

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Women 18-24 100 Yard Freestyle

PAC: 48.29 P 12/31/2010 DANA VOLLMER

NATL: 48.18 N 12/6/2014 KATIE MEILI

Name	Age	Team	Seed Time	Finals Time
1 Teng, Cathy	23	Marcia's Enthusiastic Masters-38	55.00	55.03
	26.84	55.03 (28.19)		

## Women 18-24 100 Yard Backstroke

PAC: 55.98 P 12/31/2000 SARABETH SCHWEITZ

NATL: 53.83 N 3/24/2019 C BARTHOLOMEW

1 Teng, Cathy	23	Marcia's Enthusiastic Masters-38	1:07.00	1:04.67
	31.72	1:04.67 (32.95)		

## Women 18-24 100 Yard Breaststroke

PAC: 1:05.92 P 12/31/2009 MARY STREUMPF

NATL: 58.71 N 12/5/2014 KATIE MEILI

1 Teng, Cathy	23	Marcia's Enthusiastic Masters-38	1:15.00	1:14.29
	35.13	1:14.29 (39.16)		

## Women 18-24 100 Yard Butterfly

PAC: 52.30 P 12/31/2010 DANA VOLLMER

NATL: 52.30 N 11/8/2009 DANA VOLLMER

1 Teng, Cathy	23	Marcia's Enthusiastic Masters-38	1:06.00	1:01.13
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## Women 18-24 200 Yard IM

PAC: 2:02.48 P 12/31/2010 DANA VOLLMER

NATL: 1:54.20 N 12/4/2014 KATIE MEILI

1 Teng, Cathy	23	Marcia's Enthusiastic Masters-38	2:15.00	2:18.61
	29.69	1:05.99 (36.30)	1:46.98 (40.99)	2:18.61 (31.63)

## Women 25-29 100 Yard Freestyle

PAC: 50.70 P 5/12/2018 FELICIA LEE

NATL: 48.58 N 5/12/2018 KATARZYNA WILK

1 Fantuzzi, Speedona	27	QuickSilver Masters-38	58.00	56.48
	27.10	56.48 (29.38)		
2 Sanzi, Allie	28	Menlo Masters-38	1:05.00	1:00.28
	28.67	1:00.28 (31.61)		
3 Garrett, Hope	27	Richmond Plunge Masters-38	1:10.00	1:01.43
	29.79	1:01.43 (31.64)		
4 Fontanilla, Shania	27	QuickSilver Masters-38	1:35.00	1:06.22
	30.60	1:06.22 (35.62)		
5 Crowley, Swimbus	27	QuickSilver Masters-38	1:12.00	1:09.79
	33.29	1:09.79 (36.50)		
6 Cruz, Ricki	25	QuickSilver Masters-38	1:15.00	1:13.61
	36.09	1:13.61 (37.52)		
7 Kolesar, Allisyn	29	QuickSilver Masters-38	1:40.00	1:15.14
	35.93	1:15.14 (39.21)		
8 Tanner, Hannah	25	Uc38	1:33.74	1:40.02
	45.27	1:40.02 (54.75)		

## Women 25-29 100 Yard Backstroke

PAC: 55.68 P 5/11/2018 FELICIA LEE

NATL: 52.69 N 4/30/2023 ALLY HOWE

1 Fantuzzi, Speedona	27	QuickSilver Masters-38	1:16.00	1:08.97
	33.82	1:08.97 (35.15)		

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Women 25-29 100 Yard Backstroke)**

2	Sanzi, Allie	28	Menlo Masters-38	1:10.00	1:09.22
	33.64	1:09.22	(35.58)		
3	Crowley, Swimbus	27	Quicksilver Masters-38	1:35.00	1:18.05
	37.00	1:18.05	(41.05)		
4	Kolesar, Allisyn	29	Quicksilver Masters-38	1:45.00	1:22.10
	39.57	1:22.10	(42.53)		
5	Cruz, Ricki	25	Quicksilver Masters-38	1:30.00	1:22.33
	41.07	1:22.33	(41.26)		

**Women 25-29 100 Yard Breaststroke****PAC: 59.80 P 4/28/2017 DANIELLE M HERRMA****NATL: 59.58 N 2/6/2010 MEGAN JENDRICK**

1	Fantuzzi, Speedona	27	Quicksilver Masters-38	1:22.00	1:19.70
	37.32	1:19.70	(42.38)		
2	Crowley, Swimbus	27	Quicksilver Masters-38	1:31.00	1:28.11
	40.87	1:28.11	(47.24)		
3	Sanzi, Allie	28	Menlo Masters-38	1:25.00	1:28.92
	42.67	1:28.92	(46.25)		
4	Cruz, Ricki	25	Quicksilver Masters-38	1:40.00	1:34.42
	45.69	1:34.42	(48.73)		
5	Kolesar, Allisyn	29	Quicksilver Masters-38	2:10.00	1:40.86
	48.45	1:40.86	(52.41)		
6	Tanner, Hannah	25	Uc38	1:54.13	2:00.29
	54.14	2:00.29	(1:06.15)		

**Women 25-29 100 Yard Butterfly****PAC: 53.20 P 4/24/2015 AMANDA M SIMS****NATL: 53.20 N 4/24/2015 AMANDA SIMS**

1	Fantuzzi, Speedona	27	Quicksilver Masters-38	1:11.00	1:05.93
2	Garrett, Hope	27	Richmond Plunge Masters-38	1:13.00	1:06.51
3	Sanzi, Allie	28	Menlo Masters-38	1:15.00	1:09.81
4	Cruz, Ricki	25	Quicksilver Masters-38	1:30.00	1:20.01
	37.42	1:20.01	(42.59)		
5	Kolesar, Allisyn	29	Quicksilver Masters-38	2:00.00	1:24.83
	38.96	1:24.83	(45.87)		

**Women 25-29 200 Yard IM****PAC: 2:00.62 P 4/28/2017 DANIELLE M HERRMA****NATL: 1:57.56 N 12/5/2013 JUSTINE MUELLER**

1	Fantuzzi, Speedona	27	Quicksilver Masters-38	2:35.00	2:28.21
	30.33	1:07.64	(37.31)	1:53.80	(46.16)
				2:28.21	(34.41)
2	Garrett, Hope	27	Richmond Plunge Masters-38	2:30.00	2:31.51
	31.97	1:09.87	(37.90)	1:56.28	(46.41)
				2:31.51	(35.23)
3	Sanzi, Allie	28	Menlo Masters-38	2:25.00	2:32.66
	31.91	1:09.45	(37.54)	1:59.81	(50.36)
				2:32.66	(32.85)
4	Crowley, Swimbus	27	Quicksilver Masters-38	2:55.00	2:49.12
	36.86	1:21.66	(44.80)	2:10.99	(49.33)
				2:49.12	(38.13)
5	Cruz, Ricki	25	Quicksilver Masters-38	3:00.00	2:51.88
	37.52	1:22.07	(44.55)	2:12.32	(50.25)
				2:51.88	(39.56)
6	Kolesar, Allisyn	29	Quicksilver Masters-38	3:45.00	3:00.88
	38.51	1:24.35	(45.84)	2:19.29	(54.94)
				3:00.88	(41.59)

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

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## Results

## Women 30-34 100 Yard Freestyle

PAC: 50.92 P 12/31/2004 KATRINA RADKE

NATL: 48.03 N 2/23/2013 ERIKA ERNDL

1	Arnold, Allison	31	The Olympic Club-38	1:01.99	54.75
	26.60				54.75 (28.15)
2	Skoda, Anette	32	Uc38	57.25	58.26
	26.96				58.26 (31.30)
3	De Barros, Carolina	34	Richmond Plunge Masters-38	1:03.00	1:02.02
	30.54				1:02.02 (31.48)
4	Stuebner, Cailey	30	Stanford Masters Swimming-38	1:14.00	1:09.98
	33.18				1:09.98 (36.80)
5	McBride, Beth	34	Marcia's Enthusiastic Masters-38	1:18.00	1:14.88
	36.37				1:14.88 (38.51)

## Women 30-34 100 Yard Backstroke

PAC: 55.59 P 4/30/2023 FELICIA LEE

NATL: 54.60 N 4/30/2011 NORIKO INADA

1	Arnold, Allison	31	The Olympic Club-38	1:14.99	1:05.74
	32.54				1:05.74 (33.20)
2	Stuebner, Cailey	30	Stanford Masters Swimming-38	1:20.00	1:17.18
	37.26				1:17.18 (39.92)
3	McBride, Beth	34	Marcia's Enthusiastic Masters-38	1:28.00	1:30.53
	44.27				1:30.53 (46.26)

## Women 30-34 100 Yard Breaststroke

PAC: 58.81 P 3/6/2022 DANIELLE M HERRMA

NATL: 58.81 N 3/6/2022 DANIELLE HERRMANN

1	Arnold, Allison	31	The Olympic Club-38	1:22.99	1:09.60
	32.79				1:09.60 (36.81)
2	Stuebner, Cailey	30	Stanford Masters Swimming-38	1:25.00	1:30.24
	42.45				1:30.24 (47.79)
3	McBride, Beth	34	Marcia's Enthusiastic Masters-38	1:45.00	1:41.89
	50.01				1:41.89 (51.88)

## Women 30-34 100 Yard Butterfly

PAC: 52.93 P 3/6/2022 DANIELLE M HERRMA

NATL: 52.93 N 3/5/2022 DANIELLE HERRMANN

1	Arnold, Allison	31	The Olympic Club-38	1:05.99	1:00.12
2	De Barros, Carolina	34	Richmond Plunge Masters-38	1:20.16	1:14.72
	35.83				1:14.72 (38.89)
3	Stuebner, Cailey	30	Stanford Masters Swimming-38	1:20.00	1:20.51
	37.84				1:20.51 (42.67)

## Women 30-34 200 Yard IM

PAC: 2:04.85 P 12/31/2009 SARABETH METZGER

NATL: 1:58.80 N 3/11/2009 ERIKA ERNDL

1	Arnold, Allison	31	The Olympic Club-38	2:20.99	2:10.96
	29.18				1:03.65 (34.47)
					1:40.84 (37.19)
					2:10.96 (30.12)
2	Skoda, Anette	32	Uc38	2:21.40	2:29.03
	30.06				1:09.97 (39.91)
					1:52.66 (42.69)
					2:29.03 (36.37)
3	De Barros, Carolina	34	Richmond Plunge Masters-38	2:45.00	2:39.93
	35.17				1:15.99 (40.82)
					2:05.00 (49.01)
					2:39.93 (34.93)
4	Stuebner, Cailey	30	Stanford Masters Swimming-38	2:30.00	2:49.43
	37.57				1:20.58 (43.01)
					2:11.32 (50.74)
					2:49.43 (38.11)

