

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 18-24 50 SC Meter Freestyle

NATL: 25.58 % 11/20/2010 J BECKBERGER

PAC: 26.33 # 12/31/2009 Meg Gill

Name	Age	Team	Seed Time	Finals Time
1 Lawson, Abigail	19	San Jose Clownfish-38	38.50	37.07
2 Pickett, Shauna	24	San Jose Clownfish-38	38.75	40.05

Women 18-24 100 SC Meter Freestyle

NATL: 55.86 % 11/21/2010 J BECKBERGER

PAC: 57.99 # 10/9/2016 Catherine Breed

1 Teng, Cathy	24	Menlo Masters-38	1:02.00	1:01.76
	29.91	1:01.76 (31.85)		
2 Torrijos Vera, Andrea	23	Sacramento Masters-38	1:20.00	1:10.26
	34.12	1:10.26 (36.14)		
3 Lawson, Abigail	19	San Jose Clownfish-38	1:28.25	1:19.12
	38.74	1:19.12 (40.38)		
4 Lewis, Midori	20	San Ramon Valley Aquatics Mast-38	1:35.00	1:21.79
	40.33	1:21.79 (41.46)		

Women 18-24 200 SC Meter Freestyle

NATL: 2:03.39 % 12/6/2009 ALEXANDRA LEE

PAC: 2:03.39 # 12/31/2009 Alexandra Lee

1 Torrijos Vera, Andrea	23	Sacramento Masters-38	2:50.00	2:31.71
	35.19	1:13.53 (38.34)	1:53.18 (39.65)	2:31.71 (38.53)
2 Lawson, Abigail	19	San Jose Clownfish-38	3:00.00	2:55.52
	41.11	1:25.30 (44.19)	2:11.55 (46.25)	2:55.52 (43.97)

Women 18-24 800 SC Meter Freestyle

NATL: 8:58.71 % 12/9/2001 DAWN HECKMAN

PAC: 9:36.75 # 1/30/2016 Mackenzie M Leake

1 Teng, Cathy	24	Menlo Masters-38	11:00.00	10:10.66
	35.40	1:12.71 (37.31)	1:50.96 (38.25)	2:29.68 (38.72)
	3:08.40 (38.72)	3:47.03 (38.63)	4:25.53 (38.50)	5:04.47 (38.94)
	5:43.19 (38.72)	6:22.06 (38.87)	7:00.89 (38.83)	7:39.78 (38.89)
	8:17.98 (38.20)	8:56.30 (38.32)	9:34.53 (38.23)	10:10.66 (36.13)

Women 18-24 1500 SC Meter Freestyle

NATL: 17:15.23 % 11/11/2001 DAWN HECKMAN

PAC: 17:47.75 # 1/30/2016 Mikkel-Ane Stipe

1 Teng, Cathy	24	Menlo Masters-38	20:00.00	19:37.24
	35.40	1:13.62 (38.22)	1:52.86 (39.24)	2:32.50 (39.64)
	3:11.57 (39.07)	3:51.01 (39.44)	4:30.20 (39.19)	5:09.59 (39.39)
	5:49.14 (39.55)	6:28.62 (39.48)	7:08.11 (39.49)	7:47.72 (39.61)
	8:27.06 (39.34)	9:06.93 (39.87)	9:46.62 (39.69)	10:26.18 (39.56)
	11:06.00 (39.82)	11:46.22 (40.22)	12:26.17 (39.95)	13:06.25 (40.08)
	13:45.94 (39.69)	14:25.46 (39.52)	15:05.01 (39.55)	15:44.23 (39.22)
	16:24.03 (39.80)	17:03.38 (39.35)	17:42.05 (38.67)	18:21.04 (38.99)
	18:59.96 (38.92)	19:37.24 (37.28)		

Women 18-24 50 SC Meter Backstroke

NATL: 29.69 % 12/10/2000 PAIGE FRANCIS

PAC: 30.99 # 9/24/2017 Kali L Conlon

1 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	36.00	37.68
2 Lawson, Abigail	19	San Jose Clownfish-38	44.00	44.68
3 Pickett, Shauna	24	San Jose Clownfish-38	48.00	47.93

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 18-24 100 SC Meter Backstroke**NATL: 59.45 % 11/21/2009 **PETRA KLOSOVA**PAC: 1:05.18 # 12/31/2009 **Alexandra Lee**

1	Lawson, Abigail	19	San Jose Clownfish-38	1:39.25	1:34.22
	46.63		1:34.22 (47.59)		

Women 18-24 50 SC Meter BreaststrokeNATL: 32.09 % 12/10/1995 **BEATA KASZUBA**PAC: 33.66 # 9/22/2013 **Penelope R Yamauc**

1	Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	41.00	42.32
2	Torrijos Vera, Andrea	23	Sacramento Masters-38	47.00	43.75
3	Pickett, Shauna	24	San Jose Clownfish-38	57.00	52.39

Women 18-24 50 SC Meter ButterflyNATL: 28.37 % 12/5/2009 **MEG GILL**PAC: 28.23 # 10/4/2014 **Caitlin DeNise**

1	Teng, Cathy	24	Menlo Masters-38	30.00	31.22
2	Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	34.00	33.91
3	Lewis, Midori	20	San Ramon Valley Aquatics Mast-38	55.00	38.11
4	Pickett, Shauna	24	San Jose Clownfish-38	42.50	44.78

Women 18-24 100 SC Meter IMNATL: 1:01.74 % 12/6/2009 **KARA DENBY**PAC: 1:05.34 # 9/22/2013 **Penelope R Yamauc**

1	Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	1:20.00	1:19.29
	36.53		1:19.29 (42.76)		
2	Torrijos Vera, Andrea	23	Sacramento Masters-38	1:45.00	1:23.31
	40.12		1:23.31 (43.19)		

Women 18-24 400 SC Meter IMNATL: 4:50.84 % 10/29/2011 **KATHERINE MILLS**PAC: 5:05.94 # 9/22/2013 **Penelope R Yamauc**

1	Teng, Cathy	24	Menlo Masters-38	5:45.00	5:32.50
	35.09		1:14.92 (39.83)	1:58.69 (43.77)	2:42.87 (44.18)
	3:30.17 (47.30)		4:18.67 (48.50)	4:55.81 (37.14)	5:32.50 (36.69)

Women 25-29 50 SC Meter FreestyleNATL: 25.52 % 12/2/2017 **L IBANEZ LOPEZ**PAC: 26.81 # 12/31/2012 **Erin Reilly**WRL(5): 11:00.00 & 2000 **Anna HOPKIN**WRL(6): 11:00.00 2000 **Anna HOPKIN**

1	Ocampo, Adrienne Soleil	27	Temescal Aquatic Masters-38	38.00	32.36 &
2	Renaud, Alice	28	Uc38	34.54	32.72 &
3	Vasicsek, Reka	27	Marcia's Enthusiastic Masters-38	29.96	33.49 &
4	Hampel, Tara	25	San Jose Clownfish-38	37.70	34.69 &
5	Karimi, Golsa	26	Walnut Creek Masters-38	35.00	39.89 &
6	Valencia, Juliana	26	Marcia's Enthusiastic Masters-38	37.00	42.53 &
7	Yegorova, Irina	28	Walnut Creek Masters-38	1:00.00	49.62 &

Women 25-29 50 SC Meter FreestyleNATL: 25.52 % 12/2/2017 **L IBANEZ LOPEZ**PAC: 26.81 # 12/31/2012 **Erin Reilly**WRL(5): 11:00.00 & 2000 **Anna HOPKIN**WRL(6): 11:00.00 2000 **Anna HOPKIN**

1	Woo, Emily	29	Marcia's Enthusiastic Masters-38	NT	34.70 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 25-29 100 SC Meter Freestyle**

	NATL:	55.06	%	12/1/2017	L IBANEZ LOPEZ		
	PAC:	59.01	#	12/31/2002	Liesl Taner		
	WRL(5):	11:00.00	&	2000	Anna HOPKIN		
	WRL(6):	11:00.00		2000	Anna HOPKIN		
1	Hamza, Haley			28	Sacramento Masters-38	1:05.00	1:05.29 &
		31.51					1:05.29 (33.78)
2	Latner, Brooke			28	Walnut Creek Masters-38	1:05.00	1:07.38 &
		32.06					1:07.38 (35.32)
3	Ocampo, Adrienne Soleil			27	Temescal Aquatic Masters-38	1:08.00	1:12.50 &
		33.81					1:12.50 (38.69)
4	Renaud, Alice			28	Uc38	1:08.67	1:13.36 &
		34.96					1:13.36 (38.40)
5	Hampel, Tara			25	San Jose Clownfish-38	1:27.75	1:16.22 &
		36.89					1:16.22 (39.33)
6	Kelley, Ashlen			25	San Jose Clownfish-38	1:28.00	1:23.18 &
		40.14					1:23.18 (43.04)
7	Roe, Olivia			29	San Jose Clownfish-38	1:35.25	1:24.67 &
		41.22					1:24.67 (43.45)
8	Karimi, Golsa			26	Walnut Creek Masters-38	1:20.00	1:34.26 &
		42.83					1:34.26 (51.43)
9	Valencia, Juliana			26	Marcia's Enthusiastic Masters-38	1:30.00	1:35.79 &
		42.67					1:35.79 (53.12)
10	Busatto, Katherine			26	CoastSide Tiger Sharks-38	1:40.00	1:47.80 &
		48.49					1:47.80 (59.31)

Women 25-29 200 SC Meter Freestyle

	NATL:	1:59.39	%	12/3/2017	L IBANEZ LOPEZ		
	PAC:	2:10.96	#	12/31/2010	Erin Reilly		
	WRL(5):	2:00.00	&	2000	Tessa VERMEULEN		
	WRL(6):	2:00.00		2000	Tessa VERMEULEN		
1	Latner, Brooke			28	Walnut Creek Masters-38	NT	2:29.39
2	Woo, Emily			29	Marcia's Enthusiastic Masters-38	NT	2:56.00
3	Redor, Devin			29	Marcia's Enthusiastic Masters-38	NT	3:44.93

Women 25-29 200 SC Meter Freestyle

	NATL:	1:59.39	%	12/3/2017	L IBANEZ LOPEZ		
	PAC:	2:10.96	#	12/31/2010	Erin Reilly		
	WRL(5):	2:00.00	&	2000	Tessa VERMEULEN		
	WRL(6):	2:00.00		2000	Tessa VERMEULEN		
1	Humann, Alexandra			27	Walnut Creek Masters-38	2:30.30	2:32.55
		33.69					1:11.03 (37.34) 1:51.18 (40.15) 2:32.55 (41.37)
2	Vasicsek, Reka			27	Marcia's Enthusiastic Masters-38	2:29.00	2:42.86
		34.77					1:14.99 (40.22) 1:58.78 (43.79) 2:42.86 (44.08)
3	Renaud, Alice			28	Uc38	2:35.55	2:42.96
		37.07					1:18.71 (41.64) 2:00.95 (42.24) 2:42.96 (42.01)

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Women 25-29 400 SC Meter Freestyle

NATL: 4:24.18 % 3/31/1996 SHEILA TAORMINA

PAC: 4:36.92 # 12/31/2012 Christina A McGow

WRL(5): 2:00.00 & 2000 Tessa VERMEULEN

WRL(6): 2:00.00 2000 Tessa VERMEULEN

1	Hamza, Haley	28	Sacramento Masters-38	4:40.00	4:58.65
	34.21	1:11.19 (36.98)	1:49.49 (38.30)	2:27.47 (37.98)	
	3:05.55 (38.08)	3:43.91 (38.36)	4:21.99 (38.08)	4:58.65 (36.66)	

Women 25-29 800 SC Meter Freestyle

NATL: 8:51.18 % 3/31/1996 SHEILA TAORMINA

PAC: 9:40.57 # 10/12/2019 Mackenzie M Leake

WRL(5): 3:00.00 & 2000 Sheila TAORMINA

WRL(6): 3:00.00 2000 Sheila TAORMINA

1	Hamza, Haley	28	Sacramento Masters-38	9:20.00	10:16.89
	33.98	1:10.63 (36.65)	1:48.50 (37.87)	2:27.08 (38.58)	
	3:05.49 (38.41)	3:44.09 (38.60)	4:23.40 (39.31)	5:02.68 (39.28)	
	5:42.27 (39.59)	6:22.09 (39.82)	7:01.64 (39.55)	7:41.22 (39.58)	
	8:20.86 (39.64)	8:59.70 (38.84)	9:38.63 (38.93)	10:16.89 (38.26)	
2	Woo, Emily	29	Marcia's Enthusiastic Masters-38	12:13.00	12:05.01
	40.62	1:26.09 (45.47)	2:12.43 (46.34)	2:59.24 (46.81)	
	3:45.43 (46.19)	4:31.84 (46.41)	5:17.88 (46.04)	6:03.76 (45.88)	
	6:49.60 (45.84)	7:35.42 (45.82)	8:20.70 (45.28)	9:06.45 (45.75)	
	9:52.69 (46.24)	10:37.94 (45.25)	11:23.01 (45.07)	12:05.01 (42.00)	
3	Karimi, Golsa	26	Walnut Creek Masters-38	20:00.00	15:43.92
	50.87	1:48.55 (57.68)	2:49.23 (1:00.68)	3:50.20 (1:00.97)	
	4:50.80 (1:00.60)	5:49.06 (58.26)	6:48.28 (59.22)	7:49.16 (1:00.88)	
	8:50.57 (1:01.41)	9:51.09 (1:00.52)	10:51.96 (1:00.87)	11:54.54 (1:02.58)	
	12:55.42 (1:00.88)	13:56.13 (1:00.71)	14:56.16 (1:00.03)	15:43.92 (47.76)	

Women 25-29 1500 SC Meter Freestyle

NATL: 16:36.07 % 3/31/1996 SHEILA TAORMINA

PAC: 17:19.93 # 1/28/2017 Allison A Arnold

WRL(5): 3:00.00 & 2000 Sheila TAORMINA

WRL(6): 3:00.00 2000 Sheila TAORMINA

1	Crow, Vivian	27	Davis Aquatic Masters-38	20:30.07	21:08.95
	37.16	1:17.17 (40.01)	1:57.81 (40.64)	2:39.38 (41.57)	
	3:20.80 (41.42)	4:02.22 (41.42)	4:44.20 (41.98)	5:26.03 (41.83)	
	6:07.99 (41.96)	6:49.88 (41.89)	7:02.22 (12.34)	7:15.34 (13.12)	
	7:31.98 (16.64)	7:45.38 (13.40)	8:13.99 (28.61)	8:56.21 (42.22)	
	9:39.09 (42.88)	10:21.56 (42.47)	11:03.84 (42.28)	11:46.91 (43.07)	
	12:30.40 (43.49)	13:13.81 (43.41)	13:33.26 (19.45)		
				19:44.52 ()	
	20:27.43 (42.91)	21:08.95 (41.52)			
2	Woo, Emily	29	Marcia's Enthusiastic Masters-38	25:16.43	23:39.36
	42.61	1:28.90 (46.29)	2:16.64 (47.74)	3:03.64 (47.00)	
	3:51.05 (47.41)	4:38.48 (47.43)	5:26.00 (47.52)	6:13.92 (47.92)	
	7:00.83 (46.91)	7:48.41 (47.58)	8:35.93 (47.52)	9:23.49 (47.56)	
	10:11.40 (47.91)	10:59.36 (47.96)	11:47.61 (48.25)	12:35.30 (47.69)	
	13:23.20 (47.90)	14:11.13 (47.93)	14:59.53 (48.40)	15:46.88 (47.35)	
	16:34.68 (47.80)	17:22.62 (47.94)	18:10.29 (47.67)	18:57.58 (47.29)	
	19:45.62 (48.04)	20:33.67 (48.05)	21:21.34 (47.67)	22:08.63 (47.29)	
	22:55.67 (47.04)	23:39.36 (43.69)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Results

Women 25-29 50 SC Meter Backstroke

NATL: 28.40 % 11/18/2018 MARINA SPADONI

PAC: 31.48 # 10/14/2018 Anna K Senko

WRL(5): 6:00.00 & 2000 Yurie OGA

WRL(6): 6:00.00 2000 Yurie OGA

1	Hampel, Tara	25	San Jose Clownfish-38	42.00	38.97 &
2	Vasicsek, Reka	27	Marcia's Enthusiastic Masters-38	35.00	40.70 &
3	Karimi, Golsa	26	Walnut Creek Masters-38	1:10.00	50.84 &

Women 25-29 100 SC Meter Backstroke

NATL: 1:01.76 % 11/18/2018 MARINA SPADONI

PAC: 1:03.93 # 12/2/2012 Fiona O'Donnell-M

WRL(5): 5:00.00 & 2000 Yurie OGA

WRL(6): 5:00.00 2000 Yurie OGA

1	Hamza, Haley	28	Sacramento Masters-38	1:10.00	1:12.37 &
	34.76		1:12.37 (37.61)		
2	Chang, Serena	29	SF Tsunami Masters-38	1:40.00	1:22.29 &
	39.61		1:22.29 (42.68)		
3	Hampel, Tara	25	San Jose Clownfish-38	1:35.00	1:26.67 &
	41.48		1:26.67 (45.19)		
4	Kelley, Ashlen	25	San Jose Clownfish-38	1:39.00	1:36.34 &
	45.71		1:36.34 (50.63)		
5	Valencia, Juliana	26	Marcia's Enthusiastic Masters-38	1:50.00	1:50.12 &
	50.97		1:50.12 (59.15)		

Women 25-29 100 SC Meter Backstroke

NATL: 1:01.76 % 11/18/2018 MARINA SPADONI

PAC: 1:03.93 # 12/2/2012 Fiona O'Donnell-M

WRL(5): 5:00.00 & 2000 Yurie OGA

WRL(6): 5:00.00 2000 Yurie OGA

1	Woo, Emily	29	Marcia's Enthusiastic Masters-38	NT	1:35.87 &
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Women 25-29 200 SC Meter Backstroke

NATL: 2:14.77 % 11/17/2001 LIA OBERSTAR

PAC: 2:30.60 # 10/11/2013 Alexandra Lee

WRL(5): 2:00.00 & 2000 Tessa VERMEULEN

WRL(6): 2:00.00 2000 Tessa VERMEULEN

1	Hampel, Tara	25	San Jose Clownfish-38	3:17.00	3:18.91
	44.55		1:35.12 (50.57) 2:28.05 (52.93) 3:18.91 (50.86)		

Women 25-29 50 SC Meter Breaststroke

NATL: 31.87 % 11/21/2010 MEGAN JENDRICK

PAC: 34.58 # 12/31/2012 Katy Houston

WRL(5): 6:00.00 & 2000 Petra CHOCOVA

WRL(6): 6:00.00 2000 Petra CHOCOVA

1	Brunings, Kourtney	27	University of San Francisco Ma-38	35.50	39.30 &
2	Zeng, Jasmine	26	SF Tsunami Masters-38	45.32	44.13 &
3	Chang, Serena	29	SF Tsunami Masters-38	50.00	44.70 &
4	Renaud, Alice	28	Uc38	52.17	46.74 &
5	Kelley, Ashlen	25	San Jose Clownfish-38	58.00	47.19 &
6	Roe, Olivia	29	San Jose Clownfish-38	56.75	50.70 &
7	Busatto, Katherine	26	CoastSide Tiger Sharks-38	56.00	57.44 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Women 25-29 100 SC Meter Breaststroke

NATL: 1:10.04 % 4/15/2012		MEGAN JENDRICK			
PAC: 1:14.32 # 12/2/2012		Katy Houston			
WRL(5): 6:00.00 & 2000		Petra CHOCOVA			
WRL(6): 6:00.00 2000		Petra CHOCOVA			
1	Woo, Emily	29	Marcia's Enthusiastic Masters-38	1:37.68	1:34.44 &
	45.02		1:34.44 (49.42)		
2	Roe, Olivia	29	San Jose Clownfish-38	1:58.00	1:48.98 &
	52.64		1:48.98 (56.34)		

Women 25-29 200 SC Meter Breaststroke

NATL: 2:29.80 % 4/14/2012		MEGAN JENDRICK			
PAC: 2:44.19 # 12/31/2003		Helen Salcedo			
WRL(5): 3:00.00 & 2000		Satori HOSOKOSHI			
WRL(6): 3:00.00 2000		Satori HOSOKOSHI			
1	Crow, Vivian	27	Davis Aquatic Masters-38	3:07.60	3:08.52
	42.48		1:30.13 (47.65) 2:19.07 (48.94)	3:08.52 (49.45)	
---	Roe, Olivia	29	San Jose Clownfish-38	4:45.00	DQ
	53.78		1:54.32 (1:00.54) 2:56.76 (1:02.44)	DQ (1:03.14)	

Women 25-29 50 SC Meter Butterfly

NATL: 26.31 % 10/11/2015		CLAIRE DONAHUE			
PAC: 28.71 # 12/31/2010		Erin Reilly			
WRL(5): 1:00.00 & 2000		Elinore DE JONG			
WRL(6): 1:00.00 2000		Elinore DE JONG			
1	Brunings, Kourtney	27	University of San Francisco Ma-38	31.20	33.29 &
2	Blankley, Stephanie	26	University of San Francisco Ma-38	38.00	34.26 &
3	Ocampo, Adrienne Soleil	27	Temescal Aquatic Masters-38	48.00	34.45 &
4	Chang, Serena	29	SF Tsunami Masters-38	37.00	35.21 &
5	Kelley, Ashlen	25	San Jose Clownfish-38	42.00	43.77 &
6	Valencia, Juliana	26	Marcia's Enthusiastic Masters-38	59.00	45.92 &
7	Karimi, Golsa	26	Walnut Creek Masters-38	50.00	49.39 &

Women 25-29 100 SC Meter Butterfly

NATL: 58.11 % 12/12/2015		CLAIRE DONAHUE			
PAC: 1:04.03 # 12/31/2010		Erin Reilly			
WRL(5): 12:00.00 & 2000		Claire DONAHUE			
WRL(6): 12:00.00 2000		Claire DONAHUE			
1	Crow, Vivian	27	Davis Aquatic Masters-38	1:17.00	1:16.22 &
	36.05		1:16.22 (40.17)		
2	Vasicsek, Reka	27	Marcia's Enthusiastic Masters-38	1:15.00	1:26.51 &
	39.62		1:26.51 (46.89)		

Women 25-29 200 SC Meter Butterfly

NATL: 2:17.83 % 10/10/2015		CLAIRE DONAHUE			
PAC: 2:19.51 # 10/12/2014		Katie C Kastes			
WRL(5): 5:00.00 & 2000		Yuko NAKANISHI			
WRL(6): 5:00.00 2000		Yuko NAKANISHI			
1	Blankley, Stephanie	26	University of San Francisco Ma-38	3:45.00	2:58.42 &
	40.91		1:26.34 (45.43) 2:12.38 (46.04)	2:58.42 (46.04)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 25-29 100 SC Meter IM**

	NATL:	1:03.41	%	1/23/2011	MEGAN JENDRICK		
	PAC:	1:06.99	#	12/31/2004	Allison Wagner		
	WRL(5):	1:00.00	&	2000	Masako KUROKI		
	WRL(6):	1:00.00		2000	Masako KUROKI		
1	Hamza, Haley			28	Sacramento Masters-38	1:24.00	1:16.17
		35.48					1:16.17 (40.69)
2	Ocampo, Adrienne Soleil			27	Temescal Aquatic Masters-38	1:15.00	1:19.64
		35.36					1:19.64 (44.28)
3	Renaud, Alice			28	Uc38	1:35.08	1:26.47
		40.55					1:26.47 (45.92)
4	Vasicsek, Reka			27	Marcia's Enthusiastic Masters-38	1:20.00	1:32.82
---	Valencia, Juliana			26	Marcia's Enthusiastic Masters-38	1:40.00	DQ
		47.36					DQ (1:00.31)

Women 25-29 200 SC Meter IM

	NATL:	2:21.79	%	12/12/1998	WENKE HANSEN		
	PAC:	2:26.38	#	10/13/2013	Lauren A Beaudrea		
	WRL(5):	4:00.00	&	2000	Hitomi MATSUDA		
	WRL(6):	4:00.00		2000	Hitomi MATSUDA		
1	Blankley, Stephanie			26	University of San Francisco Ma-38	3:10.00	2:49.16 &
		37.21					1:21.39 (44.18) 2:12.67 (51.28) 2:49.16 (36.49)
2	Brunings, Kourtney			27	University of San Francisco Ma-38	2:30.50	2:49.18 &
		35.07					1:18.46 (43.39) 2:07.48 (49.02) 2:49.18 (41.70)
3	Chang, Serena			29	SF Tsunami Masters-38	3:30.00	3:00.09 &
		37.57					1:23.43 (45.86) 2:17.24 (53.81) 3:00.09 (42.85)
4	Woo, Emily			29	Marcia's Enthusiastic Masters-38	3:10.40	3:01.63 &
		41.31					1:30.43 (49.12) 2:20.24 (49.81) 3:01.63 (41.39)
5	Zeng, Jasmine			26	SF Tsunami Masters-38	3:00.00	3:02.54 &
		38.64					1:25.76 (47.12) 2:21.03 (55.27) 3:02.54 (41.51)
---	Kelley, Ashlen			25	San Jose Clownfish-38	3:19.00	DQ
		50.19					1:47.17 (56.98) 2:48.35 (1:01.18) DQ (51.83)

Women 25-29 400 SC Meter IM

	NATL:	5:02.54	%	12/13/1998	WENKE HANSEN		
	PAC:	5:16.49	#	9/23/2018	Mackenzie M Leake		
	WRL(5):	9:00.00	&	2000	K.BARANOWSKA		
	WRL(6):	9:00.00		2000	K.BARANOWSKA		
1	Woo, Emily			29	Marcia's Enthusiastic Masters-38	6:42.51	6:33.36 &
		43.05					1:34.37 (51.32) 2:26.14 (51.77) 3:18.57 (52.43)
		4:08.70 (50.13)					5:01.21 (52.51) 5:48.02 (46.81) 6:33.36 (45.34)

Women 30-34 50 SC Meter Freestyle

	NATL:	25.69	%	11/10/2012	ERIKA ERNDL		
	PAC:	25.98	#	12/31/2004	Katrina Radke		
	WRL(5):	10:00.00	&	2000	Rebecca GUY		
	WRL(6):	10:00.00		2000	Rebecca GUY		
1	Yamauchi, Penelope			34	Marcia's Enthusiastic Masters-38	30.00	29.03 &
2	Hwang, Jenn			32	Walnut Creek Masters-38	30.39	30.86 &
3	Warner, Kate			34	Walnut Creek Masters-38	30.00	31.65 &
4	Zanotto, Khadija			32	Willow Glen Masters-38	34.00	33.91 &
5	Leung, Michele			31	Marcia's Enthusiastic Masters-38	44.00	44.75 &

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Women 30-34 50 SC Meter Freestyle

NATL: 25.69 % 11/10/2012 ERIKA ERNDL

PAC: 25.98 # 12/31/2004 Katrina Radke

WRL(5): 10:00.00 & 2000 Rebecca GUY

WRL(6): 10:00.00 2000 Rebecca GUY

1 Wilson, Kristin 32 Marcia's Enthusiastic Masters-38 NT 33.46 &

Women 30-34 100 SC Meter Freestyle

NATL: 54.75 % 10/13/2012 ERIKA ERNDL

PAC: 57.46 # 12/31/2003 Katrina Radke

WRL(5): 10:00.00 & 2000 Erika ERNDL

WRL(6): 10:00.00 2000 Erika ERNDL

1 McBride, Beth 34 Marcia's Enthusiastic Masters-38 NT 1:16.78 &

2 Leung, Michele 31 Marcia's Enthusiastic Masters-38 NT 1:41.80 &

Women 30-34 100 SC Meter Freestyle

NATL: 54.75 % 10/13/2012 ERIKA ERNDL

PAC: 57.46 # 12/31/2003 Katrina Radke

WRL(5): 10:00.00 & 2000 Erika ERNDL

WRL(6): 10:00.00 2000 Erika ERNDL

1 Hansen, Allyson 31 Walnut Creek Masters-38 1:02.00 1:03.24 &
30.74 1:03.24 (32.50)2 Skoda, Anette 33 Uc38 1:05.86 1:05.32 &
30.87 1:05.32 (34.45)3 Hwang, Jenn 32 Walnut Creek Masters-38 1:07.62 1:06.76 &
32.25 1:06.76 (34.51)4 Warner, Kate 34 Walnut Creek Masters-38 1:06.00 1:08.84 &
32.64 1:08.84 (36.20)5 Rosas, Rachel 31 Walnut Creek Masters-38 1:10.37 1:10.42 &
32.98 1:10.42 (37.44)6 Greer, Fiona 31 East Bay Bat Rays Masters-38 2:00.00 1:23.58 &
41.18 1:23.58 (42.40)

Women 30-34 200 SC Meter Freestyle

NATL: 2:04.64 % 12/15/1996 K PIPES-NEILSEN

PAC: 2:06.24 # 12/7/2014 Jennifer D Radeck

WRL(5): 11:00.00 & 2000 Veronica BALSANO

WRL(6): 11:00.00 2000 Veronica BALSANO

1 McBride, Beth 34 Marcia's Enthusiastic Masters-38 NT 2:47.12 &

Women 30-34 200 SC Meter Freestyle

NATL: 2:04.64 % 12/15/1996 K PIPES-NEILSEN

PAC: 2:06.24 # 12/7/2014 Jennifer D Radeck

WRL(5): 11:00.00 & 2000 Veronica BALSANO

WRL(6): 11:00.00 2000 Veronica BALSANO

1 Bloch, Laurence 31 Walnut Creek Masters-38 2:19.30 2:20.52 &
32.46 1:06.98 (34.52) 1:43.13 (36.15) 2:20.52 (37.39)2 Warner, Kate 34 Walnut Creek Masters-38 2:28.00 2:34.50 &
35.68 1:13.72 (38.04) 1:53.61 (39.89) 2:34.50 (40.89)3 Gonzalez Ospina, Laura 30 Sacramento Masters-38 2:30.87 2:35.83 &
35.44 1:14.19 (38.75) 1:55.17 (40.98) 2:35.83 (40.66)4 Rosas, Rachel 31 Walnut Creek Masters-38 2:45.69 2:43.03 &
36.80 1:17.25 (40.45) 2:00.74 (43.49) 2:43.03 (42.29)

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(Women 30-34 200 SC Meter Freestyle)

5	Leung, Michele	31	Marcia's Enthusiastic Masters-38	3:44.09	3:34.10 &
	50.24	1:45.06 (54.82)	2:41.45 (56.39)	3:34.10 (52.65)	

Women 30-34 400 SC Meter Freestyle

NATL: 4:17.82 % 12/4/2011 DAWN HECKMAN

PAC: 4:28.31 # 12/7/2014 Jennifer D Radeck

WRL(5): 10:00.00 & 2000 Sophie CASSON

WRL(6): 10:00.00 2000 Sophie CASSON

1	Bloch, Laurence	31	Walnut Creek Masters-38	5:02.43	5:05.19 &
	35.22	1:12.98 (37.76)	1:51.20 (38.22)	2:29.88 (38.68)	
	3:09.18 (39.30)	3:48.45 (39.27)	4:27.45 (39.00)	5:05.19 (37.74)	

2	McBride, Beth	34	Marcia's Enthusiastic Masters-38	5:55.01	5:45.36 &
	40.04	1:22.36 (42.32)	2:05.40 (43.04)	2:49.44 (44.04)	
	3:33.71 (44.27)	4:18.08 (44.37)	5:02.27 (44.19)	5:45.36 (43.09)	

Women 30-34 800 SC Meter Freestyle

NATL: 8:38.58 % 12/4/2011 DAWN HECKMAN

PAC: 9:27.20 # 10/12/2014 Jennifer D Radeck

WRL(5): 12:00.00 & 2000 Dawn HECKMAN

WRL(6): 12:00.00 2000 Dawn HECKMAN

1	McBride, Beth	34	Marcia's Enthusiastic Masters-38	12:14.01	11:44.41 &
	40.58	1:23.67 (43.09)	2:07.28 (43.61)	2:51.76 (44.48)	
	3:35.90 (44.14)	4:20.00 (44.10)	5:04.25 (44.25)	5:48.90 (44.65)	
	6:33.20 (44.30)	7:17.82 (44.62)	8:02.27 (44.45)	8:46.94 (44.67)	
	9:31.75 (44.81)	10:16.44 (44.69)	11:01.13 (44.69)	11:44.41 (43.28)	

Women 30-34 1500 SC Meter Freestyle

NATL: 16:26.93 % 12/2/2011 DAWN HECKMAN

PAC: 17:16.22 # 1/28/2023 Catherine Breed

WRL(5): 12:00.00 & 2000 Dawn HECKMAN

WRL(6): 12:00.00 2000 Dawn HECKMAN

1	Rosas, Rachel	31	Walnut Creek Masters-38	21:00.00	22:34.11
	38.31	1:20.96 (42.65)	2:05.72 (44.76)	2:50.01 (44.29)	
	3:35.57 (45.56)	4:20.83 (45.26)	5:06.11 (45.28)	5:52.42 (46.31)	
	6:37.69 (45.27)	7:23.65 (45.96)	8:08.53 (44.88)	8:54.78 (46.25)	
	9:40.22 (45.44)	10:26.10 (45.88)	11:11.36 (45.26)	11:56.02 (44.66)	
	12:40.49 (44.47)	13:26.14 (45.65)	14:11.49 (45.35)	14:56.88 (45.39)	
	15:42.75 (45.87)	16:28.42 (45.67)	17:13.97 (45.55)	18:01.54 (47.57)	
	18:48.92 (47.38)	19:36.08 (47.16)	20:21.65 (45.57)	21:05.98 (44.33)	
	21:50.46 (44.48)	22:34.11 (43.65)			

2	Lu, Jenny	33	Marcia's Enthusiastic Masters-38	28:00.00	28:04.68
	50.37	1:44.20 (53.83)	2:39.51 (55.31)	3:35.13 (55.62)	
	4:30.92 (55.79)	5:27.30 (56.38)	6:23.60 (56.30)	7:19.86 (56.26)	
	8:15.55 (55.69)	9:11.13 (55.58)	10:07.84 (56.71)	11:05.72 (57.88)	
	12:03.12 (57.40)	13:00.53 (57.41)	13:56.99 (56.46)	14:53.00 (56.01)	
	15:49.46 (56.46)	16:45.22 (55.76)	17:42.31 (57.09)	18:38.48 (56.17)	
	19:35.66 (57.18)	20:34.62 (58.96)	21:32.10 (57.48)	22:29.73 (57.63)	
	23:26.44 (56.71)	24:22.95 (56.51)	25:18.85 (55.90)	26:15.73 (56.88)	
	27:11.44 (55.71)	28:04.68 (53.24)			

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Women 30-34 50 SC Meter Backstroke

NATL: 27.61 % 11/21/2009 NORIKO INADA

PAC: 30.28 # 10/9/2022 Lauren T Breuer

WRL(5): 4:00.00 & 2000 Mai NAKAMURA

WRL(6): 4:00.00 2000 Mai NAKAMURA

1	Yamauchi, Penelope	34	Marcia's Enthusiastic Masters-38	34.00	32.39 &
2	Tran, Cynthia	32	Walnut Creek Masters-38	38.00	39.53 &

Women 30-34 100 SC Meter Backstroke

NATL: 59.53 % 11/22/2009 NORIKO INADA

PAC: 1:05.05 # 10/8/2022 Lauren T Breuer

WRL(5): 3:00.00 & 2000 Kana YAMAGUCHI

WRL(6): 3:00.00 2000 Kana YAMAGUCHI

1	Hansen, Allyson	31	Walnut Creek Masters-38	1:14.00	1:11.81 &
	35.39		1:11.81 (36.42)		
2	Doi, Stephanie	30	University of San Francisco Ma-38	1:16.00	1:13.14 &
	35.40		1:13.14 (37.74)		
3	Rosas, Rachel	31	Walnut Creek Masters-38	1:23.72	1:22.51 &
	38.88		1:22.51 (43.63)		
4	Tran, Cynthia	32	Walnut Creek Masters-38	1:30.00	1:23.53 &
	39.41		1:23.53 (44.12)		
5	Novoa, Laura	34	San Jose Clownfish-38	2:00.00	2:05.82 &
	1:02.27		2:05.82 (1:03.55)		

Women 30-34 200 SC Meter Backstroke

NATL: 2:12.47 % 11/22/2008 L OBERSTAR-BROWN

PAC: 2:23.74 # 10/9/2022 Lauren T Breuer

WRL(5): 4:00.00 & 2000 Kana YAMAGUCHI

WRL(6): 4:00.00 2000 Kana YAMAGUCHI

1	McBride, Beth	34	Marcia's Enthusiastic Masters-38	3:14.01	3:06.75 &
	45.12		1:31.89 (46.77) 2:19.88 (47.99) 3:06.75 (46.87)		

Women 30-34 50 SC Meter Breaststroke

NATL: 32.17 % 12/4/2011 HANNAH CALDAS

PAC: 34.57 # 9/27/2015 Carly Geehr

WRL(5): 11:00.00 & 2000 Nicole HEIDEMANN

WRL(6): 11:00.00 2000 Nicole HEIDEMANN

1	Curran, Hannah	33	University of San Francisco Ma-38	38.00	37.79 &
2	Doi, Stephanie	30	University of San Francisco Ma-38	39.00	39.06 &
3	Hwang, Jenn	32	Walnut Creek Masters-38	40.62	39.89 &
4	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	37.50	39.94 &
5	Leung, Michele	31	Marcia's Enthusiastic Masters-38	49.91	50.36 &
6	Novoa, Laura	34	San Jose Clownfish-38	57.50	51.70 &
7	Greer, Fiona	31	East Bay Bat Rays Masters-38	1:30.00	54.32 &

Women 30-34 100 SC Meter Breaststroke

NATL: 1:10.00 % 12/10/2000 WENKE HANSEN

PAC: 1:15.57 # 12/1/2018 Sarah M Hernandez

WRL(5): 4:00.00 & 2000 Hitomi MATSUDA

WRL(6): 4:00.00 2000 Hitomi MATSUDA

1	Petrakis, Danae	32	University of San Francisco Ma-38	1:16.00	1:18.46 &
	38.25		1:18.46 (40.21)		
2	Curran, Hannah	33	University of San Francisco Ma-38	1:19.00	1:21.67 &
	39.16		1:21.67 (42.51)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Women 30-34 100 SC Meter Breaststroke)**

3	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	1:25.50	1:25.88 &
	41.04	1:25.88 (44.84)			
4	Hwang, Jenn	32	Walnut Creek Masters-38	1:30.24	1:27.10 &
	41.14	1:27.10 (45.96)			
5	De Barros, Carolina	34	Richmond Plunge Masters-38	1:50.01	1:41.81 &
	49.02	1:41.81 (52.79)			
6	Leung, Michele	31	Marcia's Enthusiastic Masters-38	1:45.00	1:45.72 &
	51.72	1:45.72 (54.00)			
7	Novoa, Laura	34	San Jose Clownfish-38	2:15.00	2:03.45 &
	59.19	2:03.45 (1:04.26)			

Women 30-34 200 SC Meter Breaststroke

NATL: 2:30.65 % 12/10/2000 WENKE HANSEN

PAC: 2:53.24 # 12/31/1986 Gayle Bentley

WRL(5): 4:00.00 & 2000 Hitomi MATSUDA

WRL(6): 4:00.00 2000 Hitomi MATSUDA

1	Leung, Michele	31	Marcia's Enthusiastic Masters-38	4:01.70	3:51.35 &
	56.84	1:58.18 (1:01.34)	2:56.46 (58.28)	3:51.35 (54.89)	

Women 30-34 50 SC Meter Butterfly

NATL: 27.53 % 3/18/2023 HANNAH CARON

PAC: 28.05 # 12/31/2004 Katrina Radke

WRL(5): 3:00.00 & 2000 Masako IDA

WRL(6): 3:00.00 2000 Masako IDA

1	Doi, Stephanie	30	University of San Francisco Ma-38	30.00	31.41 &
2	Skoda, Anette	33	Uc38	31.87	31.96 &
3	Bloch, Laurence	31	Walnut Creek Masters-38	32.82	32.46 &
4	Hansen, Allyson	31	Walnut Creek Masters-38	33.00	32.64 &
5	Gonzalez Ospina, Laura	30	Sacramento Masters-38	32.19	32.76 &
6	Curran, Hannah	33	University of San Francisco Ma-38	34.00	34.08 &
7	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	34.16	35.87 &
8	Morrice, Carolyn	30	Walnut Creek Masters-38	36.69	37.01 &

Women 30-34 100 SC Meter Butterfly

NATL: 1:00.34 % 10/13/2012 ERIKA ERNDL

PAC: 1:03.21 # 12/31/2003 Katrina Radke

WRL(5): 11:00.00 & 2000 Anna POLIAKOVA

WRL(6): 11:00.00 2000 Anna POLIAKOVA

1	Gonzalez Ospina, Laura	30	Sacramento Masters-38	1:11.60	1:12.89 &
	33.39	1:12.89 (39.50)			
2	Bloch, Laurence	31	Walnut Creek Masters-38	1:14.49	1:14.22 &
	35.51	1:14.22 (38.71)			
3	Morrice, Carolyn	30	Walnut Creek Masters-38	1:23.00	1:23.51 &
	39.50	1:23.51 (44.01)			
4	Zanotto, Khadija	32	Willow Glen Masters-38	1:30.00	1:25.35 &
	39.19	1:25.35 (46.16)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 30-34 200 SC Meter Butterfly**NATL: 2:19.34 % 10/5/2003 **KATRINA RADKE**PAC: 2:19.34 # 12/31/2003 **Katrina Radke**WRL(5): 5:00.00 & 2000 **Hitomi MATSUDA**WRL(6): 5:00.00 2000 **Hitomi MATSUDA**

1	Bloch, Laurence	31	Walnut Creek Masters-38	2:50.74	2:47.81 &
	38.14	1:19.53 (41.39)	2:02.58 (43.05)	2:47.81 (45.23)	
2	De Barros, Carolina	34	Richmond Plunge Masters-38	3:05.01	3:11.16 &
	42.88	1:32.85 (49.97)	2:23.63 (50.78)	3:11.16 (47.53)	

Women 30-34 100 SC Meter IMNATL: 1:02.52 % 10/13/2012 **ERIKA ERNDL**PAC: 1:06.85 # 10/14/2018 **Sarah M Hernandez**WRL(5): 5:00.00 & 2000 **Erica MORNINGSTAR**WRL(6): 5:00.00 2000 **Erica MORNINGSTAR**

1	Yamauchi, Penelope	34	Marcia's Enthusiastic Masters-38	1:15.00	1:10.78 &
	32.59	1:10.78 (38.19)			
2	Hwang, Jenn	32	Walnut Creek Masters-38	1:20.11	1:18.96 &
	38.81	1:18.96 (40.15)			
3	Gonzalez Ospina, Laura	30	Sacramento Masters-38	1:22.00	1:23.40 &
	38.76	1:23.40 (44.64)			
4	Morrice, Carolyn	30	Walnut Creek Masters-38	1:30.33	1:24.17 &
	38.77	1:24.17 (45.40)			
5	Tran, Cynthia	32	Walnut Creek Masters-38	1:30.00	1:26.84 &
	38.84	1:26.84 (48.00)			
6	Wilson, Kristin	32	Marcia's Enthusiastic Masters-38	1:37.13	1:29.68 &
	41.35	1:29.68 (48.33)			

Women 30-34 200 SC Meter IMNATL: 2:18.79 % 12/7/1996 **K PIPES-NEILSEN**PAC: 2:22.72 # 12/31/2003 **Katrina Radke**WRL(5): 11:00.00 & 2000 **Hitomi MATSUDA**WRL(6): 11:00.00 2000 **Hitomi MATSUDA**

1	Doi, Stephanie	30	University of San Francisco Ma-38	2:42.00	2:40.17 &
	33.47	1:14.73 (41.26)	2:02.30 (47.57)	2:40.17 (37.87)	
2	Curran, Hannah	33	University of San Francisco Ma-38	2:40.00	2:43.83 &
	35.67	1:21.85 (46.18)	2:07.03 (45.18)	2:43.83 (36.80)	
3	Gonzalez Ospina, Laura	30	Sacramento Masters-38	2:55.35	2:55.35 &
	34.15	1:20.02 (45.87)	2:14.04 (54.02)	2:55.35 (41.31)	
4	De Barros, Carolina	34	Richmond Plunge Masters-38	2:55.01	2:59.61 &
	38.99	1:25.11 (46.12)	2:20.67 (55.56)	2:59.61 (38.94)	
5	Morrice, Carolyn	30	Walnut Creek Masters-38	2:55.55	3:01.82 &
	39.33	1:26.22 (46.89)	2:20.82 (54.60)	3:01.82 (41.00)	
6	McBride, Beth	34	Marcia's Enthusiastic Masters-38	3:15.70	3:13.35 &
	46.48	1:33.87 (47.39)	2:30.06 (56.19)	3:13.35 (43.29)	

Women 30-34 400 SC Meter IMNATL: 4:51.23 % 10/11/2019 **CHELSEA NAUTA**PAC: 5:15.90 # 12/31/2003 **Jody Smith**WRL(5): 4:00.00 & 2000 **Hitomi MATSUDA**WRL(6): 4:00.00 2000 **Hitomi MATSUDA**

1	De Barros, Carolina	34	Richmond Plunge Masters-38	6:25.01	6:19.87
	41.78	1:28.55 (46.77)	2:18.75 (50.20)	3:05.58 (46.83)	
	4:02.64 (57.06)	4:59.21 (56.57)	5:40.77 (41.56)	6:19.87 (39.10)	

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2	McBride, Beth	34	Marcia's Enthusiastic Masters-38	6:53.35	6:46.99
	47.88		1:40.78 (52.90)	2:31.24 (50.46)	3:20.73 (49.49)
	4:18.75 (58.02)		5:17.76 (59.01)	6:03.22 (45.46)	6:46.99 (43.77)
3	Lu, Jenny	33	Marcia's Enthusiastic Masters-38	8:00.00	7:52.33
	56.03		1:56.02 (59.99)	2:58.72 (1:02.70)	3:58.57 (59.85)
	4:59.59 (1:01.02)		5:59.27 (59.68)	6:56.64 (57.37)	7:52.33 (55.69)

Women 35-39 50 SC Meter Freestyle

NATL: 25.10 % 12/3/2006 DARA TORRES
 PAC: 26.49 # 12/7/2014 Ericka L Richards
 WRL(5): 12:00.00 & 2000 Dara TORRES
 WRL(6): 12:00.00 2000 Dara TORRES

1	Greer, Margaret	36	East Bay Bat Rays Masters-38	31.00	30.95 &
2	Watts, Katey	36	Willow Glen Masters-38	34.00	33.73 &
3	Mockford, Samantha	38	Sacramento Masters-38	33.07	33.85 &
4	Marwell, Haley	39	Streamliners-38	33.30	33.90 &
5	Hannigan, Edith	37	Sacramento Masters-38	50.52	41.28 &

Women 35-39 50 SC Meter Freestyle

NATL: 25.10 % 12/3/2006 DARA TORRES
 PAC: 26.49 # 12/7/2014 Ericka L Richards
 WRL(5): 12:00.00 & 2000 Dara TORRES
 WRL(6): 12:00.00 2000 Dara TORRES

1	Ballenger, Marie	38	The Olympic Club-38	NT	31.44 &
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Women 35-39 100 SC Meter Freestyle

NATL: 54.95 % 12/3/2006 DARA TORRES
 PAC: 58.44 # 12/7/2014 Ericka L Richards
 WRL(5): 12:00.00 & 2000 Dara TORRES
 WRL(6): 12:00.00 2000 Dara TORRES

1	Li, Jing	36	San Mateo Masters-38	1:01.11	1:03.58 &
	30.27		1:03.58 (33.31)		
2	Ballenger, Marie	38	The Olympic Club-38	1:02.30	1:04.74 &
	31.44		1:04.74 (33.30)		
3	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	1:08.04	1:05.08 &
	31.70		1:05.08 (33.38)		
4	Schnell, Jennifer	38	Albany Armada Aquatics Masters-38	1:08.59	1:07.59 &
	32.45		1:07.59 (35.14)		
5	Mockford, Samantha	38	Sacramento Masters-38	1:14.23	1:13.63 &
	35.32		1:13.63 (38.31)		
6	Marwell, Haley	39	Streamliners-38	1:24.00	1:17.82 &
	35.88		1:17.82 (41.94)		
7	Hannigan, Edith	37	Sacramento Masters-38	1:24.25	1:32.37 &
	44.06		1:32.37 (48.31)		

Women 35-39 200 SC Meter Freestyle

NATL: 2:03.56 % 12/14/1997 K PIPES-NEILSEN
 PAC: 2:06.86 # 12/31/1999 Jill S Hernandez
 WRL(5): 11:00.00 & 2000 Veronica BALSANO
 WRL(6): 11:00.00 2000 Veronica BALSANO

1	Mockford, Samantha	38	Sacramento Masters-38	2:43.84	2:46.53 &
	38.07		1:19.46 (41.39)	2:03.44 (43.98)	2:46.53 (43.09)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Women 35-39 200 SC Meter Freestyle)

2	Chan, Angela	36	Manatee Aquatic Masters Inc-38	2:59.73	2:58.75 &
	41.45	1:27.38 (45.93)	2:13.19 (45.81)	2:58.75 (45.56)	
3	Danna, Nicole	37	Marcia's Enthusiastic Masters-38	3:20.00	3:41.33 &
	49.18	1:44.45 (55.27)	2:43.82 (59.37)	3:41.33 (57.51)	

Women 35-39 400 SC Meter Freestyle

	NATL:	4:22.56	%	12/12/1999	K PIPES-NEILSEN
	PAC:	4:26.57	#	12/31/1999	Jill S Hernandez
	WRL(5):	7:00.00	&	2000	Sophie CASSON
	WRL(6):	7:00.00		2000	Sophie CASSON
1	Hannigan, Edith	37	Sacramento Masters-38	7:00.00	7:00.51
	45.94	1:37.77 (51.83)	2:30.76 (52.99)	3:25.95 (55.19)	
	4:20.24 (54.29)	5:15.31 (55.07)	6:10.68 (55.37)	7:00.51 (49.83)	

Women 35-39 400 SC Meter Freestyle

	NATL:	4:22.56	%	12/12/1999	K PIPES-NEILSEN
	PAC:	4:26.57	#	12/31/1999	Jill S Hernandez
	WRL(5):	7:00.00	&	2000	Sophie CASSON
	WRL(6):	7:00.00		2000	Sophie CASSON
1	Li, Jing	36	San Mateo Masters-38	NT	4:55.07 &

Women 35-39 800 SC Meter Freestyle

	NATL:	8:57.60	%	9/27/2015	HEIDI GEORGE
	PAC:	8:57.60	#	9/27/2015	Heidi S George
	WRL(5):	1:00.00	&	2000	Sophie CASSON
	WRL(6):	1:00.00		2000	Sophie CASSON
1	Li, Jing	36	San Mateo Masters-38	9:35.75	10:02.06
	33.69	1:10.32 (36.63)	1:47.30 (36.98)	2:24.78 (37.48)	
	3:02.59 (37.81)	3:39.76 (37.17)	4:17.20 (37.44)	4:55.07 (37.87)	
	5:32.73 (37.66)	6:10.61 (37.88)	6:48.66 (38.05)	7:26.76 (38.10)	
	8:05.61 (38.85)	8:44.36 (38.75)	9:23.68 (39.32)	10:02.06 (38.38)	
2	Mockford, Samantha	38	Sacramento Masters-38	12:15.00	12:34.51
	40.21	1:24.48 (44.27)	2:11.30 (46.82)	2:58.84 (47.54)	
	3:46.43 (47.59)	4:34.28 (47.85)	5:23.28 (49.00)	6:11.68 (48.40)	
	7:00.14 (48.46)	7:48.72 (48.58)	8:37.56 (48.84)	9:26.46 (48.90)	
	10:14.02 (47.56)	11:02.47 (48.45)	11:49.83 (47.36)	12:34.51 (44.68)	
3	Hannigan, Edith	37	Sacramento Masters-38	14:00.00	14:40.93
	45.49	1:39.07 (53.58)	2:33.68 (54.61)	3:28.30 (54.62)	
	4:23.30 (55.00)	5:19.86 (56.56)	6:16.23 (56.37)	7:12.47 (56.24)	
	8:08.97 (56.50)	9:06.34 (57.37)	10:02.93 (56.59)	10:59.91 (56.98)	
	11:57.17 (57.26)	12:53.81 (56.64)	13:50.20 (56.39)	14:40.93 (50.73)	

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Sanction #: 384-S015

Results

Women 35-39 1500 SC Meter Freestyle

NATL: 16:52.94 % 9/27/2015 HEIDI GEORGE

PAC: 16:52.94 # 9/27/2015 Heidi S George

WRL(5): 9:00.00 & 2000 Heidi GEORGE

WRL(6): 9:00.00 2000 Heidi GEORGE

1	Rafalson, Sara	36	Marcia's Enthusiastic Masters-38	23:00.00	22:22.83
	39.51	1:22.95 (43.44)	2:07.52 (44.57)	2:52.00 (44.48)	
	3:36.53 (44.53)	4:20.43 (43.90)	5:03.98 (43.55)	5:48.64 (44.66)	
	6:31.65 (43.01)	7:16.23 (44.58)	8:01.07 (44.84)	8:45.18 (44.11)	
	9:29.60 (44.42)	10:14.30 (44.70)	10:59.47 (45.17)	11:45.63 (46.16)	
	12:31.36 (45.73)	13:17.24 (45.88)	14:03.83 (46.59)	14:49.86 (46.03)	
	15:36.36 (46.50)	16:23.33 (46.97)	17:08.33 (45.00)	17:53.77 (45.44)	
	18:38.33 (44.56)	19:24.11 (45.78)	20:10.59 (46.48)	20:55.48 (44.89)	
	21:39.84 (44.36)	22:22.83 (42.99)			
2	Murillo, Catherine	36	Marcia's Enthusiastic Masters-38	28:41.36	27:40.89
	48.60	1:41.26 (52.66)	2:35.77 (54.51)	3:30.73 (54.96)	
	4:25.16 (54.43)	5:20.64 (55.48)	6:15.30 (54.66)	7:09.92 (54.62)	
	8:05.79 (55.87)	9:01.72 (55.93)	9:56.72 (55.00)	10:52.18 (55.46)	
	11:47.77 (55.59)	12:42.63 (54.86)	13:38.23 (55.60)	14:34.26 (56.03)	
	15:30.10 (55.84)	16:26.32 (56.22)	17:22.49 (56.17)	18:18.72 (56.23)	
	19:14.83 (56.11)	20:10.87 (56.04)	21:08.14 (57.27)	22:04.82 (56.68)	
	23:02.14 (57.32)	23:58.85 (56.71)	24:54.47 (55.62)	25:52.09 (57.62)	
	26:49.05 (56.96)	27:40.89 (51.84)			

Women 35-39 50 SC Meter Backstroke

NATL: 27.63 % 11/13/2016 NORIKO INADA

PAC: 31.89 # 10/8/2023 Jennifer D Radeck

WRL(5): 11:00.00 & 2000 Noriko INADA

WRL(6): 11:00.00 2000 Noriko INADA

1	Greer, Margaret	36	East Bay Bat Rays Masters-38	36.00	35.02 &
2	Watts, Katey	36	Willow Glen Masters-38	37.50	36.73 &
3	Woodworth, Kathryn	38	Marcia's Enthusiastic Masters-38	39.00	41.87 &

Women 35-39 100 SC Meter Backstroke

NATL: 1:00.43 % 11/19/2017 NORIKO INADA

PAC: 1:08.78 # 10/7/2023 Jennifer D Radeck

WRL(5): 11:00.00 & 2000 Noriko INADA

WRL(6): 11:00.00 2000 Noriko INADA

1	Greer, Margaret	36	East Bay Bat Rays Masters-38	1:16.50	1:15.98 &
	35.95	1:15.98 (40.03)			
2	Schnell, Jennifer	38	Albany Armada Aquatics Masters-38	1:14.87	1:17.08 &
	36.24	1:17.08 (40.84)			
3	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	1:24.08	1:18.34 &
	38.21	1:18.34 (40.13)			
4	Chien, Regina	38	Marcia's Enthusiastic Masters-38	1:50.50	1:36.30 &
	47.84	1:36.30 (48.46)			

Women 35-39 50 SC Meter Breaststroke

NATL: 31.25 % 10/8/2022 DANIELLE HERRMANN

PAC: 31.25 # 10/8/2022 Danielle M Herrma

WRL(5): 11:00.00 & 2000 Petra WEBER

WRL(6): 11:00.00 2000 Petra WEBER

1	Ballenger, Marie	38	The Olympic Club-38	NT	36.51 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results**Women 35-39 50 SC Meter Breaststroke**

NATL: 31.25 % 10/8/2022 DANIELLE HERRMANN

PAC: 31.25 # 10/8/2022 Danielle M Herrma

WRL(5): 11:00.00 & 2000 Petra WEBER

WRL(6): 11:00.00 2000 Petra WEBER

1	Hannigan, Edith	37	Sacramento Masters-38	50.36	55.59 &
2	Chien, Regina	38	Marcia's Enthusiastic Masters-38	55.00	55.89 &

Women 35-39 100 SC Meter Breaststroke

NATL: 1:08.59 % 10/8/2022 DANIELLE HERRMANN

PAC: 1:08.59 # 10/8/2022 Danielle M Herrma

WRL(5): 11:00.00 & 2000 Petra WEBER

WRL(6): 11:00.00 2000 Petra WEBER

1	Ballenger, Marie	38	The Olympic Club-38	1:20.81	1:17.95 &
	36.51		1:17.95 (41.44)		

Women 35-39 50 SC Meter Butterfly

NATL: 27.29 % 10/8/2022 DANIELLE HERRMANN

PAC: 27.29 # 10/8/2022 Danielle M Herrma

WRL(5): 10:00.00 & 2000 Danielle HERRMANN

WRL(6): 10:00.00 2000 Danielle HERRMANN

1	Ballenger, Marie	38	The Olympic Club-38	30.13	31.74 &
2	Greer, Margaret	36	East Bay Bat Rays Masters-38	34.50	33.35 &
3	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	35.64	34.25 &
4	Mockford, Samantha	38	Sacramento Masters-38	35.89	37.14 &
5	Woodworth, Kathryn	38	Marcia's Enthusiastic Masters-38	39.78	43.58 &
6	Chien, Regina	38	Marcia's Enthusiastic Masters-38	53.54	43.95 &

Women 35-39 100 SC Meter Butterfly

NATL: 1:01.98 % 10/9/2022 DANIELLE HERRMANN

PAC: 1:01.98 # 10/9/2022 Danielle M Herrma

WRL(5): 4:00.00 & 2000 C.ATHAYDE SARRUF

WRL(6): 4:00.00 2000 C.ATHAYDE SARRUF

1	Rafalson, Sara	36	Marcia's Enthusiastic Masters-38	1:28.47	1:28.48 &
	40.37		1:28.48 (48.11)		

Women 35-39 100 SC Meter IM

NATL: 1:03.94 % 10/9/2022 DANIELLE HERRMANN

PAC: 1:03.94 # 10/9/2022 Danielle M Herrma

WRL(5): 11:00.00 & 2000 Petra WEBER

WRL(6): 11:00.00 2000 Petra WEBER

1	Rafalson, Sara	36	Marcia's Enthusiastic Masters-38	1:27.34	1:25.00 &
	39.92		1:25.00 (45.08)		
2	Woodworth, Kathryn	38	Marcia's Enthusiastic Masters-38	1:27.97	1:31.00 &
	44.10		1:31.00 (46.90)		

Women 35-39 200 SC Meter IM

NATL: 2:19.08 % 12/10/2000 K PIPES-NEILSEN

PAC: 2:25.39 # 12/31/1997 Jill S Hernandez

WRL(5): 11:00.00 & 2000 Hitomi MATSUDA

WRL(6): 11:00.00 2000 Hitomi MATSUDA

1	Ballenger, Marie	38	The Olympic Club-38	2:39.68	2:30.97 &
	32.03		1:13.19 (41.16)	1:55.30 (42.11)	2:30.97 (35.67)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Women 35-39 200 SC Meter IM)**

2	Li, Jing	36	San Mateo Masters-38	2:31.97	2:38.81 &
	33.24	1:16.24 (43.00)	2:01.32 (45.08)	2:38.81 (37.49)	
3	Schnell, Jennifer	38	Albany Armada Aquatics Masters-38	2:51.23	2:55.62 &
	34.70	1:17.76 (43.06)	2:11.19 (53.43)	2:55.62 (44.43)	
4	Woodworth, Kathryn	38	Marcia's Enthusiastic Masters-38	3:20.83	3:19.80 &
	46.09	1:37.65 (51.56)	2:34.82 (57.17)	3:19.80 (44.98)	
5	Chien, Regina	38	Marcia's Enthusiastic Masters-38	4:20.66	3:40.29 &
	48.39	1:43.40 (55.01)	2:49.31 (1:05.91)	3:40.29 (50.98)	

Women 35-39 400 SC Meter IM

NATL: 4:52.85 % 12/14/1997 K PIPES-NEILSEN

PAC: 5:10.43 # 12/31/1999 Jill S Hernandez

WRL(5): 12:00.00 & 2000 K.PIPES-NEILSEN

WRL(6): 12:00.00 2000 K.PIPES-NEILSEN

1	Rafalson, Sara	36	Marcia's Enthusiastic Masters-38	6:35.00	6:26.73 &
	42.60	1:33.70 (51.10)	2:23.77 (50.07)	3:11.29 (47.52)	
	4:07.06 (55.77)	5:03.74 (56.68)	5:46.80 (43.06)	6:26.73 (39.93)	
2	Chien, Regina	38	Marcia's Enthusiastic Masters-38	8:45.88	7:59.30 &
	51.69	1:49.94 (58.25)	2:48.95 (59.01)	3:48.04 (59.09)	
	4:58.00 (1:09.96)	6:09.77 (1:11.77)	7:04.61 (54.84)	7:59.30 (54.69)	

Women 40-44 50 SC Meter Freestyle

NATL: 26.02 % 12/14/2014 ERIKA BRAUN

PAC: 27.54 # 12/31/2000 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Erika BRAUN

WRL(6): 12:00.00 2000 Erika BRAUN

1	Radecke-Noble, Jennifer	40	Tvm Swimming-38	28.50	27.83 &
2	Horton, Cheryl Lynn	43	Orinda Aquatic Masters-38	31.50	30.63 &
3	Murray, Tori	42	Rolling Hills Mud Sharks-38	32.72	33.44 &
4	Brown, Summer	43	Orinda Aquatic Masters-38	38.00	33.72 &
5	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	32.52	34.48 &
6	Corwin, Stephanie	40	Livermore Aquacowboys-38	36.13	37.08 &
7	Ludwig, Keri	41	Diamond Hills Masters-38	38.00	40.12 &
8	Lapidario, Millie	43	Marcia's Enthusiastic Masters-38	45.05	45.91 &

Women 40-44 50 SC Meter Freestyle

NATL: 26.02 % 12/14/2014 ERIKA BRAUN

PAC: 27.54 # 12/31/2000 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Erika BRAUN

WRL(6): 12:00.00 2000 Erika BRAUN

3	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	NT	44.97 &
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Women 40-44 100 SC Meter Freestyle

NATL: 57.08 % 12/14/2014 ERIKA BRAUN

PAC: 58.81 # 12/31/2000 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Erika BRAUN

WRL(6): 12:00.00 2000 Erika BRAUN

5	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	NT	1:34.87 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 40-44 100 SC Meter Freestyle**

	NATL:	57.08	%	12/14/2014	ERIKA BRAUN		
	PAC:	58.81	#	12/31/2000	Jill S Hernandez		
	WRL(5):	12:00.00	&	2000	Erika BRAUN		
	WRL(6):	12:00.00		2000	Erika BRAUN		
1	Radecke-Noble, Jennifer	40	Tvm Swimming-38	1:00.50		1:00.20	&
	29.66	1:00.20	(30.54)				
2	Lawrence, Laura	44	Walnut Creek Masters-38	1:09.00		1:06.28	&
	32.63	1:06.28	(33.65)				
3	Nehrebecki, Helene	44	Davis Aquatic Masters-38	1:08.12		1:07.31	&
	33.06	1:07.31	(34.25)				
4	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	1:15.56		1:16.29	&
	36.13	1:16.29	(40.16)				
5	Sitzmann, Amy	44	Tvm Swimming-38	1:25.00		1:20.30	&
	38.82	1:20.30	(41.48)				
6	Miao, Gengxin	43	Orinda Aquatic Masters-38	2:20.00		1:58.07	&
	55.97	1:58.07	(1:02.10)				

Women 40-44 200 SC Meter Freestyle

	NATL:	2:05.26	%	12/14/2003	K PIPES-NEILSEN		
	PAC:	2:06.81	#	12/31/2000	Jill S Hernandez		
	WRL(5):	1:00.00	&	2000	Maiko FUJINO		
	WRL(6):	1:00.00		2000	Maiko FUJINO		
1	Lawrence, Laura	44	Walnut Creek Masters-38	NT		2:23.05	
*2	Corwin, Elyse	42	Marcia's Enthusiastic Masters-38	NT		2:26.46	
*2	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	NT		3:17.22	
3	Stankov-Hodge, Marina	44	Marcia's Enthusiastic Masters-38	NT		3:33.95	

Women 40-44 200 SC Meter Freestyle

	NATL:	2:05.26	%	12/14/2003	K PIPES-NEILSEN		
	PAC:	2:06.81	#	12/31/2000	Jill S Hernandez		
	WRL(5):	1:00.00	&	2000	Maiko FUJINO		
	WRL(6):	1:00.00		2000	Maiko FUJINO		
1	Sitzmann, Amy	44	Tvm Swimming-38	2:58.00		2:50.36	
	40.15	1:23.30	(43.15)	2:07.29	(43.99)	2:50.36	(43.07)
2	Conrad, Jacquelyn	40	Livermore Aquacowboys-38	2:50.00		3:04.48	
	39.77	1:25.56	(45.79)	2:15.39	(49.83)	3:04.48	(49.09)
3	Corwin, Stephanie	40	Livermore Aquacowboys-38	3:02.36		3:10.55	
	41.62	1:28.82	(47.20)	2:19.59	(50.77)	3:10.55	(50.96)
4	Chaiyasane, Koung	40	Marcia's Enthusiastic Masters-38	4:08.21		3:38.84	
	53.49	1:50.16	(56.67)	2:45.47	(55.31)	3:38.84	(53.37)
5	Miao, Gengxin	43	Orinda Aquatic Masters-38	5:10.00		4:31.18	
	1:00.33	2:12.11	(1:11.78)	4:31.18	(2:19.07)		

Women 40-44 400 SC Meter Freestyle

	NATL:	4:21.75	%	12/14/2003	K PIPES-NEILSEN			
	PAC:	4:22.78	#	12/2/2017	Heidi S George			
	WRL(5):	12:00.00	&	2000	K.PIPES-NEILSEN			
	WRL(6):	12:00.00		2000	K.PIPES-NEILSEN			
1	Corwin, Stephanie	40	Livermore Aquacowboys-38	6:15.00		6:46.09	&	
	45.03	1:34.30	(49.27)	2:25.79	(51.49)	3:17.71	(51.92)	
	4:10.08	(52.37)	5:03.28	(53.20)	5:56.18	(52.90)	6:46.09	(49.91)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Women 40-44 400 SC Meter Freestyle)

2	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	7:17.58	6:47.83 &
	44.97		1:34.87 (49.90)	2:25.33 (50.46)	3:17.22 (51.89)
	4:10.03 (52.81)		5:02.22 (52.19)	5:55.79 (53.57)	6:47.83 (52.04)

Women 40-44 800 SC Meter Freestyle

NATL: 8:55.95 % 12/3/2017 HEIDI GEORGE
 PAC: 8:55.95 # 12/3/2017 Heidi S George
 WRL(5): 1:00.00 & 2000 Kirsten CAMERON
 WRL(6): 1:00.00 2000 Kirsten CAMERON

1	Chaiyasane, Koung	40	Marcia's Enthusiastic Masters-38	15:37.28	15:18.71
	55.67		1:55.23 (59.56)	2:55.20 (59.97)	3:55.63 (1:00.43)
	4:56.24 (1:00.61)		5:55.97 (59.73)	6:55.10 (59.13)	7:54.12 (59.02)
	8:52.00 (57.88)		9:48.53 (56.53)	10:44.41 (55.88)	11:40.05 (55.64)
	12:35.40 (55.35)		13:30.30 (54.90)	14:25.81 (55.51)	15:18.71 (52.90)

Women 40-44 1500 SC Meter Freestyle

NATL: 16:50.92 % 12/1/2017 HEIDI GEORGE
 PAC: 16:50.92 # 12/1/2017 Heidi S George
 WRL(5): 12:00.00 & 2000 Heidi GEORGE
 WRL(6): 12:00.00 2000 Heidi GEORGE

1	Abbott, Bridget	43	Walnut Creek Masters-38	27:35.49	28:26.03
	52.35		1:48.44 (56.09)	2:45.57 (57.13)	3:42.77 (57.20)
	4:40.83 (58.06)		5:39.12 (58.29)	6:36.87 (57.75)	7:34.78 (57.91)
	8:33.03 (58.25)		9:31.11 (58.08)	10:28.81 (57.70)	11:26.58 (57.77)
	12:23.91 (57.33)		13:21.68 (57.77)	14:19.26 (57.58)	15:16.18 (56.92)
	16:14.19 (58.01)		17:11.72 (57.53)	18:09.49 (57.77)	19:07.11 (57.62)
	20:04.02 (56.91)		21:01.27 (57.25)	21:58.04 (56.77)	22:54.42 (56.38)
	23:50.66 (56.24)		24:47.01 (56.35)	25:42.75 (55.74)	26:37.37 (54.62)
	27:32.85 (55.48)		28:26.03 (53.18)		
2	Chaiyasane, Koung	40	Marcia's Enthusiastic Masters-38	30:04.08	29:26.10
	56.68		1:58.94 (1:02.26)	2:59.75 (1:00.81)	4:00.57 (1:00.82)
	5:01.11 (1:00.54)		6:02.20 (1:01.09)	7:03.34 (1:01.14)	8:04.25 (1:00.91)
	9:04.86 (1:00.61)		10:05.23 (1:00.37)	11:04.03 (58.80)	12:03.49 (59.46)
	13:02.35 (58.86)		14:00.88 (58.53)	14:59.61 (58.73)	15:58.34 (58.73)
	16:57.64 (59.30)		17:57.08 (59.44)	18:56.87 (59.79)	19:56.33 (59.46)
	20:54.49 (58.16)		21:51.99 (57.50)	22:48.97 (56.98)	23:47.73 (58.76)
	24:46.37 (58.64)		25:44.12 (57.75)	26:40.71 (56.59)	27:36.60 (55.89)
	28:32.01 (55.41)		29:26.10 (54.09)		

Women 40-44 50 SC Meter Backstroke

NATL: 30.02 % 10/14/2012 SHERI HART
 PAC: 30.72 # 12/31/2009 Jody Smith
 WRL(5): 1:00.00 & 2000 Raakel LUOTO
 WRL(6): 1:00.00 2000 Raakel LUOTO

