



PACIFIC MASTERS SWIMMING

ANNUAL REPORT
2022

Chair, Phyllis Quinn

The purpose of Pacific Masters Swimming is to encourage and promote physical fitness and enjoyment of swimming for adults 18 years of age and over through a program that supports clubs, coaches, facilities, education, competition, and social opportunities. We serve the Northern California and Northwestern Nevada region. Our financial health remains strong allowing us to grow and evolve our programs and services.



The BIG news this year is our new website.

This has been a multi-year project and it has taken many volunteer hours to make it happen. The credit goes to Rich Burns and Michael Moore. They have spent many hours in meetings with our contractor, Dan Wagner, to design a beautiful and functional website to inform and educate people about Pacific Masters swimming. Thank you!

New in 2022, USMS hosted the first ever Relay meeting in Denver, CO for members to learn more about USMS and how to grow and engage our membership. This meeting was an opportunity for members who had not previously attended a national meeting to meet in person and learn. Pacific Masters had several “first timers” attended and we saw these members get excited about volunteering and giving back to their clubs.

The focus next year will be to grow the clubs and events for our members to enjoy. If you know of a facility that may welcome a new masters program, please let me know. Sometimes it is hard to know where to start and Pacific Master and the USMS National Office have experience and want to help. We continue to find new ways to inform and engage our members with the community zoom calls.

And I want to extend my thanks to every member. By joining USMS, you allow us to support our mission statement. In addition to our pool meets and open water swims, we have a variety of programs that may be of interest:

- We have our Adult Learn To Swim program. You can become an instructor and teach adults at your facility.
- You can also become a USMS coach and Pacific Masters will help with the cost of your certification classes.
- You can become an official, again with on-line instruction.
- During the year, there are opportunities to serve as a volunteer on a short-term subcommittee.

Join our monthly zoom call meeting to find out more.

Lastly, I wanted to thank the all the other Committee members, the many volunteers who have given their time to support the organization, and congratulate the Pacific Masters Swimmers on their fitness, pool meets, and open water accomplishments.



VP Pool Meets, Matt Roper

The Pacific Masters LMSC is fortunate to have a large number of active and energetic teams that host pool meets each year. The Pool Meet Committee works closely with those teams and helps oversee the planning, scheduling, and sanctioning of meets. In 2022 we were happy to welcome two new members to the Pacific Masters Pool Meet

Committee: Ahren Lehnert took on the role of Pool Operations Coordinator in charge of sanctioning, and Chad Holbrook took on the role of Equipment Coordinator. Other continuing members of the Pool Meet Committee include Steve Cutting (Schedule Coordinator) and Mike Abegg (Officials Coordinator).

After two years of minimal in-person competition due to COVID-19, our meet schedule started to return to normal this year. Although not quite back to a full pre-pandemic lineup, our LMSC hosted eight pool meets this year (three SCY meets, three LCM meets, and two SCM meets). We were also thrilled to have new hosts and venues for two of our championships: Morgan Hill hosted the SCY Championships in April, and Marin Aquatic Masters hosted the LCM Championships in July. Both of these new hosts did an excellent job of running their first Pacific Masters Championship, and post-meet swimmer feedback was very positive for both meets; we look forward to working with these hosts again for our 2023 Championships.

The Pool Meet Committee also passed a number of important amendments to our Pacific Masters operating documents this year, aimed at ensuring our LMSC's meets remain some of the most popular and highest quality masters meets in the country. Of special note is that Pacific Masters will now reimburse meet hosts 50% of their pool rental fees, up to a maximum of \$500 for SCY and SCM meets, or up to a maximum of \$1000 for LCM meets. Pool rental costs have always been a factor that has prevented meet hosting from being financially viable for some teams; our expectation is that this move will pave the way for some new meets to join our competition schedule and ensure we have good competition opportunities in all areas of our LMSC.

Thank you to all of this year's new and returning meet hosts! And also a big thank you to all the swimmers who bring those meets to life by showing up to race; we look forward to seeing you in the pool again next year!

VP Open Water, Ali Hall

Thank you to the Donner Lake, Del Valle, Santa Cruz, Berryessa and Keller Cove organizations for hosting events this year. You provided many opportunities for our members to enjoy our LMSC's beautiful open water venues and gather together for fun and memorable events.



Thank you especially to Bill McCracken and his team for adjusting to water conditions and taking on an extra USMS Open Water National Championship (OWNC) distance when the scheduled event host was compelled to cancel. Add to that the originally awarded OWNC event at Del Valle and the Santa Cruz OWNC---our hosts gave us 3 OWNC experiences in 2022!

Bidding is still open for 2024 events, and our hosts have been busy putting their portfolios together☺

Thank you to our event evaluators (Rebecca Friedlander, Eric Hatch, Kim Elsbach, Sarah Groskopf, Laurie Lewis and Sally Guthrie) and all the volunteers who make Pacific Masters the place to be for all things open water!

A special shout-out to our Open Water Committee members Rebecca Friedlander, Kim Elsbach, Sue Free, Karen Charney and Dave Brancamp for their thoughtful advice this year---we were able to put together a virtual "8 Bridges" event that will launch in 2023, graphic design by our amazing Pacific

Masters member and artist Zina Deretsky. Stay tuned!

VP Communications & Technology, Michael Moore

This year has been a challenge for our committee. Last year, we voted to update the Pacific Masters website, PacificMasters.org. The computer language that the website was written in was being updated and there was no easy way to update the website without a significant rewrite. We let the contract to Club Assistant. Originally, we were going to just move the website content over without doing much modification of the web site.



After some discussion, we decided not just to bring the old websites look and feel over, but to greatly update the website. The new website was made much more mobile friendly. The home page is bifurcated into one side for information for a someone who is interested in Masters swimming, and the other side for members to get the latest information.