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**(Women 30-34 200 Yard IM)**

5	McBride, Beth	34	Marcia's Enthusiastic Masters-38	3:20.00	3:07.51
	46.55	1:32.81 (46.26)	2:26.35 (53.54)	3:07.51 (41.16)	

**Women 35-39 100 Yard Freestyle**

PAC: 52.21 P 4/26/2015 ERICKA L RICHARDS

NATL: 49.72 N 2/25/2007 DARA TORRES

1	Greer, Margaret	35	East Bay Bat Rays Masters-38	1:02.63	1:01.21
	28.76	1:01.21 (32.45)			
2	West, Meredith	39	San Mateo Masters-38	1:16.83	1:15.94
	37.51	1:15.94 (38.43)			
3	Kredel, Gabrielle	36	Uc38	1:34.81	1:20.00
	36.93	1:20.00 (43.07)			

**Women 35-39 100 Yard Backstroke**

PAC: 57.77 P 4/28/2019 NAOKO WATANABE

NATL: 53.58 N 4/30/2017 NORIKO INADA

1	Greer, Margaret	35	East Bay Bat Rays Masters-38	1:10.50	1:07.98
	31.86	1:07.98 (36.12)			
2	Sanchez, Erin	35	East Bay Bat Rays Masters-38	1:12.27	1:10.03
	34.14	1:10.03 (35.89)			
3	Allen, Robyn	38	Uc38	1:10.58	1:11.08
	34.40	1:11.08 (36.68)			
4	Kredel, Gabrielle	36	Uc38	1:56.11	1:29.04
	41.84	1:29.04 (47.20)			
5	West, Meredith	39	San Mateo Masters-38	1:40.00	1:38.77
	48.39	1:38.77 (50.38)			

**Women 35-39 100 Yard Breaststroke**

PAC: 1:01.88 P 4/25/2015 KATIE GLENN

NATL: 1:01.88 N 4/25/2015 KATIE GLENN

1	Sanchez, Erin	35	East Bay Bat Rays Masters-38	1:22.27	1:16.56
	36.27	1:16.56 (40.29)			
2	Allen, Robyn	38	Uc38	1:25.50	1:27.76
	42.01	1:27.76 (45.75)			
3	Kredel, Gabrielle	36	Uc38	2:12.58	1:46.12
	51.40	1:46.12 (54.72)			
4	West, Meredith	39	San Mateo Masters-38	2:00.00	1:55.32
	56.16	1:55.32 (59.16)			

**Women 35-39 100 Yard Butterfly**

PAC: 58.46 P 12/31/2000 JILL S HERNANDEZ

NATL: 55.78 N 5/18/2003 S VON DER LIPPE

1	Kredel, Gabrielle	36	Uc38	1:46.32	1:26.38
	38.79	1:26.38 (47.59)			
2	West, Meredith	39	San Mateo Masters-38	1:32.85	1:30.63
	43.00	1:30.63 (47.63)			

**Women 35-39 200 Yard IM**

PAC: 2:09.51 P 12/31/2000 JILL S HERNANDEZ

NATL: 2:05.24 N 3/14/1998 K PIPES-NEILSEN

1	Sanchez, Erin	35	East Bay Bat Rays Masters-38	2:44.27	2:32.75
	32.78	1:10.63 (37.85)	1:54.34 (43.71)	2:32.75 (38.41)	
2	Kredel, Gabrielle	36	Uc38	3:43.90	3:16.48
	39.81	1:28.06 (48.25)	2:25.79 (57.73)	3:16.48 (50.69)	

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**(Women 35-39 200 Yard IM)**

3	West, Meredith	39	San Mateo Masters-38	3:22.61	3:21.98
	42.51	1:34.73 (52.22)	2:38.32 (1:03.59)	3:21.98 (43.66)	

**Women 40-44 100 Yard Freestyle**

PAC: 53.30 P 4/28/2017 KATIE GLENN

NATL: 48.34 N 4/15/2007 DARA TORRES

1	Keough, Emily	43	Menlo Masters-38	1:10.00	1:11.74
	33.80	1:11.74 (37.94)			
2	Cheung, Ruth	44	QuickSilver Masters-38	1:30.00	1:19.23
	37.52	1:19.23 (41.71)			

**Women 40-44 100 Yard Backstroke**

PAC: 59.89 P 12/31/2009 JODY SMITH

NATL: 56.03 N 4/30/2011 SHERI HART

1	Keough, Emily	43	Menlo Masters-38	1:20.00	1:20.26
	39.04	1:20.26 (41.22)			
2	Cheung, Ruth	44	QuickSilver Masters-38	1:41.40	1:39.76
	48.91	1:39.76 (50.85)			

**Women 40-44 100 Yard Breaststroke**

PAC: 1:03.95 P 4/28/2017 KATIE GLENN

NATL: 1:02.70 N 5/13/2018 KATIE GLENN

1	Keough, Emily	43	Menlo Masters-38	1:30.00	1:40.05
	47.87	1:40.05 (52.18)			

**Women 40-44 100 Yard Butterfly**

PAC: 59.06 P 12/31/2009 LAUREEN K WELTING

NATL: 54.83 N 5/10/2009 S VON DER LIPPE

1	Keough, Emily	43	Menlo Masters-38	1:25.00	1:31.21
	41.75	1:31.21 (49.46)			

**Women 40-44 200 Yard IM**

PAC: 2:10.62 P 12/31/2003 JILL S HERNANDEZ

NATL: 2:04.85 N 5/4/2008 S VON DER LIPPE

1	Keough, Emily	43	Menlo Masters-38	3:00.00	3:05.95
	42.31	1:29.18 (46.87)	2:24.67 (55.49)	3:05.95 (41.28)	

**Women 45-49 100 Yard Freestyle**

PAC: 53.27 P 12/31/2001 LAURA B VAL

NATL: 51.26 N 3/12/2023 GABRIELLE ROSE

1	Hahnel, Carrie	45	Marcia's Enthusiastic Masters-38	1:02.50	1:04.33
	30.81	1:04.33 (33.52)			
2	Maze, Ghislaine	49	Richmond Plunge Masters-38	1:28.00	1:17.03
	37.25	1:17.03 (39.78)			

**Women 45-49 100 Yard Backstroke**

PAC: 1:01.50 P 12/31/1997 LAURA B VAL

NATL: 57.83 N 5/23/2010 ELLEN REYNOLDS

1	Hahnel, Carrie	45	Marcia's Enthusiastic Masters-38	1:25.00	1:21.28
	39.79	1:21.28 (41.49)			
2	Maze, Ghislaine	49	Richmond Plunge Masters-38	1:35.00	1:30.76
	45.20	1:30.76 (45.56)			

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## Women 45-49 100 Yard Breaststroke

PAC: 1:10.77 P 12/31/2009 LISA A WARD

NATL: 1:01.63 N 4/28/2023 GABRIELLE ROSE

1	Nagaoka, Masako	49	Quicksilver Masters-38	1:23.90	1:20.13
	38.75				1:20.13 (41.38)
2	Hahnel, Carrie	45	Marcia's Enthusiastic Masters-38	1:25.00	1:24.80
	40.33				1:24.80 (44.47)
3	Maze, Ghislaine	49	Richmond Plunge Masters-38	1:37.00	1:33.84
	44.01				1:33.84 (49.83)

## Women 45-49 100 Yard Butterfly

PAC: 59.82 P 12/31/2001 LAURA B VAL

NATL: 56.97 N 5/1/2011 S VON DER LIPPE

1	Hahnel, Carrie	45	Marcia's Enthusiastic Masters-38	1:15.00	1:14.78
2	Maze, Ghislaine	49	Richmond Plunge Masters-38	1:32.00	1:28.02
	41.37				1:28.02 (46.65)

## Women 45-49 200 Yard IM

PAC: 2:15.42 P 12/31/2010 LISA A WARD

NATL: 2:03.62 N 4/28/2023 GABRIELLE ROSE

1	Nagaoka, Masako	49	Quicksilver Masters-38	2:42.10	2:41.41
	33.09				1:17.09 (44.00) 2:01.78 (44.69) 2:41.41 (39.63)
2	Hahnel, Carrie	45	Marcia's Enthusiastic Masters-38	2:40.00	2:43.20
	35.68				1:20.72 (45.04) 2:06.93 (46.21) 2:43.20 (36.27)

## Women 50-54 100 Yard Freestyle

PAC: 54.38 P 12/31/2002 LAURA B VAL

NATL: 52.00 N 4/28/2023 JENNY THOMPSON

1	Zamanian, Alison	53	Walnut Creek Masters-38	58.00	57.19
	27.81				57.19 (29.38)
2	Voight, Tina	54	Marcia's Enthusiastic Masters-38	1:15.00	1:11.27
	33.86				1:11.27 (37.41)
3	de la Torre, Yasuko	53	Marcia's Enthusiastic Masters-38	1:13.00	1:11.36
	34.56				1:11.36 (36.80)
4	Kercher, Jennifer	50	Ladera Oaks Masters-38	1:15.68	1:15.20
	36.28				1:15.20 (38.92)

## Women 50-54 100 Yard Backstroke

PAC: 1:02.87 P 4/3/2022 ALISON ZAMANIAN

NATL: 58.87 N 4/30/2023 JENNY THOMPSON

1	Zamanian, Alison	53	Walnut Creek Masters-38	1:07.00	1:05.90
	32.56				1:05.90 (33.34)

## Women 50-54 100 Yard Breaststroke

PAC: 1:12.01 P 4/28/2023 TANYA N LANE

NATL: 1:07.97 N 4/28/2023 ERIKA BRAUN

1	Zamanian, Alison	53	Walnut Creek Masters-38	1:16.00	1:15.20
	36.41				1:15.20 (38.79)
2	de la Torre, Yasuko	53	Marcia's Enthusiastic Masters-38	1:28.00	1:30.70
	43.09				1:30.70 (47.61)
3	Voight, Tina	54	Marcia's Enthusiastic Masters-38	1:35.00	1:31.98
	42.71				1:31.98 (49.27)
---	Kercher, Jennifer	50	Ladera Oaks Masters-38	1:59.00	DQ
	47.72				DQ (54.21)

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

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## Results

## Women 50-54 100 Yard Butterfly

PAC: 1:00.17 P 5/9/2013 JILL S HERNANDEZ

NATL: 58.74 N 1/20/2024 JENNY THOMPSON

1	Zamanian, Alison	53	Walnut Creek Masters-38	1:07.00	1:04.91
2	de la Torre, Yasuko	53	Marcia's Enthusiastic Masters-38	1:15.00	1:16.93

