

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Women 25-29 1500 SC Meter Freestyle**

Name	Age	Team	Finals Time			
1 Ladd, Catherine V	27	The Olympic Club-38	19:00.76			
	33.82	1:10.72 (36.90)	1:48.62 (37.90)	2:26.72 (38.10)		
	3:04.44 (37.72)	3:42.67 (38.23)	4:20.94 (38.27)	4:59.23 (38.29)		
	5:37.56 (38.33)	6:15.88 (38.32)	6:54.52 (38.64)	7:33.21 (38.69)		
	8:11.71 (38.50)	8:50.31 (38.60)	9:28.67 (38.36)	10:07.15 (38.48)		
	10:45.48 (38.33)	11:23.59 (38.11)	12:02.05 (38.46)	12:40.17 (38.12)		
	13:17.70 (37.53)	13:55.82 (38.12)	14:34.11 (38.29)	15:12.55 (38.44)		
	15:50.95 (38.40)	16:29.61 (38.66)	17:08.29 (38.68)	17:46.51 (38.22)		
	18:24.28 (37.77)	19:00.76 (36.48)				
2 Kukurugya, Hannah	25	The Olympic Club-38	19:23.41			
	35.29	1:13.38 (38.09)	1:52.54 (39.16)	2:32.53 (39.99)		
	3:12.67 (40.14)	3:52.73 (40.06)	4:32.37 (39.64)	5:12.26 (39.89)		
	5:51.79 (39.53)	6:31.48 (39.69)	7:11.11 (39.63)	7:50.43 (39.32)		
	8:30.11 (39.68)	9:09.60 (39.49)	9:49.16 (39.56)	10:27.87 (38.71)		
	11:07.13 (39.26)	11:46.25 (39.12)	12:25.17 (38.92)	13:03.98 (38.81)		
	13:42.57 (38.59)	14:21.27 (38.70)	14:59.98 (38.71)	15:38.44 (38.46)		
	16:16.49 (38.05)	16:54.47 (37.98)	17:32.16 (37.69)	18:09.41 (37.25)		
	18:46.65 (37.24)	19:23.41 (36.76)				
3 Sturzenegger, Selby	27	The Olympic Club-38	20:05.45			
	35.81	1:15.39 (39.58)	1:55.86 (40.47)	2:36.76 (40.90)		
	3:17.96 (41.20)	3:58.67 (40.71)	4:39.60 (40.93)	5:20.04 (40.44)		
	6:00.44 (40.40)	6:40.57 (40.13)	7:20.89 (40.32)	8:01.12 (40.23)		
	8:41.26 (40.14)	9:21.53 (40.27)	10:01.82 (40.29)	10:42.58 (40.76)		
	11:23.06 (40.48)	12:03.88 (40.82)	12:44.78 (40.90)	13:25.29 (40.51)		
	14:05.62 (40.33)	14:45.91 (40.29)	15:26.22 (40.31)	16:06.23 (40.01)		
	16:46.40 (40.17)	17:26.82 (40.42)	18:07.27 (40.45)	18:47.61 (40.34)		
	19:27.83 (40.22)	20:05.45 (37.62)				
4 Knell, Lissi	29	Alameda Aquatic Masters-38	20:29.26			
	37.05	1:17.31 (40.26)	1:58.11 (40.80)	2:38.94 (40.83)		
	3:20.04 (41.10)	4:01.42 (41.38)	4:43.23 (41.81)	5:24.93 (41.70)		
	6:06.63 (41.70)	6:48.40 (41.77)	7:29.98 (41.58)	8:11.76 (41.78)		
	8:53.40 (41.64)	9:34.84 (41.44)	10:16.49 (41.65)	10:58.43 (41.94)		
	11:40.63 (42.20)	12:22.23 (41.60)	13:03.21 (40.98)	13:44.04 (40.83)		
	14:24.08 (40.04)	15:04.93 (40.85)	15:46.04 (41.11)	16:26.96 (40.92)		
	17:07.73 (40.77)	17:48.18 (40.45)	18:28.76 (40.58)	19:09.43 (40.67)		
	19:50.05 (40.62)	20:29.26 (39.21)				
5 Woo, Emily	28	Marcia's Enthusiastic Masters-38	25:16.43			
	42.75	1:31.84 (49.09)	2:22.19 (50.35)	3:13.11 (50.92)		
	4:03.73 (50.62)	4:54.31 (50.58)	5:45.36 (51.05)	6:36.20 (50.84)		
	7:26.73 (50.53)	8:17.65 (50.92)	9:08.98 (51.33)	10:00.22 (51.24)		
	10:52.25 (52.03)	11:43.83 (51.58)	12:35.81 (51.98)	13:26.69 (50.88)		
	14:18.24 (51.55)	15:09.83 (51.59)	16:01.30 (51.47)	16:51.78 (50.48)		
	17:42.35 (50.57)	18:32.93 (50.58)	19:23.93 (51.00)	20:15.14 (51.21)		
	21:05.41 (50.27)	21:56.61 (51.20)	22:47.30 (50.69)	23:37.93 (50.63)		
	24:27.69 (49.76)	25:16.43 (48.74)				

Women 30-34 200 SC Meter Freestyle

1 Devoto, Cecily 34 Santa Rosa Masters-38 2:38.28

Women 30-34 400 SC Meter Freestyle

1 Devoto, Cecily 34 Santa Rosa Masters-38 5:24.07
 2 Hwang, Jenn 31 Walnut Creek Masters-38 5:31.03

Women 30-34 800 SC Meter Freestyle

1 Devoto, Cecily 34 Santa Rosa Masters-38 10:52.76
 2 Hwang, Jenn 31 Walnut Creek Masters-38 11:16.55

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Women 30-34 1500 SC Meter Freestyle**

1	Breed, Catherine	30	The Olympic Club-38	17:16.22
	30.89	1:04.49 (33.60)	1:38.35 (33.86)	2:12.41 (34.06)
	2:46.30 (33.89)	3:20.19 (33.89)	3:53.81 (33.62)	4:27.76 (33.95)
	5:01.75 (33.99)	5:35.92 (34.17)	6:10.15 (34.23)	6:44.80 (34.65)
	7:19.39 (34.59)	7:54.61 (35.22)	8:29.55 (34.94)	9:04.15 (34.60)
	9:39.34 (35.19)	10:14.57 (35.23)	10:50.15 (35.58)	11:25.51 (35.36)
	12:00.33 (34.82)	12:35.27 (34.94)	13:10.39 (35.12)	13:45.36 (34.97)
	14:20.08 (34.72)	14:55.53 (35.45)	15:30.80 (35.27)	16:07.04 (36.24)
	16:41.91 (34.87)	17:16.22 (34.31)		
2	Arnold, Allison A	31	The Olympic Club-38	17:39.38
	31.73	1:06.00 (34.27)	1:41.04 (35.04)	2:15.91 (34.87)
	2:51.67 (35.76)	3:27.19 (35.52)	4:02.34 (35.15)	4:37.77 (35.43)
	5:13.44 (35.67)	5:48.76 (35.32)	6:24.16 (35.40)	6:59.40 (35.24)
	7:34.69 (35.29)	8:09.93 (35.24)	8:45.08 (35.15)	9:20.29 (35.21)
	9:55.39 (35.10)	10:30.44 (35.05)	11:06.32 (35.88)	11:41.58 (35.26)
	12:17.52 (35.94)	12:53.01 (35.49)	13:29.54 (36.53)	14:06.17 (36.63)
	14:42.30 (36.13)	15:17.83 (35.53)	15:53.62 (35.79)	16:29.62 (36.00)
	17:05.05 (35.43)	17:39.38 (34.33)		
3	Monsees, Courtney	34	The Olympic Club-38	18:05.76
	31.71	1:06.08 (34.37)	1:41.18 (35.10)	2:16.20 (35.02)
	2:51.94 (35.74)	3:27.70 (35.76)	4:03.72 (36.02)	4:39.82 (36.10)
	5:16.56 (36.74)	5:53.17 (36.61)	6:29.67 (36.50)	7:06.55 (36.88)
	7:43.27 (36.72)	8:20.46 (37.19)	8:57.89 (37.43)	9:34.46 (36.57)
	10:11.22 (36.76)	10:48.13 (36.91)	11:25.21 (37.08)	12:02.26 (37.05)
	12:38.86 (36.60)	13:15.46 (36.60)	13:52.18 (36.72)	14:28.65 (36.47)
	15:05.00 (36.35)	15:41.61 (36.61)	16:18.08 (36.47)	16:54.55 (36.47)
	17:30.75 (36.20)	18:05.76 (35.01)		
4	Pedote, Elyssa	30	The Olympic Club-38	20:11.90
	35.66	1:14.17 (38.51)	1:53.63 (39.46)	2:33.71 (40.08)
	3:13.88 (40.17)	3:54.05 (40.17)	4:34.39 (40.34)	5:14.86 (40.47)
	5:55.07 (40.21)	6:35.29 (40.22)	7:15.75 (40.46)	7:56.54 (40.79)
	8:37.37 (40.83)	9:17.87 (40.50)	9:58.44 (40.57)	10:39.22 (40.78)
	11:20.11 (40.89)	12:00.77 (40.66)	12:41.78 (41.01)	13:22.95 (41.17)
	14:04.29 (41.34)	14:45.42 (41.13)	15:26.60 (41.18)	16:07.71 (41.11)
	16:48.97 (41.26)	17:29.87 (40.90)	18:10.82 (40.95)	18:51.69 (40.87)
	19:32.30 (40.61)	20:11.90 (39.60)		
5	Devoto, Cecily	34	Santa Rosa Masters-38	20:18.38
	37.33	1:16.93 (39.60)	1:57.66 (40.73)	2:38.28 (40.62)
	3:19.67 (41.39)	4:01.01 (41.34)	4:42.87 (41.86)	5:24.07 (41.20)
	6:05.16 (41.09)	6:46.68 (41.52)	7:27.98 (41.30)	8:09.33 (41.35)
	8:50.37 (41.04)	9:31.36 (40.99)	10:12.03 (40.67)	10:52.76 (40.73)
	11:33.68 (40.92)	12:14.57 (40.89)	12:55.72 (41.15)	13:36.58 (40.86)
	14:17.82 (41.24)	14:58.90 (41.08)	15:39.89 (40.99)	16:20.79 (40.90)
	17:01.88 (41.09)	17:42.52 (40.64)	18:22.51 (39.99)	19:01.95 (39.44)
	19:41.28 (39.33)	20:18.38 (37.10)		
6	Hwang, Jenn	31	Walnut Creek Masters-38	21:13.76
	32.83	1:11.70 (38.87)	1:53.86 (42.16)	2:37.58 (43.72)
	3:21.14 (43.56)	4:04.39 (43.25)	4:47.67 (43.28)	5:31.03 (43.36)
	6:14.01 (42.98)	6:57.05 (43.04)	7:40.33 (43.28)	8:23.19 (42.86)
	9:06.26 (43.07)	9:49.48 (43.22)	10:33.45 (43.97)	11:16.55 (43.10)
	11:59.14 (42.59)	12:42.44 (43.30)	13:25.53 (43.09)	14:08.34 (42.81)
	14:51.86 (43.52)	15:34.87 (43.01)	16:17.84 (42.97)	17:00.64 (42.80)
	17:44.09 (43.45)	18:27.39 (43.30)	19:10.12 (42.73)	19:52.15 (42.03)
	20:34.76 (42.61)	21:13.76 (39.00)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 30-34 1500 SC Meter Freestyle)**

7 McBride, Beth 33 Marcia's Enthusiastic Masters-38 22:21.74

40.83	1:24.66 (43.83)	2:09.87 (45.21)	2:55.14 (45.27)
3:40.75 (45.61)	4:26.16 (45.41)	5:12.15 (45.99)	5:58.20 (46.05)
6:43.98 (45.78)	7:29.41 (45.43)	8:14.59 (45.18)	8:59.04 (44.45)
9:43.33 (44.29)	10:28.16 (44.83)	11:12.66 (44.50)	11:57.27 (44.61)
12:42.06 (44.79)	13:26.75 (44.69)	14:11.66 (44.91)	14:56.56 (44.90)
15:42.05 (45.49)	16:27.23 (45.18)	17:12.29 (45.06)	17:57.11 (44.82)
18:41.78 (44.67)	19:26.23 (44.45)	20:11.19 (44.96)	20:55.75 (44.56)
21:40.24 (44.49)	22:21.74 (41.50)		

8 Odena, Amy 32 Uc38 22:43.20

38.18	1:19.42 (41.24)	2:03.03 (43.61)	2:47.25 (44.22)
3:32.43 (45.18)	4:17.95 (45.52)	5:03.88 (45.93)	5:49.82 (45.94)
6:36.00 (46.18)	7:22.08 (46.08)	8:08.61 (46.53)	8:54.62 (46.01)
9:40.59 (45.97)	10:26.34 (45.75)	11:12.21 (45.87)	11:58.06 (45.85)
12:44.47 (46.41)	13:30.58 (46.11)	14:17.14 (46.56)	15:03.59 (46.45)
15:49.08 (45.49)	16:34.58 (45.50)	17:20.48 (45.90)	18:06.16 (45.68)
18:51.32 (45.16)	19:36.80 (45.48)	20:22.75 (45.95)	21:10.77 (48.02)
21:57.70 (46.93)	22:43.20 (45.50)		

Women 35-39 400 SC Meter Freestyle

1 Li, Jing 35 San Mateo Masters-38 4:50.43

Women 35-39 800 SC Meter Freestyle

1 Li, Jing 35 San Mateo Masters-38 9:47.71

Women 35-39 1500 SC Meter Freestyle

1 Li, Jing 35 San Mateo Masters-38 18:25.60

32.38	1:07.65 (35.27)	1:44.02 (36.37)	2:21.10 (37.08)
2:58.27 (37.17)	3:35.72 (37.45)	4:13.13 (37.41)	4:50.43 (37.30)
5:27.72 (37.29)	6:04.90 (37.18)	6:41.82 (36.92)	7:19.00 (37.18)
7:56.14 (37.14)	8:33.41 (37.27)	9:10.64 (37.23)	9:47.71 (37.07)
10:24.98 (37.27)	11:01.97 (36.99)	11:38.94 (36.97)	12:15.82 (36.88)
12:53.28 (37.46)	13:29.56 (36.28)	14:06.19 (36.63)	14:42.75 (36.56)
15:19.19 (36.44)	15:56.49 (37.30)	16:33.60 (37.11)	17:11.11 (37.51)
17:48.71 (37.60)	18:25.60 (36.89)		