With technology changes, websites change too. Bob Anderson, Caroline Lambert and Bob Upshaw did a fabulous job updating the PacMasters website about seven years ago and that was a significant improvement over the prior website. With this update, I very much appreciate the work done by Rich Burns, who contributed many of the photos, the wording and the design of the new website; Dan Wegner and Megyn Johnson, who have done a great job of implementing the design of the new website. Everyone put in hours to make this an awesome site.

The website went “live” October 17th. There are many pages on the website and if you see any errors or have ideas for improvements, please do not hesitate to contact me.

I also supervise the editors for *The Update*, our e-newsletter that is sent out about 24 times a year. We are able to communicate to our members about what is happening in the Pacific LMSC, to notify swimmers about meets that are coming up, and generally let members know what is happening in Masters swimming. Linda Hepworth, Jenn Hwang, Kate Matwychuk and Missy Hunter have done a great job over the entire year. Diane Bautista left mid-year and we appreciate the work she has done for Pacific during the past few of years.

Besides keeping up with what is happening with Pacific, *The Update* underwent a redesign and there will be more integration with the website over the next few months.

Our webmaster, Dan Wegner, has done a excellent job in both managing the “old” website for ten months and the working on creating the new website, then moving the information from the old website to the new website. It was a tremendous job.

Curtis Brennan has done a good job in posting items on Twitter. Over the next year, we will be working on improving our social media presence.

Over the upcoming year, we will continue to improve the Pacific Masters website. While websites are always a work in progress, we do do not feel we have not completed our work on the new website. We will continue to work on improving our communication with our member and prospective members.

VP Clubs and Coaches, Carol Nip

With a deep sense of gratefulness, I end this year of “coming out” of a worldwide pandemic, knowing that I am healthy and made wise by being surrounded by brilliant minds and like-minded people of action. Thank you to everyone for your share in making the following report possible. ~ Carol Nip



The 2022 Coaches Committee is comprised of Marcia Benjamin, Carol Nip and Chris Wagner. Education for coaches was imperative this year, and the development of our coaches took place through these programs:

- January 8-9 – American Swim Coaches Association, Napa (Carol presented & recruited)
- January 20 – Webinar: How to Start a Masters Club, USMS Peer-to-peer (Carol)
- February 9 – Webinar: Pacific’s Kick Off, Mentor Triads (Ian King & Carol Nip)
- February-September: Pacific Masters Coaches Mentor Triads (21 coaches committed)
- March 4-6 – Relay in Denver (coach presentations, networking)
- May 14, 15 – USMS Certification, Level 2 & Stroke Development (coaches were trained)
- May 21 – Intensive Freestyle Stroke Clinic for Triathletes, with new coaches (Carol)
- June 16 – Webinar: Lap Swimming 101 – Building a Bridge to Masters from ALTS
- October 7-9 – National Coaches Clinic, Las Vegas (5 coaches attended from our LMSC)
- October 15 – Women in Coaching Leadership Summit (a successful first in our LMSC)
- Dec 3 – USMS Coach Certifications, Levels 2 & 3, San Jose
- Dec 4 – USMS Stroke Development for Coaches, San Francisco
- Pending completion in 2022:
 - Webinar: How to Work with Your Board of Directors (Chris Ottati)
 - Webinar: Generational Coaching (Marcia & Miriam Benjamin)

By July, 56 new coaches were certified and 27 completed Level 2. By mid-year, we had 157 designated certified coaches from 62 clubs. These numbers will grow after December’s clinics.

Survey specialist Chris Wagner led the charge in creating 2022 Clubs & Coaches Survey, and USMS Club Registration Data. Five action items were based on this work: 1) encourage membership growth in fitness and lap swimmers, lapsed swimmers, triathletes, college swimmers, 2) encourage Coach Certification, 3) create a collaborative process between USMS and Pacific for collecting and sharing membership info, 4) update Constant Contact emails to registered clubs and coaches, and 5) share results of Survey to LMSC. All items, except #3, were achieved.

Try Masters Survey prepared by Chris Wagner revealed that in January 2022, 75% of Clubs were trying to grow membership. Most clubs were under capacity. USMS is trying to increase memberships through Try Masters Swimming yet only 20% of clubs in Pacific participated in July. Club contacts were surveyed to determine each clubs’ process of accepting new members and if a club is not participating in TMS, why not? Findings are in Clubs & Coaches July Report.

Chris Wagner prepared answers to the question “What Clubs Host events in our LMSC?” found in Clubs & Coaches July report. In 2023, we’d like to increase our events and focus on the larger clubs that have the volunteer resources needed to host events.

More sites with Masters programs. Carol worked with Diana Bautista to determine which clubs in USA-S Zone 2 have no masters programs. Work continued with Berrin Yavuzer in USA-S Zones 3 & 4. As a

result, new growth for Masters programs took place in: 1) El Camino YMCA in Silicon Valley, 2) Fig Garden Masters in Fresno, 3) Humboldt Swim Club, 4) Livermore Aqua Cowboys, 5) Oakhurst – Yosemite High School pool, 6) Redding Swim Team, 7) Silicon Valley Tri Club Masters, 8) South Lake Tahoe Swim Club, 9) Sunnyvale Masters, 10) Tri Valley Aquatics – Livermore (needs coach), and 11) YMCA Pacific Aquatic Club, Letterman location, San Francisco.

Pacific Masters Coach of The Year. Phyllis Quinn led this project with Carol. In past years, several coaches were nominated who are worthy of consideration in 2023.

Review LMSC Club Websites. Justine Wong (MVM) created an Excel document for this project. Laurie Amaro (ALB) and Jackie Chow (DAM) reviewed 120 websites in our LMSC, taking 24 points into consideration for each site. Dan Wegner’s webinar of August 4, 2021 to clubs and coaches inspired the idea to evaluate Masters club websites. A number grade was given to each website with recommendations for improvement. Combining all grades, the average is “C” for our LMSC.

