

2024 Short and Sweet - 4/14/2024

Results - Sunday

Women 18-24 50 Yard Freestyle

1	Mi, Jessica	24	University of Sa-38	27.85
2	Cardenas, Julianna	23	Marcia's Enthusi-38	28.97
3	Klingelhofer, Meri	22	Swim Fremont Gle-38	32.07

Women 18-24 200 Yard Freestyle

1	Mi, Jessica	24	University of Sa-38	2:11.72
2	Klingelhofer, Meri	22	Swim Fremont Gle-38	2:29.03

Women 18-24 50 Yard Backstroke

1	Cardenas, Julianna	23	Marcia's Enthusi-38	33.94
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Women 18-24 50 Yard Breaststroke

1	Cardenas, Julianna	23	Marcia's Enthusi-38	37.93
2	Mi, Jessica	24	University of Sa-38	39.15
3	Klingelhofer, Meri	22	Swim Fremont Gle-38	40.16

Women 18-24 50 Yard Butterfly

1	Mi, Jessica	24	University of Sa-38	29.50
2	Cardenas, Julianna	23	Marcia's Enthusi-38	30.85

Women 25-29 50 Yard Freestyle

1	Siebrand, Cynthia	27	North Bay Aquati-38	25.18
2	Bird, Annabel	28	Walnut Creek Mas-38	25.52
3	Hamza, Haley	28	Sacramento Maste-38	26.57
4	Crow, Vivian	26	Davis Aquatic Ma-38	28.82
5	Bindert, Kaitlin	29	Manatee Aquatic-38	30.30
6	Woo, Emily	28	Marcia's Enthusi-38	30.56
7	DeFilippis, Rachel	27	Marin Aquatic Ma-38	30.91
8	Mistry, Shivana	28	University of Sa-38	31.82
9	Silva, Rayle	27	Marin Aquatic Ma-38	32.59
10	Polanco-Jimenez, Karina	29	North Bay Aquati-38	34.43
11	Bergman, Abigail	28	Menlo Masters-38	34.44

Women 25-29 200 Yard Freestyle

1	Hamza, Haley	28	Sacramento Maste-38	2:04.03
2	Bird, Annabel	28	Walnut Creek Mas-38	2:04.49
3	McFarland, Kristen	27	Walnut Creek Mas-38	2:15.22
4	Crow, Vivian	26	Davis Aquatic Ma-38	2:15.33
5	Woo, Emily	28	Marcia's Enthusi-38	2:32.04
6	DeFilippis, Rachel	27	Marin Aquatic Ma-38	2:32.90
7	Silva, Rayle	27	Marin Aquatic Ma-38	2:33.10
8	Bergman, Abigail	28	Menlo Masters-38	2:36.88
9	Polanco-Jimenez, Karina	29	North Bay Aquati-38	2:37.69
10	Bindert, Kaitlin	29	Manatee Aquatic-38	2:38.83

Women 25-29 500 Yard Freestyle

1	Knell, Lissi	29	Manatee Aquatic-38	5:39.69
2	Eggart, Ashley	25	Alameda Aquatic-38	6:35.23
3	Woo, Emily	28	Marcia's Enthusi-38	6:45.75
4	Silva, Rayle	27	Marin Aquatic Ma-38	7:09.07

Women 25-29 50 Yard Backstroke

1	Siebrand, Cynthia	27	North Bay Aquati-38	29.68
2	Bindert, Kaitlin	29	Manatee Aquatic-38	36.37
3	Silva, Rayle	27	Marin Aquatic Ma-38	39.05

Women 25-29 200 Yard Backstroke

1	Hamza, Haley	28	Sacramento Maste-38	2:18.60
2	Crow, Vivian	26	Davis Aquatic Ma-38	2:27.03
3	Bindert, Kaitlin	29	Manatee Aquatic-38	2:55.83
4	Woo, Emily	28	Marcia's Enthusi-38	2:57.83

Women 25-29 50 Yard Breaststroke

1	Knell, Lissi	29	Manatee Aquatic-38	34.31
2	Bergman, Abigail	28	Menlo Masters-38	37.52
3	Woo, Emily	28	Marcia's Enthusi-38	38.84
4	Eggart, Ashley	25	Alameda Aquatic-38	38.93
5	Gallahue, Caoimhe	25	Walnut Creek Mas-38	40.01
6	Silva, Rayle	27	Marin Aquatic Ma-38	41.12
7	Mistry, Shivana	28	University of Sa-38	42.13
8	Bindert, Kaitlin	29	Manatee Aquatic-38	43.75

Women 25-29 200 Yard Breaststroke

1	Knell, Lissi	29	Manatee Aquatic-38	2:39.18
2	Crow, Vivian	26	Davis Aquatic Ma-38	2:47.00
3	Bergman, Abigail	28	Menlo Masters-38	2:49.73
4	Eggart, Ashley	25	Alameda Aquatic-38	2:57.77
5	Gallahue, Caoimhe	25	Walnut Creek Mas-38	2:57.84

Women 25-29 50 Yard Butterfly

1	Siebrand, Cynthia	27	North Bay Aquati-38	26.34
2	McFarland, Kristen	27	Walnut Creek Mas-38	29.10
3	Crow, Vivian	26	Davis Aquatic Ma-38	29.82
4	Knell, Lissi	29	Manatee Aquatic-38	30.23
5	Woo, Emily	28	Marcia's Enthusi-38	34.91
6	Bindert, Kaitlin	29	Manatee Aquatic-38	35.27
7	Silva, Rayle	27	Marin Aquatic Ma-38	35.67
8	Mistry, Shivana	28	University of Sa-38	38.39
9	Gallahue, Caoimhe	25	Walnut Creek Mas-38	39.23
---	Polanco-Jimenez, Karina	29	North Bay Aquati-38	DQ

Women 25-29 200 Yard Butterfly

1	Siebrand, Cynthia	27	North Bay Aquati-38	2:23.20
2	McFarland, Kristen	27	Walnut Creek Mas-38	2:52.57

Women 30-34 50 Yard Freestyle

1	Arnold, Allison	31	The Olympic Club-38	25.86
2	Akimoto, Reiko	31	Manatee Aquatic-38	27.74
3	Stephensen, Kate	34	Davis Aquatic Ma-38	27.78
4	Lewis, Nicole	32	North Bay Aquati-38	28.92
5	Palacios, Sierra	34	Sebastopol Maste-38	29.78
6	Sue, Jennifer	34	Swim Fremont Gle-38	31.40

Women 30-34 200 Yard Freestyle

1	Arnold, Allison	31	The Olympic Club-38	1:56.25
2	Bloch, Laurence	30	Walnut Creek Mas-38	2:09.61
3	Akimoto, Reiko	31	Manatee Aquatic-38	2:19.09
4	Palacios, Sierra	34	Sebastopol Maste-38	2:19.84
5	Lewis, Nicole	32	North Bay Aquati-38	2:28.16

Women 30-34 50 Yard Backstroke

1	Sue, Jennifer	34	Swim Fremont Gle-38	43.15
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Women 30-34 200 Yard Backstroke

1	Bloch, Laurence	30	Walnut Creek Mas-38	2:32.70
2	Palacios, Sierra	34	Sebastopol Maste-38	2:35.01

Women 30-34 50 Yard Breaststroke

1	Arnold, Allison	31	The Olympic Club-38	31.88
2	Limcolioc, Jessica	32	Swim Fremont Gle-38	39.39

Women 30-34 50 Yard Butterfly

1	Arnold, Allison	31	The Olympic Club-38	28.34
2	Stephensen, Kate	34	Davis Aquatic Ma-38	29.44

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(Women 30-34 50 Yard Butterfly)

3	Akimoto, Reiko	31	Manatee Aquatic-38	30.69
4	Lewis, Nicole	32	North Bay Aquatic-38	30.99
5	Sue, Jennifer	34	Swim Fremont Gle-38	41.17

Women 35-39 50 Yard Freestyle

1	Schmitz, Emily	35	Manatee Aquatic-38	26.71
2	Au Brinkmeyer, Lauren	39	Manatee Aquatic-38	27.36
3	Marwell, Haley	38	Streamliners-38	30.77
4	Hannigan, Edith	36	Sacramento Maste-38	39.59

Women 35-39 200 Yard Freestyle

1	Schmitz, Emily	35	Manatee Aquatic-38	2:10.45
2	Schiano, Chelsea	39	Davis Aquatic Ma-38	2:16.53
3	Marwell, Haley	38	Streamliners-38	2:44.68
4	Pinkston, Crystal	38	Marin Aquatic Ma-38	2:55.73
5	Hannigan, Edith	36	Sacramento Maste-38	3:10.84

Women 35-39 500 Yard Freestyle

1	Au Brinkmeyer, Lauren	39	Manatee Aquatic-38	6:05.59
2	Schiano, Chelsea	39	Davis Aquatic Ma-38	6:14.55
3	Pinkston, Crystal	38	Marin Aquatic Ma-38	8:04.38
4	Hannigan, Edith	36	Sacramento Maste-38	8:52.23

Women 35-39 50 Yard Backstroke

1	Schmitz, Emily	35	Manatee Aquatic-38	32.75
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Women 35-39 50 Yard Breaststroke

1	Au Brinkmeyer, Lauren	39	Manatee Aquatic-38	33.39
2	Greer, Margaret	35	East Bay Bat Ray-38	35.55
3	Schmitz, Emily	35	Manatee Aquatic-38	39.18

Women 35-39 200 Yard Breaststroke

1	Au Brinkmeyer, Lauren	39	Manatee Aquatic-38	2:41.98
2	Schiano, Chelsea	39	Davis Aquatic Ma-38	2:59.17

Women 35-39 50 Yard Butterfly

1	Ballenger, Marie	37	The Olympic Club-38	29.09
2	Greer, Margaret	35	East Bay Bat Ray-38	29.72
3	Schmitz, Emily	35	Manatee Aquatic-38	30.91

Women 40-44 50 Yard Freestyle

1	Holt, Vanessa	41	Santa Rosa Maste-38	26.78
2	Nehrebecki, Helene	44	Davis Aquatic Ma-38	27.66
3	Rodde, Amy	44	Burlingame Aquat-38	28.45
4	Louderback, Kelsey	40	Marin Aquatic Ma-38	28.86
5	Murray, Tori	41	Rolling Hills Mu-38	29.43
6	Lee, Robin	43	Marin Aquatic Ma-38	30.09
7	Scott, Emily	44	Swim Fremont Gle-38	30.23
8	Lacuesta Byrum, Natalie	42	Orinda Aquatic M-38	31.90
9	Keough, Emily	43	Menlo Masters-38	32.24
10	Flecker, Donita	41	Sebastopol Maste-38	33.68
11	Cheung, Ruth	44	Quicksilver Mast-38	36.21
12	Govender, Christine	43	Marin Aquatic Ma-38	42.64

Women 40-44 200 Yard Freestyle

1	Nehrebecki, Helene	44	Davis Aquatic Ma-38	2:15.89
2	Rempe, Rachel	41	Marin Aquatic Ma-38	2:18.19
3	Lee, Robin	43	Marin Aquatic Ma-38	2:26.98
4	Groskopf, Sarah	43	Club Hot Tub-38	2:28.06
5	Murray, Tori	41	Rolling Hills Mu-38	2:29.54