2 Smith, Ashley 39 Walnut Creek Masters-38 24:50.10

44.74	1:32.86 (48.12)	2:21.65 (48.79)	3:10.16 (48.51)
3:59.55 (49.39)	4:48.74 (49.19)	5:38.36 (49.62)	6:28.64 (50.28)
7:19.05 (50.41)	8:08.71 (49.66)	8:59.31 (50.60)	9:50.70 (51.39)
10:41.99 (51.29)	11:32.48 (50.49)	12:23.29 (50.81)	13:14.11 (50.82)
14:04.54 (50.43)	14:54.90 (50.36)	15:45.14 (50.24)	16:35.83 (50.69)
17:25.43 (49.60)	18:15.05 (49.62)	19:04.48 (49.43)	19:54.01 (49.53)
20:44.54 (50.53)	21:34.30 (49.76)	22:24.09 (49.79)	23:13.52 (49.43)
24:02.01 (48.49)	24:50.10 (48.09)		

3 Woodworth, Kathryn 37 Marcia's Enthusiastic Masters-38 26:11.11

45.04	1:36.02 (50.98)	2:27.90 (51.88)	3:20.06 (52.16)
4:12.09 (52.03)	5:05.22 (53.13)	5:57.98 (52.76)	6:51.00 (53.02)
7:43.65 (52.65)	8:36.11 (52.46)	9:29.62 (53.51)	10:22.38 (52.76)
11:15.45 (53.07)	12:08.99 (53.54)	13:02.06 (53.07)	13:54.82 (52.76)
14:47.96 (53.14)	15:41.48 (53.52)	16:34.08 (52.60)	17:27.88 (53.80)
18:21.55 (53.67)	19:13.70 (52.15)	20:05.70 (52.00)	20:59.50 (53.80)
21:52.65 (53.15)	22:45.07 (52.42)	23:38.20 (53.13)	24:30.95 (52.75)
25:23.79 (52.84)	26:11.11 (47.32)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Women 40-44 1500 SC Meter Freestyle**

1	Hardin, Meghan	42	North Bay Aquatics-38	19:19.93
	35.36	1:13.59 (38.23)	1:52.69 (39.10)	2:31.97 (39.28)
	3:11.66 (39.69)	3:51.36 (39.70)	4:30.58 (39.22)	5:10.06 (39.48)
	5:49.32 (39.26)	6:28.71 (39.39)	7:06.94 (38.23)	7:45.31 (38.37)
	8:24.28 (38.97)	9:03.54 (39.26)	9:42.46 (38.92)	10:21.59 (39.13)
	11:00.53 (38.94)	11:39.41 (38.88)	12:18.14 (38.73)	12:56.57 (38.43)
	13:34.70 (38.13)	14:13.01 (38.31)	14:51.31 (38.30)	15:29.30 (37.99)
	16:07.32 (38.02)	16:45.53 (38.21)	17:24.36 (38.83)	18:03.11 (38.75)
	18:42.11 (39.00)	19:19.93 (37.82)		
2	Hardy, Sara	42	Uc38	19:33.45
	34.64	1:11.84 (37.20)	1:50.30 (38.46)	2:29.21 (38.91)
	3:08.03 (38.82)	3:47.27 (39.24)	4:26.69 (39.42)	5:06.24 (39.55)
	5:45.65 (39.41)	6:25.38 (39.73)	7:04.96 (39.58)	7:44.32 (39.36)
	8:23.92 (39.60)	9:03.60 (39.68)	9:43.03 (39.43)	10:22.40 (39.37)
	11:01.80 (39.40)	11:41.38 (39.58)	12:20.89 (39.51)	13:00.52 (39.63)
	13:40.16 (39.64)	14:19.76 (39.60)	14:59.46 (39.70)	15:38.87 (39.41)
	16:18.48 (39.61)	16:57.75 (39.27)	17:37.50 (39.75)	18:16.91 (39.41)
	18:56.11 (39.20)	19:33.45 (37.34)		
3	Nehrebecki, Helene	43	Davis Aquatic Masters-38	21:22.64
	37.80	1:19.67 (41.87)	2:02.45 (42.78)	2:46.15 (43.70)
	3:29.49 (43.34)	4:12.84 (43.35)	4:55.69 (42.85)	5:39.14 (43.45)
	6:22.65 (43.51)	7:05.86 (43.21)	7:49.20 (43.34)	8:32.78 (43.58)
	9:16.25 (43.47)	9:59.66 (43.41)	10:42.80 (43.14)	11:25.78 (42.98)
	12:08.64 (42.86)	12:52.26 (43.62)	13:35.08 (42.82)	14:17.62 (42.54)
	15:00.72 (43.10)	15:43.53 (42.81)	16:26.91 (43.38)	17:09.27 (42.36)
	17:52.48 (43.21)	18:35.28 (42.80)	19:18.44 (43.16)	20:00.83 (42.39)
	20:43.72 (42.89)	21:22.64 (38.92)		
4	Rueda, Marcela	41	Santa Rosa Masters-38	21:50.90
	38.23	1:20.51 (42.28)	2:03.55 (43.04)	2:47.49 (43.94)
	3:31.74 (44.25)	4:15.98 (44.24)	5:00.34 (44.36)	5:44.92 (44.58)
	6:29.39 (44.47)	7:14.31 (44.92)	7:59.40 (45.09)	8:43.80 (44.40)
	9:27.67 (43.87)	10:12.03 (44.36)	10:55.98 (43.95)	11:40.12 (44.14)
	12:23.67 (43.55)	13:08.03 (44.36)	13:52.26 (44.23)	14:36.62 (44.36)
	15:20.18 (43.56)	16:04.14 (43.96)	16:47.56 (43.42)	17:31.03 (43.47)
	18:14.81 (43.78)	18:58.59 (43.78)	19:42.09 (43.50)	20:25.34 (43.25)
	21:08.82 (43.48)	21:50.90 (42.08)		
5	Brumwell, Alexis	41	SF Tsunami Masters-38	22:28.86
	38.55	1:20.99 (42.44)	2:04.69 (43.70)	2:49.40 (44.71)
	3:34.31 (44.91)	4:19.17 (44.86)	5:03.89 (44.72)	5:49.22 (45.33)
	6:34.39 (45.17)	7:19.87 (45.48)	8:05.43 (45.56)	8:50.75 (45.32)
	9:36.23 (45.48)	10:21.70 (45.47)	11:07.33 (45.63)	11:53.15 (45.82)
	12:38.84 (45.69)	13:24.20 (45.36)	14:09.84 (45.64)	14:55.33 (45.49)
	15:40.73 (45.40)	16:26.10 (45.37)	17:11.83 (45.73)	17:57.24 (45.41)
	18:43.00 (45.76)	19:28.36 (45.36)	20:13.98 (45.62)	20:59.39 (45.41)
	21:44.52 (45.13)	22:28.86 (44.34)		
6	Lee, Jez	43	Marcia's Enthusiastic Masters-38	27:15.81
	44.47	1:36.33 (51.86)	2:31.55 (55.22)	3:24.99 (53.44)
	4:19.90 (54.91)	5:15.33 (55.43)	6:09.02 (53.69)	7:04.09 (55.07)
	7:59.73 (55.64)	8:55.13 (55.40)	9:51.11 (55.98)	10:47.54 (56.43)
	11:42.64 (55.10)	12:38.09 (55.45)	13:33.37 (55.28)	14:28.24 (54.87)
	15:24.23 (55.99)	16:19.10 (54.87)	17:13.22 (54.12)	18:08.27 (55.05)
	19:03.71 (55.44)	19:59.01 (55.30)	20:54.31 (55.30)	21:50.23 (55.92)
	22:46.28 (56.05)	23:41.68 (55.40)	24:36.53 (54.85)	25:31.33 (54.80)
	26:25.45 (54.12)	27:15.81 (50.36)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Women 45-49 200 SC Meter Freestyle**

1 Ongerth, Ann Michelle 49 Walnut Creek Masters-38 3:30.83

Women 45-49 400 SC Meter Freestyle

1 Ongerth, Ann Michelle 49 Walnut Creek Masters-38 7:13.07

Women 45-49 800 SC Meter Freestyle

1 George, Heidi 47 Uc38 9:01.09

2 Ongerth, Ann Michelle 49 Walnut Creek Masters-38 14:38.37

Women 45-49 1500 SC Meter Freestyle

1 George, Heidi 47 Uc38 17:01.27

32.00 1:05.70 (33.70) 1:39.55 (33.85) 2:13.79 (34.24)

2:47.69 (33.90) 3:21.42 (33.73) 3:55.35 (33.93) 4:29.23 (33.88)

5:03.24 (34.01) 5:37.35 (34.11) 6:11.39 (34.04) 6:45.28 (33.89)

7:19.13 (33.85) 7:53.00 (33.87) 8:27.01 (34.01) 9:01.09 (34.08)

9:35.31 (34.22) 10:09.56 (34.25) 10:43.79 (34.23) 11:18.51 (34.72)

11:52.93 (34.42) 12:27.19 (34.26) 13:01.58 (34.39) 13:35.92 (34.34)

14:10.44 (34.52) 14:44.81 (34.37) 15:19.42 (34.61) 15:53.96 (34.54)

16:28.27 (34.31) 17:01.27 (33.00)

2 Pledger, Abby 49 North Bay Aquatics-38 19:49.02

36.21 1:14.98 (38.77) 1:54.75 (39.77) 2:34.74 (39.99)

3:14.66 (39.92) 3:54.71 (40.05) 4:34.83 (40.12) 5:14.84 (40.01)

5:54.77 (39.93) 6:34.84 (40.07) 7:14.64 (39.80) 7:54.20 (39.56)

8:33.90 (39.70) 9:13.76 (39.86) 9:53.29 (39.53) 10:32.95 (39.66)

11:12.54 (39.59) 11:52.37 (39.83) 12:32.17 (39.80) 13:11.91 (39.74)

13:52.17 (40.26) 14:31.77 (39.60) 15:11.50 (39.73) 15:51.30 (39.80)

16:31.11 (39.81) 17:11.11 (40.00) 17:51.02 (39.91) 18:30.87 (39.85)

19:10.60 (39.73) 19:49.02 (38.42)

3 Hahnel, Carrie 45 Marcia's Enthusiastic Masters-38 20:37.48

38.53 1:19.05 (40.52) 2:00.47 (41.42) 2:41.99 (41.52)

3:24.20 (42.21) 4:05.85 (41.65) 4:47.84 (41.99) 5:30.01 (42.17)

6:12.39 (42.38) 6:53.70 (41.31) 7:34.96 (41.26) 8:16.59 (41.63)

8:58.61 (42.02) 9:39.85 (41.24) 10:21.25 (41.40) 11:02.80 (41.55)

11:44.42 (41.62) 12:26.21 (41.79) 13:07.56 (41.35) 13:48.93 (41.37)

14:29.80 (40.87) 15:10.79 (40.99) 15:51.85 (41.06) 16:33.26 (41.41)

17:14.44 (41.18) 17:55.58 (41.14) 18:36.71 (41.13) 19:17.51 (40.80)

19:57.93 (40.42) 20:37.48 (39.55)

4 King, Lanie S 47 Tamalpais Aquatic Masters-38 22:51.04

38.17 1:20.87 (42.70) 2:04.94 (44.07) 2:49.50 (44.56)

3:34.62 (45.12) 4:19.82 (45.20) 5:05.43 (45.61) 5:51.46 (46.03)

6:37.56 (46.10) 7:23.29 (45.73) 8:09.18 (45.89) 8:55.36 (46.18)

9:41.86 (46.50) 10:27.72 (45.86) 11:13.82 (46.10) 12:00.07 (46.25)

12:46.42 (46.35) 13:32.78 (46.36) 14:19.89 (47.11) 15:06.99 (47.10)

15:53.51 (46.52) 16:40.49 (46.98) 17:27.34 (46.85) 18:13.88 (46.54)

19:00.16 (46.28) 19:47.11 (46.95) 20:34.27 (47.16) 21:21.16 (46.89)

22:07.26 (46.10) 22:51.04 (43.78)

5 Willoughby, Elaine 47 SF Tsunami Masters-38 24:11.27

42.56 1:28.12 (45.56) 2:14.42 (46.30) 3:01.12 (46.70)

3:48.16 (47.04) 4:35.39 (47.23) 5:22.51 (47.12) 6:09.53 (47.02)

6:56.56 (47.03) 7:44.67 (48.11) 8:32.71 (48.04) 9:21.04 (48.33)

10:10.17 (49.13) 10:58.14 (47.97) 11:46.41 (48.27) 12:35.15 (48.74)

13:24.54 (49.39) 14:13.81 (49.27) 15:01.21 (47.40) 15:49.64 (48.43)

16:39.16 (49.52) 17:29.72 (50.56) 18:20.99 (51.27) 19:11.36 (50.37)

20:02.67 (51.31) 20:52.45 (49.78) 21:42.16 (49.71) 22:31.59 (49.43)

23:21.52 (49.93) 24:11.27 (49.75)

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 45-49 1500 SC Meter Freestyle)**