Proven ideas for excellent clubs. Michelle Ferguson, Caitlin Heffley (ALB) and Michelle Bowden (DAM) worked with Carol Nip to edit content of interviews with great masters coaches and what they did to create great clubs. Michael Moore gives direction to Carol to write a monthly article for the Update featuring three of these ideas.

Newsletters. This year, fourteen newsletters were sent to Clubs & Coaches – an outreach of 238 certified coaches, 109 club contacts, and 877 self-identified coaches. These are accessible through LMSC website.

Treasurer, Laura Shope

Pacific Masters Swimming Committee LMSC, is a Non-Profit Organization 501(c)3 which operates on a cash basis, calendar fiscal year-end and uses QuickBooks Online for record keeping and financial reporting.

I work closely with Chris Ottati, the Administrator, who oversees the day-to-day operations, such as revenue recording and managing AP. We work together in creating the monthly reports and the annual budget. I reconcile the bank accounts each month and prepare quarterly payroll tax returns and the year-end tax filings, the 1099's, W-2's and the Federal and State not-for-profit filings.



We have a deficit projected for 2023. This year, together with the VPs, we have been working hard on creating an accurate budget. There are still a lot of unknowns in 2023, but we feel we have a good handle on where our LMSC will be going next year. The deficit is the result of providing surplus funds in the budgets for many of our organization's programs. In previous years, as well as this one, we allocate more funds to each program, anticipating that none of the programs will spend all the funds allocated. The goal of this was to increase programs and benefits to our members, while spending through some of the reserves that had built up. Our goal for 2023 is a continuation of 2022 – where we do not over-allocate to programs on the anticipation that we will under-spend.

The 2022 Financial Reports through October 31, 2022 and the Proposed 2023 Budget detail and summary are included at the end of this report.

Secretary, Ian King

As Secretary I have the honor and privilege to attend the monthly meetings and take minutes. The draft minutes are circulated before the next meeting for review. During the next LMSC Meeting, the minutes are revised (as needed) and approved at that meeting. Once approved, a final copy is sent to the Administrator for posting on the Pacific Masters website.



I am a member of the USMS LMSC Development Committee as well as Vice-chair for the USMS Compensation and Benefits Committee. I also serve as the USMS Oceana Zone Chair. The Oceana Zone comprises the Pacific and the Hawaii LMSCs. Lastly, I attended the USMS Annual Meeting as a Pacific Masters delegate for a 4th year running.

Past Chair, John King

This year marks my third year as Past Chair, and it's been a privilege to continue to offer advice and support to the Board as we continue to see an increase in Pacific Masters event participation.



For me, in addition to my Board position on Pacific Masters Swimming, I am enjoying my position as at-large Director (from Oceana) on the USMS Board of Directors. Additionally, I serve as a committee member on the USMS Officials committee, as well as a board member on the Walnut Creek Masters. I have just been re-elected to the USMS board where I look forward to representing and bringing back to Pacific Masters my knowledge and support. Many of you have seen me on deck as I continue to serve as an official at master's meets, USA Swimming meets, and NCAA meets.

It is great to see the continued growth of pool meets and open water competitions. It was also great to see the large number of athletes attending the (second) Kerry O'Brien Pacific Masters Swimming Short Course Meters Championships. It was a fun and competitive event, with World, National, and Pacific records attained.

Lastly, I wanted to thank the Committee members and the many volunteers who have given their time to support our wonderful organization.

Office Administrator, Chris Ottati

The Pacific Masters office started to get back to normal in 2022! We had all three of our Championship meets (SCY, LCM, and SCM) plus a number of other SCY and LCM meets! Lots of Pacific, National, and World records fell this year. Hats off to all our amazing swimmers, whether they be record breakers or new competitors!



Our monthly Board meetings continue to be Zoom meetings and we have an enjoyable 15 minute "social

time” before the meeting to catch up with one another! Contact me if you would like to be put on the email list for these meetings.

Our new Pacific Masters website is up and running! Thank you to all those who worked so diligently on this project!

Top Ten lists will be published by the USMS Administrator for 2022.

Club registration for 2023 opened on October 1, 2022 and a good portion of our Clubs have renewed! Individual 2023 USMS registration opened on November 1, 2022. USMS fees will go up slightly this year. Almost all of our members register online now. For those few that still prefer paper registration, they send those forms and fees into the National office directly.

Our office sent reimbursements checks for over 30 coach certification courses this year! Great job coaches.

This year we coordinated and reimbursed our Pacific Masters members who attended Relay 2022 in Denver in March and our in-person delegates to the September 2022 USMS Annual Meeting, also in Denver. The USMS Annual meeting was hybrid, hosting both virtual and in-person delegates. This year Pacific was represented by 13 in-person delegates and 17 virtual delegates.

I have truly enjoyed helping the Pacific Masters swimmers, coaches, and our hardworking volunteers. Never hesitate to give the office a call if you have a question. It is a privilege to serve you.

Scheduling, Steve Cutting

Over the years, Pacific Masters Swimming has been fortunate to offer a large variety of pool events, open water swims, postal events and clinics to members each year. In 2022, we rebounded pretty well from the COVID-19 pandemic related restrictions of 2020 - 2021, and had a much improved event schedule throughout the year. The 2023 schedule is shaping up and we are hopeful to provide even better opportunity for events.



It is the Scheduler’s job to coordinate date planning and ensure that these events do not conflict with each other and to allow the greatest opportunity for participation. I would encourage any team that might want to host a meet or open water event in 2023 to contact Pacific Masters as soon as possible to begin planning dates and contingencies. The Schedule page at the Pacific Masters website has links for submitting event host applications. The following provides more information on how event planning is approached and the events that have been scheduled so far. Note that it is ok to host an “out of season” event.

2023 Pacific Masters Swim Season Framework

Short course yards (SCY) season generally runs from January through USMS Spring Nationals which are scheduled for April 27-30, 2023 in Irvine CA. Our Pacific Masters SCY championship meet is held within the time window of 2 to 5 weekends prior to Spring Nationals. The SCY championship meet has priority

over any other local meet within this window. Once its date is set the remaining weekends are available for consideration of a local meet. Morgan Hill will be the host for the SCY championship meet April 14-16, 2023.

