

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 18-24 50 Yard Freestyle****PAC: 23.44 P 12/31/2010 FIONA O'DONNELL-M****NATL: 22.21 N 1/31/2015 VANDERPOOL-WALLAC**

Name	Age	Team	Seed Time	Finals Time
1 Murphy, Crystal	23	The Olympic Club-38	27.00	24.46
2 Henneberger, Violet	22	El Cerrito Aquatic Masters-38	26.90	27.44
3 Smith, Ali	24	Club Hot Tub-38	27.19	27.62
4 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	30.61	28.54
5 Redmond, Vivian	22	The Olympic Club-38	32.00	31.35

**Women 18-24 50 Yard Backstroke****PAC: 25.95 P 3/31/2019 LINDSEY E ENGEL****NATL: 25.47 N 3/23/2019 C BARTHOLOMEW**

1 Murphy, Crystal	23	The Olympic Club-38	32.00	28.14
2 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	33.87	33.16
3 Henneberger, Violet	22	El Cerrito Aquatic Masters-38	33.29	33.45
4 Redmond, Vivian	22	The Olympic Club-38	38.00	37.29

**Women 18-24 50 Yard Breaststroke****PAC: 29.52 P 2/12/2011 LAUREN A BEAUDREA****NATL: 27.76 N 12/5/2014 KATIE MEILI**

1 Murphy, Crystal	23	The Olympic Club-38	35.00	32.83
2 Henneberger, Violet	22	El Cerrito Aquatic Masters-38	34.38	35.41
3 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	38.31	35.89
4 Redmond, Vivian	22	The Olympic Club-38	40.00	40.83

**Women 18-24 50 Yard Butterfly****PAC: 24.54 P 12/31/2010 DANA VOLLMER****NATL: 24.54 N 11/8/2009 DANA VOLLMER**

1 Murphy, Crystal	23	The Olympic Club-38	28.00	25.19
2 Henneberger, Violet	22	El Cerrito Aquatic Masters-38	28.38	28.77
3 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	32.03	30.82
4 Smith, Ali	24	Club Hot Tub-38	31.03	31.18
5 Redmond, Vivian	22	The Olympic Club-38	38.00	35.90

**Women 18-24 100 Yard IM****PAC: 57.04 P 5/3/2014 PENELOPE R YAMAUC****NATL: 53.02 N 12/21/2014 KATIE MEILI**

1 Murphy, Crystal	23	The Olympic Club-38	1:03.00	1:00.52
2 Henneberger, Violet	22	El Cerrito Aquatic Masters-38	1:10.14	1:09.31
3 Smith, Ali	24	Club Hot Tub-38	1:15.22	1:11.57
4 Cardenas, Julianna	24	Marcia's Enthusiastic Masters-38	1:13.48	1:12.45
5 Redmond, Vivian	22	The Olympic Club-38	1:27.00	1:17.96

**Women 25-29 50 Yard Freestyle****PAC: 23.20 P 12/31/1992 ANNA PETTIS-SCOTT****NATL: 22.00 N 4/27/2019 KATARZYNA WILK**

1 Burns, Virginia	28	The Olympic Club-38	24.00	24.41
2 Zhao, Grace	25	The Olympic Club-38	25.01	24.64
3 Green, Lauren	26	The Olympic Club-38	22.89	24.78
4 Siebrand, Cynthia	28	North Bay Aquatics-38	25.05	25.43
5 Sturzenegger, Selby	28	The Olympic Club-38	24.44	25.56
6 Ladd, Catherine	28	The Olympic Club-38	25.67	26.33
7 Kukurugya, Hannah	26	The Olympic Club-38	25.83	27.08
8 Chang, Serena	29	SF Tsunami Masters-38	27.43	27.48

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 25-29 50 Yard Freestyle)**

9	Sanzi, Allie	29	Menlo Masters-38	26.27	27.55
10	Reilly, Georgia	27	The Olympic Club-38	26.09	27.66
11	Kates, Niki	26	Temescal Aquatic Masters-38	29.01	29.05
12	Nguyen, Salena	26	University of San Francisco Ma-38	32.00	29.88
13	Wood, Bethany	25	Santa Rosa Masters-38	30.76	31.30
14	Kalhuri, Pooneh	26	Albany Armada Aquatics Masters-38	34.00	32.03
15	Eggart, Ashley	26	Manatee Aquatic Masters Inc-38	31.10	32.22
16	Arteaga, Daniela	25	Richmond Plunge Masters-38	35.24	35.45
17	Karimi, Golsa	26	Walnut Creek Masters-38	33.00	36.35
18	Lipina, Jennifer	27	Walnut Creek Masters-38	1:05.00	37.16

**Women 25-29 50 Yard Backstroke****PAC: 25.32 P 5/13/2018****FELICIA LEE****NATL: 25.26 N 5/22/2010****TANICA JAMISON**

1	Zhao, Grace	25	The Olympic Club-38	26.81	28.33
2	Sturzenegger, Selby	28	The Olympic Club-38	26.26	28.34
3	Siebrand, Cynthia	28	North Bay Aquatics-38	29.68	28.92
4	Green, Lauren	26	The Olympic Club-38	26.28	29.07
5	Burns, Virginia	28	The Olympic Club-38	29.00	29.51
6	Ladd, Catherine	28	The Olympic Club-38	27.16	29.58
7	Reilly, Georgia	27	The Olympic Club-38	26.68	29.82
8	Kates, Niki	26	Temescal Aquatic Masters-38	31.34	30.73
9	Kukurugya, Hannah	26	The Olympic Club-38	29.33	31.66
10	Sanzi, Allie	29	Menlo Masters-38	31.44	32.42
11	Chang, Serena	29	SF Tsunami Masters-38	34.73	33.24
12	Nguyen, Salena	26	University of San Francisco Ma-38	45.00	34.81
13	Wood, Bethany	25	Santa Rosa Masters-38	35.46	35.09
14	Eggart, Ashley	26	Manatee Aquatic Masters Inc-38	37.38	38.59
15	Kalhuri, Pooneh	26	Albany Armada Aquatics Masters-38	38.00	42.01
16	Arteaga, Daniela	25	Richmond Plunge Masters-38	41.78	42.16
17	Karimi, Golsa	26	Walnut Creek Masters-38	50.00	48.21

**Women 25-29 50 Yard Breaststroke****PAC: 27.12 P 4/30/2017****DANIELLE M HERRMA****NATL: 27.10 N 4/30/2016****KATIE MEILI**

1	Zhao, Grace	25	The Olympic Club-38	31.02	31.30
2	Sturzenegger, Selby	28	The Olympic Club-38	32.64	33.33
3	Siebrand, Cynthia	28	North Bay Aquatics-38	33.41	33.41
4	Kukurugya, Hannah	26	The Olympic Club-38	32.76	34.30
5	Green, Lauren	26	The Olympic Club-38	34.29	34.70
6	Burns, Virginia	28	The Olympic Club-38	34.00	35.97
7	Kates, Niki	26	Temescal Aquatic Masters-38	37.43	36.19
8	Ladd, Catherine	28	The Olympic Club-38	35.07	36.35
9	Eggart, Ashley	26	Manatee Aquatic Masters Inc-38	37.03	39.23
10	Chang, Serena	29	SF Tsunami Masters-38	39.81	39.78
11	Nguyen, Salena	26	University of San Francisco Ma-38	50.00	39.94
12	Sanzi, Allie	29	Menlo Masters-38	40.00	41.81
13	Kalhuri, Pooneh	26	Albany Armada Aquatics Masters-38	45.00	43.79
14	Wood, Bethany	25	Santa Rosa Masters-38	50.00	44.39
15	Arteaga, Daniela	25	Richmond Plunge Masters-38	44.89	45.98
16	Lipina, Jennifer	27	Walnut Creek Masters-38	1:30.00	47.33

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2025

Sanction #: 385-S004

Results - Saturday

**(Women 25-29 50 Yard Breaststroke)**

17	Karimi, Golsa	26	Walnut Creek Masters-38	50.00	55.34
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**Women 25-29 50 Yard Butterfly**

PAC:	24.19	P	4/28/2017	<b>DANIELLE M HERRMA</b>
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NATL:	24.19	N	4/28/2017	<b>DANIELLE HERRMANN</b>
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1	Green, Lauren	26	The Olympic Club-38	24.53	25.88
2	Burns, Virginia	28	The Olympic Club-38	25.00	25.99
3	Siebrand, Cynthia	28	North Bay Aquatics-38	26.17	26.19
*4	Zhao, Grace	25	The Olympic Club-38	26.42	27.37
*4	Sturzenegger, Selby	28	The Olympic Club-38	25.94	27.37
6	Kukurugya, Hannah	26	The Olympic Club-38	25.51	27.44
7	Ladd, Catherine	28	The Olympic Club-38	27.22	28.17
8	Reilly, Georgia	27	The Olympic Club-38	29.32	28.96
9	Kates, Niki	26	Temescal Aquatic Masters-38	29.80	29.05
10	Sanzi, Allie	29	Menlo Masters-38	30.00	30.86
11	Chang, Serena	29	SF Tsunami Masters-38	30.48	31.01
12	Nguyen, Salena	26	University of San Francisco Ma-38	35.00	32.31
13	Eggart, Ashley	26	Manatee Aquatic Masters Inc-38	34.74	35.35
14	Kalhari, Pooneh	26	Albany Armada Aquatics Masters-38	36.00	35.68
15	Wood, Bethany	25	Santa Rosa Masters-38	35.40	36.30
16	Arteaga, Daniela	25	Richmond Plunge Masters-38	36.25	38.97
17	Karimi, Golsa	26	Walnut Creek Masters-38	49.00	44.13

**Women 25-29 100 Yard IM**

PAC:	54.40	P	4/29/2017	<b>DANIELLE M HERRMA</b>
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NATL:	54.40	N	4/29/2017	<b>DANIELLE HERRMANN</b>
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1	Zhao, Grace	25	The Olympic Club-38	59.73	1:00.23
2	Siebrand, Cynthia	28	North Bay Aquatics-38	1:02.54	1:01.58
3	Burns, Virginia	28	The Olympic Club-38	1:04.00	1:02.10
4	Sturzenegger, Selby	28	The Olympic Club-38	59.74	1:02.86
5	Green, Lauren	26	The Olympic Club-38	1:02.61	1:04.90
6	Kukurugya, Hannah	26	The Olympic Club-38	1:01.17	1:05.13
7	Ladd, Catherine	28	The Olympic Club-38	1:00.83	1:06.74
8	Reilly, Georgia	27	The Olympic Club-38	1:03.00	1:07.15
9	Kates, Niki	26	Temescal Aquatic Masters-38	1:15.00	1:08.14
10	Sanzi, Allie	29	Menlo Masters-38	1:09.43	1:10.89
11	Chang, Serena	29	SF Tsunami Masters-38	1:10.35	1:11.40
12	Nguyen, Salena	26	University of San Francisco Ma-38	1:20.00	1:13.58
13	Wood, Bethany	25	Santa Rosa Masters-38	1:18.60	1:16.48
14	Eggart, Ashley	26	Manatee Aquatic Masters Inc-38	1:13.21	1:17.00
15	Kalhari, Pooneh	26	Albany Armada Aquatics Masters-38	1:20.00	1:21.46
16	Arteaga, Daniela	25	Richmond Plunge Masters-38	1:26.47	1:29.41
17	Karimi, Golsa	26	Walnut Creek Masters-38	1:05.00	1:43.55

**Women 30-34 50 Yard Freestyle**

PAC:	23.24	P	12/31/2009	<b>KEIKO PRICE</b>
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NATL:	22.37	N	4/7/2019	<b>MADISON KENNEDY</b>
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1	Davis, Allie	30	Santa Rosa Masters-38	24.40	24.13
2	Kamai, Charlotte	30	University of San Francisco Ma-38	25.24	24.73
3	Lee, Felicia	32	The Olympic Club-38	24.02	24.91
4	Clute, Deirdre	32	The Olympic Club-38	24.43	26.48
5	Zheng, Emily	32	Temescal Aquatic Masters-38	28.00	26.51

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 30-34 50 Yard Freestyle)**

6	DeRousseau, Karissa	31	Santa Rosa Masters-38	28.00	26.96
7	Pedote, Elyssa	32	The Olympic Club-38	27.50	26.97
8	Akimoto, Reiko	32	Manatee Aquatic Masters Inc-38	27.80	27.13
9	Schulteis, Eva	32	Manatee Aquatic Masters Inc-38	30.00	27.68
10	Albright, Taryn	32	Uc38	32.00	27.94
11	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	26.97	28.61
12	Nachman, Elizabeth	34	Temescal Aquatic Masters-38	29.05	29.70
13	Finertie, Holly	32	Temescal Aquatic Masters-38	33.00	30.41
14	Bindert, Kaitlin	30	Manatee Aquatic Masters Inc-38	29.40	30.55
15	Hintermann, Alice	34	SF Tsunami Masters-38	40.00	30.87
16	Leather, Jennifer	33	University of San Francisco Ma-38	33.17	32.17
17	Whitley, Tessa	32	Albany Armada Aquatics Masters-38	32.00	32.47

**Women 30-34 50 Yard Backstroke****PAC: 26.49 P 4/26/2015****SARAH M HERNANDEZ****NATL: 24.96 N 5/1/2011****NORIKO INADA**

1	Lee, Felicia	32	The Olympic Club-38	25.39	26.90
2	Kamai, Charlotte	30	University of San Francisco Ma-38	28.59	28.47
3	Clute, Deirdre	32	The Olympic Club-38	27.65	29.73
4	Davis, Allie	30	Santa Rosa Masters-38	32.00	29.99
5	Pedote, Elyssa	32	The Olympic Club-38	31.00	30.38
6	DeRousseau, Karissa	31	Santa Rosa Masters-38	31.00	31.31
7	Albright, Taryn	32	Uc38	36.00	31.32
8	Schulteis, Eva	32	Manatee Aquatic Masters Inc-38	32.00	31.65
9	Zheng, Emily	32	Temescal Aquatic Masters-38	34.00	32.11
10	Akimoto, Reiko	32	Manatee Aquatic Masters Inc-38	37.00	34.30
11	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	35.96	34.78
12	Bindert, Kaitlin	30	Manatee Aquatic Masters Inc-38	34.91	35.79
13	Nachman, Elizabeth	34	Temescal Aquatic Masters-38	35.56	38.46
14	Greer, Fiona	31	East Bay Bat Rays Masters-38	41.00	39.15
15	Leather, Jennifer	33	University of San Francisco Ma-38	38.97	39.28
16	Whitley, Tessa	32	Albany Armada Aquatics Masters-38	40.00	40.52

**Women 30-34 50 Yard Breaststroke****PAC: 30.29 P 4/28/2017****MARIE A BALLENGER****NATL: 28.48 N 5/4/2008****KATIE MCCLELLAND**

1	Kamai, Charlotte	30	University of San Francisco Ma-38	33.68	33.17
2	Lee, Felicia	32	The Olympic Club-38	33.44	33.67
3	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	33.46	34.13
4	DeRousseau, Karissa	31	Santa Rosa Masters-38	36.00	34.54
5	Davis, Allie	30	Santa Rosa Masters-38	38.00	34.56
6	Albright, Taryn	32	Uc38	39.00	35.33
*7	Pedote, Elyssa	32	The Olympic Club-38	38.00	36.24
*7	Schulteis, Eva	32	Manatee Aquatic Masters Inc-38	36.00	36.24
9	Zheng, Emily	32	Temescal Aquatic Masters-38	37.00	36.67
10	Akimoto, Reiko	32	Manatee Aquatic Masters Inc-38	34.00	37.22
11	Nachman, Elizabeth	34	Temescal Aquatic Masters-38	41.61	41.12
12	Hintermann, Alice	34	SF Tsunami Masters-38	50.00	42.09
13	Whitley, Tessa	32	Albany Armada Aquatics Masters-38	43.59	42.42
14	Bindert, Kaitlin	30	Manatee Aquatic Masters Inc-38	42.25	44.55
15	Greer, Fiona	31	East Bay Bat Rays Masters-38	51.00	48.97

