

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**Women 18-24 50 LC Meter Freestyle**

**Pacific:** 26.75 L 8/8/2015 Caitlin DeNise  
**National:** 25.72 N 6/19/2021 ALY TETZLOFF

1	Larsen, Amy	24	WCM-38	32.02
2	Guberman, Esther	23	QSSSJ-38	33.38

**Women 18-24 100 LC Meter Freestyle**

**Pacific:** 57.05 L 6/30/2016 Elizabeth Pelton  
**National:** 56.08 N 6/17/2021 ALY TETZLOFF

1	Mose, Jacqueline	24	UC38	1:15.39
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**Women 18-24 200 LC Meter Freestyle**

**Pacific:** 2:02.36 L 6/28/2016 Elizabeth Pelton  
**National:** 2:03.06 N 8/17/2003 JESSICA FOSCHI

1	Larsen, Amy	24	WCM-38	2:33.27
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**Women 18-24 400 LC Meter Freestyle**

**Pacific:** 4:29.57 L 12/31/2012 Luane Rowe  
**National:** 4:16.72 N 7/5/2003 JULIA STOWERS

1	Larsen, Amy	24	WCM-38	5:21.42
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**Women 18-24 50 LC Meter Backstroke**

**Pacific:** 31.29 L 8/2/2018 Kali L Conlon  
**National:** 30.77 N 7/9/2022 ADELYN DIAZ

1	Cruz, Ricki	24	QSSSJ-38	43.75
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**Women 18-24 50 LC Meter Breaststroke**

**Pacific:** 34.44 L 8/9/2019 Heaven Quintana  
**National:** 32.92 N 8/1/2015 LAUREN GREENBERG

1	Mose, Jacqueline	24	UC38	42.80
2	Guberman, Esther	23	QSSSJ-38	43.70

**Women 18-24 100 LC Meter Breaststroke**

**Pacific:** 1:15.12 L 7/12/2013 Danae Petrakis  
**National:** 1:10.32 N 7/30/2011 BREEJA LARSON

1	Larsen, Amy	24	WCM-38	1:32.97
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**Women 18-24 50 LC Meter Butterfly**

**Pacific:** 28.62 L 12/31/2009 Meg Gill  
**National:** 27.83 N 8/4/2022 ALICIA CARDIE

1	Guberman, Esther	23	QSSSJ-38	34.67
2	Cruz, Ricki	24	QSSSJ-38	39.84

**Women 18-24 100 LC Meter Butterfly**

**Pacific:** 1:01.04 L 7/6/2008 Laura M Davis  
**National:** 58.21 N 6/13/2021 ALY TETZLOFF

1	Larsen, Amy	24	WCM-38	1:15.76
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**Women 18-24 200 LC Meter IM**

**Pacific:** 2:16.06 L 7/6/2008 Laura M Davis  
**National:** 2:16.06 N 7/1/2008 LAURA DAVIS

1	Cruz, Ricki	24	QSSSJ-38	3:19.63
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**Women 25-29 50 LC Meter Freestyle**

**Pacific:** 26.64 L 8/9/2015 Marie A Ballenger  
**National:** 24.83 N 8/10/2014 MADISON KENNEDY

1	Shanahan, Brenda	26	QSSSJ-38	30.82
2	Fantuzzi, Lauren	27	QSSSJ-38	30.83
3	Sand, Cassie	25	EBAT-38	32.21
4	Fontanilla, Shania	26	QSSSJ-38	34.32
5	Macabugao, Jam	29	JAMM-38	35.22
6	Kobertz, Bridget	28	QSSSJ-38	38.92

7	Khadka, Anjali	25	ALMA-38	46.56
8	Ichinose, Rika	25	WH20-33	52.35

**Women 25-29 100 LC Meter Freestyle**

**Pacific:** 58.34 L 12/31/1989 Sara Shand  
**National:** 54.72 N 8/6/2014 MADISON KENNEDY

1	Fantuzzi, Lauren	27	QSSSJ-38	1:07.76
2	Shanahan, Brenda	26	QSSSJ-38	1:08.05
3	Crow, Vivian	26	DAM-38	1:13.50
4	Fontanilla, Shania	26	QSSSJ-38	1:16.46
5	Crowley, Alexandra	27	UC36	1:22.23
6	Macabugao, Jam	29	JAMM-38	1:24.14
7	Khadka, Anjali	25	ALMA-38	1:47.20

**Women 25-29 200 LC Meter Freestyle**

**Pacific:** 2:07.11 L 12/31/1989 Sara Shand  
**National:** 2:02.06 N 12/2/1995 SHEILA TAORMINA

1	Fantuzzi, Lauren	27	QSSSJ-38	2:30.22
2	Shanahan, Brenda	26	QSSSJ-38	2:33.03
3	Crow, Vivian	26	DAM-38	2:40.22
4	Crowley, Alexandra	27	UC36	2:56.91

**Women 25-29 400 LC Meter Freestyle**

**Pacific:** 4:23.62 L 7/31/2022 Catherine Breed  
**National:** 4:13.03 N 12/2/1995 SHEILA TAORMINA

1	Fantuzzi, Lauren	27	QSSSJ-38	5:22.54
2	Shanahan, Brenda	26	QSSSJ-38	5:25.52
3	Crow, Vivian	26	DAM-38	5:32.65
4	Graham, Annie	28	SBM-33	5:38.18
5	Fontanilla, Shania	26	QSSSJ-38	5:51.60
6	Crowley, Alexandra	27	UC36	6:08.00

**Women 25-29 50 LC Meter Backstroke**

**Pacific:** 31.10 L 4/24/2017 Anna K Senko  
**National:** 28.39 N 8/2/2018 EMI MORONUKI

1	Crowley, Alexandra	27	UC36	42.49
2	Sand, Cassie	25	EBAT-38	43.02
3	Macabugao, Jam	29	JAMM-38	44.98

**Women 25-29 50 LC Meter Breaststroke**

**Pacific:** 33.39 L 8/9/2014 Marie A Ballenger  
**National:** 30.82 N 6/27/2016 KATIE MEILI

1	Shanahan, Brenda	26	QSSSJ-38	40.51
2	Crow, Vivian	26	DAM-38	42.79
3	Sand, Cassie	25	EBAT-38	44.17
4	Macabugao, Jam	29	JAMM-38	47.41
5	Crowley, Alexandra	27	UC36	47.82
6	Ichinose, Rika	25	WH20-33	54.39

**Women 25-29 100 LC Meter Breaststroke**

**Pacific:** 1:13.69 L 6/7/2021 Claire Beaty  
**National:** 1:06.07 N 6/28/2016 KATIE MEILI

1	Crow, Vivian	26	DAM-38	1:31.98
2	Ichinose, Rika	25	WH20-33	1:55.78

**Women 25-29 50 LC Meter Butterfly**

**Pacific:** 28.82 L 12/31/1992 Anna Pettis-Scott  
**National:** 26.78 N 8/4/2022 AI SOMA

1	Fontanilla, Shania	26	QSSSJ-38	36.30
2	Macabugao, Jam	29	JAMM-38	36.78
3	Fantuzzi, Lauren	27	QSSSJ-38	37.17

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## Results - All Events

**(Women 25-29 50 LC Meter Butterfly)**

4 Sand, Cassie	25 EBAT-38	38.78
--- Khadka, Anjali	25 ALMA-38	DQ

**Women 25-29 200 LC Meter IM**

**Pacific:** 2:21.98 L 12/31/2005 Allison Wagner

**National:** 2:14.03 N 6/29/2013 JUSTINE MUELLER

1 Shanahan, Brenda	26 QSSSJ-38	2:50.69
2 Fantuzzi, Lauren	27 QSSSJ-38	3:06.52
3 Crowley, Alexandra	27 UC36	3:18.84
4 Fontanilla, Shania	26 QSSSJ-38	3:19.21

**Women 30-34 50 LC Meter Freestyle**

**Pacific:** 26.16 L 6/18/2016 Marie A Ballenger

**National:** 25.57 N 8/8/2009 ERIKA ERNDL

1 Leake, Mackenzie	30 STAN-38	29.70
2 Skoda, Anette	32 UC38	30.03
3 Hwang, Jenn	31 UC38	30.99
4 Finn, Chelsea	31 STAN-38	31.30
5 Van Damme, Amanda	33 QSSSJ-38	37.36

**Women 30-34 100 LC Meter Freestyle**

**Pacific:** 59.76 L 4/16/2016 Marie A Ballenger

**National:** 54.59 N 8/5/2009 ERIKA ERNDL

1 Leake, Mackenzie	30 STAN-38	1:05.33
2 Van Damme, Amanda	33 QSSSJ-38	1:27.10

**Women 30-34 200 LC Meter Freestyle**

**Pacific:** 2:10.99 L 6/18/1994 Susan Porter

**National:** 1:58.92 N 8/7/2009 ERIKA ERNDL

1 Leake, Mackenzie	30 STAN-38	2:21.29
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**Women 30-34 400 LC Meter Freestyle**

**Pacific:** 4:31.93 L 12/31/1994 Susan Porter

**National:** 4:17.52 N 8/3/2010 DAWN HECKMAN

1 Leake, Mackenzie	30 STAN-38	4:52.39
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**Women 30-34 50 LC Meter Backstroke**

**Pacific:** 30.98 L 7/30/2022 Lauren T Breuer

**National:** 28.57 N 7/8/2012 NORIKO INADA

1 Skoda, Anette	32 UC38	35.34
2 Mah, Kimberly	34 RPM-38	43.01

**Women 30-34 100 LC Meter Backstroke**

**Pacific:** 1:03.78 L 12/31/2009 Sarabeth Metzger

**National:** 1:01.78 N 8/6/2011 NORIKO INADA

1 Mah, Kimberly	34 RPM-38	1:33.09
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**Women 30-34 50 LC Meter Breaststroke**

**Pacific:** 34.84 L 8/3/2018 Kathleen E McGraw

**National:** 31.76 N 7/17/2021 DANIELLE HERRMANN

1 Skoda, Anette	32 UC38	40.26
2 Van Damme, Amanda	33 QSSSJ-38	50.64
3 Mah, Kimberly	34 RPM-38	52.72

**Women 30-34 100 LC Meter Breaststroke**

**Pacific:** 1:16.71 L 8/5/2017 Katy Houston

**National:** 1:10.18 N 6/12/2021 DANIELLE HERRMANN

1 Finn, Chelsea	31 STAN-38	1:23.86
2 Van Damme, Amanda	33 QSSSJ-38	1:47.90
3 Mah, Kimberly	34 RPM-38	1:52.57

**Women 30-34 50 LC Meter Butterfly**

**Pacific:** 29.27 L 3/8/2020

Marie A Ballenger

**National:** 27.48 N 6/7/2008

MARTINA MORAVCOVA

1 Skoda, Anette	32 UC38	32.59
2 Hwang, Jenn	31 UC38	34.24

**Women 30-34 100 LC Meter Butterfly**

**Pacific:** 1:04.67 L 12/31/2009 Sarabeth Metzger

**National:** 58.81 N 6/7/2008

MARTINA MORAVCOVA

1 Leake, Mackenzie	30 STAN-38	1:10.21
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**Women 30-34 200 LC Meter IM**

