:49.92	16
	44.48	1:32.12 (47.64)	2:23.01 (50.89)	3:16.24 (53.23)		
	4:10.86 (54.62)	5:05.99 (55.13)	5:59.97 (53.98)	6:55.30 (55.33)		
	7:50.59 (55.29)	8:46.67 (56.08)	9:42.95 (56.28)	10:38.56 (55.61)		
	11:33.80 (55.24)	12:27.94 (54.14)	13:23.40 (55.46)	14:18.34 (54.94)		
	15:11.54 (53.20)	16:06.38 (54.84)	16:59.77 (53.39)	17:49.92 (50.15)		

Women 30-34 1650 Yard Freestyle

NATL: 17:07.52 ! 5/23/1993 KAREN BURTON

PAC: 17:07.66 # 12/31/1999 Lisa A Hazen

1	Li, Jing	33	San Mateo Masters-38	18:51.58	18:30.44	21
	29.12	1:01.19 (32.07)	1:33.77 (32.58)	2:06.73 (32.96)		
	2:39.82 (33.09)	3:13.08 (33.26)	3:46.46 (33.38)	4:19.57 (33.11)		
	4:53.03 (33.46)	5:26.26 (33.23)	5:59.81 (33.55)	6:33.46 (33.65)		
	7:06.95 (33.49)	7:40.60 (33.65)	8:13.86 (33.26)	8:47.79 (33.93)		
	9:21.56 (33.77)	9:55.37 (33.81)	10:29.14 (33.77)	11:03.27 (34.13)		
	11:37.10 (33.83)	12:11.35 (34.25)	12:45.10 (33.75)	13:19.24 (34.14)		
	13:53.96 (34.72)	14:28.32 (34.36)	15:02.87 (34.55)	15:37.10 (34.23)		
	16:11.66 (34.56)	16:46.38 (34.72)	17:21.08 (34.70)	17:56.00 (34.92)	18:30.44 (34.44)	
2	Bollella, Alexandra	31	Marcia's Enthusiastic Masters-38	22:00.00	20:18.50	19
	32.17	1:07.20 (35.03)	1:43.63 (36.43)	2:20.75 (37.12)		
	2:57.40 (36.65)	3:34.36 (36.96)	4:12.12 (37.76)	4:49.63 (37.51)		
	5:26.68 (37.05)	6:04.23 (37.55)	6:41.81 (37.58)	7:19.33 (37.52)		
	7:57.01 (37.68)	8:33.95 (36.94)	9:11.05 (37.10)	9:48.41 (37.36)		
	10:25.70 (37.29)	11:03.01 (37.31)	11:39.87 (36.86)	12:16.99 (37.12)		
	12:54.44 (37.45)	13:31.94 (37.50)	14:09.55 (37.61)	14:46.78 (37.23)		
	15:23.98 (37.20)	16:01.48 (37.50)	16:38.91 (37.43)	17:16.31 (37.40)		
	17:53.69 (37.38)	18:31.06 (37.37)	19:07.53 (36.47)	19:43.73 (36.20)	20:18.50 (34.77)	
3	Lu, Jenny	30	Marcia's Enthusiastic Masters-38	30:00.00	26:17.80	18
	41.08	1:26.22 (45.14)	2:12.90 (46.68)	3:00.47 (47.57)		
	3:48.06 (47.59)	4:35.85 (47.79)	5:23.83 (47.98)	6:12.79 (48.96)		
	7:01.36 (48.57)	7:49.78 (48.42)	8:38.07 (48.29)	9:26.18 (48.11)		
	10:14.38 (48.20)	11:02.43 (48.05)	11:49.95 (47.52)	12:38.15 (48.20)		
	13:25.83 (47.68)	14:14.01 (48.18)	15:02.07 (48.06)	15:50.50 (48.43)		
	16:38.32 (47.82)	17:27.29 (48.97)	18:15.23 (47.94)	19:03.69 (48.46)		
	19:52.22 (48.53)	20:40.67 (48.45)	21:29.53 (48.86)	22:18.31 (48.78)		
	23:06.76 (48.45)	23:55.95 (49.19)	24:43.74 (47.79)	25:30.38 (46.64)	26:17.80 (47.42)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 30-34 1650 Yard Freestyle)**

4	Danna, Nicole	34	Marcia's Enthusiastic Masters-38	28:10.00	26:38.61	17
	39.66	1:25.88 (46.22)	2:15.36 (49.48)	3:02.44 (47.08)		
	3:49.55 (47.11)	4:36.57 (47.02)	5:23.67 (47.10)	6:12.90 (49.23)		
	7:00.72 (47.82)	7:48.77 (48.05)	8:37.52 (48.75)	9:26.31 (48.79)		
	10:14.31 (48.00)	11:03.75 (49.44)	11:53.46 (49.71)	12:41.34 (47.88)		
	13:29.64 (48.30)	14:19.53 (49.89)	15:10.16 (50.63)	15:57.76 (47.60)		
	16:47.59 (49.83)	17:37.34 (49.75)	18:26.80 (49.46)	19:16.28 (49.48)		
	20:04.67 (48.39)	20:54.51 (49.84)	21:43.94 (49.43)	22:33.14 (49.20)		
	23:22.86 (49.72)	24:13.86 (51.00)	25:04.62 (50.76)	25:53.87 (49.25)	26:38.61 (44.74)	

Women 30-34 50 Yard Backstroke

NATL: 24.96 ! 5/1/2011 **NORIKO INADA**
PAC: 26.49 # 4/26/2015 **Sarah M Hernandez**

1	Monsees, Courtney	33	The Olympic Club-38	29.00	28.50	21
2	Sun, Tiffany	33	Club Hot Tub-38	32.00	29.96	19
3	Greer, Margaret	33	East Bay Bat Rays Masters-38	33.00	31.64	18

Women 30-34 100 Yard Backstroke

NATL: 54.60 ! 4/30/2011 **NORIKO INADA**
PAC: 57.31 # 4/24/2015 **Sarah M Hernandez**

1	Sun, Tiffany	33	Club Hot Tub-38	1:06.20	1:05.21	21
	1:05.17	1:05.21 (0.04)				
2	Alexander, Margaret	31	University of San Francisco Ma-38	1:06.00	1:05.50	19
	31.69	1:05.50 (33.81)				
3	Thorp, Valerie	30	Santa Cruz Masters Aquatics-38	1:05.00	1:06.22	18
	32.83	1:06.22 (33.39)				
4	Jablonski, Natalie	33	Marcia's Enthusiastic Masters-38	2:10.00	2:02.84	17
	59.41	2:02.84 (1:03.43)				

Women 30-34 200 Yard Backstroke

NATL: 1:59.93 ! 2/19/1996 **K PIPES-NEILSEN**
PAC: 2:01.54 # 12/31/2009 **Sarabeth Metzger**

1	Waters, Megan	32	Quicksilver Masters-38	2:20.21	2:16.17	21
	31.52	1:04.90 (33.38)	1:39.81 (34.91)	2:16.17 (36.36)		
2	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	2:24.66	2:24.90	19
	33.93	1:10.18 (36.25)	1:47.84 (37.66)	2:24.90 (37.06)		

Women 30-34 50 Yard Breaststroke

NATL: 28.48 ! 5/4/2008 **KATIE MCCLELLAND**
PAC: 30.29 # 4/28/2017 **Marie A Ballenger**

1	Mian, Elisa	30	Marcia's Enthusiastic Masters-38	35.00	34.66	21
2	Graeven, Rainey	32	Santa Cruz Masters Aquatics-38	34.92	35.03	19
3	Hwang, Jenn	30	Walnut Creek Masters-38	34.94	35.90	18
4	Crosby, Priya	30	Santa Cruz Masters Aquatics-38	39.78	36.84	17
5	Versfeld, Rizmari	33	University of San Francisco Ma-38	44.00	39.92	16
6	Gracey, Jordyn	31	University of San Francisco Ma-38	55.00	43.57	15
7	Jablonski, Natalie	33	Marcia's Enthusiastic Masters-38	50.00	56.62	14

Women 30-34 100 Yard Breaststroke

NATL: 58.81 ! 3/6/2022 **DANIELLE HERRMANN**
PAC: 59.21 # 12/19/2021 **Danielle M Herrma**

1	Mian, Elisa	30	Marcia's Enthusiastic Masters-38	1:15.00	1:13.08	21
	34.56	1:13.08 (38.52)				
2	Skodova, Anette	30	Fina	1:14.40	1:13.88	19
	35.43	1:13.88 (38.45)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 30-34 100 Yard Breaststroke)**

3	Graeven, Rainey	32	Santa Cruz Masters Aquatics-38	1:15.64	1:15.17	18
	35.90				1:15.17 (39.27)	
4	Crosby, Priya	30	Santa Cruz Masters Aquatics-38	1:25.19	1:16.89	17
	37.06				1:16.89 (39.83)	
5	Thorp, Valerie	30	Santa Cruz Masters Aquatics-38	1:22.00	1:20.78	16
	38.71				1:20.78 (42.07)	
6	Jablonski, Natalie	33	Marcia's Enthusiastic Masters-38	1:40.00	1:54.84	15
	56.47				1:54.84 (58.37)	
---	Gracey, Jordyn	31	University of San Francisco Ma-38	1:50.00	DQ	
	47.11				DQ (52.18)	

Women 30-34 50 Yard Butterfly

NATL: 24.18 ! 4/15/2000 ANGEL MARTINO
PAC: 25.29 # 4/28/2019 Katherine Raatz

1	Monsees, Courtney	33	The Olympic Club-38	28.00	26.56	21
2	Li, Jing	33	San Mateo Masters-38	28.09	27.64	19
3	Sun, Tiffany	33	Club Hot Tub-38	31.00	28.39	18
4	Hwang, Jenn	30	Walnut Creek Masters-38	29.66	29.68	17
5	Greer, Margaret	33	East Bay Bat Rays Masters-38	31.00	30.03	16
6	Stoykovych, Lydia	32	San Ramon Valley Aquatics Mast-38	30.23	30.36	15
7	Fischer, Tessa	31	Jellies Aquatic Masters of Mon-38	34.00	31.77	14
8	Versfeld, Rizmari	33	University of San Francisco Ma-38	35.00	32.55	13
9	Press, Elizabeth	32	Marcia's Enthusiastic Masters-38	45.00	43.12	12
10	Raviv, Rotem	31	Club Hot Tub-38	1:00.00	44.38	11
11	Lu, Jenny	30	Marcia's Enthusiastic Masters-38	46.16	47.96	10

Women 30-34 100 Yard Butterfly

NATL: 52.93 ! 3/5/2022 DANIELLE HERRMANN
PAC: 56.00 # 4/29/2017 Marie A Ballenger

1	Li, Jing	33	San Mateo Masters-38	59.26	59.34	21
	27.99				59.34 (31.35)	
2	Monsees, Courtney	33	The Olympic Club-38	1:00.00	1:00.05	19
	28.28				1:00.05 (31.77)	
3	Skodova, Anette	30	Fina	1:03.85	1:02.98	18
	28.24				1:02.98 (34.74)	
4	Alexander, Margaret	31	University of San Francisco Ma-38	1:06.00	1:07.25	17
	31.45				1:07.25 (35.80)	
5	Flores-Gaudinier, Lindsay	32	Walnut Creek Masters-38	1:03.67	1:07.62	16
	30.63				1:07.62 (36.99)	
6	Stoykovych, Lydia	32	San Ramon Valley Aquatics Mast-38	1:13.00	1:09.99	15
	33.00				1:09.99 (36.99)	
7	Fischer, Tessa	31	Jellies Aquatic Masters of Mon-38	1:25.00	1:11.11	14
	32.48				1:11.11 (38.63)	

Women 30-34 200 Yard Butterfly

NATL: 2:03.46 ! 5/12/1996 K PIPES-NEILSEN
PAC: 2:06.20 # 12/31/1997 Martie McKinney

1	Waters, Megan	32	Quicksilver Masters-38	2:30.00	2:25.20	21
	30.18				1:04.85 (34.67)	
					1:43.19 (38.34)	
					2:25.20 (42.01)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 30-34 100 Yard IM**

	NATL:	57.01	!	4/15/2000	ANGEL MARTINO			
	PAC:	58.07	#	12/31/2009	Sarabeth Metzger			
1	Monsees, Courtney			33	The Olympic Club-38	1:01.00	1:00.55	21
		28.37					1:00.55 (32.18)	
2	Li, Jing			33	San Mateo Masters-38	1:02.01	1:01.67	19
		29.13					1:01.67 (32.54)	
3	Sun, Tiffany			33	Club Hot Tub-38	1:08.00	1:04.81	18
		28.75					1:04.81 (36.06)	
4	Flores-Gaudinier, Lindsay			32	Walnut Creek Masters-38	1:04.68	1:07.22	17
		31.90					1:07.22 (35.32)	
5	Greer, Margaret			33	East Bay Bat Rays Masters-38	1:12.55	1:08.31	16
		31.44					1:08.31 (36.87)	
6	Hwang, Jenn			30	Walnut Creek Masters-38	1:09.10	1:08.83	15
		32.84					1:08.83 (35.99)	
7	Versfeld, Rizmari			33	University of San Francisco Ma-38	1:40.00	1:19.22	14
		36.84					1:19.22 (42.38)	
8	Danna, Nicole			34	Marcia's Enthusiastic Masters-38	1:50.00	1:33.09	13
		42.66					1:33.09 (50.43)	
9	Lu, Jenny			30	Marcia's Enthusiastic Masters-38	1:36.80	1:35.41	12
		49.53					1:35.41 (45.88)	
10	Press, Elizabeth			32	Marcia's Enthusiastic Masters-38	2:00.00	1:37.19	11
		47.03					1:37.19 (50.16)	
11	Raviv, Rotem			31	Club Hot Tub-38	2:00.00	1:43.46	10
		47.85					1:43.46 (55.61)	

Women 30-34 200 Yard IM

	NATL:	1:58.80	!	3/11/2009	ERIKA ERNDL			
	PAC:	2:04.85	#	12/31/2009	Sarabeth Metzger			
1	Skodova, Anette			30	Fina	2:22.50	2:23.33	21
		28.52					1:05.69 (37.17) 1:48.89 (43.20) 2:23.33 (34.44)	
2	Thorp, Valerie			30	Santa Cruz Masters Aquatics-38	2:20.00	2:24.16	19
		31.48					1:06.84 (35.36) 1:50.68 (43.84) 2:24.16 (33.48)	
3	Graeven, Rainey			32	Santa Cruz Masters Aquatics-38	2:23.41	2:30.06	18
		32.13					1:13.26 (41.13) 1:56.38 (43.12) 2:30.06 (33.68)	
4	Crosby, Priya			30	Santa Cruz Masters Aquatics-38	2:39.02	2:35.45	17
		36.26					1:16.45 (40.19) 2:00.62 (44.17) 2:35.45 (34.83)	
5	Hwang, Jenn			30	Walnut Creek Masters-38	2:27.85	2:35.50	16
		32.67					1:14.95 (42.28) 1:58.88 (43.93) 2:35.50 (36.62)	

Women 35-39 50 Yard Freestyle

	NATL:	22.34	!	2/25/2007	DARA TORRES			
	PAC:	24.04	#	4/25/2015	Ericka L Richards			
1	Taylor, Vicki			36	Walnut Creek Masters-38	26.01	26.58	21
2	Ward, Molly			39	The Olympic Club-38	25.80	26.60	19
3	Condon, Laura M			36	Marcia's Enthusiastic Masters-38	28.00	26.90	18
4	White, Lisa			37	Club Hot Tub-38	28.00	28.45	17
5	Woodworth, Kathryn			35	Marcia's Enthusiastic Masters-38	34.00	31.49	16
6	Vu, Nha			39	Marcia's Enthusiastic Masters-38	1:05.00	55.35	15

Women 35-39 100 Yard Freestyle

	NATL:	49.72	!	2/25/2007	DARA TORRES			
	PAC:	52.21	#	4/26/2015	Ericka L Richards			
1	Tempels, Wendy			37	Uc38	1:00.00	56.78	21
		27.32					56.78 (29.46)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 35-39 100 Yard Freestyle)**

2	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	1:00.00	58.25	19
	27.81				58.25 (30.44)	
3	Ward, Molly	39	The Olympic Club-38	55.00	58.88	18
	28.11				58.88 (30.77)	
4	White, Lisa	37	Club Hot Tub-38	1:00.00	1:02.62	17
	30.34				1:02.62 (32.28)	
5	Woodworth, Kathryn	35	Marcia's Enthusiastic Masters-38	1:17.00	1:09.52	16
	33.63				1:09.52 (35.89)	
6	West, Meredith A	37	San Mateo Masters-38	1:15.00	1:13.20	15
	35.83				1:13.20 (37.37)	
7	Vu, Nha	39	Marcia's Enthusiastic Masters-38	2:20.00	2:08.40	14
	57.36				2:08.40 (1:11.04)	

Women 35-39 100 Yard Freestyle

NATL: 49.72 ! 2/25/2007 DARA TORRES

PAC: 52.21 # 4/26/2015 Ericka L Richards

1	Taylor, Vicki	36	Walnut Creek Masters-38	NT	57.26	
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Women 35-39 200 Yard Freestyle

NATL: 1:51.55 ! 5/3/1997 K PIPES-NEILSEN

PAC: 1:53.33 # 12/31/2002 Laureen K Welting

1	Shelnutt, Vesna	37	YMCA of Metro Atlanta-45	2:03.73	2:01.59	21
	28.38				59.23 (30.85)	
					1:31.13 (31.90)	
					2:01.59 (30.46)	
2	Taylor, Vicki	36	Walnut Creek Masters-38	2:02.73	2:03.75	19
	28.11				58.75 (30.64)	
					1:30.78 (32.03)	
					2:03.75 (32.97)	
3	Marullo, Rachel	38	Club Hot Tub-38	2:18.00	2:14.97	18
	32.06				1:06.26 (34.20)	
					1:40.79 (34.53)	
					2:14.97 (34.18)	
4	West, Meredith A	37	San Mateo Masters-38	2:45.00	2:40.29	17
	37.68				1:18.76 (41.08)	
					2:00.63 (41.87)	
					2:40.29 (39.66)	
5	Chien, Regina	35	Marcia's Enthusiastic Masters-38	3:00.00	2:53.36	16
	41.62				1:25.91 (44.29)	
					2:10.51 (44.60)	
					2:53.36 (42.85)	
6	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	3:50.00	3:12.64	15
	45.59				1:34.64 (49.05)	
					2:25.59 (50.95)	
					3:12.64 (47.05)	

Women 35-39 500 Yard Freestyle

NATL: 4:56.09 ! 5/3/1997 K PIPES-NEILSEN

PAC: 5:04.58 # 12/31/2001 Lisa A Hazen

1	Shelnutt, Vesna	37	YMCA of Metro Atlanta-45	5:26.79	5:24.49	21
	29.46				1:00.94 (31.48)	
					1:33.26 (32.32)	
					2:06.03 (32.77)	
					3:12.24 (33.04)	
					3:45.65 (33.41)	
					4:18.97 (33.32)	
					5:24.49 (32.37)	
2	Taylor, Vicki	36	Walnut Creek Masters-38	5:30.22	5:35.43	19
	29.73				1:01.93 (32.20)	
					1:35.42 (33.49)	
					2:09.24 (33.82)	
					3:17.79 (34.62)	
					3:52.32 (34.53)	
					4:26.78 (34.46)	
					5:35.43 (33.87)	
3	White, Lisa	37	Club Hot Tub-38	6:15.00	6:10.20	18
	33.02				1:08.82 (35.80)	
					1:45.55 (36.73)	
					2:22.92 (37.37)	
					3:38.64 (37.92)	
					4:16.75 (38.11)	
					4:55.02 (38.27)	
					6:10.20 (37.24)	
4	West, Meredith A	37	San Mateo Masters-38	7:15.00	7:07.52	17
	39.43				1:21.78 (42.35)	
					2:04.66 (42.88)	
					2:48.14 (43.48)	
					4:15.39 (43.81)	
					4:59.49 (44.10)	
					5:43.32 (43.83)	
					7:07.52 (40.48)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 35-39 500 Yard Freestyle**

NATL: 4:56.09 ! 5/3/1997 K PIPES-NEILSEN

PAC: 5:04.58 # 12/31/2001 Lisa A Hazen

1 Shelnutt, Vesna 37 YMCA of Metro Atlanta-45 NT 5:23.95

Women 35-39 1000 Yard Freestyle

NATL: 10:11.23 ! 11/15/2014 HEIDI GEORGE

PAC: 10:11.23 # 11/15/2014 Heidi S George

1 Shelnutt, Vesna 37 YMCA of Metro Atlanta-45 NT 10:55.68

Women 35-39 1000 Yard Freestyle

NATL: 10:11.23 ! 11/15/2014 HEIDI GEORGE

PAC: 10:11.23 # 11/15/2014 Heidi S George

1 Shelnutt, Vesna 37 YMCA of Metro Atlanta-45 11:03.17 10:59.85 21

29.20 1:01.04 (31.84) 1:33.48 (32.44) 2:05.99 (32.51)

2:39.00 (33.01) 3:11.90 (32.90) 3:45.03 (33.13) 4:18.25 (33.22)

4:51.44 (33.19) 5:24.56 (33.12) 5:57.85 (33.29) 6:31.25 (33.40)

7:04.74 (33.49) 7:38.34 (33.60) 8:11.90 (33.56) 8:45.62 (33.72)

9:19.35 (33.73) 9:53.30 (33.95) 10:27.07 (33.77) 10:59.85 (32.78)

2 Taylor, Vicki 36 Walnut Creek Masters-38 11:37.47 11:28.76 19

31.24 1:04.88 (33.64) 1:39.24 (34.36) 2:13.85 (34.61)

2:48.56 (34.71) 3:23.51 (34.95) 3:58.59 (35.08) 4:33.71 (35.12)

5:08.58 (34.87) 5:43.50 (34.92) 6:18.42 (34.92) 6:53.43 (35.01)

7:28.42 (34.99) 8:03.27 (34.85) 8:37.84 (34.57) 9:12.64 (34.80)

9:47.33 (34.69) 10:21.95 (34.62) 10:56.19 (34.24) 11:28.76 (32.57)

3 Holman, Mary 35 El Cerrito Aquatic Masters-38 11:45.00 12:15.69 18

31.96 1:06.84 (34.88) 1:42.96 (36.12) 2:19.45 (36.49)

2:56.31 (36.86) 3:33.21 (36.90) 4:10.14 (36.93) 4:47.32 (37.18)

5:25.18 (37.86) 6:02.19 (37.01) 6:39.80 (37.61) 7:17.02 (37.22)

7:54.44 (37.42) 8:32.18 (37.74) 9:09.59 (37.41) 9:47.13 (37.54)

10:24.75 (37.62) 11:02.22 (37.47) 11:39.33 (37.11) 12:15.69 (36.36)

4 Marullo, Rachel 38 Club Hot Tub-38 12:29.99 12:27.03 17

34.18 1:11.81 (37.63) 1:49.80 (37.99) 2:27.50 (37.70)

3:05.24 (37.74) 3:42.90 (37.66) 4:20.46 (37.56) 4:58.48 (38.02)

5:36.27 (37.79) 6:14.05 (37.78) 6:51.44 (37.39) 7:29.15 (37.71)

8:06.94 (37.79) 8:44.64 (37.70) 9:22.06 (37.42) 9:59.56 (37.50)

10:36.98 (37.42) 11:14.30 (37.32) 11:51.38 (37.08) 12:27.03 (35.65)

Women 35-39 1650 Yard Freestyle

NATL: 16:46.85 ! 11/15/2014 HEIDI GEORGE

PAC: 16:46.85 # 11/15/2014 Heidi S George

1 Shelnutt, Vesna 37 YMCA of Metro Atlanta-45 18:32.96 18:09.71 21

29.89 1:01.78 (31.89) 1:34.11 (32.33) 2:06.64 (32.53)

2:39.49 (32.85) 3:12.34 (32.85) 3:45.10 (32.76) 4:17.85 (32.75)

4:50.99 (33.14) 5:23.95 (32.96) 5:56.77 (32.82) 6:29.83 (33.06)

7:02.92 (33.09) 7:35.86 (32.94) 8:08.99 (33.13) 8:42.06 (33.07)

9:15.17 (33.11) 9:48.49 (33.32) 10:22.26 (33.77) 10:55.68 (33.42)

11:29.04 (33.36) 12:02.53 (33.49) 12:35.96 (33.43) 13:09.25 (33.29)

13:42.78 (33.53) 14:16.33 (33.55) 14:49.68 (33.35) 15:23.29 (33.61)

15:56.91 (33.62) 16:30.46 (33.55) 17:04.19 (33.73) 17:37.76 (33.57) 18:09.71 (31.95)

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 35-39 1650 Yard Freestyle)**

2	Marullo, Rachel	38	Club Hot Tub-38	22:00.00	21:08.11	19
	35.71	1:12.92 (37.21)	1:50.40 (37.48)	2:29.27 (38.87)		
	3:07.99 (38.72)	3:46.64 (38.65)	4:25.25 (38.61)	5:04.30 (39.05)		
	5:42.95 (38.65)	6:21.72 (38.77)	7:00.54 (38.82)	7:39.71 (39.17)		
	8:18.32 (38.61)	8:56.86 (38.54)	9:35.29 (38.43)	10:13.79 (38.50)		
	10:52.10 (38.31)	11:30.76 (38.66)	12:09.16 (38.40)	12:47.64 (38.48)		
	13:26.25 (38.61)	14:04.79 (38.54)	14:43.21 (38.42)	15:21.57 (38.36)		
	16:00.16 (38.59)	16:38.86 (38.70)	17:17.54 (38.68)	17:56.39 (38.85)		
	18:35.19 (38.80)	19:13.80 (38.61)	19:52.43 (38.63)	20:30.68 (38.25)	21:08.11 (37.43)	
3	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	33:00.00	29:34.73	18
	50.58	1:43.84 (53.26)	2:37.68 (53.84)	3:32.70 (55.02)		
	4:28.88 (56.18)	5:24.16 (55.28)	6:18.16 (54.00)	7:13.33 (55.17)		
	8:07.16 (53.83)	9:01.99 (54.83)	9:57.62 (55.63)	10:52.07 (54.45)		
	11:46.49 (54.42)	12:40.82 (54.33)	13:35.47 (54.65)	14:29.36 (53.89)		
	15:23.78 (54.42)	16:18.00 (54.22)	17:12.02 (54.02)	18:05.83 (53.81)		
	18:59.52 (53.69)	19:53.44 (53.92)	20:46.93 (53.49)	21:40.04 (53.11)		
	22:33.48 (53.44)	23:27.32 (53.84)	24:21.91 (54.59)	25:15.43 (53.52)		
	26:08.08 (52.65)	27:00.85 (52.77)	27:54.09 (53.24)	28:45.96 (51.87)	29:34.73 (48.77)	
---	Taylor, Vicki	36	Walnut Creek Masters-38	18:58.22	DQ	
	30.92	1:04.74 (33.82)	1:39.28 (34.54)	2:14.12 (34.84)		
	2:49.07 (34.95)	3:24.11 (35.04)	3:59.68 (35.57)	4:35.00 (35.32)		
	5:10.37 (35.37)	5:45.62 (35.25)	6:20.88 (35.26)	6:56.32 (35.44)		
	7:31.89 (35.57)	8:07.32 (35.43)	8:42.60 (35.28)	9:18.02 (35.42)		
	9:53.59 (35.57)	10:29.25 (35.66)	11:04.87 (35.62)	11:40.26 (35.39)		
	12:16.02 (35.76)	12:52.05 (36.03)	13:27.85 (35.80)	14:03.48 (35.63)		
	14:39.30 (35.82)	15:15.16 (35.86)	15:50.97 (35.81)	16:26.89 (35.92)		
	17:02.92 (36.03)	17:38.90 (35.98)	18:15.01 (36.11)	18:50.86 (35.85)	DQ (35.02)	

Women 35-39 50 Yard Backstroke

NATL: 24.71 ! 4/29/2017 NORIKO INADA
 PAC: 27.16 # 5/13/2018 NWatanabe&NWatana

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	NT	30.32	
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Women 35-39 50 Yard Backstroke

NATL: 24.71 ! 4/29/2017 NORIKO INADA
 PAC: 27.16 # 5/13/2018 NWatanabe&NWatana

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	31.50	30.18	21
2	Kimura, Lucianne T	35	Marcia's Enthusiastic Masters-38	35.30	31.58	19
3	Marullo, Rachel	38	Club Hot Tub-38	33.34	32.71	18
4	Mox, Carrie Ann M	38	Quicksilver Masters-38	32.00	33.05	17
5	Forrest-White, Layla	36	Marcia's Enthusiastic Masters-38	40.00	36.09	16
6	Woodworth, Kathryn	35	Marcia's Enthusiastic Masters-38	40.00	36.20	15
7	Chien, Regina	35	Marcia's Enthusiastic Masters-38	40.11	38.87	14
8	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	48.00	44.62	13

Women 35-39 100 Yard Backstroke

NATL: 53.58 ! 4/30/2017 NORIKO INADA
 PAC: 57.77 # 4/28/2019 Naoko Watanabe

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	1:05.00	1:04.76	21
	31.19	1:04.76 (33.57)				
2	Taylor, Vicki	36	Walnut Creek Masters-38	1:04.56	1:06.09	19
	31.72	1:06.09 (34.37)				
3	Marullo, Rachel	38	Club Hot Tub-38	1:08.88	1:07.48	18
	33.30	1:07.48 (34.18)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 35-39 100 Yard Backstroke)**

4	Ward, Molly	39	The Olympic Club-38	1:04.00	1:08.22	17
	32.72		1:08.22 (35.50)			

Women 35-39 100 Yard Backstroke

NATL: 53.58 ! 4/30/2017 NORIKO INADA
 PAC: 57.77 # 4/28/2019 Naoko Watanabe

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	NT	1:04.83	
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Women 35-39 200 Yard Backstroke

NATL: 2:00.54 ! 3/14/1998 K PIPES-NEILSEN
 PAC: 2:06.44 # 4/27/2019 Naoko Watanabe

1	Taylor, Vicki	36	Walnut Creek Masters-38	2:22.00	2:25.38	21
	33.66		1:10.25 (36.59)	1:47.97 (37.72)	2:25.38 (37.41)	
2	Marullo, Rachel	38	Club Hot Tub-38	2:29.29	2:27.18	19
	36.03		1:13.37 (37.34)	1:50.94 (37.57)	2:27.18 (36.24)	
3	Chien, Regina	35	Marcia's Enthusiastic Masters-38	3:30.00	3:12.81	18
	46.91		1:37.00 (50.09)	2:26.42 (49.42)	3:12.81 (46.39)	

Women 35-39 100 Yard Breaststroke

NATL: 1:01.88 ! 4/25/2015 KATIE GLENN
 PAC: 1:01.88 # 4/25/2015 Katie Glenn

1	Tempels, Wendy	37	Uc38	1:14.00	1:10.56	21
	33.47		1:10.56 (37.09)			

Women 35-39 200 Yard Breaststroke

NATL: 2:17.51 ! 4/26/2015 KATIE GLENN
 PAC: 2:17.51 # 4/26/2015 Katie Glenn

1	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	3:50.00	3:45.27	21
	55.83		1:53.54 (57.71)	2:51.42 (57.88)	3:45.27 (53.85)	

Women 35-39 50 Yard Butterfly

NATL: 25.04 ! 4/28/2017 NORIKO INADA
 PAC: 26.07 # 4/13/2015 Ericka L Richards

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	30.50	29.22	21
2	Shelnutt, Vesna	37	YMCA of Metro Atlanta-45	31.00	29.37	19
3	Kimura, Lucianne T	35	Marcia's Enthusiastic Masters-38	35.30	30.18	18
4	White, Lisa	37	Club Hot Tub-38	35.00	31.38	17
5	Forrest-White, Layla	36	Marcia's Enthusiastic Masters-38	40.00	36.13	16
6	Woodworth, Kathryn	35	Marcia's Enthusiastic Masters-38	37.00	36.90	15
7	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	46.00	43.60	14
8	Chien, Regina	35	Marcia's Enthusiastic Masters-38	41.82	44.82	13

Women 35-39 100 Yard Butterfly

NATL: 55.78 ! 5/18/2003 S VON DER LIPPE
 PAC: 58.46 # 12/31/2000 Jill S Hernandez

1	Shelnutt, Vesna	37	YMCA of Metro Atlanta-45	1:04.45	1:02.49	21
	29.54		1:02.49 (32.95)			
2	Kimura, Lucianne T	35	Marcia's Enthusiastic Masters-38	1:20.45	1:09.86	19
	32.63		1:09.86 (37.23)			
3	White, Lisa	37	Club Hot Tub-38	1:12.00	1:11.05	18
	33.52		1:11.05 (37.53)			
4	West, Meredith A	37	San Mateo Masters-38	1:35.00	1:31.57	17
	43.59		1:31.57 (47.98)			
5	Chien, Regina	35	Marcia's Enthusiastic Masters-38	1:35.00	1:35.00	16
	45.24		1:35.00 (49.76)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 35-39 200 Yard Butterfly**

NATL: 2:03.48 ! 5/22/2005 S VON DER LIPPE

PAC: 2:08.54 # 12/31/2009 Alison H Zamanian

1	Shelnutt, Vesna	37	YMCA of Metro Atlanta-45	2:16.75	2:15.26	21
	30.23	1:04.61 (34.38)	1:39.27 (34.66)	2:15.26 (35.99)		
2	West, Meredith A	37	San Mateo Masters-38	3:30.00	3:30.78	19
	47.10	1:40.46 (53.36)	2:36.33 (55.87)	3:30.78 (54.45)		

Women 35-39 100 Yard IM

NATL: 57.25 ! 4/29/2017 GABRIELLE CHANG

PAC: 59.62 # 4/26/2019 Naoko Watanabe

1	Condon, Laura M	36	Marcia's Enthusiastic Masters-38	1:09.00	1:07.49	21
	30.00	1:07.49 (37.49)				
2	White, Lisa	37	Club Hot Tub-38	1:12.00	1:11.88	19
	33.63	1:11.88 (38.25)				
3	Marullo, Rachel	38	Club Hot Tub-38	1:12.24	1:12.00	18
	32.95	1:12.00 (39.05)				
4	Woodworth, Kathryn	35	Marcia's Enthusiastic Masters-38	1:25.00	1:17.99	17
	36.63	1:17.99 (41.36)				
5	Forrest-White, Layla	36	Marcia's Enthusiastic Masters-38	1:40.00	1:18.76	16
	36.39	1:18.76 (42.37)				
6	Chien, Regina	35	Marcia's Enthusiastic Masters-38	1:28.16	1:32.55	15
	42.10	1:32.55 (50.45)				
7	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	1:40.00	1:37.31	14
	47.53	1:37.31 (49.78)				

Women 35-39 200 Yard IM

NATL: 2:05.24 ! 3/14/1998 K PIPES-NEILSEN

PAC: 2:09.51 # 12/31/2000 Jill S Hernandez

1	Tempels, Wendy	37	Uc38	2:22.00	2:16.63	21
	30.12	1:05.95 (35.83)	1:44.78 (38.83)	2:16.63 (31.85)		
2	White, Lisa	37	Club Hot Tub-38	2:40.00	2:33.93	19
	32.84	1:13.85 (41.01)	1:59.06 (45.21)	2:33.93 (34.87)		
3	West, Meredith A	37	San Mateo Masters-38	3:30.00	3:18.55	18
	42.74	1:36.27 (53.53)	2:36.30 (1:00.03)	3:18.55 (42.25)		

Women 35-39 400 Yard IM

NATL: 4:24.18 ! 3/14/1998 K PIPES-NEILSEN

PAC: 4:34.77 # 12/31/1999 Jill S Hernandez

1	Tempels, Wendy	37	Uc38	5:05.00	4:50.94	21
	31.62	1:08.27 (36.65)	1:46.91 (38.64)	2:24.58 (37.67)		
	3:04.48 (39.90)	3:44.97 (40.49)	4:18.68 (33.71)	4:50.94 (32.26)		
2	West, Meredith A	37	San Mateo Masters-38	6:50.00	6:53.99	19
	43.42	1:33.08 (49.66)	2:26.61 (53.53)	3:19.14 (52.53)		
	4:22.41 (1:03.27)	5:26.13 (1:03.72)	6:10.68 (44.55)	6:53.99 (43.31)		
3	Chien, Regina	35	Marcia's Enthusiastic Masters-38	7:30.00	7:03.97	18
	47.02	1:40.20 (53.18)	2:31.99 (51.79)	3:22.42 (50.43)		
	4:23.78 (1:01.36)	5:25.59 (1:01.81)	6:15.76 (50.17)	7:03.97 (48.21)		
4	Ramos, Mena Cayetana	39	Marcia's Enthusiastic Masters-38	8:50.00	7:40.55	17
	49.68	1:44.45 (54.77)	2:48.63 (1:04.18)	3:56.33 (1:07.70)		
	4:57.87 (1:01.54)	6:00.81 (1:02.94)	6:52.85 (52.04)	7:40.55 (47.70)		
5	Chaiyasane, Koung	37	Marcia's Enthusiastic Masters-38	9:10.00	8:41.53	16
	1:02.30	2:22.17 (1:19.87)	3:33.80 (1:11.63)	4:46.75 (1:12.95)		
	5:46.72 (59.97)	6:46.54 (59.82)	7:45.38 (58.84)	8:41.53 (56.15)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 40-44 50 Yard Freestyle**

NATL: 21.91 ! 4/15/2007 DARA TORRES

PAC: 24.68 # 12/31/1994 Laura B Val

1	Richards, Ericka	44	Santa Rosa Masters-38	25.24	24.97	21
2	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	30.00	26.34	19
3	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	28.64	29.46	18
4	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	34.00	30.22	17
5	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	32.50	32.55	16
6	Tofanelli, Kelly	40	Club Hot Tub-38	38.50	33.40	15
7	Lapidario, Millie	41	Marcia's Enthusiastic Masters-38	43.00	40.18	14
8	Han, Qi	43	Marcia's Enthusiastic Masters-38	59.00	55.08	13

Women 40-44 50 Yard Freestyle

NATL: 21.91 ! 4/15/2007 DARA TORRES

PAC: 24.68 # 12/31/1994 Laura B Val

1	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	NT	28.34	
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Women 40-44 100 Yard Freestyle

NATL: 48.34 ! 4/15/2007 DARA TORRES

PAC: 53.30 # 4/28/2017 Katie Glenn

1	Richards, Ericka	44	Santa Rosa Masters-38	56.99	56.47	21
					27.42 56.47 (29.05)	
2	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	1:04.00	57.69	19
					27.73 57.69 (29.96)	
3	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	1:03.50	1:00.35	18
					29.14 1:00.35 (31.21)	
4	Nehrebecki, Helene	42	Davis Aquatic Masters-38	1:01.59	1:01.60	17
					30.11 1:01.60 (31.49)	
5	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	1:04.27	1:03.44	16
					30.50 1:03.44 (32.94)	
6	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	1:15.00	1:05.87	15
					30.96 1:05.87 (34.91)	
7	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	1:13.16	1:12.90	14
					34.79 1:12.90 (38.11)	
8	Tofanelli, Kelly	40	Club Hot Tub-38	1:25.00	1:15.94	13
					35.14 1:15.94 (40.80)	
9	Han, Qi	43	Marcia's Enthusiastic Masters-38	1:59.00	1:58.62	12
					56.18 1:58.62 (1:02.44)	

Women 40-44 100 Yard Freestyle

NATL: 48.34 ! 4/15/2007 DARA TORRES

PAC: 53.30 # 4/28/2017 Katie Glenn

1	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	NT	1:00.43	
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Women 40-44 200 Yard Freestyle

NATL: 1:51.06 ! 12/22/2002 K PIPES-NEILSEN

PAC: 1:54.53 # 4/30/2017 Katie Glenn

1	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	NT	2:12.12	
2	Richards, Ericka	44	Santa Rosa Masters-38	NT	2:49.52	

Women 40-44 200 Yard Freestyle

NATL: 1:51.06 ! 12/22/2002 K PIPES-NEILSEN

PAC: 1:54.53 # 4/30/2017 Katie Glenn

1	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	2:06.00	2:06.62	21
					27.84 58.22 (30.38) 1:31.57 (33.35) 2:06.62 (35.05)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 40-44 200 Yard Freestyle)**

2	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	2:16.00	2:11.58	19
	30.88	1:04.03 (33.15)	1:37.63 (33.60)	2:11.58 (33.95)		
3	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	2:15.53	2:21.57	18
	32.00	1:06.77 (34.77)	1:43.84 (37.07)	2:21.57 (37.73)		
4	Groskopf, Sarah	41	Club Hot Tub-38	2:24.95	2:21.65	17
	33.52	1:09.81 (36.29)	1:45.98 (36.17)	2:21.65 (35.67)		
5	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	2:35.00	2:24.84	16
	31.89	1:07.90 (36.01)	1:45.68 (37.78)	2:24.84 (39.16)		
6	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	2:50.00	2:43.85	15
	36.60	1:18.14 (41.54)	2:01.40 (43.26)	2:43.85 (42.45)		
7	Achiu, U. Kalei	44	Manatee Aquatic Masters Inc-38	4:00.00	3:06.97	14
	40.29	1:26.58 (46.29)	2:17.16 (50.58)	3:06.97 (49.81)		
8	Williams, Leah	40	Marcia's Enthusiastic Masters-38	4:00.00	3:13.20	13
	43.42	1:32.35 (48.93)	3:13.20 (1:40.85)			

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 ! 10/5/2002 K PIPES-NEILSEN

PAC: 5:06.99 # 12/31/2012 Alison H Zamanian

1	Hardin, Meghan	40	North Bay Aquatics-38	5:45.12	5:34.39	21
	30.75	1:03.71 (32.96)	1:37.75 (34.04)	2:11.85 (34.10)		
	2:45.89 (34.04)	3:19.91 (34.02)	3:53.74 (33.83)	4:27.56 (33.82)		
	5:01.55 (33.99)	5:34.39 (32.84)				
2	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	6:05.00	5:52.00	19
	31.95	1:06.49 (34.54)	1:41.71 (35.22)	2:17.54 (35.83)		
	2:53.21 (35.67)	3:29.11 (35.90)	4:05.09 (35.98)	4:40.96 (35.87)		
	5:16.90 (35.94)	5:52.00 (35.10)				
3	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	5:59.00	5:53.42	18
	32.03	1:06.12 (34.09)	1:41.02 (34.90)	2:16.43 (35.41)		
	2:52.36 (35.93)	3:28.34 (35.98)	4:04.38 (36.04)	4:40.71 (36.33)		
	5:17.10 (36.39)	5:53.42 (36.32)				
4	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	6:15.76	6:14.07	17
	34.37	1:10.94 (36.57)	1:48.44 (37.50)	2:26.56 (38.12)		
	3:04.73 (38.17)	3:43.12 (38.39)	4:21.34 (38.22)	4:59.12 (37.78)		
	5:37.40 (38.28)	6:14.07 (36.67)				
5	Groskopf, Sarah	41	Club Hot Tub-38	6:35.19	6:17.92	16
	34.89	1:11.49 (36.60)	1:48.64 (37.15)	3:42.28 (1:53.64)		
	4:20.98 (38.70)	5:00.16 (39.18)	5:39.29 (39.13)	6:17.90 (38.61)		
	6:17.92 (0.02)					
6	Stankov-Hodge, Marina	41	Marcia's Enthusiastic Masters-38	9:43.00	9:28.19	15
	50.76	1:45.43 (54.67)	2:44.44 (59.01)	3:43.03 (58.59)		
	4:42.00 (58.97)	5:40.51 (58.51)	6:39.15 (58.64)	7:37.41 (58.26)		
	8:34.49 (57.08)	9:28.19 (53.70)				

Women 40-44 500 Yard Freestyle

NATL: 4:58.98 ! 10/5/2002 K PIPES-NEILSEN

PAC: 5:06.99 # 12/31/2012 Alison H Zamanian

1	Rueda, Marcela	40	Santa Rosa Masters-38	NT	6:14.80	
2	Richards, Ericka	44	Santa Rosa Masters-38	NT	6:27.77	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 40-44 1000 Yard Freestyle**

NATL: 10:20.45 ! 12/21/2003 K PIPES-NEILSEN

PAC: 10:24.43 # 12/31/2012 Alison H Zamanian

1	Richards, Ericka	44	Santa Rosa Masters-38	11:54.45	12:12.00	21
	1:02.44	1:37.87 (35.43)	2:13.77 (35.90)	2:49.52 (35.75)		
	3:25.58 (36.06)	4:00.81 (35.23)	4:36.99 (36.18)	5:12.83 (35.84)		
	5:50.05 (37.22)	6:27.77 (37.72)	7:05.24 (37.47)	7:42.56 (37.32)		
	8:19.73 (37.17)	8:56.82 (37.09)	9:32.86 (36.04)	10:09.26 (36.40)		
	10:45.43 (36.17)	11:21.67 (36.24)	11:54.97 (33.30)	12:12.00 (17.03)		
2	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	12:20.00	12:15.24	19
	34.65	1:11.69 (37.04)	1:49.25 (37.56)	2:26.60 (37.35)		
	3:03.97 (37.37)	3:41.62 (37.65)	4:18.89 (37.27)	4:55.92 (37.03)		
	5:33.00 (37.08)	6:09.99 (36.99)	6:46.76 (36.77)	7:23.65 (36.89)		
	8:01.19 (37.54)	8:38.64 (37.45)	9:15.81 (37.17)	9:52.32 (36.51)		
	10:28.54 (36.22)	11:04.72 (36.18)	11:40.49 (35.77)	12:15.24 (34.75)		
3	Lee, Jez	41	Marcia's Enthusiastic Masters-38	16:45.00	15:59.59	18
	40.02	1:25.18 (45.16)	2:13.46 (48.28)	3:02.36 (48.90)		
	3:50.54 (48.18)	4:38.59 (48.05)	5:27.48 (48.89)	6:16.02 (48.54)		
	7:04.30 (48.28)	7:52.99 (48.69)	8:41.03 (48.04)	9:31.14 (50.11)		
	10:19.19 (48.05)	11:06.96 (47.77)	11:57.84 (50.88)	12:46.71 (48.87)		
	14:25.89 (1:39.18)	15:14.28 (48.39)	15:59.59 (45.31)			

Women 40-44 1000 Yard Freestyle

NATL: 10:20.45 ! 12/21/2003 K PIPES-NEILSEN

PAC: 10:24.43 # 12/31/2012 Alison H Zamanian

1	Rueda, Marcela	40	Santa Rosa Masters-38	NT	12:39.64	
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Women 40-44 1650 Yard Freestyle

NATL: 17:06.37 ! 11/4/2018 HEIDI GEORGE

PAC: 17:06.37 # 11/4/2018 Heidi S George

1	Hardin, Meghan	40	North Bay Aquatics-38	20:16.07	19:33.88	21
	32.44	1:07.31 (34.87)	1:42.66 (35.35)	2:18.37 (35.71)		
	2:54.02 (35.65)	3:29.85 (35.83)	4:05.81 (35.96)	4:41.80 (35.99)		
	5:17.80 (36.00)	5:54.05 (36.25)	6:29.75 (35.70)	7:05.53 (35.78)		
	7:41.28 (35.75)	8:17.07 (35.79)	8:53.20 (36.13)	9:28.86 (35.66)		
	10:04.61 (35.75)	10:40.42 (35.81)	11:16.51 (36.09)	11:52.49 (35.98)		
	12:28.30 (35.81)	13:04.02 (35.72)	13:40.01 (35.99)	14:16.01 (36.00)		
	14:52.03 (36.02)	15:27.82 (35.79)	16:03.44 (35.62)	16:38.75 (35.31)		
	17:14.26 (35.51)	17:49.54 (35.28)	18:24.91 (35.37)	18:59.98 (35.07)	19:33.88 (33.90)	
2	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	21:00.00	19:50.64	19
	32.73	1:07.76 (35.03)	1:43.31 (35.55)	2:18.89 (35.58)		
	2:54.71 (35.82)	3:30.98 (36.27)	4:06.90 (35.92)	4:43.55 (36.65)		
	5:20.16 (36.61)	5:56.19 (36.03)	6:32.46 (36.27)	7:08.85 (36.39)		
	7:45.21 (36.36)	8:21.58 (36.37)	8:57.85 (36.27)	9:34.15 (36.30)		
	10:10.56 (36.41)	10:46.80 (36.24)	11:23.00 (36.20)	11:59.03 (36.03)		
	12:35.15 (36.12)	13:11.65 (36.50)	13:48.15 (36.50)	14:24.87 (36.72)		
	15:01.34 (36.47)	15:37.83 (36.49)	16:14.61 (36.78)	16:51.09 (36.48)		
	17:27.52 (36.43)	18:03.80 (36.28)	18:40.00 (36.20)	19:15.83 (35.83)	19:50.64 (34.81)	
3	Rueda, Marcela	40	Santa Rosa Masters-38	21:24.48	21:02.00	18
	33.92	1:10.54 (36.62)	1:47.83 (37.29)	2:25.56 (37.73)		
	3:03.43 (37.87)	3:41.38 (37.95)	4:19.63 (38.25)	4:57.72 (38.09)		
	5:36.12 (38.40)	6:14.80 (38.68)	6:53.15 (38.35)	7:32.07 (38.92)		
	8:10.75 (38.68)	8:49.16 (38.41)	9:27.59 (38.43)	10:05.94 (38.35)		
	10:44.01 (38.07)	11:22.44 (38.43)	12:39.64 (1:17.20)	13:18.28 (38.64)		
	13:57.06 (38.78)	14:35.70 (38.64)	15:14.72 (39.02)	15:53.68 (38.96)		
	16:32.61 (38.93)	17:11.76 (39.15)	17:50.49 (38.73)	18:29.45 (38.96)		
	19:08.28 (38.83)	19:46.86 (38.58)	20:24.95 (38.09)	21:02.29 (37.34)	21:02.00 ()	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 40-44 1650 Yard Freestyle)**

4	Groskopf, Sarah	41	Club Hot Tub-38	22:12.81	21:32.85	17
	35.87	1:13.35 (37.48)	1:52.31 (38.96)	2:31.31 (39.00)		
	3:09.94 (38.63)	3:49.31 (39.37)	4:28.38 (39.07)	5:07.53 (39.15)		
	5:46.62 (39.09)	6:26.09 (39.47)	7:05.45 (39.36)	7:44.30 (38.85)		
	8:23.48 (39.18)	9:02.46 (38.98)	9:42.11 (39.65)	10:21.71 (39.60)		
	11:00.93 (39.22)	11:40.29 (39.36)	12:19.72 (39.43)	12:58.89 (39.17)		
	13:37.91 (39.02)	14:17.20 (39.29)	14:57.26 (40.06)	15:36.41 (39.15)		
	16:16.33 (39.92)	16:55.99 (39.66)	17:36.02 (40.03)	18:15.67 (39.65)		
	18:54.77 (39.10)	19:34.69 (39.92)	20:14.20 (39.51)	20:53.87 (39.67)	21:32.85 (38.98)	
5	Lee, Jez	41	Marcia's Enthusiastic Masters-38	28:15.00	26:27.05	16
			2:13.45 ()	3:02.14 (48.69)		
	4:41.01 (1:38.87)		5:30.01 ()			
	7:08.09 ()	8:45.59 (1:37.50)	9:33.57 (47.98)	10:21.00 (47.43)		
		11:08.99 ()	11:56.25 (47.26)	12:43.95 (47.70)		
		14:20.47 ()	15:09.19 (48.72)	15:57.40 (48.21)		
	16:47.29 (49.89)	17:35.41 (48.12)	18:23.60 (48.19)	20:01.41 (1:37.81)		
	20:51.25 (49.84)	21:39.45 (48.20)	22:28.57 (49.12)	24:02.51 (1:33.94)		
			25:39.44 ()	26:27.05 (47.61)		
6	Achiu, U. Kalei	44	Manatee Aquatic Masters Inc-38	33:00.00	28:30.38	15
	44.91	1:35.48 (50.57)	2:25.93 (50.45)	3:17.72 (51.79)		
	4:09.43 (51.71)	5:01.55 (52.12)	5:52.55 (51.00)	6:44.65 (52.10)		
	7:35.42 (50.77)	8:27.18 (51.76)	9:18.95 (51.77)	10:11.21 (52.26)		
	11:01.63 (50.42)	13:38.53 (2:36.90)	14:29.46 (50.93)	16:16.98 (1:47.52)		
	18:02.34 (1:45.36)	18:54.93 (52.59)	19:48.69 (53.76)	20:38.86 (50.17)		
	21:31.33 (52.47)	22:24.73 (53.40)	23:17.34 (52.61)	24:10.74 (53.40)		
	25:02.73 (51.99)		27:40.10 ()	28:30.38 (50.28)		
7	Williams, Leah	40	Marcia's Enthusiastic Masters-38	30:00.00	30:16.23	14
	47.48	1:36.65 (49.17)	2:28.63 (51.98)	3:21.98 (53.35)		
	4:14.51 (52.53)	5:09.82 (55.31)	6:03.49 (53.67)	6:58.25 (54.76)		
	7:52.34 (54.09)	8:47.23 (54.89)	9:43.51 (56.28)	10:37.19 (53.68)		
	11:33.93 (56.74)	12:29.21 (55.28)	14:20.12 (1:50.91)	15:16.36 (56.24)		
	16:11.94 (55.58)	17:09.07 (57.13)	18:03.62 (54.55)	18:58.65 (55.03)		
	19:54.19 (55.54)	20:49.43 (55.24)	21:47.88 (58.45)	22:43.73 (55.85)		
	23:41.36 (57.63)	24:38.77 (57.41)	25:35.03 (56.26)	26:34.33 (59.30)		
			30:16.05 ()	30:41.84 (25.79)	30:16.23 ()	

Women 40-44 50 Yard Backstroke

NATL: 26.12 ! 5/1/2011 **SHERI HART**
PAC: 27.83 # 12/31/2009 **Jody Smith**

1	Richards, Ericka	44	Santa Rosa Masters-38	30.08	29.14	21
2	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	37.00	32.79	19
3	Nehrebecki, Helene	42	Davis Aquatic Masters-38	33.72	33.27	18
4	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	45.00	35.33	17
5	Clark, Cynthia A	41	Club Hot Tub-38	37.20	37.22	16
6	Bailey, Jessica	43	Marcia's Enthusiastic Masters-38	53.00	40.53	15

Women 40-44 100 Yard Backstroke

NATL: 56.03 ! 4/30/2011 **SHERI HART**
PAC: 59.89 # 12/31/2009 **Jody Smith**

1	Nehrebecki, Helene	42	Davis Aquatic Masters-38	1:15.38	1:13.60	21
	35.47	1:13.60 (38.13)				
2	Groskopf, Sarah	41	Club Hot Tub-38	1:16.83	1:14.54	19
	36.04	1:14.54 (38.50)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 40-44 100 Yard Backstroke)**

3	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	1:30.00	1:17.34	18
	37.12		1:17.34 (40.22)			
4	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	1:30.00	1:24.77	17
	42.26		1:24.77 (42.51)			
5	Han, Qi	43	Marcia's Enthusiastic Masters-38	2:54.00	2:23.80	16
	1:09.46		2:23.80 (1:14.34)			

Women 40-44 200 Yard BackstrokeNATL: **2:03.61** ! 7/25/2021 **JENNIFER MIHALIK**PAC: **2:06.91** # 12/31/2009 **Jody Smith**

1	Rueda, Marcela	40	Santa Rosa Masters-38	2:37.73	2:33.34	21
	35.67		1:14.04 (38.37)	1:53.64 (39.60)	2:33.34 (39.70)	
2	Groskopf, Sarah	41	Club Hot Tub-38	2:44.92	2:42.43	19
	37.77		1:18.92 (41.15)	2:00.84 (41.92)	2:42.43 (41.59)	
3	Nehrebecki, Helene	42	Davis Aquatic Masters-38	3:00.00	2:50.92	18
	1:25.43		2:08.51 (43.08)	2:50.92 (42.41)	2:50.92 ()	
4	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	3:30.00	3:06.89	17
	42.51		1:29.87 (47.36)	2:19.12 (49.25)	3:06.89 (47.77)	

Women 40-44 50 Yard BreaststrokeNATL: **28.71** ! 5/11/2018 **KATIE GLENN**PAC: **29.51** # 4/30/2017 **Katie Glenn**

1	Rueda, Marcela	40	Santa Rosa Masters-38	34.89	35.06	21
2	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	38.00	35.40	19
3	Clark, Cynthia A	41	Club Hot Tub-38	38.50	39.78	18
4	Lee, Jez	41	Marcia's Enthusiastic Masters-38	45.00	42.63	17
5	Lapidario, Millie	41	Marcia's Enthusiastic Masters-38	56.00	50.55	16
---	Han, Qi	43	Marcia's Enthusiastic Masters-38	1:10.00	DQ	

Women 40-44 100 Yard BreaststrokeNATL: **1:02.70** ! 5/13/2018 **KATIE GLENN**PAC: **1:03.95** # 4/28/2017 **Katie Glenn**

1	Richards, Ericka	44	Santa Rosa Masters-38	1:09.59	1:13.38	21
	34.76		1:13.38 (38.62)			
2	Rueda, Marcela	40	Santa Rosa Masters-38	1:14.93	1:13.74	19
	35.15		1:13.74 (38.59)			
3	Lee, Jez	41	Marcia's Enthusiastic Masters-38	1:40.00	1:35.60	18
	46.14		1:35.60 (49.46)			
4	Lapidario, Millie	41	Marcia's Enthusiastic Masters-38	2:10.00	1:52.32	17
	53.41		1:52.32 (58.91)			
5	Han, Qi	43	Marcia's Enthusiastic Masters-38	2:19.00	2:29.81	16
	1:12.81		2:29.81 (1:17.00)			

Women 40-44 200 Yard BreaststrokeNATL: **2:17.06** ! 5/14/2006 **S VON DER LIPPE**PAC: **2:22.21** # 4/29/2017 **Katie Glenn**

1	Rueda, Marcela	40	Santa Rosa Masters-38	2:44.42	2:42.19	21
	36.33		1:17.04 (40.71)	1:59.45 (42.41)	2:42.19 (42.74)	
2	Hardin, Meghan	40	North Bay Aquatics-38	2:38.10	2:42.33	19
	37.47		1:19.13 (41.66)	2:00.86 (41.73)	2:42.33 (41.47)	
3	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	2:50.00	2:51.39	18
	39.49		1:22.99 (43.50)	2:07.39 (44.40)	2:51.39 (44.00)	
4	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	3:30.00	3:12.90	17
	43.31		1:32.92 (49.61)	2:23.03 (50.11)	3:12.90 (49.87)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 40-44 200 Yard Breaststroke)**

5	McCullough, Juliette	40	Rolling Hills Mud Sharks-38	3:16.99	3:30.32	16
	46.90	1:40.20 (53.30)	2:36.08 (55.88)	3:30.32 (54.24)		

Women 40-44 50 Yard Butterfly

NATL: 25.14 ! 5/10/2009 **S VON DER LIPPE**

PAC: 26.46 # 12/31/1994 **Laura B Val**

1	Richards, Ericka	44	Santa Rosa Masters-38	28.06	28.36	21
2	Nehrebecki, Helene	42	Davis Aquatic Masters-38	30.99	29.63	19
3	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	29.97	32.10	18
4	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	40.00	34.02	17
5	McCullough, Juliette	40	Rolling Hills Mud Sharks-38	37.44	36.23	16
6	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	37.44	36.31	15
7	Clark, Cynthia A	41	Club Hot Tub-38	33.50	36.47	14
8	Lee, Jez	41	Marcia's Enthusiastic Masters-38	42.00	36.51	13
9	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	43.00	38.34	12
10	Bailey, Jessica	43	Marcia's Enthusiastic Masters-38	53.00	45.73	11
11	Martin, Brienne	41	Marcia's Enthusiastic Masters-38	46.00	45.85	10
12	Lapidario, Millie	41	Marcia's Enthusiastic Masters-38	56.00	47.53	9

Women 40-44 100 Yard Butterfly

NATL: 54.83 ! 5/10/2009 **S VON DER LIPPE**

PAC: 59.06 # 12/31/2009 **Lauren K Welting**

1	Nehrebecki, Helene	42	Davis Aquatic Masters-38	1:11.15	1:08.51	21
	32.15	1:08.51 (36.36)				
2	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	1:15.83	1:12.87	19
	34.16	1:12.87 (38.71)				
3	Hendrix, Haley	42	Fresno Dolphins Masters Swim T-38	1:40.00	1:20.13	18
	35.86	1:20.13 (44.27)				
4	McCullough, Juliette	40	Rolling Hills Mud Sharks-38	1:35.99	1:26.71	17
	40.75	1:26.71 (45.96)				
5	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	1:40.00	1:26.74	16
	40.15	1:26.74 (46.59)				

Women 40-44 200 Yard Butterfly

NATL: 2:03.13 ! 5/4/2008 **S VON DER LIPPE**

PAC: 2:11.01 # 12/31/2012 **Alison H Zamanian**

1	Rueda, Marcela	40	Santa Rosa Masters-38	2:48.46	2:46.07	21
	34.62	1:15.87 (41.25)	2:00.42 (44.55)	2:46.07 (45.65)		
2	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	3:35.00	3:08.68	19
	41.60	1:31.11 (49.51)	2:20.23 (49.12)	3:08.68 (48.45)		

Women 40-44 100 Yard IM

NATL: 57.95 ! 4/28/2012 **ERIKA BRAUN**

PAC: 1:00.89 # 4/29/2017 **Katie Glenn**

1	Richards, Ericka	44	Santa Rosa Masters-38	1:05.76	1:06.10	21
	30.52	1:06.10 (35.58)				
2	Hardin, Meghan	40	North Bay Aquatics-38	1:05.15	1:07.25	19
	30.84	1:07.25 (36.41)				
3	McCaffrey, Elizabeth R	43	Fresno Dolphins Masters Swim T-38	1:18.00	1:07.63	18
	31.92	1:07.63 (35.71)				
4	Benas, Rebecca M	42	Fresno Dolphins Masters Swim T-38	1:17.94	1:16.55	17
	35.24	1:16.55 (41.31)				
5	Clark, Cynthia A	41	Club Hot Tub-38	1:21.10	1:20.22	16

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 40-44 100 Yard IM)**

6	Flynn, Elizabeth	42	Marcia's Enthusiastic Masters-38	1:30.00	1:21.56	15
	37.91		1:21.56 (43.65)			
7	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	1:25.13	1:24.49	14
	38.74		1:24.49 (45.75)			
8	McCullough, Juliette	40	Rolling Hills Mud Sharks-38	1:23.26	1:25.07	13
9	Lee, Jez	41	Marcia's Enthusiastic Masters-38	1:35.00	1:25.08	12
	39.87		1:25.08 (45.21)			
10	Bailey, Jessica	43	Marcia's Enthusiastic Masters-38	1:45.00	1:36.54	11
	43.27		1:36.54 (53.27)			
11	Lapidario, Millie	41	Marcia's Enthusiastic Masters-38	2:05.00	1:53.20	10
	56.18		1:53.20 (57.02)			

Women 40-44 200 Yard IMNATL: **2:04.85** ! 5/4/2008 **S VON DER LIPPE**PAC: **2:10.62** # 12/31/2003 **Jill S Hernandez**

1	Nehrebecki, Helene	42	Davis Aquatic Masters-38	2:40.00	2:33.43	21
	33.86		1:13.56 (39.70) 1:58.13 (44.57) 2:33.43 (35.30)			
2	Hahnel, Carrie	43	Marcia's Enthusiastic Masters-38	2:40.00	2:33.93	19
	34.48		1:16.73 (42.25) 2:00.62 (43.89) 2:33.93 (33.31)			
3	Groskopf, Sarah	41	Club Hot Tub-38	2:52.83	2:40.07	18
	34.52		1:14.72 (40.20) 2:03.22 (48.50) 2:40.07 (36.85)			
4	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	3:00.00	3:02.50	17
	38.71		1:26.92 (48.21) 2:20.33 (53.41) 3:02.50 (42.17)			
5	Han, Qi	43	Marcia's Enthusiastic Masters-38	5:00.00	4:48.42	16
	1:05.10		2:28.93 (1:23.83) 3:43.58 (1:14.65) 4:48.42 (1:04.84)			

Women 40-44 400 Yard IMNATL: **4:28.43** ! 5/4/2008 **S VON DER LIPPE**PAC: **4:37.83** # 12/31/2001 **Jill S Hernandez**

1	Hardin, Meghan	40	North Bay Aquatics-38	5:03.02	5:02.84	21
	31.58		1:08.58 (37.00) 1:46.96 (38.38) 2:24.86 (37.90)			
	3:07.35 (42.49)		3:51.41 (44.06) 4:27.41 (36.00) 5:02.84 (35.43)			
2	Rueda, Marcela	40	Santa Rosa Masters-38	5:20.00	5:22.21	19
	34.46		1:14.72 (40.26) 1:57.00 (42.28) 2:38.25 (41.25)			
	3:22.33 (44.08)		4:07.33 (45.00) 4:45.48 (38.15) 5:22.21 (36.73)			
3	Schley, Kelly	42	Marcia's Enthusiastic Masters-38	7:45.00	6:25.79	18
	41.89		1:28.86 (46.97) 2:19.11 (50.25) 3:08.18 (49.07)			
	4:02.90 (54.72)		4:57.13 (54.23) 5:42.46 (45.33) 6:25.79 (43.33)			
4	Lee, Jez	41	Marcia's Enthusiastic Masters-38	7:40.00	6:59.70	17
	40.02		2:35.13 (1:55.11) 3:35.97 (1:00.84) 4:27.84 (51.87)			
	5:23.18 (55.34)		6:14.40 (51.22) 6:59.60 (45.20) 6:59.70 (0.10)			

Women 45-49 50 Yard FreestyleNATL: **23.80** ! 4/8/2017 **ERIKA BRAUN**PAC: **25.10** # 12/31/1999 **Laura B Val**

1	Maidenberg, Eve	45	Conejo Valley Masters-33	27.92	28.24	21
2	deClercq, Tammy C	45	Club Hot Tub-38	35.01	28.73	19
3	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	30.93	31.57	18
4	Balch, Christina	46	Marcia's Enthusiastic Masters-38	34.50	32.62	17
5	Lindahl, Sarah	45	Marcia's Enthusiastic Masters-38	37.00	33.85	16
6	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	39.50	36.26	15
7	Spott, Rachel Farrah	45	University of San Francisco Ma-38	3:00.00	43.34	14

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 45-49 100 Yard Freestyle**

NATL: 51.99 ! 4/9/2017 ERIKA BRAUN

PAC: 53.27 # 12/31/2001 Laura B Val

1	Maidenberg, Eve	45	Conejo Valley Masters-33	59.46	1:01.05	21
	29.28		1:01.05 (31.77)			
2	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	1:15.00	1:13.13	19
	35.77		1:13.13 (37.36)			
3	Balch, Christina	46	Marcia's Enthusiastic Masters-38	1:15.00	1:15.31	18
	36.05		1:15.31 (39.26)			
4	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	1:33.00	1:25.14	17
	41.38		1:25.14 (43.76)			
5	McDonnell, Libby	49	Marcia's Enthusiastic Masters-38	1:39.00	1:34.70	16
	42.54		1:34.70 (52.16)			

Women 45-49 100 Yard Freestyle

NATL: 51.99 ! 4/9/2017 ERIKA BRAUN

PAC: 53.27 # 12/31/2001 Laura B Val

1	Pledger, Abby	47	North Bay Aquatics-38	NT	57.11	
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Women 45-49 200 Yard Freestyle

NATL: 1:53.28 ! 12/16/2007 K PIPES-NEILSEN

PAC: 1:57.73 # 4/7/2017 Alison H Zamanian

1	Pledger, Abby	47	North Bay Aquatics-38	2:06.63	2:05.24	21
	29.58		1:01.50 (31.92)	1:33.85 (32.35)	2:05.24 (31.39)	
2	Maidenberg, Eve	45	Conejo Valley Masters-33	2:12.71	2:09.34	19
	30.36		1:02.89 (32.53)	1:35.91 (33.02)	2:09.34 (33.43)	
3	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	3:50.00	3:38.26	18
	48.43		1:40.89 (52.46)	2:37.05 (56.16)	3:38.26 (1:01.21)	
4	Spott, Rachel Farrah	45	University of San Francisco Ma-38	6:30.00	3:38.49	17
	47.12		1:42.53 (55.41)	2:41.51 (58.98)	3:38.49 (56.98)	

Women 45-49 500 Yard Freestyle

NATL: 5:03.45 ! 7/22/2021 HEIDI GEORGE

PAC: 5:03.45 # 7/22/2021 Heidi S George

1	Pledger, Abby	47	North Bay Aquatics-38	5:45.22	5:35.00	21
	30.68		1:03.55 (32.87)	1:37.22 (33.67)	2:11.10 (33.88)	
	2:45.47 (34.37)		3:19.72 (34.25)	3:53.67 (33.95)	4:27.73 (34.06)	
	5:02.01 (34.28)		5:35.00 (32.99)			
2	Profumo, Tesla	45	Santa Cruz Masters Aquatics-38	5:40.00	5:35.81	19
	31.16		1:04.59 (33.43)	1:38.49 (33.90)	2:12.81 (34.32)	
	2:46.66 (33.85)		3:20.47 (33.81)	3:54.78 (34.31)	4:28.80 (34.02)	
	5:02.90 (34.10)		5:35.81 (32.91)			
3	Maidenberg, Eve	45	Conejo Valley Masters-33	5:45.70	5:56.80	18
	31.09		1:04.53 (33.44)	1:38.81 (34.28)	2:13.79 (34.98)	
	2:49.13 (35.34)		3:25.35 (36.22)	4:03.14 (37.79)	4:41.26 (38.12)	
	5:19.65 (38.39)		5:56.80 (37.15)			
4	Balch, Christina	46	Marcia's Enthusiastic Masters-38	7:25.00	7:16.25	17
	40.24		1:23.38 (43.14)	2:07.30 (43.92)	2:51.63 (44.33)	
	3:35.82 (44.19)		4:20.47 (44.65)	5:05.23 (44.76)	5:49.91 (44.68)	
	6:34.59 (44.68)		7:16.25 (41.66)			
5	Lindahl, Sarah	45	Marcia's Enthusiastic Masters-38	10:00.00	9:11.99	16
	44.16		1:33.98 (49.82)	2:28.94 (54.96)	3:26.20 (57.26)	
	4:23.21 (57.01)		5:20.12 (56.91)	7:18.30 (1:58.18)	8:16.75 (58.45)	
	9:11.97 (55.22)		9:11.99 (0.02)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 45-49 500 Yard Freestyle)**

6	Spott, Rachel Farrah	45	University of San Francisco Ma-38	16:00.00	9:36.80	15
	53.03	1:48.26 (55.23)	2:48.24 (59.98)	3:49.02 (1:00.78)		
	6:46.38 (2:57.36)			7:44.94 ()		
	8:42.18 (57.24)	9:36.80 (54.62)				

Women 45-49 1000 Yard Freestyle

NATL: 10:18.26 ! 12/16/2021 HEIDI GEORGE

PAC: 10:18.26 # 12/19/2021 Heidi S George

1	Maidenberg, Eve	45	Conejo Valley Masters-33	11:58.22	12:00.27	21
	31.98	1:06.97 (34.99)	1:42.69 (35.72)	2:18.60 (35.91)		
	2:54.30 (35.70)	3:30.31 (36.01)	4:06.61 (36.30)	4:43.02 (36.41)		
	5:19.64 (36.62)	5:56.28 (36.64)	6:33.00 (36.72)	7:10.08 (37.08)		
	7:46.90 (36.82)	8:24.09 (37.19)	9:00.92 (36.83)	9:37.78 (36.86)		
	10:14.52 (36.74)	10:50.37 (35.85)	11:25.84 (35.47)	12:00.27 (34.43)		
2	Balch, Christina	46	Marcia's Enthusiastic Masters-38	15:30.00	14:56.86	19
	40.20	1:24.34 (44.14)	2:09.51 (45.17)	2:55.09 (45.58)		
	3:40.86 (45.77)	4:26.87 (46.01)	5:12.25 (45.38)	5:57.73 (45.48)		
	6:43.61 (45.88)	7:28.86 (45.25)	8:14.02 (45.16)	8:59.92 (45.90)		
	9:45.16 (45.24)	10:30.50 (45.34)	11:15.79 (45.29)	12:01.18 (45.39)		
	12:46.57 (45.39)	13:31.42 (44.85)	14:15.68 (44.26)	14:56.86 (41.18)		
3	Lindahl, Sarah	45	Marcia's Enthusiastic Masters-38	19:00.00	19:22.83	18
	45.60	1:36.26 (50.66)	2:30.03 (53.77)	3:26.49 (56.46)		
	4:23.23 (56.74)	5:23.65 (1:00.42)	7:23.47 (1:59.82)			
	8:21.78 ()	10:23.06 (2:01.28)	11:22.87 (59.81)	12:22.94 (1:00.07)		
	13:22.87 (59.93)	14:24.30 (1:01.43)	15:25.97 (1:01.67)	16:24.71 (58.74)		
	17:25.94 (1:01.23)	18:27.67 (1:01.73)	19:22.83 (55.16)			

Women 45-49 1650 Yard Freestyle

NATL: 17:05.13 ! 7/21/2021 HEIDI GEORGE

PAC: 17:05.13 # 7/21/2021 Heidi S George

1	Maze, Ghislaine	47	Richmond Plunge Masters-38	25:52.00	25:33.71	21
	41.05	1:25.62 (44.57)	2:11.81 (46.19)	2:58.98 (47.17)		
	3:45.71 (46.73)	4:32.82 (47.11)	5:19.52 (46.70)	6:05.84 (46.32)		
	6:52.75 (46.91)	7:39.07 (46.32)	8:25.84 (46.77)	9:12.50 (46.66)		
	9:59.23 (46.73)	10:46.12 (46.89)	11:32.53 (46.41)	12:18.51 (45.98)		
	13:04.57 (46.06)	13:50.56 (45.99)	14:36.98 (46.42)	15:23.09 (46.11)		
	16:09.07 (45.98)	16:55.19 (46.12)	17:42.23 (47.04)	18:29.63 (47.40)		
	19:16.85 (47.22)	20:04.01 (47.16)	20:51.33 (47.32)	21:38.40 (47.07)		
	22:25.88 (47.48)	23:12.51 (46.63)	23:58.99 (46.48)	24:46.39 (47.40)	25:33.71 (47.32)	
2	Spott, Rachel Farrah	45	University of San Francisco Ma-38	45:00.00	33:23.90	19
	50.65	1:46.54 (55.89)	2:46.07 (59.53)	3:45.03 (58.96)		
	4:44.59 (59.56)	5:42.34 (57.75)	6:42.76 (1:00.42)	7:41.07 (58.31)		
	8:41.39 (1:00.32)	9:42.36 (1:00.97)	10:43.44 (1:01.08)	12:47.29 (2:03.85)		
	13:49.00 (1:01.71)	14:48.72 (59.72)	15:50.17 (1:01.45)	16:52.80 (1:02.63)		
	17:53.43 (1:00.63)	18:55.93 (1:02.50)	19:56.61 (1:00.68)			
	20:58.53 ()	22:03.70 (1:05.17)	23:05.12 (1:01.42)	24:08.45 (1:03.33)		
	25:11.26 (1:02.81)	26:13.57 (1:02.31)	27:17.68 (1:04.11)	28:18.93 (1:01.25)		
	29:21.63 (1:02.70)	30:24.75 (1:03.12)	32:29.06 (2:04.31)	33:23.94 (54.88)	33:23.90 ()	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 45-49 1650 Yard Freestyle)**

3	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	36:30.00	33:39.49	18
	53.74	1:52.29 (58.55)	2:52.72 (1:00.43)	3:53.58 (1:00.86)		
	4:55.63 (1:02.05)	5:56.50 (1:00.87)	6:57.64 (1:01.14)	8:00.17 (1:02.53)		
	9:01.46 (1:01.29)	10:04.80 (1:03.34)	11:08.67 (1:03.87)	12:08.72 (1:00.05)		
	13:11.25 (1:02.53)	14:12.92 (1:01.67)	15:17.66 (1:04.74)	16:21.17 (1:03.51)		
	17:22.91 (1:01.74)	18:26.75 (1:03.84)	19:30.85 (1:04.10)	20:32.61 (1:01.76)		
	21:36.98 (1:04.37)	22:40.65 (1:03.67)	23:42.16 (1:01.51)	24:44.82 (1:02.66)		
	25:47.26 (1:02.44)	26:49.74 (1:02.48)	27:48.84 (59.10)	28:48.37 (59.53)		
	29:48.30 (59.93)	30:49.10 (1:00.80)	31:51.09 (1:01.99)	32:51.48 (1:00.39)	33:39.49 (48.01)	

Women 45-49 50 Yard Backstroke

NATL: 27.35 ! 12/21/2008 **K PIPES-NEILSEN**
PAC: 28.26 # 12/31/1997 **Laura B Val**

1	Smith, Angela	47	San Ramon Valley Aquatics Mast-38	36.00	34.25	21
2	Damian, Mihaela	45	Uc38	39.84	38.19	19
3	Gallagher, Hanna Alix	49	Menlo Masters-38	1:27.00	39.04	18
4	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	50.00	51.18	17

