

2025 The Olympic Club 1500 Meters Meet, Sanction #: 385-S001

Results - Saturday

Women 25-29 1500 SC Meter Freestyle

NATL: 16:36.07 N 3/31/1996 SHEILA TAORMINA

WORLD: 16:36.07 W 3/31/1996 Sheila TAORMINA

1	Orbach-Mandel, Hannah	28	University of Sa-38	18:21.44
2	Kukurugya, Hannah	27	The Olympic Club-38	19:10.64
3	Green, Lauren	26	The Olympic Club-38	19:45.49
4	Ladd, Catherine	29	The Olympic Club-38	19:58.97
5	Teng, Cathy	25	Menlo Masters-38	20:00.73
6	Sturzenegger, Selby	29	The Olympic Club-38	20:03.70
7	Zhao, Grace	26	The Olympic Club-38	20:21.99
8	Eggart, Ashley	27	Manatee Aquatic-38	22:56.80

Women 30-34 200 SC Meter Freestyle

NATL: 2:04.64 N 12/15/1996 K PIPES-NEILSEN

WORLD: 2:00.73 W 11/14/2018 Veronica BALSANO

1	Hwang, Jenn	33	Walnut Creek Mas-38	2:42.89
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Women 30-34 400 SC Meter Freestyle

NATL: 4:17.82 N 12/4/2011 DAWN HECKMAN

WORLD: 4:14.56 W 10/28/2017 Sophie CASSON

1	Hwang, Jenn	33	Walnut Creek Mas-38	5:42.60
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Women 30-34 800 SC Meter Freestyle

NATL: 8:38.58 N 12/4/2011 DAWN HECKMAN

WORLD: 8:38.58 W 12/4/2011 Dawn HECKMAN

1	Hwang, Jenn	33	Walnut Creek Mas-38	11:47.58
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Women 30-34 1500 SC Meter Freestyle

NATL: 16:26.93 N 12/2/2011 DAWN HECKMAN

WORLD: 16:26.93 W 12/2/2011 Dawn HECKMAN

1	Arnold, Allison	33	The Olympic Club-38	17:42.29
2	Lee, Felicia	33	The Olympic Club-38	18:24.63
3	Knell, Lissi	31	Manatee Aquatic-38	19:38.26
4	Pedote, Elyssa	32	The Olympic Club-38	20:06.25
5	Clute, Deirdre	33	The Olympic Club-38	20:12.02
6	Hwang, Jenn	33	Walnut Creek Mas-38	22:19.68
7	Woo, Emily	30	Marcia's Enthusi-38	23:49.38
8	Bindert, Kaitlin	31	Manatee Aquatic-38	25:43.49

Women 35-39 1500 SC Meter Freestyle

NATL: 16:52.94 N 9/27/2015 HEIDI GEORGE

WORLD: 16:52.94 W 9/27/2015 Heidi GEORGE

1	Li, Jing	37	San Mateo Master-38	19:23.86
2	Monsees, Courtney	36	The Olympic Club-38	20:03.95
3	McBride, Beth	35	Marcia's Enthusi-38	22:09.49
4	Adams, Lindsey	36	Richmond Plunge-38	31:46.15

Women 40-44 400 SC Meter Freestyle

NATL: 4:21.75 N 12/14/2003 K PIPES-NEILSEN

WORLD: 4:21.75 W 12/14/2003 K.PIPES-NEILSEN

1	Anderson, Annie	44	Davis Aquatic Ma-38	5:48.95
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Women 40-44 800 SC Meter Freestyle

NATL: 8:55.95 N 12/3/2017 HEIDI GEORGE

WORLD: 8:55.34 W 1/24/2016 Kirsten CAMERON

1	Anderson, Annie	44	Davis Aquatic Ma-38	11:45.29
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Women 40-44 1500 SC Meter Freestyle

NATL: 16:50.92 N 12/1/2017 HEIDI GEORGE

WORLD: 16:50.92 W 12/1/2017 Heidi GEORGE

1	Marcus, Golda	42	Burlingame Aquat-38	18:19.40
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2	Hardin, Meghan	44	North Bay Aquati-38	19:08.79
3	Anderson, Annie	44	Davis Aquatic Ma-38	22:13.86
4	Stutz, Kathleen	43	Swim Fort Lauder-50	26:19.06