## Women 50-54 200 Yard IM

PAC: 2:14.40 P 5/9/2013 JILL S HERNANDEZ

NATL: 2:12.57 N 4/15/2018 ELLEN REYNOLDS

1	Zamanian, Alison	53	Walnut Creek Masters-38	2:25.00	2:20.30
	31.17	1:07.02 (35.85)	1:48.29 (41.27)	2:20.30 (32.01)	
2	de la Torre, Yasuko	53	Marcia's Enthusiastic Masters-38	2:50.00	2:52.44
	35.84	1:21.65 (45.81)	2:11.16 (49.51)	2:52.44 (41.28)	
3	Kercher, Jennifer	50	Ladera Oaks Masters-38	3:59.00	3:27.21
	44.87	1:44.15 (59.28)	2:42.94 (58.79)	3:27.21 (44.27)	

## Women 55-59 100 Yard Freestyle

PAC: 54.72 P 12/31/2008 LAURA B VAL

NATL: 54.72 N 5/4/2008 LAURA VAL

1	Shu, Vicki	55	Marcia's Enthusiastic Masters-38	1:11.09	1:07.23
	32.74	1:07.23 (34.49)			
2	Nelson, Sheila	55	Santa Rosa Masters-38	1:06.90	1:07.57
	32.86	1:07.57 (34.71)			
3	Couch, Stephanie	59	Menlo Masters-38	1:10.82	1:09.39
	34.07	1:09.39 (35.32)			
4	Sterzer, Robin	59	QuickSilver Masters-38	1:12.00	1:09.82
	33.80	1:09.82 (36.02)			
5	Bulman, Robin	58	Santa Rosa Masters-38	1:10.19	1:10.69
	33.16	1:10.69 (37.53)			
6	Phalen, Jennifer	59	Davis Aquatic Masters-38	1:17.64	1:16.14
	36.63	1:16.14 (39.51)			
7	Cervantes-Mui, Wendy	56	Ladera Oaks Masters-38	1:21.07	1:20.53
	39.15	1:20.53 (41.38)			
8	Asta, Lisa	58	Walnut Creek Masters-38	2:00.00	2:00.73
	57.39	2:00.73 (1:03.34)			
9	Hu, Qing	57	Walnut Creek Masters-38	2:06.23	2:04.90
	1:00.86	2:04.90 (1:04.04)			

## Women 55-59 100 Yard Backstroke

PAC: 1:04.13 P 2/3/2018 BONNIE M BILICH

NATL: 1:00.80 N 4/30/2017 KARLYN PIPES

1	Couch, Stephanie	59	Menlo Masters-38	1:20.81	1:18.13
	39.04	1:18.13 (39.09)			
2	Shu, Vicki	55	Marcia's Enthusiastic Masters-38	1:25.87	1:21.36
	40.55	1:21.36 (40.81)			
3	Nelson, Sheila	55	Santa Rosa Masters-38	1:23.34	1:23.00
	40.47	1:23.00 (42.53)			
4	Bulman, Robin	58	Santa Rosa Masters-38	1:26.13	1:25.46
	41.28	1:25.46 (44.18)			
5	Phalen, Jennifer	59	Davis Aquatic Masters-38	1:43.64	1:40.28
	50.37	1:40.28 (49.91)			
6	Asta, Lisa	58	Walnut Creek Masters-38	1:51.88	2:14.30
	1:06.75	2:14.30 (1:07.55)			
7	Hu, Qing	57	Walnut Creek Masters-38	3:10.00	2:29.10
	1:15.05	2:29.10 (1:14.05)			

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****Women 55-59 100 Yard Breaststroke****PAC: 1:17.69 P 4/14/2019 LISA A WARD****NATL: 1:10.55 N 4/28/2017 CAROLINE KRATTLI**

1	Bulman, Robin	58	Santa Rosa Masters-38	1:25.83	1:21.67
	38.73	1:21.67 (42.94)			
2	Nelson, Sheila	55	Santa Rosa Masters-38	1:29.55	1:28.46
	42.21	1:28.46 (46.25)			
3	Phalen, Jennifer	59	Davis Aquatic Masters-38	1:32.64	1:31.89
	43.36	1:31.89 (48.53)			
4	Shu, Vicki	55	Marcia's Enthusiastic Masters-38	1:37.99	1:32.38
	45.27	1:32.38 (47.11)			
5	Couch, Stephanie	59	Menlo Masters-38	1:35.72	1:33.13
	44.78	1:33.13 (48.35)			
6	Asta, Lisa	58	Walnut Creek Masters-38	2:11.21	2:18.61
	1:06.75	2:18.61 (1:11.86)			

**Women 55-59 100 Yard Butterfly****PAC: 1:01.31 P 12/31/2009 LAURA B VAL****NATL: 1:00.41 N 4/29/2017 KARLYN PIPES**

1	Shu, Vicki	55	Marcia's Enthusiastic Masters-38	1:18.86	1:14.46
	35.49	1:14.46 (38.97)			
2	Bulman, Robin	58	Santa Rosa Masters-38	1:25.61	1:22.40
	38.07	1:22.40 (44.33)			
3	Couch, Stephanie	59	Menlo Masters-38	1:23.41	1:25.16
	39.96	1:25.16 (45.20)			
4	Phalen, Jennifer	59	Davis Aquatic Masters-38	1:43.64	1:38.35
	44.68	1:38.35 (53.67)			
5	Asta, Lisa	58	Walnut Creek Masters-38	2:05.76	2:14.53
	1:04.09	2:14.53 (1:10.44)			

**Women 55-59 200 Yard IM****PAC: 2:15.70 P 4/28/2017 JILL S HERNANDEZ****NATL: 2:13.92 N 12/14/2019 ELLEN REYNOLDS**

1	Shu, Vicki	55	Marcia's Enthusiastic Masters-38	2:59.51	2:48.61
	36.05	1:19.38 (43.33)	2:10.51 (51.13)	2:48.61 (38.10)	
2	Couch, Stephanie	59	Menlo Masters-38	2:50.90	2:48.80
	39.41	1:20.45 (41.04)	2:11.38 (50.93)	2:48.80 (37.42)	
3	Bulman, Robin	58	Santa Rosa Masters-38	2:52.33	2:49.64
	37.50	1:24.78 (47.28)	2:11.34 (46.56)	2:49.64 (38.30)	
4	Phalen, Jennifer	59	Davis Aquatic Masters-38	3:09.64	3:15.51
	48.73	1:41.34 (52.61)	2:31.48 (50.14)	3:15.51 (44.03)	
5	Cervantes-Mui, Wendy	56	Ladera Oaks Masters-38	4:00.00	4:09.75
	51.79	2:00.99 (1:09.20)	3:23.59 (1:22.60)	4:09.75 (46.16)	
6	Asta, Lisa	58	Walnut Creek Masters-38	4:04.77	4:27.60
	1:04.64	2:13.35 (1:08.71)	3:26.74 (1:13.39)	4:27.60 (1:00.86)	

**Women 60-64 100 Yard Freestyle****PAC: 56.45 P 12/31/2012 LAURA B VAL****NATL: 56.45 N 4/29/2012 LAURA VAL**

1	Carroll, Leah	62	Albany Armada Aquatics Masters-38	1:44.11	1:36.70
	45.31	1:36.70 (51.39)			
2	Focha, Teresa	63	Albany Armada Aquatics Masters-38	1:44.87	1:50.43
	52.01	1:50.43 (58.42)			
3	Catunao, Chris	60	Quicksilver Masters-38	2:00.05	2:00.42
	59.12	2:00.42 (1:01.30)			



## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Women 60-64 100 Yard Backstroke

PAC: 1:03.72 P 5/9/2013 LAURA B VAL

NATL: 1:03.72 N 5/12/2013 LAURA VAL

1	Carroll, Leah	62	Albany Armada Aquatics Masters-38	1:42.23	1:44.36
	51.09			1:44.36 (53.27)	
2	Focha, Teresa	63	Albany Armada Aquatics Masters-38	1:51.71	1:53.02
	55.03			1:53.02 (57.99)	

## Women 60-64 100 Yard Breaststroke

PAC: 1:19.50 P 4/28/2017 BARBARA C WHEELER

NATL: 1:16.55 N 5/6/2017 MELINDA MANN

1	Carroll, Leah	62	Albany Armada Aquatics Masters-38	1:48.39	1:47.97
	51.41			1:47.97 (56.56)	
2	Focha, Teresa	63	Albany Armada Aquatics Masters-38	2:08.71	2:09.22
	1:01.52			2:09.22 (1:07.70)	

## Women 60-64 100 Yard Butterfly

PAC: 1:04.27 P 12/31/2012 LAURA B VAL

NATL: 1:03.59 N 4/27/2019 TRACI GRANGER

1	Carroll, Leah	62	Albany Armada Aquatics Masters-38	1:37.47	1:38.42
	47.65			1:38.42 (50.77)	
2	Focha, Teresa	63	Albany Armada Aquatics Masters-38	1:51.82	1:53.57
	53.52			1:53.57 (1:00.05)	

## Women 60-64 200 Yard IM

PAC: 2:24.28 P 4/3/2022 AMY J RIEGER

NATL: 2:24.28 N 4/3/2022 AMY RIEGER

1	Carroll, Leah	62	Albany Armada Aquatics Masters-38	3:38.05	3:46.38
	50.15			1:48.30 (58.15)	2:51.60 (1:03.30)
					3:46.38 (54.78)
2	Focha, Teresa	63	Albany Armada Aquatics Masters-38	3:57.81	4:02.02
	53.87			1:54.66 (1:00.79)	3:03.79 (1:09.13)
					4:02.02 (58.23)

## Women 65-69 100 Yard Freestyle

PAC: 57.88 P 5/12/2018 LAURA B VAL

NATL: 57.88 N 5/12/2018 LAURA VAL

1	Rafkin, Louise	65	Marcia's Enthusiastic Masters-38	1:13.00	1:11.27
	33.93			1:11.27 (37.34)	
2	Jaffer, Johanna	67	Almaden Masters-38	1:17.00	1:15.31
	36.21			1:15.31 (39.10)	
3	Boyer, Karen	68	Peninsula Community Center Mas-38	1:16.00	1:17.52
	37.29			1:17.52 (40.23)	
4	Christensen, Pamela	67	Rocklin Aquatics Masters-38	1:26.51	1:23.31
	39.51			1:23.31 (43.80)	
5	Quinn, Phyllis	68	The Olympic Club-38	1:22.77	1:23.75
	39.59			1:23.75 (44.16)	