Women 45-49 100 Yard Backstroke

NATL: 57.83 ! 5/23/2010 **ELLEN REYNOLDS**
PAC: 1:01.50 # 12/31/1997 **Laura B Val**

1	Schulz, Tara	45	Uc38	1:30.00	1:19.52	21
	38.63	1:19.52 (40.89)				
---	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	1:58.00	DQ	
	1:02.52	DQ (1:02.38)				

Women 45-49 200 Yard Backstroke

NATL: 2:04.65 ! 4/19/2009 **K PIPES-NEILSEN**
PAC: 2:13.27 # 12/31/2009 **Lisa A Ward**

1	Smith, Angela	47	San Ramon Valley Aquatics Mast-38	3:00.00	2:39.45	21
	36.73	1:16.91 (40.18)	1:58.57 (41.66)	2:39.45 (40.88)		
2	Gallagher, Hanna Alix	49	Menlo Masters-38	3:15.00	2:56.66	19
	44.33	1:29.53 (45.20)	2:14.72 (45.19)	2:56.66 (41.94)		
3	Damian, Mihaela	45	Uc38	3:02.84	3:02.18	18
	42.14	1:27.47 (45.33)	2:15.43 (47.96)	3:02.18 (46.75)		

Women 45-49 50 Yard Breaststroke

NATL: 30.17 ! 5/20/2007 **CAROLINE KRATTLI**
PAC: 32.82 # 12/31/1994 **Susan Roy**

1	Schulz, Tara	45	Uc38	38.33	37.71	21
2	Spott, Rachel Farrah	45	University of San Francisco Ma-38	3:00.00	49.73	19

Women 45-49 100 Yard Breaststroke

NATL: 1:05.85 ! 3/27/2011 **S VON DER LIPPE**
PAC: 1:10.77 # 12/31/2009 **Lisa A Ward**

1	Schulz, Tara	45	Uc38	1:23.00	1:20.67	21
	37.56	1:20.67 (43.11)				
2	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	1:42.00	1:38.70	19
	47.01	1:38.70 (51.69)				
3	Spott, Rachel Farrah	45	University of San Francisco Ma-38	5:00.00	1:48.54	18
	52.08	1:48.54 (56.46)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 45-49 200 Yard Breaststroke**

NATL: 2:22.76 ! 5/1/2011 S VON DER LIPPE

PAC: 2:35.57 # 12/31/2004 Dea A Joslin

1	Cameron, Melissa	45	Quicksilver Masters-38	2:55.00	2:54.64	21
				39.89	1:22.81 (42.92)	
					2:08.03 (45.22)	
					2:54.64 (46.61)	
2	Davis, Taylor	45	University of San Francisco Ma-38	3:30.00	3:49.93	19
				49.35	1:46.09 (56.74)	
					2:46.56 (1:00.47)	
					3:49.93 (1:03.37)	
3	Spott, Rachel Farrah	45	University of San Francisco Ma-38	6:30.00	3:59.04	18

Women 45-49 50 Yard Butterfly

NATL: 25.64 ! 4/9/2017 ERIKA BRAUN

PAC: 27.02 # 12/31/1998 Laura B Val

1	Smith, Angela	47	San Ramon Valley Aquatics Mast-38	33.00	31.49	21
2	Maidenberg, Eve	45	Conejo Valley Masters-33	37.71	33.26	19
3	Gallagher, Hanna Alix	49	Menlo Masters-38	35.00	36.79	18
4	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	36.33	37.06	17
5	Balch, Christina	46	Marcia's Enthusiastic Masters-38	38.50	40.89	16
6	Lindahl, Sarah	45	Marcia's Enthusiastic Masters-38	55.00	47.58	15
7	Taylor, Opal	46	Marcia's Enthusiastic Masters-38	55.00	52.63	14

Women 45-49 100 Yard Butterfly

NATL: 56.97 ! 5/1/2011 S VON DER LIPPE

PAC: 59.82 # 12/31/2001 Laura B Val

1	Profumo, Tesla	45	Santa Cruz Masters Aquatics-38	1:10.00	1:07.54	21
				31.66	1:07.54 (35.88)	
2	Smith, Angela	47	San Ramon Valley Aquatics Mast-38	1:18.00	1:13.88	19
				33.25	1:13.88 (40.63)	
3	Gallagher, Hanna Alix	49	Menlo Masters-38	1:36.00	1:24.40	18
				39.95	1:24.40 (44.45)	
4	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	1:24.27	1:25.55	17
				39.61	1:25.55 (45.94)	
5	Balch, Christina	46	Marcia's Enthusiastic Masters-38	1:35.00	1:31.39	16
				42.12	1:31.39 (49.27)	

Women 45-49 200 Yard Butterfly

NATL: 2:07.39 ! 12/26/2008 K PIPES-NEILSEN

PAC: 2:11.12 # 12/31/2001 Laura B Val

1	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	3:21.00	3:22.04	21
				42.67	1:33.11 (50.44)	
					2:27.16 (54.05)	
					3:22.04 (54.88)	

Women 45-49 100 Yard IM

NATL: 59.39 ! 4/28/2012 FALL WILLEBOORDSE

PAC: 1:02.13 # 12/31/2009 Lisa A Ward

1	Pledger, Abby	47	North Bay Aquatics-38	1:08.83	1:06.09	21
				30.78	1:06.09 (35.31)	
2	Profumo, Tesla	45	Santa Cruz Masters Aquatics-38	1:12.00	1:08.40	19
				31.52	1:08.40 (36.88)	
3	Cameron, Melissa	45	Quicksilver Masters-38	1:13.72	1:12.93	18
				34.31	1:12.93 (38.62)	
4	Maidenberg, Eve	45	Conejo Valley Masters-33	1:16.29	1:13.17	17
				35.69	1:13.17 (37.48)	
5	Gallagher, Hanna Alix	49	Menlo Masters-38	1:24.00	1:21.88	16
				37.99	1:21.88 (43.89)	
6	Ongerth, Ann Michelle	47	Walnut Creek Masters-38	1:25.00	1:27.67	15
				42.99	1:27.67 (44.68)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 45-49 100 Yard IM)**

7	Davis, Taylor	45	University of San Francisco Ma-38	1:45.00	1:32.36	14
	41.30		1:32.36 (51.06)			
8	Balch, Christina	46	Marcia's Enthusiastic Masters-38	1:30.00	1:32.41	13
	42.48		1:32.41 (49.93)			

Women 45-49 200 Yard IM

NATL: 2:07.26 ! 12/16/2007 K PIPES-NEILSEN

PAC: 2:15.42 # 12/31/2010 Lisa A Ward

1	Schulz, Tara	45	Uc38	3:30.00	2:45.79	21
	36.11		1:19.97 (43.86)	2:07.70 (47.73)	2:45.79 (38.09)	

Women 45-49 400 Yard IM

NATL: 4:32.87 ! 12/26/2009 K PIPES-NEILSEN

PAC: 4:47.26 # 12/31/2009 Lisa A Ward

1	Schulz, Tara	45	Uc38	7:10.00	5:51.78	21
	37.06		1:19.40 (42.34)	2:06.74 (47.34)	2:54.51 (47.77)	
	3:43.39 (48.88)		4:32.50 (49.11)	5:14.40 (41.90)	5:51.78 (37.38)	

Women 50-54 50 Yard Freestyle

NATL: 24.53 ! 3/18/2016 FALL WILLEBOORDSE

PAC: 25.30 # 12/31/2002 Laura B Val

1	Zamanian, Alison	51	Walnut Creek Masters-38	26.10	25.87	21
2	Leacox, Ginger	52	Davis Aquatic Masters-38	28.00	26.94	19
3	Burger, Clare	54	Marcia's Enthusiastic Masters-38	31.06	31.11	18
4	Voight, Tina	52	Marcia's Enthusiastic Masters-38	33.70	32.91	17
5	Fahlen, Lola	52	Almaden Masters-38	33.02	33.39	16
6	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	39.68	36.64	15
7	Batill, Michelle	52	Almaden Masters-38	49.05	52.90	14
8	Reynolds, Rona-Alyse	54	Walnut Creek Masters-38	58.90	53.47	13

Women 50-54 50 Yard Freestyle

NATL: 24.53 ! 3/18/2016 FALL WILLEBOORDSE

PAC: 25.30 # 12/31/2002 Laura B Val

1	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	NT	31.45	
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Women 50-54 100 Yard Freestyle

NATL: 53.60 ! 4/29/2016 FALL WILLEBOORDSE

PAC: 54.38 # 12/31/2002 Laura B Val

1	Zamanian, Alison	51	Walnut Creek Masters-38	NT	56.71	
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Women 50-54 100 Yard Freestyle

NATL: 53.60 ! 4/29/2016 FALL WILLEBOORDSE

PAC: 54.38 # 12/31/2002 Laura B Val

1	Leacox, Ginger	52	Davis Aquatic Masters-38	1:00.00	1:00.48	21
	29.21		1:00.48 (31.27)			
2	Goldberg, Michelle	53	Davis Aquatic Masters-38	1:03.00	1:06.78	19
	32.19		1:06.78 (34.59)			
3	Kinder, Stephanie	51	Davis Aquatic Masters-38	1:06.12	1:07.60	18
	32.74		1:07.60 (34.86)			
4	Voight, Tina	52	Marcia's Enthusiastic Masters-38	1:27.00	1:11.90	17
	34.55		1:11.90 (37.35)			
5	Bechhoefer, Marta	54	Santa Cruz Masters Aquatics-38	1:25.00	1:16.82	16
	36.89		1:16.82 (39.93)			
6	Blok, Lori A	54	Club Hot Tub-38	1:30.00	1:19.50	15
	38.30		1:19.50 (41.20)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 50-54 100 Yard Freestyle)**

7	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	1:27.43	1:23.44	14
	38.43		1:23.44 (45.01)			
8	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	1:45.65	1:38.73	13
	47.02		1:38.73 (51.71)			
9	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	1:45.00	1:42.27	12
	48.55		1:42.27 (53.72)			
10	Reynolds, Rona-Alyse	54	Walnut Creek Masters-38	2:05.01	2:09.03	11
	56.65		2:09.03 (1:12.38)			

Women 50-54 200 Yard Freestyle

NATL: 1:58.34 ! 4/10/2016 ELLEN REYNOLDS

PAC: 1:58.43 # 5/4/2014 Jill S Hernandez

1	Zamanian, Alison	51	Walnut Creek Masters-38	2:01.45	1:57.96!	21
	27.25		56.71 (29.46)	1:27.14 (30.43)	1:57.96 (30.82)	
2	Leacox, Ginger	52	Davis Aquatic Masters-38	2:15.00	2:09.48	19
	29.47		1:02.18 (32.71)	1:35.34 (33.16)	2:09.48 (34.14)	
3	Kumpf, Kerri	54	Tri Valley Masters-38	2:18.00	2:10.29	18
	30.81		1:04.04 (33.23)	1:37.46 (33.42)	2:10.29 (32.83)	
4	Thompson, Amy W	51	North Bay Aquatics-38	2:20.00	2:17.23	17
	32.21		1:06.36 (34.15)	1:41.79 (35.43)	2:17.23 (35.44)	
5	Goldberg, Michelle	53	Davis Aquatic Masters-38	2:17.00	2:23.11	16
	32.73		1:07.98 (35.25)	1:45.28 (37.30)	2:23.11 (37.83)	
6	Jones, Sara	53	Santa Rosa Masters-38	2:28.13	2:28.25	15
	34.10		1:11.58 (37.48)	1:50.34 (38.76)	2:28.25 (37.91)	
7	Schiffer, Gretchen	54	Willow Glen Masters-38	2:32.64	2:32.99	14
	35.08		1:13.45 (38.37)	1:53.65 (40.20)	2:32.99 (39.34)	
8	Cavalli, Christina	54	Marcia's Enthusiastic Masters-38	2:45.14	2:34.36	13
	35.09		1:13.65 (38.56)	1:54.22 (40.57)	2:34.36 (40.14)	
9	Burger, Clare	54	Marcia's Enthusiastic Masters-38	2:29.38	2:35.18	12
	34.87		1:13.86 (38.99)	1:54.71 (40.85)	2:35.18 (40.47)	
10	Fahlen, Lola	52	Almaden Masters-38	3:51.00	2:56.55	11
	40.21		1:24.79 (44.58)	2:10.68 (45.89)	2:56.55 (45.87)	
11	Sechrist, Amy	51	Almaden Masters-38	3:15.00	3:03.88	10
	41.16		1:27.51 (46.35)	2:16.50 (48.99)	3:03.88 (47.38)	
12	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	3:13.04	3:07.41	9
	41.69		1:30.00 (48.31)	2:21.24 (51.24)	3:07.41 (46.17)	
13	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	3:47.41	3:42.18	8
	51.02		1:45.35 (54.33)	2:43.91 (58.56)	3:42.18 (58.27)	

Women 50-54 200 Yard Freestyle

NATL: 1:58.34 ! 4/10/2016 ELLEN REYNOLDS

PAC: 1:58.43 # 5/4/2014 Jill S Hernandez

1	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	NT	2:26.29	
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Women 50-54 500 Yard Freestyle

NATL: 5:14.56 ! 5/12/2013 JILL HERNANDEZ

PAC: 5:14.56 # 5/9/2013 Jill S Hernandez

1	Zamanian, Alison	51	Walnut Creek Masters-38	NT	5:15.90	
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Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 50-54 500 Yard Freestyle**

NATL: 5:14.56 ! 5/12/2013 JILL HERNANDEZ

PAC: 5:14.56 # 5/9/2013 Jill S Hernandez

1	Zamanian, Alison	51	Walnut Creek Masters-38	5:16.52	5:17.54	21
	27.98	58.38 (30.40)	1:29.66 (31.28)	2:01.57 (31.91)		
	2:33.83 (32.26)	3:06.42 (32.59)	3:39.30 (32.88)	4:12.40 (33.10)		
	4:45.58 (33.18)	5:17.54 (31.96)				
2	Hertzler, Cynthia	52	Santa Cruz Masters Aquatics-38	6:00.00	6:14.55	19
	35.45	1:12.90 (37.45)	1:50.26 (37.36)	2:27.53 (37.27)		
	3:05.48 (37.95)	3:43.73 (38.25)	4:21.70 (37.97)	4:59.83 (38.13)		
	5:37.56 (37.73)	6:14.55 (36.99)				
3	Kinder, Stephanie	51	Davis Aquatic Masters-38	6:28.56	6:17.32	18
	34.92	1:11.89 (36.97)	1:49.60 (37.71)	2:28.31 (38.71)		
	3:06.41 (38.10)	3:44.69 (38.28)	4:23.19 (38.50)	5:01.57 (38.38)		
	5:39.73 (38.16)	6:17.32 (37.59)				
4	Goldberg, Michelle	53	Davis Aquatic Masters-38	6:16.00	6:24.46	17
	34.24	1:11.14 (36.90)	1:50.06 (38.92)	2:29.53 (39.47)		
	3:08.74 (39.21)	3:48.34 (39.60)	4:27.83 (39.49)	5:07.25 (39.42)		
	5:46.50 (39.25)	6:24.46 (37.96)				
5	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	6:25.51	6:28.98	16
	36.14	1:14.41 (38.27)	1:53.60 (39.19)	2:33.03 (39.43)		
	3:12.69 (39.66)	3:52.19 (39.50)	4:31.94 (39.75)	5:10.94 (39.00)		
	5:50.54 (39.60)	6:28.98 (38.44)				
6	Burger, Clare	54	Marcia's Enthusiastic Masters-38	6:34.43	6:50.79	15
	34.87	1:13.66 (38.79)	1:53.59 (39.93)	2:34.37 (40.78)		
	3:15.86 (41.49)	3:58.44 (42.58)	4:42.79 (44.35)	5:26.28 (43.49)		
	6:09.38 (43.10)	6:50.79 (41.41)				
7	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	7:30.00	7:11.02	14
	40.24	1:23.80 (43.56)	2:08.08 (44.28)	2:52.75 (44.67)		
	3:37.54 (44.79)	4:21.43 (43.89)	5:05.18 (43.75)	5:47.87 (42.69)		
	6:30.14 (42.27)	7:11.02 (40.88)				
8	Fahlen, Lola	52	Almaden Masters-38	9:00.00	8:06.09	13
	43.93	1:32.49 (48.56)	2:21.87 (49.38)	3:11.72 (49.85)		
	4:01.73 (50.01)	4:51.49 (49.76)	5:40.89 (49.40)	6:29.83 (48.94)		
	7:19.69 (49.86)	8:06.09 (46.40)				
9	Sechrist, Amy	51	Almaden Masters-38	10:00.00	8:31.02	12
	43.58	1:32.05 (48.47)	2:23.26 (51.21)	3:15.54 (52.28)		
	4:08.71 (53.17)	5:01.45 (52.74)	5:54.30 (52.85)	6:47.63 (53.33)		
	7:41.30 (53.67)	8:31.02 (49.72)				
10	Espinosa, Rebecca	51	Marcia's Enthusiastic Masters-38	14:50.01	11:05.60	11
	59.40	2:06.79 (1:07.39)	3:12.38 (1:05.59)	4:20.08 (1:07.70)		
	5:26.90 (1:06.82)	6:35.14 (1:08.24)	7:43.64 (1:08.50)	8:53.24 (1:09.60)		
	10:02.12 (1:08.88)	11:05.60 (1:03.48)				

Women 50-54 1000 Yard Freestyle

NATL: 10:58.56 ! 4/23/2015 JILL HERNANDEZ

PAC: 10:58.56 # 4/23/2015 Jill S Hernandez

1	Zamanian, Alison	51	Walnut Creek Masters-38	10:47.56	10:40.47!	21
	28.87	1:00.42 (31.55)	1:32.50 (32.08)	2:04.46 (31.96)		
	2:36.51 (32.05)	3:08.36 (31.85)	3:40.12 (31.76)	4:12.12 (32.00)		
	4:44.14 (32.02)	5:15.90 (31.76)	5:48.63 (32.73)	6:21.09 (32.46)		
	6:53.57 (32.48)	7:25.93 (32.36)	7:58.64 (32.71)	8:31.34 (32.70)		
	9:04.16 (32.82)	9:36.88 (32.72)	10:09.63 (32.75)	10:40.47 (30.84)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 50-54 1000 Yard Freestyle)**

2	Bechhoefer, Marta	54	Santa Cruz Masters Aquatics-38	15:00.00	14:32.38	19
	39.42	1:22.59 (43.17)	2:06.81 (44.22)	2:51.30 (44.49)		
	3:35.38 (44.08)	4:20.07 (44.69)	5:03.87 (43.80)	5:48.00 (44.13)		
	6:32.35 (44.35)	7:16.06 (43.71)	8:00.93 (44.87)	8:45.13 (44.20)		
	9:28.84 (43.71)	10:12.83 (43.99)	10:56.86 (44.03)	11:41.03 (44.17)		
	12:24.54 (43.51)	13:07.75 (43.21)	13:50.46 (42.71)	14:32.38 (41.92)		
3	Santilhano, Michele	51	Menlo Masters-38	16:40.00	16:53.22	18
	47.17	1:37.44 (50.27)	2:27.65 (50.21)	3:17.51 (49.86)		
	4:08.31 (50.80)	4:59.38 (51.07)	5:50.31 (50.93)	6:41.77 (51.46)		
	7:32.86 (51.09)	8:26.27 (53.41)	9:17.31 (51.04)	10:08.80 (51.49)		
	10:59.92 (51.12)	11:52.26 (52.34)	12:41.85 (49.59)	13:34.50 (52.65)		
	14:24.61 (50.11)	15:14.86 (50.25)	16:04.73 (49.87)	16:53.22 (48.49)		

Women 50-54 1000 Yard FreestyleNATL: **10:58.56** ! 4/23/2015 **JILL HERNANDEZ**PAC: **10:58.56** # 4/23/2015 **Jill S Hernandez**

1	Zamanian, Alison	51	Walnut Creek Masters-38	NT	11:20.05	
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Women 50-54 1650 Yard FreestyleNATL: **18:16.11** ! 4/15/2018 **ELLEN REYNOLDS**PAC: **18:37.22** # 3/30/2014 **Margee M Curran**

1	Zamanian, Alison	51	Walnut Creek Masters-38	17:57.98	17:44.64!	21
	28.76	59.88 (31.12)	1:31.47 (31.59)	2:03.52 (32.05)		
	2:35.67 (32.15)	3:08.00 (32.33)	3:40.56 (32.56)	4:12.89 (32.33)		
	4:44.96 (32.07)	5:17.23 (32.27)	5:49.76 (32.53)	6:22.18 (32.42)		
	6:54.73 (32.55)	7:27.28 (32.55)	7:59.84 (32.56)	8:32.28 (32.44)		
	9:04.67 (32.39)	9:37.23 (32.56)	10:09.86 (32.63)	10:42.36 (32.50)		
	11:14.85 (32.49)	11:47.33 (32.48)	12:19.96 (32.63)	12:52.67 (32.71)		
	13:25.26 (32.59)	13:57.84 (32.58)	14:30.31 (32.47)	15:02.79 (32.48)		
	15:35.41 (32.62)	16:08.32 (32.91)	16:40.94 (32.62)	17:13.79 (32.85)	17:44.64 (30.85)	
2	Kinder, Stephanie	51	Davis Aquatic Masters-38	21:53.13	21:24.48	19
	35.55	1:13.66 (38.11)	1:51.90 (38.24)	2:30.57 (38.67)		
	3:09.81 (39.24)	3:48.45 (38.64)	4:27.00 (38.55)	5:05.65 (38.65)		
	5:44.12 (38.47)	6:22.54 (38.42)	7:01.00 (38.46)	7:39.39 (38.39)		
	8:17.71 (38.32)	8:56.54 (38.83)	9:35.37 (38.83)	10:14.37 (39.00)		
	10:53.38 (39.01)	11:32.77 (39.39)	12:11.57 (38.80)	12:50.86 (39.29)		
	13:30.16 (39.30)	14:09.23 (39.07)	14:48.37 (39.14)	15:27.89 (39.52)		
	16:07.60 (39.71)	16:47.27 (39.67)	17:27.09 (39.82)	18:07.20 (40.11)		
	18:47.31 (40.11)	19:27.28 (39.97)	20:06.93 (39.65)	20:46.57 (39.64)	21:24.48 (37.91)	
3	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	22:00.00	21:55.00	18
	36.99	1:16.44 (39.45)	1:56.16 (39.72)	2:36.29 (40.13)		
	3:16.40 (40.11)	3:56.36 (39.96)	4:36.42 (40.06)	5:15.96 (39.54)		
	5:55.82 (39.86)	6:36.48 (40.66)	7:16.75 (40.27)	7:56.86 (40.11)		
	8:37.16 (40.30)	9:16.98 (39.82)	9:56.94 (39.96)	10:37.08 (40.14)		
	11:17.43 (40.35)	11:57.38 (39.95)	12:37.70 (40.32)	13:17.94 (40.24)		
	13:58.13 (40.19)	14:38.19 (40.06)	15:18.39 (40.20)	15:58.33 (39.94)		
	16:38.40 (40.07)	17:19.12 (40.72)	17:58.93 (39.81)	18:39.02 (40.09)		
	19:18.78 (39.76)	19:58.97 (40.19)	20:38.26 (39.29)	21:18.03 (39.77)	21:55.00 (36.97)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 50-54 1650 Yard Freestyle)**

4	Burger, Clare	54	Marcia's Enthusiastic Masters-38	23:00.15	23:44.19	17
	37.05	1:17.08 (40.03)	1:59.43 (42.35)	2:42.33 (42.90)		
	4:08.96 (1:26.63)	4:52.03 (43.07)	5:36.00 (43.97)	8:31.48 (2:55.48)		
	10:42.51 (2:11.03)	12:09.38 (1:26.87)	12:53.09 (43.71)	13:36.60 (43.51)		
	14:20.50 (43.90)	15:04.16 (43.66)	17:13.64 (2:09.48)	18:40.09 (1:26.45)		
			19:23.47 ()	21:34.65 (2:11.18)		
			22:18.06 ()	23:01.61 (43.55)	23:44.19 (42.58)	
5	Cavalli, Christina	54	Marcia's Enthusiastic Masters-38	24:15.30	24:12.82	16
	37.50	1:19.51 (42.01)	2:03.31 (43.80)	2:48.11 (44.80)		
	3:32.80 (44.69)	4:16.62 (43.82)	5:01.32 (44.70)	5:46.13 (44.81)		
	6:30.85 (44.72)	7:15.19 (44.34)	7:59.71 (44.52)	8:44.12 (44.41)		
	9:28.63 (44.51)	10:13.59 (44.96)	10:57.67 (44.08)	11:41.58 (43.91)		
	12:26.33 (44.75)	13:10.31 (43.98)	13:55.23 (44.92)	14:39.63 (44.40)		
	15:24.19 (44.56)	16:08.67 (44.48)	16:53.03 (44.36)	17:38.23 (45.20)		
	18:22.64 (44.41)	19:07.82 (45.18)	19:52.33 (44.51)	20:35.98 (43.65)		
	21:20.73 (44.75)	22:05.08 (44.35)	22:49.43 (44.35)	23:33.12 (43.69)	24:12.82 (39.70)	
6	Battaglia, Deborah	54	Club Hot Tub-38	23:34.13	24:28.38	15
	42.82	1:27.29 (44.47)	2:13.07 (45.78)	3:00.28 (47.21)		
	3:45.78 (45.50)	4:31.62 (45.84)	5:16.57 (44.95)	6:01.16 (44.59)		
	6:46.57 (45.41)	7:31.77 (45.20)	8:16.61 (44.84)	9:01.58 (44.97)		
	11:16.37 (2:14.79)	12:01.05 (44.68)	14:14.33 (2:13.28)	15:42.82 (1:28.49)		
	16:26.45 (43.63)	17:10.77 (44.32)				
			23:03.27 ()	23:46.65 (43.38)	24:28.38 (41.73)	
7	Santilhana, Michele	51	Menlo Masters-38	28:53.00	29:38.06	14
	49.24	1:40.97 (51.73)	2:34.65 (53.68)	3:29.02 (54.37)		
	4:21.83 (52.81)	5:15.49 (53.66)	6:10.64 (55.15)	7:05.72 (55.08)		
	7:59.83 (54.11)	8:55.48 (55.65)	9:50.51 (55.03)	10:44.10 (53.59)		
	11:38.10 (54.00)	12:32.23 (54.13)	13:27.07 (54.84)	14:20.53 (53.46)		
	15:14.45 (53.92)	16:09.09 (54.64)	17:03.74 (54.65)	17:58.28 (54.54)		
	18:53.10 (54.82)	19:47.69 (54.59)	20:41.49 (53.80)	21:35.96 (54.47)		
	22:30.26 (54.30)	23:24.11 (53.85)	24:18.66 (54.55)	25:14.40 (55.74)		
	26:09.13 (54.73)	27:02.04 (52.91)	27:55.26 (53.22)	28:48.08 (52.82)	29:38.06 (49.98)	

Women 50-54 50 Yard Backstroke

NATL: 27.04 ! 5/10/2013 LESLIE LIVINGSTON

PAC: 29.35 # 12/31/2005 Laura B Val

1	Burger, Clare	54	Marcia's Enthusiastic Masters-38	NT	37.84	
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Women 50-54 50 Yard Backstroke

NATL: 27.04 ! 5/10/2013 LESLIE LIVINGSTON

PAC: 29.35 # 12/31/2005 Laura B Val

1	Thompson, Amy W	51	North Bay Aquatics-38	35.00	33.83	21
2	Kinder, Stephanie	51	Davis Aquatic Masters-38	34.91	35.18	19
3	Jones, Sara	53	Santa Rosa Masters-38	37.15	36.52	18
4	Burger, Clare	54	Marcia's Enthusiastic Masters-38	37.33	38.26	17
5	Voight, Tina	52	Marcia's Enthusiastic Masters-38	44.00	41.13	16
6	Chachkin, Myra	53	Manatee Aquatic Masters Inc-38	58.06	49.98	15
7	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	55.00	50.31	14
8	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	55.00	51.36	13
9	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	49.32	52.64	12

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 50-54 100 Yard Backstroke**

NATL: 59.19 ! 3/18/2016 FALL WILLEBOORDSE

PAC: 1:03.24 # 12/31/2005 Karen M Humphreys

1	Zamanian, Alison	51	Walnut Creek Masters-38	NT	1:02.87 #
2	Burger, Clare	54	Marcia's Enthusiastic Masters-38	NT	1:25.50

Women 50-54 100 Yard Backstroke

NATL: 59.19 ! 3/18/2016 FALL WILLEBOORDSE

PAC: 1:03.24 # 12/31/2005 Karen M Humphreys

1	Lane, Tanya	50	Fresno Dolphins Masters Swim T-38	1:06.00	1:04.46	21
	31.63		1:04.46 (32.83)			
2	Jones, Sara	53	Santa Rosa Masters-38	1:17.71	1:15.15	19
	36.74		1:15.15 (38.41)			
3	Kinder, Stephanie	51	Davis Aquatic Masters-38	1:17.13	1:17.86	18
	37.45		1:17.86 (40.41)			
4	Duggan, Karen	51	Walnut Creek Masters-38	1:22.08	1:18.88	17
	37.55		1:18.88 (41.33)			
5	Burger, Clare	54	Marcia's Enthusiastic Masters-38	1:45.00	1:24.62	16
	41.21		1:24.62 (43.41)			
6	Huse, Green	54	Marcia's Enthusiastic Masters-38	2:15.00	1:49.21	15
	55.01		1:49.21 (54.20)			
7	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	1:56.00	1:50.29	14
	54.89		1:50.29 (55.40)			
8	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	1:53.64	2:03.37	13
	1:00.88		2:03.37 (1:02.49)			

Women 50-54 200 Yard Backstroke

NATL: 2:07.51 ! 11/22/2014 ELLEN REYNOLDS

PAC: 2:16.65 # 4/18/2010 Bonnie M Bilich

1	Zamanian, Alison	51	Walnut Creek Masters-38	2:18.53	2:14.06 #	21
	31.69		1:05.68 (33.99)	1:40.40 (34.72)	2:14.06 (33.66)	
2	Jones, Sara	53	Santa Rosa Masters-38	2:53.39	2:41.95	19
	38.84		1:19.89 (41.05)	2:01.15 (41.26)	2:41.95 (40.80)	
3	Hertzner, Cynthia	52	Santa Cruz Masters Aquatics-38	2:45.00	2:49.74	18
	42.27		1:23.48 (41.21)	2:07.17 (43.69)	2:49.74 (42.57)	
4	Burger, Clare	54	Marcia's Enthusiastic Masters-38	3:08.42	3:07.84	17
	42.75		1:30.23 (47.48)	2:20.37 (50.14)	3:07.84 (47.47)	
5	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	3:55.00	4:01.95	16
	57.74		1:59.07 (1:01.33)	3:03.55 (1:04.48)	4:01.95 (58.40)	

Women 50-54 50 Yard Breaststroke

NATL: 31.61 ! 4/14/2018 S VON DER LIPPE

PAC: 33.12 # 4/30/2017 Kathryn E Gelman

1	Lane, Tanya	50	Fresno Dolphins Masters Swim T-38	33.50	32.84 #	21
2	Duggan, Karen	51	Walnut Creek Masters-38	42.00	39.55	19
3	Beall, Tami	54	Tuolumne County Aquatic Master-38	39.95	39.59	18
4	Voight, Tina	52	Marcia's Enthusiastic Masters-38	44.00	41.84	17
5	Bechhoefer, Marta	54	Santa Cruz Masters Aquatics-38	48.00	42.33	16
6	Huse, Green	54	Marcia's Enthusiastic Masters-38	51.00	48.37	15
7	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	57.00	56.59	14
8	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	57.01	57.96	13

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 50-54 100 Yard Breaststroke**NATL: **1:09.21** ! 2/18/2012 **CAROLINE KRATTLI**PAC: **1:12.45** # 12/31/2010 **Cokie Lepinski**

1	Lane, Tanya	50	Fresno Dolphins Masters Swim T-38	1:14.00	1:12.23 #	21
	34.24	1:12.23 (37.99)				
2	Beall, Tami	54	Tuolumne County Aquatic Master-38	1:42.22	1:23.26	19
	39.57	1:23.26 (43.69)				
3	Goldberg, Michelle	53	Davis Aquatic Masters-38	1:27.00	1:25.28	18
	40.84	1:25.28 (44.44)				
4	Duggan, Karen	51	Walnut Creek Masters-38	1:26.41	1:25.30	17
	40.89	1:25.30 (44.41)				
5	Bechhoefer, Marta	54	Santa Cruz Masters Aquatics-38	1:35.00	1:30.13	16
	43.32	1:30.13 (46.81)				
6	Kinder, Stephanie	51	Davis Aquatic Masters-38	1:34.64	1:30.40	15
	43.72	1:30.40 (46.68)				
7	Voight, Tina	52	Marcia's Enthusiastic Masters-38	1:44.50	1:32.38	14
	42.44	1:32.38 (49.94)				
8	Huse, Green	54	Marcia's Enthusiastic Masters-38	1:50.00	1:46.07	13
	51.10	1:46.07 (54.97)				
9	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	2:05.00	2:06.06	12
	1:02.20	2:06.06 (1:03.86)				

Women 50-54 200 Yard BreaststrokeNATL: **2:29.92** ! 2/20/2012 **CAROLINE KRATTLI**PAC: **2:37.95** # 4/13/2010 **Cokie Lepinski**

1	Lane, Tanya	50	Fresno Dolphins Masters Swim T-38	2:45.00	2:39.18	21
	35.31	1:15.48 (40.17)	1:55.91 (40.43)	2:39.18 (43.27)		
2	Hertzer, Cynthia	52	Santa Cruz Masters Aquatics-38	2:52.00	2:52.29	19
	39.25	1:22.73 (43.48)	2:06.80 (44.07)	2:52.29 (45.49)		
3	Beall, Tami	54	Tuolumne County Aquatic Master-38	3:52.19	3:05.95	18
	42.84	1:30.14 (47.30)	2:18.23 (48.09)	3:05.95 (47.72)		
4	Duggan, Karen	51	Walnut Creek Masters-38	3:05.81	3:06.19	17
	41.86	1:28.58 (46.72)	2:16.99 (48.41)	3:06.19 (49.20)		

Women 50-54 50 Yard ButterflyNATL: **25.70** ! 5/11/2013 **LESLIE LIVINGSTON**PAC: **27.81** # 12/31/2002 **Laura B Val**

1	Leacox, Ginger	52	Davis Aquatic Masters-38	35.00	29.96	21
2	Thompson, Amy W	51	North Bay Aquatics-38	32.00	32.21	19
3	Beall, Tami	54	Tuolumne County Aquatic Master-38	34.24	32.61	18
4	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	35.00	32.79	17
5	Goldberg, Michelle	53	Davis Aquatic Masters-38	34.00	34.11	16
6	Voight, Tina	52	Marcia's Enthusiastic Masters-38	44.00	39.01	15
7	Chachkin, Myra	53	Manatee Aquatic Masters Inc-38	45.55	45.58	14
8	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	58.59	54.10	13

Women 50-54 100 Yard ButterflyNATL: **1:00.17** ! 5/12/2013 **JILL HERNANDEZ**PAC: **1:00.17** # 5/9/2013 **Jill S Hernandez**

1	Leacox, Ginger	52	Davis Aquatic Masters-38	1:12.00	1:08.11	21
	31.83	1:08.11 (36.28)				
2	Kumpf, Kerri	54	Tri Valley Masters-38	1:20.00	1:09.56	19
	32.48	1:09.56 (37.08)				
3	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	1:14.00	1:14.67	18
	35.83	1:14.67 (38.84)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 50-54 100 Yard Butterfly)**

4	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	1:15.00	1:16.30	17
	37.02		1:16.30 (39.28)			

Women 50-54 200 Yard Butterfly

NATL: 2:15.18 ! 5/17/2002 **LAURA VAL**

PAC: 2:15.18 # 12/31/2002 **Laura B Val**

1	Zamanian, Alison	51	Walnut Creek Masters-38	2:20.25	2:16.24	21
	30.05		1:04.76 (34.71) 1:40.22 (35.46) 2:16.24 (36.02)			
2	Leacox, Ginger	52	Davis Aquatic Masters-38	2:40.00	2:39.92	19
	34.56		1:15.39 (40.83) 1:57.93 (42.54) 2:39.92 (41.99)			
3	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	2:48.15	2:50.94	18
	37.73		1:20.90 (43.17) 2:05.87 (44.97) 2:50.94 (45.07)			
4	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	3:00.00	2:53.03	17
	39.73		1:25.82 (46.09) 2:12.65 (46.83) 2:53.03 (40.38)			

Women 50-54 100 Yard IM

NATL: 1:01.28 ! 4/29/2016 **FALL WILLEBOORDSE**

PAC: 1:05.48 # 12/31/2005 **Laura B Val**

1	Lane, Tanya	50	Fresno Dolphins Masters Swim T-38	1:06.00	1:05.48 #	21
	29.55		1:05.48 (35.93)			
2	Leacox, Ginger	52	Davis Aquatic Masters-38	1:15.00	1:10.16	19
	32.52		1:10.16 (37.64)			
3	Thompson, Amy W	51	North Bay Aquatics-38	1:15.10	1:13.53	18
	33.72		1:13.53 (39.81)			
4	Hertzer, Cynthia	52	Santa Cruz Masters Aquatics-38	1:15.00	1:15.19	17
	36.74		1:15.19 (38.45)			
5	Goldberg, Michelle	53	Davis Aquatic Masters-38	1:19.00	1:16.66	16
	35.82		1:16.66 (40.84)			
6	Beall, Tami	54	Tuolumne County Aquatic Master-38	1:24.56	1:17.30	15
	37.38		1:17.30 (39.92)			
7	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	1:20.00	1:17.56	14
	35.37		1:17.56 (42.19)			
8	Kinder, Stephanie	51	Davis Aquatic Masters-38	1:21.80	1:17.79	13
	35.65		1:17.79 (42.14)			
9	Duggan, Karen	51	Walnut Creek Masters-38	1:20.00	1:17.89	12
	35.29		1:17.89 (42.60)			
10	Jones, Sara	53	Santa Rosa Masters-38	1:19.15	1:19.95	11
	39.64		1:19.95 (40.31)			
11	Voight, Tina	52	Marcia's Enthusiastic Masters-38	1:44.00	1:24.78	10
	40.02		1:24.78 (44.76)			
12	Fahlen, Lola	52	Almaden Masters-38	1:40.00	1:32.23	9
	43.20		1:32.23 (49.03)			
13	Kenworth, Kathryn A	54	Marcia's Enthusiastic Masters-38	1:57.00	1:49.76	8
	51.84		1:49.76 (57.92)			
14	Cervantes-Mui, Wendy	54	Ladera Oaks Masters-38	2:10.00	1:57.12	7
	50.72		1:57.12 (1:06.40)			

Women 50-54 200 Yard IM

NATL: 2:12.57 ! 4/15/2018 **ELLEN REYNOLDS**

PAC: 2:14.40 # 5/9/2013 **Jill S Hernandez**

1	Thompson, Amy W	51	North Bay Aquatics-38	3:00.00	2:42.28	21
	35.64		1:16.95 (41.31) 2:04.93 (47.98) 2:42.28 (37.35)			
2	Goldberg, Michelle	53	Davis Aquatic Masters-38	2:44.00	2:44.46	19
	35.20		1:18.50 (43.30) 2:06.59 (48.09) 2:44.46 (37.87)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 50-54 200 Yard IM)**

3	Jones, Sara	53	Santa Rosa Masters-38	2:58.38	2:44.50	18
	37.34	1:18.27 (40.93)	2:07.07 (48.80)	2:44.50 (37.43)		
4	de la Torre, Yasuko	51	Marcia's Enthusiastic Masters-38	2:55.00	2:49.46	17
	35.95	1:21.04 (45.09)	2:09.70 (48.66)	2:49.46 (39.76)		
5	Duggan, Karen	51	Walnut Creek Masters-38	2:55.00	2:53.13	16
	37.28	1:22.65 (45.37)	2:11.64 (48.99)	2:53.13 (41.49)		
6	Bechhoefer, Marta	54	Santa Cruz Masters Aquatics-38	3:16.00	3:06.96	15
	45.28	1:34.58 (49.30)	2:24.73 (50.15)	3:06.96 (42.23)		
7	Huse, Green	54	Marcia's Enthusiastic Masters-38	4:00.00	3:32.91	14
	50.33	1:47.77 (57.44)	2:45.26 (57.49)	3:32.91 (47.65)		
8	Gimbel, Erika	52	Marcia's Enthusiastic Masters-38	4:10.00	4:05.83	13
	55.63	1:59.11 (1:03.48)	3:06.79 (1:07.68)	4:05.83 (59.04)		

Women 50-54 400 Yard IM

NATL: 4:43.11 ! 4/9/2016 ELLEN REYNOLDS

PAC: 4:44.38 # 5/2/2014 Jill S Hernandez

1	Hertzner, Cynthia	52	Santa Cruz Masters Aquatics-38	5:29.09	5:27.82	21
	36.39	1:17.84 (41.45)	2:01.08 (43.24)	2:42.46 (41.38)		
	3:26.27 (43.81)	4:11.02 (44.75)	4:50.22 (39.20)	5:27.82 (37.60)		
2	Jones, Sara	53	Santa Rosa Masters-38	5:56.60	5:39.83	19
	38.16	1:23.15 (44.99)	2:06.56 (43.41)	2:49.15 (42.59)		
	3:37.16 (48.01)	4:25.46 (48.30)	5:03.13 (37.67)	5:39.83 (36.70)		
3	Shu, Vicki	53	Marcia's Enthusiastic Masters-38	5:51.32	5:54.34	18
	36.78	1:18.49 (41.71)	2:04.57 (46.08)	2:49.27 (44.70)		
	3:42.77 (53.50)	4:35.12 (52.35)	5:15.40 (40.28)	5:54.34 (38.94)		
4	Duggan, Karen	51	Walnut Creek Masters-38	6:15.00	6:07.43	17
	37.46	1:24.14 (46.68)	2:11.54 (47.40)	2:59.73 (48.19)		
	3:52.01 (52.28)	4:43.29 (51.28)	5:26.24 (42.95)	6:07.43 (41.19)		

Women 55-59 50 Yard Freestyle

NATL: 25.16 ! 4/8/2017 SUE WALSH

PAC: 25.29 # 12/31/2009 Laura B Val

1	Quick, Sarah	58	North Bay Aquatics-38	NT	27.97
2	Goodbrake, Carol	56	Uc38	NT	42.63

Women 55-59 50 Yard Freestyle

NATL: 25.16 ! 4/8/2017 SUE WALSH

PAC: 25.29 # 12/31/2009 Laura B Val

1	Godges, Arlette	57	Club Hot Tub-38	27.20	26.96	21
2	Cristea, Dea	59	North Bay Aquatics-38	28.00	27.69	19
3	Welting, Laureen	56	The Olympic Club-38	29.00	28.68	18
4	Keighley, Carole	58	Quicksilver Masters-38	29.96	29.63	17
5	Riley, Jayne	58	Club Hot Tub-38	33.00	32.06	16
6	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	34.61	32.49	15
7	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	31.97	32.57	14
8	Estrada, Kate	55	Club Hot Tub-38	38.00	32.60	13
9	Viscardi, Josie A	57	Rolling Hills Mud Sharks-38	34.44	33.30	12
10	Hatvany, Lauren	58	Marcia's Enthusiastic Masters-38	37.00	34.87	11
11	Tyler, Christine	59	Quicksilver Masters-38	35.00	35.68	10
12	Ananmalay, Tracey	56	Almaden Masters-38	52.00	43.36	9
13	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	58.00	50.23	8
14	Hu, Qing	55	Walnut Creek Masters-38	1:11.43	1:07.27	7

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 55-59 100 Yard Freestyle**

NATL: 54.72 ! 5/4/2008 LAURA VAL

PAC: 54.72 # 12/31/2008 Laura B Val

1	Quick, Sarah	58	North Bay Aquatics-38	NT	57.86
*2	Godges, Arlette	57	Club Hot Tub-38	NT	59.12
*2	Goodbrake, Carol	56	Uc38	NT	1:31.04

Women 55-59 100 Yard Freestyle

NATL: 54.72 ! 5/4/2008 LAURA VAL

PAC: 54.72 # 12/31/2008 Laura B Val

1	Godges, Arlette	57	Club Hot Tub-38	59.50	59.52	21
	28.60		59.52 (30.92)			
2	Salmi, Andrea	57	North Bay Aquatics-38	59.62	1:01.05	19
	29.32		1:01.05 (31.73)			
3	Cristea, Dea	59	North Bay Aquatics-38	1:02.50	1:01.45	18
	29.48		1:01.45 (31.97)			
4	Welting, Laureen	56	The Olympic Club-38	1:05.00	1:04.40	17
	30.74		1:04.40 (33.66)			
5	Keighley, Carole	58	Quicksilver Masters-38	1:10.23	1:06.24	16
	31.44		1:06.24 (34.80)			
6	Lewis, Melissa	56	North Bay Aquatics-38	1:05.57	1:06.34	15
	32.19		1:06.34 (34.15)			
7	Riley, Jayne	58	Club Hot Tub-38	1:09.00	1:07.52	14
	32.92		1:07.52 (34.60)			
8	Russell, Jane	58	Davis Aquatic Masters-38	1:05.19	1:08.63	13
	32.99		1:08.63 (35.64)			
9	Estrada, Kate	55	Club Hot Tub-38	1:20.00	1:11.43	12
	34.56		1:11.43 (36.87)			
10	Phalen, Jennifer	57	Davis Aquatic Masters-38	1:15.22	1:14.11	11
	34.22		1:14.11 (39.89)			
11	Hatvany, Lauren	58	Marcia's Enthusiastic Masters-38	1:22.00	1:17.99	10
	37.25		1:17.99 (40.74)			
12	Kirchner, Carol	57	Uc21	1:44.00	1:18.50	9
	37.49		1:18.50 (41.01)			
13	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	1:20.00	1:18.58	8
	37.96		1:18.58 (40.62)			
14	Viscardi, Josie A	57	Rolling Hills Mud Sharks-38	1:21.00	1:19.51	7
	35.88		1:19.51 (43.63)			
15	Tyler, Christine	59	Quicksilver Masters-38	1:21.95	1:21.61	6
	39.01		1:21.61 (42.60)			
16	Goodbrake, Carol	56	Uc38	1:24.67	1:24.46	5
	40.05		1:24.46 (44.41)			
17	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	2:05.00	1:52.36	4
	53.18		1:52.36 (59.18)			
18	Hu, Qing	55	Walnut Creek Masters-38	2:32.00	2:29.52	3
	1:17.41		2:29.52 (1:12.11)			

Women 55-59 200 Yard Freestyle

NATL: 1:57.90 ! 4/30/2017 KARLYN PIPES

PAC: 1:59.02 # 12/31/2009 Laura B Val

1	Salmi, Andrea	57	North Bay Aquatics-38	NT	2:08.28
2	Godges, Arlette	57	Club Hot Tub-38	NT	2:11.41
3	Goodbrake, Carol	56	Uc38	NT	3:11.27

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 55-59 200 Yard Freestyle**NATL: **1:57.90** ! 4/30/2017 **KARLYN PIPES**PAC: **1:59.02** # 12/31/2009 **Laura B Val**

1	Quick, Sarah	58	North Bay Aquatics-38	2:06.00	2:06.35	21
	30.11	1:02.01 (31.90)	1:34.59 (32.58)	2:06.35 (31.76)		
2	Salmi, Andrea	57	North Bay Aquatics-38	2:10.47	2:07.16	19
	29.79	1:01.45 (31.66)	1:34.00 (32.55)	2:07.16 (33.16)		
3	Cristea, Dea	59	North Bay Aquatics-38	2:28.00	2:18.90	18
	31.15	1:05.90 (34.75)	1:42.52 (36.62)	2:18.90 (36.38)		
4	Riley, Jayne	58	Club Hot Tub-38	2:26.00	2:21.30	17
	33.05	1:08.92 (35.87)	1:45.70 (36.78)	2:21.30 (35.60)		
5	Collins, Helen L	59	Uc38	2:26.00	2:22.40	16
	32.93	1:08.61 (35.68)	1:45.54 (36.93)	2:22.40 (36.86)		
6	Mcmurdie, Patti B	55	Club Hot Tub-38	2:35.00	2:24.54	15
	33.38	1:09.96 (36.58)	1:47.41 (37.45)	2:24.54 (37.13)		
7	Estrada, Kate	55	Club Hot Tub-38	2:46.00	2:36.42	14
	36.05	1:14.87 (38.82)	1:56.58 (41.71)	2:36.42 (39.84)		
8	Taylor, Catherine	59	Walnut Creek Masters-38	2:39.77	2:39.33	13
	37.06	1:18.12 (41.06)	1:59.76 (41.64)	2:39.33 (39.57)		
9	Johnson, Carliane	57	Marcia's Enthusiastic Masters-38	3:30.00	2:59.91	12
	39.40	1:23.75 (44.35)	2:11.63 (47.88)	2:59.91 (48.28)		
10	Ferlin, Felicia	58	Uc38	4:10.00	3:21.33	11
	43.73	1:34.84 (51.11)	2:28.75 (53.91)	3:21.33 (52.58)		
11	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	4:20.00	4:03.57	10
	55.59	1:56.22 (1:00.63)	3:00.49 (1:04.27)	4:03.57 (1:03.08)		
12	Bennett, Sue	59	Marcia's Enthusiastic Masters-38	4:20.00	4:18.30	9
	1:00.95	2:04.24 (1:03.29)	3:11.23 (1:06.99)	4:18.30 (1:07.07)		

Women 55-59 500 Yard FreestyleNATL: **5:20.68** ! 4/29/2017 **JILL HERNANDEZ**PAC: **5:20.68** # 4/29/2017 **Jill S Hernandez**

2	Goodbrake, Carol	56	Uc38	NT	8:16.04	
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Women 55-59 500 Yard FreestyleNATL: **5:20.68** ! 4/29/2017 **JILL HERNANDEZ**PAC: **5:20.68** # 4/29/2017 **Jill S Hernandez**

1	Quick, Sarah	58	North Bay Aquatics-38	5:51.09	5:50.20	21
	31.19	1:04.69 (33.50)	1:39.44 (34.75)	2:14.40 (34.96)		
	2:50.11 (35.71)	3:26.44 (36.33)	4:03.03 (36.59)	4:39.32 (36.29)		
	5:14.40 (35.08)	5:50.20 (35.80)				
2	Salmi, Andrea	57	North Bay Aquatics-38	6:00.40	5:51.06	19
	33.06	1:07.85 (34.79)	1:43.48 (35.63)	2:19.06 (35.58)		
	2:54.29 (35.23)	3:30.31 (36.02)	4:06.40 (36.09)	4:42.10 (35.70)		
	5:17.26 (35.16)	5:51.06 (33.80)				
3	Matena, Jana	59	Menlo Masters-38	5:59.00	6:00.78	18
	32.83	1:08.33 (35.50)	1:44.81 (36.48)	2:21.38 (36.57)		
	2:57.70 (36.32)	3:34.19 (36.49)	4:11.06 (36.87)	4:47.81 (36.75)		
	5:24.38 (36.57)	6:00.78 (36.40)				
4	Collins, Helen L	59	Uc38	6:35.00	6:11.52	17
	33.87	1:10.39 (36.52)	1:48.09 (37.70)	2:25.97 (37.88)		
	3:03.48 (37.51)	3:41.13 (37.65)	4:18.86 (37.73)	4:56.90 (38.04)		
	5:34.67 (37.77)	6:11.52 (36.85)				
5	Riley, Jayne	58	Club Hot Tub-38	6:20.00	6:12.13	16
	34.06	1:10.65 (36.59)	1:48.20 (37.55)	2:26.30 (38.10)		
	3:04.52 (38.22)	3:42.42 (37.90)	4:20.19 (37.77)	4:57.66 (37.47)		
	5:35.45 (37.79)	6:12.13 (36.68)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 500 Yard Freestyle)**

6	Couch, Stephanie	57	Menlo Masters-38	6:13.79	6:18.13	15
	35.18	1:12.67 (37.49)	1:50.82 (38.15)	2:28.84 (38.02)		
	3:07.37 (38.53)	3:45.90 (38.53)	4:24.37 (38.47)	5:02.45 (38.08)		
	5:40.61 (38.16)	6:18.13 (37.52)				
7	Lewis, Melissa	56	North Bay Aquatics-38	6:45.00	6:43.31	14
	36.31	1:15.21 (38.90)	1:55.28 (40.07)	2:36.37 (41.09)		
	3:17.64 (41.27)	3:58.99 (41.35)	4:40.50 (41.51)	5:21.96 (41.46)		
	6:03.30 (41.34)	6:43.31 (40.01)				
8	Taylor, Catherine	59	Walnut Creek Masters-38	6:56.46	6:59.86	13
	38.43	1:21.01 (42.58)	2:03.55 (42.54)	2:46.08 (42.53)		
	3:28.43 (42.35)	4:10.75 (42.32)	4:53.78 (43.03)	5:36.26 (42.48)		
	6:19.22 (42.96)	6:59.86 (40.64)				
9	Phalen, Jennifer	57	Davis Aquatic Masters-38	7:22.10	7:22.89	12
	39.43	1:21.83 (42.40)	2:05.78 (43.95)	2:49.72 (43.94)		
	3:34.05 (44.33)	4:20.26 (46.21)	5:06.55 (46.29)	5:52.52 (45.97)		
	6:39.02 (46.50)	7:22.89 (43.87)				
10	Goodbrake, Carol	56	Uc38	7:58.01	8:10.28	11
	41.48	1:29.46 (47.98)	2:19.29 (49.83)	3:09.36 (50.07)		
	4:00.76 (51.40)	4:51.71 (50.95)	5:41.15 (49.44)	6:31.94 (50.79)		
	7:23.14 (51.20)	8:10.28 (47.14)				
11	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	11:30.00	10:49.77	10
	54.09	1:56.14 (1:02.05)	3:02.68 (1:06.54)	4:09.05 (1:06.37)		
	5:15.05 (1:06.00)	6:23.16 (1:08.11)	7:30.83 (1:07.67)	8:39.00 (1:08.17)		
	9:46.33 (1:07.33)	10:49.77 (1:03.44)				
12	Bennett, Sue	59	Marcia's Enthusiastic Masters-38	11:00.00	11:58.67	9
	1:00.53	2:08.30 (1:07.77)	3:20.17 (1:11.87)	4:33.08 (1:12.91)		
	5:47.37 (1:14.29)	6:59.42 (1:12.05)	8:18.09 (1:18.67)	9:36.46 (1:18.37)		
	10:50.54 (1:14.08)	11:58.67 (1:08.13)				

Women 55-59 1000 Yard Freestyle

NATL: 11:19.85 ! 2/5/2017 K PARKER PALACE

PAC: 11:20.53 # 3/13/2010 Laura B Val

1	Riley, Jayne	58	Club Hot Tub-38	12:55.00	12:32.69	21
	34.06	1:10.57 (36.51)	1:48.15 (37.58)	2:26.37 (38.22)		
	3:04.54 (38.17)	3:43.01 (38.47)	4:21.22 (38.21)	4:59.16 (37.94)		
	5:37.14 (37.98)	6:15.15 (38.01)	6:52.82 (37.67)	7:31.09 (38.27)		
	8:09.19 (38.10)	8:47.35 (38.16)	9:25.23 (37.88)	10:03.28 (38.05)		
	10:41.05 (37.77)	11:18.51 (37.46)	11:56.40 (37.89)	12:32.69 (36.29)		
2	Couch, Stephanie	57	Menlo Masters-38	12:30.12	12:39.26	19
	35.03	1:12.66 (37.63)	1:50.53 (37.87)	2:28.64 (38.11)		
	3:06.50 (37.86)	3:44.70 (38.20)	4:22.65 (37.95)	5:00.97 (38.32)		
	5:39.13 (38.16)	6:17.63 (38.50)	6:56.05 (38.42)	7:34.61 (38.56)		
	8:12.98 (38.37)	8:51.02 (38.04)	9:29.18 (38.16)	10:07.42 (38.24)		
	10:45.52 (38.10)	11:23.84 (38.32)	12:01.85 (38.01)	12:39.26 (37.41)		
3	Bulman, Robin	56	Santa Rosa Masters-38	13:45.32	13:39.51	18
	34.87	1:14.04 (39.17)	1:55.16 (41.12)	2:36.79 (41.63)		
	3:18.57 (41.78)	3:59.91 (41.34)	4:41.82 (41.91)	5:23.24 (41.42)		
	6:05.02 (41.78)	6:46.48 (41.46)	7:28.18 (41.70)	8:10.51 (42.33)		
	8:52.58 (42.07)	9:34.52 (41.94)	10:15.50 (40.98)	10:57.09 (41.59)		
	11:38.97 (41.88)	12:19.64 (40.67)	13:01.48 (41.84)	13:39.51 (38.03)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 1000 Yard Freestyle)**

4	Kirchner, Carol	57	Uc21	14:44.03	14:13.58	17
	38.03	1:20.55 (42.52)	2:03.92 (43.37)	2:47.39 (43.47)		
	3:30.79 (43.40)	4:13.94 (43.15)	4:57.20 (43.26)	5:40.68 (43.48)		
	6:23.30 (42.62)	7:06.00 (42.70)	7:48.72 (42.72)	8:31.36 (42.64)		
	9:14.19 (42.83)	9:57.04 (42.85)	10:40.21 (43.17)	11:23.73 (43.52)		
	12:06.85 (43.12)	12:50.04 (43.19)	13:32.97 (42.93)	14:13.58 (40.61)		
5	Phalen, Jennifer	57	Davis Aquatic Masters-38	14:37.69	14:19.14	16
	38.91	1:20.56 (41.65)	2:02.80 (42.24)	2:45.58 (42.78)		
	3:28.95 (43.37)	4:12.08 (43.13)	4:55.60 (43.52)	5:39.11 (43.51)		
	6:23.13 (44.02)	7:07.16 (44.03)	7:50.53 (43.37)	8:34.05 (43.52)		
	9:17.37 (43.32)	10:00.78 (43.41)	10:43.86 (43.08)	11:27.34 (43.48)		
	12:11.51 (44.17)	12:55.08 (43.57)	13:38.20 (43.12)	14:19.14 (40.94)		
6	Taylor, Catherine	59	Walnut Creek Masters-38	14:51.34	14:39.18	15
	38.90	1:22.28 (43.38)	2:06.23 (43.95)	2:50.77 (44.54)		
	3:35.04 (44.27)	4:19.46 (44.42)	5:04.11 (44.65)	5:48.95 (44.84)		
	6:33.03 (44.08)	7:17.63 (44.60)	8:02.13 (44.50)	8:46.92 (44.79)		
	9:31.70 (44.78)	10:15.51 (43.81)	10:59.53 (44.02)	11:43.95 (44.42)		
	12:27.89 (43.94)	13:12.36 (44.47)	13:56.34 (43.98)	14:39.18 (42.84)		
7	Goodbrake, Carol	56	Uc38	17:31.40	16:34.43	14
	42.63	1:31.04 (48.41)	2:20.76 (49.72)	3:11.27 (50.51)		
	4:01.80 (50.53)	4:53.47 (51.67)	5:44.03 (50.56)	6:34.47 (50.44)		
	7:25.95 (51.48)	8:16.04 (50.09)	9:07.24 (51.20)	9:56.74 (49.50)		
	10:46.60 (49.86)	11:36.64 (50.04)	12:26.08 (49.44)	13:16.51 (50.43)		
	14:06.79 (50.28)	14:57.61 (50.82)	15:47.59 (49.98)	16:34.43 (46.84)		

Women 55-59 1650 Yard Freestyle

NATL: 18:56.04 ! 4/16/2010 LAURA VAL

PAC: 18:56.04 # 4/18/2010 Laura B Val

1	Elsbach, Kimberly	59	Davis Aquatic Masters-38	20:09.15	20:40.47	21
	33.64	1:10.43 (36.79)	1:48.21 (37.78)	2:26.21 (38.00)		
	3:04.48 (38.27)	3:42.48 (38.00)	4:20.28 (37.80)	4:58.21 (37.93)		
	5:36.25 (38.04)	6:14.48 (38.23)	6:52.22 (37.74)	7:29.58 (37.36)		
	8:07.15 (37.57)	8:44.70 (37.55)	9:22.32 (37.62)	10:00.11 (37.79)		
	10:37.61 (37.50)	11:15.17 (37.56)	11:53.30 (38.13)	12:30.74 (37.44)		
	13:08.61 (37.87)	13:46.44 (37.83)	14:23.92 (37.48)	15:02.04 (38.12)		
	15:39.92 (37.88)	16:17.82 (37.90)	16:55.76 (37.94)	17:33.14 (37.38)		
	18:11.23 (38.09)	18:49.00 (37.77)	19:26.73 (37.73)	20:03.89 (37.16)	20:40.47 (36.58)	
2	Riley, Jayne	58	Club Hot Tub-38	21:40.00	20:52.62	19
	33.95	1:10.47 (36.52)	1:47.96 (37.49)	2:25.82 (37.86)		
	3:04.08 (38.26)	3:42.07 (37.99)	4:20.17 (38.10)	4:58.44 (38.27)		
	5:37.04 (38.60)	6:14.99 (37.95)	6:53.47 (38.48)	7:32.22 (38.75)		
	8:10.51 (38.29)	8:48.84 (38.33)	9:27.15 (38.31)	10:05.02 (37.87)		
	10:43.04 (38.02)	11:20.96 (37.92)	11:58.87 (37.91)	12:36.88 (38.01)		
	13:14.82 (37.94)	13:53.07 (38.25)	14:31.26 (38.19)	15:09.26 (38.00)		
	15:47.80 (38.54)	16:25.82 (38.02)	17:03.78 (37.96)	17:42.05 (38.27)		
	18:20.51 (38.46)	18:58.70 (38.19)	19:37.05 (38.35)	20:15.78 (38.73)	20:52.62 (36.84)	
3	Couch, Stephanie	57	Menlo Masters-38	20:44.42	21:01.17	18
	35.68	1:13.85 (38.17)	1:52.48 (38.63)	2:31.41 (38.93)		
	3:09.96 (38.55)	3:48.66 (38.70)	4:27.35 (38.69)	5:06.08 (38.73)		
	5:44.61 (38.53)	6:23.24 (38.63)	7:01.94 (38.70)	7:40.50 (38.56)		
	8:19.34 (38.84)	8:57.89 (38.55)	9:35.93 (38.04)	10:14.25 (38.32)		
	10:52.40 (38.15)	11:30.92 (38.52)	12:09.05 (38.13)	12:47.24 (38.19)		
	13:25.21 (37.97)	14:03.46 (38.25)	14:41.49 (38.03)	15:19.69 (38.20)		
	15:57.85 (38.16)	16:36.29 (38.44)	17:14.63 (38.34)	17:52.96 (38.33)		
	18:30.88 (37.92)	19:08.94 (38.06)	19:46.49 (37.55)	20:24.11 (37.62)	21:01.17 (37.06)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 1650 Yard Freestyle)**

4	Mcmurdie, Patti B	55	Club Hot Tub-38	23:22.00	21:54.76	17
	35.56	1:15.10 (39.54)	1:56.86 (41.76)	2:38.58 (41.72)		
	3:20.68 (42.10)	4:02.62 (41.94)	4:43.94 (41.32)	5:25.18 (41.24)		
	6:06.57 (41.39)	6:48.29 (41.72)	7:26.65 (38.36)	8:05.97 (39.32)		
	8:45.73 (39.76)	9:25.82 (40.09)	10:05.56 (39.74)	10:45.38 (39.82)		
	11:25.33 (39.95)	12:05.55 (40.22)	12:44.98 (39.43)	13:24.67 (39.69)		
	14:04.20 (39.53)	14:43.67 (39.47)	15:22.34 (38.67)	16:00.98 (38.64)		
	16:40.86 (39.88)	17:19.24 (38.38)	17:58.07 (38.83)	18:37.52 (39.45)		
	19:16.95 (39.43)	19:57.02 (40.07)	20:36.79 (39.77)	21:16.43 (39.64)	21:54.76 (38.33)	
5	Phalen, Jennifer	57	Davis Aquatic Masters-38	24:12.58	25:33.32	16
	39.91	1:22.17 (42.26)	2:06.07 (43.90)	2:51.21 (45.14)		
	3:36.25 (45.04)	4:21.55 (45.30)	5:07.44 (45.89)	5:53.02 (45.58)		
	6:39.03 (46.01)	7:26.22 (47.19)	8:12.23 (46.01)	8:56.43 (44.20)		
	9:44.59 (48.16)	10:32.37 (47.78)	11:20.46 (48.09)	12:08.23 (47.77)		
	12:56.40 (48.17)	13:43.87 (47.47)	14:31.91 (48.04)	15:19.97 (48.06)		
	16:07.04 (47.07)	16:52.14 (45.10)	17:37.47 (45.33)	18:22.54 (45.07)		
	19:08.29 (45.75)	19:53.68 (45.39)	20:42.31 (48.63)	21:33.68 (51.37)		
	22:23.29 (49.61)	23:12.98 (49.69)	24:00.37 (47.39)	24:48.04 (47.67)	25:33.32 (45.28)	
6	Ferlin, Felicia	58	Uc38	35:00.00	31:14.38	15
	48.60	1:45.38 (56.78)	2:43.15 (57.77)	3:41.03 (57.88)		
	4:39.94 (58.91)	5:36.24 (56.30)	6:33.40 (57.16)	7:32.12 (58.72)		
	8:27.71 (55.59)	9:25.73 (58.02)	10:24.88 (59.15)	11:20.68 (55.80)		
	12:18.42 (57.74)	13:16.50 (58.08)	14:14.04 (57.54)	15:11.69 (57.65)		
	16:08.29 (56.60)	17:06.13 (57.84)	18:02.69 (56.56)	19:00.82 (58.13)		
	19:55.59 (54.77)	20:53.99 (58.40)	21:52.73 (58.74)	22:48.78 (56.05)		
	23:45.06 (56.28)	24:41.54 (56.48)	25:39.21 (57.67)	26:35.40 (56.19)		
	27:32.98 (57.58)	28:31.52 (58.54)	29:26.10 (54.58)	30:22.82 (56.72)	31:14.38 (51.56)	
7	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	38:00.00	37:27.60	14
	56.61	1:59.56 (1:02.95)	3:04.70 (1:05.14)	4:09.48 (1:04.78)		
	5:15.66 (1:06.18)	6:21.83 (1:06.17)	7:28.52 (1:06.69)	8:35.53 (1:07.01)		
	9:43.41 (1:07.88)	10:51.16 (1:07.75)	11:59.12 (1:07.96)	13:09.02 (1:09.90)		
	14:16.88 (1:07.86)	15:24.90 (1:08.02)	16:32.18 (1:07.28)	17:40.25 (1:08.07)		
	18:50.07 (1:09.82)	19:59.90 (1:09.83)	21:07.62 (1:07.72)	22:15.71 (1:08.09)		
	23:25.36 (1:09.65)	24:36.41 (1:11.05)	25:46.11 (1:09.70)	26:55.71 (1:09.60)		
	28:05.68 (1:09.97)	29:17.71 (1:12.03)	30:27.72 (1:10.01)	31:38.46 (1:10.74)		
	32:50.71 (1:12.25)	34:01.53 (1:10.82)	35:11.99 (1:10.46)	36:21.68 (1:09.69)	37:27.60 (1:05.92)	
8	Bennett, Sue	59	Marcia's Enthusiastic Masters-38	40:00.00	41:08.87	13
	1:02.42	2:10.86 (1:08.44)	3:24.33 (1:13.47)	4:39.71 (1:15.38)		
	5:54.10 (1:14.39)	7:11.69 (1:17.59)	8:28.79 (1:17.10)	9:44.16 (1:15.37)		
	12:14.94 (2:30.78)					
				19:43.73 ()		
	21:01.58 (1:17.85)			22:20.26 ()		
	23:38.25 (1:17.99)	24:52.24 (1:13.99)	26:09.50 (1:17.26)	27:22.51 (1:13.01)		
	28:40.34 (1:17.83)	29:59.16 (1:18.82)	31:17.37 (1:18.21)	32:31.09 (1:13.72)		
	33:45.42 (1:14.33)	37:30.78 (3:45.36)	38:44.16 (1:13.38)	39:58.40 (1:14.24)	41:08.87 (1:10.47)	

Women 55-59 50 Yard BackstrokeNATL: **28.14** ! 10/30/2016 **LESLIE LIVINGSTON**PAC: **28.88** # 3/28/2010 **Laura B Val**

1	Ward, Lisa A	58	Walnut Creek Masters-38	32.50	32.23	21
2	Welting, Laureen	56	The Olympic Club-38	31.56	33.19	19
3	Cristea, Dea	59	North Bay Aquatics-38	33.50	34.22	18
4	Oster, Kim	59	North Bay Aquatics-38	35.00	34.50	17
5	Keighley, Carole	58	Quicksilver Masters-38	38.42	36.79	16
6	DeMasi, Amy E	59	Santa Clara Swim Club Masters-38	39.00	37.37	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 50 Yard Backstroke)**

7	Estrada, Kate	55	Club Hot Tub-38	39.99	40.51	14
8	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	42.15	41.01	13
9	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	1:10.00	57.66	12
10	Bennett, Sue	59	Marcia's Enthusiastic Masters-38	1:00.00	1:05.51	

Women 55-59 100 Yard Backstroke

NATL: 1:00.80 ! 4/30/2017 KARLYN PIPES

PAC: 1:04.13 # 2/3/2018 Bonnie M Bilich

1	Cristea, Dea	59	North Bay Aquatics-38	1:14.00	1:14.08	21
	36.12		1:14.08 (37.96)			
2	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	1:14.40	1:15.31	19
	36.05		1:15.31 (39.26)			
3	Russell, Jane	58	Davis Aquatic Masters-38	1:13.29	1:18.33	18
	37.93		1:18.33 (40.40)			
4	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	1:35.00	1:26.42	17
	42.49		1:26.42 (43.93)			
5	Hatvany, Lauren	58	Marcia's Enthusiastic Masters-38	1:38.00	1:35.23	16
	46.58		1:35.23 (48.65)			
6	Tyler, Christine	59	Quicksilver Masters-38	1:43.22	1:43.05	15
	51.76		1:43.05 (51.29)			
7	McCormick, Ann L	58	Marcia's Enthusiastic Masters-38	2:20.00	2:08.03	14
	1:03.11		2:08.03 (1:04.92)			

Women 55-59 200 Yard Backstroke

NATL: 2:10.65 ! 11/23/2019 ELLEN REYNOLDS

PAC: 2:12.87 # 4/28/2017 Jill S Hernandez

1	Ward, Lisa A	58	Walnut Creek Masters-38	2:25.00	2:26.03	21
	33.97		1:10.27 (36.30) 1:48.15 (37.88) 2:26.03 (37.88)			
2	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	2:39.22	2:37.46	19
	37.43		1:16.97 (39.54) 1:56.71 (39.74) 2:37.46 (40.75)			
3	DeMasi, Amy E	59	Santa Clara Swim Club Masters-38	2:49.00	2:44.94	18
	39.21		1:20.67 (41.46) 2:02.69 (42.02) 2:44.94 (42.25)			
4	Couch, Stephanie	57	Menlo Masters-38	2:45.89	2:47.05	17
	40.15		1:22.30 (42.15) 2:05.30 (43.00) 2:47.05 (41.75)			
5	Bulman, Robin	56	Santa Rosa Masters-38	3:05.73	3:00.19	16
	43.70		1:29.42 (45.72) 2:15.62 (46.20) 3:00.19 (44.57)			
6	Goodbrake, Carol	56	Uc38	4:15.00	3:58.26	15
	54.79		1:57.83 (1:03.04) 2:59.63 (1:01.80) 3:58.26 (58.63)			
7	Bennett, Sue	59	Marcia's Enthusiastic Masters-38	5:00.00	5:48.21	14
	1:18.97		2:52.88 (1:33.91) 4:26.28 (1:33.40) 5:48.21 (1:21.93)			

Women 55-59 50 Yard Breaststroke

NATL: 32.13 ! 4/30/2017 CAROLINE KRATTLI

PAC: 35.60 # 12/31/2001 Carolyn Boak

1	Weiderman, Jennifer	55	Conejo Valley Masters-33	35.80	36.87	21
2	Bulman, Robin	56	Santa Rosa Masters-38	38.05	37.46	19
3	Welting, Laureen	56	The Olympic Club-38	38.00	39.78	18
4	Taylor, Catherine	59	Walnut Creek Masters-38	41.95	40.61	17
5	Keighley, Carole	58	Quicksilver Masters-38	44.23	41.69	16
6	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	40.23	42.00	15
7	Phalen, Jennifer	57	Davis Aquatic Masters-38	43.64	44.32	14
8	Flynn, Beth	59	Rolling Hills Mud Sharks-38	48.00	45.23	13
9	Tyler, Christine	59	Quicksilver Masters-38	48.00	48.04	12
10	Fatemi, Fariba	58	San Mateo Masters-38	1:00.00	1:04.09	11

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 50 Yard Breaststroke)**

11	Hu, Qing	55	Walnut Creek Masters-38	1:15.16	1:15.38	10
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Women 55-59 50 Yard Breaststroke

NATL:	32.13	!	4/30/2017	CAROLINE KRATTLI
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PAC:	35.60	#	12/31/2001	Carolyn Boak
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1	Weiderman, Jennifer	55	Conejo Valley Masters-33	NT	36.31
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Women 55-59 100 Yard Breaststroke

NATL:	1:10.55	!	4/28/2017	CAROLINE KRATTLI
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PAC:	1:17.69	#	4/14/2019	Lisa A Ward
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1	Weiderman, Jennifer	55	Conejo Valley Masters-33	1:16.50	1:17.69	21
					36.31 1:17.69 (41.38)	
2	Bulman, Robin	56	Santa Rosa Masters-38	1:25.38	1:22.16	19
					39.05 1:22.16 (43.11)	
3	Phalen, Jennifer	57	Davis Aquatic Masters-38	1:31.03	1:30.25	18
					41.92 1:30.25 (48.33)	
4	Russell, Jane	58	Davis Aquatic Masters-38	1:30.29	1:30.71	17
					43.27 1:30.71 (47.44)	
5	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	1:29.26	1:33.23	16
					44.79 1:33.23 (48.44)	
6	Flynn, Beth	59	Rolling Hills Mud Sharks-38	1:45.00	1:39.07	15
					46.44 1:39.07 (52.63)	
7	Goodbrake, Carol	56	Uc38	1:53.82	1:51.42	14
					51.48 1:51.42 (59.94)	
8	Hu, Qing	55	Walnut Creek Masters-38	2:40.00	3:09.95	13
					1:21.57 3:09.95 (1:48.38)	
---	Tyler, Christine	59	Quicksilver Masters-38	1:40.74	DQ	
					46.56 DQ (52.22)	

Women 55-59 200 Yard Breaststroke

NATL:	2:36.82	!	12/15/2019	ELLEN REYNOLDS
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PAC:	2:50.21	#	4/25/2019	Merrie E Walts
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1	Weiderman, Jennifer	55	Conejo Valley Masters-33	2:45.00	2:49.46	21
					38.12 1:19.89 (41.77) 2:03.77 (43.88) 2:49.46 (45.69)	
2	Ward, Lisa A	58	Walnut Creek Masters-38	3:00.00	2:51.39	19
					38.99 1:21.65 (42.66) 2:05.33 (43.68) 2:51.39 (46.06)	
3	Bulman, Robin	56	Santa Rosa Masters-38	3:05.24	2:58.28	18
					39.42 1:26.14 (46.72) 2:11.81 (45.67) 2:58.28 (46.47)	
4	Taylor, Catherine	59	Walnut Creek Masters-38	3:25.38	3:24.01	17
					46.98 1:39.26 (52.28) 2:31.89 (52.63) 3:24.01 (52.12)	
5	Phalen, Jennifer	57	Davis Aquatic Masters-38	3:13.27	3:24.20	16
					45.80 1:36.26 (50.46) 2:29.47 (53.21) 3:24.20 (54.73)	
6	Flynn, Beth	59	Rolling Hills Mud Sharks-38	3:35.00	3:37.93	15
					49.44 1:44.51 (55.07) 2:41.10 (56.59) 3:37.93 (56.83)	
7	Goodbrake, Carol	56	Uc38	4:14.53	4:02.92	14
					52.87 1:55.14 (1:02.27) 2:59.74 (1:04.60) 4:02.92 (1:03.18)	

Women 55-59 50 Yard Butterfly

NATL:	27.04	!	10/30/2016	LESLIE LIVINGSTON
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PAC:	28.20	#	4/10/2010	Laura B Val
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1	Nielsen, Natalie	55	Uc38	30.54	29.37	21
2	Ward, Lisa A	58	Walnut Creek Masters-38	31.00	29.88	19
3	Quick, Sarah	58	North Bay Aquatics-38	29.50	30.13	18
4	Godges, Arlette	57	Club Hot Tub-38	30.00	30.40	17