**Pacific:** 2:23.50 L 12/31/2009 Sarabeth Metzger

**National:** 2:13.72 N 8/8/2009 ERIKA ERNDL

1 Leake, Mackenzie	30 STAN-38	2:34.78
2 Mah, Kimberly	34 RPM-38	3:20.78

**Women 35-39 50 LC Meter Freestyle**

**Pacific:** 26.89 L 12/31/1993 Sandy Neilson-Bel

**National:** 25.52 N 6/29/2013 ERIKA ERNDL

1 Greer, Margaret	35 EBAT-38	31.61
2 West, Meredith	39 SMM-38	37.75
3 Chien, Regina	37 MEMO-38	41.69

**Women 35-39 100 LC Meter Freestyle**

**Pacific:** 1:00.31 L 12/31/2002 Laureen K Welting

**National:** 55.17 N 6/25/2013 ERIKA ERNDL

1 West, Meredith	39 SMM-38	1:28.02
2 Chien, Regina	37 MEMO-38	1:35.36

**Women 35-39 200 LC Meter Freestyle**

**Pacific:** 2:10.28 L 12/31/1999 Jill S Hernandez

**National:** 2:00.04 N 6/26/2013 ERIKA ERNDL

1 Allen, Robyn	38 STAN-38	2:33.42
2 West, Meredith	39 SMM-38	3:04.04
3 Chien, Regina	37 MEMO-38	3:35.16

**Women 35-39 400 LC Meter Freestyle**

**Pacific:** 4:37.34 L 12/31/1999 Jill S Hernandez

**National:** 4:16.19 N 6/1/2012 DAWN HECKMAN

1 West, Meredith	39 SMM-38	6:20.19
2 Chien, Regina	37 MEMO-38	7:40.94

**Women 35-39 50 LC Meter Backstroke**

**Pacific:** 31.71 L 12/31/2008 Jody Smith

**National:** 28.63 N 8/18/2016 NORIKO INADA

1 Allen, Robyn	38 STAN-38	37.58
2 Greer, Margaret	35 EBAT-38	38.64

**Women 35-39 100 LC Meter Backstroke**

**Pacific:** 1:06.91 L 12/31/2008 Jody Smith

**National:** 1:01.75 N 8/19/2017 NORIKO INADA

1 Allen, Robyn	38 STAN-38	1:23.01
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**Women 35-39 50 LC Meter Butterfly**

**Pacific:** 29.24 L 4/3/2022

Danielle M Herrma

**National:** 27.46 N 8/5/2014

NORIKO INADA

1 West, Meredith	39 SMM-38	45.88
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## Results - All Events

**Women 35-39 200 LC Meter IM**

**Pacific:** 2:21.09 L 8/6/2022 Danielle M Herrma  
**National:** 2:21.09 N 8/6/2022 DANIELLE HERRMANN

1 Chien, Regina 37 MEMO-38 3:54.21

**Women 40-44 50 LC Meter Freestyle**

**Pacific:** 28.05 L 12/31/1992 Laura B Val  
**National:** 24.25 N 7/6/2008 DARA TORRES

1 Nehrebecki, Helene 43 DAM-38 31.28  
 2 Rueda, Marcela 41 SRM-38 33.20  
 3 Stankov-Hodge, Marina 43 MEMO-38 42.46  
 4 Cheung, Ruth 44 QSSSJ-38 44.78

**Women 40-44 100 LC Meter Freestyle**

**Pacific:** 1:00.68 L 7/24/2016 Katie Glenn  
**National:** 53.78 N 7/4/2008 DARA TORRES

1 Rueda, Marcela 41 SRM-38 1:12.05

**Women 40-44 200 LC Meter Freestyle**

**Pacific:** 2:10.47 L 8/18/2016 Katie Glenn  
**National:** 2:09.00 N 5/25/2003 K PIPES-NEILSEN

1 Rueda, Marcela 41 SRM-38 2:43.27  
 2 Cheung, Ruth 44 QSSSJ-38 3:38.57  
 3 Stankov-Hodge, Marina 43 MEMO-38 3:45.59

**Women 40-44 400 LC Meter Freestyle**

**Pacific:** 4:34.33 L 12/31/2006 Susan H Preston  
**National:** 4:22.87 N 8/13/2011 JANET EVANS

1 Stankov-Hodge, Marina 43 MEMO-38 7:49.42

**Women 40-44 50 LC Meter Backstroke**

**Pacific:** 31.63 L 12/31/2009 Jody Smith  
**National:** 29.62 N 8/2/2018 NORIKO INADA

1 Cheung, Ruth 44 QSSSJ-38 55.87

**Women 40-44 100 LC Meter Backstroke**

**Pacific:** 1:07.21 L 12/31/2009 Jody Smith  
**National:** 1:04.70 N 7/31/2018 NORIKO INADA

1 Nehrebecki, Helene 43 DAM-38 1:26.25  
 2 Cheung, Ruth 44 QSSSJ-38 1:59.29

**Women 40-44 50 LC Meter Breaststroke**

**Pacific:** 32.47 L 8/19/2016 Katie Glenn  
**National:** 32.47 N 8/19/2016 KATIE GLENN

1 Nehrebecki, Helene 43 DAM-38 41.63

**Women 40-44 50 LC Meter Butterfly**

**Pacific:** 29.89 L 12/31/1994 Laura B Val  
**National:** 28.36 N 6/8/2013 ERIKA BRAUN

1 Rueda, Marcela 41 SRM-38 36.12

**Women 40-44 100 LC Meter Butterfly**

**Pacific:** 1:06.27 L 12/31/1992 Laura B Val  
**National:** 1:02.47 N 6/29/2008 S VON DER LIPPE

1 Nehrebecki, Helene 43 DAM-38 1:20.20  
 2 Rueda, Marcela 41 SRM-38 1:28.48  
 3 Stankov-Hodge, Marina 43 MEMO-38 2:03.48

**Women 40-44 200 LC Meter IM**

**Pacific:** 2:30.96 L 12/31/2000 Jill S Hernandez  
**National:** 2:25.03 N 8/5/2007 S VON DER LIPPE

1 Nehrebecki, Helene 43 DAM-38 2:58.95

2 Stankov-Hodge, Marina 43 MEMO-38 4:22.37

**Women 45-49 50 LC Meter Freestyle**

**Pacific:** 28.56 L 12/31/2006 Suzanne M Heim-Bo  
**National:** 27.09 N 8/5/2017 THOMAS\BRAUN

1 Ongerth, Ann Michelle 49 WCM-38 39.06

**Women 45-49 400 LC Meter Freestyle**

**Pacific:** 4:30.64 L 4/14/2023 Heidi S George  
**National:** 4:30.64 N 4/14/2023 HEIDI GEORGE

1 George, Heidi 47 UC38 4:35.54

**Women 45-49 50 LC Meter Breaststroke**

**Pacific:** 36.97 L 12/31/1994 Susan Roy  
**National:** 33.66 N 7/17/2010 S VON DER LIPPE

1 Nagaoka, Masako 49 QSSSJ-38 44.13  
 2 Ongerth, Ann Michelle 49 WCM-38 52.22  
 3 Aracic, Elizabeth 46 UC38 1:01.11

**Women 45-49 50 LC Meter Butterfly**

**Pacific:** 30.01 L 12/31/2009 Lisa A Ward  
**National:** 28.40 N 8/5/2017 ERIKA BRAUN

1 Nagaoka, Masako 49 QSSSJ-38 37.04  
 2 Ongerth, Ann Michelle 49 WCM-38 46.24  
 3 Aracic, Elizabeth 46 UC38 54.19

**Women 45-49 100 LC Meter Butterfly**

**Pacific:** 1:07.30 L 12/31/2005 Jill S Hernandez  
**National:** 1:04.96 N 8/6/2014 WENKE SEIDER

1 Ongerth, Ann Michelle 49 WCM-38 1:48.94

**Women 45-49 200 LC Meter IM**

**Pacific:** 2:32.46 L 12/31/2005 Jill S Hernandez  
**National:** 2:21.37 N 8/14/2022 GABRIELLE ROSE

1 Nagaoka, Masako 49 QSSSJ-38 3:05.19  
 2 Ongerth, Ann Michelle 49 WCM-38 3:53.79  
 3 Aracic, Elizabeth 46 UC38 4:25.12

**Women 50-54 50 LC Meter Freestyle**

**Pacific:** 28.22 L 12/31/2001 Laura B Val  
**National:** 27.38 N 8/6/2022 ERIKA BRAUN

1 Dussliere, Julie 51 SFTL-50 34.50  
 2 Kercher, Jennifer 50 LOM-38 38.29  
 3 Singh, Jo 51 MELO-38 42.63

**Women 50-54 100 LC Meter Freestyle**

**Pacific:** 1:01.13 L 12/31/2001 Laura B Val  
**National:** 1:00.53 N 8/20/2022 ERIKA BRAUN

1 Zamanian, Alison 53 WCM-38 1:06.29  
 2 Dussliere, Julie 51 SFTL-50 1:12.52  
 3 Kercher, Jennifer 50 LOM-38 1:27.84  
 4 Singh, Jo 51 MELO-38 1:36.41

**Women 50-54 200 LC Meter Freestyle**

**Pacific:** 2:13.18 L 8/7/2013 Jill S Hernandez  
**National:** 2:13.18 N 8/8/2013 JILL HERNANDEZ

1 Dussliere, Julie 51 SFTL-50 2:40.11  
 2 Kercher, Jennifer 50 LOM-38 3:18.50  
 3 Singh, Jo 51 MELO-38 3:31.35

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**Women 50-54 400 LC Meter Freestyle**

Pacific: 4:40.66 L 8/7/2013 Jill S Hernandez

National: 4:40.66 N 8/11/2013 JILL HERNANDEZ

1	Dussliere, Julie	51	SFTL-50	5:34.84
2	Broadnax, Brenna	53	QSSSJ-38	7:13.55

**Women 50-54 100 LC Meter Backstroke**

Pacific: 1:13.76 L 12/31/2009 Bonnie M Bilich

National: 1:09.28 N 8/8/2014 ELLEN REYNOLDS

1	Zamanian, Alison	53	WCM-38	1:16.11
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**Women 50-54 50 LC Meter Breaststroke**

Pacific: 37.81 L 10/10/2021 Tanya N Lane

National: 36.47 N 8/20/2022 ERIKA BRAUN

1	Kercher, Jennifer	50	LOM-38	52.20
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**Women 50-54 100 LC Meter Breaststroke**

Pacific: 1:23.72 L 10/8/2021 Tanya N Lane

National: 1:22.09 N 8/5/2022 SARA DUNN

1	Zamanian, Alison	53	WCM-38	1:28.97
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**Women 50-54 50 LC Meter Butterfly**