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 30-34 50 Yard Butterfly****PAC: 25.29 P 4/28/2019 KATHERINE RAATZ****NATL: 24.18 N 4/15/2000 ANGEL MARTINO**

1	Lee, Felicia	32	The Olympic Club-38	25.27	26.08
2	Davis, Allie	30	Santa Rosa Masters-38	29.00	27.34
3	Clute, Deirdre	32	The Olympic Club-38	26.85	28.21
4	Pedote, Elyssa	32	The Olympic Club-38	29.50	28.82
5	Zheng, Emily	32	Temescal Aquatic Masters-38	31.00	29.23
6	Albright, Taryn	32	Uc38	35.00	29.25
7	Schulteis, Eva	32	Manatee Aquatic Masters Inc-38	32.00	30.12
8	DeRousseau, Karissa	31	Santa Rosa Masters-38	30.00	30.74
9	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	30.23	30.95
10	Nachman, Elizabeth	34	Temescal Aquatic Masters-38	32.13	33.45
11	Bindert, Kaitlin	30	Manatee Aquatic Masters Inc-38	32.63	34.03
12	Leather, Jennifer	33	University of San Francisco Ma-38	36.51	35.93
13	Whitley, Tessa	32	Albany Armada Aquatics Masters-38	40.28	38.22

**Women 30-34 100 Yard IM****PAC: 58.07 P 12/31/2009 SARABETH METZGER****NATL: 57.01 N 4/15/2000 ANGEL MARTINO**

1	Lee, Felicia	32	The Olympic Club-38	58.24	59.52
2	Kamai, Charlotte	30	University of San Francisco Ma-38	1:05.00	1:02.30
3	Davis, Allie	30	Santa Rosa Masters-38	1:01.37	1:02.61
4	DeRousseau, Karissa	31	Santa Rosa Masters-38	1:05.00	1:05.41
5	Pedote, Elyssa	32	The Olympic Club-38	1:06.50	1:05.47
6	Clute, Deirdre	32	The Olympic Club-38	1:06.42	1:07.07
7	Zheng, Emily	32	Temescal Aquatic Masters-38	1:15.00	1:07.69
8	Albright, Taryn	32	Uc38	1:15.00	1:08.24
9	Knell, Lissi	30	Manatee Aquatic Masters Inc-38	1:06.93	1:09.07
10	Schulteis, Eva	32	Manatee Aquatic Masters Inc-38	1:10.00	1:09.49
11	Akimoto, Reiko	32	Manatee Aquatic Masters Inc-38	1:22.00	1:09.84
12	Finertie, Holly	32	Temescal Aquatic Masters-38	1:10.00	1:17.64
13	Bindert, Kaitlin	30	Manatee Aquatic Masters Inc-38	1:17.88	1:20.79
14	Leather, Jennifer	33	University of San Francisco Ma-38	1:25.56	1:23.26
15	Whitley, Tessa	32	Albany Armada Aquatics Masters-38	1:29.71	1:25.85

**Women 35-39 50 Yard Freestyle****PAC: 24.04 P 4/25/2015 ERICKA L RICHARDS****NATL: 22.34 N 2/25/2007 DARA TORRES**

1	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	26.53	26.64
2	Ball, Nicole	36	Albany Armada Aquatics Masters-38	30.00	27.54
3	Greer, Margaret	36	East Bay Bat Rays Masters-38	28.00	27.73
4	Ball, Chanel	35	Manatee Aquatic Masters Inc-38	28.50	28.22
5	De Barros, Carolina	35	Richmond Plunge Masters-38	29.11	28.83
6	Riley, Catherine	38	Manatee Aquatic Masters Inc-38	28.28	29.05
7	Mockford, Samantha	38	Sacramento Masters-38	29.80	29.27
8	Devoto, Cecily	35	Santa Rosa Masters-38	29.00	30.01
9	Milliken, Kristen	39	Manatee Aquatic Masters Inc-38	40.00	31.89
10	McBride, Beth	35	Marcia's Enthusiastic Masters-38	32.27	32.05
11	Chan, Angela	36	Manatee Aquatic Masters Inc-38	40.00	34.00
12	Gallagher, Kim	35	Uc38	32.97	34.16
13	Raygoza, Mary	37	Albany Armada Aquatics Masters-38	40.00	34.41
14	Esturas-Pierson, Leah	38	Uc38	44.00	36.87

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 35-39 50 Yard Freestyle)**

15	Adams, Lindsey	35	Richmond Plunge Masters-38	43.37	40.07
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**Women 35-39 50 Yard Backstroke**

<b>PAC:</b>	<b>27.16</b>	<b>P</b>	<b>5/13/2018</b>	<b>NWATANABE&amp;NWATANA</b>
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<b>NATL:</b>	<b>24.71</b>	<b>N</b>	<b>4/29/2017</b>	<b>NORIKO INADA</b>
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1	Greer, Margaret	36	East Bay Bat Rays Masters-38	32.00	31.53
2	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	32.47	33.09
3	Ball, Chanel	35	Manatee Aquatic Masters Inc-38	35.50	33.56
4	Ball, Nicole	36	Albany Armada Aquatics Masters-38	35.00	33.98
5	De Barros, Carolina	35	Richmond Plunge Masters-38	35.12	35.05
6	Devoto, Cecily	35	Santa Rosa Masters-38	35.00	35.41
7	Mockford, Samantha	38	Sacramento Masters-38	42.00	37.08
8	McBride, Beth	35	Marcia's Enthusiastic Masters-38	38.62	37.88
9	Raygoza, Mary	37	Albany Armada Aquatics Masters-38	43.00	40.41
10	Esturas-Pierson, Leah	38	Uc38	45.00	42.08
11	Chan, Angela	36	Manatee Aquatic Masters Inc-38	1:00.00	45.22
12	Adams, Lindsey	35	Richmond Plunge Masters-38	58.95	54.34

**Women 35-39 50 Yard Breaststroke**

<b>PAC:</b>	<b>28.55</b>	<b>P</b>	<b>5/4/2014</b>	<b>KATIE GLENN</b>
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<b>NATL:</b>	<b>28.51</b>	<b>N</b>	<b>5/2/2014</b>	<b>KATIE GLENN</b>
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1	Greer, Margaret	36	East Bay Bat Rays Masters-38	37.00	35.56
2	Ball, Nicole	36	Albany Armada Aquatics Masters-38	38.00	36.76
3	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	38.37	37.61
4	Devoto, Cecily	35	Santa Rosa Masters-38	40.00	38.38
5	Ball, Chanel	35	Manatee Aquatic Masters Inc-38	40.50	39.82
6	Mockford, Samantha	38	Sacramento Masters-38	44.00	40.17
7	Riley, Catherine	38	Manatee Aquatic Masters Inc-38	40.21	40.64
8	Raygoza, Mary	37	Albany Armada Aquatics Masters-38	46.00	41.22
9	De Barros, Carolina	35	Richmond Plunge Masters-38	40.73	41.76
10	McBride, Beth	35	Marcia's Enthusiastic Masters-38	45.96	44.15
11	Esturas-Pierson, Leah	38	Uc38	49.00	45.30
12	Adams, Lindsey	35	Richmond Plunge Masters-38	50.83	49.49
13	Chan, Angela	36	Manatee Aquatic Masters Inc-38	1:00.00	53.31
---	Milliken, Kristen	39	Manatee Aquatic Masters Inc-38	45.00	DQ

**Women 35-39 50 Yard Butterfly**

<b>PAC:</b>	<b>26.07</b>	<b>P</b>	<b>4/13/2015</b>	<b>ERICKA L RICHARDS</b>
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<b>NATL:</b>	<b>25.04</b>	<b>N</b>	<b>4/28/2017</b>	<b>NORIKO INADA</b>
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1	Greer, Margaret	36	East Bay Bat Rays Masters-38	31.00	29.26
2	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	31.30	31.13
3	Ball, Chanel	35	Manatee Aquatic Masters Inc-38	31.50	31.22
4	Ball, Nicole	36	Albany Armada Aquatics Masters-38	34.00	31.68
5	Riley, Catherine	38	Manatee Aquatic Masters Inc-38	31.50	31.84
6	De Barros, Carolina	35	Richmond Plunge Masters-38	33.35	32.43
7	Mockford, Samantha	38	Sacramento Masters-38	32.34	32.95
8	Devoto, Cecily	35	Santa Rosa Masters-38	37.00	36.09
9	McBride, Beth	35	Marcia's Enthusiastic Masters-38	40.65	38.72
10	Milliken, Kristen	39	Manatee Aquatic Masters Inc-38	45.00	38.85
11	Gallagher, Kim	35	Uc38	36.06	39.61
12	Raygoza, Mary	37	Albany Armada Aquatics Masters-38	50.00	42.59
13	Esturas-Pierson, Leah	38	Uc38	47.00	44.11

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 35-39 50 Yard Butterfly)**

14	Adams, Lindsey	35	Richmond Plunge Masters-38	46.92	44.90
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**Women 35-39 100 Yard IM**

PAC:	59.62	P	4/26/2019	NAOKO WATANABE
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NATL:	57.25	N	4/29/2017	GABRIELLE CHANG
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1	Schmitz, Emily	36	Manatee Aquatic Masters Inc-38	1:09.26	1:09.68
2	Greer, Margaret	36	East Bay Bat Rays Masters-38	1:10.00	1:10.01
3	Ball, Nicole	36	Albany Armada Aquatics Masters-38	1:12.00	1:10.32
4	Ball, Chanel	35	Manatee Aquatic Masters Inc-38	1:15.50	1:12.34
5	De Barros, Carolina	35	Richmond Plunge Masters-38	1:14.80	1:14.13
6	Mockford, Samantha	38	Sacramento Masters-38	1:17.49	1:15.63
7	Devoto, Cecily	35	Santa Rosa Masters-38	1:20.00	1:15.93
8	Riley, Catherine	38	Manatee Aquatic Masters Inc-38	1:15.48	1:16.03
9	McBride, Beth	35	Marcia's Enthusiastic Masters-38	1:25.22	1:19.96
10	Raygoza, Mary	37	Albany Armada Aquatics Masters-38	1:45.00	1:25.57
11	Milliken, Kristen	39	Manatee Aquatic Masters Inc-38	1:38.00	1:25.98
12	Esturas-Pierson, Leah	38	Uc38	1:40.00	1:32.34
13	Gallagher, Kim	35	Uc38	1:29.99	1:34.98
14	Adams, Lindsey	35	Richmond Plunge Masters-38	1:48.31	1:46.90

**Women 40-44 50 Yard Freestyle**

PAC:	24.68	P	12/31/1994	LAURA B VAL
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NATL:	21.91	N	4/15/2007	DARA TORRES
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1	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	27.55	26.68
2	Herson, Julie	42	Uc38	27.39	26.87
3	Pock, Keri	40	El Cerrito Aquatic Masters-38	29.00	29.15
4	Mahoney, Elise	40	Oregon Masters-37	28.53	29.82
5	Ward, Alexis	43	Manatee Aquatic Masters Inc-38	29.90	30.08
6	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	29.93	30.35
7	Rueda, Marcela	43	Santa Rosa Masters-38	31.61	30.80
8	Groskopf, Sarah	44	Club Hot Tub-38	38.64	32.63
9	West, Meredith	40	Uc38	35.00	35.03
10	Seidel, Laura	40	East Bay Bat Rays Masters-38	37.00	35.08

**Women 40-44 50 Yard Backstroke**

PAC:	27.83	P	12/31/2009	JODY SMITH
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NATL:	26.12	N	5/1/2011	SHERI HART
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1	Herson, Julie	42	Uc38	32.94	31.38
2	Mahoney, Elise	40	Oregon Masters-37	34.00	33.91
3	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	33.65	33.95
4	Pock, Keri	40	El Cerrito Aquatic Masters-38	32.20	34.44
5	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	35.82	34.76
6	Ward, Alexis	43	Manatee Aquatic Masters Inc-38	35.00	35.23
7	Rueda, Marcela	43	Santa Rosa Masters-38	36.38	35.66
8	Groskopf, Sarah	44	Club Hot Tub-38	39.48	36.03
9	Seidel, Laura	40	East Bay Bat Rays Masters-38	42.47	42.48
10	West, Meredith	40	Uc38	50.00	48.82

**Women 40-44 50 Yard Breaststroke**

PAC:	29.51	P	4/30/2017	KATIE GLENN
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NATL:	28.71	N	5/11/2018	KATIE GLENN
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1	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	33.80	33.29
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**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 40-44 50 Yard Breaststroke)**

2	Herson, Julie	42	Uc38	36.61	35.61
3	Rueda, Marcela	43	Santa Rosa Masters-38	37.45	37.20
4	Seidel, Laura	40	East Bay Bat Rays Masters-38	40.00	39.38
5	Mahoney, Elise	40	Oregon Masters-37	38.50	40.73
6	Pock, Keri	40	El Cerrito Aquatic Masters-38	30.00	41.87
7	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	43.04	42.88
8	Groskopf, Sarah	44	Club Hot Tub-38	49.52	43.57
9	West, Meredith	40	Uc38	1:00.00	52.42

**Women 40-44 50 Yard Butterfly****PAC: 26.46 P 12/31/1994 LAURA B VAL****NATL: 25.14 N 5/10/2009 S VON DER LIPPE**

1	Herson, Julie	42	Uc38	30.20	29.57
2	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	30.65	29.94
3	Pock, Keri	40	El Cerrito Aquatic Masters-38	30.05	31.91
4	Rueda, Marcela	43	Santa Rosa Masters-38	34.57	33.29
5	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	36.35	34.82
6	Groskopf, Sarah	44	Club Hot Tub-38	38.33	34.88
7	Seidel, Laura	40	East Bay Bat Rays Masters-38	39.10	38.29
8	West, Meredith	40	Uc38	40.00	40.28
---	Mahoney, Elise	40	Oregon Masters-37	34.24	DQ

**Women 40-44 100 Yard IM****PAC: 1:00.89 P 4/29/2017 KATIE GLENN****NATL: 57.95 N 4/28/2012 ERIKA BRAUN**

1	Herson, Julie	42	Uc38	1:08.91	1:07.44
2	Au Brinkmeyer, Lauren	40	Manatee Aquatic Masters Inc-38	1:09.55	1:08.46
3	Mahoney, Elise	40	Oregon Masters-37	1:14.89	1:15.09
4	Pock, Keri	40	El Cerrito Aquatic Masters-38	1:15.00	1:15.44
5	Rueda, Marcela	43	Santa Rosa Masters-38	1:13.00	1:15.58
6	Groskopf, Sarah	44	Club Hot Tub-38	1:26.54	1:18.04
7	Ward, Alexis	43	Manatee Aquatic Masters Inc-38	1:17.00	1:18.66
8	Lacuesta Byrum, Natalie	43	Orinda Aquatic Masters-38	1:18.66	1:19.87
9	Seidel, Laura	40	East Bay Bat Rays Masters-38	1:24.01	1:23.26
10	West, Meredith	40	Uc38	1:35.00	1:34.95

**Women 45-49 50 Yard Freestyle****PAC: 25.10 P 12/31/1999 LAURA B VAL****NATL: 23.80 N 4/8/2017 ERIKA BRAUN**

1	Fealey, Alison	46	Santa Rosa Masters-38	28.00	27.53
2	Ritter, Jennifer	47	El Cerrito Aquatic Masters-38	31.00	28.02
3	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	29.50	28.33
4	Smith, Carrie	48	Sacramento Masters-38	30.00	29.61
5	Lo, Theresa	49	Temescal Aquatic Masters-38	31.18	31.58
6	Balch, Christina	49	Manatee Aquatic Masters Inc-38	34.00	32.69
7	Schley, Kelly	45	East Bay Bat Rays Masters-38	32.50	33.44
8	Cheung, Ruth	45	Quicksilver Masters-38	37.00	36.00

**Women 45-49 50 Yard Backstroke****PAC: 28.26 P 12/31/1997 LAURA B VAL****NATL: 27.35 N 12/21/2008 K PIPES-NEILSEN**

1	Smith, Carrie	48	Sacramento Masters-38	35.00	34.92
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**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 45-49 50 Yard Backstroke)**

