



Non-Free Triple Threat ePostal Event
Hosted by Mountain View Masters
Tuesday, June 1 – Wednesday, June 30, 2021



Sanctioned by the Pacific Masters for USMS Inc. Sanction #381-S006

The 200 fly, 200 back, and 200 breast are among the most dreaded events in competitive swimming, so that's all we're offering in this ePostal! Challenge yourself and use this as an opportunity to prepare for our Alan Liu Animal Pentathlon in the fall! (If we can't host a meet, we'll do another ePostal.)

Enter your favorite event or two... or if you want to be a *triple threat* at non-free, enter all three.

This ePostal is part of the Pandemic ePostal Challenge Series held by Pacific Masters Swimming. Information on the series can be found [here](#). See below for information on points.

LOCATION: Events may be swum in any 25-yard, 25-meter or 50-meter length pool, but meter-times must be converted into short-course yards. [Use this website to convert your meters times to yards.](#)

DATES: Tuesday, June 1 to Wednesday, June 30, 2021. All events must be swum on or between these dates.

ENTRY LIMITS: Only one entry per swimmer. You may swim the events multiple times and choose your best times (one per event) to enter.

ENTRIES: Online entries only. Enter online at:
https://www.clubassistant.com/club/meet_information.cfm?c=1291&smid=13740

Deadline for entries: July 10, 2021 at 11:59 PM PST. No paper entries accepted - online entries only.

Your online entry is not complete until you have received a confirmation of your entry by email. If you do not receive this confirmation following your entry, please contact the Meet Director.

TIMING: A pace clock or stopwatch may be used for timing purposes. If you use a pace clock add “.99” to your documented time. For a time submitted with no tenths or hundredths, .99 second shall be added to the time submitted. The Meet Director reserves the right to remove any clearly incorrect results.

RULES:

- You may swim each event multiple times within the date range listed and enter your fastest times (one per event).
- Water starts are allowed but, no time adjustments can be made.
- Having a Starter and Timer to collect times are recommended but not required for event entry.
- 2020 USMS Rules govern these events, including USMS Rule 102.12.1 regarding swimwear.
- Age group is determined by age on December 31, 2021.
- Drafting, flotation, and propulsive devices (pull buoys, fins, paddles, snorkels, wet suits, etc.) are not permitted.
- No more than two swimmers should share a lane. If a lane is shared, each swimmer must stay on his or her side of the lane during the entire race (i.e. no circle swimming).
- Participants must follow their facility guidelines for physical distancing and COVID-19 precautions during the event. For your reference, the CDC guidelines for aquatic venues can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html>
- Swimmers participate at their own risk.
- USMS starts and strokes rules apply, but we will be using the honor system. Swim fast. Swim fair.

ENTRY FEES: \$10 for 1 event, \$14 for 2 events, \$15 for all 3. Please note: when paying by credit card, your credit card statement will reflect a charge from “ClubAssistant.com Events.”

AWARDS: \$5 SwimOutlet gift cards to “Triple Threat” swimmers with the fastest *combined* times from all 3 events in each age group.

CHALLENGE SERIES POINTS: 7, 5, 4, 3, 2, 1 for 1st through 6th place respectively in each age group for each event. Points will only be awarded for your best two finishes.

MEET DIRECTOR: Zachary Green, zachary.y.green@gmail.com

EVENTS:

200 Fly
200 Back
200 Breast

QUESTIONS: Zachary Green, zachary.y.green@gmail.com