6	Christen, Jane	44.26	1:30.71 (46.45)	2:19.80 (49.09)	3:09.36 (49.56)	25:24.88
		3:59.81 (50.45)	4:51.11 (51.30)	5:42.18 (51.07)	6:33.82 (51.64)	
		7:26.07 (52.25)	8:18.65 (52.58)	9:10.11 (51.46)	10:01.17 (51.06)	
		10:52.57 (51.40)	11:44.72 (52.15)	12:35.93 (51.21)	13:27.32 (51.39)	
		14:20.35 (53.03)	15:11.08 (50.73)	16:02.16 (51.08)	16:54.18 (52.02)	
		17:46.19 (52.01)	18:37.20 (51.01)	19:29.18 (51.98)	20:19.73 (50.55)	
		21:12.81 (53.08)	22:05.99 (53.18)	22:57.82 (51.83)	23:49.43 (51.61)	
		24:39.65 (50.22)	25:24.88 (45.23)			
7	Maze, Ghislaine	45.00	1:33.56 (48.56)	2:23.93 (50.37)	3:14.53 (50.60)	25:38.25
		4:05.85 (51.32)	4:57.54 (51.69)	5:49.34 (51.80)	6:41.15 (51.81)	
		7:32.63 (51.48)	8:23.90 (51.27)	9:15.77 (51.87)	10:07.79 (52.02)	
		11:00.32 (52.53)	11:51.70 (51.38)	12:43.60 (51.90)	13:35.67 (52.07)	
		14:27.98 (52.31)	15:19.81 (51.83)	16:11.79 (51.98)	17:03.37 (51.58)	
		17:55.25 (51.88)	18:46.69 (51.44)	19:38.72 (52.03)	20:31.44 (52.72)	
		21:23.56 (52.12)	22:15.24 (51.68)	23:07.85 (52.61)	23:59.06 (51.21)	
		24:50.05 (50.99)	25:38.25 (48.20)			
8	Ongerth, Ann Michelle	49.46	1:42.46 (53.00)	2:36.28 (53.82)	3:30.83 (54.55)	27:27.54
		4:26.12 (55.29)	5:21.36 (55.24)	6:17.23 (55.87)	7:13.07 (55.84)	
		8:08.82 (55.75)	9:04.62 (55.80)	10:00.56 (55.94)	10:56.55 (55.99)	
		11:52.33 (55.78)	12:47.96 (55.63)	13:43.43 (55.47)	14:38.37 (54.94)	
		15:34.34 (55.97)	16:30.14 (55.80)	17:27.08 (56.94)	18:22.77 (55.69)	
		19:18.59 (55.82)	20:13.66 (55.07)	21:09.09 (55.43)	22:04.39 (55.30)	
		22:59.36 (54.97)	23:54.47 (55.11)	24:50.35 (55.88)	25:44.74 (54.39)	
		26:38.99 (54.25)	27:27.54 (48.55)			
9	Allen, Julie	53.29	1:57.69 (1:04.40)	2:57.34 (59.65)	3:57.30 (59.96)	30:03.29
		4:56.80 (59.50)	5:56.96 (1:00.16)	6:56.81 (59.85)	7:56.67 (59.86)	
		8:56.39 (59.72)	9:56.69 (1:00.30)	10:56.51 (59.82)	11:56.12 (59.61)	
		12:55.88 (59.76)	13:56.65 (1:00.77)	14:57.12 (1:00.47)	15:57.87 (1:00.75)	
		16:58.55 (1:00.68)	17:59.75 (1:01.20)	18:59.91 (1:00.16)	19:59.91 (1:00.00)	
		21:00.58 (1:00.67)	22:01.68 (1:01.10)	23:02.45 (1:00.77)		
		25:05.42 ()	27:07.71 (2:02.29)		28:07.67 ()	
		29:06.82 (59.15)	30:03.29 (56.47)			

Women 50-54 400 SC Meter Freestyle

1	Zamanian, Alison	53	Walnut Creek Masters-38	4:38.92
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Women 50-54 800 SC Meter Freestyle

1	Zamanian, Alison	53	Walnut Creek Masters-38	9:32.48
2	Rothschild, Beccah	50	Manatee Aquatic Masters Inc-38	11:57.77

Women 50-54 1500 SC Meter Freestyle

1	Zamanian, Alison	53	Walnut Creek Masters-38	18:10.52	
		31.89	1:06.34 (34.45)	1:41.28 (34.94)	2:16.61 (35.33)
		2:51.99 (35.38)	3:27.46 (35.47)	4:03.15 (35.69)	4:38.92 (35.77)
		5:15.20 (36.28)	5:52.31 (37.11)	6:28.71 (36.40)	7:05.27 (36.56)
		7:41.90 (36.63)	8:18.98 (37.08)	8:55.72 (36.74)	9:32.48 (36.76)
		10:09.30 (36.82)	10:46.57 (37.27)	11:23.37 (36.80)	12:00.44 (37.07)
		12:37.19 (36.75)	13:14.12 (36.93)	13:51.11 (36.99)	14:28.16 (37.05)
		15:05.50 (37.34)	15:43.22 (37.72)	16:20.56 (37.34)	16:57.83 (37.27)
		17:34.93 (37.10)	18:10.52 (35.59)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 50-54 1500 SC Meter Freestyle)**

2	Rothschild, Beccah	50	Manatee Aquatic Masters Inc-38	22:34.98
	42.17	1:26.98 (44.81)	2:11.70 (44.72)	2:56.61 (44.91)
	3:41.30 (44.69)	4:26.20 (44.90)	5:11.05 (44.85)	5:55.75 (44.70)
	6:40.36 (44.61)	7:25.58 (45.22)	8:11.00 (45.42)	8:56.48 (45.48)
	9:41.89 (45.41)	10:26.92 (45.03)	11:12.37 (45.45)	11:57.77 (45.40)
	12:43.44 (45.67)	13:28.96 (45.52)	14:14.36 (45.40)	15:00.18 (45.82)
	15:46.06 (45.88)	16:32.85 (46.79)	17:18.02 (45.17)	18:03.65 (45.63)
	18:49.27 (45.62)	19:34.72 (45.45)	20:20.28 (45.56)	21:05.70 (45.42)
	21:50.98 (45.28)	22:34.98 (44.00)		

3	Edelmann, Friederike	52	Uc38	22:56.02
	40.30	1:23.66 (43.36)	2:08.46 (44.80)	2:53.80 (45.34)
	3:39.86 (46.06)	4:26.02 (46.16)	5:12.64 (46.62)	5:59.14 (46.50)
	6:45.65 (46.51)	7:31.95 (46.30)	8:18.31 (46.36)	9:04.79 (46.48)
	9:51.08 (46.29)	10:37.31 (46.23)	11:23.86 (46.55)	12:10.21 (46.35)
	12:56.35 (46.14)	13:43.06 (46.71)	14:29.26 (46.20)	15:15.50 (46.24)
	16:01.87 (46.37)	16:48.12 (46.25)	17:34.36 (46.24)	18:20.53 (46.17)
	19:06.57 (46.04)	19:52.71 (46.14)	20:38.85 (46.14)	21:24.89 (46.04)
	22:11.05 (46.16)	22:56.02 (44.97)		

4	Attwell, Carrie	53	The Olympic Club-38	23:37.36
	41.62	1:27.23 (45.61)	2:13.56 (46.33)	3:00.25 (46.69)
	3:47.05 (46.80)	4:33.74 (46.69)	5:20.63 (46.89)	6:07.54 (46.91)
	6:55.09 (47.55)	7:42.60 (47.51)	8:30.20 (47.60)	9:18.19 (47.99)
	10:05.97 (47.78)	10:53.86 (47.89)	11:41.60 (47.74)	12:29.38 (47.78)
	13:16.83 (47.45)	14:04.39 (47.56)	14:52.89 (48.50)	15:40.40 (47.51)
	16:28.35 (47.95)	17:15.75 (47.40)	18:04.05 (48.30)	18:52.25 (48.20)
	19:40.40 (48.15)	20:28.69 (48.29)	21:16.58 (47.89)	22:04.59 (48.01)
	22:52.25 (47.66)	23:37.36 (45.11)		

5	Voight, Tina	54	Marcia's Enthusiastic Masters-38	26:00.19
	41.24	1:29.17 (47.93)	2:19.97 (50.80)	3:13.41 (53.44)
	4:07.21 (53.80)	5:00.55 (53.34)	5:54.12 (53.57)	6:48.01 (53.89)
	7:41.83 (53.82)	8:35.41 (53.58)	9:28.36 (52.95)	10:20.85 (52.49)
	11:13.44 (52.59)	12:05.37 (51.93)	12:58.45 (53.08)	13:50.86 (52.41)
	14:43.26 (52.40)	15:34.95 (51.69)	16:27.16 (52.21)	17:19.08 (51.92)
	18:11.56 (52.48)	19:04.37 (52.81)	19:56.94 (52.57)	20:49.54 (52.60)
	21:41.35 (51.81)	22:34.18 (52.83)	23:26.68 (52.50)	24:18.79 (52.11)
	25:11.05 (52.26)	26:00.19 (49.14)		

6	Lewis, Aki	53	San Ramon Valley Aquatics Mast-38	27:18.84
	51.68	1:45.90 (54.22)	2:41.19 (55.29)	3:35.54 (54.35)
	4:31.07 (55.53)	5:26.87 (55.80)	6:21.83 (54.96)	7:16.40 (54.57)
	9:08.54 (1:52.14)	10:03.60 (55.06)	10:59.48 (55.88)	11:54.75 (55.27)
	12:50.02 (55.27)	13:44.46 (54.44)	14:38.81 (54.35)	15:34.30 (55.49)
	16:29.77 (55.47)	17:24.23 (54.46)	18:20.65 (56.42)	19:14.95 (54.30)
		20:10.65 ()	21:06.20 (55.55)	22:00.44 (54.24)
	22:54.64 (54.20)	23:49.75 (55.11)	24:44.42 (54.67)	25:37.76 (53.34)
	26:30.29 (52.53)	27:18.84 (48.55)		

--- Bjerknes, Wendy 54 Uc38 DNF

Women 55-59 50 SC Meter Freestyle

1	Phalen, Jennifer	59	Davis Aquatic Masters-38	43.14
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Women 55-59 100 SC Meter Freestyle

1	Phalen, Jennifer	59	Davis Aquatic Masters-38	1:30.10
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Women 55-59 200 SC Meter Freestyle

1	Couch, Stephanie	59	Menlo Masters-38	2:46.14
2	Phalen, Jennifer	59	Davis Aquatic Masters-38	3:07.49

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Women 55-59 400 SC Meter Freestyle**

1 Couch, Stephanie	59 Menlo Masters-38	5:36.32
2 Phalen, Jennifer	59 Davis Aquatic Masters-38	6:23.83

Women 55-59 800 SC Meter Freestyle

1 Couch, Stephanie	59 Menlo Masters-38	11:17.70
2 Phalen, Jennifer	59 Davis Aquatic Masters-38	12:57.07

Women 55-59 1500 SC Meter Freestyle

1 Couch, Stephanie	59 Menlo Masters-38	21:07.94
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39.10	1:21.29 (42.19)	2:03.77 (42.48)	2:46.14 (42.37)
3:28.58 (42.44)	4:11.02 (42.44)	4:53.24 (42.22)	5:36.32 (43.08)
6:18.76 (42.44)	7:01.73 (42.97)	7:44.51 (42.78)	8:27.46 (42.95)
9:10.08 (42.62)	9:52.55 (42.47)	10:34.94 (42.39)	11:17.70 (42.76)
12:00.14 (42.44)	12:42.50 (42.36)	13:25.08 (42.58)	14:07.26 (42.18)
14:49.31 (42.05)	15:31.83 (42.52)	16:14.14 (42.31)	16:56.65 (42.51)
17:38.69 (42.04)	18:20.69 (42.00)	19:02.87 (42.18)	19:45.02 (42.15)
20:27.10 (42.08)	21:07.94 (40.84)		

2 Coomber, Molly	58 North Bay Aquatics-38	21:40.26
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39.40	1:21.71 (42.31)	2:05.26 (43.55)	2:48.70 (43.44)
3:32.29 (43.59)	4:16.38 (44.09)	4:59.99 (43.61)	5:43.59 (43.60)
6:27.39 (43.80)	7:10.81 (43.42)	7:54.08 (43.27)	8:37.27 (43.19)
9:20.96 (43.69)	10:04.07 (43.11)	10:47.35 (43.28)	11:30.97 (43.62)
12:14.80 (43.83)	12:58.21 (43.41)	13:41.43 (43.22)	14:25.26 (43.83)
15:08.32 (43.06)	15:52.67 (44.35)	16:35.95 (43.28)	17:19.60 (43.65)
18:03.33 (43.73)	18:46.75 (43.42)	19:30.14 (43.39)	20:13.81 (43.67)
20:57.29 (43.48)	21:40.26 (42.97)		

3 Bulman, Robin	58 Santa Rosa Masters-38	21:43.61
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38.92	1:21.82 (42.90)	2:05.68 (43.86)	2:49.58 (43.90)
3:33.43 (43.85)	4:16.93 (43.50)	4:59.99 (43.06)	5:43.66 (43.67)
6:27.36 (43.70)	7:10.71 (43.35)	7:54.40 (43.69)	8:38.00 (43.60)
9:21.46 (43.46)	10:04.88 (43.42)	10:48.29 (43.41)	11:32.38 (44.09)
12:16.58 (44.20)	13:00.42 (43.84)	13:44.43 (44.01)	14:28.96 (44.53)
15:13.19 (44.23)	15:57.09 (43.90)	16:40.51 (43.42)	17:24.36 (43.85)
18:07.97 (43.61)	18:51.32 (43.35)	19:34.71 (43.39)	20:18.33 (43.62)
21:01.75 (43.42)	21:43.61 (41.86)		

4 Nelson, Sheila	55 Santa Rosa Masters-38	22:49.74
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40.08	1:23.41 (43.33)	2:07.72 (44.31)	2:52.33 (44.61)
3:36.96 (44.63)	4:21.66 (44.70)	5:07.20 (45.54)	5:52.34 (45.14)
6:37.83 (45.49)	7:23.27 (45.44)	8:09.02 (45.75)	8:55.41 (46.39)
9:41.41 (46.00)	10:28.00 (46.59)	11:14.47 (46.47)	12:00.83 (46.36)
12:47.25 (46.42)	13:33.89 (46.64)	14:20.50 (46.61)	15:07.20 (46.70)
15:53.69 (46.49)	16:40.58 (46.89)	17:27.05 (46.47)	18:13.47 (46.42)
19:00.00 (46.53)	19:46.36 (46.36)	20:32.93 (46.57)	21:19.51 (46.58)
22:05.72 (46.21)	22:49.74 (44.02)		

5 Boone, Danielle	58 Walnut Creek Masters-38	22:50.73
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42.96	1:29.84 (46.88)	2:17.84 (48.00)	3:05.84 (48.00)
3:52.47 (46.63)	4:39.40 (46.93)	5:26.45 (47.05)	6:13.46 (47.01)
7:00.08 (46.62)	7:46.44 (46.36)	8:33.12 (46.68)	9:18.86 (45.74)
10:05.18 (46.32)	10:51.39 (46.21)	11:37.46 (46.07)	12:23.00 (45.54)
13:09.38 (46.38)	13:55.31 (45.93)	14:40.63 (45.32)	15:25.77 (45.14)
16:11.31 (45.54)	16:56.81 (45.50)	17:42.19 (45.38)	18:27.38 (45.19)
19:11.66 (44.28)	19:56.37 (44.71)	20:41.63 (45.26)	21:26.24 (44.61)
22:09.49 (43.25)	22:50.73 (41.24)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 55-59 1500 SC Meter Freestyle)**