Women 45-49 400 SC Meter Freestyle

NATL: 4:24.86 N 8/1/1921 HEIDI GEORGE

WORLD: 4:24.86 W 8/1/2021 Heidi GEORGE

1	George, Heidi	49	UC38-00	4:34.93
2	Nehrebecki, Helene	45	Davis Aquatic Ma-38	5:59.07

Women 45-49 800 SC Meter Freestyle

NATL: 9:01.09 N 1/28/1923 HEIDI GEORGE

WORLD: 9:01.09 W 1/28/2023 Heidi GEORGE

1	George, Heidi	49	UC38-00	9:14.30
2	Nehrebecki, Helene	45	Davis Aquatic Ma-38	12:00.34

Women 45-49 1500 SC Meter Freestyle

NATL: 17:01.27 N 1/28/1923 HEIDI GEORGE

WORLD: 17:01.27 W 1/28/2023 Heidi GEORGE

1	George, Heidi	49	UC38-00	17:23.52
2	Nehrebecki, Helene	45	Davis Aquatic Ma-38	22:19.55
3	Briggs, Stephanie	46	Walnut Creek Mas-38	28:49.88

Women 50-54 400 SC Meter Freestyle

NATL: 4:33.86 N 10/17/1921 ALISON ZAMANIAN

WORLD: 4:33.86 W 10/17/2021 Alison ZAMANIAN

1	Dussliere, Julie	53	Swim Fort Lauder-50	8:03.05
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Women 50-54 800 SC Meter Freestyle

NATL: 9:23.30 N 10/16/1921 ALISON ZAMANIAN

WORLD: 9:23.30 W 10/16/2021 Alison ZAMANIAN

1	Dussliere, Julie	53	Swim Fort Lauder-50	11:30.53
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Women 50-54 1500 SC Meter Freestyle

NATL: 17:47.04 N 1/29/1922 ALISON ZAMANIAN

WORLD: 17:47.04 W 1/29/2022 Alison ZAMANIAN

1	Pledger, Abby	51	North Bay Aquati-38	20:02.02
2	Dussliere, Julie	53	Swim Fort Lauder-50	21:47.36
3	Edelmann, Friederike	54	Marcia's Enthusi-38	23:34.40
4	Singh, Jo	53	Menlo Masters-38	26:13.84
5	Ongerth, Ann Michelle	51	Walnut Creek Mas-38	28:37.66

Women 55-59 200 SC Meter Freestyle

NATL: 2:12.03 N 12/8/2019 ELLEN REYNOLDS

WORLD: 2:13.22 W 12/3/2023 Ellen REYNOLDS

1	Garforth, Emma	57	Davis Aquatic Ma-38	2:53.29
2	Attwell, Carrie	55	The Olympic Club-38	3:00.70

Women 55-59 400 SC Meter Freestyle

NATL: 4:42.97 N 10/4/2009 LAURA VAL

WORLD: 4:37.35 W 1/23/2016 Lynn MARSHALL

1	Zamanian, Alison	55	Walnut Creek Mas-38	4:46.74
2	Goldberg, Michelle	57	Davis Aquatic Ma-38	5:25.10
3	Shu, Vicki	57	Marcia's Enthusi-38	5:46.42
4	Garforth, Emma	57	Davis Aquatic Ma-38	5:49.35
5	Attwell, Carrie	55	The Olympic Club-38	6:06.34

Women 55-59 800 SC Meter Freestyle

NATL: 9:46.35 N 10/13/2018 JILL HERNANDEZ

WORLD: 9:32.63 W 4/23/2017 Lynn MARSHALL

1	Zamanian, Alison	55	Walnut Creek Mas-38	9:45.64N
2	Goldberg, Michelle	57	Davis Aquatic Ma-38	10:57.29

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Results - Saturday

(Women 55-59 800 SC Meter Freestyle)