6	Keough, Emily	43	Menlo Masters-38	2:31.95
7	Lacuesta Byrum, Natalie	42	Orinda Aquatic M-38	2:35.18
8	Topping, Catherine	44	Marin Aquatic Ma-38	2:50.80
9	Cheung, Ruth	44	Quicksilver Mast-38	2:57.88

Women 40-44 500 Yard Freestyle

1	Rempe, Rachel	41	Marin Aquatic Ma-38	6:14.17
2	Topping, Catherine	44	Marin Aquatic Ma-38	7:24.42
3	Cheung, Ruth	44	Quicksilver Mast-38	7:51.23

Women 40-44 50 Yard Backstroke

1	Rohr, Meredith	41	Menlo Masters-38	30.42
2	Nehrebecki, Helene	44	Davis Aquatic Ma-38	32.42
3	Rodde, Amy	44	Burlingame Aquat-38	33.42
4	Louderback, Kelsey	40	Marin Aquatic Ma-38	33.62
5	Murray, Tori	41	Rolling Hills Mu-38	36.55
6	Keough, Emily	43	Menlo Masters-38	36.64
7	Lee, Robin	43	Marin Aquatic Ma-38	37.16
8	Lacuesta Byrum, Natalie	42	Orinda Aquatic M-38	37.93
9	Flecker, Donita	41	Sebastopol Maste-38	38.29
10	Cheung, Ruth	44	Quicksilver Mast-38	46.97

Women 40-44 200 Yard Backstroke

1	Groskopf, Sarah	43	Club Hot Tub-38	2:50.12
2	Lacuesta Byrum, Natalie	42	Orinda Aquatic M-38	2:53.72
3	Flecker, Donita	41	Sebastopol Maste-38	3:08.61

Women 40-44 50 Yard Breaststroke

1	Holt, Vanessa	41	Santa Rosa Maste-38	33.68
2	Nehrebecki, Helene	44	Davis Aquatic Ma-38	35.48
3	Rodde, Amy	44	Burlingame Aquat-38	36.34
4	Scott, Emily	44	Swim Fremont Gle-38	37.92
5	Lee, Robin	43	Marin Aquatic Ma-38	39.55
6	Murray, Tori	41	Rolling Hills Mu-38	40.51
7	Keough, Emily	43	Menlo Masters-38	45.49
8	Govender, Christine	43	Marin Aquatic Ma-38	52.98

Women 40-44 200 Yard Breaststroke

1	Rohr, Meredith	41	Menlo Masters-38	2:52.82
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Women 40-44 50 Yard Butterfly

1	Holt, Vanessa	41	Santa Rosa Maste-38	29.25
2	Nehrebecki, Helene	44	Davis Aquatic Ma-38	29.82
3	Rempe, Rachel	41	Marin Aquatic Ma-38	31.03
4	Rodde, Amy	44	Burlingame Aquat-38	31.28
5	Louderback, Kelsey	40	Marin Aquatic Ma-38	32.28
6	Murray, Tori	41	Rolling Hills Mu-38	32.80
7	Groskopf, Sarah	43	Club Hot Tub-38	35.33
8	Lee, Robin	43	Marin Aquatic Ma-38	36.08
9	Lacuesta Byrum, Natalie	42	Orinda Aquatic M-38	38.32
10	Keough, Emily	43	Menlo Masters-38	38.91
11	Cheung, Ruth	44	Quicksilver Mast-38	42.16
12	Flecker, Donita	41	Sebastopol Maste-38	43.20

Women 40-44 200 Yard Butterfly

1	Flecker, Donita	41	Sebastopol Maste-38	3:34.57
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Women 45-49 50 Yard Freestyle

1	Nagaoka, Masako	49	Quicksilver Mast-38	29.74
2	Cairns, Christina	45	Marin Aquatic Ma-38	29.93
3	Piniella, Monica	47	Streamliners-38	30.57
4	Peritore, Carina	46	Sacramento Maste-38	30.62

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Results - Sunday

(Women 45-49 50 Yard Freestyle)				7	Motoyama, Shima	54	Cala Maritime Aq-38	3:01.62	
5	Davis, Taylor	47	University of Sa-38	30.65	8	Geary, Deirdre	54	Marin Aquatic Ma-38	4:06.09
6	Nishimoto, Amber	45	University of Sa-38	32.26	Women 50-54 500 Yard Freestyle				
7	Vassallo, Roberta	49	Walnut Creek Mas-38	36.82	1	Thompson, Amy	53	North Bay Aquati-38	6:36.84
Women 45-49 200 Yard Freestyle					2	Singh, Jo	51	Menlo Masters-38	7:36.04
1	Cairns, Christina	45	Marin Aquatic Ma-38	2:17.30	Women 50-54 50 Yard Backstroke				
2	Peritore, Carina	46	Sacramento Maste-38	2:30.35	1	Thompson, Amy	53	North Bay Aquati-38	34.08
3	Piniella, Monica	47	Streamliners-38	2:30.76	2	Lugassy, Heather	53	Tamalpais Aquati-38	36.62
4	Nishimoto, Amber	45	University of Sa-38	2:40.48	3	O'Hanlon, Christine	53	Rolling Hills Mu-38	37.59
5	Ongerth, Ann Michelle	49	Walnut Creek Mas-38	3:00.49	4	Kercher, Jennifer	50	Ladera Oaks Mast-38	46.77
Women 45-49 500 Yard Freestyle					Women 50-54 200 Yard Backstroke				
1	Taylor, Cornelia	47	Marin Aquatic Ma-38	8:33.44	1	Zamanian, Alison	53	Walnut Creek Mas-38	2:20.22
Women 45-49 50 Yard Backstroke					2	Thompson, Amy	53	North Bay Aquati-38	2:40.24
1	Cairns, Christina	45	Marin Aquatic Ma-38	33.73	3	Singh, Jo	51	Menlo Masters-38	3:51.60
2	Davis, Taylor	47	University of Sa-38	37.02	Women 50-54 50 Yard Breaststroke				
3	Piniella, Monica	47	Streamliners-38	38.06	1	Attwell, Carrie	54	The Olympic Club-38	36.88
4	Vassallo, Roberta	49	Walnut Creek Mas-38	44.79	2	de la Torre, Yasuko	53	Marcia's Enthusi-38	40.65
Women 45-49 200 Yard Backstroke					3	Lugassy, Heather	53	Tamalpais Aquati-38	41.09
1	Cairns, Christina	45	Marin Aquatic Ma-38	2:36.69	4	Kercher, Jennifer	50	Ladera Oaks Mast-38	44.77
2	Nishimoto, Amber	45	University of Sa-38	3:10.19	5	Singh, Jo	51	Menlo Masters-38	47.79
Women 45-49 50 Yard Breaststroke					Women 50-54 200 Yard Breaststroke				
1	Nagaoka, Masako	49	Quicksilver Mast-38	36.83	1	Zamanian, Alison	53	Walnut Creek Mas-38	2:41.38
2	Cairns, Christina	45	Marin Aquatic Ma-38	37.79	2	Singh, Jo	51	Menlo Masters-38	3:49.22
3	Nishimoto, Amber	45	University of Sa-38	40.65	---	Attwell, Carrie	54	The Olympic Club-38	DQ
4	Davis, Taylor	47	University of Sa-38	42.18	Women 50-54 50 Yard Butterfly				
Women 45-49 200 Yard Breaststroke					1	Attwell, Carrie	54	The Olympic Club-38	32.16
1	Nagaoka, Masako	49	Quicksilver Mast-38	2:50.36	2	Lugassy, Heather	53	Tamalpais Aquati-38	33.33
2	Cairns, Christina	45	Marin Aquatic Ma-38	3:00.35	3	de la Torre, Yasuko	53	Marcia's Enthusi-38	33.63
3	Nishimoto, Amber	45	University of Sa-38	3:09.15	4	Peroni, Diana	51	Marin Aquatic Ma-38	38.22
4	Ongerth, Ann Michelle	49	Walnut Creek Mas-38	3:30.19	5	Kercher, Jennifer	50	Ladera Oaks Mast-38	40.43
Women 45-49 50 Yard Butterfly					6	Motoyama, Shima	54	Cala Maritime Aq-38	41.15
1	Peritore, Carina	46	Sacramento Maste-38	35.79	7	Singh, Jo	51	Menlo Masters-38	42.64
2	Davis, Taylor	47	University of Sa-38	37.53	Women 50-54 200 Yard Butterfly				
3	Nishimoto, Amber	45	University of Sa-38	37.77	1	Zamanian, Alison	53	Walnut Creek Mas-38	2:21.81
4	Ongerth, Ann Michelle	49	Walnut Creek Mas-38	39.33	2	de la Torre, Yasuko	53	Marcia's Enthusi-38	2:57.24
5	Vassallo, Roberta	49	Walnut Creek Mas-38	44.00	Women 55-59 50 Yard Freestyle				
6	Taylor, Cornelia	47	Marin Aquatic Ma-38	44.26	1	Nelson, Sheila	55	Santa Rosa Maste-38	29.35
Women 45-49 200 Yard Butterfly					2	Welting, Lauren	58	The Olympic Club-38	29.58
1	Ongerth, Ann Michelle	49	Walnut Creek Mas-38	3:26.77	3	Jones, Tracey	56	Santa Rosa Maste-38	30.27
2	Taylor, Cornelia	47	Marin Aquatic Ma-38	3:58.69	4	Lewis, Melissa	58	North Bay Aquati-38	30.43
Women 50-54 50 Yard Freestyle					5	Capen, Tasha	57	Menlo Masters-38	31.35
1	Lugassy, Heather	53	Tamalpais Aquati-38	29.70	6	Sheeper, Lisa	59	Menlo Masters-38	31.72
2	O'Hanlon, Christine	53	Rolling Hills Mu-38	30.89	7	De Somma, Margaret	56	Marin Aquatic Ma-38	32.32
3	Kercher, Jennifer	50	Ladera Oaks Mast-38	33.35	8	Wishovich, Shelley	57	Marin Aquatic Ma-38	32.61
4	Motoyama, Shima	54	Cala Maritime Aq-38	37.58	9	Alexander, Janet	56	Cala Maritime Aq-38	33.35
Women 50-54 200 Yard Freestyle					10	Viscardi, Josie	59	Rolling Hills Mu-38	33.70
1	Attwell, Carrie	54	The Olympic Club-38	2:24.66	11	Crow, Joan	59	Davis Aquatic Ma-38	34.66
2	O'Hanlon, Christine	53	Rolling Hills Mu-38	2:34.62	12	Cervantes-Mui, Wendy	56	Ladera Oaks Mast-38	35.64
3	de la Torre, Yasuko	53	Marcia's Enthusi-38	2:35.38	13	Freeman, Tammy	55	Walnut Creek Mas-38	35.86
4	Kercher, Jennifer	50	Ladera Oaks Mast-38	2:42.46	14	Bryant, Patricia	58	Davis Aquatic Ma-38	54.41
5	Singh, Jo	51	Menlo Masters-38	2:47.97	Women 55-59 200 Yard Freestyle				
6	Peroni, Diana	51	Marin Aquatic Ma-38	2:57.95	1	Goldberg, Michelle	55	Davis Aquatic Ma-38	2:19.56
					2	Welting, Lauren	58	The Olympic Club-38	2:22.17

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Results - Sunday

(Women 55-59 200 Yard Freestyle)