1	Horton, Cheryl Lynn	43	Orinda Aquatic Masters-38	35.00	35.97 &
2	Murray, Tori	42	Rolling Hills Mud Sharks-38	39.96	39.53 &
3	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	40.48	39.94 &
4	Brown, Summer	43	Orinda Aquatic Masters-38	43.00	40.33 &
5	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	42.85	41.24 &
6	Conrad, Jacquelyn	40	Livermore Aquacowboys-38	41.30	43.85 &
7	Semeco, Daniela	43	Menlo Masters-38	1:02.00	50.84 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 40-44 100 SC Meter Backstroke**NATL: 1:03.48 % 10/29/2011 **SHERI HART**PAC: 1:05.91 # 12/31/2009 **Jody Smith**WRL(5): 3:00.00 & 2000 **Raakel LUOTO**WRL(6): 3:00.00 2000 **Raakel LUOTO**

1	Radecke-Noble, Jennifer	40	Tvm Swimming-38	1:08.80	1:07.80 &
	33.61	1:07.80 (34.19)			
2	Corwin, Elyse	42	Marcia's Enthusiastic Masters-38	1:15.50	1:16.80 &
	37.10	1:16.80 (39.70)			
3	Nehrebecki, Helene	44	Davis Aquatic Masters-38	1:20.32	1:20.30 &
	38.58	1:20.30 (41.72)			
4	Tiernan, Heather	41	Walnut Creek Masters-38	1:23.00	1:20.84 &
	40.20	1:20.84 (40.64)			
5	Radimer, Kelly	42	San Ramon Valley Aquatics Mast-38	1:33.79	1:27.20 &
	42.60	1:27.20 (44.60)			
6	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	1:29.36	1:27.63 &
	41.85	1:27.63 (45.78)			
7	Sitzmann, Amy	44	Tvm Swimming-38	1:33.00	1:35.36 &
	46.76	1:35.36 (48.60)			

Women 40-44 200 SC Meter BackstrokeNATL: 2:17.29 % 12/4/2021 **JENNIFER MIHALIK**PAC: 2:19.06 # 12/31/2009 **Jody Smith**WRL(5): 5:00.00 & 2000 **Kana MORIHISA**WRL(6): 5:00.00 2000 **Kana MORIHISA**

1	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	3:40.70	3:27.95 &
	47.19	1:40.19 (53.00)	2:34.69 (54.50)	3:27.95 (53.26)	
2	Conrad, Jacquelyn	40	Livermore Aquacowboys-38	3:15.00	3:27.98 &
	47.20	1:40.08 (52.88)	2:34.88 (54.80)	3:27.98 (53.10)	

Women 40-44 50 SC Meter BreaststrokeNATL: 32.16 % 12/2/2018 **KATIE GLENN**PAC: 34.79 # 9/25/2017 **Katie Glenn**WRL(5): 11:00.00 & 2000 **Nicole HEIDEMANN**WRL(6): 11:00.00 2000 **Nicole HEIDEMANN**

1	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	38.50	38.20 &
2	Nehrebecki, Helene	44	Davis Aquatic Masters-38	39.61	39.78 &
3	Lawrence, Laura	44	Walnut Creek Masters-38	45.00	41.59 &
4	Bradford, Amy	44	Walnut Creek Masters-38	45.00	43.52 &
5	Lapidario, Millie	43	Marcia's Enthusiastic Masters-38	54.41	55.92 &

Women 40-44 100 SC Meter BreaststrokeNATL: 1:09.95 % 12/5/2015 **CYNTHIA LEWIS**PAC: 1:19.61 # 12/31/2009 **Debbie M Santos**WRL(5): 12:00.00 & 2000 **Cynthia LEWIS**WRL(6): 12:00.00 2000 **Cynthia LEWIS**

1	Nehrebecki, Helene	44	Davis Aquatic Masters-38	1:24.27	1:26.87 &
	42.03	1:26.87 (44.84)			
2	Bradford, Amy	44	Walnut Creek Masters-38	1:38.00	1:36.80 &
	46.96	1:36.80 (49.84)			
3	Lapidario, Millie	43	Marcia's Enthusiastic Masters-38	2:07.80	2:10.70 &
	1:03.06	2:10.70 (1:07.64)			
4	Miao, Gengxin	43	Orinda Aquatic Masters-38	2:30.00	2:13.72 &
	1:03.19	2:13.72 (1:10.53)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 40-44 200 SC Meter Breaststroke

NATL: 2:32.37 % 11/16/2008 S VON DER LIPPE

PAC: 2:52.36 # 12/31/2009 Debbie M Santos

WRL(5): 11:00.00 & 2000 Nicole HEIDEMANN

WRL(6): 11:00.00 2000 Nicole HEIDEMANN

1	Miao, Gengxin	43	Orinda Aquatic Masters-38	5:30.00	4:56.80 &
	1:09.15	2:26.53 (1:17.38)	3:42.80 (1:16.27)	4:56.80 (1:14.00)	

Women 40-44 50 SC Meter Butterfly

NATL: 28.19 % 3/16/2013 ERIKA BRAUN

PAC: 29.86 # 12/31/2009 Jody Smith

WRL(5): 3:00.00 & 2000 Erika BRAUN

WRL(6): 3:00.00 2000 Erika BRAUN

1	Radecke-Noble, Jennifer	40	Tvm Swimming-38	30.20	30.45 &
2	Lawrence, Laura	44	Walnut Creek Masters-38	38.00	33.50 &
3	Rempe, Rachel	41	Marin Aquatic Masters-38	35.15	34.68 &
4	Bradford, Amy	44	Walnut Creek Masters-38	36.90	35.66 &
5	Murray, Tori	42	Rolling Hills Mud Sharks-38	36.63	36.38 &
6	Tiernan, Heather	41	Walnut Creek Masters-38	37.00	36.76 &
7	Radimer, Kelly	42	San Ramon Valley Aquatics Mast-38	37.12	37.04 &
8	Anderson, Annie	43	Davis Aquatic Masters-38	39.00	39.43 &
9	Ludwig, Keri	41	Diamond Hills Masters-38	49.16	46.89 &
10	Lapidario, Millie	43	Marcia's Enthusiastic Masters-38	52.92	53.96 &

Women 40-44 50 SC Meter Butterfly

NATL: 28.19 % 3/16/2013 ERIKA BRAUN

PAC: 29.86 # 12/31/2009 Jody Smith

WRL(5): 3:00.00 & 2000 Erika BRAUN

WRL(6): 3:00.00 2000 Erika BRAUN

2	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	NT	48.45 &
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Women 40-44 100 SC Meter Butterfly

NATL: 1:01.70 % 11/21/2009 S VON DER LIPPE

PAC: 1:06.86 # 12/31/1993 Laura B Val

WRL(5): 11:00.00 & 2000 S.VON DER LIPPE

WRL(6): 11:00.00 2000 S.VON DER LIPPE

1	Lee, Jez	44	Sebastopol Masters Aquatic Clu-38	2:11.24	1:38.96 &
	44.49	1:38.96 (54.47)			
2	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	1:51.34	1:45.13 &
	48.45	1:45.13 (56.68)			
3	Ludwig, Keri	41	Diamond Hills Masters-38	2:12.00	1:49.59 &
	49.32	1:49.59 (1:00.27)			

Women 40-44 200 SC Meter Butterfly

NATL: 2:20.66 % 11/19/2006 S VON DER LIPPE

PAC: 2:29.19 # 12/31/1993 Laura B Val

WRL(5): 11:00.00 & 2000 S.VON DER LIPPE

WRL(6): 11:00.00 2000 S.VON DER LIPPE

1	Rempe, Rachel	41	Marin Aquatic Masters-38	2:59.92	2:58.24 &
	40.35	1:24.86 (44.51)	2:11.45 (46.59)	2:58.24 (46.79)	
2	Ludwig, Keri	41	Diamond Hills Masters-38	4:24.00	4:18.53 &
	53.41	1:58.38 (1:04.97)	3:08.48 (1:10.10)	4:18.53 (1:10.05)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 40-44 100 SC Meter IM**

	NATL:	1:04.19	%	10/10/2015	LISA BLACKBURN		
	PAC:	1:08.91	#	12/31/2004	Jill S Hernandez		
	WRL(5):	10:00.00	&	2000	Lisa BLACKBURN		
	WRL(6):	10:00.00		2000	Lisa BLACKBURN		
1	Radecke-Noble, Jennifer	40	Tvm Swimming-38	1:10.00	1:08.79 #		
	31.90	1:08.79	(36.89)				
2	Nehrebecki, Helene	44	Davis Aquatic Masters-38	1:18.00	1:18.13 &		
	36.27	1:18.13	(41.86)				
3	Horton, Cheryl Lynn	43	Orinda Aquatic Masters-38	1:15.00	1:19.79 &		
	35.07	1:19.79	(44.72)				
4	Brown, Summer	43	Orinda Aquatic Masters-38	1:40.00	1:26.06 &		
	41.03	1:26.06	(45.03)				
5	Murray, Tori	42	Rolling Hills Mud Sharks-38	1:25.68	1:26.16 &		
	40.36	1:26.16	(45.80)				
6	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	1:28.98	1:29.00 &		
	40.68	1:29.00	(48.32)				
7	Sitzmann, Amy	44	Tvm Swimming-38	1:35.00	1:32.12 &		
	46.06	1:32.12	(46.06)				
8	Lee, Jez	44	Sebastopol Masters Aquatic Clu-38	1:38.94	1:36.26 &		
	44.52	1:36.26	(51.74)				
9	Flecker, Donita	42	Sebastopol Masters Aquatic Clu-38	1:40.59	1:36.72 &		
	42.40	1:36.72	(54.32)				
10	Corwin, Stephanie	40	Livermore Aquacowboys-38	1:35.23	1:38.17 &		
	47.59	1:38.17	(50.58)				
11	Conrad, Jacquelyn	40	Livermore Aquacowboys-38	1:30.00	1:41.09 &		
	46.50	1:41.09	(54.59)				
12	Lapidario, Millie	43	Marcia's Enthusiastic Masters-38	2:02.05	2:03.04 &		
	59.27	2:03.04	(1:03.77)				

Women 40-44 200 SC Meter IM

	NATL:	2:19.21	%	12/2/2007	S VON DER LIPPE		
	PAC:	2:22.51	#	12/31/2000	Jill S Hernandez		
	WRL(5):	12:00.00	&	2000	S.VON DER LIPPE		
	WRL(6):	12:00.00		2000	S.VON DER LIPPE		
1	Tiernan, Heather	41	Walnut Creek Masters-38	2:57.00	2:53.55 &		
	39.18	1:23.19	(44.01)	2:13.81	(50.62)	2:53.55	(39.74)
2	Rempe, Rachel	41	Marin Aquatic Masters-38	2:55.72	2:55.91 &		
	36.91	1:23.56	(46.65)	2:16.18	(52.62)	2:55.91	(39.73)
3	Bradford, Amy	44	Walnut Creek Masters-38	3:10.00	3:00.47 &		
	38.95	1:27.34	(48.39)	2:17.86	(50.52)	3:00.47	(42.61)
4	Radimer, Kelly	42	San Ramon Valley Aquatics Mast-38	3:14.96	3:02.51 &		
	37.61	1:25.72	(48.11)	2:19.58	(53.86)	3:02.51	(42.93)
5	Murray, Tori	42	Rolling Hills Mud Sharks-38	3:14.50	3:08.95 &		
	41.40	1:30.29	(48.89)	2:26.07	(55.78)	3:08.95	(42.88)
6	Anderson, Annie	43	Davis Aquatic Masters-38	3:25.00	3:11.95 &		
	41.31	1:30.10	(48.79)	2:29.62	(59.52)	3:11.95	(42.33)
7	Sitzmann, Amy	44	Tvm Swimming-38	3:20.00	3:19.61 &		
	46.16	1:36.15	(49.99)	2:35.14	(58.99)	3:19.61	(44.47)
8	Chaiyasane, Koung	40	Marcia's Enthusiastic Masters-38	4:13.04	4:06.21 &		
	1:04.94	2:09.79	(1:04.85)	3:12.08	(1:02.29)	4:06.21	(54.13)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 40-44 400 SC Meter IM**NATL: 5:00.82 % 11/24/2002 **K PIPES-NEILSEN**PAC: 5:02.17 # 12/31/2000 **Jill S Hernandez**WRL(5): 11:00.00 & 2000 **K.PIPES-NEILSEN**WRL(6): 11:00.00 2000 **K.PIPES-NEILSEN**

1	Chaiyasane, Koung	40	Marcia's Enthusiastic Masters-38	8:56.67	8:47.65 &
	1:11.78	2:29.19 (1:17.41)	3:39.10 (1:09.91)	4:46.14 (1:07.04)	
	5:51.78 (1:05.64)	6:56.25 (1:04.47)	7:54.37 (58.12)	8:47.65 (53.28)	
---	Stankov-Hodge, Marina	44	Marcia's Enthusiastic Masters-38	8:52.15	DQ
	54.15	1:58.19 (1:04.04)	4:05.38 (2:07.19)		
	5:18.21 ()	6:28.75 (1:10.54)	7:30.94 (1:02.19)	DQ (59.66)	

Women 45-49 50 SC Meter FreestyleNATL: 26.29 % 10/13/2018 **ERIKA BRAUN**PAC: 28.58 # 12/31/2000 **Laura B Val**WRL(5): 10:00.00 & 2000 **Erika BRAUN**WRL(6): 10:00.00 2000 **Erika BRAUN**

1	Richards, Ericka	46	Santa Rosa Masters-38	28.67	28.46 #
2	Woodard, Niki	48	Park Terrace Masters Swimming-38	29.99	29.71 &
3	Hooper, Lauren	45	Walnut Creek Masters-38	30.73	31.01 &
4	Maidenberg, Eve	48	Agua Masters-6	30.78	32.49 &
5	Duby, Kristin	45	Davis Aquatic Masters-38	31.99	32.56 &
6	Davis, Taylor	48	University of San Francisco Ma-38	33.89	33.40 &
7	Shimonishi, Tae	45	San Ramon Valley Aquatics Mast-38	44.40	39.19 &
8	Lebsack, Elese	48	Marcia's Enthusiastic Masters-38	45.00	47.90 &

Women 45-49 100 SC Meter FreestyleNATL: 57.53 % 12/2/2023 **JENNIFER MIHALIK**PAC: 1:02.00 # 12/31/1998 **Laura B Val**WRL(5): 12:00.00 & 2000 **Jennifer MIHALIK**WRL(6): 12:00.00 2000 **Jennifer MIHALIK**

1	Richards, Ericka	46	Santa Rosa Masters-38	1:03.15	1:04.99 &
	30.90	1:04.99 (34.09)			
2	Woodard, Niki	48	Park Terrace Masters Swimming-38	1:07.78	1:07.33 &
	32.15	1:07.33 (35.18)			
3	Maidenberg, Eve	48	Agua Masters-6	1:08.33	1:09.59 &
	33.23	1:09.59 (36.36)			
4	Davis, Taylor	48	University of San Francisco Ma-38	1:15.21	1:13.36 &
	33.99	1:13.36 (39.37)			
5	Burch, Katie	47	Tvm Swimming-38	1:17.40	1:14.59 &
	36.11	1:14.59 (38.48)			
6	Nonaka, Marissa	46	Walnut Creek Masters-38	1:22.00	1:21.33 &
	38.10	1:21.33 (43.23)			
7	Shimonishi, Tae	45	San Ramon Valley Aquatics Mast-38	1:35.00	1:29.46 &
	40.38	1:29.46 (49.08)			
8	Cheung, Ruth	45	Quicksilver Masters-38	1:39.90	1:30.91 &
	43.28	1:30.91 (47.63)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 45-49 200 SC Meter Freestyle

NATL: 2:05.94 % 12/2/2007 K PIPES-NEILSEN

PAC: 2:10.91 # 12/31/2003 Suzanne M Heim-Bo

WRL(5): 12:00.00 & 2000 K.PIPES-NEILSEN

WRL(6): 12:00.00 2000 K.PIPES-NEILSEN

1	Woodard, Niki	48	Park Terrace Masters Swimming-38	2:28.00	2:24.97 &
	33.44	1:09.25 (35.81)	1:46.48 (37.23)	2:24.97 (38.49)	
2	Maidenberg, Eve	48	Agua Masters-6	2:25.21	2:28.56 &
	34.64	1:11.48 (36.84)	1:49.87 (38.39)	2:28.56 (38.69)	
3	Nonaka, Marissa	46	Walnut Creek Masters-38	3:20.00	3:01.32 &
	42.81	1:29.62 (46.81)	2:16.42 (46.80)	3:01.32 (44.90)	
4	Shimonishi, Tae	45	San Ramon Valley Aquatics Mast-38	3:24.00	3:18.14 &
	44.35	1:34.64 (50.29)	3:18.25 (1:43.61)	3:18.14 ()	

Women 45-49 400 SC Meter Freestyle

NATL: 4:24.86 % 8/1/2021 HEIDI GEORGE

PAC: 4:24.86 # 8/1/2021 Heidi S George

WRL(5): 8:00.00 & 2000 Heidi GEORGE

WRL(6): 8:00.00 2000 Heidi GEORGE

1	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	5:30.00	5:08.04 &
	36.48	1:14.87 (38.39)	1:53.73 (38.86)	2:32.42 (38.69)	
	3:11.71 (39.29)	3:50.95 (39.24)	4:29.73 (38.78)	5:08.04 (38.31)	

Women 45-49 800 SC Meter Freestyle

NATL: 9:01.09 % 1/28/2023 HEIDI GEORGE

PAC: 9:01.09 # 1/28/2023 Heidi S George

WRL(5): 1:00.00 & 2000 Heidi GEORGE

WRL(6): 1:00.00 2000 Heidi GEORGE

1	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	NT	11:01.19
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Women 45-49 800 SC Meter Freestyle

NATL: 9:01.09 % 1/28/2023 HEIDI GEORGE

PAC: 9:01.09 # 1/28/2023 Heidi S George

WRL(5): 1:00.00 & 2000 Heidi GEORGE

WRL(6): 1:00.00 2000 Heidi GEORGE

1	Maidenberg, Eve	48	Agua Masters-6	10:50.03	10:52.75
	36.95	1:16.29 (39.34)	1:56.08 (39.79)	2:36.67 (40.59)	
	3:17.56 (40.89)	3:58.72 (41.16)	4:39.86 (41.14)	5:21.58 (41.72)	
	6:02.83 (41.25)	6:44.64 (41.81)	7:26.51 (41.87)	8:08.53 (42.02)	
	8:49.89 (41.36)	9:31.01 (41.12)	10:12.69 (41.68)	10:52.75 (40.06)	

Women 45-49 1500 SC Meter Freestyle

NATL: 17:01.27 % 1/28/2023 HEIDI GEORGE

PAC: 17:01.27 # 1/28/2023 Heidi S George

WRL(5): 1:00.00 & 2000 Heidi GEORGE

WRL(6): 1:00.00 2000 Heidi GEORGE

1	Profumo, Tesla	47	Santa Cruz Masters Aquatics-38	19:30.00	19:43.03
	34.91	1:09.62 (34.71)	1:50.91 (41.29)	2:29.45 (38.54)	
	3:08.33 (38.88)	3:47.53 (39.20)	4:26.67 (39.14)	5:05.85 (39.18)	
	5:45.48 (39.63)	6:24.61 (39.13)	7:04.14 (39.53)	7:43.64 (39.50)	
	8:23.37 (39.73)	9:03.07 (39.70)	9:42.75 (39.68)	10:22.67 (39.92)	
	11:02.26 (39.59)	11:42.34 (40.08)	12:22.44 (40.10)	13:02.44 (40.00)	
	13:42.64 (40.20)	14:22.56 (39.92)	15:02.49 (39.93)	15:30.35 (27.86)	
		17:03.16 ()	17:43.55 (40.39)	18:23.85 (40.30)	
	19:03.79 (39.94)	19:43.03 (39.24)			

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Sanction #: 384-S015

Results

(Women 45-49 1500 SC Meter Freestyle)

2	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	21:15.00	20:37.95
	38.27	1:18.82 (40.55)	1:59.74 (40.92)	2:40.95 (41.21)	
	3:22.40 (41.45)	4:03.84 (41.44)	4:44.91 (41.07)	5:26.22 (41.31)	
	6:07.97 (41.75)	6:49.62 (41.65)	7:31.45 (41.83)	8:13.22 (41.77)	
	8:55.42 (42.20)	9:37.32 (41.90)	10:19.17 (41.85)	11:01.19 (42.02)	
	11:42.71 (41.52)	12:24.55 (41.84)	13:06.21 (41.66)	13:47.34 (41.13)	
	14:28.49 (41.15)	15:09.63 (41.14)	15:51.02 (41.39)	16:31.97 (40.95)	
	17:13.61 (41.64)	17:55.11 (41.50)	18:36.49 (41.38)	19:17.53 (41.04)	
	19:58.20 (40.67)	20:37.95 (39.75)			

Women 45-49 50 SC Meter Backstroke

	NATL:	30.54	%	12/2/2023	JENNIFER MIHALIK
	PAC:	32.67	#	12/31/1999	Laura B Val
	WRL(5):	1:00.00	&	2000	Raakel LUOTO
	WRL(6):	1:00.00		2000	Raakel LUOTO
1	Hooper, Lauren	45	Walnut Creek Masters-38	33.54	33.81 &
2	Polcari, Emily	45	Walnut Creek Masters-38	39.00	35.96 &
3	Davis, Taylor	48	University of San Francisco Ma-38	40.60	39.61 &
4	Shimonishi, Tae	45	San Ramon Valley Aquatics Mast-38	58.00	48.78 &
5	Lebsack, Else	48	Marcia's Enthusiastic Masters-38	56.00	56.61 &

Women 45-49 50 SC Meter Backstroke

	NATL:	30.54	%	12/2/2023	JENNIFER MIHALIK
	PAC:	32.67	#	12/31/1999	Laura B Val
	WRL(5):	1:00.00	&	2000	Raakel LUOTO
	WRL(6):	1:00.00		2000	Raakel LUOTO
1	Hooper, Lauren	45	Walnut Creek Masters-38	NT	33.68 &

Women 45-49 100 SC Meter Backstroke

	NATL:	1:04.11	%	12/3/2023	JENNIFER MIHALIK
	PAC:	1:10.17	#	10/18/2009	Lisa A Ward
	WRL(5):	12:00.00	&	2000	Jennifer MIHALIK
	WRL(6):	12:00.00		2000	Jennifer MIHALIK
1	Hooper, Lauren	45	Walnut Creek Masters-38	1:13.37	1:13.21 &
	35.08	1:13.21 (38.13)			
2	Burch, Katie	47	Tvm Swimming-38	1:29.50	1:27.91 &
	43.90	1:27.91 (44.01)			
3	Cheung, Ruth	45	Quicksilver Masters-38	1:56.55	1:54.98 &
	57.03	1:54.98 (57.95)			

Women 45-49 50 SC Meter Breaststroke

	NATL:	32.59	%	11/18/2023	KATIE GLENN
	PAC:	37.32	#	12/31/2004	Leianne S Critten
	WRL(5):	11:00.00	&	2000	Katie GLENN
	WRL(6):	11:00.00		2000	Katie GLENN
1	Richards, Ericka	46	Santa Rosa Masters-38	38.79	38.12 &
2	Jensen-Warner, Beth	47	Walnut Creek Masters-38	46.00	39.95 &
3	Nonaka, Marissa	46	Walnut Creek Masters-38	48.00	48.88 &
4	Kelly, Julie	48	Albany Armada Aquatics Masters-38	42.00	49.27 &

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Women 45-49 100 SC Meter Breaststroke

NATL: 1:12.93 % 3/26/2017 LISA BLACKBURN

PAC: 1:20.45 # 10/18/2009 Lisa A Ward

WRL(5): 7:00.00 & 2000 Linley FRAME

WRL(6): 7:00.00 2000 Linley FRAME

1	Polcari, Emily	45	Walnut Creek Masters-38	1:29.29	1:28.96 &
	42.35	1:28.96 (46.61)			
2	Jensen-Warner, Beth	47	Walnut Creek Masters-38	1:35.00	1:30.55 &
	42.70	1:30.55 (47.85)			

Women 45-49 200 SC Meter Breaststroke

NATL: 2:34.77 % 12/2/2022 GABRIELLE ROSE

PAC: 2:51.75 # 10/18/2009 Lisa A Ward

WRL(5): 12:00.00 & 2000 Gabrielle ROSE

WRL(6): 12:00.00 2000 Gabrielle ROSE

1	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	3:25.00	3:16.24 &
	46.24	1:35.03 (48.79)	2:26.45 (51.42)	3:16.24 (49.79)	
2	Duby, Kristin	45	Davis Aquatic Masters-38	3:13.48	3:17.24 &
	45.07	1:34.33 (49.26)	2:25.64 (51.31)	3:17.24 (51.60)	

Women 45-49 50 SC Meter Butterfly

NATL: 28.60 % 4/2/2017 ERIKA BRAUN

PAC: 30.78 # 12/31/2010 Lauren K Welting

WRL(5): 3:00.00 & 2000 Mabi TSUKIOKA

WRL(6): 3:00.00 2000 Mabi TSUKIOKA

1	Richards, Ericka	46	Santa Rosa Masters-38	31.16	32.20 &
2	Woodard, Niki	48	Park Terrace Masters Swimming-38	34.19	32.75 &
3	Hooper, Lauren	45	Walnut Creek Masters-38	34.00	33.35 &
4	Polcari, Emily	45	Walnut Creek Masters-38	35.00	34.64 &
5	Davis, Taylor	48	University of San Francisco Ma-38	41.11	40.74 &
6	Nonaka, Marissa	46	Walnut Creek Masters-38	43.00	43.93 &
7	Cheung, Ruth	45	Quicksilver Masters-38	50.00	48.74 &

Women 45-49 100 SC Meter Butterfly

NATL: 1:03.47 % 11/20/2010 S VON DER LIPPE

PAC: 1:08.10 # 12/31/1999 Laura B Val

WRL(5): 11:00.00 & 2000 S.VON DER LIPPE

WRL(6): 11:00.00 2000 S.VON DER LIPPE

1	Woodard, Niki	48	Park Terrace Masters Swimming-38	1:16.00	1:13.70 &
	34.84	1:13.70 (38.86)			

Women 45-49 100 SC Meter IM

NATL: 1:05.75 % 12/12/2009 K PIPES-NEILSEN

PAC: 1:10.77 # 10/18/2009 Lisa A Ward

WRL(5): 2:00.00 & 2000 K.PIPES-NEILSEN

WRL(6): 2:00.00 2000 K.PIPES-NEILSEN

1	Richards, Ericka	46	Santa Rosa Masters-38	1:12.55	1:14.25 &
	34.11	1:14.25 (40.14)			
2	Hooper, Lauren	45	Walnut Creek Masters-38	1:16.19	1:17.08 &
	35.91	1:17.08 (41.17)			
3	Polcari, Emily	45	Walnut Creek Masters-38	1:24.00	1:20.98 &
	38.60	1:20.98 (42.38)			
4	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	1:19.97	1:21.19 &
	39.14	1:21.19 (42.05)			

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(Women 45-49 100 SC Meter IM)

5	Duby, Kristin	45	Davis Aquatic Masters-38	1:20.50	1:22.48 &
	40.62		1:22.48 (41.86)		
6	Lebsack, Else	48	Marcia's Enthusiastic Masters-38	1:55.00	2:05.89
	59.76		2:05.89 (1:06.13)		

Women 45-49 200 SC Meter IM

	NATL:	2:19.30	%	12/2/2022	GABRIELLE ROSE
	PAC:	2:31.27	#	12/31/2009	Lisa A Ward
	WRL(5):	12:00.00	&	2000	Gabrielle ROSE
	WRL(6):	12:00.00		2000	Gabrielle ROSE
1	Nonaka, Marissa	46	Walnut Creek Masters-38	3:53.10	3:27.27 &
	47.10		1:42.36 (55.26)	2:40.44 (58.08)	3:27.27 (46.83)

Women 45-49 400 SC Meter IM

	NATL:	5:05.04	%	12/12/2009	K PIPES-NEILSEN
	PAC:	5:20.17	#	10/9/2016	Alison H Zamanian
	WRL(5):	2:00.00	&	2000	K.PIPES-NEILSEN
	WRL(6):	2:00.00		2000	K.PIPES-NEILSEN
1	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	6:30.00	6:11.29
	39.19		1:23.64 (44.45)	2:14.27 (50.63)	3:04.47 (50.20)
	3:56.63 (52.16)		4:50.13 (53.50)	5:31.16 (41.03)	6:11.29 (40.13)

Women 50-54 50 SC Meter Freestyle

	NATL:	26.31	%	12/3/2023	JENNY THOMPSON
	PAC:	28.11	#	12/31/2009	Suzanne M Heim-Bo
	WRL(5):	3:00.00	&	2000	M.Therese FUZZATI
	WRL(6):	3:00.00		2000	M.Therese FUZZATI
1	Mcclafferty, Christine	51	Oregon Masters-37	29.32	29.43 &
2	Rublein, Susanne	54	Manatee Aquatic Masters Inc-38	31.40	31.20 &
3	Nagaoka, Masako	50	Quicksilver Masters-38	31.00	32.64 &
4	Kercher, Jennifer	51	Ladera Oaks Masters-38	37.58	37.26 &
5	Pankhurst, Carrie	50	Diamond Hills Masters-38	37.71	37.87 &
6	Long, Rebecca	52	Albany Armada Aquatics Masters-38	45.24	48.34 &
7	Ward, Meghan	54	Albany Armada Aquatics Masters-38	48.22	49.05 &

Women 50-54 50 SC Meter Freestyle

	NATL:	26.31	%	12/3/2023	JENNY THOMPSON
	PAC:	28.11	#	12/31/2009	Suzanne M Heim-Bo
	WRL(5):	3:00.00	&	2000	M.Therese FUZZATI
	WRL(6):	3:00.00		2000	M.Therese FUZZATI
1	Zamanian, Alison	54	Walnut Creek Masters-38	NT	30.01 &

Women 50-54 100 SC Meter Freestyle

	NATL:	58.12	%	10/15/2023	ERIKA BRAUN
	PAC:	1:01.49	#	12/31/2001	Laura B Val
	WRL(5):	10:00.00	&	2000	Erika BARUN
	WRL(6):	10:00.00		2000	Erika BARUN
1	Attwell, Carrie	54	The Olympic Club-38	1:19.00	1:11.51 &
	34.52		1:11.51 (36.99)		
2	Kercher, Jennifer	51	Ladera Oaks Masters-38	1:26.36	1:22.22 &
	39.97		1:22.22 (42.25)		
3	Lowe, Tonia	53	Albany Armada Aquatics Masters-38	1:17.11	1:22.60 &
	39.81		1:22.60 (42.79)		

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4	Lewis, Aki	43.80	1:27.89 (44.09)	54	San Ramon Valley Aquatics Mast-38	1:40.00	1:27.89 &
5	Ward, Meghan	51.08	1:49.55 (58.47)	54	Albany Armada Aquatics Masters-38	1:47.72	1:49.55 &

Women 50-54 200 SC Meter Freestyle

NATL: 2:10.72 % 12/6/2009 S HEIM-BOWEN

PAC: 2:10.72 # 12/31/2009 Suzanne M Heim-Bo

WRL(5): 12:00.00 & 2000 S.HEIM-BOWEN

WRL(6): 12:00.00 2000 S.HEIM-BOWEN

1	Zamanian, Alison			54	Walnut Creek Masters-38	NT	2:18.08 &
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Women 50-54 200 SC Meter Freestyle

NATL: 2:10.72 % 12/6/2009 S HEIM-BOWEN

PAC: 2:10.72 # 12/31/2009 Suzanne M Heim-Bo

WRL(5): 12:00.00 & 2000 S.HEIM-BOWEN

WRL(6): 12:00.00 2000 S.HEIM-BOWEN

1	Zamanian, Alison	32.28	1:07.07 (34.79)	54	Walnut Creek Masters-38	2:17.85	2:18.48 &
						1:42.65 (35.58)	2:18.48 (35.83)
2	Kercher, Jennifer	43.68	1:30.27 (46.59)	51	Ladera Oaks Masters-38	3:14.79	3:04.25 &
						2:18.34 (48.07)	3:04.25 (45.91)
3	Singh, Jo	43.97	1:32.27 (48.30)	52	Menlo Masters-38	3:24.20	3:11.67 &
						2:23.18 (50.91)	3:11.67 (48.49)
4	Brady, Patricia	44.14	1:32.58 (48.44)	54	Livermore Aquacowboys-38	3:20.37	3:12.04 &
						2:23.08 (50.50)	3:12.04 (48.96)

Women 50-54 400 SC Meter Freestyle

NATL: 4:33.86 % 10/17/2021 ALISON ZAMANIAN

PAC: 4:33.86 # 10/17/2021 Alison Zamanian

WRL(5): 10:00.00 & 2000 Alison ZAMANIAN

WRL(6): 10:00.00 2000 Alison ZAMANIAN

1	Brady, Patricia	46.21	1:36.36 (50.15)	54	Livermore Aquacowboys-38	7:01.37	6:36.98 &
						2:27.52 (51.16)	3:18.28 (50.76)
		4:08.90 (50.62)	4:59.00 (50.10)			5:48.60 (49.60)	6:36.98 (48.38)

Women 50-54 800 SC Meter Freestyle

NATL: 9:23.30 % 10/16/2021 ALISON ZAMANIAN

PAC: 9:23.30 # 10/16/2021 Alison Zamanian

WRL(5): 10:00.00 & 2000 Alison ZAMANIAN

WRL(6): 10:00.00 2000 Alison ZAMANIAN

1	Maze, Ghislaine	46.54	1:37.08 (50.54)	50	Richmond Plunge Masters-38	14:00.00	13:36.66
						2:29.00 (51.92)	3:20.91 (51.91)
		4:13.10 (52.19)	5:05.58 (52.48)			5:57.71 (52.13)	6:49.76 (52.05)
		7:41.31 (51.55)	8:32.55 (51.24)			9:24.08 (51.53)	10:15.42 (51.34)
		11:06.84 (51.42)	11:58.28 (51.44)			12:48.83 (50.55)	13:36.66 (47.83)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 50-54 1500 SC Meter Freestyle**

NATL: 17:47.04 % 1/29/2022 ALISON ZAMANIAN

PAC: 17:47.04 # 1/29/2022 Alison Zamanian

WRL(5): 1:00.00 & 2000 Alison ZAMANIAN

WRL(6): 1:00.00 2000 Alison ZAMANIAN

1	Zamanian, Alison	54	Walnut Creek Masters-38	18:10.00	18:46.06
	33.27	1:09.57 (36.30)	1:46.59 (37.02)	2:23.65 (37.06)	
	3:00.77 (37.12)	3:38.23 (37.46)	4:16.18 (37.95)	4:54.02 (37.84)	
	5:31.98 (37.96)	6:10.11 (38.13)	6:48.09 (37.98)	7:25.97 (37.88)	
	8:04.01 (38.04)	8:41.76 (37.75)	9:19.70 (37.94)	9:57.79 (38.09)	
	10:36.05 (38.26)	11:14.00 (37.95)	11:51.86 (37.86)	12:29.90 (38.04)	
	13:07.65 (37.75)	13:45.38 (37.73)	14:23.35 (37.97)	15:01.46 (38.11)	
	15:39.27 (37.81)	16:16.89 (37.62)	16:54.73 (37.84)	17:32.34 (37.61)	
	18:10.27 (37.93)	18:46.06 (35.79)			
2	Maze, Ghislaine	50	Richmond Plunge Masters-38	25:37.22	25:34.65
	46.79	1:37.72 (50.93)	2:28.92 (51.20)	3:20.59 (51.67)	
	4:12.74 (52.15)	5:04.63 (51.89)	5:56.78 (52.15)	6:48.91 (52.13)	
	7:40.86 (51.95)	8:31.83 (50.97)	9:22.82 (50.99)	10:13.91 (51.09)	
	11:05.18 (51.27)	11:56.70 (51.52)	12:48.09 (51.39)	13:40.53 (52.44)	
	14:31.58 (51.05)	15:22.99 (51.41)	16:14.45 (51.46)	17:05.87 (51.42)	
	17:57.88 (52.01)	18:49.57 (51.69)	19:40.97 (51.40)	20:32.44 (51.47)	
	21:23.41 (50.97)	22:14.37 (50.96)	23:05.06 (50.69)	23:56.34 (51.28)	
	24:47.47 (51.13)	25:34.65 (47.18)			
3	Brady, Patricia	54	Livermore Aquacowboys-38	26:45.37	25:36.93
	45.63	1:35.70 (50.07)	2:26.85 (51.15)	3:17.84 (50.99)	
	4:09.29 (51.45)	5:01.13 (51.84)	5:53.00 (51.87)	6:44.38 (51.38)	
	7:35.90 (51.52)	8:27.38 (51.48)	9:18.82 (51.44)	10:10.48 (51.66)	
	11:02.53 (52.05)	11:54.75 (52.22)	12:46.28 (51.53)	13:37.76 (51.48)	
	14:29.75 (51.99)	15:21.73 (51.98)	16:12.92 (51.19)	17:04.53 (51.61)	
	17:56.49 (51.96)	18:48.13 (51.64)	19:39.86 (51.73)	20:30.71 (50.85)	
	21:22.65 (51.94)	22:14.15 (51.50)	23:05.13 (50.98)	23:55.78 (50.65)	
	24:46.59 (50.81)	25:36.93 (50.34)			

Women 50-54 50 SC Meter Backstroke

NATL: 30.27 % 12/13/2015 LESLIE LIVINGSTON

PAC: 32.72 # 12/31/2005 Laura B Val

WRL(5): 12:00.00 & 2000 Leslie LIVINGSTON

WRL(6): 12:00.00 2000 Leslie LIVINGSTON

1	Pankhurst, Carrie	50	Diamond Hills Masters-38	47.08	47.00 &
2	Long, Rebecca	52	Albany Armada Aquatics Masters-38	50.22	52.38 &
3	Ward, Meghan	54	Albany Armada Aquatics Masters-38	56.70	57.44 &

Women 50-54 100 SC Meter Backstroke

NATL: 1:05.89 % 3/8/2014 ELLEN REYNOLDS

PAC: 1:12.19 # 10/18/2009 Bonnie M Bilich

WRL(5): 3:00.00 & 2000 Ellen REYNOLDS

WRL(6): 3:00.00 2000 Ellen REYNOLDS

1	Ward, Meghan	54	Albany Armada Aquatics Masters-38	2:05.31	2:04.83 &
	59.21	2:04.83 (1:05.62)			

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Women 50-54 100 SC Meter Backstroke

NATL: 1:05.89 % 3/8/2014 ELLEN REYNOLDS
 PAC: 1:12.19 # 10/18/2009 Bonnie M Bilich
 WRL(5): 3:00.00 & 2000 Ellen REYNOLDS
 WRL(6): 3:00.00 2000 Ellen REYNOLDS

1 Zamanian, Alison 54 Walnut Creek Masters-38 NT 1:15.24&

Women 50-54 200 SC Meter Backstroke

NATL: 2:22.37 % 3/8/2014 ELLEN REYNOLDS
 PAC: 2:31.81 # 10/17/2021 Alison Zamanian
 WRL(5): 3:00.00 & 2000 Ellen REYNOLDS
 WRL(6): 3:00.00 2000 Ellen REYNOLDS

1 Singh, Jo 52 Menlo Masters-38 3:45.00 4:24.83
 1:00.00 2:07.09 (1:07.09) 3:18.10 (1:11.01) 4:24.83 (1:06.73)

Women 50-54 50 SC Meter Breaststroke

NATL: 34.79 % 12/3/2023 TRINA SCHAETZ
 PAC: 35.61 # 10/21/2007 Patty L Harris
 WRL(5): 11:00.00 & 2000 Monica CORO
 WRL(6): 11:00.00 2000 Monica CORO

1 Rublein, Susanne 54 Manatee Aquatic Masters Inc-38 40.71 40.96&
 2 Attwell, Carrie 54 The Olympic Club-38 42.87 41.60&
 3 Kercher, Jennifer 51 Ladera Oaks Masters-38 51.45 49.23&
 4 Pankhurst, Carrie 50 Diamond Hills Masters-38 52.11 50.14&
 5 Ward, Meghan 54 Albany Armada Aquatics Masters-38 59.44 58.82&

Women 50-54 100 SC Meter Breaststroke

NATL: 1:16.69 % 10/14/2023 ERIKA BRAUN
 PAC: 1:22.11 # 10/8/2022 Alison Zamanian
 WRL(5): 7:00.00 & 2000 Helen GORMAN
 WRL(6): 7:00.00 2000 Helen GORMAN

1 Rublein, Susanne 54 Manatee Aquatic Masters Inc-38 1:27.50 1:25.81 &
 41.03 1:25.81 (44.78)
 2 Attwell, Carrie 54 The Olympic Club-38 1:33.00 1:31.09 &
 43.87 1:31.09 (47.22)
 3 de la Torre, Yasuko 54 Marcia's Enthusiastic Masters-38 1:40.00 1:36.26 &
 45.63 1:36.26 (50.63)
 4 Maze, Ghislaine 50 Richmond Plunge Masters-38 1:41.00 1:46.18 &
 49.46 1:46.18 (56.72)
 5 Ongerth, Ann Michelle 50 Walnut Creek Masters-38 1:48.26 1:47.33 &
 52.04 1:47.33 (55.29)
 6 Gimbel, Erika 54 Marcia's Enthusiastic Masters-38 2:08.85 2:03.57 &
 1:00.42 2:03.57 (1:03.15)

Women 50-54 200 SC Meter Breaststroke

NATL: 2:50.36 % 12/4/2016 ELLEN REYNOLDS
 PAC: 2:57.30 # 12/31/2009 Cokie Lepinski
 WRL(5): 10:00.00 & 2000 Helen GORMAN
 WRL(6): 10:00.00 2000 Helen GORMAN

1 Nagaoka, Masako 50 Quicksilver Masters-38 3:05.00 3:03.27 &
 43.64 1:28.88 (45.24) 2:16.31 (47.43) 3:03.27 (46.96)
 2 Zamanian, Alison 54 Walnut Creek Masters-38 3:02.19 3:06.00 &
 43.32 1:29.71 (46.39) 2:17.62 (47.91) 3:06.00 (48.38)

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3	de la Torre, Yasuko	54	Marcia's Enthusiastic Masters-38	3:20.00	3:27.62 &
	49.21	1:42.42 (53.21)	2:35.80 (53.38)	3:27.62 (51.82)	
4	Brady, Patricia	54	Livermore Aquacowboys-38	3:41.37	3:42.66 &
	51.19	1:47.30 (56.11)	2:44.96 (57.66)	3:42.66 (57.70)	
5	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	3:59.26	3:55.21 &
	55.27	1:57.26 (1:01.99)	2:59.05 (1:01.79)	3:55.21 (56.16)	
6	Gimbel, Erika	54	Marcia's Enthusiastic Masters-38	4:27.65	4:15.56 &
	1:01.71	2:06.81 (1:05.10)	3:11.85 (1:05.04)	4:15.56 (1:03.71)	
7	Singh, Jo	52	Menlo Masters-38	3:58.00	4:23.06 &
	1:00.97	2:07.35 (1:06.38)	3:15.95 (1:08.60)	4:23.06 (1:07.11)	

Women 50-54 50 SC Meter Butterfly

NATL: 29.11 % 12/2/2023 JENNY THOMPSON

PAC: 31.16 # 12/31/2001 Laura B Val

WRL(5): 6:00.00 & 2000 Susie O'NEILL

WRL(6): 6:00.00 2000 Susie O'NEILL

1	Mcclafferty, Christine	51	Oregon Masters-37	31.38	31.17 &
2	Attwell, Carrie	54	The Olympic Club-38	35.37	35.06 &
3	Pankhurst, Carrie	50	Diamond Hills Masters-38	42.54	42.96 &
4	Vassallo, Roberta	50	Walnut Creek Masters-38	54.86	50.28 &
5	Singh, Jo	52	Menlo Masters-38	50.18	50.30 &

Women 50-54 100 SC Meter Butterfly

NATL: 1:03.51 % 12/3/2023 JENNY THOMPSON

PAC: 1:08.91 # 10/11/2013 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Jenny THOMPSON

WRL(6): 12:00.00 2000 Jenny THOMPSON

1	Mcclafferty, Christine	51	Oregon Masters-37	1:09.72	1:08.84 #
	32.28	1:08.84 (36.56)			
2	Attwell, Carrie	54	The Olympic Club-38	1:23.00	1:20.94 &
	37.64	1:20.94 (43.30)			
3	de la Torre, Yasuko	54	Marcia's Enthusiastic Masters-38	1:30.00	1:26.11 &
	42.23	1:26.11 (43.88)			
4	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	1:36.64	1:44.58 &
	48.00	1:44.58 (56.58)			
5	Vassallo, Roberta	50	Walnut Creek Masters-38	2:00.00	2:07.58 &
	56.44	2:07.58 (1:11.14)			
6	Gimbel, Erika	54	Marcia's Enthusiastic Masters-38	1:54.15	2:10.84 &
	1:02.01	2:10.84 (1:08.83)			

Women 50-54 100 SC Meter Butterfly

NATL: 1:03.51 % 12/3/2023 JENNY THOMPSON

PAC: 1:08.91 # 10/11/2013 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Jenny THOMPSON

WRL(6): 12:00.00 2000 Jenny THOMPSON

2	Zamanian, Alison	54	Walnut Creek Masters-38	NT	1:13.97 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 50-54 200 SC Meter Butterfly**

	NATL:	2:32.29	%	12/9/2012	KARLYN PIPES		
	PAC:	2:33.24	#	10/8/2022	Alison Zamanian		
	WRL(5):	5:00.00	&	2000	Lynn MARSHALL		
	WRL(6):	5:00.00		2000	Lynn MARSHALL		
1	Mcclafferty, Christine	51	Oregon Masters-37	2:36.42		2:36.44	&
	36.24	1:15.79	(39.55)	1:55.79	(40.00)	2:36.44	(40.65)
2	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	3:42.00		3:49.64	&
	50.83	1:48.18	(57.35)	2:47.80	(59.62)	3:49.64	(1:01.84)
3	Maze, Ghislaine	50	Richmond Plunge Masters-38	3:43.00		3:56.64	&
	50.48	1:51.34	(1:00.86)	2:54.77	(1:03.43)	3:56.64	(1:01.87)

Women 50-54 100 SC Meter IM

	NATL:	1:07.04	%	10/15/2022	ERIKA BRAUN		
	PAC:	1:13.92	#	12/31/2002	Laura B Val		
	WRL(5):	10:00.00	&	2000	Erika BRAUN		
	WRL(6):	10:00.00		2000	Erika BRAUN		
1	Zamanian, Alison	54	Walnut Creek Masters-38	1:15.00		1:15.39	&
	35.28	1:15.39	(40.11)				
2	Rublein, Susanne	54	Manatee Aquatic Masters Inc-38	1:18.64		1:19.56	&
	37.14	1:19.56	(42.42)				
3	de la Torre, Yasuko	54	Marcia's Enthusiastic Masters-38	1:30.00		1:25.37	&
	40.39	1:25.37	(44.98)				
4	Brady, Patricia	54	Livermore Aquacowboys-38	1:39.37		1:39.02	&
	48.49	1:39.02	(50.53)				
5	Kercher, Jennifer	51	Ladera Oaks Masters-38	1:46.99		1:39.19	&
	48.76	1:39.19	(50.43)				
6	Pankhurst, Carrie	50	Diamond Hills Masters-38	1:37.80		1:40.14	&
	48.30	1:40.14	(51.84)				
7	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	1:37.40		1:43.54	&
	50.44	1:43.54	(53.10)				
8	Gimbel, Erika	54	Marcia's Enthusiastic Masters-38	2:01.03		2:01.09	&
	59.23	2:01.09	(1:01.86)				
9	Long, Rebecca	52	Albany Armada Aquatics Masters-38	1:54.47		2:01.44	&
	56.04	2:01.44	(1:05.40)				

Women 50-54 200 SC Meter IM

	NATL:	2:27.39	%	11/17/2018	ELLEN REYNOLDS		
	PAC:	2:31.96	#	10/11/2013	Jill S Hernandez		
	WRL(5):	11:00.00	&	2000	Ellen REYNOLDS		
	WRL(6):	11:00.00		2000	Ellen REYNOLDS		
1	Mcclafferty, Christine	51	Oregon Masters-37	2:39.28		2:40.98	&
	33.38	1:16.92	(43.54)	2:03.55	(46.63)	2:40.98	(37.43)
2	Rublein, Susanne	54	Manatee Aquatic Masters Inc-38	2:54.92		2:54.08	&
	41.08	1:26.78	(45.70)	2:15.97	(49.19)	2:54.08	(38.11)
3	de la Torre, Yasuko	54	Marcia's Enthusiastic Masters-38	3:10.00		3:07.11	&
	38.24	1:29.41	(51.17)	2:22.41	(53.00)	3:07.11	(44.70)
4	Lowe, Tonia	53	Albany Armada Aquatics Masters-38	3:23.64		3:28.65	&
	50.39	1:43.81	(53.42)	2:44.04	(1:00.23)	3:28.65	(44.61)
5	Vassallo, Roberta	50	Walnut Creek Masters-38	4:00.00		3:51.52	&
	53.08	1:51.30	(58.22)	2:56.80	(1:05.50)	3:51.52	(54.72)
6	Gimbel, Erika	54	Marcia's Enthusiastic Masters-38	4:23.36		4:11.99	&
	56.56	2:09.35	(1:12.79)	3:13.75	(1:04.40)	4:11.99	(58.24)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 50-54 400 SC Meter IM**

NATL: 5:10.96 % 9/26/2014 ELLEN REYNOLDS

PAC: 5:26.50 # 10/15/2021 Alison Zamanian

WRL(5): 9:00.00 & 2000 Ellen REYNOLDS

WRL(6): 9:00.00 2000 Ellen REYNOLDS

1	Zamanian, Alison	54	Walnut Creek Masters-38	5:30.00	5:36.95 &
	34.69	1:13.97 (39.28)	1:56.33 (42.36)	2:37.80 (41.47)	
	3:30.09 (52.29)	4:22.96 (52.87)	4:55.82 (32.86)	5:36.95 (41.13)	

Women 55-59 50 SC Meter Freestyle

NATL: 27.81 % 3/5/2016 LESLIE LIVINGSTON

PAC: 28.49 # 12/31/2009 Laura B Val

WRL(5): 3:00.00 & 2000 M.FUZZATI

WRL(6): 3:00.00 2000 M.FUZZATI

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	NT	33.79 &
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Women 55-59 50 SC Meter Freestyle

NATL: 27.81 % 3/5/2016 LESLIE LIVINGSTON

PAC: 28.49 # 12/31/2009 Laura B Val

WRL(5): 3:00.00 & 2000 M.FUZZATI

WRL(6): 3:00.00 2000 M.FUZZATI

1	Boone, Danielle	59	Walnut Creek Masters-38	33.75	33.51 &
2	Voight, Tina	55	Marcia's Enthusiastic Masters-38	36.45	36.33 &
3	Maroon, Anne	58	Marcia's Enthusiastic Masters-38	29.00	37.48 &
4	Cervantes-Mui, Wendy	57	Ladera Oaks Masters-38	40.61	38.61 &
5	Johnson, Carliane	59	Marcia's Enthusiastic Masters-38	50.00	40.50 &
6	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	47.00	45.40 &
7	Bryant, Patricia	59	Davis Aquatic Masters-38	1:00.00	56.63 &
8	Bronstone, Madeleine	55	Walnut Creek Masters-38	1:05.00	1:00.47 &

Women 55-59 100 SC Meter Freestyle

NATL: 1:00.61 % 1/20/2017 KARLYN PIPES

PAC: 1:01.33 # 12/31/2009 Laura B Val

WRL(5): 1:00.00 & 2000 Karlyn PIPES

WRL(6): 1:00.00 2000 Karlyn PIPES

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	NT	1:15.14
2	Garforth, Emma	56	Davis Aquatic Masters-38	NT	1:15.46

Women 55-59 100 SC Meter Freestyle

NATL: 1:00.61 % 1/20/2017 KARLYN PIPES

PAC: 1:01.33 # 12/31/2009 Laura B Val

WRL(5): 1:00.00 & 2000 Karlyn PIPES

WRL(6): 1:00.00 2000 Karlyn PIPES

1	Welting, Laureen	59	The Olympic Club-38	1:13.00	1:12.88
	34.90	1:12.88 (37.98)			
2	Boone, Danielle	59	Walnut Creek Masters-38	1:13.69	1:14.45
	35.25	1:14.45 (39.20)			
3	Burger, Clare	57	Marcia's Enthusiastic Masters-38	1:21.96	1:21.42
	39.19	1:21.42 (42.23)			
4	Maroon, Anne	58	Marcia's Enthusiastic Masters-38	1:25.67	1:23.37
	38.11	1:23.37 (45.26)			
5	Gray, Kara	59	Walnut Creek Masters-38	1:22.00	1:26.44
	41.68	1:26.44 (44.76)			

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(Women 55-59 100 SC Meter Freestyle)

6	Cervantes-Mui, Wendy	57	Ladera Oaks Masters-38	1:32.42	1:28.11
	41.82	1:28.11 (46.29)			
7	Asmus, Paula	59	Walnut Creek Masters-38	1:29.70	1:30.38
	42.29	1:30.38 (48.09)			
8	Sonsino, Gabriela	55	Tvm Swimming-38	2:05.00	1:44.15
	49.31	1:44.15 (54.84)			
9	Salmon, Dori	56	Tvm Swimming-38	1:45.08	1:47.30
	50.20	1:47.30 (57.10)			
10	Luttrell, Tracey	56	Walnut Creek Masters-38	2:10.00	1:54.24
	54.33	1:54.24 (59.91)			

Women 55-59 200 SC Meter Freestyle

NATL: 2:12.03 % 12/8/2019 ELLEN REYNOLDS

PAC: 2:14.45 # 12/31/2009 Laura B Val

WRL(5): 12:00.00 & 2000 Ellen REYNOLDS

WRL(6): 12:00.00 2000 Ellen REYNOLDS

1	Goldberg, Michelle	56	Davis Aquatic Masters-38	2:32.62	2:34.35 &
	36.05	1:14.88 (38.83)	1:54.92 (40.04)	2:34.35 (39.43)	
2	Voight, Tina	55	Marcia's Enthusiastic Masters-38	3:20.58	3:01.40 &
	40.37	1:27.37 (47.00)	2:15.50 (48.13)	3:01.40 (45.90)	
3	Maroon, Anne	58	Marcia's Enthusiastic Masters-38	2:52.00	3:02.77 &
	41.13	1:26.72 (45.59)	2:14.92 (48.20)	3:02.77 (47.85)	
4	Keegan, Caroline	59	Kroc Masters-35	3:05.00	3:08.91 &
	43.14	1:30.83 (47.69)	2:20.60 (49.77)	3:08.91 (48.31)	
5	Cervantes-Mui, Wendy	57	Ladera Oaks Masters-38	3:21.90	3:15.62 &
	43.64	1:32.69 (49.05)	2:24.17 (51.48)	3:15.62 (51.45)	
6	Johnson, Carliane	59	Marcia's Enthusiastic Masters-38	3:15.00	3:20.33 &
	45.77	1:35.95 (50.18)	2:29.54 (53.59)	3:20.33 (50.79)	
7	Asta, Lisa	59	Walnut Creek Masters-38	4:30.00	4:40.64 &
	1:04.78	2:18.98 (1:14.20)	3:32.04 (1:13.06)	4:40.64 (1:08.60)	

Women 55-59 400 SC Meter Freestyle

NATL: 4:42.97 % 10/4/2009 LAURA VAL

PAC: 4:42.97 # 12/31/2009 Laura B Val

WRL(5): 1:00.00 & 2000 Lynn MARSHALL

WRL(6): 1:00.00 2000 Lynn MARSHALL

1	Hu, Qing	58	Walnut Creek Masters-38	11:00.00	10:33.20
	1:15.65	2:33.98 (1:18.33)	3:57.40 (1:23.42)	5:18.76 (1:21.36)	
	6:37.28 (1:18.52)	7:58.83 (1:21.55)	9:21.20 (1:22.37)	10:33.20 (1:12.00)	

Women 55-59 400 SC Meter Freestyle

NATL: 4:42.97 % 10/4/2009 LAURA VAL

PAC: 4:42.97 # 12/31/2009 Laura B Val

WRL(5): 1:00.00 & 2000 Lynn MARSHALL

WRL(6): 1:00.00 2000 Lynn MARSHALL

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	NT	5:49.05
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Results

Women 55-59 800 SC Meter Freestyle

NATL: 9:46.35 % 10/13/2018 JILL HERNANDEZ

PAC: 9:46.35 # 10/13/2018 Jill S Hernandez

WRL(5): 4:00.00 & 2000 Lynn MARSHALL

WRL(6): 4:00.00 2000 Lynn MARSHALL

1	Boone, Danielle	59	Walnut Creek Masters-38	12:10.75	12:05.02
	40.85	1:26.39 (45.54)	2:12.53 (46.14)	2:58.85 (46.32)	
	3:45.20 (46.35)	4:31.33 (46.13)	5:17.23 (45.90)	6:03.58 (46.35)	
	6:49.09 (45.51)	7:34.56 (45.47)	8:19.95 (45.39)	9:04.93 (44.98)	
	9:50.30 (45.37)	10:35.76 (45.46)	11:21.17 (45.41)	12:05.02 (43.85)	
2	Burger, Clare	57	Marcia's Enthusiastic Masters-38	11:55.00	12:51.41
	41.43	1:26.70 (45.27)	2:14.31 (47.61)	3:02.70 (48.39)	
	3:50.95 (48.25)	4:39.79 (48.84)	5:29.18 (49.39)	6:18.62 (49.44)	
	7:08.36 (49.74)	7:57.70 (49.34)	8:47.16 (49.46)	9:37.04 (49.88)	
	10:26.48 (49.44)	11:16.04 (49.56)	12:04.95 (48.91)	12:51.41 (46.46)	
3	Keegan, Caroline	59	Kroc Masters-35	14:10.00	14:05.91
	46.84	1:39.62 (52.78)	2:33.56 (53.94)	3:26.90 (53.34)	
	4:20.46 (53.56)	5:13.36 (52.90)	6:07.19 (53.83)	7:00.21 (53.02)	
	7:53.20 (52.99)	8:46.74 (53.54)	9:40.57 (53.83)	10:33.62 (53.05)	
	11:27.07 (53.45)	12:20.85 (53.78)	13:14.24 (53.39)	14:05.91 (51.67)	

Women 55-59 1500 SC Meter Freestyle

NATL: 18:43.73 % 1/16/2010 LAURA VAL

PAC: 18:43.73 # 12/31/2010 Laura B Val

WRL(5): 4:00.00 & 2000 Lynn MARSHALL

WRL(6): 4:00.00 2000 Lynn MARSHALL

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	22:56.00	21:53.88
	40.97	1:24.39 (43.42)	2:08.24 (43.85)	2:52.28 (44.04)	
	3:36.82 (44.54)	4:20.97 (44.15)	5:04.67 (43.70)	5:49.05 (44.38)	
	6:32.82 (43.77)	7:16.79 (43.97)	8:01.21 (44.42)	8:45.02 (43.81)	
	9:29.03 (44.01)		11:40.23 ()		
	12:24.93 ()	13:09.62 (44.69)	13:53.89 (44.27)	14:38.46 (44.57)	
	15:21.83 (43.37)	16:05.65 (43.82)	16:49.55 (43.90)	17:33.11 (43.56)	
	18:17.40 (44.29)	19:01.66 (44.26)	19:45.76 (44.10)	20:29.81 (44.05)	
	21:13.01 (43.20)	21:53.88 (40.87)			
2	Burger, Clare	57	Marcia's Enthusiastic Masters-38	25:30.30	24:21.99
	41.48	1:27.63 (46.15)	2:15.10 (47.47)	3:02.96 (47.86)	
	3:50.45 (47.49)	4:37.58 (47.13)	5:25.58 (48.00)	6:13.68 (48.10)	
	7:02.13 (48.45)	7:50.85 (48.72)	8:39.54 (48.69)	9:28.91 (49.37)	
	10:18.16 (49.25)	11:08.11 (49.95)	11:57.20 (49.09)	12:46.77 (49.57)	
	13:36.60 (49.83)	14:26.74 (50.14)	15:16.84 (50.10)	16:07.20 (50.36)	
	16:56.78 (49.58)	17:46.31 (49.53)	18:35.93 (49.62)	19:25.86 (49.93)	
	20:15.75 (49.89)	21:05.95 (50.20)	21:56.40 (50.45)	22:45.67 (49.27)	
	23:34.27 (48.60)	24:21.99 (47.72)			
3	Gray, Kara	59	Walnut Creek Masters-38	25:00.00	24:50.44
	43.87	1:32.70 (48.83)	2:20.69 (47.99)	3:09.43 (48.74)	
	3:58.57 (49.14)	4:47.34 (48.77)	5:36.66 (49.32)	6:26.02 (49.36)	
	7:15.83 (49.81)	8:05.33 (49.50)	8:55.32 (49.99)	9:45.55 (50.23)	
	10:35.22 (49.67)	11:25.39 (50.17)	12:15.67 (50.28)	13:05.83 (50.16)	
	13:56.25 (50.42)	14:46.79 (50.54)	15:37.09 (50.30)	16:26.94 (49.85)	
	17:17.37 (50.43)	18:07.70 (50.33)	18:58.02 (50.32)	19:48.65 (50.63)	
	20:39.41 (50.76)	21:29.94 (50.53)	22:20.28 (50.34)	23:11.55 (51.27)	
	24:01.13 (49.58)	24:50.44 (49.31)			

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(Women 55-59 1500 SC Meter Freestyle)

4	Voight, Tina	55	Marcia's Enthusiastic Masters-38	26:30.48	25:21.61
	45.53		1:34.84 (49.31)	2:24.68 (49.84)	3:15.57 (50.89)
	4:06.45 (50.88)		4:57.90 (51.45)	5:49.47 (51.57)	6:41.08 (51.61)
	7:32.77 (51.69)		8:23.85 (51.08)	9:15.31 (51.46)	10:06.37 (51.06)
	10:58.02 (51.65)		11:50.17 (52.15)	12:41.84 (51.67)	13:32.93 (51.09)
	14:24.38 (51.45)		15:15.33 (50.95)	16:06.50 (51.17)	16:57.37 (50.87)
	17:48.35 (50.98)		18:39.25 (50.90)	19:30.33 (51.08)	20:21.18 (50.85)
	21:11.68 (50.50)		22:02.75 (51.07)	22:53.09 (50.34)	23:44.42 (51.33)
	24:34.95 (50.53)		25:21.61 (46.66)		
5	Keegan, Caroline	59	Kroc Masters-35	27:15.00	26:31.75
	46.25		1:37.42 (51.17)	2:31.41 (53.99)	3:25.78 (54.37)
	4:19.90 (54.12)		5:13.86 (53.96)	6:07.51 (53.65)	7:01.39 (53.88)
	7:54.76 (53.37)		8:48.39 (53.63)	9:41.70 (53.31)	10:35.50 (53.80)
	11:28.35 (52.85)		12:21.86 (53.51)	13:15.27 (53.41)	14:08.06 (52.79)
	15:00.66 (52.60)		15:54.60 (53.94)	16:48.05 (53.45)	17:41.27 (53.22)
	18:35.41 (54.14)		19:29.48 (54.07)	20:22.13 (52.65)	21:15.46 (53.33)
	22:08.49 (53.03)		23:02.46 (53.97)	23:55.48 (53.02)	24:47.98 (52.50)
	25:40.76 (52.78)		26:31.75 (50.99)		
6	Asta, Lisa	59	Walnut Creek Masters-38	37:00.00	38:11.04
	1:05.48		2:20.35 (1:14.87)	3:34.41 (1:14.06)	4:47.91 (1:13.50)
	6:01.95 (1:14.04)		7:16.86 (1:14.91)	8:32.47 (1:15.61)	9:48.22 (1:15.75)
	11:03.90 (1:15.68)		12:22.03 (1:18.13)	13:40.10 (1:18.07)	14:57.35 (1:17.25)
	16:15.46 (1:18.11)		17:35.47 (1:20.01)	18:51.70 (1:16.23)	20:08.16 (1:16.46)
	21:25.77 (1:17.61)		22:43.40 (1:17.63)	24:01.17 (1:17.77)	25:18.47 (1:17.30)
	26:35.71 (1:17.24)		27:55.00 (1:19.29)	29:14.35 (1:19.35)	30:33.34 (1:18.99)
	31:51.46 (1:18.12)		33:07.44 (1:15.98)	34:25.57 (1:18.13)	35:42.23 (1:16.66)
	36:57.65 (1:15.42)		38:11.04 (1:13.39)		

Women 55-59 50 SC Meter Backstroke

	NATL:	30.12	%	3/5/2016	LESLIE LIVINGSTON
	PAC:	32.62	#	12/31/2009	Laura B Val
	WRL(5):	3:00.00	&	2000	Leslie LIVINGSTON
	WRL(6):	3:00.00		2000	Leslie LIVINGSTON
1	Welting, Laureen	59	The Olympic Club-38	39.00	38.11 &
2	Cervantes-Mui, Wendy	57	Ladera Oaks Masters-38	1:00.00	54.68 &
3	Laszlo, Zsuzsanna	56	Marcia's Enthusiastic Masters-38	1:02.33	1:01.23 &
---	Bryant, Patricia	59	Davis Aquatic Masters-38	1:08.00	DQ

Women 55-59 50 SC Meter Backstroke

	NATL:	30.12	%	3/5/2016	LESLIE LIVINGSTON
	PAC:	32.62	#	12/31/2009	Laura B Val
	WRL(5):	3:00.00	&	2000	Leslie LIVINGSTON
	WRL(6):	3:00.00		2000	Leslie LIVINGSTON
1	Garforth, Emma	56	Davis Aquatic Masters-38	NT	39.11 &
2	Burger, Clare	57	Marcia's Enthusiastic Masters-38	NT	44.16 &

Women 55-59 100 SC Meter Backstroke

	NATL:	1:07.17	%	12/7/2019	ELLEN REYNOLDS
	PAC:	1:12.23	#	12/31/2008	Laura B Val
	WRL(5):	12:00.00	&	2000	Ellen REYNOLDS
	WRL(6):	12:00.00		2000	Ellen REYNOLDS
2	Garforth, Emma	56	Davis Aquatic Masters-38	NT	1:24.55 &

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Women 55-59 100 SC Meter Backstroke

NATL: 1:07.17 % 12/7/2019 ELLEN REYNOLDS

PAC: 1:12.23 # 12/31/2008 Laura B Val

WRL(5): 12:00.00 & 2000 Ellen REYNOLDS

WRL(6): 12:00.00 2000 Ellen REYNOLDS

1	Burger, Clare	57	Marcia's Enthusiastic Masters-38	1:31.99	1:36.35 &
	45.63	1:36.35 (50.72)			
2	Salmon, Dori	56	Tvm Swimming-38	1:55.69	2:01.98 &
	58.75	2:01.98 (1:03.23)			
3	Laszlo, Zsuzsanna	56	Marcia's Enthusiastic Masters-38	2:20.46	2:15.77 &
	1:03.56	2:15.77 (1:12.21)			

Women 55-59 200 SC Meter Backstroke

NATL: 2:25.27 % 12/8/2019 ELLEN REYNOLDS

PAC: 2:32.58 # 10/14/2018 Jill S Hernandez

WRL(5): 12:00.00 & 2000 Ellen REYNOLDS

WRL(6): 12:00.00 2000 Ellen REYNOLDS

1	Garforth, Emma	56	Davis Aquatic Masters-38	3:00.71	2:58.07 &
	43.83	1:29.25 (45.42)	2:14.19 (44.94)	2:58.07 (43.88)	

Women 55-59 50 SC Meter Breaststroke

NATL: 36.47 % 11/5/2017 CAROLINE KRATTLI

PAC: 40.27 # 12/31/2001 Carolyn Boak

WRL(5): 4:00.00 & 2000 Monica CORO

WRL(6): 4:00.00 2000 Monica CORO

1	Weiderman, Jennifer	58	Conejo Valley Masters-33	NT	40.27 #
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Women 55-59 50 SC Meter Breaststroke

NATL: 36.47 % 11/5/2017 CAROLINE KRATTLI

PAC: 40.27 # 12/31/2001 Carolyn Boak

WRL(5): 4:00.00 & 2000 Monica CORO

WRL(6): 4:00.00 2000 Monica CORO

1	Weiderman, Jennifer	58	Conejo Valley Masters-33	40.00	40.38 &
2	Elson, Denise	56	Tvm Swimming-38	45.00	42.82 &
3	Welting, Laureen	59	The Olympic Club-38	41.35	44.23 &
4	Maroon, Anne	58	Marcia's Enthusiastic Masters-38	45.76	47.72 &
5	Glatter, Kathy	58	Uc38	49.12	48.50 &
6	Kelly Smethurst, Andrea	57	Walnut Creek Masters-38	52.00	49.01 &
7	Asmus, Paula	59	Walnut Creek Masters-38	52.00	49.62 &
8	Salmon, Dori	56	Tvm Swimming-38	52.43	55.61 &
9	Huse, Green	56	Marcia's Enthusiastic Masters-38	1:10.00	57.26 &
10	Luttrell, Tracey	56	Walnut Creek Masters-38	1:15.00	1:02.36 &
11	Hu, Qing	58	Walnut Creek Masters-38	1:18.69	1:14.69 &

Women 55-59 100 SC Meter Breaststroke

NATL: 1:21.18 % 11/18/2017 CAROLINE KRATTLI

PAC: 1:29.06 # 10/13/2018 Merrie E Walts

WRL(5): 1:00.00 & 2000 Marzena KULIS

WRL(6): 1:00.00 2000 Marzena KULIS

1	Weiderman, Jennifer	58	Conejo Valley Masters-33	1:26.00	1:25.86 #
	40.27	1:25.86 (45.59)			
2	Garforth, Emma	56	Davis Aquatic Masters-38	1:32.76	1:31.65
	45.18	1:31.65 (46.47)			

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Sanction #: 384-S015

Results

(Women 55-59 100 SC Meter Breaststroke)

3	Elson, Denise	56	Tvm Swimming-38	1:39.00	1:33.41
	45.18	1:33.41	(48.23)		
4	Kelly Smethurst, Andrea	57	Walnut Creek Masters-38	1:45.00	1:42.79
	50.02	1:42.79	(52.77)		
5	Maroon, Anne	58	Marcia's Enthusiastic Masters-38	1:52.36	1:42.99
	49.02	1:42.99	(53.97)		
6	Glatter, Kathy	58	Uc38	1:47.45	1:49.05
	52.24	1:49.05	(56.81)		
7	Huse, Green	56	Marcia's Enthusiastic Masters-38	2:20.00	2:05.44
	1:01.79	2:05.44	(1:03.65)		