Pacific: 30.72 L 12/31/2001 Laura B Val

National: 29.47 N 8/4/2022 ERIKA BRAUN

1	Singh, Jo	51	MELO-38	54.15
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**Women 50-54 100 LC Meter Butterfly**

Pacific: 1:07.80 L 12/31/2011 Jill S Hernandez

National: 1:07.80 N 8/13/2011 JILL HERNANDEZ

1	Zamanian, Alison	53	WCM-38	1:13.54
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**Women 50-54 200 LC Meter IM**

Pacific: 2:36.05 L 7/24/2016 Susan H Preston

National: 2:31.02 N 8/7/2016 ELLEN REYNOLDS

1	Zamanian, Alison	53	WCM-38	2:41.12
2	Dussliere, Julie	51	SFTL-50	3:02.35
3	Broadnax, Brenna	53	QSSSJ-38	3:56.24

**Women 55-59 50 LC Meter Freestyle**

Pacific: 28.69 L 12/31/2008 Laura B Val

National: 28.46 N 8/8/2019 HOLLY GREEN BLAIR

1	Nelson, Sheila	55	SRM-38	33.86
2	Couch, Stephanie	59	MELO-38	37.59
3	Cervantes-Mui, Wendy	56	LOM-38	41.58
4	Phalen, Jennifer	59	DAM-38	42.73
5	Hu, Qing	57	WCM-38	1:04.77

**Women 55-59 100 LC Meter Freestyle**

Pacific: 1:02.02 L 8/17/2008 LVal&amp;LVal

National: 1:02.02 N 8/13/2007 VAL\VAL

1	Ward, Lisa	59	WCM-38	1:11.27
2	Cox, Juliet	55	MAM-38	1:16.00
3	Couch, Stephanie	59	MELO-38	1:21.13
4	Phalen, Jennifer	59	DAM-38	1:31.86
5	Cervantes-Mui, Wendy	56	LOM-38	1:35.01
6	Hu, Qing	57	WCM-38	2:33.49

**Women 55-59 200 LC Meter Freestyle**

Pacific: 2:16.28 L 12/31/2009 Laura B Val

National: 2:16.28 N 8/11/2019 VAL\REYNOLDS

1	Ward, Lisa	59	WCM-38	2:36.03
2	Cox, Juliet	55	MAM-38	2:42.49

3	Couch, Stephanie	59	MELO-38	2:47.14
4	Phalen, Jennifer	59	DAM-38	3:21.02

**Women 55-59 400 LC Meter Freestyle**

Pacific: 4:46.69 L 7/26/2015 Jill S Hernandez

National: 4:46.49 N 8/10/2019 ELLEN REYNOLDS

1	Ward, Lisa	59	WCM-38	5:20.43
2	Couch, Stephanie	59	MELO-38	5:35.93
3	Cox, Juliet	55	MAM-38	5:36.27
4	Bulman, Robin	58	SRM-38	5:53.66
5	Shu, Vicki	55	MEMO-38	5:54.15
6	Phalen, Jennifer	59	DAM-38	7:04.00

**Women 55-59 50 LC Meter Backstroke**

Pacific: 33.75 L 12/31/2010 Laura B Val

National: 31.99 N 8/2/2018 HOLLY GREEN BLAIR

1	Cox, Juliet	55	MAM-38	39.09
2	Hu, Qing	57	WCM-38	1:34.87

**Women 55-59 100 LC Meter Backstroke**

Pacific: 1:12.45 L 7/16/2017 Bonnie M Bilich

National: 1:09.69 N 8/11/2019 HOLLY GREEN BLAIR

1	Cox, Juliet	55	MAM-38	1:27.87
2	Couch, Stephanie	59	MELO-38	1:30.35
3	Nelson, Sheila	55	SRM-38	1:34.65

**Women 55-59 50 LC Meter Breaststroke**

Pacific: 41.31 L 7/16/2017 Jana Matena

National: 37.13 N 7/16/2017 CAROLINE KRATTLI

1	Bulman, Robin	58	SRM-38	44.26
2	Nelson, Sheila	55	SRM-38	45.88
3	Shu, Vicki	55	MEMO-38	52.40
4	Hu, Qing	57	WCM-38	1:21.91

**Women 55-59 100 LC Meter Breaststroke**

Pacific: 1:31.50 L 7/30/2022 Robin A Bulman

National: 1:21.21 N 7/15/2017 CAROLINE KRATTLI

1	Ward, Lisa	59	WCM-38	1:33.63
2	Bulman, Robin	58	SRM-38	1:37.28
3	Nelson, Sheila	55	SRM-38	1:40.91

**Women 55-59 50 LC Meter Butterfly**

Pacific: 31.42 L 12/31/2009 Laura B Val

National: 30.52 N 7/10/2016 LESLIE LIVINGSTON

1	Ward, Lisa	59	WCM-38	34.97
2	Shu, Vicki	55	MEMO-38	39.15
3	Cervantes-Mui, Wendy	56	LOM-38	49.98

**Women 55-59 100 LC Meter Butterfly**

Pacific: 1:09.47 L 12/31/2009 Laura B Val

National: 1:09.47 N 8/9/2009 LAURA VAL

1	Ward, Lisa	59	WCM-38	1:21.53
2	Shu, Vicki	55	MEMO-38	1:29.42
3	Phalen, Jennifer	59	DAM-38	1:55.24
4	Cervantes-Mui, Wendy	56	LOM-38	2:03.41

**Women 55-59 200 LC Meter IM**

Pacific: 2:38.74 L 7/26/2015 Jill S Hernandez

National: 2:31.51 N 7/6/2019 ELLEN REYNOLDS

1	Couch, Stephanie	59	MELO-38	3:12.18
2	Shu, Vicki	55	MEMO-38	3:14.13
3	Bulman, Robin	58	SRM-38	3:18.97

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**(Women 55-59 200 LC Meter IM)**

4 Phalen, Jennifer	59 DAM-38	3:40.12
5 Cervantes-Mui, Wendy	56 LOM-38	4:37.79

**Women 60-64 50 LC Meter Freestyle**

**Pacific:** 29.31 L 12/31/2011 **Laura B Val**  
**National:** 29.21 N 8/4/2018 **PENNY NOYES**

1 Matena, Jana	61 MELO-38	32.39
2 Meyer, Marguerite	64 TOC-38	34.34
3 Nichelman, Sherri	63 WCM-38	37.50
4 Focha, Teresa	62 ALB-38	55.74

**Women 60-64 100 LC Meter Freestyle**

**Pacific:** 1:03.83 L 12/31/2011 **Laura B Val**  
**National:** 1:03.83 N 8/5/2011 **LAURA VAL**

1 Matena, Jana	61 MELO-38	1:09.41
2 Meyer, Marguerite	64 TOC-38	1:16.69
3 Nichelman, Sherri	63 WCM-38	1:23.32
4 Adler, Felicia	61 WCM-38	1:45.54
5 Focha, Teresa	62 ALB-38	2:01.34

**Women 60-64 200 LC Meter Freestyle**

**Pacific:** 2:21.48 L 12/31/2012 **Laura B Val**  
**National:** 2:21.48 N 6/12/2012 **LAURA VAL**

1 Matena, Jana	61 MELO-38	2:35.77
2 Meyer, Marguerite	64 TOC-38	2:47.63
3 Nichelman, Sherri	63 WCM-38	2:59.29
4 Taylor, Catherine	60 WCM-38	3:06.72
5 Adler, Felicia	61 WCM-38	3:41.40
6 Focha, Teresa	62 ALB-38	4:12.74

**Women 60-64 400 LC Meter Freestyle**

**Pacific:** 4:59.82 L 12/31/2012 **Laura B Val**  
**National:** 4:59.82 N 8/12/2012 **LAURA VAL**

1 Meyer, Marguerite	64 TOC-38	5:41.47
2 Matena, Jana	61 MELO-38	5:42.17
3 Nichelman, Sherri	63 WCM-38	6:19.96
4 Taylor, Catherine	60 WCM-38	6:21.70
5 Tyler, Christine	61 QSSSJ-38	7:20.97
6 Adler, Felicia	61 WCM-38	7:34.00
7 Focha, Teresa	62 ALB-38	8:34.34
8 Carroll, Leah	62 ALB-38	8:46.83

**Women 60-64 50 LC Meter Backstroke**

**Pacific:** 33.86 L 8/9/2015 **Laura B Val**  
**National:** 33.82 N 5/12/2022 **KARLYN PIPES**

1 Meyer, Marguerite	64 TOC-38	42.77
2 Tyler, Christine	61 QSSSJ-38	52.37

**Women 60-64 100 LC Meter Backstroke**

**Pacific:** 1:14.50 L 7/11/2018 **Bonnie M Bilich**  
**National:** 1:14.28 N 8/13/2022 **KARLYN PIPES**

1 Meyer, Marguerite	64 TOC-38	1:32.74
2 Taylor, Catherine	60 WCM-38	1:53.77
3 Tyler, Christine	61 QSSSJ-38	1:56.36
4 Carroll, Leah	62 ALB-38	2:06.48
5 Focha, Teresa	62 ALB-38	2:12.80

**Women 60-64 50 LC Meter Breaststroke**

**Pacific:** 42.57 L 7/11/2018 **Barbara C Wheeler**  
**National:** 39.02 N 8/19/2016 **BETH ESTEL**

1 Taylor, Catherine	60 WCM-38	51.10
2 Tyler, Christine	61 QSSSJ-38	51.11

**Women 60-64 100 LC Meter Breaststroke**

**Pacific:** 1:29.39 L 7/10/2018 **Bonnie M Bilich**  
**National:** 1:27.24 N 8/18/2016 **BETH ESTEL**

1 Taylor, Catherine	60 WCM-38	1:49.61
2 Tyler, Christine	61 QSSSJ-38	1:51.29
3 Adler, Felicia	61 WCM-38	2:03.92
4 Carroll, Leah	62 ALB-38	2:05.19

**Women 60-64 50 LC Meter Butterfly**

**Pacific:** 32.27 L 12/31/2012 **Laura B Val**  
**National:** 31.11 N 8/11/2019 **TRACI GRANGER**

1 Carroll, Leah	62 ALB-38	52.45
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**Women 60-64 100 LC Meter Butterfly**

**Pacific:** 1:12.06 L 12/31/2011 **Laura B Val**  
**National:** 1:12.06 N 8/4/2011 **LAURA VAL**

1 Carroll, Leah	62 ALB-38	1:54.19
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**Women 60-64 200 LC Meter IM**

**Pacific:** 2:47.99 L 7/12/2013 **Laura B Val**  
**National:** 2:47.99 N 7/14/2013 **LAURA VAL**

1 Matena, Jana	61 MELO-38	3:06.68
2 Nichelman, Sherri	63 WCM-38	3:33.44
3 Taylor, Catherine	60 WCM-38	3:35.07
4 Tyler, Christine	61 QSSSJ-38	3:46.50
5 Carroll, Leah	62 ALB-38	4:19.41
6 Focha, Teresa	62 ALB-38	4:33.92

