

## 2019 Santa Rosa Masters SCY Resolution Meet

**Saturday, January 12, 2019**

**Sanctioned by Pacific Masters Swimming Inc. for USMS Inc. #389-S004**

**Location: Quinn Aquatic Complex, 1501 Mendocino Ave., Santa Rosa, CA**

### **DIRECTIONS:**

#### **From Highway 101**

Exit at College Avenue turnoff

Proceed east-bound on College Avenue to Mendocino Avenue

Turn LEFT onto Mendocino Avenue

At intersection of Pacific Avenue and Bear Cub Way, turn LEFT onto Bear Cub Way

Quinn Aquatic Complex is located on the west side of Bailey Field Football Stadium

#### **From the east**

Travel west on Highway 12

Highway 12 becomes 4<sup>th</sup> Street as you enter Santa Rosa

Turn RIGHT onto College Avenue

Turn RIGHT onto Mendocino Avenue

At intersection of Pacific Avenue and Bear Cub Way, turn LEFT onto Bear Cub Way

Quinn Aquatic Complex is located on the west side of Bailey Field Football Stadium

**Parking: \$4.00 Parking Fee**

### **FACILITY:**

- The competition will be held in a 25 yard - 8 lane indoor pool. 6 lanes used for competition
- Warm/up – warm/down will be available in a 25 yard - 6 lane outdoor pool available throughout the meet.
- The length of the competition course without a bulkhead is in compliance and on file with USMS in accordance with Articles 105.1.7 and 107.2.1.
- The primary timing system will be automatic timing and times can be submitted for USMS records and USMS Top 10.

**TIME:** Warm-up from 9:00 AM to 9:45 AM. Meet will start at 10:00 AM.

**CHECK IN:** No check-in needed.

### **ENTRIES:**

Entries are limited to a maximum of 6 individual events, excluding relays. Individual event entries can be done on line with Club Assistant or surface mail.

Relays (\$4.00) are deck entry only and must be on official yellow relay entry cards. (provided at meet)

#### **To enter Online:**

Go to: [https://www.clubassistant.com/club/meet\\_information.cfm?c=1191&smid=11066](https://www.clubassistant.com/club/meet_information.cfm?c=1191&smid=11066) to enter online and receive immediate confirmation of entry via email. Bring the billing information email to the meet as proof of entry. Your credit card will be charged by "ClubAssistant.com Events." **Online entries close at 11:59 PM on Thursday, January 10, 2019.** Online Entry Fee: **Flat fee \$25.00 per swimmer.**

**Late Entry: Online entry will re-open Friday, January 11, 2019 at 12:00 AM and close Saturday, January 12, 2019 at 8:00 AM for a flat fee of \$30.00.**

**To enter via surface mail: Cost \$30.00 flat fee per swimmer. Make checks payable to Santa Rosa Masters and include a copy of your 2019 USMS Card and a consolidated entry form. Entries must be postmarked by January 7, 2019.**

**NO Same Day Paper Entries. See Late Entry above.**

All swimmers must be electronically registered with USMS for 2019 prior to swimming. This includes all relay only participants.

**RULES:** Current USMS/PacMasters rules will govern the meet. All swimmers must be registered with USMS for 2019.

**Smoking is prohibited in the building.**

**The SRJC SWIM TEAM will provide a snack bar.**

**MEET REFEREE:** Bill Sargis

**MEET DIRECTOR:** John Morales, [erjomo@sonic.net](mailto:erjomo@sonic.net) or 707 495-6954

**RESOLUTION 50 FREE CHALLENGE:**

All entrants in the 50 Free will be automatically entered at no charge into the Flower Power 50 Free Challenge. This "event" will attempt to determine a single winner from all age groups and both sexes. Participants' times will be adjusted by a multiplier to determine their Flower Power Challenge time. The multiplier is the FINA Men's 50 M Long Course WR divided by FINA Age Group 50 M Long Course WR times participant's 50 Yard time. Example for a female swimmer in the 60-64 year old age group - FINA WR (20.91) divided by Female 60-64 Record (29.31) times meet time (30.00) = Flower Power Challenge Time of 21.40.

**EVENTS (deck seeded slow to fast, women and men combined):**

Warm-ups start at 9:00 AM

Meet starts at 10:00 AM

#	Sex	Event	
1	Mixed	200Y	Free
2	Mixed	100Y	IM
3	Mixed	50Y	Fly
4	Mixed	200Y	Breast
5	Mixed	50Y	Back
6	Mixed	200Y	Fly
7	Mixed	100Y	Free Relay
8	Mixed	50Y	Free
9	Mixed	200Y	Back
10	Mixed	50Y	Breast
11	Mixed	100Y	Free
12	Mixed	200Y	IM