Women 55-59 200 SC Meter Breaststroke

NATL: 2:52.75 % 11/19/2023 ELLEN REYNOLDS

PAC: 3:07.11 # 9/23/2018 Lucille R Glassma

WRL(5): 1:00.00 & 2000 Marzena KULIS

WRL(6): 1:00.00 2000 Marzena KULIS

1	Garforth, Emma	56	Davis Aquatic Masters-38	3:17.91	3:18.19
	46.36	1:36.92	(50.56)	2:27.19	(50.27)
				3:18.19	(51.00)
2	Elson, Denise	56	Tvm Swimming-38	3:30.00	3:24.85
	48.62	1:40.77	(52.15)	2:32.97	(52.20)
				3:24.85	(51.88)
3	Glatter, Kathy	58	Uc38	3:54.38	3:56.83
	54.57	1:53.82	(59.25)	2:55.92	(1:02.10)
				3:56.83	(1:00.91)
4	Asta, Lisa	59	Walnut Creek Masters-38	5:30.00	5:32.54
	1:15.47	2:39.08	(1:23.61)	4:05.25	(1:26.17)
				5:32.54	(1:27.29)
5	Hu, Qing	58	Walnut Creek Masters-38	6:00.00	5:55.83
	1:25.75	2:55.79	(1:30.04)	4:28.92	(1:33.13)
				5:55.83	(1:26.91)

Women 55-59 50 SC Meter Butterfly

NATL: 29.39 % 3/5/2016 LESLIE LIVINGSTON

PAC: 31.13 # 10/18/2009 Laura B Val

WRL(5): 3:00.00 & 2000 Leslie LIVINGSTON

WRL(6): 3:00.00 2000 Leslie LIVINGSTON

1	Welting, Laureen	59	The Olympic Club-38	35.00	35.42 &
2	Elson, Denise	56	Tvm Swimming-38	38.50	35.75 &
3	Boone, Danielle	59	Walnut Creek Masters-38	38.75	37.62 &
4	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	42.00	42.44 &
5	Gray, Kara	59	Walnut Creek Masters-38	43.00	46.38 &
6	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	50.00	47.50 &
7	Asmus, Paula	59	Walnut Creek Masters-38	50.00	52.13 &
8	Cervantes-Mui, Wendy	57	Ladera Oaks Masters-38	52.61	52.40 &
9	Salmon, Dori	56	Tvm Swimming-38	59.52	1:00.84 &

Women 55-59 100 SC Meter Butterfly

NATL: 1:08.15 % 1/21/2017 KARLYN PIPES

PAC: 1:09.23 # 12/31/2009 Laura B Val

WRL(5): 2:00.00 & 2000 Franca BOSISIO

WRL(6): 2:00.00 2000 Franca BOSISIO

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	1:24.70	1:23.48 &
	40.26	1:23.48	(43.22)		
2	Goldberg, Michelle	56	Davis Aquatic Masters-38	1:22.31	1:24.77 &
	41.12	1:24.77	(43.65)		
3	Boone, Danielle	59	Walnut Creek Masters-38	1:29.88	1:26.14 &
	40.49	1:26.14	(45.65)		

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4	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	2:14.00	1:54.51 &
	52.59		1:54.51 (1:01.92)		
5	Johnson, Carliane	59	Marcia's Enthusiastic Masters-38	1:55.00	1:56.79 &
	52.50		1:56.79 (1:04.29)		

Women 55-59 200 SC Meter Butterfly

NATL: 2:31.13 % 9/14/2008 LAURA VAL

PAC: 2:31.13 # 12/31/2008 Laura B Val

WRL(5): 9:00.00 & 2000 Laura VAL

WRL(6): 9:00.00 2000 Laura VAL

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	3:13.54	3:13.12 &
	42.53		1:30.89 (48.36) 2:21.83 (50.94) 3:13.12 (51.29)		
2	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	4:28.00	4:19.86 &
	52.15		1:56.99 (1:04.84) 3:07.40 (1:10.41) 4:19.86 (1:12.46)		
3	Asta, Lisa	59	Walnut Creek Masters-38	5:30.00	5:25.79 &
	1:09.74		2:32.37 (1:22.63) 3:59.56 (1:27.19) 5:25.79 (1:26.23)		

Women 55-59 100 SC Meter IM

NATL: 1:09.08 % 1/21/2017 KARLYN PIPES

PAC: 1:12.90 # 12/31/2009 Laura B Val

WRL(5): 1:00.00 & 2000 Karlyn PIPES

WRL(6): 1:00.00 2000 Karlyn PIPES

1	Goldberg, Michelle	56	Davis Aquatic Masters-38	1:21.41	1:22.63
	39.52		1:22.63 (43.11)		
2	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	1:28.80	1:24.73
	39.95		1:24.73 (44.78)		
3	Voight, Tina	55	Marcia's Enthusiastic Masters-38	1:33.49	1:35.90
	46.35		1:35.90 (49.55)		
4	Johnson, Carliane	59	Marcia's Enthusiastic Masters-38	1:45.00	1:47.17
	50.56		1:47.17 (56.61)		
5	Hu, Qing	58	Walnut Creek Masters-38	3:00.00	3:01.29
	1:45.45		3:01.29 (1:15.84)		

Women 55-59 200 SC Meter IM

NATL: 2:27.78 % 11/24/2019 ELLEN REYNOLDS

PAC: 2:33.57 # 10/13/2018 Jill S Hernandez

WRL(5): 1:00.00 & 2000 Ellen REYNOLDS

WRL(6): 1:00.00 2000 Ellen REYNOLDS

1	Weiderman, Jennifer	58	Conejo Valley Masters-33	2:49.00	2:54.13
	38.64		1:23.67 (45.03) 2:11.43 (47.76) 2:54.13 (42.70)		
2	Goldberg, Michelle	56	Davis Aquatic Masters-38	2:56.12	2:57.65
	38.47		1:24.52 (46.05) 2:17.62 (53.10) 2:57.65 (40.03)		
3	Welting, Laureen	59	The Olympic Club-38	3:15.20	3:00.32
	38.59		1:26.62 (48.03) 2:19.89 (53.27) 3:00.32 (40.43)		
4	Garforth, Emma	56	Davis Aquatic Masters-38	2:59.63	3:00.33
	42.35		1:27.93 (45.58) 2:20.08 (52.15) 3:00.33 (40.25)		
5	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	3:00.00	3:46.15
	49.81		1:47.46 (57.65) 2:55.03 (1:07.57) 3:46.15 (51.12)		
6	Huse, Green	56	Marcia's Enthusiastic Masters-38	4:40.00	4:15.17
	56.01		2:07.11 (1:11.10) 3:19.71 (1:12.60) 4:15.17 (55.46)		

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Women 55-59 400 SC Meter IM

	NATL:	5:15.72	%	11/24/2019	ELLEN REYNOLDS		
	PAC:	5:39.30	#	12/31/2009	Laura B Val		
	WRL(5):	11:00.00	&	2000	Ellen REYNOLDS		
	WRL(6):	11:00.00		2000	Ellen REYNOLDS		
1	Weiderman, Jennifer			58	Conejo Valley Masters-33	6:08.10	6:20.25 &
	40.27	1:28.11 (47.84)			2:17.12 (49.01)	3:06.71 (49.59)	
	3:55.51 (48.80)	4:47.43 (51.92)			5:34.23 (46.80)	6:20.25 (46.02)	
2	Goldberg, Michelle			56	Davis Aquatic Masters-38	6:30.00	6:22.32 &
	41.63	1:28.80 (47.17)			2:21.27 (52.47)	3:11.21 (49.94)	
	4:06.29 (55.08)	5:00.48 (54.19)			5:42.10 (41.62)	6:22.32 (40.22)	
3	Shu, Vicki			56	Marcia's Enthusiastic Masters-38	6:34.48	6:27.26 &
	41.48	1:26.31 (44.83)			2:16.94 (50.63)	3:06.80 (49.86)	
	4:03.66 (56.86)	5:00.63 (56.97)			5:45.27 (44.64)	6:27.26 (41.99)	
4	Garforth, Emma			56	Davis Aquatic Masters-38	6:25.18	6:27.55 &
	44.04	1:34.56 (50.52)			2:24.32 (49.76)	3:12.59 (48.27)	
	4:06.01 (53.42)	4:59.75 (53.74)			5:44.40 (44.65)	6:27.55 (43.15)	
5	Asta, Lisa			59	Walnut Creek Masters-38	9:40.03	10:48.20 &
	1:10.49	2:31.60 (1:21.11)			3:55.38 (1:23.78)	5:20.44 (1:25.06)	
	6:51.83 (1:31.39)	8:20.02 (1:28.19)			9:35.68 (1:15.66)	10:48.20 (1:12.52)	

Women 60-64 50 SC Meter Freestyle

	NATL:	29.23	%	12/7/2019	VAL\GRANGER		
	PAC:	29.23	#	12/6/2013	Laura B Val		
	WRL(5):	5:00.00	&	2000	Jenny WHITELEY		
	WRL(6):	5:00.00		2000	Jenny WHITELEY		
1	Godges, Arlette			60	Team Redbird-33	32.00	30.60 &
2	Knight-Williams, Valerie			61	Sacramento Masters-38	36.04	35.08 &
3	Viscardi, Josie			60	Rolling Hills Mud Sharks-38	37.00	36.71 &
4	Mauer, Julie			62	Kroc Masters-35	41.53	38.65 &
5	Haskell, Rocio			61	Manatee Aquatic Masters Inc-38	40.00	44.02 &
6	Thornton, Kathryn			61	Walnut Creek Masters-38	1:04.00	59.56 &
7	Dunkle, Julie			63	Tvm Swimming-38	59.20	59.79 &
8	Bennett, Sue			62	Marcia's Enthusiastic Masters-38	59.49	1:01.15 &
9	Warnes, Graciela			64	San Ramon Valley Aquatics Mast-38	1:20.00	1:03.98 &

Women 60-64 50 SC Meter Freestyle

	NATL:	29.23	%	12/7/2019	VAL\GRANGER		
	PAC:	29.23	#	12/6/2013	Laura B Val		
	WRL(5):	5:00.00	&	2000	Jenny WHITELEY		
	WRL(6):	5:00.00		2000	Jenny WHITELEY		
1	Ward, Lisa			60	Walnut Creek Masters-38	NT	34.03 &
2	Thornton, Kathryn			61	Walnut Creek Masters-38	NT	1:03.95 &

Women 60-64 100 SC Meter Freestyle

	NATL:	1:03.48	%	12/5/2014	LAURA VAL		
	PAC:	1:03.48	#	12/7/2014	Laura B Val		
	WRL(5):	10:00.00	&	2000	Jenny WHITELEY		
	WRL(6):	10:00.00		2000	Jenny WHITELEY		
1	Godges, Arlette			60	Team Redbird-33	1:09.00	1:06.41 &
	32.36	1:06.41 (34.05)					
2	Mauer, Julie			62	Kroc Masters-35	1:33.68	1:33.96 &
	42.13	1:33.96 (51.83)					

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(Women 60-64 100 SC Meter Freestyle)

3	Haskell, Rocio	61	Manatee Aquatic Masters Inc-38	1:45.00	1:37.39 &
	45.68		1:37.39 (51.71)		
4	Dibley, Allison	62	Walnut Creek Masters-38	1:35.00	1:43.45 &
	48.78		1:43.45 (54.67)		
5	McCormick, Ann	61	Marcia's Enthusiastic Masters-38	1:58.00	1:58.83 &
	56.51		1:58.83 (1:02.32)		
---	Bennett, Sue	62	Marcia's Enthusiastic Masters-38	2:15.87	DQ
	1:07.46		DQ (1:23.84)		

Women 60-64 100 SC Meter Freestyle

NATL: 1:03.48 % 12/5/2014 LAURA VAL

PAC: 1:03.48 # 12/7/2014 Laura B Val

WRL(5): 10:00.00 & 2000 Jenny WHITELEY

WRL(6): 10:00.00 2000 Jenny WHITELEY

1	Ward, Lisa	60	Walnut Creek Masters-38	NT	1:10.39 &
2	Couch, Stephanie	60	Menlo Masters-38	NT	1:22.58 &
3	Thornton, Kathryn	61	Walnut Creek Masters-38	NT	2:17.60 &

Women 60-64 200 SC Meter Freestyle

NATL: 2:13.66 % 5/24/2024 ELLEN REYNOLDS

PAC: 2:20.16 # 12/4/2014 Laura B Val

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1	Ward, Lisa	60	Walnut Creek Masters-38	2:31.09	2:27.34 &
	34.03		1:10.39 (36.36) 1:47.97 (37.58) 2:27.34 (39.37)		
2	Haskell, Rocio	61	Manatee Aquatic Masters Inc-38	3:45.00	3:29.03 &
	49.19		1:42.67 (53.48) 2:38.26 (55.59) 3:29.03 (50.77)		
3	Adler, Felicia	62	Walnut Creek Masters-38	3:40.00	3:29.19 &
	49.48		1:41.22 (51.74) 2:35.46 (54.24) 3:29.19 (53.73)		
4	Carboni, Lisa	63	Marcia's Enthusiastic Masters-38	3:49.98	3:56.19 &
	54.06		1:54.42 (1:00.36) 2:56.80 (1:02.38) 3:56.19 (59.39)		
5	McCormick, Ann	61	Marcia's Enthusiastic Masters-38	4:30.00	4:13.78 &
	56.36		2:02.41 (1:06.05) 3:09.05 (1:06.64) 4:13.78 (1:04.73)		
6	Thornton, Kathryn	61	Walnut Creek Masters-38	4:34.00	4:43.29 &
	1:03.95		2:17.60 (1:13.65) 3:31.95 (1:14.35) 4:43.29 (1:11.34)		
7	Bennett, Sue	62	Marcia's Enthusiastic Masters-38	4:52.52	4:54.10 &
	1:07.06		2:22.26 (1:15.20) 3:38.20 (1:15.94) 4:54.10 (1:15.90)		

Women 60-64 400 SC Meter Freestyle

NATL: 4:42.58 % 5/25/2024 ELLEN REYNOLDS

PAC: 4:53.24 # 8/24/2013 Laura B Val

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1	Taylor, Catherine	61	Walnut Creek Masters-38	6:27.12	6:04.43
	42.34		1:27.82 (45.48) 2:13.82 (46.00) 2:59.97 (46.15)		
	3:46.44 (46.47)		4:32.75 (46.31) 5:19.17 (46.42) 6:04.43 (45.26)		
2	Lowe, Elizabeth	61	Penguin Swim Club-38	7:30.00	7:56.39
	48.04		1:43.73 (55.69) 2:43.97 (1:00.24) 3:46.57 (1:02.60)		
	4:50.39 (1:03.82)		5:54.18 (1:03.79) 6:56.88 (1:02.70) 7:56.39 (59.51)		

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Women 60-64 400 SC Meter Freestyle

NATL: 4:42.58 % 5/25/2024 ELLEN REYNOLDS

PAC: 4:53.24 # 8/24/2013 Laura B Val

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1 Couch, Stephanie 60 Menlo Masters-38 NT 5:35.71

Women 60-64 800 SC Meter Freestyle

NATL: 10:07.03 % 10/13/2023 K PARKER PALACE

PAC: 10:21.68 # 1/15/2011 Laura B Val

WRL(5): 3:00.00 & 2000 Lynn MARSHALL

WRL(6): 3:00.00 2000 Lynn MARSHALL

1 Couch, Stephanie 60 Menlo Masters-38 11:10.17 11:09.81

40.16 1:22.58 (42.42) 2:04.98 (42.40) 2:47.28 (42.30)

3:29.49 (42.21) 4:11.53 (42.04) 4:53.54 (42.01) 5:35.71 (42.17)

6:17.93 (42.22) 7:00.42 (42.49) 7:42.37 (41.95) 8:24.05 (41.68)

9:05.74 (41.69) 9:47.65 (41.91) 10:29.64 (41.99) 11:09.81 (40.17)

2 Taylor, Catherine 61 Walnut Creek Masters-38 14:07.43 12:26.39

41.92 1:28.73 (46.81) 2:15.96 (47.23) 3:03.79 (47.83)

3:51.27 (47.48) 4:38.19 (46.92) 5:25.60 (47.41) 6:12.99 (47.39)

7:00.54 (47.55) 7:47.88 (47.34) 8:34.49 (46.61) 9:21.38 (46.89)

10:08.57 (47.19) 10:55.11 (46.54) 11:41.82 (46.71) 12:26.39 (44.57)

3 Nichelman, Sherri 64 Walnut Creek Masters-38 12:00.00 12:33.89

41.76 1:27.31 (45.55) 2:13.98 (46.67) 3:01.75 (47.77)

3:49.69 (47.94) 4:37.79 (48.10) 5:25.97 (48.18) 6:14.54 (48.57)

7:02.49 (47.95) 7:50.49 (48.00) 8:38.10 (47.61) 9:25.34 (47.24)

10:12.60 (47.26) 11:00.90 (48.30) 11:48.69 (47.79) 12:33.89 (45.20)

4 Lowe, Elizabeth 61 Penguin Swim Club-38 16:00.00 15:38.30

48.78 1:44.47 (55.69) 2:43.20 (58.73) 3:42.63 (59.43)

4:43.56 (1:00.93) 5:42.50 (58.94) 6:40.95 (58.45) 7:40.79 (59.84)

8:39.67 (58.88) 9:38.57 (58.90) 10:38.11 (59.54) 11:38.65 (1:00.54)

12:38.96 (1:00.31) 13:38.06 (59.10) 14:38.79 (1:00.73) 15:38.30 (59.51)

5 Carboni, Lisa 63 Marcia's Enthusiastic Masters-38 17:23.52 16:39.88

57.41 1:59.77 (1:02.36) 3:02.79 (1:03.02) 4:05.19 (1:02.40)

5:08.56 (1:03.37) 6:12.30 (1:03.74) 7:15.85 (1:03.55) 8:18.99 (1:03.14)

9:22.47 (1:03.48) 10:25.37 (1:02.90) 11:29.36 (1:03.99) 12:32.99 (1:03.63)

13:35.83 (1:02.84) 14:38.33 (1:02.50) 15:41.67 (1:03.34) 16:39.88 (58.21)

Women 60-64 1500 SC Meter Freestyle

NATL: 18:47.25 % 5/26/2024 ELLEN REYNOLDS

PAC: 19:35.32 # 1/18/2020 Suzanne M Heim-Bo

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1 Nichelman, Sherri 64 Walnut Creek Masters-38 25:00.00 23:41.90

42.00 1:28.83 (46.83) 2:17.02 (48.19) 3:05.31 (48.29)

3:53.77 (48.46) 4:42.10 (48.33) 5:30.54 (48.44) 6:18.78 (48.24)

7:07.45 (48.67) 7:55.36 (47.91) 8:42.92 (47.56) 9:30.95 (48.03)

10:18.77 (47.82) 11:05.84 (47.07) 11:53.51 (47.67) 12:40.82 (47.31)

13:28.40 (47.58) 14:16.47 (48.07) 15:03.94 (47.47) 15:50.65 (46.71)

16:38.43 (47.78) 17:26.16 (47.73) 18:13.54 (47.38) 19:01.12 (47.58)

19:48.65 (47.53) 20:35.57 (46.92) 21:23.05 (47.48) 22:10.52 (47.47)

22:57.51 (46.99) 23:41.90 (44.39)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Women 60-64 1500 SC Meter Freestyle)

2	Lowe, Elizabeth	61	Penguin Swim Club-38	31:00.00	30:12.45
	49.85	1:46.20 (56.35)	2:45.34 (59.14)	3:43.82 (58.48)	
	4:44.14 (1:00.32)	5:43.87 (59.73)	6:42.82 (58.95)	7:45.34 (1:02.52)	
	8:45.80 (1:00.46)	9:46.33 (1:00.53)	10:48.40 (1:02.07)	11:48.79 (1:00.39)	
	12:48.27 (59.48)	13:49.15 (1:00.88)	14:49.33 (1:00.18)	15:49.73 (1:00.40)	
	16:50.32 (1:00.59)	17:50.27 (59.95)	18:49.78 (59.51)	19:50.88 (1:01.10)	
	20:52.81 (1:01.93)	21:53.88 (1:01.07)	22:54.21 (1:00.33)	23:56.04 (1:01.83)	
	24:57.87 (1:01.83)	26:01.24 (1:03.37)	27:04.62 (1:03.38)	28:07.79 (1:03.17)	
	29:11.37 (1:03.58)	30:12.45 (1:01.08)			
3	Carboni, Lisa	63	Marcia's Enthusiastic Masters-38	31:43.75	32:09.21
	58.29	2:01.55 (1:03.26)	3:05.73 (1:04.18)	4:09.52 (1:03.79)	
	5:14.38 (1:04.86)	6:18.38 (1:04.00)	7:23.00 (1:04.62)	8:28.71 (1:05.71)	
	9:33.49 (1:04.78)	10:39.31 (1:05.82)	11:44.42 (1:05.11)	12:49.85 (1:05.43)	
	13:54.87 (1:05.02)	14:59.34 (1:04.47)	16:04.93 (1:05.59)	17:09.29 (1:04.36)	
	18:14.57 (1:05.28)	19:20.08 (1:05.51)	20:24.57 (1:04.49)	21:28.57 (1:04.00)	
	22:32.93 (1:04.36)	23:36.82 (1:03.89)	24:41.58 (1:04.76)	25:46.74 (1:05.16)	
	26:50.57 (1:03.83)	27:55.89 (1:05.32)	29:00.74 (1:04.85)	30:05.29 (1:04.55)	
	31:08.27 (1:02.98)	32:09.21 (1:00.94)			
4	McCormick, Ann	61	Marcia's Enthusiastic Masters-38	34:30.00	34:40.42
	1:01.82	2:10.03 (1:08.21)	3:18.35 (1:08.32)	4:26.67 (1:08.32)	
	5:35.70 (1:09.03)	6:44.50 (1:08.80)	7:55.33 (1:10.83)	9:02.51 (1:07.18)	
	10:13.39 (1:10.88)	11:24.49 (1:11.10)	12:35.29 (1:10.80)	13:45.71 (1:10.42)	
	14:56.39 (1:10.68)	16:07.04 (1:10.65)	17:17.18 (1:10.14)	18:24.68 (1:07.50)	
	19:35.92 (1:11.24)	20:46.62 (1:10.70)	21:56.80 (1:10.18)	23:07.36 (1:10.56)	
	24:16.92 (1:09.56)	25:26.91 (1:09.99)	26:38.17 (1:11.26)	27:48.11 (1:09.94)	
	28:58.37 (1:10.26)	30:07.37 (1:09.00)	31:18.20 (1:10.83)	32:25.69 (1:07.49)	
	33:34.79 (1:09.10)	34:40.42 (1:05.63)			

Women 60-64 50 SC Meter Backstroke

NATL: 31.55 % 5/26/2024 ELLEN REYNOLDS

PAC: 33.01 # 12/6/2013 Laura B Val

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1	Ward, Lisa	60	Walnut Creek Masters-38	36.12	36.00 &
2	Knight-Williams, Valerie	61	Sacramento Masters-38	42.25	42.83 &
3	Couch, Stephanie	60	Menlo Masters-38	44.00	42.93 &
4	McCormick, Ann	61	Marcia's Enthusiastic Masters-38	1:05.00	1:01.40 &
5	Dunkle, Julie	63	Tvm Swimming-38	1:16.57	1:08.91 &
6	Bennett, Sue	62	Marcia's Enthusiastic Masters-38	1:14.14	1:22.76 &
7	Warnes, Graciela	64	San Ramon Valley Aquatics Mast-38	1:30.00	1:26.54 &

Women 60-64 100 SC Meter Backstroke

NATL: 1:07.82 % 4/21/2024 ELLEN REYNOLDS

PAC: 1:12.39 # 10/13/2018 Bonnie M Bilich

WRL(5): 4:00.00 & 2000 Ellen REYNOLDS

WRL(6): 4:00.00 2000 Ellen REYNOLDS

1	Ward, Lisa	60	Walnut Creek Masters-38	NT	1:20.22 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 60-64 100 SC Meter Backstroke**

	NATL:	1:07.82	%	4/21/2024	ELLEN REYNOLDS		
	PAC:	1:12.39	#	10/13/2018	Bonnie M Bilich		
	WRL(5):	4:00.00	&	2000	Ellen REYNOLDS		
	WRL(6):	4:00.00		2000	Ellen REYNOLDS		
1	Oliver, April			63	North Bay Aquatics-38	1:24.00	1:25.79 &
		41.70				1:25.79 (44.09)	
2	Focha, Teresa			63	Albany Armada Aquatics Masters-38	2:01.07	1:53.04 &
		54.65				1:53.04 (58.39)	
3	Carboni, Lisa			63	Marcia's Enthusiastic Masters-38	2:06.45	2:02.70 &
		1:00.39				2:02.70 (1:02.31)	
4	McCormick, Ann			61	Marcia's Enthusiastic Masters-38	2:20.00	2:13.52 &
		1:04.92				2:13.52 (1:08.60)	

Women 60-64 200 SC Meter Backstroke

	NATL:	2:25.55	%	4/20/2024	ELLEN REYNOLDS		
	PAC:	2:35.84	#	10/14/2018	Bonnie M Bilich		
	WRL(5):	4:00.00	&	2000	Ellen REYNOLDS		
	WRL(6):	4:00.00		2000	Ellen REYNOLDS		
1	Ward, Lisa			60	Walnut Creek Masters-38	2:49.88	2:47.25 &
		39.81				1:22.29 (42.48)	2:04.90 (42.61)
						2:47.25 (42.35)	
2	Couch, Stephanie			60	Menlo Masters-38	2:59.87	3:02.85 &
		44.08				1:29.96 (45.88)	2:16.68 (46.72)
						3:02.85 (46.17)	
3	Russell, Jane			61	Davis Aquatic Masters-38	3:16.85	3:13.06 &
		45.30				1:34.13 (48.83)	2:24.24 (50.11)
						3:13.06 (48.82)	
4	Delmage, Arlene			62	Oregon Masters-37	3:15.30	3:15.31 &
		48.15				1:37.77 (49.62)	2:27.78 (50.01)
						3:15.31 (47.53)	
5	Taylor, Catherine			61	Walnut Creek Masters-38	3:31.84	3:39.38 &
		54.04				1:50.91 (56.87)	2:46.21 (55.30)
						3:39.38 (53.17)	
6	Phalen, Jennifer			60	Davis Aquatic Masters-38	3:55.64	3:53.53 &
		58.21				1:57.09 (58.88)	2:55.88 (58.79)
						3:53.53 (57.65)	
7	Focha, Teresa			63	Albany Armada Aquatics Masters-38	4:16.71	3:54.01 &
		57.63				1:56.76 (59.13)	2:55.96 (59.20)
						3:54.01 (58.05)	
8	Carboni, Lisa			63	Marcia's Enthusiastic Masters-38	4:55.55	4:32.54
		1:03.21				2:13.57 (1:10.36)	3:25.47 (1:11.90)
						4:32.54 (1:07.07)	
9	Thornton, Kathryn			61	Walnut Creek Masters-38	6:00.00	5:46.77
		1:20.32				2:47.28 (1:26.96)	4:17.84 (1:30.56)
						5:46.77 (1:28.93)	

Women 60-64 50 SC Meter Breaststroke

	NATL:	37.45	%	5/25/2024	CORRIN BUCK		
	PAC:	40.75	#	10/16/2021	Amy J Rieger		
	WRL(5):	2:00.00	&	2000	Ute HASSE		
	WRL(6):	2:00.00		2000	Ute HASSE		
1	Godges, Arlette			60	Team Redbird-33	44.00	39.88 #
2	Weinman, Michal Sue			61	Davis Aquatic Masters-38	45.01	44.35 &
3	Knight-Williams, Valerie			61	Sacramento Masters-38	48.20	45.43 &
4	LaBerge, Karin			60	Tvm Swimming-38	46.10	46.74 &
5	Tonge, Jacqueline			62	Orinda Aquatic Masters-38	51.00	50.48 &
6	Berg, Joanna			64	Manatee Aquatic Masters Inc-38	54.87	54.59 &
7	Mauer, Julie			62	Kroc Masters-35	54.38	57.12 &
8	Dunkle, Julie			63	Tvm Swimming-38	1:13.84	1:09.51 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 60-64 50 SC Meter Breaststroke**NATL: 37.45 % 5/25/2024 **CORRIN BUCK**PAC: 40.75 # 10/16/2021 **Amy J Rieger**WRL(5): 2:00.00 & 2000 **Ute HASSE**WRL(6): 2:00.00 2000 **Ute HASSE**

1 Carroll, Leah 63 Albany Armada Aquatics Masters-38 NT 59.03 &

Women 60-64 100 SC Meter BreaststrokeNATL: 1:22.23 % 5/24/2024 **CORRIN BUCK**PAC: 1:26.83 # 12/5/2021 **Amy J Rieger**WRL(5): 5:00.00 & 2000 **Jenny WHITELEY**WRL(6): 5:00.00 2000 **Jenny WHITELEY**

1 Delmage, Arlene 62 Oregon Masters-37 1:40.00 1:35.36 &
46.52 1:35.36 (48.84)

2 LaBerge, Karin 60 Tvm Swimming-38 1:42.09 1:39.05 &
47.12 1:39.05 (51.93)

3 Knight-Williams, Valerie 61 Sacramento Masters-38 1:43.79 1:41.17 &
47.45 1:41.17 (53.72)

4 Taylor, Catherine 61 Walnut Creek Masters-38 1:45.79 1:44.92 &
51.36 1:44.92 (53.56)

5 Phalen, Jennifer 60 Davis Aquatic Masters-38 1:40.99 1:46.79 &
48.66 1:46.79 (58.13)

6 Tonge, Jacqueline 62 Orinda Aquatic Masters-38 1:45.57 1:48.80 &
53.20 1:48.80 (55.60)

7 Berg, Joanna 64 Manatee Aquatic Masters Inc-38 2:06.56 1:55.76 &
56.44 1:55.76 (59.32)

8 Carroll, Leah 63 Albany Armada Aquatics Masters-38 2:00.13 2:01.95 &
59.03 2:01.95 (1:02.92)

Women 60-64 200 SC Meter BreaststrokeNATL: 2:51.23 % 4/20/2024 **ELLEN REYNOLDS**PAC: 3:05.92 # 12/4/2021 **Amy J Rieger**WRL(5): 4:00.00 & 2000 **Ellen REYNOLDS**WRL(6): 4:00.00 2000 **Ellen REYNOLDS**

1 LaBerge, Karin 60 Tvm Swimming-38 3:28.90 3:32.26 &
48.99 1:42.17 (53.18) 2:37.17 (55.00) 3:32.26 (55.09)

2 Phalen, Jennifer 60 Davis Aquatic Masters-38 3:39.67 3:43.71 &
52.28 1:48.22 (55.94) 2:46.11 (57.89) 3:43.71 (57.60)

3 Tonge, Jacqueline 62 Orinda Aquatic Masters-38 3:52.45 3:57.47 &
55.40 1:54.38 (58.98) 2:57.05 (1:02.67) 3:57.47 (1:00.42)

4 Berg, Joanna 64 Manatee Aquatic Masters Inc-38 4:13.13 4:12.03
57.74 2:01.29 (1:03.55) 3:07.46 (1:06.17) 4:12.03 (1:04.57)

5 Adler, Felicia 62 Walnut Creek Masters-38 4:30.00 4:14.30
1:01.96 2:07.81 (1:05.85) 3:12.02 (1:04.21) 4:14.30 (1:02.28)

6 Viscardi, Josie 60 Rolling Hills Mud Sharks-38 4:15.00 4:17.10
57.93 2:02.89 (1:04.96) 3:10.25 (1:07.36) 4:17.10 (1:06.85)

7 Carroll, Leah 63 Albany Armada Aquatics Masters-38 4:13.29 4:17.50
1:00.57 2:07.42 (1:06.85) 3:14.81 (1:07.39) 4:17.50 (1:02.69)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 60-64 50 SC Meter Butterfly

NATL:	31.24	%	12/7/2019	TRACI GRANGER		
PAC:	32.42	#	10/6/2013	Laura B Val		
WRL(5):	12:00.00	&	2000	Traci GRANGER		
WRL(6):	12:00.00		2000	Traci GRANGER		
1	Delmage, Arlene		62 Oregon Masters-37	35.39		34.02 &
2	Godges, Arlette		60 Team Redbird-33	36.00		34.21 &
3	Oliver, April		63 North Bay Aquatics-38	35.40		35.35 &
4	Russell, Jane		61 Davis Aquatic Masters-38	38.85		37.61 &
5	Weinman, Michal Sue		61 Davis Aquatic Masters-38	38.43		38.90 &
6	Nichelman, Sherri		64 Walnut Creek Masters-38	41.38		40.83 &
7	Blatt, Lisa		62 University of San Francisco Ma-38	55.00		50.73 &
8	Tonge, Jacqueline		62 Orinda Aquatic Masters-38	56.61		54.83 &
9	Haskell, Rocio		61 Manatee Aquatic Masters Inc-38	50.00		55.72 &
10	Berg, Joanna		64 Manatee Aquatic Masters Inc-38	58.89		56.49 &
11	Dunkle, Julie		63 Tvm Swimming-38	1:16.80		1:17.74 &

Women 60-64 50 SC Meter Butterfly

NATL:	31.24	%	12/7/2019	TRACI GRANGER		
PAC:	32.42	#	10/6/2013	Laura B Val		
WRL(5):	12:00.00	&	2000	Traci GRANGER		
WRL(6):	12:00.00		2000	Traci GRANGER		
1	Ward, Lisa		60 Walnut Creek Masters-38	NT		36.26 &
5	Carroll, Leah		63 Albany Armada Aquatics Masters-38	NT		54.51 &

Women 60-64 100 SC Meter Butterfly

NATL:	1:07.79	%	5/25/2024	ELLEN REYNOLDS		
PAC:	1:11.47	#	12/6/2013	Laura B Val		
WRL(5):	5:00.00	&	2000	Ellen REYNOLDS		
WRL(6):	5:00.00		2000	Ellen REYNOLDS		
1	Ward, Lisa		60 Walnut Creek Masters-38	1:22.35		1:16.39 &
	36.26		1:16.39 (40.13)			
2	Godges, Arlette		60 Team Redbird-33	1:20.00		1:17.57 &
	36.02		1:17.57 (41.55)			
3	Delmage, Arlene		62 Oregon Masters-37	1:18.00		1:17.87 &
	36.59		1:17.87 (41.28)			
4	Russell, Jane		61 Davis Aquatic Masters-38	1:28.65		1:25.70 &
	39.70		1:25.70 (46.00)			
5	Couch, Stephanie		60 Menlo Masters-38	1:34.30		1:35.26 &
	44.96		1:35.26 (50.30)			
6	Carroll, Leah		63 Albany Armada Aquatics Masters-38	1:50.75		1:51.27 &
	54.51		1:51.27 (56.76)			
7	Phalen, Jennifer		60 Davis Aquatic Masters-38	1:49.80		1:52.40 &
	52.17		1:52.40 (1:00.23)			
8	Focha, Teresa		63 Albany Armada Aquatics Masters-38	2:03.58		2:00.12 &
	56.85		2:00.12 (1:03.27)			

Women 60-64 200 SC Meter Butterfly

NATL:	2:41.25	%	12/3/2011	LAURA VAL		
PAC:	2:41.25	#	12/31/2011	Laura B Val		
WRL(5):	12:00.00	&	2000	Laura VAL		
WRL(6):	12:00.00		2000	Laura VAL		
1	Delmage, Arlene		62 Oregon Masters-37	3:03.00		2:54.96 &
	39.31		1:21.96 (42.65)	2:08.48 (46.52)	2:54.96 (46.48)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Women 60-64 200 SC Meter Butterfly)

2	Russell, Jane	42.12	1:33.02 (50.90)	61	Davis Aquatic Masters-38	3:24.89	3:23.02 &
						2:28.63 (55.61)	3:23.02 (54.39)
3	Carroll, Leah	57.41	1:57.87 (1:00.46)	63	Albany Armada Aquatics Masters-38	3:57.60	4:02.72 &
						3:00.61 (1:02.74)	4:02.72 (1:02.11)
4	Focha, Teresa	56.68	2:02.64 (1:05.96)	63	Albany Armada Aquatics Masters-38	4:23.56	4:17.86 &
						3:09.20 (1:06.56)	4:17.86 (1:08.66)
5	Phalen, Jennifer	54.99	1:58.05 (1:03.06)	60	Davis Aquatic Masters-38	3:59.64	4:32.54 &
						3:11.41 (1:13.36)	4:32.54 (1:21.13)

Women 60-64 100 SC Meter IM

NATL: 1:09.11 % 5/24/2024 ELLEN REYNOLDS

PAC: 1:14.74 # 12/5/2021 Amy J Rieger

WRL(5): 5:00.00 & 2000 Ellen REYNOLDS

WRL(6): 5:00.00 2000 Ellen REYNOLDS

1	Ward, Lisa	35.63	1:17.07 (41.44)	60	Walnut Creek Masters-38	1:20.92	1:17.07 &
2	LaBerge, Karin	40.71	1:24.51 (43.80)	60	Tvm Swimming-38	1:30.00	1:24.51 &
3	Nichelman, Sherri	42.84	1:32.28 (49.44)	64	Walnut Creek Masters-38	1:31.49	1:32.28 &
4	Knight-Williams, Valerie	43.01	1:32.98 (49.97)	61	Sacramento Masters-38	1:38.85	1:32.98 &
5	Tonge, Jacqueline	50.41	1:43.06 (52.65)	62	Orinda Aquatic Masters-38	1:38.92	1:43.06 &
6	Viscardi, Josie	47.11	1:43.41 (56.30)	60	Rolling Hills Mud Sharks-38	1:45.00	1:43.41 &
7	Haskell, Rocio	57.38	1:57.11 (59.73)	61	Manatee Aquatic Masters Inc-38	2:00.00	1:57.11 &
8	Adler, Felicia	1:00.93	1:59.93 (59.00)	62	Walnut Creek Masters-38	2:15.00	1:59.93 &
9	Dibley, Allison	1:00.10	2:02.10 (1:02.00)	62	Walnut Creek Masters-38	1:55.85	2:02.10 &
10	Dunkle, Julie	1:14.17	2:32.24 (1:18.07)	63	Tvm Swimming-38	2:29.17	2:32.24 &

Women 60-64 200 SC Meter IM

NATL: 2:28.63 % 4/19/2024 ELLEN REYNOLDS

PAC: 2:41.53 # 12/6/2013 Laura B Val

WRL(5): 4:00.00 & 2000 Ellen REYNOLDS

WRL(6): 4:00.00 2000 Ellen REYNOLDS

1	LaBerge, Karin	41.36	1:30.84 (49.48)	60	Tvm Swimming-38	2:59.09	3:06.64 &
						2:24.56 (53.72)	3:06.64 (42.08)
2	Russell, Jane	39.77	1:29.42 (49.65)	61	Davis Aquatic Masters-38	3:18.11	3:11.62 &
						2:27.57 (58.15)	3:11.62 (44.05)
---	Blatt, Lisa	53.57	2:01.67 (1:08.10)	62	University of San Francisco Ma-38	5:10.00	DQ
						DQ (1:00.08)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 60-64 400 SC Meter IM

	NATL:	5:23.30	%	4/21/2024	ELLEN REYNOLDS		
	PAC:	5:51.81	#	9/25/2011	Laura B Val		
	WRL(5):	4:00.00	&	2000	Ellen REYNOLDS		
	WRL(6):	4:00.00		2000	Ellen REYNOLDS		
1	Couch, Stephanie			60	Menlo Masters-38	6:30.50	6:33.44
	45.15	1:35.54 (50.39)			2:23.25 (47.71)	3:12.03 (48.78)	
	4:10.19 (58.16)	5:09.06 (58.87)			5:51.94 (42.88)	6:33.44 (41.50)	
2	Taylor, Catherine			61	Walnut Creek Masters-38	7:26.18	7:14.52
	51.44	1:50.63 (59.19)			2:48.67 (58.04)	3:44.72 (56.05)	
	4:44.65 (59.93)	5:45.44 (1:00.79)			6:32.00 (46.56)	7:14.52 (42.52)	
3	Nichelman, Sherri			64	Walnut Creek Masters-38	7:09.73	7:15.93
	40.81	1:36.30 (55.49)			2:33.61 (57.31)	3:30.29 (56.68)	
	4:34.86 (1:04.57)	5:41.02 (1:06.16)			6:31.43 (50.41)	7:15.93 (44.50)	
4	Focha, Teresa			63	Albany Armada Aquatics Masters-38	8:56.93	8:25.56
	56.05	1:59.26 (1:03.21)			3:02.79 (1:03.53)	4:03.55 (1:00.76)	
	5:14.89 (1:11.34)	6:25.81 (1:10.92)			7:26.20 (1:00.39)	8:25.56 (59.36)	
5	Carroll, Leah			63	Albany Armada Aquatics Masters-38	8:25.01	8:31.99
	56.41	1:58.51 (1:02.10)			3:02.96 (1:04.45)	4:08.67 (1:05.71)	
	5:15.84 (1:07.17)	6:22.68 (1:06.84)			7:29.47 (1:06.79)	8:31.99 (1:02.52)	

Women 65-69 50 SC Meter Freestyle

	NATL:	29.30	%	11/19/2016	LAURA VAL		
	PAC:	29.30	#	11/19/2016	Laura B Val		
	WRL(5):	11:00.00	&	2000	Laura VAL		
	WRL(6):	11:00.00		2000	Laura VAL		
1	Heim-Bowen, Suzanne			66	Walnut Creek Masters-38	33.00	33.20 &
2	Bracken, Judy			67	San Ramon Valley Aquatics Mast-38	35.67	34.36 &
3	Terhorst, Hermine			66	Marcia's Enthusiastic Masters-38	39.80	38.01 &

Women 65-69 100 SC Meter Freestyle

	NATL:	1:04.40	%	12/1/2017	LAURA VAL		
	PAC:	1:04.40	#	12/1/2017	Laura B Val		
	WRL(5):	12:00.00	&	2000	Laura VAL		
	WRL(6):	12:00.00		2000	Laura VAL		
1	Bracken, Judy			67	San Ramon Valley Aquatics Mast-38	1:19.57	1:16.82 &
	36.71	1:16.82 (40.11)					
2	Hayes-Rupp, Cynthia			67	Rolling Hills Mud Sharks-38	1:30.00	1:26.76 &
	40.79	1:26.76 (45.97)					
3	Hickel, Jessie			66	East Bay Bat Rays Masters-38	1:34.39	1:30.43 &
	43.47	1:30.43 (46.96)					
4	Nip, Carol			67	Albany Armada Aquatics Masters-38	1:55.00	1:45.16 &
	50.89	1:45.16 (54.27)					
5	Meyers, Ruth			67	Albany Armada Aquatics Masters-38	2:12.50	2:15.88 &
	1:02.94	2:15.88 (1:12.94)					

Women 65-69 200 SC Meter Freestyle

	NATL:	2:23.26	%	11/18/2017	LAURA VAL		
	PAC:	2:23.26	#	11/18/2017	Laura B Val		
	WRL(5):	11:00.00	&	2000	Laura VAL		
	WRL(6):	11:00.00		2000	Laura VAL		
1	Neville, Cathy			67	San Diego Swim Masters-44	NT	3:08.22 &

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Women 65-69 200 SC Meter Freestyle

NATL: 2:23.26 % 11/18/2017 LAURA VAL

PAC: 2:23.26 # 11/18/2017 Laura B Val

WRL(5): 11:00.00 & 2000 Laura VAL

WRL(6): 11:00.00 2000 Laura VAL

1	Helmrich, Susan	69	Streamliners-38	3:07.60	2:52.36 &
	40.39	1:24.31 (43.92)	2:09.34 (45.03)	2:52.36 (43.02)	
2	Bracken, Judy	67	San Ramon Valley Aquatics Mast-38	2:52.92	2:55.58 &
	39.22	1:22.97 (43.75)	2:10.00 (47.03)	2:55.58 (45.58)	

Women 65-69 400 SC Meter Freestyle

NATL: 5:02.08 % 9/24/2017 LAURA VAL

PAC: 5:02.08 # 9/25/2017 Laura B Val

WRL(5): 9:00.00 & 2000 Laura VAL

WRL(6): 9:00.00 2000 Laura VAL

1	O'Brien, Charlene	68	Walnut Creek Masters-38	5:36.70	5:39.22 &
	38.44	1:21.02 (42.58)	2:05.29 (44.27)	2:49.40 (44.11)	
	3:33.15 (43.75)	4:16.07 (42.92)	4:57.91 (41.84)	5:39.22 (41.31)	
2	Helmrich, Susan	69	Streamliners-38	6:12.70	6:05.35 &
	40.36	1:25.00 (44.64)	2:11.61 (46.61)	2:58.83 (47.22)	
	3:45.74 (46.91)	4:33.34 (47.60)	5:19.78 (46.44)	6:05.35 (45.57)	

Women 65-69 400 SC Meter Freestyle

NATL: 5:02.08 % 9/24/2017 LAURA VAL

PAC: 5:02.08 # 9/25/2017 Laura B Val

WRL(5): 9:00.00 & 2000 Laura VAL

WRL(6): 9:00.00 2000 Laura VAL

1	Neville, Cathy	67	San Diego Swim Masters-44	NT	6:24.44 &
3	Quinn, Phyllis	69	The Olympic Club-38	NT	6:56.80 &

Women 65-69 800 SC Meter Freestyle

NATL: 10:34.67 % 1/30/2016 LAURA VAL

PAC: 10:34.67 # 1/30/2016 Laura B Val

WRL(5): 1:00.00 & 2000 Laura VAL

WRL(6): 1:00.00 2000 Laura VAL

1	Neville, Cathy	67	San Diego Swim Masters-44	NT	13:01.21
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Women 65-69 800 SC Meter Freestyle

NATL: 10:34.67 % 1/30/2016 LAURA VAL

PAC: 10:34.67 # 1/30/2016 Laura B Val

WRL(5): 1:00.00 & 2000 Laura VAL

WRL(6): 1:00.00 2000 Laura VAL

1	Bracken, Judy	67	San Ramon Valley Aquatics Mast-38	12:50.32	13:00.73
	41.69	1:27.28 (45.59)	2:14.89 (47.61)	3:02.86 (47.97)	
	3:51.91 (49.05)	4:41.28 (49.37)	5:30.66 (49.38)	6:21.40 (50.74)	
	7:10.92 (49.52)	8:02.12 (51.20)	8:52.66 (50.54)	9:42.72 (50.06)	
	10:32.81 (50.09)	11:23.61 (50.80)	12:14.09 (50.48)	13:00.73 (46.64)	
2	Quinn, Phyllis	69	The Olympic Club-38	13:39.08	13:59.34
	47.76	1:40.72 (52.96)	2:33.68 (52.96)	3:26.54 (52.86)	
	4:19.05 (52.51)	5:11.31 (52.26)	6:03.77 (52.46)	6:56.80 (53.03)	
	7:49.52 (52.72)	8:42.45 (52.93)	9:35.27 (52.82)	10:28.04 (52.77)	
	11:22.43 (54.39)	12:15.66 (53.23)	13:09.77 (54.11)	13:59.34 (49.57)	

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Women 65-69 1500 SC Meter Freestyle

NATL: 20:05.72 % 1/28/2023		S HEIM-BOWEN		
PAC: 20:05.72 # 1/28/2023		Suzanne M Heim-Bo		
WRL(5): 1:00.00 & 2000		Suzanne HEIM		
WRL(6): 1:00.00 2000		Suzanne HEIM		
1	Helmrich, Susan	69 Streamliners-38	22:30.80	22:41.68
	40.73	1:25.11 (44.38)	2:10.21 (45.10)	2:52.38 (42.17)
	3:41.09 (48.71)	4:26.46 (45.37)	5:11.50 (45.04)	5:56.66 (45.16)
	6:41.88 (45.22)	7:19.25 (37.37)		8:57.53 ()
		10:28.74 ()		
	12:45.83 ()	13:31.88 (46.05)	14:17.09 (45.21)	15:03.10 (46.01)
		16:34.30 ()		18:06.12 ()
	18:52.35 (46.23)	19:38.95 (46.60)		
	21:54.02 ()	22:41.68 (47.66)		
2	Neville, Cathy	67 San Diego Swim Masters-44	25:26.50	24:39.34
	43.25	1:30.44 (47.19)	2:19.09 (48.65)	3:08.22 (49.13)
	3:57.51 (49.29)	4:46.78 (49.27)	5:35.57 (48.79)	6:24.44 (48.87)
	7:13.69 (49.25)	8:03.17 (49.48)	8:52.38 (49.21)	9:41.91 (49.53)
	10:31.43 (49.52)	11:21.58 (50.15)	12:11.64 (50.06)	13:01.21 (49.57)
	13:51.47 (50.26)	14:41.19 (49.72)	15:30.84 (49.65)	16:20.98 (50.14)
	17:11.16 (50.18)	18:01.50 (50.34)	18:51.30 (49.80)	19:41.69 (50.39)
	20:32.13 (50.44)	21:22.65 (50.52)	22:11.56 (48.91)	23:02.66 (51.10)
	23:51.99 (49.33)	24:39.34 (47.35)		
3	Quinn, Phyllis	69 The Olympic Club-38	24:39.24	26:04.01
	47.76	1:38.69 (50.93)	2:30.47 (51.78)	3:23.01 (52.54)
	4:14.52 (51.51)	5:06.92 (52.40)	5:59.10 (52.18)	6:51.20 (52.10)
	7:43.85 (52.65)	8:36.25 (52.40)	9:29.12 (52.87)	10:21.03 (51.91)
	11:12.89 (51.86)	12:04.83 (51.94)	12:56.90 (52.07)	13:48.89 (51.99)
	14:41.07 (52.18)	15:33.67 (52.60)	16:26.67 (53.00)	17:19.32 (52.65)
	18:12.03 (52.71)	19:04.53 (52.50)	19:56.68 (52.15)	20:49.02 (52.34)
	21:41.75 (52.73)	22:34.36 (52.61)	23:27.04 (52.68)	24:19.50 (52.46)
	25:12.60 (53.10)	26:04.01 (51.41)		

Women 65-69 50 SC Meter Backstroke

NATL: 33.41 % 9/22/2019		LAURA VAL		
PAC: 33.41 # 9/22/2019		Laura B Val		
WRL(5): 9:00.00 & 2000		Laura VAL		
WRL(6): 9:00.00 2000		Laura VAL		
1	Heim-Bowen, Suzanne	66 Walnut Creek Masters-38	38.00	38.57 &
2	Helmrich, Susan	69 Streamliners-38	45.70	43.14 &
3	Terhorst, Hermine	66 Marcia's Enthusiastic Masters-38	47.20	48.28 &
4	Nip, Carol	67 Albany Armada Aquatics Masters-38	1:00.00	58.04 &

Women 65-69 100 SC Meter Backstroke

NATL: 1:13.08 % 12/1/2018		LAURA VAL		
PAC: 1:13.08 # 12/1/2018		Laura B Val		
WRL(5): 12:00.00 & 2000		Laura VAL		
WRL(6): 12:00.00 2000		Laura VAL		
1	O'Brien, Charlene	68 Walnut Creek Masters-38	1:28.89	1:28.48 &
	42.71	1:28.48 (45.77)		

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Women 65-69 50 SC Meter Breaststroke

NATL: 41.09 % 12/3/2023 E DE HERDER

PAC: 42.13 # 11/20/2016 Laura B Val

WRL(5): 11:00.00 & 2000 Dagmar FRESE

WRL(6): 11:00.00 2000 Dagmar FRESE

1	Hayes-Rupp, Cynthia	67	Rolling Hills Mud Sharks-38	50.00	48.14 &
2	Rafkin, Louise	66	Marcia's Enthusiastic Masters-38	49.19	49.74 &
3	Hickel, Jessie	66	East Bay Bat Rays Masters-38	58.00	57.20 &
4	Lawson, Carol	68	Davis Aquatic Masters-38	1:08.00	59.09 &
5	Meyers, Ruth	67	Albany Armada Aquatics Masters-38	1:23.25	1:12.10 &

Women 65-69 100 SC Meter Breaststroke

NATL: 1:28.94 % 11/12/2022 COLETTE CRABBE

PAC: 1:34.92 # 10/9/2016 Laura B Val

WRL(5): 10:00.00 & 2000 Amanda HEATH

WRL(6): 10:00.00 2000 Amanda HEATH

1	Hayes-Rupp, Cynthia	67	Rolling Hills Mud Sharks-38	1:55.00	1:48.82 &
	51.59		1:48.82 (57.23)		

Women 65-69 200 SC Meter Breaststroke

NATL: 3:10.94 % 4/14/2019 LO KNAPP

PAC: 3:31.96 # 12/31/2009 Daniela Barnea

WRL(5): 10:00.00 & 2000 Amanda HEATH

WRL(6): 10:00.00 2000 Amanda HEATH

1	Quinn, Phyllis	69	The Olympic Club-38	4:10.45	4:17.39 &
	59.83		2:06.49 (1:06.66) 3:13.07 (1:06.58) 4:17.39 (1:04.32)		

Women 65-69 50 SC Meter Butterfly

NATL: 32.57 % 11/23/2019 PENNY NOYES

PAC: 33.06 # 11/19/2017 Laura B Val

WRL(5): 11:00.00 & 2000 Penny NOYES

WRL(6): 11:00.00 2000 Penny NOYES

1	O'Brien, Charlene	68	Walnut Creek Masters-38	36.96	36.35 &
2	Rafkin, Louise	66	Marcia's Enthusiastic Masters-38	42.00	41.78 &
3	Hickel, Jessie	66	East Bay Bat Rays Masters-38	48.00	53.09 &

Women 65-69 100 SC Meter Butterfly

NATL: 1:13.47 % 12/8/2019 LAURA VAL

PAC: 1:13.47 # 12/8/2019 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Neville, Cathy	67	San Diego Swim Masters-44	1:50.00	1:53.46 &
	53.99		1:53.46 (59.47)		

Women 65-69 200 SC Meter Butterfly

NATL: 2:45.20 % 9/18/2016 LAURA VAL

PAC: 2:45.20 # 9/18/2016 Laura B Val

WRL(5): 9:00.00 & 2000 Laura VAL

WRL(6): 9:00.00 2000 Laura VAL

1	Neville, Cathy	67	San Diego Swim Masters-44	4:02.22	3:58.05 &
	52.41		1:53.80 (1:01.39) 2:56.14 (1:02.34) 3:58.05 (1:01.91)		

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NATL: 1:15.65 % 11/23/2019 PENNY NOYES

PAC: 1:16.42 # 12/8/2019 Laura B Val

WRL(5): 11:00.00 & 2000 Penny NOYES

WRL(6): 11:00.00 2000 Penny NOYES

1	O'Brien, Charlene	68	Walnut Creek Masters-38	1:29.05	1:27.01 &
	39.64	1:27.01 (47.37)			
2	Helmrich, Susan	69	Streamliners-38	1:36.40	1:33.18 &
	43.78	1:33.18 (49.40)			
3	Terhorst, Hermine	66	Marcia's Enthusiastic Masters-38	1:42.20	1:42.83 &
	50.85	1:42.83 (51.98)			

Women 65-69 200 SC Meter IM

NATL: 2:46.04 % 12/6/2019 LAURA VAL

PAC: 2:46.04 # 12/6/2019 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Rafkin, Louise	66	Marcia's Enthusiastic Masters-38	3:32.45	3:25.95 &
	44.84	1:36.65 (51.81)	2:40.35 (1:03.70)	3:25.95 (45.60)	
2	Quinn, Phyllis	69	The Olympic Club-38	3:45.56	3:37.73 &
	50.50	1:45.03 (54.53)	2:49.04 (1:04.01)	3:37.73 (48.69)	
3	Neville, Cathy	67	San Diego Swim Masters-44	3:50.00	3:42.60 &
	52.71	1:48.83 (56.12)	2:57.72 (1:08.89)	3:42.60 (44.88)	
4	Hickel, Jessie	66	East Bay Bat Rays Masters-38	3:53.00	3:44.33 &
	54.76	1:51.21 (56.45)	2:55.24 (1:04.03)	3:44.33 (49.09)	

Women 65-69 400 SC Meter IM

NATL: 5:55.00 % 9/18/2016 LAURA VAL

PAC: 5:55.00 # 9/18/2016 Laura B Val

WRL(5): 9:00.00 & 2000 Laura VAL

WRL(6): 9:00.00 2000 Laura VAL

1	Quinn, Phyllis	69	The Olympic Club-38	7:43.07	7:52.04 &
	54.03	2:00.01 (1:05.98)	2:58.55 (58.54)	3:55.71 (57.16)	
	5:02.96 (1:07.25)	6:10.93 (1:07.97)	7:03.04 (52.11)	7:52.04 (49.00)	
2	Neville, Cathy	67	San Diego Swim Masters-44	8:05.22	7:56.20 &
	54.05	1:57.23 (1:03.18)	2:55.42 (58.19)	3:56.88 (1:01.46)	
	5:09.65 (1:12.77)	6:21.05 (1:11.40)	7:08.80 (47.75)	7:56.20 (47.40)	

Women 70-74 50 SC Meter Freestyle

NATL: 30.55 % 12/3/2022 LAURA VAL

PAC: 30.55 # 12/3/2022 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Val, Laura	73	Tamalpais Aquatic Masters-38	34.00	31.39 &
2	Hepworth, Linda	71	Rolling Hills Mud Sharks-38	41.62	41.34 &

Women 70-74 100 SC Meter Freestyle

NATL: 1:06.02 % 12/1/2023 LAURA VAL

PAC: 1:06.02 # 12/1/2023 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Val, Laura	73	Tamalpais Aquatic Masters-38	1:15.00	1:07.26 &
	32.09	1:07.26 (35.17)			

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2	Stringer, Nanette	72	University of San Francisco Ma-38	1:30.00	1:29.63 &
	43.48			1:29.63 (46.15)	
3	Hepworth, Linda	71	Rolling Hills Mud Sharks-38	1:29.42	1:30.34 &
	44.24			1:30.34 (46.10)	
4	Penn, Jodi	70	Kroc Masters-35	1:34.13	1:40.45 &
	46.32			1:40.45 (54.13)	
5	Petersen, Jennifer	70	Tvm Swimming-38	1:51.32	1:43.56 &
	49.26			1:43.56 (54.30)	

Women 70-74 200 SC Meter Freestyle

NATL: 2:25.35 % 12/3/2023 LAURA VAL

PAC: 2:25.35 # 12/3/2023 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Hepworth, Linda	71	Rolling Hills Mud Sharks-38	3:15.45	3:21.24 &
	46.09			1:37.11 (51.02)	2:28.66 (51.55)
					3:21.24 (52.58)

Women 70-74 50 SC Meter Backstroke

NATL: 33.60 % 12/3/2023 LAURA VAL

PAC: 33.60 # 12/3/2023 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Val, Laura	73	Tamalpais Aquatic Masters-38	37.00	34.88 &
2	Hepworth, Linda	71	Rolling Hills Mud Sharks-38	48.67	47.95 &
3	Gill, Kathy	70	Davis Aquatic Masters-38	51.96	51.35 &

Women 70-74 100 SC Meter Backstroke

NATL: 1:13.10 % 12/2/2023 LAURA VAL

PAC: 1:13.10 # 12/2/2023 Laura B Val

WRL(5): 12:00.00 & 2000 Laura VAL

WRL(6): 12:00.00 2000 Laura VAL

1	Hepworth, Linda	71	Rolling Hills Mud Sharks-38	1:43.78	1:48.17 &
	51.98			1:48.17 (56.19)	
2	Gill, Kathy	70	Davis Aquatic Masters-38	1:58.21	2:00.16 &
	57.61			2:00.16 (1:02.55)	
3	Petersen, Jennifer	70	Tvm Swimming-38	2:07.71	2:01.70 &
	59.57			2:01.70 (1:02.13)	

Women 70-74 50 SC Meter Breaststroke

NATL: 43.55 % 12/3/2023 ANDRA JAUNZEME

PAC: 44.89 # 10/7/2023 Laura B Val

WRL(5): 4:00.00 & 2000 C.Wendy SMITH

WRL(6): 4:00.00 2000 C.Wendy SMITH

1	Stringer, Nanette	72	University of San Francisco Ma-38	54.00	53.54 &
2	Penn, Jodi	70	Kroc Masters-35	54.00	53.92 &
3	Petersen, Jennifer	70	Tvm Swimming-38	1:01.32	59.40 &

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Women 70-74 100 SC Meter Breaststroke

NATL: 1:36.05 % 10/15/2022 KATHLEEN LEWIS

PAC: 1:44.50 # 12/31/2001 Ann M Hirsch

WRL(5): 4:00.00 & 2000 Nobuko YASUDA

WRL(6): 4:00.00 2000 Nobuko YASUDA

1	Penn, Jodi	70	Kroc Masters-35	1:56.66	2:04.67 &
	57.82	2:04.67 (1:06.85)			

Women 70-74 50 SC Meter Butterfly

NATL: 33.92 % 1/20/2024 PENNY NOYES

PAC: 34.14 # 2/25/2023 Laura B Val

WRL(5): 1:00.00 & 2000 Penny NOYES

WRL(6): 1:00.00 2000 Penny NOYES

1	Val, Laura	73	Tamalpais Aquatic Masters-38	37.00	35.06 &
2	Gill, Kathy	70	Davis Aquatic Masters-38	55.57	56.68 &

Women 70-74 100 SC Meter Butterfly

NATL: 1:15.46 % 10/17/2021 LAURA VAL

PAC: 1:15.46 # 10/17/2021 Laura B Val

WRL(5): 10:00.00 & 2000 Laura VAL

WRL(6): 10:00.00 2000 Laura VAL

1	Val, Laura	73	Tamalpais Aquatic Masters-38	1:25.00	1:17.59 &
	35.56	1:17.59 (42.03)			

Women 70-74 100 SC Meter IM

NATL: 1:18.40 % 1/20/2024 PENNY NOYES

PAC: 1:18.81 # 12/4/2022 Laura B Val

WRL(5): 1:00.00 & 2000 Penny NOYES

WRL(6): 1:00.00 2000 Penny NOYES

1	Gill, Kathy	70	Davis Aquatic Masters-38	2:04.18	2:04.22
	57.23	2:04.22 (1:06.99)			

Women 75-79 50 SC Meter Freestyle

NATL: 34.04 % 10/15/2022 DIANN UUSTAL

PAC: 36.45 # 10/8/2023 Ruth Y Shaps

WRL(5): 10:00.00 & 2000 Diann UUSTAL

WRL(6): 10:00.00 2000 Diann UUSTAL

1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	38.00	38.20 &
2	Coholan, Annette	76	Rolling Hills Mud Sharks-38	50.16	50.34 &
3	Thursby, Nancy	77	Walnut Creek Masters-38	1:05.00	55.26 &
4	Ewing, Nancy	77	Albany Armada Aquatics Masters-38	57.17	55.44 &
5	Armstrong, Judy	77	Marcia's Enthusiastic Masters-38	1:00.11	1:04.89 &

Women 75-79 100 SC Meter Freestyle

NATL: 1:15.87 % 10/17/2021 DIANN UUSTAL

PAC: 1:22.24 # 10/7/2023 Ruth Y Shaps

WRL(5): 10:00.00 & 2000 Diann UUSTAL

WRL(6): 10:00.00 2000 Diann UUSTAL

1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	1:24.00	1:23.68 &
	39.75	1:23.68 (43.93)			
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	1:55.00	1:50.95 &
	51.17	1:50.95 (59.78)			
3	Coholan, Annette	76	Rolling Hills Mud Sharks-38	1:47.92	1:56.10 &
	56.98	1:56.10 (59.12)			

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(Women 75-79 100 SC Meter Freestyle)

4	Thursby, Nancy	77	Walnut Creek Masters-38	2:30.00	2:17.92 &
	1:04.96		2:17.92 (1:12.96)		
5	Armstrong, Judy	77	Marcia's Enthusiastic Masters-38	1:56.51	2:19.62 &
	1:06.17		2:19.62 (1:13.45)		

Women 75-79 200 SC Meter Freestyle

	NATL:	2:51.46	%	10/14/2022	DIANN UUSTAL
	PAC:	3:08.78	#	10/9/2022	Ruth Y Shaps
	WRL(5):	10:00.00	&	2000	Diann UUSTAL
	WRL(6):	10:00.00		2000	Diann UUSTAL
1	Caso, Susie	78	Manatee Aquatic Masters Inc-38	4:25.00	4:10.29 &
	55.59		1:59.66 (1:04.07)	3:07.94 (1:08.28)	4:10.29 (1:02.35)

Women 75-79 200 SC Meter Freestyle

	NATL:	2:51.46	%	10/14/2022	DIANN UUSTAL
	PAC:	3:08.78	#	10/9/2022	Ruth Y Shaps
	WRL(5):	10:00.00	&	2000	Diann UUSTAL
	WRL(6):	10:00.00		2000	Diann UUSTAL
1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	NT	3:15.91 &

Women 75-79 400 SC Meter Freestyle

	NATL:	6:17.67	%	11/13/2021	CAROLYN BOAK
	PAC:	6:30.04	#	10/8/2023	Ruth Y Shaps
	WRL(5):	4:00.00	&	2000	Yoshiko OSAKI
	WRL(6):	4:00.00		2000	Yoshiko OSAKI
2	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	NT	6:41.92

Women 75-79 400 SC Meter Freestyle

	NATL:	6:17.67	%	11/13/2021	CAROLYN BOAK
	PAC:	6:30.04	#	10/8/2023	Ruth Y Shaps
	WRL(5):	4:00.00	&	2000	Yoshiko OSAKI
	WRL(6):	4:00.00		2000	Yoshiko OSAKI
1	Coholan, Annette	76	Rolling Hills Mud Sharks-38	7:45.75	8:38.00
	59.78		2:04.61 (1:04.83)	3:09.88 (1:05.27)	4:14.94 (1:05.06)
	5:21.57 (1:06.63)		6:27.23 (1:05.66)	7:33.25 (1:06.02)	8:38.00 (1:04.75)

Women 75-79 800 SC Meter Freestyle

	NATL:	13:05.40	%	11/14/2021	CAROLYN BOAK
	PAC:	13:11.76	#	10/8/2022	Ruth Y Shaps
	WRL(5):	5:00.00	&	2000	Yoshiko OSAKI
	WRL(6):	5:00.00		2000	Yoshiko OSAKI
1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	13:15.00	13:32.92
	43.20		1:32.22 (49.02)	2:24.04 (51.82)	3:15.91 (51.87)
	4:07.32 (51.41)		4:59.07 (51.75)	5:50.28 (51.21)	6:41.92 (51.64)
	7:33.46 (51.54)		8:24.99 (51.53)	9:16.67 (51.68)	10:08.13 (51.46)
	11:00.49 (52.36)		11:51.92 (51.43)	12:43.15 (51.23)	13:32.92 (49.77)
2	Scott, Stephanie	77	Walnut Creek Masters-38	15:15.00	15:27.31
	50.23		1:49.97 (59.74)	2:50.15 (1:00.18)	3:50.06 (59.91)
	4:49.38 (59.32)		5:48.54 (59.16)	6:47.19 (58.65)	7:45.05 (57.86)
	8:43.92 (58.87)		9:42.77 (58.85)	10:41.83 (59.06)	11:38.44 (56.61)
	12:35.90 (57.46)		13:32.81 (56.91)	14:31.22 (58.41)	15:27.31 (56.09)

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(Women 75-79 800 SC Meter Freestyle)

3	Coholan, Annette	76	Rolling Hills Mud Sharks-38	17:12.36	17:28.08
	58.90	2:02.99 (1:04.09)	3:07.59 (1:04.60)	4:12.24 (1:04.65)	
	5:17.80 (1:05.56)	6:23.60 (1:05.80)	7:29.89 (1:06.29)	8:35.73 (1:05.84)	
	9:43.06 (1:07.33)	10:49.87 (1:06.81)	11:56.87 (1:07.00)	13:03.51 (1:06.64)	
	14:09.92 (1:06.41)	15:15.94 (1:06.02)	16:22.78 (1:06.84)	17:28.08 (1:05.30)	

Women 75-79 1500 SC Meter FreestyleNATL: 25:24.69 % 12/1/2023 **MARCIA BARRY**PAC: 25:26.12 # 10/7/2022 **Ruth Y Shaps**WRL(5): 11:00.00 & 2000 **Jane ASHER**WRL(6): 11:00.00 2000 **Jane ASHER**

1	Scott, Stephanie	77	Walnut Creek Masters-38	29:05.00	29:28.42
	52.11	1:50.78 (58.67)	2:51.12 (1:00.34)	3:50.97 (59.85)	
	4:51.41 (1:00.44)	5:50.70 (59.29)	6:50.60 (59.90)	7:50.48 (59.88)	
	8:49.62 (59.14)	9:49.21 (59.59)	10:48.97 (59.76)	11:48.82 (59.85)	
	12:48.57 (59.75)	13:49.47 (1:00.90)	14:48.98 (59.51)	15:48.64 (59.66)	
	16:46.66 (58.02)	17:46.35 (59.69)	18:44.87 (58.52)	19:43.75 (58.88)	
	20:43.17 (59.42)	21:41.53 (58.36)	22:40.37 (58.84)	23:39.45 (59.08)	
	24:38.81 (59.36)	25:36.94 (58.13)	26:34.79 (57.85)	27:32.46 (57.67)	
	28:30.81 (58.35)	29:28.42 (57.61)			

Women 75-79 50 SC Meter BackstrokeNATL: 40.00 % 3/18/2023 **DIANN UUSTAL**PAC: 47.01 # 10/9/2022 **Ruth Y Shaps**WRL(5): 7:00.00 & 2000 **Clary MUNNS**WRL(6): 7:00.00 2000 **Clary MUNNS**

1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	48.00	46.26 #
2	Armstrong, Judy	77	Marcia's Enthusiastic Masters-38	1:04.19	1:05.85 &
3	Thursby, Nancy	77	Walnut Creek Masters-38	1:30.00	1:16.62 &

Women 75-79 100 SC Meter BackstrokeNATL: 1:26.40 % 10/15/2022 **DIANN UUSTAL**PAC: 1:49.38 # 10/12/2019 **Daniela Barnea**WRL(5): 10:00.00 & 2000 **Diann UUSTAL**WRL(6): 10:00.00 2000 **Diann UUSTAL**

1	Shaps, Ruth	77	Manatee Aquatic Masters Inc-38	1:40.00	1:42.42 #
	49.51	1:42.42 (52.91)			
2	Armstrong, Judy	77	Marcia's Enthusiastic Masters-38	2:24.37	2:25.05 &
	1:08.90	2:25.05 (1:16.15)			
---	Lee, Jane	75	Penguin Swim Club-38	1:50.00	DQ
	53.26	DQ (56.14)			

Women 75-79 50 SC Meter BreaststrokeNATL: 46.20 % 3/15/2014 **JOANN LEILICH**PAC: 47.97 # 10/12/2019 **Daniela Barnea**WRL(5): 2:00.00 & 2000 **Shoko YONEZAWA**WRL(6): 2:00.00 2000 **Shoko YONEZAWA**

1	Ewing, Nancy	77	Albany Armada Aquatics Masters-38	1:01.48	1:01.63 &
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	57.00	1:02.02 &
3	Coholan, Annette	76	Rolling Hills Mud Sharks-38	1:04.70	1:07.21 &
4	Thursby, Nancy	77	Walnut Creek Masters-38	1:20.00	1:13.91 &
5	Armstrong, Judy	77	Marcia's Enthusiastic Masters-38	1:37.95	1:46.32 &

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Women 75-79 100 SC Meter Breaststroke