3	Coomber, Molly	58	North Bay Aquati-38	2:24.51
4	Couch, Stephanie	59	Menlo Masters-38	2:24.71
5	Shu, Vicki	55	Marcia's Enthusi-38	2:24.82
6	Cox, Juliet	56	Manatee Aquatic-38	2:24.89
7	Jones, Sara	55	Santa Rosa Maste-38	2:25.26
8	Sheeper, Lisa	59	Menlo Masters-38	2:26.29
9	Lewis, Melissa	58	North Bay Aquati-38	2:30.79
10	Cervantes-Mui, Wendy	56	Ladera Oaks Mast-38	2:51.84
11	Alexander, Janet	56	Cala Maritime Aq-38	2:55.28
12	Viscardi, Josie	59	Rolling Hills Mu-38	2:58.30

Women 55-59 500 Yard Freestyle

1	Nelson, Sheila	55	Santa Rosa Maste-38	6:20.44
2	Coomber, Molly	58	North Bay Aquati-38	6:22.23
3	Cox, Juliet	56	Manatee Aquatic-38	6:23.71
4	Shu, Vicki	55	Marcia's Enthusi-38	6:36.38
5	Sheeper, Lisa	59	Menlo Masters-38	6:38.31

Women 55-59 50 Yard Backstroke

1	Cox, Juliet	56	Manatee Aquatic-38	32.97
2	Welting, Laureen	58	The Olympic Club-38	34.02
3	Jones, Sara	55	Santa Rosa Maste-38	36.27
4	Couch, Stephanie	59	Menlo Masters-38	37.82
5	Wishovich, Shelley	57	Marin Aquatic Ma-38	40.75
6	Freeman, Tammy	55	Walnut Creek Mas-38	45.29
7	Phalen, Jennifer	59	Davis Aquatic Ma-38	46.26
8	Cervantes-Mui, Wendy	56	Ladera Oaks Mast-38	48.52
---	Bryant, Patricia	58	Davis Aquatic Ma-38	DQ

Women 55-59 200 Yard Backstroke

1	Jones, Sara	55	Santa Rosa Maste-38	2:40.83
2	Cox, Juliet	56	Manatee Aquatic-38	2:42.35
3	Couch, Stephanie	59	Menlo Masters-38	2:43.71
4	Shu, Vicki	55	Marcia's Enthusi-38	2:52.36
5	Phalen, Jennifer	59	Davis Aquatic Ma-38	3:17.72

Women 55-59 50 Yard Breaststroke

1	Goldberg, Michelle	55	Davis Aquatic Ma-38	38.87
2	Coomber, Molly	58	North Bay Aquati-38	39.34
3	Nelson, Sheila	55	Santa Rosa Maste-38	39.54
4	Jones, Tracey	56	Santa Rosa Maste-38	39.61
5	Welting, Laureen	58	The Olympic Club-38	39.86
6	Sheeper, Lisa	59	Menlo Masters-38	41.53
7	Freeman, Tammy	55	Walnut Creek Mas-38	41.56
8	Phalen, Jennifer	59	Davis Aquatic Ma-38	43.44
9	Crow, Joan	59	Davis Aquatic Ma-38	43.47
10	Bryant, Patricia	58	Davis Aquatic Ma-38	1:05.46

Women 55-59 200 Yard Breaststroke

1	Goldberg, Michelle	55	Davis Aquatic Ma-38	2:57.75
2	Welting, Laureen	58	The Olympic Club-38	3:05.69
3	Phalen, Jennifer	59	Davis Aquatic Ma-38	3:11.09
4	Sheeper, Lisa	59	Menlo Masters-38	3:11.12
5	Shu, Vicki	55	Marcia's Enthusi-38	3:14.57
6	Freeman, Tammy	55	Walnut Creek Mas-38	3:17.21
7	Couch, Stephanie	59	Menlo Masters-38	3:22.37

Women 55-59 50 Yard Butterfly

1	Welting, Laureen	58	The Olympic Club-38	31.73
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2	Goldberg, Michelle	55	Davis Aquatic Ma-38	32.49
3	Coomber, Molly	58	North Bay Aquati-38	32.91
4	De Somma, Margaret	56	Marin Aquatic Ma-38	33.38
5	Jones, Tracey	56	Santa Rosa Maste-38	33.97
6	Capen, Tasha	57	Menlo Masters-38	37.51
7	Alexander, Janet	56	Cala Maritime Aq-38	38.40
8	Freeman, Tammy	55	Walnut Creek Mas-38	39.56
9	Viscardi, Josie	59	Rolling Hills Mu-38	40.68
10	Phalen, Jennifer	59	Davis Aquatic Ma-38	42.35
11	Cervantes-Mui, Wendy	56	Ladera Oaks Mast-38	50.67

Women 55-59 200 Yard Butterfly

1	Shu, Vicki	55	Marcia's Enthusi-38	2:54.16
2	Phalen, Jennifer	59	Davis Aquatic Ma-38	3:53.29

Women 60-64 50 Yard Freestyle

1	Quick, Sarah	60	North Bay Aquati-38	26.80
2	Cristea, Dea	61	North Bay Aquati-38	28.82
3	Curry, Coleen	63	North Bay Aquati-38	30.32
4	Knight-Williams, Valerie	60	Sacramento Maste-38	31.60
5	Coffee, Cassandra	62	Tamalpais Aquati-38	34.57
6	Fredericks, Barbara	62	Cala Maritime Aq-38	38.24
7	Carrade, Christine	61	Tamalpais Aquati-38	39.06
8	Leslie, Kimberley	63	Cala Maritime Aq-38	39.36
9	Warford, Bernie	61	Cala Maritime Aq-38	40.32
10	Berg, Joanna	64	Manatee Aquatic-38	45.95
11	Sampiere-Prochnow, Susie	60	Marin Aquatic Ma-38	46.23
12	Focha, Teresa	63	Albany Armada Aq-38	48.13
13	Gaylord, Sue	62	Burlingame Aquat-38	55.70

Women 60-64 200 Yard Freestyle

1	Quick, Sarah	60	North Bay Aquati-38	2:09.61
2	Ward, Lisa	60	Walnut Creek Mas-38	2:10.74
3	Matena, Jana	61	Menlo Masters-38	2:14.22
4	Curry, Coleen	63	North Bay Aquati-38	2:18.34
5	Cristea, Dea	61	North Bay Aquati-38	2:30.41
6	Carter, Monica	62	Sacramento Maste-38	2:36.32
7	Taylor, Catherine	61	Walnut Creek Mas-38	2:38.57
8	Tonge, Jacqueline	61	Orinda Aquatic M-38	2:50.24
9	Coffee, Cassandra	62	Tamalpais Aquati-38	2:59.29
10	Carrade, Christine	61	Tamalpais Aquati-38	3:02.93
11	Valderrama, Deborah	61	University of Sa-38	3:15.76
12	Haskell, Rocio	61	Manatee Aquatic-38	3:19.23
13	Leslie, Kimberley	63	Cala Maritime Aq-38	3:30.64
14	Warford, Bernie	61	Cala Maritime Aq-38	3:34.12
15	Berg, Joanna	64	Manatee Aquatic-38	3:37.63
16	Focha, Teresa	63	Albany Armada Aq-38	3:38.86
---	Fredericks, Barbara	62	Cala Maritime Aq-38	DNF

Women 60-64 500 Yard Freestyle

1	Quick, Sarah	60	North Bay Aquati-38	5:55.35
2	Ward, Lisa	60	Walnut Creek Mas-38	5:58.10
3	Matena, Jana	61	Menlo Masters-38	6:09.34
4	Curry, Coleen	63	North Bay Aquati-38	6:13.23
5	Taylor, Catherine	61	Walnut Creek Mas-38	7:15.72

Women 60-64 50 Yard Backstroke

1	Ward, Lisa	60	Walnut Creek Mas-38	32.32
2	Oliver, April	62	North Bay Aquati-38	35.18
3	Cristea, Dea	61	North Bay Aquati-38	36.14

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(Women 60-64 50 Yard Backstroke)

4	Donahue, Jane	60	San Mateo Master-38	37.77
5	Knight-Williams, Valerie	60	Sacramento Maste-38	38.23
6	Taylor, Catherine	61	Walnut Creek Mas-38	42.36
7	Tonge, Jacqueline	61	Orinda Aquatic M-38	43.69
8	Coffee, Cassandra	62	Tamalpais Aquati-38	44.92
9	Focha, Teresa	63	Albany Armada Aq-38	51.62
10	Sampiere-Prochnow, Susie	60	Marin Aquatic Ma-38	1:05.57
11	Gaylord, Sue	62	Burlingame Aquat-38	1:15.38

Women 60-64 200 Yard Backstroke

1	Ward, Lisa	60	Walnut Creek Mas-38	2:27.78
2	Carter, Monica	62	Sacramento Maste-38	3:02.08
3	Taylor, Catherine	61	Walnut Creek Mas-38	3:11.95
4	Valderrama, Deborah	61	University of Sa-38	3:39.02
5	Focha, Teresa	63	Albany Armada Aq-38	3:44.61

Women 60-64 50 Yard Breaststroke

1	Donahue, Jane	60	San Mateo Master-38	40.22
2	Taylor, Catherine	61	Walnut Creek Mas-38	41.46
3	Knight-Williams, Valerie	60	Sacramento Maste-38	42.04
4	Tonge, Jacqueline	61	Orinda Aquatic M-38	46.02
5	Warford, Bernie	61	Cala Maritime Aq-38	48.42
6	Leslie, Kimberley	63	Cala Maritime Aq-38	48.68
7	Valderrama, Deborah	61	University of Sa-38	49.04
8	Berg, Joanna	64	Manatee Aquatic-38	49.44
9	Haskell, Rocio	61	Manatee Aquatic-38	50.26
10	Fredericks, Barbara	62	Cala Maritime Aq-38	51.23

Women 60-64 200 Yard Breaststroke

1	Taylor, Catherine	61	Walnut Creek Mas-38	3:27.78
2	Tonge, Jacqueline	61	Orinda Aquatic M-38	3:29.42
3	Berg, Joanna	64	Manatee Aquatic-38	3:48.05
4	Focha, Teresa	63	Albany Armada Aq-38	4:16.44
---	Haskell, Rocio	61	Manatee Aquatic-38	DNF

Women 60-64 50 Yard Butterfly

1	Ward, Lisa	60	Walnut Creek Mas-38	29.81
2	Oliver, April	62	North Bay Aquati-38	31.13
3	Cristea, Dea	61	North Bay Aquati-38	34.56
4	Donahue, Jane	60	San Mateo Master-38	35.41
5	Knight-Williams, Valerie	60	Sacramento Maste-38	37.38
6	Coffee, Cassandra	62	Tamalpais Aquati-38	40.87
7	Valderrama, Deborah	61	University of Sa-38	42.02
8	Carrade, Christine	61	Tamalpais Aquati-38	45.19
9	Leslie, Kimberley	63	Cala Maritime Aq-38	48.76
10	Haskell, Rocio	61	Manatee Aquatic-38	48.90
11	Tonge, Jacqueline	61	Orinda Aquatic M-38	51.01
12	Berg, Joanna	64	Manatee Aquatic-38	53.06

Women 60-64 200 Yard Butterfly

1	Ward, Lisa	60	Walnut Creek Mas-38	2:40.16
2	Carter, Monica	62	Sacramento Maste-38	3:16.59
3	Focha, Teresa	63	Albany Armada Aq-38	3:52.62
4	Basile, Katherine	64	Menlo Masters-38	4:13.93

Women 65-69 50 Yard Freestyle

1	Feeley, Louise	65	Menlo Masters-38	32.09
2	Ogilvie, Carol	68	University of Sa-38	32.43
3	Hickel, Jessie	65	East Bay Bat Ray-38	38.60