2	Ritter, Jennifer	47	El Cerrito Aquatic Masters-38	40.00	36.30
3	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	37.38	36.90
4	Schley, Kelly	45	East Bay Bat Rays Masters-38	41.19	39.58
5	Lo, Theresa	49	Temescal Aquatic Masters-38	40.11	39.66
6	Cheung, Ruth	45	Quicksilver Masters-38	47.00	49.00

**Women 45-49 50 Yard Breaststroke****PAC: 32.82 P 12/31/1994 SUSAN ROY****NATL: 30.17 N 5/20/2007 CAROLINE KRATTLI**

1	Fealey, Alison	46	Santa Rosa Masters-38	35.93	35.29
2	Smith, Carrie	48	Sacramento Masters-38	36.00	37.38
3	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	38.50	37.80
4	Ritter, Jennifer	47	El Cerrito Aquatic Masters-38	45.00	39.68
5	Schley, Kelly	45	East Bay Bat Rays Masters-38	43.00	45.57

**Women 45-49 50 Yard Butterfly****PAC: 27.02 P 12/31/1998 LAURA B VAL****NATL: 25.64 N 4/9/2017 ERIKA BRAUN**

1	Fealey, Alison	46	Santa Rosa Masters-38	33.00	30.43
2	Ritter, Jennifer	47	El Cerrito Aquatic Masters-38	35.00	30.86
3	Smith, Carrie	48	Sacramento Masters-38	32.00	31.04
4	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	33.47	32.50
5	Lo, Theresa	49	Temescal Aquatic Masters-38	38.14	38.93
6	Balch, Christina	49	Manatee Aquatic Masters Inc-38	40.00	39.62
7	Schley, Kelly	45	East Bay Bat Rays Masters-38	36.31	43.26
8	Cheung, Ruth	45	Quicksilver Masters-38	47.00	48.38

**Women 45-49 100 Yard IM****PAC: 1:02.13 P 12/31/2009 LISA A WARD****NATL: 59.39 N 4/28/2012 FALL WILLEBOORDSE**

1	Fealey, Alison	46	Santa Rosa Masters-38	1:10.40	1:07.57
2	Hahnel, Carrie	46	Marcia's Enthusiastic Masters-38	1:14.00	1:12.17
3	Smith, Carrie	48	Sacramento Masters-38	1:12.00	1:13.84
4	Ritter, Jennifer	47	El Cerrito Aquatic Masters-38	1:25.00	1:14.13
5	Schley, Kelly	45	East Bay Bat Rays Masters-38	1:24.49	1:26.71
6	Balch, Christina	49	Manatee Aquatic Masters Inc-38	1:35.00	1:30.42
7	Cheung, Ruth	45	Quicksilver Masters-38	1:55.00	1:45.78

**Women 50-54 50 Yard Freestyle****PAC: 25.30 P 12/31/2002 LAURA B VAL****NATL: 24.53 N 3/18/2016 FALL WILLEBOORDSE**

1	Brakeman, Jennifer	54	Manatee Aquatic Masters Inc-38	31.00	31.21
2	Curry, Cindy	54	Manatee Aquatic Masters Inc-38	35.15	31.67
3	Rothschild, Beccah	51	Manatee Aquatic Masters Inc-38	32.23	32.80
4	Kercher, Jennifer	51	Ladera Oaks Masters-38	32.96	34.01
5	Pankhurst, Carrie	50	Diamond Hills Masters-38	33.90	34.48
6	Darling, Colleen	50	Walnut Creek Masters-38	33.88	34.54
7	Tanabe, Robin	54	East Bay Bat Rays Masters-38	38.90	34.84
8	Doyle, Jennifer	54	El Cerrito Aquatic Masters-38	40.00	37.26
9	Singh, Jo	52	Menlo Masters-38	35.24	37.97

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 50-54 50 Yard Backstroke****PAC: 29.35 P 12/31/2005 LAURA B VAL****NATL: 27.04 N 5/10/2013 LESLIE LIVINGSTON**

1	Curry, Cindy	54	Manatee Aquatic Masters Inc-38	42.35	37.89
2	Tanabe, Robin	54	East Bay Bat Rays Masters-38	46.60	40.34
3	Darling, Colleen	50	Walnut Creek Masters-38	39.17	40.50
4	Rothschild, Beccah	51	Manatee Aquatic Masters Inc-38	41.39	41.49
5	Pankhurst, Carrie	50	Diamond Hills Masters-38	42.42	42.18
6	Kercher, Jennifer	51	Ladera Oaks Masters-38	46.77	44.40
7	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	43.95	48.01
8	Singh, Jo	52	Menlo Masters-38	42.64	48.72

**Women 50-54 50 Yard Breaststroke****PAC: 33.12 P 4/30/2017 KATHRYN E GELMAN****NATL: 31.61 N 4/14/2018 S VON DER LIPPE**

1	Brakeman, Jennifer	54	Manatee Aquatic Masters Inc-38	39.00	40.45
2	Curry, Cindy	54	Manatee Aquatic Masters Inc-38	53.25	42.60
3	Rothschild, Beccah	51	Manatee Aquatic Masters Inc-38	42.37	43.40
4	Tanabe, Robin	54	East Bay Bat Rays Masters-38	48.00	43.64
5	Kercher, Jennifer	51	Ladera Oaks Masters-38	44.15	44.04
6	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	43.28	44.45
7	Pankhurst, Carrie	50	Diamond Hills Masters-38	46.95	44.87
8	Darling, Colleen	50	Walnut Creek Masters-38	45.99	46.26
9	Doyle, Jennifer	54	El Cerrito Aquatic Masters-38	45.00	47.32
10	Singh, Jo	52	Menlo Masters-38	45.79	49.13

**Women 50-54 50 Yard Butterfly****PAC: 27.81 P 12/31/2002 LAURA B VAL****NATL: 25.70 N 5/11/2013 LESLIE LIVINGSTON**

1	Darling, Colleen	50	Walnut Creek Masters-38	36.58	36.74
2	Curry, Cindy	54	Manatee Aquatic Masters Inc-38	46.35	37.12
3	Rothschild, Beccah	51	Manatee Aquatic Masters Inc-38	37.50	37.25
4	Tanabe, Robin	54	East Bay Bat Rays Masters-38	44.00	38.27
5	Pankhurst, Carrie	50	Diamond Hills Masters-38	38.33	39.55
6	Ongerth, Ann Michelle	50	Walnut Creek Masters-38	36.63	39.77
7	Kercher, Jennifer	51	Ladera Oaks Masters-38	40.43	41.12
8	Doyle, Jennifer	54	El Cerrito Aquatic Masters-38	50.00	42.24
9	Singh, Jo	52	Menlo Masters-38	38.39	43.83

**Women 50-54 100 Yard IM****PAC: 1:05.48 P 12/31/2005 LAURA B VAL****NATL: 1:01.28 N 4/29/2016 FALL WILLEBOORDSE**

1	Brakeman, Jennifer	54	Manatee Aquatic Masters Inc-38	1:15.00	1:15.72
2	Tanabe, Robin	54	East Bay Bat Rays Masters-38	1:35.00	1:22.28
3	Rothschild, Beccah	51	Manatee Aquatic Masters Inc-38	1:22.40	1:24.83
4	Darling, Colleen	50	Walnut Creek Masters-38	1:24.04	1:26.76
5	Kercher, Jennifer	51	Ladera Oaks Masters-38	1:28.20	1:27.42
6	Pankhurst, Carrie	50	Diamond Hills Masters-38	1:28.11	1:29.27
7	Doyle, Jennifer	54	El Cerrito Aquatic Masters-38	1:45.00	1:36.08
8	Singh, Jo	52	Menlo Masters-38	1:32.28	1:38.52
---	Curry, Cindy	54	Manatee Aquatic Masters Inc-38	1:35.05	DQ

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 55-59 50 Yard Freestyle****PAC: 25.29 P 12/31/2009 LAURA B VAL****NATL: 25.16 N 4/8/2017 SUE WALSH**

1	Attwell, Carrie	55	The Olympic Club-38	29.65	29.04
2	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	31.94	30.11
3	Boyd, Erika	57	Temescal Aquatic Masters-38	31.69	32.07
4	Bulman, Robin	59	Santa Rosa Masters-38	33.29	33.43
5	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	33.07	34.07
6	Cavalli, Christina	56	East Bay Bat Rays Masters-38	36.97	35.53
7	Halbrook, Kirsten	56	Manatee Aquatic Masters Inc-38	45.00	37.14
8	Lindner, Susie	58	Sacramento Masters-38	47.00	38.66
9	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	40.28	42.08
10	Rogers, Julia	57	Richmond Plunge Masters-38	54.00	47.13
11	Asta, Lisa	59	Walnut Creek Masters-38	51.34	51.26
12	Hu, Qing	58	Walnut Creek Masters-38	53.16	53.53

**Women 55-59 50 Yard Backstroke****PAC: 28.88 P 3/28/2010 LAURA B VAL****NATL: 28.14 N 10/30/2016 LESLIE LIVINGSTON**

1	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	37.63	36.20
2	Attwell, Carrie	55	The Olympic Club-38	37.45	38.01
3	Bulman, Robin	59	Santa Rosa Masters-38	43.46	42.19
4	Cavalli, Christina	56	East Bay Bat Rays Masters-38	41.84	42.24
5	Halbrook, Kirsten	56	Manatee Aquatic Masters Inc-38	48.00	43.67
6	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	42.24	44.54
7	Rogers, Julia	57	Richmond Plunge Masters-38	1:05.00	56.34
8	Asta, Lisa	59	Walnut Creek Masters-38	1:00.62	1:00.66
9	Hu, Qing	58	Walnut Creek Masters-38	1:29.35	1:15.89

**Women 55-59 50 Yard Breaststroke****PAC: 35.60 P 12/31/2001 CAROLYN BOAK****NATL: 32.13 N 4/30/2017 CAROLINE KRATTLI**

1	Attwell, Carrie	55	The Olympic Club-38	38.00	37.12
2	Bulman, Robin	59	Santa Rosa Masters-38	38.59	39.80
3	Boyd, Erika	57	Temescal Aquatic Masters-38	40.72	40.38
4	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	41.69	41.07
5	Cavalli, Christina	56	East Bay Bat Rays Masters-38	47.30	46.45
6	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	48.51	49.25
7	Halbrook, Kirsten	56	Manatee Aquatic Masters Inc-38	1:01.00	49.57
8	Lindner, Susie	58	Sacramento Masters-38	58.00	51.96
9	Rogers, Julia	57	Richmond Plunge Masters-38	1:10.00	1:01.46
10	Hu, Qing	58	Walnut Creek Masters-38	1:10.16	1:06.19
11	Asta, Lisa	59	Walnut Creek Masters-38	1:02.28	1:06.46

**Women 55-59 50 Yard Butterfly****PAC: 28.20 P 4/10/2010 LAURA B VAL****NATL: 27.04 N 10/30/2016 LESLIE LIVINGSTON**

1	Attwell, Carrie	55	The Olympic Club-38	33.00	31.67
2	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	32.58	31.95
3	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	37.89	35.74
4	Bulman, Robin	59	Santa Rosa Masters-38	41.80	39.45
5	Chachkin, Myra	56	Manatee Aquatic Masters Inc-38	41.12	43.40
6	Halbrook, Kirsten	56	Manatee Aquatic Masters Inc-38	56.00	47.03

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 55-59 50 Yard Butterfly)**

7	Cavalli, Christina	56	East Bay Bat Rays Masters-38	46.31	53.48
8	Asta, Lisa	59	Walnut Creek Masters-38	59.43	58.76
9	Rogers, Julia	57	Richmond Plunge Masters-38	1:03.00	58.98

**Women 55-59 100 Yard IM****PAC: 1:05.21 P 12/31/2007 LAURA B VAL****NATL: 1:02.34 N 4/29/2017 KARLYN PIPES**

1	Attwell, Carrie	55	The Olympic Club-38	1:15.30	1:13.41
2	Shu, Vicki	56	Marcia's Enthusiastic Masters-38	1:16.83	1:16.05
3	Boyd, Erika	57	Temescal Aquatic Masters-38	1:20.00	1:19.00
4	Bulman, Robin	59	Santa Rosa Masters-38	1:25.39	1:23.05
5	Alexander, Janet	57	Cala Maritime Aquatics Masters-38	1:28.84	1:27.85
6	Cavalli, Christina	56	East Bay Bat Rays Masters-38	1:32.54	1:31.06
7	Halbrook, Kirsten	56	Manatee Aquatic Masters Inc-38	1:43.00	1:34.70
8	Rogers, Julia	57	Richmond Plunge Masters-38	2:20.00	2:00.84
9	Asta, Lisa	59	Walnut Creek Masters-38	2:04.98	2:05.11

**Women 60-64 50 Yard Freestyle****PAC: 26.48 P 3/9/2014 LAURA B VAL****NATL: 26.20 N 5/11/2018 PENNY NOYES**

1	Walts, Merrie	64	Santa Rosa Masters-38	30.00	29.25
2	Cagigas, Debbie	63	East Bay Bat Rays Masters-38	30.00	29.58
3	Carter, Monica	63	Sacramento Masters-38	32.64	31.10
4	Perry, Rebecca	60	Manatee Aquatic Masters Inc-38	32.50	31.64
5	Russell, Jane	61	Davis Aquatic Masters-38	32.02	32.76
6	Nichelman, Sherri	64	Walnut Creek Masters-38	32.63	33.51
7	Taylor, Catherine	62	Walnut Creek Masters-38	35.66	33.63
8	Tonge, Jacqueline	62	Orinda Aquatic Masters-38	36.76	36.24
9	Phalen, Jennifer	60	Davis Aquatic Masters-38	38.41	37.30
10	McHale, Carol	60	Santa Rosa Masters-38	38.00	39.30
11	Adler, Felicia	62	Walnut Creek Masters-38	40.00	42.39
12	Berg, Joanna	64	Manatee Aquatic Masters Inc-38	43.24	44.33
13	Focha, Teresa	64	Albany Armada Aquatics Masters-38	45.01	46.06
14	Dunkle, Julie	64	Tvm Swimming-38	51.43	48.75

**Women 60-64 50 Yard Backstroke****PAC: 29.58 P 4/26/2015 LAURA B VAL****NATL: 29.58 N 4/26/2015 LAURA VAL**

1	Walts, Merrie	64	Santa Rosa Masters-38	33.34	33.26
2	Cagigas, Debbie	63	East Bay Bat Rays Masters-38	36.00	36.48
3	Russell, Jane	61	Davis Aquatic Masters-38	36.71	36.86
4	Perry, Rebecca	60	Manatee Aquatic Masters Inc-38	37.00	37.20
5	Knight-Williams, Valerie	61	Sacramento Masters-38	36.90	37.22
6	Carter, Monica	63	Sacramento Masters-38	38.81	39.05
7	Davis, Catherine	64	Wine Country Masters-38	53.77	40.37
8	Taylor, Catherine	62	Walnut Creek Masters-38	42.82	41.06
9	Nichelman, Sherri	64	Walnut Creek Masters-38	42.72	41.83
10	Tonge, Jacqueline	62	Orinda Aquatic Masters-38	41.44	42.31
11	Phalen, Jennifer	60	Davis Aquatic Masters-38	45.49	46.19
12	Focha, Teresa	64	Albany Armada Aquatics Masters-38	50.28	47.10
13	McHale, Carol	60	Santa Rosa Masters-38	53.00	47.51
14	Dunkle, Julie	64	Tvm Swimming-38	59.14	1:01.71

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 60-64 50 Yard Breaststroke****PAC: 36.28 P 4/27/2019 DEA A JOSLIN****NATL: 33.79 N 5/7/2017 MELINDA MANN**