NATL: 1:40.82 % 3/15/2014 JOANN LEILICH

PAC: 1:43.58 # 10/10/2019 Daniela Barnea

WRL(5): 3:00.00 & 2000 Shoko YONEZAWA

WRL(6): 3:00.00 2000 Shoko YONEZAWA

1	Ewing, Nancy	77	Albany Armada Aquatics Masters-38	2:36.46	2:18.07 &
	1:07.84		2:18.07 (1:10.23)		
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	2:15.00	2:19.02 &
	1:05.93		2:19.02 (1:13.09)		
3	Thursby, Nancy	77	Walnut Creek Masters-38	3:00.00	2:52.02 &
	1:20.66		2:52.02 (1:31.36)		

Women 75-79 200 SC Meter Breaststroke

NATL: 3:36.56 % 3/15/2014 JOANN LEILICH

PAC: 3:45.84 # 9/22/2019 Daniela Barnea

WRL(5): 4:00.00 & 2000 Shoko YONEZAWA

WRL(6): 4:00.00 2000 Shoko YONEZAWA

1	Scott, Stephanie	77	Walnut Creek Masters-38	4:50.00	4:51.80
	1:06.08		2:22.73 (1:16.65)	3:38.60 (1:15.87)	4:51.80 (1:13.20)
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	5:12.00	5:08.58
	1:09.47		2:28.14 (1:18.67)	3:48.71 (1:20.57)	5:08.58 (1:19.87)

Women 75-79 200 SC Meter IM

NATL: 3:32.91 % 11/13/2021 CAROLYN BOAK

PAC: 3:34.05 # 10/12/2019 Daniela Barnea

WRL(5): 11:00.00 & 2000 Kira MAKAROVA

WRL(6): 11:00.00 2000 Kira MAKAROVA

1	Scott, Stephanie	77	Walnut Creek Masters-38	4:32.00	4:37.71 &
	1:11.96		2:25.66 (1:13.70)	3:43.38 (1:17.72)	4:37.71 (54.33)

Women 75-79 400 SC Meter IM

NATL: 7:27.94 % 11/14/2021 CAROLYN BOAK

PAC: 7:42.05 # 9/22/2019 Daniela Barnea

WRL(5): 5:00.00 & 2000 Yoshiko OSAKI

WRL(6): 5:00.00 2000 Yoshiko OSAKI

1	Scott, Stephanie	77	Walnut Creek Masters-38	9:25.00	9:47.25
	1:13.58		2:41.12 (1:27.54)	3:56.32 (1:15.20)	5:16.16 (1:19.84)
	6:35.03 (1:18.87)		7:53.19 (1:18.16)	8:50.28 (57.09)	9:47.25 (56.97)

Women 80-84 50 SC Meter Freestyle

NATL: 38.03 % 1/25/2009 GAIL ROPER

PAC: 41.34 # 12/31/2002 Margery Meyer

WRL(5): 5:00.00 & 2000 Yoshiko OSAKI

WRL(6): 5:00.00 2000 Yoshiko OSAKI

1	Ridout, Nancy	82	Tamalpais Aquatic Masters-38	58.00	51.37 &
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Women 80-84 100 SC Meter Freestyle

NATL: 1:26.23 % 1/25/2009 GAIL ROPER

PAC: 1:34.45 # 12/31/2002 Margery Meyer

WRL(5): 5:00.00 & 2000 Yoshiko OSAKI

WRL(6): 5:00.00 2000 Yoshiko OSAKI

1	Ridout, Nancy	82	Tamalpais Aquatic Masters-38	2:15.00	2:03.58 &
	1:00.43		2:03.58 (1:03.15)		
2	Westergaard, Leslie	81	Davis Aquatic Masters-38	2:10.00	2:11.16 &
	1:02.58		2:11.16 (1:08.58)		

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(Women 80-84 100 SC Meter Freestyle)

3	Jacobs, Lois	81	Marcia's Enthusiastic Masters-38	3:00.00	3:31.36 &
	1:40.22		3:31.36 (1:51.14)		

Women 80-84 50 SC Meter Backstroke

NATL:	48.91	%	12/10/2022	JOY WARD
PAC:	50.03	#	12/31/2002	Margery Meyer
WRL(5):	5:00.00	&	2000	Clary MUNNS
WRL(6):	5:00.00		2000	Clary MUNNS

1	Henry, Lorna	84	Kroc Masters-35	54.31	57.18 &
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Women 80-84 100 SC Meter Backstroke

NATL:	1:46.73	%	11/12/2022	JOY WARD
PAC:	1:55.79	#	12/31/2002	Margery Meyer
WRL(5):	5:00.00	&	2000	Clary MUNNS
WRL(6):	5:00.00		2000	Clary MUNNS

1	Henry, Lorna	84	Kroc Masters-35	1:58.39	2:05.83 &
	59.36		2:05.83 (1:06.47)		
2	Westergaard, Leslie	81	Davis Aquatic Masters-38	2:18.00	2:16.86 &
	1:05.69		2:16.86 (1:11.17)		

Women 80-84 50 SC Meter Breaststroke

NATL:	50.49	%	11/9/2019	JOANN LEILICH
PAC:	53.62	#	10/16/2011	Ann M Hirsch
WRL(5):	3:00.00	&	2000	Shoko YONEZAWA
WRL(6):	3:00.00		2000	Shoko YONEZAWA

1	Jacobs, Lois	81	Marcia's Enthusiastic Masters-38	1:57.07	1:51.53 &
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Women 80-84 50 SC Meter Breaststroke

NATL:	50.49	%	11/9/2019	JOANN LEILICH
PAC:	53.62	#	10/16/2011	Ann M Hirsch
WRL(5):	3:00.00	&	2000	Shoko YONEZAWA
WRL(6):	3:00.00		2000	Shoko YONEZAWA

1	Barnea, Daniela	80	Menlo Masters-38	NT	54.55 &
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Women 80-84 100 SC Meter Breaststroke

NATL:	1:50.15	%	11/10/2019	JOANN LEILICH
PAC:	1:57.31	#	8/20/2011	Ann M Hirsch
WRL(5):	6:00.00	&	2000	Diane FORD
WRL(6):	6:00.00		2000	Diane FORD

1	Barnea, Daniela	80	Menlo Masters-38	1:57.31	1:51.14 #
	54.55		1:51.14 (56.59)		
2	Jacobs, Lois	81	Marcia's Enthusiastic Masters-38	3:55.63	4:04.71 &
	2:01.51		4:04.71 (2:03.20)		

Women 80-84 200 SC Meter Breaststroke

NATL:	4:01.34	%	11/9/2019	JOANN LEILICH
PAC:	4:16.16	#	9/25/2011	Ann M Hirsch
WRL(5):	10:00.00	&	2000	Diane FORD
WRL(6):	10:00.00		2000	Diane FORD

1	Jacobs, Lois	81	Marcia's Enthusiastic Masters-38	8:08.10	8:33.48 &
	2:03.36		4:14.66 (2:11.30)	6:25.32 (2:10.66)	8:33.48 (2:08.16)

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Women 80-84 50 SC Meter Butterfly

NATL: 48.85 % 5/16/2009 GAIL ROPER
 PAC: 58.34 # 8/20/2011 Ann M Hirsch
 WRL(5): 4:00.00 & 2000 Judy WILSON
 WRL(6): 4:00.00 2000 Judy WILSON

4 Barnea, Daniela 80 Menlo Masters-38 NT 52.27 #

Women 80-84 100 SC Meter Butterfly

NATL: 1:58.02 % 11/21/2009 GAIL ROPER
 PAC: 2:28.34 # 12/31/1994 Jean Durston
 WRL(5): 4:00.00 & 2000 Judie OLIVER
 WRL(6): 4:00.00 2000 Judie OLIVER

1 Barnea, Daniela 80 Menlo Masters-38 2:28.34 1:54.42 %
 52.27 1:54.42 (1:02.15)

Women 80-84 200 SC Meter Butterfly

NATL: 4:35.51 % 10/28/2007 LOIS KIVI NOCHMAN
 PAC: 5:24.06 # 12/31/2002 Jae Howell
 WRL(5): 3:00.00 & 2000 Judie OLIVER
 WRL(6): 3:00.00 2000 Judie OLIVER

1 Barnea, Daniela 80 Menlo Masters-38 5:24.06 4:14.65 %
 57.14 2:01.33 (1:04.19) 3:08.65 (1:07.32) 4:14.65 (1:06.00)

Women 80-84 100 SC Meter IM

NATL: 1:44.95 % 5/16/2009 GAIL ROPER
 PAC: 1:57.48 # 8/20/2011 Ann M Hirsch
 WRL(5): 1:00.00 & 2000 Yoshiko OSAKI
 WRL(6): 1:00.00 2000 Yoshiko OSAKI

1 Barnea, Daniela 80 Menlo Masters-38 1:44.99 1:43.51 %
 50.66 1:43.51 (52.85)

Women 80-84 200 SC Meter IM

NATL: 3:55.51 % 6/17/2009 GAIL ROPER
 PAC: 4:25.53 # 12/31/2012 Ann M Hirsch
 WRL(5): 5:00.00 & 2000 Clary MUNNS
 WRL(6): 5:00.00 2000 Clary MUNNS

1 Barnea, Daniela 80 Menlo Masters-38 4:25.53 3:47.07 %
 52.79 1:53.20 (1:00.41) 2:54.47 (1:01.27) 3:47.07 (52.60)

Women 85-89 200 SC Meter Freestyle

NATL: 3:49.35 % 11/10/2012 JEAN TROY
 PAC: 3:54.18 # 12/31/2007 Margery Meyer
 WRL(5): 6:00.00 & 2000 Jane ASHER
 WRL(6): 6:00.00 2000 Jane ASHER

1 Morton, Judith 85 Walnut Creek Masters-38 6:16.00 6:07.71
 1:25.99 3:00.31 (1:34.32) 4:34.98 (1:34.67) 6:07.71 (1:32.73)

Women 85-89 400 SC Meter Freestyle

NATL: 7:58.41 % 9/14/2008 MARGERY MEYER
 PAC: 7:58.41 # 12/31/2008 Margery Meyer
 WRL(5): 5:00.00 & 2000 Yoshiko OSAKI
 WRL(6): 5:00.00 2000 Yoshiko OSAKI

1 Morton, Judith 85 Walnut Creek Masters-38 12:40.82 12:55.90
 1:23.99 2:59.82 (1:35.83) 4:38.04 (1:38.22) 6:17.69 (1:39.65)
 7:57.74 (1:40.05) 9:37.26 (1:39.52) 11:18.07 (1:40.81) 12:55.90 (1:37.83)

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Women 85-89 50 SC Meter Backstroke

NATL: 51.75 % 10/13/2012 BETTY LORENZI
 PAC: 59.11 # 9/14/2008 Margery Meyer
 WRL(5): 5:00.00 & 2000 Yoshiko OSAKI
 WRL(6): 5:00.00 2000 Yoshiko OSAKI

1 Wood, Caroline 89 Walnut Creek Masters-38 1:20.15 1:15.78&

Women 85-89 200 SC Meter Backstroke

NATL: 4:05.00 % 10/12/2014 BETTY LORENZI
 PAC: 4:53.35 # 12/31/2002 Marjorie Sharpe
 WRL(5): 2:00.00 & 2000 Yoshiko OSAKI
 WRL(6): 2:00.00 2000 Yoshiko OSAKI

1 Morton, Judith 85 Walnut Creek Masters-38 6:30.00 6:09.11
 1:31.78 3:04.24 (1:32.46) 4:35.76 (1:31.52) 6:09.11 (1:33.35)

Women 85-89 100 SC Meter Butterfly

NATL: 2:21.77 % 5/15/2009 LOIS KIVI NOCHMAN
 PAC: 2:36.50 # 12/31/1999 Jean Durston
 WRL(5): 5:00.00 & 2000 Judie OLIVER
 WRL(6): 5:00.00 2000 Judie OLIVER

1 Morton, Judith 85 Walnut Creek Masters-38 4:18.00 4:08.34&
 1:58.52 4:08.34 (2:09.82)

Women 85-89 200 SC Meter Butterfly

NATL: 4:59.50 % 2/8/2009 LOIS KIVI NOCHMAN
 PAC: 5:42.80 # 12/31/1999 Jean Durston
 WRL(5): 3:00.00 & 2000 Judie OLIVER
 WRL(6): 3:00.00 2000 Judie OLIVER

1 Morton, Judith 85 Walnut Creek Masters-38 8:45.00 8:39.01
 1:59.29 4:15.41 (2:16.12) 6:25.79 (2:10.38) 8:39.01 (2:13.22)

Women 90-94 50 SC Meter Breaststroke

NATL: 1:17.85 % 11/4/2017 JEAN TROY
 PAC: 1:27.97 # 10/16/2021 Ann M Hirsch
 WRL(5): 11:00.00 & 2000 A.VAN OBBERGHEN
 WRL(6): 11:00.00 2000 A.VAN OBBERGHEN

1 Hirsch, Ann 93 Walnut Creek Masters-38 2:13.00 2:11.85&

Men 18-24 50 SC Meter Freestyle

NATL: 21.38 % 12/11/2005 NICK BRUNELLI
 PAC: 23.00 # 10/12/2014 Kevin Ferguson

1 Southern, Drake 24 Tvm Swimming-38 24.00 25.64
 2 Gordon, Jake 21 Santa Rosa Masters-38 24.50 25.88
 3 Veress, Ian 18 Davis Aquatic Masters-38 25.90 26.03
 4 Hernandez, Clapton 22 SF Tsunami Masters-38 30.55 29.93
 5 Jun, Edison 19 Sacramento Masters-38 30.91 31.61

Men 18-24 100 SC Meter Freestyle

NATL: 48.00 % 12/11/2005 NICK BRUNELLI
 PAC: 51.76 # 10/12/2014 Kevin Ferguson

1 Ridosko, Nathanael 19 Tri Valley Aquatics Masters-38 52.10 54.33
 26.35 54.33 (27.98)
 2 Welsh, Cole 24 Walnut Creek Masters-38 55.00 55.14
 26.49 55.14 (28.65)

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3	Southern, Drake	24	Tvm Swimming-38	1:00.00	56.29
	27.52		56.29 (28.77)		
4	Gordon, Jake	21	Santa Rosa Masters-38	54.50	56.66
	26.58		56.66 (30.08)		
5	Veress, Ian	18	Davis Aquatic Masters-38	59.00	57.77
	28.14		57.77 (29.63)		
6	Hernandez, Clapton	22	SF Tsunami Masters-38	1:06.11	1:05.71
	31.20		1:05.71 (34.51)		
7	Mason, Brett	24	San Jose Clownfish-38	1:14.00	1:06.48
	31.77		1:06.48 (34.71)		
8	Lipina, Alexander	23	Walnut Creek Masters-38	1:13.00	1:09.08
	33.13		1:09.08 (35.95)		

Men 18-24 200 SC Meter Freestyle

NATL: 1:47.32 % 12/11/2005 NICK BRUNELLI

PAC: 1:54.23 # 12/31/1995 Brad Winsor

1	Ridosko, Nathanael	19	Tri Valley Aquatics Masters-38	1:55.37	2:02.97
	27.80		58.17 (30.37) 1:30.77 (32.60)		2:02.97 (32.20)

Men 18-24 200 SC Meter Freestyle

NATL: 1:47.32 % 12/11/2005 NICK BRUNELLI

PAC: 1:54.23 # 12/31/1995 Brad Winsor

1	Weiderman, Cole	23	Conejo Valley Masters-33	NT	2:02.79
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Men 18-24 400 SC Meter Freestyle

NATL: 3:55.20 % 10/26/2014 DION DREESENS

PAC: 4:03.45 # 12/31/1995 Brad Winsor

1	Weiderman, Cole	23	Conejo Valley Masters-33	NT	4:11.81
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Men 18-24 800 SC Meter Freestyle

NATL: 8:16.50 % 12/9/2011 ERIC NILSSON

PAC: 8:35.83 # 12/31/1995 Brad Winsor

1	Weiderman, Cole	23	Conejo Valley Masters-33	NT	8:31.23 #
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Men 18-24 1500 SC Meter Freestyle

NATL: 16:04.59 % 1/24/2015 ANDREW GYENIS

PAC: 16:04.59 # 1/24/2015 Andrew Gyenis

1	Weiderman, Cole	23	Conejo Valley Masters-33	16:30.00	16:04.69
	27.83		58.82 (30.99) 1:30.47 (31.65)		2:02.79 (32.32)
	2:35.69 (32.90)		3:07.43 (31.74) 3:39.46 (32.03)		4:11.81 (32.35)
	4:44.56 (32.75)		5:16.75 (32.19) 5:49.04 (32.29)		6:21.72 (32.68)
	6:54.04 (32.32)		7:26.46 (32.42) 7:58.67 (32.21)		8:31.23 (32.56)
	9:03.62 (32.39)		9:19.70 (16.08) 9:35.91 (16.21)		10:08.48 (32.57)
	10:40.93 (32.45)		11:13.26 (32.33) 11:45.95 (32.69)		12:18.39 (32.44)
	12:51.13 (32.74)		13:23.78 (32.65) 13:56.19 (32.41)		14:28.83 (32.64)
	15:01.39 (32.56)		16:04.69 (1:03.30)		

Men 18-24 50 SC Meter Backstroke

NATL: 25.22 % 10/30/2022 EMILIO PEREZ

PAC: 25.71 # 9/18/2016 Chuck Katis

1	Southern, Drake	24	Tvm Swimming-38	26.00	28.83
2	Jun, Edison	19	Sacramento Masters-38	38.98	37.90

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Men 18-24 100 SC Meter Backstroke**NATL: 51.91 % 10/29/2011 **EUGENE GODSOE**PAC: 58.17 # 12/31/2010 **Matt Scanlan**

1	Hernandez, Clapton	22	SF Tsunami Masters-38	1:15.81	1:12.77
	34.72	1:12.77 (38.05)			
2	Mason, Brett	24	San Jose Clownfish-38	1:22.00	1:19.68
	39.01	1:19.68 (40.67)			
3	Lipina, Alexander	23	Walnut Creek Masters-38	1:30.00	1:27.26
	40.95	1:27.26 (46.31)			

Men 18-24 200 SC Meter BackstrokeNATL: 1:54.74 % 10/6/2019 **P BOLANOS**PAC: 2:08.81 # 12/31/1993 **Sergey Mariniuk**

1	Xu, D Michael	23	Stanford Masters Swimming-38	3:30.00	2:56.36
	43.05	1:27.50 (44.45)	2:12.39 (44.89)	2:56.36 (43.97)	

Men 18-24 50 SC Meter BreaststrokeNATL: 27.83 % 11/21/2009 **GREGOR PLEVELJ**PAC: 28.79 # 11/23/2013 **Robert Lovelace**

1	Mason, Brett	24	San Jose Clownfish-38	44.00	41.86
2	Bilbrey, Colten	19	Madera Masters Swim-38	40.33	43.07

Men 18-24 100 SC Meter BreaststrokeNATL: 59.96 % 11/18/2017 **THIBAUT CAPITAINE**PAC: 1:03.84 # 10/9/2016 **Darren Chan Chin**

1	Welsh, Cole	24	Walnut Creek Masters-38	1:07.23	1:06.30
	30.80	1:06.30 (35.50)			
2	Bilbrey, Colten	19	Madera Masters Swim-38	1:26.50	1:33.58
	43.91	1:33.58 (49.67)			
3	Lipina, Alexander	23	Walnut Creek Masters-38	1:30.00	1:33.63
	42.36	1:33.63 (51.27)			

Men 18-24 200 SC Meter BreaststrokeNATL: 2:12.70 % 11/19/2017 **THIBAUT CAPITAINE**PAC: 2:14.40 # 9/18/2016 **Chuck Katis**

1	Xu, D Michael	23	Stanford Masters Swimming-38	3:30.00	3:13.15
	45.16	1:33.66 (48.50)	2:22.89 (49.23)	3:13.15 (50.26)	

Men 18-24 50 SC Meter ButterflyNATL: 23.96 % 11/6/2016 **RUNAR BORGEN**PAC: 22.57 # 12/7/2004 **Thomas A Shields**

1	Southern, Drake	24	Tvm Swimming-38	27.50	27.26
2	Hernandez, Clapton	22	SF Tsunami Masters-38	34.20	32.39
3	Mason, Brett	24	San Jose Clownfish-38	39.50	32.90

Men 18-24 100 SC Meter ButterflyNATL: 52.25 % 10/29/2011 **EUGENE GODSOE**PAC: 48.99 # 12/7/2004 **Thomas A Shields**

1	Weiderman, Cole	23	Conejo Valley Masters-33	NT	1:00.93
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Men 18-24 100 SC Meter ButterflyNATL: 52.25 % 10/29/2011 **EUGENE GODSOE**PAC: 48.99 # 12/7/2004 **Thomas A Shields**

1	Welsh, Cole	24	Walnut Creek Masters-38	1:02.00	1:01.99
	28.52	1:01.99 (33.47)			

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2	Ridosko, Nathanael	19	Tri Valley Aquatics Masters-38	58.00	1:02.05
	29.14		1:02.05 (32.91)		

Men 18-24 200 SC Meter Butterfly

NATL: 1:59.67 % 12/7/2019 KEVIN MENDOZA

PAC: 1:50.68 # 12/7/2014 Thomas A Shields

1	Weiderman, Cole	23	Conejo Valley Masters-33	2:10.00	2:10.16
	28.37		1:00.93 (32.56) 1:35.34 (34.41) 2:10.16 (34.82)		
2	Ridosko, Nathanael	19	Tri Valley Aquatics Masters-38	2:09.10	2:15.18
	29.32		1:02.93 (33.61) 1:38.92 (35.99) 2:15.18 (36.26)		

Men 18-24 100 SC Meter IM

NATL: 55.71 % 10/29/2011 EUGENE GODSOE

PAC: 56.82 # 11/24/2013 Robert Lovelace

1	Welsh, Cole	24	Walnut Creek Masters-38	1:01.21	1:01.14
	29.02		1:01.14 (32.12)		
2	Southern, Drake	24	Tvm Swimming-38	1:05.00	1:04.57
	29.01		1:04.57 (35.56)		

Men 18-24 200 SC Meter IM

NATL: 2:00.32 % 12/11/2005 NICK BRUNELLI

PAC: 2:08.44 # 11/23/2013 Robert Lovelace

1	Weiderman, Cole	23	Conejo Valley Masters-33	2:18.00	2:13.75
	28.42		1:04.07 (35.65) 1:43.96 (39.89) 2:13.75 (29.79)		
2	Swida, Matthew	22	San Ramon Valley Aquatics Mast-38	2:30.00	2:24.47
	30.27		1:07.48 (37.21) 1:50.23 (42.75) 2:24.47 (34.24)		
3	Mason, Brett	24	San Jose Clownfish-38	2:58.00	2:58.73
	35.84		1:21.29 (45.45) 2:19.22 (57.93) 2:58.73 (39.51)		

Men 18-24 400 SC Meter IM

NATL: 4:28.54 % 11/14/1993 SERGEY MARINIUK

PAC: 4:28.54 # 12/31/1993 Sergey Mariniuk

1	Xu, D Michael	23	Stanford Masters Swimming-38	7:00.00	6:10.93
	39.89		1:25.50 (45.61) 2:00.89 (35.39) 3:02.15 (1:01.26)		
	3:54.92 (52.77)		4:47.79 (52.87) 5:30.75 (42.96) 6:10.93 (40.18)		

Men 25-29 50 SC Meter Freestyle

NATL: 21.28 % 11/20/2021 RYAN HELD

PAC: 22.81 # 12/31/2002 Scott C Greenwood

WRL(5): 11:00.00 & 2000 Ryan HELD

WRL(6): 11:00.00 2000 Ryan HELD

1	Sierra Loaiza, Wilber	26	Santa Clara Swim Club Masters-38	30.00	25.36 &
2	Barron, Brixton	26	Sacramento Masters-38	25.00	27.64 &
3	Ko, Ming	28	Uc38	29.00	29.72 &
4	Cruz, Ethan	25	Albany Armada Aquatics Masters-38	33.00	33.27 &

Men 25-29 100 SC Meter Freestyle

NATL: 47.43 % 11/16/2014 CESAR CIELO

PAC: 51.94 # 9/22/2013 Tim R Watts

WRL(5): 11:00.00 & 2000 Cesar CIELO

WRL(6): 11:00.00 2000 Cesar CIELO

1	Forker, Shane	26	The Olympic Club-38	57.00	53.66 &
	25.58		53.66 (28.08)		

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(Men 25-29 100 SC Meter Freestyle)

2	Sierra Loaiza, Wilber	26	Santa Clara Swim Club Masters-38	1:10.00	56.20 &
	27.32	56.20	(28.88)		
3	Lang, Aric	27	SF Tsunami Masters-38	1:01.00	1:01.21 &
	29.15	1:01.21	(32.06)		
4	Goard, Andrew	29	University of San Francisco Ma-38	1:01.67	1:01.85 &
	29.82	1:01.85	(32.03)		
5	Barron, Brixton	26	Sacramento Masters-38	55.00	1:03.89 &
	29.84	1:03.89	(34.05)		
6	Yue, Justin	27	SF Tsunami Masters-38	1:05.00	1:08.33 &
	32.47	1:08.33	(35.86)		
7	Taniguchi, Marc	28	SF Tsunami Masters-38	1:08.54	1:10.73 &
	34.72	1:10.73	(36.01)		
8	Cruz, Ethan	25	Albany Armada Aquatics Masters-38	1:15.00	1:14.56 &
	34.07	1:14.56	(40.49)		

Men 25-29 200 SC Meter FreestyleNATL: 1:44.90 % 11/3/2013 **DARIAN TOWNSEND**PAC: 1:48.81 # 12/31/1995 **John Keppeler**WRL(5): 11:00.00 & 2000 **Darian TOWNSEND**WRL(6): 11:00.00 2000 **Darian TOWNSEND**

1	Emoto, Kanta	25	Mesa Aquatics Club-Masters-48	2:21.00	2:18.36 &
	31.10	1:06.28	(35.18)	1:42.36	(36.08)
				2:18.36	(36.00)

Men 25-29 1500 SC Meter FreestyleNATL: 15:41.81 % 12/14/1997 **ALEX KOSTICH**PAC: 16:12.04 # 1/28/2017 **Chad E La Tourett**WRL(5): 5:00.00 & 2000 **Sebastian PAULINS**WRL(6): 5:00.00 2000 **Sebastian PAULINS**

1	Chan, Amos	29	Walnut Creek Masters-38	24:28.26	21:52.27
	38.79	1:21.47	(42.68)	2:05.20	(43.73)
				2:49.04	(43.84)
	3:33.00	4:17.01	(44.01)	5:01.05	(44.04)
				5:44.90	(43.85)
	6:29.07	7:13.58	(44.51)	7:57.97	(44.39)
				8:42.21	(44.24)
	9:26.21	10:10.55	(44.34)	10:55.08	(44.53)
				11:38.83	(43.75)
	12:23.21	13:07.65	(44.44)	13:52.05	(44.40)
				14:36.42	(44.37)
	15:20.56	16:04.55	(43.99)	16:48.26	(43.71)
				17:31.85	(43.59)
	18:15.86	18:59.47	(43.61)	19:43.49	(44.02)
				20:27.04	(43.55)
	21:10.69	21:52.27	(41.58)		

Men 25-29 50 SC Meter BackstrokeNATL: 23.70 % 11/21/2021 **RYAN HELD**PAC: 24.87 # 10/13/2019 **Iskender Baslakov**WRL(5): 11:00.00 & 2000 **Ryan HELD**WRL(6): 11:00.00 2000 **Ryan HELD**

1	Jalihah, Aditya	29	Marcia's Enthusiastic Masters-38	35.29	35.94 &
---	Ko, Ming	28	Uc38	35.00	DQ

Men 25-29 100 SC Meter BackstrokeNATL: 52.99 % 12/3/2016 **TONY COX**PAC: 55.20 # 10/12/2019 **Iskender Baslakov**WRL(5): 1:00.00 & 2000 **Ryota MAEJIMA**WRL(6): 1:00.00 2000 **Ryota MAEJIMA**

1	Malone, Reed	29	The Olympic Club-38	1:05.67	1:01.63
	29.67	1:01.63	(31.96)		

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(Men 25-29 100 SC Meter Backstroke)

2	Emoto, Kanta	33.34	1:08.07 (34.73)	25	Mesa Aquatics Club-Masters-48	1:05.88	1:08.07
3	Power, Brenden	32.68	1:08.08 (35.40)	29	Alameda Aquatic Masters-38	1:15.00	1:08.08
4	Barron, Brixton	34.08	1:16.12 (42.04)	26	Sacramento Masters-38	1:05.00	1:16.12
5	Ko, Ming	37.90	1:17.15 (39.25)	28	Uc38	1:20.00	1:17.15

Men 25-29 200 SC Meter Backstroke

NATL: 2:01.34 % 11/13/2016 JAN KONARZEWSKI

PAC: 2:02.63 # 12/31/1995 John Keppeler

WRL(5): 1:00.00 & 2000 Ryota MAEJIMA

WRL(6): 1:00.00 2000 Ryota MAEJIMA

1	Chan, Amos	37.72	1:18.57 (40.85)	29	Walnut Creek Masters-38	2:43.17	2:44.47
						2:01.37 (42.80)	2:44.47 (43.10)

Men 25-29 50 SC Meter Breaststroke

NATL: 27.31 % 11/23/2013 EETU KARVONEN

PAC: 27.64 # 10/7/2023 Benjamin J Cono

WRL(5): 4:00.00 & 2000 Y.FURUKAWA

WRL(6): 4:00.00 2000 Y.FURUKAWA

1	Malone, Reed			29	The Olympic Club-38	34.57	33.74 &
2	Forker, Shane			26	The Olympic Club-38	35.00	33.83 &
3	Fedorov, Brian			29	Sacramento Masters-38	35.99	34.52 &
4	Taniguchi, Marc			28	SF Tsunami Masters-38	37.88	38.22 &
5	Yue, Justin			27	SF Tsunami Masters-38	42.00	40.01 &
6	Jalihai, Aditya			29	Marcia's Enthusiastic Masters-38	40.12	40.82 &

Men 25-29 100 SC Meter Breaststroke

NATL: 59.21 % 11/23/2013 EETU KARVONEN

PAC: 1:00.83 # 12/7/2014 BJ Johnson

WRL(5): 4:00.00 & 2000 Y.FURUKAWA

WRL(6): 4:00.00 2000 Y.FURUKAWA

1	Forker, Shane	35.75	1:15.85 (40.10)	26	The Olympic Club-38	1:16.00	1:15.85 &
2	Lang, Aric	36.20	1:16.32 (40.12)	27	SF Tsunami Masters-38	1:17.00	1:16.32 &
3	Taniguchi, Marc	40.69	1:23.13 (42.44)	28	SF Tsunami Masters-38	1:21.06	1:23.13 &

Men 25-29 200 SC Meter Breaststroke

NATL: 2:07.55 % 10/14/2018 JOSH PRENOT

PAC: 2:06.24 # 12/7/2014 BJ Johnson

WRL(5): 10:00.00 & 2000 Josh PRENOT

WRL(6): 10:00.00 2000 Josh PRENOT

1	Chan, Amos	43.14	1:30.46 (47.32)	29	Walnut Creek Masters-38	3:09.16	3:08.09 &
						2:19.23 (48.77)	3:08.09 (48.86)

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Men 25-29 50 SC Meter Butterfly

NATL: 23.15 % 11/21/2021		RYAN HELD			
PAC: 25.06 # 12/31/2007		Adam M Conway			
WRL(5): 11:00.00 & 2000		Ryan HELD			
WRL(6): 11:00.00 2000		Ryan HELD			
1	Sierra Loaiza, Wilber	26	Santa Clara Swim Club Masters-38	26.50	27.27 &
2	Forker, Shane	26	The Olympic Club-38	27.00	27.65 &
3	Power, Brenden	29	Alameda Aquatic Masters-38	34.00	28.43 &
4	Bartine, Pierce	29	Uc38	25.00	28.76 &
5	Fedorov, Brian	29	Sacramento Masters-38	29.99	28.92 &
6	Jalihah, Aditya	29	Marcia's Enthusiastic Masters-38	30.07	32.29 &

Men 25-29 200 SC Meter Butterfly

NATL: 2:02.97 % 12/10/2017		DREW MODROV			
PAC: 2:13.42 # 9/23/2018		Brandon J Fischer			
WRL(5): 3:00.00 & 2000		Shun WATARAI			
WRL(6): 3:00.00 2000		Shun WATARAI			
1	Yan, Houfu	27	San Jose Clownfish-38	2:30.00	2:32.52 &
	31.28	1:07.45 (36.17)	1:48.43 (40.98)	2:32.52 (44.09)	
2	Chan, Amos	29	Walnut Creek Masters-38	2:59.37	2:49.86 &
	39.05	1:22.88 (43.83)	2:07.19 (44.31)	2:49.86 (42.67)	

Men 25-29 100 SC Meter IM

NATL: 52.78 % 11/21/2021		RYAN HELD			
PAC: 56.39 # 9/25/2011		FRANK ZIO			
WRL(5): 11:00.00 & 2000		Ryan HELD			
WRL(6): 11:00.00 2000		Ryan HELD			
1	Sierra Loaiza, Wilber	26	Santa Clara Swim Club Masters-38	59.00	1:03.68 &
	29.33	1:03.68 (34.35)			
2	Fedorov, Brian	29	Sacramento Masters-38	1:05.99	1:07.28 &
	31.70	1:07.28 (35.58)			
3	Barron, Brixton	26	Sacramento Masters-38	1:05.00	1:11.48 &
	31.94	1:11.48 (39.54)			

Men 25-29 200 SC Meter IM

NATL: 1:59.79 % 10/13/2013		ADAM RITTER			
PAC: 2:05.93 # 12/31/1995		Jon Keppeler			
WRL(5): 10:00.00 & 2000		Ken KUWAYAMA			
WRL(6): 10:00.00 2000		Ken KUWAYAMA			
1	Lang, Aric	27	SF Tsunami Masters-38	2:24.00	2:31.62 &
	31.59	1:13.01 (41.42)	1:54.78 (41.77)	2:31.62 (36.84)	
2	Emoto, Kanta	25	Mesa Aquatics Club-Masters-48	2:40.00	2:39.59 &
	33.44	1:12.69 (39.25)	2:01.69 (49.00)	2:39.59 (37.90)	
3	Yue, Justin	27	SF Tsunami Masters-38	2:30.00	3:01.48 &
	36.51	1:26.58 (50.07)	2:18.78 (52.20)	3:01.48 (42.70)	
---	Goard, Andrew	29	University of San Francisco Ma-38	2:54.99	DQ
	33.47	1:13.64 (40.17)	2:00.03 (46.39)	DQ (37.34)	

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Men 25-29 400 SC Meter IM

NATL: 4:26.79 % 12/10/1995 JOHN KEPPELER

PAC: 4:26.79 # 12/31/1995 John Keppeler

WRL(5): 11:00.00 & 2000 Ikumi HASEGAWA

WRL(6): 11:00.00 2000 Ikumi HASEGAWA

1	Chan, Amos	29	Walnut Creek Masters-38	6:08.81	5:54.69 &
		37.15	1:19.59 (42.44)	2:05.81 (46.22)	2:50.83 (45.02)
		3:41.69 (50.86)	4:31.84 (50.15)	5:13.75 (41.91)	5:54.69 (40.94)

Men 30-34 50 SC Meter Freestyle

NATL: 21.91 % 11/13/2016 DARIAN TOWNSEND

PAC: 22.39 # 10/16/2011 Anthony L Ervin

WRL(5): 12:00.00 & 2000 FROSA MESSIAS

WRL(6): 12:00.00 2000 FROSA MESSIAS

1	Rogers, Chasen	34	Marcia's Enthusiastic Masters-38	26.30	26.45 &
2	Chang, Chinhao	31	San Jose Clownfish-38	30.33	27.19 &
3	Chen, Jacky	31	Marcia's Enthusiastic Masters-38	27.19	27.90 &
4	Jones, Austin	33	SF Tsunami Masters-38	29.00	28.17 &
5	Nuñez-Zepeda, Nicholes	30	Santa Cruz Masters Aquatics-38	29.00	30.68 &

Men 30-34 100 SC Meter Freestyle

NATL: 48.08 % 9/27/2014 DARIAN TOWNSEND

PAC: 50.35 # 9/25/2011 Anthony L Ervin

WRL(5): 11:00.00 & 2000 Evgeniy LAGUNOV

WRL(6): 11:00.00 2000 Evgeniy LAGUNOV

1	Keshmiri, Armon	31	San Jose Clownfish-38	56.99	56.87 &
		27.49	56.87 (29.38)		
2	Rogers, Chasen	34	Marcia's Enthusiastic Masters-38	58.50	58.80 &
		28.59	58.80 (30.21)		
3	Chen, Jacky	31	Marcia's Enthusiastic Masters-38	1:01.28	1:02.48 &
		30.09	1:02.48 (32.39)		
4	Pine, Justin	32	Sacramento Masters-38	1:04.11	1:04.10 &
		30.78	1:04.10 (33.32)		
5	Blundell, Shane	30	San Jose Clownfish-38	1:16.00	1:06.07 &
		31.74	1:06.07 (34.33)		
6	Nuñez-Zepeda, Nicholes	30	Santa Cruz Masters Aquatics-38	1:04.00	1:07.31 &
		31.96	1:07.31 (35.35)		
7	Burlet, Edouard	31	SF Tsunami Masters-38	1:08.00	1:09.38 &
		34.15	1:09.38 (35.23)		
8	Kroeger, Alexander	32	Dolphin Club-38	1:20.00	1:09.56 &
		32.57	1:09.56 (36.99)		
9	Goyal, Pulak	31	CoastSide Tiger Sharks-38	1:20.00	1:21.59 &
		40.21	1:21.59 (41.38)		

Men 30-34 200 SC Meter Freestyle

NATL: 1:46.12 % 9/27/2014 DARIAN TOWNSEND

PAC: 1:52.04 # 12/31/1999 John Keppeler

WRL(5): 9:00.00 & 2000 Darian TOWNSEND

WRL(6): 9:00.00 2000 Darian TOWNSEND

1	Keshmiri, Armon	31	San Jose Clownfish-38	2:04.99	2:08.06 &
		29.31	1:00.86 (31.55)	1:34.42 (33.56)	2:08.06 (33.64)
2	Dorn, Kevin	31	San Jose Clownfish-38	2:29.85	2:13.23 &
		29.87	1:04.18 (34.31)	1:39.03 (34.85)	2:13.23 (34.20)

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3	Rogers, Chasen	34	Marcia's Enthusiastic Masters-38	2:12.84	2:14.14 &
	30.98	1:04.40 (33.42)	1:39.48 (35.08)	2:14.14 (34.66)	
4	Jones, Austin	33	SF Tsunami Masters-38	2:20.00	2:17.83 &
	31.67	1:06.26 (34.59)	1:42.03 (35.77)	2:17.83 (35.80)	
5	Dowell, Christian	32	Cala Maritime Aquatics Masters-38	2:30.00	2:22.15 &
	32.27	1:07.70 (35.43)	1:44.76 (37.06)	2:22.15 (37.39)	
6	Pine, Justin	32	Sacramento Masters-38	2:29.52	2:26.91 &
	31.63	1:08.56 (36.93)	1:47.92 (39.36)	2:26.91 (38.99)	
7	Nuñez-Zepeda, Nicholes	30	Santa Cruz Masters Aquatics-38	2:30.00	2:32.51 &
	35.18	1:13.70 (38.52)	1:54.34 (40.64)	2:32.51 (38.17)	
8	Bautista, Jair	32	Sacramento Masters-38	2:40.00	2:37.28 &
	36.29	1:16.13 (39.84)	1:56.56 (40.43)	2:37.28 (40.72)	

Men 30-34 400 SC Meter Freestyle

NATL: 3:53.95 % 12/14/2019 DREW MODROV

PAC: 4:11.37 # 10/18/2009 Clayton P Jones

WRL(5): 9:00.00 & 2000 Frans JOHANNESSEN

WRL(6): 9:00.00 2000 Frans JOHANNESSEN

1	Glomstad, William	30	Walnut Creek Masters-38	5:10.75	5:12.94 &
	34.77	1:13.06 (38.29)	1:52.07 (39.01)	2:31.97 (39.90)	
	3:12.97 (41.00)	3:54.21 (41.24)	4:35.65 (41.44)	5:12.94 (37.29)	
2	Gu, Yue Shen	31	Walnut Creek Masters-38	6:15.00	5:49.80 &
	38.43	1:21.18 (42.75)	2:05.63 (44.45)	2:50.21 (44.58)	
	3:36.13 (45.92)	4:22.68 (46.55)	5:09.31 (46.63)	5:49.80 (40.49)	

Men 30-34 800 SC Meter Freestyle

NATL: 8:12.74 % 11/21/2021 DREW MODROV

PAC: 8:53.42 # 10/18/2009 Andy J Nonaka

WRL(5): 9:00.00 & 2000 Frans JOHANNESSEN

WRL(6): 9:00.00 2000 Frans JOHANNESSEN

1	Christensen, Jon	34	University of San Francisco Ma-38	9:35.75	9:16.66
	31.41	1:05.03 (33.62)	1:39.13 (34.10)	2:13.59 (34.46)	
	2:48.26 (34.67)	3:23.39 (35.13)	3:58.70 (35.31)	4:34.13 (35.43)	
	5:09.68 (35.55)	5:45.13 (35.45)	6:20.87 (35.74)	6:56.21 (35.34)	
	7:32.01 (35.80)	8:07.71 (35.70)	8:43.42 (35.71)	9:16.66 (33.24)	
2	Dorn, Kevin	31	San Jose Clownfish-38	11:45.00	10:25.94
	36.56	1:16.06 (39.50)	1:55.99 (39.93)	2:36.31 (40.32)	
	3:16.89 (40.58)	3:57.06 (40.17)	4:37.13 (40.07)	5:17.47 (40.34)	
	5:57.87 (40.40)	6:38.39 (40.52)	7:18.17 (39.78)	7:57.81 (39.64)	
	8:36.65 (38.84)	9:15.26 (38.61)	9:51.78 (36.52)	10:25.94 (34.16)	
3	Glomstad, William	30	Walnut Creek Masters-38	10:31.71	11:14.37
	35.14	1:13.93 (38.79)	1:53.80 (39.87)	2:34.34 (40.54)	
	3:15.23 (40.89)	3:56.36 (41.13)	4:37.63 (41.27)	5:19.06 (41.43)	
	6:00.34 (41.28)	6:41.98 (41.64)	7:23.55 (41.57)	8:05.45 (41.90)	
	8:47.28 (41.83)	9:29.18 (41.90)	10:10.38 (41.20)	11:14.37 (1:03.99)	
4	Pine, Justin	32	Sacramento Masters-38	11:29.44	11:24.71
	36.77	1:18.49 (41.72)	2:01.57 (43.08)	2:45.21 (43.64)	
	3:29.13 (43.92)	4:12.98 (43.85)	4:57.26 (44.28)	5:41.13 (43.87)	
	6:25.03 (43.90)	7:09.05 (44.02)	7:52.77 (43.72)	8:36.18 (43.41)	
	9:19.69 (43.51)	10:02.86 (43.17)	10:44.81 (41.95)	11:24.71 (39.90)	

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Men 30-34 1500 SC Meter Freestyle

NATL: 15:30.92 % 1/26/2019 CHAD LA TOURETTE

PAC: 15:30.92 # 1/26/2019 Chad E La Tourett

WRL(5): 1:00.00 & 2000 Chad LA TOURETTE

WRL(6): 1:00.00 2000 Chad LA TOURETTE

1	Glomstad, William	30	Walnut Creek Masters-38	19:52.07	20:52.71
	34.76	1:13.28 (38.52)	1:52.67 (39.39)	2:32.72 (40.05)	
	3:12.76 (40.04)	3:52.81 (40.05)	4:33.32 (40.51)	5:14.62 (41.30)	
	5:55.94 (41.32)	6:37.65 (41.71)	7:19.26 (41.61)	8:01.44 (42.18)	
	8:43.91 (42.47)	9:27.04 (43.13)	10:09.03 (41.99)	10:51.22 (42.19)	
	11:33.81 (42.59)	12:16.86 (43.05)	12:59.75 (42.89)	13:43.11 (43.36)	
	14:25.88 (42.77)	15:09.19 (43.31)	15:52.89 (43.70)	16:35.97 (43.08)	
	17:19.45 (43.48)	18:03.36 (43.91)	18:47.48 (44.12)	19:30.94 (43.46)	
	20:13.46 (42.52)	20:52.71 (39.25)			

Men 30-34 50 SC Meter Backstroke

NATL: 24.75 % 11/12/2016 DARIAN TOWNSEND

PAC: 25.54 # 10/13/2019 Peter R Kline

WRL(5): 5:00.00 & 2000 Nelson SILVA Jr.

WRL(6): 5:00.00 2000 Nelson SILVA Jr.

1	Rogers, Chasen	34	Marcia's Enthusiastic Masters-38	31.76	31.67 &
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Men 30-34 100 SC Meter Backstroke

NATL: 52.68 % 10/24/2009 DERYA BUYUKUNCU

PAC: 56.12 # 10/12/2019 Peter R Kline

WRL(5): 2:00.00 & 2000 Junichi MORITA

WRL(6): 2:00.00 2000 Junichi MORITA

1	Christensen, Jon	34	University of San Francisco Ma-38	1:05.00	1:03.32 &
	30.21	1:03.32 (33.11)			
2	Greer, George	34	East Bay Bat Rays Masters-38	1:04.63	1:04.86 &
	31.33	1:04.86 (33.53)			
3	Keshmiri, Armon	31	San Jose Clownfish-38	1:06.99	1:07.15 &
	32.26	1:07.15 (34.89)			
4	Crooks, Kevin	31	SF Tsunami Masters-38	1:06.50	1:10.00 &
	33.99	1:10.00 (36.01)			
5	Jones, Austin	33	SF Tsunami Masters-38	1:14.00	1:13.37 &
	35.89	1:13.37 (37.48)			
6	Glomstad, William	30	Walnut Creek Masters-38	1:17.45	1:15.53 &
	37.01	1:15.53 (38.52)			
7	Gu, Yue Shen	31	Walnut Creek Masters-38	1:26.71	1:27.82 &
	42.40	1:27.82 (45.42)			

Men 30-34 200 SC Meter Backstroke

NATL: 1:55.46 % 11/1/2009 DERYA BUYUKUNCU

PAC: 2:02.91 # 12/31/1999 John Keppeler

WRL(5): 2:00.00 & 2000 Junichi MORITA

WRL(6): 2:00.00 2000 Junichi MORITA

1	Keshmiri, Armon	31	San Jose Clownfish-38	2:29.99	2:30.59
	35.08	1:13.37 (38.29)	1:52.55 (39.18)	2:30.59 (38.04)	
2	Bautista, Jair	32	Sacramento Masters-38	3:15.00	3:12.89
	44.93	1:33.23 (48.30)	2:23.30 (50.07)	3:12.89 (49.59)	

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Men 30-34 50 SC Meter Breaststroke

NATL: 27.15 % 12/3/2023		BRANDON FISCHER			
PAC: 27.15 # 12/3/2023		Brandon J Fischer			
WRL(5): 5:00.00 & 2000		Felipe LIMA			
WRL(6): 5:00.00 2000		Felipe LIMA			
1	Christensen, Jon	34	University of San Francisco Ma-38	30.00	31.45 &
2	Yiu, Nicholas	31	Sacramento Masters-38	35.00	33.81 &
3	Slotkus, Kazys	30	San Jose Clownfish-38	36.50	34.93 &
4	Crooks, Kevin	31	SF Tsunami Masters-38	35.00	35.45 &
5	Chen, Jacky	31	Marcia's Enthusiastic Masters-38	35.05	36.31 &
6	Kroeger, Alexander	32	Dolphin Club-38	45.00	38.54 &
7	Blundell, Shane	30	San Jose Clownfish-38	40.00	39.05 &
8	Goyal, Pulak	31	CoastSide Tiger Sharks-38	1:04.00	1:00.77 &

Men 30-34 100 SC Meter Breaststroke

NATL: 58.64 % 12/2/2023		BRANDON FISCHER			
PAC: 58.64 # 12/2/2023		Brandon J Fischer			
WRL(5): 4:00.00 & 2000		Shotaro SHIMAZAKI			
WRL(6): 4:00.00 2000		Shotaro SHIMAZAKI			
1	Christensen, Jon	34	University of San Francisco Ma-38	1:08.00	1:07.37 &
	31.67		1:07.37 (35.70)		
2	Lomas, Justin	32	Sacramento Masters-38	1:11.92	1:10.66 &
	33.55		1:10.66 (37.11)		
3	Yiu, Nicholas	31	Sacramento Masters-38	1:16.00	1:13.03 &
	34.93		1:13.03 (38.10)		
4	Slotkus, Kazys	30	San Jose Clownfish-38	1:29.00	1:16.54 &
	36.51		1:16.54 (40.03)		
5	Chen, Jacky	31	Marcia's Enthusiastic Masters-38	1:19.26	1:21.74 &
	38.38		1:21.74 (43.36)		
6	Jones, Austin	33	SF Tsunami Masters-38	1:25.00	1:23.14 &
	39.56		1:23.14 (43.58)		
*7	Kroeger, Alexander	32	Dolphin Club-38	1:30.00	1:24.31 &
	39.51		1:24.31 (44.80)		
*7	Blundell, Shane	30	San Jose Clownfish-38	1:33.00	1:24.31 &
	40.09		1:24.31 (44.22)		

Men 30-34 200 SC Meter Breaststroke

NATL: 2:08.12 % 12/1/2023		BRANDON FISCHER			
PAC: 2:08.12 # 12/1/2023		Brandon J Fischer			
WRL(5): 12:00.00 & 2000		Brandon FISCHER			
WRL(6): 12:00.00 2000		Brandon FISCHER			
1	Valentine, Matthew	30	University of San Francisco Ma-38	2:37.00	2:38.69 &
	34.97		1:15.40 (40.43)	1:56.92 (41.52)	2:38.69 (41.77)
2	Dorn, Kevin	31	San Jose Clownfish-38	3:08.70	2:58.59 &
	41.58		1:27.49 (45.91)	2:13.67 (46.18)	2:58.59 (44.92)
3	Gu, Yue Shen	31	Walnut Creek Masters-38	2:30.00	3:08.20 &
	40.22		1:26.76 (46.54)	2:16.76 (50.00)	3:08.20 (51.44)

Men 30-34 50 SC Meter Butterfly

NATL: 24.14 % 12/14/2019		DREW MODROV			
PAC: 24.83 # 12/2/2023		Brandon J Fischer			
WRL(5): 5:00.00 & 2000		Thomas RUPPRATH			
WRL(6): 5:00.00 2000		Thomas RUPPRATH			
1	Yiu, Nicholas	31	Sacramento Masters-38	28.00	28.07 &

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(Men 30-34 50 SC Meter Butterfly)

2	Valentine, Matthew	30	University of San Francisco Ma-38	28.50	28.34 &
3	Rogers, Chasen	34	Marcia's Enthusiastic Masters-38	29.14	29.41 &
4	Slotkus, Kazys	30	San Jose Clownfish-38	33.50	29.93 &
5	Crooks, Kevin	31	SF Tsunami Masters-38	30.00	30.47 &
6	Pine, Justin	32	Sacramento Masters-38	32.50	32.38 &
7	Glomstad, William	30	Walnut Creek Masters-38	31.89	32.70 &
8	Blundell, Shane	30	San Jose Clownfish-38	38.00	36.26 &
9	Burlet, Edouard	31	SF Tsunami Masters-38	38.00	37.94 &

Men 30-34 100 SC Meter ButterflyNATL: 52.44 % 11/12/2016 **DARIAN TOWNSEND**PAC: 54.71 # 10/9/2022 **Marcos Lavado**WRL(5): 4:00.00 & 2000 **Ko FUKAYA**WRL(6): 4:00.00 2000 **Ko FUKAYA**

1	Keshmiri, Armon	31	San Jose Clownfish-38	1:05.45	1:04.63 &
	30.18		1:04.63 (34.45)		
2	Bautista, Jair	32	Sacramento Masters-38	1:25.00	1:28.66 &
	41.01		1:28.66 (47.65)		

Men 30-34 200 SC Meter ButterflyNATL: 1:57.41 % 9/24/2016 **DARIAN TOWNSEND**PAC: 2:02.73 # 10/8/2022 **Marcos Lavado**WRL(5): 11:00.00 & 2000 **Nikolay SKVORTSOV**WRL(6): 11:00.00 2000 **Nikolay SKVORTSOV**

1	Valentine, Matthew	30	University of San Francisco Ma-38	2:20.00	2:16.72 &
	30.27		1:05.15 (34.88) 1:40.81 (35.66) 2:16.72 (35.91)		
2	Dorn, Kevin	31	San Jose Clownfish-38	3:03.15	2:45.74 &
	33.81		1:14.27 (40.46) 1:59.34 (45.07) 2:45.74 (46.40)		
3	Nuñez-Zepeda, Nicholes	30	Santa Cruz Masters Aquatics-38	2:53.00	3:07.03 &
	42.76		1:30.17 (47.41) 2:19.38 (49.21) 3:07.03 (47.65)		
4	Gu, Yue Shen	31	Walnut Creek Masters-38	2:40.00	3:20.88 &
	39.02		1:26.59 (47.57) 2:22.03 (55.44) 3:20.88 (58.85)		
5	Bautista, Jair	32	Sacramento Masters-38	3:10.00	3:24.11 &
	42.04		1:32.76 (50.72) 2:27.76 (55.00) 3:24.11 (56.35)		

Men 30-34 100 SC Meter IMNATL: 53.28 % 11/13/2016 **DARIAN TOWNSEND**PAC: 56.65 # 10/9/2022 **Brandon J Fischer**WRL(5): 11:00.00 & 2000 **Darian TOWNSEND**WRL(6): 11:00.00 2000 **Darian TOWNSEND**

1	Valentine, Matthew	30	University of San Francisco Ma-38	1:06.50	1:05.15 &
	29.96		1:05.15 (35.19)		
2	Chang, Chinhao	31	San Jose Clownfish-38	1:10.11	1:10.66 &
	33.38		1:10.66 (37.28)		
3	Dowell, Christian	32	Cala Maritime Aquatics Masters-38	1:30.00	1:11.78 &
	33.62		1:11.78 (38.16)		
4	Chen, Jacky	31	Marcia's Enthusiastic Masters-38	1:10.86	1:14.12 &
	34.46		1:14.12 (39.66)		
5	Gu, Yue Shen	31	Walnut Creek Masters-38	1:18.99	1:17.13 &
	37.54		1:17.13 (39.59)		
6	Pine, Justin	32	Sacramento Masters-38	1:16.18	1:18.09 &
	36.57		1:18.09 (41.52)		

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Men 30-34 200 SC Meter IM

	NATL:	1:56.96	%	11/13/2016	DARIAN TOWNSEND		
	PAC:	2:04.79	#	10/7/2023	Brandon J Fischer		
	WRL(5):	11:00.00	&	2000	Darian TOWNSEND		
	WRL(6):	11:00.00		2000	Darian TOWNSEND		
1	Christensen, Jon			34	University of San Francisco Ma-38	2:16.00	2:17.95 &
		29.82				1:05.79 (35.97)	1:44.15 (38.36)
							2:17.95 (33.80)
2	Valentine, Matthew			30	University of San Francisco Ma-38	2:20.00	2:20.06 &
		29.48				1:05.76 (36.28)	1:47.09 (41.33)
							2:20.06 (32.97)
3	Lomas, Justin			32	Sacramento Masters-38	2:20.92	2:20.58 &
		30.80				1:06.71 (35.91)	1:47.48 (40.77)
							2:20.58 (33.10)
4	Crooks, Kevin			31	SF Tsunami Masters-38	2:30.00	2:31.16 &
		32.08				1:10.24 (38.16)	1:55.19 (44.95)
							2:31.16 (35.97)
5	Dorn, Kevin			31	San Jose Clownfish-38	2:43.17	2:35.04 &
		32.36				1:15.99 (43.63)	2:00.31 (44.32)
							2:35.04 (34.73)
6	Jones, Austin			33	SF Tsunami Masters-38	2:40.00	2:40.14 &
		34.08				1:18.43 (44.35)	2:04.89 (46.46)
							2:40.14 (35.25)
7	Burlet, Edouard			31	SF Tsunami Masters-38	3:20.00	3:00.73 &
		39.87				1:26.49 (46.62)	2:18.24 (51.75)
							3:00.73 (42.49)
8	Bautista, Jair			32	Sacramento Masters-38	3:10.00	3:05.62 &
		40.78				1:29.65 (48.87)	2:25.49 (55.84)
							3:05.62 (40.13)

Men 35-39 50 SC Meter Freestyle

	NATL:	21.81	%	9/22/2018	ROLAND SCHOEMAN		
	PAC:	23.53	#	10/8/2023	Andy Grant		
	WRL(5):	10:00.00	&	2000	Mark FOSTER		
	WRL(6):	10:00.00		2000	Mark FOSTER		
1	Watts, Tim			38	Willow Glen Masters-38	26.00	24.97 &
2	Uras, Onur			39	Walnut Creek Masters-38	24.50	25.80 &
3	Frink, Stephen			39	Richmond Plunge Masters-38	26.78	26.12 &
4	Taylor, Russell			38	Humboldt Masters Swimming-38	25.50	26.47 &
5	Novak, Patrick			35	Uc38	31.99	27.35 &
6	Zang, Qing			38	Menlo Masters-38	28.00	27.64 &
7	Schempp, Kyle			35	Tvm Swimming-38	30.49	30.60 &
8	Schmidt, Ethan			35	Albany Armada Aquatics Masters-38	35.00	32.61 &

Men 35-39 100 SC Meter Freestyle

	NATL:	47.70	%	11/18/2018	ROLAND SCHOEMAN		
	PAC:	51.30	#	10/7/2023	Andy Grant		
	WRL(5):	11:00.00	&	2000	Roland SCHOEMAN		
	WRL(6):	11:00.00		2000	Roland SCHOEMAN		
1	Payne, Kyle			39	Walnut Creek Masters-38	1:02.00	57.61 &
		27.90					57.61 (29.71)
2	Uras, Onur			39	Walnut Creek Masters-38	58.00	57.87 &
		27.49					57.87 (30.38)
3	Taylor, Russell			38	Humboldt Masters Swimming-38	1:02.00	57.91 &
		28.41					57.91 (29.50)
4	Boone, Matt			35	Walnut Creek Masters-38	1:00.05	1:00.47 &
		28.49					1:00.47 (31.98)
5	Zachan, Matthew			38	Davis Aquatic Masters-38	1:01.10	1:00.81 &
		29.99					1:00.81 (30.82)
6	Zang, Qing			38	Menlo Masters-38	1:04.00	1:03.56 &
		30.38					1:03.56 (33.18)

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7	Schempp, Kyle	35	Tvm Swimming-38	1:07.59	1:08.34 &
	32.11	1:08.34 (36.23)			
8	Gettel, Douglas	39	Walnut Creek Masters-38	1:30.00	1:28.96 &
	41.39	1:28.96 (47.57)			

Men 35-39 100 SC Meter FreestyleNATL: 47.70 % 11/18/2018 **ROLAND SCHOEMAN**PAC: 51.30 # 10/7/2023 **Andy Grant**WRL(5): 11:00.00 & 2000 **Roland SCHOEMAN**WRL(6): 11:00.00 2000 **Roland SCHOEMAN**

1	Frink, Stephen	39	Richmond Plunge Masters-38	NT	58.52 &
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Men 35-39 200 SC Meter FreestyleNATL: 1:51.31 % 12/14/2003 **ERIK HOCHSTEIN**PAC: 1:51.99 # 10/8/2023 **Andy Grant**WRL(5): 12:00.00 & 2000 **Benjamin HOCKIN**WRL(6): 12:00.00 2000 **Benjamin HOCKIN**

1	Taylor, Russell	38	Humboldt Masters Swimming-38	2:08.00	2:08.09 &
	29.51	1:01.50 (31.99)	1:34.72 (33.22)	2:08.09 (33.37)	
2	Borr, Tony	35	Mesa Aquatics Club-Masters-48	2:06.90	2:08.65 &
	29.00	1:00.90 (31.90)	1:34.93 (34.03)	2:08.65 (33.72)	
3	Payne, Kyle	39	Walnut Creek Masters-38	2:08.00	2:09.55 &
	29.54	1:01.62 (32.08)	1:35.47 (33.85)	2:09.55 (34.08)	
4	Hanson, Alex	35	Tri Valley Aquatics Masters-38	2:25.00	2:11.93 &
	29.58	1:02.32 (32.74)	1:36.75 (34.43)	2:11.93 (35.18)	
5	London, Scott	37	Willow Glen Masters-38	2:40.00	2:16.75 &
	30.18	1:03.26 (33.08)	1:38.79 (35.53)	2:16.75 (37.96)	
6	Lange, Austin	37	Sacramento Masters-38	2:44.80	2:44.03 &
	35.61	1:16.52 (40.91)	2:00.14 (43.62)	2:44.03 (43.89)	

Men 35-39 200 SC Meter FreestyleNATL: 1:51.31 % 12/14/2003 **ERIK HOCHSTEIN**PAC: 1:51.99 # 10/8/2023 **Andy Grant**WRL(5): 12:00.00 & 2000 **Benjamin HOCKIN**WRL(6): 12:00.00 2000 **Benjamin HOCKIN**

1	Frink, Stephen	39	Richmond Plunge Masters-38	NT	2:12.79 &
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Men 35-39 800 SC Meter FreestyleNATL: 8:16.19 % 12/6/2009 **ALEX KOSTICH**PAC: 8:16.19 # 12/31/2009 **Alex Kostich**WRL(5): 12:00.00 & 2000 **Alex KOSTICH**WRL(6): 12:00.00 2000 **Alex KOSTICH**

1	Borr, Tony	35	Mesa Aquatics Club-Masters-48	9:15.00	9:38.05 &
	32.12	1:06.88 (34.76)	1:42.60 (35.72)	2:18.41 (35.81)	
	2:54.67 (36.26)	3:31.22 (36.55)	4:08.29 (37.07)	4:46.09 (37.80)	
	5:22.93 (36.84)	6:00.13 (37.20)	6:36.72 (36.59)	7:13.79 (37.07)	
	7:49.78 (35.99)	8:26.88 (37.10)	9:02.62 (35.74)	9:38.05 (35.43)	

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Men 35-39 50 SC Meter Backstroke

NATL: 25.57 % 10/27/2019 **DARIAN TOWNSEND**
 PAC: 27.87 # 10/17/2021 **Ian Powell**
 WRL(5): 11:00.00 & 2000 **Stefano RAZETO**
 WRL(6): 11:00.00 2000 **Stefano RAZETO**

1 Boone, Matt 35 Walnut Creek Masters-38 NT 30.45 &

Men 35-39 50 SC Meter Backstroke

NATL: 25.57 % 10/27/2019 **DARIAN TOWNSEND**
 PAC: 27.87 # 10/17/2021 **Ian Powell**
 WRL(5): 11:00.00 & 2000 **Stefano RAZETO**
 WRL(6): 11:00.00 2000 **Stefano RAZETO**

1 Watts, Tim 38 Willow Glen Masters-38 28.00 27.56 #
 2 Mangan, Gerard 37 Uc38 30.00 31.10 &
 3 Frink, Stephen 39 Richmond Plunge Masters-38 32.95 31.81 &
 4 Lange, Austin 37 Sacramento Masters-38 38.31 36.89 &

Men 35-39 100 SC Meter Backstroke

NATL: 54.66 % 10/26/2019 **DARIAN TOWNSEND**
 PAC: 59.56 # 12/31/2003 **John Keppeler**
 WRL(5): 4:00.00 & 2000 **Junichi MORITA**
 WRL(6): 4:00.00 2000 **Junichi MORITA**

1 Boone, Matt 35 Walnut Creek Masters-38 1:07.12 1:05.71 &
 31.18 1:05.71 (34.53)
 2 Lange, Austin 37 Sacramento Masters-38 1:25.50 1:22.97 &

Men 35-39 200 SC Meter Backstroke

NATL: 1:59.58 % 11/11/2023 **KEVIN NEAD**
 PAC: 2:08.57 # 12/31/2003 **John Keppeler**
 WRL(5): 11:00.00 & 2000 **Kevin NEAD**
 WRL(6): 11:00.00 2000 **Kevin NEAD**

1 Hanson, Alex 35 Tri Valley Aquatics Masters-38 2:25.00 2:21.08 &
 33.24 1:08.49 (35.25) 1:44.65 (36.16) 2:21.08 (36.43)
 2 Mangan, Gerard 37 Uc38 2:15.00 2:28.15 &
 33.26 1:09.82 (36.56) 1:48.78 (38.96) 2:28.15 (39.37)
 3 Lange, Austin 37 Sacramento Masters-38 3:11.36 3:05.95 &
 42.96 1:29.42 (46.46) 2:16.35 (46.93) 3:05.95 (49.60)

Men 35-39 50 SC Meter Breaststroke

NATL: 26.66 % 11/17/2018 **ROLAND SCHOEMAN**
 PAC: 30.70 # 12/31/2008 **Jonathan T Manson**
 WRL(5): 11:00.00 & 2000 **Roland SCHOEMAN**
 WRL(6): 11:00.00 2000 **Roland SCHOEMAN**

1 Fischer, Brandon 35 Tri Valley Aquatics Masters-38 27.15 27.89 #
 2 Frink, Stephen 39 Richmond Plunge Masters-38 38.44 35.97 &
 3 Zachan, Matthew 38 Davis Aquatic Masters-38 36.10 36.32 &
 4 Schempp, Kyle 35 Tvm Swimming-38 37.71 37.10 &
 5 Zang, Qing 38 Menlo Masters-38 38.00 37.46 &
 6 Schmidt, Ethan 35 Albany Armada Aquatics Masters-38 45.00 42.20 &
 7 Gettel, Douglas 39 Walnut Creek Masters-38 50.00 44.73 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Men 35-39 100 SC Meter Breaststroke**

NATL: 1:00.21 % 10/16/2021 ADAM RITTER

PAC: 1:07.28 # 12/31/2005 Roque J Santos

WRL(5): 4:00.00 & 2000 Ryouta NOMURA

WRL(6): 4:00.00 2000 Ryouta NOMURA

1	Fischer, Brandon	35	Tri Valley Aquatics Masters-38	58.64	1:00.75 #
	28.74				1:00.75 (32.01)
2	Payne, Kyle	39	Walnut Creek Masters-38	1:10.00	1:09.32 &
	32.69				1:09.32 (36.63)
3	Zachan, Matthew	38	Davis Aquatic Masters-38	1:18.14	1:19.16 &
	37.75				1:19.16 (41.41)
4	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	1:40.00	1:28.14 &
	42.00				1:28.14 (46.14)
5	Gettel, Douglas	39	Walnut Creek Masters-38	1:50.00	1:39.49 &
	46.83				1:39.49 (52.66)

Men 35-39 200 SC Meter Breaststroke

NATL: 2:15.64 % 12/4/2011 STEVE WEST

PAC: 2:24.58 # 12/31/2002 Roque J Santos

WRL(5): 5:00.00 & 2000 Ryo KOBAYASHI

WRL(6): 5:00.00 2000 Ryo KOBAYASHI

1	Fischer, Brandon	35	Tri Valley Aquatics Masters-38	2:08.12	2:13.38 %
	29.77				1:03.94 (34.17) 1:38.37 (34.43) 2:13.38 (35.01)
2	Hanson, Alex	35	Tri Valley Aquatics Masters-38	2:55.00	2:45.00 &
	37.91				1:19.97 (42.06) 2:02.43 (42.46) 2:45.00 (42.57)
3	Zachan, Matthew	38	Davis Aquatic Masters-38	2:59.10	2:55.14 &
	40.18				1:23.92 (43.74) 2:09.14 (45.22) 2:55.14 (46.00)
4	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	3:15.00	3:18.63 &
	45.22				1:35.46 (50.24) 2:26.51 (51.05) 3:18.63 (52.12)

Men 35-39 50 SC Meter Butterfly

NATL: 23.12 % 11/18/2018 ROLAND SCHOEMAN

PAC: 25.82 # 12/31/2009 Lee G Wanie

WRL(5): 11:00.00 & 2000 Roland SCHOEMAN

WRL(6): 11:00.00 2000 Roland SCHOEMAN

1	Powell, Ian	39	Walnut Creek Masters-38	29.00	27.19 &
2	Uras, Onur	39	Walnut Creek Masters-38	27.00	28.29 &
3	Boone, Matt	35	Walnut Creek Masters-38	28.97	29.26 &
4	Frink, Stephen	39	Richmond Plunge Masters-38	31.17	30.44 &
5	Schempp, Kyle	35	Tvm Swimming-38	34.51	37.24 &

Men 35-39 100 SC Meter Butterfly

NATL: 54.27 % 12/4/2011 IGOR MARCHENKO

PAC: 57.65 # 10/13/2019 Juan P Valdivieso

WRL(5): 3:00.00 & 2000 Takuya HASEGAWA

WRL(6): 3:00.00 2000 Takuya HASEGAWA

1	Watts, Tim	38	Willow Glen Masters-38	1:05.00	1:01.59 &
	27.80				1:01.59 (33.79)
2	Hanson, Alex	35	Tri Valley Aquatics Masters-38	1:10.00	1:06.42 &
	30.97				1:06.42 (35.45)
3	Zachan, Matthew	38	Davis Aquatic Masters-38	1:05.10	1:07.10 &
	32.44				1:07.10 (34.66)
4	Taylor, Russell	38	Humboldt Masters Swimming-38	1:06.00	1:07.80 &
	32.74				1:07.80 (35.06)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 35-39 100 SC Meter Butterfly)**

5	Borr, Tony	35	Mesa Aquatics Club-Masters-48	1:15.00	1:10.81 &
	33.22	1:10.81 (37.59)			
6	Torres, Emmanuel	38	Walnut Creek Masters-38	1:13.59	1:17.58 &
	34.80	1:17.58 (42.78)			

Men 35-39 200 SC Meter Butterfly

NATL: 2:01.99 % 1/20/2024 CAMERON OWEN

PAC: 2:11.41 # 10/12/2019 Juan P Valdivieso

WRL(5): 5:00.00 & 2000 Tatsuya ITO

WRL(6): 5:00.00 2000 Tatsuya ITO

1	Chua, Brendan	39	Richmond Plunge Masters-38	3:12.00	3:08.43 &
	41.51	1:26.65 (45.14)	2:15.35 (48.70)	3:08.43 (53.08)	

Men 35-39 100 SC Meter IM

NATL: 54.91 % 10/27/2019 DARIAN TOWNSEND

PAC: 59.48 # 10/8/2023 Andy Grant

WRL(5): 4:00.00 & 2000 Tatsuya ITO

WRL(6): 4:00.00 2000 Tatsuya ITO

1	Fischer, Brandon	35	Tri Valley Aquatics Masters-38	56.65	58.62 #
	27.57	58.62 (31.05)			
2	Payne, Kyle	39	Walnut Creek Masters-38	1:07.99	1:03.48 &
	30.10	1:03.48 (33.38)			
3	Novak, Patrick	35	Uc38	1:20.99	1:11.11 &
	34.30	1:11.11 (36.81)			