4	Pinto, Rebecca	69	Menlo Masters-38	38.61
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Women 65-69 200 Yard Freestyle

1	Feeley, Louise	65	Menlo Masters-38	2:37.84
2	Ogilvie, Carol	68	University of Sa-38	2:39.17
3	Hickel, Jessie	65	East Bay Bat Ray-38	3:01.48
4	Pinto, Rebecca	69	Menlo Masters-38	3:05.37

Women 65-69 50 Yard Backstroke

1	Quinn, Phyllis	68	The Olympic Club-38	45.59
2	Pinto, Rebecca	69	Menlo Masters-38	50.65

Women 65-69 200 Yard Backstroke

1	Ogilvie, Carol	68	University of Sa-38	3:15.23
2	Quinn, Phyllis	68	The Olympic Club-38	3:20.78
3	Thomas, Elaine	69	Mountain View Ma-38	3:42.30

Women 65-69 50 Yard Breaststroke

1	Hickel, Jessie	65	East Bay Bat Ray-38	49.41
2	Quinn, Phyllis	68	The Olympic Club-38	49.47
3	Palmer, Teddy	69	Walnut Creek Mas-38	1:07.52

Women 65-69 200 Yard Breaststroke

1	Hickel, Jessie	65	East Bay Bat Ray-38	3:49.91
2	Quinn, Phyllis	68	The Olympic Club-38	3:54.32

Women 65-69 50 Yard Butterfly

1	Ogilvie, Carol	68	University of Sa-38	38.07
2	Pinto, Rebecca	69	Menlo Masters-38	43.34
3	Hickel, Jessie	65	East Bay Bat Ray-38	49.93
4	Palmer, Teddy	69	Walnut Creek Mas-38	56.30

Women 70-74 50 Yard Freestyle

1	Guthrie, Sally	74	Sacramento Maste-38	34.93
2	Hepworth, Linda	70	Rolling Hills Mu-38	36.24
3	Collins, Susan	74	Walnut Creek Mas-38	40.29

Women 70-74 200 Yard Freestyle

1	Hepworth, Linda	70	Rolling Hills Mu-38	2:54.83
2	Willard, Mimi	70	Tamalpais Aquati-38	2:59.71
3	Collins, Susan	74	Walnut Creek Mas-38	3:14.91
4	Singer, Molly	70	Marcia's Enthusi-38	3:24.53

Women 70-74 500 Yard Freestyle

1	Willard, Mimi	70	Tamalpais Aquati-38	7:46.51
2	Hepworth, Linda	70	Rolling Hills Mu-38	7:47.71

Women 70-74 50 Yard Backstroke

1	Guthrie, Sally	74	Sacramento Maste-38	40.81
2	Hepworth, Linda	70	Rolling Hills Mu-38	43.72
3	Gillon, Jean	72	Menlo Masters-38	50.62

Women 70-74 200 Yard Backstroke

1	Willard, Mimi	70	Tamalpais Aquati-38	3:16.69
2	Hepworth, Linda	70	Rolling Hills Mu-38	3:20.31
3	Guthrie, Sally	74	Sacramento Maste-38	3:23.41
4	Gillon, Jean	72	Menlo Masters-38	4:08.09

Women 70-74 50 Yard Breaststroke

1	Collins, Susan	74	Walnut Creek Mas-38	56.37
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Women 70-74 200 Yard Breaststroke

1	Willard, Mimi	70	Tamalpais Aquati-38	3:45.53
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Women 70-74 50 Yard Butterfly

1	Collins, Susan	74	Walnut Creek Mas-38	57.50
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Women 75-79 50 Yard Freestyle

1	Barnea, Daniela	79	Menlo Masters-38	41.09
2	Caso, Susie	77	Manatee Aquatic-38	43.00
3	Coholan, Annette	75	Rolling Hills Mu-38	45.43

Women 75-79 200 Yard Freestyle

1	Scott, Stephanie	77	Walnut Creek Mas-38	3:13.82
2	Dutro, Cynthia	75	Menlo Masters-38	3:14.81
3	Barnea, Daniela	79	Menlo Masters-38	3:24.59
4	Coholan, Annette	75	Rolling Hills Mu-38	3:35.25
5	Caso, Susie	77	Manatee Aquatic-38	3:43.09

Women 75-79 500 Yard Freestyle

1	Coholan, Annette	75	Rolling Hills Mu-38	9:25.54
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Women 75-79 50 Yard Backstroke

1	Scott, Stephanie	77	Walnut Creek Mas-38	48.90
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Women 75-79 200 Yard Backstroke

1	Scott, Stephanie	77	Walnut Creek Mas-38	4:06.84
2	Pashelinsky, Erin	76	University of Sa-38	4:40.91

Women 75-79 50 Yard Breaststroke

1	Barnea, Daniela	79	Menlo Masters-38	46.63
2	Scott, Stephanie	77	Walnut Creek Mas-38	54.39
3	Caso, Susie	77	Manatee Aquatic-38	55.34
4	Coholan, Annette	75	Rolling Hills Mu-38	58.97

Women 75-79 200 Yard Breaststroke

1	Barnea, Daniela	79	Menlo Masters-38	3:40.29
2	Scott, Stephanie	77	Walnut Creek Mas-38	4:18.00
3	Caso, Susie	77	Manatee Aquatic-38	4:28.67
4	Coholan, Annette	75	Rolling Hills Mu-38	4:32.77
5	Florig, Doris	75	UC38	5:22.12

Women 75-79 50 Yard Butterfly

1	Dutro, Cynthia	75	Menlo Masters-38	49.88
2	Scott, Stephanie	77	Walnut Creek Mas-38	58.97

Women 75-79 200 Yard Butterfly

1	Barnea, Daniela	79	Menlo Masters-38	3:44.04
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Women 80-84 50 Yard Freestyle

1	Ridout, Nancy	82	Tamalpais Aquati-38	46.11
2	Stretch, Nancy	84	The Olympic Club-38	54.03
3	Westergaard, Leslie	81	Davis Aquatic Ma-38	54.66

Women 80-84 200 Yard Freestyle

1	Ridout, Nancy	82	Tamalpais Aquati-38	4:21.53
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Women 80-84 50 Yard Backstroke

1	Westergaard, Leslie	81	Davis Aquatic Ma-38	54.53
2	Stretch, Nancy	84	The Olympic Club-38	59.68

Women 80-84 200 Yard Backstroke

1	Westergaard, Leslie	81	Davis Aquatic Ma-38	3:59.04
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Women 80-84 50 Yard Breaststroke

1	Stretch, Nancy	84	The Olympic Club-38	1:02.94
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Women 80-84 200 Yard Breaststroke

1	Stretch, Nancy	84	The Olympic Club-38	4:54.13
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Women 80-84 50 Yard Butterfly

1	Stretch, Nancy	84	The Olympic Club-38	1:05.95
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Women 85-89 50 Yard Freestyle

1	Flesh, Anice	87	Marin Aquatic Ma-38	52.12
2	Tegner, Thyra	88	Almaden Masters-38	59.29
3	Morton, Judith	85	Walnut Creek Mas-38	1:13.48

Women 85-89 200 Yard Freestyle

1	Morton, Judith	85	Walnut Creek Mas-38	5:33.28
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Women 85-89 50 Yard Backstroke

1	Flesh, Anice	87	Marin Aquatic Ma-38	1:12.63
2	Tegner, Thyra	88	Almaden Masters-38	1:19.71
3	Morton, Judith	85	Walnut Creek Mas-38	1:20.90

Women 85-89 200 Yard Backstroke

1	Morton, Judith	85	Walnut Creek Mas-38	5:41.29
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Women 85-89 50 Yard Breaststroke

1	Flesh, Anice	87	Marin Aquatic Ma-38	1:08.01
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Women 85-89 200 Yard Breaststroke

1	Flesh, Anice	87	Marin Aquatic Ma-38	5:48.48
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Women 85-89 50 Yard Butterfly

1	Flesh, Anice	87	Marin Aquatic Ma-38	1:16.61
2	Morton, Judith	85	Walnut Creek Mas-38	1:43.38

Women 85-89 200 Yard Butterfly

1	Morton, Judith	85	Walnut Creek Mas-38	7:54.28
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Men 18-24 50 Yard Freestyle

1	Brown, Cal	23	Walnut Creek Mas-38	21.75
2	Ireland, Jacob	24	UC38	24.69

Men 18-24 50 Yard Breaststroke

1	Ireland, Jacob	24	UC38	28.13
2	Brown, Cal	23	Walnut Creek Mas-38	28.26

Men 18-24 200 Yard Breaststroke

1	Ireland, Jacob	24	UC38	2:24.93
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Men 18-24 50 Yard Butterfly

1	Brown, Cal	23	Walnut Creek Mas-38	23.92
2	Ireland, Jacob	24	UC38	25.12

Men 25-29 50 Yard Freestyle

1	Axelsson, Mikael	25	Alameda Aquatic-38	24.40
2	Cho, Andrew	26	Swim Fremont Gle-38	24.95
3	Miura, Jasper	27	Burlingame Aquat-38	25.44
4	Huynh, Vincent	27	Sacramento Maste-38	27.21

Men 25-29 200 Yard Freestyle

1	Fedorov, Brian	28	Sacramento Maste-38	1:55.16
2	Axelsson, Mikael	25	Alameda Aquatic-38	1:57.47
3	Niles, Jack	26	Santa Rosa Maste-38	1:59.83
4	Miura, Jasper	27	Burlingame Aquat-38	2:04.45
5	Glomstad, William	29	Walnut Creek Mas-38	2:07.41

Men 25-29 500 Yard Freestyle

1	Niles, Jack	26	Santa Rosa Maste-38	5:28.93
2	Axelsson, Mikael	25	Alameda Aquatic-38	5:32.47

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Men 25-29 50 Yard Backstroke

1	Cho, Andrew	26	Swim Fremont Gle-38	30.04
2	Miura, Jasper	27	Burlingame Aquat-38	32.22

Men 25-29 50 Yard Breaststroke

1	Malone, Reed	29	The Olympic Club-38	29.69
2	Miura, Jasper	27	Burlingame Aquat-38	34.67
3	Huynh, Vincent	27	Sacramento Maste-38	38.79

Men 25-29 200 Yard Breaststroke

1	Niles, Jack	26	Santa Rosa Maste-38	2:27.00
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Men 25-29 50 Yard Butterfly

1	Malone, Reed	29	The Olympic Club-38	23.91
2	Axelsson, Mikael	25	Alameda Aquatic-38	25.69
3	Miura, Jasper	27	Burlingame Aquat-38	27.14
4	Cho, Andrew	26	Swim Fremont Gle-38	28.51
5	Huynh, Vincent	27	Sacramento Maste-38	32.11

Men 25-29 200 Yard Butterfly

1	Fedorov, Brian	28	Sacramento Maste-38	2:13.67
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Men 30-34 50 Yard Freestyle

1	Cleavenger, Dillon	31	Humboldt Masters-38	23.10
2	Dowley, Thomas	32	The Olympic Club-38	23.50
3	Xia, Alan	31	Swim Fremont Gle-38	29.61
4	Raskin, Max	31	Oakland Barracud-38	30.51