6 Phalen, Jennifer	59 Davis Aquatic Masters-38			24:33.75
43.14	1:30.10 (46.96)	2:19.03 (48.93)	3:07.49 (48.46)	
3:56.62 (49.13)	4:46.10 (49.48)	5:35.06 (48.96)	6:23.83 (48.77)	
7:12.80 (48.97)	8:01.87 (49.07)	8:50.68 (48.81)	9:39.39 (48.71)	
10:29.10 (49.71)	11:18.08 (48.98)	12:07.64 (49.56)	12:57.07 (49.43)	
13:46.88 (49.81)	14:36.86 (49.98)	15:25.81 (48.95)	16:15.23 (49.42)	
17:04.70 (49.47)	17:54.78 (50.08)	18:44.30 (49.52)	19:34.22 (49.92)	
20:24.86 (50.64)	21:14.95 (50.09)	22:04.79 (49.84)	22:54.69 (49.90)	
23:45.12 (50.43)	24:33.75 (48.63)			

Women 60-64 50 SC Meter Freestyle

1 Focha, Teresa	62 Albany Armada Aquatics Masters-3	52.38
2 Carroll, Leah	62 Albany Armada Aquatics Masters-3	57.12

Women 60-64 100 SC Meter Freestyle

1 Focha, Teresa	62 Albany Armada Aquatics Masters-3	1:49.92
2 Carroll, Leah	62 Albany Armada Aquatics Masters-3	1:59.36

Women 60-64 200 SC Meter Freestyle

1 Russell, Jane E	60 Davis Aquatic Masters-38	2:54.35
2 Focha, Teresa	62 Albany Armada Aquatics Masters-3	3:48.00
3 Carroll, Leah	62 Albany Armada Aquatics Masters-3	4:06.14

Women 60-64 400 SC Meter Freestyle

1 Esahak-Gage, Jane	61 Arizona Masters Swim Club Inc-48	5:24.86
2 Russell, Jane E	60 Davis Aquatic Masters-38	5:54.94
3 Focha, Teresa	62 Albany Armada Aquatics Masters-3	7:50.32
4 Carroll, Leah	62 Albany Armada Aquatics Masters-3	8:16.76

Women 60-64 800 SC Meter Freestyle

1 Esahak-Gage, Jane	61 Arizona Masters Swim Club Inc-48	10:57.24
2 Russell, Jane E	60 Davis Aquatic Masters-38	11:52.35
3 Focha, Teresa	62 Albany Armada Aquatics Masters-3	16:00.59

Women 60-64 1500 SC Meter Freestyle

1 Esahak-Gage, Jane	61 Arizona Masters Swim Club Inc-48	20:41.83	
37.39	1:18.08 (40.69)	1:59.00 (40.92)	2:39.95 (40.95)
3:21.36 (41.41)	4:02.17 (40.81)	4:43.39 (41.22)	5:24.86 (41.47)
6:06.32 (41.46)	6:47.87 (41.55)	7:29.62 (41.75)	8:11.01 (41.39)
8:52.48 (41.47)	9:33.96 (41.48)	10:15.49 (41.53)	10:57.24 (41.75)
11:39.00 (41.76)	12:20.86 (41.86)	13:02.43 (41.57)	13:43.89 (41.46)
14:25.31 (41.42)	15:06.69 (41.38)	15:48.49 (41.80)	16:30.18 (41.69)
17:12.31 (42.13)	17:54.05 (41.74)	18:35.96 (41.91)	19:18.25 (42.29)
20:00.63 (42.38)	20:41.83 (41.20)		
2 Russell, Jane E	60 Davis Aquatic Masters-38	22:24.16	
40.34	1:24.33 (43.99)	2:09.74 (45.41)	2:54.35 (44.61)
3:39.49 (45.14)	4:24.69 (45.20)	5:09.73 (45.04)	5:54.94 (45.21)
6:39.93 (44.99)	7:24.68 (44.75)	8:09.22 (44.54)	8:53.34 (44.12)
9:37.86 (44.52)	10:22.32 (44.46)	11:07.24 (44.92)	11:52.35 (45.11)
12:37.61 (45.26)	13:22.89 (45.28)	14:08.46 (45.57)	14:53.42 (44.96)
15:38.55 (45.13)	16:23.74 (45.19)	17:09.12 (45.38)	17:54.25 (45.13)
18:39.73 (45.48)	19:25.12 (45.39)	20:10.53 (45.41)	20:55.92 (45.39)
21:41.22 (45.30)	22:24.16 (42.94)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 60-64 1500 SC Meter Freestyle)**

3 Taylor, Catherine	60 Walnut Creek Masters-38				24:58.31
45.95	1:35.50 (49.55)	2:25.53 (50.03)	3:15.55 (50.02)		
4:05.89 (50.34)	4:55.71 (49.82)	5:45.98 (50.27)	6:36.43 (50.45)		
7:27.26 (50.83)	8:18.10 (50.84)	9:08.75 (50.65)	9:59.31 (50.56)		
10:49.93 (50.62)	11:39.76 (49.83)	12:29.87 (50.11)	13:20.10 (50.23)		
14:10.37 (50.27)	15:00.46 (50.09)	15:50.79 (50.33)	16:40.99 (50.20)		
17:30.78 (49.79)	18:20.96 (50.18)	19:10.81 (49.85)	20:00.99 (50.18)		
20:51.46 (50.47)	21:41.10 (49.64)	22:31.13 (50.03)	23:20.87 (49.74)		
24:10.08 (49.21)	24:58.31 (48.23)				
4 Focha, Teresa	62 Albany Armada Aquatics Masters-3				30:21.06
52.38	1:49.92 (57.54)	2:48.14 (58.22)	3:48.00 (59.86)		
4:48.32 (1:00.32)	5:48.80 (1:00.48)	6:49.44 (1:00.64)	7:50.32 (1:00.88)		
8:50.30 (59.98)	9:50.26 (59.96)	10:51.76 (1:01.50)	11:53.83 (1:02.07)		
12:56.07 (1:02.24)	13:56.96 (1:00.89)	14:58.41 (1:01.45)	16:00.59 (1:02.18)		
17:02.09 (1:01.50)	18:03.45 (1:01.36)	19:04.96 (1:01.51)	20:06.16 (1:01.20)		
21:07.72 (1:01.56)	22:08.92 (1:01.20)	23:10.98 (1:02.06)	24:13.56 (1:02.58)		
25:14.94 (1:01.38)	26:16.35 (1:01.41)	27:18.38 (1:02.03)	28:19.32 (1:00.94)		
29:21.14 (1:01.82)	30:21.06 (59.92)				
5 Carroll, Leah	62 Albany Armada Aquatics Masters-3				31:30.81
57.12	1:59.36 (1:02.24)	3:02.17 (1:02.81)	4:06.14 (1:03.97)		
5:08.34 (1:02.20)	6:11.35 (1:03.01)	7:13.58 (1:02.23)	8:16.76 (1:03.18)		
9:19.98 (1:03.22)	10:23.61 (1:03.63)	11:26.98 (1:03.37)	12:30.22 (1:03.24)		
13:32.98 (1:02.76)					
		19:53.33 ()	20:56.02 (1:02.69)		
21:59.42 (1:03.40)		24:07.73 ()	25:10.96 (1:03.23)		
26:14.51 (1:03.55)		28:22.45 ()	29:25.06 (1:02.61)		
30:28.67 (1:03.61)	31:30.81 (1:02.14)				

Women 65-69 100 SC Meter Freestyle

1 Helmrich, Susan	68 Streamliners-38				1:27.81
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Women 65-69 200 SC Meter Freestyle

1 Helmrich, Susan	68 Streamliners-38				3:02.12
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Women 65-69 400 SC Meter Freestyle

1 Heim, Suzanne M	65 Walnut Creek Masters-38				5:18.01
2 Helmrich, Susan	68 Streamliners-38				6:08.58

Women 65-69 800 SC Meter Freestyle

1 Heim, Suzanne M	65 Walnut Creek Masters-38				10:40.98
2 Helmrich, Susan	68 Streamliners-38				12:21.22

Women 65-69 1500 SC Meter Freestyle

1 Heim, Suzanne M	65 Walnut Creek Masters-38				20:05.72
36.61	1:16.36 (39.75)	1:56.98 (40.62)	2:37.37 (40.39)		
3:17.76 (40.39)	3:58.17 (40.41)	4:38.11 (39.94)	5:18.01 (39.90)		
5:58.21 (40.20)	6:38.47 (40.26)	7:18.87 (40.40)	7:59.35 (40.48)		
8:39.43 (40.08)	9:19.76 (40.33)	10:00.37 (40.61)	10:40.98 (40.61)		
11:22.03 (41.05)	12:02.27 (40.24)	12:43.06 (40.79)	13:23.52 (40.46)		
14:04.38 (40.86)	14:44.52 (40.14)	15:24.66 (40.14)	16:04.80 (40.14)		
16:45.34 (40.54)	17:25.79 (40.45)	18:05.92 (40.13)	18:46.40 (40.48)		
19:26.52 (40.12)	20:05.72 (39.20)				

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 65-69 1500 SC Meter Freestyle)**

2	Helmrich, Susan	68	Streamliners-38		23:09.83
	41.50	1:27.81 (46.31)	2:15.00 (47.19)	3:02.12 (47.12)	
	3:48.96 (46.84)	4:35.09 (46.13)	5:21.56 (46.47)	6:08.58 (47.02)	
	6:55.31 (46.73)	7:41.62 (46.31)	8:28.00 (46.38)	9:14.63 (46.63)	
	10:01.24 (46.61)	10:47.89 (46.65)	11:34.78 (46.89)	12:21.22 (46.44)	
	13:07.47 (46.25)	13:54.09 (46.62)	14:40.12 (46.03)	15:26.53 (46.41)	
	16:12.93 (46.40)	16:59.06 (46.13)	17:45.88 (46.82)	18:32.46 (46.58)	
	19:19.34 (46.88)	20:06.04 (46.70)	20:52.31 (46.27)	21:38.77 (46.46)	
	22:24.95 (46.18)	23:09.83 (44.88)			
3	Neville, Cathy V	66	San Diego Swim Masters-44		24:29.45
	41.79	1:27.15 (45.36)	2:14.34 (47.19)	3:01.82 (47.48)	
	3:50.05 (48.23)	4:38.79 (48.74)	5:27.45 (48.66)	6:16.34 (48.89)	
	7:05.63 (49.29)	7:55.41 (49.78)	8:44.53 (49.12)	9:34.49 (49.96)	
	10:23.33 (48.84)	11:13.87 (50.54)	12:03.73 (49.86)	12:53.74 (50.01)	
	13:43.73 (49.99)	14:33.30 (49.57)	15:22.70 (49.40)	16:11.17 (48.47)	
	16:59.20 (48.03)	17:50.04 (50.84)	18:40.87 (50.83)	19:30.83 (49.96)	
	20:21.76 (50.93)	21:11.87 (50.11)	22:03.21 (51.34)	22:52.51 (49.30)	
	23:41.61 (49.10)	24:29.45 (47.84)			
4	Quinn, Phyllis	68	The Olympic Club-38		24:39.24
	45.05	1:33.86 (48.81)	2:23.80 (49.94)	3:13.50 (49.70)	
	4:03.60 (50.10)	4:52.86 (49.26)	5:42.70 (49.84)	6:32.83 (50.13)	
	7:22.67 (49.84)	8:11.97 (49.30)	9:01.44 (49.47)	9:51.04 (49.60)	
	10:40.77 (49.73)	11:30.14 (49.37)	12:19.53 (49.39)	13:09.14 (49.61)	
	13:58.64 (49.50)	14:48.32 (49.68)	15:37.89 (49.57)	16:27.45 (49.56)	
	17:16.62 (49.17)	18:06.06 (49.44)	18:55.38 (49.32)	19:45.03 (49.65)	
	20:34.55 (49.52)	21:23.79 (49.24)	22:13.39 (49.60)	23:03.00 (49.61)	
	23:51.93 (48.93)	24:39.24 (47.31)			

Women 70-74 800 SC Meter Freestyle

1	Guthrie, Sally	73	Davis Aquatic Masters-38		12:59.01
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Women 70-74 1500 SC Meter Freestyle

1	Guthrie, Sally	73	Davis Aquatic Masters-38		24:48.81
	44.01	1:32.07 (48.06)	2:21.70 (49.63)	3:10.52 (48.82)	
	3:59.75 (49.23)	4:48.96 (49.21)	5:37.82 (48.86)	6:26.68 (48.86)	
	7:15.27 (48.59)	8:04.38 (49.11)	8:53.53 (49.15)	9:42.13 (48.60)	
	10:31.54 (49.41)	11:20.41 (48.87)	12:09.33 (48.92)	12:59.01 (49.68)	
	13:48.26 (49.25)	14:37.84 (49.58)	15:27.65 (49.81)	16:16.83 (49.18)	
	17:06.57 (49.74)	17:57.75 (51.18)	18:48.89 (51.14)	19:39.76 (50.87)	
	20:31.28 (51.52)	21:23.40 (52.12)	22:15.32 (51.92)	23:07.43 (52.11)	
	23:59.43 (52.00)	24:48.81 (49.38)			
2	Willard, Mimi C	70	Tamalpais Aquatic Masters-38		26:29.70
	48.42	1:39.19 (50.77)	2:31.18 (51.99)	3:23.50 (52.32)	
	4:16.14 (52.64)	5:08.85 (52.71)	6:01.99 (53.14)	6:55.01 (53.02)	
	7:48.36 (53.35)	8:41.47 (53.11)	9:34.69 (53.22)	10:27.84 (53.15)	
	11:21.15 (53.31)	12:13.63 (52.48)	13:06.95 (53.32)	14:00.80 (53.85)	
	14:54.16 (53.36)	15:47.87 (53.71)	16:41.37 (53.50)	17:35.26 (53.89)	
	18:29.10 (53.84)	19:22.68 (53.58)	20:16.33 (53.65)	21:10.04 (53.71)	
	22:03.76 (53.72)	22:57.16 (53.40)	23:50.57 (53.41)	24:43.90 (53.33)	
	25:37.59 (53.69)	26:29.70 (52.11)			

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Women 70-74 1500 SC Meter Freestyle)**