Men 35-39 200 SC Meter IM

NATL: 1:59.85 % 10/27/2019 DARIAN TOWNSEND

PAC: 2:05.79 # 10/13/2018 Tamas Kerekjarto

WRL(5): 10:00.00 & 2000 Darian TOWNSEND

WRL(6): 10:00.00 2000 Darian TOWNSEND

1	Fischer, Brandon	35	Tri Valley Aquatics Masters-38	2:04.79	2:08.47 &
	27.25	1:00.99 (33.74)	1:36.96 (35.97)	2:08.47 (31.51)	
2	Borr, Tony	35	Mesa Aquatics Club-Masters-48	2:29.84	2:29.72 &
	32.43	1:11.45 (39.02)	1:56.46 (45.01)	2:29.72 (33.26)	

Men 35-39 400 SC Meter IM

NATL: 4:19.79 % 10/26/2019 DARIAN TOWNSEND

PAC: 4:36.05 # 10/12/2018 Tamas Kerekjarto

WRL(5): 10:00.00 & 2000 Darian TOWNSEND

WRL(6): 10:00.00 2000 Darian TOWNSEND

1	Chien, Rex	36	Marcia's Enthusiastic Masters-38	6:48.88	6:45.57 &
	43.10	1:30.69 (47.59)	2:24.52 (53.83)	3:18.74 (54.22)	
	4:14.23 (55.49)	5:11.12 (56.89)	5:58.96 (47.84)	6:45.57 (46.61)	

Men 40-44 50 SC Meter Freestyle

NATL: 23.13 % 8/15/2013 BRIAN JACOBSON

PAC: 24.58 # 12/31/2003 David E Boatwright

WRL(5): 11:00.00 & 2000 Filippo MAGNINI

WRL(6): 11:00.00 2000 Filippo MAGNINI

1	Stibrich, Nathan	41	Uc38	27.25	27.10 &
2	Flores, Alejandro	43	Marcia's Enthusiastic Masters-38	27.88	27.14 &
3	Carroll, Duncan	43	Marcia's Enthusiastic Masters-38	26.55	27.66 &
4	Ramirez, Brent	44	Marcia's Enthusiastic Masters-38	30.62	29.94 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 40-44 50 SC Meter Freestyle)**

5	Wiebe, Nathan	44	Walnut Creek Masters-38	29.18	30.16 &
6	Iden, Jeff	44	Streamliners-38	29.97	31.70 &
7	Rajput, Triloksingh	43	Livermore Aquacowboys-38	42.69	44.38 &

Men 40-44 100 SC Meter Freestyle

NATL: 50.43 % 12/6/2008 MICHAEL ROSS

PAC: 53.46 # 12/31/2003 David E Boatwright

WRL(5): 11:00.00 & 2000 Filippo MAGNINI

WRL(6): 11:00.00 2000 Filippo MAGNINI

1	Valdivieso, Juan	43	The Olympic Club-38	53.84	56.08 &
	27.11		56.08 (28.97)		
2	Kemp, Nikkolas	40	Humboldt Masters Swimming-38	1:02.00	58.72 &
	27.97		58.72 (30.75)		
3	Sullivan, Ryan	41	Walnut Creek Masters-38	1:05.00	1:05.90 &
	32.09		1:05.90 (33.81)		
4	Iden, Jeff	44	Streamliners-38	1:28.80	1:11.78 &
	33.93		1:11.78 (37.85)		
5	Mukherjee, Subhankar	41	Tvm Swimming-38	1:50.00	1:48.60 &
	52.59		1:48.60 (56.01)		

Men 40-44 200 SC Meter Freestyle

NATL: 1:50.08 % 12/6/2008 MICHAEL ROSS

PAC: 1:57.32 # 10/13/2019 Tamas Kerekjarto

WRL(5): 12:00.00 & 2000 Filipio MAGNINI

WRL(6): 12:00.00 2000 Filipio MAGNINI

1	Kemp, Nikkolas	40	Humboldt Masters Swimming-38	2:08.00	2:09.03 &
	30.14		1:02.32 (32.18) 1:35.85 (33.53) 2:09.03 (33.18)		
2	Lemke, Zebron	44	Alameda Aquatic Masters-38	2:14.00	2:16.90 &
	32.20		1:06.94 (34.74) 1:42.32 (35.38) 2:16.90 (34.58)		
3	Stephens, Mitchell	43	Walnut Creek Masters-38	2:25.20	2:22.33 &
	30.30		1:05.17 (34.87) 1:43.64 (38.47) 2:22.33 (38.69)		
4	Ramirez, Brent	44	Marcia's Enthusiastic Masters-38	2:47.50	2:42.06 &
	35.84		1:17.39 (41.55) 2:00.27 (42.88) 2:42.06 (41.79)		
5	Magee, Andrew	40	Marcia's Enthusiastic Masters-38	2:40.00	2:49.61 &
	37.31		1:19.32 (42.01) 2:03.44 (44.12) 2:49.61 (46.17)		
6	Rajput, Triloksingh	43	Livermore Aquacowboys-38	3:59.59	3:40.95 &
	54.30		1:49.80 (55.50) 2:46.87 (57.07) 3:40.95 (54.08)		

Men 40-44 200 SC Meter Freestyle

NATL: 1:50.08 % 12/6/2008 MICHAEL ROSS

PAC: 1:57.32 # 10/13/2019 Tamas Kerekjarto

WRL(5): 12:00.00 & 2000 Filipio MAGNINI

WRL(6): 12:00.00 2000 Filipio MAGNINI

1	Sullivan, Ryan	41	Walnut Creek Masters-38	NT	2:29.76 &
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Men 40-44 400 SC Meter Freestyle

NATL: 4:01.32 % 10/4/2009 ERIK HOCHSTEIN

PAC: 4:13.84 # 10/11/2004 Geoff Glaser

WRL(5): 11:00.00 & 2000 Kai DITZEL

WRL(6): 11:00.00 2000 Kai DITZEL

1	Kemp, Nikkolas	40	Humboldt Masters Swimming-38	4:45.00	4:41.02 &
	32.23		1:07.32 (35.09) 1:42.58 (35.26) 2:18.23 (35.65)		
	2:53.93 (35.70)		3:29.68 (35.75) 4:05.52 (35.84) 4:41.02 (35.50)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 40-44 800 SC Meter Freestyle

NATL: 8:21.78 % 12/4/2011 ALEX KOSTICH

PAC: 8:21.78 # 12/31/2011 Alex Kostich

WRL(5): 2:00.00 & 2000 Samuele PAMPANA

WRL(6): 2:00.00 2000 Samuele PAMPANA

1	Lemke, Zebron	44	Alameda Aquatic Masters-38	9:45.00	9:41.78
	32.85	1:08.37 (35.52)	1:44.73 (36.36)	2:21.44 (36.71)	
	2:58.26 (36.82)	3:35.04 (36.78)	4:11.98 (36.94)	4:49.08 (37.10)	
	5:26.17 (37.09)	6:03.03 (36.86)	6:39.88 (36.85)	7:16.54 (36.66)	
	7:53.09 (36.55)	8:29.65 (36.56)	9:05.88 (36.23)	9:41.78 (35.90)	

Men 40-44 1500 SC Meter Freestyle

NATL: 16:09.32 % 12/4/2009 MIKE SHAFFER

PAC: 16:34.84 # 12/5/2010 Alex Kostich

WRL(5): 2:00.00 & 2000 Samuele PAMPANA

WRL(6): 2:00.00 2000 Samuele PAMPANA

1	Lemke, Zebron	44	Alameda Aquatic Masters-38	18:30.00	18:39.75
	33.67	1:09.88 (36.21)	1:46.89 (37.01)	2:24.08 (37.19)	
	3:01.31 (37.23)	3:38.50 (37.19)	4:16.08 (37.58)	4:53.83 (37.75)	
	5:31.96 (38.13)	6:10.06 (38.10)	6:47.94 (37.88)	7:25.84 (37.90)	
	8:03.60 (37.76)	8:41.59 (37.99)	9:19.44 (37.85)	9:57.62 (38.18)	
	10:35.41 (37.79)	11:13.23 (37.82)	11:50.92 (37.69)	12:28.62 (37.70)	
	13:06.22 (37.60)	13:43.66 (37.44)	14:20.92 (37.26)	14:58.03 (37.11)	
	15:34.98 (36.95)	16:12.04 (37.06)	16:48.92 (36.88)	17:25.88 (36.96)	
	18:03.06 (37.18)	18:39.75 (36.69)			
2	Kemp, Nikkolas	40	Humboldt Masters Swimming-38	19:50.00	19:03.82
	33.12	1:09.62 (36.50)	1:46.87 (37.25)	2:24.38 (37.51)	
	3:01.96 (37.58)	3:39.81 (37.85)	4:17.47 (37.66)	4:55.00 (37.53)	
	5:32.39 (37.39)	6:10.56 (38.17)	6:48.30 (37.74)	7:25.78 (37.48)	
	8:04.23 (38.45)	8:42.40 (38.17)	9:21.03 (38.63)	9:59.83 (38.80)	
	10:38.44 (38.61)	11:17.72 (39.28)	11:56.20 (38.48)	12:35.60 (39.40)	
	13:14.03 (38.43)	13:53.28 (39.25)	14:31.98 (38.70)	15:11.61 (39.63)	
	15:50.94 (39.33)	16:29.57 (38.63)	17:08.47 (38.90)	17:47.61 (39.14)	
	18:26.25 (38.64)	19:03.82 (37.57)			
3	Stephens, Mitchell	43	Walnut Creek Masters-38	20:00.00	20:00.20
	34.73	1:12.66 (37.93)	1:51.34 (38.68)	2:31.11 (39.77)	
	3:10.81 (39.70)	3:50.70 (39.89)	4:31.06 (40.36)	5:11.18 (40.12)	
	5:51.96 (40.78)	6:32.35 (40.39)	7:12.86 (40.51)	7:53.63 (40.77)	
	8:34.10 (40.47)	9:14.57 (40.47)	9:55.51 (40.94)	10:36.24 (40.73)	
	11:16.39 (40.15)	11:57.03 (40.64)	12:37.22 (40.19)	13:17.52 (40.30)	
	13:58.25 (40.73)	14:39.15 (40.90)	15:19.58 (40.43)	16:00.29 (40.71)	
	16:41.07 (40.78)	17:21.14 (40.07)	18:01.62 (40.48)	18:42.19 (40.57)	
	19:22.39 (40.20)	20:00.20 (37.81)			
4	Gibbons, Yves	40	Marcia's Enthusiastic Masters-38	27:00.00	26:42.24
	48.07	1:40.08 (52.01)	2:33.03 (52.95)	3:26.88 (53.85)	
	4:21.27 (54.39)	5:15.17 (53.90)	6:09.65 (54.48)	7:03.68 (54.03)	
	7:57.75 (54.07)	8:51.18 (53.43)	9:44.88 (53.70)	10:39.55 (54.67)	
	11:32.92 (53.37)	12:26.84 (53.92)	13:20.89 (54.05)	14:14.71 (53.82)	
	15:08.84 (54.13)	16:03.97 (55.13)	16:57.85 (53.88)	17:51.40 (53.55)	
	18:44.86 (53.46)	19:38.66 (53.80)	20:31.96 (53.30)	21:25.52 (53.56)	
	22:19.88 (54.36)	23:13.28 (53.40)	24:07.10 (53.82)	24:59.99 (52.89)	
	25:52.40 (52.41)	26:42.24 (49.84)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 40-44 50 SC Meter Backstroke

NATL: 25.53 % 12/12/2009 MICHAEL ROSS

PAC: 28.50 # 10/11/2008 Rick Gould

WRL(5): 3:00.00 & 2000 M.WAKABAYASHI

WRL(6): 3:00.00 2000 M.WAKABAYASHI

1	Flores, Alejandro	43	Marcia's Enthusiastic Masters-38	31.19	31.81 &
2	Carroll, Duncan	43	Marcia's Enthusiastic Masters-38	31.25	32.70 &
3	Iden, Jeff	44	Streamliners-38	55.50	46.20 &
4	Rajput, Triloksingh	43	Livermore Aquacowboys-38	56.39	54.37 &

Men 40-44 100 SC Meter Backstroke

NATL: 54.85 % 12/7/2008 MICHAEL ROSS

PAC: 1:00.48 # 10/11/2008 Roque J Santos

WRL(5): 12:00.00 & 2000 Michael ROSS

WRL(6): 12:00.00 2000 Michael ROSS

1	Tiernan, Robert	41	Walnut Creek Masters-38	1:09.00	1:06.35 &
	33.25		1:06.35 (33.10)		
2	Ford, Jesse	42	Cala Maritime Aquatics Masters-38	1:10.00	1:10.19 &
	33.67		1:10.19 (36.52)		
3	Sullivan, Ryan	41	Walnut Creek Masters-38	1:25.00	1:22.01 &
	39.60		1:22.01 (42.41)		

Men 40-44 200 SC Meter Backstroke

NATL: 2:03.84 % 12/14/2008 MICHAEL ROSS

PAC: 2:10.20 # 10/18/2009 Roque J Santos

WRL(5): 12:00.00 & 2000 Michael ROSS

WRL(6): 12:00.00 2000 Michael ROSS

1	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	3:10.84	3:04.66 &
	43.89		1:30.34 (46.45)	2:17.73 (47.39)	3:04.66 (46.93)

Men 40-44 50 SC Meter Breaststroke

NATL: 27.05 % 11/18/2023 ROLAND SCHOEMAN

PAC: 29.22 # 12/31/2009 Roque J Santos

WRL(5): 11:00.00 & 2000 Roland SCHOEMAN

WRL(6): 11:00.00 2000 Roland SCHOEMAN

1	Valdivieso, Juan	43	The Olympic Club-38	38.00	34.97 &
2	Ford, Jesse	42	Cala Maritime Aquatics Masters-38	36.00	35.27 &
3	Stibrich, Nathan	41	Uc38	41.85	36.68 &
4	Greiner, Chris	43	Tvm Swimming-38	39.66	39.15 &
5	Ramirez, Brent	44	Marcia's Enthusiastic Masters-38	39.58	42.02 &
6	Mukherjee, Subhankar	41	Tvm Swimming-38	1:00.00	59.14 &
7	Rajashkhar, Manju	42	Orinda Aquatic Masters-38	1:10.00	1:08.06 &

Men 40-44 100 SC Meter Breaststroke

NATL: 1:01.42 % 12/6/2014 STEVE WEST

PAC: 1:03.33 # 12/31/2009 Roque J Santos

WRL(5): 12:00.00 & 2000 Steve WEST

WRL(6): 12:00.00 2000 Steve WEST

1	Ford, Jesse	42	Cala Maritime Aquatics Masters-38	1:17.00	1:17.92 &
	36.99		1:17.92 (40.93)		
2	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:23.86	1:22.94 &
	39.93		1:22.94 (43.01)		
3	Ramirez, Brent	44	Marcia's Enthusiastic Masters-38	1:36.16	1:33.74 &
	43.75		1:33.74 (49.99)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 40-44 100 SC Meter Breaststroke)**

4	Mukherjee, Subhankar	41	Tvm Swimming-38	2:00.00	2:08.41 &
	59.92		2:08.41 (1:08.49)		

Men 40-44 200 SC Meter Breaststroke

NATL: 2:13.72 % 12/7/2014 STEVE WEST

PAC: 2:16.03 # 12/31/2009 Roque J Santos

WRL(5): 12:00.00 & 2000 Steve WEST

WRL(6): 12:00.00 2000 Steve WEST

1	Flores, Alejandro	43	Marcia's Enthusiastic Masters-38	2:50.92	2:46.22 &
	38.59		1:20.21 (41.62) 2:03.27 (43.06) 2:46.22 (42.95)		
2	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	2:57.77	2:56.18 &
	41.17		1:25.62 (44.45) 2:10.73 (45.11) 2:56.18 (45.45)		
3	Horan, Kevin	40	Richmond Plunge Masters-38	3:12.17	3:05.22 &
	43.14		1:30.63 (47.49) 2:18.99 (48.36) 3:05.22 (46.23)		
4	Rajput, Triloksingh	43	Livermore Aquacowboys-38	4:50.00	4:07.57 &
	57.27		1:59.76 (1:02.49) 3:06.43 (1:06.67) 4:07.57 (1:01.14)		

Men 40-44 50 SC Meter Butterfly

NATL: 24.91 % 12/6/2008 MICHAEL ROSS

PAC: 27.06 # 10/11/2005 Roger Brisbane

WRL(5): 10:00.00 & 2000 Kohei KAWAMOTO

WRL(6): 10:00.00 2000 Kohei KAWAMOTO

1	Valdivieso, Juan	43	The Olympic Club-38	26.65	27.68 &
2	Stibrich, Nathan	41	Uc38	28.15	28.83 &
3	Tiernan, Robert	41	Walnut Creek Masters-38	29.63	30.09 &
4	Sullivan, Ryan	41	Walnut Creek Masters-38	35.00	33.76 &

Men 40-44 100 SC Meter Butterfly

NATL: 55.53 % 11/18/2023 BRENT CREAGER

PAC: 59.77 # 10/17/2021 Juan P Valdivieso

WRL(5): 10:00.00 & 2000 Kohei KAWAMOTO

WRL(6): 10:00.00 2000 Kohei KAWAMOTO

1	Stibrich, Nathan	41	Uc38	1:01.25	1:05.22 &
	30.32		1:05.22 (34.90)		
2	Flores, Alejandro	43	Marcia's Enthusiastic Masters-38	1:09.17	1:06.69 &
	31.83		1:06.69 (34.86)		

Men 40-44 100 SC Meter Butterfly

NATL: 55.53 % 11/18/2023 BRENT CREAGER

PAC: 59.77 # 10/17/2021 Juan P Valdivieso

WRL(5): 10:00.00 & 2000 Kohei KAWAMOTO

WRL(6): 10:00.00 2000 Kohei KAWAMOTO

1	Massaro, Stephen	42	Marcia's Enthusiastic Masters-38	NT	1:14.59 &
2	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	NT	1:25.88 &

Men 40-44 200 SC Meter Butterfly

NATL: 2:02.97 % 10/11/1998 WILLIAM SPECHT

PAC: 2:08.67 # 12/2/2023 Nick Bott

WRL(5): 10:00.00 & 2000 William SPECHT

WRL(6): 10:00.00 2000 William SPECHT

1	Valdivieso, Juan	43	The Olympic Club-38	2:11.41	2:21.13 &
	32.21		1:07.68 (35.47) 1:43.82 (36.14) 2:21.13 (37.31)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 40-44 200 SC Meter Butterfly)**

2	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	3:00.54	2:59.00 &
	41.49	1:27.34 (45.85)	2:14.12 (46.78)	2:59.00 (44.88)	
3	Gibbons, Yves	40	Marcia's Enthusiastic Masters-38	3:30.00	3:33.97 &
	50.57	1:46.33 (55.76)	2:41.26 (54.93)	3:33.97 (52.71)	

Men 40-44 100 SC Meter IM

	NATL:	57.19	%	11/16/2014	JEFF COMMINGS
	PAC:	58.94	#	11/16/2008	Roque J Santos
	WRL(5):	3:00.00	&	2000	Daisuke HOSOKAWA
	WRL(6):	3:00.00		2000	Daisuke HOSOKAWA
1	Flores, Alejandro	43	Marcia's Enthusiastic Masters-38	1:09.24	1:07.06 &
	31.43	1:07.06 (35.63)			
2	Kemp, Nikkolas	40	Humboldt Masters Swimming-38	1:08.00	1:07.60 &
	31.77	1:07.60 (35.83)			
3	Horan, Kevin	40	Richmond Plunge Masters-38	1:13.63	1:11.45 &
	34.03	1:11.45 (37.42)			
4	Carroll, Duncan	43	Marcia's Enthusiastic Masters-38	1:08.93	1:14.08 &
	32.80	1:14.08 (41.28)			
5	Rajput, Triloksingh	43	Livermore Aquacowboys-38	3:00.00	1:55.17 &
	55.65	1:55.17 (59.52)			

Men 40-44 200 SC Meter IM

	NATL:	2:03.45	%	12/2/2022	MARKUS ROGAN
	PAC:	2:05.46	#	12/31/2009	Roque J Santos
	WRL(5):	12:00.00	&	2000	Markus ROGAN
	WRL(6):	12:00.00		2000	Markus ROGAN
1	Valdivieso, Juan	43	The Olympic Club-38	2:20.00	2:25.43 &
	30.24	1:08.77 (38.53)	1:52.05 (43.28)	2:25.43 (33.38)	
2	Tiernan, Robert	41	Walnut Creek Masters-38	2:37.00	2:29.35 &
	32.53	1:10.89 (38.36)	1:56.15 (45.26)	2:29.35 (33.20)	
3	Ford, Jesse	42	Cala Maritime Aquatics Masters-38	2:35.00	2:34.84 &
	33.52	1:12.28 (38.76)	1:56.70 (44.42)	2:34.84 (38.14)	
4	Ramirez, Brent	44	Marcia's Enthusiastic Masters-38	3:15.00	3:06.27 &
	37.11	1:25.63 (48.52)	2:21.47 (55.84)	3:06.27 (44.80)	
5	Gibbons, Yves	40	Marcia's Enthusiastic Masters-38	3:25.00	3:23.89 &
	43.19	1:41.31 (58.12)	2:38.98 (57.67)	3:23.89 (44.91)	

Men 40-44 400 SC Meter IM

	NATL:	4:22.29	%	12/2/2023	MARKUS ROGAN
	PAC:	4:32.05	#	11/16/2008	Roque J Santos
	WRL(5):	12:00.00	&	2000	Markus ROGAN
	WRL(6):	12:00.00		2000	Markus ROGAN
1	Horan, Kevin	40	Richmond Plunge Masters-38	6:00.73	5:48.01 &
	36.94	1:18.87 (41.93)	2:03.29 (44.42)	2:48.35 (45.06)	
	3:39.60 (51.25)	4:30.45 (50.85)	5:09.71 (39.26)	5:48.01 (38.30)	
2	Massaro, Stephen	42	Marcia's Enthusiastic Masters-38	6:00.00	5:54.06 &
	34.60	1:14.59 (39.99)	2:04.90 (50.31)	2:53.40 (48.50)	
	3:46.43 (53.03)	4:41.82 (55.39)	5:20.89 (39.07)	5:54.06 (33.17)	
3	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	6:11.27	6:05.94 &
	40.68	1:25.88 (45.20)	2:16.97 (51.09)	3:07.01 (50.04)	
	3:54.36 (47.35)	4:41.70 (47.34)	5:24.78 (43.08)	6:05.94 (41.16)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 40-44 400 SC Meter IM)**

4	Gibbons, Yves	40	Marcia's Enthusiastic Masters-38	7:05.00	7:26.63 &
	51.67	1:47.24 (55.57)	2:48.94 (1:01.70)	3:50.58 (1:01.64)	
	4:49.76 (59.18)	5:49.68 (59.92)	6:40.67 (50.99)	7:26.63 (45.96)	

Men 45-49 50 SC Meter FreestyleNATL: 23.58 % 11/13/2016 **SIPHIWE BALEKA**PAC: 24.62 # 10/17/2021 **Peter S Moore**WRL(5): 6:00.00 & 2000 **Hideaki HARA**WRL(6): 6:00.00 2000 **Hideaki HARA**

1	Nonaka, Andy	45	Walnut Creek Masters-38	26.32	26.72 &
2	Conway, Adam	46	Tvm Swimming-38	25.50	27.14 &
3	Frazier, Michael	48	Sacramento Masters-38	30.00	29.21 &
4	Matsumura, Naoki	47	Santa Clara Swim Club Masters-38	32.00	30.68 &

Men 45-49 100 SC Meter FreestyleNATL: 52.54 % 12/2/2007 **PAUL SMITH**PAC: 53.76 # 12/31/2006 **David E Boatwrigth**WRL(5): 6:00.00 & 2000 **Hideaki HARA**WRL(6): 6:00.00 2000 **Hideaki HARA**

1	Nonaka, Andy	45	Walnut Creek Masters-38	58.75	59.88 &
	28.79	59.88 (31.09)			
2	Popko, David	47	Rose Bowl Masters-33	1:02.02	1:01.29 &
	29.90	1:01.29 (31.39)			
3	Trexler, Adam	46	Oregon Masters-37	1:04.00	1:03.39 &
	30.51	1:03.39 (32.88)			
4	Frazier, Michael	48	Sacramento Masters-38	1:06.00	1:05.66 &
	30.83	1:05.66 (34.83)			
5	Madsen, Benjamin	46	Walnut Creek Masters-38	1:14.41	1:14.99 &
	35.40	1:14.99 (39.59)			
6	Martin, Robert	47	Walnut Creek Masters-38	1:35.00	1:35.85 &
	43.25	1:35.85 (52.60)			
7	Wada, Ellison	45	Walnut Creek Masters-38	1:50.00	1:39.77 &
	48.19	1:39.77 (51.58)			

Men 45-49 200 SC Meter FreestyleNATL: 1:56.00 % 12/2/2007 **PAUL SMITH**PAC: 2:00.13 # 12/31/1996 **Tim Broderick**WRL(5): 6:00.00 & 2000 **Rodrigo CASTRO**WRL(6): 6:00.00 2000 **Rodrigo CASTRO**

1	Popko, David	47	Rose Bowl Masters-33	2:12.22	2:13.81 &
	31.86	1:06.78 (34.92)	1:40.57 (33.79)	2:13.81 (33.24)	
2	Trexler, Adam	46	Oregon Masters-37	2:11.44	2:19.90 &
	34.17	1:07.99 (33.82)	1:43.93 (35.94)	2:19.90 (35.97)	
3	Sabatini, Greg	48	Richmond Plunge Masters-38	2:33.99	2:30.85 &
	33.15	1:10.65 (37.50)	1:50.64 (39.99)	2:30.85 (40.21)	
4	Wada, Ellison	45	Walnut Creek Masters-38	3:00.00	2:56.53 &
	38.57	1:21.65 (43.08)	2:08.57 (46.92)	2:56.53 (47.96)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 45-49 400 SC Meter Freestyle

NATL: 4:09.19 % 11/1/2009 KEITH SWITZER

PAC: 4:18.44 # 12/31/1996 Tim Broderick

WRL(5): 4:00.00 & 2000 Fabio CALMASINI

WRL(6): 4:00.00 2000 Fabio CALMASINI

1	Holbrook, Chad	45	Walnut Creek Masters-38	4:52.02	4:51.58
	33.80	1:09.82 (36.02)	1:46.46 (36.64)	2:23.47 (37.01)	
	3:00.71 (37.24)	3:38.08 (37.37)	4:14.93 (36.85)	4:51.58 (36.65)	
2	Bentley, Orin	47	Marcia's Enthusiastic Masters-38	5:11.61	5:22.14
	36.82	1:17.88 (41.06)	1:59.50 (41.62)	2:40.88 (41.38)	
	3:21.89 (41.01)	4:02.92 (41.03)	4:44.08 (41.16)	5:22.14 (38.06)	
3	Frazier, Michael	48	Sacramento Masters-38	5:20.00	5:23.28
	35.69	1:14.96 (39.27)	1:55.65 (40.69)	2:36.57 (40.92)	
	3:18.62 (42.05)	4:02.01 (43.39)	4:44.90 (42.89)	5:23.28 (38.38)	

Men 45-49 800 SC Meter Freestyle

NATL: 8:41.60 % 12/14/2013 RICARDO VALDIVIA

PAC: 8:56.08 # 12/31/1996 Tim Broderick

WRL(5): 3:00.00 & 2000 Fabio CALMASINI

WRL(6): 3:00.00 2000 Fabio CALMASINI

1	Holbrook, Chad	45	Walnut Creek Masters-38	9:54.57	9:56.37
	34.53	1:11.43 (36.90)	1:48.69 (37.26)	2:26.63 (37.94)	
	3:04.55 (37.92)	3:42.59 (38.04)	4:20.22 (37.63)	4:57.54 (37.32)	
	5:34.83 (37.29)	6:12.43 (37.60)	6:49.90 (37.47)	7:27.36 (37.46)	
	8:04.86 (37.50)	8:42.56 (37.70)	9:20.36 (37.80)	9:56.37 (36.01)	

Men 45-49 1500 SC Meter Freestyle

NATL: 16:37.25 % 10/15/2011 KEITH SWITZER

PAC: 17:13.99 # 10/5/2014 Barton S Wells

WRL(5): 2:00.00 & 2000 Nicola NISATO

WRL(6): 2:00.00 2000 Nicola NISATO

1	Holbrook, Chad	45	Walnut Creek Masters-38	18:47.31	19:06.75
	33.96	1:10.54 (36.58)	1:47.74 (37.20)	2:25.41 (37.67)	
	3:03.35 (37.94)	3:41.17 (37.82)	4:18.94 (37.77)	4:56.74 (37.80)	
	5:34.54 (37.80)	6:12.78 (38.24)	6:51.03 (38.25)	7:28.90 (37.87)	
	8:07.04 (38.14)	8:45.56 (38.52)	9:23.87 (38.31)	10:02.15 (38.28)	
	10:40.86 (38.71)	11:19.79 (38.93)	11:58.80 (39.01)	12:40.19 (41.39)	
	13:19.03 (38.84)	13:57.76 (38.73)	14:36.30 (38.54)	15:14.92 (38.62)	
	15:53.49 (38.57)	16:32.42 (38.93)	17:10.99 (38.57)	17:49.72 (38.73)	
	18:28.54 (38.82)	19:06.75 (38.21)			
2	Brennan, Curtis	46	Walnut Creek Masters-38	20:16.39	20:14.12
	37.19	1:16.60 (39.41)	1:56.74 (40.14)	2:37.01 (40.27)	
	3:17.07 (40.06)	3:57.37 (40.30)	4:37.66 (40.29)	5:18.36 (40.70)	
	5:58.77 (40.41)	6:39.31 (40.54)	7:19.53 (40.22)	8:00.27 (40.74)	
	8:40.72 (40.45)	9:21.62 (40.90)	10:02.42 (40.80)	10:43.19 (40.77)	
	11:24.06 (40.87)	12:05.19 (41.13)	12:45.99 (40.80)	13:26.69 (40.70)	
	14:07.92 (41.23)	14:49.10 (41.18)	15:29.84 (40.74)	16:11.07 (41.23)	
	16:52.34 (41.27)	17:32.99 (40.65)	18:13.77 (40.78)	18:54.87 (41.10)	
	19:35.24 (40.37)	20:14.12 (38.88)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 45-49 50 SC Meter Backstroke

NATL: 27.01 % 12/16/2023 CHUCK BARNES

PAC: 27.76 # 10/17/2021 Peter S Moore

WRL(5): 12:00.00 & 2000 Marcin KACZMAREK

WRL(6): 12:00.00 2000 Marcin KACZMAREK

1	Copp, Justin	49	Willow Glen Masters-38	32.25	33.22 &
2	Popko, David	47	Rose Bowl Masters-33	35.00	33.45 &
3	Ying, Aston	48	Walnut Creek Masters-38	35.00	34.10 &
4	Sabatini, Greg	48	Richmond Plunge Masters-38	35.99	37.29 &

Men 45-49 100 SC Meter Backstroke

NATL: 57.00 % 12/13/2009 CHRIS STEVENSON

PAC: 1:02.26 # 12/6/2015 Rick M Hamilton

WRL(5): 12:00.00 & 2000 Chris STEVENSON

WRL(6): 12:00.00 2000 Chris STEVENSON

1	Holbrook, Chad	45	Walnut Creek Masters-38	1:07.34	1:08.77 &
	33.36	1:08.77 (35.41)			
2	Popko, David	47	Rose Bowl Masters-33	1:11.11	1:09.89 &
	34.01	1:09.89 (35.88)			
3	Ying, Aston	48	Walnut Creek Masters-38	1:20.00	1:14.60 &
	35.76	1:14.60 (38.84)			
4	Kuhns, Chris	49	Walnut Creek Masters-38	1:25.00	1:18.08 &
	38.71	1:18.08 (39.37)			

Men 45-49 200 SC Meter Backstroke

NATL: 2:05.54 % 12/12/2009 CHRIS STEVENSON

PAC: 2:16.75 # 10/10/2015 Rick M Hamilton

WRL(5): 4:00.00 & 2000 Shinya HAYASHI

WRL(6): 4:00.00 2000 Shinya HAYASHI

1	Holbrook, Chad	45	Walnut Creek Masters-38	2:30.18	2:28.35 &
	35.49	1:12.44 (36.95)	1:50.50 (38.06)	2:28.35 (37.85)	
2	Sabatini, Greg	48	Richmond Plunge Masters-38	2:52.99	3:00.75 &
	40.35	1:26.63 (46.28)	2:14.47 (47.84)	3:00.75 (46.28)	

Men 45-49 50 SC Meter Breaststroke

NATL: 28.64 % 11/18/2023 JEFF COMMINGS

PAC: 31.24 # 12/31/2001 Lee A Rider

WRL(5): 11:00.00 & 2000 Jeff COMMINGS

WRL(6): 11:00.00 2000 Jeff COMMINGS

1	Nonaka, Andy	45	Walnut Creek Masters-38	34.23	34.44 &
2	Conway, Adam	46	Tvm Swimming-38	33.00	35.07 &
3	Popko, David	47	Rose Bowl Masters-33	40.00	37.77 &
4	Frazier, Michael	48	Sacramento Masters-38	41.00	38.05 &
5	Kuhns, Chris	49	Walnut Creek Masters-38	35.00	38.46 &
6	Madsen, Benjamin	46	Walnut Creek Masters-38	41.81	41.90 &
7	Martin, Robert	47	Walnut Creek Masters-38	45.00	44.33 &
8	Wada, Ellison	45	Walnut Creek Masters-38	1:00.00	54.44 &

Men 45-49 50 SC Meter Breaststroke

NATL: 28.64 % 11/18/2023 JEFF COMMINGS

PAC: 31.24 # 12/31/2001 Lee A Rider

WRL(5): 11:00.00 & 2000 Jeff COMMINGS

WRL(6): 11:00.00 2000 Jeff COMMINGS

2	Sabatini, Greg	48	Richmond Plunge Masters-38	NT	47.30 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 45-49 100 SC Meter Breaststroke

NATL: 1:02.22 % 11/17/2018 STEVE WEST

PAC: 1:08.09 # 12/31/2001 Lee A Rider

WRL(5): 11:00.00 & 2000 Steve WEST

WRL(6): 11:00.00 2000 Steve WEST

1	Ying, Aston	48	Walnut Creek Masters-38	1:25.00	1:22.72 &
	38.88	1:22.72 (43.84)			
2	Kuhns, Chris	49	Walnut Creek Masters-38	1:35.00	1:23.42 &
	40.25	1:23.42 (43.17)			

Men 45-49 100 SC Meter Breaststroke

NATL: 1:02.22 % 11/17/2018 STEVE WEST

PAC: 1:08.09 # 12/31/2001 Lee A Rider

WRL(5): 11:00.00 & 2000 Steve WEST

WRL(6): 11:00.00 2000 Steve WEST

1	Sabatini, Greg	48	Richmond Plunge Masters-38	NT	1:39.77 &
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Men 45-49 200 SC Meter Breaststroke

NATL: 2:15.45 % 11/30/2018 STEVE WEST

PAC: 2:33.54 # 10/10/2015 Roque J Santos

WRL(5): 11:00.00 & 2000 Steve WEST

WRL(6): 11:00.00 2000 Steve WEST

1	Phipps, Benjamin	45	San Jose Clownfish-38	3:05.00	2:50.05 &
	39.72	1:22.81 (43.09)	2:06.47 (43.66)	2:50.05 (43.58)	
2	Nonaka, Andy	45	Walnut Creek Masters-38	2:51.18	2:55.87 &
	40.06	1:26.27 (46.21)	2:11.44 (45.17)	2:55.87 (44.43)	
3	Sabatini, Greg	48	Richmond Plunge Masters-38	3:19.99	3:19.92 &
	43.39	1:31.81 (48.42)	2:28.80 (56.99)	3:19.92 (51.12)	

Men 45-49 50 SC Meter Butterfly

NATL: 25.44 % 12/10/2022 CHUCK BARNES

PAC: 26.46 # 10/16/2021 Peter S Moore

WRL(5): 4:00.00 & 2000 Kohei KAWAMOTO

WRL(6): 4:00.00 2000 Kohei KAWAMOTO

1	Conway, Adam	46	Tvm Swimming-38	26.50	27.95 &
2	Phipps, Benjamin	45	San Jose Clownfish-38	27.53	28.39 &
3	Matsumura, Naoki	47	Santa Clara Swim Club Masters-38	32.00	30.77 &
4	Madsen, Benjamin	46	Walnut Creek Masters-38	50.10	38.97 &

Men 45-49 100 SC Meter Butterfly

NATL: 57.00 % 12/10/2022 CHUCK BARNES

PAC: 1:00.71 # 10/16/2011 Kenneth W Tittle

WRL(5): 3:00.00 & 2000 Eiji NOMURA

WRL(6): 3:00.00 2000 Eiji NOMURA

1	Phipps, Benjamin	45	San Jose Clownfish-38	1:00.56	1:02.34 &
	29.75	1:02.34 (32.59)			
2	Trexler, Adam	46	Oregon Masters-37	1:08.00	1:07.04 &
	31.48	1:07.04 (35.56)			
3	Conway, Adam	46	Tvm Swimming-38	1:01.00	1:08.55 &
	29.91	1:08.55 (38.64)			
4	Matsumura, Naoki	47	Santa Clara Swim Club Masters-38	1:10.00	1:09.04 &
	32.46	1:09.04 (36.58)			
5	Copp, Justin	49	Willow Glen Masters-38	1:09.00	1:11.29 &
	33.62	1:11.29 (37.67)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 45-49 100 SC Meter Butterfly)**

6	Bentley, Orin	47	Marcia's Enthusiastic Masters-38	1:12.30	1:18.25 &
	36.10		1:18.25 (42.15)		
7	Sabatini, Greg	48	Richmond Plunge Masters-38	1:22.99	1:22.50 &
	38.84		1:22.50 (43.66)		
8	Wada, Ellison	45	Walnut Creek Masters-38	1:45.00	1:32.96 &
	44.84		1:32.96 (48.12)		

Men 45-49 200 SC Meter Butterfly

NATL: 2:06.40 % 11/19/2006 DENNIS BAKER

PAC: 2:19.44 # 10/18/2009 John A Engs

WRL(5): 1:00.00 & 2000 Eiji NOMURA

WRL(6): 1:00.00 2000 Eiji NOMURA

1	Phipps, Benjamin	45	San Jose Clownfish-38	2:30.09	2:25.94
	32.01		1:07.91 (35.90) 1:46.24 (38.33)	2:25.94 (39.70)	
2	Trexler, Adam	46	Oregon Masters-37	2:45.00	2:38.04
	35.23		1:14.47 (39.24) 1:55.78 (41.31)	2:38.04 (42.26)	
3	Matsumura, Naoki	47	Santa Clara Swim Club Masters-38	3:00.00	2:52.32
	40.08		1:27.33 (47.25) 2:13.79 (46.46)	2:52.32 (38.53)	
4	Bentley, Orin	47	Marcia's Enthusiastic Masters-38	2:48.07	3:08.78
	37.43		1:22.11 (44.68) 2:13.80 (51.69)	3:08.78 (54.98)	

Men 45-49 100 SC Meter IM

NATL: 58.18 % 11/21/2021 JEFF COMMINGS

PAC: 1:03.29 # 10/10/2015 Roque J Santos

WRL(5): 3:00.00 & 2000 Nicolas GRANGER

WRL(6): 3:00.00 2000 Nicolas GRANGER

1	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	1:08.22	1:08.88 &
	31.79		1:08.88 (37.09)		
2	Conway, Adam	46	Tvm Swimming-38	1:05.00	1:10.36 &
	32.22		1:10.36 (38.14)		
3	Ying, Aston	48	Walnut Creek Masters-38	1:10.00	1:11.91 &
	34.04		1:11.91 (37.87)		

Men 45-49 200 SC Meter IM

NATL: 2:09.71 % 3/20/2010 JEROME FRENTSOS

PAC: 2:17.74 # 12/6/2015 Rick M Hamilton

WRL(5): 3:00.00 & 2000 Nicolas GRANGER

WRL(6): 3:00.00 2000 Nicolas GRANGER

1	Phipps, Benjamin	45	San Jose Clownfish-38	2:32.56	2:28.79 &
	32.06		1:11.21 (39.15) 1:55.78 (44.57)	2:28.79 (33.01)	
2	Kuhns, Chris	49	Walnut Creek Masters-38	2:45.00	2:45.86 &
	35.19		1:19.96 (44.77) 2:08.89 (48.93)	2:45.86 (36.97)	
3	Bentley, Orin	47	Marcia's Enthusiastic Masters-38	2:46.00	2:52.30 &
	36.72		1:22.12 (45.40) 2:13.76 (51.64)	2:52.30 (38.54)	

Men 45-49 400 SC Meter IM

NATL: 4:43.64 % 9/26/2010 JEROME FRENTSOS

PAC: 4:55.44 # 12/31/2008 Darren D Phalen

WRL(5): 4:00.00 & 2000 Nicolas GRANGER

WRL(6): 4:00.00 2000 Nicolas GRANGER

1	Nonaka, Andy	45	Walnut Creek Masters-38	5:39.75	5:37.28
	35.79		1:16.39 (40.60) 2:02.22 (45.83)	2:46.90 (44.68)	
	3:32.08 (45.18)		4:18.88 (46.80) 4:58.37 (39.49)	5:37.28 (38.91)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Men 45-49 400 SC Meter IM)

2	Trexler, Adam	46	Oregon Masters-37	6:02.22	5:38.09
	33.98	1:14.01 (40.03)	1:59.36 (45.35)	2:43.06 (43.70)	
	3:33.07 (50.01)	4:23.55 (50.48)	5:01.37 (37.82)	5:38.09 (36.72)	
3	Bentley, Orin	47	Marcia's Enthusiastic Masters-38	6:03.76	6:14.30
	37.26	1:21.11 (43.85)	2:09.60 (48.49)	2:57.58 (47.98)	
	3:53.84 (56.26)	4:49.22 (55.38)	5:33.05 (43.83)	6:14.30 (41.25)	
4	Kuhns, Chris	49	Walnut Creek Masters-38	5:30.00	6:17.35
	37.42	1:23.41 (45.99)	2:13.88 (50.47)	3:03.97 (50.09)	
	3:57.20 (53.23)	4:50.88 (53.68)	5:34.69 (43.81)	6:17.35 (42.66)	
5	Madsen, Benjamin	46	Walnut Creek Masters-38	6:52.82	6:56.83
	44.75	1:38.77 (54.02)	2:35.77 (57.00)	3:32.91 (57.14)	
	4:28.62 (55.71)	5:23.38 (54.76)	6:10.44 (47.06)	6:56.83 (46.39)	

Men 50-54 50 SC Meter Freestyle

NATL: 23.38 % 10/18/2009 **ROWDY GAINES**
 PAC: 25.53 # 12/31/2003 **Thomas W Whatley**
 WRL(5): 5:00.00 & 2000 **Chris FYDLER**
 WRL(6): 5:00.00 2000 **Chris FYDLER**

1	Rogers, Matt	54	Marcia's Enthusiastic Masters-38	28.76	28.65 &
2	Sarrigeorgidis, Kostas	50	Stanford Masters Swimming-38	29.00	28.68 &
3	Nikiforov, Andrey	52	Walnut Creek Masters-38	44.00	31.30 &
4	Stojanovic, Nikola	54	San Jose Clownfish-38	33.00	31.37 &
5	Schindler, Brad	52	Marcia's Enthusiastic Masters-38	28.01	32.83 &
6	Fung, Steve	52	Orinda Aquatic Masters-38	38.00	35.48 &

Men 50-54 50 SC Meter Freestyle

NATL: 23.38 % 10/18/2009 **ROWDY GAINES**
 PAC: 25.53 # 12/31/2003 **Thomas W Whatley**
 WRL(5): 5:00.00 & 2000 **Chris FYDLER**
 WRL(6): 5:00.00 2000 **Chris FYDLER**

1	Flakoll, Jonathan	50	Walnut Creek Masters-38	NT	26.37 &
2	Winsor, Brad	53	Davis Aquatic Masters-38	NT	28.44 &
3	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	NT	29.41 &
4	Rosales-Delmoral, Romer	51	Menlo Masters-38	NT	33.08 &

Men 50-54 100 SC Meter Freestyle

NATL: 51.61 % 10/17/2009 **ROWDY GAINES**
 PAC: 56.67 # 12/31/2003 **Richard S Garrett**
 WRL(5): 3:00.00 & 2000 **Nicolas GRANGER**
 WRL(6): 3:00.00 2000 **Nicolas GRANGER**

1	Flakoll, Jonathan	50	Walnut Creek Masters-38	NT	57.83 &
2	Winsor, Brad	53	Davis Aquatic Masters-38	NT	1:06.63 &
3	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	NT	1:06.70 &
4	Rosales-Delmoral, Romer	51	Menlo Masters-38	NT	1:08.45 &

Men 50-54 100 SC Meter Freestyle

NATL: 51.61 % 10/17/2009 **ROWDY GAINES**
 PAC: 56.67 # 12/31/2003 **Richard S Garrett**
 WRL(5): 3:00.00 & 2000 **Nicolas GRANGER**
 WRL(6): 3:00.00 2000 **Nicolas GRANGER**

1	Sarrigeorgidis, Kostas	50	Stanford Masters Swimming-38	1:04.00	1:03.06 &
	30.48	1:03.06 (32.58)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Men 50-54 100 SC Meter Freestyle)

2	Rogers, Matt	54	Marcia's Enthusiastic Masters-38	1:05.72	1:03.94 &
	31.30		1:03.94 (32.64)		
3	Mc Donough, Patrick	51	Walnut Creek Masters-38	1:05.00	1:06.89 &
	32.26		1:06.89 (34.63)		
4	Harrington, Matt	53	University of San Francisco Ma-38	1:10.00	1:07.60 &
	32.68		1:07.60 (34.92)		
5	Schindler, Brad	52	Marcia's Enthusiastic Masters-38	1:05.00	1:12.52 &
	34.63		1:12.52 (37.89)		
6	Roder, Shap	52	Walnut Creek Masters-38	1:20.00	1:18.07 &
	37.38		1:18.07 (40.69)		
7	Clifford, Dan	54	Marcia's Enthusiastic Masters-38	1:35.00	1:42.78 &
	47.73		1:42.78 (55.05)		

Men 50-54 200 SC Meter Freestyle

NATL: 1:54.61 % 10/14/2011 ROWDY GAINES

PAC: 2:05.03 # 3/9/2014 Darren D Phalen

WRL(5): 10:00.00 & 2000 Rowdy GAINES

WRL(6): 10:00.00 2000 Rowdy GAINES

1	Flakoll, Jonathan	50	Walnut Creek Masters-38	2:13.33	2:08.56 &
	29.06		1:00.82 (31.76) 1:34.30 (33.48)	2:08.56 (34.26)	
2	Winsor, Brad	53	Davis Aquatic Masters-38	2:15.42	2:16.72 &
	31.94		1:06.63 (34.69) 1:42.04 (35.41)	2:16.72 (34.68)	
3	Rosales-Delmoral, Romer	51	Menlo Masters-38	2:21.32	2:20.52 &
	33.08		1:08.45 (35.37) 1:44.61 (36.16)	2:20.52 (35.91)	
4	Schindler, Brad	52	Marcia's Enthusiastic Masters-38	2:12.02	2:39.23 &
	37.46		1:18.17 (40.71) 1:59.27 (41.10)	2:39.23 (39.96)	
5	Stojanovic, Nikola	54	San Jose Clownfish-38	2:50.00	2:44.44 &
	36.37		1:17.88 (41.51) 2:01.33 (43.45)	2:44.44 (43.11)	
6	Meeker, Michael	51	Richmond Plunge Masters-38	2:47.94	2:47.47 &
	39.32		1:21.34 (42.02) 2:05.18 (43.84)	2:47.47 (42.29)	
7	Rozendal, Michael	51	Marcia's Enthusiastic Masters-38	3:08.35	3:01.51 &
	41.49		1:27.89 (46.40) 2:16.56 (48.67)	3:01.51 (44.95)	
8	Fung, Steve	52	Orinda Aquatic Masters-38	3:05.00	3:03.91 &
	40.70		1:28.21 (47.51) 2:17.41 (49.20)	3:03.91 (46.50)	

Men 50-54 400 SC Meter Freestyle

NATL: 4:07.99 % 12/10/2000 JIM MCCONICA

PAC: 4:16.37 # 10/14/2017 Barton S Wells

WRL(5): 1:00.00 & 2000 Nicolas GRANGER

WRL(6): 1:00.00 2000 Nicolas GRANGER

1	Winsor, Brad	53	Davis Aquatic Masters-38	NT	4:54.76
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Men 50-54 400 SC Meter Freestyle

NATL: 4:07.99 % 12/10/2000 JIM MCCONICA

PAC: 4:16.37 # 10/14/2017 Barton S Wells

WRL(5): 1:00.00 & 2000 Nicolas GRANGER

WRL(6): 1:00.00 2000 Nicolas GRANGER

1	Rosales-Delmoral, Romer	51	Menlo Masters-38	4:57.40	5:00.02
	35.54		1:13.24 (37.70) 1:51.40 (38.16)	2:29.31 (37.91)	
	3:07.30 (37.99)		3:45.27 (37.97) 4:23.05 (37.78)	5:00.02 (36.97)	
2	Stojanovic, Nikola	54	San Jose Clownfish-38	6:05.00	6:01.12
	38.26		1:21.24 (42.98) 2:06.96 (45.72)	2:53.76 (46.80)	
	3:40.88 (47.12)		4:27.86 (46.98) 5:15.11 (47.25)	6:01.12 (46.01)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Men 50-54 800 SC Meter Freestyle**NATL: 8:44.51 % 12/10/2000 **JIM MCCONICA**PAC: 8:54.56 # 12/3/2017 **Barton S Wells**WRL(5): 11:00.00 & 2000 **Fabio CALMASINI**WRL(6): 11:00.00 2000 **Fabio CALMASINI**

1	Winsor, Brad	53	Davis Aquatic Masters-38	9:50.42	9:54.79 &
	34.07	1:10.48 (36.41)	1:47.64 (37.16)	2:25.12 (37.48)	
	3:02.18 (37.06)	3:39.60 (37.42)	4:17.04 (37.44)	4:54.76 (37.72)	
	5:32.35 (37.59)	6:09.90 (37.55)	6:47.80 (37.90)	7:25.57 (37.77)	
	8:03.12 (37.55)	8:41.00 (37.88)	9:18.36 (37.36)	9:54.79 (36.43)	
2	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	10:55.59	10:54.76 &
	38.18	1:19.92 (41.74)	2:01.98 (42.06)	2:43.27 (41.29)	
	3:24.42 (41.15)	4:05.87 (41.45)	4:46.66 (40.79)	5:27.95 (41.29)	
	6:08.87 (40.92)	6:50.10 (41.23)	7:31.51 (41.41)	8:12.97 (41.46)	
	8:54.16 (41.19)	9:35.26 (41.10)	10:16.08 (40.82)	10:54.76 (38.68)	

Men 50-54 50 SC Meter BackstrokeNATL: 26.69 % 10/24/2015 **FRITZ BEDFORD**PAC: 29.22 # 12/8/2019 **Rick M Hamilton**WRL(5): 10:00.00 & 2000 **Fritz BEDFORD**WRL(6): 10:00.00 2000 **Fritz BEDFORD**

1	Flakoll, Jonathan	50	Walnut Creek Masters-38	32.72	30.85 &
2	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	36.55	34.96 &
3	Rogers, Matt	54	Marcia's Enthusiastic Masters-38	36.84	35.30 &
4	Nikiforov, Andrey	52	Walnut Creek Masters-38	1:00.00	39.54 &
5	Stojanovic, Nikola	54	San Jose Clownfish-38	42.00	43.61 &
---	Rozendal, Michael	51	Marcia's Enthusiastic Masters-38	43.37	DQ

Men 50-54 50 SC Meter BackstrokeNATL: 26.69 % 10/24/2015 **FRITZ BEDFORD**PAC: 29.22 # 12/8/2019 **Rick M Hamilton**WRL(5): 10:00.00 & 2000 **Fritz BEDFORD**WRL(6): 10:00.00 2000 **Fritz BEDFORD**

1	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	NT	35.59 &
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Men 50-54 100 SC Meter BackstrokeNATL: 58.47 % 10/24/2015 **FRITZ BEDFORD**PAC: 1:02.52 # 12/2/2017 **Rick M Hamilton**WRL(5): 3:00.00 & 2000 **Nicolas GRANGER**WRL(6): 3:00.00 2000 **Nicolas GRANGER**

1	Rogers, Matt	54	Marcia's Enthusiastic Masters-38	1:19.73	1:16.64 &
	37.27	1:16.64 (39.37)			
2	Winsor, Brad	53	Davis Aquatic Masters-38	1:15.42	1:17.30 &
	37.05	1:17.30 (40.25)			
3	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	1:22.24	1:17.68 &
	38.46	1:17.68 (39.22)			
4	Nikiforov, Andrey	52	Walnut Creek Masters-38	2:00.00	1:25.52 &
	41.55	1:25.52 (43.97)			
5	Ngo, Minh	53	Marcia's Enthusiastic Masters-38	1:40.67	1:41.24 &
	49.25	1:41.24 (51.99)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Men 50-54 200 SC Meter Backstroke**NATL: 2:11.84 % 12/4/2009 **JAMIE FOWLER**PAC: 2:16.82 # 12/1/2017 **Rick M Hamilton**WRL(5): 5:00.00 & 2000 **Nicolas GRANGER**WRL(6): 5:00.00 2000 **Nicolas GRANGER**

1	Winsor, Brad	53	Davis Aquatic Masters-38	2:40.42	2:45.22 &
	38.45	1:19.80 (41.35)	2:03.06 (43.26)	2:45.22 (42.16)	
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	2:58.84	2:54.26 &
	42.97	1:26.71 (43.74)	2:10.86 (44.15)	2:54.26 (43.40)	
3	Rozendal, Michael	51	Marcia's Enthusiastic Masters-38	3:17.00	3:26.14 &
	48.92	1:41.58 (52.66)	2:35.75 (54.17)	3:26.14 (50.39)	

Men 50-54 50 SC Meter BreaststrokeNATL: 28.80 % 12/3/2023 **STEVE WEST**PAC: 31.10 # 10/18/2009 **Gary L Patterson**WRL(5): 12:00.00 & 2000 **Hideaki TOGO**WRL(6): 12:00.00 2000 **Hideaki TOGO**

1	Rendic, Dikan	53	Google Masters Swimming-38	34.50	33.92 &
2	Hertzner, Keith	51	Marcia's Enthusiastic Masters-38	38.19	38.65 &
3	Clifford, Dan	54	Marcia's Enthusiastic Masters-38	48.00	47.58 &

Men 50-54 100 SC Meter BreaststrokeNATL: 1:03.76 % 12/2/2023 **STEVE WEST**PAC: 1:08.95 # 10/18/2009 **Gary L Patterson**WRL(5): 12:00.00 & 2000 **Hideaki TOGO**WRL(6): 12:00.00 2000 **Hideaki TOGO**

1	Kneubuhler, Yann	52	Richmond Plunge Masters-38	1:23.83	1:23.56 &
	40.45	1:23.56 (43.11)			
2	Harrington, Matt	53	University of San Francisco Ma-38	1:29.00	1:25.44 &
	40.58	1:25.44 (44.86)			
3	Hertzner, Keith	51	Marcia's Enthusiastic Masters-38	1:24.00	1:26.56 &
	42.05	1:26.56 (44.51)			
4	Ngo, Minh	53	Marcia's Enthusiastic Masters-38	1:47.24	1:47.83 &
	52.30	1:47.83 (55.53)			
5	Clifford, Dan	54	Marcia's Enthusiastic Masters-38	1:50.00	1:52.81 &
	53.79	1:52.81 (59.02)			
---	Flakoll, Jonathan	50	Walnut Creek Masters-38	1:19.78	DQ
	35.75	DQ (38.80)			

Men 50-54 200 SC Meter BreaststrokeNATL: 2:21.65 % 12/8/2013 **DAVID GUTHRIE**PAC: 2:34.71 # 12/31/1996 **Robert Strand**WRL(5): 3:00.00 & 2000 **Nicolas GRANGER**WRL(6): 3:00.00 2000 **Nicolas GRANGER**

1	Hertzner, Keith	51	Marcia's Enthusiastic Masters-38	3:10.53	3:11.14
	43.91	1:31.30 (47.39)	2:20.91 (49.61)	3:11.14 (50.23)	

Men 50-54 50 SC Meter ButterflyNATL: 25.74 % 12/8/2018 **STEVE HILTABIDDLE**PAC: 26.12 # 12/31/2007 **Paul V Carter**WRL(5): 11:00.00 & 2000 **Eiji NOMURA**WRL(6): 11:00.00 2000 **Eiji NOMURA**

1	Rendic, Dikan	53	Google Masters Swimming-38	28.70	28.39 &
2	Flakoll, Jonathan	50	Walnut Creek Masters-38	29.87	28.74 &

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 50-54 50 SC Meter Butterfly)**

3	Sarrigeorgidis, Kostas	50	Stanford Masters Swimming-38	31.00	32.10 &
4	Rogers, Matt	54	Marcia's Enthusiastic Masters-38	33.43	32.12 &
5	Mc Donough, Patrick	51	Walnut Creek Masters-38	36.00	33.40 &
6	Schindler, Brad	52	Marcia's Enthusiastic Masters-38	31.00	37.86 &
7	Roder, Shap	52	Walnut Creek Masters-38	1:00.00	43.27 &
8	Clifford, Dan	54	Marcia's Enthusiastic Masters-38	46.00	45.34 &

Men 50-54 100 SC Meter Butterfly

NATL: 57.29 % 12/2/2007 PAUL CARTER

PAC: 57.29 # 12/2/2007 Paul V Carter

WRL(5): 1:00.00 & 2000 Eiji NOMURA

WRL(6): 1:00.00 2000 Eiji NOMURA

1	Schindler, Brad	52	Marcia's Enthusiastic Masters-38	1:05.01	1:23.86
	39.30		1:23.86 (44.56)		
2	Meeker, Michael	51	Richmond Plunge Masters-38	1:30.00	1:34.71
	46.39		1:34.71 (48.32)		

Men 50-54 100 SC Meter Butterfly

NATL: 57.29 % 12/2/2007 PAUL CARTER

PAC: 57.29 # 12/2/2007 Paul V Carter

WRL(5): 1:00.00 & 2000 Eiji NOMURA

WRL(6): 1:00.00 2000 Eiji NOMURA

3	Winsor, Brad	53	Davis Aquatic Masters-38	NT	1:18.87
4	Rosales-Delmoral, Romer	51	Menlo Masters-38	NT	1:19.11

Men 50-54 200 SC Meter Butterfly

NATL: 2:10.52 % 5/21/2016 MIKE SHAFFER

PAC: 2:21.84 # 3/9/2014 Darren D Phalen

WRL(5): 1:00.00 & 2000 Eiji NOMURA

WRL(6): 1:00.00 2000 Eiji NOMURA

1	Winsor, Brad	53	Davis Aquatic Masters-38	2:40.42	2:42.11
	37.02		1:18.87 (41.85) 2:01.44 (42.57) 2:42.11 (40.67)		
2	Sarrigeorgidis, Kostas	50	Stanford Masters Swimming-38	2:55.00	2:44.99
	37.53		1:20.39 (42.86) 2:04.84 (44.45) 2:44.99 (40.15)		
3	Kneubuhler, Yann	52	Richmond Plunge Masters-38	3:25.00	3:26.42
	44.87		1:35.87 (51.00) 2:31.46 (55.59) 3:26.42 (54.96)		

Men 50-54 100 SC Meter IM

NATL: 1:00.57 % 12/10/2016 SCOTT HEBER

PAC: 1:02.51 # 12/31/2008 Ken Shilling

WRL(5): 3:00.00 & 2000 Nicolas GRANGER

WRL(6): 3:00.00 2000 Nicolas GRANGER

1	Hertzer, Keith	51	Marcia's Enthusiastic Masters-38	1:19.02	1:19.22 &
	39.18		1:19.22 (40.04)		
2	Nikiforov, Andrey	52	Walnut Creek Masters-38	2:20.00	1:24.89 &
	38.94		1:24.89 (45.95)		
3	Stojanovic, Nikola	54	San Jose Clownfish-38	1:38.00	1:31.36 &
	42.94		1:31.36 (48.42)		
4	Friedman, Eric	54	Albany Armada Aquatics Masters-38	1:32.00	1:32.54 &
	43.02		1:32.54 (49.52)		
5	Rozendal, Michael	51	Marcia's Enthusiastic Masters-38	1:31.95	1:33.85 &
	44.14		1:33.85 (49.71)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Men 50-54 100 SC Meter IM)

6	Fung, Steve	52	Orinda Aquatic Masters-38	1:35.00	1:36.47 &
	47.44	1:36.47 (49.03)			
7	Ngo, Minh	53	Marcia's Enthusiastic Masters-38	1:35.00	1:37.07 &
	47.15	1:37.07 (49.92)			
8	Meeker, Michael	51	Richmond Plunge Masters-38	1:30.00	1:37.73 &
	46.32	1:37.73 (51.41)			

Men 50-54 200 SC Meter IM

NATL: 2:12.85 % 5/17/2015 JEROME FRENTSOS

PAC: 2:14.53 # 12/31/2008 Ken Shilling

WRL(5): 1:00.00 & 2000 Nicolas GRANGER

WRL(6): 1:00.00 2000 Nicolas GRANGER

1	Flakoll, Jonathan	50	Walnut Creek Masters-38	2:31.97	2:28.61
	30.76	1:09.51 (38.75)	1:54.20 (44.69)	2:28.61 (34.41)	
2	Sarrigeorgidis, Kostas	50	Stanford Masters Swimming-38	2:50.00	2:44.35
	35.77	1:19.29 (43.52)	2:08.34 (49.05)	2:44.35 (36.01)	
3	Harrington, Matt	53	University of San Francisco Ma-38	2:48.00	2:46.03
	35.67	1:20.68 (45.01)	2:08.13 (47.45)	2:46.03 (37.90)	
4	Kneubuhler, Yann	52	Richmond Plunge Masters-38	2:50.00	2:49.26
	39.84	1:24.17 (44.33)	2:10.42 (46.25)	2:49.26 (38.84)	
5	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	2:45.38	2:49.35
	35.94	1:20.96 (45.02)	2:10.88 (49.92)	2:49.35 (38.47)	
6	Hertzer, Keith	51	Marcia's Enthusiastic Masters-38	2:52.00	2:52.71
	36.84	1:26.40 (49.56)	2:13.02 (46.62)	2:52.71 (39.69)	
7	Ngo, Minh	53	Marcia's Enthusiastic Masters-38	3:20.68	3:43.40
	50.64	1:49.30 (58.66)	2:51.50 (1:02.20)	3:43.40 (51.90)	
8	Clifford, Dan	54	Marcia's Enthusiastic Masters-38	4:10.00	4:13.13
	50.77	2:08.04 (1:17.27)	3:14.87 (1:06.83)	4:13.13 (58.26)	

Men 50-54 400 SC Meter IM

NATL: 4:45.15 % 5/18/2015 JEROME FRENTSOS

PAC: 5:02.72 # 3/9/2013 Darren D Phalen

WRL(5): 3:00.00 & 2000 Nicolas GRANGER

WRL(6): 3:00.00 2000 Nicolas GRANGER

1	Rosales-Delmoral, Romer	51	Menlo Masters-38	6:00.00	6:00.39
	38.09	1:19.11 (41.02)	2:09.39 (50.28)	2:56.98 (47.59)	
	3:49.09 (52.11)	4:42.87 (53.78)	5:22.89 (40.02)	6:00.39 (37.50)	
2	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	6:11.40	6:02.08
	39.36	1:21.70 (42.34)	2:09.80 (48.10)	2:57.02 (47.22)	
	3:49.71 (52.69)	4:41.50 (51.79)	5:23.52 (42.02)	6:02.08 (38.56)	
3	Kneubuhler, Yann	52	Richmond Plunge Masters-38	6:16.00	6:03.77
	41.47	1:31.53 (50.06)	2:19.39 (47.86)	3:06.08 (46.69)	
	3:56.58 (50.50)	4:45.68 (49.10)	5:26.56 (40.88)	6:03.77 (37.21)	
4	Rozendal, Michael	51	Marcia's Enthusiastic Masters-38	7:20.50	7:32.61
	52.91	2:00.80 (1:07.89)	2:56.03 (55.23)	3:50.49 (54.46)	
	4:53.81 (1:03.32)	5:56.14 (1:02.33)	6:47.19 (51.05)	7:32.61 (45.42)	
5	Ngo, Minh	53	Marcia's Enthusiastic Masters-38	7:30.00	8:10.76
	52.74		3:04.34 ()	4:11.55 (1:07.21)	
	5:16.58 (1:05.03)	6:21.64 (1:05.06)	7:17.15 (55.51)	8:10.76 (53.61)	

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Sanction #: 384-S015

Results

Men 55-59 50 SC Meter Freestyle

	NATL:	24.66	%	10/10/2015	STEVE WOOD		
	PAC:	26.15	#	12/31/2009	Eric D van Boer		
	WRL(5):	3:00.00	&	2000	Calvin MAUGHAN		
	WRL(6):	3:00.00		2000	Calvin MAUGHAN		
1	Gorek, Thomas			56	Tamalpais Aquatic Masters-38	28.50	27.77 &
2	Oldershaw, Trevor			55	El Cerrito Aquatic Masters-38	27.50	27.87 &
3	Langner, Mikael			56	University of San Francisco Ma-38	28.90	28.68 &
4	Barajas, Nick			58	Sacramento Masters-38	31.14	30.67 &
5	Lingle, Gregory			59	Livermore Aquacowboys-38	32.53	32.48 &
6	France, Kermit			58	Walnut Creek Masters-38	35.85	36.28 &

Men 55-59 100 SC Meter Freestyle

	NATL:	54.50	%	4/5/2009	JACK GROSELLE		
	PAC:	58.66	#	12/31/2000	Tim A Birnie		
	WRL(5):	3:00.00	&	2000	Calvin MAUGHAN		
	WRL(6):	3:00.00		2000	Calvin MAUGHAN		
1	Kalas, Paul			57	Orinda Aquatic Masters-38	1:11.00	1:01.84 &
	29.61						1:01.84 (32.23)
2	Langner, Mikael			56	University of San Francisco Ma-38	1:05.51	1:03.23 &
	30.43						1:03.23 (32.80)
3	Oldershaw, Trevor			55	El Cerrito Aquatic Masters-38	1:02.50	1:03.39 &
	30.33						1:03.39 (33.06)
4	Smith, Stephen			58	Sacramento Masters-38	1:05.00	1:03.81 &
	31.41						1:03.81 (32.40)
5	Neidhoefer, Chuck			58	Santa Rosa Masters-38	1:06.00	1:04.34 &
	31.05						1:04.34 (33.29)
6	Bilbrey, Timothy			56	Madera Masters Swim-38	1:05.37	1:06.15 &
	31.45						1:06.15 (34.70)
7	Barajas, Nick			58	Sacramento Masters-38	1:10.62	1:09.84 &
	33.57						1:09.84 (36.27)
8	Marcus, Jono			58	Rolling Hills Mud Sharks-38	1:08.00	1:11.09 &
	34.48						1:11.09 (36.61)
9	Dooley, Paul			56	Marcia's Enthusiastic Masters-38	1:16.00	1:14.84 &
	34.72						1:14.84 (40.12)
10	Makani, Gautam			58	Orinda Aquatic Masters-38	1:27.93	1:32.75 &
	44.31						1:32.75 (48.44)

Men 55-59 200 SC Meter Freestyle

	NATL:	1:59.08	%	11/21/2009	MICHAEL MANN		
	PAC:	2:06.20	#	12/31/2003	R Tod Spieker		
	WRL(5):	11:00.00	&	2000	Michael MANN		
	WRL(6):	11:00.00		2000	Michael MANN		
1	Smith, Stephen			58	Sacramento Masters-38	2:20.00	2:18.74 &
	33.14						1:08.49 (35.35) 1:43.73 (35.24) 2:18.74 (35.01)
2	Krovetz, Ted			58	Davis Aquatic Masters-38	2:27.25	2:27.79 &
	35.33						1:11.82 (36.49) 1:49.87 (38.05) 2:27.79 (37.92)
3	Langner, Mikael			56	University of San Francisco Ma-38	2:25.00	2:30.98 &
	32.29						1:08.86 (36.57) 1:49.34 (40.48) 2:30.98 (41.64)
4	Kalas, Paul			57	Orinda Aquatic Masters-38	2:41.00	2:37.18 &
	37.07						1:17.20 (40.13) 1:58.58 (41.38) 2:37.18 (38.60)
5	Barajas, Nick			58	Sacramento Masters-38	2:44.80	2:37.75 &
	36.63						1:17.01 (40.38) 1:58.16 (41.15) 2:37.75 (39.59)

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6	Lingle, Gregory	59	Livermore Aquacowboys-38	2:27.50	2:38.41 &
	36.36	1:15.16 (38.80)	1:56.65 (41.49)	2:38.41 (41.76)	
7	Marcus, Jono	58	Rolling Hills Mud Sharks-38	2:40.00	2:40.53 &
	39.07	1:20.05 (40.98)	2:01.44 (41.39)	2:40.53 (39.09)	

Men 55-59 200 SC Meter Freestyle

NATL: 1:59.08 % 11/21/2009 MICHAEL MANN

PAC: 2:06.20 # 12/31/2003 R Tod Spieker

WRL(5): 11:00.00 & 2000 Michael MANN

WRL(6): 11:00.00 2000 Michael MANN

1	Wu, Long	59	Marcia's Enthusiastic Masters-38	NT	3:30.47 &
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Men 55-59 400 SC Meter Freestyle

NATL: 4:16.03 % 11/22/2009 MICHAEL MANN

PAC: 4:21.72 # 10/29/2022 Barton S Wells

WRL(5): 11:00.00 & 2000 Michael MANN

WRL(6): 11:00.00 2000 Michael MANN

1	Stegner, Jeff	59	Walnut Creek Masters-38	5:45.00	5:25.36 &
	36.37	1:16.90 (40.53)	1:58.22 (41.32)	2:39.93 (41.71)	
	3:21.88 (41.95)	4:04.17 (42.29)	4:45.63 (41.46)	5:25.36 (39.73)	

Men 55-59 400 SC Meter Freestyle

NATL: 4:16.03 % 11/22/2009 MICHAEL MANN

PAC: 4:21.72 # 10/29/2022 Barton S Wells

WRL(5): 11:00.00 & 2000 Michael MANN

WRL(6): 11:00.00 2000 Michael MANN

1	Wu, Long	59	Marcia's Enthusiastic Masters-38	NT	7:08.16 &
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Men 55-59 800 SC Meter Freestyle

NATL: 8:51.34 % 11/21/2009 MICHAEL MANN

PAC: 9:01.47 # 10/28/2022 Barton S Wells

WRL(5): 11:00.00 & 2000 Michael MANN

WRL(6): 11:00.00 2000 Michael MANN

1	Wu, Long	59	Marcia's Enthusiastic Masters-38	NT	14:20.06
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Men 55-59 1500 SC Meter Freestyle