1	Walts, Merrie	64	Santa Rosa Masters-38	38.80	37.94
2	Cagigas, Debbie	63	East Bay Bat Rays Masters-38	40.00	40.14
3	Perry, Rebecca	60	Manatee Aquatic Masters Inc-38	43.00	40.93
4	Taylor, Catherine	62	Walnut Creek Masters-38	42.38	41.27
5	Knight-Williams, Valerie	61	Sacramento Masters-38	40.91	41.36
6	Russell, Jane	61	Davis Aquatic Masters-38	42.26	42.66
7	Nichelman, Sherri	64	Walnut Creek Masters-38	42.93	43.57
8	Phalen, Jennifer	60	Davis Aquatic Masters-38	44.29	45.00
9	Tonge, Jacqueline	62	Orinda Aquatic Masters-38	45.40	45.72
10	Carter, Monica	63	Sacramento Masters-38	47.79	46.38
11	Berg, Joanna	64	Manatee Aquatic Masters Inc-38	49.44	48.10
12	McHale, Carol	60	Santa Rosa Masters-38	50.00	49.38
13	Adler, Felicia	62	Walnut Creek Masters-38	52.00	50.31
14	Focha, Teresa	64	Albany Armada Aquatics Masters-38	57.97	58.08
15	Dunkle, Julie	64	Tvm Swimming-38	1:03.74	1:01.28

**Women 60-64 50 Yard Butterfly****PAC: 29.28 P 2/9/2014 LAURA B VAL****NATL: 27.93 N 5/13/2018 TRACI GRANGER**

1	Perry, Rebecca	60	Manatee Aquatic Masters Inc-38	33.00	32.21
2	Walts, Merrie	64	Santa Rosa Masters-38	35.00	33.60
3	Cagigas, Debbie	63	East Bay Bat Rays Masters-38	33.00	33.67
4	Russell, Jane	61	Davis Aquatic Masters-38	33.53	34.50
5	Carter, Monica	63	Sacramento Masters-38	36.16	34.79
6	Nichelman, Sherri	64	Walnut Creek Masters-38	37.33	36.71
7	Davis, Catherine	64	Wine Country Masters-38	55.27	38.53
8	Taylor, Catherine	62	Walnut Creek Masters-38	41.92	40.44
9	Phalen, Jennifer	60	Davis Aquatic Masters-38	43.44	42.69
10	McHale, Carol	60	Santa Rosa Masters-38	49.00	47.23
11	Focha, Teresa	64	Albany Armada Aquatics Masters-38	47.43	47.86
12	Adler, Felicia	62	Walnut Creek Masters-38	50.00	49.45
13	Tonge, Jacqueline	62	Orinda Aquatic Masters-38	49.10	49.95
14	Berg, Joanna	64	Manatee Aquatic Masters Inc-38	50.45	50.10
15	Dunkle, Julie	64	Tvm Swimming-38	1:06.93	1:08.25

**Women 60-64 100 Yard IM****PAC: 1:07.08 P 5/17/2015 LAURA B VAL****NATL: 1:06.74 N 9/15/2018 PENNY NOYES**

1	Walts, Merrie	64	Santa Rosa Masters-38	1:14.00	1:13.88
2	Cagigas, Debbie	63	East Bay Bat Rays Masters-38	1:16.00	1:15.72
3	Perry, Rebecca	60	Manatee Aquatic Masters Inc-38	1:22.00	1:19.73
4	Russell, Jane	61	Davis Aquatic Masters-38	1:18.40	1:19.88
5	Carter, Monica	63	Sacramento Masters-38	1:25.43	1:22.18
6	Nichelman, Sherri	64	Walnut Creek Masters-38	1:23.80	1:23.78
7	Davis, Catherine	64	Wine Country Masters-38	1:45.00	1:24.53
8	Taylor, Catherine	62	Walnut Creek Masters-38	1:26.53	1:25.80
9	Phalen, Jennifer	60	Davis Aquatic Masters-38	1:29.81	1:31.31
10	Tonge, Jacqueline	62	Orinda Aquatic Masters-38	1:29.12	1:32.32
11	Berg, Joanna	64	Manatee Aquatic Masters Inc-38	1:51.64	1:50.41
12	Focha, Teresa	64	Albany Armada Aquatics Masters-38	1:51.84	1:50.49

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Women 60-64 100 Yard IM)**

13	Dunkle, Julie	64	Tvm Swimming-38	2:13.08	2:20.58
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**Women 65-69 50 Yard Freestyle**

PAC:	26.55	P	5/13/2018	LAURA B VAL
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NATL:	26.34	N	2/1/2020	PENNY NOYES
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1	Hickel, Jessie	66	East Bay Bat Rays Masters-38	35.00	38.18
2	Meyers, Ruth	68	Albany Armada Aquatics Masters-38	55.00	55.65

**Women 65-69 50 Yard Backstroke**

PAC:	29.65	P	5/12/2018	LAURA B VAL
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NATL:	29.65	N	5/12/2018	LAURA VAL
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1	Hickel, Jessie	66	East Bay Bat Rays Masters-38	43.00	47.67
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**Women 65-69 50 Yard Breaststroke**

PAC:	38.56	P	3/19/2017	LAURA B VAL
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NATL:	36.58	N	5/11/2018	MELINDA WOLFF
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1	Hickel, Jessie	66	East Bay Bat Rays Masters-38	47.00	50.69
2	Meyers, Ruth	68	Albany Armada Aquatics Masters-38	1:06.00	1:05.43

**Women 65-69 50 Yard Butterfly**

PAC:	29.58	P	3/19/2017	LAURA B VAL
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NATL:	28.94	N	9/14/2019	PENNY NOYES
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1	Hickel, Jessie	66	East Bay Bat Rays Masters-38	45.00	48.94
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**Women 65-69 100 Yard IM**

PAC:	1:09.39	P	2/11/2017	LAURA B VAL
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NATL:	1:07.03	N	2/1/2020	PENNY NOYES
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1	Hickel, Jessie	66	East Bay Bat Rays Masters-38	1:33.00	1:40.65
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**Women 70-74 50 Yard Freestyle**

PAC:	30.23	P	4/27/2019	RUTH Y SHAPS
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NATL:	28.72	N	5/11/2018	MARGARET TOPPEL
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1	Guthrie, Sally	74	Sacramento Masters-38	36.00	35.53
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**Women 70-74 50 Yard Backstroke**

PAC:	38.49	P	4/13/2019	RUTH Y SHAPS
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NATL:	32.57	N	2/8/2020	CECILIA MCCLOSKEY
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1	Guthrie, Sally	74	Sacramento Masters-38	43.00	41.84
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**Women 70-74 50 Yard Breaststroke**

PAC:	40.45	P	4/24/2015	DANIELA BARNEA
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NATL:	39.44	N	9/16/2017	DALE BARNHARD
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1	Guthrie, Sally	74	Sacramento Masters-38	58.00	51.84
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**Women 70-74 50 Yard Butterfly**

PAC:	35.06	P	12/31/2000	GAIL ROPER
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NATL:	31.61	N	2/9/2020	CECILIA MCCLOSKEY
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1	Guthrie, Sally	74	Sacramento Masters-38	41.00	44.40
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**Women 70-74 100 Yard IM**

PAC:	1:21.97	P	12/31/2000	GAIL ROPER
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NATL:	1:13.33	N	2/8/2020	CECILIA MCCLOSKEY
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1	Guthrie, Sally	74	Sacramento Masters-38	1:40.00	1:35.04
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**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Women 75-79 50 Yard Freestyle****PAC: 34.68 P 4/30/2017 NANCY J RIDOUT****NATL: 33.87 N 4/3/2005 GAIL ROPER**

1	Scott, Stephanie	77	Walnut Creek Masters-38	42.00	42.47
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	40.55	43.20
3	Ewing, Nancy	78	Albany Armada Aquatics Masters-38	47.23	54.55

**Women 75-79 50 Yard Backstroke****PAC: 41.40 P 12/31/2009 ANN KAY****NATL: 40.25 N 4/30/2000 DORIS STEADMAN**

1	Scott, Stephanie	77	Walnut Creek Masters-38	49.00	53.55
2	Ewing, Nancy	78	Albany Armada Aquatics Masters-38	52.68	58.19

**Women 75-79 50 Yard Breaststroke****PAC: 41.76 P 4/27/2019 DANIELA BARNEA****NATL: 41.53 N 4/13/2014 JOANN LEILICH**

1	Scott, Stephanie	77	Walnut Creek Masters-38	54.00	53.90
2	Ewing, Nancy	78	Albany Armada Aquatics Masters-38	53.75	55.19
3	Caso, Susie	78	Manatee Aquatic Masters Inc-38	54.11	56.26

**Women 75-79 50 Yard Butterfly****PAC: 40.95 P 4/28/2019 DIANA F TODD****NATL: 38.05 N 4/26/2015 MARY ANN CASE**

1	Scott, Stephanie	77	Walnut Creek Masters-38	56.00	55.62
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**Women 75-79 100 Yard IM****PAC: 1:35.11 P 12/31/2009 ANN KAY****NATL: 1:27.31 N 4/24/2005 GAIL ROPER**

1	Scott, Stephanie	77	Walnut Creek Masters-38	1:55.00	1:50.50
2	Caso, Susie	78	Manatee Aquatic Masters Inc-38	2:10.00	2:04.82
3	Ewing, Nancy	78	Albany Armada Aquatics Masters-38	2:02.50	2:11.18

**Women 80-84 50 Yard Freestyle****PAC: 37.11 P 12/31/2003 MARGERY MEYER****NATL: 34.20 N 12/13/2015 JOHNNIE DETRICK**

1	Barnea, Daniela	80	Menlo Masters-38	45.50	41.90
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**Women 80-84 50 Yard Backstroke****PAC: 45.16 P 12/31/2003 MARGERY MEYER****NATL: 43.57 N 4/19/2009 BETTY LORENZI**

1	Barnea, Daniela	80	Menlo Masters-38	51.30	49.84
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**Women 80-84 50 Yard Breaststroke****PAC: 48.29 P 2/12/2011 ANN M HIRSCH****NATL: 45.10 N 3/31/2019 JOANN LEILICH**

1	Barnea, Daniela	80	Menlo Masters-38	49.45	48.11 P
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**Women 80-84 50 Yard Butterfly****PAC: 52.26 P 4/3/2011 ANN M HIRSCH****NATL: 50.10 N 4/15/2007 LOIS KIVI NOCHMAN**

1	Barnea, Daniela	80	Menlo Masters-38	48.25	47.49 N
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**Women 80-84 100 Yard IM****PAC: 1:46.52 P 3/27/2011 ANN M HIRSCH****NATL: 1:42.51 N 4/29/2016 JOHNNIE DETRICK**

1	Barnea, Daniela	80	Menlo Masters-38	1:39.50	1:38.47 N
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## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2025

Sanction #: 385-S004

## Results - Saturday

## Women 85-89 50 Yard Freestyle

PAC: 42.36 P 12/31/2009 MARGERY MEYER

NATL: 41.21 N 3/9/2013 BETTY RUSS

1	Stretch, Nancy	85	The Olympic Club-38	55.00	51.88
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## Women 85-89 50 Yard Backstroke

PAC: 52.20 P 4/13/2019 ANN KAY

NATL: 46.77 N 2/9/2013 BETTY LORENZI

1	Stretch, Nancy	85	The Olympic Club-38	1:05.00	59.82
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## Women 85-89 50 Yard Breaststroke

PAC: 55.14 P 4/10/2016 ANN M HIRSCH

NATL: 55.14 N 4/10/2016 ANN HIRSCH

1	Stretch, Nancy	85	The Olympic Club-38	1:15.00	1:02.46
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## Women 85-89 50 Yard Butterfly

PAC: 1:00.88 P 12/31/2000 JEAN DURSTON

NATL: 57.02 N 3/27/2010 LOIS KIVI NOCHMAN

1	Stretch, Nancy	85	The Olympic Club-38	1:10.00	1:02.75
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## Women 85-89 100 Yard IM

PAC: 1:58.91 P 2/20/2016 ANN M HIRSCH

NATL: 1:52.95 N 4/12/2014 JEAN TROY

1	Stretch, Nancy	85	The Olympic Club-38	2:20.00	2:14.63
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## Men 18-24 50 Yard Freestyle

PAC: 19.97 P 5/2/2014 CHRISTOPHER PETER

NATL: 19.36 N 4/28/2012 JOSH SCHNEIDER

1	Johns, Erick	24	Manatee Aquatic Masters Inc-38	24.60	24.70
2	Lipina, Alexander	23	Walnut Creek Masters-38	30.00	27.42
3	Furaha, Simha	22	Richmond Plunge Masters-38	28.00	28.11

## Men 18-24 50 Yard Backstroke

PAC: 22.85 P 4/26/2015 ANDREW SAETA

NATL: 22.33 N 5/10/2013 ANDREW ELLIOTT

1	Johns, Erick	24	Manatee Aquatic Masters Inc-38	32.00	30.75
2	Furaha, Simha	22	Richmond Plunge Masters-38	32.24	32.04
3	Lipina, Alexander	23	Walnut Creek Masters-38	40.00	34.55

## Men 18-24 50 Yard Breaststroke

PAC: 24.98 P 12/31/2009 RICK EDDY

NATL: 24.53 N 2/1/2015 ROSTYSLAV FEDYNA

1	Johns, Erick	24	Manatee Aquatic Masters Inc-38	30.00	30.76
2	Furaha, Simha	22	Richmond Plunge Masters-38	35.53	36.49
3	Lipina, Alexander	23	Walnut Creek Masters-38	45.00	36.90

## Men 18-24 50 Yard Butterfly

PAC: 22.50 P 5/4/2014 NOLAN KOON

NATL: 21.13 N 4/26/2015 HENRIK LINDAU

1	Johns, Erick	24	Manatee Aquatic Masters Inc-38	27.00	27.07
2	Furaha, Simha	22	Richmond Plunge Masters-38	30.31	30.24
3	Lipina, Alexander	23	Walnut Creek Masters-38	42.15	32.46

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Men 18-24 100 Yard IM****PAC: 49.52 P 4/25/2015 COLIN B BABCOCK****NATL: 48.96 N 4/26/2019 ANDREW APPLEBY**

1	Johns, Erick	24	Manatee Aquatic Masters Inc-38	57.00	1:01.90
2	Furaha, Simha	22	Richmond Plunge Masters-38	1:09.53	1:09.97
3	Lipina, Alexander	23	Walnut Creek Masters-38	2:00.00	1:13.49

**Men 25-29 50 Yard Freestyle****PAC: 18.67 P 12/20/2014 NATHAN ADRIAN****NATL: 18.67 N 12/20/2014 BOUSQUET\ADRIAN**

1	Mackrel, Julian	29	The Olympic Club-38	21.10	20.87
2	Andrew, Mark	27	The Olympic Club-38	21.40	20.98
3	Song, Andy	26	The Olympic Club-38	21.00	21.41
4	Forker, Shane	26	The Olympic Club-38	22.50	21.50
5	Dang, Kevin	27	The Olympic Club-38	21.00	21.54
6	Cono, Benjamin	28	The Olympic Club-38	21.00	21.62
7	Jacobsen, Carter	28	The Olympic Club-38	22.00	22.00
8	Millis, Kyle	25	The Olympic Club-38	21.36	22.13
9	McQuet, Murphy	27	The Olympic Club-38	21.00	22.29
10	Chen, Richard	29	Uc38	23.50	23.20
11	Niles, Jack	27	Santa Rosa Masters-38	25.08	25.18
12	Hulti, Jacob	26	Temescal Aquatic Masters-38	24.69	25.56

**Men 25-29 50 Yard Backstroke****PAC: 21.98 P 5/1/2016 ANDREW SAETA****NATL: 21.46 N 4/16/2010 ADAM MANIA**

1	Song, Andy	26	The Olympic Club-38	24.00	22.77
2	Millis, Kyle	25	The Olympic Club-38	22.92	23.43
3	Andrew, Mark	27	The Olympic Club-38	24.55	23.56
4	Mackrel, Julian	29	The Olympic Club-38	26.50	24.81
5	Dang, Kevin	27	The Olympic Club-38	25.00	25.24
6	McQuet, Murphy	27	The Olympic Club-38	26.00	25.75
7	Jacobsen, Carter	28	The Olympic Club-38	25.00	26.11
8	Forker, Shane	26	The Olympic Club-38	26.00	26.33
9	Cono, Benjamin	28	The Olympic Club-38	26.00	26.46

