

						USMS						
RECORD: Arlyn Upshaw, 2012			18	UNAT	05:17.35	18-24	RECORD: Dylan Kubick, 2019			24	MEMO	05:22.79
1	Cathy	Teng	23	MEMO	05:40.23			n/a				
2	Alice	Ricci	24	GERM	06:08.46							
RECORD: Katherine Yu, 2019			25	USF	05:32.00	25-29	RECORD: Adam Ritter, 2013			28	CSMT	05:13.73
1	Caitlin	Gagnon	29	PCY	06:09.58		1	Sam	Gleason	27	ALB	05:53.03
2	Julia	Green	25	IM	06:23.25		2	Michael	Stompe	29	MAQ	08:58.59
3	Vivian	Crow	26	DAM	06:33.80							
4	Emily	Woo	28	MEMO	07:25.83							
5	Rayle	Silva	27	MAQ	08:52.31							
RECORD: Allison Arnold, 2023			31	TOC	05:31.85	30-34	RECORD: Adam Ritter, 2017			33	CSMT	05:33.00
1	Allison	Arnold	31	TOC	05:31.85		1	Wyatt	Hodges	34	LOBO	05:48.70
2	Valerie	Thorp	32	CRUZ	05:46.34		2	Michael	Thomas	31	MVM	05:49.51
3	Lyndsay	Shand	33	LOBO	06:27.84		3	Chasen	Rogers	33	MEMO	06:31.38
4	Beth	McBride	33	MEMO	07:21.81		4	Keevan	Harding	32	MEMO	07:03.35
5	Brooke	Van Lear-Jones	32	MOVY	07:24.07		5	Yuchuan	Zhuang	33	IM	07:12.00
6	Ella	Meier	32	PBM	07:27.18		6	Justin	Pine	31	SACMA	07:40.00
7	Kate	Stephensen	34	DAM	07:41.24		7	Thomas	Murphy	30	WSC	11:43.64
8	Jenny	Lu	32	MEMO	08:16.36							
9	Janet	Hurtado*	34	MAQ	12:52.67							
RECORD: Kelly Williamson, 2014			37	TXLA	05:19.00	35-39	RECORD: Blake Holden, 2015			39	UMAC	05:12.96
1	Kelly	Harrigan	39	MMAC	05:26.00		1	Adam	Ritter	38	PBM	06:17.99
2	Sara	Lark	37	UC42	06:49.58		2	Kevin	Lai	35	MEMO	06:50.42
3	Regina	Chien	37	MEMO	07:38.10		3	Matt	Hillstrom	39	IM	09:08.80
4	Sara	Rafalson	35	MEMO	07:50.22		4	Ryan	Carter	38	IM	09:19.56
5	Catherine	Murillo	35	MEMO	08:12.99		5	Jason	McCormack	35	MAQ	10:51.56
6	Amanda	Bratberg	38	SMAC	11:16.09		6	Chiedozi	Acholonu*	39	MAQ	18:32.08
RECORD: Carlen Ross, 2023			41	AMAC	05:42.99	40-44	RECORD: Bruce Paige, 2020			44	CSMT	05:05.00
1	Carlen	Ross	41	AMAC	05:42.99		1	Mark	Hamming	41	IM	05:29.14

2	Melissa	Chamberlin	42	AMAC	05:56.06		2	Matthew	Weber	44	DAS	05:33.17
3	Lindsey	Schneider	42	IM	06:09.14		3	Jimmy	Song	40	MEMO	06:13.71
4	Sharessa	Gutierrez	43	OMAH	06:33.15		4	Ellison	Wada	44	MEMO	09:52.03
5	Robin	Lee	42	MAQ	07:09.03		5	Phil	Wu	40	MAQ	08:38.71
6	Kelly	Baranko	43	IM	07:20.77							
7	Natalie	Lacuesta Byrum	42	OAM	07:24.00							
8	Jessica	Ross	42	MAM	07:25.03							
9	Sarah	Blanck	41	IM	07:35.16							
10	Jez	Lee	43	SMAC	08:41.08							
11	Kristen	Jacobsen	40	MAQ	08:46.12							
12	Donita	Flecker	41	SMAC	08:56.43							
13	Millie	Lapidario	42	MEMO	10:51.50							
14	Eri	Sawairi	44	SMAC	12:39.42							
RECORD: Kathy Gallagher, 2012			48	ARIZ	05:55.51	45-49	RECORD: Chris Stevenson, 2012			48	VMST	04:52.16
1	Hailey	Hibler	45	ALB	06:22.66		1	Justin	Pickard	49	MAQ	06:30.90
2	Carrie	Hahnel	45	MEMO	06:51.28		2	Joseph	Berglund	49	SMAC	06:34.35
3	Sandra	Dold	49	IM	07:15.33		3	Steven	Gold	46	BSS	06:56.11
4	Christina	Cairns	45	MAQ	07:19.66		4	Paul	Tzur	45	IM	07:14.04
5	Mandy	Castle	48	IM	07:23.00		5	Erik	Bell	49	WSC	07:47.20
6	Rachel	Rivera-Heckman	45	DLMA	07:26.00		6	Mario	Carillo	46	MAQ	09:38.44
7	Sarah	Fergot	48	MAQ	07:42.07		7	Robert	Nicksic	45	DLMA	10:17.75
8	Brooke	Melkus	47	UC32	08:41.98							
9	Cornelia	Taylor	47	MAQ	08:51.04							
10	Rachael	Lilienthal	46	LMSC	08:53.99							
11	Sofia	Liu	45	MOVY	09:10.17							
12	Sue	Alfieri	46	MAQ	11:11.42							
13	Mary	Sackett	48	MAQ	11:58.34							
14	Arivuchelvi	Raju*	49	MAQ	25:35.02							
RECORD: Christine McClafferty, 2023			50	OREG	05:46.35	50-54	RECORD: Mike Shaffer, 2016			51	VCM	05:18.26
1	Christine	McClafferty	50	OREG	05:46.35		1	Todd	Wehmann	51	MEMO	06:14.31
2	Julie	Dussliere	51	SFTL	06:40.52		2	Ahren	Lehnert	50	MEMO	06:45.32

