

WALNUT CREEK MASTERS
2018 Pacific Masters Short Course Championships April 6-8

Sanctioned by Pacific Master Swimming for USMS Inc.

Sanction #388-S008

Pool: Soda Aquatic Center, Campolindo High School. 25 yd x 50 meter outdoor heated pool. Eighteen lanes are available for competition. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. There will be 8 lanes for warm up and cool down. Locker rooms and additional restrooms are available. The primary timing system will be automatic timing. Times may be submitted for USMS records and USMS Top 10 consideration.

Location: 300 Moraga Road, Moraga, CA 94556.

Directions: Drive to the City of Lafayette. From eastbound Highway 24, take Central Lafayette (Oak Hill Rd.) Turn right on Oak Hill Ln. Turn left onto Mt. Diablo Blvd. Then turn right onto Moraga Blvd. From westbound Highway 24 take Central Lafayette/Moraga (EXIT 18) offramp. Turn right onto Deer Hill Rd. Take the first right onto 1st St. Turn right onto Mt. Diablo Blvd. and then left onto Moraga Blvd. Continue west on Moraga Rd. In approximately 2.3 miles 300 Moraga Rd. (Campolindo High School/Soda Aquatic Center) will be on your right.

Hotel: A special group rate has been arranged at the Lafayette Park Hotel (3.3 miles from pool) for the nights of April 6 & 7. For reservations call (855) 382- 8632 and mention Pacific Master Swimming Block. All reservations must be made by March 6, 2018.

Time: Friday: Check-in and warm-up at 8:00 a.m., meet starts at 9:00 a.m. with the combined 1650 heats on both courses. **Saturday and Sunday:** Check-in and warm-up at 7:00 a.m., meet starts at 8:30 a.m. with the women's heats on both courses.

Check-In: This is a Pre-Seeded meet. Swimmers are considered checked-in for all individual events with a distance of 200 yards and less. Online check-in on SwimPhone.com will be available for the 1650 and 400 IM from 6:00 p.m. April 4 until 5:00 a.m. April 6.

Events 1 & 2 1650 free	8:30 a.m.	(Friday)
Event 7 Women's 400 IM	11:30 a.m.	(Friday)
Event 8 Men's 400 IM	12:00 p.m.	(Friday)
Event 11 Women's 500 free	8:00 a.m.	(Saturday)
Event 12 Men's 500 free	8:20 a.m.	(Saturday)
Events 55 & 56 1000 free	11:00 a.m.	(Sunday)

Relays: Deck entered on yellow relay cards. Fees for RELAYS are \$8.00 per relay. Swimmers may swim in either the gender or mixed relay of a particular type, but not both. Cards must show correct first and last names and correct age for each swimmer. Relay swimmers not participating in individual events must enter online (no charge) and bring a copy of their entry confirmation to the meet. Team relay tabs are acceptable with a blank check payable to Pacific Masters Swimming.

TWO OPTIONS FOR MEET ENTRY:

Option 1 – Online Meet Entry: (deadline: 11:59 p.m., Wednesday, March 28, 2018). Enter this meet at:

https://www.clubassistant.com/club/meet_information.cfm?c=1301&smid=9891

You will receive an immediate entry confirmation via email. Relay only swimmers must enter online (no charge) between March 29 and April 5 and bring a copy of their entry confirmation to the meet.

Option 2 – Traditional Mailed: (Entries must be postmarked by 11:59 p.m. Friday, March 23, 2018 and received by 5:00 p.m. Monday March 26, 2018. Entries must be on a Consolidated Entry Form. Mail form with a copy of your 2018 USMS Card, and check payable to Walnut Creek Masters to the below address. (To confirm your entry include a stamped envelope or post card.)

Address for Mailed Entries

Walnut Creek Masters Meet Entries c/o Gordon Bell
511 La Vista Road
Walnut Creek, CA 94598

Note: No late or deck entries will be accepted. No refunds will be made. Incomplete entries cannot be processed and will be returned. The Meet Director is forbidden to accept late or incomplete entries

Event Limits and Seeding: Enter Yard times for seeding purposes. Swimmers may enter no more than five individual events per day and a total of seven for the three days. Because this is a Championship meet NT (No Time) entries are not allowed. All events will be seeded FASTEST to SLOWEST.

Entry Fees: \$18 for one event, \$38 for 2-4 events, and \$43 for 5-7 events.

Relay Entry Fees: \$8 for each relay. Relay entry fee is discounted to \$5 if submitted by 3 p.m. Friday, April 6.

Scoring and Awards: Individual events: 21-19-18-17-16-15-14-13-12-11-10-9-8-7-6-5-4-3-2-1 and double for relays for each age group. *NOTE* Only two relay teams per club may score per age group of a relay. Ribbons will be presented first through eighth place. High point awards for each gender and age group. Team awards will be given for the top three teams in large, medium and small divisions.

Snack Bar: Available throughout the meet. **Program:** Available for \$5.00

Head Referees: John King **Admin Referees:** Chris Ottati and Marie Lin

Meet Directors: Gordon Bell, gordon.ed.bell@gmail.com and Allison Dibley

Events: Women = Odd Men = Even

The last heat of the 1650 and 1000 Free will be swum in the first available course where all other heats have been completed. Women & Men events will be combined.

Friday, April 6, 2017 - Warm-ups begin at 8:00 AM Meet starts at 9:00 AM

1	1650 Y Free	(Women and Men swim together)
3	800 Y Free Relay	Women
5	800 Y Mixed Free Relay	
6	800 Y Free Relay	Men
7 – 8	400 Y IM	
9 – 10	200 Y Free	

Saturday, April 7, 2017 - Warm-ups begin at 7:00 AM Meet starts at 8:30 AM

11 – 12	500 Y Free	
13 – 14	50 Y Back	
15 – 16	200 Y Breast	
17 – 18	100 Y Fly	
19	400 Y Free Relay	Women
21	400 Y Mixed Free Relay	
22	400 Y Free Relay	Men
23 – 24	200 Y IM	
25 – 26	200 Y Back	
27 – 28	50 Y Fly	
29	400 Y Medley Relay	Women
31	400 Y Mixed Medley Relay	
32	400 Y Medley Relay	Men

Sunday, April 8, 2017 - Warm-ups begin at 7:00 AM Meet starts at 8:30 AM

33 – 34	100 Y Free	
35 – 36	50 Y Breast	
37 - 38	200 Y Fly	
39 - 40	100 Y Back	
41	200 Y Free Relay	Women
43	200 Y Mixed Free Relay	
44	200 Y Free Relay	Men
45 – 46	100 Y IM	
47 – 48	50 Y Free	
49 - 50	100 Y Breast	
51	200 Y Medley Relay	Women
53	200 Y Mixed Medley Relay	
54	200 Y Medley Relay	Men
55	1000 Y Free	(Women and Men swim together)