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 50 Yard Butterfly)**

5	Welting, Laureen	56	The Olympic Club-38	30.00	31.16	16
6	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	31.10	31.50	15
7	Cristea, Dea	59	North Bay Aquatics-38	33.70	32.74	14
8	Capen, Tasha	55	Menlo Masters-38	37.00	35.75	13
9	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	35.83	35.78	12
10	Lewis, Melissa	56	North Bay Aquatics-38	33.89	36.29	11
11	Keighley, Carole	58	Quicksilver Masters-38	38.26	36.70	10
12	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	39.73	38.29	9
13	Goodbrake, Carol	56	Uc38	42.20	41.15	8
14	Flynn, Beth	59	Rolling Hills Mud Sharks-38	42.00	41.61	7

Women 55-59 100 Yard ButterflyNATL: **1:00.41** ! 4/29/2017 **KARLYN PIPES**PAC: **1:01.31** # 12/31/2009 **Laura B Val**

1	Nielsen, Natalie	55	Uc38	1:10.14	1:05.42	21
	31.21		1:05.42 (34.21)			
2	Godges, Arlette	57	Club Hot Tub-38	1:10.00	1:07.73	19
	32.35		1:07.73 (35.38)			
3	Ward, Lisa A	58	Walnut Creek Masters-38	1:10.00	1:08.98	18
	33.42		1:08.98 (35.56)			
4	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	1:11.15	1:11.22	17
	33.44		1:11.22 (37.78)			
5	Welting, Laureen	56	The Olympic Club-38	1:10.00	1:14.18	16
	33.10		1:14.18 (41.08)			
6	Couch, Stephanie	57	Menlo Masters-38	1:23.75	1:23.41	15
	38.98		1:23.41 (44.43)			
7	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	1:40.00	1:40.52	14
	44.05		1:40.52 (56.47)			

Women 55-59 200 Yard ButterflyNATL: **2:16.28** ! 5/10/2009 **LAURA VAL**PAC: **2:16.28** # 12/31/2009 **Laura B Val**

1	Nielsen, Natalie	55	Uc38	2:38.40	2:33.72	21
	33.99		1:11.39 (37.40) 1:51.71 (40.32) 2:33.72 (42.01)			
2	Russell, Jane	58	Davis Aquatic Masters-38	2:55.00	2:58.16	19
	39.40		1:25.25 (45.85) 2:12.39 (47.14) 2:58.16 (45.77)			
3	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	2:51.00	3:00.66	18
	40.14		1:25.98 (45.84) 2:13.99 (48.01) 3:00.66 (46.67)			
4	Couch, Stephanie	57	Menlo Masters-38	2:55.22	3:06.33	17
	40.77		1:28.10 (47.33) 2:16.37 (48.27) 3:06.33 (49.96)			
5	Bulman, Robin	56	Santa Rosa Masters-38	3:13.58	3:08.27	16
	40.46		1:29.31 (48.85) 2:20.66 (51.35) 3:08.27 (47.61)			
6	Fatemi, Fariba	58	San Mateo Masters-38	4:20.00	4:47.24	15
	1:08.75		2:21.10 (1:12.35) 3:35.98 (1:14.88) 4:47.24 (1:11.26)			

Women 55-59 100 Yard IMNATL: **1:02.34** ! 4/29/2017 **KARLYN PIPES**PAC: **1:05.21** # 12/31/2007 **Laura B Val**

1	Ward, Lisa A	58	Walnut Creek Masters-38	1:12.00	1:06.65	21
	30.06		1:06.65 (36.59)			
2	Welting, Laureen	56	The Olympic Club-38	1:12.00	1:11.44	19
	32.55		1:11.44 (38.89)			
3	Weideman, Jennifer	55	Conejo Valley Masters-33	1:11.50	1:12.68	18
	34.32		1:12.68 (38.36)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 100 Yard IM)**

4	Cristea, Dea	59	North Bay Aquatics-38	1:15.75	1:13.28	17
	33.20		1:13.28 (40.08)			
5	Collins, Helen L	59	Uc38	1:22.00	1:16.05	16
	35.85		1:16.05 (40.20)			
6	Keighley, Carole	58	Quicksilver Masters-38	1:25.26	1:17.86	15
	35.74		1:17.86 (42.12)			
7	Lewis, Melissa	56	North Bay Aquatics-38	1:17.24	1:20.26	14
	38.58		1:20.26 (41.68)			
8	Capen, Tasha	55	Menlo Masters-38	1:30.00	1:23.28	13
	40.26		1:23.28 (43.02)			
9	Kavalauskas, Alita	59	Jellies Aquatic Masters of Mon-38	1:30.00	1:28.16	12
	38.87		1:28.16 (49.29)			
10	Kirk, Eleanore L	57	Almaden Masters-38	1:35.50	1:30.41	11
	41.52		1:30.41 (48.89)			
11	Hurt, Liz	57	Marcia's Enthusiastic Masters-38	1:35.00	1:31.52	10
	43.98		1:31.52 (47.54)			
12	Flynn, Beth	59	Rolling Hills Mud Sharks-38	1:38.00	1:32.73	9
	45.08		1:32.73 (47.65)			
---	Oster, Kim	59	North Bay Aquatics-38	1:10.00	DQ	
	32.46		DQ (36.59)			
---	Quick, Sarah	58	North Bay Aquatics-38	1:09.00	DQ	
	32.31		DQ (38.60)			

Women 55-59 200 Yard IM

NATL: 2:13.92 ! 12/14/2019 ELLEN REYNOLDS

PAC: 2:15.70 # 4/28/2017 Jill S Hernandez

1	Nielsen, Natalie	55	Uc38	2:41.25	2:34.18	21
	31.56		1:12.53 (40.97)	1:58.73 (46.20)	2:34.18 (35.45)	
2	Weiderman, Jennifer	55	Conejo Valley Masters-33	2:35.00	2:35.24	19
	33.96		1:14.39 (40.43)	1:57.58 (43.19)	2:35.24 (37.66)	
3	Russell, Jane	58	Davis Aquatic Masters-38	2:47.49	2:50.68	18
	36.62		1:20.71 (44.09)	2:13.04 (52.33)	2:50.68 (37.64)	
4	Taylor, Catherine	59	Walnut Creek Masters-38	3:12.87	3:00.28	17
	41.63		1:30.58 (48.95)	2:20.62 (50.04)	3:00.28 (39.66)	
5	Tyler, Christine	59	Quicksilver Masters-38	3:21.20	3:21.25	16
	45.28		1:38.98 (53.70)	2:35.77 (56.79)	3:21.25 (45.48)	
6	Flynn, Beth	59	Rolling Hills Mud Sharks-38	3:35.00	3:23.36	15
	44.22		1:38.61 (54.39)	2:36.51 (57.90)	3:23.36 (46.85)	

Women 55-59 400 Yard IM

NATL: 4:45.55 ! 11/22/2019 ELLEN REYNOLDS

PAC: 4:49.56 # 4/30/2017 Jill S Hernandez

1	Nielsen, Natalie	55	Uc38	5:50.22	5:26.39	21
	34.37		1:10.29 (35.92)	1:54.87 (44.58)	2:38.36 (43.49)	
	3:25.71 (47.35)		4:13.55 (47.84)	4:50.47 (36.92)	5:26.39 (35.92)	
2	Weiderman, Jennifer	55	Conejo Valley Masters-33	5:35.00	5:29.29	19
	35.20		1:15.69 (40.49)	1:59.14 (43.45)	2:42.73 (43.59)	
	3:25.98 (43.25)		4:10.68 (44.70)	4:50.59 (39.91)	5:29.29 (38.70)	
3	Perry, Rebecca	57	Manatee Aquatic Masters Inc-38	5:42.00	5:44.33	18
	36.15		1:16.83 (40.68)	2:00.42 (43.59)	2:43.21 (42.79)	
	3:33.21 (50.00)		4:24.79 (51.58)	5:05.41 (40.62)	5:44.33 (38.92)	
4	Couch, Stephanie	57	Menlo Masters-38	5:43.01	5:51.25	17
	40.02		1:26.31 (46.29)	2:09.90 (43.59)	2:51.63 (41.73)	
	3:43.37 (51.74)		4:35.80 (52.43)	5:51.25 (1:15.45)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55-59 400 Yard IM)**

5	Taylor, Catherine	59	Walnut Creek Masters-38	6:43.41	6:31.94	16
	43.48	1:35.85 (52.37)	2:28.21 (52.36)	3:18.13 (49.92)		
	4:11.37 (53.24)	5:05.50 (54.13)	5:49.36 (43.86)	6:31.94 (42.58)		
6	Ferlin, Felicia	58	Uc38	8:45.00	7:53.42	15
	52.82	1:54.59 (1:01.77)	2:53.56 (58.97)	3:50.62 (57.06)		
	4:54.96 (1:04.34)	6:00.19 (1:05.23)	6:57.26 (57.07)	7:53.42 (56.16)		

Women 60-64 50 Yard Freestyle

NATL: 26.20 ! 5/11/2018 **PENNY NOYES**
PAC: 26.48 # 3/9/2014 **Laura B Val**

1	Walts, Merrie	61	Santa Rosa Masters-38	28.13	28.31	21
2	Joyce, Martha	62	Tamalpais Aquatic Masters-38	30.00	28.84	19
3	Oliver, April	60	North Bay Aquatics-38	32.13	29.97	18
4	Bracken, Judy	64	San Ramon Valley Aquatics Mast-38	30.92	30.48	17
5	Feeley, Louise	63	Menlo Masters-38	34.34	30.74	16
6	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	33.00	31.22	15
7	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	33.57	32.17	14
8	Frydendahl, Codel	61	Club Hot Tub-38	38.50	36.88	13
9	Jansen, Mary-Kaye	62	Club Hot Tub-38	38.00	37.08	12

Women 60-64 100 Yard Freestyle

NATL: 56.45 ! 4/29/2012 **LAURA VAL**
PAC: 56.45 # 12/31/2012 **Laura B Val**

1	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	NT	1:10.29	
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Women 60-64 100 Yard Freestyle

NATL: 56.45 ! 4/29/2012 **LAURA VAL**
PAC: 56.45 # 12/31/2012 **Laura B Val**

1	Rieger, Amy	60	Davis Aquatic Masters-38	58.44	58.80	21
	28.32	58.80 (30.48)				
2	Walts, Merrie	61	Santa Rosa Masters-38	1:03.01	1:02.19	19
	29.45	1:02.19 (32.74)				
3	Joyce, Martha	62	Tamalpais Aquatic Masters-38	1:05.00	1:06.30	18
	31.98	1:06.30 (34.32)				
4	Bracken, Judy	64	San Ramon Valley Aquatics Mast-38	1:11.44	1:08.82	17
	32.77	1:08.82 (36.05)				
5	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	1:10.00	1:09.39	16
	33.38	1:09.39 (36.01)				
6	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	1:12.00	1:10.84	15
	33.89	1:10.84 (36.95)				
7	Dibley, Allison M	60	Walnut Creek Masters-38	1:22.00	1:25.17	14
	40.41	1:25.17 (44.76)				

Women 60-64 200 Yard Freestyle

NATL: 2:05.75 ! 5/22/2016 **LAURA VAL**
PAC: 2:05.75 # 5/22/2016 **Laura B Val**

1	Rieger, Amy	60	Davis Aquatic Masters-38	2:11.86	2:08.12	21
	29.68	1:02.48 (32.80)	1:35.51 (33.03)	2:08.12 (32.61)		
2	Walts, Merrie	61	Santa Rosa Masters-38	2:23.00	2:17.86	19
	30.72	1:04.82 (34.10)	1:40.92 (36.10)	2:17.86 (36.94)		
3	Meyer, Marguerite	63	The Olympic Club-38	2:40.00	2:24.95	18
	33.64	1:10.15 (36.51)	1:48.10 (37.95)	2:24.95 (36.85)		
4	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	3:21.32	3:29.81	17
	48.68	1:43.57 (54.89)	2:38.02 (54.45)	3:29.81 (51.79)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 60-64 200 Yard Freestyle)**

5	Focha, Teresa	61	Albany Armada Aquatics Masters-38	3:50.00	3:43.01	16
	49.14	1:44.79 (55.65)	2:44.18 (59.39)	3:43.01 (58.83)		

Women 60-64 500 Yard Freestyle

NATL: 5:39.00 ! 1/26/2014 LAURA VAL

PAC: 5:39.00 # 1/26/2014 Laura B Val

1	Meyer, Marguerite	63	The Olympic Club-38	6:55.00	6:39.46	21
	35.26	1:13.48 (38.22)	1:53.27 (39.79)	2:33.70 (40.43)		
	3:14.41 (40.71)	3:55.73 (41.32)	4:37.19 (41.46)	5:18.67 (41.48)		
	6:00.20 (41.53)	6:39.46 (39.26)				
2	Bracken, Judy	64	San Ramon Valley Aquatics Mast-38	6:56.40	7:01.59	19
	34.73	1:13.88 (39.15)	1:55.52 (41.64)	2:38.74 (43.22)		
	3:22.84 (44.10)	4:06.89 (44.05)	4:50.88 (43.99)	5:35.88 (45.00)		
	6:19.90 (44.02)	7:01.59 (41.69)				
3	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	7:15.00	7:01.99	18
	38.52	1:19.04 (40.52)	2:01.13 (42.09)	2:43.81 (42.68)		
	3:26.81 (43.00)	4:09.40 (42.59)	4:52.57 (43.17)	5:36.17 (43.60)		
	6:19.58 (43.41)	7:01.99 (42.41)				
4	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	7:45.00	7:33.03	17
	39.99	1:24.01 (44.02)	2:09.21 (45.20)	2:54.88 (45.67)		
	3:41.57 (46.69)	4:28.05 (46.48)	5:14.64 (46.59)	6:01.48 (46.84)		
	6:48.43 (46.95)	7:33.03 (44.60)				
5	Hickel, Jessie	63	East Bay Bat Rays Masters-38	8:25.28	7:59.93	16
	42.62	1:28.97 (46.35)	2:17.98 (49.01)	3:07.35 (49.37)		
	3:56.97 (49.62)	4:45.72 (48.75)	5:34.49 (48.77)	6:23.52 (49.03)		
	7:12.76 (49.24)	7:59.93 (47.17)				
6	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	8:56.19	8:44.51	15
	46.77	1:38.21 (51.44)	2:31.75 (53.54)	3:24.98 (53.23)		
	4:19.50 (54.52)	5:12.54 (53.04)	6:06.49 (53.95)	7:01.32 (54.83)		
	7:54.69 (53.37)	8:44.51 (49.82)				
7	Jansen, Mary-Kaye	62	Club Hot Tub-38	8:30.00	8:52.61	14
	46.22	1:37.84 (51.62)	2:32.44 (54.60)	3:26.91 (54.47)		
	4:24.72 (57.81)	5:21.13 (56.41)	6:15.68 (54.55)	7:10.24 (54.56)		
	8:03.46 (53.22)	8:52.61 (49.15)				
8	Dibley, Allison M	60	Walnut Creek Masters-38	8:23.24	9:03.10	13
	49.24	1:41.60 (52.36)	2:36.29 (54.69)	3:32.12 (55.83)		
	4:27.64 (55.52)	5:24.51 (56.87)	6:20.10 (55.59)	7:15.28 (55.18)		
	8:10.01 (54.73)	9:03.10 (53.09)				

Women 60-64 500 Yard Freestyle

NATL: 5:39.00 ! 1/26/2014 LAURA VAL

PAC: 5:39.00 # 1/26/2014 Laura B Val

1	Heim-Bowen, Suzanne	63	Walnut Creek Masters-38	NT	6:01.27	
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Women 60-64 1000 Yard Freestyle

NATL: 11:40.89 ! 5/19/2019 BONNIE SPIVEY

PAC: 11:41.77 # 12/31/2012 Laura B Val

1	Johnson, Julie	64	Marcia's Enthusiastic Masters-38	18:09.33	17:32.69	21
	47.68	1:38.07 (50.39)	2:30.81 (52.74)	3:22.65 (51.84)		
	4:16.11 (53.46)	5:09.62 (53.51)	6:03.52 (53.90)	6:56.93 (53.41)		
	7:50.76 (53.83)	8:44.05 (53.29)	9:37.33 (53.28)	10:30.78 (53.45)		
	11:23.88 (53.10)	12:17.18 (53.30)	13:10.27 (53.09)	14:02.93 (52.66)		
	14:55.76 (52.83)	15:48.86 (53.10)	16:41.82 (52.96)	17:32.69 (50.87)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 60-64 1000 Yard Freestyle)**

2	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	18:28.10	18:21.25	19
	50.25	1:44.60 (54.35)	2:39.66 (55.06)	3:34.83 (55.17)		
	4:30.23 (55.40)	5:26.24 (56.01)	6:21.18 (54.94)	7:16.39 (55.21)		
	8:12.32 (55.93)	9:07.60 (55.28)	10:02.77 (55.17)	10:59.41 (56.64)		
	11:55.19 (55.78)	12:49.88 (54.69)	13:46.02 (56.14)	14:41.49 (55.47)		
	15:36.11 (54.62)	16:32.80 (56.69)	17:28.15 (55.35)	18:21.25 (53.10)		

Women 60-64 1000 Yard FreestyleNATL: **11:40.89** ! 5/19/2019 **BONNIE SPIVEY**PAC: **11:41.77** # 12/31/2012 **Laura B Val**

1	Heim-Bowen, Suzanne	63	Walnut Creek Masters-38	NT	12:07.92	
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Women 60-64 1650 Yard FreestyleNATL: **19:37.27** ! 5/17/2019 **BONNIE SPIVEY**PAC: **19:42.01** # 4/12/2019 **Suzanne M Heim-Bo**

1	Heim-Bowen, Suzanne	63	Walnut Creek Masters-38	20:00.00	20:06.46	21
	33.82	1:09.91 (36.09)	1:46.17 (36.26)	2:22.67 (36.50)		
	2:58.93 (36.26)	3:35.38 (36.45)	4:11.94 (36.56)	4:48.23 (36.29)		
	5:24.69 (36.46)	6:01.27 (36.58)	6:37.38 (36.11)	7:13.99 (36.61)		
	7:50.49 (36.50)	8:27.04 (36.55)	9:03.79 (36.75)	9:40.51 (36.72)		
	10:17.50 (36.99)	10:54.41 (36.91)	11:31.11 (36.70)	12:07.92 (36.81)		
	12:44.59 (36.67)	13:21.39 (36.80)	13:58.18 (36.79)	14:34.89 (36.71)		
	15:11.90 (37.01)	15:48.76 (36.86)	16:25.68 (36.92)	17:02.63 (36.95)		
	17:39.56 (36.93)	18:16.51 (36.95)	18:53.31 (36.80)	19:30.13 (36.82)	20:06.46 (36.33)	
2	Renner, Janet	60	Menlo Masters-38	24:07.03	23:12.33	19
	40.66	1:23.29 (42.63)	2:05.81 (42.52)	2:48.66 (42.85)		
	3:30.95 (42.29)	4:13.27 (42.32)	4:55.56 (42.29)	5:38.63 (43.07)		
	6:21.06 (42.43)	7:03.64 (42.58)	7:45.86 (42.22)	8:27.85 (41.99)		
	9:10.16 (42.31)	9:52.43 (42.27)	10:34.41 (41.98)	11:16.67 (42.26)		
	11:58.74 (42.07)	12:41.02 (42.28)	13:23.14 (42.12)	14:05.33 (42.19)		
	14:47.57 (42.24)	15:29.80 (42.23)	16:12.06 (42.26)	16:53.85 (41.79)		
	17:36.29 (42.44)	18:18.61 (42.32)	19:00.59 (41.98)	19:42.76 (42.17)		
	20:25.01 (42.25)	21:07.42 (42.41)	21:49.54 (42.12)	22:31.37 (41.83)	23:12.33 (40.96)	
3	Penney, Debra	64	Swim Utah-34	27:30.00	23:15.89	18
	39.57	1:21.40 (41.83)	2:03.98 (42.58)	2:46.80 (42.82)		
	3:30.56 (43.76)	4:13.38 (42.82)	4:55.97 (42.59)	5:38.36 (42.39)		
	6:21.20 (42.84)	7:03.35 (42.15)	7:45.11 (41.76)	8:27.83 (42.72)		
	9:10.87 (43.04)	9:53.01 (42.14)	10:35.05 (42.04)	11:17.27 (42.22)		
	11:58.82 (41.55)	12:41.30 (42.48)	13:23.75 (42.45)	14:06.40 (42.65)		
	14:48.83 (42.43)	15:31.58 (42.75)	16:14.40 (42.82)	17:39.20 (1:24.80)		
	18:21.62 (42.42)	19:04.03 (42.41)	19:46.78 (42.75)	20:29.53 (42.75)		
	21:12.03 (42.50)	21:54.19 (42.16)	22:35.94 (41.75)	23:15.88 (39.94)	23:15.89 (0.01)	
4	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	29:55.78	29:36.08	17
	48.35	1:40.77 (52.42)	2:34.50 (53.73)	3:28.55 (54.05)		
	4:21.17 (52.62)	5:14.75 (53.58)	6:08.10 (53.35)	7:01.64 (53.54)		
	7:54.54 (52.90)	8:48.64 (54.10)	9:43.11 (54.47)	10:36.75 (53.64)		
	11:29.57 (52.82)	12:22.66 (53.09)	13:16.34 (53.68)	14:09.34 (53.00)		
	15:02.43 (53.09)	15:57.14 (54.71)	16:51.49 (54.35)	17:45.79 (54.30)		
	18:39.97 (54.18)	19:35.23 (55.26)	20:30.29 (55.06)	21:26.23 (55.94)		
	22:21.26 (55.03)	23:17.48 (56.22)	24:12.80 (55.32)	25:08.70 (55.90)		
	26:03.59 (54.89)	26:57.78 (54.19)	27:52.78 (55.00)	28:46.45 (53.67)	29:36.08 (49.63)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 60-64 50 Yard Backstroke**

NATL: 29.58 ! 4/26/2015 LAURA VAL

PAC: 29.58 # 4/26/2015 Laura B Val

1 Rieger, Amy 60 Davis Aquatic Masters-38 NT 31.68

Women 60-64 50 Yard Backstroke

NATL: 29.58 ! 4/26/2015 LAURA VAL

PAC: 29.58 # 4/26/2015 Laura B Val

1	Rieger, Amy	60	Davis Aquatic Masters-38	31.47	31.52	21
2	Walts, Merrie	61	Santa Rosa Masters-38	31.98	32.17	19
3	Oliver, April	60	North Bay Aquatics-38	36.50	35.49	18
4	Joyce, Martha	62	Tamalpais Aquatic Masters-38	40.00	36.16	17
5	Meyer, Marguerite	63	The Olympic Club-38	40.00	37.78	16
6	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	42.00	41.17	15
7	Bracken, Judy	64	San Ramon Valley Aquatics Mast-38	45.40	41.39	14
8	Romine, Terri	61	Club Hot Tub-38	45.00	41.74	13
9	Hickel, Jessie	63	East Bay Bat Rays Masters-38	49.00	46.97	12
10	Johnson, Julie	64	Marcia's Enthusiastic Masters-38	50.00	49.21	11
11	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	57.56	51.30	10

Women 60-64 100 Yard Backstroke

NATL: 1:03.72 ! 5/12/2013 LAURA VAL

PAC: 1:03.72 # 5/9/2013 Laura B Val

1	Walts, Merrie	61	Santa Rosa Masters-38	1:11.35	1:10.41	21
	33.41		1:10.41 (37.00)			
2	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	1:35.00	1:28.64	19
	43.78		1:28.64 (44.86)			
3	Romine, Terri	61	Club Hot Tub-38	1:45.00	1:31.73	18
	44.75		1:31.73 (46.98)			
4	Carroll, Leah	60	Albany Armada Aquatics Masters-38	1:42.99	1:42.33	17
	51.21		1:42.33 (51.12)			
5	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	1:59.22	1:49.56	16
	54.92		1:49.56 (54.64)			
6	Focha, Teresa	61	Albany Armada Aquatics Masters-38	2:10.00	1:59.27	15
	57.49		1:59.27 (1:01.78)			

Women 60-64 100 Yard Backstroke

NATL: 1:03.72 ! 5/12/2013 LAURA VAL

PAC: 1:03.72 # 5/9/2013 Laura B Val

1	Rieger, Amy	60	Davis Aquatic Masters-38	NT	1:06.97	
2	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	NT	1:28.62	

Women 60-64 200 Yard Backstroke

NATL: 2:19.36 ! 4/7/2018 BONNIE BILICH

PAC: 2:19.36 # 4/7/2018 Bonnie M Bilich

1	Rieger, Amy	60	Davis Aquatic Masters-38	2:27.86	2:27.69	21
	34.20		1:11.22 (37.02)	1:49.28 (38.06)	2:27.69 (38.41)	
2	Carroll, Leah	60	Albany Armada Aquatics Masters-38	3:38.03	3:29.30	19
	50.84		1:43.95 (53.11)	2:37.03 (53.08)	3:29.30 (52.27)	
3	Carboni, Lisa	60	Marcia's Enthusiastic Masters-38	3:59.47	3:51.89	18
			1:55.17 ()	2:55.19 (1:00.02)	3:51.89 (56.70)	
4	Focha, Teresa	61	Albany Armada Aquatics Masters-38	4:04.06	4:04.76	17
	58.88		2:01.23 (1:02.35)	3:03.84 (1:02.61)	4:04.76 (1:00.92)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 60-64 50 Yard Breaststroke**

NATL: 33.79 ! 5/7/2017 MELINDA MANN

PAC: 36.28 # 4/27/2019 Dea A Joslin

1	Walts, Merrie	61	Santa Rosa Masters-38	37.53	37.29	21
2	Joyce, Martha	62	Tamalpais Aquatic Masters-38	40.00	40.55	19
3	Penney, Debra	64	Swim Utah-34	42.00	40.80	18
4	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	43.00	42.63	17
5	Johnson, Julie	64	Marcia's Enthusiastic Masters-38	50.00	48.49	16
6	Jansen, Mary-Kaye	62	Club Hot Tub-38	52.00	50.12	15
7	Dibley, Allison M	60	Walnut Creek Masters-38	53.63	56.41	14

Women 60-64 100 Yard Breaststroke

NATL: 1:16.55 ! 5/6/2017 MELINDA MANN

PAC: 1:19.50 # 4/28/2017 Barbara C Wheeler

1	Penney, Debra	64	Swim Utah-34	1:30.00	1:25.99	21
	41.18		1:25.99 (44.81)			
2	Johnson, Julie	64	Marcia's Enthusiastic Masters-38	1:54.00	1:48.16	19
	50.72		1:48.16 (57.44)			
3	Carroll, Leah	60	Albany Armada Aquatics Masters-38	1:48.63	1:51.36	18
	54.31		1:51.36 (57.05)			

Women 60-64 200 Yard Breaststroke

NATL: 2:44.73 ! 4/26/2015 LO KNAPP

PAC: 2:50.61 # 4/7/2018 Bonnie M Bilich

1	Penney, Debra	64	Swim Utah-34	3:15.00	3:07.04	21
	42.23		1:29.33 (47.10)	2:18.25 (48.92)	3:07.04 (48.79)	
2	Hickel, Jessie	63	East Bay Bat Rays Masters-38	3:59.00	3:47.13	19
	52.50		1:50.82 (58.32)	2:49.94 (59.12)	3:47.13 (57.19)	
3	Carroll, Leah	60	Albany Armada Aquatics Masters-38	3:59.19	4:00.56	18
	56.95		1:59.75 (1:02.80)	3:02.62 (1:02.87)	4:00.56 (57.94)	

Women 60-64 50 Yard Butterfly

NATL: 27.93 ! 5/13/2018 TRACI GRANGER

PAC: 29.28 # 2/9/2014 Laura B Val

1	Oliver, April	60	North Bay Aquatics-38	32.50	31.62	21
2	Joyce, Martha	62	Tamalpais Aquatic Masters-38	35.00	33.28	19
3	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	36.00	34.74	18
4	Romine, Terri	61	Club Hot Tub-38	45.00	38.39	17
5	Hickel, Jessie	63	East Bay Bat Rays Masters-38	49.00	48.21	16
6	Lee, Janet	64	Almaden Masters-38	52.00	51.72	15
7	Dibley, Allison M	60	Walnut Creek Masters-38	54.00	57.43	14

Women 60-64 100 Yard Butterfly

NATL: 1:03.59 ! 4/27/2019 TRACI GRANGER

PAC: 1:04.27 # 12/31/2012 Laura B Val

1	Joyce, Martha	62	Tamalpais Aquatic Masters-38	1:25.00	1:20.72	21
	36.23		1:20.72 (44.49)			
2	Carroll, Leah	60	Albany Armada Aquatics Masters-38	1:44.07	1:40.58	19
	48.91		1:40.58 (51.67)			
3	Focha, Teresa	61	Albany Armada Aquatics Masters-38	2:05.00	1:54.65	18
	54.35		1:54.65 (1:00.30)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 60-64 200 Yard Butterfly**NATL: **2:24.30** ! 5/10/2013 **LAURA VAL**PAC: **2:24.30** # 5/9/2013 **Laura B Val**

1	Oliver, April	60	North Bay Aquatics-38	3:11.44	3:03.30	21
	42.83	1:29.79 (46.96)	2:16.08 (46.29)	3:03.30 (47.22)		
2	Carroll, Leah	60	Albany Armada Aquatics Masters-38	3:41.94	3:49.43	19
	51.21	1:47.03 (55.82)	2:46.59 (59.56)	3:49.43 (1:02.84)		
3	Focha, Teresa	61	Albany Armada Aquatics Masters-38	3:54.80	4:16.85	18
	53.62	1:56.73 (1:03.11)	3:05.21 (1:08.48)	4:16.85 (1:11.64)		

Women 60-64 100 Yard IMNATL: **1:06.74** ! 9/15/2018 **PENNY NOYES**PAC: **1:07.08** # 5/17/2015 **Laura B Val**

1	Rieger, Amy	60	Davis Aquatic Masters-38	1:08.21	1:06.76 #	21
	30.23	1:06.76 (36.53)				
2	Walts, Merrie	61	Santa Rosa Masters-38	1:11.60	1:10.41	19
	32.42	1:10.41 (37.99)				
3	Joyce, Martha	62	Tamalpais Aquatic Masters-38	1:20.00	1:13.79	18
	35.10	1:13.79 (38.69)				
4	Rafkin, Louise	63	Marcia's Enthusiastic Masters-38	1:22.00	1:20.71	17
	37.49	1:20.71 (43.22)				
5	Penney, Debra	64	Swim Utah-34	1:26.00	1:23.87	16
	41.50	1:23.87 (42.37)				
6	Haufler, Susan	64	Marcia's Enthusiastic Masters-38	1:35.00	1:26.99	15
	41.74	1:26.99 (45.25)				
7	Hickel, Jessie	63	East Bay Bat Rays Masters-38	1:45.00	1:39.31	14
	47.23	1:39.31 (52.08)				
8	Johnson, Julie	64	Marcia's Enthusiastic Masters-38	2:00.00	1:45.16	13
	52.59	1:45.16 (52.57)				
9	Dibley, Allison M	60	Walnut Creek Masters-38	1:50.00	1:47.10	12
	51.95	1:47.10 (55.15)				
10	Lee, Janet	64	Almaden Masters-38	2:00.00	1:51.88	11
	52.00	1:51.88 (59.88)				

Women 60-64 200 Yard IMNATL: **2:25.40** ! 3/4/2012 **LAURA VAL**PAC: **2:25.40** # 12/31/2012 **Laura B Val**

1	Rieger, Amy	60	Davis Aquatic Masters-38	2:27.23	2:23.95!	21
	31.91	1:07.95 (36.04)	1:51.31 (43.36)	2:23.95 (32.64)		
2	Carroll, Leah	60	Albany Armada Aquatics Masters-38	3:44.05	3:45.13	19
	52.60	1:45.61 (53.01)	2:51.08 (1:05.47)	3:45.13 (54.05)		
3	Focha, Teresa	61	Albany Armada Aquatics Masters-38	4:03.77	4:12.55	18
	53.40		3:14.83 ()	4:12.55 (57.72)		

Women 60-64 400 Yard IMNATL: **5:16.18** ! 3/15/2014 **LAURA VAL**PAC: **5:16.18** # 3/15/2014 **Laura B Val**

1	Rieger, Amy	60	Davis Aquatic Masters-38	5:19.10	5:07.38!	21
	31.38	1:08.81 (37.43)	1:47.76 (38.95)	2:26.39 (38.63)		
	3:10.50 (44.11)	3:55.82 (45.32)	4:32.04 (36.22)	5:07.38 (35.34)		
2	Renner, Janet	60	Menlo Masters-38	6:46.31	6:15.99	19
	42.54	1:31.32 (48.78)	2:22.47 (51.15)	3:11.67 (49.20)		
	4:02.75 (51.08)	4:53.05 (50.30)	5:35.28 (42.23)	6:15.99 (40.71)		
3	Focha, Teresa	61	Albany Armada Aquatics Masters-38	8:14.19	8:29.09	18
	54.18	1:55.06 (1:00.88)	3:01.30 (1:06.24)	4:06.73 (1:05.43)		
	5:20.26 (1:13.53)	6:32.67 (1:12.41)	7:30.73 (58.06)	8:29.09 (58.36)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 65-69 50 Yard Freestyle**

NATL: 26.31 ! 3/7/2020 PENNY NOYES

PAC: 26.55 # 5/13/2018 Laura B Val

1 Benjamin, Marcia 65 Marcia's Enthusiastic Masters-38 NT 41.97

Women 65-69 50 Yard Freestyle

NATL: 26.31 ! 3/7/2020 PENNY NOYES

PAC: 26.55 # 5/13/2018 Laura B Val

1	Donaldson, Claire	67	Manatee Aquatic Masters Inc-38	36.50	31.77	21
2	Hepworth, Jeri	69	Rolling Hills Mud Sharks-38	34.30	34.59	19
3	Kessinger, Katy L	67	Swim Utah-34	34.99	35.80	18

Women 65-69 100 Yard Freestyle

NATL: 57.88 ! 5/12/2018 LAURA VAL

PAC: 57.88 # 5/12/2018 Laura B Val

1	Donaldson, Claire	67	Manatee Aquatic Masters Inc-38	1:17.50	1:09.74	21
	33.25				1:09.74 (36.49)	
2	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	1:28.33	1:18.42	19
	38.23				1:18.42 (40.19)	
3	Kessinger, Katy L	67	Swim Utah-34	1:15.99	1:18.84	18
	38.67				1:18.84 (40.17)	
4	Blew, Susan	69	South End Rowing Club-38	1:35.00	1:31.92	17
	42.94				1:31.92 (48.98)	
5	Dobisz, Elizabeth	68	Quicksilver Masters-38	1:50.00	1:48.05	16
	51.73				1:48.05 (56.32)	

Women 65-69 200 Yard Freestyle

NATL: 2:07.23 ! 5/11/2018 LAURA VAL

PAC: 2:07.23 # 5/11/2018 Laura B Val

1	Helmrich, Susan	66	Streamliners-38	2:42.50	2:31.15	21
	34.36				1:12.80 (38.44)	
					1:52.28 (39.48)	
					2:31.15 (38.87)	
2	Kessinger, Katy L	67	Swim Utah-34	3:01.99	2:47.68	19
	39.56				1:22.53 (42.97)	
					2:05.57 (43.04)	
					2:47.68 (42.11)	
3	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	2:55.10	2:52.28	18
	38.63				1:22.21 (43.58)	
					2:07.41 (45.20)	
					2:52.28 (44.87)	
4	Benjamin, Marcia	65	Marcia's Enthusiastic Masters-38	3:20.00	2:52.80	17
	41.41				1:25.83 (44.42)	
					2:09.72 (43.89)	
					2:52.80 (43.08)	
5	Blew, Susan	69	South End Rowing Club-38	4:00.00	3:26.83	16
	45.09				1:38.49 (53.40)	
					2:33.13 (54.64)	
					3:26.83 (53.70)	

Women 65-69 500 Yard Freestyle

NATL: 5:52.39 ! 5/21/2017 LAURA VAL

PAC: 5:52.39 # 5/22/2017 Laura B Val

1	Helmrich, Susan	66	Streamliners-38	7:11.20	6:43.47	21
	37.51				1:17.45 (39.94)	
					1:58.88 (41.43)	
					2:40.08 (41.20)	
	3:21.36 (41.28)				4:02.45 (41.09)	
					4:43.67 (41.22)	
	6:04.62 (40.60)				6:43.47 (38.85)	
2	Kessinger, Katy L	67	Swim Utah-34	7:59.99	7:13.94	19
	40.61				1:24.06 (43.45)	
					2:08.24 (44.18)	
					3:36.07 (1:27.83)	
	4:19.61 (43.54)				5:03.74 (44.13)	
					5:47.84 (44.10)	
	7:13.94 (42.37)				7:13.94 ()	
3	Quinn, Phyllis	66	The Olympic Club-38	7:35.12	7:44.43	18
	41.69				1:26.24 (44.55)	
					2:12.37 (46.13)	
					2:59.77 (47.40)	
	3:47.28 (47.51)				4:34.90 (47.62)	
					5:22.86 (47.96)	
	6:58.98 (47.78)				7:44.43 (45.45)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 65-69 500 Yard Freestyle)**

4	Palmer, Teddy	67	Walnut Creek Masters-38	10:30.54	10:14.82	17
	58.39	1:58.18 (59.79)	2:59.00 (1:00.82)	4:00.69 (1:01.69)		
	5:02.94 (1:02.25)	6:05.55 (1:02.61)	7:07.66 (1:02.11)	8:10.64 (1:02.98)		
	9:12.41 (1:01.77)	10:14.82 (1:02.41)				

Women 65-69 500 Yard Freestyle

NATL: 5:52.39 ! 5/21/2017 **LAURA VAL**
PAC: 5:52.39 # 5/22/2017 **Laura B Val**

1	Knapp, Lo	67	Swim Utah-34	NT	6:25.30	
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Women 65-69 1000 Yard Freestyle

NATL: 11:59.50 ! 4/9/2017 **LAURA VAL**
PAC: 11:59.50 # 4/9/2017 **Laura B Val**

1	Helmrich, Susan	66	Streamliners-38	NT	13:56.48	
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Women 65-69 1000 Yard Freestyle

NATL: 11:59.50 ! 4/9/2017 **LAURA VAL**
PAC: 11:59.50 # 4/9/2017 **Laura B Val**

1	Knapp, Lo	67	Swim Utah-34	12:39.00	12:51.90	21
	34.15	1:12.15 (38.00)	1:51.49 (39.34)	2:30.37 (38.88)		
	3:09.30 (38.93)	3:48.26 (38.96)	4:27.62 (39.36)	5:06.68 (39.06)		
	5:46.04 (39.36)	6:25.30 (39.26)	7:04.11 (38.81)	7:43.26 (39.15)		
	8:22.25 (38.99)	9:01.25 (39.00)	9:40.31 (39.06)	10:19.14 (38.83)		
	10:57.77 (38.63)	11:35.96 (38.19)	12:14.21 (38.25)	12:51.90 (37.69)		
2	Jaffer, Johanna	65	Almaden Masters-38	14:18.33	14:31.65	19
	37.52	1:19.80 (42.28)	2:02.06 (42.26)	2:45.77 (43.71)		
	3:29.87 (44.10)	4:14.01 (44.14)	4:58.44 (44.43)	5:42.55 (44.11)		
	6:27.49 (44.94)	7:11.82 (44.33)	7:55.60 (43.78)	8:40.23 (44.63)		
	9:24.96 (44.73)	10:09.01 (44.05)	10:52.68 (43.67)	11:36.58 (43.90)		
	12:20.92 (44.34)	13:05.11 (44.19)	13:48.90 (43.79)	14:31.65 (42.75)		
3	Quinn, Phyllis	66	The Olympic Club-38	15:13.39	15:51.77	18
	43.63	1:30.93 (47.30)	2:19.73 (48.80)	3:08.45 (48.72)		
	3:56.70 (48.25)	4:45.02 (48.32)	5:33.76 (48.74)	6:22.28 (48.52)		
	7:09.76 (47.48)	7:57.87 (48.11)	8:45.71 (47.84)	9:33.51 (47.80)		
	10:21.32 (47.81)	11:09.34 (48.02)	11:57.23 (47.89)	12:44.85 (47.62)		
	13:32.70 (47.85)	14:20.12 (47.42)	15:06.79 (46.67)	15:51.77 (44.98)		
4	Blew, Susan	69	South End Rowing Club-38	18:00.00	17:37.82	17
	45.03	1:35.32 (50.29)	2:27.82 (52.50)	3:20.66 (52.84)		
	5:08.37 (1:47.71)	6:02.35 (53.98)	6:56.24 (53.89)	7:49.86 (53.62)		
	8:43.72 (53.86)	9:36.86 (53.14)	10:30.31 (53.45)	11:24.28 (53.97)		
	13:12.09 (1:47.81)	14:05.72 (53.63)	14:59.59 (53.87)	15:52.43 (52.84)		
	16:46.02 (53.59)	17:38.08 (52.06)	17:37.82 ()			

Women 65-69 1650 Yard Freestyle

NATL: 20:33.09 ! 7/21/2021 **N STEADMAN MARTIN**
PAC: 23:22.54 # 4/7/2013 **Linda R Shoenberg**

1	Helmrich, Susan	66	Streamliners-38	23:10.20	22:54.94 #	21
	37.12	1:18.11 (40.99)	2:00.74 (42.63)	2:42.99 (42.25)		
	3:25.50 (42.51)	4:07.94 (42.44)	4:51.08 (43.14)	5:33.30 (42.22)		
	6:15.34 (42.04)	6:57.13 (41.79)	7:39.03 (41.90)	8:21.08 (42.05)		
	9:03.38 (42.30)	9:45.16 (41.78)	10:27.12 (41.96)	11:09.05 (41.93)		
	11:51.01 (41.96)	12:32.66 (41.65)	13:14.56 (41.90)	13:56.48 (41.92)		
	14:38.39 (41.91)	15:20.63 (42.24)	16:02.49 (41.86)	16:44.14 (41.65)		
	17:26.02 (41.88)	18:07.96 (41.94)	18:49.88 (41.92)	19:31.74 (41.86)		
	20:12.90 (41.16)	20:54.04 (41.14)	21:35.47 (41.43)	22:16.08 (40.61)	22:54.94 (38.86)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 65-69 1650 Yard Freestyle)**

2	Jaffer, Johanna	65	Almaden Masters-38	24:11.67	24:07.52	19
	39.41	1:21.83 (42.42)	2:05.58 (43.75)	2:49.74 (44.16)		
	3:33.64 (43.90)	4:17.14 (43.50)	5:01.17 (44.03)	5:44.73 (43.56)		
	6:29.24 (44.51)	7:13.09 (43.85)	7:57.53 (44.44)	8:41.86 (44.33)		
	9:26.87 (45.01)	10:11.00 (44.13)	10:54.77 (43.77)	11:38.87 (44.10)		
	12:22.86 (43.99)	13:07.79 (44.93)	13:52.13 (44.34)	14:36.14 (44.01)		
	15:20.53 (44.39)	16:04.97 (44.44)	16:49.01 (44.04)	17:33.62 (44.61)		
	18:17.26 (43.64)	19:01.33 (44.07)	19:45.20 (43.87)	20:29.01 (43.81)		
	21:13.44 (44.43)	21:58.43 (44.99)	22:42.08 (43.65)	23:25.84 (43.76)	24:07.52 (41.68)	
3	Kessinger, Katy L	67	Swim Utah-34	27:05.99	25:17.26	18
	42.97	1:29.88 (46.91)	2:15.92 (46.04)	3:01.46 (45.54)		
	3:47.45 (45.99)	4:34.05 (46.60)	5:20.35 (46.30)	6:07.53 (47.18)		
	6:54.00 (46.47)	7:40.21 (46.21)	8:26.42 (46.21)	9:12.53 (46.11)		
		10:45.55 ()	11:31.38 (45.83)	12:17.23 (45.85)		
	13:03.82 (46.59)	13:50.03 (46.21)	14:36.40 (46.37)	15:22.28 (45.88)		
	16:08.51 (46.23)	16:54.34 (45.83)	17:40.22 (45.88)	18:26.35 (46.13)		
	19:13.06 (46.71)	19:59.35 (46.29)	20:45.33 (45.98)	21:30.96 (45.63)		
	22:17.21 (46.25)	23:02.98 (45.77)	23:48.73 (45.75)	24:33.88 (45.15)	25:17.26 (43.38)	
4	Quinn, Phyllis	66	The Olympic Club-38	26:00.00	26:05.23	17
	43.40	1:29.66 (46.26)	2:16.92 (47.26)	3:04.40 (47.48)		
	3:52.28 (47.88)	4:40.29 (48.01)	5:28.44 (48.15)	6:17.09 (48.65)		
	7:05.18 (48.09)	7:53.16 (47.98)	8:40.31 (47.15)	9:27.75 (47.44)		
	10:15.21 (47.46)	11:02.32 (47.11)	11:50.43 (48.11)	12:38.22 (47.79)		
	13:26.32 (48.10)	14:13.62 (47.30)	15:01.49 (47.87)	15:49.60 (48.11)		
	16:37.56 (47.96)	17:25.12 (47.56)	18:13.53 (48.41)	19:00.97 (47.44)		
	19:48.53 (47.56)	20:35.85 (47.32)	21:23.25 (47.40)	22:10.50 (47.25)		
	22:57.82 (47.32)	23:44.94 (47.12)	24:32.12 (47.18)	25:19.59 (47.47)	26:05.23 (45.64)	
5	Blew, Susan	69	South End Rowing Club-38	29:00.00	30:07.87	16
	46.63	1:39.55 (52.92)	2:33.68 (54.13)	3:29.12 (55.44)		
	4:23.93 (54.81)	5:18.90 (54.97)	6:14.28 (55.38)	7:09.04 (54.76)		
	8:04.08 (55.04)	8:58.86 (54.78)	9:53.40 (54.54)	10:47.40 (54.00)		
	11:42.42 (55.02)	12:37.92 (55.50)	13:33.85 (55.93)	14:29.03 (55.18)		
	15:23.98 (54.95)	16:19.88 (55.90)	17:16.10 (56.22)	18:11.74 (55.64)		
	19:06.75 (55.01)	20:01.92 (55.17)	20:57.32 (55.40)	21:52.27 (54.95)		
	22:47.49 (55.22)	23:42.57 (55.08)	24:38.17 (55.60)	25:34.01 (55.84)		
	26:29.08 (55.07)	27:24.31 (55.23)	28:19.87 (55.56)	29:14.84 (54.97)	30:07.87 (53.03)	

Women 65-69 50 Yard Backstroke

NATL: 29.65 ! 5/12/2018 LAURA VAL
PAC: 29.65 # 5/12/2018 Laura B Val

1	Helmrich, Susan	66	Streamliners-38	42.60	39.37	21
2	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	44.18	41.79	19
3	Gill, Kathy	68	Davis Aquatic Masters-38	45.62	45.87	18
4	Petersen, Jennifer	67	Tri Valley Masters-38	55.00	49.06	17
5	Dobisz, Elizabeth	68	Quicksilver Masters-38	1:00.90	1:01.51	16

Women 65-69 100 Yard Backstroke

NATL: 1:03.96 ! 5/11/2018 LAURA VAL
PAC: 1:03.96 # 5/11/2018 Laura B Val

1	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	1:38.50	1:30.82	21
	44.64	1:30.82 (46.18)				
2	Gill, Kathy	68	Davis Aquatic Masters-38	1:43.96	1:41.08	19
	50.22	1:41.08 (50.86)				
3	Thomas, Elaine	67	Mountain View Masters-38	1:45.00	1:43.97	18
	50.28	1:43.97 (53.69)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 65-69 200 Yard Backstroke**

NATL: 2:23.88 ! 5/13/2018 LAURA VAL

PAC: 2:23.88 # 5/13/2018 Laura B Val

1	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	3:25.22	3:14.51	21
	46.60	1:37.14 (50.54)	2:27.47 (50.33)	3:14.51 (47.04)		
2	Quinn, Phyllis	66	The Olympic Club-38	3:20.00	3:19.33	19
	49.48	1:40.97 (51.49)	2:31.94 (50.97)	3:19.33 (47.39)		
3	Benjamin, Marcia	65	Marcia's Enthusiastic Masters-38	4:10.00	3:32.01	18
	52.22	1:46.25 (54.03)	2:39.95 (53.70)	3:32.01 (52.06)		
4	Petersen, Jennifer	67	Tri Valley Masters-38	3:58.00	3:39.17	17
	51.78	1:47.85 (56.07)	2:44.94 (57.09)	3:39.17 (54.23)		

Women 65-69 50 Yard Breaststroke

NATL: 36.58 ! 5/11/2018 MELINDA WOLFF

PAC: 38.56 # 3/19/2017 Laura B Val

1	Knapp, Lo	67	Swim Utah-34	39.99	39.26	21
2	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	58.94	52.42	19
3	Galante, Carol	67	Manatee Aquatic Masters Inc-38	51.95	53.32	18
4	Blew, Susan	69	South End Rowing Club-38	55.00	56.39	17

Women 65-69 100 Yard Breaststroke

NATL: 1:20.27 ! 4/28/2017 CHARLOTTE DAVIS

PAC: 1:25.65 # 12/31/2009 Daniela Barnea

1	Knapp, Lo	67	Swim Utah-34	1:25.71	1:23.88	21
	39.80	1:23.88 (44.08)				
---	Blew, Susan	69	South End Rowing Club-38	2:00.00	DQ	
	56.76	DQ (1:06.48)				

Women 65-69 200 Yard Breaststroke

NATL: 2:58.20 ! 4/14/2019 CHARLOTTE DAVIS

PAC: 3:06.16 # 12/31/2009 Daniela Barnea

1	Knapp, Lo	67	Swim Utah-34	2:59.99	3:00.39	21
	41.19	1:27.30 (46.11)	2:13.32 (46.02)	3:00.39 (47.07)		
2	Hepworth, Linda	68	Rolling Hills Mud Sharks-38	4:15.70	3:58.47	19
	55.52	1:56.07 (1:00.55)	2:57.62 (1:01.55)	3:58.47 (1:00.85)		

Women 65-69 50 Yard Butterfly

NATL: 28.94 ! 9/14/2019 PENNY NOYES

PAC: 29.58 # 3/19/2017 Laura B Val

1	Gill, Kathy	68	Davis Aquatic Masters-38	45.54	46.95	21
2	Galante, Carol	67	Manatee Aquatic Masters Inc-38	54.22	50.73	19
3	Palmer, Teddy	67	Walnut Creek Masters-38	49.25	52.04	18
4	Dobisz, Elizabeth	68	Quicksilver Masters-38	1:00.00	58.17	17

Women 65-69 100 Yard Butterfly

NATL: 1:05.47 ! 2/2/2020 PENNY NOYES

PAC: 1:06.55 # 2/29/2020 Laura B Val

1	Gill, Kathy	68	Davis Aquatic Masters-38	1:50.06	1:49.00	21
	50.19	1:49.00 (58.81)				

Women 65-69 200 Yard Butterfly

NATL: 2:29.12 ! 4/9/2017 LAURA VAL

PAC: 2:29.12 # 4/9/2017 Laura B Val

1	Gill, Kathy	68	Davis Aquatic Masters-38	4:15.00	4:13.74	21
	54.94	1:56.87 (1:01.93)	3:07.34 (1:10.47)	4:13.74 (1:06.40)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 65-69 200 Yard Butterfly)**

2	Quinn, Phyllis	66	The Olympic Club-38	4:00.00	4:15.50	19
	56.72	2:04.07 (1:07.35)	3:11.53 (1:07.46)	4:15.50 (1:03.97)		

Women 65-69 100 Yard IM

NATL: 1:07.03 ! 2/1/2020 PENNY NOYES

PAC: 1:09.39 # 2/11/2017 Laura B Val

1	Knapp, Lo	67	Swim Utah-34	1:19.10	1:16.25	21
	36.89	1:16.25 (39.36)				
2	Helmrich, Susan	66	Streamliners-38	1:25.80	1:19.97	19
	37.19	1:19.97 (42.78)				
3	Kessinger, Katy L	67	Swim Utah-34	1:39.99	1:30.83	18
	44.68	1:30.83 (46.15)				
4	Petersen, Jennifer	67	Tri Valley Masters-38	1:54.00	1:42.54	17
	49.74	1:42.54 (52.80)				
5	Gill, Kathy	68	Davis Aquatic Masters-38	1:44.45	1:43.98	16
	47.66	1:43.98 (56.32)				
6	Kline, Kathleen	65	Manatee Aquatic Masters Inc-38	1:46.00	1:46.23	15
	47.22	1:46.23 (59.01)				
7	Dobisz, Elizabeth	68	Quicksilver Masters-38	2:12.74	2:04.32	14
	59.02	2:04.32 (1:05.30)				

Women 65-69 200 Yard IM

NATL: 2:29.52 ! 12/7/2019 PENNY NOYES

PAC: 2:30.60 # 5/22/2017 Laura B Val

1	Quinn, Phyllis	66	The Olympic Club-38	3:23.15	3:24.57	21
	49.33	1:41.34 (52.01)	2:39.60 (58.26)	3:24.57 (44.97)		
2	Gill, Kathy	68	Davis Aquatic Masters-38	4:00.00	3:52.23	19
	50.42	1:50.72 (1:00.30)	2:58.87 (1:08.15)	3:52.23 (53.36)		

Women 65-69 400 Yard IM

NATL: 5:21.70 ! 5/21/2017 LAURA VAL

PAC: 5:21.70 # 5/22/2017 Laura B Val

1	Knapp, Lo	67	Swim Utah-34	5:51.00	5:57.09	21
	39.64	1:30.21 (50.57)	2:16.90 (46.69)	3:02.65 (45.75)		
	3:51.09 (48.44)	4:39.87 (48.78)	5:19.03 (39.16)	5:57.09 (38.06)		
2	Quinn, Phyllis	66	The Olympic Club-38	7:00.00	7:12.67	19
	54.63	1:56.67 (1:02.04)	2:49.34 (52.67)	3:41.28 (51.94)		
	4:39.80 (58.52)	5:39.17 (59.37)	6:27.07 (47.90)	7:12.67 (45.60)		

Women 70-74 50 Yard Freestyle

NATL: 27.95 ! 2/5/2022 LAURA VAL

PAC: 27.95 # 2/5/2022 Laura B Val

1	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	33.00	32.42	21
2	Leva, Nina	71	North Bay Aquatics-38	1:03.21	1:03.07	19

Women 70-74 100 Yard Freestyle

NATL: 1:03.48 ! 6/6/2021 CHARLOTTE DAVIS

PAC: 1:07.83 # 4/8/2018 Ruth Y Shaps

1	Guthrie, Sally	72	Davis Aquatic Masters-38	NT	1:14.53	
2	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	NT	1:51.34	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 70-74 100 Yard Freestyle**NATL: **1:03.48** ! 6/6/2021 **CHARLOTTE DAVIS**PAC: **1:07.83** # 4/8/2018 **Ruth Y Shaps**

1	Val, Laura	70	Tamalpais Aquatic Masters-38	1:05.00	59.67!	21
	28.61	59.67 (31.06)				
2	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	1:14.00	1:12.63	19
	34.33	1:12.63 (38.30)				
3	Guthrie, Sally	72	Davis Aquatic Masters-38	1:17.39	1:15.29	18
	36.26	1:15.29 (39.03)				
4	Coholan, Annette	73	Rolling Hills Mud Sharks-38	1:50.00	1:36.64	17
	47.16	1:36.64 (49.48)				
5	Leva, Nina	71	North Bay Aquatics-38	2:20.33	2:20.04	16
	1:07.83	2:20.04 (1:12.21)				

Women 70-74 200 Yard FreestyleNATL: **2:21.31** ! 6/6/2021 **CHARLOTTE DAVIS**PAC: **2:35.85** # 12/31/2000 **Gail Roper**

1	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	2:48.00	2:40.07	21
	35.82	1:16.23 (40.41)	1:58.80 (42.57)	2:40.07 (41.27)		
2	Guthrie, Sally	72	Davis Aquatic Masters-38	2:42.39	2:40.22	19
	37.71	1:18.32 (40.61)	1:59.71 (41.39)	2:40.22 (40.51)		
3	Collins, Susan	72	Walnut Creek Masters-38	3:10.99	3:07.67	18
	43.11	1:30.60 (47.49)	2:20.39 (49.79)	3:07.67 (47.28)		
4	Landis, Sally A	74	Uc38	3:40.00	3:26.63	17
	48.15	1:39.78 (51.63)	2:33.69 (53.91)	3:26.63 (52.94)		
5	Coholan, Annette	73	Rolling Hills Mud Sharks-38	4:00.00	3:31.93	16
	49.33	1:43.03 (53.70)	2:38.26 (55.23)	3:31.93 (53.67)		
6	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	4:20.00	4:11.95	15
	58.31	2:02.64 (1:04.33)	3:09.71 (1:07.07)	4:11.95 (1:02.24)		
7	Leva, Nina	71	North Bay Aquatics-38	3:50.00	5:01.88	14
	3:37.27	5:01.88 (1:24.61)				

Women 70-74 200 Yard FreestyleNATL: **2:21.31** ! 6/6/2021 **CHARLOTTE DAVIS**PAC: **2:35.85** # 12/31/2000 **Gail Roper**

1	Guthrie, Sally	72	Davis Aquatic Masters-38	NT	2:39.60	
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Women 70-74 500 Yard FreestyleNATL: **6:16.06** ! 11/7/2021 **CHARLOTTE DAVIS**PAC: **7:13.15** # 12/31/2000 **Gail Roper**

1	Guthrie, Sally	72	Davis Aquatic Masters-38	7:03.28	7:19.50	21
	39.26	1:22.29 (43.03)	2:05.58 (43.29)	2:50.14 (44.56)		
	3:34.03 (43.89)	4:18.74 (44.71)	5:03.81 (45.07)	5:49.52 (45.71)		
	6:35.06 (45.54)	7:19.50 (44.44)				
2	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	7:30.00	7:22.89	19
	39.65	1:23.08 (43.43)	2:08.87 (45.79)	2:54.35 (45.48)		
	3:39.41 (45.06)	4:24.43 (45.02)	5:09.10 (44.67)	5:53.84 (44.74)		
	6:39.23 (45.39)	7:22.89 (43.66)				
3	Coholan, Annette	73	Rolling Hills Mud Sharks-38	9:00.00	9:22.56	18
	50.15	1:45.65 (55.50)	2:41.65 (56.00)	3:39.04 (57.39)		
	4:36.44 (57.40)	5:33.92 (57.48)	6:32.29 (58.37)	7:29.40 (57.11)		
	8:27.27 (57.87)	9:22.56 (55.29)				
4	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	11:00.00	10:41.61	17
	56.35	2:02.46 (1:06.11)	3:09.19 (1:06.73)	5:23.55 (2:14.36)		
	6:24.50 (1:00.95)	7:26.93 (1:02.43)	8:31.30 (1:04.37)			
	9:37.23 ()	10:41.61 (1:04.38)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022

Results

(Women 70-74 500 Yard Freestyle)

5	Leva, Nina	71	North Bay Aquatics-38	12:27.55	12:45.43	16
	1:13.66	2:31.45 (1:17.79)	3:49.00 (1:17.55)	5:05.95 (1:16.95)		
	6:24.24 (1:18.29)	7:42.05 (1:17.81)	8:57.24 (1:15.19)	10:14.91 (1:17.67)		
	11:32.77 (1:17.86)	12:45.43 (1:12.66)				

Women 70-74 1000 Yard Freestyle

NATL: 13:35.83 ! 3/6/2020 CECILIA MCCLOSKEY

PAC: 15:15.42 # 12/31/2000 Gail Roper

1	Guthrie, Sally	72	Davis Aquatic Masters-38	14:49.25	14:49.49 #	21
	40.41	1:24.43 (44.02)	2:08.60 (44.17)	2:53.69 (45.09)		
	3:37.95 (44.26)	4:22.91 (44.96)	5:08.18 (45.27)	5:53.12 (44.94)		
	6:37.79 (44.67)	7:22.77 (44.98)	8:07.37 (44.60)	8:52.50 (45.13)		
	9:37.60 (45.10)	10:22.99 (45.39)	11:07.79 (44.80)	11:52.44 (44.65)		
	13:21.82 (1:29.38)	14:06.86 (45.04)	14:48.90 (42.04)	14:49.49 (0.59)		
2	Collins, Susan	72	Walnut Creek Masters-38	17:45.00	16:51.69	19
	46.78	1:35.83 (49.05)	2:26.61 (50.78)	3:17.24 (50.63)		
	4:08.35 (51.11)	4:59.37 (51.02)	5:50.33 (50.96)	6:41.13 (50.80)		
	7:31.79 (50.66)	8:23.23 (51.44)	9:14.14 (50.91)	10:05.50 (51.36)		
	10:57.15 (51.65)	11:48.82 (51.67)	12:40.66 (51.84)	13:32.19 (51.53)		
	14:23.24 (51.05)	15:14.30 (51.06)	16:04.26 (49.96)	16:51.69 (47.43)		
3	Leva, Nina	71	North Bay Aquatics-38	45:00.00	25:59.92	18
	1:09.90	2:25.65 (1:15.75)	3:45.30 (1:19.65)			
			10:11.67 ()	11:29.87 (1:18.20)		
	14:08.45 (2:38.58)	22:05.39 (7:56.94)	23:25.22 (1:19.83)	25:59.92 (2:34.70)		

Women 70-74 1650 Yard Freestyle

NATL: 22:25.77 ! 3/6/2020 CECILIA MCCLOSKEY

PAC: 25:58.76 # 12/31/2012 Susan L Munn

1	Collins, Susan	72	Walnut Creek Masters-38	28:19.88	27:44.54	21
	45.01	1:34.54 (49.53)	2:25.01 (50.47)	3:16.47 (51.46)		
	4:09.23 (52.76)	5:00.05 (50.82)	5:50.57 (50.52)	6:41.39 (50.82)		
	7:32.51 (51.12)	8:23.63 (51.12)	9:14.80 (51.17)	10:05.81 (51.01)		
	10:56.66 (50.85)	11:48.00 (51.34)	12:38.43 (50.43)	13:29.01 (50.58)		
	14:20.64 (51.63)	15:11.24 (50.60)	16:02.31 (51.07)	16:52.17 (49.86)		
	17:42.74 (50.57)	18:34.44 (51.70)	19:24.97 (50.53)	20:15.14 (50.17)		
	21:05.42 (50.28)	21:55.33 (49.91)	22:45.97 (50.64)	23:37.23 (51.26)		
	24:26.81 (49.58)	25:16.63 (49.82)	26:07.14 (50.51)	26:56.96 (49.82)	27:44.54 (47.58)	
2	Coholan, Annette	73	Rolling Hills Mud Sharks-38	32:00.00	32:21.04	19
	51.45	1:48.66 (57.21)	2:47.38 (58.72)	3:44.77 (57.39)		
	4:43.27 (58.50)	5:40.79 (57.52)	6:38.78 (57.99)	7:37.74 (58.96)		
	8:36.13 (58.39)	9:34.33 (58.20)	10:32.79 (58.46)	11:31.19 (58.40)		
	12:30.37 (59.18)	13:29.75 (59.38)	14:29.18 (59.43)	15:27.66 (58.48)		
	16:26.90 (59.24)	17:25.39 (58.49)	18:24.33 (58.94)	19:24.33 (1:00.00)		
	20:24.26 (59.93)	21:24.27 (1:00.01)	22:24.28 (1:00.01)	23:24.22 (59.94)		
	24:24.21 (59.99)	25:24.15 (59.94)	26:24.22 (1:00.07)	27:23.82 (59.60)		
	28:24.46 (1:00.64)	29:24.34 (59.88)	30:24.48 (1:00.14)	31:24.23 (59.75)	32:21.04 (56.81)	
3	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	40:00.00	37:20.78	18
	59.59	2:07.21 (1:07.62)	3:19.37 (1:12.16)	4:27.52 (1:08.15)		
	5:37.12 (1:09.60)	6:44.77 (1:07.65)	9:02.32 (2:17.55)	10:11.18 (1:08.86)		
	11:19.26 (1:08.08)	12:28.04 (1:08.78)	13:37.05 (1:09.01)	14:44.57 (1:07.52)		
	15:54.02 (1:09.45)	17:02.66 (1:08.64)	18:11.74 (1:09.08)	19:18.97 (1:07.23)		
	20:27.47 (1:08.50)	21:36.73 (1:09.26)	22:44.80 (1:08.07)	23:54.93 (1:10.13)		
	25:02.47 (1:07.54)	26:10.10 (1:07.63)	27:16.75 (1:06.65)	28:25.25 (1:08.50)		
	29:32.71 (1:07.46)	30:43.41 (1:10.70)	31:52.09 (1:08.68)	32:59.19 (1:07.10)		
	34:05.24 (1:06.05)	35:12.00 (1:06.76)	36:20.47 (1:08.47)	37:20.59 (1:00.12)	37:20.78 (0.19)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 70-74 1650 Yard Freestyle)**

4	Leva, Nina	71	North Bay Aquatics-38	NT	43:00.70	17
	1:10.87	2:29.34 (1:18.47)	3:46.49 (1:17.15)	5:04.23 (1:17.74)		
	6:21.95 (1:17.72)	8:58.37 (2:36.42)	10:15.99 (1:17.62)	15:28.64 (5:12.65)		
	16:49.92 (1:21.28)					
		18:07.45 ()	19:28.32 (1:20.87)	20:48.78 (1:20.46)		
	26:03.52 (5:14.74)	27:22.88 (1:19.36)	28:43.21 (1:20.33)	31:18.43 (2:35.22)		
	33:54.55 (2:36.12)	35:13.19 (1:18.64)				
	40:25.21 ()	41:46.65 (1:21.44)	43:00.70 (1:14.05)			

Women 70-74 50 Yard Backstroke

	NATL:	32.29	!	2/5/2022	LAURA VAL		
	PAC:	32.29	#	2/5/2022	Laura B Val		
1	Val, Laura	70	Tamalpais Aquatic Masters-38	34.00	31.52!	21	
2	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	43.00	41.02	19	
3	Gillon, Jean	70	Menlo Masters-38	1:00.00	52.47	18	
4	Collins, Susan	72	Walnut Creek Masters-38	55.45	53.42	17	
5	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	1:00.00	56.81	16	

Women 70-74 100 Yard Backstroke

	NATL:	1:08.98	!	2/5/2022	LAURA VAL		
	PAC:	1:08.98	#	2/5/2022	Laura B Val		
1	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	1:40.00	1:29.96	21	
	44.98	1:29.96 (44.98)					

Women 70-74 200 Yard Backstroke

	NATL:	2:34.54	!	2/8/2020	CECILIA MCCLOSKEY		
	PAC:	3:16.21	#	2/5/2022	Sally K Guthrie		
1	Shaps, Ruth	74	Manatee Aquatic Masters Inc-38	3:20.00	3:12.05 #	21	
	45.02	1:32.88 (47.86)	2:23.27 (50.39)	3:12.05 (48.78)			
2	Guthrie, Sally	72	Davis Aquatic Masters-38	3:16.21	3:17.82	19	
	45.43	1:35.11 (49.68)	2:27.88 (52.77)	3:17.82 (49.94)			
3	Gillon, Jean	70	Menlo Masters-38	3:04.00	4:06.43	18	
	55.62	2:00.24 (1:04.62)	3:04.65 (1:04.41)	4:06.43 (1:01.78)			
4	Armstrong, Judy	74	Marcia's Enthusiastic Masters-38	5:00.00	4:24.71	17	
	1:00.38	2:08.47 (1:08.09)	3:11.85 (1:03.38)	4:24.71 (1:12.86)			

Women 70-74 50 Yard Butterfly

	NATL:	31.61	!	2/9/2020	CECILIA MCCLOSKEY		
	PAC:	32.35	#	2/5/2022	Laura B Val		
1	Val, Laura	70	Tamalpais Aquatic Masters-38	34.00	31.12!	21	
2	Landis, Sally A	74	Uc38	58.00	50.44	19	
3	Collins, Susan	72	Walnut Creek Masters-38	59.09	57.36	18	
4	Pashelinsky, Erin L	74	University of San Francisco Ma-38	1:00.02	1:08.29	17	

Women 70-74 100 Yard Butterfly

	NATL:	1:11.23	!	2/5/2022	LAURA VAL		
	PAC:	1:11.23	#	2/5/2022	Laura B Val		
1	Val, Laura	70	Tamalpais Aquatic Masters-38	1:15.00	1:10.40!	21	
	32.59	1:10.40 (37.81)					
2	Guthrie, Sally	72	Davis Aquatic Masters-38	1:32.00	1:33.88	19	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 70-74 200 Yard Butterfly**

NATL: 2:42.80 ! 2/5/2022 LAURA VAL

PAC: 2:42.80 # 2/5/2022 Laura B Val

1	Guthrie, Sally	72	Davis Aquatic Masters-38	3:31.75	3:42.82	21
	49.30	1:43.76 (54.46)	2:42.92 (59.16)	3:42.82 (59.90)		

Women 70-74 100 Yard IM

NATL: 1:12.10 ! 11/7/2021 CHARLOTTE DAVIS

PAC: 1:21.97 # 12/31/2000 Gail Roper

1	Val, Laura	70	Tamalpais Aquatic Masters-38	1:18.00	1:11.64!	21
	32.87	1:11.64 (38.77)				
2	Collins, Susan	72	Walnut Creek Masters-38	2:00.00	1:52.90	19
	56.02	1:52.90 (56.88)				
---	Landis, Sally A	74	Uc38	1:58.00	DQ	
	52.69	DQ (57.51)				

Women 70-74 200 Yard IM

NATL: 2:42.60 ! 2/9/2020 CECILIA MCCLOSKEY

PAC: 3:06.16 # 5/18/2014 Daniela Barnea

1	Val, Laura	70	Tamalpais Aquatic Masters-38	2:45.00	2:35.20!	21
	32.44	1:10.25 (37.81)	2:00.76 (50.51)	2:35.20 (34.44)		
2	Collins, Susan	72	Walnut Creek Masters-38	4:15.00	4:03.85	19
	1:00.22	2:06.70 (1:06.48)	3:16.48 (1:09.78)	4:03.85 (47.37)		

Women 70-74 400 Yard IM

NATL: 5:53.25 ! 2/8/2020 CECILIA MCCLOSKEY

PAC: 6:23.44 # 12/31/2000 Gail Roper

1	Val, Laura	70	Tamalpais Aquatic Masters-38	6:05.00	5:34.57!	21
	32.73	1:11.36 (38.63)	1:52.13 (40.77)	2:32.75 (40.62)		
	3:25.74 (52.99)	4:20.12 (54.38)	4:58.50 (38.38)	5:34.57 (36.07)		

Women 75-79 50 Yard Freestyle

NATL: 32.25 ! 3/19/2022 DIANN UUSTAL

PAC: 34.68 # 4/30/2017 Nancy J Ridout

1	Caso, Susie	75	Manatee Aquatic Masters Inc-38	40.00	43.01	21
2	Mc Partland, Peg	79	Manatee Aquatic Masters Inc-38	45.00	45.30	19
3	Morford, Sherral A	79	Almaden Masters-38	47.41	49.48	18

Women 75-79 100 Yard Freestyle

NATL: 1:09.99 ! 3/20/2022 DIANN UUSTAL

PAC: 1:20.83 # 12/31/1998 Margery Meyer

1	Caso, Susie	75	Manatee Aquatic Masters Inc-38	1:40.00	1:37.84	21
2	Mc Partland, Peg	79	Manatee Aquatic Masters Inc-38	2:00.00	1:40.22	19
	49.33	1:40.22 (50.89)				
3	Morford, Sherral A	79	Almaden Masters-38	1:52.27	1:55.55	18
	52.89	1:55.55 (1:02.66)				

Women 75-79 200 Yard Freestyle

NATL: 2:53.05 ! 3/8/2009 RONNIE KAMPHAUSEN

PAC: 2:57.07 # 5/4/2014 Susan L Munn

1	Scott, Stephanie I	75	Walnut Creek Masters-38	3:14.00	3:14.68	21
	41.96	1:32.06 (50.10)	2:24.96 (52.90)	3:14.68 (49.72)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 75-79 500 Yard Freestyle**

NATL: 7:32.58 ! 5/16/2009 RONNIE KAMPHAUSEN

PAC: 8:01.81 # 12/31/1998 Margery Meyer

1	Scott, Stephanie I	75	Walnut Creek Masters-38	8:20.00	8:22.44	21
	40.95	1:31.70 (50.75)	2:24.35 (52.65)	3:17.77 (53.42)		
	4:10.43 (52.66)	5:00.78 (50.35)	5:51.39 (50.61)	6:42.70 (51.31)		
	7:33.43 (50.73)	8:22.44 (49.01)				

Women 75-79 1000 Yard Freestyle

NATL: 15:47.72 ! 3/18/2009 RONNIE KAMPHAUSEN

PAC: 16:27.17 # 12/31/1999 Margery Meyer

1	Scott, Stephanie I	75	Walnut Creek Masters-38	17:13.00	16:51.63	21
	43.98	1:35.72 (51.74)	2:27.06 (51.34)	3:18.62 (51.56)		
	4:09.38 (50.76)	5:01.56 (52.18)	5:53.89 (52.33)	6:46.44 (52.55)		
	7:38.92 (52.48)	8:30.58 (51.66)	9:22.69 (52.11)	10:15.13 (52.44)		
	11:07.40 (52.27)	12:00.69 (53.29)	12:52.03 (51.34)	13:44.15 (52.12)		
	14:35.54 (51.39)	15:26.32 (50.78)	16:16.69 (50.37)	16:51.63 (34.94)		

Women 75-79 1650 Yard Freestyle

NATL: 26:47.55 ! 4/1/2017 SARAH KOPSKY

PAC: 27:33.86 # 12/31/1999 Margery Meyer

1	Scott, Stephanie I	75	Walnut Creek Masters-38	28:37.00	27:40.27	21
	43.68	1:33.76 (50.08)	2:25.19 (51.43)	3:17.78 (52.59)		
	4:08.83 (51.05)	4:59.44 (50.61)	5:50.78 (51.34)	6:41.68 (50.90)		
	7:32.60 (50.92)	8:23.95 (51.35)	9:14.49 (50.54)	10:05.50 (51.01)		
	10:56.57 (51.07)	11:47.69 (51.12)	12:38.18 (50.49)	13:29.29 (51.11)		
	14:19.95 (50.66)	15:10.44 (50.49)	16:00.80 (50.36)	16:50.74 (49.94)		
	17:41.65 (50.91)	18:32.57 (50.92)	19:21.98 (49.41)	20:12.20 (50.22)		
	21:03.11 (50.91)	21:53.27 (50.16)	22:44.13 (50.86)	23:33.61 (49.48)		
	24:24.19 (50.58)	25:14.11 (49.92)	26:04.03 (49.92)	26:53.25 (49.22)	27:40.27 (47.02)	

Women 75-79 50 Yard Backstroke

NATL: 37.34 ! 3/19/2022 DIANN UUSTAL

PAC: 41.40 # 12/31/2009 Ann Kay

1	Mc Partland, Peg	79	Manatee Aquatic Masters Inc-38	56.00	51.39	21
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Women 75-79 100 Yard Backstroke

NATL: 1:20.69 ! 3/20/2022 DIANN UUSTAL

PAC: 1:30.69 # 12/31/2009 Ann Kay

1	Barnea, Daniela	77	Stanford Masters Swimming-38	1:53.25	1:43.14	21
	50.50	1:43.14 (52.64)				
2	Mc Partland, Peg	79	Manatee Aquatic Masters Inc-38	1:55.00	1:53.48	19
	58.76	1:53.48 (54.72)				

Women 75-79 200 Yard Backstroke

NATL: 3:15.04 ! 4/15/2011 NANCY BROWN

PAC: 3:20.52 # 12/31/2009 Ann Kay

1	Mc Partland, Peg	79	Manatee Aquatic Masters Inc-38	4:00.00	4:04.62	21
	57.70	2:02.13 (1:04.43)	3:07.17 (1:05.04)	4:04.62 (57.45)		

Women 75-79 50 Yard Breaststroke

NATL: 41.53 ! 4/13/2014 JOANN LEILICH

PAC: 41.76 # 4/27/2019 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	48.15	44.48	21
2	Caso, Susie	75	Manatee Aquatic Masters Inc-38	50.00	54.11	19
3	Morford, Sherral A	79	Almaden Masters-38	1:09.11	1:10.59	18

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 75-79 100 Yard Breaststroke**

NATL: 1:29.24 ! 4/11/2014 JOANN LEILICH

PAC: 1:34.30 # 6/17/2019 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	1:48.45	1:39.73	21
	48.36	1:39.73 (51.37)				
2	Caso, Susie	75	Manatee Aquatic Masters Inc-38	1:56.00	2:03.87	19
	58.16	2:03.87 (1:05.71)				

Women 75-79 200 Yard Breaststroke

NATL: 3:16.31 ! 4/5/2014 JOANN LEILICH

PAC: 3:19.57 # 4/26/2019 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	3:45.30	3:38.45	21
	49.28	1:45.02 (55.74)	2:42.73 (57.71)	3:38.45 (55.72)		