Men 30-34 200 Yard Freestyle

1	Greer, George	33	East Bay Bat Ray-38	1:50.12
2	Keshmiri, Armon	30	San Jose Clownfi-38	1:52.27
3	Cleavenger, Dillon	31	Humboldt Masters-38	1:56.21
4	Dowley, Thomas	32	The Olympic Club-38	1:56.71
5	Christenson, Joel	32	East Bay Bat Ray-38	1:58.84
6	Thomas, Michael	31	Mountain View Ma-38	2:17.11
7	Bautista, Jair	31	Sacramento Maste-38	2:24.67
8	Raskin, Max	31	Oakland Barracud-38	2:52.57

Men 30-34 500 Yard Freestyle

1	Cleavenger, Dillon	31	Humboldt Masters-38	5:44.56
2	Thomas, Michael	31	Mountain View Ma-38	6:37.46
3	Bautista, Jair	31	Sacramento Maste-38	6:40.47

Men 30-34 50 Yard Backstroke

1	Bautista, Jair	31	Sacramento Maste-38	36.54
---	Raskin, Max	31	Oakland Barracud-38	DQ

Men 30-34 200 Yard Backstroke

1	Thomas, Michael	31	Mountain View Ma-38	2:34.59
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Men 30-34 50 Yard Breaststroke

1	Dowley, Thomas	32	The Olympic Club-38	31.09
2	Devargas, Jaime	31	Swim Fremont Gle-38	32.63
3	Xia, Alan	31	Swim Fremont Gle-38	35.61
4	Bautista, Jair	31	Sacramento Maste-38	40.49

Men 30-34 200 Yard Breaststroke

1	Dowley, Thomas	32	The Olympic Club-38	2:26.70
2	Thomas, Michael	31	Mountain View Ma-38	2:56.69
3	Xia, Alan	31	Swim Fremont Gle-38	3:02.46

Men 30-34 50 Yard Butterfly

1	Dowley, Thomas	32	The Olympic Club-38	25.52
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2	Keshmiri, Armon	30	San Jose Clownfi-38	26.13
3	Thomas, Michael	31	Mountain View Ma-38	28.48
4	Devargas, Jaime	31	Swim Fremont Gle-38	29.06
5	Bautista, Jair	31	Sacramento Maste-38	32.89

Men 30-34 200 Yard Butterfly

1	Keshmiri, Armon	30	San Jose Clownfi-38	2:15.47
2	Thomas, Michael	31	Mountain View Ma-38	2:48.70
3	Bautista, Jair	31	Sacramento Maste-38	3:01.58

Men 35-39 50 Yard Freestyle

1	Grant, Andy	39	Walnut Creek Mas-38	21.31
2	Taylor, Russell	38	Humboldt Masters-38	23.73
3	Kemp, Nikkolas	39	Humboldt Masters-38	24.13
4	Zang, Qing	37	Menlo Masters-38	24.79
5	Leimkuhler, Kyle	36	Menlo Masters-38	24.95
6	Borchard, Adam	35	Clovis Swim Club-38	25.02
7	Fox, Collin	37	Burlingame Aquat-38	25.12
8	Chua, Brendan	38	Richmond Plunge-38	27.90
9	Lange, Austin	37	Sacramento Maste-38	28.64
10	McCormack, Jason	35	Marin Aquatic Ma-38	28.87
11	Acholonu, Chiedozi	39	Marin Aquatic Ma-38	40.44

Men 35-39 200 Yard Freestyle

1	Grant, Andy	39	Walnut Creek Mas-38	1:41.20
2	Taylor, Russell	38	Humboldt Masters-38	1:56.41
3	Borchard, Adam	35	Clovis Swim Club-38	1:56.69
4	Kemp, Nikkolas	39	Humboldt Masters-38	1:57.75
5	Fox, Collin	37	Burlingame Aquat-38	2:05.54
6	Lange, Austin	37	Sacramento Maste-38	2:26.36

Men 35-39 500 Yard Freestyle

1	Taylor, Russell	38	Humboldt Masters-38	5:21.93
2	Kemp, Nikkolas	39	Humboldt Masters-38	5:37.09

Men 35-39 50 Yard Backstroke

1	Grant, Andy	39	Walnut Creek Mas-38	24.93
2	Fox, Collin	37	Burlingame Aquat-38	30.12
3	Zang, Qing	37	Menlo Masters-38	31.57
4	Chua, Brendan	38	Richmond Plunge-38	32.05
5	Lange, Austin	37	Sacramento Maste-38	33.88
6	McCormack, Jason	35	Marin Aquatic Ma-38	38.09

Men 35-39 200 Yard Backstroke

1	Borchard, Adam	35	Clovis Swim Club-38	2:21.63
2	Lange, Austin	37	Sacramento Maste-38	2:44.96

Men 35-39 50 Yard Breaststroke

1	Grant, Andy	39	Walnut Creek Mas-38	28.79
2	Zang, Qing	37	Menlo Masters-38	33.59
3	Leimkuhler, Kyle	36	Menlo Masters-38	34.94
4	Fox, Collin	37	Burlingame Aquat-38	35.62
5	Lange, Austin	37	Sacramento Maste-38	36.53
6	Chua, Brendan	38	Richmond Plunge-38	37.83
7	McCormack, Jason	35	Marin Aquatic Ma-38	41.56

Men 35-39 200 Yard Breaststroke

1	Borchard, Adam	35	Clovis Swim Club-38	2:41.01
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Men 35-39 50 Yard Butterfly

1	Grant, Andy	39	Walnut Creek Mas-38	23.75
2	Borchard, Adam	35	Clovis Swim Club-38	26.56

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(Men 35-39 50 Yard Butterfly)				3 Frazier, Michael	47 Sacramento Maste-38	2:08.76
3 Leimkuhler, Kyle	36 Menlo Masters-38	26.74		4 Sabatini, Greg	48 Richmond Plunge-38	2:10.76
4 Fox, Collin	37 Burlingame Aquat-38	28.26		5 Terry, David	47 Humboldt Masters-38	2:16.35
5 Chua, Brendan	38 Richmond Plunge-38	29.60		6 Prost, Adam	48 Richmond Plunge-38	2:24.67
6 Lange, Austin	37 Sacramento Maste-38	35.35		Men 45-49 500 Yard Freestyle		
Men 35-39 200 Yard Butterfly				1 Frazier, Michael	47 Sacramento Maste-38	6:02.13
1 Borchard, Adam	35 Clovis Swim Club-38	2:19.56		Men 45-49 50 Yard Backstroke		
Men 40-44 50 Yard Freestyle				1 Pickard, Justin	49 Marin Aquatic Ma-38	31.98
1 Press, Christopher	41 Santa Rosa Maste-38	22.93		Men 45-49 200 Yard Backstroke		
2 Phipps, Benjamin	44 San Jose Clownfi-38	23.30		1 Sarrigeorgidis, Kostas	49 Stanford Masters-38	2:24.60
3 Wu, Philip	40 Marin Aquatic Ma-38	27.53		2 Sabatini, Greg	48 Richmond Plunge-38	2:33.82
4 Lamm, Frederick	40 Alameda Aquatic-38	28.07		Men 45-49 50 Yard Breaststroke		
5 Song, Jimmy	41 Marcia's Enthusi-38	31.78		1 Menna, Greg	46 Davis Aquatic Ma-38	31.35
Men 40-44 200 Yard Freestyle				2 Terry, David	47 Humboldt Masters-38	35.14
1 Wong, Eric	43 Santa Rosa Maste-38	1:56.59		3 Frazier, Michael	47 Sacramento Maste-38	35.18
2 Phipps, Benjamin	44 San Jose Clownfi-38	1:56.72		Men 45-49 200 Yard Breaststroke		
3 Lamm, Frederick	40 Alameda Aquatic-38	2:21.07		1 Menna, Greg	46 Davis Aquatic Ma-38	2:37.58
Men 40-44 500 Yard Freestyle				2 Sabatini, Greg	48 Richmond Plunge-38	2:54.65
1 Song, Jimmy	41 Marcia's Enthusi-38	6:12.24		3 Terry, David	47 Humboldt Masters-38	3:01.22
Men 40-44 50 Yard Backstroke				Men 45-49 50 Yard Butterfly		
1 Wong, Eric	43 Santa Rosa Maste-38	27.42		1 Sarrigeorgidis, Kostas	49 Stanford Masters-38	27.98
2 Lamm, Frederick	40 Alameda Aquatic-38	32.11		2 Pickard, Justin	49 Marin Aquatic Ma-38	28.46
Men 40-44 200 Yard Backstroke				3 Frazier, Michael	47 Sacramento Maste-38	30.05
1 Lamm, Frederick	40 Alameda Aquatic-38	2:41.11		4 Prost, Adam	48 Richmond Plunge-38	32.81
2 Song, Jimmy	41 Marcia's Enthusi-38	2:46.98		Men 45-49 200 Yard Butterfly		
Men 40-44 50 Yard Breaststroke				1 Sarrigeorgidis, Kostas	49 Stanford Masters-38	2:26.58
1 Wong, Eric	43 Santa Rosa Maste-38	29.04		Men 50-54 50 Yard Freestyle		
2 Press, Christopher	41 Santa Rosa Maste-38	29.97		1 Anderson, Kent	51 Davis Aquatic Ma-38	23.76
3 Song, Jimmy	41 Marcia's Enthusi-38	34.22		2 McCormick, Peter	54 Santa Rosa Maste-38	25.76
4 Wu, Philip	40 Marin Aquatic Ma-38	39.40		3 Rogers, Matt	53 Marcia's Enthusi-38	26.01
Men 40-44 200 Yard Breaststroke				4 Lehnert, Ahren	50 Marcia's Enthusi-38	27.89
1 Wong, Eric	43 Santa Rosa Maste-38	2:20.91		5 Kaloust, Scott	54 Menlo Masters-38	28.58
2 Song, Jimmy	41 Marcia's Enthusi-38	2:42.27		6 Rozendal, Michael	50 Marcia's Enthusi-38	30.13
Men 40-44 50 Yard Butterfly				Men 50-54 200 Yard Freestyle		
1 Press, Christopher	41 Santa Rosa Maste-38	24.71		1 Anderson, Kent	51 Davis Aquatic Ma-38	1:54.57
2 Phipps, Benjamin	44 San Jose Clownfi-38	25.17		2 Rosales-Delmoral, Romer	51 Menlo Masters-38	2:07.05
3 Wong, Eric	43 Santa Rosa Maste-38	25.63		3 Wessel, Cameron	54 Menlo Masters-38	2:12.03
4 Wu, Philip	40 Marin Aquatic Ma-38	30.73		4 Kaloust, Scott	54 Menlo Masters-38	2:14.89
5 Lamm, Frederick	40 Alameda Aquatic-38	33.99		5 Hertzner, Keith	50 Marcia's Enthusi-38	2:16.19
Men 40-44 200 Yard Butterfly				6 Rogers, Matt	53 Marcia's Enthusi-38	2:18.89
1 Phipps, Benjamin	44 San Jose Clownfi-38	2:09.51		7 Lehnert, Ahren	50 Marcia's Enthusi-38	2:19.82
2 Song, Jimmy	41 Marcia's Enthusi-38	2:50.93		8 Rozendal, Michael	50 Marcia's Enthusi-38	2:43.17
Men 45-49 50 Yard Freestyle				Men 50-54 500 Yard Freestyle		
1 Sarrigeorgidis, Kostas	49 Stanford Masters-38	25.40		1 Rosales-Delmoral, Romer	51 Menlo Masters-38	5:36.39
2 Frazier, Michael	47 Sacramento Maste-38	26.22		2 Hertzner, Keith	50 Marcia's Enthusi-38	6:11.72
3 Terry, David	47 Humboldt Masters-38	27.77		3 Lehnert, Ahren	50 Marcia's Enthusi-38	6:25.28
4 Prost, Adam	48 Richmond Plunge-38	28.49		Men 50-54 50 Yard Backstroke		
5 Carrillo, Mario	46 Marin Aquatic Ma-38	33.66		1 Rogers, Matt	53 Marcia's Enthusi-38	32.99
Men 45-49 200 Yard Freestyle				2 Wessel, Cameron	54 Menlo Masters-38	33.48
1 Sarrigeorgidis, Kostas	49 Stanford Masters-38	2:04.07		3 Kaloust, Scott	54 Menlo Masters-38	35.08
2 Pickard, Justin	49 Marin Aquatic Ma-38	2:06.22		4 Rozendal, Michael	50 Marcia's Enthusi-38	37.19

