

# Rinconada Masters Spring Short Course Meet

## Saturday, March 16, 2019

Sanctioned by Pacific Master Swimming Inc. for USMS Inc., Sanction No: 389-S008

**Location:** Rinconada Pool. Embarcadero and Newell Road. Palo Alto.

HWY 101 exit Embarcadero west to Newell Rd. Park on Embarcadero Rd. or turn right on Newell. From 280, exit Page Mill east. Page Mill becomes Oregon Expressway east of El Camino Real. Turn north (left) on Middlefield, east (right) on Embarcadero to Newell Rd.

**Facility:** 14 lane x 25 yd pool (8 competition, 5 warm-up /down, 1 buffer). The primary timing system will be semiautomatic timing with two buttons and times can be submitted for USMS Top 10. Times cannot be submitted for USMS records. Note: Timing system is push button only with no pads. The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. Snack Bar available.

**Time:** Warm-up 7:30am - 8:45 am. Meet starts at 9:00 am.

**Check In:** Swimmers in events #1-2 must check in before 8:30 am. All others must check in at least 30 minutes before the estimated start of their event.

**Entries:** Swimmers may swim up to 5 individual events. **Note: All swimmers must be registered (numbers on file) with USMS to enter this meet.**

Option 1 – Online Entry (No Refunds) – Due by 11:59 pm, Wednesday, March 13, 2019. Enter at: [https://www.clubassistant.com/club/meet\\_information.cfm?c=1469&smid=11522](https://www.clubassistant.com/club/meet_information.cfm?c=1469&smid=11522). You will receive immediate confirmation of acceptance via email. The “billing information” email must be brought to the meet as proof of entry. Online entry requires payment by credit card using our secure site. The cost to online enter this meet is a surcharge of \$10.00 per swimmer and \$6.00 per individual event entered. Please note that this includes a processing fee by Club Assistant. Your credit card will be charged by “ClubAssistant.com Event” for this meet. Online meet entry is in no way required of swimmers.

Option 2 – Mail In Entry (No Refunds) – Due by Wednesday, March 13, 2019 (or postmarked by Friday March 8, 2019). You must use the consolidated entry form on the Pacific Masters Swimming website or request an entry form from the Meet Director (see below). The cost to mail enter this meet is a surcharge of \$10.00 per swimmer and \$6.00 per event. Mail entry and check payable to Rinconada Masters along with a copy of your 2019 USMS registration card to:

Rinconada Masters Swim Meet  
c/o Carol Macpherson, 3806 Magnolia, Palo Alto, CA 94306

Option 3 – Deck Entry (No Refunds) – Note: No deck entries for the 1000 Free. The cost to deck enter this meet is a surcharge of \$12.00 per swimmer and \$6.00 per event. Bring a copy of your 2019 USMS registration.

**Awards:** Ribbons 1st through 6th in each age group.

**Meet Directors:** Carol Macpherson (tel. 650.799.9847)/Jim Shaw (tel. 650.464.4147)

**Referee:** Peter Guadagni

**Events:** Odd numbered events are Women; even events are Men. Heats are seeded slowest to fastest.

1        2        1000 yd Free

**Event #3 will not start before 11 a.m.**

3	4	200 yd Breast	15	16	50 yd Back Novice * <sup>[SEP]</sup>
5	6	50 yd Free Novice *	17	18	200 yd IM <sup>[SEP]</sup>
7	8	50 yd Free	19	20	100 yd Breast <sup>[SEP]</sup>
9	10	100 yd Fly	21	22	50 yd Fly <sup>[SEP]</sup>
11	12	100 yd Back	23	24	400 yd IM <sup>[SEP]</sup>
13	14	200 yd Free	25	26	100 yd Free

Special-event 1650 yd Fly (Borboleta) \*\*

\* Novices are those with no prior competitive masters experience.

\*\* Special-event records for the Borboleta are kept. Entry is free. Email entry to:

[RinconadaMastersSwimMeet@gmail.com](mailto:RinconadaMastersSwimMeet@gmail.com), or deck enter. There will be only one heat of 14 lanes, filled in order of registration. Bring your own counter and timer. Watches will be provided. Event must be completed within 45 minutes.

**Special thanks to Menlo Masters for their support.**