## Women 65-69 100 Yard Backstroke

PAC: 1:03.96 P 5/11/2018 LAURA B VAL

NATL: 1:03.96 N 5/11/2018 LAURA VAL

1	Rafkin, Louise	65	Marcia's Enthusiastic Masters-38	1:45.00	1:27.01
	43.72			1:27.01 (43.29)	
2	Boyer, Karen	68	Peninsula Community Center Mas-38	1:26.00	1:32.56
	44.45			1:32.56 (48.11)	
3	Jaffer, Johanna	67	Almaden Masters-38	1:32.00	1:33.19
	44.45			1:33.19 (48.74)	

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Women 65-69 100 Yard Backstroke)**

4	Quinn, Phyllis	68	The Olympic Club-38	1:45.77	1:37.37
	47.24				1:37.37 (50.13)
5	Christensen, Pamela	67	Rocklin Aquatics Masters-38	1:40.79	1:42.56
	49.25				1:42.56 (53.31)
6	Thomas, Elaine	69	Mountain View Masters-38	1:43.00	1:48.11
	52.88				1:48.11 (55.23)

**Women 65-69 100 Yard Breaststroke****PAC: 1:25.65 P 12/31/2009 DANIELA BARNEA****NATL: 1:20.08 N 4/2/2022 COLETTE CRABBE**

1	Rafkin, Louise	65	Marcia's Enthusiastic Masters-38	1:45.00	1:37.67
	47.10				1:37.67 (50.57)
2	Boyer, Karen	68	Peninsula Community Center Mas-38	1:35.00	1:41.58
	47.38				1:41.58 (54.20)
3	Quinn, Phyllis	68	The Olympic Club-38	2:05.77	1:53.53
	53.08				1:53.53 (1:00.45)

**Women 65-69 100 Yard Butterfly****PAC: 1:06.55 P 2/29/2020 LAURA B VAL****NATL: 1:05.47 N 2/2/2020 PENNY NOYES**

1	Rafkin, Louise	65	Marcia's Enthusiastic Masters-38	1:30.00	1:29.42
	38.95				1:29.42 (50.47)
2	Boyer, Karen	68	Peninsula Community Center Mas-38	1:27.00	1:31.71
	41.45				1:31.71 (50.26)
3	Hickel, Jessie	65	East Bay Bat Rays Masters-38	1:52.00	1:44.51
	48.35				1:44.51 (56.16)
4	Quinn, Phyllis	68	The Olympic Club-38	1:45.77	1:51.29
	48.32				1:51.29 (1:02.97)

**Women 65-69 200 Yard IM****PAC: 2:30.60 P 5/22/2017 LAURA B VAL****NATL: 2:29.52 N 12/7/2019 PENNY NOYES**

1	Rafkin, Louise	65	Marcia's Enthusiastic Masters-38	3:13.00	3:04.03
				1:24.72 ( )	2:21.75 (57.03)
					3:04.03 (42.28)
2	Boyer, Karen	68	Peninsula Community Center Mas-38	3:08.00	3:14.03
	42.47			1:33.74 (51.27)	2:30.32 (56.58)
					3:14.03 (43.71)
3	Quinn, Phyllis	68	The Olympic Club-38	3:20.77	3:28.00
	49.76			1:41.28 (51.52)	2:41.52 (1:00.24)
					3:28.00 (46.48)
4	Thomas, Elaine	69	Mountain View Masters-38	4:30.00	4:11.24
	58.56			1:58.11 (59.55)	3:20.65 (1:22.54)
					4:11.24 (50.59)

**Women 70-74 100 Yard Freestyle****PAC: 59.11 P 5/1/2022 LAURA B VAL****NATL: 59.11 N 5/1/2022 LAURA VAL**

1	Guthrie, Sally	74	Sacramento Masters-38	1:18.72	1:16.73
	36.64				1:16.73 (40.09)
2	Dobisz, Elizabeth	70	Quicksilver Masters-38	1:50.00	1:47.89
	52.65				1:47.89 (55.24)

**Women 70-74 100 Yard Backstroke****PAC: 1:05.60 P 4/29/2022 LAURA B VAL****NATL: 1:05.60 N 4/29/2022 LAURA VAL**

1	Dobisz, Elizabeth	70	Quicksilver Masters-38	2:20.00	2:11.06
	1:05.47				2:11.06 (1:05.59)

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

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## Results

## Women 70-74 100 Yard Butterfly

PAC: 1:09.20 P 4/29/2022 LAURA B VAL

NATL: 1:09.20 N 4/29/2022 LAURA VAL

1	Guthrie, Sally	74	Sacramento Masters-38	1:40.00	1:37.76
	44.08		1:37.76 (53.68)		

## Women 70-74 200 Yard IM

PAC: 2:35.20 P 4/3/2022 LAURA B VAL

NATL: 2:35.20 N 4/3/2022 LAURA VAL

1	Guthrie, Sally	74	Sacramento Masters-38	3:30.00	3:19.89
	46.77		1:37.19 (50.42) 2:36.57 (59.38)	3:19.89 (43.32)	

## Women 75-79 100 Yard Freestyle

PAC: 1:10.94 P 4/28/2023 RUTH Y SHAPS

NATL: 1:09.34 N 5/1/2022 DIANN UUSTAL

1	Barnea, Daniela	79	Menlo Masters-38	1:49.35	1:33.46
	43.92		1:33.46 (49.54)		

## Women 75-79 100 Yard Backstroke

PAC: 1:30.69 P 12/31/2009 ANN KAY

NATL: 1:19.46 N 4/21/2023 DIANN UUSTAL

1	Barnea, Daniela	79	Menlo Masters-38	1:58.25	1:43.89
	52.26		1:43.89 (51.63)		

## Women 75-79 100 Yard Breaststroke

PAC: 1:34.30 P 6/17/2019 DANIELA BARNEA

NATL: 1:29.24 N 4/11/2014 JOANN LEILICH

1	Barnea, Daniela	79	Menlo Masters-38	1:56.20	1:42.72
	49.55		1:42.72 (53.17)		

## Women 75-79 100 Yard Butterfly

PAC: 1:35.67 P 2/29/2020 DANIELA BARNEA

NATL: 1:35.55 N 4/24/2015 MARY ANN CASE

1	Barnea, Daniela	79	Menlo Masters-38	1:57.30	1:45.46
	49.72		1:45.46 (55.74)		

## Women 75-79 200 Yard IM

PAC: 3:14.61 P 4/27/2019 DANIELA BARNEA

NATL: 3:14.61 N 4/27/2019 DANIELA BARNEA

1	Barnea, Daniela	79	Menlo Masters-38	3:45.15	3:30.07
	49.30		1:46.29 (56.99) 2:42.10 (55.81)	3:30.07 (47.97)	

## Women 80-84 100 Yard Freestyle

PAC: 1:24.09 P 12/31/2003 MARGERY MEYER

NATL: 1:22.34 N 12/13/2015 JOHNNIE DETRICK

1	Stretch, Nancy	84	The Olympic Club-38	2:10.00	1:56.48
	56.00		1:56.48 (1:00.48)		

## Women 80-84 100 Yard Backstroke

PAC: 1:42.14 P 12/31/2003 MARGERY MEYER

NATL: 1:32.37 N 4/19/2009 BETTY LORENZI

1	Stretch, Nancy	84	The Olympic Club-38	2:15.00	2:12.12
	1:04.49		2:12.12 (1:07.63)		

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Women 80-84 100 Yard Breaststroke

PAC: 1:46.69 P 3/12/2011 ANN M HIRSCH

NATL: 1:37.42 N 4/14/2019 JOANN LEILICH

1	Stretch, Nancy	84	The Olympic Club-38	2:30.00	2:23.15
	1:06.88	2:23.15 (1:16.27)			

## Women 80-84 100 Yard Butterfly

PAC: 2:04.58 P 3/27/2011 ANN M HIRSCH

NATL: 1:45.24 N 4/29/2022 SUSAN MEYERS

1	Stretch, Nancy	84	The Olympic Club-38	2:30.00	2:31.09
	1:09.44	2:31.09 (1:21.65)			

## Women 80-84 200 Yard IM

PAC: 3:53.17 P 2/12/2011 ANN M HIRSCH

NATL: 3:43.60 N 4/16/2023 JOY WARD

1	Stretch, Nancy	84	The Olympic Club-38	4:30.00	4:42.77
	1:11.60	2:19.51 (1:07.91)	3:38.90 (1:19.39)	4:42.77 (1:03.87)	

## Women 85-89 100 Yard Freestyle

PAC: 1:35.48 P 5/10/2009 MARGERY MEYER

NATL: 1:31.20 N 4/12/2014 NAN BOHL

1	Tegner, Thyra	88	Almaden Masters-38	2:30.36	2:16.64
	1:02.26	2:16.64 (1:14.38)			
2	Morton, Judith	85	Walnut Creek Masters-38	2:34.00	2:42.02
	1:15.45	2:42.02 (1:26.57)			

## Women 85-89 100 Yard Backstroke

PAC: 1:56.93 P 4/14/2019 ANN KAY

NATL: 1:40.00 N 2/10/2013 BETTY LORENZI

1	Tegner, Thyra	88	Almaden Masters-38	2:55.99	2:44.79
	1:20.07	2:44.79 (1:24.72)			
2	Morton, Judith	85	Walnut Creek Masters-38	2:40.00	2:47.44
	1:21.54	2:47.44 (1:25.90)			

## Women 85-89 100 Yard Breaststroke

PAC: 1:59.35 P 4/28/2023 KRISTIN N JAFFE

NATL: 1:59.35 N 4/28/2023 KRISTIN JAFFE

1	Morton, Judith	85	Walnut Creek Masters-38	3:30.00	3:51.78
	1:49.44	3:51.78 (2:02.34)			

## Women 85-89 100 Yard Butterfly

PAC: 2:18.32 P 12/31/2000 JEAN DURSTON

NATL: 2:07.37 N 4/2/2023 JANE OBERG

1	Morton, Judith	85	Walnut Creek Masters-38	3:50.00	3:36.90
	1:42.58	3:36.90 (1:54.32)			

## Women 85-89 200 Yard IM

PAC: 4:21.54 P 4/10/2016 ANN M HIRSCH

NATL: 4:15.60 N 11/12/2022 JANE OBERG

1	Morton, Judith	85	Walnut Creek Masters-38	6:25.00	6:47.84
	3:17.98	5:21.23 (2:03.25)	6:47.84 (1:26.61)		

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 18-24 100 Yard Freestyle

	<b>PAC:</b>	<b>43.77</b>	<b>P</b>	<b>12/31/2010</b>	<b>ANDY GRANT</b>		
	<b>NATL:</b>	<b>42.59</b>	<b>N</b>	<b>12/1/2012</b>	<b>EUGENE GODSOE</b>		
1	Brown, Cal			23	Walnut Creek Masters-38	48.49	47.75
		23.18					47.75 (24.57)
2	Welsh, Cole			23	Walnut Creek Masters-38	48.50	50.66
		24.33					50.66 (26.33)
3	Flanery, Connor			24	Stanford Masters Swimming-38	55.35	56.90
		26.89					56.90 (30.01)