Women 75-79 100 Yard Butterfly

NATL: 1:35.55 ! 4/24/2015 MARY ANN CASE

PAC: 1:35.67 # 2/29/2020 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	1:55.15	1:46.06	21
	49.71	1:46.06 (56.35)				

Women 75-79 200 Yard Butterfly

NATL: 3:36.66 ! 4/26/2019 DANIELA BARNEA

PAC: 3:36.66 # 4/26/2019 Daniela Barnea

1	Scott, Stephanie I	75	Walnut Creek Masters-38	4:59.00	4:41.55	21
	57.00	2:12.18 (1:15.18)	3:28.16 (1:15.98)	4:41.55 (1:13.39)		

Women 75-79 100 Yard IM

NATL: 1:27.31 ! 4/24/2005 GAIL ROPER

PAC: 1:28.58 # 2/29/2020 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	1:45.20	1:38.30	21
	47.79	1:38.30 (50.51)				
2	Caso, Susie	75	Manatee Aquatic Masters Inc-38	2:00.00	1:57.34	19
	59.69	1:57.34 (57.65)				

Women 75-79 200 Yard IM

NATL: 3:14.61 ! 4/27/2019 DANIELA BARNEA

PAC: 3:14.61 # 4/27/2019 Daniela Barnea

1	Barnea, Daniela	77	Stanford Masters Swimming-38	3:40.20	3:26.38	21
	47.83	1:42.16 (54.33)	2:38.35 (56.19)	3:26.38 (48.03)		
---	Scott, Stephanie I	75	Walnut Creek Masters-38	4:10.00	DQ	
	57.02	1:55.49 (58.47)	3:04.77 (1:09.28)	DQ (49.92)		

Women 75-79 400 Yard IM

NATL: 7:02.17 ! 4/28/2019 DANIELA BARNEA

PAC: 7:02.17 # 4/28/2019 Daniela Barnea

1	Scott, Stephanie I	75	Walnut Creek Masters-38	8:20.00	8:16.95	21
	1:01.45	2:20.19 (1:18.74)	3:22.83 (1:02.64)	4:24.34 (1:01.51)		
	5:31.28 (1:06.94)	6:36.58 (1:05.30)	7:26.84 (50.26)	8:16.95 (50.11)		

Women 80-84 50 Yard Freestyle

NATL: 34.20 ! 12/13/2015 JOHNNIE DETRICK

PAC: 37.11 # 12/31/2003 Margery Meyer

1	Ridout, Nancy	80	Tamalpais Aquatic Masters-38	42.09	42.71	21
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Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 80-84 100 Yard Freestyle**

NATL: 1:22.34 ! 12/13/2015 JOHNNIE DETRICK

PAC: 1:24.09 # 12/31/2003 Margery Meyer

1	Ridout, Nancy	80	Tamalpais Aquatic Masters-38	1:35.50	1:37.57	21
	46.68	1:37.57 (50.89)				

Women 80-84 50 Yard Breaststroke

NATL: 45.10 ! 3/31/2019 JOANN LEILICH

PAC: 48.29 # 2/12/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	1:30.00	59.00	21
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Women 80-84 100 Yard Breaststroke

NATL: 1:37.42 ! 4/14/2019 JOANN LEILICH

PAC: 1:46.69 # 3/12/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	2:55.00	2:14.04	21
	1:03.76	2:14.04 (1:10.28)				

Women 80-84 200 Yard Breaststroke

NATL: 3:33.68 ! 4/13/2019 JOANN LEILICH

PAC: 3:49.67 # 2/12/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	5:00.00	4:32.09	21
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Women 80-84 50 Yard Butterfly

NATL: 42.29 ! 10/3/2021 MARY ANN CASE

PAC: 52.26 # 4/3/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	1:40.00	1:00.94	21
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Women 80-84 100 Yard IM

NATL: 1:42.51 ! 4/29/2016 JOHNNIE DETRICK

PAC: 1:46.52 # 3/27/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	2:15.00	2:03.70	21
	59.23	2:03.70 (1:04.47)				

Women 80-84 200 Yard IM

NATL: 3:48.28 ! 2/6/2016 JOHNNIE DETRICK

PAC: 3:53.17 # 2/12/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	4:50.00	4:25.47	21
	1:05.92	2:11.88 (1:05.96)	3:24.33 (1:12.45)	4:25.47 (1:01.14)		

Women 80-84 400 Yard IM

NATL: 7:59.82 ! 2/12/2022 SUSAN MEYERS

PAC: 8:29.69 # 3/12/2011 Ann M Hirsch

1	Stretch, Nancy	82	The Olympic Club-38	9:30.00	9:12.56	21
	1:05.16	2:22.67 (1:17.51)	3:28.89 (1:06.22)	4:35.95 (1:07.06)		
	5:49.37 (1:13.42)	7:02.43 (1:13.06)	8:08.85 (1:06.42)	9:12.56 (1:03.71)		

Women 85-89 50 Yard Freestyle

NATL: 41.21 ! 3/9/2013 BETTY RUSS

PAC: 42.36 # 12/31/2009 Margery Meyer

1	Wood, Caroline W	86	Walnut Creek Masters-38	52.20	56.36	21
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Women 85-89 100 Yard Freestyle

NATL: 1:31.20 ! 4/12/2014 NAN BOHL

PAC: 1:35.48 # 5/10/2009 Margery Meyer

1	Wood, Caroline W	86	Walnut Creek Masters-38	2:07.63	2:43.88	21
	2:45.25	2:43.88 ()				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 85-89 100 Yard Backstroke**NATL: **1:40.00** ! 2/10/2013 **BETTY LORENZI**PAC: **1:56.93** # 4/14/2019 **Ann Kay**

1	Wood, Caroline W	86	Walnut Creek Masters-38	2:29.18	2:41.95	21
	1:13.79	2:41.95 (1:28.16)				

Men 18-24 50 Yard FreestyleNATL: **19.36** ! 4/28/2012 **JOSH SCHNEIDER**PAC: **19.97** # 5/2/2014 **Christopher Peter**

1	Perey, Trevor	22	Santa Clara Swim Club Masters-38	22.04	22.10	21
2	Cory, Nikolas	23	Club Hot Tub-38	22.35	22.19	19
3	Levander, Arvid	23	Los Altos and Mountain View Ma-38	23.93	23.63	18
4	Ciano, Robert	23	Uc38	23.04	23.97	17
5	Vaishnav, Shaan S	19	East Bay Bat Rays Masters-38	26.53	25.28	16

Men 18-24 100 Yard FreestyleNATL: **42.59** ! 12/1/2012 **EUGENE GODSOE**PAC: **43.77** # 12/31/2010 **Andy Grant**

1	Guidi, Christopher	19	San Ramon Valley Aquatics Mast-38	48.69	49.86	21
	24.15	49.86 (25.71)				
2	Perey, Trevor	22	Santa Clara Swim Club Masters-38	49.99	49.95	19
	24.09	49.95 (25.86)				
3	Wood, Aaron M	24	Mountain View Masters-38	52.00	51.19	18
	24.28	51.19 (26.91)				
4	Ciano, Robert	23	Uc38	50.34	53.07	17
	24.72	53.07 (28.35)				
5	Vaishnav, Shaan S	19	East Bay Bat Rays Masters-38	58.81	55.78	16
	27.03	55.78 (28.75)				

Men 18-24 200 Yard FreestyleNATL: **1:35.02** ! 11/8/2009 **ANDY GRANT**PAC: **1:35.02** # 12/31/2010 **Andy Grant**

1	Guidi, Christopher	19	San Ramon Valley Aquatics Mast-38	1:43.88	1:46.96	21
	24.70	51.46 (26.76)	1:19.29 (27.83)	1:46.96 (27.67)		
2	Wood, Aaron M	24	Mountain View Masters-38	1:58.00	1:51.16	19
	26.16	54.29 (28.13)	1:22.64 (28.35)	1:51.16 (28.52)		
3	Pettibone, Holman	23	Santa Rosa Masters-38	1:57.19	2:02.07	18
	27.92	58.63 (30.71)	1:30.35 (31.72)	2:02.07 (31.72)		

Men 18-24 500 Yard FreestyleNATL: **4:24.81** ! 1/24/2010 **ANDY GRANT**PAC: **4:24.81** # 1/24/2010 **Andy Grant**

1	Guidi, Christopher	19	San Ramon Valley Aquatics Mast-38	4:36.93	4:52.25	21
	27.56	57.24 (29.68)	1:26.82 (29.58)	1:56.87 (30.05)		
	2:26.25 (29.38)	2:55.88 (29.63)	3:25.62 (29.74)	3:55.50 (29.88)		
	4:24.15 (28.65)	4:52.25 (28.10)				
2	Wood, Aaron M	24	Mountain View Masters-38	5:15.00	5:09.51	19
	27.22	57.63 (30.41)	1:28.13 (30.50)	1:59.00 (30.87)		
	2:30.34 (31.34)	3:01.84 (31.50)	3:33.82 (31.98)	4:06.44 (32.62)		
	4:38.23 (31.79)	5:09.51 (31.28)				
3	Pettibone, Holman	23	Santa Rosa Masters-38	5:19.69	5:27.32	18
	29.47	1:01.72 (32.25)	1:34.41 (32.69)	2:07.42 (33.01)		
	2:40.39 (32.97)	3:13.53 (33.14)	3:46.38 (32.85)	4:19.75 (33.37)		
	4:53.84 (34.09)	5:27.32 (33.48)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 18-24 500 Yard Freestyle)**

4	Shafer-Coffey, William H	24	University of San Francisco Ma-38	5:18.57	6:09.89	17
	28.00	59.59 (31.59)	1:33.81 (34.22)	2:11.40 (37.59)		
	2:51.44 (40.04)	3:31.44 (40.00)	4:11.81 (40.37)	4:52.46 (40.65)		
	5:31.85 (39.39)	6:09.89 (38.04)				

Men 18-24 1000 Yard Freestyle

NATL: 9:01.26 ! 2/13/2010 **JP ARNOLD**
PAC: 9:29.54 # 12/31/1996 **Brad Winsor**

1	Wood, Aaron M	24	Mountain View Masters-38	10:40.00	10:49.66	21
	28.83	1:00.91 (32.08)	1:33.05 (32.14)	2:05.56 (32.51)		
	2:38.60 (33.04)	3:11.49 (32.89)	3:44.19 (32.70)	4:17.66 (33.47)		
	4:50.74 (33.08)	5:22.75 (32.01)	5:56.17 (33.42)	6:28.71 (32.54)		
	7:02.49 (33.78)	7:35.69 (33.20)	8:08.73 (33.04)	8:41.14 (32.41)		
	9:13.57 (32.43)	9:46.54 (32.97)	10:18.75 (32.21)	10:49.66 (30.91)		

Men 18-24 1650 Yard Freestyle

NATL: 15:48.70 ! 3/27/2010 **ANDREW MUELLER**
PAC: 16:14.23 # 2/22/2015 **Andrew Gyenis**

1	Wood, Aaron M	24	Mountain View Masters-38	17:15.00	18:11.86	21
	28.09	59.32 (31.23)	1:31.11 (31.79)	2:03.70 (32.59)		
	2:36.07 (32.37)	3:08.61 (32.54)	3:41.32 (32.71)	4:14.33 (33.01)		
	4:47.13 (32.80)	5:20.25 (33.12)	5:52.65 (32.40)	6:24.77 (32.12)		
	6:57.29 (32.52)	7:30.08 (32.79)	8:03.04 (32.96)	8:36.41 (33.37)		
	9:09.57 (33.16)	9:42.15 (32.58)	10:15.34 (33.19)	10:48.58 (33.24)		
	11:22.10 (33.52)	11:55.81 (33.71)	12:31.03 (35.22)	13:04.40 (33.37)		
	13:38.47 (34.07)	14:12.03 (33.56)	14:46.07 (34.04)	15:20.48 (34.41)		
	15:55.78 (35.30)	16:30.44 (34.66)	17:05.29 (34.85)	17:39.49 (34.20)	18:11.86 (32.37)	

Men 18-24 50 Yard Backstroke

NATL: 22.33 ! 5/10/2013 **ANDREW ELLIOTT**
PAC: 22.85 # 4/26/2015 **Andrew Saeta**

1	Eckles, Ryan	24	Club Hot Tub-38	29.00	25.99	21
2	Levander, Arvid	23	Los Altos and Mountain View Ma-38	28.00	27.86	19

Men 18-24 100 Yard Backstroke

NATL: 45.36 ! 11/30/2012 **EUGENE GODSOE**
PAC: 50.01 # 4/30/2016 **Matthew R Murray**

1	Rodriguez, Frank	23	Uc38	1:00.00	1:01.20	21
	28.40	1:01.20 (32.80)				
2	Levander, Arvid	23	Los Altos and Mountain View Ma-38	58.82	1:02.15	19
	29.77	1:02.15 (32.38)				

Men 18-24 50 Yard Breaststroke

NATL: 24.53 ! 2/1/2015 **ROSTYSLAV FEDYNA**
PAC: 24.98 # 12/31/2009 **Rick Eddy**

1	Cory, Nikolas	23	Club Hot Tub-38	26.75	26.60	21
2	Levander, Arvid	23	Los Altos and Mountain View Ma-38	31.00	30.44	19

Men 18-24 100 Yard Breaststroke

NATL: 52.63 ! 2/3/2018 **JOSH PRENOT**
PAC: 52.63 # 2/3/2018 **Josh C Prenot**

1	Cory, Nikolas	23	Club Hot Tub-38	58.85	1:00.36	21
	28.55	1:00.36 (31.81)				
2	Pettibone, Holman	23	Santa Rosa Masters-38	1:05.00	1:02.91	19
	29.70	1:02.91 (33.21)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 18-24 200 Yard Breaststroke**

NATL: 1:57.33 ! 5/12/2013 ELLIOT KEEFER

PAC: 1:58.34 # 12/31/2006 Gary N Marshall

1	Pettibone, Holman	23	Santa Rosa Masters-38	2:20.90	2:17.75	21
	30.75	1:05.64 (34.89)	1:41.61 (35.97)	2:17.75 (36.14)		
2	Deshmukh, Atharva	23	Palo Alto Masters-38	2:28.69	2:26.45	19
	32.41	1:09.15 (36.74)	1:46.57 (37.42)	2:26.45 (39.88)		
3	Shafer-Coffey, William H	24	University of San Francisco Ma-38	2:45.68	2:52.59	18
	36.98	1:20.88 (43.90)	2:06.89 (46.01)	2:52.59 (45.70)		

Men 18-24 50 Yard Butterfly

NATL: 21.13 ! 4/26/2015 HENRIK LINDAU

PAC: 22.50 # 5/4/2014 Nolan Koon

1	Eckles, Ryan	24	Club Hot Tub-38	24.50	23.64	21
2	Cory, Nikolas	23	Club Hot Tub-38	24.85	25.28	19
3	Levander, Arvid	23	Los Altos and Mountain View Ma-38	27.00	25.44	18
4	Gjerde, Thomas	24	Club Hot Tub-38	30.00	25.92	17
5	Shafer-Coffey, William H	24	University of San Francisco Ma-38	28.43	27.27	16

Men 18-24 100 Yard Butterfly

NATL: 46.65 ! 11/30/2012 EUGENE GODSOE

PAC: 49.03 # 12/31/2010 Andy Grant

1	Guidi, Christopher	19	San Ramon Valley Aquatics Mast-38	53.05	53.28	21
	24.89	53.28 (28.39)				
2	Perey, Trevor	22	Santa Clara Swim Club Masters-38	53.99	53.85	19
	25.00	53.85 (28.85)				
3	Wood, Aaron M	24	Mountain View Masters-38	56.00	57.53	18
	26.89	57.53 (30.64)				
4	Ciano, Robert	23	Uc38	54.10	57.68	17
	26.37	57.68 (31.31)				
5	Pettibone, Holman	23	Santa Rosa Masters-38	59.26	1:00.95	16
	28.21	1:00.95 (32.74)				

Men 18-24 200 Yard Butterfly

NATL: 1:46.22 ! 2/1/2020 SAMUEL STEWART

PAC: 1:51.29 # 12/31/1996 Brad Budney

1	Guidi, Christopher	19	San Ramon Valley Aquatics Mast-38	1:56.00	2:00.93	21
	26.70	57.65 (30.95)	1:29.08 (31.43)	2:00.93 (31.85)		
2	Perey, Trevor	22	Santa Clara Swim Club Masters-38	1:59.99	2:04.90	19
	27.31	58.92 (31.61)	1:31.23 (32.31)	2:04.90 (33.67)		
3	Pettibone, Holman	23	Santa Rosa Masters-38	2:12.03	2:16.06	18
	30.57	1:05.39 (34.82)	1:41.45 (36.06)	2:16.06 (34.61)		

Men 18-24 100 Yard IM

NATL: 48.96 ! 4/26/2019 ANDREW APPLEBY

PAC: 49.52 # 4/25/2015 Colin B Babcock

1	Perey, Trevor	22	Santa Clara Swim Club Masters-38	57.99	57.69	21
	26.73	57.69 (30.96)				
2	Ciano, Robert	23	Uc38	1:02.59	59.67	19
	27.11	59.67 (32.56)				
3	Levander, Arvid	23	Los Altos and Mountain View Ma-38	1:00.00	59.91	18
	26.69	59.91 (33.22)				
4	Deshmukh, Atharva	23	Palo Alto Masters-38	1:02.69	1:02.86	17
	29.50	1:02.86 (33.36)				
5	Shafer-Coffey, William H	24	University of San Francisco Ma-38	1:10.00	1:05.94	16
	29.93	1:05.94 (36.01)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 18-24 200 Yard IM**NATL: **1:48.91** ! 2/2/2020 **SAMUEL STEWART**PAC: **1:49.30** # 4/26/2015 **Colin B Babcock**

1	Wood, Aaron M	24	Mountain View Masters-38	2:15.00	2:08.19	21
	27.54	1:01.23 (33.69)	1:40.86 (39.63)	2:08.19 (27.33)		

Men 18-24 400 Yard IMNATL: **3:50.12** ! 2/13/2010 **RUSSELL PAYNE**PAC: **3:55.33** # 4/24/2015 **Colin B Babcock**

1	Pettibone, Holman	23	Santa Rosa Masters-38	4:40.00	4:36.19	21
	30.28	1:04.00 (33.72)	1:40.80 (36.80)	2:16.99 (36.19)		
	2:53.91 (36.92)	3:30.97 (37.06)	4:04.48 (33.51)	4:36.19 (31.71)		

Men 25-29 50 Yard FreestyleNATL: **18.67** ! 12/20/2014 **BOUSQUET\ADRIAN**PAC: **18.67** # 12/20/2014 **Nathan Adrian**

1	Henry, Christian	25	Uc38	21.01	21.01	21
2	Korman, Matthew	29	The Olympic Club-38	22.23	21.97	19
3	Smith, Henry	25	Quicksilver Masters-38	22.98	22.69	18
4	Lindholm, Kyle	29	Uc38	24.72	23.67	17
5	Gleason, Sam	25	Albany Armada Aquatics Masters-38	24.04	23.87	16
6	LI, Lawrence	28	Club Hot Tub-38	23.17	24.34	15
7	Chew, Anthony D	25	East Bay Bat Rays Masters-38	25.99	24.63	14
8	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	24.70	24.93	13
9	Dyer, Samuel	25	Minnesota Masters Swim Club-30	25.77	25.36	12
10	Gu, Yue Shen	29	Walnut Creek Masters-38	27.07	25.73	11
11	Thomas, Michael	29	Mountain View Masters-38	25.69	26.28	10
12	Laudenslager, Louis	25	Rolling Hills Mud Sharks-38	29.00	26.29	9
13	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	28.00	27.18	8

Men 25-29 100 Yard FreestyleNATL: **41.13** ! 5/3/2014 **NATHAN ADRIAN**PAC: **41.13** # 5/3/2014 **Nathan Adrian**

1	Smith, Henry	25	Quicksilver Masters-38	50.54	50.00	21
	23.56	50.00 (26.44)				
2	Steele, Charles L	25	Uc25-25	49.99	50.06	19
	23.34	50.06 (26.72)				
3	Rico, Daniel	25	Walnut Creek Masters-38	52.90	50.81	18
	24.30	50.81 (26.51)				
4	Gleason, Sam	25	Albany Armada Aquatics Masters-38	52.65	52.20	17
	24.92	52.20 (27.28)				
5	Lindholm, Kyle	29	Uc38	54.50	52.35	16
	25.26	52.35 (27.09)				
6	Jenstrom, Ian P	28	Jellies Aquatic Masters of Mon-38	53.78	52.68	15
	25.21	52.68 (27.47)				
7	Chew, Anthony D	25	East Bay Bat Rays Masters-38	59.99	54.81	14
	25.92	54.81 (28.89)				
8	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	57.60	55.45	13
	26.47	55.45 (28.98)				
9	Dyer, Samuel	25	Minnesota Masters Swim Club-30	56.97	56.01	12
	26.58	56.01 (29.43)				
10	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	56.87	56.29	11
	26.94	56.29 (29.35)				
11	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	55.65	57.31	10
	27.57	57.31 (29.74)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 25-29 100 Yard Freestyle)**

12	Gu, Yue Shen	29	Walnut Creek Masters-38	1:02.00	57.93	9
	26.96	57.93 (30.97)				
13	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	1:05.00	59.32	8
	27.30	59.32 (32.02)				
14	Laudenslager, Louis	25	Rolling Hills Mud Sharks-38	1:01.00	59.94	7
	28.32	59.94 (31.62)				
15	Thomas, Michael	29	Mountain View Masters-38	57.00	1:00.06	6
	27.73	1:00.06 (32.33)				

Men 25-29 200 Yard FreestyleNATL: **1:31.93** ! 12/6/2013 **DARIAN TOWNSEND**PAC: **1:32.83** # 12/5/2014 **Nathan Adrian**

1	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	2:05.50	2:00.27	21
	28.57	58.96 (30.39)	1:29.89 (30.93)	2:00.27 (30.38)		
2	Pine, Justin	29	Marcia's Enthusiastic Masters-38	2:08.00	2:11.24	19
	29.64	1:02.09 (32.45)	1:37.33 (35.24)	2:11.24 (33.91)		
3	Kruglikov, Aaron R	28	Marcia's Enthusiastic Masters-38	2:16.00	2:20.32	18
	32.11	1:06.84 (34.73)	1:43.56 (36.72)	2:20.32 (36.76)		

Men 25-29 500 Yard FreestyleNATL: **4:20.82** ! 4/17/2010 **ANDY GRANT**PAC: **4:20.82** # 4/18/2010 **Andy Grant**

1	Gleason, Sam	25	Albany Armada Aquatics Masters-38	NT	5:54.07	
2	Dyer, Samuel	25	Minnesota Masters Swim Club-30	NT	6:09.67	

Men 25-29 500 Yard FreestyleNATL: **4:20.82** ! 4/17/2010 **ANDY GRANT**PAC: **4:20.82** # 4/18/2010 **Andy Grant**

---	Smith, Henry	25	Quicksilver Masters-38	5:17.95	DNF	
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Men 25-29 1000 Yard FreestyleNATL: **9:19.61** ! 3/15/2014 **TOBIAS WORK**PAC: **9:26.67** # 12/31/1994 **Chip L Hobson**

1	Gleason, Sam	25	Albany Armada Aquatics Masters-38	12:00.00	11:54.46	21
	29.54	1:02.78 (33.24)	1:38.01 (35.23)	2:14.14 (36.13)		
	2:50.31 (36.17)	3:26.28 (35.97)	4:02.92 (36.64)	4:39.93 (37.01)		
	5:17.22 (37.29)	5:54.07 (36.85)	6:30.54 (36.47)	7:07.24 (36.70)		
	7:43.73 (36.49)	8:20.73 (37.00)	8:58.01 (37.28)	9:34.29 (36.28)		
	10:11.18 (36.89)	10:47.49 (36.31)	11:22.77 (35.28)	11:54.46 (31.69)		
2	Dyer, Samuel	25	Minnesota Masters Swim Club-30	12:17.17	12:26.59	19
	31.13	1:05.46 (34.33)	1:41.30 (35.84)	2:18.04 (36.74)		
	2:55.52 (37.48)	3:33.48 (37.96)	4:12.30 (38.82)	4:51.55 (39.25)		
	5:30.70 (39.15)	6:09.67 (38.97)	6:48.68 (39.01)	7:26.92 (38.24)		
	8:05.84 (38.92)	8:45.22 (39.38)	9:24.21 (38.99)	10:00.71 (36.50)		
	10:36.81 (36.10)	11:13.73 (36.92)	11:50.18 (36.45)	12:26.59 (36.41)		
3	Thomas, Michael	29	Mountain View Masters-38	12:00.00	13:51.29	18
	32.93	1:11.73 (38.80)	1:52.45 (40.72)	2:33.95 (41.50)		
	3:15.52 (41.57)	3:56.97 (41.45)	4:38.74 (41.77)	5:21.28 (42.54)		
	6:03.74 (42.46)	6:46.66 (42.92)	7:29.55 (42.89)	8:12.44 (42.89)		
	8:55.20 (42.76)	9:37.94 (42.74)	10:20.91 (42.97)	11:04.14 (43.23)		
	11:46.77 (42.63)	12:28.91 (42.14)	13:10.68 (41.77)	13:51.29 (40.61)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 25-29 1650 Yard Freestyle**

NATL: 15:44.70 ! 5/3/1998 ALEX KOSTICH

PAC: 15:51.43 # 12/31/1985 Paul A Asmuth

1	Pine, Justin	29	Marcia's Enthusiastic Masters-38	22:00.00	21:36.12	21
	32.44	1:08.72 (36.28)	1:47.23 (38.51)	2:26.23 (39.00)		
	3:05.71 (39.48)	3:45.49 (39.78)	4:24.93 (39.44)	5:05.08 (40.15)		
	5:45.22 (40.14)	6:24.93 (39.71)	7:04.87 (39.94)	7:45.39 (40.52)		
	8:25.87 (40.48)	9:06.32 (40.45)	9:46.42 (40.10)	10:26.49 (40.07)		
	11:06.02 (39.53)	11:46.14 (40.12)	12:26.11 (39.97)	13:06.08 (39.97)		
	13:46.13 (40.05)	14:25.92 (39.79)	15:05.56 (39.64)	15:45.60 (40.04)		
	16:25.12 (39.52)	17:04.73 (39.61)	17:44.35 (39.62)	18:24.44 (40.09)		
	19:03.48 (39.04)	19:42.00 (38.52)	20:20.58 (38.58)	20:59.42 (38.84)	21:36.12 (36.70)	
2	Ofosu, Mark	29	University of San Francisco Ma-38	22:59.00	23:01.61	19
	35.79	1:14.15 (38.36)	1:53.80 (39.65)	2:33.58 (39.78)		
	3:13.87 (40.29)	3:54.11 (40.24)	4:34.07 (39.96)	5:14.22 (40.15)		
	5:54.96 (40.74)	6:35.98 (41.02)	7:17.72 (41.74)	7:58.85 (41.13)		
	8:41.03 (42.18)	9:23.84 (42.81)	10:06.49 (42.65)	10:49.84 (43.35)		
	11:33.12 (43.28)	12:15.97 (42.85)	12:59.82 (43.85)	13:42.54 (42.72)		
	14:25.53 (42.99)	15:09.36 (43.83)	15:52.57 (43.21)	16:35.73 (43.16)		
	17:18.94 (43.21)	18:02.71 (43.77)	18:45.75 (43.04)	19:28.70 (42.95)		
	20:11.81 (43.11)	20:54.64 (42.83)	21:37.61 (42.97)	22:21.35 (43.74)	23:01.61 (40.26)	
3	Kruglikov, Aaron R	28	Marcia's Enthusiastic Masters-38	26:00.00	23:16.73	18
	36.72	1:17.93 (41.21)				
			6:20.50 ()			
		7:03.85 ()	8:29.89 (1:26.04)			
		10:41.74 ()		11:25.02 ()		
	12:08.26 (43.24)		13:34.69 ()			
		15:00.76 ()	15:43.98 (43.22)	16:26.85 (42.87)		
	17:53.06 (1:26.21)	19:17.79 (1:24.73)	20:41.96 (1:24.17)	21:22.33 (40.37)		
	22:02.65 (40.32)	23:16.73 (1:14.08)				

Men 25-29 50 Yard Backstroke

NATL: 21.46 ! 4/16/2010 ADAM MANIA

PAC: 21.98 # 5/1/2016 Andrew Saeta

1	Whittle, Matthew	26	The Olympic Club-38	25.30	25.30	21
2	LI, Lawrence	28	Club Hot Tub-38	25.19	26.45	19
3	Calleja-Harris, Skylar	26	Quicksilver Masters-38	28.87	27.86	18
4	Lindholm, Kyle	29	Uc38	30.50	28.29	17
5	Jenstrom, Ian P	28	Jellies Aquatic Masters of Mon-38	30.31	28.40	16
6	Leber, Nathan	29	University of San Francisco Ma-38	30.00	29.66	15
7	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	29.65	29.73	14
8	Dyer, Samuel	25	Minnesota Masters Swim Club-30	29.69	29.76	13
9	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	35.00	30.59	12
10	Laudenslager, Louis	25	Rolling Hills Mud Sharks-38	35.00	35.50	11

Men 25-29 100 Yard Backstroke

NATL: 45.95 ! 4/15/2010 ADAM MANIA

PAC: 48.50 # 4/30/2016 Andrew Saeta

1	LI, Lawrence	28	Club Hot Tub-38	53.18	58.10	21
	28.05	58.10 (30.05)				
2	Rico, Daniel	25	Walnut Creek Masters-38	1:03.00	1:00.98	19
	28.84	1:00.98 (32.14)				
3	Dyer, Samuel	25	Minnesota Masters Swim Club-30	1:04.04	1:04.08	18
	31.33	1:04.08 (32.75)				
4	Gleason, Sam	25	Albany Armada Aquatics Masters-38	1:09.00	1:07.01	17
	31.89	1:07.01 (35.12)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 25-29 100 Yard Backstroke)**

5	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	1:15.00	1:09.54	16
	32.85		1:09.54 (36.69)			
6	Gu, Yue Shen	29	Walnut Creek Masters-38	1:19.00	1:16.94	15
	37.75		1:16.94 (39.19)			

Men 25-29 200 Yard BackstrokeNATL: **1:45.77** ! 3/20/2016 **DAVID RUSSELL**PAC: **1:50.37** # 4/25/2015 **Rob H Newell**

1	Valentine, Matthew	27	University of San Francisco Ma-38	2:10.00	2:08.14	21
	30.03		1:02.91 (32.88) 1:36.22 (33.31) 2:08.14 (31.92)			
2	Dyer, Samuel	25	Minnesota Masters Swim Club-30	2:20.17	2:21.86	19
	32.28		1:07.71 (35.43) 1:44.74 (37.03) 2:21.86 (37.12)			
3	Leber, Nathan	29	University of San Francisco Ma-38	2:30.00	2:23.42	18
	34.36		1:10.55 (36.19) 1:48.27 (37.72) 2:23.42 (35.15)			

Men 25-29 50 Yard BreaststrokeNATL: **23.87** ! 5/21/2010 **MARK GANGLOFF**PAC: **24.86** # 4/30/2016 **Christopher Burck**

1	Korman, Matthew	29	The Olympic Club-38	25.52	26.63	21
2	Steele, Charles L	25	Uc25-25	28.00	28.60	19
3	Chew, Anthony D	25	East Bay Bat Rays Masters-38	30.99	29.63	18
4	Lindholm, Kyle	29	Uc38	32.10	30.28	17
5	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	32.13	31.15	16
6	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	37.40	33.14	15
7	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	32.44	33.71	14
8	Gu, Yue Shen	29	Walnut Creek Masters-38	35.79	35.00	13
9	Thomas, Michael	29	Mountain View Masters-38	35.00	35.32	12

Men 25-29 100 Yard BreaststrokeNATL: **51.57** ! 4/25/2015 **MARCUS TITUS**PAC: **52.68** # 12/19/2014 **BJ Johnson**

1	Korman, Matthew	29	The Olympic Club-38	55.56	57.54	21
	27.57		57.54 (29.97)			
2	Rico, Daniel	25	Walnut Creek Masters-38	1:04.95	1:02.37	19
	29.10		1:02.37 (33.27)			
3	Smith, Henry	25	Quicksilver Masters-38	1:06.96	1:04.45	18
	30.05		1:04.45 (34.40)			
4	Lindholm, Kyle	29	Uc38	1:07.00	1:05.32	17
	30.54		1:05.32 (34.78)			
5	Chew, Anthony D	25	East Bay Bat Rays Masters-38	1:09.99	1:05.38	16
	30.76		1:05.38 (34.62)			
6	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	1:11.60	1:10.94	15
	33.51		1:10.94 (37.43)			
7	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	1:11.34	1:11.00	14
	33.49		1:11.00 (37.51)			
8	Gu, Yue Shen	29	Walnut Creek Masters-38	1:19.00	1:13.12	13
	34.73		1:13.12 (38.39)			
9	Thomas, Michael	29	Mountain View Masters-38	1:13.00	1:15.74	12
	35.45		1:15.74 (40.29)			
---	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	1:09.50	DQ	
	31.66		DQ (36.20)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 25-29 200 Yard Breaststroke**NATL: **1:53.04** ! 12/21/2013 **BJ JOHNSON**PAC: **1:53.04** # 12/21/2013 **BJ Johnson**

1	Korman, Matthew	29	The Olympic Club-38	2:01.00	2:06.81	21
	29.21	1:00.99 (31.78)	1:34.08 (33.09)	2:06.81 (32.73)		
2	Whittle, Matthew	26	The Olympic Club-38	2:10.00	2:08.39	19
	28.21	1:00.03 (31.82)	1:33.43 (33.40)	2:08.39 (34.96)		
3	Rico, Daniel	25	Walnut Creek Masters-38	2:22.36	2:13.05	18
	29.75	1:03.60 (33.85)	1:38.21 (34.61)	2:13.05 (34.84)		
4	Valentine, Matthew	27	University of San Francisco Ma-38	2:25.00	2:19.66	17
	30.90	1:06.59 (35.69)	1:42.86 (36.27)	2:19.66 (36.80)		
5	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	2:23.90	2:29.36	16
	33.15	1:09.74 (36.59)	1:49.25 (39.51)	2:29.36 (40.11)		
6	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	2:45.97	2:39.64	15
	36.79	1:17.43 (40.64)	1:58.11 (40.68)	2:39.64 (41.53)		
7	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	2:39.45	2:40.88	14
	35.32	1:16.64 (41.32)	1:58.99 (42.35)	2:40.88 (41.89)		

Men 25-29 50 Yard ButterflyNATL: **20.99** ! 4/28/2019 **MARCIN CIESLAK**PAC: **21.73** # 5/4/2014 **William Copeland**

1	Korman, Matthew	29	The Olympic Club-38	23.00	24.40	21
2	LI, Lawrence	28	Club Hot Tub-38	23.88	25.08	19
3	Jenstrom, Ian P	28	Jellies Aquatic Masters of Mon-38	26.96	26.05	18
4	Lindholm, Kyle	29	Uc38	28.44	26.48	17
5	Gleason, Sam	25	Albany Armada Aquatics Masters-38	27.77	27.53	16
6	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	27.76	28.14	15
7	Leber, Nathan	29	University of San Francisco Ma-38	30.00	28.94	14
8	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	32.00	29.19	13
9	Laudenslager, Louis	25	Rolling Hills Mud Sharks-38	33.00	30.80	12

Men 25-29 100 Yard ButterflyNATL: **45.32** ! 11/30/2012 **DAVIS TARWATER**PAC: **48.06** # 4/29/2017 **Nathan Adrian**

1	Whittle, Matthew	26	The Olympic Club-38	52.49	52.53	21
	24.60	52.53 (27.93)				
2	Calleja-Harris, Skylar	26	Quicksilver Masters-38	58.31	55.09	19
	25.71	55.09 (29.38)				
3	Smith, Henry	25	Quicksilver Masters-38	55.00	55.48	18
	25.80	55.48 (29.68)				
4	Rico, Daniel	25	Walnut Creek Masters-38	59.00	57.42	17
	26.59	57.42 (30.83)				
5	Gleason, Sam	25	Albany Armada Aquatics Masters-38	1:02.16	1:01.52	16
	28.23	1:01.52 (33.29)				
6	Dyer, Samuel	25	Minnesota Masters Swim Club-30	1:01.67	1:03.10	15
	28.90	1:03.10 (34.20)				
7	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	1:15.00	1:07.46	14
	29.56	1:07.46 (37.90)				

Men 25-29 200 Yard ButterflyNATL: **1:47.62** ! 5/20/2007 **ERIK SCALISE**PAC: **1:47.62** # 12/31/2007 **Erik L Scalise**

1	Valentine, Matthew	27	University of San Francisco Ma-38	2:10.00	1:56.51	21
	26.16	56.35 (30.19)	1:26.85 (30.50)	1:56.51 (29.66)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 25-29 200 Yard Butterfly)**

2	Thomas, Michael	29	Mountain View Masters-38	2:33.93	2:34.86	19
	32.31	1:11.67 (39.36)	1:52.18 (40.51)	2:34.86 (42.68)		

Men 25-29 100 Yard IM

NATL: 47.77 ! 5/3/2014 **DARIAN TOWNSEND**
 PAC: 48.99 # 4/29/2017 **Nathan Adrian**

1	Whittle, Matthew	26	The Olympic Club-38	55.04	53.39	21
	24.40	53.39 (28.99)				
2	Korman, Matthew	29	The Olympic Club-38	52.00	54.83	19
	25.82	54.83 (29.01)				
3	Rico, Daniel	25	Walnut Creek Masters-38	1:00.26	57.87	18
	27.11	57.87 (30.76)				
4	Lindholm, Kyle	29	Uc38	1:04.17	58.65	17
	27.55	58.65 (31.10)				
5	Calleja-Harris, Skylar	26	Quicksilver Masters-38	1:01.98	58.67	16
	27.19	58.67 (31.48)				
6	Jenstrom, Ian P	28	Jellies Aquatic Masters of Mon-38	1:01.43	59.94	15
	27.32	59.94 (32.62)				
7	Nakashian, Nicholas	28	Fresno Dolphins Masters Swim T-38	58.50	1:04.51	14
	31.69	1:04.51 (32.82)				
8	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	1:04.27	1:04.59	13
	30.57	1:04.59 (34.02)				
9	Chen, Jacky	28	Marcia's Enthusiastic Masters-38	1:04.80	1:04.79	12
	30.04	1:04.79 (34.75)				
10	Gleason, Sam	25	Albany Armada Aquatics Masters-38	1:06.41	1:05.94	11
	29.70	1:05.94 (36.24)				
11	Leber, Nathan	29	University of San Francisco Ma-38	1:15.00	1:06.71	10
	30.58	1:06.71 (36.13)				
12	Torru, Mikhail	29	Marcia's Enthusiastic Masters-38	1:20.00	1:10.07	9
	31.09	1:10.07 (38.98)				

Men 25-29 200 Yard IM

NATL: 1:41.79 ! 12/21/2013 **DARIAN TOWNSEND**
 PAC: 1:47.71 # 12/20/2014 **Sean R Mahoney**

1	Valentine, Matthew	27	University of San Francisco Ma-38	2:10.00	2:01.84	21
	25.80	58.33 (32.53)	1:33.35 (35.02)	2:01.84 (28.49)		
2	Rico, Daniel	25	Walnut Creek Masters-38	2:10.00	2:06.47	19
	27.59	1:03.34 (35.75)	1:37.61 (34.27)	2:06.47 (28.86)		
3	Jenstrom, Ian P	28	Jellies Aquatic Masters of Mon-38	2:18.28	2:10.07	18
	27.40	1:00.30 (32.90)	1:39.47 (39.17)	2:10.07 (30.60)		
4	Barta, Paul J	29	Marcia's Enthusiastic Masters-38	2:23.67	2:22.04	17
	30.01	1:06.41 (36.40)	1:48.30 (41.89)	2:22.04 (33.74)		
5	Gu, Yue Shen	29	Walnut Creek Masters-38	2:30.00	2:40.00	16
	31.96	1:14.54 (42.58)	2:00.92 (46.38)	2:40.00 (39.08)		

Men 30-34 50 Yard Freestyle

NATL: 19.33 ! 5/3/2014 **ERVIN\ERVIN**
 PAC: 19.33 # 5/4/2014 **Anthony L Ervin**

1	Savulich, Bobby	34	The Olympic Club-38	21.61	21.57	21
2	Kelly, Blake	30	Marcia's Enthusiastic Masters-38	25.00	22.61	19
3	Condon, Patrick L	33	Marcia's Enthusiastic Masters-38	24.50	22.87	18
4	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	23.00	23.30	17
5	Rogers, Chasen J	32	San Mateo Masters-38	24.55	24.23	16
6	Marks, Daniel L	30	Santa Clara Swim Club Masters-38	28.00	24.60	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 30-34 50 Yard Freestyle**

NATL: 19.33 ! 5/3/2014 ERVIN\ERVIN

PAC: 19.33 # 5/4/2014 Anthony L Ervin

1 Rogers, Louis 33 Walnut Creek Masters-38 NT 23.61

Men 30-34 100 Yard Freestyle

NATL: 42.75 ! 12/21/2014 DARIAN TOWNSEND

PAC: 43.18 # 5/3/2014 Anthony L Ervin

1	Savulich, Bobby	34	The Olympic Club-38	49.83	48.26	21
	23.32		48.26 (24.94)			
2	Greer, George	31	East Bay Bat Rays Masters-38	50.00	49.24	19
	23.16		49.24 (26.08)			
3	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	48.73	49.98	18
	24.33		49.98 (25.65)			
4	Kelly, Blake	30	Marcia's Enthusiastic Masters-38	55.00	50.71	17
	23.81		50.71 (26.90)			
5	Rogers, Louis	33	Walnut Creek Masters-38	51.92	51.35	16
	24.80		51.35 (26.55)			
6	Condon, Patrick L	33	Marcia's Enthusiastic Masters-38	56.00	52.73	15
	25.51		52.73 (27.22)			
7	Gutto, Shane	32	San Mateo Masters-38	53.76	53.43	14
	26.14		53.43 (27.29)			
8	Rogers, Chasen J	32	San Mateo Masters-38	55.71	54.43	13
	25.75		54.43 (28.68)			
9	Marks, Daniel L	30	Santa Clara Swim Club Masters-38	59.00	56.42	12
	26.89		56.42 (29.53)			

Men 30-34 200 Yard Freestyle

NATL: 1:34.00 ! 12/19/2014 DARIAN TOWNSEND

PAC: 1:39.59 # 12/31/1997 Franz Mortensen

1 Harding, Keevan 30 Marcia's Enthusiastic Masters-38 NT 2:08.95

Men 30-34 200 Yard Freestyle

NATL: 1:34.00 ! 12/19/2014 DARIAN TOWNSEND

PAC: 1:39.59 # 12/31/1997 Franz Mortensen

1	Rogers, Louis	33	Walnut Creek Masters-38	1:56.63	1:53.67	21
	25.18		53.31 (28.13) 1:23.33 (30.02)	1:53.67 (30.34)		
2	Gutto, Shane	32	San Mateo Masters-38	1:58.05	1:55.00	19
	26.93		55.71 (28.78) 1:25.48 (29.77)	1:55.00 (29.52)		
3	Calhoun, Jack	32	Santa Cruz Masters Aquatics-38	1:58.00	1:57.19	18
	27.57		57.40 (29.83) 1:27.40 (30.00)	1:57.19 (29.79)		
4	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	2:25.25	2:23.96	17
	31.82		1:08.08 (36.26) 1:46.05 (37.97)	2:23.96 (37.91)		

Men 30-34 500 Yard Freestyle

NATL: 4:26.34 ! 2/19/2022 DREW MODROV

PAC: 4:37.04 # 12/31/1997 Franz Mortensen

1	Scheid, Trevor	32	The Olympic Club-38	4:35.09	4:54.40	21
	27.03		55.86 (28.83) 1:25.17 (29.31)	1:54.79 (29.62)		
	2:24.64 (29.85)		2:54.65 (30.01) 3:24.86 (30.21)	3:55.10 (30.24)		
	4:24.86 (29.76)		4:54.40 (29.54)			
2	Gutto, Shane	32	San Mateo Masters-38	5:10.05	5:09.88	19
	27.78		57.94 (30.16) 1:28.52 (30.58)	2:31.17 (1:02.65)		
	3:03.20 (32.03)		3:35.15 (31.95) 4:07.05 (31.90)	4:39.17 (32.12)		
	5:09.88 (30.71)		5:09.88 ()			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 30-34 500 Yard Freestyle)**

3	Leimkuhler, Kyle	34	Menlo Masters-38	5:25.50	5:16.27	18
	29.80	1:01.99 (32.19)	1:34.49 (32.50)	2:07.13 (32.64)		
	2:40.03 (32.90)	3:12.67 (32.64)	3:44.80 (32.13)	4:16.00 (31.20)		
	4:46.56 (30.56)	5:16.27 (29.71)				
4	Calhoun, Jack	32	Santa Cruz Masters Aquatics-38	5:20.00	5:20.20	17
	29.58	1:01.71 (32.13)	1:34.19 (32.48)	2:06.22 (32.03)		
	2:38.70 (32.48)	3:10.74 (32.04)	3:43.35 (32.61)	4:15.73 (32.38)		
	4:48.27 (32.54)	5:20.20 (31.93)				
5	Hallman, Kevin M	32	University of San Francisco Ma-38	5:30.00	5:37.22	16
	31.31	1:05.01 (33.70)	1:39.13 (34.12)	2:13.39 (34.26)		
	2:47.83 (34.44)	3:22.12 (34.29)	3:56.27 (34.15)	4:30.46 (34.19)		
	5:04.27 (33.81)	5:37.22 (32.95)				
6	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	5:45.00	5:48.75	15
	31.83	1:05.92 (34.09)	1:40.10 (34.18)	2:15.09 (34.99)		
	2:50.58 (35.49)	3:25.98 (35.40)	4:01.80 (35.82)	4:38.09 (36.29)		
	5:13.93 (35.84)	5:48.75 (34.82)				

Men 30-34 1650 Yard Freestyle

NATL: 15:51.57 ! 5/12/1996 JEFF ERWIN

PAC: 16:01.91 # 12/31/1995 Dan Veatch

1	Gutto, Shane	32	San Mateo Masters-38	19:05.10	18:33.15	21
	31.01	1:04.90 (33.89)	1:39.53 (34.63)	2:14.03 (34.50)		
	2:49.17 (35.14)	3:24.28 (35.11)	3:59.58 (35.30)	4:34.27 (34.69)		
	5:09.08 (34.81)	5:43.22 (34.14)	6:17.33 (34.11)	6:51.50 (34.17)		
	7:25.82 (34.32)	8:00.11 (34.29)	8:34.17 (34.06)	9:08.55 (34.38)		
	9:42.51 (33.96)	10:15.60 (33.09)	10:49.96 (34.36)	11:22.27 (32.31)		
	11:56.86 (34.59)	12:29.38 (32.52)	13:03.91 (34.53)	13:36.52 (32.61)		
	14:11.71 (35.19)	14:44.06 (32.35)	15:19.07 (35.01)	15:51.28 (32.21)		
	16:26.31 (35.03)	16:58.68 (32.37)	17:32.63 (33.95)	18:05.09 (32.46)	18:33.15 (28.06)	
2	Calhoun, Jack	32	Santa Cruz Masters Aquatics-38	18:00.00	18:49.64	19
	30.37	1:03.72 (33.35)	1:38.35 (34.63)	2:12.60 (34.25)		
	2:46.71 (34.11)	3:20.49 (33.78)	3:54.58 (34.09)	4:28.42 (33.84)		
	5:02.45 (34.03)	5:36.18 (33.73)	6:10.26 (34.08)	6:44.25 (33.99)		
	7:18.54 (34.29)	7:52.76 (34.22)	8:26.91 (34.15)	9:01.37 (34.46)		
	9:35.52 (34.15)	10:09.84 (34.32)	10:44.30 (34.46)	11:19.12 (34.82)		
	11:54.02 (34.90)	12:29.23 (35.21)	13:04.41 (35.18)	13:38.67 (34.26)		
	14:12.87 (34.20)	14:47.61 (34.74)	15:22.18 (34.57)	15:57.02 (34.84)		
	16:32.53 (35.51)	17:06.89 (34.36)	17:41.97 (35.08)	18:16.60 (34.63)	18:49.64 (33.04)	

Men 30-34 50 Yard Backstroke

NATL: 21.37 ! 4/26/2019 MATT GREVERS

PAC: 23.10 # 4/30/2017 Matthew T Marshal

1	Saeta, Andrew	31	The Olympic Club-38	24.00	24.76	21
2	Scheid, Trevor	32	The Olympic Club-38	25.11	26.08	19
3	Savulich, Bobby	34	The Olympic Club-38	25.83	26.40	18
4	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	35.35	33.23	17

Men 30-34 50 Yard Backstroke

NATL: 21.37 ! 4/26/2019 MATT GREVERS

PAC: 23.10 # 4/30/2017 Matthew T Marshal

1	Rogers, Louis	33	Walnut Creek Masters-38	NT	28.08	
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Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 30-34 100 Yard Backstroke**

NATL: 46.34 ! 12/21/2013 ADAM MANIA

PAC: 49.02 # 4/24/2015 Anthony L Ervin

1	Rogers, Louis	33	Walnut Creek Masters-38	59.89	59.46	21
2	Kelly, Blake	30	Marcia's Enthusiastic Masters-38	59.00	1:00.98	19
		29.08	1:00.98 (31.90)			

Men 30-34 200 Yard Backstroke

NATL: 1:43.73 ! 12/21/2014 ADAM MANIA

PAC: 1:48.04 # 12/31/2009 Erik L Scalise

1	Saeta, Andrew	31	The Olympic Club-38	2:02.00	2:04.23	21
		27.87	59.46 (31.59)	1:32.50 (33.04)	2:04.23 (31.73)	
2	Rogers, Louis	33	Walnut Creek Masters-38	2:12.00	2:10.05	19
		30.74	1:03.89 (33.15)	1:37.64 (33.75)	2:10.05 (32.41)	

Men 30-34 50 Yard Breaststroke

NATL: 24.35 ! 4/24/2015 MATT GREVERS

PAC: 25.78 # 5/20/2007 Jeff Commings

1	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	27.63	28.59	21
2	Kelly, Blake	30	Marcia's Enthusiastic Masters-38	30.00	29.84	19
3	Savulich, Bobby	34	The Olympic Club-38	30.50	30.13	18
4	Li, Patrick G	30	University of San Francisco Ma-38	33.33	30.95	17
5	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	32.70	31.93	16

Men 30-34 100 Yard Breaststroke

NATL: 52.09 ! 12/18/2021 BRANDON FISCHER

PAC: 52.09 # 12/19/2021 Brandon J Fischer

1	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	1:12.99	1:10.60	21
		33.70	1:10.60 (36.90)			

Men 30-34 200 Yard Breaststroke

NATL: 1:54.10 ! 12/8/2019 BRANDON FISCHER

PAC: 1:54.10 # 12/8/2019 Brandon J Fischer

1	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	2:15.00	2:17.94	21
		30.54	1:05.88 (35.34)	1:42.00 (36.12)	2:17.94 (35.94)	
2	Scheid, Trevor	32	The Olympic Club-38	2:20.00	2:25.65	19
		32.56	1:09.42 (36.86)	1:47.30 (37.88)	2:25.65 (38.35)	
3	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	2:40.00	2:36.40	18
		37.01	1:17.08 (40.07)	1:57.43 (40.35)	2:36.40 (38.97)	

Men 30-34 50 Yard Butterfly

NATL: 21.11 ! 4/26/2015 MATT GREVERS

PAC: 21.90 # 4/28/2017 Matthew T Marshal

1	Savulich, Bobby	34	The Olympic Club-38	23.74	23.75	21
2	Saeta, Andrew	31	The Olympic Club-38	24.00	24.33	19
3	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	24.75	24.89	18
4	Condon, Patrick L	33	Marcia's Enthusiastic Masters-38	26.50	24.93	17
5	Kelly, Blake	30	Marcia's Enthusiastic Masters-38	30.00	26.28	16
6	Leimkuhler, Kyle	34	Menlo Masters-38	29.50	27.03	15
7	Rogers, Chasen J	32	San Mateo Masters-38	27.47	27.29	14
8	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	30.03	29.41	13

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 30-34 100 Yard Butterfly**

NATL: 47.28 ! 12/20/2013 ADAM MANIA

PAC: 48.07 # 12/16/2019 Brandon J Fischer

1	Scheid, Trevor	32	The Olympic Club-38	49.26	54.23	21
	25.34	54.23 (28.89)				
2	Saeta, Andrew	31	The Olympic Club-38	59.89	56.32	19
	25.57	56.32 (30.75)				
3	Rogers, Louis	33	Walnut Creek Masters-38	1:00.00	57.85	18
	26.43	57.85 (31.42)				
4	Gutto, Shane	32	San Mateo Masters-38	1:00.05	58.69	17
	27.42	58.69 (31.27)				
5	Roszbach, Alexander	31	Albany Armada Aquatics Masters-38	1:00.80	1:00.66	16
	28.06	1:00.66 (32.60)				
6	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	1:10.00	1:04.79	15
	29.70	1:04.79 (35.09)				

Men 30-34 200 Yard Butterfly

NATL: 1:45.01 ! 4/12/2015 DARIAN TOWNSEND

PAC: 1:46.75 # 12/16/2019 Brandon J Fischer

1	Hallman, Kevin M	32	University of San Francisco Ma-38	2:15.00	2:20.06	21
	30.85	1:06.33 (35.48)	1:43.00 (36.67)	2:20.06 (37.06)		

Men 30-34 100 Yard IM

NATL: 47.71 ! 4/29/2017 RYAN LOCHTE

PAC: 49.23 # 4/25/2015 Anthony L Ervin

1	Savulich, Bobby	34	The Olympic Club-38	57.45	54.31	21
	25.53	54.31 (28.78)				
2	Saeta, Andrew	31	The Olympic Club-38	55.00	55.59	19
	25.31	55.59 (30.28)				
3	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	55.63	57.38	18
	27.63	57.38 (29.75)				
4	Condon, Patrick L	33	Marcia's Enthusiastic Masters-38	1:03.00	59.78	17
	27.74	59.78 (32.04)				
5	Gutto, Shane	32	San Mateo Masters-38	1:02.05	1:02.44	16
	28.68	1:02.44 (33.76)				
6	Hallman, Kevin M	32	University of San Francisco Ma-38	1:00.00	1:03.47	15
	29.40	1:03.47 (34.07)				
7	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	1:05.29	1:03.65	14
	30.15	1:03.65 (33.50)				
8	Leimkuhler, Kyle	34	Menlo Masters-38	1:10.50	1:04.13	13
	29.13	1:04.13 (35.00)				
9	Rogers, Chasen J	32	San Mateo Masters-38	1:06.01	1:04.18	12
	28.75	1:04.18 (35.43)				
10	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	1:12.12	1:09.39	11
	32.16	1:09.39 (37.23)				

Men 30-34 200 Yard IM

NATL: 1:42.03 ! 12/20/2014 DARIAN TOWNSEND

PAC: 1:47.82 # 12/19/2021 Brandon J Fischer

1	Ward, Roger W	31	Marcia's Enthusiastic Masters-38	2:06.00	2:05.88	21
	28.21	1:02.78 (34.57)	1:37.81 (35.03)	2:05.88 (28.07)		
2	Li, Patrick G	30	University of San Francisco Ma-38	2:22.33	2:07.16	19
	26.85	59.46 (32.61)	1:36.46 (37.00)	2:07.16 (30.70)		
3	Rogers, Louis	33	Walnut Creek Masters-38	2:12.00	2:14.59	18
	28.73	1:03.80 (35.07)	1:43.52 (39.72)	2:14.59 (31.07)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 30-34 200 Yard IM)**

4	Hallman, Kevin M	32	University of San Francisco Ma-38	2:10.00	2:16.46	17
	29.64	1:04.44 (34.80)	1:44.48 (40.04)	2:16.46 (31.98)		
5	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	2:30.00	2:21.85	16
	30.94	1:07.49 (36.55)	1:48.72 (41.23)	2:21.85 (33.13)		

Men 30-34 400 Yard IMNATL: **3:40.98** ! 12/19/2014 **DARIAN TOWNSEND**PAC: **3:54.11** # 12/31/2009 **Erik L Scalise**

1	Harding, Keevan	30	Marcia's Enthusiastic Masters-38	5:25.00	5:12.27	21
	32.17	1:10.14 (37.97)	1:50.15 (40.01)	2:30.86 (40.71)		
	3:16.42 (45.56)	4:00.65 (44.23)	4:37.54 (36.89)	5:12.27 (34.73)		
2	Chien, Rex L	34	Marcia's Enthusiastic Masters-38	5:35.35	5:51.14	19
	33.38	1:12.79 (39.41)	2:00.68 (47.89)	2:48.67 (47.99)		
	3:40.45 (51.78)	4:31.25 (50.80)	5:11.78 (40.53)	5:51.14 (39.36)		

Men 35-39 50 Yard FreestyleNATL: **20.01** ! 3/25/2018 **ROLAND SCHOEMAN**PAC: **20.69** # 5/13/2018 **Matthew T Marshal**

1	Frink, Stephen	36	Richmond Plunge Masters-38	23.75	23.57	21
2	Warner, Jason	35	San Ramon Valley Aquatics Mast-38	24.29	23.78	19
3	Connolly V, John	38	North Bay Aquatics-38	26.12	24.34	18
4	Law, David	36	Manatee Aquatic Masters Inc-38	26.15	25.58	17
5	Scherer, Andrew	36	Uc33	26.38	26.24	16
6	Choi, Jindoo (Stephen)	35	Marcia's Enthusiastic Masters-38	35.00	30.66	15
7	Perrone, Paul	39	Club Hot Tub-38	34.70	35.36	14

Men 35-39 100 Yard FreestyleNATL: **44.24** ! 4/20/2009 **VLAD PYSHNENKO**PAC: **45.59** # 2/3/2018 **Tamas Kerekjarto**

1	Kao, Philip	36	Santa Cruz Masters Aquatics-38	52.48	51.57	21
	24.71	51.57 (26.86)				
2	Frink, Stephen	36	Richmond Plunge Masters-38	51.88	51.86	19
	24.67	51.86 (27.19)				
3	Warner, Jason	35	San Ramon Valley Aquatics Mast-38	52.88	51.87	18
	24.96	51.87 (26.91)				
4	Fitzgerald, Quinn	39	The Olympic Club-38	50.00	52.52	17
	24.42	52.52 (28.10)				
5	Chenco, Nathan J	36	Mountain View Masters-38	54.00	53.62	16
	25.87	53.62 (27.75)				
6	Connolly V, John	38	North Bay Aquatics-38	59.01	54.91	15
	25.94	54.91 (28.97)				
7	Law, David	36	Manatee Aquatic Masters Inc-38	56.99	56.29	14
	26.94	56.29 (29.35)				
8	Pereira, Ed	36	Mountain View Masters-38	58.50	58.56	13
	28.31	58.56 (30.25)				
9	Choi, Jindoo (Stephen)	35	Marcia's Enthusiastic Masters-38	1:30.00	1:15.38	12
	34.09	1:15.38 (41.29)				
10	Perrone, Paul	39	Club Hot Tub-38	1:18.04	1:20.58	11
	39.38	1:20.58 (41.20)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 35-39 200 Yard Freestyle**NATL: **1:36.56** ! 5/4/2008 **JOSH DAVIS**PAC: **1:41.20** # 12/31/1999 **Franz Mortensen**

1	Frink, Stephen	36	Richmond Plunge Masters-38	1:57.00	1:56.09	21
	26.12	54.49 (28.37)	1:24.45 (29.96)	1:56.09 (31.64)		
2	Warner, Jason	35	San Ramon Valley Aquatics Mast-38	2:01.71	1:56.43	19
	26.45	55.79 (29.34)	1:25.88 (30.09)	1:56.43 (30.55)		
3	Law, David	36	Manatee Aquatic Masters Inc-38	2:11.01	2:05.73	18
	28.83	1:00.94 (32.11)	1:33.71 (32.77)	2:05.73 (32.02)		
4	Pereira, Ed	36	Mountain View Masters-38	2:11.50	2:12.08	17
	29.81	1:03.26 (33.45)	1:37.60 (34.34)	2:12.08 (34.48)		

Men 35-39 500 Yard FreestyleNATL: **4:33.97** ! 5/17/2002 **RONALD KARNAUGH**PAC: **4:36.80** # 12/31/1999 **Franz Mortensen**

1	Warner, Jason	35	San Ramon Valley Aquatics Mast-38	5:54.56	5:33.63	21
	29.91	1:04.00 (34.09)	1:38.56 (34.56)	2:12.67 (34.11)		
	2:46.53 (33.86)	3:20.40 (33.87)	3:54.61 (34.21)	4:28.85 (34.24)		
	5:02.88 (34.03)	5:33.63 (30.75)				
2	La, Richard	38	Uc38	5:36.84	5:40.46	19
	30.92	1:03.27 (32.35)	1:36.60 (33.33)	2:09.87 (33.27)		
	2:43.77 (33.90)	3:18.28 (34.51)	3:52.95 (34.67)	4:27.94 (34.99)		
	5:03.94 (36.00)	5:40.46 (36.52)				
3	Massaro, Stephen	39	Marcia's Enthusiastic Masters-38	6:45.00	5:43.26	18
	29.05	1:02.40 (33.35)	1:36.42 (34.02)	2:11.54 (35.12)		
	2:46.29 (34.75)	3:21.34 (35.05)	3:56.21 (34.87)	4:32.66 (36.45)		
	5:05.92 (33.26)	5:43.26 (37.34)				
4	Law, David	36	Manatee Aquatic Masters Inc-38	6:09.43	5:49.85	17
	31.07	1:05.13 (34.06)	1:39.95 (34.82)	2:15.63 (35.68)		
	2:51.58 (35.95)	3:27.76 (36.18)	4:03.89 (36.13)	4:39.83 (35.94)		
	5:15.76 (35.93)	5:49.85 (34.09)				
5	Canizares, Claudio	36	Quicksilver Masters-38	5:55.55	5:55.34	16
	31.81	1:06.19 (34.38)	1:41.61 (35.42)	2:17.67 (36.06)		
	2:53.78 (36.11)	3:30.01 (36.23)	4:06.65 (36.64)	4:43.31 (36.66)		
	5:19.72 (36.41)	5:55.34 (35.62)				
6	Pereira, Ed	36	Mountain View Masters-38	5:53.50	6:03.55	15
	31.16	1:05.97 (34.81)	1:42.03 (36.06)	2:19.04 (37.01)		
	2:56.15 (37.11)	3:33.52 (37.37)	4:11.50 (37.98)	4:49.25 (37.75)		
	5:26.77 (37.52)	6:03.55 (36.78)				
7	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	7:00.00	6:46.37	14
	37.33	1:17.55 (40.22)	1:57.50 (39.95)	2:38.57 (41.07)		
	3:19.58 (41.01)	4:01.61 (42.03)	4:43.56 (41.95)	5:25.55 (41.99)		
	6:07.29 (41.74)	6:46.37 (39.08)				
8	Perrone, Paul	39	Club Hot Tub-38	8:27.81	9:15.79	13
	44.50	1:35.34 (50.84)	2:28.27 (52.93)	3:23.60 (55.33)		
	4:20.84 (57.24)	5:20.38 (59.54)	6:20.09 (59.71)	7:20.86 (1:00.77)		
	8:22.06 (1:01.20)	9:15.79 (53.73)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 35-39 1000 Yard Freestyle**

NATL: 9:27.97 ! 5/20/2010 ERIC CHRISTENSEN

PAC: 9:41.12 # 12/31/1999 Franz Mortensen

1	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	12:57.39	12:48.26	21
	33.67	1:10.08 (36.41)	1:47.28 (37.20)	2:25.50 (38.22)		
	3:04.21 (38.71)	3:42.64 (38.43)	4:21.27 (38.63)	4:59.55 (38.28)		
	5:38.40 (38.85)	6:17.52 (39.12)	6:56.53 (39.01)	7:36.19 (39.66)		
	8:15.27 (39.08)	8:54.69 (39.42)	9:34.24 (39.55)	10:14.05 (39.81)		
	10:53.81 (39.76)	11:32.33 (38.52)	12:11.04 (38.71)	12:48.26 (37.22)		
2	Perrone, Paul	39	Club Hot Tub-38	18:40.63	20:22.14	19
	45.49	1:37.92 (52.43)	2:34.45 (56.53)	3:31.76 (57.31)		
	4:30.56 (58.80)	5:31.07 (1:00.51)	6:33.59 (1:02.52)	7:36.72 (1:03.13)		
	8:40.95 (1:04.23)	9:45.76 (1:04.81)	10:51.77 (1:06.01)	11:56.83 (1:05.06)		
	13:00.98 (1:04.15)	14:06.05 (1:05.07)	15:11.17 (1:05.12)	16:15.00 (1:03.83)		
	17:21.33 (1:06.33)	18:26.16 (1:04.83)	19:29.03 (1:02.87)	20:22.14 (53.11)		

Men 35-39 1650 Yard Freestyle

NATL: 15:53.88 ! 5/18/2003 JEFF ERWIN

PAC: 16:34.36 # 12/31/1991 Tim Harvey

1	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	24:15.00	23:38.60	21
	40.70	1:24.38 (43.68)	2:08.61 (44.23)	2:53.99 (45.38)		
	3:38.17 (44.18)	4:22.12 (43.95)	5:06.57 (44.45)	5:51.00 (44.43)		
	6:34.61 (43.61)	7:18.62 (44.01)	8:02.73 (44.11)	8:46.30 (43.57)		
	9:29.68 (43.38)	10:11.81 (42.13)	10:54.00 (42.19)	11:36.71 (42.71)		
	12:20.42 (43.71)	13:02.19 (41.77)	13:44.33 (42.14)	14:27.08 (42.75)		
	15:09.55 (42.47)	15:52.98 (43.43)	16:35.60 (42.62)	17:17.34 (41.74)		
	17:59.60 (42.26)	18:42.06 (42.46)	19:25.21 (43.15)	20:08.88 (43.67)		
	20:52.35 (43.47)	21:35.14 (42.79)	22:17.52 (42.38)	22:59.24 (41.72)	23:38.60 (39.36)	
2	Perrone, Paul	39	Club Hot Tub-38	36:30.00	32:09.71	19
	46.16	1:37.39 (51.23)	2:31.66 (54.27)	3:27.63 (55.97)		
	4:25.41 (57.78)	5:22.87 (57.46)	6:23.03 (1:00.16)	7:21.79 (58.76)		
	8:21.60 (59.81)	9:20.47 (58.87)	10:20.37 (59.90)	11:20.66 (1:00.29)		
	12:22.17 (1:01.51)	13:21.49 (59.32)	14:22.31 (1:00.82)	15:21.95 (59.64)		
	16:21.26 (59.31)	17:21.57 (1:00.31)	18:20.90 (59.33)	19:20.59 (59.69)		
	20:20.21 (59.62)	21:22.08 (1:01.87)	22:21.50 (59.42)	23:21.03 (59.53)		
	24:19.83 (58.80)	25:19.76 (59.93)	26:19.27 (59.51)	27:19.96 (1:00.69)		
	28:20.17 (1:00.21)	29:20.84 (1:00.67)	30:20.46 (59.62)	31:20.14 (59.68)	32:09.71 (49.57)	

Men 35-39 50 Yard Backstroke

NATL: 22.62 ! 4/29/2017 JEFF NATALIZIO

PAC: 22.97 # 5/12/2018 Matthew T Marshal

1	Connolly V, John	38	North Bay Aquatics-38	30.33	28.00	21
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Men 35-39 100 Yard Backstroke

NATL: 47.86 ! 4/30/2017 JEFF NATALIZIO

PAC: 51.81 # 12/31/2002 John Keppeler

1	Kao, Philip	36	Santa Cruz Masters Aquatics-38	1:00.95	58.45	21
	28.33	58.45 (30.12)				
2	Frink, Stephen	36	Richmond Plunge Masters-38	1:03.96	1:02.82	19
	1:02.67	1:02.82 (0.15)				
3	Pereira, Ed	36	Mountain View Masters-38	1:05.80	1:05.12	18
	32.41	1:05.12 (32.71)				

Men 35-39 50 Yard Breaststroke

NATL: 25.03 ! 3/4/2021 JAMES FIKE

PAC: 26.99 # 12/31/2000 Brian P Scottolin

1	Chenco, Nathan J	36	Mountain View Masters-38	31.00	30.50	21
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Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 35-39 50 Yard Breaststroke)**

2	Scherer, Andrew	36	Uc33	32.00	31.00	19
3	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	33.51	32.57	18
4	Choi, Jindoo (Stephen)	35	Marcia's Enthusiastic Masters-38	45.00	48.34	17
	24.09		48.34 (24.25)			

Men 35-39 100 Yard Breaststroke

NATL: 54.14 ! 3/4/2021 JAMES FIKE

PAC: 55.29 # 4/28/2017 Gary N Marshall

1	Chenco, Nathan J	36	Mountain View Masters-38	1:07.00	1:05.25	21
	30.87		1:05.25 (34.38)			
2	Kao, Philip	36	Santa Cruz Masters Aquatics-38	1:25.39	1:09.57	19
	32.46		1:09.57 (37.11)			
3	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	1:12.82	1:09.65	18
	32.79		1:09.65 (36.86)			
4	Scherer, Andrew	36	Uc33	1:11.44	1:11.36	17
	33.21		1:11.36 (38.15)			
5	Law, David	36	Manatee Aquatic Masters Inc-38	1:13.60	1:13.19	16
	34.11		1:13.19 (39.08)			
6	Choi, Jindoo (Stephen)	35	Marcia's Enthusiastic Masters-38	1:50.00	1:38.51	15
	47.12		1:38.51 (51.39)			

Men 35-39 200 Yard Breaststroke

NATL: 1:58.71 ! 3/6/2021 JAMES FIKE

PAC: 2:00.56 # 4/29/2017 Gary N Marshall

1	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	2:37.28	2:36.57	21
	37.86		1:17.43 (39.57)	1:57.24 (39.81)	2:36.57 (39.33)	
2	Scherer, Andrew	36	Uc33	2:35.00	2:44.49	19
	33.46		1:12.64 (39.18)	1:58.73 (46.09)	2:44.49 (45.76)	
3	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	2:56.06	2:59.15	18
	42.21		1:26.63 (44.42)	2:13.71 (47.08)	2:59.15 (45.44)	

Men 35-39 50 Yard Butterfly

NATL: 21.24 ! 3/25/2018 ROLAND SCHOEMAN

PAC: 21.66 # 5/13/2018 Matthew T Marshal

1	Press, Christopher	39	Santa Rosa Masters-38	25.16	24.32	21
2	La, Richard	38	Uc38	26.85	26.86	19
3	Pereira, Ed	36	Mountain View Masters-38	27.60	27.00	18
4	Massaro, Stephen	39	Marcia's Enthusiastic Masters-38	28.00	28.13	17
5	Law, David	36	Manatee Aquatic Masters Inc-38	29.77	28.86	16
6	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	28.27	29.03	15
7	Scherer, Andrew	36	Uc33	36.00	30.00	14

Men 35-39 100 Yard Butterfly

NATL: 47.62 ! 3/25/2018 ROLAND SCHOEMAN

PAC: 48.86 # 5/11/2018 Matthew T Marshal

1	Massaro, Stephen	39	Marcia's Enthusiastic Masters-38	1:03.00	1:00.77	21
	28.20		1:00.77 (32.57)			
2	Law, David	36	Manatee Aquatic Masters Inc-38	1:07.75	1:06.14	19
	30.94		1:06.14 (35.20)			
3	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	1:05.77	1:07.20	18
	29.52		1:07.20 (37.68)			
4	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	1:16.97	1:17.64	17
	38.09		1:17.64 (39.55)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 35-39 100 Yard Butterfly**

NATL: 47.62 ! 3/25/2018 ROLAND SCHOEMAN

PAC: 48.86 # 5/11/2018 Matthew T Marshal

1 Song, Jimmy 39 Marcia's Enthusiastic Masters-38 NT 1:12.72

Men 35-39 200 Yard Butterfly

NATL: 1:50.74 ! 5/16/1999 BOBBY PATTEN

PAC: 1:51.09 # 4/9/2017 Tamas Kerekjarto

1	Bott, Nick	39	Menlo Masters-38	1:58.00	1:56.25	21
	26.06	55.17 (29.11)	1:24.50 (29.33)	1:56.25 (31.75)		
2	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	2:31.57	2:36.83	19
	31.75	1:09.73 (37.98)	1:52.33 (42.60)	2:36.83 (44.50)		

Men 35-39 100 Yard IM

NATL: 49.01 ! 4/29/2017 JEFF NATALIZIO

PAC: 51.78 # 12/31/2009 Lee G Wanie

1	Press, Christopher	39	Santa Rosa Masters-38	1:00.00	58.35	21
	26.67	58.35 (31.68)				
2	La, Richard	38	Uc38	1:01.25	1:02.37	19
	29.22	1:02.37 (33.15)				
3	Connolly V, John	38	North Bay Aquatics-38	1:05.21	1:03.00	18
	27.69	1:03.00 (35.31)				
4	Pereira, Ed	36	Mountain View Masters-38	1:05.50	1:05.93	17
	29.20	1:05.93 (36.73)				
5	Massaro, Stephen	39	Marcia's Enthusiastic Masters-38	1:20.00	1:08.51	16
	29.98	1:08.51 (38.53)				
6	Scherer, Andrew	36	Uc33	1:09.15	1:08.98	15
	33.94	1:08.98 (35.04)				
7	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	1:07.64	1:09.70	14
	31.52	1:09.70 (38.18)				
8	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	1:11.29	1:10.32	13
	34.45	1:10.32 (35.87)				
9	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	1:21.55	1:17.28	12
	38.21	1:17.28 (39.07)				

Men 35-39 200 Yard IM

NATL: 1:48.74 ! 12/22/2002 RONALD KARNAUGH

PAC: 1:52.21 # 9/16/2017 Tamas Kerekjarto

1	Chenco, Nathan J	36	Mountain View Masters-38	2:15.00	2:09.62	21
	28.68	1:03.12 (34.44)	1:40.18 (37.06)	2:09.62 (29.44)		
2	Kao, Philip	36	Santa Cruz Masters Aquatics-38	2:11.87	2:11.29	19
	26.45	57.82 (31.37)	1:39.71 (41.89)	2:11.29 (31.58)		
3	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	2:30.00	2:29.88	18
	29.53	1:07.67 (38.14)	1:55.17 (47.50)	2:29.88 (34.71)		
4	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	2:38.60	2:30.17	17
	32.39	1:14.15 (41.76)	1:54.52 (40.37)	2:30.17 (35.65)		
5	Scherer, Andrew	36	Uc33	2:34.00	2:39.91	16
	32.95	1:16.73 (43.78)	2:01.41 (44.68)	2:39.91 (38.50)		

Men 35-39 400 Yard IM

NATL: 3:56.76 ! 12/16/2001 RON KARNAUGH

PAC: 4:04.90 # 4/9/2006 Roque J Santos

1	Torres, Emmanuel	35	Marcia's Enthusiastic Masters-38	5:35.09	5:23.91	21
	31.04	1:08.33 (37.29)	1:49.34 (41.01)	2:31.59 (42.25)		
	3:21.48 (49.89)	4:10.76 (49.28)	4:48.54 (37.78)	5:23.91 (35.37)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 35-39 400 Yard IM)**

2	Song, Jimmy	39	Marcia's Enthusiastic Masters-38	5:32.35	5:24.59	19
	34.42	1:12.72 (38.30)	1:58.82 (46.10)	2:43.02 (44.20)		
	3:25.60 (42.58)	4:08.07 (42.47)	4:47.83 (39.76)	5:24.59 (36.76)		
3	Gibbons, Yves	37	Marcia's Enthusiastic Masters-38	6:30.90	6:04.10	18
	40.50	1:25.45 (44.95)	3:06.73 (1:41.28)	3:57.64 (50.91)		
	4:48.21 (50.57)	5:28.13 (39.92)	6:03.96 (35.83)	6:04.10 (0.14)		

Men 40-44 50 Yard Freestyle

NATL: 20.67 ! 12/20/2014 **JOSH DAVIS**
PAC: 21.30 # 5/13/2018 **Scott C Greenwood**

1	Wong, Eric	41	Diamond Hills Masters-38	23.86	23.40	21
2	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	24.31	23.42	19
3	M Greene, Brett	44	Club Hot Tub-38	25.08	24.77	18
4	Petersen, Kenneth A	40	Club Hot Tub-38	28.00	24.79	17
5	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	28.00	26.36	16
6	Corpus, Dale	43	Club Hot Tub-38	26.70	27.78	15
7	Tofanelli, Chris	40	Club Hot Tub-38	27.50	28.01	14
8	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	28.80	29.01	13
9	Wilson, Eric	43	Fresno Dolphins Masters Swim T-38	35.00	30.91	12
10	Karrit, Moe	42	Uc38	32.00	31.92	11

Men 40-44 100 Yard Freestyle

NATL: 45.15 ! 5/3/2014 **JOSH DAVIS**
PAC: 46.53 # 2/29/2020 **Tamas Kerekjarto**