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Results - Sunday

Men 50-54 200 Yard Backstroke

1	Wessel, Cameron	54	Menlo Masters-38	2:35.25
2	Rosales-Delmoral, Romer	51	Menlo Masters-38	2:38.18
3	Rozendal, Michael	50	Marcia's Enthusi-38	2:57.03

Men 50-54 50 Yard Breaststroke

1	Hertzner, Keith	50	Marcia's Enthusi-38	34.83
2	Lehnert, Ahren	50	Marcia's Enthusi-38	37.51
3	Rogers, Matt	53	Marcia's Enthusi-38	40.10

Men 50-54 200 Yard Breaststroke

1	Hertzner, Keith	50	Marcia's Enthusi-38	2:57.85
2	Lehnert, Ahren	50	Marcia's Enthusi-38	3:11.86

Men 50-54 50 Yard Butterfly

1	Anderson, Kent	51	Davis Aquatic Ma-38	25.00
2	McCormick, Peter	54	Santa Rosa Maste-38	28.36
3	Rogers, Matt	53	Marcia's Enthusi-38	30.21
4	Rosales-Delmoral, Romer	51	Menlo Masters-38	31.15
5	Hertzner, Keith	50	Marcia's Enthusi-38	32.00
6	Kinney, Eric	54	Menlo Masters-38	32.17
7	Rozendal, Michael	50	Marcia's Enthusi-38	36.43
8	Kaloust, Scott	54	Menlo Masters-38	36.47
---	Rendic, Dikan	53	Google Masters S-38	DQ

Men 50-54 200 Yard Butterfly

1	Kinney, Eric	54	Menlo Masters-38	2:40.84
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Men 55-59 50 Yard Freestyle

1	McCarthy, John	58	Streamliners-38	27.71
2	Nam, Jimmy	55	Rolling Hills Mu-38	28.61
3	Cocca, Christopher	58	Menlo Masters-38	28.62
4	Barajas, Nick	58	Sacramento Maste-38	28.79
5	Higgins, John	56	Menlo Masters-38	29.40
6	Migdal, James	58	Menlo Masters-38	32.62

Men 55-59 200 Yard Freestyle

1	Monroe, Nicholas	59	UC38	2:11.08
2	Higgins, John	56	Menlo Masters-38	2:20.04
3	McCarthy, John	58	Streamliners-38	2:20.77
4	Nam, Jimmy	55	Rolling Hills Mu-38	2:24.26
5	Cocca, Christopher	58	Menlo Masters-38	2:24.28
6	Barajas, Nick	58	Sacramento Maste-38	2:24.35
7	Wu, Long	58	Marcia's Enthusi-38	2:50.23

Men 55-59 500 Yard Freestyle

1	Langner, Mikael	55	University of Sa-38	6:21.44
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Men 55-59 50 Yard Backstroke

1	Fishman, Harvey	56	Menlo Masters-38	32.95
2	McCarthy, John	58	Streamliners-38	35.11
3	Cocca, Christopher	58	Menlo Masters-38	37.18
4	Higgins, John	56	Menlo Masters-38	38.80

Men 55-59 200 Yard Backstroke

1	Langner, Mikael	55	University of Sa-38	2:31.77
2	Cocca, Christopher	58	Menlo Masters-38	2:47.91
3	Wu, Long	58	Marcia's Enthusi-38	3:37.79

Men 55-59 50 Yard Breaststroke

1	Wu, Long	58	Marcia's Enthusi-38	36.20
2	Nam, Jimmy	55	Rolling Hills Mu-38	36.50

3	Higgins, John	56	Menlo Masters-38	38.54
4	Barajas, Nick	58	Sacramento Maste-38	38.74
5	Migdal, James	58	Menlo Masters-38	41.02

Men 55-59 200 Yard Breaststroke

1	Langner, Mikael	55	University of Sa-38	2:51.36
2	Nam, Jimmy	55	Rolling Hills Mu-38	2:58.49
3	Wu, Long	58	Marcia's Enthusi-38	3:03.43

Men 55-59 50 Yard Butterfly

1	Monroe, Nicholas	59	UC38	29.10
2	McCarthy, John	58	Streamliners-38	32.59
3	Cocca, Christopher	58	Menlo Masters-38	32.97
4	Barajas, Nick	58	Sacramento Maste-38	35.23
5	Higgins, John	56	Menlo Masters-38	35.35

Men 55-59 200 Yard Butterfly

1	Fishman, Harvey	56	Menlo Masters-38	2:34.56
2	Langner, Mikael	55	University of Sa-38	3:06.28
3	Kalas, Paul	56	Orinda Aquatic M-38	3:24.87

Men 60-64 50 Yard Freestyle

1	Keating, Kevin	60	Sebastopol Maste-38	26.29
2	Tom, Daniel	60	Menlo Masters-38	26.55
3	Keighley, Tim	62	Quicksilver Mast-38	26.99
4	Spitzler, David	60	Burlingame Aquat-38	27.11
5	Holtzman, Steven	60	Streamliners-38	27.57
6	Cottingham, John	64	Los Gatos Swim A-38	27.73
7	Waters, Crick	62	Menlo Masters-38	28.75
8	Laudenslager, Greg	62	Rolling Hills Mu-38	28.88
*9	Hannibal, Walter	63	Marin Aquatic Ma-38	29.31
*9	Long, Jeffrey	63	Sacramento Maste-38	29.31
11	Gustavson, Jeffrey	62	West Hollywood A-33	29.97
12	Prochnow, Kevin	61	Marin Aquatic Ma-38	30.57
13	Hooper, David	62	San Mateo Master-38	30.70
*14	Ewing, Jack	63	University of Sa-38	31.82
*14	Duke, William	63	Marin Aquatic Ma-38	31.82
16	Burbage-Macaluso, Dan	60	Sacramento Maste-38	35.25

Men 60-64 200 Yard Freestyle

1	Spitzler, David	60	Burlingame Aquat-38	2:07.34
2	Keighley, Tim	62	Quicksilver Mast-38	2:08.50
3	Holtzman, Steven	60	Streamliners-38	2:12.05
4	King, Ian	61	Walnut Creek Mas-38	2:14.11
5	Notaro, Michael	61	Manatee Aquatic-38	2:14.67
6	Keating, Kevin	60	Sebastopol Maste-38	2:15.29
7	Long, Jeffrey	63	Sacramento Maste-38	2:21.94
8	Sheeper, Tim	60	Menlo Masters-38	2:25.99
9	Hooper, David	62	San Mateo Master-38	2:29.42
10	Gustavson, Jeffrey	62	West Hollywood A-33	2:36.10
11	Hannibal, Walter	63	Marin Aquatic Ma-38	2:38.27
12	Duke, William	63	Marin Aquatic Ma-38	2:40.24
13	Prochnow, Kevin	61	Marin Aquatic Ma-38	2:41.76

Men 60-64 500 Yard Freestyle

1	Chao, Hector	60	Walnut Creek Mas-38	5:38.96
2	Notaro, Michael	61	Manatee Aquatic-38	5:51.11
3	Holtzman, Steven	60	Streamliners-38	6:03.95
4	King, Ian	61	Walnut Creek Mas-38	6:18.32
5	Sheeper, Tim	60	Menlo Masters-38	6:22.32
6	Hannibal, Walter	63	Marin Aquatic Ma-38	7:03.34

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Results - Sunday

(Men 60-64 500 Yard Freestyle)

7	Burbage-Macaluso, Dan	60	Sacramento Maste-38	9:00.58
8	Bradley, Bill	63	Marin Aquatic Ma-38	9:32.90

Men 60-64 50 Yard Backstroke

1	Chao, Hector	60	Walnut Creek Mas-38	30.10
2	Keighley, Tim	62	Quicksilver Mast-38	31.68
3	Keating, Kevin	60	Sebastopol Maste-38	32.84
4	Tom, Daniel	60	Menlo Masters-38	32.86
5	Laudenslager, Greg	62	Rolling Hills Mu-38	34.34
6	Cottingham, John	64	Los Gatos Swim A-38	35.92
7	Waters, Crick	62	Menlo Masters-38	38.18
8	Duke, William	63	Marin Aquatic Ma-38	39.03
9	Hannibal, Walter	63	Marin Aquatic Ma-38	39.55
10	Prochnow, Kevin	61	Marin Aquatic Ma-38	39.87
11	Gustavson, Jeffrey	62	West Hollywood A-33	41.41
12	Ewing, Jack	63	University of Sa-38	42.86
13	Suess, Robert	62	Rolling Hills Mu-38	43.20
14	Burbage-Macaluso, Dan	60	Sacramento Maste-38	48.64

Men 60-64 200 Yard Backstroke

1	Chao, Hector	60	Walnut Creek Mas-38	2:17.88
2	Holtzman, Steven	60	Streamliners-38	2:36.98
3	Keating, Kevin	60	Sebastopol Maste-38	2:39.04
4	Laudenslager, Greg	62	Rolling Hills Mu-38	2:41.80
5	Gustavson, Jeffrey	62	West Hollywood A-33	3:12.22

Men 60-64 50 Yard Breaststroke

1	Tom, Daniel	60	Menlo Masters-38	30.78
2	Laudenslager, Greg	62	Rolling Hills Mu-38	33.85
3	Keighley, Tim	62	Quicksilver Mast-38	34.47
4	Ewing, Jack	63	University of Sa-38	36.50
5	Long, Jeffrey	63	Sacramento Maste-38	39.20
6	Waters, Crick	62	Menlo Masters-38	39.25
7	Suess, Robert	62	Rolling Hills Mu-38	40.86
8	Hannibal, Walter	63	Marin Aquatic Ma-38	41.54
9	Gustavson, Jeffrey	62	West Hollywood A-33	42.75
10	Burbage-Macaluso, Dan	60	Sacramento Maste-38	43.98
11	Prochnow, Kevin	61	Marin Aquatic Ma-38	45.27

Men 60-64 200 Yard Breaststroke

1	Tom, Daniel	60	Menlo Masters-38	2:36.32
2	Keighley, Tim	62	Quicksilver Mast-38	2:47.71
3	Laudenslager, Greg	62	Rolling Hills Mu-38	2:52.08
4	Notaro, Michael	61	Manatee Aquatic-38	3:07.63
5	Hannibal, Walter	63	Marin Aquatic Ma-38	3:36.91