NATL: 17:14.15 % 10/2/2005 JIM MC CONICA

PAC: 17:21.15 # 12/2/2022 Barton S Wells

WRL(5): 6:00.00 & 2000 Brent FOSTER

WRL(6): 6:00.00 2000 Brent FOSTER

1	Shaffer, Mike	59	Club Hot Tub-38	19:00.23	18:37.16
	34.51	1:12.12 (37.61)	1:50.26 (38.14)	2:28.28 (38.02)	
	3:06.61 (38.33)	3:44.91 (38.30)	4:23.22 (38.31)	5:01.76 (38.54)	
	5:40.07 (38.31)	6:18.11 (38.04)	6:55.85 (37.74)	7:33.30 (37.45)	
	8:10.92 (37.62)	8:48.27 (37.35)	9:25.59 (37.32)	10:03.11 (37.52)	
	10:40.67 (37.56)	11:18.30 (37.63)	11:55.56 (37.26)	12:32.93 (37.37)	
	13:10.02 (37.09)	13:47.42 (37.40)	14:24.54 (37.12)	15:01.71 (37.17)	
	15:38.54 (36.83)	16:15.23 (36.69)	16:51.68 (36.45)	17:27.64 (35.96)	
	18:02.87 (35.23)	18:37.16 (34.29)			

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Sanction #: 384-S015

Results

(Men 55-59 1500 SC Meter Freestyle)

2	Wu, Long	59	Marcia's Enthusiastic Masters-38	27:58.12	27:04.06
	48.68	1:41.73 (53.05)	2:36.20 (54.47)	3:30.47 (54.27)	
	4:25.34 (54.87)	5:19.99 (54.65)	6:14.17 (54.18)	7:08.16 (53.99)	
	8:01.48 (53.32)	8:55.86 (54.38)	9:49.46 (53.60)	10:43.88 (54.42)	
	11:37.99 (54.11)	12:31.85 (53.86)	13:25.99 (54.14)	14:20.06 (54.07)	
	15:14.74 (54.68)	16:09.56 (54.82)	17:05.65 (56.09)	18:00.36 (54.71)	
	18:54.28 (53.92)	19:49.31 (55.03)	20:45.92 (56.61)	21:42.12 (56.20)	
	22:37.59 (55.47)	23:32.86 (55.27)	24:26.55 (53.69)	25:20.75 (54.20)	
	26:13.80 (53.05)	27:04.06 (50.26)			

Men 55-59 50 SC Meter Backstroke

	NATL:	27.62	%	10/10/2015	STEVE WOOD	
	PAC:	29.95	#	10/13/2019	Steven V Ennis	
	WRL(5):	12:00.00	&	2000	Fritz BEDFORD	
	WRL(6):	12:00.00		2000	Fritz BEDFORD	
1	Shaffer, Mike	59	Club Hot Tub-38	32.91	31.88 &	
2	Gordon, Mark	56	Santa Rosa Masters-38	31.75	32.27 &	
3	Oldershaw, Trevor	55	El Cerrito Aquatic Masters-38	34.50	34.30 &	
4	Smith, Bryan	57	Walnut Creek Masters-38	34.43	34.36 &	
5	Langner, Mikael	56	University of San Francisco Ma-38	37.41	36.88 &	
6	Dooley, Paul	56	Marcia's Enthusiastic Masters-38	42.00	41.91 &	

Men 55-59 100 SC Meter Backstroke

	NATL:	1:00.78	%	10/20/2018	FRITZ BEDFORD	
	PAC:	1:04.89	#	12/31/2000	Tim A Birnie	
	WRL(5):	10:00.00	&	2000	Fritz BEDFORD	
	WRL(6):	10:00.00		2000	Fritz BEDFORD	
1	Shaffer, Mike	59	Club Hot Tub-38	1:12.31	1:08.61 &	
	33.58	1:08.61 (35.03)				
2	Smith, Stephen	58	Sacramento Masters-38	1:14.00	1:14.37 &	
	35.97	1:14.37 (38.40)				
3	Oldershaw, Trevor	55	El Cerrito Aquatic Masters-38	1:16.50	1:15.45 &	
4	Smith, Bryan	57	Walnut Creek Masters-38	1:16.00	1:15.76 &	
	36.16	1:15.76 (39.60)				
5	Abrams, Scott	57	Walnut Creek Masters-38	1:15.00	1:16.01 &	
	37.05	1:16.01 (38.96)				
6	Langner, Mikael	56	University of San Francisco Ma-38	1:17.00	1:18.33 &	
	37.77	1:18.33 (40.56)				

Men 55-59 200 SC Meter Backstroke

	NATL:	2:15.37	%	12/2/2018	LEN GUSHE	
	PAC:	2:21.80	#	12/31/2003	Tim Spieker	
	WRL(5):	12:00.00	&	2000	Eduardo MAROCCO	
	WRL(6):	12:00.00		2000	Eduardo MAROCCO	
1	Smith, Stephen	58	Sacramento Masters-38	2:45.00	2:44.21 &	
	38.94	1:20.23 (41.29)	2:02.05 (41.82)	2:44.21 (42.16)		

Men 55-59 50 SC Meter Breaststroke

	NATL:	30.37	%	12/17/2016	DAVID GUTHRIE	
	PAC:	32.18	#	12/31/2001	Robert Strand	
	WRL(5):	2:00.00	&	2000	C.Arturo TRAVAINI	
	WRL(6):	2:00.00		2000	C.Arturo TRAVAINI	
1	Gordon, Mark	56	Santa Rosa Masters-38	34.50	33.71 &	

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2	Bilbrey, Timothy	56	Madera Masters Swim-38	37.18	36.30 &
3	Neidhoefer, Chuck	58	Santa Rosa Masters-38	38.50	37.97 &
4	Gronert, Karsten	59	Walnut Creek Masters-38	38.00	39.18 &
5	Abrams, Scott	57	Walnut Creek Masters-38	45.00	39.85 &
6	Barajas, Nick	58	Sacramento Masters-38	43.22	41.83 &
7	Makani, Gautam	58	Orinda Aquatic Masters-38	49.00	48.92 &

Men 55-59 100 SC Meter Breaststroke

NATL: 1:06.80 % 12/18/2016 DAVID GUTHRIE

PAC: 1:11.53 # 12/31/2001 Robert Strand

WRL(5): 2:00.00 & 2000 C.Arturo TRAVAINI

WRL(6): 2:00.00 2000 C.Arturo TRAVAINI

1	Neidhoefer, Chuck	58	Santa Rosa Masters-38	1:19.50	1:20.71 &
	39.25		1:20.71 (41.46)		
2	Bilbrey, Timothy	56	Madera Masters Swim-38	1:20.47	1:22.13 &
	38.80		1:22.13 (43.33)		
3	Stegner, Jeff	59	Walnut Creek Masters-38	1:25.30	1:23.96 &
	40.00		1:23.96 (43.96)		
4	Wu, Long	59	Marcia's Enthusiastic Masters-38	1:29.77	1:30.16 &
	43.98		1:30.16 (46.18)		
5	Marcus, Jono	58	Rolling Hills Mud Sharks-38	1:30.00	1:40.08 &
	48.05		1:40.08 (52.03)		

Men 55-59 200 SC Meter Breaststroke

NATL: 2:27.00 % 11/8/2015 DAVID GUTHRIE

PAC: 2:38.76 # 12/31/2001 Robert Strand

WRL(5): 4:00.00 & 2000 C.Arturo TRAVAINI

WRL(6): 4:00.00 2000 C.Arturo TRAVAINI

1	Neidhoefer, Chuck	58	Santa Rosa Masters-38	3:02.00	2:59.91 &
	41.72		1:27.65 (45.93) 2:13.96 (46.31) 2:59.91 (45.95)		
2	Mc Bride, Patrick	55	University of San Francisco Ma-38	3:10.50	3:08.78 &
	42.02		1:28.70 (46.68) 2:18.24 (49.54) 3:08.78 (50.54)		
3	Wu, Long	59	Marcia's Enthusiastic Masters-38	3:15.53	3:18.97 &
	45.35		1:34.58 (49.23) 2:27.69 (53.11) 3:18.97 (51.28)		
4	France, Kermit	58	Walnut Creek Masters-38	3:44.07	3:53.46 &
	53.79		1:52.20 (58.41) 2:54.10 (1:01.90) 3:53.46 (59.36)		

Men 55-59 50 SC Meter Butterfly

NATL: 26.43 % 12/12/2021 STEVE HILTABIDDLE

PAC: 27.16 # 10/4/2014 Paul V Carter

WRL(5): 12:00.00 & 2000 Lars RENNEN

WRL(6): 12:00.00 2000 Lars RENNEN

3	Wu, Long	59	Marcia's Enthusiastic Masters-38	NT	50.51 &
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Men 55-59 50 SC Meter Butterfly

NATL: 26.43 % 12/12/2021 STEVE HILTABIDDLE

PAC: 27.16 # 10/4/2014 Paul V Carter

WRL(5): 12:00.00 & 2000 Lars RENNEN

WRL(6): 12:00.00 2000 Lars RENNEN

1	Gordon, Mark	56	Santa Rosa Masters-38	29.00	29.80 &
2	Kalas, Paul	57	Orinda Aquatic Masters-38	36.00	31.62 &
3	Smith, Bryan	57	Walnut Creek Masters-38	32.12	32.23 &
4	Abrams, Scott	57	Walnut Creek Masters-38	42.00	34.82 &

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5	Marcus, Jono	58	Rolling Hills Mud Sharks-38	32.00	37.06 &
6	Barajas, Nick	58	Sacramento Masters-38	37.99	38.24 &
7	Kwan, Thomas	59	Uc38	1:15.00	56.50 &
8	Makani, Gautam	58	Orinda Aquatic Masters-38	52.15	57.61 &

Men 55-59 100 SC Meter Butterfly

NATL: 1:00.10 % 12/1/2017 DAVID SIMS

PAC: 1:00.98 # 10/12/2014 Paul V Carter

WRL(5): 9:00.00 & 2000 Mark WELDON

WRL(6): 9:00.00 2000 Mark WELDON

1	Stegner, Jeff	59	Walnut Creek Masters-38	1:16.00	1:14.58 &
	35.13		1:14.58 (39.45)		
2	Mc Bride, Patrick	55	University of San Francisco Ma-38	1:12.50	1:19.01 &
	36.40		1:19.01 (42.61)		
3	Kalas, Paul	57	Orinda Aquatic Masters-38	1:22.00	1:27.06 &
	38.32		1:27.06 (48.74)		
4	Lingle, Gregory	59	Livermore Aquacowboys-38	1:31.35	1:33.75 &
	41.55		1:33.75 (52.20)		
5	Kwan, Thomas	59	Uc38	3:15.00	2:27.66 &
	1:02.78		2:27.66 (1:24.88)		

Men 55-59 100 SC Meter Butterfly

NATL: 1:00.10 % 12/1/2017 DAVID SIMS

PAC: 1:00.98 # 10/12/2014 Paul V Carter

WRL(5): 9:00.00 & 2000 Mark WELDON

WRL(6): 9:00.00 2000 Mark WELDON

1	Wu, Long	59	Marcia's Enthusiastic Masters-38	NT	1:46.16 &
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Men 55-59 200 SC Meter Butterfly

NATL: 2:16.86 % 12/2/2017 DAVID SIMS

PAC: 2:27.99 # 10/7/2023 Mike G Shaffer

WRL(5): 1:00.00 & 2000 Hugo BREGMAN

WRL(6): 1:00.00 2000 Hugo BREGMAN

1	Shaffer, Mike	59	Club Hot Tub-38	2:31.91	2:30.77
	33.76		1:13.00 (39.24) 1:51.90 (38.90) 2:30.77 (38.87)		
2	Wu, Long	59	Marcia's Enthusiastic Masters-38	4:10.00	4:35.68
	50.51		1:50.41 (59.90) 3:10.66 (1:20.25) 4:35.68 (1:25.02)		

Men 55-59 100 SC Meter IM

NATL: 1:00.75 % 10/28/2023 MIKE IRVIN

PAC: 1:05.29 # 10/4/2014 Paul V Carter

WRL(5): 10:00.00 & 2000 Mike IRVIN

WRL(6): 10:00.00 2000 Mike IRVIN

1	Gordon, Mark	56	Santa Rosa Masters-38	1:09.50	1:09.22 &
	32.24		1:09.22 (36.98)		
2	Neidhoefer, Chuck	58	Santa Rosa Masters-38	1:16.60	1:12.36 &
	35.57		1:12.36 (36.79)		
3	Stegner, Jeff	59	Walnut Creek Masters-38	1:20.00	1:16.17 &
	36.39		1:16.17 (39.78)		
4	Smith, Bryan	57	Walnut Creek Masters-38	1:14.07	1:16.27 &
	34.28		1:16.27 (41.99)		
5	Mc Bride, Patrick	55	University of San Francisco Ma-38	1:15.50	1:21.47 &
	39.64		1:21.47 (41.83)		

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(Men 55-59 100 SC Meter IM)

6	Downey, Patrick	57	Marcia's Enthusiastic Masters-38	1:25.00	1:25.45 &
	41.80			1:25.45 (43.65)	
7	Lingle, Gregory	59	Livermore Aquacowboys-38	1:27.77	1:25.49 &
	40.19			1:25.49 (45.30)	
8	Marcus, Jono	58	Rolling Hills Mud Sharks-38	1:15.00	1:27.89 &
	42.85			1:27.89 (45.04)	
9	Kwan, Thomas	59	Uc38	3:00.00	2:13.81 &
	1:12.51			2:13.81 (1:01.30)	

Men 55-59 200 SC Meter IM

	NATL:	2:14.60	%	2/29/2020	JEROME FRENTSOS
	PAC:	2:25.63	#	12/31/2008	Jim Clemmons
	WRL(5):	4:00.00	&	2000	Nicolas GRANGER
	WRL(6):	4:00.00		2000	Nicolas GRANGER
1	Smith, Stephen	58	Sacramento Masters-38	2:38.00	2:34.70 &
	33.25			1:13.32 (40.07)	1:58.34 (45.02)
				2:34.70 (36.36)	
2	Stegner, Jeff	59	Walnut Creek Masters-38	2:44.93	2:47.18 &
	34.29			1:20.57 (46.28)	2:08.61 (48.04)
				2:47.18 (38.57)	
3	Abrams, Scott	57	Walnut Creek Masters-38	2:45.00	2:48.61 &
	36.41			1:17.75 (41.34)	2:07.28 (49.53)
				2:48.61 (41.33)	
4	Makani, Gautam	58	Orinda Aquatic Masters-38	4:20.00	4:18.84
	1:07.06			2:21.58 (1:14.52)	3:25.74 (1:04.16)
				4:18.84 (53.10)	
---	Kwan, Thomas	59	Uc38	5:00.00	DQ
				2:20.46 ()	3:32.99 (1:12.53)
				DQ (1:01.60)	

Men 55-59 400 SC Meter IM

	NATL:	4:51.97	%	11/21/2009	MICHAEL MANN
	PAC:	5:13.29	#	12/31/2003	R Tod Spieker
	WRL(5):	7:00.00	&	2000	Brent FOSTER
	WRL(6):	7:00.00		2000	Brent FOSTER
1	Shaffer, Mike	59	Club Hot Tub-38	5:33.10	5:25.99 &
	34.07			1:12.39 (38.32)	1:57.11 (44.72)
				3:27.93 (49.11)	4:16.80 (48.87)
				4:52.22 (35.42)	5:25.99 (33.77)
2	Abrams, Scott	57	Walnut Creek Masters-38	5:50.00	6:07.39 &
	38.57			1:22.66 (44.09)	2:08.46 (45.80)
				3:47.80 (52.85)	4:40.90 (53.10)
				5:24.56 (43.66)	6:07.39 (42.83)
3	Wu, Long	59	Marcia's Enthusiastic Masters-38	8:14.62	7:54.79
	50.22			1:46.16 (55.94)	3:03.00 (1:16.84)
				5:17.95 (58.83)	6:15.36 (57.41)
				7:06.84 (51.48)	7:54.79 (47.95)

Men 60-64 50 SC Meter Freestyle

	NATL:	24.90	%	12/3/2006	RICHARD ABRAHAMS
	PAC:	26.56	#	10/9/2016	Loren Druz
	WRL(5):	12:00.00	&	2000	Richard ABRAHAMS
	WRL(6):	12:00.00		2000	Richard ABRAHAMS
1	Boone, Jon	61	Walnut Creek Masters-38	28.51	28.04 &
2	Remmert, Greg	62	Walnut Creek Masters-38	28.00	28.21 &
3	Tom, Daniel	60	Menlo Masters-38	29.81	28.35 &
4	Keating, Kevin	61	Sebastopol Masters Aquatic Clu-38	28.43	29.59 &
5	Ottati, Dean	64	Walnut Creek Masters-38	32.50	31.55 &
6	Ardourel, Franck	60	Marcia's Enthusiastic Masters-38	33.14	32.90 &
7	McCracken, Bill	63	Tvm Swimming-38	33.00	33.79 &
8	Mallon, Ken	60	Quicksilver Masters-38	35.00	33.82 &

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(Men 60-64 50 SC Meter Freestyle)

9	Elmer, Steve	60	Marcia's Enthusiastic Masters-38	45.00	36.93 &
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Men 60-64 100 SC Meter Freestyle

NATL:	55.87	%	5/17/2014	JACK GROSELLE
PAC:	57.97	#	10/16/2021	David E Boatwright
WRL(5):	11:00.00	&	2000	Ahmet NAKKAS
WRL(6):	11:00.00		2000	Ahmet NAKKAS

1	Boone, Jon	61	Walnut Creek Masters-38	1:03.25	1:02.94 &
	30.34		1:02.94 (32.60)		
2	Hathaway, David	64	Oregon Masters-37	1:05.07	1:04.05 &
	31.09		1:04.05 (32.96)		
3	Levy, Sid	61	Walnut Creek Masters-38	1:12.36	1:13.59 &
	34.99		1:13.59 (38.60)		
4	Suess, Robert	63	Rolling Hills Mud Sharks-38	1:16.00	1:17.13 &
	37.52		1:17.13 (39.61)		
---	Gothberg, Bradley	62	Walnut Creek Masters-38	1:05.00	DQ

Men 60-64 200 SC Meter Freestyle

NATL:	2:01.65	%	11/21/2015	RICK COLELLA
PAC:	2:13.48	#	10/17/2021	David E Boatwright
WRL(5):	11:00.00	&	2000	Rick COLELLA
WRL(6):	11:00.00		2000	Rick COLELLA

1	Hathaway, David	64	Oregon Masters-37	2:18.70	2:19.82 &
	33.44		1:09.11 (35.67) 1:45.07 (35.96)	2:19.82 (34.75)	
2	Remmert, Greg	62	Walnut Creek Masters-38	2:21.00	2:19.85 &
	32.86		1:07.79 (34.93) 1:43.74 (35.95)	2:19.85 (36.11)	
3	King, Ian	62	Walnut Creek Masters-38	2:31.68	2:35.46 &
	36.36		1:16.54 (40.18) 1:56.46 (39.92)	2:35.46 (39.00)	
4	McCracken, Bill	63	Tvm Swimming-38	2:35.00	2:38.91 &
	35.40		1:15.57 (40.17) 1:57.38 (41.81)	2:38.91 (41.53)	

Men 60-64 200 SC Meter Freestyle

NATL:	2:01.65	%	11/21/2015	RICK COLELLA
PAC:	2:13.48	#	10/17/2021	David E Boatwright
WRL(5):	11:00.00	&	2000	Rick COLELLA
WRL(6):	11:00.00		2000	Rick COLELLA

1	Boone, Jon	61	Walnut Creek Masters-38	NT	2:21.71 &
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Men 60-64 400 SC Meter Freestyle

NATL:	4:29.92	%	12/2/2017	DAN STEPHENSON
PAC:	4:42.39	#	12/31/2010	Jim Clemmons
WRL(5):	10:00.00	&	2000	Arnaldo PEREZ
WRL(6):	10:00.00		2000	Arnaldo PEREZ

1	Boone, Jon	61	Walnut Creek Masters-38	5:29.75	5:35.73 &
	37.70		1:19.55 (41.85) 2:03.25 (43.70)	2:48.01 (44.76)	
	3:31.77 (43.76)		4:14.23 (42.46) 4:56.31 (42.08)	5:35.73 (39.42)	
2	Burbage-Macaluso, Dan	61	Sacramento Masters-38	8:12.50	8:42.94 &
	56.09		1:55.41 (59.32) 2:59.91 (1:04.50)	4:06.28 (1:06.37)	
			6:27.06 () 7:34.10 (1:07.04)	8:42.94 (1:08.84)	

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Men 60-64 800 SC Meter Freestyle

NATL: 9:14.50 % 12/2/2018 ANDREW BRAY

PAC: 9:43.24 # 12/31/2010 Jim Clemmons

WRL(5): 10:00.00 & 2000 Arnaldo PEREZ

WRL(6): 10:00.00 2000 Arnaldo PEREZ

1	King, Ian	62	Walnut Creek Masters-38	11:19.07	11:31.89
	38.82	1:21.66 (42.84)	2:05.44 (43.78)	2:49.98 (44.54)	
	3:34.30 (44.32)	4:18.38 (44.08)	5:02.70 (44.32)	5:47.23 (44.53)	
	6:31.59 (44.36)	7:15.66 (44.07)	7:58.73 (43.07)	8:41.95 (43.22)	
	9:24.72 (42.77)	10:07.87 (43.15)	10:50.76 (42.89)	11:31.89 (41.13)	
2	Burbage-Macaluso, Dan	61	Sacramento Masters-38	15:54.00	16:17.27
	50.85	1:47.49 (56.64)	3:48.82 (2:01.33)	4:50.69 (1:01.87)	
	5:53.50 (1:02.81)	6:54.27 (1:00.77)	7:57.15 (1:02.88)	9:00.66 (1:03.51)	
	10:03.26 (1:02.60)	11:06.73 (1:03.47)	12:11.36 (1:04.63)	13:14.09 (1:02.73)	
	14:16.90 (1:02.81)	15:19.50 (1:02.60)	16:17.27 (57.77)		

Men 60-64 1500 SC Meter Freestyle

NATL: 17:34.51 % 1/29/2022 ARNALDO PEREZ

PAC: 18:28.64 # 12/31/2010 Jim Clemmons

WRL(5): 1:00.00 & 2000 Arnaldo PEREZ

WRL(6): 1:00.00 2000 Arnaldo PEREZ

1	Gothberg, Bradley	62	Walnut Creek Masters-38	20:45.00	21:28.42
	39.37	1:20.09 (40.72)	2:02.34 (42.25)	2:45.14 (42.80)	
	3:27.87 (42.73)	4:10.40 (42.53)	4:52.97 (42.57)	5:35.52 (42.55)	
	6:18.57 (43.05)	7:00.93 (42.36)	7:44.67 (43.74)	8:28.20 (43.53)	
	9:11.72 (43.52)	9:54.88 (43.16)	10:38.28 (43.40)	11:21.70 (43.42)	
	12:04.89 (43.19)	12:48.58 (43.69)	13:32.09 (43.51)	14:15.28 (43.19)	
	14:58.80 (43.52)	15:42.51 (43.71)	16:26.39 (43.88)	17:10.14 (43.75)	
	17:53.00 (42.86)	18:36.32 (43.32)	19:20.06 (43.74)	20:03.68 (43.62)	
	20:47.68 (44.00)	21:28.42 (40.74)			
2	King, Ian	62	Walnut Creek Masters-38	21:34.06	21:38.99
	39.14	1:22.85 (43.71)	2:06.76 (43.91)	2:51.18 (44.42)	
	3:35.15 (43.97)	4:19.19 (44.04)	5:03.74 (44.55)	5:47.74 (44.00)	
	6:31.85 (44.11)	7:15.33 (43.48)	7:58.99 (43.66)	8:42.34 (43.35)	
	9:25.73 (43.39)	10:09.49 (43.76)	10:53.50 (44.01)	11:37.14 (43.64)	
	12:20.85 (43.71)	13:04.59 (43.74)	13:48.08 (43.49)	14:31.86 (43.78)	
	15:14.15 (42.29)	15:57.11 (42.96)	16:40.25 (43.14)	17:23.38 (43.13)	
	18:06.74 (43.36)	18:49.72 (42.98)	19:32.57 (42.85)	20:15.78 (43.21)	
	20:58.26 (42.48)	21:38.99 (40.73)			

Men 60-64 50 SC Meter Backstroke

NATL: 29.44 % 12/7/2019 JAMIE FOWLER

PAC: 31.59 # 12/31/2010 Hugh Wilder

WRL(5): 5:00.00 & 2000 Peter MCKINNON

WRL(6): 5:00.00 2000 Peter MCKINNON

1	Chao, Hector	60	Walnut Creek Masters-38	NT	32.61 &
2	Casci, Kevin	62	Walnut Creek Masters-38	NT	33.41 &

Men 60-64 50 SC Meter Backstroke

NATL: 29.44 % 12/7/2019 JAMIE FOWLER

PAC: 31.59 # 12/31/2010 Hugh Wilder

WRL(5): 5:00.00 & 2000 Peter MCKINNON

WRL(6): 5:00.00 2000 Peter MCKINNON

1	Chao, Hector	60	Walnut Creek Masters-38	33.03	32.66 &
2	Huth, Tracy	63	Walnut Creek Masters-38	33.33	34.28 &

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3	Taylor, Ron	64	Richmond Plunge Masters-38	34.37	34.92 &
4	Tom, Daniel	60	Menlo Masters-38	36.08	35.01 &
5	Ottati, Dean	64	Walnut Creek Masters-38	38.00	37.47 &
6	Keating, Kevin	61	Sebastopol Masters Aquatic Clu-38	36.00	37.76 &
7	McCracken, Bill	63	Tvm Swimming-38	45.00	48.85 &
8	Mallon, Ken	60	Quicksilver Masters-38	52.00	54.77 &

Men 60-64 100 SC Meter BackstrokeNATL: 1:03.15 % 12/7/2019 **JAMIE FOWLER**PAC: 1:08.49 # 12/6/2013 **Fred Ferroggiaro**WRL(5): 12:00.00 & 2000 **Jamie FOWLER**WRL(6): 12:00.00 2000 **Jamie FOWLER**

1	Chao, Hector	60	Walnut Creek Masters-38	1:11.00	1:10.95 &
	33.73		1:10.95 (37.22)		
2	Casci, Kevin	62	Walnut Creek Masters-38	1:10.00	1:11.49 &
	34.91		1:11.49 (36.58)		
3	Huth, Tracy	63	Walnut Creek Masters-38	1:12.29	1:11.56 &
	35.51		1:11.56 (36.05)		
4	Taylor, Ron	64	Richmond Plunge Masters-38	1:15.99	1:16.95 &
	36.75		1:16.95 (40.20)		
5	King, Ian	62	Walnut Creek Masters-38	1:21.05	1:21.42 &
	40.56		1:21.42 (40.86)		
6	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	1:23.12	1:23.62 &
	40.48		1:23.62 (43.14)		
7	Rentschler, Randy	64	Marcia's Enthusiastic Masters-38	2:07.16	2:07.91 &
	1:01.08		2:07.91 (1:06.83)		

Men 60-64 200 SC Meter BackstrokeNATL: 2:17.15 % 12/8/2019 **JAMIE FOWLER**PAC: 2:27.91 # 5/20/2018 **Joe S Dunn**WRL(5): 12:00.00 & 2000 **Jamie FOWLER**WRL(6): 12:00.00 2000 **Jamie FOWLER**

1	Chao, Hector	60	Walnut Creek Masters-38	2:51.01	2:42.78 &
	37.77		1:19.01 (41.24) 2:01.01 (42.00) 2:42.78 (41.77)		
2	Taylor, Ron	64	Richmond Plunge Masters-38	2:51.53	2:52.59 &
	39.32		1:22.68 (43.36) 2:08.27 (45.59) 2:52.59 (44.32)		
3	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	2:59.19	2:57.67 &
	44.02		1:29.70 (45.68) 2:13.64 (43.94) 2:57.67 (44.03)		
4	King, Ian	62	Walnut Creek Masters-38	3:02.11	2:59.69 &
	44.26		1:30.61 (46.35) 2:16.46 (45.85) 2:59.69 (43.23)		

Men 60-64 50 SC Meter BreaststrokeNATL: 31.42 % 11/12/2023 **DAVID GUTHRIE**PAC: 32.31 # 12/31/2009 **Robert Strand**WRL(5): 4:00.00 & 2000 **C.Arturo TRAVAINI**WRL(6): 4:00.00 2000 **C.Arturo TRAVAINI**

1	Tom, Daniel	60	Menlo Masters-38	34.98	33.88 &
2	Huth, Tracy	63	Walnut Creek Masters-38	36.16	36.27 &
3	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	37.65	38.20 &
4	Tittle, Kenneth	61	Walnut Creek Masters-38	36.58	39.30 &
5	Brenan, Andrew	64	Sacramento Masters-38	43.00	40.53 &
6	Ardourel, Franck	60	Marcia's Enthusiastic Masters-38	43.11	43.11 &
7	Edgerton, Karl	62	Off Piste Aquatics-32	45.05	43.68 &

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8	Gothberg, Bradley	62	Walnut Creek Masters-38	40.10	44.82 &
9	Suess, Robert	63	Rolling Hills Mud Sharks-38	45.00	44.86 &
10	Mallon, Ken	60	Quicksilver Masters-38	50.00	49.56 &
11	Mabile, Glenn	64	Kroc Masters-35	48.59	50.24 &

Men 60-64 100 SC Meter Breaststroke

NATL: 1:08.24 % 11/13/2022 DAVID GUTHRIE

PAC: 1:12.09 # 12/31/2009 Robert Strand

WRL(5): 2:00.00 & 2000 C.Arturo TRAVAINI

WRL(6): 2:00.00 2000 C.Arturo TRAVAINI

1	Tom, Daniel	60	Menlo Masters-38	1:18.11	1:15.90 &
	36.04		1:15.90 (39.86)		
2	Tittle, Kenneth	61	Walnut Creek Masters-38	1:19.93	1:22.43 &
	39.10		1:22.43 (43.33)		
3	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	1:24.82	1:24.93 &
	40.91		1:24.93 (44.02)		
4	Brenan, Andrew	64	Sacramento Masters-38	1:33.00	1:28.87 &
	42.66		1:28.87 (46.21)		
5	Taylor, Ron	64	Richmond Plunge Masters-38	1:32.21	1:34.81 &
	45.19		1:34.81 (49.62)		
6	Ardourel, Franck	60	Marcia's Enthusiastic Masters-38	1:35.96	1:38.25 &
	46.89		1:38.25 (51.36)		
7	Suess, Robert	63	Rolling Hills Mud Sharks-38	1:42.00	1:43.59 &
	48.98		1:43.59 (54.61)		
8	Mabile, Glenn	64	Kroc Masters-35	2:00.00	1:58.21 &
	57.30		1:58.21 (1:00.91)		

Men 60-64 200 SC Meter Breaststroke

NATL: 2:32.34 % 7/31/2021 DAVID GUTHRIE

PAC: 2:40.76 # 12/31/2009 Robert Strand

WRL(5): 4:00.00 & 2000 C.Arturo TRAVAINI

WRL(6): 4:00.00 2000 C.Arturo TRAVAINI

1	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	3:11.70	3:08.66 &
	43.79		1:31.98 (48.19) 2:20.34 (48.36) 3:08.66 (48.32)		
2	Suess, Robert	63	Rolling Hills Mud Sharks-38	3:39.00	3:47.44 &
	53.28		1:51.46 (58.18) 2:51.84 (1:00.38) 3:47.44 (55.60)		
3	Mabile, Glenn	64	Kroc Masters-35	3:58.81	4:06.67
	54.56		1:56.76 (1:02.20) 3:03.50 (1:06.74) 4:06.67 (1:03.17)		

Men 60-64 50 SC Meter Butterfly

NATL: 27.40 % 5/25/2019 BRUCE KONE

PAC: 29.00 # 10/7/2023 Kenneth W Tittle

WRL(5): 5:00.00 & 2000 Dan THOMPSON

WRL(6): 5:00.00 2000 Dan THOMPSON

1	Tittle, Kenneth	61	Walnut Creek Masters-38	29.00	29.52 &
2	Boone, Jon	61	Walnut Creek Masters-38	29.99	29.69 &
3	Huth, Tracy	63	Walnut Creek Masters-38	31.05	30.55 &
4	Chao, Hector	60	Walnut Creek Masters-38	30.10	30.87 &
5	Lynch, Greg	62	San Ramon Valley Aquatics Mast-38	30.00	34.33 &
6	Levy, Sid	61	Walnut Creek Masters-38	36.53	36.22 &
7	Mallon, Ken	60	Quicksilver Masters-38	42.00	39.93 &
8	Suess, Robert	63	Rolling Hills Mud Sharks-38	41.00	40.10 &
9	Ardourel, Franck	60	Marcia's Enthusiastic Masters-38	40.50	40.89 &

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10	Ryan, Kevin	63	San Ramon Valley Aquatics Mast-38	39.00	41.33 &
11	Rentschler, Randy	64	Marcia's Enthusiastic Masters-38	53.69	54.86 &

Men 60-64 100 SC Meter Butterfly

NATL: 1:03.38 % 12/12/2020 MIKE LAMONICA

PAC: 1:04.63 # 10/8/2023 Kenneth W Tittle

WRL(5): 5:00.00 & 2000 Dan THOMPSON

WRL(6): 5:00.00 2000 Dan THOMPSON

1	Tittle, Kenneth	61	Walnut Creek Masters-38	1:04.34	1:06.93 &
	31.10		1:06.93 (35.83)		
2	Boone, Jon	61	Walnut Creek Masters-38	1:10.75	1:10.70 &
	32.92		1:10.70 (37.78)		
3	Keating, Kevin	61	Sebastopol Masters Aquatic Clu-38	1:11.22	1:15.54 &
	34.88		1:15.54 (40.66)		
4	Hathaway, David	64	Oregon Masters-37	1:14.07	1:15.89 &
	35.48		1:15.89 (40.41)		
5	Levy, Sid	61	Walnut Creek Masters-38	1:21.55	1:25.34 &
	39.91		1:25.34 (45.43)		

Men 60-64 200 SC Meter Butterfly

NATL: 2:23.29 % 11/22/2015 RICK COLELLA

PAC: 2:37.76 # 10/10/2015 Peter M Guadagni

WRL(5): 1:00.00 & 2000 Hugo BREGMAN

WRL(6): 1:00.00 2000 Hugo BREGMAN

1	Tittle, Kenneth	61	Walnut Creek Masters-38	2:38.13	2:38.71
	34.61		1:14.83 (40.22)	1:56.84 (42.01)	2:38.71 (41.87)
2	Hathaway, David	64	Oregon Masters-37	3:13.59	3:07.95
	40.83		1:26.84 (46.01)	2:19.42 (52.58)	3:07.95 (48.53)

Men 60-64 100 SC Meter IM

NATL: 1:04.23 % 3/21/2015 RICK COLELLA

PAC: 1:07.98 # 12/31/2009 Robert Strand

WRL(5): 4:00.00 & 2000 C.Arturo TRAVAINI

WRL(6): 4:00.00 2000 C.Arturo TRAVAINI

1	Huth, Tracy	63	Walnut Creek Masters-38	1:11.11	1:09.65 &
	32.43		1:09.65 (37.22)		
2	Tom, Daniel	60	Menlo Masters-38	1:14.26	1:10.62 &
	33.84		1:10.62 (36.78)		
3	Keating, Kevin	61	Sebastopol Masters Aquatic Clu-38	1:16.95	1:22.35 &
	36.85		1:22.35 (45.50)		
4	Levy, Sid	61	Walnut Creek Masters-38	1:23.29	1:25.91 &
	39.66		1:25.91 (46.25)		
5	Ardourel, Franck	60	Marcia's Enthusiastic Masters-38	1:31.44	1:32.78 &
	45.39		1:32.78 (47.39)		
6	McCracken, Bill	63	Tvm Swimming-38	1:35.00	1:35.63 &
	47.23		1:35.63 (48.40)		
7	Mallon, Ken	60	Quicksilver Masters-38	1:35.00	1:39.40 &
	48.40		1:39.40 (51.00)		
8	Burbage-Macaluso, Dan	61	Sacramento Masters-38	1:45.00	1:44.41 &
	48.57		1:44.41 (55.84)		
9	Rentschler, Randy	64	Marcia's Enthusiastic Masters-38	2:00.00	2:00.16 &
	57.74		2:00.16 (1:02.42)		

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Men 60-64 200 SC Meter IM

	NATL:	2:19.96	%	3/21/2015	RICK COLELLA		
	PAC:	2:28.47	#	10/16/2011	Tim Broderick		
	WRL(5):	2:00.00	&	2000	C.Arturo TRAVAINI		
	WRL(6):	2:00.00		2000	C.Arturo TRAVAINI		
1	Chao, Hector			60	Walnut Creek Masters-38	2:40.02	2:36.26
		33.13		1:14.57 (41.44)	1:59.80 (45.23)	2:36.26 (36.46)	
2	Edgerton, Karl			62	Off Piste Aquatics-32	2:45.62	2:46.19
		37.37		1:20.17 (42.80)	2:09.15 (48.98)	2:46.19 (37.04)	
3	Brenan, Andrew			64	Sacramento Masters-38	2:58.00	2:52.99
		39.42		1:24.92 (45.50)	2:13.01 (48.09)	2:52.99 (39.98)	
4	Ottati, Dean			64	Walnut Creek Masters-38	3:00.00	2:57.98
		37.81		1:23.27 (45.46)	2:16.95 (53.68)	2:57.98 (41.03)	
5	Taylor, Ron			64	Richmond Plunge Masters-38	2:52.25	2:59.92
		39.02		1:23.57 (44.55)	2:17.45 (53.88)	2:59.92 (42.47)	
6	Burbage-Macaluso, Dan			61	Sacramento Masters-38	4:15.00	3:55.48
		47.90		1:52.51 (1:04.61)	3:02.03 (1:09.52)	3:55.48 (53.45)	
7	Rentschler, Randy			64	Marcia's Enthusiastic Masters-38	4:29.84	4:37.89
		59.02		2:15.15 (1:16.13)	3:39.56 (1:24.41)	4:37.89 (58.33)	
---	Mabile, Glenn			64	Kroc Masters-35	4:00.84	DQ
		52.23		1:55.77 (1:03.54)			

Men 60-64 400 SC Meter IM

	NATL:	5:04.54	%	11/13/2011	RICK COLELLA		
	PAC:	5:22.86	#	12/31/2010	Jim Clemmons		
	WRL(5):	11:00.00	&	2000	Rick COLELLA		
	WRL(6):	11:00.00		2000	Rick COLELLA		
1	Burbage-Macaluso, Dan			61	Sacramento Masters-38	9:30.00	8:49.43 &
					4:29.52 ()		
		5:40.77 ()		6:54.62 (1:13.85)	8:49.43 (1:54.81)		
---	Hathaway, David			64	Oregon Masters-37	6:07.00	DQ
		37.44		1:21.84 (44.40)	2:08.52 (46.68)	2:55.47 (46.95)	
		3:48.67 (53.20)		4:42.59 (53.92)	5:21.37 (38.78)	DQ (36.38)	

Men 65-69 50 SC Meter Freestyle

	NATL:	25.42	%	3/3/2018	DOUG MARTIN		
	PAC:	26.85	#	9/18/2016	Tate Holt		
	WRL(5):	3:00.00	&	2000	Doug MARTIN		
	WRL(6):	3:00.00		2000	Doug MARTIN		
1	Evans, Mark			66	Santa Rosa Masters-38	28.73	28.40 &
2	Braham, Bob			65	The Bay Club-38	33.00	33.46 &
3	Hektner, Eric			66	Sebastopol Masters Aquatic Clu-38	37.60	39.34 &
4	Mao, John			66	Walnut Creek Masters-38	1:05.00	50.72 &

Men 65-69 100 SC Meter Freestyle

	NATL:	57.78	%	5/26/2019	JACK GROSELLE		
	PAC:	1:01.13	#	12/31/2008	Richard Burns		
	WRL(5):	5:00.00	&	2000	Jack GROSELLE		
	WRL(6):	5:00.00		2000	Jack GROSELLE		
1	Cutting, Steve			67	Manatee Aquatic Masters Inc-38	1:08.67	1:07.77 &
		33.55		1:07.77 (34.22)			
2	Heath, Robert			67	Spokane Club Masters-35	1:04.00	1:07.97 &
		31.78		1:07.97 (36.19)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 65-69 100 SC Meter Freestyle)**

3	Deltorchio, Fred	67	Cala Maritime Aquatics Masters-38	1:33.00	1:27.76 &
	41.61		1:27.76 (46.15)		
4	Culp, John	65	Albany Armada Aquatics Masters-38	1:29.00	1:30.17 &
	42.98		1:30.17 (47.19)		
5	Jimenez, Jerry	68	Walnut Creek Masters-38	1:38.05	1:40.73 &
	49.82		1:40.73 (50.91)		

Men 65-69 200 SC Meter Freestyle

NATL: 2:07.46 % 10/2/2022 DAN STEPHENSON

PAC: 2:14.82 # 9/18/2016 Tim Broderick

WRL(5): 10:00.00 & 2000 Dan STEPHENSON

WRL(6): 10:00.00 2000 Dan STEPHENSON

1	Evans, Mark	66	Santa Rosa Masters-38	2:20.24	2:23.08 &
	33.23		1:09.38 (36.15)	1:46.50 (37.12)	2:23.08 (36.58)
2	O'Brien, Kerry	67	Walnut Creek Masters-38	2:39.07	2:39.18 &
	36.61		1:17.47 (40.86)	1:59.29 (41.82)	2:39.18 (39.89)
3	Hamza, Alex	65	Livermore Aquacowboys-38	3:00.00	2:47.66 &
	40.29		1:23.33 (43.04)	2:06.15 (42.82)	2:47.66 (41.51)
4	Hektner, Eric	66	Sebastopol Masters Aquatic Clu-38	3:02.52	3:13.71 &
	43.34		1:30.86 (47.52)	2:21.52 (50.66)	3:13.71 (52.19)
5	Goupil, Dominique	69	Fremont Hills Masters-38	3:45.00	3:23.20 &
	46.26		1:37.00 (50.74)	2:30.40 (53.40)	3:23.20 (52.80)
6	Culp, John	65	Albany Armada Aquatics Masters-38	3:27.00	3:30.33 &
	48.54		1:41.23 (52.69)	2:36.21 (54.98)	3:30.33 (54.12)

Men 65-69 200 SC Meter Freestyle

NATL: 2:07.46 % 10/2/2022 DAN STEPHENSON

PAC: 2:14.82 # 9/18/2016 Tim Broderick

WRL(5): 10:00.00 & 2000 Dan STEPHENSON

WRL(6): 10:00.00 2000 Dan STEPHENSON

1	Anderson, Bob	69	Menlo Masters-38	NT	3:02.82 &
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Men 65-69 400 SC Meter Freestyle

NATL: 4:27.91 % 11/19/2017 RICK COLELLA

PAC: 4:59.42 # 10/10/2015 Jim Clemmons

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Evans, Mark	66	Santa Rosa Masters-38	5:04.01	4:56.74 #
	34.50		1:11.47 (36.97)	1:49.22 (37.75)	2:26.95 (37.73)
	3:04.99 (38.04)		3:43.09 (38.10)	4:20.35 (37.26)	4:56.74 (36.39)
2	Kemler, David	66	Walnut Creek Masters-38	5:43.13	5:52.54 &
	41.17		1:25.23 (44.06)	2:10.08 (44.85)	2:54.92 (44.84)
	3:39.93 (45.01)		4:25.17 (45.24)	5:10.18 (45.01)	5:52.54 (42.36)
3	Anderson, Bob	69	Menlo Masters-38	6:30.00	6:11.50 &
	43.71		1:29.47 (45.76)	2:15.82 (46.35)	3:02.82 (47.00)
	3:49.31 (46.49)		4:37.10 (47.79)	5:25.43 (48.33)	6:11.50 (46.07)
4	Hektner, Eric	66	Sebastopol Masters Aquatic Clu-38	6:30.29	7:17.81 &
	49.24		1:40.76 (51.52)	2:34.67 (53.91)	3:30.14 (55.47)
	4:27.10 (56.96)		5:24.86 (57.76)	6:22.73 (57.87)	7:17.81 (55.08)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 65-69 800 SC Meter Freestyle

NATL: 9:26.94 % 11/24/2019 RICK COLELLA

PAC: 10:20.63 # 1/24/2015 Jim Clemmons

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Kemler, David	66	Walnut Creek Masters-38	12:05.28	12:21.45
	41.80	1:27.43 (45.63)	2:14.58 (47.15)	3:01.86 (47.28)	
	3:48.80 (46.94)	4:35.60 (46.80)	5:22.69 (47.09)	6:09.50 (46.81)	
	6:56.71 (47.21)	7:43.39 (46.68)	8:30.05 (46.66)	9:16.71 (46.66)	
	10:03.48 (46.77)	10:50.18 (46.70)	11:36.76 (46.58)	12:21.45 (44.69)	
2	Jimenez, Jerry	68	Walnut Creek Masters-38	16:30.00	15:54.44
	52.62	1:50.17 (57.55)	2:50.30 (1:00.13)	3:50.26 (59.96)	
	4:51.28 (1:01.02)	5:52.36 (1:01.08)	6:52.79 (1:00.43)	7:52.90 (1:00.11)	
	8:53.67 (1:00.77)	9:53.56 (59.89)	10:54.33 (1:00.77)	11:55.03 (1:00.70)	
	12:55.73 (1:00.70)	13:56.52 (1:00.79)	14:57.04 (1:00.52)	15:54.44 (57.40)	

Men 65-69 1500 SC Meter Freestyle

NATL: 18:53.75 % 4/2/2015 JIM MC CONICA

PAC: 19:31.11 # 1/24/2015 Jim Clemmons

WRL(5): 39:43.00 & 2000 Djan MADRUGA

WRL(6): 39:43.00 2000 Djan MADRUGA

1	Woodruff, David	68	Davis Aquatic Masters-38	26:00.00	24:17.16 &
	45.94	1:34.18 (48.24)	2:23.23 (49.05)	3:13.27 (50.04)	
	4:02.21 (48.94)	4:52.59 (50.38)	5:41.20 (48.61)	6:30.60 (49.40)	
	7:19.35 (48.75)	8:08.08 (48.73)	8:57.31 (49.23)	9:46.43 (49.12)	
	10:35.60 (49.17)	11:25.44 (49.84)	12:14.36 (48.92)	13:01.71 (47.35)	
	13:48.91 (47.20)	14:36.91 (48.00)	15:24.78 (47.87)	16:13.53 (48.75)	
	17:01.86 (48.33)	17:50.43 (48.57)	18:39.27 (48.84)	19:27.72 (48.45)	
	20:16.91 (49.19)	21:06.09 (49.18)	21:54.67 (48.58)	22:43.52 (48.85)	
	23:32.16 (48.64)	24:17.16 (45.00)			

Men 65-69 50 SC Meter Backstroke

NATL: 30.34 % 12/2/2012 HUGH WILDER

PAC: 30.34 # 12/31/2012 Hugh Wilder

WRL(5): 12:00.00 & 2000 Hugh WILDER

WRL(6): 12:00.00 2000 Hugh WILDER

1	Heath, Robert	67	Spokane Club Masters-35	32.14	34.17 &
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Men 65-69 50 SC Meter Backstroke

NATL: 30.34 % 12/2/2012 HUGH WILDER

PAC: 30.34 # 12/31/2012 Hugh Wilder

WRL(5): 12:00.00 & 2000 Hugh WILDER

WRL(6): 12:00.00 2000 Hugh WILDER

1	Hanna, Donald	66	Walnut Creek Masters-38	NT	38.52 &
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Men 65-69 100 SC Meter Backstroke

NATL: 1:07.09 % 11/12/2022 JONATHAN KLEIN

PAC: 1:07.69 # 12/31/2012 Hugh Wilder

WRL(5): 4:00.00 & 2000 Patrick NIAU

WRL(6): 4:00.00 2000 Patrick NIAU

1	Dunn, Joe	66	Santa Rosa Masters-38	1:20.00	1:16.12 &
	36.98	1:16.12 (39.14)			
2	Cutting, Steve	67	Manatee Aquatic Masters Inc-38	1:18.67	1:16.41 &
	37.34	1:16.41 (39.07)			

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****(Men 65-69 100 SC Meter Backstroke)**

3	Hanna, Donald	66	Walnut Creek Masters-38	1:23.00	1:23.65 &
	41.31		1:23.65 (42.34)		
4	Kemler, David	66	Walnut Creek Masters-38	1:24.35	1:27.52 &
	43.04		1:27.52 (44.48)		
5	Waters, Steve	67	San Ramon Valley Aquatics Mast-38	1:40.00	1:35.42 &
	46.79		1:35.42 (48.63)		
6	Goupil, Dominique	69	Fremont Hills Masters-38	2:00.00	1:49.33 &
	54.36		1:49.33 (54.97)		

Men 65-69 200 SC Meter Backstroke

NATL: 2:28.43 % 4/2/2022 DAN STEPHENSON

PAC: 2:34.93 # 10/12/2014 Alek I Shestakov

WRL(5): 4:00.00 & 2000 Dan STEPHENSON

WRL(6): 4:00.00 2000 Dan STEPHENSON

1	Kemler, David	66	Walnut Creek Masters-38	2:57.70	3:06.50 &
	43.91		1:29.97 (46.06) 2:18.46 (48.49)	3:06.50 (48.04)	
2	Hamza, Alex	65	Livermore Aquacowboys-38	3:25.00	3:14.69 &
	47.10		1:37.15 (50.05) 2:27.22 (50.07)	3:14.69 (47.47)	

Men 65-69 50 SC Meter Breaststroke

NATL: 32.50 % 11/20/2016 RICK COLELLA

PAC: 34.92 # 10/18/2009 David R Gildea

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Amaya, Michael	67	South Lake Tahoe Masters-38	40.11	40.37 &
2	Cutting, Steve	67	Manatee Aquatic Masters Inc-38	44.67	41.96 &
3	Anderson, Bob	69	Menlo Masters-38	42.00	43.74 &
4	Goupil, Dominique	69	Fremont Hills Masters-38	45.00	47.85 &
5	Culp, John	65	Albany Armada Aquatics Masters-38	53.00	50.46 &
6	Deltorchio, Fred	67	Cala Maritime Aquatics Masters-38	1:03.00	59.54 &
7	Diers, Phil	67	SF Tsunami Masters-38	1:07.40	1:12.07 &
---	Tulin, Bill	66	Tamalpais Aquatic Masters-38	42.01	DQ

Men 65-69 100 SC Meter Breaststroke

NATL: 1:11.82 % 11/24/2019 RICK COLELLA

PAC: 1:17.01 # 12/31/2008 David R Gildea

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

2	Anderson, Bob	69	Menlo Masters-38	NT	1:48.33 &
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Men 65-69 100 SC Meter Breaststroke

NATL: 1:11.82 % 11/24/2019 RICK COLELLA

PAC: 1:17.01 # 12/31/2008 David R Gildea

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Amaya, Michael	67	South Lake Tahoe Masters-38	1:29.59	1:30.82 &
	42.51		1:30.82 (48.31)		
2	Goupil, Dominique	69	Fremont Hills Masters-38	1:50.00	1:48.42 &
	51.37		1:48.42 (57.05)		
3	Culp, John	65	Albany Armada Aquatics Masters-38	1:58.00	2:00.41 &
	56.86		2:00.41 (1:03.55)		
4	Diers, Phil	67	SF Tsunami Masters-38	2:31.29	2:38.23 &
	1:13.97		2:38.23 (1:24.26)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 65-69 200 SC Meter Breaststroke

NATL: 2:36.85 % 11/19/2017 RICK COLELLA

PAC: 2:54.15 # 10/10/2015 Jim Clemmons

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Amaya, Michael	67	South Lake Tahoe Masters-38	3:20.26	3:30.55 &
	47.30	1:39.77 (52.47)	2:34.69 (54.92)	3:30.55 (55.86)	
2	Braham, Bob	65	The Bay Club-38	3:30.00	3:32.97 &
	47.70	1:40.94 (53.24)	2:36.05 (55.11)	3:32.97 (56.92)	
3	Anderson, Bob	69	Menlo Masters-38	3:40.00	3:42.96 &
	52.18	1:48.33 (56.15)	2:46.98 (58.65)	3:42.96 (55.98)	
4	Hektner, Eric	66	Sebastopol Masters Aquatic Clu-38	3:42.32	3:54.59 &
	54.38	1:54.70 (1:00.32)	2:53.94 (59.24)	3:54.59 (1:00.65)	
5	Goupil, Dominique	69	Fremont Hills Masters-38	3:50.00	3:59.52 &
	53.37	1:53.94 (1:00.57)	2:57.32 (1:03.38)	3:59.52 (1:02.20)	
6	Mao, John	66	Walnut Creek Masters-38	5:00.00	4:53.15 &
	1:00.07	2:15.44 (1:15.37)	3:35.71 (1:20.27)	4:53.15 (1:17.44)	

Men 65-69 50 SC Meter Butterfly

NATL: 28.58 % 1/21/2023 BRUCE KONE

PAC: 30.66 # 12/31/2012 Hugh Wilder

WRL(5): 5:00.00 & 2000 Dan THOMPSON

WRL(6): 5:00.00 2000 Dan THOMPSON

1	Heath, Robert	67	Spokane Club Masters-35	30.31	32.08 &
2	O'Brien, Kerry	67	Walnut Creek Masters-38	35.40	34.94 &

Men 65-69 100 SC Meter Butterfly

NATL: 1:05.37 % 7/22/2016 LAWRENCE DAY

PAC: 1:10.25 # 12/31/2008 Richard Burns

WRL(5): 2:00.00 & 2000 Hugo BREGMAN

WRL(6): 2:00.00 2000 Hugo BREGMAN

1	Evans, Mark	66	Santa Rosa Masters-38	1:12.35	1:09.00 #
	32.66	1:09.00 (36.34)			

Men 65-69 100 SC Meter Butterfly

NATL: 1:05.37 % 7/22/2016 LAWRENCE DAY

PAC: 1:10.25 # 12/31/2008 Richard Burns

WRL(5): 2:00.00 & 2000 Hugo BREGMAN

WRL(6): 2:00.00 2000 Hugo BREGMAN

1	Anderson, Bob	69	Menlo Masters-38	NT	1:52.69 &
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Men 65-69 200 SC Meter Butterfly

NATL: 2:25.35 % 11/18/2017 RICK COLELLA

PAC: 2:57.92 # 10/7/2023 Peter Guadagni

WRL(5): 2:00.00 & 2000 Hugo BREGMAN

WRL(6): 2:00.00 2000 Hugo BREGMAN

1	Anderson, Bob	69	Menlo Masters-38	3:40.00	3:48.60
	53.44	1:52.69 (59.25)	2:51.72 (59.03)	3:48.60 (56.88)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 65-69 100 SC Meter IM

NATL: 1:05.43 % 11/19/2016 RICK COLELLA

PAC: 1:10.67 # 12/31/2008 Richard Burns

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Jimenez, Jerry	68	Walnut Creek Masters-38	1:53.98	1:54.37 &
	54.37	1:54.37 (1:00.00)			

Men 65-69 200 SC Meter IM

NATL: 2:20.35 % 11/17/2018 RICK COLELLA

PAC: 2:34.64 # 10/12/2014 Alek I Shestakov

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Cutting, Steve	67	Manatee Aquatic Masters Inc-38	2:53.67	2:49.95 &
	38.08	1:22.09 (44.01)	2:11.35 (49.26)	2:49.95 (38.60)	
---	Diers, Phil	67	SF Tsunami Masters-38	5:25.00	DQ
	1:12.97	3:00.32 (1:47.35)	4:27.86 (1:27.54)	DQ (1:10.14)	

Men 65-69 400 SC Meter IM

NATL: 5:03.34 % 11/18/2017 RICK COLELLA

PAC: 5:34.91 # 10/12/2014 Alek I Shestakov

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Kemler, David	66	Walnut Creek Masters-38	6:48.63	7:31.06 &
	45.76	1:42.57 (56.81)	2:32.64 (50.07)	3:24.31 (51.67)	
	4:41.61 (1:17.30)	5:56.75 (1:15.14)	6:44.35 (47.60)	7:31.06 (46.71)	

Men 70-74 50 SC Meter Freestyle

NATL: 26.88 % 10/10/2015 RICHARD ABRAHAMS

PAC: 28.54 # 12/2/2017 Andrew M McPherso

WRL(5): 10:00.00 & 2000 Richard ABRAHAMS

WRL(6): 10:00.00 2000 Richard ABRAHAMS

1	Winterrowd, Dan	74	Marcia's Enthusiastic Masters-38	41.17	39.98 &
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Men 70-74 50 SC Meter Freestyle

NATL: 26.88 % 10/10/2015 RICHARD ABRAHAMS

PAC: 28.54 # 12/2/2017 Andrew M McPherso

WRL(5): 10:00.00 & 2000 Richard ABRAHAMS

WRL(6): 10:00.00 2000 Richard ABRAHAMS

1	Kahn, Stuart	71	Davis Aquatic Masters-38	NT	37.20 &
2	Senz, Doug	72	Marcia's Enthusiastic Masters-38	NT	40.63 &

Men 70-74 100 SC Meter Freestyle

NATL: 1:01.70 % 1/22/2023 ABRAHAMS\WILLIAMS

PAC: 1:04.17 # 12/1/2017 Andrew M McPherso

WRL(5): 4:00.00 & 2000 Akira IIDA

WRL(6): 4:00.00 2000 Akira IIDA

1	Kahn, Stuart	71	Davis Aquatic Masters-38	NT	1:17.53 &
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 70-74 100 SC Meter Freestyle

NATL: 1:01.70 % 1/22/2023 ABRAHAMS\WILLIAMS

PAC: 1:04.17 # 12/1/2017 Andrew M McPherso

WRL(5): 4:00.00 & 2000 Akira IIDA

WRL(6): 4:00.00 2000 Akira IIDA

1	Shaker, Amin	70	Walnut Creek Masters-38	1:15.00	1:15.09 &
	35.94	1:15.09 (39.15)			
2	Garrett, Richard	71	Uc38	1:10.00	1:19.61 &
	36.31	1:19.61 (43.30)			
3	Winterrowd, Dan	74	Marcia's Enthusiastic Masters-38	1:25.11	1:27.46 &
	42.81	1:27.46 (44.65)			
4	Senz, Doug	72	Marcia's Enthusiastic Masters-38	1:50.94	1:39.92 &
	49.53	1:39.92 (50.39)			

Men 70-74 200 SC Meter Freestyle

NATL: 2:10.97 % 12/4/2021 RICK COLELLA

PAC: 2:25.01 # 9/22/2013 Richard Burns

WRL(5): 12:00.00 & 2000 Rick COLELLA

WRL(6): 12:00.00 2000 Rick COLELLA

1	Kahn, Stuart	71	Davis Aquatic Masters-38	2:42.00	2:39.68 &
	37.20	1:17.53 (40.33)	1:58.85 (41.32)	2:39.68 (40.83)	
2	Small, Stephen	72	Marcia's Enthusiastic Masters-38	2:55.00	3:01.46 &
	41.02	1:25.67 (44.65)	2:13.67 (48.00)	3:01.46 (47.79)	
3	Senz, Doug	72	Marcia's Enthusiastic Masters-38	4:16.85	3:41.25 &
	53.00	2:46.65 ()	3:41.25 (54.60)		

Men 70-74 400 SC Meter Freestyle

NATL: 4:46.78 % 1/30/2022 RICK COLELLA

PAC: 5:30.46 # 10/13/2019 Alan D Bernard

WRL(5): 1:00.00 & 2000 Rick COLELLA

WRL(6): 1:00.00 2000 Rick COLELLA

1	Kahn, Stuart	71	Davis Aquatic Masters-38	NT	6:18.27
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Men 70-74 400 SC Meter Freestyle

NATL: 4:46.78 % 1/30/2022 RICK COLELLA

PAC: 5:30.46 # 10/13/2019 Alan D Bernard

WRL(5): 1:00.00 & 2000 Rick COLELLA

WRL(6): 1:00.00 2000 Rick COLELLA

1	Shaker, Amin	70	Walnut Creek Masters-38	5:40.51	5:53.58
	41.54	1:24.93 (43.39)	2:09.49 (44.56)	2:54.31 (44.82)	
	3:40.10 (45.79)	4:25.77 (45.67)	5:11.85 (46.08)	5:53.58 (41.73)	
2	Winterrowd, Dan	74	Marcia's Enthusiastic Masters-38	6:29.31	6:34.69
	45.11	1:34.08 (48.97)	2:25.50 (51.42)	3:16.52 (51.02)	
	4:06.84 (50.32)	4:57.59 (50.75)	5:47.66 (50.07)	6:34.69 (47.03)	
3	Senz, Doug	72	Marcia's Enthusiastic Masters-38	8:58.10	7:49.00
		6:50.66 ()	7:49.00 (58.34)		

Men 70-74 800 SC Meter Freestyle

NATL: 9:36.64 % 1/30/2022 RICK COLELLA

PAC: 11:18.10 # 10/8/2022 Gordon E Bell

WRL(5): 1:00.00 & 2000 Rick COLELLA

WRL(6): 1:00.00 2000 Rick COLELLA

1	Kahn, Stuart	71	Davis Aquatic Masters-38	NT	12:48.84
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2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Men 70-74 800 SC Meter Freestyle

NATL:	9:36.64	%	1/30/2022	RICK COLELLA	
PAC:	11:18.10	#	10/8/2022	Gordon E Bell	
WRL(5):	1:00.00	&	2000	Rick COLELLA	
WRL(6):	1:00.00		2000	Rick COLELLA	
1	Winterrowd, Dan		74	Marcia's Enthusiastic Masters-38	14:34.32
	48.18	1:40.66 (52.48)		2:32.57 (51.91)	3:25.23 (52.66)
	4:17.19 (51.96)	5:09.33 (52.14)		6:01.10 (51.77)	6:52.82 (51.72)
	7:44.17 (51.35)	8:36.29 (52.12)		9:28.16 (51.87)	10:20.40 (52.24)
	11:11.96 (51.56)	12:03.74 (51.78)		12:54.47 (50.73)	13:42.08 (47.61)
2	Senz, Doug		72	Marcia's Enthusiastic Masters-38	18:00.00
	58.38	3:03.15 (2:04.77)			
	9:19.49 ()			12:25.30 ()	
				15:30.08 ()	16:27.69 (57.61)

Men 70-74 1500 SC Meter Freestyle

NATL:	18:29.71	%	1/30/2022	RICK COLELLA	
PAC:	21:02.57	#	1/28/2023	Fred Ferroggiaro	
WRL(5):	1:00.00	&	2000	Rick COLELLA	
WRL(6):	1:00.00		2000	Rick COLELLA	
1	Kahn, Stuart		71	Davis Aquatic Masters-38	24:20.00
	42.09	1:28.68 (46.59)		2:15.88 (47.20)	3:03.45 (47.57)
	3:51.92 (48.47)	4:40.18 (48.26)		5:29.45 (49.27)	6:18.27 (48.82)
	7:06.86 (48.59)	7:55.41 (48.55)		8:43.92 (48.51)	9:32.97 (49.05)
	10:21.95 (48.98)	11:10.92 (48.97)		11:59.87 (48.95)	12:48.84 (48.97)
	13:38.41 (49.57)	14:27.86 (49.45)		15:16.90 (49.04)	16:06.21 (49.31)
	16:55.02 (48.81)	17:44.18 (49.16)		18:34.03 (49.85)	19:23.23 (49.20)
	20:12.52 (49.29)	21:03.45 (50.93)		21:52.80 (49.35)	22:40.46 (47.66)
	23:27.38 (46.92)	24:09.81 (42.43)			
2	Small, Stephen		72	Marcia's Enthusiastic Masters-38	24:15.00
	43.44	1:30.64 (47.20)		2:19.13 (48.49)	3:08.50 (49.37)
	3:57.72 (49.22)	4:47.33 (49.61)		5:37.66 (50.33)	6:27.67 (50.01)
	7:19.25 (51.58)	8:09.72 (50.47)		8:59.70 (49.98)	9:49.28 (49.58)
	10:38.81 (49.53)	11:29.32 (50.51)		12:19.23 (49.91)	13:09.52 (50.29)
	13:57.79 (48.27)	14:48.17 (50.38)		15:39.17 (51.00)	16:30.32 (51.15)
	17:21.29 (50.97)	18:12.34 (51.05)		19:02.71 (50.37)	19:53.67 (50.96)
	20:44.20 (50.53)	21:34.93 (50.73)		22:25.48 (50.55)	23:15.73 (50.25)
	24:06.57 (50.84)	24:56.28 (49.71)			
3	Winterrowd, Dan		74	Marcia's Enthusiastic Masters-38	26:11.16
	47.09	1:39.21 (52.12)		2:32.48 (53.27)	3:25.28 (52.80)
	4:18.12 (52.84)	5:08.76 (50.64)		6:00.58 (51.82)	6:52.83 (52.25)
	7:45.86 (53.03)	8:39.12 (53.26)		9:32.35 (53.23)	10:25.30 (52.95)
	11:18.03 (52.73)	12:11.34 (53.31)		13:04.74 (53.40)	13:58.42 (53.68)
	14:51.76 (53.34)	15:45.47 (53.71)		16:39.31 (53.84)	17:33.08 (53.77)
	18:26.87 (53.79)	19:19.93 (53.06)		20:13.75 (53.82)	21:06.94 (53.19)
	21:59.64 (52.70)	22:53.05 (53.41)		23:46.58 (53.53)	24:39.72 (53.14)
	25:33.36 (53.64)	26:24.40 (51.04)			

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Results

(Men 70-74 1500 SC Meter Freestyle)

4	Senz, Doug	72	Marcia's Enthusiastic Masters-38	35:00.00	32:10.73
	2:04.68		3:10.26 ()	4:14.80 (1:04.54)	
	5:20.54 (1:05.74)		6:24.74 (1:04.20)	7:28.74 (1:04.00)	8:34.20 (1:05.46)
	9:38.90 (1:04.70)		10:43.59 (1:04.69)	14:59.30 ()	16:06.66 (1:07.36)
	18:15.01 (1:06.15)		19:18.35 (1:03.34)	20:21.84 (1:03.49)	21:26.77 (1:04.93)
			24:40.86 ()	25:46.99 (1:06.13)	
			27:54.00 ()	29:01.18 (1:07.18)	30:07.02 (1:05.84)
	31:09.19 (1:02.17)		32:10.73 (1:01.54)		

Men 70-74 50 SC Meter Backstroke

NATL: 32.42 % 1/20/2024 TOM WOLF
 PAC: 33.51 # 12/6/2013 Richard Burns
 WRL(5): 1:00.00 & 2000 Tom WOLF
 WRL(6): 1:00.00 2000 Tom WOLF

1	Au, Andre	71	Albany Armada Aquatics Masters-38	1:03.76	1:03.92
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Men 70-74 50 SC Meter Backstroke

NATL: 32.42 % 1/20/2024 TOM WOLF
 PAC: 33.51 # 12/6/2013 Richard Burns
 WRL(5): 1:00.00 & 2000 Tom WOLF
 WRL(6): 1:00.00 2000 Tom WOLF

2	Kahn, Stuart	71	Davis Aquatic Masters-38	NT	39.85 &
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Men 70-74 100 SC Meter Backstroke

NATL: 1:08.55 % 1/20/2024 TOM WOLF
 PAC: 1:12.09 # 12/6/2013 Richard Burns
 WRL(5): 1:00.00 & 2000 Tom WOLF
 WRL(6): 1:00.00 2000 Tom WOLF

1	Kahn, Stuart	71	Davis Aquatic Masters-38	1:25.00	1:21.33
	39.85		1:21.33 (41.48)		
2	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	1:39.83	1:34.60
	45.24		1:34.60 (49.36)		

Men 70-74 200 SC Meter Backstroke

NATL: 2:34.96 % 11/14/2021 LAWRENCE DAY
 PAC: 2:38.01 # 12/6/2013 Richard Burns
 WRL(5): 11:00.00 & 2000 Lawrence DAY
 WRL(6): 11:00.00 2000 Lawrence DAY

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	3:27.47	3:23.75 &
	47.35		1:38.53 (51.18)	2:31.25 (52.72)	3:23.75 (52.50)

Men 70-74 50 SC Meter Breaststroke

NATL: 33.54 % 12/4/2021 RICK COLELLA
 PAC: 36.16 # 8/24/2013 David R Gildea
 WRL(5): 12:00.00 & 2000 Rick COLELLA
 WRL(6): 12:00.00 2000 Rick COLELLA

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	45.41	45.48 &
2	Baker, Stephen	70	Penguin Swim Club-38	45.17	45.71 &
3	Garrett, Richard	71	Uc38	42.00	45.90 &
4	Au, Andre	71	Albany Armada Aquatics Masters-38	57.66	57.86 &

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Results

Men 70-74 100 SC Meter Breaststroke

NATL: 1:13.04 % 12/4/2021 RICK COLELLA

PAC: 1:21.41 # 8/24/2013 David R Gildea

WRL(5): 12:00.00 & 2000 Rick COLELLA

WRL(6): 12:00.00 2000 Rick COLELLA

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	1:44.93	1:40.83 &
	48.79		1:40.83 (52.04)		
2	Baker, Stephen	70	Penguin Swim Club-38	1:38.98	1:42.15 &
	48.22		1:42.15 (53.93)		

Men 70-74 200 SC Meter Breaststroke

NATL: 2:45.56 % 11/19/2023 RICK COLELLA

PAC: 3:04.51 # 9/22/2013 David R Gildea

WRL(5): 11:00.00 & 2000 Rick COLELLA

WRL(6): 11:00.00 2000 Rick COLELLA

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	3:47.47	3:35.92 &
	49.02		1:44.42 (55.40) 2:40.86 (56.44) 3:35.92 (55.06)		
2	Small, Stephen	72	Marcia's Enthusiastic Masters-38	3:45.00	3:49.60 &
	51.09		1:49.47 (58.38) 2:49.61 (1:00.14) 3:49.60 (59.99)		

Men 70-74 50 SC Meter Butterfly

NATL: 29.52 % 10/11/2015 RICHARD ABRAHAMS

PAC: 31.13 # 12/2/2017 Andrew M McPherso

WRL(5): 10:00.00 & 2000 Richard ABRAHAMS

WRL(6): 10:00.00 2000 Richard ABRAHAMS

1	Kahn, Stuart	71	Davis Aquatic Masters-38	35.34	33.74 &
2	Au, Andre	71	Albany Armada Aquatics Masters-38	1:10.00	1:03.36 &

Men 70-74 100 SC Meter Butterfly

NATL: 1:06.54 % 10/17/2021 LAWRENCE DAY

PAC: 1:13.49 # 12/3/2017 Andrew M McPherso

WRL(5): 10:00.00 & 2000 Lawrence DAY

WRL(6): 10:00.00 2000 Lawrence DAY

1	Small, Stephen	72	Marcia's Enthusiastic Masters-38	NT	1:52.80 &
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Men 70-74 100 SC Meter IM

NATL: 1:06.98 % 12/4/2021 RICK COLELLA

PAC: 1:14.40 # 10/6/2013 Richard Burns

WRL(5): 12:00.00 & 2000 Rick COLELLA

WRL(6): 12:00.00 2000 Rick COLELLA

1	Kahn, Stuart	71	Davis Aquatic Masters-38	1:20.00	1:27.59 &
	40.26		1:27.59 (47.33)		
2	Au, Andre	71	Albany Armada Aquatics Masters-38	2:00.00	2:01.19 &
	59.26		2:01.19 (1:01.93)		