3	Heather	Lugassy	53	TAM	06:51.80		3	Claus	Roggensack	52	OAM	06:50.00
4	Beth	Martell	51	OREG	06:54.03		4	Todd	Derma	50	IM	07:14.76
5	Yasuko	de la Torre	53	MEMO	07:11.13		5	Dan	Clifford	53	MEMO	08:44.79
6	Cheryl	Morgen	54	OREG	07:17.90		6	Eddie	Ames	54	PAQM	09:06.73
7	Jessica	Moll	51	MEMO	07:42.64		7	Sam	Cole	50	IM	09:08.01
8	Margaret	Hales	51	UC14	08:10.99		8	Michael	Rozendal	50	MEMO	09:11.96
9	Tina	Calub	50	IM	08:28.88							
10	Jennifer	Banning	52	O*H*	08:43.43							
11	Trish	Manwaring	54	MAQ	08:59.70							
12	Briana	Johnson	54	KAC	09:09.69							
13	Jo	Singh	51	MELO	09:25.12							
14	Alexandra	Markarian	50	IM	09:39.58							
15	Nataliya	Libina	52	ALB	09:47.78							
16	Kristin	Glenfeldt	53	PAQM	10:37.95							
17	Deirdre	Geary	54	MAQ	13:37.16							
RECORD: Suzanne Heim-Bowen, 2017			59	WCM	05:46.70	55-59	RECORD: Mike Shaffer, 2021			56	VCM	05:09.31
1	Kelly	Oliner	56	UC09	06:46.07		1	Patrick	Brundage	56	ARIZ	05:42.40
2	Marcia	Cleveland	59	IM	06:48.00		2	Bradley	Woehl	55	CSTS	05:48.12
3	Vicki	Shu	55	MEMO	06:55.41		3	Mark	Schactman	57	UC09	06:49.27
4	Shari	Gardner	56	IM	06:57.96		4	Dave	Jacobs	56	IM	07:00.24
5	Melissa	Zaharias	55	OAM	06:59.00		5	Ted	Baumgartner	57	IM	07:50.82
6	Pamela	Crandall	57	NEM	07:03.50		6	Jeffrey	Foster	57	OREG	08:54.12
7	Sherry	Flanery	59	MVN	07:07.05		7	Richard	Di Chara	58	PAQM	10:02.14
8	Detra	Cleven	55	KAC	07:18.37							
9	Jayette	Pettit	56	OREG	07:44.82							
10	Loralie	Langman	56	MINN	07:51.44							
11	Anne	Maroon	57	MEMO	07:52.64							
12	Gillian	Salton	55	OREG	07:57.90							
13	Clare	Burger	56	MEMO	08:05.00							
14	Karen	Lundgren	59	IM	08:10.35							
15	Kate	Mackinnon	55	UC38	08:20.07							
16	Jennifer	Phalen	59	DAM	08:21.99							