Men 60-64 50 Yard Butterfly

1	Keating, Kevin	60	Sebastopol Maste-38	27.38
2	Chao, Hector	60	Walnut Creek Mas-38	27.70
3	Keighley, Tim	62	Quicksilver Mast-38	28.43
4	Tom, Daniel	60	Menlo Masters-38	28.80
5	Spitzler, David	60	Burlingame Aquat-38	30.75
6	Cottingham, John	64	Los Gatos Swim A-38	31.34
7	Long, Jeffrey	63	Sacramento Maste-38	32.44
8	Waters, Crick	62	Menlo Masters-38	33.25
9	Ewing, Jack	63	University of Sa-38	35.25
10	Ryan, Kevin	62	San Ramon Valley-38	36.69
11	Gustavson, Jeffrey	62	West Hollywood A-33	38.72

12	Duke, William	63	Marin Aquatic Ma-38	40.86
13	Burbage-Macaluso, Dan	60	Sacramento Maste-38	41.03

Men 60-64 200 Yard Butterfly

1	King, Ian	61	Walnut Creek Mas-38	3:05.97
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Men 65-69 50 Yard Freestyle

1	Cutting, Steve	66	Manatee Aquatic-38	26.76
2	Spellberg, Geoff	68	North Bay Aquati-38	28.07
3	Mascheroni, Andy	67	Tamalpais Aquati-38	30.41
4	Fero, Michael	65	Menlo Masters-38	30.81
5	Cochrane, James	65	Rolling Hills Mu-38	30.88
6	Pheffer, Joe	66	Wine Country Mas-38	34.37
7	Deltorchio, Fred	67	Cala Maritime Aq-38	34.81
8	Chew, Thomas	66	Marcia's Enthusi-38	35.30
9	Pinto, Harlan	66	Menlo Masters-38	36.11
10	Hektner, Eric	66	Sebastopol Maste-38	36.56
11	Thompson, Jerry	65	Rolling Hills Mu-38	38.42
12	Louderback, Charles	69	Marin Aquatic Ma-38	54.50

Men 65-69 200 Yard Freestyle

1	Morales, John	66	Santa Rosa Maste-38	2:07.02
2	Spellberg, Geoff	68	North Bay Aquati-38	2:23.33
3	Citron, Jeffrey	68	Marcia's Enthusi-38	2:26.29
4	Tsugawa, Peter	66	Albany Armada Aq-38	2:50.59
5	Pinto, Harlan	66	Menlo Masters-38	2:50.76
6	Pheffer, Joe	66	Wine Country Mas-38	2:52.13
7	Hektner, Eric	66	Sebastopol Maste-38	2:56.23
8	Deltorchio, Fred	67	Cala Maritime Aq-38	3:06.29

Men 65-69 500 Yard Freestyle

1	Morales, John	66	Santa Rosa Maste-38	5:50.83
2	Spellberg, Geoff	68	North Bay Aquati-38	6:36.15
3	Citron, Jeffrey	68	Marcia's Enthusi-38	6:44.51
4	Chew, Thomas	66	Marcia's Enthusi-38	8:32.84

Men 65-69 50 Yard Backstroke

1	Cutting, Steve	66	Manatee Aquatic-38	31.99
2	Cochrane, James	65	Rolling Hills Mu-38	41.68
3	Pheffer, Joe	66	Wine Country Mas-38	43.82
4	Anderson, Bob	68	Menlo Masters-38	44.72
5	Chew, Thomas	66	Marcia's Enthusi-38	45.28

Men 65-69 200 Yard Backstroke

1	Cutting, Steve	66	Manatee Aquatic-38	2:28.14
2	Citron, Jeffrey	68	Marcia's Enthusi-38	2:50.30
3	Waters, Steven	66	San Ramon Valley-38	3:07.05
4	Tsugawa, Peter	66	Albany Armada Aq-38	3:43.11

Men 65-69 50 Yard Breaststroke

1	Guadagni, Peter	69	Walnut Creek Mas-38	36.35
2	Anderson, Bob	68	Menlo Masters-38	38.05
3	Tulin, Bill	65	Tamalpais Aquati-38	38.09
4	Mascheroni, Andy	67	Tamalpais Aquati-38	41.21
5	Hektner, Eric	66	Sebastopol Maste-38	41.98
6	Pinto, Harlan	66	Menlo Masters-38	42.32
7	Thompson, Jerry	65	Rolling Hills Mu-38	44.08
8	Cochrane, James	65	Rolling Hills Mu-38	44.77
9	Deltorchio, Fred	67	Cala Maritime Aq-38	56.65

Men 65-69 200 Yard Breaststroke

1	Morales, John	66	Santa Rosa Maste-38	2:44.42
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Results - Sunday

(Men 65-69 200 Yard Breaststroke)

2	Anderson, Bob	68	Menlo Masters-38	3:14.25
3	Hektner, Eric	66	Sebastopol Maste-38	3:29.85
4	Citron, Jeffrey	68	Marcia's Enthusi-38	3:30.90
5	Pinto, Harlan	66	Menlo Masters-38	3:33.68
6	Tsugawa, Peter	66	Albany Armada Aq-38	3:33.70
7	Chew, Thomas	66	Marcia's Enthusi-38	3:45.97

Men 65-69 50 Yard Butterfly

1	Morales, John	66	Santa Rosa Maste-38	28.62
2	Spellberg, Geoff	68	North Bay Aquati-38	30.89
3	Fero, Michael	65	Menlo Masters-38	34.87
4	Mascheroni, Andy	67	Tamalpais Aquati-38	35.18

Men 65-69 200 Yard Butterfly

1	Guadagni, Peter	69	Walnut Creek Mas-38	2:40.33
2	Anderson, Bob	68	Menlo Masters-38	3:19.52
3	Citron, Jeffrey	68	Marcia's Enthusi-38	3:38.22
4	Tsugawa, Peter	66	Albany Armada Aq-38	3:55.99

Men 70-74 50 Yard Freestyle

1	Goines, Bruce	72	Marin Aquatic Ma-38	34.51
2	Au, Andre	70	Albany Armada Aq-38	37.29

Men 70-74 200 Yard Freestyle

1	Small, Stephen	71	Marcia's Enthusi-38	2:33.86
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Men 70-74 50 Yard Backstroke

1	Johanson, Jeff	70	Bret Harte Aquat-38	41.14
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Men 70-74 200 Yard Backstroke

1	Johanson, Jeff	70	Bret Harte Aquat-38	3:03.22
2	Small, Stephen	71	Marcia's Enthusi-38	3:06.61

Men 70-74 50 Yard Breaststroke

1	Johanson, Jeff	70	Bret Harte Aquat-38	40.63
2	Goines, Bruce	72	Marin Aquatic Ma-38	45.06

Men 70-74 200 Yard Breaststroke

1	Johanson, Jeff	70	Bret Harte Aquat-38	3:17.71
2	Small, Stephen	71	Marcia's Enthusi-38	3:24.20

Men 70-74 50 Yard Butterfly

1	Johanson, Jeff	70	Bret Harte Aquat-38	38.40
2	Small, Stephen	71	Marcia's Enthusi-38	38.77
3	Ruff, Gary	70	North Bay Aquati-38	43.12
4	Au, Andre	70	Albany Armada Aq-38	56.93

Men 75-79 50 Yard Freestyle

1	Clancy, Dennis	75	UC32	33.45
2	Moskovits, Alexander	75	Tamalpais Aquati-38	35.40
3	Rust, David	77	Santa Rosa Maste-38	40.26
4	Pierce, Donald	78	Rolling Hills Mu-38	44.55

Men 75-79 200 Yard Freestyle

1	Crockett, Robert	75	Menlo Masters-38	3:29.17
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Men 75-79 500 Yard Freestyle

1	Crockett, Robert	75	Menlo Masters-38	9:17.10
2	Rust, David	77	Santa Rosa Maste-38	9:26.48

Men 75-79 50 Yard Backstroke

1	Pierce, Donald	78	Rolling Hills Mu-38	51.32
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Men 75-79 50 Yard Breaststroke

1	Moskovits, Alexander	75	Tamalpais Aquati-38	39.50
2	Clancy, Dennis	75	UC32	42.41

Men 75-79 200 Yard Breaststroke

1	Clancy, Dennis	75	UC32	3:29.59
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Men 80-84 50 Yard Freestyle

1	Stewart, Jim	82	Santa Rosa Maste-38	52.11
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Men 80-84 50 Yard Backstroke

1	Stewart, Jim	82	Santa Rosa Maste-38	1:05.75
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Men 80-84 200 Yard Backstroke

1	Stewart, Jim	82	Santa Rosa Maste-38	5:29.67
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Men 85-89 50 Yard Freestyle

1	Fleming, Jack	88	University of Sa-38	44.45
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Men 85-89 500 Yard Freestyle

1	Fleming, Jack	88	University of Sa-38	11:21.07
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Men 85-89 50 Yard Backstroke

1	Fleming, Jack	88	University of Sa-38	58.27
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Men 85-89 200 Yard Butterfly

1	Fleming, Jack	88	University of Sa-38	5:36.26
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Men 90-94 50 Yard Freestyle

1	Mayo, Robert	90	Walnut Creek Mas-38	53.60
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Men 90-94 200 Yard Freestyle

1	Mayo, Robert	90	Walnut Creek Mas-38	4:45.96
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Men 90-94 50 Yard Backstroke

1	Mayo, Robert	90	Walnut Creek Mas-38	1:01.34
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Men 90-94 200 Yard Backstroke

1	Mayo, Robert	90	Walnut Creek Mas-38	4:43.72
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Women 18+ 200 Yard Freestyle Relay

1	University of Sa-38	A	1:46.53
1)	Mi, Jessica W24	2)	Mistry, Shivana W28
3)	Ogilvie, Carol W68	4)	Davis, Taylor W47
2	Swim Fremont Gle-38	A	2:04.79
1)	Sue, Jennifer W34	2)	Limcolioc, Jessica W32
3)	Scott, Emily W44	4)	Klingelhofer, Meri W22

Women 25+ 200 Yard Freestyle Relay

1	Walnut Creek Mas-38	A	1:50.58
1)	Bird, Annabel W28	2)	Bloch, Laurence W30
3)	Gallahue, Caoimhe W25	4)	McFarland, Kristen W27
2	Manatee Aquatic-38	A	1:53.14
1)	Au Brinkmeyer, Lauren W39	2)	Bindert, Kaitlin W29
3)	Knell, Lissi W29	4)	Akimoto, Reiko W31
3	Menlo Masters-38	C	2:22.79
1)	Bergman, Abigail W28	2)	Keough, Emily W43
3)	Lauderman, Ashley W43	4)	Singh, Jo W51

Women 25+ 200 Yard Medley Relay

1	Manatee Aquatic-38	A	2:04.99
1)	Cox, Juliet W56	2)	Au Brinkmeyer, Lauren W39
3)	Akimoto, Reiko W31	4)	Schmitz, Emily W35

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Results - Sunday

(Women 25+ 200 Yard Medley Relay)

2	Marin Aquatic Ma-38	B	2:15.86
	1) Cairns, Christina W45	2) Silva, Rayle W27	
	3) Rempe, Rachel W41	4) Lee, Robin W43	
3	Rolling Hills Mu-38	A	2:37.64
	1) Hepworth, Linda W70	2) Murray, Tori W41	
	3) Viscardi, Josie W59	4) O'Hanlon, Christine W53	
4	Marin Aquatic Ma-38	C	2:48.36
	1) DeFilippis, Rachel W27	2) Pinkston, Crystal W38	
	3) Peroni, Diana W51	4) Topping, Catherine W44	