**Men 25-29 50 Yard Breaststroke****PAC: 24.86 P 4/30/2016 CHRISTOPHER BURCK****NATL: 23.87 N 5/21/2010 MARK GANGLOFF**

1	Cono, Benjamin	28	The Olympic Club-38	23.92	25.19
2	Andrew, Mark	27	The Olympic Club-38	26.30	25.43
3	Mackrel, Julian	29	The Olympic Club-38	27.50	25.93
4	Forker, Shane	26	The Olympic Club-38	30.00	28.08
5	Song, Andy	26	The Olympic Club-38	29.00	28.28
6	Dang, Kevin	27	The Olympic Club-38	28.00	28.46
7	Niles, Jack	27	Santa Rosa Masters-38	29.72	29.62
8	Jacobsen, Carter	28	The Olympic Club-38	30.00	29.64
9	Millis, Kyle	25	The Olympic Club-38	29.94	30.12
10	McQuet, Murphy	27	The Olympic Club-38	33.00	30.36
11	Hulti, Jacob	26	Temescal Aquatic Masters-38	38.21	36.66

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Men 25-29 50 Yard Butterfly****PAC: 21.73 P 5/4/2014 WILLIAM COPELAND****NATL: 20.99 N 4/28/2019 MARCIN CIESLAK**

1	Andrew, Mark	27	The Olympic Club-38	22.47	22.33
2	Song, Andy	26	The Olympic Club-38	23.00	22.62
3	Millis, Kyle	25	The Olympic Club-38	22.78	23.13
4	Cono, Benjamin	28	The Olympic Club-38	23.50	23.26
5	McQuet, Murphy	27	The Olympic Club-38	24.00	23.37
6	Mackrel, Julian	29	The Olympic Club-38	23.50	23.41
7	Forker, Shane	26	The Olympic Club-38	24.00	23.79
8	Dang, Kevin	27	The Olympic Club-38	24.00	24.11
9	Jacobsen, Carter	28	The Olympic Club-38	24.00	24.14
10	Chen, Richard	29	Uc38	26.50	26.94

**Men 25-29 100 Yard IM****PAC: 48.99 P 4/29/2017 NATHAN ADRIAN****NATL: 47.77 N 5/3/2014 DARIAN TOWNSEND**

1	Andrew, Mark	27	The Olympic Club-38	52.21	50.12
*2	Cono, Benjamin	28	The Olympic Club-38	52.00	52.22
*2	Song, Andy	26	The Olympic Club-38	54.00	52.22
4	Mackrel, Julian	29	The Olympic Club-38	53.50	53.36
5	Forker, Shane	26	The Olympic Club-38	55.00	54.00
6	Millis, Kyle	25	The Olympic Club-38	54.16	54.51
7	Dang, Kevin	27	The Olympic Club-38	54.00	55.38
8	Jacobsen, Carter	28	The Olympic Club-38	56.00	56.10
9	McQuet, Murphy	27	The Olympic Club-38	55.00	57.13
10	Hulti, Jacob	26	Temescal Aquatic Masters-38	1:08.68	1:07.90

**Men 30-34 50 Yard Freestyle****PAC: 19.33 P 5/4/2014 ANTHONY L ERVIN****NATL: 19.33 N 5/3/2014 ERVIN\ERVIN**

1	Solaeche, Eduardo	31	The Olympic Club-38	20.95	20.95
2	Athanas, Aaron	30	The Olympic Club-38	22.00	22.74
3	Bethely, Nolan	34	Uc38	26.99	23.21
4	Sallee, David	34	Santa Rosa Masters-38	30.21	24.24
5	Shapiro, Jake	32	Manatee Aquatic Masters Inc-38	25.96	24.27
6	Wang, Timothy	32	Mountain View Masters-38	27.50	24.45
7	Lorenzen, Steven	31	Uc38	25.00	24.66
8	Crooks, Kevin	31	SF Tsunami Masters-38	24.75	24.98
9	Gu, Yue Shen	32	Walnut Creek Masters-38	25.00	25.70
10	Sauder, Brandon	31	Sacramento Masters-38	27.00	25.92
11	Ojalvo, Aaron	32	Temescal Aquatic Masters-38	28.50	26.31
12	Thomas, Michael	32	Mountain View Masters-38	26.41	27.32
13	O'Connor, Kellen	34	El Cerrito Aquatic Masters-38	28.99	27.34
14	Nuñez, Nick	30	Quicksilver Masters-38	28.00	27.75
15	Bautista, Jair	32	Sacramento Masters-38	29.03	29.37

**Men 30-34 50 Yard Backstroke****PAC: 23.10 P 4/30/2017 MATTHEW T MARSHAL****NATL: 21.37 N 4/26/2019 MATT GREVERS**

1	Solaeche, Eduardo	31	The Olympic Club-38	23.41	24.33
2	Athanas, Aaron	30	The Olympic Club-38	25.00	25.79
3	Lorenzen, Steven	31	Uc38	27.00	28.92

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 30-34 50 Yard Backstroke)**

4	Shapiro, Jake	32	Manatee Aquatic Masters Inc-38	30.68	29.29
5	Crooks, Kevin	31	SF Tsunami Masters-38	28.68	29.30
6	Sallee, David	34	Santa Rosa Masters-38	35.46	29.31
7	Wang, Timothy	32	Mountain View Masters-38	31.00	29.82
8	Sauder, Brandon	31	Sacramento Masters-38	32.00	31.71
9	O'Connor, Kellen	34	El Cerrito Aquatic Masters-38	29.99	32.19
10	Ojalvo, Aaron	32	Temescal Aquatic Masters-38	37.00	33.18
11	Thomas, Michael	32	Mountain View Masters-38	32.11	33.57
12	Gu, Yue Shen	32	Walnut Creek Masters-38	35.58	35.66
13	Bautista, Jair	32	Sacramento Masters-38	36.54	36.34
14	Nuñez, Nick	30	Quicksilver Masters-38	35.00	38.27

**Men 30-34 50 Yard Breaststroke****PAC: 24.52 P 12/16/2019 BRANDON J FISCHER****NATL: 24.35 N 4/24/2015 MATT GREVERS**

1	Solaeché, Eduardo	31	The Olympic Club-38	24.92	25.35
2	Athanas, Aaron	30	The Olympic Club-38	29.00	28.30
3	Lorenzen, Steven	31	Uc38	31.00	30.15
4	Crooks, Kevin	31	SF Tsunami Masters-38	30.96	31.34
5	Sallee, David	34	Santa Rosa Masters-38	42.26	31.90
6	O'Connor, Kellen	34	El Cerrito Aquatic Masters-38	31.99	32.31
7	Gu, Yue Shen	32	Walnut Creek Masters-38	32.21	33.23
8	Wang, Timothy	32	Mountain View Masters-38	35.00	34.01
9	Ojalvo, Aaron	32	Temescal Aquatic Masters-38	41.00	35.46
10	Thomas, Michael	32	Mountain View Masters-38	34.77	36.12
11	Nuñez, Nick	30	Quicksilver Masters-38	39.00	40.31
12	Bautista, Jair	32	Sacramento Masters-38	40.49	40.53

**Men 30-34 50 Yard Butterfly****PAC: 21.90 P 4/28/2017 MATTHEW T MARSHAL****NATL: 21.11 N 4/26/2015 MATT GREVERS**

1	Solaeché, Eduardo	31	The Olympic Club-38	21.72	22.23
2	Athanas, Aaron	30	The Olympic Club-38	24.00	24.66
3	Bethely, Nolan	34	Uc38	28.99	24.94
4	Lorenzen, Steven	31	Uc38	26.00	25.57
5	Crooks, Kevin	31	SF Tsunami Masters-38	26.22	26.51
6	Sallee, David	34	Santa Rosa Masters-38	38.34	26.52
7	Wang, Timothy	32	Mountain View Masters-38	28.50	26.83
8	Sauder, Brandon	31	Sacramento Masters-38	32.00	27.78
9	Ojalvo, Aaron	32	Temescal Aquatic Masters-38	31.00	28.33
10	Gu, Yue Shen	32	Walnut Creek Masters-38	28.59	29.01
11	O'Connor, Kellen	34	El Cerrito Aquatic Masters-38	29.99	30.71
12	Nuñez, Nick	30	Quicksilver Masters-38	32.00	31.21
13	Bautista, Jair	32	Sacramento Masters-38	32.89	33.24

**Men 30-34 100 Yard IM****PAC: 49.23 P 4/25/2015 ANTHONY L ERVIN****NATL: 47.71 N 4/29/2017 RYAN LOCHTE**

1	Solaeché, Eduardo	31	The Olympic Club-38	49.70	49.64
2	Athanas, Aaron	30	The Olympic Club-38	56.00	55.69
3	Crooks, Kevin	31	SF Tsunami Masters-38	1:01.05	1:00.60
4	Sallee, David	34	Santa Rosa Masters-38	1:15.23	1:01.77

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 30-34 100 Yard IM)**

5	Lorenzen, Steven	31	Uc38	1:04.00	1:01.85
6	Wang, Timothy	32	Mountain View Masters-38	1:07.00	1:01.93
7	Shapiro, Jake	32	Manatee Aquatic Masters Inc-38	1:09.21	1:03.67
8	O'Connor, Kellen	34	El Cerrito Aquatic Masters-38	1:09.99	1:07.20
9	Ojalvo, Aaron	32	Temescal Aquatic Masters-38	1:14.00	1:07.43
10	Gu, Yue Shen	32	Walnut Creek Masters-38	1:10.69	1:08.18
11	Thomas, Michael	32	Mountain View Masters-38	1:07.77	1:09.60
12	Nuñez, Nick	30	Quicksilver Masters-38	1:15.00	1:13.82
13	Bautista, Jair	32	Sacramento Masters-38	1:16.00	1:19.23

**Men 35-39 50 Yard Freestyle****PAC: 20.69 P 5/13/2018 MATTHEW T MARSHAL****NATL: 20.01 N 3/25/2018 ROLAND SCHOEMAN**

1	Wall, Daniel	35	The Olympic Club-38	21.11	21.59
2	Savulich, Bobby	37	The Olympic Club-38	21.16	22.05
3	Frink, Stephen	39	Richmond Plunge Masters-38	23.76	23.34
4	Peterson, Kyle	38	Orinda Aquatic Masters-38	22.50	23.82
5	Murphy, Liam	39	Santa Rosa Masters-38	24.00	24.24
6	Murlas, Kyler	35	Albany Armada Aquatics Masters-38	24.15	24.50
7	Swartz, Drew	36	Alameda Aquatic Masters-38	24.25	24.65
8	Cheng, Kenny	35	Uc38	26.28	24.94
9	Solomon, Alex	38	SF Tsunami Masters-38	26.17	25.50
10	Chua, Brendan	39	Richmond Plunge Masters-38	27.64	26.84
11	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	27.72	27.63
12	Lange, Austin	37	Sacramento Masters-38	28.64	28.13
13	Keogh, Kevin	35	Temescal Aquatic Masters-38	40.00	29.25

**Men 35-39 50 Yard Backstroke****PAC: 22.97 P 5/12/2018 MATTHEW T MARSHAL****NATL: 22.62 N 4/29/2017 JEFF NATALIZIO**

1	Savulich, Bobby	37	The Olympic Club-38	25.93	26.49
2	Swartz, Drew	36	Alameda Aquatic Masters-38	26.91	27.38
3	Frink, Stephen	39	Richmond Plunge Masters-38	28.26	27.89
4	Peterson, Kyle	38	Orinda Aquatic Masters-38	27.00	28.86
5	Wall, Daniel	35	The Olympic Club-38	30.00	28.97
6	Murphy, Liam	39	Santa Rosa Masters-38	30.00	29.90
7	Cheng, Kenny	35	Uc38	32.00	30.15
8	Solomon, Alex	38	SF Tsunami Masters-38	30.17	30.69
9	Murlas, Kyler	35	Albany Armada Aquatics Masters-38	30.34	31.27
10	Chua, Brendan	39	Richmond Plunge Masters-38	32.05	32.67
11	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	42.00	33.27
12	Lange, Austin	37	Sacramento Masters-38	33.88	34.08

**Men 35-39 50 Yard Breaststroke****PAC: 26.99 P 12/31/2000 BRIAN P SCOTTOLIN****NATL: 25.35 N 5/21/2010 STEVE WEST**

1	Savulich, Bobby	37	The Olympic Club-38	27.14	27.47
2	Wall, Daniel	35	The Olympic Club-38	30.00	28.61
3	Peterson, Kyle	38	Orinda Aquatic Masters-38	29.00	29.17
4	Swartz, Drew	36	Alameda Aquatic Masters-38	29.98	29.32
5	Cheng, Kenny	35	Uc38	32.93	30.37
6	Murphy, Liam	39	Santa Rosa Masters-38	30.00	31.63

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 35-39 50 Yard Breaststroke)**

7	Frink, Stephen	39	Richmond Plunge Masters-38	31.92	31.82
8	Solomon, Alex	38	SF Tsunami Masters-38	32.17	34.06
9	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	35.06	34.40
10	Murlas, Kyler	35	Albany Armada Aquatics Masters-38	34.23	35.74
11	Chua, Brendan	39	Richmond Plunge Masters-38	37.82	36.53
---	Keogh, Kevin	35	Temescal Aquatic Masters-38	40.00	DQ

**Men 35-39 50 Yard Butterfly****PAC: 21.66 P 5/13/2018 MATTHEW T MARSHAL****NATL: 21.24 N 3/25/2018 ROLAND SCHOEMAN**

1	Savulich, Bobby	37	The Olympic Club-38	22.95	23.43
2	Wall, Daniel	35	The Olympic Club-38	25.00	24.26
3	Peterson, Kyle	38	Orinda Aquatic Masters-38	25.00	25.72
4	Swartz, Drew	36	Alameda Aquatic Masters-38	26.30	26.08
5	Frink, Stephen	39	Richmond Plunge Masters-38	27.01	27.14
6	Murphy, Liam	39	Santa Rosa Masters-38	26.00	27.20
7	Solomon, Alex	38	SF Tsunami Masters-38	28.17	27.29
8	Cheng, Kenny	35	Uc38	28.49	27.76
9	Murlas, Kyler	35	Albany Armada Aquatics Masters-38	27.30	27.95
10	Chua, Brendan	39	Richmond Plunge Masters-38	29.60	29.56
11	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	36.00	31.71

**Men 35-39 100 Yard IM****PAC: 51.78 P 12/31/2009 LEE G WANIE****NATL: 49.01 N 4/29/2017 JEFF NATALIZIO**

1	Wall, Daniel	35	The Olympic Club-38	58.00	56.60
2	Savulich, Bobby	37	The Olympic Club-38	52.87	56.61
3	Frink, Stephen	39	Richmond Plunge Masters-38	1:01.57	59.60
4	Murphy, Liam	39	Santa Rosa Masters-38	1:04.54	1:00.80
5	Swartz, Drew	36	Alameda Aquatic Masters-38	59.24	1:00.94
6	Peterson, Kyle	38	Orinda Aquatic Masters-38	1:05.00	1:01.38
7	Cheng, Kenny	35	Uc38	1:03.68	1:02.82
8	Solomon, Alex	38	SF Tsunami Masters-38	1:05.17	1:03.54
9	Murlas, Kyler	35	Albany Armada Aquatics Masters-38	1:06.11	1:07.45
10	Schmidt, Ethan	35	Albany Armada Aquatics Masters-38	1:15.00	1:10.07
11	Chua, Brendan	39	Richmond Plunge Masters-38	1:09.27	1:10.38
12	Lange, Austin	37	Sacramento Masters-38	1:20.00	1:13.47

**Men 40-44 50 Yard Freestyle****PAC: 21.30 P 5/13/2018 SCOTT C GREENWOOD****NATL: 20.67 N 12/20/2014 JOSH DAVIS**

1	Grant, Andy	40	Walnut Creek Masters-38	20.91	21.50
2	Valdivieso, Juan	43	The Olympic Club-38	22.71	23.08
3	Nickell, Ryan	40	The Bay Club, Santa Clara-38	23.37	23.28
4	Kemp, Nikkolas	40	Santa Rosa Masters-38	24.50	24.00
5	Brinkmeyer, Justin	43	Manatee Aquatic Masters Inc-38	25.00	25.32
6	Song, Daniel	43	Manatee Aquatic Masters Inc-38	25.70	25.79
7	Rinehart, Billy	42	The Olympic Club-38	25.99	26.08
8	Biethan, Jonathan	40	SF Tsunami Masters-38	30.21	27.35
9	Cruse, Michael	44	Manatee Aquatic Masters Inc-38	27.00	27.58
10	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	28.97	28.30
11	Radzik, Brett	40	Sacramento Masters-38	30.00	28.32