Men 70-74 400 SC Meter IM

NATL: 5:47.41 % 11/5/2022 LAWRENCE DAY

PAC: 5:48.15 # 9/22/2019 Alek I Shestakov

WRL(5): 3:00.00 & 2000 Patrick MOREAU

WRL(6): 3:00.00 2000 Patrick MOREAU

1	Small, Stephen	72	Marcia's Enthusiastic Masters-38	7:50.00	8:06.57
	51.24		1:52.80 (1:01.56) 2:53.49 (1:00.69) 3:55.92 (1:02.43)		
	5:08.82 (1:12.90)		6:23.02 (1:14.20) 7:15.36 (52.34) 8:06.57 (51.21)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Results

Men 75-79 50 SC Meter Freestyle

NATL: 28.70 % 11/21/2021		RICHARD ABRAHAMS			
PAC: 30.53 # 10/14/2018		Richard Burns			
WRL(5): 11:00.00 & 2000		Richard ABRAHAMS			
WRL(6): 11:00.00 2000		Richard ABRAHAMS			
1	DeLacy, James	78	Walnut Creek Masters-38	32.10	32.78 &
2	Firmin, Rob	76	Albany Armada Aquatics Masters-38	38.23	39.23 &
3	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	1:00.00	1:02.97 &

Men 75-79 100 SC Meter Freestyle

NATL: 1:04.80 % 10/13/2019		DAVID QUIGGIN			
PAC: 1:07.75 # 10/12/2019		Richard Burns			
WRL(5): 10:00.00 & 2000		David QUIGGIN			
WRL(6): 10:00.00 2000		David QUIGGIN			
1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	1:09.99	1:09.77 &
	34.04		1:09.77 (35.73)		
2	DeLacy, James	78	Walnut Creek Masters-38	1:15.00	1:14.47 &
	34.87		1:14.47 (39.60)		
3	Daniels, Larry	79	Tuolumne County Aquatic Master-38	1:25.00	1:26.78 &
	41.31		1:26.78 (45.47)		
4	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	2:30.00	2:26.72 &
	1:13.06		2:26.72 (1:13.66)		

Men 75-79 200 SC Meter Freestyle

NATL: 2:26.87 % 11/18/2023		DAN KIRKLAND			
PAC: 2:33.70 # 10/8/2023		Joel R Wilson			
WRL(5): 11:00.00 & 2000		Dan KIRKLAND			
WRL(6): 11:00.00 2000		Dan KIRKLAND			
1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	2:32.99	2:33.09 #
	35.29		1:14.31 (39.02)		1:54.00 (39.69)
					2:33.09 (39.09)

Men 75-79 800 SC Meter Freestyle

NATL: 10:40.84 % 2/5/2023		DAN KIRKLAND			
PAC: 12:45.40 # 12/31/1994		Ray Taft			
WRL(5): 2:00.00 & 2000		Dan KIRKLAND			
WRL(6): 2:00.00 2000		Dan KIRKLAND			
1	Daniels, Larry	79	Tuolumne County Aquatic Master-38	15:20.00	15:40.98
	48.42		1:44.62 (56.20)		2:42.56 (57.94)
					3:40.41 (57.85)
	4:38.58 (58.17)		5:37.86 (59.28)		6:37.87 (1:00.01)
					7:36.86 (58.99)
	8:36.67 (59.81)		9:37.99 (1:01.32)		10:38.37 (1:00.38)
					11:39.95 (1:01.58)
	12:41.08 (1:01.13)		13:44.22 (1:03.14)		15:40.99 (1:56.77)
					15:40.98 ()
2	Crockett, Robert	76	Menlo Masters-38	17:00.00	16:44.66
	57.25		1:58.52 (1:01.27)		3:01.49 (1:02.97)
					4:04.72 (1:03.23)
	5:08.54 (1:03.82)		6:12.27 (1:03.73)		7:16.37 (1:04.10)
					8:20.02 (1:03.65)
	9:23.60 (1:03.58)		10:27.23 (1:03.63)		11:31.36 (1:04.13)
					12:34.45 (1:03.09)
	13:37.34 (1:02.89)		14:40.94 (1:03.60)		15:43.51 (1:02.57)
					16:44.66 (1:01.15)

Men 75-79 800 SC Meter Freestyle

NATL: 10:40.84 % 2/5/2023		DAN KIRKLAND			
PAC: 12:45.40 # 12/31/1994		Ray Taft			
WRL(5): 2:00.00 & 2000		Dan KIRKLAND			
WRL(6): 2:00.00 2000		Dan KIRKLAND			
1	Crockett, Robert	76	Menlo Masters-38	NT	14:53.00

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Men 75-79 1500 SC Meter Freestyle

NATL: 20:18.58 % 2/5/2023 DAN KIRKLAND

PAC: 23:37.09 # 1/29/2022 Edward Rudloff

WRL(5): 2:00.00 & 2000 Dan KIRKLAND

WRL(6): 2:00.00 2000 Dan KIRKLAND

1	Wilson, Joel	76	Santa Cruz Masters Aquatics-38	21:30.00	21:21.59 #
	39.45	1:21.59 (42.14)	2:04.90 (43.31)	2:47.61 (42.71)	
	3:30.34 (42.73)	4:12.88 (42.54)	4:55.02 (42.14)	5:37.24 (42.22)	
	6:19.87 (42.63)	7:01.71 (41.84)	7:44.10 (42.39)	8:26.93 (42.83)	
	9:09.21 (42.28)	9:51.49 (42.28)	10:33.63 (42.14)	11:16.96 (43.33)	
	11:59.70 (42.74)	12:42.73 (43.03)	13:25.53 (42.80)	14:08.39 (42.86)	
	14:51.90 (43.51)	15:35.02 (43.12)	16:17.88 (42.86)	17:01.55 (43.67)	
	17:45.53 (43.98)	18:28.79 (43.26)	19:12.28 (43.49)	19:56.12 (43.84)	
	20:39.64 (43.52)	21:21.59 (41.95)			
2	Crockett, Robert	76	Menlo Masters-38	31:10.12	32:23.43
	59.52	2:00.79 (1:01.27)	3:05.09 (1:04.30)	4:07.55 (1:02.46)	
	5:10.54 (1:02.99)	6:13.78 (1:03.24)	7:17.04 (1:03.26)	8:20.58 (1:03.54)	
	9:24.35 (1:03.77)	10:28.94 (1:04.59)	11:34.40 (1:05.46)	12:37.75 (1:03.35)	
	13:42.81 (1:05.06)	14:48.26 (1:05.45)	15:52.60 (1:04.34)	16:56.67 (1:04.07)	
	18:04.20 (1:07.53)	19:09.44 (1:05.24)	20:13.89 (1:04.45)	21:19.62 (1:05.73)	
	22:25.06 (1:05.44)	23:30.07 (1:05.01)	24:37.55 (1:07.48)	25:46.16 (1:08.61)	
	26:56.74 (1:10.58)	28:03.40 (1:06.66)	29:08.57 (1:05.17)	30:14.14 (1:05.57)	
	31:19.76 (1:05.62)	32:23.43 (1:03.67)			
3	Feiring, Keith	77	Walnut Creek Masters-38	34:00.00	33:39.97
	58.72	2:00.59 (1:01.87)	3:05.15 (1:04.56)	4:10.84 (1:05.69)	
	5:16.01 (1:05.17)	6:22.47 (1:06.46)	7:29.95 (1:07.48)	8:36.92 (1:06.97)	
	9:44.10 (1:07.18)	10:51.12 (1:07.02)	11:58.18 (1:07.06)	13:07.94 (1:09.76)	
	14:15.60 (1:07.66)	15:24.36 (1:08.76)	16:31.37 (1:07.01)	17:40.06 (1:08.69)	
	18:49.21 (1:09.15)	19:58.38 (1:09.17)	21:07.20 (1:08.82)	22:15.65 (1:08.45)	
	23:24.65 (1:09.00)	24:33.78 (1:09.13)	25:43.12 (1:09.34)	26:51.83 (1:08.71)	
	28:00.42 (1:08.59)	29:09.04 (1:08.62)	30:16.93 (1:07.89)	31:24.47 (1:07.54)	
	32:33.90 (1:09.43)	33:39.97 (1:06.07)			

Men 75-79 50 SC Meter Backstroke

NATL: 33.87 % 12/2/2018 RICHARD BURNS

PAC: 33.87 # 12/2/2018 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

1	Sears, Tom	77	Marcia's Enthusiastic Masters-38	53.20	53.14 &
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Men 75-79 100 SC Meter Backstroke

NATL: 1:14.03 % 12/7/2019 RICHARD BURNS

PAC: 1:14.03 # 12/7/2019 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

1	Piazza, Michael	78	Walnut Creek Masters-38	1:50.00	1:51.48 &
	52.72	1:51.48 (58.76)			
2	Sears, Tom	77	Marcia's Enthusiastic Masters-38	2:00.08	1:58.93 &
	54.82	1:58.93 (1:04.11)			

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Men 75-79 50 SC Meter Breaststroke

NATL:	37.78	%	4/21/2024	ALLEN STARK		
PAC:	40.24	#	10/12/2019	David R Gildea		
WRL(5):	2:00.00	&	2000	Roberto RUGGIERI		
WRL(6):	2:00.00		2000	Roberto RUGGIERI		
1	Firmin, Rob		76	Albany Armada Aquatics Masters-38	52.34	47.86 &
2	Wingerath, Michael		79	Cala Maritime Aquatics Masters-38	1:30.00	1:23.38 &
---	Sears, Tom		77	Marcia's Enthusiastic Masters-38	53.96	DQ

Men 75-79 100 SC Meter Breaststroke

NATL:	1:24.27	%	12/3/2022	DOUGLAS SPRINGER		
PAC:	1:30.21	#	10/12/2019	Kenneth A Frost		
WRL(5):	12:00.00	&	2000	Douglas SPRINGER		
WRL(6):	12:00.00		2000	Douglas SPRINGER		
1	Firmin, Rob		76	Albany Armada Aquatics Masters-38	1:47.64	1:49.06 &
	54.21			1:49.06 (54.85)		
2	Wingerath, Michael		79	Cala Maritime Aquatics Masters-38	3:30.00	3:12.11 &
	1:31.80			3:12.11 (1:40.31)		

Men 75-79 50 SC Meter Butterfly

NATL:	32.09	%	11/21/2021	RICHARD ABRAHAMS		
PAC:	32.41	#	12/1/2018	Richard Burns		
WRL(5):	11:00.00	&	2000	Richard ABRAHAMS		
WRL(6):	11:00.00		2000	Richard ABRAHAMS		
1	Bernard, Alan		75	Tamalpais Aquatic Masters-38	34.32	35.40 &
2	DeLacy, James		78	Walnut Creek Masters-38	37.00	39.40 &
3	Sears, Tom		77	Marcia's Enthusiastic Masters-38	58.00	57.10 &

Men 75-79 100 SC Meter Butterfly

NATL:	1:17.39	%	12/16/2023	FRED SCHLICHER		
PAC:	1:17.59	#	12/8/2019	Richard Burns		
WRL(5):	12:00.00	&	2000	Fred SCHLICHER		
WRL(6):	12:00.00		2000	Fred SCHLICHER		
1	Bernard, Alan		75	Tamalpais Aquatic Masters-38	1:18.99	1:19.39 &
	37.15			1:19.39 (42.24)		

Men 75-79 200 SC Meter Butterfly

NATL:	3:05.32	%	2/25/2024	ALAN BERNARD		
PAC:	3:05.32	#	2/25/2024	Alan D Bernard		
WRL(5):	2:00.00	&	2000	Alan BERNARD		
WRL(6):	2:00.00		2000	Alan BERNARD		
1	Bernard, Alan		75	Tamalpais Aquatic Masters-38	3:05.32	3:13.89
	42.57			1:32.27 (49.70) 2:23.10 (50.83) 3:13.89 (50.79)		

Men 75-79 100 SC Meter IM

NATL:	1:17.52	%	1/20/2024	HUBIE KERNS		
PAC:	1:17.89	#	12/2/2018	Richard Burns		
WRL(5):	1:00.00	&	2000	Hubie KERNS		
WRL(6):	1:00.00		2000	Hubie KERNS		
1	DeLacy, James		78	Walnut Creek Masters-38	1:27.00	1:36.21
	43.94			1:36.21 (52.27)		
2	Firmin, Rob		76	Albany Armada Aquatics Masters-38	1:48.32	1:45.55
	53.81			1:45.55 (51.74)		

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(Men 75-79 100 SC Meter IM)

3	Sears, Tom	77	Marcia's Enthusiastic Masters-38	1:55.53	1:52.50
	54.66		1:52.50 (57.84)		
4	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	3:30.00	3:08.24
	1:31.80		3:08.24 (1:36.44)		

Men 80-84 50 SC Meter Freestyle

	NATL:	31.25	%	12/2/2017	JEFF FARRELL
	PAC:	32.00	#	12/2/2023	Richard Burns
	WRL(5):	2:00.00	&	2000	Gerhard WIELAND
	WRL(6):	2:00.00		2000	Gerhard WIELAND
1	Gildea, David	81	Menlo Masters-38	NT	38.43 &

Men 80-84 50 SC Meter Freestyle

	NATL:	31.25	%	12/2/2017	JEFF FARRELL
	PAC:	32.00	#	12/2/2023	Richard Burns
	WRL(5):	2:00.00	&	2000	Gerhard WIELAND
	WRL(6):	2:00.00		2000	Gerhard WIELAND
1	Anderson, Fred	82	Rolling Hills Mud Sharks-38	40.80	46.55 &
2	Stewart, Jim	83	Santa Rosa Masters-38	50.00	57.13 &

Men 80-84 100 SC Meter Freestyle

	NATL:	1:09.98	%	12/1/2023	RICHARD BURNS
	PAC:	1:09.98	#	12/1/2023	Richard Burns
	WRL(5):	2:00.00	&	2000	Akira FUJIMAKI
	WRL(6):	2:00.00		2000	Akira FUJIMAKI
1	Anderson, Fred	82	Rolling Hills Mud Sharks-38	1:52.54	1:46.21 &
	50.59		1:46.21 (55.62)		
2	Stewart, Jim	83	Santa Rosa Masters-38	1:50.00	2:06.34
	57.78		2:06.34 (1:08.56)		

Men 80-84 200 SC Meter Freestyle

	NATL:	2:38.25	%	9/28/2014	DAVID RADCLIFF
	PAC:	2:43.60	#	2/26/2023	Richard Burns
	WRL(5):	9:00.00	&	2000	David RADCLIFF
	WRL(6):	9:00.00		2000	David RADCLIFF
1	Silvey, Rick	82	Walnut Creek Masters-38	4:15.46	4:55.86 &
	1:09.42		2:26.52 (1:17.10) 3:44.21 (1:17.69) 4:55.86 (1:11.65)		

Men 80-84 800 SC Meter Freestyle

	NATL:	11:35.71	%	11/15/2014	DAVID RADCLIFF
	PAC:	13:10.47	#	11/5/2023	Tony Ralphs
	WRL(5):	11:00.00	&	2000	David RADCLIFF
	WRL(6):	11:00.00		2000	David RADCLIFF
1	Magnani, Len	82	Ucsf Masters-38	18:59.99	19:38.44
	1:12.83		2:25.28 (1:12.45) 3:41.17 (1:15.89) 4:54.29 (1:13.12)		
	6:06.08 (1:11.79)		7:18.65 (1:12.57) 8:33.69 (1:15.04) 9:46.00 (1:12.31)		
	11:01.04 (1:15.04)		12:15.78 (1:14.74) 13:28.61 (1:12.83) 14:43.21 (1:14.60)		
	15:57.35 (1:14.14)		17:10.28 (1:12.93) 18:25.09 (1:14.81) 19:38.44 (1:13.35)		

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Men 80-84 50 SC Meter Backstroke

NATL: 36.01 % 2/26/2023 RICHARD BURNS

PAC: 36.01 # 2/26/2023 Richard Burns

WRL(5): 2:00.00 & 2000 Richard BURNS

WRL(6): 2:00.00 2000 Richard BURNS

1	Burns, Richard	81	Tamalpais Aquatic Masters-38	38.50	37.14&
2	Gildea, David	81	Menlo Masters-38	46.01	47.16&
3	Anderson, Fred	82	Rolling Hills Mud Sharks-38	2:45.00	59.77&
4	Stewart, Jim	83	Santa Rosa Masters-38	1:15.00	1:17.81&

Men 80-84 100 SC Meter Backstroke

NATL: 1:18.31 % 12/2/2023 RICHARD BURNS

PAC: 1:18.31 # 12/2/2023 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

3	Gildea, David	81	Menlo Masters-38	NT	1:47.78&
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Men 80-84 100 SC Meter Backstroke

NATL: 1:18.31 % 12/2/2023 RICHARD BURNS

PAC: 1:18.31 # 12/2/2023 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

1	Burns, Richard	81	Tamalpais Aquatic Masters-38	1:25.00	1:21.54&
				40.10	1:21.54 (41.44)
2	Stewart, Jim	83	Santa Rosa Masters-38	2:40.00	2:59.32&
				1:22.47	2:59.32 (1:36.85)

Men 80-84 200 SC Meter Backstroke

NATL: 2:56.75 % 2/25/2023 RICHARD BURNS

PAC: 2:56.75 # 2/25/2023 Richard Burns

WRL(5): 2:00.00 & 2000 Richard BURNS

WRL(6): 2:00.00 2000 Richard BURNS

1	Burns, Richard	81	Tamalpais Aquatic Masters-38	3:10.50	3:05.10
				44.87	1:31.34 (46.47) 2:19.59 (48.25) 3:05.10 (45.51)
2	Stewart, Jim	83	Santa Rosa Masters-38	5:50.00	7:25.81
				1:22.04	3:07.32 (1:45.28) 5:11.16 (2:03.84) 7:25.81 (2:14.65)

Men 80-84 50 SC Meter Breaststroke

NATL: 42.41 % 10/28/2017 DAVID COSTILL

PAC: 42.57 # 10/7/2023 David Gildea

WRL(5): 5:00.00 & 2000 Toshio TAJIMA

WRL(6): 5:00.00 2000 Toshio TAJIMA

1	Gildea, David	81	Menlo Masters-38	42.40	43.47&
2	Anderson, Fred	82	Rolling Hills Mud Sharks-38	3:23.03	1:11.05&

Men 80-84 100 SC Meter Breaststroke

NATL: 1:36.56 % 1/21/2023 DAVE NOBLE

PAC: 1:37.38 # 11/5/2023 Peter Andersen

WRL(5): 2:00.00 & 2000 Masaru SHINKAI

WRL(6): 2:00.00 2000 Masaru SHINKAI

1	Gildea, David	81	Menlo Masters-38	1:41.38	1:40.21&
				48.04	1:40.21 (52.17)

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Men 80-84 200 SC Meter Breaststroke

NATL: 3:33.07 % 1/21/2023 DAVE NOBLE

PAC: 3:52.83 # 9/25/2011 Ashley K Jones

WRL(5): 2:00.00 & 2000 Masaru SHINKAI

WRL(6): 2:00.00 2000 Masaru SHINKAI

1	Gildea, David	81	Menlo Masters-38	3:44.01	3:51.57 #
	53.19	1:52.35 (59.16)	2:53.17 (1:00.82)	3:51.57 (58.40)	

Men 80-84 50 SC Meter Butterfly

NATL: 34.81 % 12/2/2023 RICHARD BURNS

PAC: 34.81 # 12/2/2023 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

1	Burns, Richard	81	Tamalpais Aquatic Masters-38	36.50	36.45 &
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Men 80-84 100 SC Meter Butterfly

NATL: 1:25.21 % 12/3/2023 RICHARD BURNS

PAC: 1:25.21 # 12/3/2023 Richard Burns

WRL(5): 12:00.00 & 2000 Richard BURNS

WRL(6): 12:00.00 2000 Richard BURNS

1	Burns, Richard	81	Tamalpais Aquatic Masters-38	1:28.50	1:32.93 &
	41.31	1:32.93 (51.62)			

Men 80-84 100 SC Meter IM

NATL: 1:23.73 % 2/26/2023 RICHARD BURNS

PAC: 1:23.73 # 2/26/2023 Richard Burns

WRL(5): 2:00.00 & 2000 Richard BURNS

WRL(6): 2:00.00 2000 Richard BURNS

1	Gildea, David	81	Menlo Masters-38	1:39.01	1:39.83 &
	48.24	1:39.83 (51.59)			
2	Anderson, Fred	82	Rolling Hills Mud Sharks-38	2:05.45	2:28.96
	1:12.34	2:28.96 (1:16.62)			

Men 85-89 50 SC Meter Freestyle

NATL: 34.44 % 11/5/2023 JEFF FARRELL

PAC: 37.96 # 12/31/2003 William Johnston

WRL(5): 1:00.00 & 2000 Roberto ALBERICHE

WRL(6): 1:00.00 2000 Roberto ALBERICHE

1	Bledsoe, Dennis	85	Walnut Creek Masters-38	45.00	49.05 &
2	Fleming, Jack	89	University of San Francisco Ma-38	49.67	50.04 &

Men 85-89 100 SC Meter Freestyle

NATL: 1:20.73 % 12/2/2022 JEFF FARRELL

PAC: 1:35.43 # 12/31/2002 Aldo da Rosa

WRL(5): 1:00.00 & 2000 Roberto ALBERICHE

WRL(6): 1:00.00 2000 Roberto ALBERICHE

1	Van Horn, William	86	The Olympic Club-38	1:30.00	1:28.80 #
	42.51	1:28.80 (46.29)			
2	Bledsoe, Dennis	85	Walnut Creek Masters-38	1:50.00	1:57.26
	52.97	1:57.26 (1:04.29)			

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Men 85-89 200 SC Meter Freestyle

NATL: 3:03.23 % 4/14/2019 DAVID RADCLIFF

PAC: 3:42.64 # 12/31/2006 Steve P Carlson

WRL(5): 1:00.00 & 2000 Roberto ALBERICHE

WRL(6): 1:00.00 2000 Roberto ALBERICHE

1	Van Horn, William	86	The Olympic Club-38	3:25.00	3:37.10 #
	46.93	1:40.24 (53.31)	2:38.43 (58.19)	3:37.10 (58.67)	

Men 85-89 50 SC Meter Backstroke

NATL: 41.75 % 12/3/2017 CLARKE MITCHELL

PAC: 47.34 # 12/31/2002 Aldo da Rosa

WRL(5): 4:00.00 & 2000 Akihiko YABE

WRL(6): 4:00.00 2000 Akihiko YABE

1	Van Horn, William	86	The Olympic Club-38	46.00	47.81 &
2	Bledsoe, Dennis	85	Walnut Creek Masters-38	50.00	54.35 &
3	Fleming, Jack	89	University of San Francisco Ma-38	1:09.09	1:07.31 &

Men 85-89 100 SC Meter Backstroke

NATL: 1:32.98 % 12/2/2017 CLARKE MITCHELL

PAC: 1:48.79 # 12/31/2002 Aldo da Rosa

WRL(5): 5:00.00 & 2000 Keijiro NAKAMURA

WRL(6): 5:00.00 2000 Keijiro NAKAMURA

1	Bledsoe, Dennis	85	Walnut Creek Masters-38	2:00.00	2:16.23 &
	1:01.91	2:16.23 (1:14.32)			

Men 85-89 200 SC Meter Backstroke

NATL: 3:40.17 % 12/11/2021 DAVID COSTILL

PAC: 4:00.80 # 12/31/2002 Aldo da Rosa

WRL(5): 4:00.00 & 2000 Keijiro NAKAMURA

WRL(6): 4:00.00 2000 Keijiro NAKAMURA

1	Fleming, Jack	89	University of San Francisco Ma-38	5:51.23	5:25.06
	1:16.69	2:41.73 (1:25.04)	4:05.35 (1:23.62)	5:25.06 (1:19.71)	

Men 85-89 400 SC Meter IM

NATL: 8:12.94 % 10/30/2010 THOMAS MAINE

PAC: 11:07.74 # 12/31/2003 William Johnston

WRL(5): 5:00.00 & 2000 John COCKS

WRL(6): 5:00.00 2000 John COCKS

1	Fleming, Jack	89	University of San Francisco Ma-38	11:27.61	11:19.51
	1:10.39	2:43.78 (1:33.39)	4:06.97 (1:23.19)	5:36.96 (1:29.99)	
	6:59.51 (1:22.55)	8:30.32 (1:30.81)	10:00.03 (1:29.71)	11:19.51 (1:19.48)	

Men 90-94 800 SC Meter Freestyle

NATL: 16:04.18 % 9/27/2014 WILLARD LAMB

WRL(5): 9:00.00 & 2000 Willard LAMB

WRL(6): 9:00.00 2000 Willard LAMB

1	Zurcher, James	90	Colorado Masters Swimming-32	NT	15:34.24 %
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Men 90-94 1500 SC Meter Freestyle

NATL: 30:41.82 % 9/26/2014 WILLARD LAMB

WRL(5): 5:00.00 & 2000 Katsura SUZUKI

WRL(6): 5:00.00 2000 Katsura SUZUKI

1	Zurcher, James	90	Colorado Masters Swimming-32	30:14.00	29:18.14%
	55.01	1:51.60 (56.59)	2:49.49 (57.89)	3:49.61 (1:00.12)	
	4:48.27 (58.66)	5:47.07 (58.80)	6:46.61 (59.54)	7:45.26 (58.65)	
	8:44.14 (58.88)	9:43.25 (59.11)	10:42.70 (59.45)	11:41.62 (58.92)	
	12:40.94 (59.32)	13:40.08 (59.14)	14:37.38 (57.30)	15:34.24 (56.86)	
	16:34.51 (1:00.27)	17:34.02 (59.51)	18:34.15 (1:00.13)	19:33.57 (59.42)	
	20:32.69 (59.12)	21:31.87 (59.18)	22:30.05 (58.18)	23:29.76 (59.71)	
	24:29.25 (59.49)	25:28.81 (59.56)	26:27.68 (58.87)	27:26.34 (58.66)	
	28:24.02 (57.68)	29:18.14 (54.12)			

Men 90-94 100 SC Meter Backstroke

NATL: 1:59.76 % 4/28/2013 WILLARD LAMB

PAC: 2:12.53 # 10/7/2023 Robert W Mayo

WRL(5): 5:00.00 & 2000 Goro KOBAYASHI

WRL(6): 5:00.00 2000 Goro KOBAYASHI

1	Zurcher, James	90	Colorado Masters Swimming-32	1:50.00	1:50.79%
	53.98	1:50.79 (56.81)			
2	Mayo, Robert	91	Walnut Creek Masters-38	2:25.00	2:20.89&
	1:08.04	2:20.89 (1:12.85)			

Men 100-104 50 SC Meter Freestyle

NATL: 57.81 % 3/13/2022 WILLARD LAMB

WRL(5): 6:00.00 & 2000 George CORONES

WRL(6): 6:00.00 2000 George CORONES

1	Grannis, Frank	100	The Olympic Club-38	1:19.00	1:22.04&
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Men 100-104 100 SC Meter Freestyle

NATL: 2:13.96 % 3/12/2022 WILLARD LAMB

WRL(5): 3:00.00 & 2000 Willard LAMB

WRL(6): 3:00.00 2000 Willard LAMB

1	Grannis, Frank	100	The Olympic Club-38	2:59.00	3:17.95
	1:35.86	3:17.95 (1:42.09)			

Men 100-104 50 SC Meter Backstroke

NATL: 1:07.11 % 3/12/2022 WILLARD LAMB

WRL(5): 3:00.00 & 2000 Willard LAMB

WRL(6): 3:00.00 2000 Willard LAMB

1	Grannis, Frank	100	The Olympic Club-38	1:29.00	1:25.21&
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Men 100-104 100 SC Meter Backstroke

NATL: 2:24.84 % 3/12/2022 WILLARD LAMB

WRL(5): 3:00.00 & 2000 Willard LAMB

WRL(6): 3:00.00 2000 Willard LAMB

---	Grannis, Frank	100	The Olympic Club-38	2:59.00	DQ
	1:31.87	DQ (1:33.09)			

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Women 72-99 400 SC Meter Freestyle Relay

NATL: 3:58.11 % 12/4/2010 THE OLYMPIC CLUB

E REILLY, M GILL, O'DONNELL-MCCARTH, B BISHOP

PAC: 4:11.00 # 10/18/2009 WCM

M Streumpf, C A McGowan, A K Lee, S Marshall

1	San Jose Clownfish-38	A	5:15.00	5:34.90
	1) Hampel, Tara W25	2) Roe, Olivia W29	3) Pickett, Shauna W24	4) Lawson, Abigail W19
	35.82	1:15.86 (1:15.86)	1:58.12 (42.26)	2:43.14 (1:27.28)
	3:26.38 (43.24)	4:14.94 (1:31.80)	4:53.45 (38.51)	5:34.90 (1:19.96)

Women 72-99 200 SC Meter Medley Relay

NATL: 2:07.15 % 10/17/2009 WALNUT CREEK MASTERS

C MCGOWAN, R TUKUA, M STREUMPF, A LEE

PAC: 2:07.15 # 10/18/2009 WCM

C A McGowan, R R Tukua, M Streumpf, A K Lee

1	San Jose Clownfish-38	A	2:40.00	2:48.98
	1) Hampel, Tara W25	2) Roe, Olivia W29	3) Pickett, Shauna W24	4) Lawson, Abigail W19
	39.30	1:29.30 (50.00)	2:13.90 (44.60)	2:48.98 (35.08)

Women 100-119 200 SC Meter Freestyle Relay

NATL: 1:45.93 % 3/31/1996 MICHIGAN MASTERS

D BURRELL, S DEVLIN, M MUETING, S TAORMINA

PAC: 1:51.26 # 10/10/2010 TOC

E Reilly, F O'Donnell-McCa, L Welting, Meg Gill

WRL(4): 1:45.30 \$ 5/21/2023 QUEENDOM -JPN

R KIZAWA, E HARA, Y TAKASAKI, M IDA

1	Marcia's Enthusiastic Masters-38	A	2:32.00	2:46.59
	1) Valencia, Juliana W26	2) Leung, Michele W31	3) Danna, Nicole W37	4) Cardenas, Julianna W24
	51.78	1:28.08 (36.30)	2:15.81 (47.73)	2:46.59 (30.78)

Women 100-119 200 SC Meter Medley Relay

NATL: 2:02.98 % 12/1/2012 THE OLYMPIC CLUB

O'DONNELL-MCCARTH, K HOUSTON, E REILLY, C DAVIDOFF

PAC: 2:02.46 # 10/21/2007 WCM

S Marshall, K Harris, L M Davis, K M Price

WRL(4): 1:54.05 \$ 5/21/2023 QUEENDOM -JPN

R KIZAWA, Y TAKASAKI, E HARA, M IDA

1	University of San Francisco Ma-3:	A	2:11.00	2:17.76
	1) Brunings, Kourtney W27	2) Curran, Hannah W33	3) Doi, Stephanie W30	4) Blankley, Stephanie W26
	38.03	1:15.84 (37.81)	1:47.32 (31.48)	2:17.76 (30.44)
2	Marcia's Enthusiastic Masters-38	A	2:56.00	2:54.51
	1) Woo, Emily W29	2) Valencia, Juliana W26	3) Cardenas, Julianna W24	4) Leung, Michele W31
	44.30	1:34.32 (50.02)	2:08.42 (34.10)	2:54.51 (46.09)

Women 120-159 200 SC Meter Freestyle Relay

NATL: 1:51.23 % 12/10/2022 OREGON MASTERS

A HIGLETT, J STACY, I FEIERABEND, M VEITH

PAC: 1:57.59 # 12/31/1995 TOC

Rowell, Seibt, Danielle Ogier, Jolly

WRL(4): 1:44.88 \$ 11/30/2014 TSUNAMI -RUS

I SHLEMOVA, L YUDINA, E YUDINA, S KNIAGININA

1	Walnut Creek Masters-38	A	2:10.00	2:03.45
	1) Warner, Kate W34	2) Bloch, Laurence W31	3) Hwang, Jenn W32	4) Rosas, Rachel W31
	32.02	1:01.48 (29.46)	1:32.14 (30.66)	2:03.45 (31.31)

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Women 120-159 400 SC Meter Freestyle Relay

NATL: 4:08.59 % 11/12/2022 OREGON MASTERS

A HIGLETT, J STACY, I FEIERABEND, M VEITH

PAC: 4:30.66 # 10/16/2021 WCM

L Lawrence, L Bloch, B Shanahan, V Taylor

WRL(4): 3:56.12 \$ 12/17/2021 BRABO -BEL

K CALUWAERTS, L CALUWAERTS, W V.D.ZANDEN, K BUYS

1	Walnut Creek Masters-38	A	4:19.95	4:26.72 #
	1) Bloch, Laurence W31	2) Warner, Kate W34	3) Lawrence, Laura W44	4) Hansen, Allyson W31
	31.19	1:03.89 (1:03.89)	1:37.24 (33.35)	2:13.37 (1:09.48)
	2:46.13 (32.76)	3:20.26 (1:06.89)	3:51.88 (31.62)	4:26.72 (1:06.46)
2	Sacramento Masters-38	A	5:18.15	5:14.84
	1) Hamza, Haley W28	2) Knight-Williams, Valerie W61	3) Torrijos Vera, Andrea W23	4) Hannigan, Edith W37
	33.19	1:09.36 (1:09.36)	1:48.97 (39.61)	2:30.36 (1:21.00)
	3:04.48 (34.12)	3:41.42 (1:11.06)	4:25.25 (43.83)	5:14.84 (1:33.42)
3	Marcia's Enthusiastic Masters-38	A	6:30.00	6:09.36
	1) Leung, Michele W31	2) Valencia, Juliana W26	3) Chien, Regina W38	4) Woodworth, Kathryn W38
	46.84	1:41.80 (1:41.80)	2:26.47 (44.67)	3:20.97 (1:39.17)
	4:04.01 (43.04)	4:48.73 (1:27.76)	5:27.77 (39.04)	6:09.36 (1:20.63)

Women 120-159 800 SC Meter Freestyle Relay

NATL: 8:56.27 % 11/13/2011 RED TIDE OF NYC

K MOUGHTY, S WAGER, K GARY, N JO

PAC: 9:57.27 # 12/31/2003 MVM

Donahue, Errington, Hoerber, Surgiura

WRL(4): 8:42.32 \$ 12/3/2021 TNT/OKUDA -BRA

F TURINI, J SANTORO NAKAGAKI, A Carolina TANGE MOR

1	Marcia's Enthusiastic Masters-38	A	12:35.00	12:39.99
	1) Woo, Emily W29	2) Lu, Jenny W33	3) Murillo, Catherine W36	4) Woodworth, Kathryn W38
	38.81	1:23.24 (1:23.24)	2:08.47 (2:08.47)	2:52.35 (2:52.35)
	3:39.93 (47.58)	4:31.95 (1:39.60)	5:26.34 (2:33.99)	6:20.74 (3:28.39)
	7:06.50 (45.76)	7:57.88 (1:37.14)	8:50.38 (2:29.64)	9:41.83 (3:21.09)
	10:22.84 (41.01)	11:08.24 (1:26.41)	11:55.35 (2:13.52)	12:39.99 (2:58.16)

Women 120-159 200 SC Meter Medley Relay

NATL: 2:04.31 % 12/13/2009 RED TIDE OF NYC

K GARY, T SHPAIZER, F WILLEBOORDSE, S WAGER

PAC: 2:03.95 # 12/31/2009 TOC

S Guzman, K Lyons, M Gill, L Welting

WRL(4): 1:54.21 \$ 4/17/2022 TEAM GO MAI WAY -JPN

M TAKEMURA, K ISHIDA, H HAYASHI, Y MATSUMOTO

1	Manatee Aquatic Masters Inc-38	A	2:13.50	2:15.32
	1) Pollitt, Eleanor W24	2) Au Brinkmeyer, Lauren W40	3) Knell, Lissi W30	4) Schmitz, Emily W36
	33.14	1:10.18 (37.04)	1:47.68 (37.50)	2:15.32 (27.64)
2	Sacramento Masters-38	A	2:31.60	2:26.57
	1) Hamza, Haley W28	2) Knight-Williams, Valerie W61	3) Gonzalez Ospina, Laura W30	4) Mockford, Samantha W38
	34.58	1:20.08 (45.50)	1:52.69 (32.61)	2:26.57 (33.88)
3	Marcia's Enthusiastic Masters-38	A	3:35.00	3:13.44
	1) Chaiyasane, Koung W40	2) Lapidario, Millie W43	3) Chien, Regina W38	4) Woodworth, Kathryn W38
	55.80	1:53.08 (57.28)	2:38.00 (44.92)	3:13.44 (35.44)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 120-159 400 SC Meter Medley Relay**

NATL: 4:33.44 % 12/6/2009 MISSION VIEJO MASTERS

A SUE OSBORN, C LEWIS, R OLSEN, K FRITH

PAC: 4:48.99 # 12/31/1997 WCM

Pam Boscovich, Morgan, Lisa Ward, Vidal

WRL(4): 4:24.80 \$ 10/28/2017 TEDDINSTON MASTERS -GBR

H LOUGHLIN, G HEYN, R NEWSON, Z LIOKALOS

1	Marcia's Enthusiastic Masters-38	A		9:45.00	8:22.14
	1) Leung, Michele W31	2) Valencia, Juliana W26	3) Chaiyasane, Koung W40	4) Lebsack, Elese W48	
	1:04.10	2:12.36 (2:12.36)	3:05.76 (53.40)	4:05.86 (1:53.50)	
	5:10.37 (1:04.51)	6:22.22 (2:16.36)	7:16.63 (54.41)	8:22.14 (1:59.92)	
---	Sacramento Masters-38	A		6:09.50	DQ
	1) Hannigan, Edith W37	2) Torrijos Vera, Andrea W23	3) Mockford, Samantha W38	4) Knight-Williams, Valerie W61	
	58.88	2:02.18 (2:02.18)	2:45.91 (43.73)	3:35.31 (1:33.13)	
	4:15.84 (40.53)	5:05.74 (1:30.43)	5:41.30 (35.56)	DQ (1:17.43)	

Women 160-199 200 SC Meter Freestyle Relay

NATL: 1:48.08 % 11/10/2013 NORTH CAROLINA MASTERS

S WALSH, J STRINGER, A UHL, E BRAUN

PAC: 1:56.03 # 12/31/2008 WCM

D Santos, P Roemer, L Ward, A Zamanian

WRL(4): 1:47.58 \$ 11/24/2019 TSUNAMI -RUS

I SHLEMOVA, L YUDINA, E YUDINA, O BORISOVA

1	Orinda Aquatic Masters-38	A		NT	2:34.83
	1) Lacuesta Byrum, Natalie W43	2) Horton, Cheryl Lynn W43	3) Brown, Summer W43	4) Miao, Gengxin W43	
	34.19	1:04.54 (30.35)	1:38.76 (34.22)	2:34.83 (56.07)	
2	Marcia's Enthusiastic Masters-38	A		2:44.00	2:51.09
	1) Woo, Emily W29	2) Chaiyasane, Koung W40	3) Lapidario, Millie W43	4) Lebsack, Elese W48	
	34.70	1:18.49 (43.79)	2:03.46 (44.97)	2:51.09 (47.63)	

Women 160-199 400 SC Meter Freestyle Relay

NATL: 4:03.25 % 12/13/2009 RED TIDE OF NYC

F WILLEBOORDSE, J KELSEY, S WAGER, K GARY

PAC: 4:19.95 # 10/10/2015 MEMO

C Johnson, J Moll, Y de la Toree, C Worthman

WRL(4): 4:02.15 \$ 10/27/2023 BASINGSTOKE -GBR

S HUNT, E GODFREY, A O'KELLY, F TURNER

1	Walnut Creek Masters-38	A		4:45.00	4:42.98
	1) Anderson, Lorissa W43	2) Tiernan, Heather W41	3) Jensen-Warner, Beth W47	4) Polcari, Emily W45	
	32.54	1:08.38 (1:08.38)	1:43.47 (35.09)	2:20.77 (1:12.39)	
	2:53.13 (32.36)	3:30.77 (1:10.00)	4:04.88 (34.11)	4:42.98 (1:12.21)	
2	Manatee Aquatic Masters Inc-38	A		5:00.00	4:52.29
	1) Knell, Lissi W30	2) Shaps, Ruth W77	3) Rublein, Susanne W54	4) Schmitz, Emily W36	
	33.49	1:10.44 (1:10.44)	1:50.20 (39.76)	2:35.49 (1:25.05)	
	3:08.86 (33.37)	3:44.57 (1:09.08)	4:17.57 (33.00)	4:52.29 (1:07.72)	
3	Davis Aquatic Masters-38	A		4:45.10	4:55.35
	1) Garforth, Emma W56	2) Nehrebecki, Helene W44	3) Anderson, Annie W43	4) Goldberg, Michelle W56	
	36.69	1:15.46 (1:15.46)	1:50.87 (35.41)	2:29.63 (1:14.17)	
	3:04.66 (35.03)	3:42.89 (1:13.26)	4:18.37 (35.48)	4:55.35 (1:12.46)	
4	Marcia's Enthusiastic Masters-38	A		7:10.00	7:25.57
	1) Chaiyasane, Koung W40	2) Gimbel, Erika W54	3) Laszlo, Zsuzsanna W56	4) Lapidario, Millie W43	
	49.24	1:38.61 (1:38.61)	2:32.20 (53.59)	3:28.21 (1:49.60)	
	4:28.24 (1:00.03)	5:34.99 (2:06.78)	6:28.25 (53.26)	7:25.57 (1:50.58)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 160-199 800 SC Meter Freestyle Relay

NATL: 8:56.55 % 12/13/2009 RED TIDE OF NYC

J KELSEY, F WILLEBOORDSE, S WAGER, K GARY

PAC: 9:36.44 # 10/18/2009 WCM

D M Santos, B J. R Henry, L A Ward, S M Heim-Bowen

WRL(4): 8:54.33 \$ 10/28/2023 BASINGSTOKE -GBR

F TURNER, A O'KELLY, S HUNT, E GODFREY

1	Marcia's Enthusiastic Masters-38	A	12:25.00	12:53.15
	1) Stankov-Hodge, Marina W44	2) Voight, Tina W55	3) Chien, Regina W38	4) de la Torre, Yasuko W54
	45.83	1:39.13 (1:39.13)	2:36.85 (2:36.85)	3:33.95 (3:33.95)
	4:12.41 (38.46)	4:56.73 (1:22.78)	5:44.18 (2:10.23)	6:37.23 (3:03.28)
	7:18.88 (41.65)	8:10.00 (1:32.77)	9:02.62 (2:25.39)	9:52.78 (3:15.55)
	10:12.72 (19.94)	10:35.16 (42.38)	11:22.80 (1:30.02)	12:53.15 (3:00.37)
2	Marcia's Enthusiastic Masters-38	B	14:30.00	15:05.46
	1) Redor, Devin W29	2) Benjamin, Marcia W68	3) Espinosa, Rebecca W53	4) Chaiyasane, Koung W40
	44.19	1:33.60 (1:33.60)	2:24.83 (2:24.83)	3:14.70 (3:14.70)
	4:01.02 (46.32)	4:53.37 (1:38.67)	5:47.31 (2:32.61)	6:38.18 (3:23.48)
	7:43.79 (1:05.61)	8:59.40 (2:21.22)	10:16.36 (3:38.18)	11:41.31 (5:03.13)
	12:23.91 (42.60)	13:18.63 (1:37.32)	14:13.80 (2:32.49)	15:05.46 (3:24.15)

Women 160-199 200 SC Meter Medley Relay

NATL: 1:59.33 % 3/18/2023 NORTH CAROLINA MASTERS

I HOLLAND, S TAYLOR, H CARON, E BRAUN

PAC: 2:04.87 # 10/2/2011 MPM

C P Pinkston, J Mothersill, K Thorp, E Sutherland

WRL(4): 1:59.33 \$ 3/18/2023 NORTH CAROLINA MASTERS -USA

I HOLLAND, S TAYLOR, H CARON, E BRAUN

1	Walnut Creek Masters-38	A	2:30.00	2:23.62
	1) Tiernan, Heather W41	2) Lawrence, Laura W44	3) Anderson, Lorissa W43	4) Jensen-Warner, Beth W47
	37.36	1:17.46 (40.10)	1:53.55 (36.09)	2:23.62 (30.07)
2	San Ramon Valley Aquatics Mast-	A	2:47.00	2:48.56
	1) Radimer, Kelly W42	2) Shimonishi, Tae W45	3) Lewis, Midori W20	4) Bracken, Judy W67
	47.31	1:31.23 (43.92)	2:08.99 (37.76)	2:48.56 (39.57)

Women 160-199 400 SC Meter Medley Relay

NATL: 4:31.32 % 11/17/2019 NORTH CAROLINA MASTERS

K LINDAUER, S DUNN, I HOLLAND, E BRAUN

PAC: 4:44.65 # 12/31/2008 WCM

L Ward, D Santos, A Zamanian, P Roemer

WRL(4): 4:31.32 \$ 11/17/2019 NORTH CAROLINA MASTERS -USA

K LINDAUER, S DUNN, I HOLLAND, E BRAUN

1	Marcia's Enthusiastic Masters-38	A	6:05.00	5:43.47
	1) Woo, Emily W29	2) Hahnel, Carrie W46	3) Shu, Vicki W56	4) Wilson, Kristin W32
	46.75	1:35.87 (1:35.87)	2:19.52 (43.65)	3:09.03 (1:33.16)
	3:47.80 (38.77)	4:31.36 (1:22.33)	5:05.39 (34.03)	5:43.47 (1:12.11)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Results

Women 200-239 200 SC Meter Freestyle Relay

NATL: 1:51.04 % 12/3/2023 NORTH CAROLINA MASTERS

K LINDAUER, E BRAUN, C WOLFF, J MIHALIK

PAC: 2:01.33 # 10/11/2014 WCM

V Dewey, M Curran, C McNamara, A Zamanian

WRL(4): 1:51.04 \$ 12/3/2023 NORTH CAROLINA MASTERS -USA

K LINDAUER, E BRAUN, C WOLFF, J MIHALIK

1	Tvm Swimming-38	A	2:12.50	2:09.93
	1) Elson, Denise W56	2) Sitzmann, Amy W44	3) LaBerge, Karin W60	4) Radecke-Noble, Jennifer W40
	33.37	1:08.77 (35.40)	1:42.54 (33.77)	2:09.93 (27.39)
2	Walnut Creek Masters-38	A	2:16.00	2:12.64
	1) Zamanian, Alison W54	2) Ongerth, Ann Michelle W50	3) Boone, Danielle W59	4) Ward, Lisa W60
	30.01	1:07.90 (37.89)	1:40.78 (32.88)	2:12.64 (31.86)
3	Davis Aquatic Masters-38	A	2:17.10	2:13.44
	1) Goldberg, Michelle W56	2) Garforth, Emma W56	3) DUBY, Kristin W45	4) Russell, Jane W61
	33.16	1:06.33 (33.17)	2:13.44 (1:07.11)	
4	Marcia's Enthusiastic Masters-38	A	2:17.00	2:20.78
	1) Shu, Vicki W56	2) Maroon, Anne W58	3) Terhorst, Hermine W66	4) de la Torre, Yasuko W54
	33.79	1:10.62 (36.83)	1:46.86 (36.24)	2:20.78 (33.92)
5	Marcia's Enthusiastic Masters-38	B	3:08.00	2:56.20
	1) Gimbel, Erika W54	2) Laszlo, Zsuzsanna W56	3) Johnson, Carliane W59	4) Voight, Tina W55
	46.91	1:40.97 (54.06)	2:20.28 (39.31)	2:56.20 (35.92)

Women 200-239 400 SC Meter Freestyle Relay

NATL: 4:20.42 % 12/7/2019 CONEJO VALLEY MASTERS

A GODGES, B CLEAVENGER, E MAIDENBERG, J GELLATLY

PAC: 4:30.09 # 10/9/2016 WCM

E Richards, C O'Brien, D Boone, L Ward

WRL(4): 4:17.02 \$ 4/23/2022 TOROKBALIN -HUN

L ASZTALOS, C CSIKANY, A HEGEDUS, I SIMON

1	Walnut Creek Masters-38	A	5:39.00	6:45.43
	1) Tran, Cynthia W32	2) Dibley, Allison W62	3) Kelly Smethurst, Andrea W57	4) Ongerth, Ann Michelle W50
	44.20	2:15.53 (2:15.53)	3:04.88 (49.35)	
	3:57.71 (52.83)	4:58.22 (1:53.34)	5:17.65 (19.43)	6:45.43 (1:47.21)

Women 200-239 800 SC Meter Freestyle Relay

NATL: 9:29.43 % 12/6/2013 UCLA BRUIN MASTERS

V HIBBEN, C CIRAULO, L DODD, E STEBBINS

PAC: 10:50.44 # 10/15/2021 WCM

L Lawrence, C Taylor, L Ward, A Zamanian

WRL(4): 9:18.55 \$ 12/4/2022 PSV MASTERS -NED

K CAMERON, S PHAFF, L JOLING, C GEURTS

1	Marcia's Enthusiastic Masters-38	A	10:20.00	10:43.31 #
	1) Corwin, Elyse W42	2) Burger, Clare W57	3) Shu, Vicki W56	4) Hahnel, Carrie W46
	32.73	1:07.99 (1:07.99)	1:46.76 (1:46.76)	2:26.46 (2:26.46)
	3:05.09 (38.63)	3:48.20 (1:21.74)	4:34.25 (2:07.79)	5:20.54 (2:54.08)
	6:00.31 (39.77)	6:42.82 (1:22.28)	7:25.35 (2:04.81)	8:07.29 (2:46.75)
	8:43.48 (36.19)	9:22.88 (1:15.59)	10:02.96 (1:55.67)	10:43.31 (2:36.02)
2	Walnut Creek Masters-38	A	13:45.00	14:19.40
	1) Scott, Stephanie W77	2) Rosas, Rachel W31	3) Asta, Lisa W59	4) Gray, Kara W59
	47.32	1:45.07 (1:45.07)	2:45.67 (2:45.67)	3:44.93 (3:44.93)
	4:21.36 (36.43)	5:03.46 (1:18.53)	5:47.31 (2:02.38)	6:29.86 (2:44.93)
	7:35.09 (1:05.23)	8:48.25 (2:18.39)	10:02.00 (3:32.14)	
	11:55.97 ()	12:42.12 ()	13:30.95 ()	14:19.40 ()

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Women 200-239 200 SC Meter Medley Relay

NATL: 2:06.51 % 12/4/2021 CLUB TRIBE

S WILLIAMS, K HARRIS, M CONZE, F WILLEBOORDSE

PAC: 2:17.90 # 10/21/2007 WCM

P Landers, L Crittenden, D Swigert, P J Roemer

WRL(4): 2:05.48 \$ 3/10/2024 HYAKUNOHANA -JPN

M SATO, E KAGAYA, M TSUKIOKA, Y IKEDA

1	Davis Aquatic Masters-38	A	2:50.10	2:32.72
	1) Anderson, Annie W43	2) Weinman, Michal Sue W61	3) Nehrebecki, Helene W44	4) Goldberg, Michelle W56
	39.51	1:23.81 (44.30)	1:59.08 (35.27)	2:32.72 (33.64)
2	Marcia's Enthusiastic Masters-38	A	2:42.00	2:33.18
	1) Corwin, Elyse W42	2) Maroon, Anne W58	3) de la Torre, Yasuko W54	4) Shu, Vicki W56
	35.85	1:22.34 (46.49)	1:59.32 (36.98)	2:33.18 (33.86)
3	Albany Armada Aquatics Masters	A	2:52.00	2:56.45
	1) Schnell, Jennifer W38	2) Kelly, Julie W48	3) Carroll, Leah W63	4) Lowe, Tonia W53
	35.50	1:24.68 (49.18)	2:18.44 (53.76)	2:56.45 (38.01)
4	Walnut Creek Masters-38	A	2:56.00	2:58.26
	1) Darling, Colleen W50	2) Asmus, Paula W59	3) Ongerth, Ann Michelle W50	4) Lupoi, Sierra W50
	44.16	1:34.16 (50.00)	2:19.20 (45.04)	2:58.26 (39.06)
5	Walnut Creek Masters-38	B	3:35.00	3:44.75
	1) Dibley, Allison W62	2) Kelly Smethurst, Andrea W57	3) Asta, Lisa W59	4) Luttrell, Tracey W56
	56.66	1:46.21 (49.55)	2:54.92 (1:08.71)	3:44.75 (49.83)

Women 200-239 400 SC Meter Medley Relay

NATL: 4:48.61 % 11/8/2015 NORTH TEXAS LONESTARS

S STONE, M REA, L MIZE, L MORRISON

PAC: 5:23.58 # 12/31/2004 WCM

P Landers, L Crittenden, C O'Brien, S Scott

WRL(4): 4:48.61 \$ 11/8/2015 NORTH TEXAS MASTERS -USA

S STONE, M REA, L MIZE, L MORRISON

1	Davis Aquatic Masters-38	A	5:55.10	5:49.81
	1) Garforth, Emma W56	2) Phalen, Jennifer W60	3) Nehrebecki, Helene W44	4) Russell, Jane W61
	41.98	1:24.55 (1:24.55)	2:13.13 (48.58)	3:08.88 (1:44.33)
	3:48.00 (39.12)	4:31.00 (1:22.12)	5:08.13 (37.13)	5:49.81 (1:18.81)
2	Marcia's Enthusiastic Masters-38	A	7:50.00	7:32.47
	1) Laszlo, Zsuzsanna W56	2) Maroon, Anne W58	3) Gimbel, Erika W54	4) Woodworth, Kathryn W38
	1:05.02	2:20.06 (2:20.06)	3:06.15 (46.09)	4:00.00 (1:39.94)
	4:58.84 (58.84)	6:14.21 (2:14.21)	6:50.64 (36.43)	7:32.47 (1:18.26)

Women 240-279 200 SC Meter Freestyle Relay

NATL: 2:02.15 % 11/11/2017 NORTH TEXAS LONESTARS

K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

PAC: 2:17.06 # 10/10/2015 TAM

M Joyce, L Shoenberger, J Eisenman, B Wheeler

WRL(4): 2:02.15 \$ 11/11/2017 NORTH TEXAS LONESTARS -USA

K HENDERSON, L MORRISON, C MCKELVEY, M BAILEY

1	Walnut Creek Masters-38	A	2:55.00	2:40.61
	1) Nichelman, Sherri W64	2) O'Brien, Charlene W68	3) Adler, Felicia W62	4) Dibley, Allison W62
	35.54	1:09.69 (34.15)	2:40.61 (1:30.92)	
2	Marcia's Enthusiastic Masters-38	A	3:45.00	3:35.66
	1) Kenworth, Kathryn W57	2) McCormick, Ann W61	3) Bennett, Sue W62	4) Carboni, Lisa W63
	52.39	1:46.90 ()	3:35.66 (1:48.76)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Women 240-279 800 SC Meter Freestyle Relay

NATL: 10:09.82 % 10/13/2023 SWIM MELBOURNE MASTERS

K PARKER PALACE, Z COURTNEY, K TORRES, J WHEELER

PAC: 10:58.88 # 12/31/2009 TAM

J Eisenman, L Val, N Ridout, L Shoenberger

WRL(4): 10:09.82 \$ 10/13/2023 SWIM MELBOURNE -USA

K PARKER PALACE, Z COURTNEY, K TORRES, J WHEELER

1	Walnut Creek Masters-38	A	9:55.00	9:53.56%
	1) Zamanian, Alison W54	2) Heim-Bowen, Suzanne W66	3) O'Brien, Charlene W68	4) Ward, Lisa W60
	32.28	1:07.26 (1:07.26)	1:42.62 (1:42.62)	2:18.08 (2:18.08)
	2:53.90 (35.82)	3:32.51 (1:14.43)	4:11.85 (1:53.77)	4:51.10 (2:33.02)
	5:27.08 (35.98)	6:07.09 (1:15.99)	6:37.43 (1:46.33)	7:28.75 (2:37.65)
	7:46.07 (17.32)	9:16.49 (1:47.74)	9:53.56 (2:24.81)	
2	Marcia's Enthusiastic Masters-38	A	16:40.00	16:50.23
	1) Carboni, Lisa W63	2) McCormick, Ann W61	3) Bennett, Sue W62	4) Gimbel, Erika W54
	53.32	1:52.81 (1:52.81)	2:55.03 (2:55.03)	
	4:52.56 ()	5:57.04 ()	7:03.49 ()	
	9:13.76 ()	10:30.66 ()	11:48.64 ()	13:01.53 ()
	13:56.68 (55.15)	14:57.01 (1:55.48)	15:55.74 (2:54.21)	16:50.23 (3:48.70)

Women 240-279 200 SC Meter Medley Relay

NATL: 2:18.74 % 3/13/2022 OREGON MASTERS

V JENKINS, C CRABBE, A DELMAGE, K ANDRUS-HUGHES

PAC: 2:46.90 # 10/7/2023 WCM

S Heim-Bowen, C Taylor, S Nichelman, N Albertson

WRL(4): 2:18.37 \$ 4/29/2024 KANA KANA -JPN

M YUZAWA, M KUWANO, K ENAMI, H NAGASE

1	Walnut Creek Masters-38	A	2:46.90	2:50.63
	1) O'Brien, Charlene W68	2) Gray, Kara W59	3) Nichelman, Sherri W64	4) Boone, Danielle W59
		1:36.76 ()	2:17.44 (40.68)	2:50.63 (33.19)
2	Davis Aquatic Masters-38	A	3:30.10	2:55.52
	1) Garforth, Emma W56	2) Phalen, Jennifer W60	3) Russell, Jane W61	4) Gill, Kathy W70
	39.11	1:28.95 (49.84)	2:08.33 (39.38)	2:55.52 (47.19)
3	Kroc Masters-35	A	3:17.00	3:24.87
	1) Henry, Lorna W84	2) Penn, Jodi W70	3) Keegan, Caroline W59	4) Mauer, Julie W62
		2:05.61 ()	2:44.73 (39.12)	3:24.87 (40.14)
4	Albany Armada Aquatics Masters	B	4:00.00	3:58.00
	1) Ewing, Nancy W77	2) Nip, Carol W67	3) Focha, Teresa W63	4) Meyers, Ruth W67
	1:12.44	2:02.09 (49.65)	2:56.87 (54.78)	3:58.00 (1:01.13)
5	Tvm Swimming-38	A	4:15.00	3:58.06
	1) Petersen, Jennifer W70	2) Salmon, Dori W56	3) Dunkle, Julie W63	4) Sonsino, Gabriela W55
	57.56	3:09.55 ()	3:58.06 (48.51)	
6	Marcia's Enthusiastic Masters-38	A	4:25.00	4:10.50
	1) McCormick, Ann W61	2) Huse, Green W56	3) Carboni, Lisa W63	4) Bennett, Sue W62
	1:03.48	1:58.99 (55.51)	4:10.50 (2:11.51)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Women 240-279 400 SC Meter Medley Relay**

NATL: 5:07.72 % 3/11/2023 OREGON MASTERS

V JENKINS, C CRABBE, A DELMAGE, F HAFFNER

PAC: 6:07.45 # 10/10/2015 TAM

J Eisenman, B Wheeler, M Joyce, L Shoenberger

WRL(4): 5:07.72 \$ 3/11/2023 OREGON MASTERS -USA

V JENKINS, C CRABBE, A DELMAGE, F HAFFNER

1	Walnut Creek Masters-38	A	5:40.00	5:41.76 #
	1) Ward, Lisa W60	2) Nichelman, Sherri W64	3) O'Brien, Charlene W68	4) Heim-Bowen, Suzanne W66
	38.86	1:20.22 (1:20.22)	2:08.07 (47.85)	3:06.04 (1:45.82)
	3:44.46 (38.42)	4:35.21 (1:29.17)	5:04.71 (29.50)	5:41.76 (1:06.55)
2	Marcia's Enthusiastic Masters-38	A	10:25.00	10:09.95
	1) Bennett, Sue W62	2) Lapidario, Millie W43	3) de la Torre, Yasuko W54	4) Jacobs, Lois W81
	1:28.85	3:06.49 (3:06.49)	4:08.93 (1:02.44)	5:16.86 (2:10.37)
	5:58.72 (41.86)	6:45.01 (1:28.15)	8:23.38 (1:38.37)	10:09.95 (3:24.94)

Women 280-319 200 SC Meter Freestyle Relay

NATL: 2:14.25 % 1/21/2023 LONE STAR MASTERS

L MORRISON, J COLE, K MACCURDY, J WOOLSLAYER

PAC: 2:40.69 # 10/13/2019 MAM

R Shaps, S Caso, R Voorhies, C Donaldson

WRL(4): 2:14.25 \$ 1/21/2023 LONE STAR MASTERS -USA

L MORRISON, J COLE, K MACCURDY, J WOOLSLAYER

1	Manatee Aquatic Masters Inc-38	A	2:55.00	2:55.02
	1) Martin, Joan W63	2) Berg, Joanna W64	3) Caso, Susie W78	4) Shaps, Ruth W77
	44.69	1:28.06 (43.37)	2:17.61 (49.55)	2:55.02 (37.41)

Women 280-319 400 SC Meter Freestyle Relay

NATL: 5:03.06 % 1/22/2023 LONE STAR MASTERS

L MORRISON, J COLE, K MACCURDY, J WOOLSLAYER

PAC: 6:07.58 # 10/12/2019 MAM

R Shaps, S Caso, R Voorhies, C Donaldson

WRL(4): 5:03.06 \$ 1/22/2023 LONE STAR MASTERS -USA

L MORRISON, J COLE, K MACCURDY, J WOOLSLAYER

1	Marcia's Enthusiastic Masters-38	A	8:45.00	10:17.69
	1) Bennett, Sue W62	2) Carboni, Lisa W63	3) Armstrong, Judy W77	4) Jacobs, Lois W81
	1:04.24	2:18.89 (2:18.89)	3:14.01 (55.12)	
	5:28.16 ()		8:28.88 ()	10:17.69 ()

Women 280-319 200 SC Meter Medley Relay

NATL: 2:32.54 % 1/22/2023 LONE STAR MASTERS

J WOOLSLAYER, K MACCURDY, J COLE, L MORRISON

PAC: 3:01.72 # 10/13/2018 MAM

P McPartland, S Caso, C Donaldson, R Shaps

WRL(4): 2:32.54 \$ 1/22/2023 LONE STAR MASTERS -USA

J WOOLSLAYER, K MACCURDY, J COLE, L MORRISON

1	Marcia's Enthusiastic Masters-38	A	5:40.00	4:48.03
	1) Armstrong, Judy W77	2) Jacobs, Lois W81	3) Rafkin, Louise W66	4) Laszlo, Zsuzsanna W56
	1:12.71		3:52.51 ()	4:48.03 (55.52)

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Women 320-359 200 SC Meter Freestyle Relay

NATL: 3:22.40 % 10/9/2022 TAMALPAIS AQUATIC MASTERS

M ALEXANDRE, K JAFFE, N RIDOUT, L SHOENBERGER

WRL(4): 2:55.60 \$ 2/16/2013 BIG YOKOHAMA -JPN

S YONEZAWA, S WATANABE, M KAMOSHITA, M KURATA

1	Walnut Creek Masters-38	A	3:30.00	4:23.89
	1) Thursby, Nancy W77	2) Morton, Judith W85	3) Wood, Caroline W89	4) Scott, Stephanie W77
	1:04.91	3:41.97 ()	4:23.89 (41.92)	

Men 72-99 200 SC Meter Freestyle Relay

NATL: 1:36.70 % 11/19/2017 PHOENIX SWIM CLUB

E WONG, K BARCINAS, S SAIKO, G GAMROTH

PAC: 1:39.63 # 12/31/1995 DAM

John Keppeler, Slakiss, Brad Winsor, Grahn

1	Walnut Creek Masters-38	A	1:39.00	1:43.04
	1) Wendling, Nate M19	2) Welsh, Cole M24	3) Emelson, Jack M19	4) Stein, Tate M19
	24.77	49.53 (24.76)	1:15.44 (25.91)	1:43.04 (27.60)

Men 72-99 400 SC Meter Medley Relay

NATL: 3:56.49 % 10/12/2013 SWIM FORT LAUDERDALE

V ANDRADE, K KERTESZ, E PAZOS, J ANDRADE

PAC: 4:24.83 # 12/31/2001 WCM

Mellinger, Mikuni, Nonaka, Santos

1	Walnut Creek Masters-38	A	4:25.00	4:34.15
	1) Wendling, Nate M19	2) Stein, Tate M19	3) Emelson, Jack M19	4) Glomstad, William M30
	32.80	1:09.37 (1:09.37)	1:40.33 (30.96)	2:18.90 (1:09.53)
	2:48.70 (29.80)	3:28.91 (1:10.01)	4:00.56 (31.65)	4:34.15 (1:05.24)

Men 100-119 200 SC Meter Medley Relay

NATL: 1:39.29 % 12/3/2016 GOLDEN ROAD AQUATICS

T COX, N KORTH, M MARSHALL, L PECHMANN

PAC: 1:44.87 # 12/31/2012 TOC

M A Eckert, J W Dorr, J Taylor, C Talbott

WRL(4): 1:38.97 \$ 9/25/2021 KALEVI IJUMISKOOL -EST

R TRIBUNTSOV, M ALJAND, F KARU, P DEGTJARJOV

1	San Jose Clownfish-38	A	2:15.00	2:01.50
	1) Yan, Houfu M27	2) Slotkus, Kazys M30	3) Dorn, Kevin M31	4) Keshmiri, Armon M31
	31.79	1:06.22 (34.43)	1:35.19 (28.97)	2:01.50 (26.31)

Men 120-159 200 SC Meter Freestyle Relay

NATL: 1:32.97 % 10/24/2009 SOUTHERN CAL AQUATIC MASTERS

M CORNUE, M MCGINNIS, P FORD, D WEGNER

PAC: 1:36.45 # 10/13/2019 USF

C Owen, A Gouvea, A Brilhante, J Samotyj

WRL(4): 1:30.19 \$ 5/26/2024 FREAKERS -JPN

R ISHII, R MAEJIMA, T KAKIZOE, T FUKUI

1	Marcia's Enthusiastic Masters-38	A	1:54.00	1:53.87
	1) Chen, Jacky M31	2) Song, Jimmy M41	3) Carroll, Duncan M43	4) Rogers, Chasen M34
	28.13	1:00.44 (32.31)	1:27.42 (26.98)	1:53.87 (26.45)
2	Walnut Creek Masters-38	A	2:04.00	2:01.46
	1) Glomstad, William M30	2) Torres, Emmanuel M38	3) Chan, Amos M29	4) Wada, Ellison M45
	29.20	58.88 (29.68)	1:29.09 (30.21)	2:01.46 (32.37)

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Men 120-159 400 SC Meter Freestyle Relay

NATL: 3:23.69 % 12/5/2009

SOUTHERN CAL AQUATIC MASTERS

PAC: 3:33.42 # 10/12/2019

D WEGNER, E HOCHSTEIN, E TOLMACHOFF, M MCGINNIS

WRL(4): 3:20.89 \$ 2/11/2024

USF

C Owen, A Gouvea, A Brilhante, J Samotyj

STAR -JPN

S YANAGISAWA, R MAEJIMA, K TOMINAGA, K FUKAYA

1	San Jose Clownfish-38	A		3:59.99	3:50.39
	1) Phipps, Benjamin M45	2) Dorn, Kevin M31	3) Yan, Houfu M27	4) Keshmiri, Armon M31	
	27.87	58.25 (58.25)	1:26.23 (27.98)	1:56.51 (58.26)	
	2:25.14 (28.63)	2:54.85 (58.34)	3:21.40 (26.55)	3:50.39 (55.54)	
2	Sacramento Masters-38	A		4:09.20	3:57.30
	1) Lomas, Justin M32	2) Fedorov, Brian M29	3) Smith, Stephen M58	4) Yiu, Nicholas M31	
	29.02	59.87 (59.87)	1:27.06 (27.19)	1:57.71 (57.84)	
	2:27.57 (29.86)	2:59.73 (1:02.02)	3:27.10 (27.37)	3:57.30 (57.57)	

Men 120-159 200 SC Meter Medley Relay

NATL: 1:44.56 % 12/2/2023

WEST HOLLYWOOD AQUATICS

PAC: 1:45.06 # 12/31/2009

C GIBSON, S VAN DEVENTER, TONY COX, AARON NICHOLAS

TOC

L Wanie, G Marshall, T Holsman, S Greenwood

WRL(4): 1:38.46 \$ 3/18/2018

JFE KEIHIN -JPN

T TAKEMOTO, Y KANAYA, R TAGUCHI, S UCHIYAMA

1	Walnut Creek Masters-38	A		1:56.00	2:00.17
	1) Boone, Matt M35	2) Zaich, Paul M38	3) Uras, Onur M39	4) Tiernan, Robert M41	
	30.45	1:05.31 (34.86)	1:33.17 (27.86)	2:00.17 (27.00)	
2	Sacramento Masters-38	A		2:18.75	2:01.04
	1) Smith, Stephen M58	2) Lomas, Justin M32	3) Fedorov, Brian M29	4) Yiu, Nicholas M31	
	34.23	1:06.98 (32.75)	1:35.13 (28.15)	2:01.04 (25.91)	
3	University of San Francisco Ma-38	A		1:52.00	2:07.70
	1) Christensen, Jon M34	2) Goard, Andrew M29	3) Valentine, Matthew M30	4) Langner, Mikael M56	
	30.92	1:09.64 (38.72)	1:42.10 (32.46)	2:07.70 (25.60)	
4	Marcia's Enthusiastic Masters-38	A		2:15.00	2:10.20
	1) Chen, Jacky M31	2) Song, Jimmy M41	3) Jalihal, Aditya M29	4) Rogers, Chasen M34	
	33.51	1:11.78 (38.27)	1:43.44 (31.66)	2:10.20 (26.76)	
5	Walnut Creek Masters-38	B		2:26.00	2:26.76
	1) Glomstad, William M30	2) Chan, Amos M29	3) Wada, Ellison M45	4) Lipina, Alexander M23	
	35.95	1:15.07 (39.12)	1:56.09 (41.02)	2:26.76 (30.67)	

Men 160-199 200 SC Meter Freestyle Relay

NATL: 1:35.44 % 11/16/2008

LONGHORN AQUATICS

PAC: 1:39.11 # 12/31/2003

T BLESSING, M VAROZZA, A RASMUSSEN, M STINCHCOMBE

BAC

Garrett, McAweeney, Whatley, Robert Mackenzie

WRL(4): 1:32.77 \$ 2/18/2023

S.C. GETXO -ESP

M BILDOSOLA, I BILDOSOLA, M DEBA, E DE MIGUEL

1	Walnut Creek Masters-38	A		1:49.00	1:46.68
	1) Flakoll, Jonathan M50	2) Brown, Andy M45	3) Nonaka, Andy M45	4) Holbrook, Chad M45	
	26.37	53.45 (27.08)	1:20.23 (26.78)	1:46.68 (26.45)	
2	Tvm Swimming-38	A		1:55.00	1:55.96
	1) Conway, Adam M46	2) McCracken, Bill M63	3) Schempp, Kyle M35	4) Southern, Drake M24	
	26.80	1:00.03 (33.23)	1:30.42 (30.39)	1:55.96 (25.54)	

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(Men 160-199 200 SC Meter Freestyle Relay)