## Men 18-24 100 Yard Backstroke

	<b>PAC:</b>	<b>49.44</b>	<b>P</b>	<b>4/30/2023</b>	<b>KYLE C MILLIS</b>		
	<b>NATL:</b>	<b>45.36</b>	<b>N</b>	<b>11/30/2012</b>	<b>EUGENE GODSOE</b>		
1	Welsh, Cole			23	Walnut Creek Masters-38	55.50	1:06.97
		33.21					1:06.97 (33.76)
2	Flanery, Connor			24	Stanford Masters Swimming-38	1:10.00	1:07.94
		33.25					1:07.94 (34.69)

## Men 18-24 100 Yard Breaststroke

	<b>PAC:</b>	<b>52.63</b>	<b>P</b>	<b>2/3/2018</b>	<b>JOSH C PRENOT</b>		
	<b>NATL:</b>	<b>52.63</b>	<b>N</b>	<b>2/3/2018</b>	<b>JOSH PRENOT</b>		
1	Welsh, Cole			23	Walnut Creek Masters-38	56.50	1:00.84
		28.06					1:00.84 (32.78)
2	Brown, Cal			23	Walnut Creek Masters-38	1:05.90	1:07.69
		32.45					1:07.69 (35.24)
3	Flanery, Connor			24	Stanford Masters Swimming-38	1:16.73	1:14.57
		34.51					1:14.57 (40.06)

## Men 18-24 100 Yard Butterfly

	<b>PAC:</b>	<b>49.03</b>	<b>P</b>	<b>12/31/2010</b>	<b>ANDY GRANT</b>		
	<b>NATL:</b>	<b>46.65</b>	<b>N</b>	<b>11/30/2012</b>	<b>EUGENE GODSOE</b>		
1	Brown, Cal			23	Walnut Creek Masters-38	55.80	55.54
		25.63					55.54 (29.91)
2	Welsh, Cole			23	Walnut Creek Masters-38	55.00	56.76
		26.09					56.76 (30.67)
3	Flanery, Connor			24	Stanford Masters Swimming-38	1:06.28	1:06.75
		29.61					1:06.75 (37.14)

## Men 18-24 200 Yard IM

	<b>PAC:</b>	<b>1:49.30</b>	<b>P</b>	<b>4/26/2015</b>	<b>COLIN B BABCOCK</b>		
	<b>NATL:</b>	<b>1:48.91</b>	<b>N</b>	<b>2/2/2020</b>	<b>SAMUEL STEWART</b>		
1	Welsh, Cole			23	Walnut Creek Masters-38	2:00.00	2:08.66
		27.86					1:02.28 (34.42) 1:38.26 (35.98) 2:08.66 (30.40)
2	Flanery, Connor			24	Stanford Masters Swimming-38	2:28.66	2:32.55
		31.32					1:11.68 (40.36) 1:57.03 (45.35) 2:32.55 (35.52)

## Men 25-29 100 Yard Freestyle

	<b>PAC:</b>	<b>41.13</b>	<b>P</b>	<b>5/3/2014</b>	<b>NATHAN ADRIAN</b>		
	<b>NATL:</b>	<b>41.13</b>	<b>N</b>	<b>5/3/2014</b>	<b>NATHAN ADRIAN</b>		
1	Zyla, Michal			27	QuickSilver Masters-38	47.79	47.89
		23.04					47.89 (24.85)
2	Hutchinson, Luke			26	Walnut Creek Masters-38	51.00	50.40
		24.41					50.40 (25.99)
3	Torrez, Joseph			27	Uc36	57.52	55.44
		25.17					55.44 (30.27)

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Men 25-29 100 Yard Freestyle)**

4	Calleja-Harris, Skylar	28	Quicksilver Masters-38	1:00.00	55.64
	26.22	55.64	(29.42)		
5	Cho, Andrew	26	Swim Fremont Glenmoor Gardens-38	56.00	55.89
	28.00	55.89	(27.89)		
6	MacDonald, Patrick	29	SF Tsunami Masters-38	1:00.00	58.89
	27.09	58.89	(31.80)		

**Men 25-29 100 Yard Backstroke****PAC: 48.50 P 4/30/2016 ANDREW SAETA****NATL: 45.95 N 4/15/2010 ADAM MANIA**

1	Zyla, Michal	27	Quicksilver Masters-38	52.05	53.80
	26.05	53.80	(27.75)		
2	Hutchinson, Luke	26	Walnut Creek Masters-38	59.00	58.12
	28.84	58.12	(29.28)		
3	Calleja-Harris, Skylar	28	Quicksilver Masters-38	1:05.00	1:02.40
	30.53	1:02.40	(31.87)		
4	Cho, Andrew	26	Swim Fremont Glenmoor Gardens-38	1:05.00	1:05.40
	32.17	1:05.40	(33.23)		
5	Torrez, Joseph	27	Uc36	1:15.00	1:06.13
	31.74	1:06.13	(34.39)		

**Men 25-29 100 Yard Breaststroke****PAC: 51.51 P 4/28/2023 BENJAMIN J CONO****NATL: 51.51 N 4/28/2023 BENJAMIN CONO**

1	Zyla, Michal	27	Quicksilver Masters-38	1:05.00	1:04.10
	29.94	1:04.10	(34.16)		
2	Hutchinson, Luke	26	Walnut Creek Masters-38	1:10.00	1:09.16
	32.71	1:09.16	(36.45)		
3	Mueller, Eric	29	Uc38	1:09.81	1:12.04
	33.71	1:12.04	(38.33)		
4	Torrez, Joseph	27	Uc36	1:22.00	1:15.76
	34.95	1:15.76	(40.81)		

**Men 25-29 100 Yard Butterfly****PAC: 48.06 P 4/29/2017 NATHAN ADRIAN****NATL: 45.32 N 11/30/2012 DAVIS TARWATER**

1	Hutchinson, Luke	26	Walnut Creek Masters-38	53.00	52.92
	25.41	52.92	(27.51)		
2	Zyla, Michal	27	Quicksilver Masters-38	52.62	53.51
	24.72	53.51	(28.79)		
3	Mueller, Eric	29	Uc38	55.60	59.63
	28.48	59.63	(31.15)		
4	Torrez, Joseph	27	Uc36	1:05.51	1:00.60
	25.96	1:00.60	(34.64)		

**Men 25-29 200 Yard IM****PAC: 1:47.71 P 12/20/2014 SEAN R MAHONEY****NATL: 1:41.79 N 12/21/2013 DARIAN TOWNSEND**

1	Zyla, Michal	27	Quicksilver Masters-38	2:00.00	2:03.46
	25.89	57.02	(31.13) 1:35.07 (38.05)	2:03.46	(28.39)
2	Hutchinson, Luke	26	Walnut Creek Masters-38	2:03.00	2:03.79
	25.60	57.51	(31.91) 1:35.93 (38.42)	2:03.79	(27.86)
3	Torrez, Joseph	27	Uc36	2:20.00	2:32.86
	27.54	1:04.43	(36.89) 1:52.49 (48.06)	2:32.86	(40.37)

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Men 25-29 200 Yard IM)**

4	MacDonald, Patrick	29	SF Tsunami Masters-38	2:30.00	2:34.34
	32.65	1:11.55 (38.90)	1:57.54 (45.99)	2:34.34 (36.80)	

**Men 30-34 100 Yard Freestyle**

PAC:	43.18	P	5/3/2014	ANTHONY L ERVIN
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NATL:	42.75	N	12/21/2014	DARIAN TOWNSEND
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1	Greer, George	33	East Bay Bat Rays Masters-38	49.24	49.32
	23.77	49.32 (25.55)			
2	Keshmiri, Armon	30	San Jose Clownfish-38	49.65	50.66
	24.37	50.66 (26.29)			
3	Christenson, Joel	32	East Bay Bat Rays Masters-38	52.10	52.68
	25.31	52.68 (27.37)			
4	Dorn, Kevin	31	San Jose Clownfish-38	59.55	53.74
	25.92	53.74 (27.82)			
5	Watkins, Ben	34	Quicksilver Masters-38	57.00	55.42
	26.43	55.42 (28.99)			
6	Gu, Yue Shen	31	Walnut Creek Masters-38	57.93	58.10
	27.65	58.10 (30.45)			
7	Blundell, Shane	30	San Jose Clownfish-38	58.39	58.80
	28.51	58.80 (30.29)			
8	Thomas, Michael	31	Mountain View Masters-38	58.20	1:00.78
	28.59	1:00.78 (32.19)			
9	Skarzynske, Michael	34	Uc38	1:05.88	1:03.97
	30.12	1:03.97 (33.85)			
10	Bautista, Jair	31	Sacramento Masters-38	1:06.00	1:05.38
	30.56	1:05.38 (34.82)			
11	Arias, Armando	34	San Jose Clownfish-38	1:20.00	1:10.29
	33.56	1:10.29 (36.73)			
12	Xia, Alan	31	Swim Fremont Glenmoor Gardens-38	1:30.00	1:11.86
	32.81	1:11.86 (39.05)			
13	Chen, Dong	34	Quicksilver Masters-38	1:21.00	1:20.11
	37.27	1:20.11 (42.84)			

**Men 30-34 100 Yard Backstroke**

PAC:	49.02	P	4/24/2015	ANTHONY L ERVIN
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NATL:	46.34	N	12/21/2013	ADAM MANIA
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1	Watkins, Ben	34	Quicksilver Masters-38	1:08.00	1:07.11
	32.41	1:07.11 (34.70)			
2	Dorn, Kevin	31	San Jose Clownfish-38	1:16.55	1:07.62
	33.61	1:07.62 (34.01)			
3	Thomas, Michael	31	Mountain View Masters-38	1:06.43	1:11.90
	34.76	1:11.90 (37.14)			
4	Skarzynske, Michael	34	Uc38	1:15.35	1:17.63
	38.18	1:17.63 (39.45)			
5	Xia, Alan	31	Swim Fremont Glenmoor Gardens-38	1:30.00	1:21.78
	38.13	1:21.78 (43.65)			
6	Blundell, Shane	30	San Jose Clownfish-38	1:36.00	1:21.91
	41.93	1:21.91 (39.98)			
7	Arias, Armando	34	San Jose Clownfish-38	1:40.00	1:30.33
	44.65	1:30.33 (45.68)			
---	Gu, Yue Shen	31	Walnut Creek Masters-38	1:16.94	DQ
	38.10	DQ (39.72)			