1	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	NT	52.65	
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Men 40-44 100 Yard Freestyle

NATL: 45.15 ! 5/3/2014 **JOSH DAVIS**
PAC: 46.53 # 2/29/2020 **Tamas Kerekjarto**

1	Valdivieso, Juan	41	The Olympic Club-38	48.99	49.58	21
	24.31	49.58 (25.27)				
2	Wong, Eric	41	Diamond Hills Masters-38	53.00	51.65	19
	24.66	51.65 (26.99)				
3	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	53.73	52.72	18
	24.64	52.72 (28.08)				
4	M Greene, Brett	44	Club Hot Tub-38	55.08	54.87	17
	26.45	54.87 (28.42)				
5	Petersen, Kenneth A	40	Club Hot Tub-38	1:05.00	55.60	16
	26.29	55.60 (29.31)				
6	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	1:04.00	1:05.24	15
	32.13	1:05.24 (33.11)				
7	Wilson, Eric	43	Fresno Dolphins Masters Swim T-38	1:35.00	1:08.76	14
	32.68	1:08.76 (36.08)				
8	Karrit, Moe	42	Uc38	1:20.00	1:14.19	13
	33.89	1:14.19 (40.30)				

Men 40-44 200 Yard Freestyle

NATL: 1:38.23 ! 4/24/2015 **JOSH DAVIS**
PAC: 1:44.90 # 12/31/2003 **David E Boatwright**

1	Wong, Eric	41	Diamond Hills Masters-38	1:59.18	1:55.04	21
	25.98	55.35 (29.37)	1:25.05 (29.70)	1:55.04 (29.99)		
2	M Greene, Brett	44	Club Hot Tub-38	2:05.52	2:02.35	19
	27.79	58.33 (30.54)	1:29.87 (31.54)	2:02.35 (32.48)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 40-44 200 Yard Freestyle)**

3	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	2:40.00	2:26.34	18
	38.55	1:16.31 (37.76)	1:52.41 (36.10)	2:26.34 (33.93)		
4	Anderson, Travers	42	Club Hot Tub-38	2:50.00	2:40.50	17
	36.34	1:16.88 (40.54)	1:59.02 (42.14)	2:40.50 (41.48)		

Men 40-44 500 Yard Freestyle

NATL: 4:33.36 ! 4/25/2015 JOSH DAVIS

PAC: 4:39.86 # 12/31/2010 Alex Kostich

1	Valdivieso, Juan	41	The Olympic Club-38	5:00.00	4:59.50	21
	27.96	57.81 (29.85)	1:28.00 (30.19)	1:58.43 (30.43)		
	2:29.15 (30.72)	3:00.23 (31.08)	3:30.96 (30.73)	4:01.42 (30.46)		
	4:31.14 (29.72)	4:59.50 (28.36)				
2	Holbrook, Chad	42	Walnut Creek Masters-38	5:27.98	5:18.45	19
	29.08	1:00.29 (31.21)	1:32.25 (31.96)	2:04.32 (32.07)		
	2:36.66 (32.34)	3:09.03 (32.37)	3:41.29 (32.26)	4:13.66 (32.37)		
	4:46.07 (32.41)	5:18.45 (32.38)				
3	Petersen, Kenneth A	40	Club Hot Tub-38	6:20.00	5:57.19	18
	31.44	1:05.75 (34.31)	1:41.68 (35.93)	2:18.35 (36.67)		
	2:55.08 (36.73)	3:31.42 (36.34)	4:07.93 (36.51)	4:44.57 (36.64)		
	5:21.37 (36.80)	5:57.19 (35.82)				
4	Roper, Matt	41	Davis Aquatic Masters-38	5:35.00	5:58.02	17
	31.14	1:06.15 (35.01)	1:41.83 (35.68)	2:17.74 (35.91)		
	2:54.07 (36.33)	3:31.00 (36.93)	4:07.67 (36.67)	4:45.13 (37.46)		
	5:22.44 (37.31)	5:58.02 (35.58)				
5	Tofanelli, Chris	40	Club Hot Tub-38	6:20.00	6:14.07	16
	33.36	1:09.44 (36.08)	1:47.25 (37.81)	2:25.55 (38.30)		
	3:03.95 (38.40)	3:42.62 (38.67)	4:20.88 (38.26)	4:59.10 (38.22)		
	5:37.09 (37.99)	6:14.07 (36.98)				
6	Pomarici, Federico	44	Jellies Aquatic Masters of Mon-38	6:27.78	6:20.57	15
	35.69	1:14.02 (38.33)	1:52.36 (38.34)	2:30.93 (38.57)		
	3:09.13 (38.20)	3:47.21 (38.08)	4:25.37 (38.16)	5:03.39 (38.02)		
	5:42.04 (38.65)	6:20.57 (38.53)				
7	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	7:00.00	6:39.44	14
	36.43	1:15.72 (39.29)	1:56.36 (40.64)	2:36.39 (40.03)		
	3:17.14 (40.75)	3:57.91 (40.77)	4:38.38 (40.47)	5:19.13 (40.75)		
	5:59.99 (40.86)	6:39.44 (39.45)				
8	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	6:50.00	6:46.18	13
	36.90	1:16.65 (39.75)	1:57.51 (40.86)	2:38.47 (40.96)		
	4:43.46 (2:04.99)			5:25.18 ()		
	6:06.57 (41.39)	6:46.18 (39.61)				
9	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	7:10.00	7:02.21	12
	36.81	1:17.98 (41.17)	1:59.89 (41.91)	2:43.15 (43.26)		
	3:26.21 (43.06)	4:08.43 (42.22)	4:51.29 (42.86)	5:35.76 (44.47)		
	6:19.66 (43.90)	7:02.21 (42.55)				
10	Wilson, Eric	43	Fresno Dolphins Masters Swim T-38	7:40.00	7:43.60	11
	39.94	1:24.75 (44.81)	2:11.73 (46.98)	3:47.54 (1:35.81)		
	4:35.89 (48.35)	5:24.34 (48.45)	6:12.67 (48.33)	6:59.45 (46.78)		
	7:43.60 (44.15)	7:43.60 ()				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 40-44 1000 Yard Freestyle**

NATL: 9:32.66 ! 5/7/2010 ALEX KOSTICH

PAC: 9:32.66 # 12/31/2010 Alex Kostich

1	Valdivieso, Juan	41	The Olympic Club-38	10:15.99	10:24.59	21
	28.58	59.06 (30.48)	1:30.70 (31.64)	2:02.34 (31.64)		
	2:33.87 (31.53)	3:05.50 (31.63)	3:37.11 (31.61)	4:08.76 (31.65)		
	4:40.76 (32.00)	5:12.54 (31.78)	5:43.88 (31.34)	6:15.49 (31.61)		
	6:46.96 (31.47)	7:18.38 (31.42)	7:49.55 (31.17)	8:20.82 (31.27)		
	8:52.07 (31.25)	9:23.43 (31.36)	9:54.43 (31.00)	10:24.59 (30.16)		
2	Holbrook, Chad	42	Walnut Creek Masters-38	11:15.00	11:16.37	19
	30.87	1:03.56 (32.69)	1:37.23 (33.67)	2:11.23 (34.00)		
	2:45.52 (34.29)	3:20.22 (34.70)	3:54.98 (34.76)	4:29.40 (34.42)		
	5:03.76 (34.36)	5:38.50 (34.74)	6:12.97 (34.47)	6:47.40 (34.43)		
	7:21.95 (34.55)	7:55.90 (33.95)	8:30.13 (34.23)	9:04.28 (34.15)		
	9:38.25 (33.97)	10:11.95 (33.70)	10:45.35 (33.40)	11:16.37 (31.02)		
3	Raegen, Jeffrey	43	Almaden Masters-38	12:00.00	12:02.17	18
	35.92	1:11.62 (35.70)	1:47.71 (36.09)	2:24.26 (36.55)		
	3:03.93 (39.67)	3:39.97 (36.04)	4:16.45 (36.48)	4:53.00 (36.55)		
	5:29.31 (36.31)	6:05.93 (36.62)	6:41.68 (35.75)	7:18.02 (36.34)		
	7:54.09 (36.07)	8:30.35 (36.26)	9:06.61 (36.26)	9:42.65 (36.04)		
	10:18.90 (36.25)	10:54.54 (35.64)	11:29.57 (35.03)	12:02.17 (32.60)		
4	Tofanelli, Chris	40	Club Hot Tub-38	12:50.00	12:52.43	17
	33.62	1:10.29 (36.67)	1:48.29 (38.00)	2:26.77 (38.48)		
	3:05.03 (38.26)	3:43.26 (38.23)	4:22.34 (39.08)	5:01.32 (38.98)		
	5:40.54 (39.22)	6:19.81 (39.27)	6:59.36 (39.55)	7:38.55 (39.19)		
	8:17.87 (39.32)	8:57.61 (39.74)	9:37.04 (39.43)	10:16.35 (39.31)		
	10:55.53 (39.18)	11:34.98 (39.45)	12:13.88 (38.90)	12:52.43 (38.55)		

Men 40-44 1650 Yard Freestyle

NATL: 15:51.52 ! 5/9/2010 ALEX KOSTICH

PAC: 15:51.52 # 12/31/2010 Alex Kostich

1	Holbrook, Chad	42	Walnut Creek Masters-38	18:50.00	18:44.97	21
	30.89	1:03.92 (33.03)	1:37.69 (33.77)	2:12.10 (34.41)		
	2:46.76 (34.66)	3:21.32 (34.56)	3:55.94 (34.62)	4:30.21 (34.27)		
	5:04.32 (34.11)	5:38.58 (34.26)	6:12.75 (34.17)	6:46.97 (34.22)		
	7:20.85 (33.88)	7:55.00 (34.15)	8:29.02 (34.02)	9:03.10 (34.08)		
	9:36.93 (33.83)	10:11.20 (34.27)	10:45.66 (34.46)	11:20.05 (34.39)		
	11:54.40 (34.35)	12:28.49 (34.09)	13:03.02 (34.53)	13:37.46 (34.44)		
	14:11.52 (34.06)	14:46.02 (34.50)	15:20.32 (34.30)	15:54.83 (34.51)		
	16:29.15 (34.32)	17:03.74 (34.59)	17:38.24 (34.50)	18:12.02 (33.78)	18:44.97 (32.95)	
2	Lemke, Zebron	41	Alameda Aquatic Masters-38	23:00.00	21:01.36	19
	34.84	1:12.10 (37.26)	1:50.74 (38.64)	2:29.43 (38.69)		
	3:07.73 (38.30)	3:46.45 (38.72)	4:25.56 (39.11)	5:04.13 (38.57)		
	5:43.09 (38.96)	6:22.12 (39.03)	7:00.73 (38.61)	7:39.32 (38.59)		
	8:18.07 (38.75)	8:56.78 (38.71)	9:35.49 (38.71)	10:14.06 (38.57)		
	10:53.08 (39.02)	11:32.23 (39.15)	12:11.36 (39.13)	12:50.26 (38.90)		
	13:28.86 (38.60)	14:07.52 (38.66)	14:46.02 (38.50)	15:24.72 (38.70)		
	16:02.84 (38.12)	16:41.26 (38.42)	17:19.19 (37.93)	17:57.28 (38.09)		
	18:34.76 (37.48)	19:11.68 (36.92)	19:48.59 (36.91)	20:25.39 (36.80)	21:01.36 (35.97)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 40-44 1650 Yard Freestyle)**

3	Roper, Matt	41	Davis Aquatic Masters-38	19:40.00	21:04.22	18
	32.45	1:09.54 (37.09)	1:47.50 (37.96)	2:26.05 (38.55)		
	3:05.83 (39.78)	3:44.79 (38.96)	4:23.59 (38.80)	5:02.48 (38.89)		
	5:41.49 (39.01)	6:20.59 (39.10)	6:59.47 (38.88)	7:38.03 (38.56)		
	8:16.42 (38.39)	8:54.77 (38.35)	9:33.50 (38.73)	10:12.30 (38.80)		
	10:50.41 (38.11)	11:28.80 (38.39)	12:07.54 (38.74)	12:46.26 (38.72)		
	13:24.53 (38.27)	14:02.84 (38.31)	14:41.29 (38.45)	15:20.13 (38.84)		
	15:58.78 (38.65)	16:37.68 (38.90)	17:16.16 (38.48)	17:54.71 (38.55)		
	18:32.94 (38.23)	19:12.03 (39.09)	19:50.92 (38.89)	20:28.08 (37.16)	21:04.22 (36.14)	
4	Marzo, Antonio	43	Albany Armada Aquatics Masters-38	35:00.00	28:46.98	17
	41.52	1:28.39 (46.87)	2:18.01 (49.62)	3:07.64 (49.63)		
	3:57.59 (49.95)	4:48.30 (50.71)	5:41.87 (53.57)	6:34.40 (52.53)		
	7:28.14 (53.74)	8:21.16 (53.02)	9:13.95 (52.79)	10:08.28 (54.33)		
	11:03.00 (54.72)	11:55.72 (52.72)	12:50.52 (54.80)	13:43.39 (52.87)		
	14:37.31 (53.92)	15:30.89 (53.58)	16:24.79 (53.90)	17:19.61 (54.82)		
	18:11.85 (52.24)	19:05.74 (53.89)	19:57.05 (51.31)	20:48.85 (51.80)		
	21:42.27 (53.42)	22:34.35 (52.08)	23:26.24 (51.89)	24:20.04 (53.80)		
	25:14.11 (54.07)	26:06.37 (52.26)	27:00.72 (54.35)	27:54.09 (53.37)	28:46.98 (52.89)	

Men 40-44 50 Yard Backstroke

NATL: 22.77 ! 4/26/2009 MICHAEL ROSS

PAC: 23.93 # 12/31/2009 Rick Gould

1	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	NT	28.15	
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Men 40-44 50 Yard Backstroke

NATL: 22.77 ! 4/26/2009 MICHAEL ROSS

PAC: 23.93 # 12/31/2009 Rick Gould

1	Wong, Eric	41	Diamond Hills Masters-38	28.01	27.47	21
2	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	28.81	27.90	19
3	Holbrook, Chad	42	Walnut Creek Masters-38	28.77	28.31	18
4	Nonaka, Andy J	42	Walnut Creek Masters-38	30.00	29.48	17
5	Roper, Matt	41	Davis Aquatic Masters-38	31.25	29.61	16
6	Raegen, Jeffrey	43	Almaden Masters-38	35.00	31.86	15

Men 40-44 100 Yard Backstroke

NATL: 48.49 ! 4/26/2009 MICHAEL ROSS

PAC: 51.87 # 12/31/2009 Rick Gould

1	Holbrook, Chad	42	Walnut Creek Masters-38	1:00.26	1:00.11	21
	29.22	1:00.11 (30.89)				
2	Wong, Eric	41	Diamond Hills Masters-38	1:01.50	1:00.22	19
	29.53	1:00.22 (30.69)				
3	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	1:01.54	1:00.70	18
	28.80	1:00.70 (31.90)				
4	Raegen, Jeffrey	43	Almaden Masters-38	1:08.41	1:07.92	17
	33.52	1:07.92 (34.40)				
5	Karrit, Moe	42	Uc38	1:30.00	1:40.25	16
	48.62	1:40.25 (51.63)				

Men 40-44 100 Yard Backstroke

NATL: 48.49 ! 4/26/2009 MICHAEL ROSS

PAC: 51.87 # 12/31/2009 Rick Gould

1	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	NT	1:00.62	
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Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 40-44 200 Yard Backstroke**NATL: **1:50.09** ! 5/4/2008 **MICHAEL ROSS**PAC: **1:52.32** # 12/31/2009 **Rick Gould**

1	Holbrook, Chad	42	Walnut Creek Masters-38	2:09.51	2:10.52	21
	30.83	1:03.45 (32.62)	1:37.25 (33.80)	2:10.52 (33.27)		
2	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	2:05.00	2:20.45	19
	30.72	1:05.92 (35.20)	1:42.97 (37.05)	2:20.45 (37.48)		
3	Roper, Matt	41	Davis Aquatic Masters-38	2:19.00	2:24.20	18
	32.08	1:07.90 (35.82)	1:45.57 (37.67)	2:24.20 (38.63)		

Men 40-44 50 Yard BreaststrokeNATL: **24.19** ! 12/19/2021 **JAMES FIKE**PAC: **26.67** # 12/31/2010 **Roque J Santos**

1	Winfield, Matthew	41	SF Tsunami Masters-38	28.50	28.54	21
2	Corpus, Dale	43	Club Hot Tub-38	34.32	34.81	19
3	Raegen, Jeffrey	43	Almaden Masters-38	42.00	35.98	18
4	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	40.70	36.42	17
5	Karrit, Moe	42	Uc38	55.00	57.75	16

Men 40-44 100 Yard BreaststrokeNATL: **53.81** ! 12/17/2021 **JAMES FIKE**PAC: **57.23** # 12/31/2010 **Roque J Santos**

1	Winfield, Matthew	41	SF Tsunami Masters-38	1:03.38	1:00.18	21
	28.35	1:00.18 (31.83)				
2	Corpus, Dale	43	Club Hot Tub-38	1:14.19	1:16.63	19
	36.07	1:16.63 (40.56)				
3	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	1:30.00	1:19.08	18
	37.56	1:19.08 (41.52)				

Men 40-44 200 Yard BreaststrokeNATL: **1:58.04** ! 3/5/2022 **JAMES FIKE**PAC: **2:03.31** # 12/31/2009 **Roque J Santos**

1	Winfield, Matthew	41	SF Tsunami Masters-38	2:25.00	2:15.33	21
	30.25	1:04.68 (34.43)	1:40.52 (35.84)	2:15.33 (34.81)		
2	Corpus, Dale	43	Club Hot Tub-38	3:30.00	2:51.96	19
	36.30	1:17.98 (41.68)	2:03.17 (45.19)	2:51.96 (48.79)		

Men 40-44 50 Yard ButterflyNATL: **22.56** ! 5/22/2021 **CHUCK BARNES**PAC: **23.69** # 12/31/2010 **Matt Jones**

1	Wong, Eric	41	Diamond Hills Masters-38	25.61	25.16	21
2	Winfield, Matthew	41	SF Tsunami Masters-38	26.67	25.54	19
3	Slattengren, Cory	44	Club Hot Tub-38	29.00	25.86	18
4	Nonaka, Andy J	42	Walnut Creek Masters-38	28.00	27.24	17
5	Petersen, Kenneth A	40	Club Hot Tub-38	32.00	28.70	16
6	Tofanelli, Chris	40	Club Hot Tub-38	28.50	28.88	15
7	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	35.00	29.09	14
8	Corpus, Dale	43	Club Hot Tub-38	29.20	29.79	13
9	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	33.00	30.87	12
10	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	32.00	31.88	11
11	Pomarici, Federico	44	Jellies Aquatic Masters of Mon-38	36.49	35.37	10

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 40-44 100 Yard Butterfly**

NATL: 49.27 ! 5/4/2008 MICHAEL ROSS

PAC: 52.33 # 4/10/2016 Tedder P Stevenso

1	Valdivieso, Juan	41	The Olympic Club-38	52.89	53.26	21
	25.30		53.26 (27.96)			
2	Slattengren, Cory	44	Club Hot Tub-38	1:02.00	59.56	19
	27.64		59.56 (31.92)			
3	M Greene, Brett	44	Club Hot Tub-38	1:01.02	1:00.28	18
	27.83		1:00.28 (32.45)			
4	Nonaka, Andy J	42	Walnut Creek Masters-38	1:01.50	1:00.37	17
	28.36		1:00.37 (32.01)			
5	Raegen, Jeffrey	43	Almaden Masters-38	1:09.00	1:04.84	16
	29.87		1:04.84 (34.97)			
6	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	1:10.00	1:11.92	15
	33.78		1:11.92 (38.14)			
7	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	1:30.00	1:18.08	14
	38.29		1:18.08 (39.79)			

Men 40-44 200 Yard Butterfly

NATL: 1:50.61 ! 4/14/2002 DENNIS BAKER

PAC: 1:56.79 # 12/31/2009 Roque J Santos

1	Valdivieso, Juan	41	The Olympic Club-38	1:55.99	2:00.50	21
	26.90		57.21 (30.31) 1:28.39 (31.18) 2:00.50 (32.11)			
2	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	3:20.00	3:07.13	19
	43.98		1:34.59 (50.61) 2:24.95 (50.36) 3:07.13 (42.18)			

Men 40-44 100 Yard IM

NATL: 51.07 ! 4/25/2015 JEFF COMMINGS

PAC: 52.58 # 12/31/2010 Roque J Santos

1	Winfield, Matthew	41	SF Tsunami Masters-38	59.99	58.19	21
	27.70		58.19 (30.49)			
2	Wong, Eric	41	Diamond Hills Masters-38	59.53	58.33	19
	26.54		58.33 (31.79)			
3	Ein, Harry	43	Walnut Creek Masters-38	1:01.00	59.80	18
	28.14		59.80 (31.66)			
4	Carroll, Duncan R	40	Marcia's Enthusiastic Masters-38	1:01.51	1:00.72	17
	27.09		1:00.72 (33.63)			
5	Slattengren, Cory	44	Club Hot Tub-38	1:02.00	1:00.86	16
	27.41		1:00.86 (33.45)			
6	Nonaka, Andy J	42	Walnut Creek Masters-38	1:00.50	1:01.44	15
	28.70		1:01.44 (32.74)			
7	M Greene, Brett	44	Club Hot Tub-38	1:02.85	1:03.51	14
	28.76		1:03.51 (34.75)			
8	Petersen, Kenneth A	40	Club Hot Tub-38	1:15.00	1:05.26	13
	30.66		1:05.26 (34.60)			
9	Raegen, Jeffrey	43	Almaden Masters-38	1:15.00	1:06.19	12
	30.92		1:06.19 (35.27)			
10	Corpus, Dale	43	Club Hot Tub-38	1:08.44	1:09.71	11
	31.23		1:09.71 (38.48)			
11	Ramirez, Brent	41	Marcia's Enthusiastic Masters-38	1:15.00	1:11.38	10
	32.90		1:11.38 (38.48)			
12	Pomarici, Federico	44	Jellies Aquatic Masters of Mon-38	1:19.08	1:16.34	9
	36.11		1:16.34 (40.23)			
13	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	1:16.00	1:16.86	8
	35.59		1:16.86 (41.27)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 40-44 200 Yard IM**

NATL: 1:51.85 ! 4/26/2009 MICHAEL ROSS

PAC: 1:53.59 # 12/31/2009 Roque J Santos

1	Holbrook, Chad	42	Walnut Creek Masters-38	2:10.84	2:12.40	21
	28.68	1:03.55 (34.87)	1:40.89 (37.34)	2:12.40 (31.51)		
2	Petersen, Kenneth A	40	Club Hot Tub-38	2:45.00	2:23.22	19
	29.97	1:07.85 (37.88)	1:49.77 (41.92)	2:23.22 (33.45)		
3	Gonzales, Victor	42	Marcia's Enthusiastic Masters-38	2:56.00	2:47.25	18
	34.58	1:19.42 (44.84)	2:07.94 (48.52)	2:47.25 (39.31)		
4	Karrit, Moe	42	Uc38	3:40.00	3:36.41	17
	49.90	1:44.77 (54.87)	2:55.76 (1:10.99)	3:36.41 (40.65)		

Men 40-44 400 Yard IM

NATL: 4:01.87 ! 4/19/2009 ROQUE SANTOS

PAC: 4:01.87 # 12/31/2009 Roque J Santos

1	Wada, Ellison	42	Marcia's Enthusiastic Masters-38	6:40.00	6:43.03	21
	44.49	1:32.78 (48.29)	2:28.16 (55.38)	3:21.61 (53.45)		
	4:20.39 (58.78)	5:16.09 (55.70)	6:02.98 (46.89)	6:43.03 (40.05)		

Men 45-49 50 Yard Freestyle

NATL: 21.06 ! 5/21/2010 RICHARD HUGHEY

PAC: 21.87 # 12/31/2009 David E Boatwright

1	Matsumura, Naoki	45	Santa Clara Swim Club Masters-38	27.50	27.38	21
2	Branson, Christopher	47	Club Hot Tub-38	30.00	27.45	19
3	Rosales-Delmoral, Romer	49	Menlo Masters-38	28.00	27.75	18
4	Cochran, Erik L	46	San Ramon Valley Aquatics Mast-38	27.98	28.01	17
5	Smith, Dustin	45	Uc37	35.00	28.25	16
6	Schindler, Brad	49	Marcia's Enthusiastic Masters-38	29.00	30.62	15
7	Cacananta, Oliver	47	Marcia's Enthusiastic Masters-38	57.00	43.82	14

Men 45-49 100 Yard Freestyle

NATL: 46.21 ! 4/26/2015 NICOLAS GRANGER

PAC: 46.72 # 12/31/2009 Rich Saeger

1	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	55.87	55.32	21
	26.42	55.32 (28.90)				
2	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	58.94	58.56	19
	28.27	58.56 (30.29)				
3	Rosales-Delmoral, Romer	49	Menlo Masters-38	1:00.00	1:01.11	18
	29.81	1:01.11 (31.30)				
4	Cochran, Erik L	46	San Ramon Valley Aquatics Mast-38	1:02.50	1:01.93	17
	28.89	1:01.93 (33.04)				
5	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	1:04.67	1:03.31	16
	30.96	1:03.31 (32.35)				
6	Branson, Christopher	47	Club Hot Tub-38	1:10.00	1:04.93	15
	31.12	1:04.93 (33.81)				
7	Smith, Dustin	45	Uc37	1:18.00	1:05.53	14
	30.60	1:05.53 (34.93)				
8	Schindler, Brad	49	Marcia's Enthusiastic Masters-38	1:10.00	1:09.02	13
	33.62	1:09.02 (35.40)				
9	Glickman, Gary	45	Manatee Aquatic Masters Inc-38	1:20.00	1:16.35	12
	35.78	1:16.35 (40.57)				
10	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	1:18.00	1:16.65	11
	37.45	1:16.65 (39.20)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 45-49 100 Yard Freestyle**NATL: 46.21 ! 4/26/2015 **NICOLAS GRANGER**PAC: 46.72 # 12/31/2009 **Rich Saeger**

1 Pierce, Andrew 45 Walnut Creek Masters-38 NT 1:01.04

Men 45-49 200 Yard FreestyleNATL: 1:41.69 ! 5/21/2010 **DAVID SIMS**PAC: 1:45.35 # 12/31/2009 **David E Boatwright**

1	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	2:02.42	2:01.76	21
	28.87	59.83 (30.96)	1:31.22 (31.39)	2:01.76 (30.54)		
2	Rosales-Delmoral, Romer	49	Menlo Masters-38	2:10.00	2:06.20	19
	29.65	1:01.53 (31.88)	1:34.07 (32.54)	2:06.20 (32.13)		
3	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	2:12.83	2:11.08	18
	30.68	1:03.84 (33.16)	1:37.86 (34.02)	2:11.08 (33.22)		
4	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	2:21.80	2:20.14	17
	32.97	1:09.00 (36.03)	1:45.44 (36.44)	2:20.14 (34.70)		

Men 45-49 500 Yard FreestyleNATL: 4:39.10 ! 5/20/2007 **DENNIS BAKER**PAC: 4:54.53 # 5/4/2014 **Chip L Hobson**

1	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	5:35.42	5:34.95	21
	30.99	1:04.33 (33.34)	1:38.47 (34.14)	2:12.67 (34.20)		
	2:46.78 (34.11)	3:20.98 (34.20)	3:54.92 (33.94)	4:28.56 (33.64)		
	5:02.36 (33.80)	5:34.95 (32.59)				
2	Rosales-Delmoral, Romer	49	Menlo Masters-38	6:00.00	5:46.49	19
	31.74	1:05.42 (33.68)	1:40.00 (34.58)	2:15.46 (35.46)		
	2:50.50 (35.04)	3:25.97 (35.47)	4:01.70 (35.73)	4:37.30 (35.60)		
	5:12.54 (35.24)	5:46.49 (33.95)				
3	Pierce, Andrew	45	Walnut Creek Masters-38	6:00.30	6:03.68	18
	31.29	1:04.62 (33.33)	1:39.85 (35.23)	2:16.37 (36.52)		
	2:52.95 (36.58)	3:30.33 (37.38)	4:08.49 (38.16)	4:47.53 (39.04)		
	5:25.88 (38.35)	6:03.68 (37.80)				
4	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	6:27.54	6:23.72	17
	34.65	1:12.71 (38.06)	1:52.55 (39.84)	2:33.03 (40.48)		
	3:12.95 (39.92)	3:51.42 (38.47)	4:29.76 (38.34)	5:08.54 (38.78)		
	5:47.14 (38.60)	6:23.72 (36.58)				

Men 45-49 1000 Yard FreestyleNATL: 9:43.93 ! 5/20/2010 **KEITH SWITZER**PAC: 10:06.08 # 5/1/2014 **Chip L Hobson**

1	Rosales-Delmoral, Romer	49	Menlo Masters-38	12:10.00	11:54.13	21
	32.43	1:07.55 (35.12)	1:43.12 (35.57)	2:19.19 (36.07)		
	2:55.09 (35.90)	3:31.40 (36.31)	4:07.33 (35.93)	4:42.60 (35.27)		
	5:18.22 (35.62)	5:53.91 (35.69)	6:29.66 (35.75)	7:05.57 (35.91)		
	7:41.80 (36.23)	8:17.97 (36.17)	8:54.10 (36.13)	9:30.10 (36.00)		
	10:06.42 (36.32)	10:42.49 (36.07)	11:18.87 (36.38)	11:54.13 (35.26)		
2	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	12:37.26	12:29.46	19
	33.31	1:10.31 (37.00)	1:48.83 (38.52)	2:26.94 (38.11)		
	3:04.46 (37.52)	3:42.51 (38.05)	4:20.37 (37.86)	4:58.46 (38.09)		
	5:36.62 (38.16)	6:14.64 (38.02)	6:52.43 (37.79)	7:29.71 (37.28)		
	8:07.88 (38.17)	8:45.78 (37.90)	9:23.95 (38.17)	10:01.96 (38.01)		
	10:39.60 (37.64)	11:17.59 (37.99)	11:54.18 (36.59)	12:29.46 (35.28)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 45-49 1000 Yard Freestyle)**

3	Schindler, Brad	49	Marcia's Enthusiastic Masters-38	13:30.00	13:20.43	18
	34.57	1:14.74 (40.17)	1:54.85 (40.11)	2:35.48 (40.63)		
	3:16.26 (40.78)	3:56.70 (40.44)	4:37.24 (40.54)	5:18.11 (40.87)		
	5:57.97 (39.86)	6:38.63 (40.66)	7:18.89 (40.26)	7:59.43 (40.54)		
	8:40.04 (40.61)	9:20.49 (40.45)	10:00.54 (40.05)	10:41.21 (40.67)		
	11:21.76 (40.55)	12:02.28 (40.52)	12:42.39 (40.11)	13:20.43 (38.04)		
4	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	14:28.02	13:34.12	17
	33.05	1:12.00 (38.95)	1:52.42 (40.42)	2:34.18 (41.76)		
	3:15.69 (41.51)	3:58.00 (42.31)	4:40.16 (42.16)	5:21.98 (41.82)		
	6:03.89 (41.91)	6:45.74 (41.85)	7:27.50 (41.76)	8:09.62 (42.12)		
	8:50.44 (40.82)	9:31.71 (41.27)	10:12.73 (41.02)	10:54.39 (41.66)		
	11:35.50 (41.11)	12:16.83 (41.33)	12:57.20 (40.37)	13:34.12 (36.92)		

Men 45-49 1650 Yard FreestyleNATL: **16:08.05** ! 5/20/2010 **JEFF ERWIN**PAC: **16:51.00** # 12/31/2006 **George F Tidmarsh**

1	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	18:58.45	19:10.66	21
	31.64	1:05.83 (34.19)	1:41.01 (35.18)	2:15.93 (34.92)		
	2:51.25 (35.32)	3:26.24 (34.99)	4:01.09 (34.85)	4:36.30 (35.21)		
	5:11.63 (35.33)	5:46.87 (35.24)	6:22.06 (35.19)	6:57.09 (35.03)		
	7:32.07 (34.98)	8:07.09 (35.02)	8:42.20 (35.11)	9:17.46 (35.26)		
	9:52.22 (34.76)	10:27.24 (35.02)	11:02.39 (35.15)	11:37.36 (34.97)		
	12:12.32 (34.96)	12:47.43 (35.11)	13:22.75 (35.32)	13:58.29 (35.54)		
	14:33.70 (35.41)	15:08.70 (35.00)	15:43.35 (34.65)	16:18.68 (35.33)		
	16:53.93 (35.25)	17:28.76 (34.83)	18:03.49 (34.73)	18:37.98 (34.49)	19:10.66 (32.68)	
2	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	21:12.51	21:00.23	19
	33.63	1:11.50 (37.87)	1:49.66 (38.16)	2:29.06 (39.40)		
	3:08.42 (39.36)	3:47.13 (38.71)	4:26.06 (38.93)	5:04.84 (38.78)		
	5:43.21 (38.37)	6:21.58 (38.37)	6:59.99 (38.41)	7:38.12 (38.13)		
	8:16.33 (38.21)	8:54.70 (38.37)	9:33.53 (38.83)	10:12.77 (39.24)		
	10:51.08 (38.31)	11:29.64 (38.56)	12:08.23 (38.59)	12:47.00 (38.77)		
	13:25.53 (38.53)	14:03.76 (38.23)	14:42.19 (38.43)	15:20.52 (38.33)		
	15:59.10 (38.58)	16:37.46 (38.36)	17:16.13 (38.67)	17:54.66 (38.53)		
	18:33.34 (38.68)	19:11.08 (37.74)	19:48.40 (37.32)	20:25.41 (37.01)	21:00.23 (34.82)	
3	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	24:08.77	22:36.07	18
	36.22	1:16.55 (40.33)	1:57.49 (40.94)	2:38.75 (41.26)		
	3:20.19 (41.44)	4:02.33 (42.14)	4:44.23 (41.90)	5:25.95 (41.72)		
	6:07.96 (42.01)	6:49.94 (41.98)	7:31.92 (41.98)	8:13.22 (41.30)		
	8:55.04 (41.82)	9:36.46 (41.42)	10:18.30 (41.84)	10:59.59 (41.29)		
	11:40.85 (41.26)	12:22.38 (41.53)	13:04.19 (41.81)	13:45.43 (41.24)		
	14:26.38 (40.95)	15:07.40 (41.02)	15:49.52 (42.12)	16:30.90 (41.38)		
	17:11.89 (40.99)	17:52.97 (41.08)	18:34.45 (41.48)	19:15.99 (41.54)		
	19:56.91 (40.92)	20:37.14 (40.23)	21:17.90 (40.76)	21:57.64 (39.74)	22:36.07 (38.43)	

Men 45-49 50 Yard BackstrokeNATL: **23.58** ! 4/26/2015 **MICHAEL ROSS**PAC: **24.34** # 5/4/2014 **Rick Gould**

1	Flakoll, Jonathan D	47	Walnut Creek Masters-38	27.99	27.99	21
2	Stockwell, Zach	47	Santa Cruz Masters Aquatics-38	33.00	32.03	19
3	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	32.40	32.46	18
4	Smith, Dustin	45	Uc37	43.00	34.78	17
5	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	39.00	37.46	16
6	Cacananta, Oliver	47	Marcia's Enthusiastic Masters-38	1:10.00	1:06.62	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 45-49 100 Yard Backstroke**

NATL: 51.55 ! 4/30/2011 CHRIS STEVENSON

PAC: 52.84 # 5/4/2014 Rick Gould

1	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	1:10.53	1:11.87	21
	36.32	1:11.87 (35.55)				
2	Smith, Dustin	45	Uc37	1:35.00	1:17.93	19
	37.92	1:17.93 (40.01)				
3	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	1:33.00	1:23.28	18
	41.03	1:23.28 (42.25)				

Men 45-49 200 Yard Backstroke

NATL: 1:52.23 ! 4/27/2019 JEFF COMMINGS

PAC: 1:55.35 # 5/2/2014 Rick Gould

1	Wehmann, Todd	49	Marcia's Enthusiastic Masters-38	2:37.86	2:34.22	21
	37.38	1:17.35 (39.97)	1:56.41 (39.06)	2:34.22 (37.81)		

Men 45-49 50 Yard Breaststroke

NATL: 25.66 ! 4/27/2019 JEFF COMMINGS

PAC: 27.65 # 12/31/2002 Lee A Rider

1	Branson, Christopher	47	Club Hot Tub-38	40.00	36.09	21
2	Smith, Dustin	45	Uc37	48.00	42.59	19
	24.72	42.59 (17.87)				
3	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	47.50	43.41	18
	23.16	43.41 (20.25)				
---	Desrochers, Jacob	49	Uc38	45.00	DQ	
	23.34					

Men 45-49 100 Yard Breaststroke

NATL: 55.69 ! 5/13/2018 STEVE WEST

PAC: 1:00.65 # 12/31/2003 Lee A Rider

1	Branson, Christopher	47	Club Hot Tub-38	1:30.00	1:22.07	21
	40.35	1:22.07 (41.72)				
2	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	1:21.51	1:26.30	19
	41.13	1:26.30 (45.17)				

Men 45-49 200 Yard Breaststroke

NATL: 2:02.42 ! 4/29/2017 STEVE WEST

PAC: 2:11.89 # 5/3/2014 Sergey Mariniuk

1	Pierce, Andrew	45	Walnut Creek Masters-38	2:40.00	2:42.79	21
	36.69	1:16.95 (40.26)	1:59.53 (42.58)	2:42.79 (43.26)		
2	Lehnert, Ahren	48	Marcia's Enthusiastic Masters-38	3:02.97	3:06.05	19
	41.89	1:30.49 (48.60)	2:19.75 (49.26)	3:06.05 (46.30)		

Men 45-49 50 Yard Butterfly

NATL: 22.67 ! 5/4/2008 PAUL SMITH

PAC: 24.00 # 12/31/2012 Matt Jones

1	Flakoll, Jonathan D	47	Walnut Creek Masters-38	26.53	26.30	21
2	Matsumura, Naoki	45	Santa Clara Swim Club Masters-38	27.50	27.84	19
3	Stockwell, Zach	47	Santa Cruz Masters Aquatics-38	29.50	28.72	18
4	Pierce, Andrew	45	Walnut Creek Masters-38	31.00	30.88	17
5	Rosales-Delmoral, Romer	49	Menlo Masters-38	33.00	32.10	16
6	Smith, Dustin	45	Uc37	50.00	33.61	15
7	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	39.50	38.51	14

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 45-49 100 Yard Butterfly**NATL: **50.90** ! 5/21/2010 **DAVID SIMS**PAC: **52.96** # 12/31/2012 **Matt Jones**

1	Flakoll, Jonathan D	47	Walnut Creek Masters-38	59.11	1:00.21	21
	28.14				1:00.21 (32.07)	
2	Matsumura, Naoki	45	Santa Clara Swim Club Masters-38	1:01.00	1:01.66	19
	29.04				1:01.66 (32.62)	
3	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	1:02.87	1:02.42	18
	29.20				1:02.42 (33.22)	

Men 45-49 200 Yard ButterflyNATL: **1:50.73** ! 12/6/2008 **DENNIS BAKER**PAC: **2:00.35** # 5/3/2014 **Michael W De Bois**

1	Sarrigeorgidis, Kostas	47	Santa Clara Swim Club Masters-38	2:37.00	2:30.85	21
	35.89				1:17.92 (42.03) 1:55.79 (37.87) 2:30.85 (35.06)	
2	Matsumura, Naoki	45	Santa Clara Swim Club Masters-38	2:40.00	2:34.15	19
	35.43				1:15.63 (40.20) 1:57.36 (41.73) 2:34.15 (36.79)	

Men 45-49 100 Yard IMNATL: **52.14** ! 5/23/2010 **RICHARD HUGHEY**PAC: **55.47** # 5/3/2014 **Michael W De Bois**

1	Flakoll, Jonathan D	47	Walnut Creek Masters-38	1:00.38	1:01.49	21
	27.71				1:01.49 (33.78)	
2	Stockwell, Zach	47	Santa Cruz Masters Aquatics-38	1:08.00	1:06.76	19
	30.84				1:06.76 (35.92)	
3	Pierce, Andrew	45	Walnut Creek Masters-38	1:18.20	1:10.27	18
	34.21				1:10.27 (36.06)	
4	Rosales-Delmoral, Romer	49	Menlo Masters-38	1:16.00	1:12.60	17
	34.84				1:12.60 (37.76)	
5	Branson, Christopher	47	Club Hot Tub-38	1:20.00	1:17.02	16
	39.06				1:17.02 (37.96)	
6	Smith, Dustin	45	Uc37	1:45.00	1:18.17	15
	34.64				1:18.17 (43.53)	
7	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	1:24.00	1:22.09	14
	37.35				1:22.09 (44.74)	

Men 45-49 200 Yard IMNATL: **1:51.44** ! 4/26/2015 **NICOLAS GRANGER**PAC: **1:58.59** # 5/4/2014 **Sergey Mariniuk**

1	Rozendal, Michael	48	Marcia's Enthusiastic Masters-38	3:08.00	3:03.12	21
	39.18				1:24.59 (45.41) 2:19.11 (54.52) 3:03.12 (44.01)	

Men 50-54 50 Yard FreestyleNATL: **21.36** ! 4/29/2011 **ROWDY GAINES**PAC: **22.45** # 12/31/2009 **John Oberto**

1	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	NT	25.82	
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Men 50-54 50 Yard FreestyleNATL: **21.36** ! 4/29/2011 **ROWDY GAINES**PAC: **22.45** # 12/31/2009 **John Oberto**

1	Lane, Will H	51	Fresno Dolphins Masters Swim T-38	23.70	23.52	21
2	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	24.69	24.43	19
3	Varellas, Jimmy	50	Walnut Creek Masters-38	26.50	24.62	18
4	Gorek, Thomas	53	University of San Francisco Ma-38	25.00	25.08	17
5	Burd, Greg	50	Almaden Masters-38	29.00	25.45	16
6	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	25.92	25.48	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 50 Yard Freestyle)**

7	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	27.00	25.60	14
8	Virkus, Todd	50	Petaluma Salty Krakens-38	25.20	25.61	13
9	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	25.30	25.65	12
10	Sosnowski, Thomas	53	Almaden Masters-38	25.85	25.77	11
11	Wilkinson, Jim	52	Morgan Hill Splash Masters-38	40.00	25.78	10
12	Fahlen, Mark	50	Oakdale Aquatic Masters-38	26.50	26.52	9
13	Ishaug, Brian	52	Club Hot Tub-38	27.61	27.37	8
14	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	33.00	27.45	7
15	Burger, John	52	Club Hot Tub-38	30.00	27.79	6
16	Dooley, Paul	53	Marcia's Enthusiastic Masters-38	29.00	28.57	5
17	Frakes, Page	50	Club Hot Tub-38	30.11	28.72	4
18	Cooperman, Jeff	54	North Bay Aquatics-38	27.50	29.04	3
19	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	35.00	31.68	2
20	Sarkis, Hormoz	50	Almaden Masters-38	32.82	32.72	1
---	Mercer, Brian	54	Walnut Creek Masters-38	26.00	DQ	

Men 50-54 100 Yard FreestyleNATL: **46.59** ! 5/10/2009 **ROWDY GAINES**PAC: **49.08** # 12/31/2008 **Peter Nunan**

1	Winsor, Brad	50	Davis Aquatic Masters-38	57.00	53.19	21
	25.67	53.19	(27.52)			
2	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	54.69	53.63	19
	26.06	53.63	(27.57)			
3	Wood, Brent	52	Uc38	55.73	54.85	18
	26.04	54.85	(28.81)			
4	Gorek, Thomas	53	University of San Francisco Ma-38	55.00	55.23	17
	27.23	55.23	(28.00)			
5	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	57.81	56.86	16
	26.63	56.86	(30.23)			
6	Virkus, Todd	50	Petaluma Salty Krakens-38	56.00	57.09	15
	28.08	57.09	(29.01)			
7	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	56.74	57.17	14
	27.30	57.17	(29.87)			
8	Fahlen, Mark	50	Oakdale Aquatic Masters-38	56.00	57.27	13
	27.42	57.27	(29.85)			
9	Wilkinson, Jim	52	Morgan Hill Splash Masters-38	1:10.00	57.45	12
	27.24	57.45	(30.21)			
10	Mercer, Brian	54	Walnut Creek Masters-38	57.25	57.49	11
	27.58	57.49	(29.91)			
11	Varellas, Jimmy	50	Walnut Creek Masters-38	58.00	57.57	10
	28.35	57.57	(29.22)			
12	Eckert, Karl A	54	Club Hot Tub-38	1:02.00	1:00.00	9
	29.69	1:00.00	(30.31)			
13	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	1:08.00	1:02.72	8
	30.66	1:02.72	(32.06)			
14	Downey, Daniel P	54	Marcia's Enthusiastic Masters-38	1:05.75	1:02.74	7
	30.05	1:02.74	(32.69)			
15	Ishaug, Brian	52	Club Hot Tub-38	1:02.07	1:03.02	6
	29.86	1:03.02	(33.16)			
16	Dooley, Paul	53	Marcia's Enthusiastic Masters-38	1:03.00	1:04.65	5
	30.98	1:04.65	(33.67)			
17	Cooperman, Jeff	54	North Bay Aquatics-38	1:07.00	1:06.08	4
	31.15	1:06.08	(34.93)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 100 Yard Freestyle)**

18	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	1:19.00	1:12.84	3
	35.72	1:12.84 (37.12)				
19	Sarkis, Hormoz	50	Almaden Masters-38	1:20.00	1:15.41	2
	36.07	1:15.41 (39.34)				

Men 50-54 100 Yard Freestyle

NATL: 46.59 ! 5/10/2009 **ROWDY GAINES**
PAC: 49.08 # 12/31/2008 **Peter Nunan**

1	Collazos, Daniel	52	Marcia's Enthusiastic Masters-38	NT	56.35	
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Men 50-54 200 Yard Freestyle

NATL: 1:43.76 ! 5/10/2009 **ROWDY GAINES**
PAC: 1:48.26 # 12/31/2008 **Peter Nunan**

1	Ghilardi, Nico	51	San Mateo Masters-38	1:54.17	1:56.50	21
	26.27	55.19 (28.92)	1:25.69 (30.50)	1:56.50 (30.81)		
2	Winsor, Brad	50	Davis Aquatic Masters-38	2:10.00	1:59.10	19
	27.73	57.95 (30.22)	1:28.29 (30.34)	1:59.10 (30.81)		
3	Jeffery, Kevin	50	Uc38	2:05.00	2:01.37	18
	28.84	59.44 (30.60)	1:30.84 (31.40)	2:01.37 (30.53)		
4	McCoy, William	54	Morgan Hill Splash Masters-38	2:10.03	2:10.22	17
	29.45	1:01.53 (32.08)	1:35.27 (33.74)	2:10.22 (34.95)		
5	Caufield, Mark	53	Club Hot Tub-38	3:30.00	2:53.42	16
	38.02	1:23.53 (45.51)	2:11.16 (47.63)	2:53.42 (42.26)		

Men 50-54 500 Yard Freestyle

NATL: 4:47.57 ! 5/20/2001 **JIM MCCONICA**
PAC: 4:57.96 # 5/4/2014 **Darren D Phalen**

1	Ghilardi, Nico	51	San Mateo Masters-38	5:15.00	5:15.71	21
	28.10	58.64 (30.54)	1:29.79 (31.15)	2:01.76 (31.97)		
	2:33.71 (31.95)	3:05.70 (31.99)	3:37.80 (32.10)	4:10.49 (32.69)		
	4:43.47 (32.98)	5:15.71 (32.24)				
2	Winsor, Brad	50	Davis Aquatic Masters-38	5:40.00	5:19.93	19
	28.64	59.75 (31.11)	1:31.58 (31.83)	2:03.76 (32.18)		
	2:36.27 (32.51)	3:08.85 (32.58)	3:41.51 (32.66)	4:14.30 (32.79)		
	4:47.37 (33.07)	5:19.93 (32.56)				
3	Jeffery, Kevin	50	Uc38	5:37.00	5:29.38	18
	31.11	1:03.42 (32.31)	1:36.41 (32.99)	2:10.29 (33.88)		
	2:44.18 (33.89)	3:17.74 (33.56)	3:51.00 (33.26)	4:24.11 (33.11)		
	4:57.46 (33.35)	5:29.38 (31.92)				
4	Fahlen, Mark	50	Oakdale Aquatic Masters-38	5:50.00	5:47.18	17
	32.26	1:07.19 (34.93)	1:41.91 (34.72)	2:16.92 (35.01)		
	2:52.06 (35.14)	3:26.91 (34.85)	4:01.84 (34.93)	4:37.01 (35.17)		
	5:12.37 (35.36)	5:47.18 (34.81)				
5	Dooley, Paul	53	Marcia's Enthusiastic Masters-38	6:16.08	6:37.20	16
	33.95	1:11.76 (37.81)	1:51.52 (39.76)	2:32.31 (40.79)		
	3:13.37 (41.06)	3:54.55 (41.18)	4:36.10 (41.55)	5:17.83 (41.73)		
	5:59.56 (41.73)	6:37.20 (37.64)				
6	Arias, Bernard	52	University of San Francisco Ma-38	6:15.00	6:59.69	15
	37.59	1:16.39 (38.80)	1:56.85 (40.46)	2:38.52 (41.67)		
	3:21.06 (42.54)	4:05.37 (44.31)	4:49.68 (44.31)	5:33.97 (44.29)		
	6:17.86 (43.89)	6:59.69 (41.83)				
7	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	9:10.00	7:45.26	14
	41.26	1:26.15 (44.89)	2:12.79 (46.64)	2:59.76 (46.97)		
	3:47.22 (47.46)	4:35.21 (47.99)	5:23.17 (47.96)	6:11.47 (48.30)		
	6:59.51 (48.04)	7:45.26 (45.75)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 500 Yard Freestyle)**

8	Caufield, Mark	53	Club Hot Tub-38	8:40.00	7:56.95	13
	41.08	1:28.25 (47.17)	2:17.15 (48.90)	3:05.75 (48.60)		
	3:55.14 (49.39)	4:45.37 (50.23)	5:34.29 (48.92)	6:24.49 (50.20)		
	7:13.20 (48.71)	7:56.95 (43.75)				

Men 50-54 1000 Yard Freestyle

NATL: 9:55.84 ! 4/6/2013 KEITH SWITZER
PAC: 10:22.62 # 3/30/2014 Darren D Phalen

1	Jeffery, Kevin	50	Uc38	11:38.00	11:18.71	21
	31.22	1:03.68 (32.46)	1:37.45 (33.77)	2:11.53 (34.08)		
	2:46.02 (34.49)	3:20.48 (34.46)	3:55.08 (34.60)	4:29.75 (34.67)		
	5:04.16 (34.41)	5:38.46 (34.30)	6:12.71 (34.25)	6:47.18 (34.47)		
	7:21.33 (34.15)	7:55.62 (34.29)	8:30.07 (34.45)	9:04.51 (34.44)		
	9:38.77 (34.26)	10:12.88 (34.11)	10:46.41 (33.53)	11:18.71 (32.30)		
2	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	13:20.00	13:14.45	19
	33.94	1:12.36 (38.42)	1:51.49 (39.13)	2:31.75 (40.26)		
	3:12.95 (41.20)	3:53.55 (40.60)	4:33.61 (40.06)	5:13.92 (40.31)		
	5:54.21 (40.29)	6:34.23 (40.02)	7:15.14 (40.91)	7:55.61 (40.47)		
	8:36.26 (40.65)	9:17.57 (41.31)	9:57.86 (40.29)	10:38.02 (40.16)		
	11:17.97 (39.95)	11:58.35 (40.38)	12:37.60 (39.25)	13:14.45 (36.85)		

Men 50-54 1000 Yard Freestyle

NATL: 9:55.84 ! 4/6/2013 KEITH SWITZER
PAC: 10:22.62 # 3/30/2014 Darren D Phalen

1	Winsor, Brad	50	Davis Aquatic Masters-38	NT	11:26.32	
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Men 50-54 1650 Yard Freestyle

NATL: 16:28.77 ! 4/23/2015 JEFF ERWIN
PAC: 17:15.00 # 12/31/2002 Jim Clemmons

1	Ghilardi, Nico	51	San Mateo Masters-38	18:30.00	18:22.72	21
	29.51	1:01.40 (31.89)	1:33.65 (32.25)	2:06.57 (32.92)		
	2:39.52 (32.95)	3:12.40 (32.88)	3:45.41 (33.01)	4:18.22 (32.81)		
	4:50.82 (32.60)	5:23.53 (32.71)	5:56.59 (33.06)	6:29.81 (33.22)		
	7:03.19 (33.38)	7:37.03 (33.84)	8:10.39 (33.36)	8:44.10 (33.71)		
	9:17.52 (33.42)	9:51.27 (33.75)	10:25.09 (33.82)	10:59.11 (34.02)		
	11:33.25 (34.14)	12:07.09 (33.84)	12:40.71 (33.62)	13:14.45 (33.74)		
	13:48.60 (34.15)	14:22.83 (34.23)	14:57.40 (34.57)	15:31.79 (34.39)		
	16:06.51 (34.72)	16:41.30 (34.79)	17:15.58 (34.28)	17:49.61 (34.03)	18:22.72 (33.11)	
2	Winsor, Brad	50	Davis Aquatic Masters-38	19:25.00	18:54.97	19
	31.23	1:05.26 (34.03)	1:39.74 (34.48)	2:13.96 (34.22)		
	2:48.91 (34.95)	3:23.63 (34.72)	3:58.31 (34.68)	4:32.76 (34.45)		
	5:07.11 (34.35)	5:41.63 (34.52)	6:16.16 (34.53)	6:50.56 (34.40)		
	7:25.33 (34.77)	7:59.93 (34.60)	8:34.57 (34.64)	9:08.76 (34.19)		
	9:43.17 (34.41)	10:17.54 (34.37)	10:52.05 (34.51)	11:26.32 (34.27)		
	12:00.71 (34.39)	12:35.12 (34.41)	13:09.84 (34.72)	13:44.32 (34.48)		
	14:19.05 (34.73)	14:53.65 (34.60)	15:28.15 (34.50)	16:02.79 (34.64)		
	16:37.42 (34.63)	17:12.09 (34.67)	17:46.67 (34.58)	18:21.55 (34.88)	18:54.97 (33.42)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 1650 Yard Freestyle)**

3	Jeffery, Kevin	50	Uc38	20:11.00	18:59.94	18
	32.10	1:05.88 (33.78)	1:40.41 (34.53)	2:15.30 (34.89)		
	2:49.79 (34.49)	3:24.24 (34.45)	3:58.74 (34.50)	4:33.29 (34.55)		
	5:07.60 (34.31)	5:42.05 (34.45)	6:16.50 (34.45)	6:50.66 (34.16)		
	7:25.34 (34.68)	7:59.99 (34.65)	8:34.52 (34.53)	9:09.19 (34.67)		
	9:43.76 (34.57)	10:18.67 (34.91)	10:53.19 (34.52)	11:27.98 (34.79)		
	12:02.62 (34.64)	12:37.63 (35.01)	13:12.73 (35.10)	13:47.63 (34.90)		
	14:22.72 (35.09)	14:57.45 (34.73)	15:32.44 (34.99)	16:07.20 (34.76)		
	16:42.06 (34.86)	17:16.83 (34.77)	17:51.71 (34.88)	18:26.63 (34.92)	18:59.94 (33.31)	
4	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	21:00.00	20:44.51	17
	31.78	1:06.80 (35.02)	1:44.10 (37.30)	2:21.69 (37.59)		
	2:59.99 (38.30)	3:38.09 (38.10)	4:16.07 (37.98)	4:53.68 (37.61)		
	5:31.40 (37.72)	6:09.39 (37.99)	6:47.65 (38.26)	7:25.80 (38.15)		
	8:03.75 (37.95)	8:41.86 (38.11)	9:19.57 (37.71)	9:57.64 (38.07)		
	10:35.37 (37.73)	11:13.49 (38.12)	11:51.65 (38.16)	12:29.78 (38.13)		
	13:08.32 (38.54)	13:46.49 (38.17)	14:24.32 (37.83)	15:01.99 (37.67)		
	15:39.61 (37.62)	16:17.36 (37.75)	16:55.71 (38.35)	17:33.95 (38.24)		
	18:12.03 (38.08)	18:50.31 (38.28)	19:29.17 (38.86)	20:07.91 (38.74)	20:44.51 (36.60)	

Men 50-54 50 Yard Backstroke

NATL: 24.57 ! 5/4/2014 **FRITZ BEDFORD**
PAC: 24.75 # 4/13/2019 **Rick Gould**

1	Lane, Will H	51	Fresno Dolphins Masters Swim T-38	26.08	26.39	21
2	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	28.69	27.97	19
3	Collazos, Daniel	52	Marcia's Enthusiastic Masters-38	32.00	31.74	18
4	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	31.03	32.49	17
5	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	33.00	33.15	16
6	Sosnowski, Thomas	53	Almaden Masters-38	32.00	34.19	15
7	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	38.00	36.47	14
8	Hnatek, Jeff	52	Quicksilver Masters-38	37.50	38.79	13

Men 50-54 100 Yard Backstroke

NATL: 52.72 ! 3/21/2015 **FRITZ BEDFORD**
PAC: 53.25 # 4/14/2019 **Rick Gould**

1	Lane, Will H	51	Fresno Dolphins Masters Swim T-38	58.50	58.18	21
	28.91	58.18 (29.27)				
2	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	58.69	59.49	19
	28.42	59.49 (31.07)				
3	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	1:13.00	1:15.71	18
	37.22	1:15.71 (38.49)				
4	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	1:38.00	1:27.47	17
	43.62	1:27.47 (43.85)				

Men 50-54 200 Yard Backstroke

NATL: 1:56.18 ! 4/13/2019 **RICK GOULD**
PAC: 1:56.18 # 4/13/2019 **Rick Gould**

1	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	2:12.69	2:09.78	21
	30.80	1:03.29 (32.49)	1:36.45 (33.16)	2:09.78 (33.33)		
2	Collazos, Daniel	52	Marcia's Enthusiastic Masters-38	2:27.00	2:20.78	19
	34.78	1:10.83 (36.05)	1:46.99 (36.16)	2:20.78 (33.79)		
3	Fahlen, Mark	50	Oakdale Aquatic Masters-38	2:40.00	2:40.82	18
	39.74	1:20.74 (41.00)	2:01.43 (40.69)	2:40.82 (39.39)		
4	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	3:10.00	2:51.75	17
	40.83	1:23.08 (42.25)	2:08.57 (45.49)	2:51.75 (43.18)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 200 Yard Backstroke)**

5	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	3:30.00	3:07.23	16
	47.33	1:34.56 (47.23)	2:22.20 (47.64)	3:07.23 (45.03)		

Men 50-54 50 Yard Breaststroke

NATL: 26.45 ! 3/30/2014 **DAVID GUTHRIE**
PAC: 27.82 # 12/31/2010 **Gary L Patterson**

1	Wood, Brent	52	Uc38	31.23	31.54	21
2	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	33.00	32.22	19
3	Sosnowski, Thomas	53	Almaden Masters-38	34.72	34.55	18
4	Burd, Greg	50	Almaden Masters-38	38.00	34.75	17
5	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	37.68	35.74	16
6	Virkus, Todd	50	Petaluma Salty Krakens-38	36.00	36.04	15
7	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	38.00	36.14	14
8	Cooperman, Jeff	54	North Bay Aquatics-38	36.00	36.46	13

Men 50-54 100 Yard Breaststroke

NATL: 58.41 ! 3/29/2014 **DAVID GUTHRIE**
PAC: 1:00.76 # 12/31/2010 **Gary L Patterson**

1	Wood, Brent	52	Uc38	1:08.45	1:09.86	21
	32.63	1:09.86 (37.23)				
2	Gibson, Ben	53	Almaden Masters-38	1:15.80	1:10.02	19
	33.23	1:10.02 (36.79)				
3	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	1:20.00	1:13.28	18
	34.77	1:13.28 (38.51)				
4	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	1:25.00	1:16.14	17
	36.06	1:16.14 (40.08)				
5	Downey, Daniel P	54	Marcia's Enthusiastic Masters-38	1:21.77	1:18.42	16
	37.40	1:18.42 (41.02)				

Men 50-54 200 Yard Breaststroke

NATL: 2:07.25 ! 3/30/2014 **DAVID GUTHRIE**
PAC: 2:17.16 # 12/31/1996 **Robert Strand**

1	Wood, Brent	52	Uc38	2:32.49	2:34.30	21
	33.42	1:11.88 (38.46)	1:52.76 (40.88)	2:34.30 (41.54)		
2	Downey, Daniel P	54	Marcia's Enthusiastic Masters-38	2:57.55	3:01.03	19
	42.60	1:28.17 (45.57)	2:15.44 (47.27)	3:01.03 (45.59)		
3	Arias, Bernard	52	University of San Francisco Ma-38	3:21.43	3:24.08	18
	46.18	1:38.64 (52.46)	2:30.43 (51.79)	3:24.08 (53.65)		

Men 50-54 50 Yard Butterfly

NATL: 23.19 ! 4/25/2004 **TRIP HEDRICK**
PAC: 23.52 # 12/31/2009 **John Oberto**

1	Lane, Will H	51	Fresno Dolphins Masters Swim T-38	25.08	24.91	21
2	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	27.69	26.76	19
3	Winsor, Brad	50	Davis Aquatic Masters-38	27.13	26.78	18
4	Gibson, Ben	53	Almaden Masters-38	25.15	26.83	17
5	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	27.19	27.88	16
6	Wood, Brent	52	Uc38	27.65	27.96	15
7	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	29.37	28.36	14
8	Sosnowski, Thomas	53	Almaden Masters-38	28.90	28.52	13
9	Wilkinson, Jim	52	Morgan Hill Splash Masters-38	45.00	28.53	12
10	Ishaug, Brian	52	Club Hot Tub-38	30.58	29.09	11
11	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	30.00	29.27	10
12	Burd, Greg	50	Almaden Masters-38	30.35	30.47	9

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 50 Yard Butterfly)**

13	Burger, John	52	Club Hot Tub-38	31.00	31.68	8
14	Hnatek, Jeff	52	Quicksilver Masters-38	31.00	36.00	7
15	Sarkis, Hormoz	50	Almaden Masters-38	50.00	43.87	6

Men 50-54 100 Yard Butterfly

NATL: 51.73 ! 5/12/2013 DAVID SIMS

PAC: 51.93 # 12/31/2008 Paul V Carter

1	Gibson, Ben	53	Almaden Masters-38	56.33	58.12	21
	26.69		58.12 (31.43)			
2	Collazos, Daniel	52	Marcia's Enthusiastic Masters-38	59.00	59.10	19
	28.11		59.10 (30.99)			
3	Winsor, Brad	50	Davis Aquatic Masters-38	1:04.00	59.26	18
	27.78		59.26 (31.48)			
4	Jeffery, Kevin	50	Uc38	1:04.00	1:03.80	17
	29.89		1:03.80 (33.91)			
5	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	1:04.81	1:05.30	16
	30.91		1:05.30 (34.39)			
6	Ishaug, Brian	52	Club Hot Tub-38	1:08.92	1:07.42	15
	31.80		1:07.42 (35.62)			
7	Fahlen, Mark	50	Oakdale Aquatic Masters-38	1:10.00	1:08.80	14
	32.34		1:08.80 (36.46)			

Men 50-54 200 Yard Butterfly

NATL: 1:58.49 ! 4/29/2016 DAVID SIMS

PAC: 2:00.77 # 5/3/2014 Darren D Phalen

1	Winsor, Brad	50	Davis Aquatic Masters-38	2:19.00	2:20.85	21
	30.97		1:06.82 (35.85) 1:44.06 (37.24) 2:20.85 (36.79)			
2	Jegers, Daniel	52	Marcia's Enthusiastic Masters-38	2:40.78	2:47.18	19
	36.42		1:20.22 (43.80) 2:06.47 (46.25) 2:47.18 (40.71)			

Men 50-54 100 Yard IM

NATL: 53.60 ! 4/29/2017 MIKE IRVIN

PAC: 55.82 # 12/31/2009 John Oberto

1	Wood, Brent	52	Uc38	1:04.26	1:02.46	21
	29.86		1:02.46 (32.60)			
2	Gibson, Ben	53	Almaden Masters-38	59.61	1:02.93	19
	29.12		1:02.93 (33.81)			
3	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	1:06.50	1:06.56	18
	29.55		1:06.56 (37.01)			
4	Sosnowski, Thomas	53	Almaden Masters-38	1:09.90	1:07.16	17
	32.22		1:07.16 (34.94)			
5	Fahlen, Mark	50	Oakdale Aquatic Masters-38	1:10.00	1:08.26	16
	33.12		1:08.26 (35.14)			
6	Erickson, Douglas	50	Rolling Hills Mud Sharks-38	1:10.00	1:09.72	15
	33.01		1:09.72 (36.71)			
7	Burd, Greg	50	Almaden Masters-38	1:18.00	1:10.64	14
	34.55		1:10.64 (36.09)			
8	Nam, Jimmy	53	Rolling Hills Mud Sharks-38	1:30.00	1:11.52	13
	33.73		1:11.52 (37.79)			
9	Downey, Daniel P	54	Marcia's Enthusiastic Masters-38	1:12.75	1:11.58	12
	33.48		1:11.58 (38.10)			
10	Ngo, Minh	50	Marcia's Enthusiastic Masters-38	1:32.00	1:22.72	11
	39.58		1:22.72 (43.14)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 50-54 100 Yard IM)**

11	Arias, Bernard	52	University of San Francisco Ma-38	1:25.13	1:29.08	10
	42.38		1:29.08 (46.70)			

Men 50-54 200 Yard IMNATL: **1:58.19** ! 3/11/2017 **MIKE IRVIN**PAC: **2:00.66** # 5/4/2014 **Darren D Phalen**

1	Hamilton, Rick	54	Manatee Aquatic Masters Inc-38	2:15.69	2:14.77	21
	28.76		1:00.71 (31.95) 1:42.07 (41.36) 2:14.77 (32.70)			
2	Gibson, Ben	53	Almaden Masters-38	2:14.73	2:17.08	19
	28.29		1:05.43 (37.14) 1:44.66 (39.23) 2:17.08 (32.42)			
3	Fahlen, Mark	50	Oakdale Aquatic Masters-38	2:30.00	2:26.53	18
	31.87		1:11.59 (39.72) 1:54.21 (42.62) 2:26.53 (32.32)			
4	Downey, Daniel P	54	Marcia's Enthusiastic Masters-38	2:47.09	2:40.33	17
	34.81		1:18.23 (43.42) 2:03.04 (44.81) 2:40.33 (37.29)			

Men 50-54 400 Yard IMNATL: **4:16.57** ! 5/2/2014 **DARREN PHELAN**PAC: **4:16.57** # 5/2/2014 **Darren D Phalen**

1	Ghilardi, Nico	51	San Mateo Masters-38	5:00.00	4:39.17	21
	28.87		1:02.27 (33.40) 1:39.98 (37.71) 2:17.68 (37.70)			
	2:56.78 (39.10)		3:35.97 (39.19) 4:08.09 (32.12) 4:39.17 (31.08)			
2	Gibson, Ben	53	Almaden Masters-38	4:50.00	4:57.53	19
	28.83		1:02.65 (33.82) 1:43.16 (40.51) 2:23.17 (40.01)			
	3:05.30 (42.13)		3:48.16 (42.86) 4:23.29 (35.13) 4:57.53 (34.24)			
3	Langner, Mikael	53	Manatee Aquatic Masters Inc-38	5:25.00	5:17.58	18
	32.20		1:11.97 (39.77) 1:53.48 (41.51) 2:32.72 (39.24)			
	3:19.26 (46.54)		4:06.13 (46.87) 4:43.02 (36.89) 5:17.58 (34.56)			

Men 55-59 50 Yard FreestyleNATL: **21.82** ! 4/30/2000 **RICHARD ABRAHAMS**PAC: **22.79** # 5/4/2008 **Jim Griffith**

1	Carpenter, Michael	57	Club Hot Tub-38	27.00	25.29	21
2	Bond, Herman	59	Club Hot Tub-38	27.50	25.33	19
3	Boegman, John	59	Club Hot Tub-38	26.50	25.38	18
4	Asplund, Terry	56	Club Hot Tub-38	25.50	25.84	17
5	Chao, Hector	58	Walnut Creek Masters-38	26.02	25.88	16
6	Gjerde, Anders	59	Club Hot Tub-38	27.00	26.49	15
7	Dibley, David	57	Walnut Creek Masters-38	27.41	27.24	14
8	Frydendahl, Jan	59	Club Hot Tub-38	26.85	27.64	13
9	Harrel, Micah	55	Almaden Masters-38	28.19	28.11	12
10	Cocca, Christopher	56	Menlo Masters-38	28.00	28.33	11
11	Navarro II, Mario A	58	Club Hot Tub-38	28.00	28.45	10
12	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	29.00	28.92	9
13	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	34.00	30.55	8

Men 55-59 100 Yard FreestyleNATL: **48.37** ! 4/30/2000 **RICHARD ABRAHAMS**PAC: **50.21** # 12/31/2008 **Jim Griffith**

1	Boegman, John	59	Club Hot Tub-38	57.90	55.77	21
	27.06		55.77 (28.71)			
2	Bond, Herman	59	Club Hot Tub-38	58.00	58.07	19
	27.44		58.07 (30.63)			
3	Asplund, Terry	56	Club Hot Tub-38	58.70	58.16	18
	27.85		58.16 (30.31)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 55-59 100 Yard Freestyle)**

4	Carpenter, Michael	57	Club Hot Tub-38	58.00	58.54	17
	28.41	58.54	(30.13)			
5	Frydendahl, Jan	59	Club Hot Tub-38	58.99	59.58	16
	29.45	59.58	(30.13)			
6	King, Ian E	59	Walnut Creek Masters-38	58.56	1:00.32	15
	29.07	1:00.32	(31.25)			
7	Gjerde, Anders	59	Club Hot Tub-38	1:02.00	1:01.07	14
	29.38	1:01.07	(31.69)			
8	Mangold, Paul	58	Tri Valley Masters-38	1:05.58	1:02.67	13
	30.36	1:02.67	(32.31)			
9	Harrel, Micah	55	Almaden Masters-38	1:03.19	1:02.76	12
	29.84	1:02.76	(32.92)			
10	Dibley, David	57	Walnut Creek Masters-38	1:03.67	1:03.84	11
	30.31	1:03.84	(33.53)			
11	Lopez, David	56	Marcia's Enthusiastic Masters-38	1:06.40	1:03.87	10
	30.44	1:03.87	(33.43)			
12	Navarro II, Mario A	58	Club Hot Tub-38	58.00	1:05.08	9
	30.40	1:05.08	(34.68)			
13	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	1:11.00	1:07.45	8
	32.27	1:07.45	(35.18)			
14	Wan, Danny	58	Marcia's Enthusiastic Masters-38	1:20.00	1:13.84	7
	35.79	1:13.84	(38.05)			

Men 55-59 200 Yard FreestyleNATL: **1:48.79** ! 4/10/2010 **MICHAEL MANN**PAC: **1:51.58** # 4/7/2017 **David E Boatwrigth**

1	Shaffer, Mike G	56	Club Hot Tub-38	2:06.12	1:55.33	21	
	27.46	57.14	(29.68)	1:26.59	(29.45)	1:55.33	(28.74)
2	Frydendahl, Jan	59	Club Hot Tub-38	2:11.50	2:07.65	19	
	30.55	1:02.85	(32.30)	1:35.49	(32.64)	2:07.65	(32.16)
3	Goode, John	55	Mountain View Masters-38	2:25.00	2:17.72	18	
	33.03	1:08.15	(35.12)	1:43.05	(34.90)	2:17.72	(34.67)
4	Mangold, Paul	58	Tri Valley Masters-38	2:22.91	2:22.43	17	
	33.29	1:08.97	(35.68)	1:45.92	(36.95)	2:22.43	(36.51)
5	Dibley, David	57	Walnut Creek Masters-38	2:32.38	2:31.98	16	
	32.51	1:10.12	(37.61)	1:51.13	(41.01)	2:31.98	(40.85)
---	Boegman, John	59	Club Hot Tub-38	2:08.00	DQ		
	28.53	59.53	(31.00)	1:31.51	(31.98)	DQ	(31.87)

Men 55-59 200 Yard FreestyleNATL: **1:48.79** ! 4/10/2010 **MICHAEL MANN**PAC: **1:51.58** # 4/7/2017 **David E Boatwrigth**

1	King, Ian E	59	Walnut Creek Masters-38	NT	2:14.98	
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Men 55-59 500 Yard FreestyleNATL: **4:56.82** ! 4/11/2010 **MICHAEL MANN**PAC: **5:09.48** # 12/31/2005 **Jim Clemmons**

1	Shaffer, Mike G	56	Club Hot Tub-38	5:38.27	5:09.01 #	21		
	28.42	59.33	(30.91)	1:30.64	(31.31)	2:02.07	(31.43)	
	2:33.69	(31.62)	3:05.48	(31.79)	3:37.02	(31.54)	4:08.14	(31.12)
	4:38.85	(30.71)	5:09.01	(30.16)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 55-59 500 Yard Freestyle)**

2	Remmert, Greg	59	Walnut Creek Masters-38	5:38.86	5:45.41	19
	30.78	1:03.32 (32.54)	1:37.10 (33.78)	2:11.32 (34.22)		
	2:46.24 (34.92)	3:21.64 (35.40)	3:57.21 (35.57)	4:32.91 (35.70)		
	5:09.35 (36.44)	5:45.41 (36.06)				
3	Boegman, John	59	Club Hot Tub-38	5:59.00	5:49.05	18
	31.34	1:05.97 (34.63)	1:41.10 (35.13)	2:16.63 (35.53)		
	2:52.42 (35.79)	3:27.58 (35.16)	4:03.19 (35.61)	4:38.63 (35.44)		
	5:14.20 (35.57)	5:49.05 (34.85)				
4	Goode, John	55	Mountain View Masters-38	5:50.00	6:08.56	17
	33.45	1:09.13 (35.68)	1:45.23 (36.10)	2:22.52 (37.29)		
	2:59.89 (37.37)	3:37.03 (37.14)	4:14.30 (37.27)	4:52.20 (37.90)		
	5:30.96 (38.76)	6:08.56 (37.60)				
5	King, Ian E	59	Walnut Creek Masters-38	6:10.54	6:09.72	16
	33.24	1:09.64 (36.40)	1:46.94 (37.30)	2:24.76 (37.82)		
	3:01.57 (36.81)	3:38.95 (37.38)	4:16.85 (37.90)	4:55.37 (38.52)		
	5:32.96 (37.59)	6:09.72 (36.76)				
6	O'Brien, Patrick	58	Club Hot Tub-38	6:15.00	6:10.53	15
	34.90	1:11.09 (36.19)	1:48.66 (37.57)	2:27.15 (38.49)		
	3:04.91 (37.76)	3:42.64 (37.73)	4:20.45 (37.81)	4:57.79 (37.34)		
	5:35.02 (37.23)	6:10.53 (35.51)				
7	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	7:05.00	6:52.53	14
	37.48	1:17.38 (39.90)	1:58.43 (41.05)	2:40.01 (41.58)		
	3:21.96 (41.95)	4:03.78 (41.82)	4:46.01 (42.23)	5:29.02 (43.01)		
	6:11.47 (42.45)	6:52.53 (41.06)				

Men 55-59 1000 Yard Freestyle

NATL: 10:07.36 ! 5/14/2006 JIM MC CONICA

PAC: 10:33.13 # 12/31/2005 Jim Clemmons

1	Cocca, Christopher	56	Menlo Masters-38	14:00.00	13:39.93	21
	38.57	1:19.47 (40.90)	2:00.91 (41.44)	2:42.53 (41.62)		
	3:24.37 (41.84)	4:06.40 (42.03)	4:48.15 (41.75)	5:29.54 (41.39)		
	6:11.22 (41.68)	6:53.37 (42.15)	7:36.02 (42.65)	8:17.91 (41.89)		
	8:59.95 (42.04)	10:23.15 (1:23.20)	11:03.44 (40.29)	11:43.54 (40.10)		
	12:23.55 (40.01)	13:03.15 (39.60)	13:39.93 (36.78)			

Men 55-59 1650 Yard Freestyle

NATL: 17:11.12 ! 5/20/2007 JIM MC CONICA

PAC: 17:40.12 # 12/31/2005 Jim Clemmons

1	Shaffer, Mike G	56	Club Hot Tub-38	18:39.07	17:37.07 #	21
	29.26	1:01.14 (31.88)	1:33.49 (32.35)	2:05.77 (32.28)		
	2:38.24 (32.47)	3:10.74 (32.50)	3:42.98 (32.24)	4:15.16 (32.18)		
	4:47.43 (32.27)	5:19.74 (32.31)	5:52.07 (32.33)	6:24.35 (32.28)		
	6:56.82 (32.47)	7:29.28 (32.46)	8:01.59 (32.31)	8:34.06 (32.47)		
	9:06.40 (32.34)	9:38.59 (32.19)	10:10.86 (32.27)	10:43.08 (32.22)		
	11:15.17 (32.09)	11:47.49 (32.32)	12:19.73 (32.24)	12:52.13 (32.40)		
	13:24.36 (32.23)	13:56.59 (32.23)	14:28.96 (32.37)	15:01.35 (32.39)		
	15:33.45 (32.10)	16:05.08 (31.63)	16:36.61 (31.53)	17:07.71 (31.10)	17:37.07 (29.36)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 55-59 1650 Yard Freestyle)**