**Women 65-69 50 LC Meter Freestyle**

**Pacific:** 29.17 L 7/29/2018 **Laura B Val**  
**National:** 29.10 N 8/3/2019 **PENNY NOYES**

1 Bracken, Judy	66 SRVM-38	35.53
2 Heim-Bowen, Suzanne	65 WCM-38	35.78
3 Jaffer, Johanna	67 ALMA-38	39.20
4 Christensen, Pamela	67 RAMS-38	41.81
5 Hickel, Jessie	65 EBAT-38	42.52
6 Pinto, Rebecca	68 MELO-38	43.68

**Women 65-69 100 LC Meter Freestyle**

**Pacific:** 1:04.89 L 7/30/2018 **Laura B Val**  
**National:** 1:04.89 N 7/30/2018 **LAURA VAL**

1 Heim-Bowen, Suzanne	65 WCM-38	1:18.03
2 Bracken, Judy	66 SRVM-38	1:18.86
3 Jaffer, Johanna	67 ALMA-38	1:24.73
4 Christensen, Pamela	67 RAMS-38	1:37.45
5 Pinto, Rebecca	68 MELO-38	1:40.15

**Women 65-69 200 LC Meter Freestyle**

**Pacific:** 2:25.29 L 8/18/2016 **Laura B Val**  
**National:** 2:25.29 N 8/18/2016 **LAURA VAL**

1 Heim-Bowen, Suzanne	65 WCM-38	2:42.67
2 Bracken, Judy	66 SRVM-38	2:56.39
3 Jaffer, Johanna	67 ALMA-38	3:06.28
4 Quinn, Phyllis	68 TOC-38	3:09.69
5 Hickel, Jessie	65 EBAT-38	3:24.39

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**(Women 65-69 200 LC Meter Freestyle)**

6	Pinto, Rebecca	68	MELO-38	3:35.79
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**Women 65-69 400 LC Meter Freestyle**

**Pacific:** 5:12.80 L 8/10/2019 Laura B Val

**National:** 5:12.80 N 8/10/2019 LAURA VAL

1	Heim-Bowen, Suzanne	65	WCM-38	5:33.76
2	Bracken, Judy	66	SRVM-38	6:14.23
3	Jaffer, Johanna	67	ALMA-38	6:26.85
4	Quinn, Phyllis	68	TOC-38	6:34.84
5	Hickel, Jessie	65	EBAT-38	7:01.88
6	Pinto, Rebecca	68	MELO-38	7:27.54
7	Thomas, Elaine	69	MVM-38	7:54.60

**Women 65-69 50 LC Meter Backstroke**

**Pacific:** 33.59 L 8/2/2018 Laura B Val

**National:** 33.59 N 8/2/2018 LAURA VAL

1	Heim-Bowen, Suzanne	65	WCM-38	39.90
2	Hickel, Jessie	65	EBAT-38	53.93
3	Christensen, Pamela	67	RAMS-38	56.52

**Women 65-69 100 LC Meter Backstroke**

**Pacific:** 1:14.49 L 7/31/2018 Laura B Val

**National:** 1:14.49 N 7/31/2018 LAURA VAL

1	Quinn, Phyllis	68	TOC-38	1:45.80
2	Hickel, Jessie	65	EBAT-38	1:52.36
3	Christensen, Pamela	67	RAMS-38	1:58.23

**Women 65-69 100 LC Meter Breaststroke**

**Pacific:** 1:40.69 L 12/31/2009 Daniela Barnea

**National:** 1:32.24 N 8/10/2019 LO KNAPP

1	Quinn, Phyllis	68	TOC-38	2:00.23
2	Hickel, Jessie	65	EBAT-38	2:01.26

**Women 65-69 50 LC Meter Butterfly**

**Pacific:** 33.34 L 7/11/2018 Laura B Val

**National:** 32.93 N 8/4/2019 PENNY NOYES

1	Pinto, Rebecca	68	MELO-38	49.67
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**Women 65-69 200 LC Meter IM**

**Pacific:** 2:54.16 L 7/24/2016 Laura B Val

**National:** 2:51.52 N 8/4/2019 PENNY NOYES

1	Quinn, Phyllis	68	TOC-38	3:39.11
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**Women 70-74 50 LC Meter Freestyle**

**Pacific:** 30.73 L 10/10/2021 Laura B Val

**National:** 30.73 N 10/9/2021 LAURA VAL

1	Dobisz, Elizabeth	70	QSSSJ-38	59.92
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**Women 70-74 100 LC Meter Freestyle**

**Pacific:** 1:06.90 L 10/9/2021 Laura B Val

**National:** 1:06.90 N 10/9/2021 LAURA VAL

1	Dobisz, Elizabeth	70	QSSSJ-38	2:09.90
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**Women 70-74 200 LC Meter Freestyle**

**Pacific:** 2:29.72 L 8/13/2022 Laura B Val

**National:** 2:29.72 N 8/14/2022 LAURA VAL

1	Guthrie, Sally	73	DAM-38	3:09.02
2	Zlotoff, Mara	71	QSSSJ-38	3:53.59

**Women 70-74 400 LC Meter Freestyle**

**Pacific:** 5:21.19 L 8/13/2022 Laura B Val

**National:** 5:21.19 N 8/13/2022 LAURA VAL

1	Guthrie, Sally	73	DAM-38	6:40.96
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**Women 70-74 50 LC Meter Backstroke**

**Pacific:** 34.65 L 10/10/2021 Laura B Val

**National:** 34.65 N 10/10/2021 LAURA VAL

1	Guthrie, Sally	73	DAM-38	48.09
2	Dobisz, Elizabeth	70	QSSSJ-38	1:08.62

**Women 70-74 100 LC Meter Backstroke**

**Pacific:** 1:17.26 L 7/31/2022 Laura B Val

**National:** 1:17.26 N 7/31/2022 LAURA VAL

1	Dobisz, Elizabeth	70	QSSSJ-38	2:34.26
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**Women 70-74 50 LC Meter Breaststroke**

**Pacific:** 45.45 L 10/10/2021 Charlotte M Davis

**National:** 43.19 N 8/3/2018 DANA BROWN

1	Zlotoff, Mara	71	QSSSJ-38	1:03.64
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**Women 70-74 100 LC Meter Breaststroke**

**Pacific:** 1:38.04 L 10/8/2021 Charlotte M Davis

**National:** 1:36.91 N 7/31/2021 CHARLOTTE DAVIS

1	Zlotoff, Mara	71	QSSSJ-38	2:17.54
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**Women 70-74 50 LC Meter Butterfly**

**Pacific:** 34.93 L 7/31/2022 LVal&LVal

**National:** 34.93 N 7/31/2022 LAURA VAL

1	Dobisz, Elizabeth	70	QSSSJ-38	1:10.25
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**Women 75-79 50 LC Meter Freestyle**

**Pacific:** 39.61 L 7/10/2018 Nancy J Ridout

**National:** 34.11 N 10/8/2021 DIANN UUSTAL

1	Shaps, Ruth	76	MAM-38	38.23L
2	Barnea, Daniela	79	MELO-38	45.35
3	Caso, Susie	77	MAM-38	48.17

**Women 75-79 100 LC Meter Freestyle**

**Pacific:** 1:33.25 L 12/31/1998 Margery Meyer

**National:** 1:17.38 N 10/9/2021 DIANN UUSTAL

1	Shaps, Ruth	76	MAM-38	1:27.08L
2	Caso, Susie	77	MAM-38	1:57.20

**Women 75-79 200 LC Meter Freestyle**

**Pacific:** 3:24.84 L 12/31/1998 Margery Meyer

**National:** 2:56.07 N 8/6/2022 DIANN UUSTAL

1	Shaps, Ruth	76	MAM-38	3:10.69L
2	Barnea, Daniela	79	MELO-38	4:10.09

**Women 75-79 400 LC Meter Freestyle**

**Pacific:** 7:16.82 L 12/31/1998 Margery Meyer

**National:** 6:27.04 N 8/21/2021 DIANN UUSTAL

1	Shaps, Ruth	76	MAM-38	6:37.57L
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**Women 75-79 50 LC Meter Backstroke**

**Pacific:** 49.98 L 12/31/1999 Margery Meyer

**National:** 40.08 N 10/9/2021 DIANN UUSTAL

1	Greer, Marcia	75	UC38	57.31
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## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**Women 75-79 100 LC Meter Backstroke**