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

**(Men 30-34 100 Yard Backstroke)**

---	Bautista, Jair	31	Sacramento Masters-38	1:20.00	DQ
	38.86		DQ (42.66)		

**Men 30-34 100 Yard Breaststroke**

PAC: 51.97 P 12/15/2023 BRANDON J FISCHER

NATL: 51.97 N 12/15/2023 BRANDON FISCHER

1	Dorn, Kevin	31	San Jose Clownfish-38	1:18.55	1:11.74
	33.88		1:11.74 (37.86)		
2	Blundell, Shane	30	San Jose Clownfish-38	1:18.04	1:15.52
	35.79		1:15.52 (39.73)		
3	Gu, Yue Shen	31	Walnut Creek Masters-38	1:13.12	1:16.91
	36.19		1:16.91 (40.72)		
4	Watkins, Ben	34	QuickSilver Masters-38	1:20.00	1:18.45
	36.89		1:18.45 (41.56)		
5	Thomas, Michael	31	Mountain View Masters-38	1:15.67	1:21.36
	39.01		1:21.36 (42.35)		
6	Xia, Alan	31	Swim Fremont Glenmoor Gardens-38	1:20.00	1:23.89
	38.67		1:23.89 (45.22)		
7	Skarzynske, Michael	34	Uc38	1:24.24	1:26.25
	40.59		1:26.25 (45.66)		
8	Bautista, Jair	31	Sacramento Masters-38	1:30.00	1:29.93
	41.76		1:29.93 (48.17)		
9	Chen, Dong	34	QuickSilver Masters-38	1:45.00	1:38.71
	46.11		1:38.71 (52.60)		
---	Arias, Armando	34	San Jose Clownfish-38	1:40.00	DQ
	42.04		DQ (46.52)		

**Men 30-34 100 Yard Butterfly**

PAC: 48.07 P 12/16/2019 BRANDON J FISCHER

NATL: 47.28 N 12/20/2013 ADAM MANIA

1	Keshmiri, Armon	30	San Jose Clownfish-38	56.87	57.30
	26.47		57.30 (30.83)		
2	Dorn, Kevin	31	San Jose Clownfish-38	1:05.55	1:00.49
	27.97		1:00.49 (32.52)		
3	Watkins, Ben	34	QuickSilver Masters-38	1:05.00	1:02.93
	28.79		1:02.93 (34.14)		
4	Thomas, Michael	31	Mountain View Masters-38	1:01.78	1:08.52
	30.21		1:08.52 (38.31)		
5	Gu, Yue Shen	31	Walnut Creek Masters-38	1:17.53	1:09.84
	32.22		1:09.84 (37.62)		
6	Blundell, Shane	30	San Jose Clownfish-38	1:30.00	1:12.84
	34.01		1:12.84 (38.83)		
7	Skarzynske, Michael	34	Uc38	1:16.22	1:13.53
	32.68		1:13.53 (40.85)		
8	Bautista, Jair	31	Sacramento Masters-38	1:16.00	1:18.29
	33.85		1:18.29 (44.44)		
9	Arias, Armando	34	San Jose Clownfish-38	1:35.00	1:31.96
	40.96		1:31.96 (51.00)		



## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 30-34 200 Yard IM

PAC: 1:47.82 P 12/19/2021 BRANDON J FISCHER

NATL: 1:42.03 N 12/20/2014 DARIAN TOWNSEND

1	Dorn, Kevin	31	San Jose Clownfish-38	2:27.55	2:21.95
	29.09	1:09.76 (40.67)	1:50.04 (40.28)	2:21.95 (31.91)	
2	Watkins, Ben	34	QuickSilver Masters-38	2:30.00	2:30.76
	30.05	1:08.85 (38.80)	1:54.44 (45.59)	2:30.76 (36.32)	
3	Thomas, Michael	31	Mountain View Masters-38	2:31.89	2:31.54
	33.82	1:13.38 (39.56)	1:57.25 (43.87)	2:31.54 (34.29)	
4	Gu, Yue Shen	31	Walnut Creek Masters-38	2:40.00	2:35.84
	32.80	1:14.55 (41.75)	2:00.54 (45.99)	2:35.84 (35.30)	
5	Blundell, Shane	30	San Jose Clownfish-38	2:40.28	2:40.97
	36.61	1:20.64 (44.03)	2:04.10 (43.46)	2:40.97 (36.87)	
6	Skarzynske, Michael	34	Uc38	2:45.32	2:42.94
	34.12	1:17.37 (43.25)	2:04.14 (46.77)	2:42.94 (38.80)	
7	Bautista, Jair	31	Sacramento Masters-38	3:00.00	2:54.11
	35.54	1:20.24 (44.70)	2:12.16 (51.92)	2:54.11 (41.95)	
8	Arias, Armando	34	San Jose Clownfish-38	3:00.00	3:00.77
	40.73	1:28.48 (47.75)	2:21.79 (53.31)	3:00.77 (38.98)	
9	Chen, Dong	34	QuickSilver Masters-38	4:00.00	3:23.58
	35.85	1:29.78 (53.93)	2:31.65 (1:01.87)	3:23.58 (51.93)	

## Men 35-39 100 Yard Freestyle

PAC: 45.59 P 2/3/2018 TAMAS KEREKJARTO

NATL: 44.24 N 4/20/2009 VLAD PYSHNENKO

1	Tsay, Eric	39	QuickSilver Masters-38	1:00.00	53.76
	25.90	53.76 (27.86)			

## Men 35-39 100 Yard Backstroke

PAC: 51.81 P 12/31/2002 JOHN KEPPELER

NATL: 47.86 N 4/30/2017 JEFF NATALIZIO

1	Tsay, Eric	39	QuickSilver Masters-38	1:10.00	1:07.25
	32.62	1:07.25 (34.63)			

## Men 35-39 100 Yard Breaststroke

PAC: 54.75 P 1/28/2024 BRANDON J FISCHER

NATL: 54.14 N 3/4/2021 JAMES FIKE

1	Tsay, Eric	39	QuickSilver Masters-38	1:10.00	1:07.85
	32.76	1:07.85 (35.09)			

## Men 35-39 100 Yard Butterfly

PAC: 48.86 P 5/11/2018 MATTHEW T MARSHAL

NATL: 47.62 N 3/25/2018 ROLAND SCHOEMAN

1	Tsay, Eric	39	QuickSilver Masters-38	1:10.00	1:02.37
	28.89	1:02.37 (33.48)			

## Men 35-39 200 Yard IM

PAC: 1:52.21 P 9/16/2017 TAMAS KEREKJARTO

NATL: 1:48.74 N 12/22/2002 RONALD KARNAUGH

1	Tsay, Eric	39	QuickSilver Masters-38	2:30.00	2:15.46
	30.96	1:08.28 (37.32)	1:45.98 (37.70)	2:15.46 (29.48)	

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 40-44 100 Yard Freestyle

PAC: 46.53 P 2/29/2020 TAMAS KEREKJARTO

NATL: 45.15 N 5/3/2014 JOSH DAVIS

1	Holbrook, Chad	44	Walnut Creek Masters-38	55.99	55.56
	26.90				55.56 (28.66)
2	Baristiran, Omer	44	Uc38	58.70	58.02
	28.25				58.02 (29.77)
3	Wans, David	43	Santa Clara Swim Club Masters-38	57.39	58.34
	27.68				58.34 (30.66)
4	Wu, Philip	40	Uc38	1:06.00	1:02.12
	29.50				1:02.12 (32.62)
5	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:02.88	1:02.55
	30.54				1:02.55 (32.01)

## Men 40-44 100 Yard Backstroke

PAC: 51.87 P 12/31/2009 RICK GOULD

NATL: 48.49 N 4/26/2009 MICHAEL ROSS

1	Holbrook, Chad	44	Walnut Creek Masters-38	1:04.99	1:03.80
	31.40				1:03.80 (32.40)
2	Baristiran, Omer	44	Uc38	1:09.71	1:06.40
	32.73				1:06.40 (33.67)
3	Wans, David	43	Santa Clara Swim Club Masters-38	1:11.50	1:13.32
	35.38				1:13.32 (37.94)
4	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:18.89	1:17.97
	38.76				1:17.97 (39.21)
5	Wu, Philip	40	Uc38	1:25.00	1:19.40
	39.01				1:19.40 (40.39)

## Men 40-44 100 Yard Breaststroke

PAC: 57.23 P 12/31/2010 ROQUE J SANTOS

NATL: 53.13 N 3/4/2023 JAMES FIKE

1	Wong, Eric	43	Santa Rosa Masters-38	1:07.03	1:03.78
	30.11				1:03.78 (33.67)
2	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:12.76	1:14.37
	35.67				1:14.37 (38.70)
3	Baristiran, Omer	44	Uc38	1:17.68	1:16.54
	36.77				1:16.54 (39.77)
4	Wu, Philip	40	Uc38	1:30.00	1:27.84
	40.96				1:27.84 (46.88)

## Men 40-44 100 Yard Butterfly

PAC: 51.05 P 4/29/2023 NICK BOTT

NATL: 49.27 N 5/4/2008 MICHAEL ROSS

1	Baristiran, Omer	44	Uc38	1:08.97	1:04.18
	29.60				1:04.18 (34.58)
2	Wu, Philip	40	Uc38	1:25.00	1:11.68
	32.03				1:11.68 (39.65)
3	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:14.96	1:16.33
	35.95				1:16.33 (40.38)

## Men 40-44 200 Yard IM

PAC: 1:53.59 P 12/31/2009 ROQUE J SANTOS

NATL: 1:50.17 N 4/28/2023 MARKUS ROGAN

1	Wong, Eric	43	Santa Rosa Masters-38	2:14.01	2:11.72
	26.67				1:02.01 (35.34)
					1:40.01 (38.00)
					2:11.72 (31.71)