3	Blew, Susan	71	South End Rowing Club-38	30:16.16
	52.08	1:49.58 (57.50)	2:49.16 (59.58)	3:49.32 (1:00.16)
	4:48.94 (59.62)	5:49.42 (1:00.48)	6:50.20 (1:00.78)	7:51.04 (1:00.84)
	8:51.65 (1:00.61)	9:52.83 (1:01.18)	10:54.01 (1:01.18)	11:55.92 (1:01.91)
	12:57.75 (1:01.83)	13:58.84 (1:01.09)	14:59.67 (1:00.83)	16:00.71 (1:01.04)
	17:02.40 (1:01.69)	18:04.74 (1:02.34)	19:06.46 (1:01.72)	20:07.85 (1:01.39)
	21:08.98 (1:01.13)	22:09.26 (1:00.28)	23:09.33 (1:00.07)	24:10.39 (1:01.06)
	25:11.45 (1:01.06)	26:12.43 (1:00.98)	27:13.23 (1:00.80)	28:14.95 (1:01.72)
	29:17.31 (1:02.36)	30:16.16 (58.85)		

Women 75-79 1500 SC Meter Freestyle

1	Scott, Stephanie	76	Walnut Creek Masters-38	27:49.40
	49.50	1:45.55 (56.05)	2:43.67 (58.12)	3:40.94 (57.27)
	4:38.24 (57.30)	5:34.98 (56.74)	6:31.93 (56.95)	7:28.35 (56.42)
	8:24.48 (56.13)	9:19.60 (55.12)	10:15.48 (55.88)	11:11.07 (55.59)
	12:06.75 (55.68)	13:03.62 (56.87)	13:59.08 (55.46)	14:53.58 (54.50)
	15:48.43 (54.85)	16:44.73 (56.30)	17:40.50 (55.77)	18:37.05 (56.55)
	19:33.40 (56.35)	20:27.85 (54.45)	21:22.68 (54.83)	22:18.68 (56.00)
	23:13.75 (55.07)	24:08.73 (54.98)	25:04.52 (55.79)	25:59.24 (54.72)
	26:55.41 (56.17)	27:49.40 (53.99)		

Men 25-29 1500 SC Meter Freestyle

1	Rosenbaum, Ryan	29	Swim Fort Lauderdale-50	17:44.06
	29.34	1:01.27 (31.93)	1:35.48 (34.21)	2:10.29 (34.81)
	2:45.30 (35.01)	3:20.34 (35.04)	3:55.22 (34.88)	4:30.25 (35.03)
	5:05.41 (35.16)	5:40.78 (35.37)	6:17.01 (36.23)	6:53.63 (36.62)
	7:29.79 (36.16)	8:06.26 (36.47)	8:42.66 (36.40)	9:19.57 (36.91)
	9:56.39 (36.82)	10:32.91 (36.52)	11:09.45 (36.54)	11:46.09 (36.64)
	12:22.20 (36.11)	12:58.58 (36.38)	13:35.00 (36.42)	14:11.12 (36.12)
	14:47.45 (36.33)	15:23.39 (35.94)	15:58.98 (35.59)	16:34.44 (35.46)
	17:09.73 (35.29)	17:44.06 (34.33)		
2	Whittle, Matthew	27	The Olympic Club-38	18:04.38
	30.83	1:04.98 (34.15)	1:39.50 (34.52)	2:14.72 (35.22)
	2:50.11 (35.39)	3:25.82 (35.71)	4:01.66 (35.84)	4:37.62 (35.96)
	5:13.95 (36.33)	5:49.88 (35.93)	6:25.89 (36.01)	7:02.74 (36.85)
	7:39.37 (36.63)	8:15.99 (36.62)	8:52.49 (36.50)	9:28.77 (36.28)
	10:05.61 (36.84)	10:41.82 (36.21)	11:18.36 (36.54)	11:54.93 (36.57)
	12:31.44 (36.51)	13:07.99 (36.55)	13:44.97 (36.98)	14:21.78 (36.81)
	14:58.69 (36.91)	15:35.38 (36.69)	16:12.14 (36.76)	16:48.87 (36.73)
	17:23.25 (34.38)	18:04.38 (41.13)		

Men 30-34 1500 SC Meter Freestyle

1	Dowley, Thomas	32	The Olympic Club-38	17:38.28
	30.93	1:04.50 (33.57)	1:38.79 (34.29)	2:13.35 (34.56)
	2:47.89 (34.54)	3:22.67 (34.78)	3:57.87 (35.20)	4:32.98 (35.11)
	5:08.39 (35.41)	5:43.81 (35.42)	6:19.69 (35.88)	6:55.09 (35.40)
	7:30.35 (35.26)	8:06.40 (36.05)	8:43.12 (36.72)	9:18.76 (35.64)
	9:55.10 (36.34)	10:31.21 (36.11)	11:06.69 (35.48)	11:42.81 (36.12)
	12:18.58 (35.77)	12:54.27 (35.69)	13:29.95 (35.68)	14:05.57 (35.62)
	14:41.27 (35.70)	15:17.04 (35.77)	15:52.41 (35.37)	16:27.67 (35.26)
	17:03.05 (35.38)	17:38.28 (35.23)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 30-34 1500 SC Meter Freestyle)**

2	Clark, Jamie	32	San Francisco Rec & Parks Mast-38	18:41.59
	33.95	1:10.47 (36.52)	1:47.72 (37.25)	2:25.77 (38.05)
	3:04.19 (38.42)	3:42.16 (37.97)	4:20.28 (38.12)	4:58.26 (37.98)
	5:36.46 (38.20)	6:14.46 (38.00)	6:51.96 (37.50)	7:29.28 (37.32)
	8:06.79 (37.51)	8:44.26 (37.47)	9:21.71 (37.45)	9:59.15 (37.44)
	10:36.50 (37.35)	11:13.86 (37.36)	11:50.93 (37.07)	12:28.50 (37.57)
	13:05.88 (37.38)	13:42.89 (37.01)	14:20.12 (37.23)	14:57.53 (37.41)
	15:34.98 (37.45)	16:12.60 (37.62)	16:50.56 (37.96)	17:28.02 (37.46)
	18:05.61 (37.59)	18:41.59 (35.98)		
3	Calhoun, Jack	34	Santa Cruz Masters Aquatics-38	18:45.18
	34.77	1:12.36 (37.59)	1:50.33 (37.97)	2:28.42 (38.09)
	3:06.92 (38.50)	3:45.32 (38.40)	4:23.44 (38.12)	5:01.76 (38.32)
	5:39.87 (38.11)	6:17.95 (38.08)	6:55.31 (37.36)	7:33.10 (37.79)
	8:10.15 (37.05)	8:47.65 (37.50)	9:24.96 (37.31)	10:02.01 (37.05)
	10:39.60 (37.59)	11:16.88 (37.28)	11:54.71 (37.83)	12:32.12 (37.41)
	13:10.20 (38.08)	13:47.77 (37.57)	14:25.73 (37.96)	15:03.30 (37.57)
	15:41.28 (37.98)	16:18.75 (37.47)	16:55.86 (37.11)	17:33.61 (37.75)
	18:10.49 (36.88)	18:45.18 (34.69)		
4	Frayler, Arthur	30	Gator Swim Club-14	18:49.10
	33.62	1:10.18 (36.56)	1:46.86 (36.68)	2:24.32 (37.46)
	3:02.79 (38.47)	3:41.23 (38.44)	4:19.07 (37.84)	4:56.45 (37.38)
	5:33.82 (37.37)	6:11.39 (37.57)	6:48.85 (37.46)	7:26.56 (37.71)
	8:04.55 (37.99)	8:42.82 (38.27)	9:20.93 (38.11)	9:59.25 (38.32)
	10:37.48 (38.23)	11:15.71 (38.23)	11:53.79 (38.08)	12:31.80 (38.01)
	13:09.19 (37.39)	13:46.70 (37.51)	14:24.58 (37.88)	15:02.21 (37.63)
	15:40.09 (37.88)	16:18.17 (38.08)	16:56.41 (38.24)	17:34.88 (38.47)
	18:12.76 (37.88)	18:49.10 (36.34)		
5	Bardales, Christopher	33	SF Tsunami Masters-38	22:56.46
	37.09	1:20.08 (42.99)	2:04.56 (44.48)	2:49.16 (44.60)
	3:34.07 (44.91)	4:19.25 (45.18)	5:05.62 (46.37)	5:51.24 (45.62)
	6:37.90 (46.66)	7:24.54 (46.64)	8:12.05 (47.51)	8:58.05 (46.00)
	9:45.63 (47.58)	10:32.36 (46.73)	11:19.89 (47.53)	12:07.14 (47.25)
	12:54.45 (47.31)	13:42.06 (47.61)	14:29.37 (47.31)	15:16.99 (47.62)
	16:03.89 (46.90)	16:50.59 (46.70)	17:37.83 (47.24)	18:24.88 (47.05)
	19:11.17 (46.29)	19:57.46 (46.29)	20:42.93 (45.47)	21:28.94 (46.01)
	22:14.81 (45.87)	22:56.46 (41.65)		

Men 35-39 800 SC Meter Freestyle

1	La Tourette, Chad	35	The Olympic Club-38	8:19.24
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Men 35-39 1500 SC Meter Freestyle

1	La Tourette, Chad	35	The Olympic Club-38	15:41.78
	28.63	59.41 (30.78)	1:30.61 (31.20)	2:02.36 (31.75)
	2:34.33 (31.97)	3:06.32 (31.99)	3:38.35 (32.03)	4:10.27 (31.92)
	4:41.85 (31.58)	5:13.25 (31.40)	5:44.56 (31.31)	6:15.75 (31.19)
	6:47.12 (31.37)	7:17.96 (30.84)	7:48.85 (30.89)	8:19.24 (30.39)
	8:52.02 (32.78)	9:23.88 (31.86)	9:55.53 (31.65)	10:27.26 (31.73)
	10:58.94 (31.68)	11:30.61 (31.67)	12:02.38 (31.77)	12:34.14 (31.76)
	13:05.89 (31.75)	13:37.43 (31.54)	14:09.05 (31.62)	14:40.23 (31.18)
	15:11.67 (31.44)	15:41.78 (30.11)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 35-39 1500 SC Meter Freestyle)**

2 Frink, Stephen	38 Richmond Plunge Masters-38			19:14.24
33.68	1:10.63 (36.95)	1:48.88 (38.25)	2:27.71 (38.83)	
3:06.56 (38.85)	3:45.34 (38.78)	4:24.25 (38.91)	5:03.19 (38.94)	
5:42.18 (38.99)	6:21.51 (39.33)	7:00.87 (39.36)	7:40.01 (39.14)	
8:19.20 (39.19)	8:58.85 (39.65)	9:38.13 (39.28)	10:16.81 (38.68)	
10:56.14 (39.33)	11:34.74 (38.60)	12:13.54 (38.80)	12:52.14 (38.60)	
13:31.08 (38.94)	14:10.12 (39.04)	14:49.09 (38.97)	15:27.97 (38.88)	
16:06.55 (38.58)	16:45.14 (38.59)	17:23.91 (38.77)	18:02.50 (38.59)	
18:40.53 (38.03)	19:14.24 (33.71)			
3 Narodick, Phil	38 Manatee Aquatic Masters Inc-38			19:37.95
35.57	1:13.34 (37.77)	1:51.78 (38.44)	2:30.62 (38.84)	
3:09.56 (38.94)	3:48.62 (39.06)	4:27.52 (38.90)	5:06.74 (39.22)	
5:46.02 (39.28)	6:24.90 (38.88)	7:04.17 (39.27)	7:43.60 (39.43)	
8:23.70 (40.10)	9:03.39 (39.69)	9:42.84 (39.45)	10:22.47 (39.63)	
11:02.09 (39.62)	11:41.87 (39.78)	12:21.75 (39.88)	13:01.10 (39.35)	
13:40.82 (39.72)	14:20.93 (40.11)	15:00.64 (39.71)	15:40.31 (39.67)	
16:19.95 (39.64)	16:59.55 (39.60)	17:39.37 (39.82)	18:19.09 (39.72)	
18:58.61 (39.52)	19:37.95 (39.34)			
4 Matthews, Gregory	39 San Mateo Masters-38			20:12.74
36.07	1:15.17 (39.10)	1:55.11 (39.94)	2:35.28 (40.17)	
3:15.96 (40.68)	3:56.54 (40.58)	4:36.91 (40.37)	5:17.78 (40.87)	
5:58.06 (40.28)	6:38.91 (40.85)	7:19.46 (40.55)	8:00.15 (40.69)	
8:41.20 (41.05)	9:21.99 (40.79)	10:02.55 (40.56)	10:43.30 (40.75)	
11:23.71 (40.41)	12:04.33 (40.62)	12:44.98 (40.65)	13:25.97 (40.99)	
14:07.07 (41.10)	14:47.67 (40.60)	15:28.31 (40.64)	16:09.07 (40.76)	
16:49.78 (40.71)	17:30.33 (40.55)	18:11.06 (40.73)	18:51.91 (40.85)	
19:32.66 (40.75)	20:12.74 (40.08)			

Men 40-44 400 SC Meter Freestyle

1 Song, Jimmy	40 Marcia's Enthusiastic Masters-38			5:46.79
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Men 40-44 800 SC Meter Freestyle

1 Song, Jimmy	40 Marcia's Enthusiastic Masters-38			11:33.57
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Men 40-44 1500 SC Meter Freestyle

1 Valdivieso, Juan	42 The Olympic Club-38			17:01.52
29.90	1:01.61 (31.71)	1:33.95 (32.34)	2:07.42 (33.47)	
2:40.99 (33.57)	3:14.80 (33.81)	3:48.68 (33.88)	4:22.58 (33.90)	
4:56.64 (34.06)	5:30.72 (34.08)	6:04.80 (34.08)	6:39.01 (34.21)	
7:13.13 (34.12)	7:47.51 (34.38)	8:22.06 (34.55)	8:56.64 (34.58)	
9:31.19 (34.55)	10:05.89 (34.70)	10:40.44 (34.55)	11:14.99 (34.55)	
11:49.48 (34.49)	12:24.12 (34.64)	12:58.81 (34.69)	13:33.73 (34.92)	
14:08.70 (34.97)	14:43.84 (35.14)	15:19.19 (35.35)	15:54.41 (35.22)	
16:29.05 (34.64)	17:01.52 (32.47)			
2 Ferguson, Andrew	44 Uc38			18:26.43
34.20	1:11.13 (36.93)	1:48.43 (37.30)	2:25.69 (37.26)	
3:03.12 (37.43)	3:40.87 (37.75)	4:18.11 (37.24)	4:55.14 (37.03)	
5:32.01 (36.87)	6:08.81 (36.80)	6:45.90 (37.09)	7:23.22 (37.32)	
8:00.07 (36.85)	8:36.94 (36.87)	9:13.91 (36.97)	9:50.76 (36.85)	
10:27.72 (36.96)	11:05.25 (37.53)	11:42.22 (36.97)	12:19.28 (37.06)	
12:56.31 (37.03)	13:33.40 (37.09)	14:10.43 (37.03)	14:47.56 (37.13)	
15:24.32 (36.76)	16:01.29 (36.97)	16:38.19 (36.90)	17:14.76 (36.57)	
17:51.12 (36.36)	18:26.43 (35.31)			