Women 35+ 200 Yard Freestyle Relay

1	Marin Aquatic Ma-38	A	2:00.26
	1) Cairns, Christina W45	2) Lee, Robin W43	
	3) De Somma, Margaret W56	4) Rempe, Rachel W41	
2	Sacramento Maste-38	A	2:18.98
	1) Knight-Williams, Valerie W60	2) Carter, Monica W62	
	3) Guthrie, Sally W74	4) Hannigan, Edith W36	
3	Davis Aquatic Ma-38	A	2:24.66
	1) Phalen, Jennifer W59	2) Nehrebecki, Helene W44	
	3) Bryant, Patricia W58	4) Schiano, Chelsea W39	
4	Marin Aquatic Ma-38	B	2:32.42
	1) Wishovich, Shelley W57	2) Sampiere-Prochnow, Susie W60	
	3) Pinkston, Crystal W38	4) Peroni, Diana W51	

Women 35+ 200 Yard Medley Relay

1	Davis Aquatic Ma-38	A	2:18.60
	1) Nehrebecki, Helene W44	2) Phalen, Jennifer W59	
	3) Goldberg, Michelle W55	4) Schiano, Chelsea W39	
2	Menlo Masters-38	A	2:37.59
	1) Lauderman, Ashley W43	2) Rohr, Meredith W41	
	3) Singh, Jo W51	4) Keough, Emily W43	
3	Sacramento Maste-38	A	2:40.11
	1) Carter, Monica W62	2) Guthrie, Sally W74	
	3) Knight-Williams, Valerie W60	4) Hannigan, Edith W36	
4	Marin Aquatic Ma-38	A	3:07.02
	1) Wishovich, Shelley W57	2) Govender, Christine W43	
	3) Taylor, Cornelia W47	4) Ross, June W64	

Women 45+ 200 Yard Freestyle Relay

1	Cala Maritime Aq-38	A	2:36.45
	1) Warford, Bernie W61	2) Fredericks, Barbara W62	
	3) Motoyama, Shima W54	4) Leslie, Kimberley W63	

Women 45+ 200 Yard Medley Relay

---	Cala Maritime Aq-38	A	DQ
	1) Alexander, Janet W56	2) Warford, Bernie W61	
	3) Motoyama, Shima W54	4) Fredericks, Barbara W62	

Women 55+ 200 Yard Freestyle Relay

1	Menlo Masters-38	B	2:05.94
	1) Capen, Tasha W57	2) Sheeper, Lisa W59	
	3) Couch, Stephanie W59	4) Feeley, Louise W65	

Women 55+ 200 Yard Medley Relay

1	Menlo Masters-38	A	2:22.87
	1) Couch, Stephanie W59	2) Sheeper, Lisa W59	
	3) Matena, Jana W61	4) Capen, Tasha W57	

Women 65+ 200 Yard Freestyle Relay

1	Menlo Masters-38	A	2:42.34
	1) Barnea, Daniela W79	2) Dutro, Cynthia W75	
	3) Moreno, Dede W68	4) Pinto, Rebecca W69	

Women 65+ 200 Yard Medley Relay

1	Menlo Masters-38	A	2:54.36
	1) Gillon, Jean W72	2) Moreno, Dede W68	
	3) Pinto, Rebecca W69	4) Feeley, Louise W65	

Men 18+ 200 Yard Freestyle Relay

---	Humboldt Masters-38	A	X1:34.14
	1) Taylor, Russell M38	2) Kemp, Nikkolas M39	
	3) Cleavenger, Dillon M31		

Men 18+ 200 Yard Medley Relay

---	Humboldt Masters-38	A	X1:47.48
	1) Kemp, Nikkolas M39		
	3) Taylor, Russell M38	4) Cleavenger, Dillon M31	

Men 25+ 200 Yard Freestyle Relay

1	Swim Fremont Gle-38	A	1:43.90
	1) Cho, Andrew M26	2) Brodie, Jonathan M29	
	3) Devargas, Jaime M31	4) Xia, Alan M31	
2	Sacramento Maste-38	A	2:00.82
	1) Burbage-Macaluso, Dan M60	2) Long, Jeffrey M63	
	3) Lange, Austin M37	4) Huynh, Vincent M27	

Men 25+ 200 Yard Medley Relay

1	Sacramento Maste-38	A	2:14.34
	1) Lange, Austin M37	2) Barajas, Nick M58	
	3) Bautista, Jair M31	4) Huynh, Vincent M27	

Men 35+ 200 Yard Freestyle Relay

1	Marin Aquatic Ma-38	A	2:00.00
	1) Prochnow, Kevin M61	2) Carrillo, Mario M46	
	3) McCormack, Jason M35	4) Wu, Philip M40	

Men 35+ 200 Yard Medley Relay

1	Menlo Masters-38	D	2:02.48
	1) Zang, Qing M37	2) Tom, Daniel M60	
	3) Leimkuhler, Kyle M36	4) Kaloust, Scott M54	
2	Marin Aquatic Ma-38	B	2:46.39
	1) McCormack, Jason M35	2) Goines, Bruce M72	
	3) Duke, William M63	4) Acholonu, Chiedozi M39	

Men 45+ 200 Yard Freestyle Relay

1	Menlo Masters-38	A	1:52.00
	1) Higgins, John M56	2) Kaloust, Scott M54	
	3) Wessel, Cameron M54	4) Rosales-Delmoral, Romer M51	

Men 45+ 200 Yard Medley Relay

1	Marin Aquatic Ma-38	A	2:30.25
	1) Prochnow, Kevin M61	2) Hannibal, Walter M63	
	3) O'Hare, Shannon M46	4) Carrillo, Mario M46	
---	Menlo Masters-38	B	DQ
	1) Rosales-Delmoral, Romer M51	2) Migdal, James M58	
	3) Kinney, Eric M54	4) Wessel, Cameron M54	

Men 55+ 200 Yard Freestyle Relay

1	Menlo Masters-38	C	1:51.50
	1) Fishman, Harvey M56	2) Tom, Daniel M60	
	3) Waters, Crick M62	4) Cocca, Christopher M58	

2024 Short and Sweet - 4/14/2024

Results - Sunday

(Men 55+ 200 Yard Freestyle Relay)				3	Tamalpais Aquatic-38	A	2:02.90
2	Menlo Masters-38	B	2:30.10	1)	Lugassy, Heather W53	2)	Mascheroni, Andy M67
	1) Crockett, Robert M75	2)	Pinto, Harlan M66	3)	Nelson, Danielle W44	4)	Tull, James M70
	3) Anderson, Bob M68	4)	Fero, Michael M65	4	Marin Aquatic Ma-38	D	2:22.66
Men 55+ 200 Yard Medley Relay				1)	Acholonu, Chiedozi M39	2)	Taylor, Cornelia W47
1	Menlo Masters-38	C	2:15.55	3)	Schroeder, Elizabeth W47	4)	Pickard, Justin M49
	1) Cocca, Christopher M58	2)	Higgins, John M56	Mixed 35+ 200 Yard Medley Relay			
	3) Fishman, Harvey M56	4)	Waters, Crick M62	1	Marin Aquatic Ma-38	A	2:13.51
2	Rolling Hills Mu-38	A	2:20.75	1)	Pickard, Justin M49	2)	Wu, Philip M40
	1) Cochran, James M65	2)	Laudenslager, Greg M62	3)	De Somma, Margaret W56	4)	Louderback, Kelsey W40
	3) Nam, Jimmy M55	4)	Maritzen, Michael M68	2	Tamalpais Aquatic-38	A	2:20.22
Men 65+ 200 Yard Medley Relay				1)	Lugassy, Heather W53	2)	Mascheroni, Andy M67
1	Menlo Masters-38	A	2:53.90	3)	Tull, James M70	4)	Nelson, Danielle W44
	1) Fero, Michael M65	2)	Anderson, Bob M68	3	Santa Rosa Maste-38	A	2:33.69
	3) Pinto, Harlan M66	4)	Crockett, Robert M75	1)	Jones, Sara W55	2)	Jones, Tracey W56
Mixed 18+ 200 Yard Freestyle Relay				3)	Wong, Eric M43	4)	McCormick, Peter M54
1	Walnut Creek Mas-38	B	1:43.71	Mixed 45+ 200 Yard Freestyle Relay			
	1) Zamanian, Alison W53	2)	Grant, Andy M39	1	Rolling Hills Mu-38	B	2:04.04
	3) Brown, Cal M23	4)	Freeman, Tammy W55	1)	Nam, Jimmy M55	2)	Suess, Robert M62
2	Marin Aquatic Ma-38	A	2:26.85	3)	O'Hanlon, Christine W53	4)	Viscardi, Josie W59
	1) Louderback, Charles M69	2)	Louderback, Kelsey W40	2	Menlo Masters-38	A	2:23.95
	3) Stone, Cathy W68	4)	Stone, Jon M42	1)	Migdal, James M58	2)	Basile, Katherine W64
Mixed 18+ 200 Yard Medley Relay				3)	Gillon, Jean W72	4)	Kinney, Eric M54
1	Swim Fremont Gle-38	A	2:10.15	Mixed 55+ 200 Yard Freestyle Relay			
	1) Brodie, Jonathan M29	2)	Devargas, Jaime M31	1	Marin Aquatic Ma-38	C	2:39.26
	3) Klingelhofer, Meri W22	4)	Scott, Emily W44	1)	Goines, Bruce M72	2)	Flesh, Anice W87
Mixed 25+ 200 Yard Freestyle Relay				3)	Ross, June W64	4)	Hannibal, Walter M63
1	Streamliners-38	A	1:56.65	Mixed 65+ 200 Yard Freestyle Relay			
	1) Holtzman, Steven M60	2)	Marwell, Haley W38	1	Rolling Hills Mu-38	A	2:42.17
	3) Piniella, Monica W47	4)	McCarthy, John M58	1)	Hepworth, Linda W70	2)	Thompson, Jerry M65
2	Walnut Creek Mas-38	A	2:06.76	3)	Pierce, Donald M78	4)	Coholan, Annette W75
	1) Glomstad, William M29	2)	King, Ian M61				
	3) Vassallo, Roberta W49	4)	Taylor, Catherine W61				
3	Marin Aquatic Ma-38	B	2:12.46				
	1) Topping, Catherine W44	2)	Duke, William M63				
	3) Silva, Rayle W27	4)	O'Hare, Shannon M46				
---	Sacramento Maste-38	A	DQ				
	1) Fedorov, Brian M28	2)	Hamza, Haley W28				
	3) Frazier, Michael M47	4)	Peritore, Carina W46				
Mixed 25+ 200 Yard Medley Relay							
1	Sebastopol Maste-38	A	2:15.30				
	1) Flecker, Donita W41	2)	Hektner, Eric M66				
	3) Keating, Kevin M60	4)	Palacios, Sierra W34				
2	Swim Fremont Gle-38	A	2:21.72				
	1) Limcolioc, Jessica W32	2)	Xia, Alan M31				
	3) Cho, Andrew M26	4)	Sue, Jennifer W34				
Mixed 35+ 200 Yard Freestyle Relay							
1	Manatee Aquatic-38	A	1:52.58				
	1) Schmitz, Emily W35	2)	Cox, Juliet W56				
	3) Notaro, Michael M61	4)	Cutting, Steve M66				
2	Menlo Masters-38	B	2:02.66				
	1) Zang, Qing M37	2)	Rohr, Meredith W41				
	3) Matena, Jana W61	4)	Leimkuhler, Kyle M36				