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 40-44 50 Yard Freestyle)**

12	Wong, Lawrence	40	SF Tsunami Masters-38	30.77	28.92
13	Alexander, James	40	SF Tsunami Masters-38	33.88	31.51
14	Nourbakhsh, Mehdi	41	Richmond Plunge Masters-38	33.30	36.08

**Men 40-44 50 Yard Backstroke****PAC: 23.93 P 12/31/2009 RICK GOULD****NATL: 22.77 N 4/26/2009 MICHAEL ROSS**

1	Grant, Andy	40	Walnut Creek Masters-38	24.70	24.53
2	Valdivieso, Juan	43	The Olympic Club-38	26.99	27.72
3	Kemp, Nikkolas	40	Santa Rosa Masters-38	29.00	28.71
4	Nickell, Ryan	40	The Bay Club, Santa Clara-38	28.10	30.12
5	Brinkmeyer, Justin	43	Manatee Aquatic Masters Inc-38	31.00	30.21
6	Song, Daniel	43	Manatee Aquatic Masters Inc-38	31.71	31.86
7	Greiner, Chris	43	Club Hot Tub-38	33.50	32.31
8	Biethan, Jonathan	40	SF Tsunami Masters-38	38.64	33.77
9	Wong, Lawrence	40	SF Tsunami Masters-38	34.90	34.19
10	Rinehart, Billy	42	The Olympic Club-38	35.33	34.23
11	Radzik, Brett	40	Sacramento Masters-38	37.00	35.25
12	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	36.89	35.99
13	Alexander, James	40	SF Tsunami Masters-38	41.37	39.75
14	Nourbakhsh, Mehdi	41	Richmond Plunge Masters-38	43.47	46.79

**Men 40-44 50 Yard Breaststroke****PAC: 26.67 P 12/31/2010 ROQUE J SANTOS****NATL: 25.02 N 3/12/2016 JARROD MARRS**

1	Grant, Andy	40	Walnut Creek Masters-38	27.93	27.79
2	Nickell, Ryan	40	The Bay Club, Santa Clara-38	29.09	30.27
3	Valdivieso, Juan	43	The Olympic Club-38	29.81	30.29
4	Kemp, Nikkolas	40	Santa Rosa Masters-38	40.00	32.18
5	Greiner, Chris	43	Club Hot Tub-38	37.99	33.94
6	Cruse, Michael	44	Manatee Aquatic Masters Inc-38	36.00	34.05
7	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	34.50	34.13
8	Biethan, Jonathan	40	SF Tsunami Masters-38	41.14	34.57
9	Song, Daniel	43	Manatee Aquatic Masters Inc-38	34.95	35.09
10	Brinkmeyer, Justin	43	Manatee Aquatic Masters Inc-38	36.00	36.40
11	Rinehart, Billy	42	The Olympic Club-38	39.90	40.05
12	Alexander, James	40	SF Tsunami Masters-38	43.85	42.74
13	Nourbakhsh, Mehdi	41	Richmond Plunge Masters-38	47.08	49.00

**Men 40-44 50 Yard Butterfly****PAC: 23.69 P 12/31/2010 MATT JONES****NATL: 22.60 N 4/14/2018 JAMES ZENYUH**

1	Grant, Andy	40	Walnut Creek Masters-38	23.04	23.12 P
2	Valdivieso, Juan	43	The Olympic Club-38	24.31	24.96
3	Nickell, Ryan	40	The Bay Club, Santa Clara-38	25.11	25.17
4	Rinehart, Billy	42	The Olympic Club-38	26.22	27.60
5	Kemp, Nikkolas	40	Santa Rosa Masters-38	29.00	27.70
6	Brinkmeyer, Justin	43	Manatee Aquatic Masters Inc-38	28.00	28.24
7	Song, Daniel	43	Manatee Aquatic Masters Inc-38	28.07	28.37
8	Biethan, Jonathan	40	SF Tsunami Masters-38	32.19	30.22
9	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	32.56	32.16
10	Alexander, James	40	SF Tsunami Masters-38	34.00	35.42

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 40-44 50 Yard Butterfly)**

11	Nourbakhsh, Mehdi	41	Richmond Plunge Masters-38	37.75	40.15
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**Men 40-44 100 Yard IM**

<b>PAC:</b>	<b>52.58</b>	<b>P</b>	<b>12/31/2010</b>	<b>ROQUE J SANTOS</b>
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<b>NATL:</b>	<b>51.07</b>	<b>N</b>	<b>4/25/2015</b>	<b>JEFF COMMINGS</b>
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1	Grant, Andy	40	Walnut Creek Masters-38	52.46	52.59
2	Valdivieso, Juan	43	The Olympic Club-38	56.72	57.66
3	Nickell, Ryan	40	The Bay Club, Santa Clara-38	59.47	1:00.82
4	Kemp, Nikkolas	40	Santa Rosa Masters-38	1:04.00	1:01.33
5	Brinkmeyer, Justin	43	Manatee Aquatic Masters Inc-38	1:06.00	1:05.63
6	Rinehart, Billy	42	The Olympic Club-38	1:10.00	1:07.73
7	Biethan, Jonathan	40	SF Tsunami Masters-38	1:12.45	1:07.91
8	Song, Jimmy	41	Marcia's Enthusiastic Masters-38	1:10.89	1:09.38
9	Cruse, Michael	44	Manatee Aquatic Masters Inc-38	1:14.00	1:11.50
10	Alexander, James	40	SF Tsunami Masters-38	1:23.08	1:20.35
11	Nourbakhsh, Mehdi	41	Richmond Plunge Masters-38	1:28.43	1:36.31

**Men 45-49 50 Yard Freestyle**

<b>PAC:</b>	<b>21.87</b>	<b>P</b>	<b>12/31/2009</b>	<b>DAVID E BOATWRIGH</b>
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<b>NATL:</b>	<b>21.06</b>	<b>N</b>	<b>5/21/2010</b>	<b>RICHARD HUGHEY</b>
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1	Lopez, Marco	48	Temescal Aquatic Masters-38	23.19	23.69
2	Nisenbaum, Adam	47	Manatee Aquatic Masters Inc-38	23.97	24.15
3	Ward, Matthew	47	Manatee Aquatic Masters Inc-38	24.70	24.24
4	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	24.99	24.51
5	Holbrook, Chad	45	Walnut Creek Masters-38	24.50	25.36
6	Mackey, Theral	47	University of San Francisco Ma-38	25.57	25.73
7	Popko, David	47	Alameda Aquatic Masters-38	26.26	25.75
8	Frazier, Michael	48	Sacramento Masters-38	25.64	25.79
9	Prost, Adam	49	Richmond Plunge Masters-38	28.49	28.71
10	Wada, Ellison	45	Walnut Creek Masters-38	28.00	28.98

**Men 45-49 50 Yard Backstroke**

<b>PAC:</b>	<b>24.34</b>	<b>P</b>	<b>5/4/2014</b>	<b>RICK GOULD</b>
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<b>NATL:</b>	<b>23.58</b>	<b>N</b>	<b>4/26/2015</b>	<b>MICHAEL ROSS</b>
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1	Lopez, Marco	48	Temescal Aquatic Masters-38	27.25	26.47
2	Nisenbaum, Adam	47	Manatee Aquatic Masters Inc-38	29.18	29.06
3	Popko, David	47	Alameda Aquatic Masters-38	29.29	29.47
4	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	29.12	29.92
5	Holbrook, Chad	45	Walnut Creek Masters-38	29.50	30.77
6	Frazier, Michael	48	Sacramento Masters-38	33.12	33.86
7	Wada, Ellison	45	Walnut Creek Masters-38	37.00	36.48
8	Prost, Adam	49	Richmond Plunge Masters-38	37.00	38.14

**Men 45-49 50 Yard Breaststroke**

<b>PAC:</b>	<b>27.65</b>	<b>P</b>	<b>12/31/2002</b>	<b>LEE A RIDER</b>
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<b>NATL:</b>	<b>25.66</b>	<b>N</b>	<b>4/27/2019</b>	<b>JEFF COMMINGS</b>
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1	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	32.97	29.91
2	Mackey, Theral	47	University of San Francisco Ma-38	30.14	30.07
3	Nisenbaum, Adam	47	Manatee Aquatic Masters Inc-38	31.22	30.87
4	Lopez, Marco	48	Temescal Aquatic Masters-38	34.00	32.22
5	Holbrook, Chad	45	Walnut Creek Masters-38	32.00	32.71
6	Ying, Aston	49	Walnut Creek Masters-38	33.50	33.53

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 45-49 50 Yard Breaststroke)**

7	Popko, David	47	Alameda Aquatic Masters-38	33.33	34.70
8	Prost, Adam	49	Richmond Plunge Masters-38	34.00	37.82
9	Wada, Ellison	45	Walnut Creek Masters-38	40.00	38.78

**Men 45-49 50 Yard Butterfly****PAC: 24.00 P 12/31/2012 MATT JONES****NATL: 22.67 N 5/4/2008 PAUL SMITH**

1	Nisenbaum, Adam	47	Manatee Aquatic Masters Inc-38	25.48	25.51
2	Lopez, Marco	48	Temescal Aquatic Masters-38	26.00	25.67
3	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	27.72	26.81
4	Popko, David	47	Alameda Aquatic Masters-38	28.28	27.87
5	Mackey, Theral	47	University of San Francisco Ma-38	32.22	29.32
6	Holbrook, Chad	45	Walnut Creek Masters-38	28.50	29.55
7	Wada, Ellison	45	Walnut Creek Masters-38	31.90	32.47
8	Prost, Adam	49	Richmond Plunge Masters-38	32.81	33.27

**Men 45-49 100 Yard IM****PAC: 55.47 P 5/3/2014 MICHAEL W DE BOIS****NATL: 52.14 N 5/23/2010 RICHARD HUGHEY**

1	Nisenbaum, Adam	47	Manatee Aquatic Masters Inc-38	1:01.94	59.86
2	Lopez, Marco	48	Temescal Aquatic Masters-38	1:01.20	1:01.91
3	Schultz, Jacob	49	Manatee Aquatic Masters Inc-38	1:02.22	1:03.43
4	Popko, David	47	Alameda Aquatic Masters-38	1:03.03	1:03.84
5	Ying, Aston	49	Walnut Creek Masters-38	1:06.50	1:05.31
6	Mackey, Theral	47	University of San Francisco Ma-38	1:11.11	1:08.98
7	Wada, Ellison	45	Walnut Creek Masters-38	1:18.00	1:15.57
---	Prost, Adam	49	Richmond Plunge Masters-38	1:10.00	DQ

**Men 50-54 50 Yard Freestyle****PAC: 22.45 P 12/31/2009 JOHN OBERTO****NATL: 21.36 N 4/29/2011 ROWDY GAINES**

1	Anderson, Kent	52	Club Hot Tub-38	24.00	23.77
2	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	26.23	26.17
3	Hilton, Phil	53	El Cerrito Aquatic Masters-38	28.00	27.07
4	Virkus, Todd	53	Uc38	25.80	27.12
5	Kneubuhler, Yann	52	Richmond Plunge Masters-38	27.48	27.66
6	Lehnert, Ahren	51	Marcia's Enthusiastic Masters-38	27.71	27.98
7	Francis, Matthew	52	SF Tsunami Masters-38	27.56	28.10
8	McNamara, Tim	50	Cala Maritime Aquatics Masters-38	27.98	28.21
9	Crowley, Terry	53	Santa Rosa Masters-38	28.50	28.31
10	Friedman, Eric	54	Albany Armada Aquatics Masters-38	30.00	29.61
11	Meeker, Michael	51	Richmond Plunge Masters-38	29.49	30.42
12	Fung, Steve	52	Orinda Aquatic Masters-38	32.54	32.00

**Men 50-54 50 Yard Backstroke****PAC: 24.75 P 4/13/2019 RICK GOULD****NATL: 24.57 N 5/4/2014 FRITZ BEDFORD**

1	Anderson, Kent	52	Club Hot Tub-38	30.00	28.69
2	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	31.64	31.68
3	Hilton, Phil	53	El Cerrito Aquatic Masters-38	32.00	32.27
4	Kneubuhler, Yann	52	Richmond Plunge Masters-38	33.92	33.77
5	Francis, Matthew	52	SF Tsunami Masters-38	36.50	35.21

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 50-54 50 Yard Backstroke)**

6	McNamara, Tim	50	Cala Maritime Aquatics Masters-38	35.77	36.62
7	Crowley, Terry	53	Santa Rosa Masters-38	38.30	36.91
8	Friedman, Eric	54	Albany Armada Aquatics Masters-38	40.00	37.82
9	Virkus, Todd	53	Uc38	37.00	38.01
10	Lehnert, Ahren	51	Marcia's Enthusiastic Masters-38	41.84	40.37
11	Fung, Steve	52	Orinda Aquatic Masters-38	45.00	44.35

**Men 50-54 50 Yard Breaststroke****PAC: 27.82 P 12/31/2010 GARY L PATTERSON****NATL: 26.45 N 3/30/2014 DAVID GUTHRIE**

1	Anderson, Kent	52	Club Hot Tub-38	40.00	32.91
2	Francis, Matthew	52	SF Tsunami Masters-38	32.98	33.60
3	Crowley, Terry	53	Santa Rosa Masters-38	33.50	33.92
4	Kneubuhler, Yann	52	Richmond Plunge Masters-38	34.34	34.37
5	Hilton, Phil	53	El Cerrito Aquatic Masters-38	34.00	34.83
6	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	35.87	36.15
7	Lehnert, Ahren	51	Marcia's Enthusiastic Masters-38	36.30	36.97
8	Virkus, Todd	53	Uc38	36.00	37.40
9	McNamara, Tim	50	Cala Maritime Aquatics Masters-38	40.96	39.46
10	Fung, Steve	52	Orinda Aquatic Masters-38	42.61	41.39
11	Friedman, Eric	54	Albany Armada Aquatics Masters-38	50.00	42.21

**Men 50-54 50 Yard Butterfly****PAC: 23.52 P 12/31/2009 JOHN OBERTO****NATL: 23.19 N 4/25/2004 TRIP HEDRICK**

1	Hilton, Phil	53	El Cerrito Aquatic Masters-38	30.00	30.56
2	Crowley, Terry	53	Santa Rosa Masters-38	30.30	30.70
3	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	30.78	30.80
4	McNamara, Tim	50	Cala Maritime Aquatics Masters-38	32.02	31.35
5	Virkus, Todd	53	Uc38	31.00	31.93
6	Francis, Matthew	52	SF Tsunami Masters-38	32.21	32.46
7	Kneubuhler, Yann	52	Richmond Plunge Masters-38	32.57	33.07
8	Lehnert, Ahren	51	Marcia's Enthusiastic Masters-38	34.20	34.03
9	Friedman, Eric	54	Albany Armada Aquatics Masters-38	50.00	37.95
10	Fung, Steve	52	Orinda Aquatic Masters-38	41.82	39.03

**Men 50-54 100 Yard IM****PAC: 55.82 P 12/31/2009 JOHN OBERTO****NATL: 53.60 N 4/29/2017 MIKE IRVIN**

1	Anderson, Kent	52	Club Hot Tub-38	1:00.00	59.63
2	Hilton, Phil	53	El Cerrito Aquatic Masters-38	1:10.00	1:07.53
3	Kneubuhler, Yann	52	Richmond Plunge Masters-38	1:09.15	1:08.81
4	Wehmann, Todd	52	Marcia's Enthusiastic Masters-38	1:08.49	1:09.90
5	Crowley, Terry	53	Santa Rosa Masters-38	1:11.11	1:10.28
6	Francis, Matthew	52	SF Tsunami Masters-38	1:11.11	1:11.39
7	Lehnert, Ahren	51	Marcia's Enthusiastic Masters-38	1:17.26	1:17.04
8	Friedman, Eric	54	Albany Armada Aquatics Masters-38	1:40.00	1:23.31
9	Meeker, Michael	51	Richmond Plunge Masters-38	1:23.75	1:24.73
10	Fung, Steve	52	Orinda Aquatic Masters-38	1:31.00	1:27.49