2	Goode, John	55	Mountain View Masters-38	21:00.00	20:58.03	19
	34.80	1:12.66 (37.86)	1:51.23 (38.57)	2:29.66 (38.43)		
	3:08.36 (38.70)	3:46.08 (37.72)	4:23.84 (37.76)	5:02.11 (38.27)		
	5:40.32 (38.21)	6:18.44 (38.12)	6:56.22 (37.78)	7:34.32 (38.10)		
	8:12.65 (38.33)	8:50.71 (38.06)	9:29.04 (38.33)	10:06.85 (37.81)		
	10:44.73 (37.88)	11:23.32 (38.59)	12:01.57 (38.25)	12:39.70 (38.13)		
	13:17.90 (38.20)	13:56.44 (38.54)	14:34.36 (37.92)	15:12.49 (38.13)		
	15:50.85 (38.36)	16:29.40 (38.55)	17:08.46 (39.06)	17:47.15 (38.69)		
	18:25.96 (38.81)	19:05.02 (39.06)	19:43.35 (38.33)	20:21.72 (38.37)	20:58.03 (36.31)	
3	King, Ian E	59	Walnut Creek Masters-38	21:26.34	21:56.48	18
	35.39	1:14.08 (38.69)	1:53.28 (39.20)	2:32.94 (39.66)		
	3:12.10 (39.16)	3:52.01 (39.91)	4:31.36 (39.35)	5:11.06 (39.70)		
	5:50.81 (39.75)	6:30.87 (40.06)	7:10.84 (39.97)	7:50.81 (39.97)		
	8:30.96 (40.15)	9:10.96 (40.00)	9:51.19 (40.23)	10:31.83 (40.64)		
	11:11.95 (40.12)	11:52.03 (40.08)	12:32.24 (40.21)	13:12.38 (40.14)		
	13:52.75 (40.37)	14:33.19 (40.44)	15:13.60 (40.41)	15:54.04 (40.44)		
	16:34.67 (40.63)	17:15.47 (40.80)	17:55.72 (40.25)	18:36.44 (40.72)		
	19:17.12 (40.68)	19:57.26 (40.14)	20:37.90 (40.64)	21:17.93 (40.03)	21:56.48 (38.55)	
4	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	25:40.00	26:02.91	17
	44.52	1:32.13 (47.61)	2:20.62 (48.49)	3:09.53 (48.91)		
	3:57.92 (48.39)	4:46.72 (48.80)	5:35.77 (49.05)	6:25.27 (49.50)		
	7:14.57 (49.30)	8:03.95 (49.38)	8:51.52 (47.57)	9:39.06 (47.54)		
	10:26.53 (47.47)	11:14.28 (47.75)	12:01.49 (47.21)	12:49.13 (47.64)		
	13:36.75 (47.62)	14:24.71 (47.96)	15:12.27 (47.56)	15:59.85 (47.58)		
	16:46.65 (46.80)	17:34.11 (47.46)	18:21.29 (47.18)	19:08.79 (47.50)		
	19:55.81 (47.02)	20:42.35 (46.54)	21:28.96 (46.61)	22:14.84 (45.88)		
	23:01.12 (46.28)	23:47.19 (46.07)	24:33.78 (46.59)	25:19.78 (46.00)	26:02.91 (43.13)	

Men 55-59 50 Yard Backstroke

NATL: 25.30 ! 3/23/2019 FRITZ BEDFORD

PAC: 26.62 # 6/30/2011 Philipp Djang

1	Shaffer, Mike G	56	Club Hot Tub-38	28.85	28.60	21
2	Chao, Hector	58	Walnut Creek Masters-38	30.02	29.38	19
3	Reeves, Gevan	55	Club Hot Tub-38	33.80	33.75	18
4	Dibley, David	57	Walnut Creek Masters-38	36.87	36.47	17
5	Wu, Long	56	Marcia's Enthusiastic Masters-38	1:00.00	45.80	16

Men 55-59 100 Yard Backstroke

NATL: 53.81 ! 2/25/2017 STEVE WOOD

PAC: 56.56 # 7/24/2021 Brian A Jones

1	Chao, Hector	58	Walnut Creek Masters-38	1:02.52	1:02.54	21
	30.46	1:02.54 (32.08)				
2	King, Ian E	59	Walnut Creek Masters-38	1:12.75	1:13.12	19
	35.91	1:13.12 (37.21)				
3	Dibley, David	57	Walnut Creek Masters-38	1:25.89	1:31.03	18
	45.45	1:31.03 (45.58)				
4	Wu, Long	56	Marcia's Enthusiastic Masters-38	2:00.00	1:38.04	17
	47.95	1:38.04 (50.09)				

Men 55-59 200 Yard Backstroke

NATL: 2:03.14 ! 3/31/2012 TOM BARTON

PAC: 2:03.17 # 7/25/2021 Brian A Jones

1	Shaffer, Mike G	56	Club Hot Tub-38	2:14.22	2:11.30	21
	31.81	1:05.69 (33.88)	1:39.43 (33.74)	2:11.30 (31.87)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 55-59 200 Yard Backstroke)**

2	Chao, Hector	58	Walnut Creek Masters-38	2:18.02	2:18.49	19
	32.53	1:07.44 (34.91)	1:43.16 (35.72)	2:18.49 (35.33)		
3	Doyas, Greg	59	Fremont Hills Masters-38	2:21.00	2:22.18	18
	33.16	1:08.32 (35.16)	1:45.31 (36.99)	2:22.18 (36.87)		
4	King, Ian E	59	Walnut Creek Masters-38	2:42.19	2:40.15	17
	38.85	1:19.88 (41.03)	2:00.43 (40.55)	2:40.15 (39.72)		
5	Goode, John	55	Mountain View Masters-38	2:45.00	2:44.18	16
	40.25	1:21.54 (41.29)	2:02.96 (41.42)	2:44.18 (41.22)		
6	Lopez, David	56	Marcia's Enthusiastic Masters-38	2:49.57	2:52.82	15
	41.16	1:23.84 (42.68)	2:09.02 (45.18)	2:52.82 (43.80)		
7	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	3:40.00	3:31.68	14
	50.79	1:44.83 (54.04)	2:39.43 (54.60)	3:31.68 (52.25)		
8	Wu, Long	56	Marcia's Enthusiastic Masters-38	4:00.00	3:45.01	13
	51.65	1:49.07 (57.42)	2:48.38 (59.31)	3:45.01 (56.63)		

Men 55-59 50 Yard Breaststroke

NATL: 26.32 ! 4/27/2019 CARLO TRAVAINI

PAC: 28.71 # 12/31/2003 Don Mc Kenzie

1	Mangold, Paul	58	Tri Valley Masters-38	39.90	36.56	21
2	Wu, Long	56	Marcia's Enthusiastic Masters-38	41.00	36.74	19
3	Navarro II, Mario A	58	Club Hot Tub-38	34.05	37.75	18
4	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	37.14	38.51	17
5	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	45.00	39.84	16
	23.32	39.84 (16.52)				

Men 55-59 100 Yard Breaststroke

NATL: 57.95 ! 5/13/2018 CARLO TRAVAINI

PAC: 1:03.22 # 12/31/2001 Robert Strand

1	Tittle, Kenneth W	59	Club Hot Tub-38	1:11.06	1:11.64	21
	33.59	1:11.64 (38.05)				
2	Wu, Long	56	Marcia's Enthusiastic Masters-38	1:29.00	1:20.59	19
	39.17	1:20.59 (41.42)				
3	Lopez, David	56	Marcia's Enthusiastic Masters-38	1:30.24	1:26.96	18
	40.32	1:26.96 (46.64)				
4	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	1:26.22	1:29.11	17
	42.85	1:29.11 (46.26)				
5	Wan, Danny	58	Marcia's Enthusiastic Masters-38	1:40.00	1:42.16	16
	49.77	1:42.16 (52.39)				

Men 55-59 200 Yard Breaststroke

NATL: 2:07.80 ! 5/12/2018 CARLO TRAVAINI

PAC: 2:20.49 # 12/31/2001 Robert Strand

1	Goode, John	55	Mountain View Masters-38	2:45.00	2:49.26	21
	38.56	1:21.27 (42.71)	2:05.27 (44.00)	2:49.26 (43.99)		
2	Wu, Long	56	Marcia's Enthusiastic Masters-38	3:10.00	2:57.84	19
	41.35	1:26.38 (45.03)	2:13.28 (46.90)	2:57.84 (44.56)		
3	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	3:45.00	3:13.31	18
	44.67	1:32.48 (47.81)	2:23.09 (50.61)	3:13.31 (50.22)		
4	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	2:55.00	3:17.98	17
	44.12	1:33.57 (49.45)	2:26.13 (52.56)	3:17.98 (51.85)		
5	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	3:45.00	3:30.68	16
	49.63	1:43.66 (54.03)	2:39.19 (55.53)	3:30.68 (51.49)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 55-59 50 Yard Butterfly**

NATL: 23.57 ! 7/25/2021 STEVE HILTABIDDLE

PAC: 24.39 # 5/1/2016 Paul V Carter

1	Tittle, Kenneth W	59	Club Hot Tub-38	25.85	26.57	21
2	Remmert, Greg	59	Walnut Creek Masters-38	28.00	26.94	19
3	Chao, Hector	58	Walnut Creek Masters-38	28.02	27.66	18
4	Carpenter, Michael	57	Club Hot Tub-38	30.00	28.49	17
5	Frydendahl, Jan	59	Club Hot Tub-38	28.80	28.68	16
6	Bond, Herman	59	Club Hot Tub-38	35.00	29.13	15
7	Bucter, Peter	57	Quicksilver Masters-38	30.00	29.34	14
8	Dibley, David	57	Walnut Creek Masters-38	29.76	30.28	13
9	Harrel, Micah	55	Almaden Masters-38	34.00	34.59	12
10	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	39.00	34.81	11
---	Porat, Amir	57	Club Hot Tub-38	50.00	DQ	

Men 55-59 100 Yard Butterfly

NATL: 53.32 ! 7/24/2021 STEVE HILTABIDDLE

PAC: 53.90 # 5/12/2013 Paul V Carter

1	Tittle, Kenneth W	59	Club Hot Tub-38	57.93	57.87	21
	27.75		57.87 (30.12)			
2	Chao, Hector	58	Walnut Creek Masters-38	1:02.02	1:00.69	19
	29.81		1:00.69 (30.88)			
3	Frydendahl, Jan	59	Club Hot Tub-38	1:07.50	1:07.96	18
	32.21		1:07.96 (35.75)			
4	Lopez, David	56	Marcia's Enthusiastic Masters-38	1:24.60	1:22.28	17
	39.21		1:22.28 (43.07)			

Men 55-59 200 Yard Butterfly

NATL: 2:01.59 ! 5/12/2018 DAVID SIMS

PAC: 2:11.66 # 12/31/2008 Jim Griffith

1	Shaffer, Mike G	56	Club Hot Tub-38	2:14.73	2:08.47 #	21
	28.85		1:01.42 (32.57)	1:33.88 (32.46)	2:08.47 (34.59)	
2	Tittle, Kenneth W	59	Club Hot Tub-38	2:22.06	2:21.47	19
	32.71		1:08.95 (36.24)	1:47.27 (38.32)	2:21.47 (34.20)	
3	Lopez, David	56	Marcia's Enthusiastic Masters-38	3:29.09	3:20.08	18
	44.82		1:37.14 (52.32)	2:30.31 (53.17)	3:20.08 (49.77)	
4	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	4:15.00	3:36.08	17
	49.81		1:44.95 (55.14)	2:40.74 (55.79)	3:36.08 (55.34)	

Men 55-59 100 Yard IM

NATL: 55.09 ! 4/26/2019 CARLO TRAVAINI

PAC: 58.23 # 4/29/2017 Paul V Carter

1	Bucter, Peter	57	Quicksilver Masters-38	1:07.00	1:04.95	21
	31.05		1:04.95 (33.90)			
2	Carpenter, Michael	57	Club Hot Tub-38	1:10.00	1:06.38	19
	30.57		1:06.38 (35.81)			
*3	Reeves, Gevan	55	Club Hot Tub-38	1:16.50	1:11.90	17.50
	33.67		1:11.90 (38.23)			
*3	Goode, John	55	Mountain View Masters-38	1:10.00	1:11.90	17.50
	34.50		1:11.90 (37.40)			
5	Navarro II, Mario A	58	Club Hot Tub-38	1:09.00	1:16.14	16
	35.95		1:16.14 (40.19)			
6	Dibley, David	57	Walnut Creek Masters-38	1:18.24	1:16.98	15
	35.77		1:16.98 (41.21)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 55-59 100 Yard IM)**

7	Harrel, Micah	55	Almaden Masters-38	1:19.14	1:17.52	14
	36.20	1:17.52 (41.32)				
8	Ardourel, Franck	57	Marcia's Enthusiastic Masters-38	1:20.00	1:18.04	13
	36.27	1:18.04 (41.77)				
9	Foster, Jeffrey	55	Marcia's Enthusiastic Masters-38	1:30.00	1:19.86	12
	39.07	1:19.86 (40.79)				
10	Wu, Long	56	Marcia's Enthusiastic Masters-38	1:37.00	1:23.81	11
	42.30	1:23.81 (41.51)				
11	Wan, Danny	58	Marcia's Enthusiastic Masters-38	1:35.00	1:30.12	10
	43.71	1:30.12 (46.41)				

Men 55-59 200 Yard IM

NATL: 2:02.25 ! 5/13/2018 DAVID SIMS

PAC: 2:08.65 # 4/28/2017 Paul V Carter

1	Shaffer, Mike G	56	Club Hot Tub-38	2:16.89	2:14.18	21
	27.90	1:02.83 (34.93)	1:44.07 (41.24)	2:14.18 (30.11)		
2	Carpenter, Michael	57	Club Hot Tub-38	2:30.00	2:27.62	19
	31.51	1:09.70 (38.19)	1:53.02 (43.32)	2:27.62 (34.60)		
3	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	3:45.00	3:17.31	18
	47.44	1:39.14 (51.70)	2:35.43 (56.29)	3:17.31 (41.88)		

Men 55-59 400 Yard IM

NATL: 4:28.66 ! 5/2/2014 JIM SAUER

PAC: 4:40.84 # 12/31/2005 Jim Clemmons

1	Goode, John	55	Mountain View Masters-38	5:45.00	5:46.38	21
	38.92	1:25.44 (46.52)	2:10.48 (45.04)	2:53.51 (43.03)		
	3:42.91 (49.40)	4:31.50 (48.59)	5:11.06 (39.56)	5:46.38 (35.32)		
2	Inchausti, Robert	59	Marcia's Enthusiastic Masters-38	7:45.00	7:04.19	19
	49.50	1:44.08 (54.58)	2:39.81 (55.73)	3:36.61 (56.80)		
	4:32.78 (56.17)	5:30.34 (57.56)	6:19.00 (48.66)	7:04.19 (45.19)		

Men 60-64 50 Yard Freestyle

NATL: 22.30 ! 5/22/2005 RICHARD ABRAHAMS

PAC: 23.59 # 11/7/2021 David E Boatwright

1	Short, Charlie	63	Morgan Hill Splash Masters-38	26.50	26.40	21
2	Pettibone, Chip	60	Santa Rosa Masters-38	26.60	26.69	19
3	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	35.00	27.98	18
4	Jolly, James C	64	Morgan Hill Splash Masters-38	29.98	28.52	17
5	St Marseille, Marc	62	Walnut Creek Masters-38	28.91	28.91	16

Men 60-64 50 Yard Freestyle

NATL: 22.30 ! 5/22/2005 RICHARD ABRAHAMS

PAC: 23.59 # 11/7/2021 David E Boatwright

1	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	NT	24.07	
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Men 60-64 100 Yard Freestyle

NATL: 49.14 ! 5/22/2005 RICHARD ABRAHAMS

PAC: 52.37 # 11/7/2021 David Boatwright

1	Harvill, Tom	60	Wildcat Alumni Masters-38	52.99	50.92 #	21
	24.69	50.92 (26.23)				
2	Keighley, Tim	60	Quicksilver Masters-38	57.00	55.52	19
	26.75	55.52 (28.77)				
3	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	58.64	58.50	18
	28.09	58.50 (30.41)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 60-64 100 Yard Freestyle)**

4	Ottati, Dean	61	Walnut Creek Masters-38	1:01.00	1:01.26	17
	29.81		1:01.26 (31.45)			
5	St Marseille, Marc	62	Walnut Creek Masters-38	1:03.38	1:03.83	16
	31.10		1:03.83 (32.73)			
6	Carlson, Eric	61	Streamliners-38	1:00.00	1:04.03	15
	30.97		1:04.03 (33.06)			
7	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	1:05.00	1:04.56	14
	31.95		1:04.56 (32.61)			
8	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	1:10.00	1:07.83	13
	31.48		1:07.83 (36.35)			
9	Muller Pereira, Carlos	63	Quicksilver Masters-38	1:10.00	1:08.54	12
	33.12		1:08.54 (35.42)			
10	Young, Stephen L	63	University of San Francisco Ma-38	2:00.00	1:40.40	11
	45.88		1:40.40 (54.52)			

Men 60-64 200 Yard FreestyleNATL: **1:51.08** ! 4/24/2015 **RICK COLELLA**PAC: **1:55.25** # 5/1/2011 **Tim Broderick**

1	Richards, Kirk	60	San Mateo Masters-38	2:05.00	2:05.80	21
	28.75		1:00.20 (31.45)	1:32.92 (32.72)	2:05.80 (32.88)	
2	Keighley, Tim	60	Quicksilver Masters-38	2:10.47	2:05.93	19
	28.15		58.89 (30.74)	1:31.90 (33.01)	2:05.93 (34.03)	
3	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	2:12.64	2:07.10	18
	29.41		1:01.69 (32.28)	1:34.24 (32.55)	2:07.10 (32.86)	
4	Brancamp, David	60	Sierra Nevada Masters-38	2:16.32	2:13.52	17
	30.80		1:04.31 (33.51)	1:39.31 (35.00)	2:13.52 (34.21)	
5	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	2:30.00	2:28.40	16
	34.24		1:12.46 (38.22)	1:51.58 (39.12)	2:28.40 (36.82)	
6	Campbell, Chris	61	Mountain View Masters-38	2:38.00	2:37.89	15
	36.90		1:16.08 (39.18)	1:56.60 (40.52)	2:37.89 (41.29)	
7	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	2:55.00	2:47.47	14
	38.98		1:20.82 (41.84)	2:05.01 (44.19)	2:47.47 (42.46)	
8	St Marseille, Marc	62	Walnut Creek Masters-38	2:29.00	2:50.14	13
	32.16		1:07.17 (35.01)	1:53.29 (46.12)	2:50.14 (56.85)	
9	Chew, Thomas C	64	Marcia's Enthusiastic Masters-38	3:59.99	3:05.37	12
	40.51		1:25.80 (45.29)	2:14.56 (48.76)	3:05.37 (50.81)	

Men 60-64 500 Yard FreestyleNATL: **5:11.17** ! 4/29/2012 **JIM MC CONICA**PAC: **5:13.68** # 12/31/2010 **Jim Clemmons**

1	Evans, Mark	64	Santa Rosa Masters-38	5:35.00	5:36.88	21
	30.56		1:03.71 (33.15)	1:37.64 (33.93)	2:11.77 (34.13)	
	2:46.10 (34.33)		3:19.98 (33.88)	3:54.71 (34.73)	4:29.41 (34.70)	
	5:03.79 (34.38)		5:36.88 (33.09)			
2	Keighley, Tim	60	Quicksilver Masters-38	5:50.02	5:47.75	19
	30.71		1:04.65 (33.94)	1:39.68 (35.03)	2:14.65 (34.97)	
	2:49.67 (35.02)		3:24.51 (34.84)	4:00.09 (35.58)	4:36.20 (36.11)	
	5:12.77 (36.57)		5:47.75 (34.98)			
3	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	5:58.64	5:58.72	18
	31.73		1:06.69 (34.96)	1:42.19 (35.50)	2:18.18 (35.99)	
	2:54.49 (36.31)		3:30.68 (36.19)	4:07.34 (36.66)	4:44.36 (37.02)	
	5:21.91 (37.55)		5:58.72 (36.81)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 60-64 500 Yard Freestyle)**

4	Brancamp, David	60	Sierra Nevada Masters-38	6:12.65	6:00.42	17
	32.71	1:08.31 (35.60)	1:44.57 (36.26)	2:21.42 (36.85)		
	2:58.03 (36.61)	3:34.66 (36.63)	4:11.18 (36.52)	4:47.78 (36.60)		
	5:24.22 (36.44)	6:00.42 (36.20)				
5	Mc Cracken, Bill	60	Tri Valley Masters-38	6:15.00	6:25.47	16
	35.00	1:13.00 (38.00)	1:53.70 (40.70)	2:33.01 (39.31)		
	3:12.98 (39.97)	3:51.84 (38.86)	4:30.18 (38.34)	5:09.06 (38.88)		
	5:47.83 (38.77)	6:25.47 (37.64)				
6	Kemler, David S	64	Walnut Creek Masters-38	6:35.15	6:36.73	15
	35.32	1:14.03 (38.71)	1:54.55 (40.52)	2:35.37 (40.82)		
	3:16.47 (41.10)	3:57.57 (41.10)	4:38.30 (40.73)	5:18.35 (40.05)		
	5:57.83 (39.48)	6:36.73 (38.90)				
7	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	7:15.00	6:49.74	14
	38.06	1:20.00 (41.94)	2:02.26 (42.26)	2:44.90 (42.64)		
	3:27.13 (42.23)	4:09.67 (42.54)	4:51.63 (41.96)	5:32.42 (40.79)		
	6:11.99 (39.57)	6:49.74 (37.75)				
8	Campbell, Chris	61	Mountain View Masters-38	7:25.00	7:23.06	13
	39.29	1:21.47 (42.18)	2:04.87 (43.40)	2:49.24 (44.37)		
	3:34.72 (45.48)	4:20.27 (45.55)	5:06.05 (45.78)	5:52.46 (46.41)		
	6:38.34 (45.88)	7:23.06 (44.72)				
9	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	7:45.00	7:44.89	12
	39.66	1:24.00 (44.34)	2:10.95 (46.95)	2:59.40 (48.45)		
	3:48.60 (49.20)	4:36.77 (48.17)	5:24.46 (47.69)	6:12.42 (47.96)		
	6:59.41 (46.99)	7:44.89 (45.48)				
10	Chew, Thomas C	64	Marcia's Enthusiastic Masters-38	10:00.00	8:23.70	11
	42.97	1:32.92 (49.95)		3:16.16 ()		
		4:59.75 ()	5:51.18 (51.43)	6:43.96 (52.78)		
	8:23.70 (1:39.74)					
11	Young, Stephen L	63	University of San Francisco Ma-38	9:25.00	10:14.13	10
	49.94	1:48.19 (58.25)	2:50.88 (1:02.69)	3:54.62 (1:03.74)		
	4:57.71 (1:03.09)	6:02.88 (1:05.17)	7:05.22 (1:02.34)	8:08.38 (1:03.16)		
	9:11.17 (1:02.79)	10:14.13 (1:02.96)				

Men 60-64 1000 Yard Freestyle

NATL: 10:42.16 ! 4/23/2015 MICHAEL MANN

PAC: 10:48.43 # 12/31/2010 Jim Clemmons

1	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	NT	12:29.96	
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Men 60-64 1000 Yard Freestyle

NATL: 10:42.16 ! 4/23/2015 MICHAEL MANN

PAC: 10:48.43 # 12/31/2010 Jim Clemmons

1	Justeson, Jeff A	63	Club Hot Tub-38	12:45.69	12:45.84	21
	34.37	1:13.37 (39.00)	1:52.55 (39.18)	2:31.60 (39.05)		
	3:10.57 (38.97)	3:49.44 (38.87)	4:28.19 (38.75)	5:07.03 (38.84)		
	5:45.99 (38.96)	6:24.64 (38.65)	7:03.91 (39.27)	7:42.08 (38.17)		
	8:20.91 (38.83)	8:59.61 (38.70)	9:38.19 (38.58)	10:16.23 (38.04)		
	10:54.33 (38.10)	11:32.37 (38.04)	12:09.49 (37.12)	12:45.84 (36.35)		
2	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	14:00.00	14:19.96	19
	38.76	1:21.15 (42.39)	2:05.32 (44.17)	2:50.27 (44.95)		
		4:18.75 ()		5:46.55 ()		
	6:29.83 (43.28)	7:14.04 (44.21)	7:56.45 (42.41)	8:39.83 (43.38)		
	9:23.37 (43.54)	10:06.59 (43.22)	10:50.08 (43.49)	11:32.62 (42.54)		
	12:58.37 (1:25.75)	13:39.79 (41.42)	14:19.96 (40.17)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 60-64 1000 Yard Freestyle)**

3	Campbell, Chris	61	Mountain View Masters-38	15:20.00	15:31.41	18
	40.61	1:24.81 (44.20)	2:10.70 (45.89)	2:57.03 (46.33)		
	3:44.13 (47.10)	4:30.49 (46.36)	5:18.04 (47.55)	6:05.48 (47.44)		
	6:53.29 (47.81)	7:40.78 (47.49)	8:27.75 (46.97)	9:15.00 (47.25)		
	10:03.21 (48.21)	10:51.10 (47.89)	11:38.76 (47.66)	12:25.36 (46.60)		
	13:12.37 (47.01)	13:59.14 (46.77)	14:46.12 (46.98)	15:31.41 (45.29)		

Men 60-64 1650 Yard Freestyle

NATL: 17:48.66 ! 2/10/2019 ANDREW BRAY

PAC: 17:59.55 # 12/31/2010 Jim Clemmons

1	Richards, Kirk	60	San Mateo Masters-38	20:00.00	19:10.60	21
	33.68	1:09.34 (35.66)	1:45.29 (35.95)	2:21.26 (35.97)		
	2:57.19 (35.93)	3:33.04 (35.85)	4:08.40 (35.36)	4:43.70 (35.30)		
	5:19.19 (35.49)	5:54.33 (35.14)	6:29.74 (35.41)	7:04.95 (35.21)		
	7:40.29 (35.34)	8:15.43 (35.14)	8:50.99 (35.56)	9:26.13 (35.14)		
	10:00.99 (34.86)	10:35.80 (34.81)	11:10.71 (34.91)	11:45.45 (34.74)		
	12:20.07 (34.62)	12:54.39 (34.32)	13:28.88 (34.49)	14:03.22 (34.34)		
	14:37.75 (34.53)	15:11.85 (34.10)	15:46.07 (34.22)	16:20.35 (34.28)		
	16:54.64 (34.29)	18:03.00 (1:08.36)	18:37.22 (34.22)	19:10.54 (33.32)	19:10.60 (0.06)	
2	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	20:52.65	19:49.44	19
	33.19	1:08.97 (35.78)	1:45.13 (36.16)	2:21.20 (36.07)		
	2:57.44 (36.24)	3:33.78 (36.34)	4:10.24 (36.46)	4:46.62 (36.38)		
	5:22.84 (36.22)	5:59.15 (36.31)	6:35.47 (36.32)	7:11.52 (36.05)		
	7:47.47 (35.95)	8:23.51 (36.04)	8:59.64 (36.13)	9:35.84 (36.20)		
	10:12.25 (36.41)	10:48.36 (36.11)	11:24.47 (36.11)	12:00.87 (36.40)		
	12:37.16 (36.29)	13:13.39 (36.23)	13:49.54 (36.15)	14:25.80 (36.26)		
	15:02.33 (36.53)	15:38.69 (36.36)	16:15.02 (36.33)	16:51.15 (36.13)		
	17:27.22 (36.07)	18:03.25 (36.03)	18:39.15 (35.90)	19:14.68 (35.53)	19:49.44 (34.76)	
3	Brancamp, David	60	Sierra Nevada Masters-38	20:43.63	20:11.44	18
	32.93	1:08.37 (35.44)	1:44.45 (36.08)	2:20.91 (36.46)		
	2:57.18 (36.27)	3:33.76 (36.58)	4:10.41 (36.65)	4:46.98 (36.57)		
	5:23.66 (36.68)	6:00.39 (36.73)	6:36.98 (36.59)	7:13.70 (36.72)		
	7:50.26 (36.56)	8:27.19 (36.93)	9:03.89 (36.70)	9:40.98 (37.09)		
	10:18.03 (37.05)	10:54.56 (36.53)	11:31.47 (36.91)	12:08.26 (36.79)		
	12:44.79 (36.53)	13:21.39 (36.60)	13:58.28 (36.89)	14:35.22 (36.94)		
	15:12.12 (36.90)	15:49.01 (36.89)	16:26.40 (37.39)	17:03.78 (37.38)		
	17:41.39 (37.61)	18:19.06 (37.67)	18:56.80 (37.74)	19:34.35 (37.55)	20:11.44 (37.09)	
4	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	21:00.64	20:35.79	17
	34.11	1:11.16 (37.05)	1:48.61 (37.45)	2:26.00 (37.39)		
	3:03.62 (37.62)	3:41.16 (37.54)	4:19.21 (38.05)	4:56.88 (37.67)		
	5:34.84 (37.96)	6:12.53 (37.69)	6:50.58 (38.05)	7:28.23 (37.65)		
	8:06.08 (37.85)	8:43.78 (37.70)	9:21.52 (37.74)	9:59.23 (37.71)		
	10:36.86 (37.63)	11:14.65 (37.79)	11:52.18 (37.53)	12:29.96 (37.78)		
	13:07.85 (37.89)	13:46.14 (38.29)	14:23.95 (37.81)	15:02.09 (38.14)		
	15:39.40 (37.31)	16:16.79 (37.39)	16:54.34 (37.55)	17:31.63 (37.29)		
	18:08.77 (37.14)	18:46.07 (37.30)	19:22.97 (36.90)	19:59.89 (36.92)	20:35.79 (35.90)	
5	Justeson, Jeff A	63	Club Hot Tub-38	22:00.69	21:33.76	16
	35.30	1:14.73 (39.43)	1:54.61 (39.88)	2:34.07 (39.46)		
	3:13.20 (39.13)	3:52.29 (39.09)	4:31.44 (39.15)	5:10.34 (38.90)		
	5:49.52 (39.18)	6:28.75 (39.23)	7:07.85 (39.10)	7:47.19 (39.34)		
	8:26.62 (39.43)	9:05.85 (39.23)	9:44.96 (39.11)	10:24.31 (39.35)		
	11:03.48 (39.17)	11:42.54 (39.06)	12:21.61 (39.07)	13:00.36 (38.75)		
	13:39.71 (39.35)	14:19.24 (39.53)	14:58.23 (38.99)	15:37.83 (39.60)		
	16:17.31 (39.48)	16:58.29 (40.98)	17:37.99 (39.70)	18:17.42 (39.43)		
	18:59.04 (41.62)	19:38.12 (39.08)	20:17.13 (39.01)	20:56.27 (39.14)	21:33.76 (37.49)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 60-64 1650 Yard Freestyle)**

6	Taylor, Ron	61	Richmond Plunge Masters-38	22:01.53	21:56.43	15
	34.85	1:14.36 (39.51)	1:54.87 (40.51)	2:35.61 (40.74)		
	3:16.15 (40.54)	3:56.45 (40.30)	4:36.73 (40.28)	5:16.94 (40.21)		
	5:57.24 (40.30)	6:37.58 (40.34)	7:17.96 (40.38)	7:58.33 (40.37)		
	8:39.39 (41.06)	9:20.21 (40.82)	10:00.36 (40.15)	10:40.49 (40.13)		
	11:20.63 (40.14)	12:00.61 (39.98)	12:40.68 (40.07)	13:20.49 (39.81)		
	14:00.15 (39.66)	14:40.25 (40.10)	15:19.88 (39.63)	16:00.40 (40.52)		
	16:40.12 (39.72)	17:19.94 (39.82)	18:00.35 (40.41)	18:40.21 (39.86)		
	19:20.50 (40.29)	20:00.46 (39.96)	20:40.07 (39.61)	21:19.00 (38.93)	21:56.43 (37.43)	
7	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	23:55.00	24:10.73	14
	38.75	1:22.04 (43.29)	2:06.18 (44.14)	2:50.90 (44.72)		
	3:35.14 (44.24)	4:19.46 (44.32)	5:02.96 (43.50)	5:47.10 (44.14)		
	6:30.51 (43.41)	7:14.36 (43.85)	7:57.89 (43.53)	8:42.61 (44.72)		
	9:27.38 (44.77)	10:11.58 (44.20)	10:56.45 (44.87)	11:39.74 (43.29)		
	12:24.59 (44.85)	13:09.03 (44.44)	14:37.33 (1:28.30)	15:20.86 (43.53)		
	16:49.62 (1:28.76)	17:33.65 (44.03)	18:19.16 (45.51)			
	19:03.70 ()	19:47.07 (43.37)	20:31.86 (44.79)	22:00.93 (1:29.07)		
	22:44.93 (44.00)	23:29.31 (44.38)	24:10.73 (41.42)			
8	Chew, Thomas C	64	Marcia's Enthusiastic Masters-38	29:59.99	29:53.20	13
	44.98	1:37.77 (52.79)	2:31.99 (54.22)	3:26.98 (54.99)		
	4:20.99 (54.01)	5:15.64 (54.65)	6:11.54 (55.90)	11:36.83 (5:25.29)		
			12:32.19 ()			
			13:27.40 ()			
	15:17.36 ()	16:13.29 (55.93)	17:07.73 (54.44)	18:02.89 (55.16)		
	18:57.85 (54.96)	19:52.34 (54.49)	20:48.33 (55.99)	21:43.78 (55.45)		
	22:38.04 (54.26)	23:32.76 (54.72)	24:28.16 (55.40)	25:22.35 (54.19)		
	26:16.96 (54.61)	27:12.29 (55.33)	28:07.50 (55.21)	29:01.31 (53.81)	29:53.20 (51.89)	
9	Martin, Terry J	61	Quicksilver Masters-38	33:00.00	30:58.62	12
	50.43			3:31.91 ()		
	4:28.29 (56.38)	5:26.04 (57.75)	6:23.00 (56.96)	7:20.36 (57.36)		
	8:17.08 (56.72)	9:13.79 (56.71)	11:05.79 (1:52.00)			
	12:02.12 ()	12:58.22 (56.10)	14:50.53 (1:52.31)	15:47.56 (57.03)		
	19:31.80 (3:44.24)	21:25.36 (1:53.56)	23:22.31 (1:56.95)	24:19.06 (56.75)		
				27:15.61 ()		
	29:10.92 (1:55.31)	30:06.98 (56.06)	30:58.61 (51.63)	32:21.63 (1:23.02)	30:58.62 ()	
10	Young, Stephen L	63	University of San Francisco Ma-38	32:00.00	35:52.76	11
	53.66	1:52.49 (58.83)	2:56.15 (1:03.66)	4:01.57 (1:05.42)		
	5:04.55 (1:02.98)	6:07.73 (1:03.18)	7:10.08 (1:02.35)	8:14.01 (1:03.93)		
	9:19.73 (1:05.72)	10:24.83 (1:05.10)	11:28.88 (1:04.05)	12:34.38 (1:05.50)		
	13:39.19 (1:04.81)	14:45.05 (1:05.86)	15:49.23 (1:04.18)	16:56.16 (1:06.93)		
	18:03.72 (1:07.56)	19:09.58 (1:05.86)	20:17.38 (1:07.80)	21:25.34 (1:07.96)		
	22:32.51 (1:07.17)	23:39.00 (1:06.49)	24:45.29 (1:06.29)	25:52.49 (1:07.20)		
	26:59.93 (1:07.44)	28:08.29 (1:08.36)	29:14.51 (1:06.22)	30:21.09 (1:06.58)		
	31:29.08 (1:07.99)	32:34.98 (1:05.90)	33:42.70 (1:07.72)	34:48.62 (1:05.92)	35:52.76 (1:04.14)	

Men 60-64 50 Yard Backstroke

NATL: 26.60 ! 4/7/2018 BRUCE KONE

PAC: 27.64 # 5/1/2011 Hugh Wilder

1	Frentsos, Paul	60	SF Tsunami Masters-38	29.90	29.26	21
2	Taylor, Ron	61	Richmond Plunge Masters-38	30.70	30.71	19
3	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	31.64	31.74	18
4	Manning, Dwight	60	Quicksilver Masters-38	32.20	32.23	17
5	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	34.26	33.64	16
6	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	42.00	37.71	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 60-64 50 Yard Backstroke)**

7	Chew, Thomas C	64	Marcia's Enthusiastic Masters-38	47.00	42.10	14
8	Lee, Gary	62	Almaden Masters-38	48.00	45.16	13
9	Young, Stephen L	63	University of San Francisco Ma-38	55.00	57.57	12
---	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	34.61	DQ	

Men 60-64 100 Yard Backstroke

NATL: 57.46 ! 4/30/2016 TOM BARTON

PAC: 1:01.40 # 12/31/2004 Richard Burns

1	Frentsos, Paul	60	SF Tsunami Masters-38	1:03.50	1:03.32	21
	30.57		1:03.32 (32.75)			
2	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	1:08.01	1:06.28	19
	32.63		1:06.28 (33.65)			
3	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	1:07.64	1:06.47	18
	33.10		1:06.47 (33.37)			
4	Taylor, Ron	61	Richmond Plunge Masters-38	1:06.94	1:08.58	17
	33.68		1:08.58 (34.90)			
5	Ottati, Dean	61	Walnut Creek Masters-38	1:10.00	1:09.70	16
	34.00		1:09.70 (35.70)			
6	Justeson, Jeff A	63	Club Hot Tub-38	1:11.69	1:12.67	15
	35.69		1:12.67 (36.98)			
7	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	1:13.66	1:13.05	14
	35.62		1:13.05 (37.43)			
8	Carlson, Eric	61	Streamliners-38	1:15.00	1:15.94	13
	37.05		1:15.94 (38.89)			

Men 60-64 200 Yard Backstroke

NATL: 2:07.91 ! 5/1/2016 TOM BARTON

PAC: 2:11.57 # 4/13/2019 Joe S Dunn

1	Frentsos, Paul	60	SF Tsunami Masters-38	2:18.00	2:17.79	21
	32.91		1:07.64 (34.73)	1:43.10 (35.46)	2:17.79 (34.69)	
2	Keighley, Tim	60	Quicksilver Masters-38	2:29.74	2:18.96	19
	33.59		1:09.05 (35.46)	1:45.01 (35.96)	2:18.96 (33.95)	
3	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	2:24.13	2:24.12	18
	35.55		1:12.86 (37.31)	1:49.08 (36.22)	2:24.12 (35.04)	
4	Cutting, Steve	64	Manatee Aquatic Masters Inc-38	2:28.64	2:24.67	17
	34.93		1:11.53 (36.60)	1:48.20 (36.67)	2:24.67 (36.47)	
5	Taylor, Ron	61	Richmond Plunge Masters-38	2:31.23	2:31.08	16
	35.79		1:14.88 (39.09)	1:53.60 (38.72)	2:31.08 (37.48)	
6	Justeson, Jeff A	63	Club Hot Tub-38	2:39.69	2:39.52	15
	39.60		1:20.06 (40.46)	2:00.59 (40.53)	2:39.52 (38.93)	
7	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	2:43.60	2:40.70	14
	39.13		1:21.16 (42.03)	2:01.48 (40.32)	2:40.70 (39.22)	
8	Kemler, David S	64	Walnut Creek Masters-38	2:50.00	2:44.88	13
	38.41		1:18.95 (40.54)	2:02.15 (43.20)	2:44.88 (42.73)	
9	Chew, Thomas C	64	Marcia's Enthusiastic Masters-38	4:29.00	3:28.37	12
	47.47		1:40.73 (53.26)	2:36.56 (55.83)	3:28.37 (51.81)	
10	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	3:50.00	3:55.33	11
	52.76		1:51.28 (58.52)	2:54.86 (1:03.58)	3:55.33 (1:00.47)	

Men 60-64 50 Yard Breaststroke

NATL: 28.20 ! 7/24/2021 DAVID GUTHRIE

PAC: 29.32 # 12/31/2006 Robert Strand

1	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	34.11	33.59	21
2	Pettibone, Chip	60	Santa Rosa Masters-38	33.90	33.72	19

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3	Halbrecht, Kenneth	61	Walnut Creek Masters-38	36.00	33.74	18
4	Ewing, Jack	61	University of San Francisco Ma-38	34.98	34.87	17
5	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	35.48	36.74	16
6	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	41.00	37.32	15
7	Young, Stephen L	63	University of San Francisco Ma-38	1:15.00	1:08.12	14

Men 60-64 100 Yard BreaststrokeNATL: **1:01.14** ! 7/25/2021 **DAVID GUTHRIE**PAC: **1:05.46** # 12/31/2006 **Robert Strand**

1	Frentsos, Paul	60	SF Tsunami Masters-38	1:11.50	1:09.65	21
	33.34		1:09.65 (36.31)			
2	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	1:15.05	1:12.97	19
	34.35		1:12.97 (38.62)			
3	Keighley, Tim	60	Quicksilver Masters-38	1:15.74	1:13.87	18
	34.95		1:13.87 (38.92)			
4	Pettibone, Chip	60	Santa Rosa Masters-38	1:13.20	1:14.63	17
	35.38		1:14.63 (39.25)			
5	Ewing, Jack	61	University of San Francisco Ma-38	1:20.63	1:18.22	16
	36.66		1:18.22 (41.56)			
6	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	1:19.26	1:21.49	15
	38.45		1:21.49 (43.04)			

Men 60-64 200 Yard BreaststrokeNATL: **2:16.71** ! 5/3/2014 **RICK COLELLA**PAC: **2:24.68** # 12/31/2006 **Robert Strand**

1	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	2:48.48	2:42.81	21
	38.20		1:19.80 (41.60) 2:00.78 (40.98) 2:42.81 (42.03)			
2	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	3:03.47	2:54.45	19
	39.45		1:23.25 (43.80) 2:08.77 (45.52) 2:54.45 (45.68)			
3	Yuen, Matt	62	Quicksilver Masters-38	2:58.88	2:56.85	18
	40.27		1:26.03 (45.76) 2:11.48 (45.45) 2:56.85 (45.37)			
4	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	2:55.00	3:05.64	17
	42.72		1:29.56 (46.84) 2:18.27 (48.71) 3:05.64 (47.37)			
5	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	3:50.00	3:36.62	16
	48.32		1:42.92 (54.60) 2:39.98 (57.06) 3:36.62 (56.64)			
6	Skarpelos, Michael	61	Santa Clara Swim Club Masters-38	4:00.00	3:57.88	15
	44.28		1:41.94 (57.66) 2:49.29 (1:07.35) 3:57.88 (1:08.59)			
7	Young, Stephen L	63	University of San Francisco Ma-38	5:45.00	5:03.94	14

Men 60-64 50 Yard ButterflyNATL: **24.36** ! 2/10/2018 **BRUCE KONE**PAC: **24.39** # 5/13/2018 **Paul V Carter**

1	Harvill, Tom	60	Wildcat Alumni Masters-38	25.44	24.91	21
2	Taylor, Ron	61	Richmond Plunge Masters-38	28.11	28.23	19
3	Halbrecht, Kenneth	61	Walnut Creek Masters-38	29.50	28.46	18
4	Muller Pereira, Carlos	63	Quicksilver Masters-38	35.00	31.85	17
5	St Marseille, Marc	62	Walnut Creek Masters-38	32.18	31.90	16
6	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	32.03	32.80	15
7	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	42.00	33.25	14
8	Ryan, Kevin	60	San Ramon Valley Aquatics Mast-38	35.02	35.60	13
9	Skarpelos, Michael	61	Santa Clara Swim Club Masters-38	44.00	45.62	12

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 60-64 100 Yard Butterfly**NATL: **54.70** ! 5/11/2018 **PAUL CARTER**PAC: **54.70** # 5/11/2018 **Paul V Carter**

1	Harvill, Tom	60	Wildcat Alumni Masters-38	58.41	55.67	21
	26.02		55.67 (29.65)			
2	Keighley, Tim	60	Quicksilver Masters-38	1:02.47	1:00.64	19
	28.09		1:00.64 (32.55)			
3	Frentsos, Paul	60	SF Tsunami Masters-38	1:01.50	1:00.91	18
	28.74		1:00.91 (32.17)			
4	Evans, Mark	64	Santa Rosa Masters-38	1:02.50	1:04.00	17
	29.64		1:04.00 (34.36)			
5	Taylor, Ron	61	Richmond Plunge Masters-38	1:08.40	1:05.56	16
	30.51		1:05.56 (35.05)			
6	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	1:05.18	1:06.06	15
	31.13		1:06.06 (34.93)			
7	Justeson, Jeff A	63	Club Hot Tub-38	1:08.69	1:07.83	14
	31.95		1:07.83 (35.88)			
8	Muller Pereira, Carlos	63	Quicksilver Masters-38	1:15.00	1:13.65	13
	34.29		1:13.65 (39.36)			
9	Skarpelos, Michael	61	Santa Clara Swim Club Masters-38	1:50.00	1:51.39	12
	48.29		1:51.39 (1:03.10)			

Men 60-64 200 Yard ButterflyNATL: **2:07.21** ! 3/28/2021 **MIKE LAMONICA**PAC: **2:15.73** # 12/31/2010 **Jim Clemmons**

1	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	2:30.16	2:27.12	21
	33.61		1:10.21 (36.60) 1:49.14 (38.93) 2:27.12 (37.98)			
2	Taylor, Ron	61	Richmond Plunge Masters-38	2:46.50	2:39.15	19
	34.87		1:15.27 (40.40) 1:57.19 (41.92) 2:39.15 (41.96)			
3	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	3:45.00	3:38.74	18
	48.23		1:45.81 (57.58) 2:46.08 (1:00.27) 3:38.74 (52.66)			

Men 60-64 100 Yard IMNATL: **57.23** ! 5/11/2013 **RICK COLELLA**PAC: **58.73** # 5/12/2018 **Paul V Carter**

1	Evans, Mark	64	Santa Rosa Masters-38	1:04.50	1:04.87	21
	30.32		1:04.87 (34.55)			
2	Halbrecht, Kenneth	61	Walnut Creek Masters-38	1:12.00	1:10.04	19
	33.39		1:10.04 (36.65)			
3	Justeson, Jeff A	63	Club Hot Tub-38	1:11.69	1:12.07	18
	33.34		1:12.07 (38.73)			
4	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	1:13.19	1:15.62	17
	34.73		1:15.62 (40.89)			
5	Braham, Bob	62	Los Gatos Masters-38	1:25.00	1:15.74	16
	37.39		1:15.74 (38.35)			
6	Marsden IV, Henry H	60	Get Fit Davis Swim Masters-38	1:40.00	1:19.44	15
	36.36		1:19.44 (43.08)			
7	Muller Pereira, Carlos	63	Quicksilver Masters-38	1:20.00	1:20.28	14
	36.81		1:20.28 (43.47)			
8	Ryan, Kevin	60	San Ramon Valley Aquatics Mast-38	1:40.10	1:24.99	13
	41.39		1:24.99 (43.60)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 60-64 200 Yard IM**

NATL: 2:03.26 ! 5/4/2014 RICK COLELLA

PAC: 2:10.85 # 5/1/2011 Tim Broderick

1	Frentsos, Paul	60	SF Tsunami Masters-38	2:17.00	2:15.27	21
	29.49	1:04.47 (34.98)	1:43.67 (39.20)	2:15.27 (31.60)		
2	Keighley, Tim	60	Quicksilver Masters-38	2:25.00	2:20.37	19
	29.12	1:05.08 (35.96)	1:46.70 (41.62)	2:20.37 (33.67)		
3	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	2:28.36	2:25.69	18
	31.29	1:08.76 (37.47)	1:51.99 (43.23)	2:25.69 (33.70)		
4	Justeson, Jeff A	63	Club Hot Tub-38	2:30.69	2:34.61	17
	32.67	1:14.12 (41.45)	2:00.15 (46.03)	2:34.61 (34.46)		
5	Laudenslager, Greg	60	Rolling Hills Mud Sharks-38	2:39.75	2:36.91	16
	35.83	1:18.30 (42.47)	2:00.79 (42.49)	2:36.91 (36.12)		
6	Fry, Laurence	61	Jellies Aquatic Masters of Mon-38	2:45.80	2:48.04	15
	34.67	1:19.83 (45.16)	2:09.72 (49.89)	2:48.04 (38.32)		
7	Coombs, Craig	61	Marcia's Enthusiastic Masters-38	2:45.00	2:48.82	14
	38.01	1:24.44 (46.43)	2:12.04 (47.60)	2:48.82 (36.78)		
8	Muller Pereira, Carlos	63	Quicksilver Masters-38	2:45.00	2:49.76	13
	34.69	1:17.72 (43.03)	2:08.57 (50.85)	2:49.76 (41.19)		
9	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	3:25.00	3:18.50	12
	43.53	1:37.86 (54.33)	2:35.60 (57.74)	3:18.50 (42.90)		

Men 60-64 400 Yard IM

NATL: 4:24.24 ! 5/2/2014 RICK COLELLA

PAC: 4:45.65 # 12/31/2010 Jim Clemmons

1	Frentsos, Paul	60	SF Tsunami Masters-38	4:58.00	4:53.11	21
	30.66	1:07.39 (36.73)	1:46.11 (38.72)	2:23.09 (36.98)		
	3:04.55 (41.46)	3:45.90 (41.35)	4:20.49 (34.59)	4:53.11 (32.62)		
2	Tainty, Chris	62	Santa Cruz Masters Aquatics-38	5:20.00	5:10.85	19
	32.15	1:09.11 (36.96)	1:49.55 (40.44)	2:28.86 (39.31)		
	3:14.63 (45.77)	3:59.56 (44.93)	4:35.76 (36.20)	5:10.85 (35.09)		
3	Tsugawa, Peter	64	Marcia's Enthusiastic Masters-38	7:10.00	7:23.31	18
	44.21	1:42.05 (57.84)	2:44.83 (1:02.78)	3:50.39 (1:05.56)		
	4:51.37 (1:00.98)	5:51.09 (59.72)	6:38.98 (47.89)	7:23.31 (44.33)		

Men 65-69 50 Yard Freestyle

NATL: 22.10 ! 5/23/2010 RICHARD ABRAHAMS

PAC: 24.01 # 12/31/2009 James E Elder

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	26.00	26.41	21
2	Paul, Gordon	69	Fresno Dolphins Masters Swim T-38	28.31	27.26	19
3	Kahn, Stuart	68	Davis Aquatic Masters-38	28.90	27.99	18
4	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	29.00	29.11	17
5	Musch, Kim	66	Santa Cruz Masters Aquatics-38	29.00	29.19	16
6	Notini, Riccardo	66	Manatee Aquatic Masters Inc-38	35.00	32.91	15

Men 65-69 100 Yard Freestyle

NATL: 49.42 ! 5/22/2010 RICHARD ABRAHAMS

PAC: 53.66 # 12/31/2009 James E Elder

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	1:00.00	59.81	21
	28.32	59.81 (31.49)				
2	Paul, Gordon	69	Fresno Dolphins Masters Swim T-38	1:02.41	1:02.54	19
	30.30	1:02.54 (32.24)				
3	Kahn, Stuart	68	Davis Aquatic Masters-38	1:02.00	1:02.64	18
	29.74	1:02.64 (32.90)				
4	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	1:02.78	1:04.11	17
	31.12	1:04.11 (32.99)				

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5	Musch, Kim	66	Santa Cruz Masters Aquatics-38	1:08.00	1:04.46	16
	31.31		1:04.46 (33.15)			
6	Wagman, Ken S	67	Santa Cruz Masters Aquatics-38	1:08.16	1:05.38	15
	31.21		1:05.38 (34.17)			
7	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	1:08.00	1:05.56	14
	31.84		1:05.56 (33.72)			

Men 65-69 200 Yard Freestyle

NATL: 1:52.57 ! 4/30/2017 RICK COLELLA

PAC: 2:04.19 # 12/31/2010 Richard Burns

1	Spellberg, Geoff	66	North Bay Aquatics-38	2:21.50	2:12.24	21
	30.77		1:05.28 (34.51) 1:39.87 (34.59) 2:12.24 (32.37)			
2	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	2:20.67	2:19.01	19
	33.10		1:07.70 (34.60) 1:43.57 (35.87) 2:19.01 (35.44)			
3	Woodruff, David	65	Davis Aquatic Masters-38	2:25.00	2:25.73	18
	33.83		1:10.45 (36.62) 1:48.75 (38.30) 2:25.73 (36.98)			
4	Terusaki, Steven	68	Albany Armada Aquatics Masters-38	3:20.00	3:23.02	17
	44.37		1:34.64 (50.27) 2:28.00 (53.36) 3:23.02 (55.02)			

Men 65-69 500 Yard Freestyle

NATL: 5:05.44 ! 4/9/2017 RICK COLELLA

PAC: 5:36.76 # 4/23/2015 Jim Clemmons

1	Nelson, John	68	Jellies Aquatic Masters of Mon-38	5:59.00	6:10.70	21
	34.41		1:11.50 (37.09) 1:49.20 (37.70) 2:27.31 (38.11)			
	3:05.36 (38.05)		3:43.15 (37.79) 4:20.67 (37.52) 4:58.15 (37.48)			
	5:35.13 (36.98)		6:10.70 (35.57)			
2	Bell, Gordon	69	Walnut Creek Masters-38	6:20.00	6:13.64	19
	36.31		1:14.44 (38.13) 1:52.60 (38.16) 2:30.42 (37.82)			
	3:07.92 (37.50)		3:45.07 (37.15) 4:22.63 (37.56) 5:00.21 (37.58)			
	5:37.77 (37.56)		6:13.64 (35.87)			
3	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	6:27.92	6:32.78	18
	36.12		1:14.64 (38.52) 1:54.12 (39.48) 2:34.69 (40.57)			
	3:15.46 (40.77)		3:55.65 (40.19) 4:35.96 (40.31) 5:15.96 (40.00)			
	5:55.20 (39.24)		6:32.78 (37.58)			
4	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	7:15.00	6:45.58	17
	36.68		1:17.91 (41.23) 2:00.18 (42.27) 2:42.65 (42.47)			
	3:24.78 (42.13)		4:05.77 (40.99) 4:47.00 (41.23) 5:27.36 (40.36)			
	6:07.14 (39.78)		6:45.58 (38.44)			
5	Stoner, Gregory R	69	Davis Aquatic Masters-38	8:20.00	8:33.79	16
	45.86		1:34.77 (48.91) 2:26.04 (51.27) 3:17.62 (51.58)			
	4:09.57 (51.95)		5:02.49 (52.92) 5:55.08 (52.59) 6:47.80 (52.72)			
	7:40.58 (52.78)		8:33.79 (53.21)			
6	Terusaki, Steven	68	Albany Armada Aquatics Masters-38	9:30.00	8:46.58	15
	44.34		1:35.57 (51.23) 2:26.61 (51.04) 3:19.10 (52.49)			
	4:14.38 (55.28)		5:08.02 (53.64) 6:04.11 (56.09) 6:58.77 (54.66)			
	7:54.77 (56.00)		8:46.58 (51.81)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 65-69 1000 Yard Freestyle**

NATL: 11:23.13 ! 4/16/2016 JIM MC CONICA

PAC: 11:31.93 # 4/23/2015 Jim Clemmons

Rank	Name	Age	Team	1000	1500	2000	2500	3000	3500	4000
1	Bell, Gordon	69	Walnut Creek Masters-38	13:00.00	12:32.68					
				37.68	1:17.03 (39.35)	1:56.33 (39.30)	2:35.47 (39.14)			
				3:14.41 (38.94)	3:53.37 (38.96)	4:32.15 (38.78)	5:10.74 (38.59)			
				5:48.98 (38.24)	6:27.13 (38.15)	7:05.15 (38.02)	7:43.56 (38.41)			
				8:21.95 (38.39)	9:00.39 (38.44)	9:38.85 (38.46)	10:16.97 (38.12)			
				10:55.09 (38.12)	11:32.72 (37.63)	12:09.83 (37.11)	12:32.68 (22.85)			
2	Woodruff, David	65	Davis Aquatic Masters-38	13:40.00	13:22.47					
				37.96	1:18.89 (40.93)	2:00.15 (41.26)	2:41.61 (41.46)			
				3:22.58 (40.97)	4:04.29 (41.71)	4:45.00 (40.71)	5:25.95 (40.95)			
				6:06.08 (40.13)	6:46.41 (40.33)	7:26.33 (39.92)	8:06.03 (39.70)			
				8:46.05 (40.02)	9:26.30 (40.25)	10:06.41 (40.11)	10:46.40 (39.99)			
				11:25.96 (39.56)	12:05.60 (39.64)	12:45.09 (39.49)	13:22.47 (37.38)			
3	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	13:24.91	13:34.74					
				37.52	1:17.51 (39.99)	1:58.05 (40.54)	2:39.04 (40.99)			
				3:20.45 (41.41)	4:01.96 (41.51)	4:43.53 (41.57)	5:25.28 (41.75)			
				6:06.88 (41.60)	6:48.64 (41.76)	7:30.19 (41.55)	8:11.58 (41.39)			
				8:53.11 (41.53)	9:34.67 (41.56)	10:16.02 (41.35)	10:57.42 (41.40)			
				11:38.56 (41.14)	12:19.14 (40.58)	12:57.97 (38.83)	13:34.74 (36.77)			
4	Anderson, Bob	66	Menlo Masters-38	13:40.00	13:40.55					
				38.39	1:19.39 (41.00)	2:01.15 (41.76)	2:43.05 (41.90)			
				3:24.55 (41.50)	4:05.65 (41.10)	4:46.41 (40.76)	5:27.69 (41.28)			
				6:08.34 (40.65)	6:49.14 (40.80)	7:30.40 (41.26)	8:11.34 (40.94)			
				8:52.53 (41.19)	9:34.78 (42.25)	10:16.26 (41.48)	10:57.78 (41.52)			
				11:39.36 (41.58)	12:20.73 (41.37)	13:02.35 (41.62)	13:40.55 (38.20)			

Men 65-69 1650 Yard Freestyle

NATL: 19:07.81 ! 4/23/2015 JIM CLEMMONS

PAC: 19:07.81 # 4/23/2015 Jim Clemmons

Rank	Name	Age	Team	1650	2100	2550	3000	3450	3900	4350
1	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	22:14.33	22:23.93					
				37.11	1:17.20 (40.09)	1:58.64 (41.44)	2:39.70 (41.06)			
				3:21.66 (41.96)	4:03.53 (41.87)	4:45.63 (42.10)	5:27.72 (42.09)			
				6:09.58 (41.86)	6:50.78 (41.20)	7:31.69 (40.91)	8:12.99 (41.30)			
				8:54.37 (41.38)	9:35.41 (41.04)	10:16.60 (41.19)	10:57.40 (40.80)			
				11:38.07 (40.67)	12:18.61 (40.54)	12:59.46 (40.85)	13:40.60 (41.14)			
				14:21.18 (40.58)	15:01.76 (40.58)	15:42.37 (40.61)	16:23.47 (41.10)			
				17:04.21 (40.74)	17:45.06 (40.85)	18:25.97 (40.91)	19:06.69 (40.72)			
				19:47.40 (40.71)	20:28.00 (40.60)	21:07.61 (39.61)	21:47.43 (39.82)	22:23.93 (36.50)		
2	Woodruff, David	65	Davis Aquatic Masters-38	23:22.00	22:34.99					
				38.71	1:20.00 (41.29)	2:00.86 (40.86)	2:43.18 (42.32)			
				3:24.96 (41.78)	4:07.02 (42.06)	4:49.09 (42.07)	5:30.13 (41.04)			
				6:10.67 (40.54)	6:52.02 (41.35)	7:33.25 (41.23)	8:14.65 (41.40)			
				8:55.85 (41.20)	9:36.86 (41.01)	10:17.98 (41.12)	10:59.08 (41.10)			
				11:40.18 (41.10)	12:21.20 (41.02)	13:02.30 (41.10)	13:43.54 (41.24)			
				14:24.10 (40.56)	15:04.96 (40.86)	15:46.48 (41.52)	16:26.76 (40.28)			
				17:08.34 (41.58)	17:48.93 (40.59)	18:29.98 (41.05)	19:11.67 (41.69)			
				20:33.53 (1:21.86)	21:14.38 (40.85)	21:55.24 (40.86)	22:34.99 (39.75)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 65-69 1650 Yard Freestyle)**

3	Anderson, Bob	66	Menlo Masters-38	22:40.00	22:44.59	18
	37.57	1:17.79 (40.22)	1:59.29 (41.50)	2:41.88 (42.59)		
	3:23.30 (41.42)	4:05.25 (41.95)	4:46.59 (41.34)	5:27.86 (41.27)		
	6:09.23 (41.37)	6:49.96 (40.73)	7:31.92 (41.96)	8:13.01 (41.09)		
	8:54.97 (41.96)	9:37.19 (42.22)	10:19.69 (42.50)	11:01.56 (41.87)		
	11:43.04 (41.48)	12:24.62 (41.58)	13:06.63 (42.01)	13:46.99 (40.36)		
	14:27.49 (40.50)	15:09.64 (42.15)	15:50.77 (41.13)	16:31.53 (40.76)		
	17:12.81 (41.28)	17:53.48 (40.67)	18:35.35 (41.87)	19:17.71 (42.36)		
	19:58.67 (40.96)	20:40.88 (42.21)	21:23.05 (42.17)	22:04.04 (40.99)	22:44.59 (40.55)	
4	Terusaki, Steven	68	Albany Armada Aquatics Masters-38	32:00.00	31:20.04	17
	54.83	1:47.73 (52.90)	2:42.12 (54.39)	3:37.05 (54.93)		
	4:32.86 (55.81)	5:30.45 (57.59)	6:25.98 (55.53)	7:22.52 (56.54)		
	8:19.12 (56.60)	9:16.31 (57.19)	10:13.20 (56.89)	11:10.29 (57.09)		
	12:07.17 (56.88)	13:06.90 (59.73)	14:03.48 (56.58)	15:03.61 (1:00.13)		
	16:01.42 (57.81)	16:59.95 (58.53)	17:58.23 (58.28)	18:54.94 (56.71)		
	19:53.68 (58.74)	20:52.72 (59.04)	21:50.17 (57.45)	22:47.84 (57.67)		
	23:48.31 (1:00.47)	24:46.15 (57.84)	25:44.85 (58.70)	26:44.21 (59.36)		
	27:38.03 (53.82)	28:34.07 (56.04)	29:31.53 (57.46)	30:28.64 (57.11)	31:20.04 (51.40)	

Men 65-69 50 Yard Backstroke

NATL: 27.74 ! 5/23/2010 RICHARD ABRAHAMS
 PAC: 27.84 # 12/31/2009 Richard Burns

1	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	NT	37.60	
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Men 65-69 50 Yard Backstroke

NATL: 27.74 ! 5/23/2010 RICHARD ABRAHAMS
 PAC: 27.84 # 12/31/2009 Richard Burns

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	34.00	31.87	21
2	Nelson, John	68	Jellies Aquatic Masters of Mon-38	40.00	35.88	19
3	Musch, Kim	66	Santa Cruz Masters Aquatics-38	40.00	36.24	18
4	Spellberg, Geoff	66	North Bay Aquatics-38	36.68	36.74	17

Men 65-69 100 Yard Backstroke

NATL: 59.62 ! 5/12/2013 HUGH WILDER
 PAC: 59.62 # 5/9/2013 Hugh Wilder

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	1:10.00	1:09.52	21
	33.91	1:09.52 (35.61)				
2	Kahn, Stuart	68	Davis Aquatic Masters-38	1:14.00	1:16.60	19
	36.62	1:16.60 (39.98)				
3	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	1:18.95	1:21.72	18
	40.56	1:21.72 (41.16)				

Men 65-69 200 Yard Backstroke

NATL: 2:15.61 ! 1/14/2018 LAWRENCE DAY
 PAC: 2:16.72 # 5/9/2013 Hugh Wilder

1	Citron, Jeffrey	66	Marcia's Enthusiastic Masters-38	2:41.00	2:48.78	21
	41.00	1:23.34 (42.34)	2:06.93 (43.59)	2:48.78 (41.85)		

Men 65-69 50 Yard Breaststroke

NATL: 28.88 ! 5/11/2018 RICK COLELLA
 PAC: 31.32 # 12/31/2009 David R Gildea

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	35.00	34.15	21
2	Cool, Peter	67	San Diego Swim Masters-44	35.49	34.91	19
3	Anderson, Bob	66	Menlo Masters-38	36.00	37.11	18
4	Wagman, Ken S	67	Santa Cruz Masters Aquatics-38	40.96	37.96	17

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 65-69 50 Yard Breaststroke)**

5	Shevlin, Jeff L	67	Sacramento Masters-38	38.67	39.75	16
6	Notini, Riccardo	66	Manatee Aquatic Masters Inc-38	43.00	45.40	15
	24.15		45.40 (21.25)			
7	Small, Stephen	69	Marcia's Enthusiastic Masters-38	1:18.00	46.16	14

Men 65-69 100 Yard BreaststrokeNATL: **1:02.75** ! 4/28/2017 **RICK COLELLA**PAC: **1:08.19** # 12/31/2009 **David R Gildea**

1	Bell, Gordon	69	Walnut Creek Masters-38	1:24.00	1:22.84	21
	39.35		1:22.84 (43.49)			
2	Anderson, Bob	66	Menlo Masters-38	1:22.00	1:23.27	19
	39.83		1:23.27 (43.44)			
3	Woodruff, David	65	Davis Aquatic Masters-38	1:25.42	1:23.57	18
	40.34		1:23.57 (43.23)			
4	Shevlin, Jeff L	67	Sacramento Masters-38	1:27.06	1:28.50	17
	41.77		1:28.50 (46.73)			
5	Notini, Riccardo	66	Manatee Aquatic Masters Inc-38	1:30.00	1:35.90	16
	45.15		1:35.90 (50.75)			
6	Small, Stephen	69	Marcia's Enthusiastic Masters-38	2:35.00	1:38.04	15
	47.09		1:38.04 (50.95)			

Men 65-69 200 Yard BreaststrokeNATL: **2:16.70** ! 4/29/2017 **RICK COLELLA**PAC: **2:34.01** # 4/26/2015 **Jim Clemmons**

1	Cool, Peter	67	San Diego Swim Masters-44	2:56.00	2:43.33	21
	36.11		1:16.91 (40.80) 2:00.59 (43.68)	2:43.33 (42.74)		
2	Guadagni, Peter M	67	Walnut Creek Masters-38	2:47.43	2:47.19	19
	37.79		1:20.13 (42.34) 2:03.51 (43.38)	2:47.19 (43.68)		
3	Woodruff, David	65	Davis Aquatic Masters-38	3:03.20	3:02.33	18
	41.77		1:28.05 (46.28) 2:15.22 (47.17)	3:02.33 (47.11)		
4	Bell, Gordon	69	Walnut Creek Masters-38	3:05.00	3:04.66	17
	41.39		1:26.93 (45.54) 2:15.33 (48.40)	3:04.66 (49.33)		
5	Anderson, Bob	66	Menlo Masters-38	3:02.00	3:07.77	16
	44.33		1:31.64 (47.31) 2:19.77 (48.13)	3:07.77 (48.00)		
6	Shevlin, Jeff L	67	Sacramento Masters-38	3:12.18	3:13.39	15
	43.10		1:32.40 (49.30) 2:22.80 (50.40)	3:13.39 (50.59)		
7	Goupil, Dominique	66	Los Altos and Mountain View Ma-38	3:40.00	3:17.37	14
	44.60		1:34.81 (50.21) 2:26.29 (51.48)	3:17.37 (51.08)		
8	Small, Stephen	69	Marcia's Enthusiastic Masters-38	5:05.00	3:33.32	13
	49.08		1:42.43 (53.35) 2:37.38 (54.95)	3:33.32 (55.94)		

Men 65-69 50 Yard ButterflyNATL: **24.94** ! 5/22/2010 **RICHARD ABRAHAMS**PAC: **26.65** # 12/31/2009 **James E Elder**

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	29.50	29.40	21
2	Spellberg, Geoff	66	North Bay Aquatics-38	30.50	29.62	19
3	Paul, Gordon	69	Fresno Dolphins Masters Swim T-38	31.09	32.39	18
4	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	37.00	33.28	17
5	Burnett, David	66	Walnut Creek Masters-38	32.50	33.56	16
6	Terusaki, Steven	68	Albany Armada Aquatics Masters-38	50.00	50.03	15

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 65-69 100 Yard Butterfly**

NATL: 56.36 ! 5/21/2010 RICHARD ABRAHAMS

PAC: 1:02.64 # 12/31/2009 Richard Burns

1	Spellberg, Geoff	66	North Bay Aquatics-38	1:08.50	1:08.09	21
	33.41	1:08.09 (34.68)				
2	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	1:20.00	1:19.21	19
	36.01	1:19.21 (43.20)				

Men 65-69 200 Yard Butterfly

NATL: 2:08.94 ! 4/9/2017 RICK COLELLA

PAC: 2:32.39 # 3/30/2014 Alek I Shestakov

1	Guadagni, Peter M	67	Walnut Creek Masters-38	2:38.01	2:41.65	21
	36.58	1:16.19 (39.61)	1:58.64 (42.45)	2:41.65 (43.01)		
2	Anderson, Bob	66	Menlo Masters-38	3:00.00	3:05.69	19
	41.50	1:28.87 (47.37)	2:18.05 (49.18)	3:05.69 (47.64)		
3	Woodruff, David	65	Davis Aquatic Masters-38	3:13.79	3:10.12	18
	41.07	1:28.74 (47.67)	2:20.15 (51.41)	3:10.12 (49.97)		

Men 65-69 100 Yard IM

NATL: 57.37 ! 4/26/2019 RICK COLELLA

PAC: 1:02.26 # 12/31/2009 Richard Burns

1	Van Boer, Eric D	67	Rolling Hills Mud Sharks-38	1:12.00	1:08.89	21
	31.40	1:08.89 (37.49)				
2	Spellberg, Geoff	66	North Bay Aquatics-38	1:14.00	1:11.15	19
	35.02	1:11.15 (36.13)				
3	Musch, Kim	66	Santa Cruz Masters Aquatics-38	1:38.00	1:15.25	18
	35.60	1:15.25 (39.65)				
4	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	1:30.00	1:19.45	17
	36.51	1:19.45 (42.94)				
5	Shevlin, Jeff L	67	Sacramento Masters-38	1:19.54	1:22.88	16
	39.44	1:22.88 (43.44)				
6	Terusaki, Steven	68	Albany Armada Aquatics Masters-38	1:50.00	1:50.36	15
	53.88	1:50.36 (56.48)				

Men 65-69 200 Yard IM

NATL: 2:03.63 ! 4/28/2017 RICK COLELLA

PAC: 2:17.03 # 4/9/2016 Tim Broderick

1	Hepworth, Mark	67	Rolling Hills Mud Sharks-38	3:00.00	2:55.98	21
	35.26	2:16.79 ()	2:55.98 (39.19)			
2	Shevlin, Jeff L	67	Sacramento Masters-38	2:56.82	3:01.83	19
	38.72	1:28.74 (50.02)	2:19.87 (51.13)	3:01.83 (41.96)		

Men 65-69 400 Yard IM

NATL: 4:30.64 ! 5/11/2018 RICK COLELLA

PAC: 4:57.17 # 5/2/2014 Alek I Shestakov

1	Guadagni, Peter M	67	Walnut Creek Masters-38	5:19.99	5:28.00	21
	36.41	1:15.35 (38.94)	1:59.52 (44.17)	2:42.79 (43.27)		
	3:27.92 (45.13)	4:13.36 (45.44)	4:51.63 (38.27)	5:28.00 (36.37)		
2	Woodruff, David	65	Davis Aquatic Masters-38	6:27.00	6:05.24	19
	43.01	1:32.26 (49.25)	2:23.13 (50.87)	3:12.67 (49.54)		
	4:01.26 (48.59)	4:49.72 (48.46)	6:05.23 (1:15.51)	6:05.24 (0.01)		
3	Anderson, Bob	66	Menlo Masters-38	6:15.00	6:10.23	18
	42.23	1:30.63 (48.40)	2:22.46 (51.83)	3:12.26 (49.80)		
	4:02.90 (50.64)	4:51.77 (48.87)	5:32.41 (40.64)	6:10.23 (37.82)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 65-69 400 Yard IM)**

4	Shevlin, Jeff L	67	Sacramento Masters-38	6:27.00	6:34.66	17
	38.63	1:30.53 (51.90)	2:24.86 (54.33)	3:17.16 (52.30)		
	4:09.96 (52.80)	5:03.18 (53.22)	5:49.65 (46.47)	6:34.66 (45.01)		

Men 70-74 50 Yard Freestyle

NATL: 24.13 ! 5/4/2008 **JEFF FARRELL**

PAC: 24.81 # 5/2/2014 **James E Elder**

1	Bernard, Alan	72	Tamalpais Aquatic Masters-38	28.67	28.05	21
2	Drulias, William	70	Santa Cruz Masters Aquatics-38	28.30	28.42	19
3	Klatt, Richard	71	Fresno Dolphins Masters Swim T-38	31.00	32.32	18
4	Sears, Richard	74	Marcia's Enthusiastic Masters-38	36.06	34.93	17

Men 70-74 50 Yard Freestyle

NATL: 24.13 ! 5/4/2008 **JEFF FARRELL**

PAC: 24.81 # 5/2/2014 **James E Elder**

1	Winterrowd, Dan	71	Marcia's Enthusiastic Masters-38	NT	34.04	
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Men 70-74 100 Yard Freestyle

NATL: 54.58 ! 4/26/2015 **RICHARD ABRAHAMS**

PAC: 56.42 # 5/12/2018 **Andrew M McPherso**

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	1:04.50	1:04.18	21
	30.98	1:04.18 (33.20)				
2	Klatt, Richard	71	Fresno Dolphins Masters Swim T-38	1:05.00	1:11.17	19
	34.11	1:11.17 (37.06)				
---	Drulias, William	70	Santa Cruz Masters Aquatics-38	1:14.00	DQ	
	29.79	DQ (32.87)				

Men 70-74 100 Yard Freestyle

NATL: 54.58 ! 4/26/2015 **RICHARD ABRAHAMS**

PAC: 56.42 # 5/12/2018 **Andrew M McPherso**

1	Benjamin, David	72	Marcia's Enthusiastic Masters-38	NT	1:23.65	
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Men 70-74 200 Yard Freestyle

NATL: 2:05.33 ! 3/24/2019 **FRED SCHLICHER**

PAC: 2:12.26 # 4/30/2017 **James R DeLacy**

1	Winterrowd, Dan	71	Marcia's Enthusiastic Masters-38	NT	2:45.61	
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Men 70-74 200 Yard Freestyle

NATL: 2:05.33 ! 3/24/2019 **FRED SCHLICHER**

PAC: 2:12.26 # 4/30/2017 **James R DeLacy**

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	2:17.00	2:14.52	21
	31.88	1:05.75 (33.87)	1:40.38 (34.63)	2:14.52 (34.14)		
2	Bernard, Alan	72	Tamalpais Aquatic Masters-38	2:17.44	2:17.25	19
	30.75	1:05.17 (34.42)	1:41.25 (36.08)	2:17.25 (36.00)		
3	Landis, Wayne	73	Uc33	2:50.00	2:42.93	18
	37.66	1:17.64 (39.98)	1:59.85 (42.21)	2:42.93 (43.08)		
4	Jochim, Christian	74	Quicksilver Masters-38	3:00.00	2:52.64	17
	40.62	1:24.27 (43.65)	2:09.29 (45.02)	2:52.64 (43.35)		
5	Moore, Michael	71	Sierra Nevada Masters-38	3:40.62	3:36.95	16
	51.10	1:46.81 (55.71)	2:45.63 (58.82)	3:36.95 (51.32)		
6	Sears, Richard	74	Marcia's Enthusiastic Masters-38	3:59.00	3:38.05	15
	47.96	2:39.07 ()	3:38.05 (58.98)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 70-74 500 Yard Freestyle**NATL: **5:41.21 !** 11/4/2018 **DAN KIRKLAND**PAC: **5:50.88 #** 4/13/2019 **Joel R Wilson**