Pacific: 1:55.08 L 12/31/2008 Ann M Hirsch

National: 1:28.67 N 10/10/2021 DIANN UUSTAL

1 Shaps, Ruth 76 MAM-38 1:45.85L

**Women 75-79 50 LC Meter Breaststroke**

Pacific: 47.25 L 7/21/2019 Daniela Barnea

National: 47.10 N 7/19/2014 JOANN LEILICH

1 Barnea, Daniela 79 MELO-38 53.19

2 Caso, Susie 77 MAM-38 1:01.83

**Women 75-79 100 LC Meter Breaststroke**

Pacific: 1:44.40 L 7/20/2019 Daniela Barnea

National: 1:42.18 N 8/15/2014 JOANN LEILICH

1 Barnea, Daniela 79 MELO-38 1:56.28

2 Caso, Susie 77 MAM-38 2:17.27

**Women 75-79 100 LC Meter Butterfly**

Pacific: 1:50.84 L 7/20/2019 Daniela Barnea

National: 1:50.84 N 7/20/2019 DANIELA BARNEA

1 Barnea, Daniela 79 MELO-38 1:57.25

**Women 75-79 200 LC Meter IM**

Pacific: 3:38.23 L 7/21/2019 Daniela Barnea

National: 3:38.23 N 7/21/2019 DANIELA BARNEA

1 Barnea, Daniela 79 MELO-38 3:59.52

**Women 80-84 50 LC Meter Freestyle**

Pacific: 42.29 L 12/31/2002 Margery Meyer

National: 38.64 N 3/7/2009 GAIL ROPER

1 Mc Partland, Peg 81 MAM-38 53.65

2 Stretch, Nancy 83 TOC-38 58.27

**Women 80-84 100 LC Meter Freestyle**

Pacific: 1:37.78 L 12/31/2002 Margery Meyer

National: 1:27.55 N 3/7/2009 GAIL ROPER

1 Mc Partland, Peg 81 MAM-38 1:59.72

**Women 80-84 50 LC Meter Backstroke**

Pacific: 49.40 L 8/18/2002 Margery Meyer

National: 46.39 N 3/29/2002 BUNNY CEDERLUND

1 Mc Partland, Peg 81 MAM-38 57.73

2 Stretch, Nancy 83 TOC-38 1:09.17

**Women 80-84 100 LC Meter Backstroke**

Pacific: 2:01.67 L 12/31/1999 Marjorie Sharpe

National: 1:47.29 N 8/7/2009 BETTY LORENZI

1 Mc Partland, Peg 81 MAM-38 2:07.34

**Women 80-84 50 LC Meter Breaststroke**

Pacific: 53.40 L 12/31/2011 Ann M Hirsch

National: 51.37 N 8/11/2018 ANNE WILLIAMS

1 Stretch, Nancy 83 TOC-38 1:12.50

**Women 80-84 50 LC Meter Butterfly**

Pacific: 57.63 L 12/31/2012 Ann M Hirsch

National: 47.37 N 3/7/2009 GAIL ROPER

1 Stretch, Nancy 83 TOC-38 1:10.43

**Women 80-84 200 LC Meter IM**

Pacific: 4:18.27 L 12/31/2011 Ann M Hirsch

National: 4:05.75 N 5/27/2023 JOY WARD

1 Stretch, Nancy 83 TOC-38 5:05.92

**Women 85-89 50 LC Meter Freestyle**

Pacific: 46.72 L 12/31/2009 Margery Meyer

National: 44.97 N 7/15/2012 JEAN TROY

1 Tegner, Thyra 88 ALMA-38 1:04.18

**Women 85-89 100 LC Meter Freestyle**

Pacific: 1:48.02 L 12/31/2007 Margery Meyer

National: 1:43.68 N 6/9/2012 JEAN TROY

1 Tegner, Thyra 88 ALMA-38 2:33.20

**Women 85-89 50 LC Meter Backstroke**

Pacific: 58.34 L 12/31/2008 Margery Meyer

National: 51.81 N 7/7/2012 BETTY LORENZI

1 Tegner, Thyra 88 ALMA-38 1:33.87

**Women 85-89 100 LC Meter Backstroke**

Pacific: 2:15.50 L 12/31/2002 Marjorie Sharpe

National: 1:53.28 N 3/10/2012 BETTY LORENZI

--- Tegner, Thyra 88 ALMA-38 DQ

**Men 18-24 50 LC Meter Freestyle**

Pacific: 23.62 L 8/3/2017 Alex Ngan

National: 21.78 N 7/1/2012 JOSH SCHNEIDER

1 Robles, Cesar 22 MEMO-38 28.86

2 Erlandson, Curtis 23 ALMA-38 29.35

3 Zhang, Frederick 24 GOOG-38 32.34

**Men 18-24 100 LC Meter Freestyle**

Pacific: 53.35 L 8/7/2013 Kevin Ferguson

National: 48.45 N 6/16/2021 COLEMAN STEWART

1 Zhang, Frederick 24 GOOG-38 1:13.31

**Men 18-24 50 LC Meter Breaststroke**

Pacific: 30.60 L 12/31/2008 Rick Eddy

National: 28.87 N 8/15/2005 DAVE ROLLINS

1 Robles, Cesar 22 MEMO-38 33.10

2 Zhang, Frederick 24 GOOG-38 36.61

3 Erlandson, Curtis 23 ALMA-38 40.07

**Men 18-24 100 LC Meter Breaststroke**

Pacific: 1:03.35 L 12/31/2012 BJ Johnson

National: 1:00.68 N 8/25/2016 JACOB MONTAGUE

1 Robles, Cesar 22 MEMO-38 1:17.10

2 Zhang, Frederick 24 GOOG-38 1:22.84

**Men 18-24 50 LC Meter Butterfly**

Pacific: 24.20 L 8/10/2014 Thomas A Shields

National: 24.20 N 8/8/2014 THOMAS SHIELDS

1 Zhang, Frederick 24 GOOG-38 35.40

**Men 25-29 50 LC Meter Freestyle**

Pacific: 21.69 L 8/10/2014 Nathan Adrian

National: 21.69 N 8/10/2014 NATHAN ADRIAN

1 Frye, Thomas 25 EBAT-38 26.33

2 Selfridge, Zach 29 UC38 26.56

3 Chen, Richard 28 UC38 26.78

4 Calleja-Harris, Skylar 27 QSSSJ-38 26.94

5 Shao, Andrew 27 GOOG-38 27.59

6 Mueller, Eric 29 UC38 28.44

7 Bethel, Kyle 27 QSSSJ-38 33.15

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**Men 25-29 100 LC Meter Freestyle**

<b>Pacific:</b>	<b>47.96</b>	<b>L 7/1/2017</b>	<b>Nathan Adrian</b>
<b>National:</b>	<b>47.96</b>	<b>N 6/27/2017</b>	<b>NATHAN ADRIAN</b>
1	Bondarenko, Nikita	28 WH20-33	54.53
2	Zyla, Michal	27 QSSSJ-38	54.57
3	Selfridge, Zach	29 UC38	58.63
4	Chen, Richard	28 UC38	1:00.97
5	Bethel, Kyle	27 QSSSJ-38	1:20.74

**Men 25-29 200 LC Meter Freestyle**

<b>Pacific:</b>	<b>1:50.69</b>	<b>L 6/25/2013</b>	<b>Alex Wold</b>
<b>National:</b>	<b>1:50.69</b>	<b>N 6/26/2013</b>	<b>ALEX WOLD</b>
1	Selfridge, Zach	29 UC38	2:09.10

**Men 25-29 400 LC Meter Freestyle**

<b>Pacific:</b>	<b>3:55.01</b>	<b>L 6/28/2013</b>	<b>Alex Wold</b>
<b>National:</b>	<b>3:55.01</b>	<b>N 6/28/2013</b>	<b>ALEX WOLD</b>
1	Bondarenko, Nikita	28 WH20-33	4:25.37
2	Selfridge, Zach	29 UC38	4:39.68

**Men 25-29 50 LC Meter Backstroke**

<b>Pacific:</b>	<b>27.34</b>	<b>L 4/24/2017</b>	<b>Andrew Saeta</b>
<b>National:</b>	<b>26.05</b>	<b>N 5/22/2011</b>	<b>ADAM MANIA</b>
1	Frye, Thomas	25 EBAT-38	32.72
2	Calleja-Harris, Skylar	27 QSSSJ-38	33.16
3	Shao, Andrew	27 GOOG-38	37.01
4	Bethel, Kyle	27 QSSSJ-38	47.69

**Men 25-29 100 LC Meter Backstroke**

<b>Pacific:</b>	<b>1:00.02</b>	<b>L 8/20/2016</b>	<b>Benjamin S Hinsha</b>
<b>National:</b>	<b>55.15</b>	<b>N 8/3/2011</b>	<b>ADAM MANIA</b>
1	Zyla, Michal	27 QSSSJ-38	1:04.83
2	Shao, Andrew	27 GOOG-38	1:22.42

**Men 25-29 50 LC Meter Breaststroke**

<b>Pacific:</b>	<b>28.70</b>	<b>L 4/26/2017</b>	<b>Colin B Babcock</b>
<b>National:</b>	<b>27.83</b>	<b>N 8/13/2022</b>	<b>PAVEL ROMANOV</b>
1	Shao, Andrew	27 GOOG-38	36.57

**Men 25-29 100 LC Meter Breaststroke**

<b>Pacific:</b>	<b>1:00.68</b>	<b>L 6/25/2013</b>	<b>BJ Johnson</b>
<b>National:</b>	<b>1:00.68</b>	<b>N 6/28/2013</b>	<b>BJ JOHNSON</b>
1	Shao, Andrew	27 GOOG-38	1:17.52
2	Mueller, Eric	29 UC38	1:23.02

**Men 25-29 50 LC Meter Butterfly**

<b>Pacific:</b>	<b>23.90</b>	<b>L 7/1/2017</b>	<b>Thomas A Shields</b>
<b>National:</b>	<b>23.71</b>	<b>N 8/16/2008</b>	<b>KOHEI KAWAMOTO</b>
1	Bondarenko, Nikita	28 WH20-33	26.77
2	Calleja-Harris, Skylar	27 QSSSJ-38	29.29
3	Mueller, Eric	29 UC38	30.06
4	Chen, Richard	28 UC38	30.24
5	Shao, Andrew	27 GOOG-38	34.74

**Men 25-29 100 LC Meter Butterfly**

<b>Pacific:</b>	<b>51.20</b>	<b>L 7/2/2016</b>	<b>Thomas A Shields</b>
<b>National:</b>	<b>51.20</b>	<b>N 7/2/2016</b>	<b>THOMAS SHIELDS</b>
1	Bondarenko, Nikita	28 WH20-33	1:00.34
2	Zyla, Michal	27 QSSSJ-38	1:01.49

**Men 25-29 200 LC Meter IM**

<b>Pacific:</b>	<b>2:07.67</b>	<b>L 4/22/2017</b>	<b>Colin B Babcock</b>
<b>National:</b>	<b>2:04.40</b>	<b>N 7/14/2013</b>	<b>ADAM RITTER</b>
1	Zyla, Michal	27 QSSSJ-38	2:24.87

**Men 30-34 50 LC Meter Freestyle**

<b>Pacific:</b>	<b>21.55</b>	<b>L 8/10/2014</b>	<b>Anthony L Ervin</b>
<b>National:</b>	<b>21.55</b>	<b>N 8/10/2014</b>	<b>ANTHONY ERVIN</b>
1	Lavado, Marcos	32 WCM-38	24.08
2	Greer, George	33 EBAT-38	25.76
3	McKinnon, Aaron	33 QSSSJ-38	26.69
4	Keshmiri, Armon	30 UC38	26.93
5	Dorn, Kevin	30 UC38	27.46
6	Tomlinson, Bill	30 UC38	29.04
7	Gu, Yue Shen	30 WCM-38	30.09
8	Skarzynske, Michael	34 MVM-38	31.66

**Men 30-34 100 LC Meter Freestyle**

<b>Pacific:</b>	<b>48.71</b>	<b>L 8/6/2014</b>	<b>Anthony L Ervin</b>
<b>National:</b>	<b>48.71</b>	<b>N 8/6/2014</b>	<b>ANTHONY ERVIN</b>
1	Lavado, Marcos	32 WCM-38	53.11
2	McKinnon, Aaron	33 QSSSJ-38	1:00.19
3	Keshmiri, Armon	30 UC38	1:00.47
4	Calhoun, Jack	34 CRUZ-38	1:02.35
5	Dorn, Kevin	30 UC38	1:05.33

**Men 30-34 200 LC Meter Freestyle**

<b>Pacific:</b>	<b>1:56.57</b>	<b>L 6/25/2022</b>	<b>Marcos Lavado</b>
<b>National:</b>	<b>1:49.34</b>	<b>N 8/7/2014</b>	<b>DARIAN TOWNSEND</b>
1	Calhoun, Jack	34 CRUZ-38	2:16.98
2	Keshmiri, Armon	30 UC38	2:20.25
3	Christenson, Joel	32 EBAT-38	2:22.03
4	Dorn, Kevin	30 UC38	2:35.44
5	Tomlinson, Bill	30 UC38	2:38.97
6	Thomas, Michael	31 MVM-38	2:45.68

**Men 30-34 400 LC Meter Freestyle**

<b>Pacific:</b>	<b>4:13.54</b>	<b>L 12/31/1993</b>	<b>Tom Fristoe</b>
<b>National:</b>	<b>3:58.12</b>	<b>N 7/23/2016</b>	<b>DARIAN TOWNSEND</b>
1	Greer, George	33 EBAT-38	4:48.62
2	Calhoun, Jack	34 CRUZ-38	4:56.83
3	Graham, Derrick	32 SBM-33	5:13.04
4	Christenson, Joel	32 EBAT-38	5:14.22
5	Tomlinson, Bill	30 UC38	5:49.88
6	Thomas, Michael	31 MVM-38	5:56.40