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Men 55-59 50 Yard Freestyle****PAC: 22.79 P 5/4/2008 JIM GRIFFITH****NATL: 21.82 N 4/30/2000 RICHARD ABRAHAMS**

1	Gorek, Thomas	56	Tamalpais Aquatic Masters-38	27.00	24.44
2	Schmidt, Alan	58	Santa Rosa Masters-38	24.50	24.58
3	Wood, Brent	55	Santa Rosa Masters-38	25.25	24.83
4	Hardcastle, Kirk	56	Santa Rosa Masters-38	24.50	25.06
5	McCormick, Peter	55	Santa Rosa Masters-38	25.13	25.57
6	Langner, Mikael	56	University of San Francisco Ma-38	25.48	25.82
7	Neidhoefer, Charles	58	Santa Rosa Masters-38	26.29	26.21
8	Smith, Stephen	58	Sacramento Masters-38	27.31	26.56
9	Kalas, Paul	57	Orinda Aquatic Masters-38	30.00	27.86
10	Barajas, Nick	59	Sacramento Masters-38	27.88	28.55
11	Harmon, Perry	56	Manatee Aquatic Masters Inc-38	32.00	32.20
12	Jen, Mark	55	Manatee Aquatic Masters Inc-38	40.00	32.45
13	Wu, Long	59	Marcia's Enthusiastic Masters-38	37.93	33.24
14	Makani, Gautam	58	Orinda Aquatic Masters-38	36.00	35.57

**Men 55-59 50 Yard Backstroke****PAC: 26.62 P 6/30/2011 PHILIPP DJANG****NATL: 25.30 N 3/23/2019 FRITZ BEDFORD**

1	Schmidt, Alan	58	Santa Rosa Masters-38	29.50	28.81
2	Hardcastle, Kirk	56	Santa Rosa Masters-38	30.83	29.65
3	Wood, Brent	55	Santa Rosa Masters-38	32.32	30.55
4	McCormick, Peter	55	Santa Rosa Masters-38	29.00	31.15
5	Smith, Stephen	58	Sacramento Masters-38	33.04	32.67
6	Langner, Mikael	56	University of San Francisco Ma-38	32.22	33.11
7	Neidhoefer, Charles	58	Santa Rosa Masters-38	35.00	33.55
8	Raiff, Steve	55	Mountain View Masters-38	34.00	33.84
9	Kalas, Paul	57	Orinda Aquatic Masters-38	36.00	35.60
10	Harmon, Perry	56	Manatee Aquatic Masters Inc-38	43.00	42.75
11	Wu, Long	59	Marcia's Enthusiastic Masters-38	50.19	44.97

**Men 55-59 50 Yard Breaststroke****PAC: 28.71 P 12/31/2003 DON MC KENZIE****NATL: 26.32 N 4/27/2019 CARLO TRAVAINI**

1	Wood, Brent	55	Santa Rosa Masters-38	31.31	31.34
2	Hardcastle, Kirk	56	Santa Rosa Masters-38	33.10	31.75
3	Neidhoefer, Charles	58	Santa Rosa Masters-38	32.69	32.74
4	Raiff, Steve	55	Mountain View Masters-38	34.00	33.38
5	Smith, Stephen	58	Sacramento Masters-38	36.33	33.83
6	Schmidt, Alan	58	Santa Rosa Masters-38	35.00	34.33
7	Langner, Mikael	56	University of San Francisco Ma-38	34.93	35.22
8	Kalas, Paul	57	Orinda Aquatic Masters-38	36.30	35.97
9	Wu, Long	59	Marcia's Enthusiastic Masters-38	40.56	36.73
10	Jen, Mark	55	Manatee Aquatic Masters Inc-38	50.00	37.51
11	McCormick, Peter	55	Santa Rosa Masters-38	30.00	37.69
12	Barajas, Nick	59	Sacramento Masters-38	38.01	38.51

**Men 55-59 50 Yard Butterfly****PAC: 24.39 P 5/1/2016 PAUL V CARTER****NATL: 24.00 N 5/1/2016 BRUCE KONE**

1	Hardcastle, Kirk	56	Santa Rosa Masters-38	27.40	27.60
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**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 55-59 50 Yard Butterfly)**

2	Wood, Brent	55	Santa Rosa Masters-38	28.28	27.62
3	McCormick, Peter	55	Santa Rosa Masters-38	28.24	28.31
4	Smith, Stephen	58	Sacramento Masters-38	28.51	28.48
5	Neidhoefer, Charles	58	Santa Rosa Masters-38	28.50	28.93
6	Schmidt, Alan	58	Santa Rosa Masters-38	32.00	29.30
7	Langner, Mikael	56	University of San Francisco Ma-38	28.36	30.40
8	Kalas, Paul	57	Orinda Aquatic Masters-38	32.14	31.30
9	Barajas, Nick	59	Sacramento Masters-38	33.81	33.61
10	Jen, Mark	55	Manatee Aquatic Masters Inc-38	45.00	36.99
11	Wu, Long	59	Marcia's Enthusiastic Masters-38	47.67	38.67
12	Harmon, Perry	56	Manatee Aquatic Masters Inc-38	43.00	39.45

**Men 55-59 100 Yard IM**

PAC: 58.23 P 4/29/2017 PAUL V CARTER

NATL: 55.09 N 4/26/2019 CARLO TRAVAINI

1	Hardcastle, Kirk	56	Santa Rosa Masters-38	1:10.50	1:02.38
2	Wood, Brent	55	Santa Rosa Masters-38	1:04.04	1:02.84
3	Schmidt, Alan	58	Santa Rosa Masters-38	1:05.00	1:03.35
4	Smith, Stephen	58	Sacramento Masters-38	1:06.53	1:04.11
5	Neidhoefer, Charles	58	Santa Rosa Masters-38	1:06.65	1:04.35
6	McCormick, Peter	55	Santa Rosa Masters-38	1:08.86	1:07.96
7	Raiff, Steve	55	Mountain View Masters-38	1:12.00	1:08.18
8	Langner, Mikael	56	University of San Francisco Ma-38	1:06.56	1:09.63
9	Kalas, Paul	57	Orinda Aquatic Masters-38	1:15.38	1:13.13
10	Barajas, Nick	59	Sacramento Masters-38	1:18.00	1:18.03
11	Jen, Mark	55	Manatee Aquatic Masters Inc-38	1:30.00	1:20.51
12	Wu, Long	59	Marcia's Enthusiastic Masters-38	1:26.36	1:25.68
13	Makani, Gautam	58	Orinda Aquatic Masters-38	1:39.00	1:43.67

**Men 60-64 50 Yard Freestyle**

PAC: 23.66 P 4/27/2019 PAUL V CARTER

NATL: 22.30 N 5/22/2005 RICHARD ABRAHAMS

1	Boone, Jon	61	Walnut Creek Masters-38	26.50	25.69
2	Chao, Hector	60	Walnut Creek Masters-38	26.96	26.42
3	Gardner, William	60	Manatee Aquatic Masters Inc-38	26.06	27.05
4	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	28.88	28.13
5	Gustavson, Jeff	63	West Hollywood Aquatics-33	29.47	29.61
6	Mallon, Ken	60	Quicksilver Masters-38	29.74	30.26
7	Burbage-Macaluso, Dan	61	Sacramento Masters-38	35.25	33.70

**Men 60-64 50 Yard Backstroke**

PAC: 27.64 P 5/1/2011 HUGH WILDER

NATL: 26.60 N 4/7/2018 BRUCE KONE

1	Chao, Hector	60	Walnut Creek Masters-38	31.25	30.52
2	Boone, Jon	61	Walnut Creek Masters-38	33.50	32.28
3	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	34.30	34.50
4	Gardner, William	60	Manatee Aquatic Masters Inc-38	32.57	34.69
5	Platt, Marshall	62	El Cerrito Aquatic Masters-38	42.00	37.81
6	Gustavson, Jeff	63	West Hollywood Aquatics-33	39.11	39.08
7	Burbage-Macaluso, Dan	61	Sacramento Masters-38	48.64	44.30
8	Mallon, Ken	60	Quicksilver Masters-38	45.90	46.94

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Men 60-64 50 Yard Breaststroke****PAC: 29.32 P 12/31/2006 ROBERT STRAND****NATL: 28.30 N 2/11/2018 BRUCE KONE**

1	Chao, Hector	60	Walnut Creek Masters-38	34.52	33.86
2	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	33.85	33.92
3	Boone, Jon	61	Walnut Creek Masters-38	34.90	35.02
4	Taylor, Ron	64	Richmond Plunge Masters-38	36.93	36.63
5	Gardner, William	60	Manatee Aquatic Masters Inc-38	35.42	37.59
6	Mallon, Ken	60	Quicksilver Masters-38	41.62	42.22
7	Gustavson, Jeff	63	West Hollywood Aquatics-33	42.75	42.95
8	Eccles, Matthew	61	Temescal Aquatic Masters-38	50.00	44.75
---	Burbage-Macaluso, Dan	61	Sacramento Masters-38	43.98	DQ

**Men 60-64 50 Yard Butterfly****PAC: 24.39 P 5/13/2018 PAUL V CARTER****NATL: 24.36 N 2/10/2018 BRUCE KONE**

1	Chao, Hector	60	Walnut Creek Masters-38	28.52	27.19
2	Boone, Jon	61	Walnut Creek Masters-38	27.50	27.45
3	Taylor, Ron	64	Richmond Plunge Masters-38	28.56	28.63
4	Gardner, William	60	Manatee Aquatic Masters Inc-38	27.31	28.95
5	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	32.50	32.02
6	Platt, Marshall	62	El Cerrito Aquatic Masters-38	38.00	34.03
7	Mallon, Ken	60	Quicksilver Masters-38	34.43	35.25
8	Gustavson, Jeff	63	West Hollywood Aquatics-33	38.72	39.23
9	Burbage-Macaluso, Dan	61	Sacramento Masters-38	41.03	39.49
---	Davis, Brian	64	Wine Country Masters-38	50.00	DQ

**Men 60-64 100 Yard IM****PAC: 58.73 P 5/12/2018 PAUL V CARTER****NATL: 57.23 N 5/11/2013 RICK COLELLA**

1	Chao, Hector	60	Walnut Creek Masters-38	1:05.91	1:04.22
2	Boone, Jon	61	Walnut Creek Masters-38	1:08.00	1:06.32
3	Gardner, William	60	Manatee Aquatic Masters Inc-38	1:06.74	1:09.07
4	Taylor, Ron	64	Richmond Plunge Masters-38	1:08.41	1:09.09
5	Laudenslager, Greg	63	Rolling Hills Mud Sharks-38	1:12.78	1:11.83
6	Gustavson, Jeff	63	West Hollywood Aquatics-33	1:25.53	1:26.27
7	Burbage-Macaluso, Dan	61	Sacramento Masters-38	1:35.00	1:28.54
8	Mallon, Ken	60	Quicksilver Masters-38	1:25.41	1:29.14

**Men 65-69 50 Yard Freestyle****PAC: 24.01 P 12/31/2009 JAMES E ELDER****NATL: 22.10 N 5/23/2010 RICHARD ABRAHAMS**

1	Cutting, Steve	67	Tvm Swimming-38	27.67	27.39
2	Lindsay, William	68	Oakwood Athletic Club Masters-38	27.50	27.54
3	Spellberg, Geoff	69	North Bay Aquatics-38	27.50	27.94
4	Deming, James	65	Los Gatos Swim And Racquet Clu-38	30.00	28.17
5	St Marseille, Marc	65	Walnut Creek Masters-38	31.28	30.06
6	Horton, Tom	66	Temescal Aquatic Masters-38	31.00	32.24
7	Tsugawa, Peter	67	Albany Armada Aquatics Masters-38	34.00	33.13
8	Pinto, Harlan	67	Menlo Masters-38	34.71	34.16
9	Deltorchio, Fred	68	Cala Maritime Aquatics Masters-38	34.59	34.62
10	Diers, Phil	67	SF Tsunami Masters-38	49.01	50.79

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Men 65-69 50 Yard Backstroke****PAC: 27.84 P 12/31/2009 RICHARD BURNS****NATL: 27.74 N 5/23/2010 RICHARD ABRAHAMS**

1	Cutting, Steve	67	Tvm Swimming-38	32.67	31.71
2	Lindsay, William	68	Oakwood Athletic Club Masters-38	35.50	34.12
3	Deming, James	65	Los Gatos Swim And Racquet Clu-38	39.00	34.48
4	Spellberg, Geoff	69	North Bay Aquatics-38	38.50	37.66
5	St Marseille, Marc	65	Walnut Creek Masters-38	39.20	38.95
6	Huston, Michael	67	Orinda Aquatic Masters-38	45.00	42.74
7	Bauer, David	69	Temescal Aquatic Masters-38	48.00	43.72
8	Deltorchio, Fred	68	Cala Maritime Aquatics Masters-38	48.96	46.57
9	Pinto, Harlan	67	Menlo Masters-38	45.76	46.61
10	Tsugawa, Peter	67	Albany Armada Aquatics Masters-38	46.00	47.30
11	Diers, Phil	67	SF Tsunami Masters-38	1:12.95	1:19.67

**Men 65-69 50 Yard Breaststroke****PAC: 31.32 P 12/31/2009 DAVID R GILDEA****NATL: 28.88 N 5/11/2018 RICK COLELLA**

1	Cutting, Steve	67	Tvm Swimming-38	40.67	36.57
2	Deming, James	65	Los Gatos Swim And Racquet Clu-38	40.00	36.96
3	St Marseille, Marc	65	Walnut Creek Masters-38	40.00	38.33
4	Spellberg, Geoff	69	North Bay Aquatics-38	39.50	38.75
5	Pinto, Harlan	67	Menlo Masters-38	39.68	39.94
6	Lindsay, William	68	Oakwood Athletic Club Masters-38	42.00	40.18
7	Huston, Michael	67	Orinda Aquatic Masters-38	55.00	43.10
8	Tsugawa, Peter	67	Albany Armada Aquatics Masters-38	46.00	45.90
9	Deltorchio, Fred	68	Cala Maritime Aquatics Masters-38	53.54	51.49
10	Diers, Phil	67	SF Tsunami Masters-38	58.35	1:09.11

**Men 65-69 50 Yard Butterfly****PAC: 26.65 P 12/31/2009 JAMES E ELDER****NATL: 24.94 N 5/22/2010 RICHARD ABRAHAMS**

1	Cutting, Steve	67	Tvm Swimming-38	31.67	30.70
2	Spellberg, Geoff	69	North Bay Aquatics-38	31.50	31.14
3	Deming, James	65	Los Gatos Swim And Racquet Clu-38	33.00	31.31
4	Lindsay, William	68	Oakwood Athletic Club Masters-38	32.50	31.39
5	Washburn, Stephen	66	Albany Armada Aquatics Masters-38	32.50	31.52
6	St Marseille, Marc	65	Walnut Creek Masters-38	33.96	32.88
7	Tsugawa, Peter	67	Albany Armada Aquatics Masters-38	40.00	39.69
8	Pinto, Harlan	67	Menlo Masters-38	38.29	40.13
9	Bauer, David	69	Temescal Aquatic Masters-38	50.00	45.76
10	Diers, Phil	67	SF Tsunami Masters-38	1:01.54	1:07.19

**Men 65-69 100 Yard IM****PAC: 1:02.26 P 12/31/2009 RICHARD BURNS****NATL: 57.37 N 4/26/2019 RICK COLELLA**

1	Cutting, Steve	67	Tvm Swimming-38	1:14.67	1:09.75
2	Deming, James	65	Los Gatos Swim And Racquet Clu-38	1:15.00	1:10.75
3	Lindsay, William	68	Oakwood Athletic Club Masters-38	1:15.00	1:13.89
4	Spellberg, Geoff	69	North Bay Aquatics-38	1:16.50	1:16.31
5	St Marseille, Marc	65	Walnut Creek Masters-38	1:16.32	1:17.50
6	Pinto, Harlan	67	Menlo Masters-38	1:26.79	1:30.54
7	Huston, Michael	67	Orinda Aquatic Masters-38	1:35.00	1:30.66