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 40-44 1500 SC Meter Freestyle)**

3	Paglio, Daniel	41	South End Rowing Club-38	20:17.23
	34.82	1:13.54 (38.72)	1:54.27 (40.73)	2:34.89 (40.62)
	3:15.86 (40.97)	3:57.18 (41.32)	4:38.59 (41.41)	5:19.70 (41.11)
	6:01.52 (41.82)	6:42.74 (41.22)	7:23.87 (41.13)	8:05.24 (41.37)
	8:46.72 (41.48)	9:28.45 (41.73)	10:09.23 (40.78)	10:50.15 (40.92)
	11:30.79 (40.64)	12:12.44 (41.65)	12:52.94 (40.50)	13:34.17 (41.23)
	14:14.45 (40.28)	14:54.91 (40.46)	15:35.14 (40.23)	16:16.00 (40.86)
	16:57.28 (41.28)	17:38.08 (40.80)	18:18.35 (40.27)	18:59.00 (40.65)
	19:38.66 (39.66)	20:17.23 (38.57)		
4	Song, Jimmy	40	Marcia's Enthusiastic Masters-38	21:30.83
	40.83	1:24.59 (43.76)	2:08.50 (43.91)	2:52.18 (43.68)
	3:35.81 (43.63)	4:19.07 (43.26)	5:03.26 (44.19)	5:46.79 (43.53)
	6:30.15 (43.36)	7:13.59 (43.44)	7:57.06 (43.47)	8:40.24 (43.18)
	9:23.68 (43.44)	10:07.05 (43.37)	10:50.36 (43.31)	11:33.57 (43.21)
	12:17.04 (43.47)	13:00.05 (43.01)	13:43.29 (43.24)	14:26.34 (43.05)
	15:09.10 (42.76)	15:51.89 (42.79)	16:34.97 (43.08)	17:17.23 (42.26)
	18:00.18 (42.95)	18:42.55 (42.37)	19:25.09 (42.54)	20:07.26 (42.17)
	20:49.48 (42.22)	21:30.83 (41.35)		
5	Wada, Ellison	44	Marcia's Enthusiastic Masters-38	23:28.98
	41.52	1:26.29 (44.77)	2:12.61 (46.32)	2:59.59 (46.98)
	3:45.77 (46.18)	4:32.12 (46.35)	5:18.73 (46.61)	6:05.12 (46.39)
	6:51.52 (46.40)	7:38.32 (46.80)	8:24.79 (46.47)	9:11.47 (46.68)
	9:57.72 (46.25)	10:44.80 (47.08)	11:31.79 (46.99)	12:19.00 (47.21)
	13:06.13 (47.13)	13:53.52 (47.39)	14:41.63 (48.11)	15:29.44 (47.81)
	16:17.25 (47.81)	17:04.71 (47.46)	17:52.52 (47.81)	18:40.67 (48.15)
	19:28.67 (48.00)	20:16.73 (48.06)	21:04.78 (48.05)	21:53.03 (48.25)
	22:41.41 (48.38)	23:28.98 (47.57)		
6	Walter, Brent	41	South End Rowing Club-38	24:38.39
	45.19	1:32.72 (47.53)	2:22.53 (49.81)	3:11.99 (49.46)
	4:02.61 (50.62)	4:52.51 (49.90)	5:42.83 (50.32)	6:33.15 (50.32)
	7:23.01 (49.86)	8:13.88 (50.87)	9:03.13 (49.25)	9:52.44 (49.31)
	10:41.07 (48.63)	11:29.95 (48.88)	12:20.15 (50.20)	13:10.35 (50.20)
	14:00.96 (50.61)	14:51.11 (50.15)	15:39.45 (48.34)	16:29.31 (49.86)
	17:18.29 (48.98)	18:07.94 (49.65)	18:58.33 (50.39)	19:48.43 (50.10)
	20:39.36 (50.93)	21:30.09 (50.73)	22:19.94 (49.85)	23:06.63 (46.69)
	23:55.38 (48.75)	24:38.39 (43.01)		

Men 45-49 1500 SC Meter Freestyle

1	Salomaa, Jari	45	China Beach Swim Club-38	19:17.68
	34.70	1:12.31 (37.61)	1:50.38 (38.07)	2:28.65 (38.27)
	3:07.17 (38.52)	3:46.14 (38.97)	4:24.86 (38.72)	5:03.29 (38.43)
	5:42.05 (38.76)	6:20.73 (38.68)	6:59.11 (38.38)	7:37.80 (38.69)
	8:16.63 (38.83)	8:55.46 (38.83)	9:34.42 (38.96)	10:13.41 (38.99)
	10:52.41 (39.00)	11:31.59 (39.18)	12:10.39 (38.80)	12:49.73 (39.34)
	13:29.52 (39.79)	14:08.51 (38.99)	14:47.40 (38.89)	15:26.49 (39.09)
	16:05.60 (39.11)	16:44.80 (39.20)	17:23.70 (38.90)	18:02.46 (38.76)
	18:40.83 (38.37)	19:17.68 (36.85)		
2	Donlon, Kevin	45	University of San Francisco Ma-38	19:31.60
	33.80	1:10.47 (36.67)	1:47.50 (37.03)	2:25.95 (38.45)
	3:04.77 (38.82)	3:43.91 (39.14)	4:22.95 (39.04)	5:02.23 (39.28)
	5:41.64 (39.41)	6:21.56 (39.92)	7:01.74 (40.18)	7:41.25 (39.51)
	8:21.29 (40.04)	9:00.96 (39.67)	9:41.52 (40.56)	10:21.41 (39.89)
	11:01.00 (39.59)	11:40.95 (39.95)	12:20.52 (39.57)	13:00.02 (39.50)
	13:39.20 (39.18)	14:18.82 (39.62)	14:58.31 (39.49)	15:38.19 (39.88)
	16:17.80 (39.61)	16:57.20 (39.40)	17:36.72 (39.52)	18:16.14 (39.42)
	18:54.84 (38.70)	19:31.60 (36.76)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 45-49 1500 SC Meter Freestyle)**

3	Sarrigeorgidis, Kostas	49	Uc38	19:35.58
	36.02	1:16.08 (40.06)	1:56.38 (40.30)	2:36.00 (39.62)
	3:16.26 (40.26)	3:56.23 (39.97)	4:35.88 (39.65)	5:15.45 (39.57)
	5:55.28 (39.83)	6:35.03 (39.75)	7:14.59 (39.56)	7:54.16 (39.57)
	8:33.19 (39.03)	9:12.09 (38.90)	9:51.20 (39.11)	10:30.34 (39.14)
	11:09.30 (38.96)	11:48.21 (38.91)	12:26.99 (38.78)	13:05.91 (38.92)
	13:44.87 (38.96)	14:24.02 (39.15)	15:03.04 (39.02)	15:42.14 (39.10)
	16:22.44 (40.30)	17:01.96 (39.52)	17:41.37 (39.41)	18:20.53 (39.16)
	18:58.40 (37.87)	19:35.58 (37.18)		
4	Murray, Steven	49	The Olympic Club-38	25:41.89
	43.60	1:31.51 (47.91)	2:22.40 (50.89)	3:14.12 (51.72)
	4:05.46 (51.34)	4:56.49 (51.03)	5:47.71 (51.22)	6:39.05 (51.34)
	7:30.43 (51.38)	8:21.50 (51.07)	9:14.05 (52.55)	10:06.14 (52.09)
	10:58.32 (52.18)	11:50.85 (52.53)	12:42.14 (51.29)	13:34.23 (52.09)
	14:26.25 (52.02)	15:18.57 (52.32)	16:10.38 (51.81)	17:02.09 (51.71)
	17:54.21 (52.12)	18:46.81 (52.60)	19:38.72 (51.91)	20:31.81 (53.09)
	21:23.62 (51.81)	22:14.92 (51.30)	23:07.21 (52.29)	24:00.09 (52.88)
	24:52.86 (52.77)	25:41.89 (49.03)		

Men 50-54 1500 SC Meter Freestyle

1	Jeffery, Kevin	52	Santa Cruz Masters Aquatics-38	19:03.47
	34.40	1:11.30 (36.90)	1:48.96 (37.66)	2:27.41 (38.45)
	3:05.61 (38.20)	3:44.03 (38.42)	4:22.61 (38.58)	5:00.81 (38.20)
	5:38.99 (38.18)	6:17.36 (38.37)	6:55.02 (37.66)	7:32.94 (37.92)
	8:10.95 (38.01)	8:48.85 (37.90)	9:27.06 (38.21)	10:04.44 (37.38)
	10:42.09 (37.65)	11:20.27 (38.18)	11:58.66 (38.39)	12:37.29 (38.63)
	13:15.70 (38.41)	13:54.07 (38.37)	14:32.48 (38.41)	15:10.94 (38.46)
	15:49.65 (38.71)	16:28.63 (38.98)	17:07.85 (39.22)	17:47.15 (39.30)
	18:25.63 (38.48)	19:03.47 (37.84)		
2	Kneubuhler, Yann	51	Richmond Plunge Masters-38	20:44.12
	38.49	1:20.06 (41.57)	2:02.15 (42.09)	2:44.18 (42.03)
	3:26.44 (42.26)	4:08.76 (42.32)	4:50.86 (42.10)	5:33.51 (42.65)
	6:15.90 (42.39)	6:57.68 (41.78)	7:40.34 (42.66)	8:22.24 (41.90)
	9:04.09 (41.85)	9:45.88 (41.79)	10:27.27 (41.39)	11:08.68 (41.41)
	11:50.28 (41.60)	12:31.57 (41.29)	13:13.03 (41.46)	13:54.32 (41.29)
	14:35.91 (41.59)	15:17.47 (41.56)	15:58.68 (41.21)	16:40.24 (41.56)
	17:21.74 (41.50)	18:03.02 (41.28)	18:44.15 (41.13)	19:25.92 (41.77)
	20:06.27 (40.35)	20:44.12 (37.85)		
3	Murray, Brian	53	Wildcat Alumni Masters-38	20:50.02
	40.32	1:22.96 (42.64)	2:05.80 (42.84)	2:48.35 (42.55)
	3:30.88 (42.53)	4:13.04 (42.16)	4:55.22 (42.18)	5:37.34 (42.12)
	6:19.65 (42.31)	7:01.98 (42.33)	7:44.60 (42.62)	8:26.45 (41.85)
	9:08.84 (42.39)	9:50.93 (42.09)	10:33.20 (42.27)	11:15.10 (41.90)
	11:56.30 (41.20)	12:37.54 (41.24)	13:18.72 (41.18)	14:00.05 (41.33)
	14:40.92 (40.87)	15:22.31 (41.39)	16:03.49 (41.18)	16:44.76 (41.27)
	17:26.16 (41.40)	18:07.48 (41.32)	18:48.40 (40.92)	19:29.83 (41.43)
	20:11.48 (41.65)	20:50.02 (38.54)		
4	Wehmann, Todd	51	Marcia's Enthusiastic Masters-38	21:09.01
	38.38	1:20.33 (41.95)	2:03.00 (42.67)	2:46.01 (43.01)
	3:29.57 (43.56)	4:12.51 (42.94)	4:56.10 (43.59)	5:38.69 (42.59)
	6:21.70 (43.01)	7:03.96 (42.26)	7:46.07 (42.11)	8:28.08 (42.01)
	9:10.86 (42.78)	9:53.70 (42.84)	10:36.19 (42.49)	11:18.61 (42.42)
	12:00.80 (42.19)	12:43.42 (42.62)	13:26.22 (42.80)	14:09.18 (42.96)
	14:51.55 (42.37)	15:33.73 (42.18)	16:15.23 (41.50)	16:57.62 (42.39)
	17:39.85 (42.23)	18:22.18 (42.33)	19:04.65 (42.47)	19:47.05 (42.40)
	20:28.64 (41.59)	21:09.01 (40.37)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 50-54 1500 SC Meter Freestyle)**

5 Wall, Brian	50 Alpine Hills Swimming Masters-38	22:22.04
1:22.91	3:39.73 (2:16.82)	5:09.45 (1:29.72)
		6:37.51 ()
8:50.96 (44.56)	9:35.71 (44.75)	10:19.93 (44.22)
11:48.85 (44.31)	12:33.09 (44.24)	13:17.08 (43.99)
	14:01.36 ()	15:30.14 (1:28.78)
16:59.15 (44.48)	18:30.31 (1:31.16)	16:14.67 (44.53)
		20:03.21 ()
		20:49.68 (46.47)
22:22.04 (1:32.36)		

6 Lehnert, Ahren	50 Marcia's Enthusiastic Masters-38	22:49.69
40.70	1:26.16 (45.46)	2:12.24 (46.08)
3:43.92 (45.76)	4:30.16 (46.24)	5:16.28 (46.12)
6:49.51 (46.54)	7:35.30 (45.79)	8:20.44 (45.14)
9:52.64 (46.20)	10:39.10 (46.46)	11:25.08 (45.98)
12:57.58 (46.37)	13:43.65 (46.07)	14:29.69 (46.04)
16:02.45 (46.05)	16:48.09 (45.64)	17:34.15 (46.06)
19:06.45 (46.60)	19:53.10 (46.65)	20:38.50 (45.40)
22:08.84 (44.79)	22:49.69 (40.85)	21:24.05 (45.55)

Men 55-59 1500 SC Meter Freestyle

1 Wells, Barton	56 Uc38	17:24.62
32.40	1:06.48 (34.08)	1:40.40 (33.92)
2:49.45 (34.50)	3:23.74 (34.29)	3:58.37 (34.63)
5:07.89 (34.96)	5:42.88 (34.99)	6:17.82 (34.94)
7:27.18 (34.70)	8:01.96 (34.78)	8:36.93 (34.97)
9:47.01 (35.09)	10:22.23 (35.22)	10:57.70 (35.47)
12:08.58 (35.52)	12:44.23 (35.65)	13:19.32 (35.09)
14:29.72 (35.21)	15:05.24 (35.52)	15:40.48 (35.24)
16:51.37 (35.27)	17:24.62 (33.25)	16:16.10 (35.62)