3	Shu, Vicki	57	Marcia's Enthusi-38	11:35.85
4	Garforth, Emma	57	Davis Aquatic Ma-38	11:36.85
5	Attwell, Carrie	55	The Olympic Club-38	12:15.39

Women 55-59 1500 SC Meter Freestyle

NATL: 18:43.73 N 1/16/2010 LAURA VAL
 WORLD: 18:01.79 W 4/23/2017 Lynn MARSHALL

1	Zamanian, Alison	55	Walnut Creek Mas-38	18:35.38N
2	Goldberg, Michelle	57	Davis Aquatic Ma-38	20:40.28
3	Shu, Vicki	57	Marcia's Enthusi-38	21:36.84
4	Garforth, Emma	57	Davis Aquatic Ma-38	21:37.98
5	Attwell, Carrie	55	The Olympic Club-38	23:02.93
6	Ferguson, Michelle	58	Albany Armada Aq-38	23:30.16
7	de la Torre, Yasuko	55	Marcia's Enthusi-38	24:00.90
8	Maroon, Anne	59	Marcia's Enthusi-38	25:09.84
9	Voight, Tina	56	Marcia's Enthusi-38	25:40.33

Women 60-64 50 SC Meter Freestyle

NATL: 29.22 N 12/7/1924 COLLETTE SAPPEY
 WORLD: 28.50 W 5/26/2018 Jenny WHITELEY

2	Focha, Teresa	64	Albany Armada Aq-38	54.80
3	Carroll, Leah	64	Albany Armada Aq-38	1:01.92

Women 60-64 100 SC Meter Freestyle

NATL: 1:01.80 N 12/6/1924 ELLEN REYNOLDS
 WORLD: 1:02.60 W 10/13/2018 Jenny WHITELEY

1	Phalen, Jennifer	61	Davis Aquatic Ma-38	1:32.49
2	Focha, Teresa	64	Albany Armada Aq-38	1:56.23
3	Carroll, Leah	64	Albany Armada Aq-38	2:11.21

Women 60-64 200 SC Meter Freestyle

NATL: 2:13.66 N 5/24/1924 ELLEN REYNOLDS
 WORLD: 2:13.66 W 5/24/2024 Ellen REYNOLDS

1	Delmage, Arlene	63	Oregon Masters-37	2:47.19
2	Phalen, Jennifer	61	Davis Aquatic Ma-38	3:10.26
*3	Focha, Teresa	64	Albany Armada Aq-38	4:00.15
*3	Carroll, Leah	64	Albany Armada Aq-38	5:38.34

Women 60-64 400 SC Meter Freestyle

NATL: 4:42.58 N 5/25/1924 ELLEN REYNOLDS
 WORLD: 4:42.58 W 5/25/2024 Ellen REYNOLDS

*1	Delmage, Arlene	63	Oregon Masters-37	5:39.37
*1	Focha, Teresa	64	Albany Armada Aq-38	8:03.05
2	Phalen, Jennifer	61	Davis Aquatic Ma-38	6:35.92
3	Carroll, Leah	64	Albany Armada Aq-38	10:19.25

Women 60-64 800 SC Meter Freestyle

NATL: 9:43.40 N 12/8/1924 ELLEN REYNOLDS
 WORLD: 9:55.61 W 3/18/2023 Lynn MARSHALL

1	Delmage, Arlene	63	Oregon Masters-37	11:31.25
2	Phalen, Jennifer	61	Davis Aquatic Ma-38	13:31.94
3	Focha, Teresa	64	Albany Armada Aq-38	16:11.39
4	Carroll, Leah	64	Albany Armada Aq-38	19:44.36

Women 60-64 1500 SC Meter Freestyle

NATL: 18:47.25 N 5/26/1924 ELLEN REYNOLDS
 WORLD: 18:47.25 W 5/26/2024 Ellen REYNOLDS

1	Sepulvado, Patricia	61	Sacramento Maste-38	21:14.47
2	Delmage, Arlene	63	Oregon Masters-37	21:47.46

3	Russell, Jane	62	Davis Aquatic Ma-38	23:00.02
4	Taylor, Catherine	62	Walnut Creek Mas-38	23:22.63
5	Phalen, Jennifer	61	Davis Aquatic Ma-38	25:32.69
6	Focha, Teresa	64	Albany Armada Aq-38	30:24.13
7	Carboni, Lisa	64	Marcia's Enthusi-38	31:40.12
8	Carroll, Leah	64	Albany Armada Aq-38	36:24.97