Long course meters (LCM) season begins after completion of Spring Nationals and runs through USMS Summer Nationals which are scheduled for August 2-6, 2023 in Sarasota FL. Our Pacific Masters LCM championship meet is usually held within the time window of 2 to 5 weekends prior to Summer Nationals. The LCM championship meet has priority over any other local meet within this window. Once its date is set the remaining weekends are available for consideration of a local meet. Marin Aquatics will be the host for the LCM championship meet July 21-23, 2023 at the Miwok Aquatic Center in Novato.

Open water (OW) season generally runs from May through September and offers a wide assortment of beautiful locations throughout northern California. We are encouraged that there are already several open water events on the calendar and look forward to greatly improved opportunity in 2023.

Short course meters (SCM) season begins after completion of Summer Nationals and runs through the end of December. Our Pacific Masters SCM championship meet is typically held in the first half of October. We do not yet have a host for the SCM championship meet.

2022 Pacific Masters Swim Events (remaining)

11/1-11/30	Ross Yancher Memorial Brute Squad Postal
12/1-12/31	MEMO 400 Kick Postal

2023 Pacific Masters Swim Events (so far)

1/21	Santa Rosa Masters Resolution Meet, Santa Rosa CA
1/28	TOC 1500 SCM Swim Meet, San Francisco CA
2/11	Super Bowl Meet, Vacaville CA
2/25	ALB Splash and Dash Sprint Pentathlon, Albany CA
2/26	The City Mile, San Francisco CA
3/12	Bay Area Senior Games, Palo Alto CA
3/18	Clovis Masters Spring Open, Clovis CA
3/26	Sacramento Masters Sprint Pentathlon, Sacramento CA
4/14-4/16	Pacific Masters SCY Championships, Morgan Hill CA
4/27-4/30	USMS Spring Nationals, Irvine CA
5/1-6/30	Distance Fly Postal
6/3	DAM Berryessa Swims, Steele Canyon
6/10-6/11	TVM Del Valle Open Water Festival, Livermore CA
7/21-7/23	Pacific Masters LCM Championships, Novato, CA
8/1-8/31	400 Fastest Pull for Sebastopol Postal
8/2-8/6	USMS Summer Nationals, Sarasota FL
8/12	Donner Lake Swim, Truckee CA
9/10	Whiskeytown Lake Swims, Redding CA

Officials, Michael Abegg

In 2022 I again served as Officials Coordinator. We continued our return to pool competition with a nearly full schedule of meets requiring certified officials.



We had a very full deck at our SCY Championship in Morgan Hill, and great thanks to those folks for negotiating good hotel rates for those of us traveling from farther away. We were also graced by the presence of USMS National Officials Committee chair, Teri White, who helped with training of both new and veteran officials. We also staffed the deck at our LCM Championship at the new pool in Novato and ended our season with our traditional SCM Championship meet in Walnut Creek. Great thanks to those who worked our decks and especially those who both swam and officiated near-simultaneously.

There is continued interest in the USMS Officials program, and additional folks joining the program. A goal I established in 2022 is to have each club that regularly competes in significant numbers provide one or more USMS-certified officials. We made limited progress on this and I intend to bring a new focus to it in the coming year.

On a National level, we were represented by John King at the Spring Nationals in San Antonio, Texas, and by myself at the Summer Nationals in Richmond, Virginia. With the 2023 Spring Nationals being held down in Irvine, I have requested additional budget support to assist in us providing a large number of officials for that meet. Note that the application to officiate is already on-line for that meet at USMS.org

Three Pacific Swimming members (myself, John King, and Michael Moore) continued our service on the National Officials Committee during 2022.

Lastly, we continue to work cooperatively with our colleagues at Pacific Swimming & USA Swimming to utilize experienced officials as well as share training and testing resources. I reached out in person to several officials at the Pacific Swimming clinic in October, 2022, as I identified them as people who will fit really well on the Masters deck. We continue to appreciate that Pacific Swimming officials regularly work our meets and I look forward to maintaining and building that cooperative relationship.

Equipment

Pool Timing equipment

Pacific Masters maintains equipment necessary to run their meets efficiently and safely. This equipment includes stopwatches, pool monitor vests, pool safety signage, walkie-talkies, and 20 FINIS backstroke ledges which can be utilized by pool hosts who wish to use them. The equipment is stored in the Pacific Masters storage unit and arrangements can be made with us by host clubs to get the equipment boxes.

Open Water Equipment

An important asset of Pacific Masters is its Open Water Equipment Trailer. The trailer contains turn and location buoys, finish arch, safety paddle boards, bottom anchors for the buoys and air pumps, and is tastefully adorned externally with full size photos of various open water events and participants.

We are pleased to welcome Chad Holbrook to this role in 2023!

Website, Dan Wegner

This year we launched the new Pacific Masters website. This is the culmination of the hard work of all the volunteers of Pacific Masters especially Michael Moore and Rich Burns.



I have enjoyed webmastering the Pacific Masters website and I look forward to the future improvements.

We will continue to update the website to make sure it stays modern and relevant.



2021 Swimmer of the Year: Heidi George and David Boatwright

2021 Age Group Swimmer of the Year : None awarded.

2022 Open Water Standings

2022 Pacific Masters: First Place finishers for all categories, genders, and age groups.
 Note that we only consider those swimmers who have swum AT LEAST 3 events.