2 Arris, Todd	58 The Olympic Club-38	19:20.07
36.53	1:14.82 (38.29)	1:53.25 (38.43)
3:10.89 (38.62)	3:49.65 (38.76)	4:28.70 (39.05)
5:46.76 (39.27)	6:25.76 (39.00)	7:04.59 (38.83)
8:21.78 (38.82)	9:00.54 (38.76)	9:39.60 (39.06)
10:57.42 (38.99)	11:36.57 (39.15)	12:15.49 (38.92)
13:33.34 (38.74)	14:12.40 (39.06)	14:51.19 (38.79)
16:09.13 (38.94)	16:47.70 (38.57)	17:26.43 (38.73)
18:43.55 (38.15)	19:20.07 (36.52)	18:05.40 (38.97)

3 Ten Grotenhuis, Dirk	57 Manatee Aquatic Masters Inc-38	20:35.73
38.21	1:19.30 (41.09)	2:00.49 (41.19)
3:22.89 (41.29)	4:04.31 (41.42)	4:45.39 (41.08)
6:07.82 (41.08)	6:49.27 (41.45)	7:30.71 (41.44)
8:53.40 (41.25)	9:34.74 (41.34)	10:15.97 (41.23)
11:38.90 (41.73)	12:20.38 (41.48)	13:02.25 (41.87)
14:25.56 (41.74)	15:07.01 (41.45)	15:48.75 (41.74)
17:11.95 (41.63)	17:53.65 (41.70)	18:34.92 (41.27)
19:57.54 (40.97)	20:35.73 (38.19)	19:16.57 (41.65)

4 Chandler, Peter J	59 Santa Cruz Masters Aquatics-38	22:56.00
41.68	1:26.19 (44.51)	2:12.29 (46.10)
3:44.76 (46.47)	4:30.91 (46.15)	5:17.52 (46.61)
6:50.68 (46.52)	7:37.07 (46.39)	8:23.81 (46.74)
9:56.07 (46.05)	10:41.76 (45.69)	11:27.56 (45.80)
12:59.54 (46.19)	13:45.50 (45.96)	14:31.55 (46.05)
16:04.42 (46.66)	16:50.78 (46.36)	17:36.61 (45.83)
19:08.99 (46.02)	19:54.38 (45.39)	20:40.10 (45.72)
22:11.91 (45.90)	22:56.00 (44.09)	21:26.01 (45.91)

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 55-59 1500 SC Meter Freestyle)**

5	Barta, Chris	57	Temescal Aquatic Masters-38	23:34.86
	37.88	1:20.00 (42.12)	2:04.25 (44.25)	2:49.85 (45.60)
	3:35.65 (45.80)	4:21.58 (45.93)	5:08.24 (46.66)	5:55.33 (47.09)
	6:42.41 (47.08)	7:29.74 (47.33)	8:17.31 (47.57)	9:05.16 (47.85)
	9:52.61 (47.45)	10:40.44 (47.83)	11:28.54 (48.10)	12:16.65 (48.11)
	13:05.10 (48.45)	13:54.11 (49.01)	14:42.66 (48.55)	15:31.75 (49.09)
	16:19.97 (48.22)	17:08.55 (48.58)	17:58.25 (49.70)	18:47.19 (48.94)
	19:36.30 (49.11)	20:25.75 (49.45)	21:14.05 (48.30)	22:01.70 (47.65)
	22:49.62 (47.92)	23:34.86 (45.24)		
6	Johnstone, Mike	55	The Olympic Club-38	24:08.92
	38.49	1:21.91 (43.42)	2:06.51 (44.60)	2:51.87 (45.36)
	3:37.06 (45.19)	4:23.92 (46.86)	5:10.16 (46.24)	5:57.56 (47.40)
	6:43.84 (46.28)	7:30.96 (47.12)	8:18.30 (47.34)	9:05.91 (47.61)
	9:53.48 (47.57)	10:40.17 (46.69)	11:28.10 (47.93)	12:15.73 (47.63)
	13:02.68 (46.95)	13:50.93 (48.25)	14:40.18 (49.25)	15:27.26 (47.08)
	16:15.51 (48.25)		18:40.80 ()	19:29.06 (48.26)
	20:17.64 (48.58)	21:05.88 (48.24)	21:52.69 (46.81)	22:39.59 (46.90)
	23:25.04 (45.45)	24:08.92 (43.88)		
7	Downey, Patrick	56	Marcia's Enthusiastic Masters-38	24:48.77
	42.70	1:31.12 (48.42)	2:22.21 (51.09)	3:13.92 (51.71)
	4:04.54 (50.62)	4:55.99 (51.45)	5:46.97 (50.98)	6:37.61 (50.64)
	7:29.34 (51.73)	8:21.50 (52.16)	9:13.59 (52.09)	10:04.80 (51.21)
	10:57.00 (52.20)	11:48.89 (51.89)	12:40.10 (51.21)	13:31.08 (50.98)
	14:21.68 (50.60)	15:12.79 (51.11)	16:02.99 (50.20)	16:53.87 (50.88)
	17:43.03 (49.16)	18:32.11 (49.08)	19:21.39 (49.28)	20:10.73 (49.34)
	20:58.90 (48.17)	21:46.48 (47.58)	22:32.99 (46.51)	23:19.79 (46.80)
	24:05.81 (46.02)	24:48.77 (42.96)		
8	Keating, Brian	58	The Olympic Club-38	26:02.83
	45.87	1:34.97 (49.10)	2:26.50 (51.53)	3:18.44 (51.94)
	4:11.38 (52.94)	5:04.00 (52.62)	5:56.24 (52.24)	6:48.80 (52.56)
	7:41.97 (53.17)	8:35.09 (53.12)	9:27.26 (52.17)	10:18.80 (51.54)
	11:11.88 (53.08)	12:04.20 (52.32)	12:56.70 (52.50)	13:49.62 (52.92)
	14:42.29 (52.67)	15:35.11 (52.82)	16:28.17 (53.06)	17:21.38 (53.21)
	18:14.39 (53.01)	19:07.84 (53.45)	20:00.69 (52.85)	20:53.34 (52.65)
	21:46.29 (52.95)	22:39.32 (53.03)	23:31.95 (52.63)	24:24.34 (52.39)
	25:15.67 (51.33)	26:02.83 (47.16)		
9	Wu, Long	58	Marcia's Enthusiastic Masters-38	27:58.12
	47.63	1:40.82 (53.19)	2:36.87 (56.05)	3:34.01 (57.14)
	4:30.81 (56.80)	5:27.75 (56.94)	6:23.86 (56.11)	7:20.80 (56.94)
	8:18.14 (57.34)	9:15.20 (57.06)	10:11.78 (56.58)	11:09.17 (57.39)
	12:05.79 (56.62)	13:01.87 (56.08)	13:57.73 (55.86)	14:54.75 (57.02)
	15:50.10 (55.35)	16:46.44 (56.34)	17:43.82 (57.38)	18:39.17 (55.35)
	19:35.81 (56.64)	20:32.94 (57.13)	21:29.87 (56.93)	22:26.06 (56.19)
	23:23.14 (57.08)	24:20.60 (57.46)	25:16.00 (55.40)	26:13.09 (57.09)
	27:07.62 (54.53)	27:58.12 (50.50)		
10	Bedsworth, Jay	59	San Ramon Valley Aquatics Mast-38	28:29.36
	51.49	1:46.30 (54.81)	2:42.29 (55.99)	3:38.75 (56.46)
	4:35.90 (57.15)	5:32.84 (56.94)	6:31.58 (58.74)	7:29.91 (58.33)
	8:27.70 (57.79)	9:25.36 (57.66)	10:22.84 (57.48)	11:21.21 (58.37)
	12:18.82 (57.61)	13:16.51 (57.69)	14:14.19 (57.68)	15:12.90 (58.71)
	16:09.04 (56.14)	17:06.03 (56.99)	18:03.52 (57.49)	19:00.74 (57.22)
	19:58.00 (57.26)	20:54.75 (56.75)	21:52.11 (57.36)	22:49.08 (56.97)
	23:51.10 (1:02.02)	24:47.78 (56.68)	25:44.76 (56.98)	26:41.48 (56.72)
	27:38.03 (56.55)	28:29.36 (51.33)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 55-59 1500 SC Meter Freestyle)**

11	Devlin, Patrick	57	The Olympic Club-38	29:45.60
	47.59	2:41.54 (1:53.95)	3:40.91 (59.37) 4:41.39 (1:00.48)	
			7:48.21 ()	
	8:48.69 (1:00.48)	9:50.15 (1:01.46)	10:51.46 (1:01.31) 11:52.94 (1:01.48)	
	12:53.74 (1:00.80)	13:54.52 (1:00.78)	14:57.58 (1:03.06) 15:59.28 (1:01.70)	
	17:00.02 (1:00.74)	18:00.43 (1:00.41)	19:01.40 (1:00.97) 20:02.43 (1:01.03)	
	21:01.84 (59.41)	22:02.85 (1:01.01)	23:02.74 (59.89) 24:02.52 (59.78)	
	25:01.47 (58.95)	26:00.61 (59.14)	26:59.30 (58.69) 27:57.26 (57.96)	
	28:53.85 (56.59)	29:45.60 (51.75)		
12	Blumberg, Robert	56	San Ramon Valley Aquatics Mast-38	30:36.99
	59.11	1:58.56 (59.45)	3:58.64 (2:00.08)	
			8:06.46 ()	
	9:06.95 (1:00.49)		11:12.42 () 12:13.41 (1:00.99)	
	13:14.09 (1:00.68)	14:14.35 (1:00.26)		16:15.52 ()
	17:13.75 (58.23)	18:13.67 (59.92)	19:14.81 (1:01.14)	20:14.60 (59.79)
	21:16.36 (1:01.76)			
	25:26.85 ()	30:36.99 (5:10.14)		
---	Gardner, William	59	Alameda Aquatic Masters-38	DQ

Men 60-64 1500 SC Meter Freestyle

1	Spitzler, David	60	Burlingame Aquatic Club-38	19:50.46
	36.73	1:16.74 (40.01)	1:57.09 (40.35) 2:37.34 (40.25)	
	3:17.32 (39.98)	3:57.20 (39.88)	4:36.96 (39.76) 5:16.60 (39.64)	
	5:56.47 (39.87)	6:36.02 (39.55)	7:15.57 (39.55) 7:55.00 (39.43)	
	8:34.54 (39.54)	9:14.14 (39.60)	9:53.91 (39.77) 10:33.82 (39.91)	
	11:13.58 (39.76)	11:53.05 (39.47)	12:32.98 (39.93) 13:12.84 (39.86)	
	13:52.79 (39.95)	14:32.68 (39.89)	15:12.86 (40.18) 15:53.01 (40.15)	
	16:32.92 (39.91)	17:13.36 (40.44)	17:53.25 (39.89) 18:33.43 (40.18)	
	19:12.85 (39.42)	19:50.46 (37.61)		
2	Notaro, Michael	61	Manatee Aquatic Masters Inc-38	20:02.08
	36.67	1:16.55 (39.88)	1:57.14 (40.59) 2:37.68 (40.54)	
	3:18.25 (40.57)	3:58.19 (39.94)	4:38.89 (40.70) 5:19.60 (40.71)	
	6:00.22 (40.62)	6:40.67 (40.45)	7:21.23 (40.56) 8:01.44 (40.21)	
	8:41.22 (39.78)	9:21.28 (40.06)	10:01.33 (40.05) 10:41.29 (39.96)	
	11:21.73 (40.44)	12:01.68 (39.95)	12:41.99 (40.31) 13:22.47 (40.48)	
	14:02.48 (40.01)	14:42.65 (40.17)	15:22.41 (39.76) 16:02.71 (40.30)	
	16:42.39 (39.68)	17:22.38 (39.99)	18:02.67 (40.29) 18:42.84 (40.17)	
	19:23.43 (40.59)	20:02.08 (38.65)		
3	Boone, Jon	60	Walnut Creek Masters-38	21:11.76
	36.05	1:16.75 (40.70)	1:59.10 (42.35) 2:41.82 (42.72)	
	3:24.79 (42.97)	4:07.36 (42.57)	4:49.62 (42.26) 5:31.41 (41.79)	
	6:13.16 (41.75)	6:55.05 (41.89)	7:37.05 (42.00) 8:18.95 (41.90)	
	9:01.05 (42.10)	9:47.97 (46.92)	10:32.64 (44.67) 11:17.00 (44.36)	
	12:00.01 (43.01)	12:43.29 (43.28)	13:24.64 (41.35) 14:07.27 (42.63)	
	14:50.96 (43.69)	15:35.29 (44.33)	16:17.92 (42.63) 17:01.20 (43.28)	
	17:44.99 (43.79)	18:27.82 (42.83)	19:09.88 (42.06) 19:52.17 (42.29)	
	20:34.34 (42.17)	21:11.76 (37.42)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 60-64 1500 SC Meter Freestyle)**

4 White, Mark 60 SF Tsunami Masters-38 21:50.04

39.35	1:23.29 (43.94)	2:08.16 (44.87)	2:52.46 (44.30)
3:36.38 (43.92)	4:20.92 (44.54)	5:05.26 (44.34)	5:50.40 (45.14)
6:34.59 (44.19)	7:19.86 (45.27)	8:04.60 (44.74)	8:49.41 (44.81)
9:33.56 (44.15)	10:17.54 (43.98)	11:01.70 (44.16)	11:45.47 (43.77)
12:29.83 (44.36)	13:13.75 (43.92)	13:57.67 (43.92)	14:41.90 (44.23)
15:26.18 (44.28)	16:09.53 (43.35)	16:53.32 (43.79)	17:35.98 (42.66)
18:18.53 (42.55)	19:01.21 (42.68)	19:44.06 (42.85)	20:26.53 (42.47)
21:09.01 (42.48)	21:50.04 (41.03)		

5 King, Ian 61 Walnut Creek Masters-38 22:30.44

39.54	1:24.08 (44.54)	2:09.57 (45.49)	2:55.52 (45.95)
3:41.32 (45.80)	4:27.05 (45.73)	5:12.86 (45.81)	5:58.58 (45.72)
6:44.28 (45.70)	7:29.62 (45.34)	8:15.33 (45.71)	9:01.07 (45.74)
9:46.72 (45.65)	10:32.88 (46.16)	11:18.94 (46.06)	12:04.85 (45.91)
12:50.18 (45.33)	13:35.88 (45.70)	14:21.45 (45.57)	15:06.81 (45.36)
15:52.24 (45.43)	16:37.49 (45.25)	17:22.97 (45.48)	18:07.98 (45.01)
18:53.45 (45.47)	19:38.41 (44.96)	20:22.93 (44.52)	21:07.60 (44.67)
21:50.29 (42.69)	22:30.44 (40.15)		