Women 65-69 50 SC Meter Freestyle

NATL: 29.30 N 11/19/2016 LAURA VAL
 WORLD: 29.30 W 11/19/2016 Laura VAL

1	Meyer, Marguerite	66	The Olympic Club-38	39.73
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Women 65-69 100 SC Meter Freestyle

NATL: 1:04.40 N 12/1/2017 LAURA VAL
 WORLD: 1:04.40 W 12/1/2017 Laura VAL

1	Meyer, Marguerite	66	The Olympic Club-38	1:22.95
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Women 65-69 200 SC Meter Freestyle

NATL: 2:23.26 N 11/18/2017 LAURA VAL
 WORLD: 2:23.26 W 11/18/2017 Laura VAL

1	Meyer, Marguerite	66	The Olympic Club-38	2:52.19
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Women 65-69 400 SC Meter Freestyle

NATL: 5:02.08 N 9/24/2017 LAURA VAL
 WORLD: 5:02.08 W 9/24/2017 Laura VAL

1	Meyer, Marguerite	66	The Olympic Club-38	5:52.74
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Women 65-69 800 SC Meter Freestyle

NATL: 10:34.67 N 1/30/2016 LAURA VAL
 WORLD: 10:34.67 W 1/30/2016 Laura VAL

1	Meyer, Marguerite	66	The Olympic Club-38	11:56.00
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Women 65-69 1500 SC Meter Freestyle

NATL: 20:05.72 N 1/28/1923 S HEIM-BOWEN
 WORLD: 20:05.72 W 1/28/2023 Suzanne HEIM

1	Walts, Merrie	65	Santa Rosa Maste-38	21:31.15
2	Oliver, Karen	65	UC34-00	21:58.43
3	Meyer, Marguerite	66	The Olympic Club-38	22:30.35

Women 70-74 50 SC Meter Freestyle

NATL: 30.55 N 12/3/1922 LAURA VAL
 WORLD: 30.55 W 12/3/2022 Laura VAL

1	Helmrich, Susan	70	Streamliners-38	41.82
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Women 70-74 100 SC Meter Freestyle

NATL: 1:06.02 N 12/1/1923 LAURA VAL
 WORLD: 1:06.02 W 12/1/2023 Laura VAL

1	Helmrich, Susan	70	Streamliners-38	1:27.50
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Women 70-74 200 SC Meter Freestyle

NATL: 2:25.35 N 12/3/1923 LAURA VAL
 WORLD: 2:25.35 W 12/3/2023 Laura VAL

1	Helmrich, Susan	70	Streamliners-38	3:00.54
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Women 70-74 400 SC Meter Freestyle

NATL: 5:18.26 N 2/26/1923 LAURA VAL
 WORLD: 5:18.26 W 2/26/2023 Laura VAL

1	Helmrich, Susan	70	Streamliners-38	6:04.89
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Women 70-74 800 SC Meter Freestyle

NATL: 11:02.83 N 12/7/1924 N STEADMAN MARTIN
 WORLD: 11:04.36 W 1/7/2024 N.STEADMAN MARTIN

1	Helmrich, Susan	70	Streamliners-38	12:12.10
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Results - Saturday

Women 70-74 1500 SC Meter Freestyle

NATL: 20:55.09 N 12/7/1924 N STEADMAN MARTIN

WORLD: 20:57.13 W 1/7/2024 N.STEADMAN MARTIN

1	Helmrich, Susan	70	Streamliners-38	22:55.21
2	Quinn, Phyllis	70	The Olympic Club-38	26:09.77
3	Larson, Linda	70	Swim Fort Lauder-50	26:40.50

