



**September 2021 Pandemic ePostal Challenge**  
**Pandemic ePostal Challenge Series**  
**Hosted by Pacific Masters Swimming**  
**Wednesday, Sept. 1 – Thursday, Sept. 30, 2021**



**Sanctioned by the Pacific Masters for USMS Inc. Sanction #381-S011**

Pacific Masters Swimming wraps up its Pandemic ePostal Challenge Series this month with our return-to-fitness benchmark 500 yard or 400 meter Free. Thank you for your participation. Information on the Challenge Series can be found [here](#).

**LOCATION:** Events may be swum in any 25-yard, 25-meter or 50-meter length pool but meter-times must be converted into short-course yards. [Use this website to convert your meters times to yards.](#)

**DATE:** Wednesday, September 1, 2021 to Thursday, September 30, 2021. All events must be swum on or between these dates.

**ENTRY LIMITS:** Only one entry per swimmer. You may swim the event multiple times and choose your best time to enter.

**ENTRIES:** Online entries only. Enter online at:  
[https://www.clubassistant.com/club/meet\\_information.cfm?c=2037&smid=14064](https://www.clubassistant.com/club/meet_information.cfm?c=2037&smid=14064)

Deadline for entries: October 10, 2021 at 11:59 PM PST. No paper entries accepted - online entries only.

Your online entry is not complete until you have received a confirmation of your entry by email. If you do not receive this confirmation following your entry, please contact the Meet Director.

**TIMING:** A pace clock or stopwatch may be used for timing purposes. If you use a pace clock add “.99” to your documented time. For a time submitted with no tenths or hundredths, .99 second shall be added to the time submitted. The Meet Director reserves the right to remove any clearly incorrect results.

**RULES:**

- You may swim the event multiple times within the date range listed and enter your fastest time.
- In-water starts are allowed but no time adjustments can be made.
- Having a Starter and Timer to collect times is recommended but not required for event entry.
- 2020 USMS Rules govern these events, including USMS Rule 102.12.1 regarding swimwear.
- Age on December 31, 2021 determines age group for this ePostal and the entire series.
- Drafting, flotation, and propulsive devices (pull buoys, fins, paddles, snorkels, wet suits, etc.) are not permitted.
- No more than two swimmers should share a lane. If a lane is shared, each swimmer must stay on his or her side of the lane during the entire race (i.e. no circle swimming).
- Participants must follow their facility guidelines for physical distancing and COVID-19 precautions during the event. For your reference, the CDC guidelines for aquatic venues can be found here: <https://www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/aquatic-venues.html>
- Swimmers participate at their own risk.
- USMS starts and strokes rules apply, but we will be using the honor system. Swim fast. Swim fair.

**ENTRY FEES:** Flat entry fee of \$10 per swimmer for online registration. Please note: when paying by credit card, your credit card statement will reflect a charge from “ClubAssistant.com Events.” Net revenues above expenses for the

challenge series events sponsored by Pacific Masters will be donated to USMS Adult Learn-to-Swim grants supported by the USA Swimming Foundation.

**AWARDS:** Satisfaction. More tangible awards, commemorating this Pandemic year, will be created for high point earners in each age group for the entire series of ePostals.

**CHALLENGE SERIES POINTS:** 7,5,4,3,2,1 for 1<sup>st</sup> through 6<sup>th</sup> place respectively in each age group. There will be special acknowledgement for those who swim the most events throughout the series.

**ONLINE EVENT:** An online event will be scheduled to celebrate all participants in the Challenge Series. Likely the event will be held in late October.

**MEET DIRECTOR:** Bob Anderson, [meetops@pacificmasters.org](mailto:meetops@pacificmasters.org)

**EVENTS:**

500 yard or 400 meter Free
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**QUESTIONS:** Contact Bob Anderson at [meetops@pacmasters.org](mailto:meetops@pacmasters.org)