**Men 30-34 50 LC Meter Backstroke**

<b>Pacific:</b>	<b>27.26</b>	<b>L 12/31/1994</b>	<b>Sean Murphy</b>
<b>National:</b>	<b>24.67</b>	<b>N 6/29/2017</b>	<b>MATT GREVERS</b>
1	Green, Zachary	34 WH20-33	38.16
2	Gu, Yue Shen	30 WCM-38	42.59

**Men 30-34 50 LC Meter Breaststroke**

<b>Pacific:</b>	<b>27.26</b>	<b>L 6/15/2019</b>	<b>Brandon J Fischer</b>
<b>National:</b>	<b>27.26</b>	<b>N 6/15/2019</b>	<b>BRANDON FISCHER</b>
1	Lavado, Marcos	32 WCM-38	31.37
2	Dorn, Kevin	30 UC38	36.97
3	Gu, Yue Shen	30 WCM-38	40.81



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**Men 30-34 100 LC Meter Breaststroke**

**Pacific:** 59.86 L 6/15/2019 **Brandon J Fischer**  
**National:** 59.86 N 6/13/2019 **BRANDON FISCHER**

1	Lavado, Marcos	32	WCM-38	1:11.32
2	Skarzynske, Michael	34	MVM-38	1:34.48
3	Gu, Yue Shen	30	WCM-38	1:47.20

**Men 30-34 50 LC Meter Butterfly**

**Pacific:** 25.31 L 7/13/1988 **Mike Bottom**  
**National:** 23.26 N 7/13/2013 **ROLAND SCHOEMAN**

1	Lavado, Marcos	32	WCM-38	26.58
2	Thomas, Michael	31	MVM-38	32.07
3	Gu, Yue Shen	30	WCM-38	34.68

**Men 30-34 100 LC Meter Butterfly**

**Pacific:** 55.49 L 7/6/2008 **Erik L Scalise**  
**National:** 53.36 N 8/8/2014 **DARIAN TOWNSEND**

1	Lavado, Marcos	32	WCM-38	56.86
2	Keshmiri, Armon	30	UC38	1:07.46
3	Dorn, Kevin	30	UC38	1:11.77
4	Graham, Derrick	32	SBM-33	1:14.96
5	Calhoun, Jack	34	CRUZ-38	1:18.00
6	Thomas, Michael	31	MVM-38	1:19.89
7	Gu, Yue Shen	30	WCM-38	1:27.46

**Men 30-34 200 LC Meter IM**

**Pacific:** 2:07.47 L 7/6/2008 **Erik L Scalise**  
**National:** 1:59.24 N 8/6/2017 **RYAN LOCHTE**

1	Thomas, Michael	31	MVM-38	3:01.57
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**Men 35-39 50 LC Meter Freestyle**

**Pacific:** 23.95 L 8/7/2013 **Mike Pyle**  
**National:** 22.98 N 6/19/2021 **MATT GREVERS**

1	Zhang, Chi	35	STAN-38	26.69
2	Chua, Brendan	38	RPM-38	31.65

**Men 35-39 100 LC Meter Freestyle**

**Pacific:** 53.51 L 6/30/2017 **Tamas Kerekjarto**  
**National:** 51.45 N 10/9/2021 **ADAM RITTER**

1	Frink, Stephen	38	RPM-38	59.04
2	Zhang, Chi	35	STAN-38	1:00.37
3	Law, David	38	MAM-38	1:04.90
4	Cirone, Nicholas	35	UC38	1:17.68

**Men 35-39 200 LC Meter Freestyle**

**Pacific:** 1:59.43 L 7/9/2018 **Tamas Kerekjarto**  
**National:** 1:49.23 N 6/14/2021 **RYAN LOCHTE**

1	Zhang, Chi	35	STAN-38	2:13.59
2	Chua, Brendan	38	RPM-38	2:47.34

**Men 35-39 400 LC Meter Freestyle**

**Pacific:** 4:16.20 L 12/31/2000 **Dan Veatch**  
**National:** 4:07.64 N 7/16/1995 **ROWDY GAINES**

1	Zhang, Chi	35	STAN-38	4:50.39
2	Frink, Stephen	38	RPM-38	4:56.08
3	Law, David	38	MAM-38	5:29.42
4	Chua, Brendan	38	RPM-38	6:18.44
5	Cirone, Nicholas	35	UC38	6:25.51

**Men 35-39 50 LC Meter Backstroke**

**Pacific:** 27.68 L 12/31/2006 **Rick Gould**  
**National:** 26.54 N 8/10/2019 **JEFF NATALIZIO**

1	Chua, Brendan	38	RPM-38	38.70
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**Men 35-39 50 LC Meter Breaststroke**

**Pacific:** 30.47 L 12/31/1998 **David Lundberg**  
**National:** 28.53 N 5/25/2009 **JEFF COMMINGS**

1	Zhang, Chi	35	STAN-38	34.62
2	Chua, Brendan	38	RPM-38	41.89

**Men 35-39 100 LC Meter Breaststroke**

**Pacific:** 1:07.52 L 12/31/1998 **David Lundberg**  
**National:** 1:03.76 N 7/14/2013 **JEFF COMMINGS**

1	Law, David	38	MAM-38	1:27.60
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**Men 35-39 50 LC Meter Butterfly**

**Pacific:** 25.77 L 6/29/2014 **Adam M Conway**  
**National:** 24.14 N 8/15/2015 **KOHEI KAWAMOTO**

1	Frink, Stephen	38	RPM-38	30.72
2	Chua, Brendan	38	RPM-38	35.34

**Men 35-39 100 LC Meter Butterfly**

**Pacific:** 56.21 L 7/15/2017 **Tamas Kerekjarto**  
**National:** 53.65 N 8/2/2018 **KOHEI KAWAMOTO**

1	Frink, Stephen	38	RPM-38	1:11.38
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**Men 35-39 200 LC Meter IM**

**Pacific:** 2:14.87 L 12/31/2009 **Derek Guffey**  
**National:** 1:58.48 N 6/17/2021 **RYAN LOCHTE**

1	Zhang, Chi	35	STAN-38	2:34.18
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**Men 40-44 50 LC Meter Freestyle**

**Pacific:** 24.14 L 12/31/2003 **David E Boatwright**  
**National:** 22.61 N 6/19/2021 **ANTHONY ERVIN**

1	Phipps, Benjamin	44	UC38	26.46
2	Salles-Cunha, Lucas	43	QSSSJ-38	27.59
3	Wans, David	43	SCSC-38	29.90
4	Baristiran, Omer	44	UC38	29.94
5	Song, Jimmy	40	MEMO-38	39.54

**Men 40-44 100 LC Meter Freestyle**

**Pacific:** 54.26 L 12/31/2003 **David E Boatwright**  
**National:** 51.72 N 8/1/2010 **VLAD PYSHNENKO**

1	Salles-Cunha, Lucas	43	QSSSJ-38	1:00.75
2	Phipps, Benjamin	44	UC38	1:01.46
3	Baristiran, Omer	44	UC38	1:05.00
4	Wans, David	43	SCSC-38	1:07.63

**Men 40-44 200 LC Meter Freestyle**

**Pacific:** 2:01.15 L 12/31/2003 **David E Boatwright**  
**National:** 1:53.65 N 8/2/2010 **VLAD PYSHNENKO**

1	Baristiran, Omer	44	UC38	2:29.67
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**Men 40-44 400 LC Meter Freestyle**

**Pacific:** 4:16.50 L 12/31/2010 **Alex Kostich**  
**National:** 4:06.74 N 7/24/2009 **ERIK HOCHSTEIN**

1	Baristiran, Omer	44	UC38	5:32.70
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**Men 40-44 50 LC Meter Backstroke**