Women 75-79 800 SC Meter Freestyle

NATL: 13:05.40 N 11/14/1921 CAROLYN BOAK

WORLD: 12:25.61 W 5/12/2013 Yoshiko OSAKI

1	Guthrie, Sally	75	Sacramento Maste-38	13:28.31
2	Scott, Stephanie	78	Walnut Creek Mas-38	15:30.41

Women 75-79 1500 SC Meter Freestyle

NATL: 25:24.69 N 12/1/1923 MARCIA BARRY

WORLD: 24:04.75 W 11/26/2006 Jane ASHER

1	Guthrie, Sally	75	Sacramento Maste-38	25:30.70
2	Scott, Stephanie	78	Walnut Creek Mas-38	29:00.35
3	Ewing, Nancy	78	Albany Armada Aq-38	40:00.57

Women 80-84 400 SC Meter Freestyle

NATL: 7:20.96 N 11/11/2007 JEAN TROY

WORLD: 6:23.17 W 10/20/2019 Yoshiko OSAKI

1	Webb, Linda	80	Swim Fort Lauder-50	7:56.03
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Women 80-84 800 SC Meter Freestyle

NATL: 14:56.40 N 11/3/2019 ANNE WILLIAMS

WORLD: 12:49.43 W 6/11/2011 Jane ASHER

1	Webb, Linda	80	Swim Fort Lauder-50	16:58.60
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Women 80-84 1500 SC Meter Freestyle

NATL: 28:07.36 N 11/3/2019 ANNE WILLIAMS

WORLD: 25:45.37 W 6/11/2011 Jane ASHER

1	Webb, Linda	80	Swim Fort Lauder-50	30:04.11
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Men 25-29 1500 SC Meter Freestyle

NATL: 15:41.81 N 12/14/1997 ALEX KOSTICH

WORLD: 15:05.08 W 5/26/2024 Sebastian PAULINS

1	Ransford, Patrick	29	The Olympic Club-38	16:21.74
2	Jacobsen, Carter	28	The Olympic Club-38	17:49.08
3	McQuet, Murphy	28	The Olympic Club-38	17:55.38
4	Song, Andy	27	The Olympic Club-38	18:14.42
5	Millis, Kyle	26	The Olympic Club-38	18:49.65
6	Poppe, Hank	27	The Olympic Club-38	18:59.02
7	Arvidsson, Karl	27	The Olympic Club-38	19:25.89
8	Dang, Kevin	27	The Olympic Club-38	19:33.98

Men 30-34 1500 SC Meter Freestyle

NATL: 15:30.92 N 1/26/2019 CHAD LA TOURETTE

WORLD: 15:30.92 W 1/26/2019 Chad LA TOURETTE

1	Solaeche, Eduardo	32	The Olympic Club-38	18:20.65
2	Malone, Reed	30	The Olympic Club-38	18:38.55
3	Mackrel, Julian	30	The Olympic Club-38	19:09.00
4	Frayler, Arthur	32	Gator Swim Club-14	19:17.12
5	Gu, Yue Shen	32	Walnut Creek Mas-38	22:50.16
6	Bautista, Jair	33	Sacramento Maste-38	23:57.37

Men 35-39 1500 SC Meter Freestyle

NATL: 15:41.78 N 1/28/1923 CHAD LA TOURETTE

WORLD: 15:41.78 W 1/28/2023 Chad LA TOURETTE

1	La Tourette, Chad	37	The Olympic Club-38	16:35.63
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2	Sakamoto, Noa	39	UC38-00	18:02.10
3	Wall, Daniel	36	The Olympic Club-38	18:36.16

Men 40-44 400 SC Meter Freestyle

NATL: 4:01.32 N 10/4/2009 ERIK HOCHSTEIN

WORLD: 4:00.67 W 11/7/2004 Kai DITZEL

1	Song, Jimmy	42	Marcia's Enthusi-38	5:55.78
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Men 40-44 800 SC Meter Freestyle

NATL: 8:21.78 N 12/4/2011 ALEX KOSTICH

WORLD: 8:15.69 W 2/25/2017 Samuele PAMPANA

1	Song, Jimmy	42	Marcia's Enthusi-38	11:50.26
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Men 40-44 1500 SC Meter Freestyle