CAT 1

Age Group	Female	Male
18-24	none	none
25-29	Catherine Ladd	Lian Chavez
30-34	Allison Arnold	Jack Calhoun
35-39	Katherine Yang	Christopher Whaley
40-44	Helene Nehrebecki	Chad Holbrook
45-49	Amy Fischer	Trevor Gillis
50-54	Cynthia Hertzner	Kevin Jeffery
55-59	Kimberly Elsback	Todd Arris
60-64	Cindy Clements	Chris Tainty
65-69	Lorrain Sommers	Sandy MacDonald
70-74	Laura Val	Joel Wilson
75-79	Mary Cantini-Norkin	Edward Rudloff
80-84	none	Mike Laramie
85-89	none	none

CAT 2 (wetsuit)

Age Group	Female	Male
18-24	Claire Napier	none
25-29	none	none
30-34	none	none

35-39	none	none
40-44	none	none
45-49	Suzanne Hurrey	none
50-54	Cyane Anaya	none
55-59	Jayne Riley	Jay Bedsworth
60-64	none	Allan Anderson
65-69	none	Gary Domer

Pacific Master Award Winners:

Coach of the Year: Dana Kirk

Nancy Ridout Award for Distinguished Service: Bill McCracken

Contributor of the Year Award: Linda Hepworth

Appreciation Award: David Brancamp
 Shari Cruse
 Missy Hunter
 Jenn Hwang
 Kate Matwychuk
 Vicki Shu
 Chris Wagner

Personal Achievement Award: Cornelia Bleul-Gohlke
 Kimberly Elsbach

Peggy Lucchesi Award: Sharlene Van Boer

USMS Award Winners:

Diversity, Equity, and Inclusion Award: Donita Flecker

Dorothy Donnelly Service Award: Ali Hall
 Ian King
 John Pettibone



PACIFIC MASTERS SWIMMING

"Swimming for Life"

Pacific Masters Monthly Meeting

Date: October 19, 2022 (Zoom Call)

Call to Order: Phyllis Quinn, Chair, called the meeting to order at 7:00pm

I. APPROVAL OF MINUTES & AGENDA

- September Meeting Minutes: Approved
- October Agenda: Approved with additions for Rules Committee, Diversity & Inclusion and LMSC Development Committee

II. OFFICERS' REPORTS

Chair – Phyllis Quinn, see meeting agenda for report

Treasurer – Laura Shope, see meeting agenda for report

- October financials accepted
- 2023 budget approved
- Executive Committee to research what constitutes “reserves” funds

Past Chairman– John King, no report

Secretary – Ian King, see meeting agenda for report

Officer and Committee Reports

Office Administrator/Registration/Top Ten and Records – Chris Ottati, see meeting agenda for report

Schedule – Steve Cutting, no report

- Looking to add a couple more SCY meets to 2023 schedule

Pool Committee, Chair-Matt Roper, see meeting agenda for report

Meet Operations – Ahren Lehnert, see meeting agenda for report

Officials – Mike Abegg, no report

- Applications for USMS Spring Nationals Officials is now available on USMS website

Open Water Committee, Chair-Ali Hall, see meeting agenda for report

Communications and Technology – Michael Moore, see meeting agenda for report

Update – Chris Ottati, see meeting agenda for report

Website – Dan Wegner, see meeting agenda for report

- See meeting minute attachment for Dan’s thank you

Clubs and Coaches – Carol Nip, see meeting agenda for report

2022 Meeting Dates (all dates are tentative): November 13-Annual Meeting



Ad Hoc Committees

ALTS – Kim Elsbach, see meeting agenda for report

LMSC Development Committee – Karen Harris, report added to agenda

- Committee working to update LMSC Standards survey
- Will be changing role titles with “Chair” to “Coordinator”
- 2023 Volunteer Relay event dates TBD

USMS Rules – David Benjamin, report added to agenda

- 6 of the 8 pending USA Swimming rule changes were defeated
- 2 rule changes adopted that focus on hand signals for starts for hearing impaired swimmers

LMSC Legislation – Teddy Palmer, no report

Diversity & Inclusion – Vicki Shu, report added to agenda

- Committee is looking to add more members for 2023
- Survey being worked on to establish baseline measures of success

Marketing and Membership – Michael Moore, see meeting agenda for report

Annual Celebration and Meeting – Teddy Palmer, see meeting agenda for report

III. OLD BUSINESS

- No report

IV. NEW BUSINESS

- No report

V. CLUB ANNOUNCEMENTS

- New club starting in Sunnyvale
- City of Alameda voted to build a new pool. Completion date TBD

VI. POLICY UPDATES

- No report

VII. ADJOURNMENT

- Meeting adjourned at 8:02pm

ATTENDEES

Phyllis Quinn, Chris Ottati, Ian King, Carol Nip, Matt Roper, Sally Guthrie, Michael Moore, Vicki Shu, Chris Campbell, Steve Cutting, Ron Taylor, John King, Marcia Benjamin, Rich Burns, Dan Wegner, Matt Zachan, Bob Anderson, Chad Holbrook, Ahren Lehnert, Jennifer Widner, Kim Elsbach, Laura Shope, Berrin Yavuzer, Karen Harris, Joel Wilson, Cynthia Hertzner, C.A. Naissance, Missy Hunter, Mike Abegg, and Teddy Palmer

Respectively submitted,

Ian King



PACIFIC MASTERS SWIMMING

"Swimming for Life"

Thank you from Dan

Thank you to everyone in Pacific Masters for supporting the launch of the new website.

Michael Moore - leading

Phyllis Quinn - supporting Michael

Richard Burns - organizing, rewriting copy, selecting photos

Chris Ottati - registration content and server/Pair help

Bob Upshaw - server, Pair

Carol Nip - Coaches content

Kimberly Elsbach - ALTS content

Ahren Lehnert - Schedule

Steven Cutting - Schedule

I apologize if I accidentally left anyone off of this list. This project had a lot of support which made the final product significantly better than it would have been otherwise.