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Men 40-44 200 Yard IM)**

2	Holbrook, Chad	44	Walnut Creek Masters-38	2:17.99	2:22.47
	31.10	1:06.43 (35.33)	1:49.36 (42.93)	2:22.47 (33.11)	
3	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	2:39.06	2:36.88
	35.56	1:18.07 (42.51)	2:01.18 (43.11)	2:36.88 (35.70)	
4	Wans, David	43	Santa Clara Swim Club Masters-38	2:40.00	2:39.38
	32.26	1:15.71 (43.45)	2:03.39 (47.68)	2:39.38 (35.99)	
---	Baristiran, Omer	44	Uc38	2:27.71	DQ
	30.84	1:09.52 (38.68)	1:53.33 (43.81)	DQ (33.40)	
---	Wu, Philip	40	Uc38	2:50.00	DQ
	31.46	1:14.40 (42.94)	2:09.47 (55.07)	DQ (39.44)	

**Men 45-49 100 Yard Freestyle****PAC: 46.72 P 12/31/2009 RICH SAEGER****NATL: 46.21 N 4/26/2015 NICOLAS GRANGER**

1	Sarrigeorgidis, Kostas	49	Stanford Masters Swimming-38	55.00	55.79
	27.26	55.79 (28.53)			
2	Mustiazza, Oleg	45	Google Masters Swimming-38	1:10.00	1:06.32
	30.88	1:06.32 (35.44)			
3	Wong, Kevin	45	Quicksilver Masters-38	1:55.00	1:31.67
	42.41	1:31.67 (49.26)			
4	Li, Peter	46	Quicksilver Masters-38	1:55.00	1:44.06
	44.12	1:44.06 (59.94)			

**Men 45-49 100 Yard Backstroke****PAC: 52.84 P 5/4/2014 RICK GOULD****NATL: 50.83 N 4/1/2023 CHUCK BARNES**

1	Sarrigeorgidis, Kostas	49	Stanford Masters Swimming-38	1:12.00	1:11.28
	35.14	1:11.28 (36.14)			

**Men 45-49 100 Yard Breaststroke****PAC: 1:00.65 P 12/31/2003 LEE A RIDER****NATL: 55.69 N 5/13/2018 STEVE WEST**

1	Sarrigeorgidis, Kostas	49	Stanford Masters Swimming-38	1:17.00	1:22.73
	38.79	1:22.73 (43.94)			
2	Wong, Kevin	45	Quicksilver Masters-38	1:55.00	1:39.74
	46.72	1:39.74 (53.02)			
3	Li, Peter	46	Quicksilver Masters-38	2:00.00	1:48.00
	47.42	1:48.00 (1:00.58)			

**Men 45-49 100 Yard Butterfly****PAC: 52.96 P 12/31/2012 MATT JONES****NATL: 50.20 N 4/29/2022 CHUCK BARNES**

1	Sarrigeorgidis, Kostas	49	Stanford Masters Swimming-38	1:01.34	1:03.06
	28.74	1:03.06 (34.32)			

**Men 45-49 200 Yard IM****PAC: 1:58.59 P 5/4/2014 SERGEY MARINIUK****NATL: 1:51.44 N 4/26/2015 NICOLAS GRANGER**

1	Sarrigeorgidis, Kostas	49	Stanford Masters Swimming-38	2:25.00	2:23.15
	30.88	1:09.72 (38.84)	1:52.05 (42.33)	2:23.15 (31.10)	
2	Mustiazza, Oleg	45	Google Masters Swimming-38	3:35.00	3:16.89
	39.86	1:34.78 (54.92)	2:31.55 (56.77)	3:16.89 (45.34)	

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 50-54 100 Yard Freestyle

PAC: 49.08 P 12/31/2008 PETER NUNAN

NATL: 46.59 N 5/10/2009 ROWDY GAINES

1	Wehmann, Todd	51	Marcia's Enthusiastic Masters-38	58.56	58.20
	28.44	58.20 (29.76)			
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	1:00.00	1:00.30
	29.51	1:00.30 (30.79)			
3	Lehnert, Ahren	50	Marcia's Enthusiastic Masters-38	1:03.31	1:02.30
	30.27	1:02.30 (32.03)			
4	Stojanovic, Nikola	53	San Jose Clownfish-38	1:10.00	1:05.60
	31.07	1:05.60 (34.53)			

## Men 50-54 100 Yard Backstroke

PAC: 53.25 P 4/14/2019 RICK GOULD

NATL: 52.72 N 3/21/2015 FRITZ BEDFORD

1	Wehmann, Todd	51	Marcia's Enthusiastic Masters-38	1:10.53	1:08.68
	34.25	1:08.68 (34.43)			
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	1:13.55	1:16.42
	37.70	1:16.42 (38.72)			
3	Stojanovic, Nikola	53	San Jose Clownfish-38	1:36.00	1:27.64
	41.99	1:27.64 (45.65)			

## Men 50-54 100 Yard Breaststroke

PAC: 1:00.76 P 12/31/2010 GARY L PATTERSON

NATL: 56.25 N 4/30/2022 STEVE WEST

1	Lehnert, Ahren	50	Marcia's Enthusiastic Masters-38	1:21.51	1:22.86
	38.94	1:22.86 (43.92)			
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	1:19.80	1:23.14
	39.46	1:23.14 (43.68)			
3	Stojanovic, Nikola	53	San Jose Clownfish-38	1:36.00	1:32.11
	43.52	1:32.11 (48.59)			

## Men 50-54 100 Yard Butterfly

PAC: 51.93 P 12/31/2008 PAUL V CARTER

NATL: 51.60 N 4/16/2023 WILLIAM WEAVER

1	Rosales-Delmoral, Romer	51	Menlo Masters-38	1:09.00	1:08.61
	32.63	1:08.61 (35.98)			

## Men 50-54 200 Yard IM

PAC: 2:00.66 P 5/4/2014 DARREN D PHALEN

NATL: 1:58.19 N 3/11/2017 MIKE IRVIN

1	Wehmann, Todd	51	Marcia's Enthusiastic Masters-38	2:36.42	2:30.67
	33.48	1:13.49 (40.01)	1:57.79 (44.30)	2:30.67 (32.88)	
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	2:31.83	2:32.67
	32.31	1:14.60 (42.29)	1:59.90 (45.30)	2:32.67 (32.77)	
3	Lehnert, Ahren	50	Marcia's Enthusiastic Masters-38	3:00.44	2:56.19
	35.92	1:27.82 (51.90)	2:19.38 (51.56)	2:56.19 (36.81)	
---	Stojanovic, Nikola	53	San Jose Clownfish-38	2:57.00	DQ
		2:24.86 ( )	DQ (41.99)		

## Men 55-59 100 Yard Freestyle

PAC: 50.21 P 12/31/2008 JIM GRIFFITH

NATL: 48.37 N 4/30/2000 RICHARD ABRAHAMS

1	Bucter, Pete	59	QuickSilver Masters-38	57.00	57.76
	28.22	57.76 (29.54)			

**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****(Men 55-59 100 Yard Freestyle)**

2	Gibson, Ben	55	Almaden Masters-38	55.00	58.51
	27.85	58.51	(30.66)		
3	Sosnowski, Thomas	55	Almaden Masters-38	1:03.00	58.54
	28.36	58.54	(30.18)		
4	Goode, John	57	Google Masters Swimming-38	1:06.80	1:03.03
	30.24	1:03.03	(32.79)		

**Men 55-59 100 Yard Backstroke****PAC: 56.56 P 7/24/2021 BRIAN A JONES****NATL: 53.81 N 2/25/2017 STEVE WOOD**

1	Gibson, Ben	55	Almaden Masters-38	1:10.00	1:11.62
	35.67	1:11.62	(35.95)		
---	Goode, John	57	Google Masters Swimming-38	1:18.61	DQ
	38.22	DQ	(38.67)		

**Men 55-59 100 Yard Breaststroke****PAC: 1:03.22 P 12/31/2001 ROBERT STRAND****NATL: 57.95 N 5/13/2018 CARLO TRAVAINI**

1	Bucter, Pete	59	Quicksilver Masters-38	1:12.00	1:10.30
	33.36	1:10.30	(36.94)		
2	Gibson, Ben	55	Almaden Masters-38	1:10.02	1:14.38
	35.62	1:14.38	(38.76)		
3	Sosnowski, Thomas	55	Almaden Masters-38	1:15.00	1:17.07
	36.81	1:17.07	(40.26)		
4	Goode, John	57	Google Masters Swimming-38	1:18.40	1:18.24
	38.11	1:18.24	(40.13)		

**Men 55-59 100 Yard Butterfly****PAC: 53.90 P 5/12/2013 PAUL V CARTER****NATL: 53.32 N 7/24/2021 STEVE HILTABIDDLE**

1	Gibson, Ben	55	Almaden Masters-38	56.33	1:02.23
	29.25	1:02.23	(32.98)		
2	Sosnowski, Thomas	55	Almaden Masters-38	1:08.00	1:06.92
	31.16	1:06.92	(35.76)		
3	Goode, John	57	Google Masters Swimming-38	1:27.80	1:21.64
	36.25	1:21.64	(45.39)		

**Men 55-59 200 Yard IM****PAC: 2:08.65 P 4/28/2017 PAUL V CARTER****NATL: 2:00.19 N 3/18/2023 MIKE IRVIN**

1	Gibson, Ben	55	Almaden Masters-38	2:17.08	2:24.07
	29.33	1:09.41 (40.08)	1:50.80 (41.39)	2:24.07 (33.27)	
2	Goode, John	57	Google Masters Swimming-38	2:50.00	2:44.89
	37.53	1:21.86 (44.33)	2:10.07 (48.21)	2:44.89 (34.82)	

**Men 60-64 100 Yard Freestyle****PAC: 50.92 P 4/3/2022 TOM HARVILL****NATL: 49.14 N 5/22/2005 RICHARD ABRAHAMS**

1	Tom, Daniel	60	Menlo Masters-38	1:02.00	59.01
	27.82	59.01	(31.19)		
2	Keighley, Tim	62	Quicksilver Masters-38	57.74	59.41
	28.85	59.41	(30.56)		
3	Taylor, Ron	63	Richmond Plunge Masters-38	1:00.58	1:00.76
	29.49	1:00.76	(31.27)		

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

**(Men 60-64 100 Yard Freestyle)**

4	Goble, John	31.58	1:04.36 (32.78)	61	Quicksilver Masters-38	1:06.00	1:04.36
5	Yuen, Matt	35.97	1:10.16 (34.19)	64	Quicksilver Masters-38	1:06.88	1:10.16
6	Ewing, Jack	34.71	1:11.86 (37.15)	63	University of San Francisco Ma-38	1:15.56	1:11.86