3	Orinda Aquatic Masters-38	A	NT	2:04.52
	1) Martin, Matt M38	2) Fung, Steve M52	3) Cutter, Brian M49	4) Makani, Gautam M58
	27.36	1:04.05 (36.69)	1:33.90 (29.85)	2:04.52 (30.62)
4	Sacramento Masters-38	A	2:29.60	2:09.06
	1) Pine, Justin M32	2) Bautista, Jair M32	3) Lange, Austin M37	4) Burbage-Macaluso, Dan M61
	29.29	1:01.39 (32.10)	1:32.42 (31.03)	2:09.06 (36.64)

Men 160-199 400 SC Meter Freestyle Relay

NATL: 3:32.44 % 12/5/2009 LONGHORN AQUATICS
 A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
 PAC: 3:51.22 # 12/31/2011 WAMS
 B Bergen, D S Cuniff, T Harvill, M P Volzing
 WRL(4): 3:27.42 \$ 3/23/2019 MOZKA -BEL
 F TONUS, R CUYVERS, M VAN THIELEN, S VERACHTEN

1	Walnut Creek Masters-38	A	3:51.22	3:53.17
	1) Nonaka, Andy M45	2) Tiernan, Robert M41	3) Powell, Ian M39	4) Boone, Matt M35
	27.14	56.95 (56.95)	1:24.95 (28.00)	1:54.94 (57.99)
	2:23.35 (28.41)	2:53.72 (58.78)	3:21.14 (27.42)	3:53.17 (59.45)
2	Sacramento Masters-38	A	4:46.15	4:41.11
	1) Lange, Austin M37	2) Frazier, Michael M48	3) Bautista, Jair M32	4) Barajas, Nick M58
	34.62	1:11.69 (1:11.69)	1:43.62 (31.93)	2:18.52 (1:06.83)
	2:52.75 (34.23)	3:30.50 (1:11.98)	4:04.81 (34.31)	4:41.11 (1:10.61)
3	Marcia's Enthusiastic Masters-38	A	5:23.00	5:47.44
	1) Ramirez, Brent M44	2) Clifford, Dan M54	3) Ngo, Minh M53	4) Gibbons, Yves M40
	32.91	1:10.60 (1:10.60)	2:00.57 (49.97)	2:58.94 (1:48.34)
	3:40.74 (41.80)	4:25.51 (1:26.57)	5:07.71 (42.20)	5:47.44 (1:21.93)

Men 160-199 200 SC Meter Medley Relay

NATL: 1:45.13 % 11/16/2008 LONGHORN AQUATICS
 A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA
 PAC: 1:56.44 # 10/16/2011 WCM
 H Chao, R J Santos, K Tittle, S A Stahl
 WRL(4): 1:42.65 \$ 12/17/2023 AQUAMORE ACQUA 13 -ITA
 E CATALANO, F MAGNINI, L FEDERICI, S GARZONIO

1	Walnut Creek Masters-38	A	2:26.00	2:21.34
	1) Sullivan, Ryan M41	2) Madsen, Benjamin M46	3) Abrams, Scott M57	4) Roder, Shap M52
	35.89	1:15.93 (40.04)	1:49.96 (34.03)	2:21.34 (31.38)
2	Marcia's Enthusiastic Masters-38	A	2:20.00	2:21.71
	1) Wehmann, Todd M52	2) Ramirez, Brent M44	3) Bentley, Orin M47	4) Schindler, Brad M52
	35.59	1:14.56 (38.97)	1:48.42 (33.86)	2:21.71 (33.29)
3	Sacramento Masters-38	A	2:36.40	2:23.32
	1) Lange, Austin M37	2) Brenan, Andrew M64	3) Bautista, Jair M32	4) Pine, Justin M32
	37.03	1:16.66 (39.63)	1:54.41 (37.75)	2:23.32 (28.91)
---	Davis Aquatic Masters-38	A	2:15.10	DQ
	1) Krovetz, Ted M58	2) Zachan, Matthew M38	3) Winsor, Brad M53	4) Veress, Ian M18
	39.49	1:15.73 (36.24)	1:46.56 (30.83)	DQ (25.32)

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Men 160-199 400 SC Meter Medley Relay

NATL: 3:50.93 % 11/15/2008 LONGHORN AQUATICS

PAC: 4:12.93 # 12/31/2003 MELO

WRL(4): 3:47.97 \$ 1/29/2023

A RASMUSSEN, T BARTEE, T BLESSING, M VAROZZA

MELO

Arcuni, Kemp, Batis, Howe

JSS FUKAI -JPN

K KANAZAWA, Y SAKAI, T NAKANO, M TOJYO

1	Davis Aquatic Masters-38	A	4:59.00	4:54.32
	1) Krovetz, Ted M58	2) Zachan, Matthew M38	3) Winsor, Brad M53	4) Veress, Ian M18
	40.29	1:21.47 (1:21.47)	2:00.11 (38.64)	2:41.65 (1:20.18)
	3:15.40 (33.75)	3:53.48 (1:11.83)	4:22.41 (28.93)	4:54.32 (1:00.84)
2	Sacramento Masters-38	A	NT	5:23.92
	1) Smith, Stephen M58	2) Barajas, Nick M58	3) Bautista, Jair M32	4) Barron, Brixton M26
	37.02	1:15.04 (1:15.04)	1:59.12 (44.08)	2:49.68 (1:34.64)
	3:31.23 (41.55)	4:21.14 (1:31.46)	4:50.10 (28.96)	5:23.92 (1:02.78)
3	Marcia's Enthusiastic Masters-38	A	6:12.00	5:44.40
	1) Rozendal, Michael M51	2) Ramirez, Brent M44	3) Hertzler, Keith M51	4) Schindler, Brad M52
	44.61	1:31.81 (1:31.81)	2:16.42 (44.61)	3:06.86 (1:35.05)
	3:47.34 (40.48)	4:33.19 (1:26.33)	5:06.91 (33.72)	5:44.40 (1:11.21)

Men 200-239 200 SC Meter Freestyle Relay

NATL: 1:38.79 % 10/16/2010 BLU FROG TEAM

PAC: 1:44.19 # 12/6/2013 WAMS

WRL(4): 1:37.35 \$ 5/28/2022

A GAINES, K SWITZER, M MIDDLETON, S WEISS

WAMS

A Jaegers, S Trimble, M Volzing, T Harvill

TATTERSALLS MASTERS -AUS

C FYDLER, P THIEL, G FARROW, J HICKMAN

1	Davis Aquatic Masters-38	A	2:09.10	1:55.91
	1) Winsor, Brad M53	2) Krovetz, Ted M58	3) Kahn, Stuart M71	4) Veress, Ian M18
	28.44	58.71 (30.27)	1:30.56 (31.85)	1:55.91 (25.35)
2	Marcia's Enthusiastic Masters-38	A	2:03.00	2:01.92
	1) Wehmann, Todd M52	2) Schindler, Brad M52	3) Hertzler, Keith M51	4) Rogers, Matt M54
	29.41	1:10.57 (41.16)	1:34.12 (23.55)	2:01.92 (27.80)

Men 200-239 400 SC Meter Freestyle Relay

NATL: 3:40.26 % 10/15/2011 BLU FROG TEAM

PAC: 3:55.72 # 12/6/2013 WAMS

WRL(4): 3:40.26 \$ 10/15/2011

C LYDECKER, R BOHLKEN, K SWITZER, A GAINES

WAMS

A Jaegers, S Trimble, M Volzing, T Harvill

BLU FROG TEAM -USA

C LYDECKER, R BOHLKEN, K SWITZER, A GAINES

1	Walnut Creek Masters-38	A	4:20.00	4:19.45
	1) Flakoll, Jonathan M50	2) Smith, Bryan M57	3) Stegner, Jeff M59	4) Gothberg, Bradley M62
	28.19	57.83 (57.83)	1:28.41 (30.58)	2:02.25 (1:04.42)
	2:34.47 (32.22)	3:09.74 (1:07.49)	3:43.09 (33.35)	4:19.45 (1:09.71)
2	Marcia's Enthusiastic Masters-38	A	4:31.00	4:33.04
	1) Wehmann, Todd M52	2) Schindler, Brad M52	3) Bentley, Orin M47	4) Rogers, Matt M54
	33.07	1:06.70 (1:06.70)	1:40.99 (34.29)	2:18.78 (1:12.08)
	2:51.22 (32.44)	3:27.13 (1:08.35)	3:59.34 (32.21)	4:33.04 (1:05.91)

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Men 200-239 800 SC Meter Freestyle Relay

NATL: 8:03.40 % 10/14/2011 **BLU FROG TEAM**
A GAINES, C LYDECKER, T BUCKLEY, K SWITZER
PAC: 8:33.40 # 10/18/2009 **SRM**
J R Morales, J S Dunn, F L Canales, W Schenstrom
WRL(4): 8:03.40 \$ 10/14/2011 **BLU FROG TEAM -USA**
A GAINES, C LYDECKER, T BUCKLEY, K SWITZER

1	Walnut Creek Masters-38	A	9:25.00	10:04.67
	1) Gothberg, Bradley M62	2) Abrams, Scott M57	3) Brennan, Curtis M46	4) Madsen, Benjamin M46
	33.28	1:10.19 (1:10.19)	1:50.11 (1:50.11)	2:29.76 (2:29.76)
	3:04.18 (34.42)	3:42.47 (1:12.71)	4:22.68 (1:52.92)	5:03.32 (2:33.56)
	5:37.38 (34.06)	6:15.65 (1:12.33)	6:55.83 (1:52.51)	7:36.21 (2:32.89)
	8:10.00 (33.79)	8:47.34 (1:11.13)	9:25.81 (1:49.60)	10:04.67 (2:28.46)

Men 200-239 200 SC Meter Medley Relay

NATL: 1:46.84 % 12/2/2023 **NOVAQUATICS MASTERS**
P MOORE, S WEST, R DELGADO, Y DE FABRIQUE
PAC: 1:58.75 # 12/7/2013 **WAMS**
S Trimble, A Jaegers, T Harvill, M Volzing
WRL(4): 1:46.84 \$ 12/2/2023 **NOVAQUATICS MASTERS -USA**
P MOORE, S WEST, R DELGADO, Y DE FABRIQUE

1	Walnut Creek Masters-38	A	2:19.00	2:22.63
	1) King, Ian M62	2) Stegner, Jeff M59	3) Kuhns, Chris M49	4) Ottati, Dean M64
	35.32	1:14.72 (39.40)	1:50.64 (35.92)	2:22.63 (31.99)
2	Marcia's Enthusiastic Masters-38	A	2:30.00	2:29.83
	1) Dooley, Paul M56	2) Ardourel, Franck M60	3) Hertzner, Keith M51	4) Rogers, Matt M54
	42.16	1:25.26 (43.10)	2:01.18 (35.92)	2:29.83 (28.65)
3	San Ramon Valley Aquatics Mast-	A	2:42.00	2:32.28
	1) Lynch, Greg M62	2) Waters, Steve M67	3) Swida, Matthew M22	4) Ryan, Kevin M63
	44.62	1:19.03 (34.41)	1:52.10 (33.07)	2:32.28 (40.18)

Men 200-239 400 SC Meter Medley Relay

NATL: 3:59.68 % 12/2/2012 **LONGHORN AQUATICS**
A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA
PAC: 4:24.83 # 12/8/2013 **WAMS**
S Trimble, A Jaegers, T Harvill, M Volzing
WRL(4): 3:59.68 \$ 12/2/2012 **LONGHORN AQUATICS -USA**
A RASMUSSEN, D GUTHRIE, J SAUER, M VAROZZA

1	Marcia's Enthusiastic Masters-38	A	5:21.00	5:30.08
	1) Wehmann, Todd M52	2) Downey, Patrick M57	3) Bentley, Orin M47	4) Rogers, Matt M54
	40.18	1:21.49 (1:21.49)	2:08.56 (47.07)	3:01.94 (1:40.45)
	3:39.11 (37.17)	4:24.01 (1:22.07)	4:55.55 (31.54)	5:30.08 (1:06.07)

Men 240-279 200 SC Meter Freestyle Relay

NATL: 1:43.21 % 10/14/2012 **BLU FROG TEAM**
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOHLKEN
PAC: 1:55.68 # 10/9/2022 **WCM**
G Remmert, S Stahl, K Gronert, L Druz
WRL(4): 1:43.21 \$ 10/14/2012 **BLU FROG TEAM -USA**
R ABRAHAMS, M MIDDLETON, L MEISENHEIMER, R BOGLKEN

1	Walnut Creek Masters-38	A	1:49.01	1:52.88 #
	1) Boone, Jon M61	2) Remmert, Greg M62	3) Tittle, Kenneth M61	4) Chao, Hector M60
	28.09	55.90 (27.81)	1:24.42 (28.52)	1:52.88 (28.46)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Men 240-279 200 SC Meter Freestyle Relay)

2	Walnut Creek Masters-38	B	1:52.00	2:07.12
	1) O'Brien, Kerry M67	2) Nootbaar, Tom M61	3) Ottati, Dean M64	4) King, Ian M62
	33.71	1:06.18 (32.47)	1:35.74 (29.56)	2:07.12 (31.38)
3	Marcia's Enthusiastic Masters-38	A	2:32.00	2:25.52
	1) Ardourel, Franck M60	2) Elmer, Steve M60	3) Rentschler, Randy M64	4) Dooley, Paul M56
	32.92	1:12.12 (39.20)	1:52.87 (40.75)	2:25.52 (32.65)

Men 240-279 400 SC Meter Freestyle Relay

NATL: 3:56.97 % 10/14/2012 **BLU FROG TEAM**
R BOHLKEN, M MIDDLETON, L MEISENHEIMER, R ABRAHAMS
PAC: 4:14.97 # 10/16/2011 **WCM**
C M Daniels, J R De Lacy, J B Smyers, L Druz
WRL(4): 3:54.57 \$ 3/24/2024 **SPEEDO MASTERS FINLAND -FIN**
T RUNDGREN, P HELKKILA, J VIRTANEN, J LOGVIN

1	Walnut Creek Masters-38	A	4:14.97	4:15.87
	1) Boone, Jon M61	2) Tittle, Kenneth M61	3) Remmert, Greg M62	4) Casci, Kevin M62
	30.46	1:02.88 (1:02.88)	1:33.57 (30.69)	2:08.67 (1:05.79)
	2:38.14 (29.47)	3:11.69 (1:03.02)	3:42.93 (31.24)	4:15.87 (1:04.18)
2	Walnut Creek Masters-38	B	5:13.99	5:17.46
	1) Wada, Ellison M45	2) King, Ian M62	3) Jimenez, Jerry M68	4) Hanna, Donald M66
	36.49	1:18.34 (1:18.34)	2:04.61 (46.27)	2:54.08 (1:35.74)
	3:29.76 (35.68)	4:07.44 (1:13.36)	4:41.16 (33.72)	5:17.46 (1:10.02)

Men 240-279 800 SC Meter Freestyle Relay

NATL: 8:50.43 % 12/4/2015 **VENTURA COUNTY MASTERS**
J MC CONICA, G GRUBER, M BLATT, M SHAFFER
PAC: 9:23.97 # 10/6/2023 **WCM**
G Remmert, B Gothberg, H Chao, J Boone
WRL(4): 8:50.43 \$ 12/4/2015 **VENTURA COUNTY MASTERS -USA**
J MCCONICA, G GRUBER, M BLATT, M SHAFFER

1	Walnut Creek Masters-38	A	9:20.00	9:21.57 #
	1) Boone, Jon M61	2) Chao, Hector M60	3) Remmert, Greg M62	4) Casci, Kevin M62
	31.92	1:07.67 (1:07.67)	1:44.23 (1:44.23)	
	2:55.18 ()	3:31.48 ()	4:08.10 ()	
	5:15.47 ()	5:49.83 ()	6:25.98 ()	7:02.67 ()
	7:35.02 (32.35)	8:10.45 (1:07.78)	8:46.52 (1:43.85)	9:21.57 (2:18.90)

Men 240-279 200 SC Meter Medley Relay

NATL: 1:54.15 % 11/10/2018 **RICE AQUATIC MASTERS**
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS
PAC: 2:10.67 # 10/7/2023 **WCM**
P Duggan, K Halbrecht, K Tittle, J Boone
WRL(4): 1:54.15 \$ 11/10/2018 **RICE AQUATIC MASTERS -USA**
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1	Walnut Creek Masters-38	A	2:10.67	2:05.77 #
	1) Chao, Hector M60	2) Huth, Tracy M63	3) Tittle, Kenneth M61	4) Boone, Jon M61
	32.61	1:08.18 (35.57)	1:38.01 (29.83)	2:05.77 (27.76)
2	Walnut Creek Masters-38	B	2:29.00	2:35.92
	1) Hanna, Donald M66	2) Shaker, Amin M70	3) Levy, Sid M61	4) Kemler, David M66
	38.52	1:24.44 (45.92)	2:00.66 (36.22)	2:35.92 (35.26)
3	Albany Armada Aquatics Masters	A	3:31.00	3:11.73
	1) Culp, John M65	2) Au, Andre M71	3) Schmidt, Ethan M35	4) Firmin, Rob M76
	57.45	1:53.57 (56.12)	2:31.79 (38.22)	3:11.73 (39.94)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024**Sanction #: 384-S015****Results****Men 240-279 400 SC Meter Medley Relay**

NATL: 4:19.86 % 11/11/2018 **RICE AQUATIC MASTERS**
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS
PAC: 4:41.38 # 12/31/2012 **TAM**
Richard Burns, Kenneth Frost, Greg Tull, Tate Holt
WRL(4): 4:19.86 \$ 11/11/2018 **RICE AQUATIC MASTERS -USA**
J YARID, D GUTHRIE, J FIELDS, B WILLIAMS

1	Walnut Creek Masters-38	A	4:35.00	4:37.93 #
	1) Chao, Hector M60	2) Huth, Tracy M63	3) Tittle, Kenneth M61	4) Boone, Jon M61
	34.00	1:10.21 (1:10.21)	1:30.01 (19.80)	2:28.03 (1:17.82)
	2:59.02 (30.99)	3:36.53 (1:08.50)	4:05.88 (29.35)	4:37.93 (1:01.40)
2	Marcia's Enthusiastic Masters-38	A	6:45.00	6:21.49
	1) Ngo, Minh M53	2) Wu, Long M59	3) Small, Stephen M72	4) Dooley, Paul M56
	51.51	1:43.01 (1:43.01)	2:26.27 (43.26)	3:13.38 (1:30.37)
	4:04.37 (50.99)	5:06.24 (1:52.86)	5:41.02 (34.78)	6:21.49 (1:15.25)

Men 280-319 200 SC Meter Freestyle Relay

NATL: 1:53.35 % 1/20/2024 **LONE STAR MASTERS**
R NEVILLE, T WOLF, J GOODING, B WILLIAMS
PAC: 2:11.11 # 10/9/2022 **DAM**
D Woodruff, T Deacon, S Kahn, A McPherson
WRL(4): 1:53.35 \$ 1/20/2024 **LONE STAR MASTERS -USA**
R NEVILLE, T WOLF, J GOODING, B WILLIAMS

1	Marcia's Enthusiastic Masters-38	A	2:37.00	2:37.05
	1) Senz, Doug M72	2) Small, Stephen M72	3) Winterrowd, Dan M74	4) Sears, Tom M77
	40.63	1:17.86 (37.23)	1:56.68 (38.82)	2:37.05 (40.37)
2	Walnut Creek Masters-38	A	2:52.00	2:52.53
	1) Silvey, Rick M82	2) Bledsoe, Dennis M85	3) Bell, Gordon M72	4) DeLacy, James M78
	57.03	1:44.48 (47.45)	2:18.42 (33.94)	2:52.53 (34.11)

Men 280-319 400 SC Meter Freestyle Relay

NATL: 4:13.98 % 1/21/2024 **LONE STAR MASTERS**
JACK GOODING, TOM WOLF, TOM BARTON, BRUCE WILLIAMS
PAC: 5:31.87 # 10/7/2023 **MEMO**
J Kennedy, S Small, D Winterrowd, J Citron
WRL(4): 4:13.98 \$ 1/21/2024 **LONE STAR MASTERS -USA**
Jack GOODING, Tom WOLF, Tom BARTON, Bruce WILLIAMS

1	Marcia's Enthusiastic Masters-38	A	6:40.00	6:35.21
	1) Senz, Doug M72	2) Winterrowd, Dan M74	3) Sears, Tom M77	4) Rentschler, Randy M64
	47.70	1:41.16 (1:41.16)	2:25.38 (44.22)	3:14.11 (1:32.95)
	4:05.63 (51.52)	4:59.81 (1:45.70)	5:45.98 (46.17)	6:35.21 (1:35.40)

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Men 280-319 800 SC Meter Freestyle Relay

NATL: 9:45.48 % 11/6/2022

SARASOTA SHARKS

PAC: 11:49.29 # 9/22/2013

B BRACKETT, L DAY, L CHILDS, R WALKER

WRL(4): 9:45.48 \$ 11/6/2022

MELO

M McLachlan, M Michael, B Dawson, D Gildea

SARASOTA SHARKS MASTERS -USA

B BRACKETT, L DAY, L CHILDS, R WALKER

1 Davis Aquatic Masters-38		A		11:30.10	11:09.19 #
1) Deacon, Ted M75	2) Woodruff, David M68	3) Henderson, William M67	4) Kahn, Stuart M71		
41.54	1:26.52 (1:26.52)	2:12.10 (2:12.10)	2:56.00 (2:56.00)		
3:33.64 (37.64)	4:15.36 (1:19.36)	4:58.37 (2:02.37)	5:39.77 (2:43.77)		
6:17.94 (38.17)	6:59.58 (1:19.81)	7:43.14 (2:03.37)	8:26.45 (2:46.68)		
9:05.04 (38.59)	9:46.87 (1:20.42)	10:28.39 (2:01.94)	11:09.19 (2:42.74)		
2 Walnut Creek Masters-38		A		13:35.00	12:56.36
1) Feiring, Keith M77	2) Piazza, Michael M78	3) Shaker, Amin M70	4) Hanna, Donald M66		
58.18	2:00.88 (2:00.88)	3:04.41 (3:04.41)	4:06.75 (4:06.75)		
4:54.38 (47.63)	5:45.19 (1:38.44)	6:37.74 (2:30.99)			
8:05.46 ()	8:47.00 ()	9:30.78 ()			
10:50.20 ()	11:31.54 ()	12:13.89 ()	12:56.36 ()		

Men 280-319 200 SC Meter Medley Relay

NATL: 2:04.82 % 1/21/2024

LONE STAR MASTERS

PAC: 2:41.32 # 10/8/2022

T WOLF, R NEVILLE, R KELSOE, B WILLIAMS

WRL(4): 2:04.82 \$ 1/21/2024

TCAM

R Todd, K Smith, M Gass, L Daniels

LONE STAR MASTERS -USA

T WOLF, R NEVILLE, R KELSOE, B WILLIAMS

1 Marcia's Enthusiastic Masters-38		A		4:05.00	3:12.10
1) Senz, Doug M72	2) Wu, Long M59	3) Sears, Tom M77	4) Winterrowd, Dan M74		
	1:35.46 ()	2:32.74 (57.28)	3:12.10 (39.36)		

Men 280-319 400 SC Meter Medley Relay

NATL: 4:44.52 % 1/20/2024

LONE STAR MASTERS

PAC: 5:49.27 # 12/31/2006

T WOLF, R NEVILLE, J GOODING, B WILLIAMS

WRL(4): 4:44.52 \$ 1/20/2024

WCM

Brown, Perilman, Haworth, Mayo

LONE STAR MASTERS -USA

T WOLF, R NEVILLE, J GOODING, B WILLIAMS

1 Walnut Creek Masters-38		A		6:20.00	7:40.58
1) Bledsoe, Dennis M85	2) DeLacy, James M78	3) Hanna, Donald M66	4) Kemler, David M66		
1:09.35	2:28.91 (2:28.91)	3:25.80 (56.89)	4:28.54 (1:59.63)		
5:18.41 (49.87)	6:14.30 (1:45.76)	6:56.18 (41.88)	7:40.58 (1:26.28)		

Mixed 100-119 200 SC Meter Freestyle Relay

NATL: 1:40.78 % 11/24/2013

PHOENIX SWIM CLUB

PAC: 1:45.27 # 10/18/2009

H BEHM, J KONARZEWSKI, E CAMPBELL, N INADA

WRL(4): 1:38.76 \$ 10/29/2023

BAY

D H Chen, C Ketterling, M E Baker, C P Jones

BRISTOL HEN -GBR

R KNIGHT, S MACDOUGALL, A BROWN, R GUY

1 Sacramento Masters-38		A		2:04.75	1:55.05
1) Fedorov, Brian M29	2) Hamza, Haley W28	3) Torrijos Vera, Andrea W23	4) Barron, Brixton M26		
26.78	56.45 (29.67)	1:28.13 (31.68)	1:55.05 (26.92)		

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Sanction #: 384-S015

Results

(Mixed 100-119 200 SC Meter Freestyle Relay)

2	San Jose Clownfish-38	A		2:20.00	2:08.02
	1) Dorn, Kevin M31	2) Pickett, Shauna W24	3) Lawson, Abigail W19	4) Chang, Chinhao M31	
	27.29	1:06.71 (39.42)	1:41.36 (34.65)	2:08.02 (26.66)	

Mixed 100-119 400 SC Meter Freestyle Relay

NATL: 3:41.64 % 12/2/2017 GOLDEN ROAD AQUATICS
 L IBANEZ LOPEZ, A ACEINO, M JEX, M MARSHALL
 PAC: 3:44.43 # 12/31/2009 TOC
 Meg Gill, Trent Holsman, Katie Lyons, Lee Wanie
 WRL(4): 3:40.20 \$ 1/26/2020 VZC -NED
 M DELNO, O ACHTERBERG, J NAP, S DE JONGE

1	Marcia's Enthusiastic Masters-38	A		4:34.00	4:34.69
	1) Cardenas, Julianna W24	2) Woo, Emily W29	3) Chen, Jacky M31	4) Rogers, Chasen M34	
	32.92	1:12.28 (1:12.28)	1:49.39 (37.11)	2:31.27 (1:18.99)	
	3:01.64 (30.37)	3:35.91 (1:04.64)	4:04.45 (28.54)	4:34.69 (58.78)	
2	San Jose Clownfish-38	A		4:59.00	5:07.59
	1) Blundell, Shane M30	2) Novoa, Laura W34	3) Kelley, Ashlen W25	4) Mason, Brett M24	
	34.26	1:09.57 (1:09.57)	1:52.55 (42.98)	2:46.62 (1:37.05)	
	3:19.25 (32.63)	4:02.28 (1:15.66)	4:33.60 (31.32)	5:07.59 (1:05.31)	

Mixed 100-119 200 SC Meter Medley Relay

NATL: 1:48.37 % 12/2/2017 GOLDEN ROAD AQUATICS
 M ACEINO, L PECHMANN, A ACEINO, L IBANEZ LOPEZ
 PAC: 1:51.60 # 10/10/2010 TOC
 F O'Donnell-McCar, G N Marshall, E P Reilly,
 WRL(4): 1:45.63 \$ 5/21/2023 QUEENDOM -JPN
 T YAMAMOTO, Y TAKASAKI, R KIZAWA, T ITO

1	SF Tsunami Masters-38	A		2:10.00	2:13.84
	1) Crooks, Kevin M31	2) Lang, Aric M27	3) Zeng, Jasmine W26	4) Chang, Serena W29	
	31.76	1:07.00 (35.24)	1:43.37 (36.37)	2:13.84 (30.47)	
2	San Jose Clownfish-38	A		2:30.00	2:36.54
	1) Mason, Brett M24	2) Kelley, Ashlen W25	3) Blundell, Shane M30	4) Novoa, Laura W34	
	36.14	1:22.64 (46.50)	1:57.18 (34.54)	2:36.54 (39.36)	

Mixed 100-119 400 SC Meter Medley Relay

NATL: 4:16.58 % 12/15/2002 NEW ENGLAND MASTERS
 B LO-PINTO, S MORAWSKI, J EADDY, J STOKES
 PAC: 4:23.25 # 10/13/2019 ALB
 P Yamauchi, H Cobleigh, A Rossbach, S Yamauchi
 WRL(4): 4:01.17 \$ 11/22/2020 TSUNAMI -RUS
 E IOGIN, A TISHCHENKO, I SHLEMOVA, A DEMKINA

1	Walnut Creek Masters-38	A		4:40.00	4:49.21
	1) Tran, Cynthia W32	2) Welsh, Cole M24	3) Bloch, Laurence W31	4) Gu, Yue Shen M31	
	39.76	1:23.35 (1:23.35)	1:53.38 (30.03)	2:28.65 (1:05.30)	
	3:04.13 (35.48)	3:55.50 (1:26.85)	4:14.13 (18.63)	4:49.21 (53.71)	
2	Sacramento Masters-38	A		4:43.50	4:59.52
	1) Hamza, Haley W28	2) Jun, Edison M19	3) Fedorov, Brian M29	4) Gonzalez Ospina, Laura W30	
	36.05	1:15.08 (1:15.08)	1:57.77 (42.69)	2:45.88 (1:30.80)	
	3:15.15 (29.27)	3:49.15 (1:03.27)	4:22.68 (33.53)	4:59.52 (1:10.37)	
3	Marcia's Enthusiastic Masters-38	A		5:05.00	5:08.35
	1) Rogers, Chasen M34	2) Chen, Jacky M31	3) Cardenas, Julianna W24	4) Vasicsek, Reka W27	
	35.28	1:11.84 (1:11.84)	1:49.06 (37.22)	2:33.84 (1:22.00)	
	3:09.79 (35.95)	3:55.33 (1:21.49)	4:28.74 (33.41)	5:08.35 (1:13.02)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Mixed 100-119 400 SC Meter Medley Relay)

4 San Jose Clownfish-38	A	6:05.00	5:32.99
1) Hampel, Tara W25	2) Roe, Olivia W29	3) Dorn, Kevin M31	4) Chang, Chinhao M31
44.51	1:32.19 (1:32.19)	2:24.43 (52.24)	3:23.74 (1:51.55)
3:55.77 (32.03)	4:32.38 (1:08.64)	5:01.10 (28.72)	5:32.99 (1:00.61)

Mixed 120-159 200 SC Meter Freestyle Relay

NATL: 1:41.37 % 12/10/2000 EL SEGUNDO MASTERS
 B BERGEN, P FRANCIS, D GRANER-GALLAS, D ROBINSON
 PAC: 1:46.89 # 10/18/2009 WCM
 A K Lee, R R Tukua, S A Stahl, A J Nonaka
 WRL(4): 1:37.51 \$ 11/22/2019 TSUNAMI -RUS
 A KURNOSOV, A GETMANENKO, E YUDINA, I SHLEMOVA

1 Marcia's Enthusiastic Masters-38	A	2:05.00	1:59.54
1) Jaliha, Aditya M29	2) Bentley, Orin M47	3) Vasicsek, Reka W27	4) Yamauchi, Penelope W34
29.84	59.38 (29.54)	1:31.82 (32.44)	1:59.54 (27.72)
2 Willow Glen Masters-38	A	2:15.00	2:01.22
1) Copp, Justin M49	2) Zanutto, Khadija W32	3) Watts, Katey W36	4) London, Scott M37
28.85	1:01.76 (32.91)	1:35.53 (33.77)	2:01.22 (25.69)
3 Sacramento Masters-38	A	2:17.45	2:06.99
1) Gonzalez Ospina, Laura W30	2) Jun, Edison M19	3) Mockford, Samantha W38	4) Smith, Stephen M58
33.30	1:05.10 (31.80)	1:39.14 (34.04)	2:06.99 (27.85)

Mixed 120-159 400 SC Meter Freestyle Relay

NATL: 3:48.17 % 12/1/2018 GOLDEN ROAD AQUATICS
 MEGAN MELGAARD, MEGAN JEX, LUKE PECHMANN, TONY COX
 PAC: 3:51.21 # 12/31/2009 TOC
 C Hessler, L Welting, S Guzman, S Greenwood
 WRL(4): 3:36.49 \$ 6/10/2023 GETXO -ESP
 M BILDOSOLA, C MARDONES, I BILDOSOLA, A IBARRONDO

1 Walnut Creek Masters-38	A	4:24.00	4:25.25
1) Welsh, Cole M24	2) Hwang, Jenn W32	3) Morrice, Carolyn W30	4) Torres, Emmanuel M38
26.70	55.06 (55.06)	1:27.68 (32.62)	2:03.47 (1:08.41)
2:39.89 (36.42)	3:19.54 (1:16.07)	3:51.01 (31.47)	4:25.25 (1:05.71)

Mixed 120-159 800 SC Meter Freestyle Relay

NATL: 8:25.57 % 11/30/2012 NOVAQUATICS MASTERS
 C LEWIS, E KRAUS, A COLLINS, D FERNANDEZ
 PAC: 8:28.22 # 10/16/2011 WCM
 R J Santos, A H Zamanian, L A Beaudreau, A J Nonak
 WRL(4): 8:02.84 \$ 5/18/2024 TEAM BACK -JPN
 T KIHARA, Y TEZUKA, S MATSUDA, R TEZUKA

1 Walnut Creek Masters-38	A	9:40.00	9:28.49
1) Nonaka, Andy M45	2) Latner, Brooke W28	3) Humann, Alexandra W27	4) Welsh, Cole M24
33.70	1:10.39 (1:10.39)	1:49.19 (1:49.19)	
3:03.64 ()	3:37.39 ()	4:21.54 ()	
	6:01.44 ()	6:35.03 ()	7:08.88 ()
7:41.74 (32.86)	8:18.13 (1:09.25)	8:53.45 (1:44.57)	9:28.49 (2:19.61)
2 Marcia's Enthusiastic Masters-38	A	10:42.00	10:59.70
1) McBride, Beth W34	2) Chien, Rex M36	3) Rafalson, Sara W36	4) Chen, Jacky M31
38.42	1:20.36 (1:20.36)	2:03.65 (2:03.65)	2:47.12 (2:47.12)
3:26.58 (39.46)	4:10.32 (1:23.20)	4:56.46 (2:09.34)	5:40.92 (2:53.80)
6:18.93 (38.01)	7:01.35 (1:20.43)	7:45.45 (2:04.53)	8:28.99 (2:48.07)
8:49.32 (20.33)	9:39.52 (1:10.53)	10:59.70 (2:30.71)	

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Mixed 120-159 200 SC Meter Medley Relay

NATL: 1:47.51 % 11/23/2013

PHOENIX SWIM CLUB

PAC: 1:42.97 # 10/2/2011

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

VACA

WRL(4): 1:47.24 \$ 2/11/2024

N Lillard, D M Stewart, J A Rondoni, K Jensen

NIIGATA DASH -JPN

K TAKADA, Y TAKASAKI, T HASEGAWA, M SEKURA

1	Walnut Creek Masters-38	A		2:12.00	2:10.19
	1) Holbrook, Chad M45	2) Hwang, Jenn W32	3) Powell, Ian M39	4) Hansen, Allyson W31	
	33.10	1:13.43 (40.33)	1:40.32 (26.89)	2:10.19 (29.87)	
2	Walnut Creek Masters-38	B		2:22.00	2:21.14
	1) Morrice, Carolyn W30	2) Gronert, Karsten M59	3) Gu, Yue Shen M31	4) Latner, Brooke W28	
	40.33	1:19.44 (39.11)	1:51.15 (31.71)	2:21.14 (29.99)	
3	Sacramento Masters-38	A		2:29.50	2:36.67
	1) Barron, Brixton M26	2) Torrijos Vera, Andrea W23	3) Hannigan, Edith W37	4) Barajas, Nick M58	
	33.05	1:14.65 (41.60)	2:06.07 (51.42)	2:36.67 (30.60)	

Mixed 120-159 400 SC Meter Medley Relay

NATL: 3:56.24 % 11/24/2013

PHOENIX SWIM CLUB

PAC: 4:32.35 # 10/13/2019

N INADA, J COMMINGS, E CAMPBELL, J KONARZEWSKI

WCM

WRL(4): 3:54.99 \$ 2/10/2024

L Gaudinier, P Kline, L Lawrence, L Ward

NIIGATA DASH -JPN

K TAKADA, Y TAKASAKI, T HASEGAWA, M SEKURA

1	Walnut Creek Masters-38	A		5:45.00	6:09.61
	1) Chan, Amos M29	2) Morrice, Carolyn W30	3) Karimi, Golsa W26	4) Wiebe, Nathan M44	
	37.17	1:16.62 (1:16.62)	2:06.31 (49.69)	2:58.95 (1:42.33)	
	3:50.67 (51.72)	5:02.62 (2:03.67)	5:31.76 (29.14)	6:09.61 (1:06.99)	

Mixed 160-199 200 SC Meter Freestyle Relay

NATL: 1:42.03 % 11/22/2009

COLORADO MASTERS SWIMMING

PAC: 1:47.35 # 10/9/2016

R ABRAHAMS, S VON DER LIPPE, S HART, C O'SULLIVAN

WCM

WRL(4): 1:40.07 \$ 11/11/2022

A Nonaka, E Richards, A Zamanian, J Flakoll

TSUNAMI -RUS

A KURNOSOV, S MUKHIN, E YUDINA, I SHLEMOVA

1	Walnut Creek Masters-38	A		1:50.00	1:53.23
	1) Payne, Kyle M39	2) Hooper, Lauren W45	3) Polcari, Emily W45	4) Uras, Onur M39	
	25.90	56.17 (30.27)	1:28.21 (32.04)	1:53.23 (25.02)	
2	Marcia's Enthusiastic Masters-38	A		2:06.00	2:01.77
	1) Rafalson, Sara W36	2) Hahnel, Carrie W46	3) Ramirez, Brent M44	4) Flores, Alejandro M43	
	34.15	1:05.81 (31.66)	1:35.16 (29.35)	2:01.77 (26.61)	
3	Walnut Creek Masters-38	B		2:25.00	2:13.48
	1) Jacques, Cathy W56	2) Wiebe, Nathan M44	3) Gu, Yue Shen M31	4) Tran, Cynthia W32	
	34.73	1:05.38 (30.65)	1:43.82 (38.44)	2:13.48 (29.66)	
4	Marcia's Enthusiastic Masters-38	B		2:19.00	2:17.65
	1) Wilson, Kristin W32	2) Woodworth, Kathryn W38	3) Ngo, Minh M53	4) Downey, Patrick M57	
	33.46	1:09.37 (35.91)	1:44.84 (35.47)	2:17.65 (32.81)	
5	Albany Armada Aquatics Masters	B		2:39.00	2:46.30
	1) Friedman, Eric M54	2) Long, Rebecca W52	3) Ward, Meghan W54	4) Cruz, Ethan M25	
	33.48	1:28.04 (54.56)	2:11.87 (43.83)	2:46.30 (34.43)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Mixed 160-199 400 SC Meter Freestyle Relay

NATL: 3:46.01 % 11/21/2009 COLORADO MASTERS SWIMMING

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

PAC: 4:04.88 # 12/31/2004 BAC

Chalmers, McAweeney, Ferrara, Miller

WRL(4): 3:46.01 \$ 11/21/2009

COLORADO MASTERS SWIMMING-USA

C O'SULLIVAN, R ABRAHAMS, S VON DER LIPPE, S HART

1	Tvm Swimming-38	A	4:05.00	4:08.05
	1) Southern, Drake M24	2) Conway, Adam M46	3) Elson, Denise W56	4) Radecke-Noble, Jennifer W40
	26.75	55.10 (55.10)	1:22.22 (27.12)	1:53.13 (58.03)
	2:27.48 (34.35)	3:07.00 (1:13.87)	3:36.49 (29.49)	4:08.05 (1:01.05)
2	San Ramon Valley Aquatics Mast-	A	4:46.00	4:40.90
	1) Lynch, Greg M62	2) Bracken, Judy W67	3) Swida, Matthew M22	4) Radimer, Kelly W42
	38.15	1:18.46 (1:18.46)	1:51.98 (33.52)	2:28.61 (1:10.15)
	3:05.34 (36.73)	3:44.96 (1:16.35)	4:11.41 (26.45)	4:40.90 (55.94)
3	Richmond Plunge Masters-38	A	4:59.99	4:44.56
	1) Frink, Stephen M39	2) Maze, Ghislaine W50	3) De Barros, Carolina W34	4) Kneubuhler, Yann M52
	29.04	58.52 (58.52)	1:40.36 (41.84)	2:26.07 (1:27.55)
	3:01.07 (35.00)	3:36.97 (1:10.90)	4:09.84 (32.87)	4:44.56 (1:07.59)
4	Sacramento Masters-38	A	4:38.20	4:47.54
	1) Brennan, Andrew M64	2) Pine, Justin M32	3) Mockford, Samantha W38	4) Gonzalez Ospina, Laura W30
	36.15	1:13.81 (1:13.81)	1:46.17 (32.36)	2:21.81 (1:08.00)
	2:57.14 (35.33)	3:36.63 (1:14.82)	4:10.40 (33.77)	4:47.54 (1:10.91)
5	Davis Aquatic Masters-38	A	4:45.10	4:50.73
	1) Veress, Ian M18	2) Krovetz, Ted M58	3) Russell, Jane W61	4) Weinman, Michal Sue W61
	28.11	58.44 (58.44)	1:31.44 (33.00)	2:07.69 (1:09.25)
	2:45.81 (38.12)	3:27.62 (1:19.93)	4:06.50 (38.88)	4:50.73 (1:23.11)
6	Walnut Creek Masters-38	A	4:54.00	4:58.94
	1) Madsen, Benjamin M46	2) Sullivan, Ryan M41	3) Nonaka, Marissa W46	4) Rosas, Rachel W31
	36.02	1:17.53 (1:17.53)	1:36.43 (18.90)	2:28.45 (1:10.92)
	3:06.68 (38.23)	3:49.98 (1:21.53)	4:22.82 (32.84)	4:58.94 (1:08.96)
7	Marcia's Enthusiastic Masters-38	A	4:55.00	5:05.23
	1) McBride, Beth W34	2) Rafkin, Louise W66	3) Dooley, Paul M56	4) Song, Jimmy M41
	37.35	1:16.78 (1:16.78)	1:55.72 (38.94)	2:37.35 (1:20.57)
	3:12.17 (34.82)	3:51.86 (1:14.51)	4:27.04 (35.18)	5:05.23 (1:13.37)
8	Tvm Swimming-38	B	6:58.00	7:12.88
	1) Salmon, Dori W56	2) Mukherjee, Subhankar M41	3) Dunkle, Julie W63	4) Schempp, Kyle M35
	52.28	1:50.95 (1:50.95)	2:45.40 (54.45)	3:42.43 (1:51.48)
	4:43.87 (1:01.44)	6:03.47 (2:21.04)	6:34.72 (31.25)	7:12.88 (1:09.41)

Mixed 160-199 800 SC Meter Freestyle Relay

NATL: 8:26.62 % 10/16/2009 WALNUT CREEK MASTERS

J SORENSEN, A ZAMANIAN, M CURRAN, R SANTOS

PAC: 8:26.62 # 10/18/2009 WCM

J G Sorensen, A H Zamanian, M M Curran, R J Santos

WRL(4): 8:19.38 \$ 3/12/2023

CC ANIENE -ITA

R FERRANTE, T SPICOLA, S ALFONSI, M TERSAR

1	Davis Aquatic Masters-38	A	10:10.10	10:13.80
	1) Garforth, Emma W56	2) Zachan, Matthew M38	3) Goldberg, Michelle W56	4) Koehl, Arthur M29
	35.25	1:14.53 (1:14.53)	1:56.89 (1:56.89)	2:40.62 (2:40.62)
	3:11.02 (30.40)	3:44.45 (1:03.83)	4:18.20 (1:37.58)	4:51.83 (2:11.21)
	5:28.43 (36.60)	6:07.35 (1:15.52)	6:47.83 (1:56.00)	7:28.00 (2:36.17)
	8:06.60 (38.60)	8:49.76 (1:21.76)	9:32.41 (2:04.41)	10:13.80 (2:45.80)

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(Mixed 160-199 800 SC Meter Freestyle Relay)

2	Richmond Plunge Masters-38	A		11:00.00	10:24.50
	1) Frink, Stephen M39	2) Maze, Ghislaine W50	3) De Barros, Carolina W34	4) Kneubuhler, Yann M52	
	31.12	1:03.91 (1:03.91)	1:38.39 (1:38.39)	2:12.79 (2:12.79)	
	2:56.17 (43.38)	3:43.27 (1:30.48)	4:32.15 (2:19.36)	5:21.97 (3:09.18)	
	5:57.05 (35.08)	6:36.73 (1:14.76)	7:17.94 (1:55.97)	7:56.23 (2:34.26)	
	8:31.02 (34.79)	9:09.05 (1:12.82)	9:47.14 (1:50.91)	10:24.50 (2:28.27)	

Mixed 160-199 200 SC Meter Medley Relay

NATL: 1:53.38 % 11/21/2009 COLORADO MASTERS SWIMMING
 S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMAS
 PAC: 2:04.64 # 10/9/2016 WCM
 H Chao, A Nonaka, A Zamanian, E Richards
 WRL(4): 1:50.35 \$ 11/14/2021 MAD WAVE -RUS
 A POVALII, V BRAGIN, A POLIAKOVA, V PREDKIN

1	Walnut Creek Masters-38	A		2:04.64	2:02.00 #
	1) Hooper, Lauren W45	2) Payne, Kyle M39	3) Bloch, Laurence W31	4) Flakoll, Jonathan M50	
	33.68	1:04.43 (30.75)	1:35.92 (31.49)	2:02.00 (26.08)	
2	Orinda Aquatic Masters-38	A		NT	2:08.08
	1) Lacuesta Byrum, Natalie W43	2) Tonge, Jacqueline W62	3) Martin, Matt M38	4) Rajashekhar, Manju M42	
	40.24	1:30.92 (50.68)	1:49.59 (18.67)	2:08.08 (18.49)	
3	Walnut Creek Masters-38	B		2:09.00	2:15.17
	1) Casci, Kevin M62	2) Nonaka, Andy M45	3) Thomas, Alexandra W36	4) Warner, Kate W34	
	33.41	1:07.93 (34.52)	1:43.59 (35.66)	2:15.17 (31.58)	
4	Tvm Swimming-38	B		2:43.00	2:21.05
	1) Burch, Katie W47	2) Schempp, Kyle M35	3) Elson, Denise W56	4) Greiner, Chris M43	
	39.39	1:16.38 (36.99)	1:51.75 (35.37)	2:21.05 (29.30)	
5	Marcia's Enthusiastic Masters-38	A		3:15.00	2:46.68
	1) Burger, Clare W57	2) McBride, Beth W34	3) Gibbons, Yves M40	4) Ngo, Minh M53	
	43.83	1:31.40 (47.57)	2:10.24 (38.84)	2:46.68 (36.44)	
---	Tvm Swimming-38	A		2:05.00	DQ
	1) Radecke-Noble, Jennifer W40	2) LaBerge, Karin W60	3) Conway, Adam M46	4) Southern, Drake M24	
	31.76	1:16.34 (44.58)	1:43.14 (26.80)	DQ (24.73)	

Mixed 160-199 400 SC Meter Medley Relay

NATL: 4:10.32 % 11/22/2009 COLORADO MASTERS SWIMMING
 S HART, S VON DER LIPPE, C O'SULLIVAN, R ABRAHAMAS
 PAC: 4:28.64 # 12/31/2007 WCM
 Ward, Santos, Mikuni, Crittenden
 WRL(4): 4:05.01 \$ 5/7/2022 JSS FUKAI -JPN
 K MORIHISA, Y SAKAI, T NAKANO, A OKI

1	Tvm Swimming-38	A		4:53.30	4:55.93
	1) Conway, Adam M46	2) LaBerge, Karin W60	3) Radecke-Noble, Jennifer W40	4) Southern, Drake M24	
	35.72	1:14.83 (1:14.83)	2:00.45 (45.62)	2:52.23 (1:37.40)	
	3:25.14 (32.91)	4:01.11 (1:08.88)	4:27.23 (26.12)	4:55.93 (54.82)	
2	Walnut Creek Masters-38	A		5:00.00	5:04.61
	1) Zamanian, Alison W54	2) Stegner, Jeff M59	3) Nonaka, Andy M45	4) Warner, Kate W34	
	36.93	1:15.24 (1:15.24)	1:56.46 (41.22)	2:41.50 (1:26.26)	
	3:15.47 (33.97)	3:53.50 (1:12.00)	4:27.19 (33.69)	5:04.61 (1:11.11)	

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Mixed 200-239 200 SC Meter Freestyle Relay

NATL: 1:46.08 % 3/15/2014 N CAROLINA MASTERS SWIMMING
 ERIKA BRAUN, SUE WALSH, JON BLANK, JONATHAN KLEIN
 PAC: 1:54.66 # 10/16/2011 WCM
 S A Stahl, K A Halbrecht, K Murphey, A Sue M Osbor
 WRL(4): 1:45.30 \$ 4/16/2023 EDGE -JPN
 M IKEDA, T TAKUBO, Y IKEDA, K KOBAYASHI

1	Rolling Hills Mud Sharks-38	A		2:15.00	2:14.70
	1) Marcus, Jono M58	2) Laudenslager, Greg M63	3) Murray, Tori W42	4) Viscardi, Josie W60	
	32.44	1:03.92 (31.48)	1:37.10 (33.18)	2:14.70 (37.60)	
2	Sebastopol Masters Aquatic Clu-3	A		2:27.00	2:23.52
	1) Lee, Jez W44	2) Flecker, Donita W42	3) Hektner, Eric M66	4) Keating, Kevin M61	
	35.75	1:11.40 (35.65)	1:53.22 (41.82)	2:23.52 (30.30)	
3	Walnut Creek Masters-38	A		3:00.00	2:44.66
	1) Nikiforov, Andrey M52	2) France, Kermit M58	3) Asta, Lisa W59	4) Taylor, Catherine W61	
	31.65	1:08.68 (37.03)	2:06.46 (57.78)	2:44.66 (38.20)	

Mixed 200-239 400 SC Meter Freestyle Relay

NATL: 3:56.10 % 12/14/2014 NORTH CAROLINA MASTERS
 E BRAUN, H STEWART, S WALSH, J KLEIN
 PAC: 4:18.80 # 10/10/2010 WCM
 L Druz, P M Guadagni, B J R Henry, L A Ward
 WRL(4): 3:56.10 \$ 12/14/2014 NORTH CAROLINA MASTERS -USA
 E BRAUN, H STEWART, S WALSH, J KLEIN

1	Marcia's Enthusiastic Masters-38	A		5:03.00	5:00.93
	1) Shu, Vicki W56	2) Ardourel, Franck M60	3) Hertzner, Keith M51	4) de la Torre, Yasuko W54	
	36.70	1:15.14 (1:15.14)	1:52.77 (37.63)	2:33.20 (1:18.06)	
	3:06.68 (33.48)	3:43.22 (1:10.02)	4:21.43 (38.21)	5:00.93 (1:17.71)	
2	Rolling Hills Mud Sharks-38	A		5:10.00	5:06.05
	1) Marcus, Jono M58	2) Laudenslager, Greg M63	3) Murray, Tori W42	4) Hayes-Rupp, Cynthia W67	
	35.93	1:12.78 (1:12.78)	1:46.13 (33.35)	2:21.85 (1:09.07)	
	2:58.94 (37.09)	3:38.04 (1:16.19)	4:19.45 (41.41)	5:06.05 (1:28.01)	
3	Orinda Aquatic Masters-38	A	NT		5:25.81
	1) Lacuesta Byrum, Natalie W43	2) Tonge, Jacqueline W62	3) Makani, Gautam M58	4) Martin, Matt M38	
	37.14	1:17.30 (1:17.30)	1:59.40 (42.10)	2:46.27 (1:28.97)	
	3:33.57 (47.30)	4:22.47 (1:36.20)	4:52.62 (30.15)	5:25.81 (1:03.34)	
4	Albany Armada Aquatics Masters	A		5:47.00	5:52.17
	1) Lowe, Tonia W53	2) Focha, Teresa W63	3) Trutane, Steve M59	4) Schmidt, Ethan M35	
	40.42	1:22.95 (1:22.95)	2:16.44 (53.49)	3:15.51 (1:52.56)	
	3:56.41 (40.90)	4:40.03 (1:24.52)	5:14.04 (34.01)	5:52.17 (1:12.14)	
5	Walnut Creek Masters-38	A		5:24.00	5:54.53
	1) Roder, Shap M52	2) Martin, Robert M47	3) Vassallo, Roberta W50	4) Asmus, Paula W59	
	37.65	1:18.90 (1:18.90)	2:01.15 (42.25)	2:50.28 (1:31.38)	
	3:36.16 (45.88)	4:40.09 (1:49.81)	5:08.56 (28.47)	5:54.53 (1:14.44)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

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Mixed 200-239 800 SC Meter Freestyle Relay

NATL: 8:36.91 % 10/11/2015 ILLINOIS MASTERS

L DILLMANN, D SIMS, A BLOCK, J TUCHLER

PAC: 9:40.55 # 10/16/2011 WCM

L Druz, A Sue M Osborn, L A Ward, B D Volpp

WRL(4): 8:36.91 \$ 10/11/2015 ILLINOIS MASTERS -USA

L DILLMANN, D SIMS, A BLOCK, J TUCHLER

1	Walnut Creek Masters-38	A	10:30.00	10:18.34
	1) Lawrence, Laura W44	2) King, Ian M62	3) Bell, Gordon M72	4) Hwang, Jenn W32
	33.58	1:09.25 (1:09.25)	1:45.93 (1:45.93)	2:23.05 (2:23.05)
	2:58.06 (35.01)	3:37.39 (1:14.34)	5:34.49 (3:11.44)	
		6:15.41 (40.92)	6:57.96 (1:23.47)	
	8:14.24 ()	8:54.88 ()	9:37.33 ()	10:18.34 ()
2	Tvm Swimming-38	A	12:00.00	11:11.80
	1) Mangold, Paul M61	2) Sitzmann, Amy W44	3) Burch, Katie W47	4) McCracken, Bill M63
	37.75	1:18.85 (1:18.85)	2:01.49 (2:01.49)	2:44.75 (2:44.75)
	3:23.98 (39.23)	4:09.20 (1:24.45)	4:55.41 (2:10.66)	5:42.15 (2:57.40)
	6:18.86 (36.71)	7:01.32 (1:19.17)	7:45.60 (2:03.45)	8:27.88 (2:45.73)
	9:04.82 (36.94)	9:46.08 (1:18.20)	10:30.02 (2:02.14)	11:11.80 (2:43.92)

Mixed 200-239 200 SC Meter Medley Relay

NATL: 1:55.39 % 12/3/2023 NORTH CAROLINA MASTERS

W WEAVER, D DUNSON, E BRAUN, K LINDAUER

PAC: 2:11.24 # 10/9/2016 WCM

L Ward, I Selinger, J Boone, A Cook

WRL(4): 1:54.71 \$ 4/21/2024 EDGE -JPN

Y IKEDA, R MORITA, M IKEDA, K KOBAYASHI

1	Rolling Hills Mud Sharks-38	A	2:32.00	2:31.75
	1) Murray, Tori W42	2) Laudenslager, Greg M63	3) Marcus, Jono M58	4) Hayes-Rupp, Cynthia W67
	41.00	1:18.92 (37.92)	1:55.62 (36.70)	2:31.75 (36.13)

Mixed 200-239 400 SC Meter Medley Relay

NATL: 4:19.84 % 3/18/2023 NORTH CAROLINA MASTERS

J KLEIN, S TAYLOR, S DALLAMURA, E BRAUN

PAC: 4:24.83 # 12/8/2013 WAMS

S. Trimble, A Jaegers, T Harvill, M Volzing

WRL(4): 4:19.84 \$ 3/18/2023 NORTH CAROLINA MASTERS -USA

J KLEIN, S TAYLOR, S DALLAMURA, E BRAUN

1	Orinda Aquatic Masters-38	A	NT	5:49.41
	1) Horton, Cheryl Lynn W43	2) Tonge, Jacqueline W62	3) Kalas, Paul M57	4) Cutter, Brian M49
	38.30	1:20.45 (1:20.45)	2:13.90 (53.45)	3:11.02 (1:50.57)
	3:51.25 (40.23)	4:39.40 (1:28.38)	5:11.81 (32.41)	5:49.41 (1:10.01)
2	Walnut Creek Masters-38	A	6:30.00	6:02.65
	1) King, Ian M62	2) Ongerth, Ann Michelle W50	3) Bradford, Amy W44	4) Wada, Ellison M45
	41.36	1:24.34 (1:24.34)	2:20.33 (55.99)	3:22.46 (1:58.12)
	4:00.97 (38.51)	4:46.50 (1:24.04)	5:22.02 (35.52)	6:02.65 (1:16.15)
3	Sebastopol Masters Aquatic Clu-3	A	6:12.00	6:03.11
	1) Flecker, Donita W42	2) Hektner, Eric M66	3) Keating, Kevin M61	4) Lee, Jez W44
	45.22	1:36.16 (1:36.16)	2:28.38 (52.22)	3:24.37 (1:48.21)
	3:59.31 (34.94)	4:39.65 (1:15.28)	5:18.72 (39.07)	6:03.11 (1:23.46)
4	Rolling Hills Mud Sharks-38	A	6:15.00	6:21.66
	1) Hepworth, Linda W71	2) Suess, Robert M63	3) Murray, Tori W42	4) Marcus, Jono M58
	52.47		2:36.60 ()	3:32.44 ()
	4:19.53 (47.09)	5:09.87 (1:37.43)	5:44.69 (34.82)	6:21.66 (1:11.79)

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(Mixed 200-239 400 SC Meter Medley Relay)

5	Tvm Swimming-38	A	6:22.00	6:51.54
	1) Sitzmann, Amy W44	2) Dunkle, Julie W63	3) Schempp, Kyle M35	4) McCracken, Bill M63
	46.41	1:33.28 (1:33.28)	2:47.96 (1:14.68)	4:11.26 (2:37.98)
	4:49.28 (38.02)	5:36.02 (1:24.76)	6:12.22 (36.20)	6:51.54 (1:15.52)
---	Albany Armada Aquatics Masters	A	6:31.00	DQ
	1) Long, Rebecca W52	2) Schmidt, Ethan M35	3) Carroll, Leah W63	4) Friedman, Eric M54
	55.67	1:58.24 (1:58.24)	2:39.36 (41.12)	3:26.70 (1:28.46)
	4:23.67 (56.97)	5:24.27 (1:57.57)	5:58.59 (34.32)	DQ (1:14.52)

Mixed 240-279 200 SC Meter Freestyle Relay

NATL: 1:52.68 % 11/14/2015 NORTH TEXAS LONESTARS
DOUG MARTIN, TOM BARTON, C MCKELVEY, LYNN MORRISON

PAC: 1:57.60 # 12/31/2009 TAM
R Burns, L Val, B Wheeler, K Frost

WRL(4): 1:52.68 \$ 11/14/2015 NORTH TEXAS LONESTARS -USA
D MARTIN, T BARTON, C MCKELVEY, L MORRISON

1	Marcia's Enthusiastic Masters-38	A	3:50.00	3:49.32
	1) Armstrong, Judy W77	2) Jacobs, Lois W81	3) Wu, Long M59	4) Rozendal, Michael M51
	1:01.32	2:38.68 (1:37.36)	3:14.77 (36.09)	3:49.32 (34.55)

Mixed 240-279 400 SC Meter Freestyle Relay

NATL: 4:12.66 % 12/2/2023 CONEJO VALLEY MASTERS
M BIONDI, D SMITH, S MARSHALL, B CLEAVENGER

PAC: 4:22.24 # 12/31/2012 TAM
R Burns, L Val, B Wheeler, T Holt

WRL(4): 4:12.66 \$ 12/2/2023 CONEJO VALLEY MASTERS -USA
M BIONDI, D SMITH, S MARSHALL, B CLEAVENGER

1	Walnut Creek Masters-38	A	4:54.00	4:48.70
	1) Kuhns, Chris M49	2) O'Brien, Charlene W68	3) Boone, Danielle W59	4) O'Brien, Kerry M67
	31.18	1:04.77 (1:04.77)	1:41.11 (36.34)	2:21.12 (1:16.35)
	2:57.18 (36.06)	3:36.19 (1:15.07)	4:10.38 (34.19)	4:48.70 (1:12.51)
2	Walnut Creek Masters-38	B	5:00.00	5:06.53
	1) King, Ian M62	2) Nichelman, Sherri W64	3) Gray, Kara W59	4) Ottati, Dean M64
	34.00	1:10.28 (1:10.28)	1:48.39 (38.11)	2:29.08 (1:18.80)
	3:10.51 (41.43)	3:55.20 (1:26.12)	4:29.61 (34.41)	5:06.53 (1:11.33)
3	Albany Armada Aquatics Masters	B	7:00.00	7:15.14
	1) Meyers, Ruth W67	2) Culp, John M65	3) Nip, Carol W67	4) Firmin, Rob M76
	1:06.27	2:17.05 (2:17.05)	3:03.98 (46.93)	3:52.96 (1:35.91)
	4:45.62 (52.66)	5:41.66 (1:48.70)	6:28.43 (46.77)	7:15.14 (1:33.48)

Mixed 240-279 800 SC Meter Freestyle Relay

NATL: 9:31.20 % 11/9/2019 SARASOTA SHARKS MASTERS
J GROSELLE, R WALKER, K EINSIDLER, R ATEN

PAC: 9:34.91 # 12/31/2009 TAM
R Burns, L Val, B Wheeler, K Frost

WRL(4): 9:25.75 \$ 2/17/2023 ZPC AMERSFOORT -NED
C MARSMAN, A PIJTAK-RADERSMA, M REMMITS-DE LANGE,

1	Walnut Creek Masters-38	A	11:00.00	11:29.40
	1) Kuhns, Chris M49	2) Nichelman, Sherri W64	3) Taylor, Catherine W61	4) Kemler, David M66
	34.22	1:12.52 (1:12.52)	1:51.94 (1:51.94)	2:44.48 (2:44.48)
	3:16.51 (32.03)	4:01.14 (1:16.66)	4:47.57 (2:03.09)	5:32.09 (2:47.61)
	6:14.34 (42.25)	7:01.66 (1:29.57)	7:49.04 (2:16.95)	
	9:15.56 ()	9:59.87 ()	10:45.20 ()	11:29.40 ()

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Mixed 240-279 200 SC Meter Medley Relay

NATL: 2:04.82 % 12/7/2019 NOVAQUATICS MASTERS

PAC: 2:10.34 # 12/31/2009 J FOWLER, H VEHOVEC, K OSBORNE, V HIBBEN
TAMWRL(4): 2:04.82 \$ 12/7/2019 R Burns, K Frost, L Val, B Wheeler
NOVAQUATICS MASTERS -USA
J FOWLER, H VEHOVEC, K OSBORNE, V HIBBEN

1	Marcia's Enthusiastic Masters-38	A		3:30.00	3:26.52
	1) Rentschler, Randy M64	2) Benjamin, Marcia W68	3) Gimbel, Erika W54	4) Clifford, Dan M54	
	55.58	1:51.50 (55.92)	2:46.45 (54.95)	3:26.52 (40.07)	

Mixed 240-279 400 SC Meter Medley Relay

NATL: 4:40.29 % 12/1/2023 NORTH CAROLINA MASTERS

PAC: 5:03.67 # 12/31/2006 J KLEIN, E BRAUN, G SANCHEZ, C WOLFF
TAMWRL(4): 4:40.29 \$ 12/1/2023 Burns, Frost, Val, Ridout
NORTH CAROLINA MASTERS -USA
J KLEIN, E BRAUN, G SANCHEZ, C WOLFF

1	Marcia's Enthusiastic Masters-38	A		7:45.00	7:57.11
	1) Kenworth, Kathryn W57	2) Rentschler, Randy M64	3) Ardourel, Franck M60	4) Carboni, Lisa W63	
	1:02.42	2:08.30 (2:08.30)	3:11.09 (1:02.79)	4:23.28 (2:14.98)	
	5:10.58 (47.30)	6:02.33 (1:39.05)	6:57.03 (54.70)	7:57.11 (1:54.78)	

Mixed 280-319 200 SC Meter Freestyle Relay

NATL: 1:59.88 % 1/20/2024 LONE STAR MASTERS

PAC: 2:07.33 # 10/9/2022 L MORRISON, J WOOLSLAYER, T BARTON, B WILLIAMS
TAMWRL(4): 1:59.88 \$ 1/20/2024 A Bernard, M Joyce, L Val, R Burns
LONE STAR MASTERS -USA
L MORRISON, J WOOLSLAYER, T BARTON, B WILLIAMS

1	Menlo Masters-38	A		2:35.00	2:33.07
	1) Gildea, David M81	2) Couch, Stephanie W60	3) Barnea, Daniela W80	4) Tom, Daniel M60	
	38.43	1:17.95 (39.52)	2:03.65 (45.70)	2:33.07 (29.42)	
2	Rolling Hills Mud Sharks-38	A		2:55.00	2:51.16
	1) Suess, Robert M63	2) Hepworth, Linda W71	3) Anderson, Fred M82	4) Coholan, Annette W76	
	33.74	1:14.87 (41.13)	2:00.56 (45.69)	2:51.16 (50.60)	
3	Albany Armada Aquatics Masters	A		3:18.00	3:04.43
	1) Ewing, Nancy W77	2) Au, Andre M71	3) Nip, Carol W67	4) Culp, John M65	
	57.48	2:25.59 (1:28.11)	3:04.43 (38.84)		

Mixed 280-319 400 SC Meter Freestyle Relay

NATL: 4:40.10 % 10/8/2022 TAMALPAIS AQUATIC MASTERS

PAC: 4:40.10 # 10/8/2022 R BURNS, L VAL, M JOYCE, A BERNARD
TAMWRL(4): 4:40.10 \$ 10/8/2022 R Burns, L Val, M Joyce, A Bernard
TAMALPAIS MASTERS -USA
R BURNS, L VAL, M JOYCE, A BERNARD

1	Walnut Creek Masters-38	A		5:44.00	5:50.77
	1) Chao, Hector M60	2) Thursby, Nancy W77	3) DeLacy, James M78	4) Heim-Bowen, Suzanne W66	
	30.97	1:04.40 (1:04.40)	2:08.89 (1:04.49)		
	3:59.06 ()	5:13.53 ()	5:50.77 (37.24)		

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

(Mixed 280-319 400 SC Meter Freestyle Relay)

2	Rolling Hills Mud Sharks-38	A		6:40.00	6:30.94
	1) Suess, Robert M63	2) Hepworth, Linda W71	3) Coholan, Annette W76	4) Anderson, Fred M82	
	38.91	1:18.37 (1:18.37)	2:02.78 (44.41)	2:50.87 (1:32.50)	
	3:45.39 (54.52)	5:34.65 (2:43.78)	6:30.81 (56.16)	6:30.94 (56.29)	

Mixed 280-319 800 SC Meter Freestyle Relay

NATL: 10:45.17 % 10/12/2019 SARASOTA SHARKS MASTERS
 J CARSON, J GROSELLE, B COUCH, J HOLBROOK
 PAC: 10:54.11 # 9/27/2015 TAM
 L Val, K Frost, N Ridout, R Burns
 WRL(4): 10:54.11 \$ 9/27/2015 TAMALPAIS AQUATIC MASTERS-USA
 L VAL, K FROST, N RIDOUT, R BURNS

1	Rolling Hills Mud Sharks-38	A		14:41.00	14:00.51
	1) Laudenslager, Greg M63	2) Hepworth, Linda W71	3) Coholan, Annette W76	4) Anderson, Fred M82	
	36.43	1:15.95 (1:15.95)	1:57.51 (1:57.51)		
	3:24.21 ()	4:14.93 ()	5:06.02 ()	5:54.78 ()	
	6:51.06 (56.28)	7:52.70 (1:57.92)	8:54.88 (3:00.10)		
	10:51.73 ()	11:53.70 ()	12:57.80 ()	14:00.51 ()	

Mixed 280-319 200 SC Meter Medley Relay

NATL: 2:18.26 % 1/21/2024 LONE STAR MASTERS
 J WOOLSLAYER, R NEVILLE, J GOODING, L MORRISON
 PAC: 2:22.04 # 9/27/2015 TAM
 L Val, K Frost, R Burns, N Ridout
 WRL(4): 2:18.26 \$ 1/21/2024 LONE STAR MASTERS -USA
 J WOOLSLAYER, R NEVILLE, J GOODING, L MORRISON

1	Rolling Hills Mud Sharks-38	A		3:26.00	3:22.93
	1) Hepworth, Linda W71	2) Coholan, Annette W76	3) Suess, Robert M63	4) Anderson, Fred M82	
	47.90	1:55.61 (1:07.71)	2:37.44 (41.83)	3:22.93 (45.49)	

Mixed 280-319 400 SC Meter Medley Relay

NATL: 5:10.77 % 1/20/2024 LONE STAR MASTERS
 J WOOLSLAYER, R NEVILLE, R KELSOE, L MORRISON
 PAC: 5:21.37 # 10/10/2015 TAM
 L Val, K Frost, R Burns, N Ridout
 WRL(4): 5:10.77 \$ 1/20/2024 LONE STAR MASTERS -USA
 J WOOLSLAYER, R NEVILLE, R KELSOE, L MORRISON

1	Menlo Masters-38	A		6:40.00	6:24.90
	1) Gildea, David M81	2) Barnea, Daniela W80	3) Tom, Daniel M60	4) Couch, Stephanie W60	
	51.23	1:47.78 (1:47.78)	2:42.72 (54.94)	3:43.38 (1:55.60)	
	4:19.91 (36.53)	5:04.28 (1:20.90)	5:43.85 (39.57)	6:24.90 (1:20.62)	
2	Rolling Hills Mud Sharks-38	A		7:50.00	7:34.84
	1) Laudenslager, Greg M63	2) Coholan, Annette W76	3) Viscardi, Josie W60	4) Anderson, Fred M82	
	41.43	1:22.97 (1:22.97)	2:33.36 (1:10.39)	3:50.78 (2:27.81)	
	4:42.60 (51.82)	5:44.25 (1:53.47)	6:39.27 (55.02)	7:34.84 (1:50.59)	
3	Marcia's Enthusiastic Masters-38	A		8:20.00	8:09.90
	1) Armstrong, Judy W77	2) Sears, Tom M77	3) Johnson, Carlaine W59	4) Winterrowd, Dan M74	
	1:12.08		3:29.02 ()	4:40.75 ()	
	5:34.06 (53.31)	6:39.69 (1:58.94)	7:24.31 (44.62)	8:09.90 (1:30.21)	

2024 Pacific Masters SCM Championship - 10/4/2024 to 10/6/2024

Sanction #: 384-S015

Results

Mixed 320-359 200 SC Meter Medley Relay

NATL: 2:57.97 % 3/10/2019

OREGON MASTERS

PAC: 4:09.42 # 10/8/2022

W LAMB, J GETTLING, M TOPPEL, D RADCLIFF

WCM

S Collins, S Morner, S Scott, R Mayo

WRL(4): 2:57.97 \$ 3/10/2019

OREGON MASTERS -USA

W LAMB, J GETTLING, M TOPPEL, D RADCLIFF

1 Walnut Creek Masters-38

A

4:09.42

3:49.99 #

1) Mayo, Robert M91

2) Thursby, Nancy W77

3) DeLacy, James M78

4) Scott, Stephanie W77

1:07.72

2:27.67 (1:19.95)

3:04.93 (37.26)

3:49.99 (45.06)