NATL: 16:09.32 N 12/4/2009 MIKE SHAFFER

WORLD: 15:51.60 W 2/21/2016 Samuele PAMPANA

1	Rinehart, Billy	43	The Olympic Club-38	20:49.48
2	Song, Jimmy	42	Marcia's Enthusi-38	22:04.37

Men 45-49 1500 SC Meter Freestyle

NATL: 16:37.25 N 10/15/2011 KEITH SWITZER

WORLD: 16:08.41 W 2/25/2023 Nicola NISATO

1	Wada, Ellison	46	Walnut Creek Mas-38	23:38.82
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Men 50-54 400 SC Meter Freestyle

NATL: 4:07.99 N 12/10/2000 JIM MCCONICA

WORLD: 4:04.48 W 1/29/2017 Nicolas GRANGER

1	Rosales-Delmoral, Romer	52	Menlo Masters-38	5:07.08
2	Wright, Eric	52	UC38-00	5:16.26

Men 50-54 800 SC Meter Freestyle

NATL: 8:44.51 N 12/10/2000 JIM MCCONICA

WORLD: 8:33.74 W 11/17/2018 Fabio CALMASINI

1	Rosales-Delmoral, Romer	52	Menlo Masters-38	10:20.83
2	Wright, Eric	52	UC38-00	10:41.48

Men 50-54 1500 SC Meter Freestyle

NATL: 16:33.02 N 12/10/2000 JIM MCCONICA

WORLD: 16:23.36 W 2/22/2020 Fabio CALMASINI

1	Rosales-Delmoral, Romer	52	Menlo Masters-38	19:34.73
2	Wright, Eric	52	UC38-00	20:05.94
3	Wehmann, Todd	53	Marcia's Enthusi-38	20:49.64
4	Lehnert, Ahren	52	Marcia's Enthusi-38	22:50.82

Men 55-59 1500 SC Meter Freestyle

NATL: 17:14.15 N 10/2/2005 JIM MC CONICA

WORLD: 16:59.70 W 6/4/2022 Brent FOSTER

1	Wells, Barton	58	UC38-00	17:45.65
2	Devlin, Patrick	59	The Olympic Club-38	29:02.11

Men 60-64 200 SC Meter Freestyle

NATL: 2:01.65 N 11/21/2015 RICK COLELLA

WORLD: 2:01.65 W 11/21/2015 Rick COLELLA

1	Tom, Daniel	61	Menlo Masters-38	2:43.58
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Men 60-64 400 SC Meter Freestyle

NATL: 4:29.92 N 12/2/2017 DAN STEPHENSON

WORLD: 4:27.57 W 10/15/2022 Arnaldo PEREZ

1	Chao, Hector	61	Walnut Creek Mas-38	5:09.01
2	Tom, Daniel	61	Menlo Masters-38	5:40.02
3	Wu, Long	60	Marcia's Enthusi-38	7:21.87

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Results - Saturday

Men 60-64 800 SC Meter Freestyle

NATL: 9:14.50 N 12/2/2018 ANDREW BRAY

WORLD: 9:07.78 W 10/14/2022 Arnaldo PEREZ

1	Shaffer, Mike	60	Club Hot Tub-38	9:44.66
2	Allen, Rob	60	Ventura County M-33	10:03.19
3	Chao, Hector	61	Walnut Creek Mas-38	10:32.06
4	Tom, Daniel	61	Menlo Masters-38	11:49.23
5	Wu, Long	60	Marcia's Enthusi-38	14:49.28

Men 60-64 1500 SC Meter Freestyle

NATL: 17:34.51 N 1/29/1922 ARNALDO PEREZ

WORLD: 17:34.51 W 1/29/2022 Arnaldo PEREZ

1	Shaffer, Mike	60	Club Hot Tub-38	18:16.38
2	Allen, Rob	60	Ventura County M-33	18:51.10
3	Arris, Todd	60	The Olympic Club-38	19:21.18
4	Spitzler, David	62	Burlingame Aquat-38	19:26.46
5	Notaro, Michael	63	Manatee Aquatic-38	20:17.28
6	Chao, Hector	61	Walnut Creek Mas-38	20:39.28
7	Boyce, Albert	61	The Olympic Club-38	21:08.79
8	Tom, Daniel	61	Menlo Masters-38	23:03.31
9	Gooch, Gary	60	The Olympic Club-38	25:20.26
10	Wu, Long	60	Marcia's Enthusi-38	27:48.98
11	deBenedetti, John	63	The Olympic Club-38	31:10.14