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Men 65-69 100 Yard IM)**

8	Tsugawa, Peter	67	Albany Armada Aquatics Masters-38	1:30.00	1:31.13
9	Bauer, David	69	Temescal Aquatic Masters-38	1:33.00	1:33.69
10	Deltorchio, Fred	68	Cala Maritime Aquatics Masters-38	1:42.71	1:44.18
11	Diers, Phil	67	SF Tsunami Masters-38	2:10.17	2:32.29

**Men 70-74 50 Yard Freestyle****PAC: 24.81 P 5/2/2014 JAMES E ELDER****NATL: 24.13 N 5/4/2008 JEFF FARRELL**

1	Van Boer, Eric	70	Rolling Hills Mud Sharks-38	27.50	26.99
2	Dalton, Michael	70	Temescal Aquatic Masters-38	34.70	33.02
3	Kren, Alan	72	Manatee Aquatic Masters Inc-38	45.00	34.09
4	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	38.00	36.59

**Men 70-74 50 Yard Backstroke****PAC: 29.72 P 4/26/2015 RICHARD BURNS****NATL: 29.72 N 4/26/2015 RICHARD BURNS**

1	Van Boer, Eric	70	Rolling Hills Mud Sharks-38	33.50	32.79
2	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	41.00	39.90
3	Dalton, Michael	70	Temescal Aquatic Masters-38	43.20	41.89

**Men 70-74 50 Yard Breaststroke****PAC: 32.86 P 9/29/2013 DAVID R GILDEA****NATL: 31.70 N 4/30/2016 ROBERT STRAND**

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	42.00	40.89
2	Dalton, Michael	70	Temescal Aquatic Masters-38	44.20	43.00
3	Kren, Alan	72	Manatee Aquatic Masters Inc-38	55.00	45.70

**Men 70-74 50 Yard Butterfly****PAC: 27.69 P 5/13/2018 ANDREW M MCPHERSO****NATL: 26.92 N 4/26/2015 RICHARD ABRAHAMS**

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	41.00	38.17
2	Kren, Alan	72	Manatee Aquatic Masters Inc-38	50.00	40.61
3	Dalton, Michael	70	Temescal Aquatic Masters-38	47.50	44.05

**Men 70-74 100 Yard IM****PAC: 1:04.77 P 4/30/2017 ANDREW M MCPHERSO****NATL: 1:04.77 N 4/29/2017 ANDREW MCPHERSON**

1	Johanson, Jeff	70	Bret Harte Aquatic Masters-38	1:27.00	1:26.19
2	Dalton, Michael	70	Temescal Aquatic Masters-38	1:26.80	1:27.67
3	Kren, Alan	72	Manatee Aquatic Masters Inc-38	3:30.00	1:42.10

**Men 75-79 50 Yard Freestyle****PAC: 26.36 P 5/13/2018 JAMES E ELDER****NATL: 25.58 N 3/4/2012 JEFF FARRELL**

1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	28.50	28.47
2	Williams, Michael	75	Walnut Creek Masters-38	33.00	30.43
3	Firmin, Rob	76	Albany Armada Aquatics Masters-38	35.65	34.20
4	Wallach, Andrew	76	El Cerrito Aquatic Masters-38	1:00.00	47.31
5	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	1:00.00	55.41

## AAA Masters Splash &amp; Dash Sprint Pentathlon - 2/22/2025

Sanction #: 385-S004

Results - Saturday

## Men 75-79 50 Yard Backstroke

PAC: 30.90 P 4/26/2019 RICHARD BURNS

NATL: 30.90 N 4/26/2019 RICHARD BURNS

1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	33.96	34.63
2	Williams, Michael	75	Walnut Creek Masters-38	40.00	35.77
3	Firmin, Rob	76	Albany Armada Aquatics Masters-38	52.78	51.27
4	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	1:30.00	1:08.59

## Men 75-79 50 Yard Breaststroke

PAC: 35.93 P 3/24/2019 DAVID R GILDEA

NATL: 34.58 N 3/5/2017 MIKE FRESHLEY

1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	37.85	38.62
2	Williams, Michael	75	Walnut Creek Masters-38	42.00	39.78
3	Firmin, Rob	76	Albany Armada Aquatics Masters-38	42.59	41.70
4	Wallach, Andrew	76	El Cerrito Aquatic Masters-38	1:00.00	49.85
5	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	1:20.00	1:13.65

## Men 75-79 50 Yard Butterfly

PAC: 28.95 P 4/28/2019 RICHARD BURNS

NATL: 28.95 N 4/28/2019 RICHARD BURNS

1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	31.53	31.82
2	Williams, Michael	75	Walnut Creek Masters-38	35.00	33.19
---	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	2:00.00	DQ

## Men 75-79 100 Yard IM

PAC: 1:10.17 P 4/14/2019 RICHARD BURNS

NATL: 1:08.68 N 9/18/2016 MIKE FRESHLEY

1	Bernard, Alan	75	Tamalpais Aquatic Masters-38	1:14.39	1:13.98
2	Williams, Michael	75	Walnut Creek Masters-38	1:20.00	1:15.33
3	Firmin, Rob	76	Albany Armada Aquatics Masters-38	1:31.29	1:26.38
4	Wingerath, Michael	79	Cala Maritime Aquatics Masters-38	3:00.00	2:35.70
---	Wallach, Andrew	76	El Cerrito Aquatic Masters-38	2:00.00	DQ

## Mixed 18+ 200 Yard Freestyle Relay

PAC: 1:24.76 P 5/3/2014 TOC

N Adrian, K Raatz, K Kastes, A Ervin

NATL: 1:24.76 N 5/2/2014 THE OLYMPIC CLU

N ADRIAN, K RAATZ, K KASTES, A ERVIN

1	Manatee Aquatic Masters Inc-38	B	1:55.00	1:42.94
	1) Knell, Lissi W30	2) Akimoto, Reiko W32	3) Johns, Erick M24	4) Shapiro, Jake M32
2	El Cerrito Aquatic Masters-38	A	1:54.89	1:50.19
	1) Hilton, Phil M53	2) Henneberger, Violet W22	3) Ritter, Jennifer W47	4) O'Connor, Kellen M34
3	Manatee Aquatic Masters Inc-38	A	2:10.00	2:31.69
	1) Kren, Alan M72	2) Caso, Susie W78	3) Chachkin, Myra W56	4) Robb, George M64

## Mixed 18+ 200 Yard Medley Relay

PAC: 1:35.89 P 4/30/2016 TOC

A Saeta, C Babcock, A Senko, M Stipe

NATL: 1:35.89 N 4/30/2016 THE OLYMPIC CLU

A SAETA, C BABCOCK, A SENKO, M STIPE

1	Manatee Aquatic Masters Inc-38	A	2:05.00	1:57.98
	1) Shapiro, Jake M32	2) Knell, Lissi W30	3) Akimoto, Reiko W32	4) Johns, Erick M24
2	El Cerrito Aquatic Masters-38	A	NT	2:08.69
	1) Hilton, Phil M53	2) O'Connor, Kellen M34	3) Henneberger, Violet W22	4) Pock, Keri W40

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****Mixed 25+ 200 Yard Freestyle Relay****PAC: 1:27.70 P 4/27/2017 TOC****M Ballenger, K Raatz, M Marshall, S Greenwood****NATL: 1:27.70 N 4/28/2017 THE OLYMPIC CLU****M BALLENGER, K RAATZ, M MARSHALL, S GREENWOOD**

1	Manatee Aquatic Masters Inc-38	B	1:50.00	1:43.52
	1) Brinkmeyer, Justin M43	2) Ball, Chanel W35	3) Schmitz, Emily W36	4) Nisenbaum, Adam M47
2	Temescal Aquatic Masters-38	A	NT	1:50.13
	1) Nachman, Elizabeth W34	2) Ojalvo, Aaron M32	3) Boyd, Erika W57	4) Lopez, Marco M48
3	SF Tsunami Masters-38	A	2:00.00	1:51.24
	1) Chang, Serena W29	2) Hintermann, Alice W34	3) Crooks, Kevin M31	4) Biethan, Jonathan M40
4	Albany Armada Aquatics Masters	A	NT	1:58.73
	1) Ball, Nicole W36	2) Whitley, Tessa W32	3) Schmidt, Ethan M35	4) Kalhori, Pooneh W26
5	Temescal Aquatic Masters-38	C	NT	2:00.80
	1) Kates, Niki W26	2) Horton, Tom M66	3) Young, Rebecca W71	4) Hulti, Jacob M26
6	Temescal Aquatic Masters-38	B	NT	2:04.09
	1) Zheng, Emily W32	2) Keogh, Kevin M35	3) Lo, Theresa W49	4) Bauer, David M69

**Mixed 25+ 200 Yard Medley Relay****PAC: 1:35.76 P 4/30/2016 TOC****O'Donnell-McCarthy, C Burckle, J Dunford, M B****NATL: 1:35.20 N 4/26/2015 ARIZONA MASTERS****M GREVERS, A GREVERS, T DEBERRY, C VORRASI**

1	Manatee Aquatic Masters Inc-38	A	2:10.00	2:00.92
	1) Schulteis, Eva W32	2) Cruse, Michael M44	3) Ward, Matthew M47	4) Ball, Chanel W35
2	SF Tsunami Masters-38	A	2:30.00	2:05.09
	1) Chang, Serena W29	2) Hintermann, Alice W34	3) Francis, Matthew M52	4) Solomon, Alex M38
*3	Richmond Plunge Masters-38	A	2:08.00	2:11.64
	1) Taylor, Ron M64	2) Kneubuhler, Yann M52	3) Arteaga, Daniela W25	4) De Barros, Carolina W35
*3	Walnut Creek Masters-38	A	2:06.00	2:17.01
	1) Ying, Aston M49	2) Gu, Yue Shen M32	3) Darling, Colleen W50	4) Nichelman, Sherri W64
4	Temescal Aquatic Masters-38	C	NT	2:14.50
	1) Lo, Theresa W49	2) Hulti, Jacob M26	3) Lopez, Marco M48	4) Finertie, Holly W32
5	Temescal Aquatic Masters-38	B	NT	2:14.84
	1) Zheng, Emily W32	2) Eccles, Matthew M61	3) Kates, Niki W26	4) Keogh, Kevin M35
6	Albany Armada Aquatics Masters	A	NT	2:16.60
	1) Ball, Nicole W36	2) Kalhori, Pooneh W26	3) Schmidt, Ethan M35	4) Whitley, Tessa W32
7	Temescal Aquatic Masters-38	A	NT	2:17.50
	1) Boyd, Erika W57	2) Dalton, Michael M70	3) Ojalvo, Aaron M32	4) Nachman, Elizabeth W34
---	Sacramento Masters-38	A	2:40.00	DQ
	1) Sauder, Brandon M31	2) Lindner, Susie W58	3) Guthrie, Sally W74	4) Radzik, Brett M40

**Mixed 35+ 200 Yard Freestyle Relay****PAC: 1:32.51 P 5/11/2018 TOC****M T Marshall, N Watanabe, R V Shipp, S C Greenwood****NATL: 1:30.17 N 4/25/2004 ROCKY MOUNTAIN****K GARNIER, S VON DER LIPPE, J SMITH, P SMITH**

1	Sacramento Masters-38	A	2:11.00	1:51.58
	1) Frazier, Michael M48	2) Mockford, Samantha W38	3) Smith, Carrie W48	4) Smith, Stephen M58
2	Manatee Aquatic Masters Inc-38	A	1:53.50	1:55.26
	1) Ward, Matthew M47	2) Ward, Alexis W43	3) Rothschild, Beccah W51	4) Gardner, William M60
3	Orinda Aquatic Masters-38	A	2:20.00	2:08.47
	1) Lacuesta Byrum, Natalie W43	2) Fung, Steve M52	3) Tonge, Jacqueline W62	4) Kalas, Paul M57

**AAA Masters Splash & Dash Sprint Pentathlon - 2/22/2025****Sanction #: 385-S004****Results - Saturday****(Mixed 35+ 200 Yard Freestyle Relay)**

4	Sacramento Masters-38	B	2:20.00	2:10.32
	1) Knight-Williams, Valerie W61	2) Lange, Austin M37	3) Carter, Monica W63	4) Barajas, Nick M59
5	Sacramento Masters-38	C	2:35.00	2:17.70
	1) Radzik, Brett M40	2) Lindner, Susie W58	3) Burbage-Macaluso, Dan M61	4) Guthrie, Sally W74
6	Albany Armada Aquatics Masters	A	NT	2:45.14
	1) Raygoza, Mary W37	2) Focha, Teresa W64	3) Friedman, Eric M54	4) Ewing, Nancy W78

**Mixed 35+ 200 Yard Medley Relay****PAC: 1:42.15 P 5/11/2018 TOC****N Watanabe, T T Holsman, M T Marshall, R V Shipp****NATL: 1:39.85 N 5/22/2010 COLORADO MASTER****S HART, M EISENHUTH, C O'SULLIVAN, C SAPPEY**

1	Manatee Aquatic Masters Inc-38	A	2:05.00	1:58.02
	1) Brinkmeyer, Justin M43	2) Au Brinkmeyer, Lauren W40	3) Schultz, Jacob M49	4) Schmitz, Emily W36
2	Sacramento Masters-38	B	2:18.00	2:08.16
	1) Smith, Stephen M58	2) Smith, Carrie W48	3) Mockford, Samantha W38	4) Frazier, Michael M48
4	Sacramento Masters-38	A	2:25.00	2:18.55
	1) Lange, Austin M37	2) Knight-Williams, Valerie W61	3) Carter, Monica W63	4) Barajas, Nick M59
5	Orinda Aquatic Masters-38	A	2:50.00	2:24.56
	1) Huston, Michael M67	2) Tonge, Jacqueline W62	3) Peterson, Kyle M38	4) Lacuesta Byrum, Natalie W43
6	Albany Armada Aquatics Masters	A	NT	3:08.76
	1) Focha, Teresa W64	2) Firmin, Rob M76	3) Ewing, Nancy W78	4) Raygoza, Mary W37

**Mixed 45+ 200 Yard Freestyle Relay****PAC: 1:38.30 P 12/31/2010 WCM****G Remmert, Lisa Ward, BJ Henry, S Stahl****NATL: 1:34.48 N 5/4/2008 ARIZONA MASTERS****J SMITH, M BAILEY, S ROLLINS, P SMITH**

1	Manatee Aquatic Masters Inc-38	A	1:55.00	2:07.36
	1) Jen, Mark M55	2) Perry, Rebecca W60	3) Harmon, Perry M56	4) Brakeman, Jennifer W54
2	Walnut Creek Masters-38	A	2:02.00	2:09.18
	1) Ying, Aston M49	2) Nichelman, Sherri W64	3) Scott, Stephanie W77	4) Wada, Ellison M45

**Mixed 45+ 200 Yard Medley Relay****PAC: 1:50.35 P 12/31/2009 WCM****H Chao, L Ward, T Nootbaar, P Roemer****NATL: 1:44.02 N 5/4/2008 ARIZONA MASTERS****J SMITH, G MILLS, S ROLLINS, M BAILEY**

1	Manatee Aquatic Masters Inc-38	A	2:10.00	2:13.07
	1) Curry, Cindy W54	2) Nisenbaum, Adam M47	3) Brakeman, Jennifer W54	4) Gardner, William M60

**Mixed 55+ 200 Yard Medley Relay****PAC: 1:56.64 P 12/31/2009 TAM****R Burns, K Frost, L Val, J Eisenman****NATL: 1:50.70 N 4/8/2017 NORTH CAROLINA****F MCEACHRAN, N VESTAL, J KLEIN, S WALSH**

1	Manatee Aquatic Masters Inc-38	B	3:00.00	3:03.14
	1) Robb, George M64	2) Caso, Susie W78	3) Kren, Alan M72	4) Chachkin, Myra W56