Pacific Local Masters Swimming Committee
Statement of Financial Position
As of November 6, 2022

	Total			
	As of Nov 6, 2022	As of Nov 6, 2021 (PY)	Change	% Change
ASSETS				
Current Assets				
Bank Accounts				
1000000 Cash				
1000100 Wells Fargo Checking Account	69,791	70,241	-450	-0.64%
1000200 Wells Fargo Savings Account	287,059	287,030	29	0.01%
Total 1000000 Cash	\$ 356,850	\$ 357,271	-\$ 421	-0.12%
Total Bank Accounts	\$ 356,850	\$ 357,271	-\$ 421	-0.12%
Other Current Assets				
Other Current Assets				
Total Other Current Assets				
Total Current Assets	\$ 356,850	\$ 357,271	-\$ 421	-0.12%
TOTAL ASSETS	\$ 356,850	\$ 357,271	-\$ 421	-0.12%
LIABILITIES AND EQUITY				
Liabilities				
Current Liabilities				
Other Current Liabilities				
2000500 Payroll Liabilities				
2000505 CA PIT / SDI	72	45	27	60.43%
2000506 CA SUI / ETT				
2000510 Federal Taxes (941/944)	1,205	1,015	190	18.71%
Total 2000500 Payroll Liabilities	\$ 1,277	\$ 1,060	\$ 217	20.48%
2000550 Direct Deposit Payable				
Total Other Current Liabilities	\$ 1,277	\$ 1,060	\$ 217	20.48%
Total Current Liabilities	\$ 1,277	\$ 1,060	\$ 217	20.48%
Total Liabilities	\$ 1,277	\$ 1,060	\$ 217	20.48%
Equity				
3000000 Opening Balance Equity	14,989	14,989		
3900000 Retained Earnings	354,023	301,812	52,212	17.30%
Net Revenue	-13,439	39,410	-52,850	-134.10%
Total Equity	\$ 355,572	\$ 356,210	-\$ 638	-0.18%
TOTAL LIABILITIES AND EQUITY	\$ 356,850	\$ 357,271	-\$ 421	-0.12%

Pacific Local Masters Swimming Committee

Budget vs. Actuals: FY2022 - FY22 P&L

NOTES

January - December 2022

	Total			
	Actual	Budget	Remaining	% Remaining
Revenue				
4000000 INCOME				
4010000 Registration				
4011000 Membership Dues	97,181	120,000	22,819	19.02%
4012000 Clubs Registration	204	1,320	1,116	84.55%
4014000 PacMasters Donations	2,808	2,500	-308	-12.32%
Total 4010000 Registration	\$ 100,193	\$ 123,820	\$ 23,627	19.08%
4020000 Event Fee Income				
4020200 Open Water Sanction Fees	2,690	7,000	4,310	61.57%
4020300 Meet Management Services		10,000	10,000	100.00%
4020400 Sanction Bond Deposits		200	200	100.00%
Total 4020000 Event Fee Income	\$ 2,690	\$ 17,200	\$ 14,510	84.36%
4070000 Other Income				
4070100 Clinic Revenue	1,150	1	-1,149	-114925.00%
4070500 PacMasters Meet		26,500	26,500	100.00%
Total 4070000 Other Income	\$ 1,150	\$ 26,501	\$ 25,351	95.66%
Total 4000000 INCOME	\$ 104,034	\$ 167,521	\$ 63,487	37.90%
Total Revenue	\$ 104,034	\$ 167,521	\$ 63,487	37.90%
Gross Profit	\$ 104,034	\$ 167,521	\$ 63,487	37.90%
Expenditures				
6000000 EXPENSE				
6100000 Office and Administrative				
6100110 Supplies	3,047	3,500	453	12.95%
6100120 Postage	236	600	364	60.67%
6100130 Printing		200	200	100.00%
6100300 Telephone	656	700	44	6.26%
6100400 Rule Books	92	100	8	8.00%
6100450 File Storage	3,110	3,900	790	20.26%

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6101200 Office Travel/Training/Entertainment	116	50	-66	-131.12%
6101900 Office Administrator	24,973	30,600	5,627	18.39%
61019010 Payroll Taxes	2,232	2,760	528	19.11%
61019020 Workers Compensation	532	1,000	468	46.80%
6102100 Renewal Notices		100	100	100.00%
6109000 Misc. Office Expenses	380	500	120	24.00%
Total 6100000 Office and Administrative	\$ 35,374	\$ 44,010	\$ 8,636	19.62%
6200000 Executive Committees				
6210000 Chairman				
6210110 Chair Office/General Admin. Expenses		250	250	100.00%
6210200 ChairTravel/Entertainment		2,000	2,000	100.00%
6210300 Diversity and Inclusion		200	200	100.00%
Total 6210000 Chairman		\$ 2,450	\$ 2,450	100.00%
6220000 Treasurer				
6220110 Acctg Online Services	554	750	197	26.20%
6220120 Filing Fees		10	10	100.00%
Total 6220000 Treasurer	\$ 554	\$ 760	\$ 207	27.17%
6230000 Secretary		25	25	100.00%
6240000 Awards				
6240100 Swimmer of the Year	400	1,000	600	60.00%
6240130 Service/Achievement		1,500	1,500	100.00%
6240160 Coach of the year	224	300	76	25.33%
Total 6240000 Awards	\$ 624	\$ 2,800	\$ 2,176	77.71%
6250000 Hospitality		100	100	100.00%
6260000 Scheduling		400	400	100.00%
Total 6200000 Executive Committees	\$ 1,178	\$ 6,535	\$ 5,358	81.98%
6300000 Pool Meets				
6310000 Sanction/Meet Operations				
6310100 USMS Pool Sanction Fees	700	1,000	300	30.00%
6310399 Contract Service for HyTek	250	12,000	11,750	97.92%
6310400 Pools/Meet Sanction (Bond) Refund		200	200	100.00%
6310500 PacMasters Meets	158	26,500	26,342	99.40%
6310650 Pool Meet Bonuses	1,100	3,000	1,900	63.33%
6310700 Championship Meet Awards	6,793	3,000	-3,793	-126.44%