6 Mc Ginley, Patrick 60 Rose Bowl Masters-33 22:31.61

41.23	1:26.71 (45.48)	2:12.08 (45.37)	2:58.50 (46.42)
3:44.48 (45.98)	4:30.86 (46.38)	5:16.74 (45.88)	6:02.94 (46.20)
6:48.35 (45.41)	7:33.75 (45.40)	8:18.56 (44.81)	9:03.07 (44.51)
9:47.23 (44.16)	10:32.46 (45.23)	11:17.35 (44.89)	12:02.33 (44.98)
12:46.87 (44.54)	13:32.05 (45.18)	14:16.61 (44.56)	15:01.63 (45.02)
15:46.43 (44.80)	16:31.53 (45.10)	17:16.58 (45.05)	18:02.31 (45.73)
18:48.26 (45.95)	19:33.79 (45.53)	20:19.15 (45.36)	21:03.95 (44.80)
21:48.70 (44.75)	22:31.61 (42.91)		

7 Coombs, Craig 63 Marcia's Enthusiastic Masters-38 24:29.09

44.43	1:32.06 (47.63)	2:21.57 (49.51)	3:11.28 (49.71)
4:01.09 (49.81)	4:51.55 (50.46)	5:41.19 (49.64)	6:30.48 (49.29)
7:19.75 (49.27)	8:09.31 (49.56)	8:58.00 (48.69)	9:46.73 (48.73)
10:35.90 (49.17)	11:24.21 (48.31)	12:12.97 (48.76)	13:01.94 (48.97)
13:51.32 (49.38)	14:40.78 (49.46)	15:30.13 (49.35)	16:19.20 (49.07)
17:07.30 (48.10)	17:55.53 (48.23)	18:44.44 (48.91)	19:32.70 (48.26)
20:22.84 (50.14)	21:12.73 (49.89)	22:01.75 (49.02)	22:51.45 (49.70)
23:40.50 (49.05)	24:29.09 (48.59)		

8 deBenedetti, John 61 The Olympic Club-38 30:15.78

51.68	1:48.83 (57.15)	2:49.69 (1:00.86)	3:50.78 (1:01.09)
4:52.34 (1:01.56)	5:54.08 (1:01.74)	6:53.94 (59.86)	7:53.26 (59.32)
8:53.60 (1:00.34)	9:54.16 (1:00.56)	10:53.91 (59.75)	11:55.76 (1:01.85)
12:56.85 (1:01.09)	13:58.51 (1:01.66)	14:58.98 (1:00.47)	16:00.93 (1:01.95)
17:01.13 (1:00.20)	18:02.88 (1:01.75)	19:04.85 (1:01.97)	20:06.19 (1:01.34)
21:09.11 (1:02.92)	22:10.86 (1:01.75)	23:12.70 (1:01.84)	24:14.35 (1:01.65)
25:14.54 (1:00.19)	26:16.30 (1:01.76)	27:17.83 (1:01.53)	28:18.68 (1:00.85)
29:18.50 (59.82)	30:15.78 (57.28)		

Men 65-69 1500 SC Meter Freestyle

1 Campbell, Frank 65 Rose Bowl Masters-33 22:17.57

39.86	1:23.06 (43.20)	2:06.87 (43.81)	2:51.37 (44.50)
3:36.20 (44.83)	4:20.89 (44.69)	5:06.23 (45.34)	5:51.58 (45.35)
6:36.81 (45.23)	7:21.46 (44.65)	8:06.06 (44.60)	8:51.13 (45.07)
9:35.56 (44.43)	10:20.33 (44.77)	11:05.08 (44.75)	11:49.76 (44.68)
12:34.57 (44.81)	13:19.72 (45.15)	14:04.06 (44.34)	14:49.01 (44.95)
15:33.61 (44.60)	16:18.41 (44.80)	17:03.66 (45.25)	17:49.11 (45.45)
18:34.34 (45.23)	19:20.24 (45.90)	20:05.87 (45.63)	20:51.04 (45.17)
21:35.32 (44.28)	22:17.57 (42.25)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****(Men 65-69 1500 SC Meter Freestyle)**

2	Haris, Lee	69	The Olympic Club-38	22:22.68
	40.44	1:22.17 (41.73)	2:06.53 (44.36)	2:51.02 (44.49)
	3:36.42 (45.40)	4:21.82 (45.40)	5:07.19 (45.37)	5:52.39 (45.20)
	6:37.86 (45.47)	7:23.18 (45.32)	8:08.56 (45.38)	8:53.74 (45.18)
	9:39.63 (45.89)	10:24.92 (45.29)	11:09.35 (44.43)	11:54.31 (44.96)
	12:39.72 (45.41)	13:24.58 (44.86)	14:09.40 (44.82)	14:54.81 (45.41)
	15:40.17 (45.36)	16:25.13 (44.96)	17:10.76 (45.63)	17:56.24 (45.48)
	18:41.84 (45.60)	19:27.24 (45.40)	20:12.42 (45.18)	20:57.86 (45.44)
	21:42.08 (44.22)	22:22.68 (40.60)		
3	Anderson, Bob	68	Menlo Masters-38	23:48.65
	41.13	1:27.44 (46.31)	2:15.18 (47.74)	3:01.90 (46.72)
	3:48.55 (46.65)	4:35.17 (46.62)	5:22.43 (47.26)	6:09.55 (47.12)
	6:57.09 (47.54)	7:45.03 (47.94)	8:32.50 (47.47)	9:20.34 (47.84)
	10:08.23 (47.89)	10:56.02 (47.79)	11:43.48 (47.46)	12:31.54 (48.06)
	13:19.91 (48.37)	14:07.87 (47.96)	14:57.04 (49.17)	15:44.82 (47.78)
	16:34.29 (49.47)	17:22.09 (47.80)	18:10.52 (48.43)	18:59.15 (48.63)
	19:47.65 (48.50)	20:36.42 (48.77)	21:25.77 (49.35)	22:13.82 (48.05)
	23:02.67 (48.85)	23:48.65 (45.98)		

Men 70-74 1500 SC Meter Freestyle

1	Ferroggiaro, Fred	70	The Olympic Club-38	21:02.57
	39.58	1:22.13 (42.55)	2:05.21 (43.08)	2:48.26 (43.05)
	3:31.21 (42.95)	4:13.50 (42.29)	4:56.16 (42.66)	5:38.84 (42.68)
	6:21.34 (42.50)	7:04.12 (42.78)	7:46.33 (42.21)	8:28.51 (42.18)
	9:10.65 (42.14)	9:53.03 (42.38)	10:35.35 (42.32)	11:17.83 (42.48)
	11:59.82 (41.99)	12:41.92 (42.10)	13:24.08 (42.16)	14:06.47 (42.39)
	14:48.57 (42.10)	15:30.57 (42.00)	16:12.46 (41.89)	16:54.45 (41.99)
	17:36.07 (41.62)	18:18.23 (42.16)	19:00.09 (41.86)	19:41.41 (41.32)
	20:22.72 (41.31)	21:02.57 (39.85)		
2	Winterrowd, Dan	73	Marcia's Enthusiastic Masters-38	25:37.16
	46.18	1:37.61 (51.43)	2:29.15 (51.54)	3:20.41 (51.26)
	4:11.67 (51.26)	5:02.89 (51.22)	5:54.55 (51.66)	6:46.56 (52.01)
	7:36.70 (50.14)	8:27.32 (50.62)	9:17.14 (49.82)	10:07.68 (50.54)
	10:58.45 (50.77)	11:49.22 (50.77)	12:40.70 (51.48)	13:32.22 (51.52)
	14:22.92 (50.70)	15:14.46 (51.54)	16:06.41 (51.95)	16:58.63 (52.22)
	17:50.32 (51.69)	18:41.60 (51.28)	19:34.17 (52.57)	20:26.05 (51.88)
	21:18.22 (52.17)	22:10.17 (51.95)	23:02.88 (52.71)	23:55.74 (52.86)
	24:47.23 (51.49)	25:37.16 (49.93)		
3	Ruff, Gary	70	North Bay Aquatics-38	28:03.11
	51.05	1:44.60 (53.55)	2:39.69 (55.09)	3:34.80 (55.11)
	4:29.81 (55.01)	5:25.50 (55.69)	6:21.17 (55.67)	7:15.97 (54.80)
	8:12.26 (56.29)	9:07.69 (55.43)	10:03.96 (56.27)	11:00.62 (56.66)
	11:56.46 (55.84)	12:53.22 (56.76)	13:49.29 (56.07)	14:46.38 (57.09)
	15:43.35 (56.97)	16:39.90 (56.55)	17:36.84 (56.94)	18:34.32 (57.48)
	19:30.94 (56.62)	20:28.54 (57.60)	21:25.02 (56.48)	22:22.19 (57.17)
	23:19.51 (57.32)	24:15.89 (56.38)	25:11.88 (55.99)	26:09.68 (57.80)
	27:07.20 (57.52)	28:03.11 (55.91)		

2023 1500M Meet - 1/28/2023**Results - 1500M Masters Meet****Men 75-79 1500 SC Meter Freestyle**

1 Owens, Robert	77 Ventura County Masters-33	29:00.10
53.90	1:50.24 (56.34) 2:48.63 (58.39) 3:46.83 (58.20)	
4:44.72 (57.89)	5:42.73 (58.01) 6:40.74 (58.01) 7:37.87 (57.13)	
8:35.05 (57.18)	9:33.43 (58.38) 10:31.52 (58.09) 11:29.66 (58.14)	
12:27.53 (57.87)	13:26.18 (58.65) 14:24.87 (58.69) 15:22.93 (58.06)	
16:22.08 (59.15)	17:21.95 (59.87) 18:20.02 (58.07) 19:18.09 (58.07)	
20:16.45 (58.36)	21:14.79 (58.34) 22:12.72 (57.93) 23:11.23 (58.51)	
24:10.56 (59.33)	25:09.59 (59.03) 26:08.55 (58.96) 27:06.67 (58.12)	
28:04.25 (57.58)	29:00.10 (55.85)	
2 Crockett, Robert	75 Menlo Masters-38	31:10.12
57.07	1:58.27 (1:01.20) 3:00.86 (1:02.59) 4:03.03 (1:02.17)	
5:04.67 (1:01.64)	6:06.08 (1:01.41) 7:07.91 (1:01.83) 8:11.10 (1:03.19)	
9:14.28 (1:03.18)	10:17.57 (1:03.29) 11:20.38 (1:02.81) 12:23.43 (1:03.05)	
13:26.99 (1:03.56)	14:29.69 (1:02.70) 15:33.08 (1:03.39) 16:35.46 (1:02.38)	
17:38.31 (1:02.85)	18:41.63 (1:03.32) 19:44.69 (1:03.06) 20:47.06 (1:02.37)	
21:49.89 (1:02.83)	22:53.08 (1:03.19) 23:55.78 (1:02.70) 24:59.39 (1:03.61)	
26:01.32 (1:01.93)	27:03.31 (1:01.99) 28:05.71 (1:02.40) 29:07.73 (1:02.02)	
30:09.81 (1:02.08)	31:10.12 (1:00.31)	
3 Feiring, Keith	76 Walnut Creek Masters-38	33:40.67
58.56	2:01.61 (1:03.05) 3:08.24 (1:06.63) 4:15.33 (1:07.09)	
5:21.76 (1:06.43)	6:29.89 (1:08.13) 7:36.69 (1:06.80) 8:43.08 (1:06.39)	
9:52.20 (1:09.12)	10:59.54 (1:07.34) 12:06.84 (1:07.30) 13:14.89 (1:08.05)	
14:23.18 (1:08.29)	15:31.04 (1:07.86) 16:38.92 (1:07.88) 17:47.03 (1:08.11)	
18:55.10 (1:08.07)	20:04.44 (1:09.34) 21:13.51 (1:09.07) 22:21.66 (1:08.15)	
23:28.87 (1:07.21)	24:38.10 (1:09.23) 25:46.84 (1:08.74) 26:54.95 (1:08.11)	
28:03.27 (1:08.32)	29:12.15 (1:08.88) 30:21.79 (1:09.64) 31:29.93 (1:08.14)	
32:37.32 (1:07.39)	33:40.67 (1:03.35)	
4 Haynes, Ted	78 Peninsula Community Center Mas-3	37:28.60
1:06.86	2:18.19 (1:11.33) 4:44.57 (2:26.38) 5:58.20 (1:13.63)	
7:13.29 (1:15.09)	8:27.92 (1:14.63) 9:43.38 (1:15.46) 10:58.48 (1:15.10)	
12:14.94 (1:16.46)	13:31.68 (1:16.74) 14:46.71 (1:15.03)	
16:01.29 ()	17:15.63 (1:14.34) 18:31.89 (1:16.26) 19:46.38 (1:14.49)	
21:00.84 (1:14.46)	22:17.59 (1:16.75) 23:32.61 (1:15.02) 24:50.68 (1:18.07)	
26:05.50 (1:14.82)	27:22.23 (1:16.73) 28:38.32 (1:16.09)	
31:12.68 ()	32:30.22 (1:17.54) 33:46.81 (1:16.59)	
36:19.02 ()	37:28.60 (1:09.58)	

Men 85-89 1500 SC Meter Freestyle

1 Fleming, Jack	88 University of San Francisco Ma-38	38:22.86
1:04.46	2:16.45 (1:11.99) 3:35.10 (1:18.65) 4:53.25 (1:18.15)	
6:12.23 (1:18.98)	7:32.33 (1:20.10) 10:12.61 (2:40.28)	
	12:56.23 () 14:15.52 (1:19.29)	
15:35.08 (1:19.56)	16:57.22 (1:22.14) 18:17.54 (1:20.32) 19:39.43 (1:21.89)	
21:01.75 (1:22.32)	22:23.82 (1:22.07) 23:46.52 (1:22.70) 25:06.87 (1:20.35)	
26:27.48 (1:20.61)	27:48.47 (1:20.99) 29:10.70 (1:22.23) 30:30.93 (1:20.23)	
31:52.30 (1:21.37)	33:13.20 (1:20.90) 34:31.13 (1:17.93) 35:51.56 (1:20.43)	
37:09.28 (1:17.72)	38:22.86 (1:13.58)	