**Men 60-64 100 Yard Backstroke**

PAC: 1:01.40 P 12/31/2004 RICHARD BURNS

NATL: 57.46 N 4/30/2016 TOM BARTON

1	Taylor, Ron	31.75	1:07.16 (35.41)	63	Richmond Plunge Masters-38	1:06.94	1:07.16
2	Keighley, Tim	34.84	1:09.09 (34.25)	62	Quicksilver Masters-38	1:10.47	1:09.09
3	Yuen, Matt	37.21	1:15.95 (38.74)	64	Quicksilver Masters-38	1:21.88	1:15.95
4	Goble, John	40.47	1:21.52 (41.05)	61	Quicksilver Masters-38	1:30.00	1:21.52
---	Tom, Daniel	34.84	DQ (36.66)	60	Menlo Masters-38	1:15.00	DQ

**Men 60-64 100 Yard Breaststroke**

PAC: 1:05.46 P 12/31/2006 ROBERT STRAND

NATL: 58.98 N 4/28/2023 CARLO TRAVAINI

1	Tom, Daniel	33.67	1:11.25 (37.58)	60	Menlo Masters-38	1:08.00	1:11.25
2	Keighley, Tim	35.84	1:16.03 (40.19)	62	Quicksilver Masters-38	1:18.74	1:16.03
3	King, Ian	40.74	1:27.27 (46.53)	61	Walnut Creek Masters-38	1:30.00	1:27.27

**Men 60-64 100 Yard Butterfly**

PAC: 54.70 P 5/11/2018 PAUL V CARTER

NATL: 54.70 N 5/11/2018 PAUL CARTER

1	Keighley, Tim	29.18	1:02.79 (33.61)	62	Quicksilver Masters-38	1:04.74	1:02.79
2	Tom, Daniel	30.78	1:07.89 (37.11)	60	Menlo Masters-38	1:12.00	1:07.89
3	King, Ian	34.63	1:13.60 (38.97)	61	Walnut Creek Masters-38	1:11.52	1:13.60

**Men 60-64 200 Yard IM**

PAC: 2:10.85 P 5/1/2011 TIM BRODERICK

NATL: 2:03.26 N 5/4/2014 RICK COLELLA

1	Tom, Daniel	33.16	1:13.83 (40.67)	60	Menlo Masters-38	2:40.00	2:29.54
						1:56.06 (42.23)	2:29.54 (33.48)
2	Keighley, Tim	30.23	1:08.49 (38.26)	62	Quicksilver Masters-38	2:27.47	2:30.51
						1:53.68 (45.19)	2:30.51 (36.83)
3	King, Ian	1:17.50		61	Walnut Creek Masters-38	2:45.00	2:47.27
						2:08.04 ( )	2:47.27 (39.23)
4	Ewing, Jack	39.66	1:28.86 (49.20)	63	University of San Francisco Ma-38	3:05.11	3:01.04
						2:19.03 (50.17)	3:01.04 (42.01)

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 65-69 100 Yard Freestyle

PAC: 53.66 P 12/31/2009 JAMES E ELDER

NATL: 49.42 N 5/22/2010 RICHARD ABRAHAMS

1	Fero, Michael	65	Menlo Masters-38	1:15.00	1:08.94
	33.82	1:08.94 (35.12)			
2	Anderson, Bob	68	Menlo Masters-38	1:15.00	1:13.17
	35.75	1:13.17 (37.42)			

## Men 65-69 100 Yard Backstroke

PAC: 59.62 P 5/9/2013 HUGH WILDER

NATL: 59.62 N 5/12/2013 HUGH WILDER

1	Fero, Michael	65	Menlo Masters-38	2:00.00	1:34.00
	45.54	1:34.00 (48.46)			
2	Anderson, Bob	68	Menlo Masters-38	1:40.00	1:39.36
	48.65	1:39.36 (50.71)			

## Men 65-69 100 Yard Breaststroke

PAC: 1:08.19 P 12/31/2009 DAVID R GILDEA

NATL: 1:02.75 N 4/28/2017 RICK COLELLA

1	Anderson, Bob	68	Menlo Masters-38	1:25.00	1:25.00
	40.51	1:25.00 (44.49)			
2	Fero, Michael	65	Menlo Masters-38	2:00.00	1:32.13
	43.85	1:32.13 (48.28)			

## Men 65-69 100 Yard Butterfly

PAC: 1:02.64 P 12/31/2009 RICHARD BURNS

NATL: 56.36 N 5/21/2010 RICHARD ABRAHAMS

1	Anderson, Bob	68	Menlo Masters-38	1:25.00	1:25.03
	39.42	1:25.03 (45.61)			
2	Fero, Michael	65	Menlo Masters-38	1:35.00	1:31.66
	44.39	1:31.66 (47.27)			

## Men 65-69 200 Yard IM

PAC: 2:17.03 P 4/9/2016 TIM BRODERICK

NATL: 2:03.63 N 4/28/2017 RICK COLELLA

1	Anderson, Bob	68	Menlo Masters-38	3:12.00	3:05.20
	42.17	1:35.12 (52.95)	2:25.24 (50.12)	3:05.20 (39.96)	
---	Fero, Michael	65	Menlo Masters-38	3:25.00	DQ
	41.64	1:32.77 (51.13)	2:22.86 (50.09)	DQ (38.12)	

## Men 70-74 100 Yard Freestyle

PAC: 56.42 P 5/12/2018 ANDREW M MCPHERSO

NATL: 53.90 N 4/16/2023 RICK COLELLA

1	Bernard, Alan	74	Tamalpais Aquatic Masters-38	1:03.99	1:02.84
	30.77	1:02.84 (32.07)			
2	Bell, Gordon	71	Walnut Creek Masters-38	1:06.00	1:08.77
	33.24	1:08.77 (35.53)			
3	Small, Stephen	71	Marcia's Enthusiastic Masters-38	1:15.00	1:09.51
	33.64	1:09.51 (35.87)			
4	Varanasi, Sekhar	71	Santa Clara Swim Club Masters-38	1:30.00	1:17.12
	36.82	1:17.12 (40.30)			

## QuickSilver Masters Mid-Distance Pentathlon - 3/30/2024

Sanction #: 384-S008

## Results

## Men 70-74 100 Yard Backstroke

PAC: 1:05.42 P 4/24/2015 RICHARD BURNS

NATL: 1:01.79 N 11/6/2022 RICK COLELLA

1	Bernard, Alan	74	Tamalpais Aquatic Masters-38	1:16.99	1:20.92
	40.00				1:20.92 (40.92)
2	Small, Stephen	71	Marcia's Enthusiastic Masters-38	1:30.00	1:25.52
	42.15				1:25.52 (43.37)
3	Bell, Gordon	71	Walnut Creek Masters-38	1:30.00	1:25.90
	41.95				1:25.90 (43.95)
4	Varanasi, Sekhar	71	Santa Clara Swim Club Masters-38	1:35.00	1:38.68
	48.18				1:38.68 (50.50)

## Men 70-74 100 Yard Breaststroke

PAC: 1:11.75 P 9/29/2013 DAVID R GILDEA

NATL: 1:04.95 N 4/30/2022 RICK COLELLA

1	Bernard, Alan	74	Tamalpais Aquatic Masters-38	1:28.99	1:26.34
	40.67				1:26.34 (45.67)
2	Varanasi, Sekhar	71	Santa Clara Swim Club Masters-38	1:28.00	1:26.42
	41.77				1:26.42 (44.65)
3	Bell, Gordon	71	Walnut Creek Masters-38	1:35.00	1:27.57
	41.69				1:27.57 (45.88)
4	Small, Stephen	71	Marcia's Enthusiastic Masters-38	1:35.00	1:30.40
	42.84				1:30.40 (47.56)

## Men 70-74 100 Yard Butterfly

PAC: 1:02.96 P 4/30/2017 ANDREW M MCPHERSO

NATL: 58.74 N 11/6/2022 RICK COLELLA

1	Bernard, Alan	74	Tamalpais Aquatic Masters-38	1:13.99	1:11.11
	33.30				1:11.11 (37.81)
2	Bell, Gordon	71	Walnut Creek Masters-38	1:28.00	1:32.46
	39.84				1:32.46 (52.62)
3	Small, Stephen	71	Marcia's Enthusiastic Masters-38	1:50.00	1:32.75
	40.68				1:32.75 (52.07)
4	Varanasi, Sekhar	71	Santa Clara Swim Club Masters-38	1:35.00	1:44.48
	47.85				1:44.48 (56.63)

## Men 70-74 200 Yard IM

PAC: 2:24.56 P 4/13/2019 ALEK I SHESTAKOV

NATL: 2:10.59 N 5/1/2022 RICK COLELLA

1	Bernard, Alan	74	Tamalpais Aquatic Masters-38	2:50.99	2:44.68
	36.60				1:21.19 (44.59) 2:10.55 (49.36) 2:44.68 (34.13)
2	Bell, Gordon	71	Walnut Creek Masters-38	2:55.00	3:02.24
	41.97				1:30.31 (48.34) 2:21.72 (51.41) 3:02.24 (40.52)
3	Small, Stephen	71	Marcia's Enthusiastic Masters-38	3:10.00	3:04.00
	41.96				1:29.02 (47.06) 2:23.27 (54.25) 3:04.00 (40.73)
4	Varanasi, Sekhar	71	Santa Clara Swim Club Masters-38	3:15.00	3:23.60
	46.91				1:42.78 (55.87) 2:35.10 (52.32) 3:23.60 (48.50)

## Men 85-89 100 Yard Freestyle

PAC: 1:29.20 P 12/31/2004 WILLIAM JOHNSTON

NATL: 1:10.92 N 4/18/2010 FRANK PIEMME

1	Fleming, Jack	88	University of San Francisco Ma-38	1:55.37	1:53.71
	54.86				1:53.71 (58.85)



**Quicksilver Masters Mid-Distance Pentathlon - 3/30/2024****Sanction #: 384-S008****Results****Men 85-89 100 Yard Breaststroke****PAC: 1:42.86 P 12/31/2003 ALDO DA ROSA****NATL: 1:34.67 N 4/18/2010 FRANK PIEMME**

1	Fleming, Jack	88	University of San Francisco Ma-38	2:06.22	2:01.21
		55.90			2:01.21 (1:05.31)

**Men 85-89 200 Yard IM****PAC: 3:41.92 P 12/31/2003 ALDO DA ROSA****NATL: 3:18.10 N 4/18/2010 FRANK PIEMME**

1	Fleming, Jack	88	University of San Francisco Ma-38	4:04.12	4:32.55
		1:04.51			2:19.70 (1:15.19) 3:31.25 (1:11.55) 4:32.55 (1:01.30)