6310750 Championship Meet Incentive	5,500	5,500				3
6310900 Meet Equipment	1,055	2,500	1,445	57.81%		
6310999 Championship Officials stipend	6,950	8,000	1,050	13.13%		2
Total 6310000 Sanction/Meet Operations	\$ 22,506	\$ 61,700	\$ 39,194	63.52%		
6320000 Officials						
6320200 Officials Travel to Nationals	1,533	1,800	267	14.86%		
6320250 Officials Local Travel Reimbursement	3,424	1,700	-1,724	-101.40%		2
6320900 Officials Clothing		500	500	100.00%		
Total 6320000 Officials	\$ 4,956	\$ 4,000	-\$ 956	-23.91%		
Total 6300000 Pool Meets	\$ 27,463	\$ 65,700	\$ 38,237	58.20%		
6400000 Open Water Expenses						
6400500 USMS OW Sanction Fees	3,800	7,000	3,200	45.71%		4
6400900 OW Clinic Sponsorship	600	600				
6401200 Evaluator Travel Reimbursement	420	400	-20	-4.95%		
6401300 Safety Vehicle Subsidy	500	3,000	2,500	83.33%		
6401400 Open Water Points Awards		3,200	3,200	100.00%		
6401500 Trailer&Buoy Maint. & Equip. Purchase		500	500	100.00%		
6401550 Trailer Storage	840	900	60	6.67%		
6480000 VP Open Water Discretionary	660	500	-160	-32.00%		
Total 6400000 Open Water Expenses	\$ 6,820	\$ 16,100	\$ 9,280	57.64%		
6500000 Communication & Technology						
6510000 Publications - Electronic						
6510100 Constant Contact	2,562	2,600	38	1.46%		
Total 6510000 Publications - Electronic	\$ 2,562	\$ 2,600	\$ 38	1.46%		
6520000 Web Site						
6520100 Web Internet Provider	519	500	-19	-3.72%		
6520150 Software - Web Site		500	500	100.00%		
6520599 Webmaster Contractor	4,125	7,000	2,875	41.08%		
6520999 Other Web Contractors	10,000	10,000				5
Total 6520000 Web Site	\$ 14,643	\$ 18,000	\$ 3,357	18.65%		
6530000 Technology						
6530150 Software - Technology	600	500	-100	-19.91%		
6530599 Contractors - Technology		1,000	1,000	100.00%		
Total 6530000 Technology	\$ 600	\$ 1,500	\$ 900	60.03%		

6540000 Marketing/Public Relation					
6540050 Marketing and Membership	2,014	9,500	7,486	78.80%	
Total 6540000 Marketing/Public Relation	\$ 2,014	\$ 9,500	\$ 7,486	78.80%	
6580000 VP Communication & Techn. Discretionary		500	500	100.00%	
Total 6500000 Communication & Technology	\$ 19,819	\$ 32,100	\$ 12,281	38.26%	
6600000 Clubs and Coaches					
6600100 Coaches Scholarship	3,160	3,900	740	18.97%	
6600200 Coaches Travel Reimbursement	2,767	3,400	633	18.62%	
6600500 Coaches Clinic Facilities Rental		800	800	100.00%	
6600550 Other Coaches Clinics Expense	253	800	547	68.33%	
6600599 Coaches Clinic Stipends	900	800	-100	-12.50%	1
6610000 ALTS		500	500	100.00%	
6680000 VP Club and Coaches Discretionary	200	500	300	60.00%	
Total 6600000 Clubs and Coaches	\$ 7,280	\$ 10,700	\$ 3,420	31.96%	
6700000 USMS Volunteer Meeting					
6700200 Delegates' Expense Reimbursement	11,171	15,000	3,829	25.53%	
6700900 Other Volunteer Meeting Costs		1,000	1,000	100.00%	
Total 6700000 USMS Volunteer Meeting	\$ 11,171	\$ 16,000	\$ 4,829	30.18%	
6800000 Annual Meeting					
6800100 Annual Mtg. Room Rental		4,000	4,000	100.00%	
6800300 Annual Mtg. Catering & Food Supplied		8,000	8,000	100.00%	
6800400 Annual Mtg. Pool Rental		900	900	100.00%	
6800500 Annual report		250	250	100.00%	
6800900 Other Annual Meeting costs	210	250	40	16.00%	
6800999 Annual Mtg. Speaker Fees		7,000	7,000	100.00%	
Total 6800000 Annual Meeting	\$ 210	\$ 20,400	\$ 20,190	98.97%	
6900000 USMS Dues					
6901100 PacMasters Scholarship and over 85	1,419	1,300	-119	-9.15%	
Total 6900000 USMS Dues	\$ 1,419	\$ 1,300	-\$ 119	-9.15%	
6990000 Other Income/Expenses					
6990100 PacMasters Grants & Gifts	3,859	2,000	-1,859	-92.93%	
Total 6990000 Other Income/Expenses	\$ 3,859	\$ 2,000	-\$ 1,859	-92.93%	
Total 6000000 EXPENSE	\$ 114,592	\$ 214,845	\$ 100,253	46.66%	
Total Expenditures	\$ 114,592	\$ 214,845	\$ 100,253	46.66%	

Net Operating Revenue	-	10,558	-	47,324	-	36,766	77.69%
Net Revenue	-	10,558	-	47,324	-	36,766	77.69%

NOTES:

1. Women in Coaching summit
2. Some officials' stipend and expense from LCM and SCM outstanding
3. Includes SCM champs
4. Donner, Del Valle, and Keller Cove fees
5. Final payment for website rebuild

Sunday, Nov 06, 2022 11:55:20 AM GMT-8 - Cash Basis

Pacific Local Masters Swimming Committee
Budget Overview: FY 2023 - FY23 P&L
 January - December 2023