Men 65-69 1500 SC Meter Freestyle

NATL: 18:53.75 N 4/2/2015 JIM MC CONICA

WORLD: 18:26.04 W 6/3/1923 Djan MADRUGA

1	Washburn, Stephen	67	Albany Armada Aq-38	22:01.69
2	Campbell, Frank	67	Rose Bowl Master-33	23:33.92
3	Coombs, Craig	65	University of Sa-38	24:45.03
4	Clancy, Thomas	68	Albany Armada Aq-38	26:15.72
5	Hern, Steve	66	Davis Aquatic Ma-38	26:32.82

Men 70-74 400 SC Meter Freestyle

NATL: 4:46.78 N 1/30/1922 RICK COLELLA

WORLD: 4:46.78 W 1/30/2022 Rick COLELLA

1	Citron, Jeffrey	70	Marcia's Enthusi-38	6:14.66
2	Small, Stephen	73	Marcia's Enthusi-38	6:38.52

Men 70-74 800 SC Meter Freestyle

NATL: 9:36.64 N 1/30/1922 RICK COLELLA

WORLD: 9:36.64 W 1/30/2022 Rick COLELLA

1	Guadagni, Peter	70	Walnut Creek Mas-38	11:19.76
2	Citron, Jeffrey	70	Marcia's Enthusi-38	12:37.05
3	Anderson, Bob	70	Menlo Masters-38	13:32.39
4	Small, Stephen	73	Marcia's Enthusi-38	13:40.97

Men 70-74 1500 SC Meter Freestyle

NATL: 18:29.71 N 1/30/1922 RICK COLELLA

WORLD: 18:29.71 W 1/30/2022 Rick COLELLA

1	Guadagni, Peter	70	Walnut Creek Mas-38	21:19.51
2	Citron, Jeffrey	70	Marcia's Enthusi-38	23:33.71
3	Small, Stephen	73	Marcia's Enthusi-38	25:41.74
4	Anderson, Bob	70	Menlo Masters-38	25:54.60

Men 75-79 100 SC Meter Freestyle

NATL: 1:04.80 N 10/13/2019 DAVID QUIGGIN

WORLD: 1:04.80 W 10/13/2019 David QUIGGIN

1	Winterrowd, Dan	75	Marcia's Enthusi-38	1:35.76
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Men 75-79 200 SC Meter Freestyle

NATL: 2:26.87 N 11/18/1923 DAN KIRKLAND

WORLD: 2:26.87 W 11/18/2023 Dan KIRKLAND

2	Winterrowd, Dan	75	Marcia's Enthusi-38	3:16.29
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Men 75-79 400 SC Meter Freestyle

NATL: 5:09.95 N 3/11/1923 DAN KIRKLAND

WORLD: 5:09.95 W 3/11/2023 Dan KIRKLAND

1	Winterrowd, Dan	75	Marcia's Enthusi-38	6:39.05
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Men 75-79 800 SC Meter Freestyle

NATL: 10:40.84 N 2/5/1923 DAN KIRKLAND

WORLD: 10:40.84 W 2/5/2023 Dan KIRKLAND

1	Winterrowd, Dan	75	Marcia's Enthusi-38	13:27.72
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Men 75-79 1500 SC Meter Freestyle

NATL: 20:18.58 N 2/5/1923 DAN KIRKLAND

WORLD: 20:18.58 W 2/5/2023 Dan KIRKLAND

1	Winterrowd, Dan	75	Marcia's Enthusi-38	25:18.00
2	Faust, Leland	79	The Olympic Club-38	29:04.44
3	Crockett, Robert	77	Menlo Masters-38	33:19.57
4	Feiring, Keith	78	Walnut Creek Mas-38	33:56.93
5	Moore, Michael	75	Sierra Nevada Ma-38	38:11.45