**Pacific:** 28.59 L 12/31/2006 Sean Murphy  
**National:** 27.47 N 8/23/2008 MICHAEL ROSS

1 Wans, David 43 SCSC-38 38.83

**Men 40-44 100 LC Meter Backstroke**

**Pacific:** 1:00.95 L 12/31/2006 Sean Murphy  
**National:** 59.08 N 8/7/2009 MICHAEL ROSS

1 Wans, David 43 SCSC-38 1:27.26

2 Song, Jimmy 40 MEMO-38 1:36.15

**Men 40-44 50 LC Meter Breaststroke**

**Pacific:** 30.78 L 12/31/2009 Jonathan T Manson  
**National:** 29.02 N 7/27/2014 JEFF COMMINGS

1 Song, Jimmy 40 MEMO-38 39.37

**Men 40-44 100 LC Meter Breaststroke**

**Pacific:** 1:11.27 L 12/31/1997 Spencer Eldred  
**National:** 1:03.76 N 7/6/2012 STEVE WEST

1 Song, Jimmy 40 MEMO-38 1:26.73

**Men 40-44 100 LC Meter Butterfly**

**Pacific:** 1:00.72 L 12/31/2005 Roger Brisbane  
**National:** 56.43 N 8/23/2008 MICHAEL ROSS

1 Phipps, Benjamin 44 UC38 1:06.93

2 Salles-Cunha, Lucas 43 QSSSJ-38 1:10.42

**Men 40-44 200 LC Meter IM**

**Pacific:** 2:19.31 L 12/31/2006 Stephen M Smith  
**National:** 2:08.63 N 5/27/2023 MARKUS ROGAN

1 Phipps, Benjamin 44 UC38 2:42.64

**Men 45-49 50 LC Meter Freestyle**

**Pacific:** 24.69 L 8/7/2013 Greg Tull  
**National:** 24.12 N 6/23/2018 BRIAN JACOBSON

1 Wolberg, Jay 47 WCM-38 26.72

2 Mustiazza, Oleg 45 GOOG-38 33.57

3 Wong, Kevin 45 QSSSJ-38 46.22

**Men 45-49 100 LC Meter Freestyle**

**Pacific:** 54.83 L 12/31/2006 David E Boatwright  
**National:** 53.77 N 8/7/2016 NICOLAS GRANGER

1 Mustiazza, Oleg 45 GOOG-38 1:18.80

**Men 45-49 50 LC Meter Backstroke**

**Pacific:** 29.22 L 12/31/2008 John Ends  
**National:** 28.01 N 8/6/2022 CHUCK BARNES

1 Wolberg, Jay 47 WCM-38 31.51

**Men 45-49 50 LC Meter Breaststroke**

**Pacific:** 32.48 L 12/31/1994 Robert Strand  
**National:** 29.29 N 8/13/2022 JEFF COMMINGS

1 Wong, Kevin 45 QSSSJ-38 53.74

**Men 45-49 50 LC Meter Butterfly**

**Pacific:** 26.40 L 8/7/2013 Greg Tull  
**National:** 25.24 N 10/10/2021 CHUCK BARNES

1 Wolberg, Jay 47 WCM-38 28.54

2 Matsumura, Naoki 46 SCSC-38 30.05

**Men 45-49 100 LC Meter Butterfly**

**Pacific:** 59.64 L 12/31/2008 John A Engs  
**National:** 56.42 N 8/4/2002 PAUL CARTER

1 Matsumura, Naoki 46 SCSC-38 1:11.38

**Men 50-54 50 LC Meter Freestyle**

**Pacific:** 25.57 L 12/31/2008 Paul V Carter  
**National:** 24.58 N 8/9/2009 ROWDY GAINES

1 Wehmann, Todd 51 MEMO-38 30.16

2 Wright, Eric 50 CALGM-38 30.76

3 Rosales-Delmoral, Romer 50 MELO-38 32.13

4 Lehnert, Ahren 50 MEMO-38 33.83

**Men 50-54 100 LC Meter Freestyle**

**Pacific:** 55.93 L 12/31/2012 David E Boatwright  
**National:** 54.18 N 8/4/2017 NICOLAS GRANGER

1 Wright, Eric 50 CALGM-38 1:08.04

2 Rosales-Delmoral, Romer 50 MELO-38 1:08.66

3 Lehnert, Ahren 50 MEMO-38 1:14.80

**Men 50-54 200 LC Meter Freestyle**

**Pacific:** 2:05.68 L 7/12/2013 Darren D Phalen  
**National:** 2:00.34 N 8/13/2007 DAN STEPHENSON

1 Rosales-Delmoral, Romer 50 MELO-38 2:25.90

2 Wright, Eric 50 CALGM-38 2:26.72

3 Hertzler, Keith 50 MEMO-38 2:45.10

4 Lehnert, Ahren 50 MEMO-38 2:45.98

**Men 50-54 400 LC Meter Freestyle**

**Pacific:** 4:24.57 L 8/7/2013 Darren D Phalen  
**National:** 4:15.93 N 8/4/2017 NICOLAS GRANGER

1 Wright, Eric 50 CALGM-38 5:13.26

2 Wehmann, Todd 51 MEMO-38 5:28.12

3 Lehnert, Ahren 50 MEMO-38 5:52.54

**Men 50-54 50 LC Meter Backstroke**

**Pacific:** 28.58 L 7/10/2018 Rick Gould  
**National:** 28.58 N 7/14/2018 RICK GOULD

1 Wehmann, Todd 51 MEMO-38 38.59

2 Rosales-Delmoral, Romer 50 MELO-38 41.31

**Men 50-54 100 LC Meter Backstroke**

**Pacific:** 1:02.17 L 7/11/2018 Rick Gould  
**National:** 1:01.57 N 8/6/2017 NICOLAS GRANGER

1 Rosales-Delmoral, Romer 50 MELO-38 1:27.04

**Men 50-54 50 LC Meter Breaststroke**

**Pacific:** 30.97 L 12/31/2009 Gary L Patterson  
**National:** 29.90 N 4/2/2022 STEVE WEST

1 Hertzler, Keith 50 MEMO-38 42.39

2 Lehnert, Ahren 50 MEMO-38 44.86

**Men 50-54 100 LC Meter Breaststroke**

**Pacific:** 1:09.36 L 12/31/2009 Gary L Patterson  
**National:** 1:06.12 N 7/10/2022 STEVE WEST

1 Hertzler, Keith 50 MEMO-38 1:31.97

2 Lehnert, Ahren 50 MEMO-38 1:41.90

**Men 50-54 50 LC Meter Butterfly**

**Pacific:** 25.88 L 12/31/2008 Paul V Carter  
**National:** 25.88 N 8/16/2008 PAUL CARTER

1 Hertzler, Keith 50 MEMO-38 39.52

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**Men 50-54 100 LC Meter Butterfly**

Pacific: 57.23 L 12/31/2008 Paul V Carter

National: 57.23 N 8/15/2008 PAUL CARTER

1 Hertzler, Keith 50 MEMO-38 1:31.78

**Men 50-54 200 LC Meter IM**

Pacific: 2:19.45 L 8/7/2013 Darren D Phalen

National: 2:11.15 N 8/6/2017 NICOLAS GRANGER

1 Hertzler, Keith 50 MEMO-38 3:12.81

**Men 55-59 100 LC Meter Freestyle**

Pacific: 56.96 L 7/16/2017 David E Boatwright

National: 56.07 N 7/10/2015 STEVE WOOD

1 Fishman, Harvey 55 MELO-38 1:15.28

**Men 55-59 400 LC Meter Freestyle**

Pacific: 4:28.78 L 8/5/2022 Barton S Wells

National: 4:22.49 N 7/25/2009 MICHAEL MANN

1 Wells, Barton 56 UC38 4:25.51

2 Chao, Hector 59 WCM-38 5:20.78

3 Goode, John 56 GOOG-38 5:28.09

**Men 55-59 50 LC Meter Backstroke**

Pacific: 31.18 L 7/10/2018 Jean-Philippe M R

National: 29.03 N 8/20/2016 STEVE WOOD

1 Chao, Hector 59 WCM-38 34.61

**Men 55-59 100 LC Meter Backstroke**

Pacific: 1:08.10 L 7/31/2022 Rick Hamilton

National: 1:03.50 N 6/21/2015 STEVE WOOD

1 Chao, Hector 59 WCM-38 1:16.21

2 Fishman, Harvey 55 MELO-38 1:22.47

3 Goode, John 56 GOOG-38 1:29.95

**Men 55-59 50 LC Meter Breaststroke**

Pacific: 32.30 L 7/31/2022 Paul G Kraaijvang

National: 30.56 N 8/6/2017 DAVID GUTHRIE

1 Goode, John 56 GOOG-38 39.54

2 Chao, Hector 59 WCM-38 40.30

**Men 55-59 100 LC Meter Breaststroke**

Pacific: 1:13.13 L 7/30/2022 Paul G Kraaijvang

National: 1:07.97 N 7/31/2015 DAVID GUTHRIE

1 Goode, John 56 GOOG-38 1:32.31

**Men 55-59 50 LC Meter Butterfly**

Pacific: 27.31 L 12/31/2012 Paul V Carter

National: 26.56 N 10/10/2021 STEVE HILTABIDDLE

1 Gibson, Ben 55 ALMA-38 29.42

2 Chao, Hector 59 WCM-38 31.69

3 Fishman, Harvey 55 MELO-38 32.85

**Men 55-59 100 LC Meter Butterfly**

Pacific: 1:00.56 L 12/31/2012 Paul V Carter

National: 1:00.56 N 8/11/2012 PAUL CARTER

1 Gibson, Ben 55 ALMA-38 1:08.05

2 Goode, John 56 GOOG-38 1:36.76

**Men 55-59 200 LC Meter IM**

Pacific: 2:27.18 L 12/31/2012 Paul V Carter

National: 2:20.67 N 2/22/2020 JEROME FRENTSOS

1 Chao, Hector 59 WCM-38 2:49.67

2 Goode, John 56 GOOG-38 3:09.32

**Men 60-64 50 LC Meter Freestyle**

Pacific: 26.70 L 4/25/2021 David E Boatwright

National: 25.23 N 8/10/2006 RICHARD ABRAHAMAS

1 Keighley, Tim 62 QSSSJ-38 30.38

2 Deming, James 64 LGSR-38 32.45

3 Miller, Tim 60 STAN-38 36.96

**Men 60-64 100 LC Meter Freestyle**

Pacific: 58.98 L 6/13/2021 David E Boatwright

National: 57.79 N 6/14/2014 JACK GROSELLE

1 Deming, James 64 LGSR-38 1:09.88

**Men 60-64 200 LC Meter Freestyle**

Pacific: 2:13.12 L 5/23/2021 David E Boatwright

National: 2:07.68 N 8/6/2017 DAN STEPHENSON

1 Deming, James 64 LGSR-38 2:32.14

2 Miller, Tim 60 STAN-38 3:06.22

**Men 60-64 400 LC Meter Freestyle**

Pacific: 4:45.66 L 8/1/2021 David E Boatwright

National: 4:36.85 N 8/4/2017 DAN STEPHENSON

1 Tainty, Chris 63 CRUZ-38 5:14.81

2 Deming, James 64 LGSR-38 5:17.06

**Men 60-64 50 LC Meter Backstroke**

Pacific: 32.11 L 12/31/2003 Richard Burns

National: 30.59 N 8/10/2019 JAMIE FOWLER

1 Keighley, Tim 62 QSSSJ-38 36.20

**Men 60-64 100 LC Meter Backstroke**

Pacific: 1:11.48 L 8/7/2013 Fred Ferroggiaro

National: 1:06.08 N 8/11/2019 JAMIE FOWLER

1 Tainty, Chris 63 CRUZ-38 1:16.94

**Men 60-64 50 LC Meter Breaststroke**

Pacific: 33.41 L 12/31/2008 Robert Strand

National: 31.95 N 8/7/2022 DAVID GUTHRIE

1 Keighley, Tim 62 QSSSJ-38 39.86

2 Ewing, Jack 63 USF-38 40.64

**Men 60-64 100 LC Meter Breaststroke**

Pacific: 1:15.42 L 12/31/2008 Robert Strand

National: 1:11.64 N 8/5/2022 DAVID GUTHRIE

1 Miller, Tim 60 STAN-38 1:23.57

2 Ewing, Jack 63 USF-38 1:37.58

**Men 60-64 50 LC Meter Butterfly**

Pacific: 28.37 L 8/3/2017 Paul V Carter

National: 27.85 N 8/6/2017 TRIP HEDRICK

1 Keighley, Tim 62 QSSSJ-38 31.45

**Men 60-64 100 LC Meter Butterfly**

Pacific: 1:09.11 L 12/31/2006 James R DeLacy

National: 1:03.03 N 8/15/2005 RICHARD ABRAHAMAS

1 Tainty, Chris 63 CRUZ-38 1:16.36

**Men 60-64 200 LC Meter IM**

Pacific: 2:32.63 L 12/31/2011 Tim Broderick

National: 2:21.99 N 8/17/2014 RICK COLELLA

1 Tainty, Chris 63 CRUZ-38 2:51.39

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**Men 65-69 50 LC Meter Freestyle**

<b>Pacific:</b>	27.38 L 7/23/2016	<b>Tate Holt</b>
<b>National:</b>	26.21 N 7/6/2018	<b>DOUG MARTIN</b>
1	Cutting, Steve	66 MAM-38 30.75
2	Peters, Kevin	66 WCM-38 35.15
3	Anderson, Bob	68 MELO-38 37.96
4	Pinto, Harlan	66 MELO-38 39.78

**Men 65-69 100 LC Meter Freestyle**

<b>Pacific:</b>	1:01.69 L 7/24/2016	<b>Tate Holt</b>
<b>National:</b>	59.49 N 8/9/2019	<b>JACK GROSELLE</b>
1	Cutting, Steve	66 MAM-38 1:08.01
2	Citron, Jeffrey	68 MEMO-38 1:16.81
3	Fouts, Kurt	65 CRUZ-38 1:18.18
4	Anderson, Bob	68 MELO-38 1:23.57
5	Pinto, Harlan	66 MELO-38 1:31.71

**Men 65-69 200 LC Meter Freestyle**

<b>Pacific:</b>	2:18.51 L 7/24/2016	<b>Tim Broderick</b>
<b>National:</b>	2:09.39 N 8/6/2017	<b>RICK COLELLA</b>
1	Kemler, David	65 WCM-38 2:42.31
2	Citron, Jeffrey	68 MEMO-38 2:48.02