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	6:03.00	6:06.61	21
	34.07	1:10.83 (36.76)	1:48.67 (37.84)	2:26.23 (37.56)		
	3:03.51 (37.28)	3:40.30 (36.79)	4:16.98 (36.68)	4:53.70 (36.72)		
	5:30.78 (37.08)	6:06.61 (35.83)				
2	Bernard, Alan	72	Tamalpais Aquatic Masters-38	6:39.99	6:29.87	19
	35.30	1:14.81 (39.51)	1:55.03 (40.22)	2:35.97 (40.94)		
	3:17.12 (41.15)	3:57.66 (40.54)	4:37.86 (40.20)	5:16.98 (39.12)		
	5:54.96 (37.98)	6:29.87 (34.91)				
3	Landis, Wayne	73	Uc33	8:00.00	7:41.09	18
	40.80	1:24.29 (43.49)	2:10.33 (46.04)	2:56.56 (46.23)		
	3:43.99 (47.43)	4:31.74 (47.75)	5:20.09 (48.35)	6:08.02 (47.93)		
	6:55.49 (47.47)	7:41.09 (45.60)				
4	Moore, Michael	71	Sierra Nevada Masters-38	9:15.01	9:29.49	17
	1:48.11		2:46.93 ()	3:46.20 (59.27)		
	4:45.23 (59.03)	5:43.01 (57.78)	6:41.16 (58.15)	7:40.30 (59.14)		
	8:37.54 (57.24)	9:29.49 (51.95)				

Men 70-74 1000 Yard FreestyleNATL: **11:46.94 !** 4/13/2019 **DAN KIRKLAND**PAC: **12:42.51 #** 5/10/2018 **Edward Rudloff**

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	12:46.00	12:28.53 #	21
	33.74	1:10.69 (36.95)	1:48.39 (37.70)	2:26.00 (37.61)		
	3:04.40 (38.40)	3:42.43 (38.03)	4:20.56 (38.13)	4:57.79 (37.23)		
	5:35.27 (37.48)	6:13.38 (38.11)	6:51.33 (37.95)	7:29.37 (38.04)		
	8:07.04 (37.67)	8:44.15 (37.11)	9:21.84 (37.69)	9:59.63 (37.79)		
	10:37.43 (37.80)	11:14.87 (37.44)	11:52.22 (37.35)	12:28.53 (36.31)		
2	Winterrowd, Dan	71	Marcia's Enthusiastic Masters-38	14:25.00	14:56.86	19
	40.58	1:25.84 (45.26)	2:10.84 (45.00)	2:55.75 (44.91)		
	3:41.48 (45.73)	4:27.37 (45.89)	5:12.84 (45.47)	5:58.50 (45.66)		
	6:43.72 (45.22)	7:29.46 (45.74)	8:14.09 (44.63)	8:58.79 (44.70)		
	9:44.39 (45.60)	10:29.75 (45.36)	11:14.83 (45.08)	12:00.24 (45.41)		
	12:45.38 (45.14)	13:30.49 (45.11)	14:14.88 (44.39)	14:56.86 (41.98)		
3	Jochim, Christian	74	Quicksilver Masters-38	17:00.00	16:08.38	18
	43.89	1:30.62 (46.73)	2:17.87 (47.25)	3:06.50 (48.63)		
	3:55.10 (48.60)	4:43.94 (48.84)	5:32.61 (48.67)	6:21.59 (48.98)		
	7:10.97 (49.38)	8:01.06 (50.09)	8:50.18 (49.12)	9:39.13 (48.95)		
	10:28.74 (49.61)	11:18.26 (49.52)	12:07.41 (49.15)	12:56.65 (49.24)		
	13:45.36 (48.71)	14:33.68 (48.32)	15:21.83 (48.15)	16:08.38 (46.55)		

Men 70-74 1650 Yard FreestyleNATL: **19:46.98 !** 5/17/2019 **DAN KIRKLAND**PAC: **22:53.47 #** 5/1/2014 **Dan Willert**

1	Winterrowd, Dan	71	Marcia's Enthusiastic Masters-38	24:43.00	25:36.87	21
	44.15	1:34.60 (50.45)	2:20.93 (46.33)	3:14.30 (53.37)		
	3:58.67 (44.37)	4:44.04 (45.37)	5:29.15 (45.11)	6:14.90 (45.75)		
	7:00.97 (46.07)	7:47.22 (46.25)	8:32.83 (45.61)	9:19.36 (46.53)		
	10:05.34 (45.98)	10:51.10 (45.76)	11:37.70 (46.60)	12:23.98 (46.28)		
	13:10.95 (46.97)	13:58.22 (47.27)	14:45.07 (46.85)	15:31.41 (46.34)		
	16:18.39 (46.98)	17:04.80 (46.41)	17:51.56 (46.76)	18:38.06 (46.50)		
	19:24.28 (46.22)	20:10.79 (46.51)	20:57.46 (46.67)	21:44.47 (47.01)		
	22:31.28 (46.81)	23:18.64 (47.36)	24:05.01 (46.37)	25:36.87 (1:31.86)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 70-74 1650 Yard Freestyle)**

2	Jochim, Christian	74	Quicksilver Masters-38	29:00.00	27:13.43	19
	44.38	1:32.54 (48.16)	2:21.96 (49.42)	3:11.89 (49.93)		
	4:02.13 (50.24)	4:51.54 (49.41)	5:40.90 (49.36)	6:30.78 (49.88)		
	7:21.15 (50.37)	8:10.73 (49.58)	9:00.48 (49.75)	9:50.42 (49.94)		
	10:40.60 (50.18)	11:30.41 (49.81)	12:20.46 (50.05)	13:10.95 (50.49)		
	14:01.08 (50.13)	14:51.16 (50.08)	15:41.64 (50.48)	16:31.09 (49.45)		
	17:22.27 (51.18)	18:11.06 (48.79)	19:00.86 (49.80)	19:51.56 (50.70)		
	20:42.07 (50.51)	21:31.80 (49.73)	22:22.21 (50.41)	23:12.41 (50.20)		
	24:01.62 (49.21)	24:50.86 (49.24)	25:40.49 (49.63)	26:28.36 (47.87)	27:13.43 (45.07)	
3	Feiring, Keith	74	Walnut Creek Masters-38	35:00.00	33:31.49	18
	52.10	1:48.04 (55.94)	2:47.12 (59.08)	3:47.67 (1:00.55)		
	4:49.46 (1:01.79)	5:50.78 (1:01.32)	6:52.11 (1:01.33)	7:53.71 (1:01.60)		
	8:55.84 (1:02.13)	9:57.27 (1:01.43)	10:59.24 (1:01.97)	12:00.27 (1:01.03)		
	13:02.70 (1:02.43)	14:04.24 (1:01.54)	15:05.15 (1:00.91)	16:07.79 (1:02.64)		
	17:09.13 (1:01.34)	18:10.20 (1:01.07)	19:12.15 (1:01.95)	20:12.55 (1:00.40)		
	21:14.51 (1:01.96)	22:14.24 (59.73)	23:16.89 (1:02.65)	24:18.15 (1:01.26)		
	25:19.59 (1:01.44)	26:21.58 (1:01.99)	27:22.73 (1:01.15)	28:25.59 (1:02.86)		
	29:28.06 (1:02.47)	30:29.99 (1:01.93)	31:31.44 (1:01.45)	32:32.45 (1:01.01)	33:31.49 (59.04)	

Men 70-74 50 Yard Backstroke

NATL: 29.72 ! 4/26/2015 RICHARD BURNS
 PAC: 29.72 # 4/26/2015 Richard Burns

1	Benjamin, David	72	Marcia's Enthusiastic Masters-38	NT	45.61	
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Men 70-74 50 Yard Backstroke

NATL: 29.72 ! 4/26/2015 RICHARD BURNS
 PAC: 29.72 # 4/26/2015 Richard Burns

1	Williams, Roger	70	Uc38	37.41	37.35	21
2	Booth, Jim E	71	Santa Cruz Masters Aquatics-38	1:20.00	40.06	19
3	Umholtz, Ken	70	Ojai Masters-33	41.02	40.98	18
4	Sears, Richard	74	Marcia's Enthusiastic Masters-38	50.20	46.20	17

Men 70-74 100 Yard Backstroke

NATL: 1:04.22 ! 5/8/2021 LAWRENCE DAY
 PAC: 1:05.42 # 4/24/2015 Richard Burns

1	Sears, Richard	74	Marcia's Enthusiastic Masters-38	2:10.00	1:47.54	21
	50.26	1:47.54 (57.28)				

Men 70-74 100 Yard Backstroke

NATL: 1:04.22 ! 5/8/2021 LAWRENCE DAY
 PAC: 1:05.42 # 4/24/2015 Richard Burns

1	Benjamin, David	72	Marcia's Enthusiastic Masters-38	NT	1:41.08	
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Men 70-74 200 Yard Backstroke

NATL: 2:19.00 ! 2/12/2022 LAWRENCE DAY
 PAC: 2:23.68 # 5/2/2014 Richard Burns

1	Benjamin, David	72	Marcia's Enthusiastic Masters-38	3:45.00	3:34.62	21
	51.68	1:46.32 (54.64)	2:42.06 (55.74)	3:34.62 (52.56)		

Men 70-74 50 Yard Breaststroke

NATL: 31.70 ! 4/30/2016 ROBERT STRAND
 PAC: 32.86 # 9/29/2013 David R Gildea

1	Grimes, Stephen	70	Davis Aquatic Masters-38	35.19	36.12	21
2	Williams, Roger	70	Uc38	37.12	37.55	19

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 70-74 50 Yard Breaststroke)**

3	Sears, Richard	74	Marcia's Enthusiastic Masters-38	48.00	46.27	18
	24.42				46.27 (21.85)	
4	Drulias, William	70	Santa Cruz Masters Aquatics-38	45.00	47.71	17
	24.33				47.71 (23.38)	

Men 70-74 100 Yard Breaststroke

NATL: 1:09.14 ! 7/25/2021 **ROBERT WRIGHT**
PAC: 1:11.75 # 9/29/2013 **David R Gildea**

1	Grimes, Stephen	70	Davis Aquatic Masters-38	1:25.00	1:24.68	21
	40.05				1:24.68 (44.63)	
2	Williams, Roger	70	Uc38	1:25.47	1:26.54	19
	39.54				1:26.54 (47.00)	
3	Benjamin, David	72	Marcia's Enthusiastic Masters-38	1:55.00	1:41.06	18
	47.57				1:41.06 (53.49)	
4	Sears, Richard	74	Marcia's Enthusiastic Masters-38	2:10.00	1:52.75	17
	49.27				1:52.75 (1:03.48)	

Men 70-74 200 Yard Breaststroke

NATL: 2:35.66 ! 4/29/2016 **ROBERT STRAND**
PAC: 2:40.72 # 4/13/2019 **Alek I Shestakov**

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	2:59.00	2:59.30	21
	42.29				1:28.30 (46.01) 2:14.43 (46.13) 2:59.30 (44.87)	
2	Benjamin, David	72	Marcia's Enthusiastic Masters-38	4:05.00	3:45.27	19
	50.58				1:47.01 (56.43) 2:47.74 (1:00.73) 3:45.27 (57.53)	

Men 70-74 50 Yard Butterfly

NATL: 26.92 ! 4/26/2015 **RICHARD ABRAHAMS**
PAC: 27.69 # 5/13/2018 **Andrew M McPherso**

1	Bernard, Alan	72	Tamalpais Aquatic Masters-38	30.92	30.79	21
2	Umholtz, Ken	70	Ojai Masters-33	35.74	35.17	19
3	Booth, Jim E	71	Santa Cruz Masters Aquatics-38	1:10.00	35.92	18

Men 70-74 100 Yard Butterfly

NATL: 59.20 ! 11/6/2021 **LAWRENCE DAY**
PAC: 1:02.96 # 4/30/2017 **Andrew M McPherso**

1	Bernard, Alan	72	Tamalpais Aquatic Masters-38	1:14.18	1:12.32	21
	33.27				1:12.32 (39.05)	

Men 70-74 200 Yard Butterfly

NATL: 2:19.59 ! 2/12/2022 **LAWRENCE DAY**
PAC: 2:39.37 # 5/3/2014 **Paul Boggs**

1	Bernard, Alan	72	Tamalpais Aquatic Masters-38	2:53.87	2:51.57	21
	38.87				1:25.11 (46.24) 2:09.51 (44.40) 2:51.57 (42.06)	

Men 70-74 100 Yard IM

NATL: 1:04.77 ! 4/29/2017 **ANDREW MCPHERSON**
PAC: 1:04.77 # 4/30/2017 **Andrew M McPherso**

1	Bernard, Alan	72	Tamalpais Aquatic Masters-38	1:13.74	1:13.43	21
	33.60				1:13.43 (39.83)	
2	Booth, Jim E	71	Santa Cruz Masters Aquatics-38	2:00.00	1:21.53	19
	39.10				1:21.53 (42.43)	
3	Umholtz, Ken	70	Ojai Masters-33	1:26.01	1:27.03	18
	41.25				1:27.03 (45.78)	
4	Sears, Richard	74	Marcia's Enthusiastic Masters-38	1:41.00	1:42.21	17
	47.99				1:42.21 (54.22)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 70-74 200 Yard IM**

NATL: 2:21.79 ! 8/9/2021 LAWRENCE DAY

PAC: 2:24.56 # 4/13/2019 Alek I Shestakov

1	Wilson, Joel	73	Santa Cruz Masters Aquatics-38	2:41.00	2:34.54	21
				33.66	1:14.16 (40.50)	
					2:00.26 (46.10)	
					2:34.54 (34.28)	
2	Gloystein, James	71	Marcia's Enthusiastic Masters-38	3:45.99	4:00.99	19
				57.82	2:03.88 (1:06.06)	
					3:10.36 (1:06.48)	
					4:00.99 (50.63)	

Men 75-79 50 Yard Freestyle

NATL: 25.58 ! 3/4/2012 JEFF FARRELL

PAC: 26.36 # 5/13/2018 James E Elder

1	Burns, Richard	78	Tamalpais Aquatic Masters-38	30.00	28.33	21
2	Dennis, D Craig	75	Walnut Creek Masters-38	28.64	28.44	19
3	DeLacy, James	75	Walnut Creek Masters-38	28.50	28.63	18
4	Daniels, Larry	76	Tuolumne County Aquatic Master-38	31.00	32.45	17
5	Alejandro, Richard	76	Uc38	46.15	35.66	16
6	Smith, Kirby	75	Uc38	38.00	37.24	15

Men 75-79 100 Yard Freestyle

NATL: 58.68 ! 5/10/2009 DAVID RADCLIFF

PAC: 58.87 # 4/26/2019 Richard Burns

1	McPherson, Andrew	75	Davis Aquatic Masters-38	1:00.00	1:01.20	21
				29.42	1:01.20 (31.78)	
2	Burns, Richard	78	Tamalpais Aquatic Masters-38	1:06.00	1:03.57	19
				30.91	1:03.57 (32.66)	
3	DeLacy, James	75	Walnut Creek Masters-38	1:05.00	1:04.74	18
				30.61	1:04.74 (34.13)	
4	Dennis, D Craig	75	Walnut Creek Masters-38	1:06.50	1:04.83	17
				30.64	1:04.83 (34.19)	
5	Daniels, Larry	76	Tuolumne County Aquatic Master-38	1:08.50	1:12.33	16
				33.86	1:12.33 (38.47)	

Men 75-79 100 Yard Freestyle

NATL: 58.68 ! 5/10/2009 DAVID RADCLIFF

PAC: 58.87 # 4/26/2019 Richard Burns

1	Dennis, D Craig	75	Walnut Creek Masters-38	NT	1:04.87	
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Men 75-79 200 Yard Freestyle

NATL: 2:08.77 ! 5/10/2009 DAVID RADCLIFF

PAC: 2:17.14 # 4/12/2019 Richard Burns

1	Burns, Richard	78	Tamalpais Aquatic Masters-38	2:36.00	2:25.82	21
				33.56	1:10.46 (36.90)	
					1:48.75 (38.29)	
					2:25.82 (37.07)	
2	DeLacy, James	75	Walnut Creek Masters-38	2:28.00	2:26.86	19
				35.48	1:14.88 (39.40)	
					1:51.76 (36.88)	
					2:26.86 (35.10)	
3	Daniels, Larry	76	Tuolumne County Aquatic Master-38	2:45.00	2:41.34	18
				35.71	1:16.00 (40.29)	
					1:58.31 (42.31)	
					2:41.34 (43.03)	

Men 75-79 500 Yard Freestyle

NATL: 6:03.87 ! 5/8/2010 DAVID RADCLIFF

PAC: 6:59.81 # 5/22/2016 Murray L McLachla

1	DeLacy, James	75	Walnut Creek Masters-38	7:00.00	7:13.52	21
				38.02	1:20.60 (42.58)	
					2:03.95 (43.35)	
					2:46.78 (42.83)	
					3:28.98 (42.20)	
					4:11.37 (42.39)	
					4:54.24 (42.87)	
					5:39.20 (44.96)	
					6:25.88 (46.68)	
					7:13.52 (47.64)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 75-79 500 Yard Freestyle)**

2	Daniels, Larry	76	Tuolumne County Aquatic Master-38	7:45.00	7:40.08	19
	38.92	1:21.50 (42.58)	2:06.37 (44.87)	2:52.38 (46.01)		
	3:39.37 (46.99)	4:26.70 (47.33)	5:14.76 (48.06)	6:04.22 (49.46)		
	6:53.50 (49.28)	7:40.08 (46.58)				
3	Press, Jim	75	Los Angeles Peninsula Swimmers-33	12:00.00	10:18.16	18
	53.58	1:53.75 (1:00.17)	2:57.51 (1:03.76)	4:01.55 (1:04.04)		
	5:05.93 (1:04.38)	6:08.72 (1:02.79)	7:12.13 (1:03.41)	8:16.30 (1:04.17)		
	9:18.78 (1:02.48)	10:18.16 (59.38)				

Men 75-79 1000 Yard FreestyleNATL: **12:20.59** ! 5/10/2009 **DAVID RADCLIFF**PAC: **14:14.46** # 12/31/1995 **Ray Taft**

1	DeLacy, James	75	Walnut Creek Masters-38	14:30.00	16:09.88	21
	42.75	1:30.18 (47.43)	2:18.65 (48.47)	3:08.06 (49.41)		
	3:57.60 (49.54)	4:47.10 (49.50)	5:36.21 (49.11)	6:25.75 (49.54)		
	7:14.41 (48.66)	8:03.00 (48.59)	8:52.17 (49.17)	9:41.24 (49.07)		
	10:30.33 (49.09)	11:19.26 (48.93)	12:08.41 (49.15)	12:57.10 (48.69)		
	13:46.08 (48.98)	14:35.59 (49.51)	15:24.07 (48.48)	16:09.88 (45.81)		
2	Daniels, Larry	76	Tuolumne County Aquatic Master-38	15:45.00	16:33.06	19
	41.05	1:26.85 (45.80)	2:14.74 (47.89)	3:03.88 (49.14)		
	3:53.59 (49.71)	4:43.24 (49.65)	5:33.45 (50.21)	6:24.50 (51.05)		
	7:15.68 (51.18)	8:06.34 (50.66)	8:58.45 (52.11)	9:49.60 (51.15)		
	10:40.84 (51.24)	11:32.50 (51.66)	12:23.99 (51.49)	13:15.41 (51.42)		
	14:06.17 (50.76)	14:56.65 (50.48)	15:47.15 (50.50)	16:33.06 (45.91)		

Men 75-79 1650 Yard FreestyleNATL: **20:25.49** ! 5/10/2009 **DAVID RADCLIFF**PAC: **24:40.71** # 12/31/1995 **Ray Taft**

1	Blumenstock, Ed	78	Marcia's Enthusiastic Masters-38	36:00.00	34:57.94	21
	51.95	1:53.08 (1:01.13)	2:57.18 (1:04.10)	3:59.96 (1:02.78)		
	5:02.33 (1:02.37)	6:04.67 (1:02.34)	7:07.74 (1:03.07)	8:11.83 (1:04.09)		
	9:16.01 (1:04.18)	10:20.19 (1:04.18)	11:21.82 (1:01.63)	12:25.14 (1:03.32)		
	13:31.59 (1:06.45)	14:35.97 (1:04.38)	15:40.23 (1:04.26)	16:44.54 (1:04.31)		
	17:48.03 (1:03.49)	18:54.12 (1:06.09)	19:58.25 (1:04.13)	21:02.41 (1:04.16)		
	22:05.69 (1:03.28)	23:11.06 (1:05.37)	24:15.26 (1:04.20)	25:19.77 (1:04.51)		
	26:24.46 (1:04.69)	27:30.32 (1:05.86)	28:35.87 (1:05.55)	29:40.85 (1:04.98)		
	30:47.21 (1:06.36)	31:51.54 (1:04.33)	32:55.22 (1:03.68)	33:57.32 (1:02.10)	34:57.94 (1:00.62)	

Men 75-79 50 Yard BackstrokeNATL: **30.90** ! 4/26/2019 **RICHARD BURNS**PAC: **30.90** # 4/26/2019 **Richard Burns**

1	Burns, Richard	78	Tamalpais Aquatic Masters-38	34.75	32.44	21
2	Dennis, D Craig	75	Walnut Creek Masters-38	34.77	33.65	19
3	McPherson, Andrew	75	Davis Aquatic Masters-38	34.00	33.72	18
4	Rust, David	75	Santa Rosa Masters-38	49.90	49.18	17

Men 75-79 100 Yard BackstrokeNATL: **1:07.31** ! 4/28/2019 **RICHARD BURNS**PAC: **1:07.31** # 4/28/2019 **Richard Burns**

1	Burns, Richard	78	Tamalpais Aquatic Masters-38	1:18.00	1:11.57	21
2	Dennis, D Craig	75	Walnut Creek Masters-38	1:18.40	1:15.90	19
	36.45	1:15.90 (39.45)				
3	Rust, David	75	Santa Rosa Masters-38	1:42.76	1:50.20	18
	53.90	1:50.20 (56.30)				

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 75-79 200 Yard Backstroke**

NATL: 2:27.48 ! 4/27/2019 RICHARD BURNS

PAC: 2:27.48 # 4/27/2019 Richard Burns

1	Rust, David	75	Santa Rosa Masters-38	4:13.96	4:10.91	21
	1:00.59		3:11.12 ()	4:10.91 (59.79)		

Men 75-79 50 Yard Breaststroke

NATL: 34.58 ! 3/5/2017 MIKE FRESHLEY

PAC: 35.93 # 3/24/2019 David R Gildea

1	McPherson, Andrew	75	Davis Aquatic Masters-38	36.00	37.43	21
2	Dennis, D Craig	75	Walnut Creek Masters-38	40.17	39.22	19
3	Fitschen, Gary	76	Manatee Aquatic Masters Inc-38	37.12	39.43	18
4	DeLacy, James	75	Walnut Creek Masters-38	40.00	39.83	17
5	Smith, Kirby	75	Uc38	40.00	39.99	16
6	Alejandro, Richard	76	Uc38	51.10	45.08	15
	23.56		45.08 (21.52)			

Men 75-79 100 Yard Breaststroke

NATL: 1:16.74 ! 9/18/2016 MIKE FRESHLEY

PAC: 1:19.08 # 4/28/2019 David R Gildea

1	Fitschen, Gary	76	Manatee Aquatic Masters Inc-38	1:20.56	1:26.83	21
	40.60		1:26.83 (46.23)			
2	Smith, Kirby	75	Uc38	1:33.59	1:30.07	19
	42.72		1:30.07 (47.35)			
3	Alejandro, Richard	76	Uc38	1:49.00	1:46.41	18
	50.23		1:46.41 (56.18)			

Men 75-79 200 Yard Breaststroke

NATL: 2:45.33 ! 4/29/2016 MIKE FRESHLEY

PAC: 2:59.45 # 4/8/2017 Richard T Todd

1	Fitschen, Gary	76	Manatee Aquatic Masters Inc-38	2:58.54	3:00.92	21
	40.73		1:26.02 (45.29)	2:13.48 (47.46)	3:00.92 (47.44)	
2	Smith, Kirby	75	Uc38	3:25.00	3:19.55	19
	44.04		1:34.37 (50.33)	2:27.26 (52.89)	3:19.55 (52.29)	
3	Rust, David	75	Santa Rosa Masters-38	4:11.67	4:24.60	18
	57.96		2:04.67 (1:06.71)	3:16.22 (1:11.55)	4:24.60 (1:08.38)	

Men 75-79 50 Yard Butterfly

NATL: 28.70 ! 7/25/2021 RICHARD ABRAHAMS

PAC: 28.95 # 4/28/2019 Richard Burns

1	McPherson, Andrew	75	Davis Aquatic Masters-38	30.00	31.35	21
2	DeLacy, James	75	Walnut Creek Masters-38	33.00	31.72	19
3	Burns, Richard	78	Tamalpais Aquatic Masters-38	33.00	31.74	18

Men 75-79 100 Yard Butterfly

NATL: 1:07.46 ! 4/27/2019 RICHARD BURNS

PAC: 1:07.46 # 4/27/2019 Richard Burns

1	McPherson, Andrew	75	Davis Aquatic Masters-38	1:08.00	1:13.05	21
	33.31		1:13.05 (39.74)			

Men 75-79 100 Yard IM

NATL: 1:08.68 ! 9/18/2016 MIKE FRESHLEY

PAC: 1:10.17 # 4/14/2019 Richard Burns

1	McPherson, Andrew	75	Davis Aquatic Masters-38	1:12.00	1:11.73	21
	33.48		1:11.73 (38.25)			

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Men 75-79 100 Yard IM)**

2	Dennis, D Craig	75	Walnut Creek Masters-38	1:17.00	1:13.82	19
	34.51	1:13.82 (39.31)				
3	Burns, Richard	78	Tamalpais Aquatic Masters-38	1:18.00	1:14.10	18
	33.89	1:14.10 (40.21)				
4	Fitschen, Gary	76	Manatee Aquatic Masters Inc-38	1:30.00	1:26.77	17
	44.19	1:26.77 (42.58)				
5	Smith, Kirby	75	Uc38	1:35.00	1:31.49	16
	44.22	1:31.49 (47.27)				
6	Rust, David	75	Santa Rosa Masters-38	1:39.52	1:47.25	15
	52.68	1:47.25 (54.57)				

Men 75-79 200 Yard IM

NATL: 2:35.33 ! 5/17/2019 RICHARD BURNS

PAC: 2:35.33 # 5/17/2019 Richard Burns

1	Fitschen, Gary	76	Manatee Aquatic Masters Inc-38	3:00.00	3:04.66	21
	43.32	1:33.01 (49.69)	2:20.30 (47.29)	3:04.66 (44.36)		
2	Rust, David	75	Santa Rosa Masters-38	4:04.32	3:56.59	19
	56.53	1:57.84 (1:01.31)	3:07.84 (1:10.00)	3:56.59 (48.75)		

Men 75-79 400 Yard IM

NATL: 5:43.80 ! 4/15/2016 MIKE FRESHLEY

PAC: 5:47.05 # 5/18/2019 Richard Burns

1	Rust, David	75	Santa Rosa Masters-38	9:51.89	9:01.86	21
	1:00.88	2:20.34 (1:19.46)	3:30.87 (1:10.53)	4:37.01 (1:06.14)		
	5:54.15 (1:17.14)	7:13.50 (1:19.35)	8:09.91 (56.41)	9:01.86 (51.95)		

Men 80-84 50 Yard Freestyle

NATL: 28.68 ! 4/30/2017 FARRELL\FARRELL

PAC: 31.28 # 2/17/2019 William G Van Hor

1	Stewart, Jim	80	Santa Rosa Masters-38	50.00	46.82	21
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Men 80-84 100 Yard Freestyle

NATL: 1:04.60 ! 5/3/2014 DAVID RADCLIFF

PAC: 1:10.76 # 12/31/2000 Ray Taft

1	Stewart, Jim	80	Santa Rosa Masters-38	1:50.00	1:47.91	21
	51.27	1:47.91 (56.64)				

Men 80-84 200 Yard Freestyle

NATL: 2:23.60 ! 4/12/2015 DAVID RADCLIFF

PAC: 2:42.10 # 12/31/2000 Ray Taft

1	Norris, Robert	83	Davis Aquatic Masters-38	3:57.00	3:59.80	21
	57.41	1:59.71 (1:02.30)	3:02.24 (1:02.53)	3:59.80 (57.56)		

Men 80-84 500 Yard Freestyle

NATL: 6:27.81 ! 5/1/2014 DAVID RADCLIFF

PAC: 7:20.34 # 12/31/1999 Ray Taft

1	Norris, Robert	83	Davis Aquatic Masters-38	10:25.00	10:33.85	21
	56.81	2:01.03 (1:04.22)	3:05.11 (1:04.08)	5:14.51 (2:09.40)		
	6:19.32 (1:04.81)	7:24.71 (1:05.39)	8:29.80 (1:05.09)	9:34.95 (1:05.15)		
	10:33.85 (58.90)					

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 80-84 1650 Yard Freestyle**

NATL: 21:54.87 ! 5/1/2014 DAVID RADCLIFF

PAC: 26:14.62 # 12/31/2000 Ray Taft

1	Norris, Robert	83	Davis Aquatic Masters-38	36:30.00	37:23.53	21
				1:02.51	2:07.55 (1:05.04)	
				4:18.70 (2:11.15)	8:48.59 (4:29.89)	
				9:55.93 ()	12:12.93 (2:17.00)	
					13:23.02 ()	
					18:00.06 ()	
					22:36.01 ()	
				24:54.02 ()	37:23.53 (12:29.51)	

Men 80-84 50 Yard Backstroke

NATL: 34.49 ! 4/29/2016 YOSHI OYAKAWA

PAC: 37.39 # 12/31/2000 Ray Taft

1	Shaw, James	80	Uc38	50.87	48.00	21
2	Norris, Robert	83	Davis Aquatic Masters-38	55.00	48.43	19
3	Stewart, Jim	80	Santa Rosa Masters-38	1:00.00	1:02.16	18

Men 80-84 100 Yard Backstroke

NATL: 1:15.69 ! 3/11/2017 DAVID COSTILL

PAC: 1:24.23 # 12/31/2000 Ray Taft

1	Stewart, Jim	80	Santa Rosa Masters-38	2:00.00	2:13.26	21
				1:03.81	2:13.26 (1:09.45)	

Men 80-84 200 Yard Backstroke

NATL: 2:48.59 ! 3/23/2013 BURWELL JONES

PAC: 3:06.53 # 12/31/2000 Ray Taft

1	Norris, Robert	83	Davis Aquatic Masters-38	3:58.00	4:05.47	21
				57.71	2:01.91 (1:04.20)	
					3:03.56 (1:01.65)	
					4:05.47 (1:01.91)	
2	Stewart, Jim	80	Santa Rosa Masters-38	4:30.00	5:24.13	19
				1:09.92	2:30.77 (1:20.85)	
					4:01.24 (1:30.47)	
					5:24.13 (1:22.89)	

Men 80-84 50 Yard Breaststroke

NATL: 37.48 ! 5/1/2021 MIKE FRESHLEY

PAC: 41.30 # 12/31/1998 Aldo da Rosa

1	Zuur, James	81	Tamalpais Aquatic Masters-38	53.00	51.44	21
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Men 80-84 100 Yard Breaststroke

NATL: 1:23.28 ! 5/1/2021 MIKE FRESHLEY

PAC: 1:32.85 # 12/31/1998 Aldo da Rosa

1	Zuur, James	81	Tamalpais Aquatic Masters-38	2:00.00	2:01.86	21
				59.87	2:01.86 (1:01.99)	

Men 80-84 50 Yard Butterfly

NATL: 33.11 ! 5/1/2021 MIKE FRESHLEY

PAC: 36.97 # 12/31/2012 Ashley K Jones

1	Shaw, James	80	Uc38	49.77	42.88	21
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Men 80-84 100 Yard Butterfly

NATL: 1:22.34 ! 4/8/2017 DAVID COSTILL

PAC: 1:36.89 # 12/31/1998 Aldo da Rosa

1	Shaw, James	80	Uc38	1:40.00	1:56.63	21
				51.66	1:56.63 (1:04.97)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 85-89 50 Yard Freestyle**

NATL: 31.92 ! 3/7/2010 FRANK PIEMME

PAC: 35.77 # 12/31/2004 William Johnston

1	Mayo, Robert	88	Walnut Creek Masters-38	49.90	45.72	21
2	Morner, Stan	87	Walnut Creek Masters-38	48.69	46.16	19
3	Braly, F Mark	86	Davis Aquatic Masters-38	1:07.16	1:17.47	18

Men 85-89 100 Yard Freestyle

NATL: 1:10.92 ! 4/18/2010 FRANK PIEMME

PAC: 1:29.20 # 12/31/2004 William Johnston

1	Morner, Stan	87	Walnut Creek Masters-38	1:47.62	1:46.22	21
	48.39		1:46.22 (57.83)			
2	Mayo, Robert	88	Walnut Creek Masters-38	1:55.00	1:47.79	19
	50.88		1:47.79 (56.91)			
3	Braly, F Mark	86	Davis Aquatic Masters-38	2:33.63	2:53.72	18
	1:22.29		2:53.72 (1:31.43)			

Men 85-89 200 Yard Freestyle

NATL: 2:42.78 ! 5/19/2019 DAVID RADCLIFF

PAC: 3:19.24 # 12/31/2004 Aldo da Rosa

1	Morner, Stan	87	Walnut Creek Masters-38	4:18.01	3:58.83	21
	54.34		1:58.00 (1:03.66)	3:00.47 (1:02.47)	3:58.83 (58.36)	
2	Mayo, Robert	88	Walnut Creek Masters-38	4:20.00	4:00.41	19
	55.72		1:58.59 (1:02.87)	3:01.53 (1:02.94)	4:00.41 (58.88)	
3	Braly, F Mark	86	Davis Aquatic Masters-38	6:25.78	7:01.49	18
			3:37.86 ()	5:25.02 (1:47.16)	7:01.49 (1:36.47)	

Men 85-89 500 Yard Freestyle

NATL: 7:37.32 ! 5/17/2019 DAVID RADCLIFF

PAC: 9:37.15 # 12/31/2005 Richard T Smith

1	Mayo, Robert	88	Walnut Creek Masters-38	11:40.00	10:41.09	21
	56.94		2:00.86 (1:03.92)	3:08.27 (1:07.41)	4:14.23 (1:05.96)	
	5:19.65 (1:05.42)		6:24.39 (1:04.74)	7:31.29 (1:06.90)	8:36.23 (1:04.94)	
	9:41.44 (1:05.21)		10:41.09 (59.65)			
2	Morner, Stan	87	Walnut Creek Masters-38	10:55.50	10:42.55	19
	58.68		2:02.25 (1:03.57)	3:09.77 (1:07.52)	4:18.63 (1:08.86)	
	5:25.17 (1:06.54)		6:30.95 (1:05.78)	7:39.33 (1:08.38)	8:41.74 (1:02.41)	
	9:46.16 (1:04.42)		10:42.55 (56.39)			

Men 85-89 50 Yard Backstroke

NATL: 36.72 ! 4/21/2018 CLARKE MITCHELL

PAC: 43.82 # 12/31/2003 Aldo da Rosa

1	Mayo, Robert	88	Walnut Creek Masters-38	1:00.00	53.19	21
---	Braly, F Mark	86	Davis Aquatic Masters-38	1:33.25	DQ	

Men 85-89 100 Yard Backstroke

NATL: 1:24.98 ! 4/22/2018 CLARKE MITCHELL

PAC: 1:36.99 # 12/31/2003 Aldo da Rosa

1	Mayo, Robert	88	Walnut Creek Masters-38	1:58.00	2:06.22	21
	1:01.84		2:06.22 (1:04.38)			

Men 85-89 200 Yard Backstroke

NATL: 3:18.52 ! 5/13/2018 CLARKE MITCHELL

PAC: 3:43.10 # 12/31/2003 Aldo da Rosa

1	Mayo, Robert	88	Walnut Creek Masters-38	4:24.00	4:23.31	21
	1:00.98		2:08.89 (1:07.91)	3:16.77 (1:07.88)	4:23.31 (1:06.54)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 85-89 50 Yard Breaststroke**

NATL: 42.72 ! 3/7/2010 FRANK PIEMME

PAC: 43.56 # 12/31/2003 Aldo da Rosa

1 Morner, Stan 87 Walnut Creek Masters-38 58.51 1:08.86 21

Men 85-89 200 Yard Breaststroke

NATL: 3:46.18 ! 3/20/2010 FRANK PIEMME

PAC: 3:55.05 # 12/31/2003 Aldo da Rosa

1 Morner, Stan 87 Walnut Creek Masters-38 8:59.90 5:49.97 21
1:18.32 2:51.51 (1:33.19) 4:21.87 (1:30.36) 5:49.97 (1:28.10)**Men 85-89 50 Yard Butterfly**

NATL: 38.14 ! 5/13/2018 CLARKE MITCHELL

PAC: 49.18 # 12/31/2010 Frank R Grannis

1 Fleming, Jack 86 University of San Francisco Ma-38 42.06 50.80 21
2 Braly, F Mark 86 Davis Aquatic Masters-38 1:26.32 1:47.04 19**Men 85-89 100 Yard Butterfly**

NATL: 1:41.31 ! 4/18/2010 FRANK PIEMME

PAC: 2:01.96 # 3/13/2010 Frank R Grannis

--- Fleming, Jack 86 University of San Francisco Ma-38 1:47.44 DQ
56.22 DQ (1:14.04)**Men 85-89 100 Yard IM**

NATL: 1:28.37 ! 3/7/2010 FRANK PIEMME

PAC: 1:42.15 # 12/31/2009 Edward Rudloff

1 Fleming, Jack 86 University of San Francisco Ma-38 1:41.55 1:59.11 21
59.41 1:59.11 (59.70)
2 Morner, Stan 87 Walnut Creek Masters-38 3:01.92 2:25.28 19
1:14.59 2:25.28 (1:10.69)
3 Braly, F Mark 86 Davis Aquatic Masters-38 3:04.98 3:27.91 18
1:43.68 3:27.91 (1:44.23)**Men 85-89 200 Yard IM**

NATL: 3:18.10 ! 4/18/2010 FRANK PIEMME

PAC: 3:41.92 # 12/31/2003 Aldo da Rosa

1 Fleming, Jack 86 University of San Francisco Ma-38 4:10.33 4:18.23 21
57.38 2:06.05 (1:08.67) 3:13.36 (1:07.31) 4:18.23 (1:04.87)
2 Sulzbach, John 87 Menlo Masters-38 7:30.00 6:27.73 19
1:38.21 3:20.31 (1:42.10) 6:27.73 (3:07.42)
3 Braly, F Mark 86 Davis Aquatic Masters-38 6:36.98 7:35.98 18
3:50.83 () 6:09.95 (2:19.12) 7:35.98 (1:26.03)**Women 18+ 200 Yard Medley Relay**

NATL: 1:45.34 ! 4/24/2015 THE OLYMPIC CLU

A SENKO, K MCGRAW, K KASTES, K MURPHY

PAC: 1:45.34 # 4/24/2015 TOC

A Senko, K McGraw, K Kastes, K Murphy

1 Davis Aquatic Masters-38 A 2:00.99 2:09.37 42
1) Crow, Vivian W24 2) Nehrebecki, Helene W42 3) Goldberg, Michelle W53 4) Leacox, Ginger W52
31.08 1:07.47 (36.39) 1:41.53 (34.06) 2:09.37 (27.84)

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 25+ 200 Yard Freestyle Relay**

NATL: 1:34.62 ! 4/7/2019

NORTH CAROLINA

PAC: 1:35.01 # 4/25/2015

M KENNEDY, L SMITH, K LINDAUER, E BRAUN

TOC

O'Donnell-McCarthy, K Kastes, M Gill, K Raatz

1	Club Hot Tub-38	A	1:57.00	1:51.08	42
	1) Marullo, Rachel W38	2) Sun, Tiffany W33	3) White, Lisa W37	4) Sborov, Alex W27	
	28.54	54.92 (26.38)	1:22.70 (27.78)	1:51.08 (28.38)	
2	Santa Cruz Masters Aquatics-38	A	1:54.49	1:55.35	38
	1) Thorp, Valerie W30	2) Crosby, Priya W30	3) Bechhoefer, Marta W54	4) Graeven, Rainey W32	
	27.86	55.96 (28.10)	1:29.01 (33.05)	1:55.35 (26.34)	
3	Marcia's Enthusiastic Masters-38	A	2:14.00	2:06.21	36
	1) McBride, Elizabeth W32	2) Flynn, Elizabeth W42	3) Woodworth, Kathryn W35	4) Schley, Kelly W42	
	31.10	1:02.78 (31.68)	1:33.86 (31.08)	2:06.21 (32.35)	
4	Marcia's Enthusiastic Masters-38	B	2:48.00	2:24.11	34
	1) Polanco-Jimenez, Karina W27	2) Segal, Chelsea L W31	3) Jablonski, Natalie W33	4) Danna, Nicole W34	
	39.61	1:13.72 (34.11)	1:49.65 (35.93)	2:24.11 (34.46)	

Women 25+ 400 Yard Freestyle Relay

NATL: 3:36.62 ! 4/15/2018

CLUB TRIBE

PAC: 3:37.75 # 12/31/1991

G MIZERAK, V MAQUEDA, K GRIER, S SHANER

WCM

Lewis, Paula Roemer, Wendy Ingraham, Shaw

1	Club Hot Tub-38	A	4:19.50	4:10.02	42
	1) Marullo, Rachel W38	2) Sborov, Alex W27	3) Sun, Tiffany W33	4) Groskopf, Sarah W41	
	30.62	1:02.95 (1:02.95)	1:33.44 (30.49)	2:06.38 (1:03.43)	
	2:32.87 (26.49)	3:02.97 (56.59)	3:35.02 (32.05)	4:10.02 (1:07.05)	
2	Marcia's Enthusiastic Masters-38	B	6:10.00	5:27.28	38
	1) Chien, Regina W35	2) Polanco-Jimenez, Karina W27	3) Bailey, Jessica W43	4) Lapidario, Millie W41	
	37.18	1:15.78 (1:15.78)	1:46.21 (30.43)	2:40.47 (1:24.69)	
	3:14.43 (33.96)	3:56.59 (1:16.12)	4:40.02 (43.43)	5:27.28 (1:30.69)	
3	Marcia's Enthusiastic Masters-38	A	5:30.00	5:29.89	36
	1) Press, Elizabeth W32	2) Ramos, Mena Cayetana W39	3) Lu, Jenny W30	4) Danna, Nicole W34	
	38.69	1:21.43 (1:21.43)	2:02.71 (41.28)	2:48.49 (1:27.06)	
	3:27.69 (39.20)	4:10.03 (1:21.54)	4:47.47 (37.44)	5:29.89 (1:19.86)	

Women 25+ 800 Yard Freestyle Relay

NATL: 7:43.29 ! 2/23/2013

RED TIDE OF NYC

PAC: 7:59.38 # 12/31/1996

B O'CONNOR, W SPRAGUE, K GARY, K VANDENBERG

WCM

L, W Ingraham, M Ghiggeri, S Shand

1	Menlo Masters-38	A	11:47.99	10:51.48	42
	1) Bergman, Abigail W25	2) Renner, Janet W60	3) Santilhano, Michele W51	4) Couch, Stephanie W57	
	31.52	1:06.85 (1:06.85)	1:42.72 (1:42.72)	2:17.25 (2:17.25)	
	2:27.27 (10.02)	2:55.55 (38.30)	3:37.90 (1:20.65)	4:19.88 (2:02.63)	
	5:46.85 (1:26.97)	6:38.67 (2:18.79)	7:31.44 (3:11.56)	8:33.30 (4:13.42)	
	8:57.49 (24.19)	9:35.41 (1:02.11)	10:13.83 (1:40.53)	10:51.48 (2:18.18)	
2	Marcia's Enthusiastic Masters-38	A	14:30.00	12:57.49	38
	1) Lu, Jenny W30	2) Polanco-Jimenez, Karina W27	3) Danna, Nicole W34	4) Gimbel, Erika W52	
	40.54	1:25.13 (1:25.13)	2:12.29 (2:12.29)	2:57.94 (2:57.94)	
	3:42.98 (45.04)	4:32.33 (1:34.39)	5:21.41 (2:23.47)	6:08.56 (3:10.62)	
	6:20.55 (11.99)	6:45.91 (37.35)	7:30.91 (1:22.35)	8:17.87 (2:09.31)	
	9:03.57 (45.70)	9:16.96 (59.09)	9:49.07 (1:31.20)	12:57.49 (4:39.62)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 25+ 200 Yard Medley Relay**

NATL: 1:45.01 ! 5/4/2008

SOUTHERN METHOD

PAC: 1:45.32 # 5/1/2016

L OBERSTAR-BROWN, K MCCLELLAND, L HOLT, D DIEZI

TOC

O'Donnell-McCarthy, K Houston, M Ballenger, K

1	Santa Cruz Masters Aquatics-38	A	1:55.99	2:17.37	42
	1) Bechhoefer, Marta W54	2) Graeven, Rainey W32	3) Thorp, Valerie W30	4) Crosby, Priya W30	
	44.02	1:18.09 (34.07)	1:48.27 (30.18)	2:17.37 (29.10)	
2	Club Hot Tub-38	A	2:42.50	2:41.45	38
	1) Clark, Cynthia A W41	2) deClercq, Tammy C W45	3) Raviv, Rotem W31	4) Jansen, Mary-Kaye W62	
	38.03	1:17.75 (39.72)	2:03.03 (45.28)	2:41.45 (38.42)	
3	Walnut Creek Masters-38	A	2:09.00	2:45.38	36
	1) Brownlie, Kerianne W28	2) Hwang, Jenn W30	3) Ongerth, Ann Michelle W47	4) Reynolds, Rona-Alyse W54	
	36.14	1:11.47 (35.33)	1:50.27 (38.80)	2:45.38 (55.11)	
4	Marcia's Enthusiastic Masters-38	A	3:00.00	2:46.97	34
	1) Danna, Nicole W34	2) Lee, Jez W41	3) Balch, Christina W46	4) Lapidario, Millie W41	
	44.00	1:27.35 (43.35)	2:06.89 (39.54)	2:46.97 (40.08)	
5	Marcia's Enthusiastic Masters-38	B	3:20.00	3:11.08	32
	1) Taylor, Opal W46	2) Segal, Chelsea L W31	3) Polanco-Jimenez, Karina W27	4) Jablonski, Natalie W33	
	49.20	1:11.95 (22.75)	2:32.83 (1:20.88)	3:11.08 (38.25)	

Women 25+ 400 Yard Medley Relay

NATL: 4:00.63 ! 4/8/2017

CLUB TRIBE

PAC: 4:09.85 # 12/31/1992

A CZAPLICKI, K HARRIS, M FALCONE, K GRIER

USF

J Rothkopf, B Lambert, L Soffe, K Asplund

1	Quicksilver Masters-38	A	4:16.99	4:49.71	42
	1) Keighley, Carole W58	2) Cameron, Melissa W45	3) Waters, Megan W32	4) Sterzer, Robin W57	
	39.60	1:20.50 (1:20.50)	1:58.52 (38.02)	2:40.07 (1:19.57)	
	3:00.89 (20.82)	3:40.72 (1:00.65)	4:12.92 (32.20)	4:49.71 (1:08.99)	
2	Marcia's Enthusiastic Masters-38	A	8:45.00	6:38.22	38
	1) Espinosa, Rebecca W51	2) Lu, Jenny W30	3) Lee, Jez W41	4) Polanco-Jimenez, Karina W27	
	1:00.95	2:11.54 (2:11.54)	2:58.39 (46.85)	3:48.66 (1:37.12)	
	4:26.89 (38.23)	5:15.04 (1:26.38)	5:56.58 (41.54)	6:38.22 (1:23.18)	

Women 35+ 200 Yard Freestyle Relay

NATL: 1:36.42 ! 2/1/2015

NCMS

PAC: 1:40.89 # 12/31/2004

K LINDAUER, A UHL, J STRINGER, E BRAUN

MELO

Liernan, Jasek, Basile, Strauss

1	Fresno Dolphins Masters Swim T	A	1:53.99	1:52.80	42
	1) Lane, Tanya W50	2) Benas, Rebecca M W42	3) Hendrix, Haley W42	4) McCaffrey, Elizabeth R W43	
	27.42	56.53 (29.11)	1:26.72 (30.19)	1:52.80 (26.08)	
2	Davis Aquatic Masters-38	A	1:59.99	2:04.94	38
	1) Nehrebecki, Helene W42	2) Goldberg, Michelle W53	3) Phalen, Jennifer W57	4) Russell, Jane W58	
	27.81	58.97 (31.16)	1:33.37 (34.40)	2:04.94 (31.57)	
3	Marcia's Enthusiastic Masters-38	A	3:00.00	2:39.58	36
	1) Doyle, Nia W41	2) Lapidario, Millie W41	3) Han, Qi W43	4) Lee, Jez W41	
	30.33	1:12.94 (42.61)	2:06.04 (53.10)	2:39.58 (33.54)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022

Results

Women 35+ 400 Yard Freestyle Relay

NATL: 3:34.28 ! 3/29/2014 NORTH CAROLINA

K LINDAUER, J STRINGER, A UHL, E BRAUN

PAC: 3:47.02 # 12/31/1999 WCM

Caryn McNamara, Paula Roemer, Leach, Laura Vidal

1	Santa Rosa Masters-38	A	4:29.99	4:25.37	42
	1) Walts, Merrie W61	2) Jones, Sara W53	3) Bulman, Robin W56	4) Rueda, Marcela W40	
	30.52	1:03.85 (1:03.85)	1:36.89 (33.04)	2:13.86 (1:10.01)	
	2:46.71 (32.85)	3:22.95 (1:09.09)	3:52.60 (29.65)	4:25.37 (1:02.42)	
---	Marcia's Enthusiastic Masters-38	A	4:55.00	DQ	
	1) Flynn, Elizabeth W42	2) Schley, Kelly W42	3) Doyle, Nia W41	4) Lee, Jez W41	
	35.00	1:14.28 (1:14.28)	1:48.16 (33.88)	2:25.33 (1:11.05)	
	2:59.53 (34.20)	3:36.33 (1:11.00)	4:11.70 (35.37)	DQ (1:13.72)	

Women 35+ 800 Yard Freestyle Relay

NATL: 7:58.40 ! 1/31/2015 NCMS

E BRAUN, J STRINGER, A UHL, K LINDAUER

PAC: 8:29.55 # 12/31/2012 WCM

A Zamanian, S Coate, D Santos, A Salmeeen

1	Marcia's Enthusiastic Masters-38	A	14:00.00	13:02.03	42
	1) Chien, Regina W35	2) Chaiyasane, Koung W37	3) Ramos, Mena Cayetana W39	4) Williams, Leah W40	
	41.10	1:27.13 (1:27.13)	2:14.33 (2:14.33)	2:56.37 (2:56.37)	
	3:19.05 (22.68)	3:44.89 (48.52)	4:38.79 (1:42.42)	5:33.38 (2:37.01)	
	6:26.33 (52.95)	6:41.59 (1:08.21)	7:12.05 (1:38.67)	8:01.91 (2:28.53)	
	8:53.04 (51.13)	9:43.14 (1:41.23)	10:02.95 (2:01.04)	13:02.03 (5:00.12)	

Women 35+ 200 Yard Medley Relay

NATL: 1:48.55 ! 5/14/2006 COLORADO MASTER

S HART, S VON DER LIPPE, E CAMPBELL, K GARNIER

PAC: 1:52.67 # 12/31/2009 WCM

J Fusari, D Santos, L Ward, A Zamanian

1	Club Hot Tub-38	A	2:35.99	2:34.96	42
	1) Frydendahl, Codel W61	2) Tofanelli, Kelly W40	3) Groskopf, Sarah W41	4) Riley, Jayne W58	
	44.68	1:28.21 (43.53)	2:03.02 (34.81)	2:34.96 (31.94)	
2	Marcia's Enthusiastic Masters-38	A	3:20.00	3:19.77	38
	1) Doyle, Nia W41	2) Han, Qi W43	3) Woodworth, Kathryn W35	4) Vu, Nha W39	
	38.40	1:50.57 (1:12.17)	2:27.23 (36.66)	3:19.77 (52.54)	

Women 35+ 400 Yard Medley Relay

NATL: 4:04.48 ! 2/1/2015 NCMS

J STRINGER, K LINDAUER, A UHL, E BRAUN

PAC: 4:21.26 # 12/31/1996 STAN

Kim Carlisle, Eileen Wall, Lloyd, Lewis

1	Davis Aquatic Masters-38	A	4:59.99	4:45.07	42
	1) Rieger, Amy W60	2) Nehrebecki, Helene W42	3) Leacox, Ginger W52	4) Goldberg, Michelle W53	
	32.33	1:06.97 (1:06.97)	1:44.48 (37.51)	2:25.67 (1:18.70)	
	2:58.18 (32.51)	3:36.49 (1:10.82)	4:09.47 (32.98)	4:45.07 (1:08.58)	
2	Marcia's Enthusiastic Masters-38	A	5:35.00	5:18.00	38
	1) Woodworth, Kathryn W35	2) Hahnel, Carrie W43	3) Forrest-White, Layla W36	4) Schley, Kelly W42	
	38.97	1:20.12 (1:20.12)	1:58.27 (38.15)	2:41.23 (1:21.11)	
	3:20.93 (39.70)	4:06.65 (1:25.42)	4:40.98 (34.33)	5:18.00 (1:11.35)	
3	Marcia's Enthusiastic Masters-38	B	7:15.00	6:26.84	36
	1) Chien, Regina W35	2) Lapidario, Millie W41	3) Ramos, Mena Cayetana W39	4) Martin, Brieanne W41	
	44.90	1:30.64 (1:30.64)	2:27.50 (56.86)	3:31.04 (2:00.40)	
	4:17.01 (45.97)	5:10.01 (1:38.97)	5:47.34 (37.33)	6:26.84 (1:16.83)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 45+ 200 Yard Freestyle Relay**

NATL: 1:40.44 ! 4/30/2011 COLORADO MASTER
K GARNIER, C SAPPEY, A SCOTT-KUBE, S VON DER LIPPE
PAC: 1:47.42 # 12/31/2007 WCM
Roemer, McNamara, Crittenden, O'Brien

1	Marcia's Enthusiastic Masters-38	A	2:12.00	2:04.80	42
	1) Shu, Vicki W53	2) Burger, Clare W54	3) Voight, Tina W52	4) de la Torre, Yasuko W51	
	31.45	1:02.26 (30.81)	1:34.52 (32.26)	2:04.80 (30.28)	
2	Almaden Masters-38	A	2:30.00	2:44.80	38
	1) Ananmalay, Tracey W56	2) Batill, Michelle W52	3) Sechrist, Amy W51	4) Fahlen, Lola W52	
	37.12	1:28.39 (51.27)	2:11.79 (43.40)	2:44.80 (33.01)	

Women 45+ 400 Yard Freestyle Relay

NATL: 3:47.01 ! 1/19/2019 NORTH CAROLINA
A HOLLAND, S DUNN, J BUCKLEY, E BRAUN
PAC: 4:05.51 # 12/31/2005 WCM
S Heim-Bowen, O Moore, P Landers, C O'Brien

1	North Bay Aquatics-38	A	4:10.22	4:15.24	42
	1) Pledger, Abby W47	2) Oliver, April W60	3) Lewis, Melissa W56	4) Thompson, Amy W W51	
	27.90	57.11 (57.11)	1:28.23 (31.12)	2:03.67 (1:06.56)	
	2:35.90 (32.23)	3:10.21 (1:06.54)	3:41.84 (31.63)	4:15.24 (1:05.03)	
2	Almaden Masters-38	A	5:30.00	4:37.78	38
	1) Fahlen, Lola W52	2) Kirk, Eleanore L W57	3) Sechrist, Amy W51	4) Jaffer, Johanna W65	
	36.84	1:17.20 (1:17.20)	1:54.20 (37.00)	2:36.53 (1:19.33)	
	2:54.97 (18.44)	3:17.07 (40.54)	4:02.75 (45.68)	4:37.78 (1:20.71)	
3	Marcia's Enthusiastic Masters-38	A	7:20.00	6:10.14	36
	1) Lindahl, Sarah W45	2) Taylor, Opal W46	3) Gimbel, Erika W52	4) Kenworth, Kathryn A W54	
	38.44	1:20.42 (1:20.42)	2:05.43 (45.01)	2:48.39 (1:27.97)	
	3:37.39 (49.00)	4:30.32 (1:41.93)	5:18.09 (47.77)	6:10.14 (1:39.82)	

Women 45+ 800 Yard Freestyle Relay

NATL: 8:33.70 ! 3/17/2019 CONEJO VALLEY M
J GELLATLY, J WEIDERMAN, L DALAND-JAMES, B CLEAVEN
PAC: 8:39.13 # 12/31/2008 WCM
M Curran, L Vidal, L Sullivan, C O'Brien

1	Marcia's Enthusiastic Masters-38	A	10:40.00	10:33.09	42
	1) Shu, Vicki W53	2) Burger, Clare W54	3) Cavalli, Christina W54	4) Voight, Tina W52	
	34.05	1:11.16 (1:11.16)	1:49.36 (1:49.36)	2:26.29 (2:26.29)	
	3:00.63 (34.34)	3:39.81 (1:13.52)	4:21.05 (1:54.76)	5:00.75 (2:34.46)	
	6:17.65 (1:16.90)	6:59.28 (1:58.53)	7:40.08 (2:39.33)	8:14.50 (3:13.75)	
	8:55.12 (40.62)	9:39.10 (1:24.60)	10:22.96 (2:08.46)	10:33.09 (2:18.59)	
2	Club Hot Tub-38	A	10:50.00	10:39.73	38
	1) Romine, Terri W61	2) Mcurdie, Patti B W55	3) Battaglia, Deborah W54	4) Estrada, Kate W55	
	38.08	1:19.52 (1:19.52)	2:02.62 (2:02.62)	2:45.90 (2:45.90)	
	3:19.07 (33.17)	3:56.98 (1:11.08)	4:36.40 (1:50.50)	5:35.39 (2:49.49)	
	5:52.95 (17.56)	6:34.87 (59.48)	7:18.63 (1:43.24)	8:00.48 (2:25.09)	
	8:16.36 (15.88)	8:35.37 (34.89)	9:14.31 (1:13.83)	10:39.73 (2:39.25)	

Women 45+ 200 Yard Medley Relay

NATL: 1:51.83 ! 5/12/2018 NORTH CAROLINA
J BUCKLEY, S DUNN, E BRAUN, A HOLLAND
PAC: 1:58.18 # 12/31/2009 WCM
P Roemer, S Sotelo-Osborne, S Heim-Bowen, M Curran

1	Marcia's Enthusiastic Masters-38	A	2:45.00	2:27.89	42
	1) Burger, Clare W54	2) Voight, Tina W52	3) de la Torre, Yasuko W51	4) Hatvany, Lauren W58	
	37.84	1:20.33 (42.49)	1:53.26 (32.93)	2:27.89 (34.63)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 45+ 200 Yard Medley Relay)**

2	Almaden Masters-38	A	3:10.00	2:44.52	38
	1) Sechrist, Amy W51	2) Jaffer, Johanna W65	3) Fahlen, Lola W52	4) Ananmalay, Tracey W56	
	46.36	1:06.44 (20.08)	2:10.16 (1:03.72)	2:44.52 (34.36)	
3	Marcia's Enthusiastic Masters-38	B	3:40.00	3:10.20	36
	1) Kenworth, Kathryn A W54	2) Huse, Green W54	3) Gimbel, Erika W52	4) McDonnell, Libby W49	
	50.38	1:39.57 (49.19)	2:33.92 (54.35)	3:10.20 (36.28)	

Women 45+ 400 Yard Medley Relay

NATL: 4:12.53 ! 4/11/2010 OREGON REIGN MA
V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES
PAC: 4:26.14 # 12/31/2008 WCM
L Vidal, S Sotelo-Osborne, S, P Roemer

1	Marcia's Enthusiastic Masters-38	A	5:45.00	5:22.53	42
	1) Burger, Clare W54	2) de la Torre, Yasuko W51	3) Shu, Vicki W53	4) Rafkin, Louise W63	
		1:25.50 (1:25.50)	2:07.96 (42.46)	2:55.24 (1:29.74)	
		3:30.68 (35.44)	4:11.45 (1:16.21)	4:45.29 (33.84)	5:22.53 (1:11.08)
2	Marcia's Enthusiastic Masters-38	B	6:50.00	7:03.64	38
	1) Kenworth, Kathryn A W54	2) Gimbel, Erika W52	3) Hurt, Liz W57	4) Taylor, Opal W46	
	55.38	1:53.25 (1:53.25)	2:53.15 (59.90)	4:41.07 (2:47.82)	
	5:36.89 (55.82)	6:20.62 (1:39.55)	7:03.64 (43.02)		
---	Manatee Aquatic Masters Inc-38	A	6:22.99	DQ	
	1) Kline, Kathleen W65	2) Galante, Carol W67	3) Perry, Rebecca W57	4) Chachkin, Myra W53	
	51.09	2:05.11 (2:05.11)	2:26.59 (21.48)	2:56.10 (50.99)	
	3:54.48 (58.38)	4:30.06 (1:33.96)	5:10.77 (40.71)	DQ (2:06.09)	

Women 55+ 200 Yard Freestyle Relay

NATL: 1:45.60 ! 4/29/2017 PALM BEACH MAST
K PIPES, E JONES, K TREIBLE SLATON, C WENZEL
PAC: 1:53.82 # 4/29/2017 TAM
L Val, J Eisenman, B Wheeler, M Joyce

1	Menlo Masters-38	A	2:19.99	2:10.55	42
	1) Capen, Tasha W55	2) Pinto, Rebecca W67	3) Couch, Stephanie W57	4) Feeley, Louise W63	
	30.30	1:06.54 (36.24)	1:39.98 (33.44)	2:10.55 (30.57)	
2	Marcia's Enthusiastic Masters-38	A	2:25.00	2:12.39	38
	1) Hurt, Liz W57	2) Hatvany, Lauren W58	3) Haufler, Susan W64	4) Rafkin, Louise W63	
	33.42	1:08.44 (35.02)	1:32.21 (23.77)	2:12.39 (40.18)	
3	Club Hot Tub-38	A	2:38.20	2:21.31	36
	1) Frydendahl, Codel W61	2) Riley, Jayne W58	3) Romine, Terri W61	4) Jansen, Mary-Kaye W62	
	37.34	1:09.33 (31.99)	2:21.31 (1:11.98)	2:21.31 ()	
4	Marcia's Enthusiastic Masters-38	B	2:58.00	2:42.46	34
	1) Benjamin, Marcia W65	2) Johnson, Julie W64	3) McCormick, Ann L W58	4) Carboni, Lisa W60	
	41.97	1:12.88 (30.91)	2:01.59 (48.71)	2:42.46 (40.87)	

Women 55+ 400 Yard Freestyle Relay

NATL: 4:04.74 ! 2/13/2016 UCLA BRUIN MAST
J HIRSTY, C CIRAULO, J COOK, V HIBBEN
PAC: 4:40.17 # 4/14/2019 DAM
J Russell, M Kahn, C Sprouse, S Guthrie

1	North Bay Aquatics-38	A	4:03.00	3:58.86!	42
	1) Quick, Sarah W58	2) Salmi, Andrea W57	3) Cristea, Dea W59	4) Oster, Kim W59	
	27.97	57.86 (57.86)	1:26.39 (28.53)	1:57.29 (59.43)	
	2:26.29 (29.00)	2:57.96 (1:00.67)	3:27.77 (29.81)	3:58.86 (1:00.90)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Women 55+ 400 Yard Freestyle Relay)**

2	Marcia's Enthusiastic Masters-38	A	7:15.00	6:54.26	38
	1) McCormick, Ann L W58	2) Bennett, Sue W59	3) Johnson, Julie W64	4) Carboni, Lisa W60	
	53.46	1:53.58 (1:53.58)	2:48.29 (54.71)	3:51.46 (1:57.88)	
	4:33.08 (41.62)	5:18.26 (1:26.80)	6:04.24 (45.98)	6:54.26 (1:36.00)	

Women 55+ 800 Yard Freestyle Relay

NATL: 9:04.47 ! 4/28/2013

UCLA BRUIN MAST

V HIBBEN, K EINSIDLER, C CIRAULO, J COOK

PAC: 10:58.62 # 4/6/2018

WCM

M Alwan, C O'Brien, F Adler, C Taylor

1	North Bay Aquatics-38	A	8:50.00	8:43.94!	42
	1) Salmi, Andrea W57	2) Quick, Sarah W58	3) Lein, Brenda W57	4) Oster, Kim W59	
	30.30	1:02.05 (1:02.05)	1:35.03 (1:35.03)	2:08.28 (2:08.28)	
	2:36.69 (28.41)	3:07.29 (59.01)	3:39.86 (1:31.58)	4:13.88 (2:05.60)	
	4:44.81 (30.93)	5:19.27 (1:05.39)	5:55.70 (1:41.82)	6:32.77 (2:18.89)	
	7:04.10 (31.33)	7:37.15 (1:04.38)	8:10.59 (1:37.82)	8:43.94 (2:11.17)	
2	Marcia's Enthusiastic Masters-38	A	16:30.00	16:12.87	38
	1) Carboni, Lisa W60	2) Bennett, Sue W59	3) McCormick, Ann L W58	4) Armstrong, Judy W74	
	45.95	1:37.63 (1:37.63)	2:31.37 (2:31.37)	3:22.22 (3:22.22)	
	4:27.51 (1:05.29)	5:37.15 (2:14.93)	6:47.75 (3:25.53)	7:53.88 (4:31.66)	
	8:49.03 (55.15)	9:52.56 (1:58.68)	10:56.33 (3:02.45)	11:59.41 (4:05.53)	
	12:57.89 (58.48)	14:05.27 (2:05.86)	16:12.87 (4:13.46)		

Women 55+ 200 Yard Medley Relay

NATL: 1:59.24 ! 4/29/2017

PALM BEACH MAST

K PIPES, C WENZEL, E JONES, K TREIBLE SLATON

PAC: 2:08.58 # 4/29/2017

TAM

L Val, B Wheeler, M Joyce, J Eisenman

1	Davis Aquatic Masters-38	A	2:14.99	2:27.92	42
	1) Rieger, Amy W60	2) Phalen, Jennifer W57	3) Russell, Jane W58	4) Gill, Kathy W68	
	31.68	1:14.05 (42.37)	1:47.76 (33.71)	2:27.92 (40.16)	
2	Marcia's Enthusiastic Masters-38	A	3:08.00	3:02.08	38
	1) Carboni, Lisa W60	2) Johnson, Carlaine W57	3) Hurt, Liz W57	4) Benjamin, Marcia W65	
	55.61	1:43.80 (48.19)	2:27.59 (43.79)	3:02.08 (34.49)	

Women 55+ 400 Yard Medley Relay

NATL: 4:38.48 ! 4/26/2013

UCLA BRUIN MAST

K EINSIDLER, J COOK, C CIRAULO, V HIBBEN

PAC: 4:49.94 # 4/8/2018

WCM

B Bilich, S Sotelo, Charlene O'Brien, M Alwah

1	North Bay Aquatics-38	A	4:40.00	4:42.63 #	42
	1) Cristea, Dea W59	2) Oster, Kim W59	3) Quick, Sarah W58	4) Salmi, Andrea W57	
	36.69	1:14.74 (1:14.74)	1:53.41 (38.67)	2:35.00 (1:20.26)	
	3:06.33 (31.33)	3:42.74 (1:07.74)	4:11.71 (28.97)	4:42.63 (59.89)	
2	Marcia's Enthusiastic Masters-38	A	8:20.00	7:34.96	38
	1) Armstrong, Judy W74	2) Johnson, Julie W64	3) Benjamin, Marcia W65	4) Bennett, Sue W59	
	58.48	2:02.64 (2:02.64)	2:54.25 (51.61)	3:51.42 (1:48.78)	
	4:41.50 (50.08)	5:36.92 (1:45.50)	6:32.11 (55.19)	7:34.96 (1:58.04)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Women 65+ 200 Yard Freestyle Relay**

NATL: 1:57.98 ! 3/30/2019 NORTH TEXAS LON

PAC: 1:51.63 # 4/26/2019 J COLE, J WOOLSLAYER, K MACCURDY, C MCKELVEY

TAM

R Burns, L Val, J Eisenman, A Bernard

1	Manatee Aquatic Masters Inc-38	A	2:34.00	2:32.89	42
	1) Mc Partland, Peg W79	2) Caso, Susie W75	3) Shaps, Ruth W74	4) Donaldson, Claire W67	
	44.20	1:26.65 (42.45)	2:00.33 (33.68)	2:32.89 (32.56)	

Women 65+ 200 Yard Medley Relay

NATL: 2:21.19 ! 3/31/2019 NORTH TEXAS LON

PAC: 2:56.11 # 4/8/2018 J WOOLSLAYER, C MCKELVEY, K MACCURDY, J COLE

MAM

P McPartland, S Caso, R Shaps, T Picchi

1	Manatee Aquatic Masters Inc-38	A	2:56.00	2:56.88	42
	1) Shaps, Ruth W74	2) Caso, Susie W75	3) Donaldson, Claire W67	4) Mc Partland, Peg W79	
	40.82	1:35.60 (54.78)	2:11.68 (36.08)	2:56.88 (45.20)	

Men 18+ 200 Yard Freestyle Relay

NATL: 1:18.32 ! 5/22/2010 NORTH CAROLINA

PAC: 1:19.37 # 5/3/2014 N BRUNELLI, C JONES, N WESTBY, J SKUBA

TOC

A Ervin, W Copeland, Nolan Koon, K Ferguson

1	Santa Clara Swim Club Masters-3	A	1:38.00	1:37.41	42
	1) Sarrigeorgidis, Kostas M47	2) Matsumura, Naoki M45	3) Marks, Daniel L M30	4) Perey, Trevor M22	
	25.12	52.01 (26.89)	1:15.65 (23.64)	1:37.41 (21.76)	

Men 18+ 400 Yard Freestyle Relay

NATL: 3:01.60 ! 2/13/2016 GOLDEN ROAD AQU

PAC: 3:12.89 # 4/8/2017 M MARSHALL, N KORTH, M JABEN, T COX

MEMO

Q Cooper, Andrew Seitz, Ryan C Jones, T Greg

1	Club Hot Tub-38	A	3:51.50	3:33.92	42
	1) LI, Lawrence M28	2) Gjerde, Thomas M24	3) Cory, Nikolas M23	4) Slattengren, Cory M44	
	25.59	54.54 (54.54)	1:19.46 (24.92)	1:47.45 (52.91)	
	2:02.71 (15.26)	2:39.15 (51.70)	3:05.26 (26.11)	3:33.92 (54.77)	

Men 18+ 200 Yard Medley Relay

NATL: 1:26.71 ! 5/2/2014 THE OLYMPIC CLU

PAC: 1:26.71 # 5/2/2014 A SAETA, N KOON, N ADRIAN, A ERVIN

TOC

Andrew Saeta, Nolan Koon, Nathan Adrian, A Ervin

1	Club Hot Tub-38	A	1:49.50	1:51.48	42
	1) LI, Lawrence M28	2) Branson, Christopher M47	3) Cory, Nikolas M23	4) Gjerde, Anders M59	
	26.47	1:00.30 (33.83)	1:24.90 (24.60)	1:51.48 (26.58)	
2	Santa Clara Swim Club Masters-3	A	1:50.99	1:51.83	38
	1) Sarrigeorgidis, Kostas M47	2) Perey, Trevor M22	3) Matsumura, Naoki M45	4) Marks, Daniel L M30	
	31.53	59.91 (28.38)	1:27.96 (28.05)	1:51.83 (23.87)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 18+ 400 Yard Medley Relay**

NATL: 3:24.55 ! 4/2/2016 **ARIZONA MASTERS**
D ADALSTEINSSON, D KNITTLE, B CREAGER, Z DALBY
PAC: 3:34.08 # 12/31/1992 **USF**
G Yang, J Harlow, M Fiorito, G Mackem

1	Club Hot Tub-38	A	4:07.50	3:59.21	42
	1) LI, Lawrence M28	2) Cory, Nikolas M23	3) Gjerde, Thomas M24	4) O'Brien, Patrick M58	
	27.98	58.34 (58.34)	1:25.97 (27.63)	1:59.44 (1:01.10)	
	2:26.80 (27.36)	2:59.24 (59.80)	3:28.78 (29.54)	3:59.21 (59.97)	

Men 25+ 200 Yard Freestyle Relay

NATL: 1:19.71 ! 4/7/2018 **RICE AQUATICS**
W WAGNER, A SURHOFF, D HILL, B COLLINS
PAC: 1:20.22 # 4/30/2016 **TOC**
J Leopold, S Greenwood, K Ferguson, A Saeta

1	Marcia's Enthusiastic Masters-38	A	1:39.00	1:36.20	42
	1) Torru, Mikhail M29	2) Harding, Keevan M30	3) Kelly, Blake M30	4) Ward, Roger W M31	
	26.58	51.78 (25.20)	1:13.78 (22.00)	1:36.20 (22.42)	
2	Marcia's Enthusiastic Masters-38	B	2:05.00	1:53.29	38
	1) Chen, Jacky M28	2) Choi, Jindoo (Stephen) M35	3) Downey, Daniel P M54	4) Rozendal, Michael M48	
	22.55	55.78 (33.23)	1:23.51 (27.73)	1:53.29 (29.78)	
3	Fresno Dolphins Masters Swim T	A	1:56.99	1:53.83	36
	1) Nakashian, Nicholas M28	2) Klatt, Richard M71	3) Wilson, Eric M43	4) Lofaro, Fabrizio M46	
	26.00	1:00.39 (34.39)	1:28.04 (27.65)	1:53.83 (25.79)	

Men 25+ 400 Yard Freestyle Relay

NATL: 2:56.95 ! 4/8/2018 **RICE AQUATICS**
W WAGNER, A SURHOFF, B COLLINS, D HILL
PAC: 3:12.22 # 4/8/2017 **MEMO**
P R Kline, David A Banks, Zachary Zlotoff, R

1	Quicksilver Masters-38	A	3:59.99	3:36.81	42
	1) Calleja-Harris, Skylar M26	2) Canizares, Claudio M36	3) Bucter, Peter M57	4) Smith, Henry M25	
	23.97	50.31 (50.31)	1:18.98 (28.67)	1:49.48 (59.17)	
	2:16.91 (27.43)	2:46.30 (56.82)	3:09.90 (23.60)	3:36.81 (50.51)	
2	Fresno Dolphins Masters Swim T	A	3:45.00	3:49.72	38
	1) Lofaro, Fabrizio M46	2) Nakashian, Nicholas M28	3) Wilson, Eric M43	4) Lane, Will H M51	
	26.10	56.67 (56.67)	1:23.35 (26.68)	1:52.44 (55.77)	
	2:24.53 (32.09)	2:58.61 (1:06.17)	3:23.34 (24.73)	3:49.72 (51.11)	
3	Marcia's Enthusiastic Masters-38	A	3:40.00	3:51.25	36
	1) Torru, Mikhail M29	2) Chien, Rex L M34	3) Harding, Keevan M30	4) Condon, Patrick L M33	
	28.42	59.50 (59.50)	1:28.30 (28.80)	2:01.73 (1:02.23)	
	2:29.02 (27.29)	2:58.96 (57.23)	3:23.71 (24.75)	3:51.25 (52.29)	
4	Rolling Hills Mud Sharks-38	A	4:04.00	4:12.64	34
	1) Erickson, Douglas M50	2) Nam, Jimmy M53	3) Laudenslager, Louis M25	4) Laudenslager, Greg M60	
	28.55	1:01.03 (1:01.03)	1:30.71 (29.68)	2:03.37 (1:02.34)	
	2:35.47 (32.10)	3:08.38 (1:05.01)	3:39.60 (31.22)	4:12.64 (1:04.26)	
5	Quicksilver Masters-38	B	4:19.99	4:13.85	32
	1) Hnatek, Jeff M52	2) Yuen, Matt M62	3) Manning, Dwight M60	4) Sigler, Jacob M25	
	32.31	1:07.19 (1:07.19)	1:38.10 (30.91)	2:11.64 (1:04.45)	
	2:40.46 (28.82)	3:13.57 (1:01.93)	3:41.53 (27.96)	4:13.85 (1:00.28)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 25+ 800 Yard Freestyle Relay**

NATL: 6:33.89 ! 4/7/2018

RICE AQUATICS

B COLLINS, W WAGNER, D HILL, A SURHOFF

PAC: 7:35.30 # 12/31/2010

DAM

M Callaghan, D Miller, M Roper, B Fell

1	Marcia's Enthusiastic Masters-38	A	9:10.00	9:02.34	42
	1) Harding, Keevan M30	2) Torru, Mikhail M29	3) Chien, Rex L M34	4) Pine, Justin M29	
	29.81	1:02.54 (1:02.54)	1:35.97 (1:35.97)	2:08.95 (2:08.95)	
	2:38.11 (29.16)	3:11.77 (1:02.82)	3:47.24 (1:38.29)	4:23.83 (2:14.88)	
	4:55.62 (31.79)	5:32.31 (1:08.48)	6:10.48 (1:46.65)	6:49.58 (2:25.75)	
	7:18.73 (29.15)	7:52.56 (1:02.98)	8:28.27 (1:38.69)	9:02.34 (2:12.76)	