	Total
Revenue	
4000000 INCOME	
4010000 Registration	
4011000 Membership Dues	141,750.00
4012000 Clubs Registration	1,590.00
4014000 PacMasters Donations	3,500.00
Total 4010000 Registration	\$ 146,840.00
4020000 Event Fee Income	
4020200 Open Water Sanction Fees	7,000.00
4020300 Meet Management Services	9,600.00
4020400 Sanction Bond Deposits	300.00
Total 4020000 Event Fee Income	\$ 16,900.00
4070000 Other Income	
4070100 Clinic Revenue	2,500.00
4070500 PacMasters Meet	5,200.00
Total 4070000 Other Income	\$ 7,700.00
4090000 Bank Interest	20.00
Total 4000000 INCOME	\$ 171,460.00
Total Revenue	\$ 171,460.00
Gross Profit	\$ 171,460.00
Expenditures	
6000000 EXPENSE	
6100000 Office and Administrative	
6100110 Supplies	2,000.00
6100120 Postage	250.00
6100130 Printing	250.00
6100300 Telephone	700.00
6100400 Rule Books	100.00
6100450 File Storage	3,900.00
6101200 Office Travel/Training/Entertainment	50.00
6101900 Office Administrator	32,000.00
61019010 Payroll Taxes	3,600.00
61019020 Workers Compensation	600.00
6102100 Renewal Notices	100.00
6109000 Misc. Office Expenses	500.00
Total 6100000 Office and Administrative	\$ 44,050.00
6200000 Executive Committees	
6210000 Chairman	
6210110 Chair Office/General Admin. Expenses	100.00
6210200 ChairTravel/Entertainment	2,000.00
6210300 Diversity and Inclusion	500.00

Total 6210000 Chairman	\$	2,600.00
6220000 Treasurer		
6220110 Acctg Online Services		750.00
6220120 Filing Fees		10.00
Total 6220000 Treasurer	\$	760.00
6230000 Secretary		25.00
6240000 Awards		
6240100 Swimmer of the Year		9,000.00
6240130 Service/Achievement		1,500.00
6240160 Coach of the year		300.00
Total 6240000 Awards	\$	10,800.00
6260000 Scheduling		900.00
Total 6200000 Executive Committees	\$	15,085.00
6300000 Pool Meets		
6310000 Sanction/Meet Operations		
6310100 USMS Pool Sanction Fees		1,000.00
6310399 Contract Service for HyTek		12,000.00
6310400 Pools/Meet Sanction (Bond) Refund		300.00
6310500 PacMasters Meets		5,200.00
6310650 Pool Meet Bonuses		2,500.00
6310700 Championship Meet Awards		6,000.00
6310750 Championship Meet Incentive		5,500.00
6310900 Meet Equipment		4,000.00
6310950 Pool Rental Subsidies		6,500.00
6310999 Championship Officials stipend		7,000.00
Total 6310000 Sanction/Meet Operations	\$	50,000.00
6320000 Officials		
6320200 Officials Travel to Nationals		1,000.00
6320250 Officials Local Travel Reimbursement		4,000.00
6320900 Officials Clothing		500.00
Total 6320000 Officials	\$	5,500.00
Total 6300000 Pool Meets	\$	55,500.00
6400000 Open Water Expenses		
6400500 USMS OW Sanction Fees		7,000.00
6400950 Virtual Event Manager		500.00
6401200 Evaluator Travel Reimbursement		400.00
6401300 Safety Vehicle Subsidy		3,000.00
6401400 Open Water Points Awards		3,200.00
6401500 Trailer&Buoy Maint. & Equip. Purchase		800.00
6401550 Trailer Storage		900.00
6480000 VP Open Water Discretionary		500.00
Total 6400000 Open Water Expenses	\$	16,300.00
6500000 Communication & Technology		
6510000 Publications - Electronic		
6510100 Constant Contact		2,600.00
Total 6510000 Publications - Electronic	\$	2,600.00
6520000 Web Site		

6520100 Web Internet Provider		1,220.00
6520150 Software - Web Site		700.00
6520599 Webmaster Contractor		7,000.00
6520999 Other Web Contractors		2,500.00
Total 6520000 Web Site	\$	11,420.00
6530000 Technology		
6530150 Software - Technology		500.00
6530599 Contractors - Technology		1,000.00
Total 6530000 Technology	\$	1,500.00
6540000 Marketing/Public Relation		
6540050 Marketing and Membership		12,000.00
Total 6540000 Marketing/Public Relation	\$	12,000.00
6580000 VP Communication & Techn. Discretionary		500.00
Total 6500000 Communication & Technology	\$	28,020.00
6600000 Clubs and Coaches		
6600100 Coaches Scholarship		5,000.00
6600200 Coaches Travel Reimbursement		3,700.00
6600500 Coaches Clinic Facilities Rental		800.00
6600550 Other Coaches Clinics Expense		1,000.00
6600599 Coaches Clinic Stipends		2,500.00
6610000 ALTS		1,000.00
6680000 VP Club and Coaches Discretionary		500.00
Total 6600000 Clubs and Coaches	\$	14,500.00
6700000 USMS Volunteer Meeting		
6700200 Delegates' Expense Reimbursement		15,000.00
6700900 Other Volunteer Meeting Costs		1,000.00
Total 6700000 USMS Volunteer Meeting	\$	16,000.00
6800000 Annual Meeting		
6800100 Annual Mtg. Room Rental		4,000.00
6800300 Annual Mtg. Catering & Food Supplied		8,000.00
6800400 Annual Mtg. Pool Rental		900.00
6800900 Other Annual Meeting costs		250.00
6800999 Annual Mtg. Speaker Fees		7,000.00
Total 6800000 Annual Meeting	\$	20,150.00
6900000 USMS Dues		
6901100 PacMasters Scholarship and over 85		1,800.00
Total 6900000 USMS Dues	\$	1,800.00
Total 6000000 EXPENSE	\$	211,405.00
Total Expenditures	\$	211,405.00
Net Operating Revenue	-\$	39,945.00
Net Revenue	-\$	39,945.00