**Men 65-69 400 LC Meter Freestyle**

<b>Pacific:</b>	5:06.67 L 6/29/2014	<b>Joel R Wilson</b>
<b>National:</b>	4:37.70 N 8/4/2017	<b>RICK COLELLA</b>
1	Kemler, David	65 WCM-38 5:44.41
2	Citron, Jeffrey	68 MEMO-38 6:05.01

**Men 65-69 50 LC Meter Backstroke**

<b>Pacific:</b>	30.95 L 12/31/2012	<b>Hugh Wilder</b>
<b>National:</b>	30.95 N 7/12/2012	<b>HUGH WILDER</b>
1	Cutting, Steve	66 MAM-38 36.54
2	Pinto, Harlan	66 MELO-38 53.34
3	Fouts, Kurt	65 CRUZ-38 54.25

**Men 65-69 100 LC Meter Backstroke**

<b>Pacific:</b>	1:09.79 L 12/31/2012	<b>Hugh Wilder</b>
<b>National:</b>	1:09.79 N 7/8/2012	<b>HUGH WILDER</b>
1	Cutting, Steve	66 MAM-38 1:18.92
2	Citron, Jeffrey	68 MEMO-38 1:31.63
3	Fouts, Kurt	65 CRUZ-38 1:42.10

**Men 65-69 50 LC Meter Breaststroke**

<b>Pacific:</b>	35.00 L 12/31/2009	<b>Kenneth A Frost</b>
<b>National:</b>	33.30 N 8/19/2016	<b>RICK COLELLA</b>
1	Anderson, Bob	68 MELO-38 44.83
2	Pinto, Harlan	66 MELO-38 49.82

**Men 65-69 100 LC Meter Breaststroke**

<b>Pacific:</b>	1:18.11 L 12/31/2009	<b>Kenneth A Frost</b>
<b>National:</b>	1:14.77 N 8/5/2017	<b>RICK COLELLA</b>
1	Pinto, Harlan	66 MELO-38 1:48.55
2	Anderson, Bob	68 MELO-38 1:50.56

**Men 65-69 50 LC Meter Butterfly**

<b>Pacific:</b>	29.36 L 8/13/2022	<b>Paul V Carter</b>
<b>National:</b>	28.38 N 8/8/2021	<b>TRIP HEDRICK</b>
1	Citron, Jeffrey	68 MEMO-38 46.30
2	Pinto, Harlan	66 MELO-38 47.10

**Men 65-69 100 LC Meter Butterfly**

<b>Pacific:</b>	1:13.29 L 8/9/2014	<b>Alek I Shestakov</b>
<b>National:</b>	1:05.83 N 8/6/2017	<b>RICK COLELLA</b>
1	Anderson, Bob	68 MELO-38 1:41.96

**Men 65-69 200 LC Meter IM**

<b>Pacific:</b>	2:41.20 L 8/9/2014	<b>Alek I Shestakov</b>
<b>National:</b>	2:25.22 N 8/19/2016	<b>RICK COLELLA</b>
1	Kemler, David	65 WCM-38 3:10.44
2	Citron, Jeffrey	68 MEMO-38 3:36.77
3	Anderson, Bob	68 MELO-38 3:46.55

**Men 70-74 50 LC Meter Freestyle**

<b>Pacific:</b>	28.55 L 5/19/2013	<b>James E Elder</b>
<b>National:</b>	27.12 N 1/20/2023	<b>DOUG MARTIN</b>
1	Bernard, Alan	74 TAM-38 32.50
2	Alderson, Tom	72 MAM-38 34.51
3	Ryerson, Douglas	70 UC38 34.66
4	Terribilini, Phil	72 UC38 40.83

**Men 70-74 100 LC Meter Freestyle**

<b>Pacific:</b>	1:04.85 L 8/7/2013	<b>Richard Burns</b>
<b>National:</b>	1:03.32 N 8/8/2015	<b>DAVID QUIGGIN</b>
1	Bernard, Alan	74 TAM-38 1:11.47
2	Alderson, Tom	72 MAM-38 1:19.67
3	Small, Stephen	71 MEMO-38 1:23.09

**Men 70-74 200 LC Meter Freestyle**

<b>Pacific:</b>	2:27.26 L 8/14/2019	<b>Alan D Bernard</b>
<b>National:</b>	2:23.30 N 7/31/2018	<b>FRED SCHLICHER</b>
1	Bernard, Alan	74 TAM-38 2:42.35

**Men 70-74 400 LC Meter Freestyle**

<b>Pacific:</b>	5:28.21 L 8/4/2017	<b>Edward Rudloff</b>
<b>National:</b>	5:03.56 N 8/4/2018	<b>DAN KIRKLAND</b>
1	Bernard, Alan	74 TAM-38 5:55.21
2	Small, Stephen	71 MEMO-38 6:31.30
3	Terribilini, Phil	72 UC38 7:40.43

**Men 70-74 50 LC Meter Backstroke**

<b>Pacific:</b>	33.59 L 8/7/2013	<b>Richard Burns</b>
<b>National:</b>	33.51 N 1/20/2023	<b>BRUCE WILLIAMS</b>
1	Bernard, Alan	74 TAM-38 41.34
2	Ryerson, Douglas	70 UC38 46.85
3	Small, Stephen	71 MEMO-38 48.12
4	Terribilini, Phil	72 UC38 53.69

**Men 70-74 100 LC Meter Backstroke**

<b>Pacific:</b>	1:15.13 L 6/15/2013	<b>Richard Burns</b>
<b>National:</b>	1:13.49 N 8/6/2017	<b>HUGH WILDER</b>
1	Small, Stephen	71 MEMO-38 1:46.59

**Men 70-74 50 LC Meter Breaststroke**

<b>Pacific:</b>	37.34 L 8/9/2014	<b>Kenneth A Frost</b>
<b>National:</b>	36.21 N 10/10/2021	<b>ROBERT WRIGHT</b>
1	Ryerson, Douglas	70 UC38 43.22

**Men 70-74 100 LC Meter Breaststroke**

<b>Pacific:</b>	1:23.65 L 8/9/2014	<b>Kenneth A Frost</b>
<b>National:</b>	1:21.98 N 6/15/2019	<b>PEDER DAHLBERG</b>
1	Ryerson, Douglas	70 UC38 1:41.93
2	Small, Stephen	71 MEMO-38 1:45.34

## QSS Masters Fast and Free Long Course Meet - 6/17/2023

## Results - All Events

**(Men 70-74 100 LC Meter Breaststroke)**

3	Terribilini, Phil	72 UC38	2:03.36
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**Men 70-74 50 LC Meter Butterfly**

<b>Pacific:</b>	<b>31.20 L 8/9/2015</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>29.98 N 10/10/2021</b>	<b>LAWRENCE DAY</b>
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1	Bernard, Alan	74 TAM-38	35.95
2	Alderson, Tom	72 MAM-38	37.12

**Men 70-74 200 LC Meter IM**

<b>Pacific:</b>	<b>2:54.29 L 5/22/2022</b>	<b>Craig M Ottersen</b>
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<b>National:</b>	<b>2:42.94 N 10/10/2021</b>	<b>LAWRENCE DAY</b>
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1	Small, Stephen	71 MEMO-38	3:41.81
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**Men 75-79 50 LC Meter Freestyle**

<b>Pacific:</b>	<b>29.60 L 8/11/2019</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>29.19 N 8/25/2019</b>	<b>DAVID QUIGGIN</b>
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1	DeLacy, James	77 WCM-38	33.45
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**Men 75-79 100 LC Meter Freestyle**

<b>Pacific:</b>	<b>1:06.55 L 8/9/2019</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>1:06.55 N 8/9/2019</b>	<b>RICHARD BURNS</b>
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1	Wilson, Joel	75 CRUZ-38	1:13.69
2	DeLacy, James	77 WCM-38	1:15.80

**Men 75-79 200 LC Meter Freestyle**

<b>Pacific:</b>	<b>2:43.92 L 7/21/2019</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>2:25.66 N 6/6/2009</b>	<b>DAVID RADCLIFF</b>
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1	Wilson, Joel	75 CRUZ-38	2:36.32L
2	DeLacy, James	77 WCM-38	2:54.97

**Men 75-79 400 LC Meter Freestyle**

<b>Pacific:</b>	<b>5:46.08 L 7/19/2019</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>5:17.77 N 3/7/2009</b>	<b>DAVID RADCLIFF</b>
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1	Wilson, Joel	75 CRUZ-38	5:26.98L
2	DeLacy, James	77 WCM-38	6:22.71
3	Jochim, Christian	75 QSSSJ-38	7:00.66

**Men 75-79 50 LC Meter Breaststroke**

<b>Pacific:</b>	<b>41.60 L 7/31/2022</b>	<b>Kenneth Frost</b>
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<b>National:</b>	<b>38.89 N 6/5/2016</b>	<b>MIKE FRESHLEY</b>
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1	Meyerhoff, Rick	76 TAM-38	47.95
2	Jochim, Christian	75 QSSSJ-38	52.86

**Men 75-79 100 LC Meter Breaststroke**

<b>Pacific:</b>	<b>1:32.61 L 7/30/2022</b>	<b>Kenneth Frost</b>
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<b>National:</b>	<b>1:27.74 N 8/18/2016</b>	<b>MIKE FRESHLEY</b>
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1	Meyerhoff, Rick	76 TAM-38	1:54.97
2	Jochim, Christian	75 QSSSJ-38	2:00.97

**Men 75-79 200 LC Meter IM**

<b>Pacific:</b>	<b>2:57.66 L 8/10/2019</b>	<b>Richard Burns</b>
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<b>National:</b>	<b>2:57.66 N 8/10/2019</b>	<b>RICHARD BURNS</b>
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1	Wilson, Joel	75 CRUZ-38	2:57.48L
2	Meyerhoff, Rick	76 TAM-38	4:10.48

**Men 80-84 50 LC Meter Backstroke**

<b>Pacific:</b>	<b>42.49 L 12/31/1999</b>	<b>Ray Taft</b>
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<b>National:</b>	<b>39.18 N 8/8/2015</b>	<b>YOSHI OYAKAWA</b>
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1	Burns, Richard	80 TAM-38	37.76N
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**Men 80-84 100 LC Meter Backstroke**

<b>Pacific:</b>	<b>1:35.36 L 12/31/1999</b>	<b>Ray Taft</b>
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<b>National:</b>	<b>1:29.06 N 8/6/2017</b>	<b>DAVID COSTILL</b>
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1	Burns, Richard	80 TAM-38	1:25.57N
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**Men 80-84 200 LC Meter IM**

<b>Pacific:</b>	<b>3:42.16 L 8/10/2019</b>	<b>William G Van Hor</b>
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<b>National:</b>	<b>3:24.82 N 6/17/2017</b>	<b>DAVID COSTILL</b>
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1	Burns, Richard	80 TAM-38	3:15.52N
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