Men 25+ 200 Yard Medley Relay

NATL: 1:27.81 ! 4/29/2017

GOLDEN ROAD AQU

R LOCHTE, M ALEXANDROV, T COX, L PECHMANN

PAC: 1:28.48 # 5/1/2016

TOC

A Saeta, J Leopold, J Dunford, K Ferguson

1	Marcia's Enthusiastic Masters-38	A	1:50.00	1:46.34	42
	1) Carroll, Duncan R M40	2) Ward, Roger W M31	3) Condon, Patrick L M33	4) Harding, Keevan M30	
	28.15	56.36 (28.21)	1:21.27 (24.91)	1:46.34 (25.07)	
2	Rolling Hills Mud Sharks-38	A	2:05.00	2:04.27	38
	1) Laudenslager, Greg M60	2) Erickson, Douglas M50	3) Laudenslager, Louis M25	4) Nam, Jimmy M53	
	34.84	1:07.59 (32.75)	1:37.21 (29.62)	2:04.27 (27.06)	

Men 25+ 400 Yard Medley Relay

NATL: 3:17.17 ! 4/7/2018

RICE AQUATICS

A SURHOFF, E FRIEDLAND, B COLLINS, W WAGNER

PAC: 3:33.48 # 4/8/2017

MEMO

P Kline, R Ward, T Gregory, R Jones

1	Marcia's Enthusiastic Masters-38	A	4:03.00	3:59.20	42
	1) Chen, Jacky M28	2) Ward, Roger W M31	3) Kelly, Blake M30	4) Condon, Patrick L M33	
	32.63	1:06.98 (1:06.98)	1:35.60 (28.62)	2:08.57 (1:01.59)	
	2:35.43 (26.86)	3:06.92 (58.35)	3:32.29 (25.37)	3:59.20 (52.28)	
2	Quicksilver Masters-38	A	4:19.99	4:14.62	38
	1) Manning, Dwight M60	2) Smith, Henry M25	3) Calleja-Harris, Skylar M26	4) Sigler, Jacob M25	
	34.22	1:13.19 (1:13.19)	1:43.66 (30.47)	2:18.37 (1:05.18)	
	2:44.49 (26.12)	3:14.20 (55.83)	3:41.52 (27.32)	4:14.62 (1:00.42)	
3	Walnut Creek Masters-38	A	4:15.00	4:23.43	36
	1) Kemler, David S M64	2) Rico, Daniel M25	3) Remmert, Greg M59	4) King, Ian E M59	
	37.37	1:16.11 (1:16.11)	1:44.74 (28.63)	2:17.89 (1:01.78)	
	2:46.33 (28.44)	3:21.30 (1:03.41)	3:50.72 (29.42)	4:23.43 (1:02.13)	

Men 35+ 200 Yard Freestyle Relay

NATL: 1:23.32 ! 5/29/2010

LONGHORN AQUATI

T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

PAC: 1:24.59 # 5/13/2018

TOC

T J Wang, T T Holsman, M T Marshall, S C Greenwood

1	Almaden Masters-38	A	1:45.00	1:39.48	42
	1) Burd, Greg M50	2) Sosnowski, Thomas M53	3) Gibson, Ben M53	4) Raegen, Jeffrey M43	
	25.74	50.69 (24.95)	1:14.68 (23.99)	1:39.48 (24.80)	
2	Marcia's Enthusiastic Masters-38	A	1:58.00	1:51.10	38
	1) Song, Jimmy M39	2) Ramirez, Brent M41	3) Gonzales, Victor M42	4) Wada, Ellison M42	
	27.69	53.82 (26.13)	1:22.62 (28.80)	1:51.10 (28.48)	
3	Club Hot Tub-38	A	1:47.50	1:55.75	36
	1) Slattengren, Cory M44	2) Ishaug, Brian M52	3) M Greene, Brett M44	4) Frakes, Page M50	
	35.52	1:02.03 (26.51)	1:27.10 (25.07)	1:55.75 (28.65)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 35+ 400 Yard Freestyle Relay**

NATL: 3:06.12 ! 5/30/2010 LONGHORN AQUATI
T BLESSING, M VAROZZA, B BAILEY, C ECKERMAN

PAC: 3:24.79 # 12/31/1999 WCM

John Ring, Baker, Kerry O'Brien, Pat Duggan

1	Club Hot Tub-38	A	3:53.99	4:00.21	42
	1) M Greene, Brett M44	2) Carpenter, Michael M57	3) Navarro II, Mario A M58	4) O'Brien, Patrick M58	
	27.51	57.48 (57.48)	1:25.60 (28.12)	1:56.33 (58.85)	
	2:26.53 (30.20)	2:59.89 (1:03.56)	3:29.27 (29.38)	4:00.21 (1:00.32)	
2	Marcia's Enthusiastic Masters-38	A	4:10.00	4:11.33	38
	1) Torres, Emmanuel M35	2) Ramirez, Brent M41	3) Gonzales, Victor M42	4) Wada, Ellison M42	
	27.62	59.37 (59.37)	1:28.49 (29.12)	2:01.10 (1:01.73)	
	2:33.50 (32.40)	3:07.94 (1:06.84)	3:38.21 (30.27)	4:11.33 (1:03.39)	
3	Club Hot Tub-38	B	4:29.99	4:20.84	36
	1) Ishaug, Brian M52	2) Petersen, Kenneth A M40	3) Reeves, Gevan M55	4) Caufield, Mark M53	
	30.93	1:04.01 (1:04.01)	1:30.42 (26.41)	2:00.52 (56.51)	
	2:32.10 (31.58)	3:06.43 (1:05.91)	3:41.17 (34.74)	4:20.84 (1:14.41)	

Men 35+ 800 Yard Freestyle Relay

NATL: 6:56.69 ! 5/4/2007 TEAM TYR
D WEGNER, S HUBBARD, C BEACH, E HOCHSTEIN

PAC: 7:35.96 # 12/31/1998 USF

C Waters, Richard Garrett, Dean Panzica, T Harvey

1	Club Hot Tub-38	A	9:39.50	9:46.49	42
	1) Corpus, Dale M43	2) Justeson, Jeff A M63	3) Tofanelli, Chris M40	4) Anderson, Travers M42	
	31.75	1:08.67 (1:08.67)	2:32.17 (2:32.17)	3:02.43 (3:02.43)	
	3:36.91 (34.48)	4:11.46 (1:09.03)	4:44.77 (1:42.34)	5:16.47 (2:14.04)	
	5:51.81 (35.34)	6:28.48 (1:12.01)	7:04.86 (1:48.39)	7:41.45 (2:24.98)	
	8:22.03 (40.58)	9:04.10 (1:22.65)	9:46.49 (2:05.04)		
2	Club Hot Tub-38	B	11:25.00	11:03.48	38
	1) Petersen, Kenneth A M40	2) Frakes, Page M50	3) Caufield, Mark M53	4) Perrone, Paul M39	
	30.43	1:03.71 (1:03.71)	1:38.89 (1:38.89)	2:13.97 (2:13.97)	
	2:46.86 (32.89)	3:24.47 (1:10.50)	4:05.33 (1:51.36)	4:46.95 (2:32.98)	
		5:23.85 (36.90)	6:57.96 (2:11.01)	7:48.84 (3:01.89)	
	8:32.76 (43.92)	9:22.31 (1:33.47)	11:03.48 (3:14.64)		

Men 35+ 200 Yard Medley Relay

NATL: 1:33.66 ! 5/12/2018 THE OLYMPIC CLU
T WANG, T HOLSMAN, M MARSHALL, S GREENWOOD

PAC: 1:33.66 # 5/12/2018 TOC

T J Wang, T T Holsman, M T Marshall, S C Greenwood

1	Almaden Masters-38	A	1:55.00	1:57.24	42
	1) Raegen, Jeffrey M43	2) Sosnowski, Thomas M53	3) Gibson, Ben M53	4) Burd, Greg M50	
	31.43	1:05.16 (33.73)	1:32.13 (26.97)	1:57.24 (25.11)	
2	Santa Cruz Masters Aquatics-38	A	1:58.99	2:03.15	38
	1) Tainty, Chris M62	2) Wilson, Joel M73	3) Kao, Philip M36	4) Musch, Kim M66	
	32.01	1:09.24 (37.23)	1:34.86 (25.62)	2:03.15 (28.29)	
3	Marcia's Enthusiastic Masters-38	A	1:59.00	2:04.73	36
	1) Ramirez, Brent M41	2) Song, Jimmy M39	3) Torres, Emmanuel M35	4) Gonzales, Victor M42	
	35.61	1:07.79 (32.18)	1:36.81 (29.02)	2:04.73 (27.92)	
4	Marcia's Enthusiastic Masters-38	B	2:36.00	2:31.35	34
	1) Tsugawa, Peter M64	2) Ardourel, Franck M57	3) Wada, Ellison M42	4) Choi, Jindoo (Stephen) M35	
	45.94	1:23.59 (37.65)	1:59.52 (35.93)	2:31.35 (31.83)	
---	Club Hot Tub-38	A	2:15.99	DQ	
	1) Porat, Amir M57	2) Corpus, Dale M43	3) Frakes, Page M50	4) Perrone, Paul M39	
	37.69	1:12.85 (35.16)	1:44.94 (32.09)	DQ (33.94)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 35+ 400 Yard Medley Relay**

NATL: 3:28.46 ! 3/5/2009

LONGHORN AQUATI

PAC: 3:36.59 # 4/18/2010

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

WCM

H Chao, R J Santos, K W Tittle, R Busquets

1	Marcia's Enthusiastic Masters-38	A	4:10.00	4:18.33	42
	1) Carroll, Duncan R M40	2) Song, Jimmy M39	3) Torres, Emmanuel M35	4) Massaro, Stephen M39	
	28.69	1:00.62 (1:00.62)	1:35.24 (34.62)	2:13.95 (1:13.33)	
	2:44.11 (30.16)	3:21.55 (1:07.60)	3:48.26 (26.71)	4:18.33 (56.78)	
2	Almaden Masters-38	A	4:30.00	4:22.75	38
	1) Raegen, Jeffrey M43	2) Sosnowski, Thomas M53	3) Gibson, Ben M53	4) Burd, Greg M50	
	33.67	1:08.27 (1:08.27)	1:41.64 (33.37)	2:18.45 (1:10.18)	
	2:48.62 (30.17)	3:24.33 (1:05.88)	3:51.57 (27.24)	4:22.75 (58.42)	
3	Club Hot Tub-38	A	4:35.50	4:33.62	36
	1) Burger, John M52	2) Carpenter, Michael M57	3) M Greene, Brett M44	4) Porat, Amir M57	
	35.90	1:11.38 (1:11.38)	1:46.52 (35.14)	2:26.59 (1:15.21)	
	2:54.95 (28.36)	3:27.59 (1:01.00)	3:58.70 (31.11)	4:33.62 (1:06.03)	
4	Marcia's Enthusiastic Masters-38	B	5:05.00	5:01.27	34
	1) Ramirez, Brent M41	2) Gibbons, Yves M37	3) Gonzales, Victor M42	4) Wada, Ellison M42	
	39.37	1:18.71 (1:18.71)	1:57.68 (38.97)	2:39.13 (1:20.42)	
	3:13.43 (34.30)	3:53.61 (1:14.48)	4:26.37 (32.76)	5:01.27 (1:07.66)	

Men 45+ 200 Yard Freestyle Relay

NATL: 1:27.70 ! 5/4/2008

ARIZONA MASTERS

PAC: 1:31.58 # 4/25/2015

JOHN SMITH, AL JAEGER, PAUL HAFNER, PAUL SMITH

WAMS

S Trimble, David S Cunniff, Mace P Volzing,

1	Walnut Creek Masters-38	A	1:53.00	1:44.75	42
	1) Varellas, Jimmy M50	2) Ottati, Dean M61	3) Halbrecht, Kenneth M61	4) Mercer, Brian M54	
	25.08	52.43 (27.35)	1:19.12 (26.69)	1:44.75 (25.63)	
2	Club Hot Tub-38	A	1:50.00	1:48.49	38
	1) Asplund, Terry M56	2) Navarro II, Mario A M58	3) Justeson, Jeff A M63	4) Eckert, Karl A M54	
	26.15	55.22 (29.07)	1:22.05 (26.83)	1:48.49 (26.44)	
3	Marcia's Enthusiastic Masters-38	A	1:50.00	1:51.35	36
	1) Jegers, Daniel M52	2) Wehmann, Todd M49	3) Dooley, Paul M53	4) Schindler, Brad M49	
	25.82	52.33 (26.51)	1:20.56 (28.23)	1:51.35 (30.79)	
4	Fremont Hills Masters-38	A	2:09.99	1:55.70	34
	1) Doyas, Greg M59	2) Harter, Phillip M67	3) Silver, Jim M57	4) Hong, Jimmy M52	
	26.32	54.59 (28.27)	1:29.29 (34.70)	1:55.70 (26.41)	

Men 45+ 400 Yard Freestyle Relay

NATL: 3:18.25 ! 5/7/2010

WILDCAT ALUMNI

PAC: 3:18.25 # 12/31/2010

A JAEGER, T HARVILL, M VOLZING, D CUNIFF

WAMS

A Jaegers, T Harvill, M Volzing, D Cunniff

1	Marcia's Enthusiastic Masters-38	A	4:10.00	3:57.34	42
	1) Collazos, Daniel M52	2) Lehnert, Ahren M48	3) Lopez, David M56	4) Wehmann, Todd M49	
	27.31	56.35 (56.35)	1:26.55 (30.20)	1:59.71 (1:03.36)	
	2:27.37 (27.66)	2:57.33 (57.62)	3:26.31 (28.98)	3:57.34 (1:00.01)	
2	Santa Cruz Masters Aquatics-38	A	4:07.99	4:09.55	38
	1) Booth, Jim E M71	2) Musch, Kim M66	3) Stockwell, Zach M47	4) Wilson, Joel M73	
	30.74	1:03.34 (1:03.34)	1:33.44 (30.10)	2:05.73 (1:02.39)	
	2:36.81 (31.08)	3:11.24 (1:05.51)	3:38.22 (26.98)	4:09.55 (58.31)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 45+ 200 Yard Medley Relay**

NATL: 1:36.56 ! 5/23/2010

GEORGIA MASTERS

E ERICSON, C WEISSMAN, B BUGG, M ELLISON

PAC: 1:41.19 # 5/7/2010

WAMS

A Jaegers, S Trimble, T Harvill, M Volzing

1	Morgan Hill Splash Masters-38	A	2:16.00	2:04.78	42
	1) McCoy, William M54	2) Wilkinson, Jim M52	3) Jolly, James C M64	4) Short, Charlie M63	
	34.37	1:08.01 (33.64)	1:38.66 (30.65)	2:04.78 (26.12)	
2	Club Hot Tub-38	A	1:59.90	2:05.77	38
	1) Burger, John M52	2) Justeson, Jeff A M63	3) Eckert, Karl A M54	4) Bond, Herman M59	
	31.53	1:09.08 (37.55)	1:39.52 (30.44)	2:05.77 (26.25)	
3	Marcia's Enthusiastic Masters-38	A	2:40.00	2:28.13	36
	1) Rozendal, Michael M48	2) Ngo, Minh M50	3) Lehnert, Ahren M48	4) Foster, Jeffrey M55	
	38.55	1:20.36 (41.81)	1:54.40 (34.04)	2:28.13 (33.73)	

Men 45+ 400 Yard Medley Relay

NATL: 3:38.41 ! 4/10/2010

TEXAS LONGHORN

N BREAZEALE, D GUTHRIE, A RASMUSSEN, M STINCHCOMBE

PAC: 3:44.04 # 12/31/2010

WAMS

A Jaegers, S Trimble, T Harvill, D Cunniff

1	Manatee Aquatic Masters Inc-38	A	4:36.99	4:30.22	42
	1) Cutting, Steve M64	2) Fitschen, Gary M76	3) Hamilton, Rick M54	4) Langner, Mikael M53	
	32.96	1:07.07 (1:07.07)	1:46.38 (39.31)	2:31.09 (1:24.02)	
	3:01.14 (30.05)	3:33.57 (1:02.48)	4:00.34 (26.77)	4:30.22 (56.65)	
2	Quicksilver Masters-38	B	4:39.99	4:34.76	38
	1) Yuen, Matt M62	2) Bucter, Peter M57	3) Keighley, Tim M60	4) Hnatek, Jeff M52	
	37.17	1:16.93 (1:16.93)	1:50.13 (33.20)	2:26.91 (1:09.98)	
	2:54.96 (28.05)	3:27.36 (1:00.45)	3:59.78 (32.42)	4:34.76 (1:07.40)	
3	Marcia's Enthusiastic Masters-38	A	4:40.00	4:39.35	36
	1) Dooley, Paul M53	2) Collazos, Daniel M52	3) Jegers, Daniel M52	4) Lehnert, Ahren M48	
	40.31	1:21.15 (1:21.15)	1:53.62 (32.47)	2:29.61 (1:08.46)	
	2:59.18 (29.57)	3:34.52 (1:04.91)	4:05.62 (31.10)	4:39.35 (1:04.83)	

Men 55+ 200 Yard Freestyle Relay

NATL: 1:32.18 ! 4/11/2009

OREGON MASTERS

M TENNANT, D BROCKBANK, W EDWARDS, L PHILBRICK

PAC: 1:35.03 # 4/14/2019

WAMS

T Harvill, S Trimble, D Cunniff, A Jaegers

1	Club Hot Tub-38	A	1:56.50	1:49.04	42
	1) Tittle, Kenneth W M59	2) Shaffer, Mike G M56	3) Frydendahl, Jan M59	4) Boegman, John M59	
	26.94	53.02 (26.08)	1:22.16 (29.14)	1:49.04 (26.88)	
2	Santa Cruz Masters Aquatics-38	A	2:09.99	1:53.28	38
	1) Musch, Kim M66	2) Wilson, Joel M73	3) Drulias, William M70	4) Tainty, Chris M62	
	28.91	57.45 (28.54)	1:26.21 (28.76)	1:53.28 (27.07)	
3	Marcia's Enthusiastic Masters-38	A	2:12.00	1:55.93	36
	1) Coombs, Craig M61	2) Lopez, David M56	3) Foster, Jeffrey M55	4) Citron, Jeffrey M66	
	29.07	57.43 (28.36)	1:27.23 (29.80)	1:55.93 (28.70)	
4	Marcia's Enthusiastic Masters-38	B	2:22.00	2:16.06	34
	1) Inchausti, Robert M59	2) Wu, Long M56	3) Tsugawa, Peter M64	4) Wan, Danny M58	
	35.67		1:43.10 ()	2:16.06 (32.96)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 55+ 400 Yard Freestyle Relay**

NATL: 3:28.26 ! 3/28/2015 CMS

K ANDERSON, M MANN, C PETERSEN, G SCOTT

PAC: 3:28.57 # 4/14/2019 WAMS

T Harvill, S Trimble, D Cunniff, A Jaegers

1	Club Hot Tub-38	A		3:59.10	3:55.36	42
	1) Bond, Herman M59		2) Frydendahl, Jan M59	3) Tittle, Kenneth W M59	4) Justeson, Jeff A M63	
	26.97	57.30 (57.30)	1:26.06 (28.76)	1:56.53 (59.23)		
	2:23.60 (27.07)	2:53.13 (56.60)	3:23.46 (30.33)	3:55.36 (1:02.23)		
2	Marcia's Enthusiastic Masters-38	A		4:52.00	4:41.45	38
	1) Foster, Jeffrey M55		2) Wu, Long M56	3) Ardourel, Franck M57	4) Coombs, Craig M61	
	33.46	1:08.16 (1:08.16)	1:45.55 (37.39)	2:26.80 (1:18.64)		
	2:59.93 (33.13)	3:35.55 (1:08.75)	4:08.16 (32.61)	4:41.45 (1:05.90)		

Men 55+ 800 Yard Freestyle Relay

NATL: 7:42.24 ! 3/29/2015 CMS

M MANN, C PETERSEN, G SCOTT, K ANDERSON

PAC: 8:06.52 # 4/12/2019 WAMS

A Jaegers, S Trimble, D Cunniff, T Pickett

1	Marcia's Enthusiastic Masters-38	A		11:00.00	10:33.42	42
	1) Citron, Jeffrey M66		2) Inchausti, Robert M59	3) Tsugawa, Peter M64	4) Coombs, Craig M61	
	33.43	1:09.07 (1:09.07)	1:45.66 (1:45.66)	2:21.77 (2:21.77)		
	3:03.29 (41.52)	3:47.91 (1:26.14)	4:32.64 (2:10.87)	5:19.16 (2:57.39)		
	5:55.67 (36.51)	6:36.82 (1:17.66)	7:20.06 (2:00.90)	8:03.05 (2:43.89)		
	8:38.67 (35.62)	9:17.27 (1:14.22)	9:55.64 (1:52.59)	10:33.42 (2:30.37)		

Men 55+ 200 Yard Medley Relay

NATL: 1:45.05 ! 4/28/2019 PUGET SOUND MAS

C HAYNIE, D PHILLIPS, B HERING, B SOUVIRAA-LABASTI

PAC: 1:45.68 # 4/13/2019 WAMS

A Jaegers, S Trimble, T Harvill, D Cunniff

1	Club Hot Tub-38	A		1:57.50	1:57.08	42
	1) Shaffer, Mike G M56		2) Carpenter, Michael M57	3) Asplund, Terry M56	4) Boegman, John M59	
	28.42	1:01.81 (33.39)	1:31.76 (29.95)	1:57.08 (25.32)		
2	Walnut Creek Masters-38	A		2:08.00	2:03.35	38
	1) Ottati, Dean M61		2) King, Ian E M59	3) Halbrecht, Kenneth M61	4) Burnett, David M66	
	32.53	1:05.11 (32.58)	1:35.43 (30.32)	2:03.35 (27.92)		
3	Marcia's Enthusiastic Masters-38	A		2:38.00	2:16.21	36
	1) Citron, Jeffrey M66		2) Wu, Long M56	3) Lopez, David M56	4) Coombs, Craig M61	
	37.60	1:14.90 (37.30)	1:46.97 (32.07)	2:16.21 (29.24)		

Men 55+ 400 Yard Medley Relay

NATL: 3:57.13 ! 3/28/2015 CMS

C PETERSEN, G SCOTT, M MANN, K ANDERSON

PAC: 4:02.91 # 4/13/2019 WAMS

T Pickett, A Jaegers, T Harvill, D Cunniff

1	Club Hot Tub-38	A		4:21.00	4:26.77	42
	1) Justeson, Jeff A M63		2) Bond, Herman M59	3) Tittle, Kenneth W M59	4) Boegman, John M59	
	36.52	1:14.48 (1:14.48)	1:49.29 (34.81)	2:29.44 (1:14.96)		
	2:57.28 (27.84)	3:30.59 (1:01.15)	3:57.55 (26.96)	4:26.77 (56.18)		
2	Marcia's Enthusiastic Masters-38	A		6:00.00	5:49.10	38
	1) Chew, Thomas C M64		2) Wu, Long M56	3) Tsugawa, Peter M64	4) Foster, Jeffrey M55	
	44.78	1:33.22 (1:33.22)	2:13.40 (40.18)	2:55.28 (1:22.06)		
	3:42.86 (47.58)	4:38.84 (1:43.56)	5:13.59 (34.75)	5:49.10 (1:10.26)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Men 65+ 200 Yard Freestyle Relay**

NATL: 1:40.07 ! 5/10/2009

SAN DIEGO SWIM

PAC: 1:41.41 # 4/29/2017

M FRESHLEY, P ANDERSEN, V VAN BAALEN, K LODWIG

TAM

R Burns, Alan D Bernard, John T Foote, Tate

1	Davis Aquatic Masters-38	A	1:51.99	2:05.32	42
	1) Kahn, Stuart M68	2) Woodruff, David M65	3) Stoner, Gregory R M69	4) McPherson, Andrew M75	
	28.34	58.97 (30.63)	1:37.36 (38.39)	2:05.32 (27.96)	
2	Marcia's Enthusiastic Masters-38	A	2:55.00	2:23.83	38
	1) Gloystein, James M71	2) Small, Stephen M69	3) Benjamin, David M72	4) Sears, Richard M74	
	34.04	1:09.88 (35.84)	1:46.52 (36.64)	2:23.83 (37.31)	

Men 65+ 400 Yard Freestyle Relay

NATL: 3:48.65 ! 4/16/2016

VENTURA COUNTY

PAC: 4:07.37 # 4/5/2013

G GRUBER, J MC CONICA, H KERNS, B ROLLINS

WCM

C Dennis, J Smyers, J DeLacy, M Piazza

1	Marcia's Enthusiastic Masters-38	A	7:30.00	5:31.41	42
	1) Benjamin, David M72	2) Sears, Richard M74	3) Small, Stephen M69	4) Citron, Jeffrey M66	
	40.16	1:23.65 (1:23.65)	2:06.91 (43.26)	2:52.06 (1:28.41)	
	3:38.75 (46.69)	4:25.66 (1:33.60)	4:57.75 (32.09)	5:31.41 (1:05.75)	

Men 65+ 800 Yard Freestyle Relay

NATL: 8:26.49 ! 4/17/2021

SARASOTA SHARKS

PAC: 10:42.09 # 4/6/2018

J GROSELLE, R WALKER, K MCCORMACK, J BOATRIGHT

USF

J Sapirstein, P Virtue, P Powers, D Dahlin

1	Marcia's Enthusiastic Masters-38	A	14:00.00	13:22.35	42
	1) Blumenstock, Ed M78	2) Winterrowd, Dan M71	3) Benjamin, David M72	4) Sears, Richard M74	
	38.60	1:20.70 (1:20.70)	2:03.90 (2:03.90)	2:45.61 (2:45.61)	
	3:35.48 (49.87)	4:34.24 (1:48.63)	5:36.55 (2:50.94)	6:35.77 (3:50.16)	
	7:22.14 (46.37)	8:08.18 (1:32.41)	8:56.18 (2:20.41)	9:43.14 (3:07.37)	
	10:30.56 (47.42)	11:25.57 (1:42.43)	13:22.35 (3:39.21)		

Men 65+ 200 Yard Medley Relay

NATL: 1:51.58 ! 5/10/2009

SAN DIEGO SWIM

PAC: 1:56.05 # 4/29/2017

V VAN BAALEN, P ANDERSEN, K LODWIG, M FRESHLEY

TAM

R Burns, R Meyerhoff, J Foote, Tate Holt

1	Davis Aquatic Masters-38	A	2:15.99	2:20.02	42
	1) Kahn, Stuart M68	2) Grimes, Stephen M70	3) Stoner, Gregory R M69	4) Woodruff, David M65	
	34.86	1:10.34 (35.48)	1:49.80 (39.46)	2:20.02 (30.22)	
2	Marcia's Enthusiastic Masters-38	A	3:35.00	2:55.05	38
	1) Benjamin, David M72	2) Small, Stephen M69	3) Winterrowd, Dan M71	4) Gloystein, James M71	
	45.61	1:33.82 (48.21)	2:16.78 (42.96)	2:55.05 (38.27)	

Men 65+ 400 Yard Medley Relay

NATL: 4:14.62 ! 4/17/2021

SARASOTA SHARKS

PAC: 4:42.13 # 12/31/2012

J BOATRIGHT, J GROSELLE, K MCCORMACK, B BOWERS

WCM

C Dennis, J Smyers, J DeLacy, R Olson

1	Marcia's Enthusiastic Masters-38	A	7:15.00	6:33.57	42
	1) Benjamin, David M72	2) Small, Stephen M69	3) Citron, Jeffrey M66	4) Sears, Richard M74	
	49.74	1:41.08 (1:41.08)	2:31.40 (50.32)	3:25.74 (1:44.66)	
	4:11.39 (45.65)	5:03.78 (1:38.04)	5:48.03 (44.25)	6:33.57 (1:29.79)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022

Results

Men 75+ 400 Yard Freestyle Relay

NATL: 4:29.90 ! 3/30/2019

SAN DIEGO SWIM

PAC: 5:43.13 # 4/5/2013

L WALKER, M FRESHLEY, P ANDERSEN, T RALPHS

WCM

S F Morner, D Brown, R Mayo, N Stupfel

1	Walnut Creek Masters-38	A	4:49.00	5:53.81	42
	1) Dennis, D Craig M75	2) Mayo, Robert M88	3) Morner, Stan M87	4) DeLacy, James M75	
	30.36	1:04.87 (1:04.87)	1:57.05 (2:18.12)	3:48.24 (2:43.37)	
	4:48.78 (1:00.54)	5:20.19 ()	5:53.81 ()		

Mixed 18+ 200 Yard Freestyle Relay

NATL: 1:24.76 ! 5/2/2014

THE OLYMPIC CLU

PAC: 1:24.76 # 5/3/2014

N ADRIAN, K RAATZ, K KASTES, A ERVIN

TOC

N Adrian, K Raatz, K Kastes, A Ervin

1	Quicksilver Masters-38	A	1:59.99	1:44.54	42
	1) Smith, Henry M25	2) Waters, Megan W32	3) Manning, Dwight M60	4) Sterzer, Robin W57	
	22.71	46.60 (23.89)	1:14.82 (28.22)	1:44.54 (29.72)	
2	Davis Aquatic Masters-38	A	1:44.50	1:48.99	38
	1) Roper, Matt M41	2) Crow, Vivian W24	3) Kinder, Stephanie W51	4) Winsor, Brad M50	
	24.94	52.90 (27.96)	1:24.22 (31.32)	1:48.99 (24.77)	

Mixed 18+ 400 Yard Freestyle Relay

NATL: 3:14.92 ! 4/29/2016

CLUB TRIBE ALUM

PAC: 3:16.26 # 4/29/2016

K GALLAGHER, K LOUGHRAN, K GRIER, G MIZERAK

TOC

C W Davis, Mikkel-Ane Stipe, M Ballenger, C

1	Club Hot Tub-38	A	3:56.50	3:41.67	42
	1) White, Lisa W37	2) Loya, Antoinette W23	3) Jhong, Anthony M24	4) Eckles, Ryan M24	
	29.64	1:01.92 (1:01.92)	1:28.05 (26.13)	1:56.46 (54.54)	
	2:22.32 (25.86)	2:52.71 (56.25)	3:15.58 (22.87)	3:41.67 (48.96)	
2	Jellies Aquatic Masters of Mon-38	A	3:49.49	3:45.14	38
	1) Gocke, Alayna C W23	2) Nelson, John M68	3) Breuer, Lauren W29	4) Jenstrom, Ian P M28	
	26.76	55.22 (55.22)	1:25.93 (30.71)	1:58.99 (1:03.77)	
	2:25.14 (26.15)	2:53.79 (54.80)	3:18.29 (24.50)	3:45.14 (51.35)	
3	Davis Aquatic Masters-38	A	4:09.99	3:57.42	36
	1) Crow, Vivian W24	2) Roper, Matt M41	3) Goldberg, Michelle W53	4) Winsor, Brad M50	
	28.76	1:00.60 (1:00.60)	1:26.53 (25.93)	1:55.73 (55.13)	
	2:28.14 (32.41)	3:02.79 (1:07.06)	3:29.05 (26.26)	3:57.42 (54.63)	
4	University of San Francisco Ma-38	B	4:14.99	4:10.27	34
	1) Leber, Nathan M29	2) Versfeld, Rizmari W33	3) Shafer-Coffey, William H M24	4) Lutsky, Abby W29	
	27.04	55.88 (55.88)	1:27.31 (31.43)	2:04.33 (1:08.45)	
	2:31.42 (27.09)	3:01.85 (57.52)	3:34.91 (33.06)	4:10.27 (1:08.42)	

Mixed 18+ 200 Yard Medley Relay

NATL: 1:35.89 ! 4/30/2016

THE OLYMPIC CLU

PAC: 1:35.89 # 4/30/2016

A SAETA, C BABCOCK, A SENKO, M STIPE

TOC

A Saeta, C Babcock, A Senko, M Stipe

1	Santa Rosa Masters-38	A	2:07.99	2:05.86	42
	1) Walts, Merrie W61	2) Pettibone, Chip M60	3) Pettibone, Holman M23	4) Rueda, Marcela W40	
	34.65	1:37.14 ()	2:05.86 (28.72)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Mixed 18+ 400 Yard Medley Relay**

NATL: 3:41.42 ! 4/15/2018

CLUB TRIBE

S GLASS, L SCHWARTZ, A GLASS, K GRIER

PAC: 3:51.46 # 12/31/2009

TVM

C Droubay, M Stephens, A Conway, L White

1	Club Hot Tub-38	A	4:11.50	3:58.58	42
	1) Sun, Tiffany W33	2) Jhong, Anthony M24	3) Loya, Antoinette W23	4) Eckles, Ryan M24	
	30.32	1:04.63 (1:04.63)	1:33.77 (29.14)	2:08.44 (1:03.81)	
	2:36.96 (28.52)	3:09.14 (1:00.70)	3:32.45 (23.31)	3:58.58 (49.44)	
2	Santa Rosa Masters-38	A	4:29.99	4:11.17	38
	1) Richards, Ericka W44	2) Rueda, Marcela W40	3) Pettibone, Holman M23	4) Press, Christopher M39	
	31.99	1:07.59 (1:07.59)	1:42.90 (35.31)	2:22.03 (1:14.44)	
	2:49.19 (27.16)	3:21.48 (59.45)	3:45.01 (23.53)	4:11.17 (49.69)	
3	Walnut Creek Masters-38	A	4:20.00	4:20.13	36
	1) Holbrook, Chad M42	2) Hwang, Jenn W30	3) Larsen, Amy W22	4) Rogers, Louis M33	
	30.76	1:02.36 (1:02.36)	1:22.96 (20.60)	2:23.17 (1:20.81)	
	2:53.84 (30.67)	3:28.65 (1:05.48)	3:53.31 (24.66)	4:20.13 (51.48)	

Mixed 25+ 200 Yard Freestyle Relay

NATL: 1:27.70 ! 4/28/2017

THE OLYMPIC CLU

M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD

PAC: 1:27.70 # 4/27/2017

TOC

M Ballenger, K Raatz, M Marshall, S Greenwood

1	Walnut Creek Masters-38	A	1:44.00	1:39.81	42
	1) Rogers, Louis M33	2) Taylor, Vicki W36	3) Zamanian, Alison W51	4) Rico, Daniel M25	
	23.61	50.49 (26.88)	1:16.70 (26.21)	1:39.81 (23.11)	
2	Walnut Creek Masters-38	B	1:52.00	1:42.77	38
	1) Schuler, Mackenzie W25	2) Brownlie, Kerianne W28	3) Gu, Yue Shen M29	4) Holbrook, Chad M42	
	26.89	53.26 (26.37)	1:18.49 (25.23)	1:42.77 (24.28)	
3	University of San Francisco Ma-38	A	1:47.99	1:44.23	36
	1) Versfeld, Rizmari W33	2) Li, Patrick G M30	3) Alexander, Margaret W31	4) Valentine, Matthew M27	
	30.56	53.93 (23.37)	1:21.02 (27.09)	1:44.23 (23.21)	
4	Marcia's Enthusiastic Masters-38	A	1:48.00	1:46.21	34
	1) Condon, Patrick L M33	2) Mian, Elisa W30	3) Roriz, Julia W28	4) Barta, Paul J M29	
	22.90	50.66 (27.76)	1:20.79 (30.13)	1:46.21 (25.42)	
5	Club Hot Tub-38	A	2:18.50	2:12.64	32
	1) Corpus, Dale M43	2) Porat, Amir M57	3) Blok, Lori A W54	4) Raviv, Rotem W31	
	29.05	58.76 (29.71)	1:34.17 (35.41)	2:12.64 (38.47)	

Mixed 25+ 400 Yard Freestyle Relay

NATL: 3:16.12 ! 4/29/2016

THE OLYMPIC CLU

A SAETA, O'DONNELL-MCCARTH, K KASTES, C BURCKLE

PAC: 3:16.12 # 4/29/2016

TOC

A Saeta, O'Donnell-McCart, K Kastest, C Burckle

1	Marcia's Enthusiastic Masters-38	A	3:45.00	3:38.96	42
	1) Hahnel, Carrie W43	2) Kelly, Blake M30	3) Condon, Laura M W36	4) Ward, Roger W M31	
	29.20	1:00.43 (1:00.43)	1:23.97 (23.54)	1:50.54 (50.11)	
	2:18.17 (27.63)	2:48.51 (57.97)	3:13.27 (24.76)	3:38.96 (50.45)	
2	University of San Francisco Ma-38	A	3:54.99	3:48.75	38
	1) Alexander, Margaret W31	2) Heah, Rachel W25	3) Valentine, Matthew M27	4) Hallman, Kevin M M32	
	29.47	1:00.15 (1:00.15)	1:28.61 (28.46)	2:01.22 (1:01.07)	
	2:25.97 (24.75)	2:53.17 (51.95)	3:19.33 (26.16)	3:48.75 (55.58)	
3	Walnut Creek Masters-38	A	4:10.00	4:14.19	36
	1) Pierce, Andrew M45	2) Ongerth, Ann Michelle W47	3) Hwang, Jenn W30	4) Holbrook, Chad M42	
	29.06	1:01.04 (1:01.04)	1:37.38 (36.34)	2:45.64 (1:44.60)	
	3:17.71 (32.07)	3:44.80 (59.16)	4:14.19 (29.39)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Mixed 25+ 400 Yard Freestyle Relay)**

4	Marcia's Enthusiastic Masters-38	B	4:20.00	4:17.83	34
	1) Chen, Jacky M28	2) Roriz, Julia W28	3) Martin, Brieanne W41	4) Barta, Paul J M29	
	26.60	56.46 (56.46)	1:28.85 (32.39)	2:05.90 (1:09.44)	
	2:21.19 (15.29)	2:41.59 (35.69)	3:20.45 (38.86)	4:17.83 (1:36.24)	
5	Menlo Masters-38	A	4:30.00	4:27.65	32
	1) Capen, Tasha W55	2) Couch, Stephanie W57	3) Anderson, Bob M66	4) Leimkuhler, Kyle M34	
	33.11	1:10.76 (1:10.76)	1:46.07 (35.31)	2:24.10 (1:13.34)	
	2:58.25 (34.15)	3:34.61 (1:10.51)	4:00.17 (25.56)	4:27.65 (53.04)	
6	Albany Armada Aquatics Masters	A	4:25.00	4:42.70	30
	1) Gleason, Sam M25	2) Heffley, Caitlin W29	3) Focha, Teresa W61	4) Rossbach, Alexander M31	
	26.07	54.04 (54.04)	1:25.61 (31.57)	2:00.82 (1:06.78)	
	2:21.41 (20.59)	2:49.92 (49.10)	3:45.78 (55.86)	4:42.70 (1:52.78)	
7	Club Hot Tub-38	A	5:20.50	4:56.87	28
	1) Tofanelli, Chris M40	2) Branson, Christopher M47	3) Raviv, Rotem W31	4) Jansen, Mary-Kaye W62	
	29.36	1:01.85 (1:01.85)	1:33.14 (31.29)	2:07.64 (1:05.79)	
	2:47.82 (40.18)	3:31.59 (1:23.95)	4:12.09 (40.50)	4:56.87 (1:25.28)	

Mixed 25+ 800 Yard Freestyle Relay

NATL: 7:20.49 ! 4/9/2017

CLUB TRIBE

M FALCONE, K GRIER, L ROBBINS, K GALLAGHER

PAC: 7:41.32 # 12/31/1991

WCM

J Boegman, K Cooley, S Shand, G Remmert

1	Marcia's Enthusiastic Masters-38	A	9:30.00	9:21.30	42
	1) Benjamin, Miriam W25	2) Kruglikov, Aaron R M28	3) Chen, Jacky M28	4) Bollella, Alexandra W31	
	36.06	1:13.96 (1:13.96)	1:53.67 (1:53.67)	2:33.10 (2:33.10)	
	2:44.35 (11.25)	3:04.94 (31.84)	3:40.56 (1:07.46)	4:18.12 (1:45.02)	
	5:09.44 (51.32)	5:25.05 (1:06.93)	5:59.27 (1:41.15)	6:35.47 (2:17.35)	
	7:11.05 (35.58)	7:39.41 (1:03.94)	8:11.95 (1:36.48)	9:21.30 (2:45.83)	
2	Marcia's Enthusiastic Masters-38	B	11:15.00	10:20.67	38
	1) Roriz, Julia W28	2) Lee, Jez W41	3) Gibbons, Yves M37	4) Wada, Ellison M42	
	36.92	1:16.33 (1:16.33)	1:55.85 (1:55.85)	2:35.46 (2:35.46)	
	2:45.79 (10.33)	3:12.07 (36.61)	3:55.04 (1:19.58)	4:40.91 (2:05.45)	
	6:02.38 (1:21.47)	6:39.26 (1:58.35)	7:17.16 (2:36.25)	7:54.11 (3:13.20)	
	8:28.06 (33.95)	9:05.66 (1:11.55)	9:43.24 (1:49.13)	10:20.67 (2:26.56)	

Mixed 25+ 200 Yard Medley Relay

NATL: 1:35.20 ! 4/26/2015

ARIZONA MASTERS

M GREVERS, A GREVERS, T DEBERRY, C VORRASI

PAC: 1:35.76 # 4/30/2016

TOC

O'Donnell-McCarthy, C Burckle, J Dunford, M B

1	Walnut Creek Masters-38	A	1:54.00	1:57.19	42
	1) Rogers, Louis M33	2) Rico, Daniel M25	3) Schuler, Mackenzie W25	4) Zamanian, Alison W51	
	28.08	56.83 (28.75)	1:26.41 (29.58)	1:57.19 (30.78)	
2	Club Hot Tub-38	A	2:08.50	2:03.43	38
	1) Sun, Tiffany W33	2) Petersen, Kenneth A M40	3) Frydendahl, Jan M59	4) Sborov, Alex W27	
	30.30	1:03.47 (33.17)	1:34.17 (30.70)	2:03.43 (29.26)	
3	Marcia's Enthusiastic Masters-38	A	1:59.00	2:03.68	36
	1) Chen, Jacky M28	2) Roriz, Julia W28	3) Torru, Mikhail M29	4) Mian, Elisa W30	
	30.26	1:06.94 (36.68)	1:35.31 (28.37)	2:03.68 (28.37)	
4	Marcia's Enthusiastic Masters-38	B	2:08.00	2:14.14	34
	1) Wehmann, Todd M49	2) Barta, Paul J M29	3) Schley, Kelly W42	4) McBride, Elizabeth W32	
	33.19	1:05.86 (32.67)	1:44.24 (38.38)	2:14.14 (29.90)	
5	Menlo Masters-38	A	2:19.99	2:15.65	32
	1) Zoromski, Rachel W27	2) Rosales-Delmoral, Romer M49	3) Anderson, Bob M66	4) Feeley, Louise W63	
	34.87	1:11.92 (37.05)	1:45.26 (33.34)	2:15.65 (30.39)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Mixed 25+ 400 Yard Medley Relay**

NATL: 3:45.13 ! 4/25/2010 RED TIDE OF NYC

K GARY, N WERNER, T SHPAIZER, D LIPPIN

PAC: 3:48.74 # 12/31/1997 USF

Rothkoff, Mortenson, Cerivo, Matt Jones

1	University of San Francisco Ma-38	A	4:09.99	4:27.35	42
	1) Leber, Nathan M29	2) Heah, Rachel W25	3) Valentine, Matthew M27	4) Versfeld, Rizmari W33	
	32.71	1:05.52 (1:05.52)	1:42.49 (36.97)	2:24.81 (1:19.29)	
	2:50.31 (25.50)	3:19.80 (54.99)	3:51.14 (31.34)	4:27.35 (1:07.55)	
2	Marcia's Enthusiastic Masters-38	A	4:28.00	4:33.47	38
	1) Condon, Laura M W36	2) Roriz, Julia W28	3) Chien, Rex L M34	4) Torru, Mikhail M29	
	31.15	1:04.83 (1:04.83)	1:43.28 (38.45)	2:27.49 (1:22.66)	
	2:57.83 (30.34)	3:33.64 (1:06.15)	4:01.85 (28.21)	4:33.47 (59.83)	
3	Marcia's Enthusiastic Masters-38	B	4:50.00	4:54.69	36
	1) Flynn, Elizabeth W42	2) Harding, Keevan M30	3) Barta, Paul J M29	4) Doyle, Nia W41	
	40.06	1:24.67 (1:24.67)	1:58.78 (34.11)	2:36.25 (1:11.58)	
	3:05.60 (29.35)	3:41.75 (1:05.50)	4:17.61 (35.86)	4:54.69 (1:12.94)	
4	Menlo Masters-38	A	4:54.99	5:01.40	34
	1) Rosales-Delmoral, Romer M49	2) Gallagher, Hanna Alix W49	3) Leimkuhler, Kyle M34	4) Capen, Tasha W55	
		1:16.05 (1:16.05)	2:00.51 (44.46)	2:48.77 (1:32.72)	
	3:17.38 (28.61)	3:49.50 (1:00.73)	4:23.47 (33.97)	5:01.40 (1:11.90)	
5	Club Hot Tub-38	A	5:12.50	5:04.18	32
	1) Reeves, Gevan M55	2) Branson, Christopher M47	3) Sborov, Alex W27	4) Romine, Terri W61	
	36.30	1:13.63 (1:13.63)	1:53.28 (39.65)	2:35.68 (1:22.05)	
	3:08.85 (33.17)	3:48.03 (1:12.35)	4:24.14 (36.11)	5:04.18 (1:16.15)	
6	Club Hot Tub-38	B	6:36.50	6:29.07	30
	1) Caufield, Mark M53	2) Raviv, Rotem W31	3) Tofanelli, Chris M40	4) Jansen, Mary-Kaye W62	
	50.67	1:46.50 (1:46.50)	2:45.87 (59.37)	3:54.37 (2:07.87)	
	4:26.55 (32.18)	5:04.12 (1:09.75)	5:45.48 (41.36)	6:29.07 (1:24.95)	

Mixed 35+ 200 Yard Freestyle Relay

NATL: 1:30.17 ! 4/25/2004 ROCKY MOUNTAIN

K GARNIER, S VON DER LIPPE, J SMITH, P SMITH

PAC: 1:32.51 # 5/11/2018 TOC

M T Marshall, N Watanabe, R V Shipp, S C Greenwood

1	Marcia's Enthusiastic Masters-38	A	1:48.00	1:43.78	42
	1) Hahnel, Carrie W43	2) Condon, Laura M W36	3) Torres, Emmanuel M35	4) Carroll, Duncan R M40	
	28.34	54.68 (26.34)	1:20.50 (25.82)	1:43.78 (23.28)	
2	Club Hot Tub-38	A	1:57.50	1:51.39	38
	1) Burger, John M52	2) deClercq, Tammy C W45	3) Petersen, Kenneth A M40	4) Clark, Cynthia A W41	
	27.51	55.39 (27.88)	1:20.00 (24.61)	1:51.39 (31.39)	
3	North Bay Aquatics-38	A	1:52.99	1:51.64	36
	1) Lewis, Melissa W56	2) Cristea, Dea W59	3) Cooperman, Jeff M54	4) Connolly V, John M38	
	30.41	59.72 (29.31)	1:27.71 (27.99)	1:51.64 (23.93)	
4	Club Hot Tub-38	B	2:09.50	2:00.92	34
	1) Tofanelli, Chris M40	2) Branson, Christopher M47	3) Groskopf, Sarah W41	4) Tofanelli, Kelly W40	
	27.31	55.43 (28.12)	1:27.18 (31.75)	2:00.92 (33.74)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Mixed 35+ 400 Yard Freestyle Relay**

NATL: 3:26.42 ! 4/29/2016

NORTH CAROLINA

PAC: 3:32.87 # 4/18/2010

H STEWART, E BRAUN, K LINDAUER, V FLETCHER

WCM

D M Santos, A E Salmeen, G L Patterson, M Chen

1	Walnut Creek Masters-38	A	3:35.00	3:36.98	42
	1) Zamanian, Alison W51	2) Taylor, Vicki W36	3) Flakoll, Jonathan D M47	4) Nonaka, Andy J M42	
	27.36	57.26 (57.26)	1:24.00 (26.74)	1:52.95 (55.69)	
	2:18.68 (25.73)	2:45.86 (52.91)	3:10.83 (24.97)	3:36.98 (51.12)	
2	Marcia's Enthusiastic Masters-38	A	3:59.00	4:01.66	38
	1) Carroll, Duncan R M40	2) Kimura, Lucianne T W35	3) de la Torre, Yasuko W51	4) Massaro, Stephen M39	
	25.02	52.65 (52.65)	1:21.59 (28.94)	1:53.86 (1:01.21)	
	2:26.58 (32.72)	3:04.34 (1:10.48)	3:31.52 (27.18)	4:01.66 (57.32)	
3	Marcia's Enthusiastic Masters-38	B	4:35.00	4:27.28	36
	1) Gibbons, Yves M37	2) Song, Jimmy M39	3) Forrest-White, Layla W36	4) Woodworth, Kathryn W35	
	34.44	1:09.30 (1:09.30)	1:39.53 (30.23)	2:12.77 (1:03.47)	
	2:45.03 (32.26)	3:38.49 (1:25.72)	4:27.37 (48.88)	4:27.28 (48.79)	
4	Club Hot Tub-38	A	4:32.50	4:31.09	34
	1) Burger, John M52	2) Corpus, Dale M43	3) Clark, Cynthia A W41	4) Romine, Terri W61	
	29.28	1:00.34 (1:00.34)	1:24.19 (23.85)	2:04.27 (1:03.93)	
	2:37.55 (33.28)	3:15.47 (1:11.20)	3:51.08 (35.61)	4:31.09 (1:15.62)	
5	Davis Aquatic Masters-38	A	4:50.00	4:44.47	32
	1) Nehrebecki, Helene W42	2) Woodruff, David M65	3) Kinder, Stephanie W51	4) Stoner, Gregory R M69	
	30.92	1:03.36 (1:03.36)	1:35.58 (32.22)	2:09.81 (1:06.45)	
	2:42.60 (32.79)	3:17.76 (1:07.95)	3:58.26 (40.50)	4:44.47 (1:26.71)	

Mixed 35+ 800 Yard Freestyle Relay

NATL: 7:24.36 ! 4/17/2005

ILLINOIS MASTER

PAC: 7:44.80 # 12/31/1999

L DILLMANN, J RIDGE, R KURZA, M KELLER

WCM

K O'Brien, M Curran, P Duggan, L Vidal

1	Club Hot Tub-38	A	8:59.50	8:54.34	42
	1) Marullo, Rachel W38	2) Frydendahl, Jan M59	3) M Greene, Brett M44	4) Groskopf, Sarah W41	
	32.39	1:06.60 (1:06.60)	1:41.47 (1:41.47)	2:15.97 (2:15.97)	
	2:27.00 (11.03)	2:45.51 (29.54)	3:18.15 (1:02.18)	3:51.43 (1:35.46)	
	4:24.60 (33.17)	4:52.65 (1:01.22)	5:23.84 (1:32.41)	5:56.24 (2:04.81)	
	6:29.25 (33.01)	7:02.76 (1:06.52)	7:39.64 (1:43.40)	8:54.34 (2:58.10)	
2	Marcia's Enthusiastic Masters-38	A	9:20.00	9:22.58	38
	1) Hahnel, Carrie W43	2) Wehmann, Todd M49	3) Schley, Kelly W42	4) Torres, Emmanuel M35	
	29.39	1:01.87 (1:01.87)	1:36.58 (1:36.58)	2:12.12 (2:12.12)	
	2:24.33 (12.21)	2:43.80 (31.68)	3:20.59 (1:08.47)	3:55.53 (1:43.41)	
	4:29.76 (34.23)	5:05.29 (1:09.76)	5:45.35 (1:49.82)	6:27.92 (2:32.39)	
	7:09.58 (41.66)	7:39.01 (1:11.09)	8:47.70 (2:19.78)	9:22.58 (2:54.66)	

Mixed 35+ 200 Yard Medley Relay

NATL: 1:39.85 ! 5/22/2010

COLORADO MASTER

PAC: 1:42.15 # 5/11/2018

S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY

TOC

N Watanabe, T T Holsman, M T Marshall, R V Shipp

1	Fresno Dolphins Masters Swim T	A	1:53.99	1:53.95	42
	1) McCaffrey, Elizabeth R W43	2) Lane, Tanya W50	3) Lane, Will H M51	4) Lofaro, Fabrizio M46	
	31.69	1:04.56 (32.87)	1:29.24 (24.68)	1:53.95 (24.71)	
2	Club Hot Tub-38	A	2:05.50	2:02.32	38
	1) Marullo, Rachel W38	2) M Greene, Brett M44	3) Tofanelli, Chris M40	4) White, Lisa W37	
	32.58	1:05.47 (32.89)	1:34.49 (29.02)	2:02.32 (27.83)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Mixed 35+ 200 Yard Medley Relay)**

3	Marcia's Enthusiastic Masters-38	A	1:59.00	2:04.00	36
	1) Condon, Laura M W36	2) Hahnel, Carrie W43	3) Jegers, Daniel M52	4) Schindler, Brad M49	
	30.32	1:07.05 (36.73)	1:34.28 (27.23)	2:04.00 (29.72)	
4	Davis Aquatic Masters-38	A	2:05.99	2:16.66	34
	1) Kinder, Stephanie W51	2) Guthrie, Sally W72	3) Winsor, Brad M50	4) Roper, Matt M41	
	35.52	1:23.76 (48.24)	1:51.67 (27.91)	2:16.66 (24.99)	
5	Club Hot Tub-38	B	2:16.00	2:19.19	32
	1) Romine, Terri W61	2) Ishaug, Brian M52	3) Slattengren, Cory M44	4) Blok, Lori A W54	
	40.78	1:13.84 (33.06)	1:43.34 (29.50)	2:19.19 (35.85)	
6	Fresno Dolphins Masters Swim T	B	2:16.99	2:20.86	30
	1) Hendrix, Haley W42	2) Paul, Gordon M69	3) Benas, Rebecca M W42	4) Klatt, Richard M71	
	37.14	1:15.90 (38.76)	1:48.07 (32.17)	2:20.86 (32.79)	

Mixed 35+ 400 Yard Medley Relay

NATL: 3:47.70 ! 2/9/2020

NORTH CAROLINA

K LINDAUER, M DELLANOCE, S DALLAMURA, E BRAUN

PAC: 3:48.70 # 12/31/2009

WCM

D Santos, R Santos, A Zamanian, D Boatwright

1	Walnut Creek Masters-38	A	3:59.00	4:08.34	42
	1) Zamanian, Alison W51	2) Nonaka, Andy J M42	3) Flakoll, Jonathan D M47	4) Taylor, Vicki W36	
	30.91	1:02.87 (1:02.87)	1:33.71 (30.84)	2:09.36 (1:06.49)	
	2:37.54 (28.18)	3:09.45 (1:00.09)	3:37.40 (27.95)	4:08.34 (58.89)	
2	Club Hot Tub-38	B	4:35.00	4:30.49	38
	1) Marullo, Rachel W38	2) Petersen, Kenneth A M40	3) White, Lisa W37	4) Frydendahl, Jan M59	
	34.01	1:08.78 (1:08.78)	1:41.84 (33.06)	2:21.38 (1:12.60)	
	2:53.77 (32.39)	3:30.79 (1:09.41)	3:59.86 (29.07)	4:30.49 (59.70)	
3	Club Hot Tub-38	A	4:34.99	4:45.41	36
	1) Groskopf, Sarah W41	2) Corpus, Dale M43	3) Slattengren, Cory M44	4) Clark, Cynthia A W41	
	37.16	1:17.16 (1:17.16)	1:52.09 (34.93)	2:32.13 (1:14.97)	
	3:00.14 (28.01)	3:32.92 (1:00.79)	4:06.30 (33.38)	4:45.41 (1:12.49)	
4	Rolling Hills Mud Sharks-38	A	5:20.00	5:34.56	34
	1) Laudenslager, Greg M60	2) Flynn, Beth W59	3) Erickson, Douglas M50	4) McCullough, Juliette W40	
	35.74	1:13.59 (1:13.59)	2:01.70 (48.11)	2:54.90 (1:41.31)	
	3:34.03 (39.13)	4:20.35 (1:25.45)	4:54.29 (33.94)	5:34.56 (1:14.21)	
5	Davis Aquatic Masters-38	B	5:59.99	5:43.36	32
	1) Guthrie, Sally W72	2) Woodruff, David M65	3) Roper, Matt M41	4) Gill, Kathy W68	
	43.76	1:31.57 (1:31.57)	2:13.00 (41.43)	2:59.32 (1:27.75)	
	3:28.51 (29.19)	4:05.17 (1:05.85)	4:50.41 (45.24)	5:43.36 (1:38.19)	
6	Marcia's Enthusiastic Masters-38	A	6:35.00	6:12.82	30
	1) Inchausti, Robert M59	2) Ngo, Minh M50	3) Balch, Christina W46	4) Bailey, Jessica W43	
	49.82	1:42.19 (1:42.19)	2:27.43 (45.24)	3:16.01 (1:33.82)	
	3:59.53 (43.52)	4:51.67 (1:35.66)	5:28.28 (36.61)	6:12.82 (1:21.15)	

Mixed 45+ 200 Yard Freestyle Relay

NATL: 1:34.48 ! 5/4/2008

ARIZONA MASTERS

J SMITH, M BAILEY, S ROLLINS, P SMITH

PAC: 1:38.30 # 12/31/2010

WCM

G Remmert, Lisa Ward, BJ Henry, S Stahl

1	Rolling Hills Mud Sharks-38	A	2:04.00	2:02.21	42
	1) Erickson, Douglas M50	2) Nam, Jimmy M53	3) Viscardi, Josie A W57	4) Flynn, Beth W59	
	25.95	53.40 (27.45)	1:26.91 (33.51)	2:02.21 (35.30)	
2	Marcia's Enthusiastic Masters-38	A	2:15.00	2:07.13	38
	1) Ardourel, Franck M57	2) Balch, Christina W46	3) Huse, Green W54	4) Lehnert, Ahren M48	
	29.03	1:01.07 (32.04)	1:39.59 (38.52)	2:07.13 (27.54)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Mixed 45+ 200 Yard Freestyle Relay)**

3	Marcia's Enthusiastic Masters-38	B	3:10.00	2:36.35	36
	1) Lindahl, Sarah W45	2) Kenworth, Kathryn A W54	3) Ngo, Minh M50	4) Cacananta, Oliver M47	
	1:19.19	1:52.14 (32.95)	2:36.35 (44.21)		
---	Santa Rosa Masters-38	A	2:44.99	DQ	
	1) Walts, Merrie W61	2) Jones, Sara W53	3) Stewart, Jim M80	4) Rust, David M75	
	28.43	59.73 (31.30)	1:48.63 (48.90)	DQ (37.37)	

Mixed 45+ 400 Yard Freestyle Relay

NATL: 3:33.11 ! 1/19/2019 NORTH CAROLINA
H STEWART, A HOLLAND, M ANDERSEN, E BRAUN
PAC: 3:34.92 # 12/31/2008 WCM
G Remmert, V, C McNamara, D Boatwright

1	Marcia's Enthusiastic Masters-38	A	4:25.00	4:23.51	42
	1) Dooley, Paul M53	2) Downey, Daniel P M54	3) Shu, Vicki W53	4) Burger, Clare W54	
	31.01	1:04.74 (1:04.74)	1:34.51 (29.77)	2:07.33 (1:02.59)	
	2:39.45 (32.12)	3:14.79 (1:07.46)	3:33.52 (18.73)	4:23.51 (1:08.72)	
2	Marcia's Enthusiastic Masters-38	B	4:58.00	4:53.38	38
	1) Balch, Christina W46	2) Voight, Tina W52	3) Rozendal, Michael M48	4) Ngo, Minh M50	
	35.59	1:14.31 (1:14.31)	1:47.99 (33.68)	2:26.48 (1:12.17)	
	3:02.76 (36.28)	3:42.09 (1:15.61)	4:17.11 (35.02)	4:53.38 (1:11.29)	
---	Almaden Masters-38	A	5:30.00	X5:16.05	
	1) Lee, Janet W64	2) Lee, Gary M62	3) Harrel, Micah M55	4) Sarkis, Hormoz M50	
	42.41	1:32.89 (1:32.89)	2:13.59 (40.70)	2:56.36 (1:23.47)	
	3:25.73 (29.37)	3:59.22 (1:02.86)	4:35.66 (36.44)	5:16.05 (1:16.83)	

Mixed 45+ 800 Yard Freestyle Relay

NATL: 7:51.33 ! 4/17/2009 WALNUT CREEK MA
D BOATWRIGHT, C O'BRIEN, M CURRAN, B GOTHBERG
PAC: 7:51.33 # 12/31/2009 WCM
D Boatwright, C O'Brien, M Curran, B Gothberg

1	Davis Aquatic Masters-38	A	10:58.50	10:13.54	42
	1) Guthrie, Sally W72	2) Phalen, Jennifer W57	3) Woodruff, David M65	4) Winsor, Brad M50	
	37.33	1:18.35 (1:18.35)	1:59.03 (1:59.03)	2:39.60 (2:39.60)	
	3:17.60 (38.00)	4:02.57 (1:22.97)	4:48.71 (2:09.11)	5:34.23 (2:54.63)	
	6:09.19 (34.96)	6:48.14 (1:13.91)	7:29.46 (1:55.23)	8:08.36 (2:34.13)	
	8:36.83 (28.47)	9:08.39 (1:00.03)	9:41.11 (1:32.75)	10:13.54 (2:05.18)	
2	Marcia's Enthusiastic Masters-38	A	12:50.00	11:15.42	38
	1) Taylor, Opal W46	2) Lehnert, Ahren M48	3) Johnson, Carliane W57	4) Chew, Thomas C M64	
	42.93	1:37.42 (1:37.42)	2:35.39 (2:35.39)	3:30.02 (3:30.02)	
	4:03.30 (33.28)	4:40.94 (1:10.92)	5:19.72 (1:49.70)	5:56.71 (2:26.69)	
	6:22.80 (26.09)	7:17.62 (1:20.91)	8:06.61 (2:09.90)	8:58.73 (3:02.02)	
	9:39.01 (40.28)	10:25.68 (1:26.95)	11:15.42 (2:16.69)		

Mixed 45+ 200 Yard Medley Relay

NATL: 1:44.02 ! 5/4/2008 ARIZONA MASTERS
J SMITH, G MILLS, S ROLLINS, M BAILEY
PAC: 1:50.35 # 12/31/2009 WCM
H Chao, L Ward, T Nootbaar, P Roemer

1	Marcia's Enthusiastic Masters-38	A	2:15.00	2:17.31	42
	1) Dooley, Paul M53	2) Downey, Daniel P M54	3) Shu, Vicki W53	4) Haufler, Susan W64	
	35.55	1:10.53 (34.98)	1:43.18 (32.65)	2:17.31 (34.13)	
2	Santa Rosa Masters-38	B	3:14.99	2:51.61	38
	1) Jones, Sara W53	2) Rust, David M75	3) Bulman, Robin W56	4) Stewart, Jim M80	
	37.81	1:27.85 (50.04)	2:51.61 (1:23.76)		

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Mixed 45+ 200 Yard Medley Relay)**

3	Marcia's Enthusiastic Masters-38	B	3:20.00	3:26.24	36
	1) Inchausti, Robert M59	2) Ardourel, Franck M57	3) Lindahl, Sarah W45	4) McCormick, Ann L W58	
	1:01.99	1:50.63 (48.64)	2:37.02 (46.39)	3:26.24 (49.22)	

Mixed 45+ 400 Yard Medley Relay

NATL: 4:00.80 ! 5/2/2004

OREGON MASTERS

K ANDRUS-HUGHES, P ALLENDER, C CRABBE, M TENNANT

PAC: 4:14.07 # 12/31/2009

SRM

J Morales, H Hafner, S Nowack, W Schenstrom

1	Santa Cruz Masters Aquatics-38	A	4:31.00	4:28.37	42
	1) Tainty, Chris M62	2) Hertzler, Cynthia W52	3) Stockwell, Zach M47	4) Profumo, Tesla W45	
	32.77	1:07.06 (1:07.06)	1:27.56 (20.50)	2:28.46 (1:21.40)	
	2:57.16 (28.70)	3:30.54 (1:02.08)	3:58.03 (27.49)	4:28.37 (57.83)	
2	Marcia's Enthusiastic Masters-38	A	6:00.00	5:33.25	38
	1) Haufler, Susan W64	2) Downey, Daniel P M54	3) Coombs, Craig M61	4) Lindahl, Sarah W45	
	43.48	1:28.62 (1:28.62)	2:08.53 (39.91)	2:50.19 (1:21.57)	
	3:28.64 (38.45)	4:12.82 (1:22.63)	4:51.25 (38.43)	5:33.25 (1:20.43)	
3	Walnut Creek Masters-38	A	5:30.00	7:12.16	36
	1) Dibley, Allison M W60	2) Morner, Stan M87	3) Ongerth, Ann Michelle W47	4) Dibley, David M57	
		1:55.24 (1:55.24)	3:10.22 (1:14.98)	4:40.75 (2:45.51)	
	5:20.22 (39.47)	6:07.90 (1:27.15)	6:39.04 (31.14)	7:12.16 (1:04.26)	

Mixed 55+ 200 Yard Freestyle Relay

NATL: 1:38.64 ! 4/9/2017

NORTH CAROLINA

F MCEACHRAN, N CLARK, S WALSH, J KLEIN

PAC: 1:43.00 # 12/31/2009

TAM

R Burns, J Eisenman, L Val, T Holt

1	Club Hot Tub-38	A	1:57.40	1:49.38	42
	1) Godges, Arlette W57	2) Bond, Herman M59	3) Carpenter, Michael M57	4) Estrada, Kate W55	
	27.30	52.41 (25.11)	1:18.24 (25.83)	1:49.38 (31.14)	

Mixed 55+ 400 Yard Freestyle Relay

NATL: 3:48.60 ! 4/1/2012

PLANO WETCATS

T BARTON, J GOODING, L MORRISON, K MACCURDY

PAC: 3:57.45 # 4/27/2017

WCM

B Bilich, C O'Brien, D Cool, L Druz

1	Club Hot Tub-38	A	3:59.85	3:58.68	42
	1) Godges, Arlette W57	2) Boegman, John M59	3) Shaffer, Mike G M56	4) Estrada, Kate W55	
	28.95	59.12 (59.12)	1:25.77 (26.65)	1:54.52 (55.40)	
	2:20.52 (26.00)	2:48.45 (53.93)	3:21.77 (33.32)	3:58.68 (1:10.23)	
2	Walnut Creek Masters-38	A	4:20.00	4:47.08	38
	1) Dibley, Allison M W60	2) Dibley, David M57	3) Taylor, Catherine W59	4) King, Ian E M59	
	39.84	1:27.67 (1:27.67)	1:57.81 (30.14)	2:30.48 (1:02.81)	
	3:06.36 (35.88)	3:45.32 (1:14.84)	4:14.68 (29.36)	4:47.08 (1:01.76)	
3	Marcia's Enthusiastic Masters-38	A	5:10.00	5:06.32	36
	1) Rafkin, Louise W63	2) Hurt, Liz W57	3) Wan, Danny M58	4) Inchausti, Robert M59	
	33.89	1:10.29 (1:10.29)	1:47.24 (36.95)	2:29.53 (1:19.24)	
	3:06.41 (36.88)	3:44.62 (1:15.09)	4:24.58 (39.96)	5:06.32 (1:21.70)	
4	Walnut Creek Masters-38	B	4:50.00	5:11.24	34
	1) Burnett, David M66	2) Kemler, David S M64	3) Collins, Susan W72	4) Scott, Stephanie I W75	
	30.33	1:02.28 (1:02.28)	1:34.35 (32.07)	2:09.00 (1:06.72)	
	2:49.88 (40.88)	3:40.06 (1:31.06)	4:24.42 (44.36)	5:11.24 (1:31.18)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****(Mixed 55+ 400 Yard Freestyle Relay)**

5	Marcia's Enthusiastic Masters-38	B	6:05.00	5:44.11	32
	1) Armstrong, Judy W74	2) Chew, Thomas C M64	3) Tsugawa, Peter M64	4) Haufler, Susan W64	
	52.39	1:51.34 (1:51.34)	2:31.15 (39.81)	3:13.67 (1:22.33)	
	3:50.79 (37.12)	4:30.98 (1:17.31)	5:06.69 (35.71)	5:44.11 (1:13.13)	

Mixed 55+ 800 Yard Freestyle Relay

NATL: 8:17.00 ! 4/28/2018 ILLINOIS MASTER
D SIMS, A BLOCK, H KAFKA, A SEIBT
PAC: 8:54.85 # 12/31/2009 TAM
R Burns, K Frost, L Val, Shoenberger

1	Club Hot Tub-38	A	8:44.00	8:33.47 #	42
	1) Godges, Arlette W57	2) Shaffer, Mike G M56	3) Boegman, John M59	4) Riley, Jayne W58	
	29.66	1:01.86 (1:01.86)	1:36.14 (1:36.14)	2:11.41 (2:11.41)	
	2:38.64 (27.23)	3:08.44 (57.03)	3:38.33 (1:26.92)	4:07.66 (1:56.25)	
	4:17.79 (10.13)	4:35.70 (28.04)	5:06.26 (58.60)	5:38.32 (1:30.66)	
	6:10.91 (32.59)	6:31.16 (52.84)	7:20.58 (1:42.26)	8:33.47 (2:55.15)	
2	Walnut Creek Masters-38	A	11:30.00	12:08.15	38
	1) King, Ian E M59	2) Scott, Stephanie I W75	3) Taylor, Catherine W59	4) Feiring, Keith M74	
	30.02	1:03.36 (1:03.36)	1:38.81 (1:38.81)	2:14.98 (2:14.98)	
	2:27.00 (12.02)	2:59.09 (44.11)	3:51.26 (1:36.28)	4:45.01 (2:30.03)	
	5:36.47 (51.46)	6:15.67 (1:30.66)	6:59.03 (2:14.02)	7:43.06 (2:58.05)	
	8:25.66 (42.60)	9:16.22 (1:33.16)	10:12.72 (2:29.66)	12:08.15 (4:25.09)	

Mixed 55+ 200 Yard Medley Relay

NATL: 1:50.70 ! 4/8/2017 NORTH CAROLINA
F MCEACHRAN, N VESTAL, J KLEIN, S WALSH
PAC: 1:56.64 # 12/31/2009 TAM
R Burns, K Frost, L Val, J Eisenman

1	Club Hot Tub-38	A	2:08.40	2:11.18	42
	1) Estrada, Kate W55	2) Navarro II, Mario A M58	3) Tittle, Kenneth W M59	4) Godges, Arlette W57	
	38.96	1:16.70 (37.74)	1:43.78 (27.08)	2:11.18 (27.40)	
2	Quicksilver Masters-38	A	2:19.99	2:14.63	38
	1) Manning, Dwight M60	2) Tyler, Christine W59	3) Keighley, Tim M60	4) Keighley, Carole W58	
	33.38	1:18.37 (44.99)	1:45.34 (26.97)	2:14.63 (29.29)	

Mixed 55+ 400 Yard Medley Relay

NATL: 4:12.46 ! 4/28/2018 ILLINOIS MASTER
D SIMS, A SEIBT, A BLOCK, H KAFKA
PAC: 4:22.67 # 12/31/2009 TAM
R Burns, K Frost, L Val, J Eisenman

1	Club Hot Tub-38	A	4:29.50	4:46.06	42
	1) Estrada, Kate W55	2) Navarro II, Mario A M58	3) Shaffer, Mike G M56	4) Godges, Arlette W57	
	41.66	1:24.58 (1:24.58)	2:01.92 (37.34)	2:45.35 (1:20.77)	
	3:12.62 (27.27)	3:43.70 (58.35)	4:14.17 (30.47)	4:46.06 (1:02.36)	
2	Santa Rosa Masters-38	B	5:59.99	5:03.08	38
	1) Walts, Merrie W61	2) Bulman, Robin W56	3) Evans, Mark M64	4) Rust, David M75	
	35.08	1:12.40 (1:12.40)	1:50.56 (38.16)	2:34.10 (1:21.70)	
	3:03.82 (29.72)	3:37.39 (1:03.29)	4:18.81 (41.42)	5:03.08 (1:25.69)	
3	Marcia's Enthusiastic Masters-38	A	6:30.00	6:37.52	36
	1) McCormick, Ann L W58	2) Ardourel, Franck M57	3) Lopez, David M56	4) Carboni, Lisa W60	
	1:00.48	2:09.15 (2:09.15)	2:49.73 (40.58)	3:40.23 (1:31.08)	
	4:18.23 (38.00)	5:02.28 (1:22.05)	5:47.54 (45.26)	6:37.52 (1:35.24)	

Pacific Masters - Short Course Championship - 4/1/2022 to 4/3/2022**Results****Mixed 65+ 200 Yard Freestyle Relay**

NATL: 1:49.07 ! 4/17/2021

SARASOTA SHARKS

PAC: 1:51.63 # 4/26/2019

J GROSELLE, K MCCORMACK, K EINSIDLER, N KRYKA

TAM

R Burns, L Val, J Eisenman, A Bernard

1	Rolling Hills Mud Sharks-38	A	2:06.00	2:07.11	42
	1) Van Boer, Eric D M67	2) Hepworth, Mark M67	3) Hepworth, Jeri W69	4) Hepworth, Linda W68	
	26.88	56.90 (30.02)	1:31.18 (38.28)	2:07.11 (35.93)	
2	Walnut Creek Masters-38	A	2:20.00	2:19.13	38
	1) DeLacy, James M75	2) Collins, Susan W72	3) Scott, Stephanie I W75	4) Dennis, D Craig M75	
	28.57	1:10.03 (41.46)	1:48.81 (38.78)	2:19.13 (30.32)	
3	Walnut Creek Masters-38	B	4:00.00	3:24.60	36
	1) Wood, Caroline W W86	2) Palmer, Teddy W67	3) Morner, Stan M87	4) Mayo, Robert M88	
	57.09	1:40.09 (43.00)	3:24.60 (1:44.51)		

Mixed 65+ 400 Yard Freestyle Relay

NATL: 4:01.24 ! 4/18/2021

SARASOTA SHARKS

PAC: 4:40.54 # 4/13/2015

J GROSELLE, K MCCORMACK, K EINSIDLER, N KRYKA

WCM

M Alexander, M Hill, J DeLacy, C Dennis

1	Rolling Hills Mud Sharks-38	A	5:20.00	5:13.61	42
	1) Van Boer, Eric D M67	2) Hepworth, Mark M67	3) Hepworth, Linda W68	4) Coholan, Annette W73	
	28.68	1:01.56 (1:01.56)	1:37.65 (36.09)	2:16.94 (1:15.38)	
	2:56.44 (39.50)	3:38.21 (1:21.27)	4:24.34 (46.13)	5:13.61 (1:35.40)	
2	Davis Aquatic Masters-38	A	5:30.00	5:50.84	38
	1) Guthrie, Sally W72	2) Norris, Robert M83	3) Gill, Kathy W68	4) McPherson, Andrew M75	
	36.44	1:14.53 (1:14.53)	2:09.46 (54.93)	3:07.24 (1:52.71)	
	3:52.49 (45.25)	4:44.68 (1:37.44)	5:15.94 (31.26)	5:50.84 (1:06.16)	

Mixed 65+ 200 Yard Medley Relay

NATL: 2:03.10 ! 4/18/2021

SARASOTA SHARKS

PAC: 2:04.90 # 4/27/2019

K EINSIDLER, J GROSELLE, K MCCORMACK, N KRYKA

TAM

L Val, A Moskovits, R Burns, J Eisenman

1	Rolling Hills Mud Sharks-38	A	2:30.00	2:26.55	42
	1) Hepworth, Linda W68	2) Van Boer, Eric D M67	3) Hepworth, Mark M67	4) Hepworth, Jeri W69	
	42.64	1:18.13 (35.49)	1:51.84 (33.71)	2:26.55 (34.71)	
2	Walnut Creek Masters-38	A	2:50.00	2:48.67	38
	1) Dennis, D Craig M75	2) Collins, Susan W72	3) DeLacy, James M75	4) Scott, Stephanie I W75	
	37.97	1:34.30 (56.33)	2:08.53 (34.23)	2:48.67 (40.14)	

Mixed 65+ 400 Yard Medley Relay

NATL: 5:04.93 ! 3/10/2019

PALM BEACH MAST

PAC: 5:39.16 # 4/13/2019

R HEACOCK, J CRAFFEY, L CHILDS, F HARE

MAM

R Shaps, G Fitschen, T Alderson, S Caso

1	Walnut Creek Masters-38	A	5:59.00	6:34.22	42
	1) Dennis, D Craig M75	2) Collins, Susan W72	3) Scott, Stephanie I W75	4) DeLacy, James M75	
	37.75	1:17.61 (1:17.61)	1:58.87 (41.26)	2:47.58 (1:29.97)	
	3:47.48 (59.90)	5:01.03 (2:13.45)	5:47.59 (46.56)	6:34.22 (1:33.19)	
---	Rolling Hills Mud Sharks-38	A	5:55.00	DQ	
	1) Hepworth, Linda W68	2) Van Boer, Eric D M67	3) Hepworth, Mark M67	4) Coholan, Annette W73	
	43.26	1:30.11 (1:30.11)	2:06.69 (36.58)	2:49.28 (1:19.17)	
	3:28.97 (39.69)	4:14.89 (1:25.61)	4:59.31 (44.42)	DQ (1:34.23)	