17	Joan	Crow	59	DAM	08:23.07							
18	Kathryn	Kenworth	56	MEMO	09:24.99							
19	Sue	Langley	58	SAWS	09:25.00							
20	Cindy	Irish	57	MAQ	13:18.77							
21	Patricia	Bryant	58	DAM	16:00.59							
RECORD: Suzanne Heim-Bowen, 2020			62	WCM	06:12.14	60-64	RECORD: Ted Soltys, 2020			60	IM	05:22.31
1	Cherie	Touchette	60	OREG	06:44.92		1	David	DeCosse	62	CRUZ	06:07.69
2	Jane	Russell	60	DAM	07:25.26		2	Ron	Taylor	63	RPM	06:15.21
3	Meredith	Armstrong	60	MEMO	07:55.60		3	Laurence	Fry	62	JAMM	06:30.99
4	Beck	Ettien	64	ARIZ	07:59.40		4	Joseph	Benacci	61	MINN	06:53.80
5	Jacqueline	Tonge	61	OAM	08:31.00		5	Scott	Reuss	62	SACMA	07:10.09
6	Robin	Mills	61	SMAC	08:39.20		6	Jim	Sullivan	62	IM	07:28.75
7	Leah	Carroll	62	ALB	08:45.53		7	Kevin	Keating	60	SMAC	07:53.03
8	Teresa	Focha	62	ALB	10:39.20		8	Lee	Cohn	62	IM	08:00.79
9	Terry	Powers	60	MAQ	11:23.97		9	Craig	Coombs	63	USF	08:23.00
10	June	Ross	64	MAQ	11:45.03		10	Brice	Heath	61	IM	08:32.95
11	Lynn	Forsey	61	MAQ	12:11.33		11	Joe	Schwall	64	SMAC	15:30.86
RECORD: Penny Noyes, 2020			66	SKY	06:39.28		RECORD: James Ritter, 2023			67	COAS	05:50.18
1	Penny	Noyes	69	ENSW	06:57.71	65-69	1	James	Ritter	67	COAS	05:50.18
2	Lisa	Ryner	66	CSTS	07:13.31		2	Stephen	Washburn	65	ALB	07:04.62
3	Elaine	Valdez	68	MOST	07:30.00		3	Peter	Tsugawa	65	ALB	09:19.44
4	Teresa	McGiverin	67	MOVY	07:43.59		4	Eric	Hektner	65	SMAC	09:28.95
5	Linda	Bley	69	ARIZ	08:20.81		5	Doug	Somers	67	MAQ	14:07.19
6	Patricia	Saint Aubin	65	NEM	08:49.00		6	Lee	Harkleroad	69	IM	17:00.86
7	Deanna	Johnson	67	DAM	09:17.99		7	David	Bauer	68	TEME	DQ
8	Molly	Singer	69	MEMO	09:34.20							
9	Louise	Rafkin	65	MEMO	09:37.53							
10	Susan	Haufler	66	OREG	10:14.00							
11	Terri	Leinsteiner	65	MAQ	11:09.24							
12	Pamela	Ogden	66	MINN	11:40.99							
13	Mary	Piel	67	MAQ	12:29.71							

14	Lynda	Goines	68	MAQ	12:53.96							
15	Cathy	Stone	67	MAQ	13:57.16							
16	Sue	August	69	MAQ	17:44.18							
RECORD: Daniela Barnea, 2014			70	STAN	06:58.30	70-74	RECORD: Alek Shestakov, 2020			71	OAK	06:12.06
1	Barbara	Boslego	72	VMST	08:19.12		1	Alek	Shestakov	74	OAK	06:20.42
2	Katy	Lantz	70	DAM	10:21.12		2	Stephen	Small	71	MEMO	08:06.49
3	Gini	Baker	73	ARIZ	13:57.09		3	David	Benjamin	74	MEMO	08:47.35
4	Mary	Cole	73	IM	14:53.81		4	Allen	Kossoy	70	MOVY	12:40.00
5	Barbara	Harris	74	SMAC	15:45.60							
6	Valerie	Armento	72	UC38	18:04.01							
RECORD: Daniela Barnea, 2019			75	STAN	07:28.59	75-79	RECORD: Bob Bruce, 2023			75	OREG	07:09.87
1	Daniela	Barnea	79	MELO	08:02.99		1	Bob	Bruce	75	OREG	07:09.87
2	Babs	Larsen	76	MINN	09:37.22		2	Joel	Wilson	75	CRUZ	08:00.80
							3	Jim	Becker	78	ADMS	09:28.11
							4	Robert	Owens	77	VCM	13:52.65
							5	Tom	Sears	76	MEMO	16:35.99
							6	William	Binning	79	UC14	28:45.00
RECORD: Ann Hirsch, 2013			82	WCM	10:27.31	80-84	RECORD: Dave Noble, 2023			80	MOVY	08:19.43
1	Susan	Marens	81	VMST	13:58.28		1	Dave	Noble	80	MOVY	08:19.43
2	Lois	Jacobs	80	MEMO	15:11.26							
3	Leslie	Westergaard	80	DAM	17:34.99							
RECORD: Eulah Varty, 2020			86	MMAC	13:21.20	85-89	RECORD: Dick Peterson, 2022			85	PSM	09:19.09
	n/a							n/a				
COMBINED												
			1	Justin Pickard + Oliver Pickard			06:30.90	06:57.23	SUM	13:28.13		
			2	Heather Lugassy + Marlon Frank			06:51.80	08:25.70	SUM	15:17.50		
			3	Hailey Hibler + Vivien Hibler			06:22.66	10:43.85	SUM	17:06.51		
			4	Babs Larsen + Charlie Larsen			09:37.22	09:37.02	SUM	19:14.24		

						USAS						
1	Vivien	Hibler	8	PC	10:43.85	8-U						
						9-10	1	Marlon	Frank	9	PC	08:25.70
						13-14	1	Oliver	Pickard	13	AC	06:57.23
							2	Charlie	Larsen	13	RSC	09:37.02
1	Amelia	Matzke	17	KY	05:28.43	17-18						